# Frequently Asked Questions

## For clients and guardians

### 1. What is this about?

Wilder is inviting clients and guardians of youth clients under 18 years old from the Black/African American, Burmese, Cambodian/Khmer, Hmong, Karen, Latino/Hispanic, and Vietnamese communities to join small group conversations to share your experiences with mental health and addiction services.

**Your voice matters. What you share will help make services better for your community.**

### 2. What will happen in the group?

- You will join a group with about 6–8 participants from your community
- The group will last about 1½–3 hours
- A researcher who speaks and understands the group's language will lead the conversation
- An interpreter can be there if you need one
- Another researcher will write notes

### 3. What will we talk about?

We will ask about:

- Your experiences with mental health care
- How you got the care you needed
- What helps people feel supported and get better
- There are no right or wrong answers.

### 4. Do I have to talk a lot?

**No.**

- You can share as much or as little as you want
- You can skip any question
- You can take a break or leave at any time
- You do not need to do anything ahead of time

## 5. Will I get paid?

**Yes.** You will receive $100 (giftcard or cash) as a thank you for your time.

## 6. When and where will it be?

- We will choose the date and time for each group in August or September.
- Location: Wilder Foundation (or somewhere we all agree on)

## 7. Will there be transportation or food?

- Transportation: If you need a ride to the group, we can work with you [details coming soon]
- Food: We will have food and drinks.

## 8. What if there are a lot of people interested?

If more people want to join than we have space for, we will choose people by random drawing.

## 9. Do I have to join?

**No.**

- Joining is completely your choice.
- Saying yes or no will not affect your services or benefits
- You can leave the group at any time

## 10. Will the group be recorded?

- We may ask to audio record the group so we do not miss anything
- Recording is your choice, you can say no
- If anyone says no, we will only take written notes
- Audio recordings will be saved in a safe place and deleted after they are typed

## 11. Will my information be kept private?

**Yes.**

- We will not use your name in any reports
- What you say will be combined with others' answers
- We may use quotes, but they will not identify you. We ask everyone to keep what is shared private, but we cannot promise others will do so.
- We will protect the information you share with us and keep it in a safe place.
- Only the people on the research team will be able to see your information and data

Important: We will keep what people share private. But if someone talks about being in immediate danger (for example, being hurt or not being taken care of), the researcher may need to share that information with the right people to get help and keep people safe.

You do not have to talk about anyone that you do not want to, but if you do and want us to tell the appropriate staff, please let us know.

## 12. What if the conversation feels hard?

- Some topics may feel personal, emotional, or hard to talk or hear about
- You can pause, skip questions, or step out at any time
- Staff can support you and help connect you to resources if needed

## 13. Is this connected to immigration or law enforcement?

**No.** This project is not connected in any way to immigration or law enforcement.

## 14. What happens after the group?

- We will use what we learn to write a report about how to make services better
- The report will be shared with Wilder staff
- If you want, we can share a summary of the results with you too

## 15. Will I need to fill out forms?

**Yes**, we will go through two short forms together.

- **A consent form:**
  This form explains your rights as a participant (for example, that joining is your choice and you can stop at any time). We will look at it with you and answer any questions before asking if you agree to take part.
- **A demographic form:**
  This short form asks basic questions like your age, gender, and preferred language. This information helps us better understand who we are hearing from.
- You can take your time
- You can skip any questions you do not want to answer

## 16. How do I join the group?

- If you are interested, you can let your provider know or reach out to the research team using the contact information on the flyer or below.
- There is limited space so letting us know that you are interested does not mean you will be chosen to join the group.

If there are a lot of people who let us know they want to be a part of the group, we will choose people at random.

## 17. Who can I contact if I have questions?

If you have questions before, during, or after the group, please contact:

- **Faith Opakunle,** Black/African-American researcher | faith.opakunle@wilder.org | (651) 280-2902
- **Sophak Mom**, Khmer researcher | sophak.mom@wilder.org | (651) 280-2769
- **Christina Munoz-Pinon**, Latino/Hispanic researcher | christina.munozpinon@wilder.org | (651) 280-2718
- **Hsa Hsay Hser**, Karen researcher | hsahsay.hser@wilder.org | (651) 280-2092
- **Tanya Kim**, Vietnamese researcher | tanya.kim@wilder.org | (651) 280-2845
- **Miamoua Vang**, Hmong researcher and Project Lead | miamoua.vang@wilder.org | (651) 280-2664

WILDER