

## WILDER RESEARCH

# Foster youth survey resources and contact information

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### AVAILABLE RESOURCES INCLUDE:

#### Crisis Text Line

- Allows text and chat options
- <https://www.crisistextline.org/>
- Text HOME to 741741

#### The Trevor Project (provides support specifically for LGBTQIA2S+ youth)

- Allows call, text, and chat options
  - <https://www.thetrevorproject.org/get-help>
  - Text START to 678-678
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**If you have a question or problem in foster care and you aren't sure about talking to your case worker, Guardian ad Litem, or attorney, the Office of the Foster Youth Ombudsperson (OOFY) is here to listen.**

Call: 651-946-2940

Email: [info.oofy@state.mn.us](mailto:info.oofy@state.mn.us)

Visit: <https://mn.gov/oofy/>

For questions about the Minnesota Department of Children, Youth, and Families' efforts to support foster youth, contact:

Email: [dcyf.csp.foster.youth.transitions@state.mn.us](mailto:dcyf.csp.foster.youth.transitions@state.mn.us)

Call: 651-431-4707

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For questions about the survey (including technical issues), contact Sophie Mom:

Email: [sophak.mom@wilder.org](mailto:sophak.mom@wilder.org)

Call: 651-280-2769

Staff will respond as quickly as possible.

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To learn more about the Office of the Foster Youth Ombudsperson (OOFY) foster youth rights, and hear from other people with experience in foster care, scan the below QR code:

