Data Book for Nobles County

2015 Southwest/South Central MN Adult Health Survey

O C T O B E R   2 0 1 5

BIG STONE

SWIFT

KANDIYOHI

CHIPPEWA

LAC QUI PARLE

YELLOW MEDICINE

RENVILLE

LINCOLN

LYON

REDWOOD

PIPESTONE

MURRAY

COTTONWOOD

ROCK

NOBLES

JACKSON
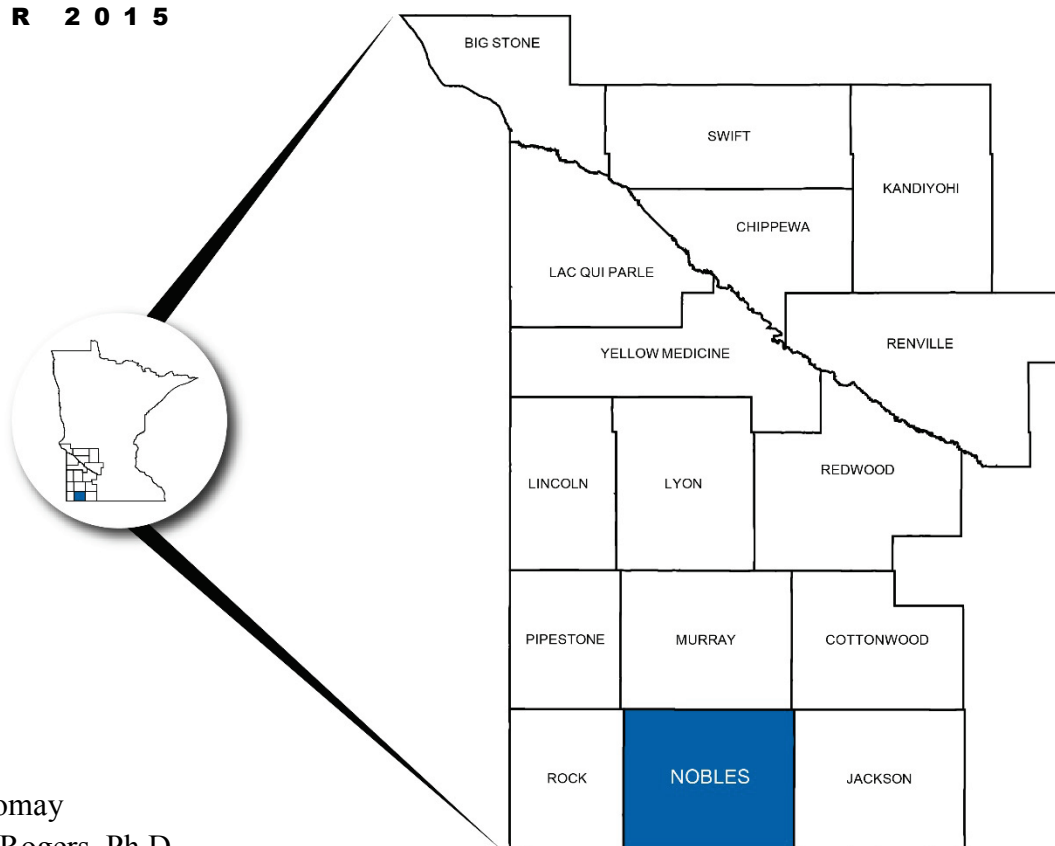
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Contents

Acknowledgments

Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered English-language questionnaire. See the Appendix for the survey instrument.

Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

Completed surveys

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

1.   Southwest/South Central MN Adult Health Survey sample and respondents

Area No.	Reporting area (County)	Population of area[a]	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error[b]
1	Big Stone	5,122	1,200	351	29.9%	7.0%
2	Chippewa	12,093	1,200	285	24.2%	8.1%
3	Cottonwood	11,616	1,500	456	31.0%	6.6%
4	Jackson	10,260	1,500	429	29.5%	6.4%
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%
7	Lincoln	5,830	1,200	412	34.8%	6.6%
8	Lyon	25,487	1,200	339	28.9%	7.2%
9	Murray	8,533	1,200	418	35.0%	6.4%
10	Nobles	21,617	1,500	448	30.4%	6.6%
11	Pipestone	9,270	1,200	328	27.8%	8.0%
12	Redwood	15,744	1,200	361	30.7%	6.9%
13	Renville	15,166	1,200	387	32.9%	7.0%
14	Rock	9,520	1,200	361	30.8%	7.4%
15	Swift	9,546	1,200	373	31.3%	7.2%
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%
All		**219,284**	**20,100**	**6,019**	**30.5%**	**1.9%**

[a] Most recent data (2013) from MN Compass

[b] The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.

Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

How to use this data book

The "area of focus" for this data book is **Nobles County**. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from Nobles County based on:

- Gender

- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+

- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher

- Annual household income ranges including less than $20,000, $20,000-$34,999, $35,000-$49,999, $50,000-$74,999, $75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

Survey findings

Data tables

Demographics

61. Gender (Unweighted)

Nobles County	Female %	Male %	N (Unweighted)
Overall results from 2015	59.2%	40.8%	448
Results by age:			
18-34	70.3%	29.7%	37
35-44	55.6%	44.4%	36
45-54	66.1%	33.9%	62
55-64	47.4%	52.6%	116
65-74	57.9%	42.1%	95
75+	66.7%	33.3%	102
Results by education level:			
Less than HS diploma, no GED	54.7%	45.3%	53
High school diploma or GED	54.4%	45.6%	136
Some college, trade school, or Associate degree	60.3%	39.7%	141
Bachelor's degree or higher	65.5%	34.5%	113
Results by household income:			
Less than $20,000	53.6%	46.4%	84
$20,000 - $34,999	70.6%	29.4%	68
$35,000 - $49,999	52.5%	47.5%	80
$50,000 - $74,999	59.7%	40.3%	77
$75,000 or more	56.7%	43.3%	90

Demographics

61. Gender (Weighted)

Nobles County	Female %	Male %	N (Unweighted)
Overall results from 2015	49.5%	50.5%	448
Results by age:			
18-34	47.0%	53.0%	37
35-44	46.8%	53.2%	36
45-54	47.8%	52.2%	62
55-64	48.5%	51.5%	116
65-74	51.3%	48.7%	95
75+	61.7%	38.3%	102
Results by education level:			
Less than HS diploma, no GED	40.4%	59.6%	53
High school diploma or GED	38.7%	61.3%	136
Some college, trade school, or Associate degree	54.1%	45.9%	141
Bachelor's degree or higher	57.5%	42.5%	113
Results by household income:			
Less than $20,000	43.3%	56.7%	84
$20,000 - $34,999	62.5%	37.5%	68
$35,000 - $49,999	33.1%	66.9%	80
$50,000 - $74,999	57.3%	42.7%	77
$75,000 or more	49.2%	50.8%	90

Demographics

62. Age group (Unweighted)

Nobles County	18-34 %	35-44 %	45-54 %	55-64 %	65-74 %	75+ %	N (Unweighted)
Overall results from 2015	8.3%	8.0%	13.8%	25.9%	21.2%	22.8%	448
Results by gender:							
Female	9.8%	7.5%	15.5%	20.8%	20.8%	25.7%	265
Male	6.0%	8.7%	11.5%	33.3%	21.9%	18.6%	183
Results by education level:							
Less than HS diploma, no GED	3.8%	9.4%	13.2%	20.8%	17.0%	35.8%	53
High school diploma or GED	4.4%	6.6%	11.8%	26.5%	19.9%	30.9%	136
Some college, trade school, or Associate degree	10.6%	5.7%	13.5%	32.6%	20.6%	17.0%	141
Bachelor's degree or higher	12.4%	12.4%	16.8%	20.4%	25.7%	12.4%	113
Results by household income:							
Less than $20,000	3.6%	6.0%	13.1%	27.4%	21.4%	28.6%	84
$20,000 - $34,999	7.4%	10.3%	5.9%	22.1%	25.0%	29.4%	68
$35,000 - $49,999	10.0%	8.8%	7.5%	28.7%	27.5%	17.5%	80
$50,000 - $74,999	14.3%	10.4%	14.3%	29.9%	19.5%	11.7%	77
$75,000 or more	10.0%	8.9%	25.6%	27.8%	17.8%	10.0%	90

Demographics

62. Age group (Weighted)

Nobles County	18-34	35-44	45-54	55-64	65-74	75+	N
	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	28.0%	16.0%	18.8%	15.4%	10.0%	11.8%	448
Results by gender:							
Female	26.6%	15.1%	18.1%	15.1%	10.3%	14.8%	265
Male	29.4%	16.8%	19.4%	15.8%	9.6%	9.0%	183
Results by education level:							
Less than HS diploma, no GED	11.1%	24.8%	17.4%	13.7%	10.1%	22.9%	53
High school diploma or GED	21.7%	15.9%	21.1%	16.6%	9.5%	15.2%	136
Some college, trade school, or Associate degree	32.5%	12.0%	17.3%	19.3%	9.8%	9.2%	141
Bachelor's degree or higher	36.3%	17.7%	18.4%	10.7%	10.6%	6.3%	113
Results by household income:							
Less than $20,000	11.6%	15.0%	25.4%	17.8%	12.0%	18.3%	84
$20,000 - $34,999	19.0%	20.7%	11.2%	17.7%	12.2%	19.1%	68
$35,000 - $49,999	38.6%	18.9%	10.2%	13.9%	11.1%	7.3%	80
$50,000 - $74,999	39.4%	13.8%	17.6%	14.9%	8.2%	6.2%	77
$75,000 or more	28.3%	16.2%	27.2%	15.9%	7.8%	4.7%	90

Demographics

64. Race / Ethnicity (Unweighted)

Nobles County	American Indian %	Asian or Pacific Islander %	Black, African American, or African %	Hispanic / Latino %	White %	Other %	N (Unweighted)
Overall results from 2015	0.2%	3.6%	2.0%	5.6%	91.7%	2.2%	445
Results by gender:							
Female	0.4%	2.3%	1.1%	5.7%	94.7%	1.5%	263
Male	0.0%	5.5%	3.3%	5.5%	87.4%	3.3%	182
Results by age:							
18-34	0.0%	5.4%	8.1%	16.2%	78.4%	5.4%	37
35-44	0.0%	11.1%	11.1%	11.1%	75.0%	0.0%	36
45-54	0.0%	6.6%	1.6%	8.2%	88.5%	3.3%	61
55-64	0.9%	2.6%	0.9%	6.9%	94.0%	2.6%	116
65-74	0.0%	2.1%	0.0%	1.1%	94.7%	2.1%	94
75+	0.0%	1.0%	0.0%	1.0%	99.0%	1.0%	101
Results by education level:							
Less than HS diploma, no GED	0.0%	20.8%	0.0%	15.1%	71.7%	5.7%	53
High school diploma or GED	0.0%	3.0%	3.0%	6.7%	92.5%	1.5%	134
Some college, trade school, or Associate degree	0.7%	0.0%	3.5%	2.1%	93.6%	2.8%	141
Bachelor's degree or higher	0.0%	0.9%	0.0%	3.6%	98.2%	0.9%	112
Results by household income:							
Less than $20,000	0.0%	7.2%	4.8%	8.4%	84.3%	2.4%	83
$20,000 - $34,999	0.0%	7.5%	3.0%	10.4%	83.6%	4.5%	67
$35,000 - $49,999	0.0%	3.8%	2.5%	7.5%	91.2%	1.2%	80
$50,000 - $74,999	0.0%	1.3%	1.3%	2.6%	94.8%	2.6%	77
$75,000 or more	1.1%	0.0%	0.0%	2.2%	98.9%	2.2%	89

Demographics

64. Race / Ethnicity (Weighted)

Nobles County	American Indian %	Asian or Pacific Islander %	Black, African American, or African %	Hispanic / Latino %	White %	Other %	N (Unweighted)
Overall results from 2015	0.2%	7.2%	4.3%	9.6%	84.1%	3.1%	445
Results by gender:							
Female	0.3%	3.9%	3.5%	9.9%	88.1%	3.5%	263
Male	0.0%	10.3%	5.1%	9.2%	80.2%	2.8%	182
Results by age:							
18-34	0.0%	8.5%	6.1%	14.6%	78.4%	5.2%	37
35-44	0.0%	13.0%	12.4%	12.5%	69.2%	0.0%	36
45-54	0.0%	8.4%	2.8%	11.9%	83.6%	5.2%	61
55-64	1.0%	4.6%	0.4%	6.5%	92.2%	2.7%	116
65-74	0.0%	3.2%	0.0%	0.6%	94.3%	1.9%	94
75+	0.0%	0.6%	0.0%	1.4%	99.4%	0.7%	101
Results by education level:							
Less than HS diploma, no GED	0.0%	30.2%	0.0%	21.3%	55.2%	3.2%	53
High school diploma or GED	0.0%	12.6%	7.0%	12.2%	77.1%	3.4%	134
Some college, trade school, or Associate degree	0.5%	0.0%	7.2%	8.6%	87.9%	5.0%	141
Bachelor's degree or higher	0.0%	1.4%	0.0%	3.4%	97.9%	0.7%	112
Results by household income:							
Less than $20,000	0.0%	12.8%	11.5%	11.8%	70.6%	1.1%	83
$20,000 - $34,999	0.0%	20.8%	6.0%	18.3%	61.3%	11.4%	67
$35,000 - $49,999	0.0%	10.1%	4.9%	17.7%	80.5%	0.6%	80
$50,000 - $74,999	0.0%	1.9%	4.8%	5.9%	87.4%	5.9%	77
$75,000 or more	0.6%	0.0%	0.0%	2.2%	99.5%	0.8%	89

65. Sexual orientation / Gender identity (Unweighted)

Nobles County	Heterosexual or straight %	Gay, lesbian, or homosexual %	Bisexual %	Transgender %	N (Unweighted)
Overall results from 2015	99.3%	0.7%	0.2%	0.7%	409
Results by gender:					
Female	99.2%	0.4%	0.0%	0.8%	243
Male	99.4%	1.2%	0.6%	0.6%	166
Results by age:					
18-34	94.4%	5.6%	2.8%	5.6%	36
35-44	100.0%	0.0%	0.0%	0.0%	35
45-54	100.0%	0.0%	0.0%	0.0%	57
55-64	99.1%	0.9%	0.0%	0.9%	111
65-74	100.0%	0.0%	0.0%	0.0%	86
75+	100.0%	0.0%	0.0%	0.0%	84
Results by education level:					
Less than HS diploma, no GED	97.6%	2.4%	2.4%	4.8%	42
High school diploma or GED	99.2%	0.0%	0.0%	0.8%	122
Some college, trade school, or Associate degree	99.2%	1.5%	0.0%	0.0%	130
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	111
Results by household income:					
Less than $20,000	97.3%	1.4%	1.4%	4.1%	73
$20,000 - $34,999	100.0%	0.0%	0.0%	0.0%	60
$35,000 - $49,999	98.7%	2.6%	0.0%	0.0%	76
$50,000 - $74,999	100.0%	0.0%	0.0%	0.0%	75
$75,000 or more	100.0%	0.0%	0.0%	0.0%	87

Demographics

65. Sexual orientation / Gender identity (Weighted)

Nobles County	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
	%	%	%	%	(Unweighted)
Overall results from 2015	98.1%	2.5%	0.8%	1.1%	409
Results by gender:					
Female	99.3%	0.3%	0.0%	0.7%	243
Male	96.9%	4.7%	1.6%	1.6%	166
Results by age:					
18-34	93.9%	7.9%	2.7%	3.6%	36
35-44	100.0%	0.0%	0.0%	0.0%	35
45-54	100.0%	0.0%	0.0%	0.0%	57
55-64	99.5%	1.1%	0.0%	0.5%	111
65-74	100.0%	0.0%	0.0%	0.0%	86
75+	100.0%	0.0%	0.0%	0.0%	84
Results by education level:					
Less than HS diploma, no GED	99.1%	8.7%	8.7%	9.6%	42
High school diploma or GED	99.0%	0.0%	0.0%	1.0%	122
Some college, trade school, or Associate degree	95.6%	4.9%	0.0%	0.0%	130
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	111
Results by household income:					
Less than $20,000	97.1%	6.7%	6.7%	9.7%	73
$20,000 - $34,999	100.0%	0.0%	0.0%	0.0%	60
$35,000 - $49,999	93.1%	7.7%	0.0%	0.0%	76
$50,000 - $74,999	100.0%	0.0%	0.0%	0.0%	75
$75,000 or more	100.0%	0.0%	0.0%	0.0%	87

Demographics

BMI status (Unweighted)

Nobles County	Not overweight	Overweight, but not obese	Obese	N
	%	%	%	(Unweighted)
Overall results from 2015	25.6%	39.8%	34.6%	387
Results by gender:				
Female	30.9%	33.9%	35.2%	233
Male	17.5%	48.7%	33.8%	154
Results by age:				
18-34	50.0%	26.5%	23.5%	34
35-44	19.4%	41.9%	38.7%	31
45-54	30.6%	28.6%	40.8%	49
55-64	19.2%	43.3%	37.5%	104
65-74	18.6%	44.2%	37.2%	86
75+	30.1%	42.2%	27.7%	83
Results by education level:				
Less than HS diploma, no GED	26.2%	45.2%	28.6%	42
High school diploma or GED	18.4%	46.5%	35.1%	114
Some college, trade school, or Associate degree	31.1%	31.1%	37.7%	122
Bachelor's degree or higher	26.9%	40.7%	32.4%	108
Results by household income:				
Less than $20,000	20.0%	47.7%	32.3%	65
$20,000 - $34,999	25.8%	37.1%	37.1%	62
$35,000 - $49,999	24.6%	30.4%	44.9%	69
$50,000 - $74,999	33.3%	30.6%	36.1%	72
$75,000 or more	25.6%	43.9%	30.5%	82

Demographics

BMI status (Weighted)

Nobles County	Not overweight	Overweight, but not obese	Obese	N
	%	%	%	(Unweighted)
Overall results from 2015	27.4%	39.1%	33.5%	387
Results by gender:				
Female	39.2%	29.2%	31.6%	233
Male	14.3%	50.0%	35.6%	154
Results by age:				
18-34	42.8%	27.7%	29.5%	34
35-44	16.8%	52.3%	30.9%	31
45-54	23.3%	38.4%	38.3%	49
55-64	19.1%	43.4%	37.5%	104
65-74	18.0%	44.3%	37.7%	86
75+	29.2%	39.6%	31.1%	83
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Less than HS diploma, no GED	23.3%	43.7%	33.0%	42
High school diploma or GED	23.2%	47.9%	28.9%	114
Some college, trade school, or Associate degree	35.0%	23.9%	41.1%	122
Bachelor's degree or higher	24.0%	47.9%	28.1%	108
Results by household income:				
Less than $20,000	14.3%	34.8%	50.9%	65
$20,000 - $34,999	32.3%	38.3%	29.5%	62
$35,000 - $49,999	19.4%	35.2%	45.5%	69
$50,000 - $74,999	42.9%	23.8%	33.3%	72
$75,000 or more	23.2%	54.0%	22.7%	82

Demographics

68. Including yourself, how many adults live in your household? (Unweighted)

Nobles County	1 %	2 %	3 %	4 %	5 or more %	N (Unweighted)
Overall results from 2015	35.5%	52.5%	9.4%	2.5%	0.2%	448
Results by gender:						
Female	37.7%	51.7%	7.9%	2.3%	0.4%	265
Male	32.2%	53.6%	11.5%	2.7%	0.0%	183
Results by age:						
18-34	16.2%	70.3%	5.4%	8.1%	0.0%	37
35-44	27.8%	52.8%	19.4%	0.0%	0.0%	36
45-54	17.7%	54.8%	24.2%	3.2%	0.0%	62
55-64	34.5%	52.6%	9.5%	3.4%	0.0%	116
65-74	35.8%	58.9%	3.2%	2.1%	0.0%	95
75+	56.9%	38.2%	3.9%	0.0%	1.0%	102
Results by education level:						
Less than HS diploma, no GED	39.6%	41.5%	11.3%	5.7%	1.9%	53
High school diploma or GED	47.1%	43.4%	8.1%	1.5%	0.0%	136
Some college, trade school, or Associate degree	25.5%	61.0%	10.6%	2.8%	0.0%	141
Bachelor's degree or higher	31.9%	58.4%	8.0%	1.8%	0.0%	113
Results by household income:						
Less than $20,000	69.0%	25.0%	4.8%	0.0%	1.2%	84
$20,000 - $34,999	41.2%	47.1%	5.9%	5.9%	0.0%	68
$35,000 - $49,999	30.0%	53.8%	13.8%	2.5%	0.0%	80
$50,000 - $74,999	26.0%	63.6%	7.8%	2.6%	0.0%	77
$75,000 or more	6.7%	75.6%	14.4%	3.3%	0.0%	90

Demographics

68. Including yourself, how many adults live in your household? (Weighted)

Nobles County	1 %	2 %	3 %	4 %	5 or more %	N (Unweighted)
Overall results from 2015	16.0%	61.4%	16.9%	5.3%	0.4%	448
Results by gender:						
Female	17.3%	59.8%	14.1%	8.1%	0.8%	265
Male	14.8%	63.0%	19.5%	2.6%	0.0%	183
Results by age:						
18-34	7.0%	74.9%	7.6%	10.5%	0.0%	37
35-44	15.4%	52.5%	32.1%	0.0%	0.0%	36
45-54	11.7%	53.6%	30.7%	4.1%	0.0%	62
55-64	19.0%	58.5%	15.1%	7.4%	0.0%	116
65-74	20.6%	68.8%	5.6%	5.1%	0.0%	95
75+	37.5%	51.4%	8.0%	0.0%	3.1%	102
Results by education level:						
Less than HS diploma, no GED	22.7%	47.6%	19.0%	7.2%	3.4%	53
High school diploma or GED	22.0%	53.8%	19.5%	4.7%	0.0%	136
Some college, trade school, or Associate degree	10.5%	61.4%	20.7%	7.4%	0.0%	141
Bachelor's degree or higher	14.0%	75.1%	8.1%	2.8%	0.0%	113
Results by household income:						
Less than $20,000	48.6%	36.2%	12.2%	0.0%	2.9%	84
$20,000 - $34,999	22.2%	51.9%	11.9%	14.0%	0.0%	68
$35,000 - $49,999	8.8%	63.6%	25.3%	2.3%	0.0%	80
$50,000 - $74,999	12.5%	62.6%	15.3%	9.7%	0.0%	77
$75,000 or more	1.9%	77.2%	16.7%	4.3%	0.0%	90

69. What is the highest level of education you have completed? (Unweighted)

Nobles County	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
Overall results from 2015	12.0%	30.7%	31.8%	25.5%	443
Results by gender:					
Female	11.1%	28.2%	32.4%	28.2%	262
Male	13.3%	34.3%	30.9%	21.5%	181
Results by age:					
18-34	5.4%	16.2%	40.5%	37.8%	37
35-44	13.9%	25.0%	22.2%	38.9%	36
45-54	11.5%	26.2%	31.1%	31.1%	61
55-64	9.5%	31.0%	39.7%	19.8%	116
65-74	9.6%	28.7%	30.9%	30.9%	94
75+	19.2%	42.4%	24.2%	14.1%	99
Results by household income:					
Less than $20,000	31.0%	50.0%	16.7%	2.4%	84
$20,000 - $34,999	17.9%	32.8%	32.8%	16.4%	67
$35,000 - $49,999	9.0%	34.6%	38.5%	17.9%	78
$50,000 - $74,999	0.0%	21.1%	40.8%	38.2%	76
$75,000 or more	2.2%	15.6%	28.9%	53.3%	90

69. What is the highest level of education you have completed? (Weighted)

Nobles County	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
Overall results from 2015	11.1%	27.5%	33.5%	27.8%	443
Results by gender:					
Female	9.1%	21.7%	36.8%	32.4%	262
Male	13.1%	33.3%	30.4%	23.3%	181
Results by age:					
18-34	4.4%	21.2%	38.6%	35.8%	37
35-44	17.2%	27.3%	25.0%	30.5%	36
45-54	10.4%	31.1%	31.0%	27.5%	61
55-64	9.8%	29.4%	41.7%	19.1%	116
65-74	11.3%	26.4%	32.8%	29.6%	94
75+	22.1%	36.2%	26.6%	15.1%	99
Results by household income:					
Less than $20,000	37.5%	48.8%	12.0%	1.7%	84
$20,000 - $34,999	23.6%	35.1%	28.7%	12.6%	67
$35,000 - $49,999	9.9%	33.2%	41.5%	15.3%	78
$50,000 - $74,999	0.0%	19.6%	51.1%	29.4%	76
$75,000 or more	0.8%	15.7%	22.5%	60.9%	90

70. Household income per year: (Unweighted)

Nobles County	Less than $20,000 %	$20,000 - $34,999 %	$35,000 - $49,999 %	$50,000 - $74,999 %	$75,000 or more %	N (Unweighted)
Overall results from 2015	21.1%	17.0%	20.1%	19.3%	22.6%	399
Results by gender:						
Female	19.4%	20.7%	18.1%	19.8%	22.0%	232
Male	23.4%	12.0%	22.8%	18.6%	23.4%	167
Results by age:						
18-34	8.3%	13.9%	22.2%	30.6%	25.0%	36
35-44	14.3%	20.0%	20.0%	22.9%	22.9%	35
45-54	20.0%	7.3%	10.9%	20.0%	41.8%	55
55-64	21.1%	13.8%	21.1%	21.1%	22.9%	109
65-74	20.5%	19.3%	25.0%	17.0%	18.2%	88
75+	31.6%	26.3%	18.4%	11.8%	11.8%	76
Results by education level:						
Less than HS diploma, no GED	55.3%	25.5%	14.9%	0.0%	4.3%	47
High school diploma or GED	34.7%	18.2%	22.3%	13.2%	11.6%	121
Some college, trade school, or Associate degree	11.4%	17.9%	24.4%	25.2%	21.1%	123
Bachelor's degree or higher	1.9%	10.6%	13.5%	27.9%	46.2%	104

70. Household income per year: (Weighted)

Nobles County	Less than $20,000	$20,000 - $34,999	$35,000 - $49,999	$50,000 - $74,999	$75,000 or more	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	13.6%	13.8%	23.7%	21.7%	27.2%	399
Results by gender:						
Female	12.2%	17.9%	16.3%	25.8%	27.8%	232
Male	14.9%	10.0%	30.6%	17.8%	26.7%	167
Results by age:						
18-34	5.3%	8.9%	30.9%	28.9%	26.0%	36
35-44	12.1%	17.1%	26.8%	17.8%	26.2%	35
45-54	18.5%	8.3%	13.0%	20.4%	39.7%	55
55-64	15.4%	15.6%	21.0%	20.5%	27.6%	109
65-74	16.6%	17.1%	26.8%	18.0%	21.5%	88
75+	26.2%	27.9%	18.3%	14.2%	13.5%	76
Results by education level:						
Less than HS diploma, no GED	46.9%	29.9%	21.2%	0.0%	2.1%	47
High school diploma or GED	24.0%	17.4%	27.9%	15.2%	15.5%	121
Some college, trade school, or Associate degree	5.1%	12.2%	29.8%	33.9%	19.0%	123
Bachelor's degree or higher	0.8%	6.1%	12.6%	22.2%	58.3%	104

Demographics

71. Are you currently... (Unweighted)

Nobles County	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	45.9%	13.7%	2.3%	4.3%	1.1%	37.6%	7.7%	444
Results by gender:								
Female	44.7%	10.6%	2.3%	6.1%	1.1%	41.7%	6.1%	264
Male	47.8%	18.3%	2.2%	1.7%	1.1%	31.7%	10.0%	180
Results by age:								
18-34	78.4%	21.6%	2.7%	10.8%	10.8%	0.0%	0.0%	37
35-44	85.7%	11.4%	2.9%	2.9%	2.9%	0.0%	2.9%	35
45-54	69.4%	21.0%	4.8%	4.8%	0.0%	0.0%	6.5%	62
55-64	64.3%	13.0%	2.6%	2.6%	0.0%	14.8%	11.3%	115
65-74	25.3%	16.8%	0.0%	4.2%	0.0%	66.3%	6.3%	95
75+	4.0%	5.0%	2.0%	4.0%	0.0%	87.0%	10.0%	100
Results by education level:								
Less than HS diploma, no GED	34.0%	3.8%	3.8%	1.9%	0.0%	45.3%	18.9%	53
High school diploma or GED	37.8%	8.9%	3.7%	2.2%	0.0%	47.4%	7.4%	135
Some college, trade school, or Associate degree	49.6%	24.5%	1.4%	5.8%	3.6%	28.8%	7.2%	139
Bachelor's degree or higher	56.6%	10.6%	0.9%	6.2%	0.0%	32.7%	3.5%	113
Results by household income:								
Less than $20,000	31.3%	1.2%	10.8%	1.2%	1.2%	43.4%	25.3%	83
$20,000 - $34,999	44.1%	5.9%	0.0%	2.9%	1.5%	48.5%	8.8%	68
$35,000 - $49,999	50.6%	20.3%	0.0%	2.5%	1.3%	39.2%	1.3%	79
$50,000 - $74,999	54.5%	16.9%	1.3%	5.2%	2.6%	29.9%	2.6%	77
$75,000 or more	61.1%	22.2%	0.0%	7.8%	0.0%	20.0%	2.2%	90

Demographics

71. Are you currently... (Weighted)

Nobles County	Employed %	Self-employed or farmer %	Unemployed or out of work %	A homemaker or stay-at-home parent %	A student %	Retired %	Unable to work because of a disability %	N (Unweighted)
Overall results from 2015	62.4%	19.0%	1.6%	4.5%	3.7%	18.4%	5.6%	444
Results by gender:								
Female	60.6%	12.8%	1.7%	7.9%	3.9%	23.0%	4.0%	264
Male	64.1%	25.1%	1.6%	1.1%	3.4%	13.9%	7.2%	180
Results by age:								
18-34	80.4%	25.4%	0.9%	7.0%	12.0%	0.0%	0.0%	37
35-44	88.5%	12.2%	1.2%	2.4%	1.8%	0.0%	3.6%	35
45-54	67.3%	24.6%	3.3%	4.4%	0.0%	0.0%	9.8%	62
55-64	63.5%	15.3%	2.8%	2.8%	0.0%	13.0%	10.0%	115
65-74	27.0%	22.6%	0.0%	4.8%	0.0%	62.2%	4.3%	95
75+	4.7%	5.3%	1.3%	3.2%	0.0%	86.8%	10.6%	100
Results by education level:								
Less than HS diploma, no GED	51.4%	2.5%	3.2%	2.3%	0.0%	28.7%	16.3%	53
High school diploma or GED	56.3%	13.7%	3.2%	2.8%	0.0%	23.1%	8.2%	135
Some college, trade school, or Associate degree	66.5%	29.1%	1.0%	4.5%	11.0%	14.2%	3.0%	139
Bachelor's degree or higher	68.0%	18.4%	0.3%	7.1%	0.0%	14.1%	2.2%	113
Results by household income:								
Less than $20,000	41.7%	1.5%	11.1%	1.1%	2.3%	26.4%	23.8%	83
$20,000 - $34,999	60.1%	7.3%	0.0%	3.6%	3.8%	28.0%	11.0%	68
$35,000 - $49,999	71.3%	26.3%	0.0%	2.9%	6.4%	15.0%	0.6%	79
$50,000 - $74,999	71.5%	16.1%	1.3%	6.9%	7.3%	13.4%	3.2%	77
$75,000 or more	66.8%	30.4%	0.0%	4.8%	0.0%	9.4%	1.3%	90

All Survey Items (weighted data)

1. In general, would you say your health is:

Nobles County	Excellent %	Very good %	Good %	Fair %	Poor %	N (Unweighted)
Overall results from 2015	14.5%	42.2%	31.7%	10.1%	1.6%	420
Results by gender:						
Female	12.2%	47.8%	31.5%	7.5%	1.1%	246
Male	16.8%	36.5%	32.0%	12.7%	2.1%	174
Results by age:						
18-34	37.3%	43.4%	15.4%	3.9%	0.0%	34
35-44	8.9%	61.4%	27.9%	1.8%	0.0%	36
45-54	8.0%	46.4%	25.5%	15.8%	4.5%	58
55-64	4.9%	35.9%	44.0%	13.7%	1.5%	111
65-74	5.0%	31.8%	50.6%	11.4%	1.3%	91
75+	2.2%	21.6%	52.1%	21.1%	3.1%	90
Results by education level:						
Less than HS diploma, no GED	10.2%	39.3%	31.5%	14.8%	4.2%	50
High school diploma or GED	14.7%	25.4%	32.9%	24.3%	2.6%	127
Some college, trade school, or Associate degree	10.6%	45.0%	40.2%	3.5%	0.7%	132
Bachelor's degree or higher	21.1%	57.3%	18.3%	2.5%	0.6%	107
Results by household income:						
Less than $20,000	8.3%	24.4%	31.2%	26.7%	9.5%	78
$20,000 - $34,999	7.4%	33.5%	39.1%	18.5%	1.4%	63
$35,000 - $49,999	22.1%	34.7%	35.7%	7.5%	0.0%	74
$50,000 - $74,999	9.9%	54.9%	28.2%	7.0%	0.0%	72
$75,000 or more	19.4%	56.4%	22.6%	0.9%	0.7%	87

All Survey Items (weighted data)

2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

Nobles County	Yes %	Yes, but only during pregnancy %	No %	N (Unweighted)
Overall results from 2015	30.1%	2.9%	67.0%	446
Results by gender:				
Female	28.0%	5.9%	66.1%	263
Male	32.1%	0.0%	67.9%	183
Results by age:				
18-34	1.7%	5.2%	93.0%	37
35-44	14.2%	7.2%	78.6%	36
45-54	27.2%	1.0%	71.8%	62
55-64	54.2%	0.0%	45.8%	115
65-74	60.1%	1.2%	38.7%	95
75+	66.7%	0.0%	33.3%	101
Results by education level:				
Less than HS diploma, no GED	39.7%	0.0%	60.3%	52
High school diploma or GED	37.7%	0.0%	62.3%	136
Some college, trade school, or Associate degree	29.0%	3.2%	67.8%	140
Bachelor's degree or higher	18.9%	6.7%	74.3%	113
Results by household income:				
Less than $20,000	59.0%	0.0%	41.0%	84
$20,000 - $34,999	31.8%	0.0%	68.2%	68
$35,000 - $49,999	21.2%	0.5%	78.2%	80
$50,000 - $74,999	26.6%	3.8%	69.6%	77
$75,000 or more	23.5%	6.1%	70.4%	90

2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

Nobles County	Yes %	Yes, but only during pregnancy %	No %	N (Unweighted)
Overall results from 2015	6.5%	0.0%	93.5%	446
Results by gender:				
Female	5.3%	0.0%	94.7%	263
Male	7.6%	0.0%	92.4%	183
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	2.4%	0.0%	97.6%	36
45-54	6.9%	0.0%	93.1%	62
55-64	18.4%	0.0%	81.6%	115
65-74	7.9%	0.0%	92.1%	95
75+	10.0%	0.0%	90.0%	101
Results by education level:				
Less than HS diploma, no GED	6.3%	0.0%	93.7%	52
High school diploma or GED	8.5%	0.0%	91.5%	136
Some college, trade school, or Associate degree	5.4%	0.0%	94.6%	140
Bachelor's degree or higher	6.0%	0.0%	94.0%	113
Results by household income:				
Less than $20,000	12.6%	0.0%	87.4%	84
$20,000 - $34,999	4.3%	0.0%	95.7%	68
$35,000 - $49,999	3.5%	0.0%	96.5%	80
$50,000 - $74,999	5.7%	0.0%	94.3%	77
$75,000 or more	5.6%	0.0%	94.4%	90

2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

Nobles County	Yes %	Yes, but only during pregnancy %	No %	N (Unweighted)
Overall results from 2015	8.8%	0.5%	90.7%	446
Results by gender:				
Female	9.2%	1.0%	89.9%	263
Male	8.5%	0.0%	91.5%	183
Results by age:				
18-34	0.9%	0.0%	99.1%	37
35-44	2.4%	2.4%	95.2%	36
45-54	7.7%	0.5%	91.8%	62
55-64	16.8%	0.0%	83.2%	115
65-74	17.2%	0.0%	82.8%	95
75+	20.8%	0.0%	79.2%	101
Results by education level:				
Less than HS diploma, no GED	14.6%	0.0%	85.4%	52
High school diploma or GED	11.4%	1.4%	87.2%	136
Some college, trade school, or Associate degree	5.3%	0.0%	94.7%	140
Bachelor's degree or higher	6.9%	0.3%	92.8%	113
Results by household income:				
Less than $20,000	21.8%	0.0%	78.2%	84
$20,000 - $34,999	13.0%	3.0%	84.0%	68
$35,000 - $49,999	9.6%	0.0%	90.4%	80
$50,000 - $74,999	3.9%	0.0%	96.1%	77
$75,000 or more	2.6%	0.4%	97.0%	90

2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

Nobles County	Yes %	Yes, but only during pregnancy %	No %	N (Unweighted)
Overall results from 2015	6.9%	0.1%	93.0%	446
Results by gender:				
Female	6.7%	0.2%	93.0%	263
Male	7.1%	0.0%	92.9%	183
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	7.7%	0.0%	92.3%	36
45-54	4.1%	0.0%	95.9%	62
55-64	13.1%	0.0%	86.9%	115
65-74	16.5%	1.2%	82.3%	95
75+	10.6%	0.0%	89.4%	101
Results by education level:				
Less than HS diploma, no GED	4.3%	0.0%	95.7%	52
High school diploma or GED	10.7%	0.0%	89.3%	136
Some college, trade school, or Associate degree	7.4%	0.0%	92.6%	140
Bachelor's degree or higher	3.8%	0.4%	95.7%	113
Results by household income:				
Less than $20,000	9.8%	0.0%	90.2%	84
$20,000 - $34,999	5.4%	0.0%	94.6%	68
$35,000 - $49,999	6.0%	0.5%	93.5%	80
$50,000 - $74,999	5.5%	0.0%	94.5%	77
$75,000 or more	6.5%	0.0%	93.5%	90

2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	33.3%	66.7%	446
Results by gender:			
Female	32.7%	67.3%	263
Male	34.0%	66.0%	183
Results by age:			
18-34	24.5%	75.5%	37
35-44	28.0%	72.0%	36
45-54	40.5%	59.5%	62
55-64	46.9%	53.1%	115
65-74	41.3%	58.7%	95
75+	25.5%	74.5%	101
Results by education level:			
Less than HS diploma, no GED	18.3%	81.7%	52
High school diploma or GED	27.8%	72.2%	136
Some college, trade school, or Associate degree	37.2%	62.8%	140
Bachelor's degree or higher	39.9%	60.1%	113
Results by household income:			
Less than $20,000	35.7%	64.3%	84
$20,000 - $34,999	30.0%	70.0%	68
$35,000 - $49,999	34.6%	65.4%	80
$50,000 - $74,999	28.5%	71.5%	77
$75,000 or more	33.4%	66.6%	90

