



WILDER RESEARCH

We want to hear from foster youth!

We invite youth ages 12-21 with lived experience in foster care to share their voices.

The Minnesota Department of Children, Youth, and Families and Wilder Research are conducting a survey about youth experiences in foster care. The survey asks about:

- Basic information (like age and race)
- How safe youth feel
- Relationships with key people in youths' lives
- Mental and physical health

Who can participate:

- Youth ages 12-21 who are in foster care

Other details:

- The survey is completely anonymous and confidential
- The survey is voluntary and youth do not have to share any information they do not want to
- Youth caseworkers will share more information about the importance of the survey and how youth input can help
- Youth decisions to take or not take the survey will not affect any services they receive
- The survey will take about 15-30 minutes, depending on how much they have to share

Resources and contact information

The survey asks about topics that may be sensitive or cause distress or other negative emotions. In these situations, youth can talk with their case managers.

OTHER AVAILABLE RESOURCES INCLUDE:

Crisis Text Line

- Allows text and chat options
- <https://www.crisistextline.org/>
- Text HOME to 741741

The Trevor Project (provides support specifically for LGBTQIA2S+ youth)

- Allows call, text, and chat options
- <https://www.thetrevorproject.org/get-help>
- Text START to 678-678

For questions about the survey (including technical issues), contact Sophie Mom:

Email: sophak.mom@wilder.org

Call: 651-280-2769

Staff will respond as quickly as possible.

If you or your youth has a question or problem in foster care and aren't sure about talking to your youth's case worker, Guardian ad Litem, or attorney, the Office of the Foster Youth Ombudsperson (OOFY) is here to listen.

Call: 651-946-2940

Email: info.oofy@state.mn.us

Visit: <https://mn.gov/oofy/>

For questions about the Minnesota Department of Children, Youth, and Families' efforts to support foster youth, contact:

Email: dcyf.csp.foster.youth.transitions@state.mn.us

Call: 651-431-4707

To learn more about the Office of the Foster Youth Ombudsperson (OOFY) foster youth rights, and hear from other people with experience in foster care, scan the

