



WILDER RESEARCH

We want to hear from you!

We want to learn about you or your children's experiences with mental health and addiction care, what supports healing and recovery, and how mental health care can be more helpful to your community.

Your voice matters. You know what is best for you and your family. Your ideas can help us make services more supportive, welcoming, and helpful for people in your community.

Date(s): September/October. Dates will be different for each community group.

Your choice, your comfort.

- ▶ **Joining is your choice.** This is completely **voluntary**.
- ▶ There is **limited space**. Letting us know you are interested does not mean you will be part of the group.
- ▶ Conversations are **confidential**. What you share will stay private.
- ▶ Join **in-person**. If there are major concerns about safety, then a virtual group will be considered.
- ▶ You must be **18 years or older** to join the group

Join small group conversation about your experiences with mental health and addiction services

Those eligible:

- Identify as Black/African American, Cambodian/Khmer, Hmong, Karen, Latino/Hispanic, or Vietnamese

What to expect:

- A small group of 6-8 people from your community who get services from Wilder Foundation
- Led by a researcher who shares a cultural background like you
- 1.5 to 3 hours, in your preferred language
- A safe, respectful space where you can share as much or as little as you'd like
- You will receive \$100 incentive for your time

Interested in joining? Please reach out to your provider or a Community Researcher:



Miamoua Vang
miamoua.vang@wilder.org
651-280-2664



Christina Munoz-Pinon
christina.munozpinon@wilder.org
651-280-3718



Faith Opakunle
faith.opakunle@wilder.org
651-280-2902



Sophak Mom
sophak.mom@wilder.org
651-280-2769



Tanya Kim
tanya.kim@wilder.org
651-280-2845



Hsa Hsay Hser
hsahsay.hser@wilder.org
651-280-2092

Here for good.