2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	7.7%	92.3%	446
Results by gender:			
Female	7.7%	92.3%	263
Male	7.6%	92.4%	183
Results by age:			
18-34	1.7%	98.3%	37
35-44	0.0%	100.0%	36
45-54	7.0%	93.0%	62
55-64	8.8%	91.2%	115
65-74	14.9%	85.1%	95
75+	25.8%	74.2%	101
Results by education level:			
Less than HS diploma, no GED	10.9%	89.1%	52
High school diploma or GED	9.2%	90.8%	136
Some college, trade school, or Associate degree	7.2%	92.8%	140
Bachelor's degree or higher	5.7%	94.3%	113
Results by household income:			
Less than $20,000	11.9%	88.1%	84
$20,000 - $34,999	12.1%	87.9%	68
$35,000 - $49,999	9.2%	90.8%	80
$50,000 - $74,999	1.8%	98.2%	77
$75,000 or more	6.5%	93.5%	90

2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	3.4%	96.6%	446
Results by gender:			
Female	2.4%	97.6%	263
Male	4.4%	95.6%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	0.0%	100.0%	36
45-54	1.4%	98.6%	62
55-64	5.9%	94.1%	115
65-74	10.4%	89.6%	95
75+	10.1%	89.9%	101
Results by education level:			
Less than HS diploma, no GED	5.0%	95.0%	52
High school diploma or GED	6.0%	94.0%	136
Some college, trade school, or Associate degree	3.0%	97.0%	140
Bachelor's degree or higher	0.7%	99.3%	113
Results by household income:			
Less than $20,000	12.3%	87.7%	84
$20,000 - $34,999	2.8%	97.2%	68
$35,000 - $49,999	2.2%	97.8%	80
$50,000 - $74,999	1.3%	98.7%	77
$75,000 or more	1.3%	98.7%	90

2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	9.7%	90.3%	446
Results by gender:			
Female	6.7%	93.3%	263
Male	12.7%	87.3%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	2.4%	97.6%	36
45-54	11.3%	88.7%	62
55-64	14.5%	85.5%	115
65-74	22.3%	77.7%	95
75+	23.3%	76.7%	101
Results by education level:			
Less than HS diploma, no GED	13.8%	86.2%	52
High school diploma or GED	12.5%	87.5%	136
Some college, trade school, or Associate degree	9.8%	90.2%	140
Bachelor's degree or higher	4.4%	95.6%	113
Results by household income:			
Less than $20,000	19.2%	80.8%	84
$20,000 - $34,999	9.0%	91.0%	68
$35,000 - $49,999	7.1%	92.9%	80
$50,000 - $74,999	9.4%	90.6%	77
$75,000 or more	7.3%	92.7%	90

2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	4.3%	95.7%	446
Results by gender:			
Female	3.9%	96.1%	263
Male	4.6%	95.4%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	1.2%	98.8%	36
45-54	6.9%	93.1%	62
55-64	2.7%	97.3%	115
65-74	5.4%	94.6%	95
75+	15.7%	84.3%	101
Results by education level:			
Less than HS diploma, no GED	1.4%	98.6%	52
High school diploma or GED	9.2%	90.8%	136
Some college, trade school, or Associate degree	2.7%	97.3%	140
Bachelor's degree or higher	2.1%	97.9%	113
Results by household income:			
Less than $20,000	9.9%	90.1%	84
$20,000 - $34,999	5.1%	94.9%	68
$35,000 - $49,999	2.4%	97.6%	80
$50,000 - $74,999	3.9%	96.1%	77
$75,000 or more	2.3%	97.7%	90

2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	28.4%	71.6%	446
Results by gender:			
Female	24.0%	76.0%	263
Male	32.7%	67.3%	183
Results by age:			
18-34	5.9%	94.1%	37
35-44	14.9%	85.1%	36
45-54	31.8%	68.2%	62
55-64	50.2%	49.8%	115
65-74	56.2%	43.8%	95
75+	42.5%	57.5%	101
Results by education level:			
Less than HS diploma, no GED	24.2%	75.8%	52
High school diploma or GED	38.8%	61.2%	136
Some college, trade school, or Associate degree	27.0%	73.0%	140
Bachelor's degree or higher	21.3%	78.7%	113
Results by household income:			
Less than $20,000	47.6%	52.4%	84
$20,000 - $34,999	34.6%	65.4%	68
$35,000 - $49,999	20.9%	79.1%	80
$50,000 - $74,999	23.7%	76.3%	77
$75,000 or more	25.5%	74.5%	90

2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	16.7%	83.3%	446
Results by gender:			
Female	20.2%	79.8%	263
Male	13.3%	86.7%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	4.2%	95.8%	36
45-54	18.9%	81.1%	62
55-64	26.7%	73.3%	115
65-74	29.8%	70.2%	95
75+	45.8%	54.2%	101
Results by education level:			
Less than HS diploma, no GED	27.8%	72.2%	52
High school diploma or GED	18.5%	81.5%	136
Some college, trade school, or Associate degree	17.7%	82.3%	140
Bachelor's degree or higher	9.8%	90.2%	113
Results by household income:			
Less than $20,000	31.4%	68.6%	84
$20,000 - $34,999	23.4%	76.6%	68
$35,000 - $49,999	8.7%	91.3%	80
$50,000 - $74,999	12.2%	87.8%	77
$75,000 or more	10.4%	89.6%	90

2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	11.7%	88.3%	446
Results by gender:			
Female	14.1%	85.9%	263
Male	9.3%	90.7%	183
Results by age:			
18-34	7.6%	92.4%	37
35-44	10.7%	89.3%	36
45-54	12.9%	87.1%	62
55-64	18.6%	81.4%	115
65-74	12.0%	88.0%	95
75+	11.2%	88.8%	101
Results by education level:			
Less than HS diploma, no GED	10.2%	89.8%	52
High school diploma or GED	10.6%	89.4%	136
Some college, trade school, or Associate degree	15.8%	84.2%	140
Bachelor's degree or higher	8.1%	91.9%	113
Results by household income:			
Less than $20,000	25.7%	74.3%	84
$20,000 - $34,999	12.8%	87.2%	68
$35,000 - $49,999	10.4%	89.6%	80
$50,000 - $74,999	11.5%	88.5%	77
$75,000 or more	4.5%	95.5%	90

2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

| *Nobles County* | Yes | No | N |
	%	%	(Unweighted)
Overall results from 2015	10.1%	89.9%	446
Results by gender:			
Female	12.8%	87.2%	263
Male	7.6%	92.4%	183
Results by age:			
18-34	9.4%	90.6%	37
35-44	10.7%	89.3%	36
45-54	6.5%	93.5%	62
55-64	14.0%	86.0%	115
65-74	10.2%	89.8%	95
75+	11.9%	88.1%	101
Results by education level:			
Less than HS diploma, no GED	4.8%	95.2%	52
High school diploma or GED	10.2%	89.8%	136
Some college, trade school, or Associate degree	14.6%	85.4%	140
Bachelor's degree or higher	6.5%	93.5%	113
Results by household income:			
Less than $20,000	20.8%	79.2%	84
$20,000 - $34,999	10.1%	89.9%	68
$35,000 - $49,999	10.5%	89.5%	80
$50,000 - $74,999	12.0%	88.0%	77
$75,000 or more	3.1%	96.9%	90

2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	5.7%	94.3%	446
Results by gender:			
Female	3.2%	96.8%	263
Male	8.0%	92.0%	183
Results by age:			
18-34	6.8%	93.2%	37
35-44	4.7%	95.3%	36
45-54	5.1%	94.9%	62
55-64	6.8%	93.2%	115
65-74	6.7%	93.3%	95
75+	2.7%	97.3%	101
Results by education level:			
Less than HS diploma, no GED	11.9%	88.1%	52
High school diploma or GED	9.9%	90.1%	136
Some college, trade school, or Associate degree	1.8%	98.2%	140
Bachelor's degree or higher	3.8%	96.2%	113
Results by household income:			
Less than $20,000	21.6%	78.4%	84
$20,000 - $34,999	1.0%	99.0%	68
$35,000 - $49,999	4.4%	95.6%	80
$50,000 - $74,999	7.0%	93.0%	77
$75,000 or more	0.7%	99.3%	90

Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION? (2L, 2M, or 2N = Yes)

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	17.6%	82.4%	446
Results by gender:			
Female	20.5%	79.5%	263
Male	14.8%	85.2%	183
Results by age:			
18-34	16.2%	83.8%	37
35-44	13.1%	86.9%	36
45-54	16.7%	83.3%	62
55-64	23.0%	77.0%	115
65-74	21.2%	78.8%	95
75+	18.4%	81.6%	101
Results by education level:			
Less than HS diploma, no GED	19.8%	80.2%	52
High school diploma or GED	19.2%	80.8%	136
Some college, trade school, or Associate degree	19.4%	80.6%	140
Bachelor's degree or higher	12.9%	87.1%	113
Results by household income:			
Less than $20,000	36.8%	63.2%	84
$20,000 - $34,999	17.5%	82.5%	68
$35,000 - $49,999	14.9%	85.1%	80
$50,000 - $74,999	22.3%	77.7%	77
$75,000 or more	5.5%	94.5%	90

2O. Have you ever been told by a doctor or other health care professional that you were OBESE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	8.9%	91.1%	446
Results by gender:			
Female	12.7%	87.3%	263
Male	5.2%	94.8%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	11.4%	88.6%	36
45-54	11.0%	89.0%	62
55-64	18.6%	81.4%	115
65-74	13.6%	86.4%	95
75+	6.7%	93.3%	101
Results by education level:			
Less than HS diploma, no GED	3.5%	96.5%	52
High school diploma or GED	8.6%	91.4%	136
Some college, trade school, or Associate degree	10.4%	89.6%	140
Bachelor's degree or higher	8.7%	91.3%	113
Results by household income:			
Less than $20,000	11.0%	89.0%	84
$20,000 - $34,999	10.5%	89.5%	68
$35,000 - $49,999	7.7%	92.3%	80
$50,000 - $74,999	7.4%	92.6%	77
$75,000 or more	7.9%	92.1%	90

2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	8.4%	91.6%	446
Results by gender:			
Female	7.4%	92.6%	263
Male	9.3%	90.7%	183
Results by age:			
18-34	15.3%	84.7%	37
35-44	4.2%	95.8%	36
45-54	6.7%	93.3%	62
55-64	3.4%	96.6%	115
65-74	8.0%	92.0%	95
75+	7.1%	92.9%	101
Results by education level:			
Less than HS diploma, no GED	4.9%	95.1%	52
High school diploma or GED	10.2%	89.8%	136
Some college, trade school, or Associate degree	12.3%	87.7%	140
Bachelor's degree or higher	2.8%	97.2%	113
Results by household income:			
Less than $20,000	9.0%	91.0%	84
$20,000 - $34,999	5.0%	95.0%	68
$35,000 - $49,999	19.6%	80.4%	80
$50,000 - $74,999	6.2%	93.8%	77
$75,000 or more	2.8%	97.2%	90

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Nobles County	0 days %	1-9 days %	10-19 days %	20-29 days %	All 30 days %	N (Unweighted)
Overall results from 2015	53.7%	37.2%	3.3%	3.3%	2.6%	367
Results by gender:						
Female	56.5%	34.0%	4.3%	2.7%	2.5%	220
Male	50.5%	40.9%	2.0%	3.9%	2.7%	147
Results by age:						
18-34	55.2%	42.9%	1.9%	0.0%	0.0%	35
35-44	65.2%	27.7%	2.9%	4.2%	0.0%	32
45-54	58.8%	26.6%	1.5%	6.9%	6.2%	46
55-64	43.9%	47.3%	5.2%	1.0%	2.6%	101
65-74	47.5%	36.9%	2.9%	5.2%	7.4%	77
75+	44.7%	35.5%	7.8%	7.7%	4.3%	76
Results by education level:						
Less than HS diploma, no GED	55.1%	28.3%	2.1%	7.9%	6.7%	37
High school diploma or GED	56.9%	30.0%	4.4%	4.6%	4.1%	109
Some college, trade school, or Associate degree	53.2%	37.9%	4.6%	2.2%	2.1%	115
Bachelor's degree or higher	51.9%	43.8%	1.3%	2.1%	0.9%	103
Results by household income:						
Less than $20,000	37.6%	36.7%	6.4%	11.8%	7.6%	65
$20,000 - $34,999	38.2%	44.6%	4.6%	10.4%	2.1%	54
$35,000 - $49,999	52.7%	45.5%	0.0%	0.8%	1.1%	62
$50,000 - $74,999	63.7%	28.6%	4.0%	1.0%	2.7%	69
$75,000 or more	61.0%	36.9%	1.5%	0.6%	0.0%	79

4A. When was the last time you had a FLU SHOT?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	63.2%	10.6%	2.6%	7.4%	16.2%	438
Results by gender:						
Female	70.5%	11.2%	1.1%	4.9%	12.3%	260
Male	56.1%	9.9%	4.0%	9.8%	20.2%	178
Results by age:						
18-34	45.6%	15.5%	0.0%	17.7%	21.2%	37
35-44	69.1%	14.9%	3.0%	0.0%	13.0%	36
45-54	59.0%	10.6%	8.3%	2.7%	19.5%	59
55-64	64.8%	8.5%	2.8%	6.8%	17.2%	116
65-74	80.6%	4.0%	1.4%	4.0%	10.0%	90
75+	88.7%	0.7%	0.0%	3.3%	7.4%	100
Results by education level:						
Less than HS diploma, no GED	61.7%	14.1%	3.7%	5.5%	15.0%	49
High school diploma or GED	66.6%	5.9%	1.0%	2.6%	23.9%	132
Some college, trade school, or Associate degree	64.2%	11.6%	4.7%	8.5%	10.9%	140
Bachelor's degree or higher	59.3%	12.6%	1.0%	10.9%	16.2%	113
Results by household income:						
Less than $20,000	69.5%	10.6%	1.6%	4.8%	13.5%	81
$20,000 - $34,999	77.0%	10.8%	2.5%	0.0%	9.8%	67
$35,000 - $49,999	54.3%	16.9%	0.7%	12.2%	15.8%	77
$50,000 - $74,999	66.0%	8.3%	6.0%	0.8%	18.8%	75
$75,000 or more	55.0%	9.7%	2.6%	14.5%	18.3%	90

4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	62.6%	12.1%	7.5%	10.3%	7.4%	432
Results by gender:						
Female	65.3%	14.3%	7.1%	8.1%	5.2%	256
Male	59.9%	9.9%	8.0%	12.6%	9.6%	176
Results by age:						
18-34	59.5%	10.1%	9.0%	12.4%	9.0%	36
35-44	64.3%	11.3%	6.0%	7.2%	11.3%	36
45-54	62.9%	21.5%	5.3%	4.4%	5.9%	60
55-64	71.1%	6.4%	7.2%	11.1%	4.3%	115
65-74	61.5%	10.4%	9.9%	14.3%	3.9%	89
75+	56.6%	12.4%	8.4%	15.0%	7.6%	96
Results by education level:						
Less than HS diploma, no GED	27.0%	15.6%	14.7%	17.9%	24.9%	50
High school diploma or GED	56.0%	8.3%	11.4%	11.7%	12.5%	126
Some college, trade school, or Associate degree	68.3%	15.1%	4.6%	9.4%	2.6%	140
Bachelor's degree or higher	75.4%	11.2%	4.6%	7.3%	1.5%	111
Results by household income:						
Less than $20,000	40.2%	14.4%	7.7%	19.9%	17.8%	79
$20,000 - $34,999	51.3%	12.5%	8.9%	13.6%	13.8%	66
$35,000 - $49,999	58.3%	8.8%	11.6%	11.4%	9.9%	76
$50,000 - $74,999	77.8%	8.2%	7.1%	3.0%	3.9%	75
$75,000 or more	72.7%	15.3%	2.9%	9.1%	0.0%	88

4C. When was the last time you had a HEARING TEST?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	28.6%	8.8%	9.7%	38.6%	14.3%	411
Results by gender:						
Female	19.0%	7.0%	9.7%	44.9%	19.4%	241
Male	37.4%	10.5%	9.8%	32.7%	9.6%	170
Results by age:						
18-34	29.1%	5.4%	4.6%	60.9%	0.0%	35
35-44	41.9%	12.8%	7.6%	26.8%	10.8%	33
45-54	27.5%	7.7%	11.3%	38.2%	15.3%	60
55-64	16.6%	9.3%	11.7%	39.0%	23.4%	113
65-74	21.0%	11.6%	15.9%	20.8%	30.8%	86
75+	34.3%	10.7%	15.1%	12.7%	27.2%	84
Results by education level:						
Less than HS diploma, no GED	49.0%	2.6%	10.5%	11.8%	26.1%	49
High school diploma or GED	45.4%	14.2%	9.5%	15.7%	15.3%	119
Some college, trade school, or Associate degree	20.1%	10.3%	10.8%	44.6%	14.2%	130
Bachelor's degree or higher	15.2%	4.8%	8.8%	62.5%	8.8%	108
Results by household income:						
Less than $20,000	41.9%	10.8%	4.8%	18.5%	24.0%	76
$20,000 - $34,999	36.6%	6.8%	21.0%	17.4%	18.1%	61
$35,000 - $49,999	28.5%	11.7%	7.3%	43.6%	9.0%	70
$50,000 - $74,999	33.9%	4.2%	14.3%	37.3%	10.4%	73
$75,000 or more	16.4%	7.9%	6.1%	59.3%	10.4%	87

4D. When was the last time you had an EYE EXAM?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	49.9%	24.6%	9.4%	12.1%	4.0%	437
Results by gender:						
Female	59.5%	21.7%	5.0%	13.2%	0.6%	259
Male	40.5%	27.4%	13.8%	10.9%	7.4%	178
Results by age:						
18-34	32.9%	18.6%	16.8%	31.6%	0.0%	37
35-44	37.0%	27.4%	8.9%	9.0%	17.7%	36
45-54	66.1%	20.6%	5.9%	1.6%	5.9%	58
55-64	45.1%	39.7%	8.5%	6.6%	0.0%	113
65-74	60.0%	34.3%	2.6%	2.6%	0.6%	93
75+	80.9%	13.7%	4.8%	0.6%	0.0%	100
Results by education level:						
Less than HS diploma, no GED	36.5%	28.1%	12.5%	1.9%	21.0%	49
High school diploma or GED	48.7%	28.1%	13.7%	6.6%	3.0%	134
Some college, trade school, or Associate degree	54.4%	22.4%	7.3%	13.2%	2.8%	137
Bachelor's degree or higher	49.8%	23.0%	6.8%	20.4%	0.0%	113
Results by household income:						
Less than $20,000	51.9%	27.3%	12.4%	2.2%	6.2%	80
$20,000 - $34,999	54.9%	25.3%	0.6%	14.7%	4.5%	66
$35,000 - $49,999	32.8%	27.4%	14.6%	14.8%	10.4%	78
$50,000 - $74,999	58.2%	15.4%	16.8%	9.7%	0.0%	76
$75,000 or more	49.4%	27.7%	4.6%	18.3%	0.0%	90

All Survey Items (weighted data)

4E. When was the last time you had your BLOOD PRESSURE CHECKED?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	90.5%	5.7%	1.4%	1.6%	0.9%	436
Results by gender:						
Female	95.1%	4.4%	0.5%	0.0%	0.0%	259
Male	86.0%	6.9%	2.3%	3.2%	1.7%	177
Results by age:						
18-34	86.0%	8.8%	0.0%	5.2%	0.0%	36
35-44	85.2%	5.9%	5.3%	0.0%	3.5%	36
45-54	91.2%	6.2%	1.1%	0.0%	1.5%	59
55-64	93.7%	4.9%	0.9%	0.4%	0.0%	115
65-74	94.3%	3.1%	1.9%	0.6%	0.0%	93
75+	100.0%	0.0%	0.0%	0.0%	0.0%	97
Results by education level:						
Less than HS diploma, no GED	76.8%	14.9%	0.0%	0.6%	7.7%	51
High school diploma or GED	93.9%	0.8%	5.3%	0.0%	0.0%	130
Some college, trade school, or Associate degree	92.8%	2.8%	0.0%	4.4%	0.0%	137
Bachelor's degree or higher	89.6%	10.1%	0.0%	0.2%	0.0%	113
Results by household income:						
Less than $20,000	93.9%	4.5%	1.0%	0.6%	0.0%	82
$20,000 - $34,999	85.7%	9.5%	0.0%	0.0%	4.8%	66
$35,000 - $49,999	98.8%	0.9%	0.0%	0.3%	0.0%	78
$50,000 - $74,999	89.3%	2.6%	0.7%	7.3%	0.0%	75
$75,000 or more	84.3%	11.6%	4.1%	0.0%	0.0%	89

4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	59.6%	14.3%	5.4%	3.9%	16.8%	437
Results by gender:						
Female	67.8%	8.3%	6.2%	4.5%	13.2%	259
Male	51.6%	20.1%	4.6%	3.4%	20.4%	178
Results by age:						
18-34	35.3%	16.8%	2.6%	6.8%	38.4%	37
35-44	31.7%	14.3%	20.8%	6.0%	27.2%	36
45-54	66.8%	25.0%	2.1%	2.1%	4.0%	59
55-64	83.2%	8.7%	2.9%	1.9%	3.3%	115
65-74	85.0%	9.5%	2.5%	0.6%	2.4%	94
75+	93.9%	2.0%	1.4%	2.7%	0.0%	96
Results by education level:						
Less than HS diploma, no GED	63.6%	9.1%	0.0%	0.6%	26.6%	51
High school diploma or GED	66.9%	8.3%	7.3%	3.8%	13.7%	133
Some college, trade school, or Associate degree	57.9%	14.6%	5.5%	6.7%	15.3%	137
Bachelor's degree or higher	51.9%	22.1%	5.6%	2.1%	18.3%	112
Results by household income:						
Less than $20,000	76.6%	10.1%	0.5%	0.6%	12.3%	81
$20,000 - $34,999	71.3%	12.8%	1.2%	4.3%	10.5%	66
$35,000 - $49,999	59.3%	7.0%	5.3%	3.2%	25.3%	80
$50,000 - $74,999	48.1%	14.8%	3.7%	9.5%	23.9%	76
$75,000 or more	50.4%	24.9%	12.0%	2.1%	10.6%	89

4G. When was the last time you had your BLOOD SUGAR CHECKED?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	57.1%	16.5%	8.0%	4.5%	13.8%	421
Results by gender:						
Female	65.1%	14.8%	8.2%	5.7%	6.2%	245
Male	49.6%	18.2%	7.8%	3.4%	21.1%	176
Results by age:						
18-34	35.5%	28.8%	11.1%	6.8%	17.7%	37
35-44	23.3%	25.1%	18.4%	8.4%	24.8%	36
45-54	68.6%	12.7%	2.1%	4.2%	12.5%	59
55-64	82.2%	3.6%	4.0%	1.4%	8.7%	110
65-74	85.2%	7.2%	3.9%	0.0%	3.8%	91
75+	87.7%	3.1%	3.0%	1.6%	4.7%	88
Results by education level:						
Less than HS diploma, no GED	63.7%	0.0%	1.5%	0.0%	34.8%	47
High school diploma or GED	59.3%	15.3%	10.2%	3.4%	11.7%	129
Some college, trade school, or Associate degree	55.3%	16.5%	10.2%	8.0%	10.0%	132
Bachelor's degree or higher	53.7%	24.3%	5.7%	3.3%	12.9%	109
Results by household income:						
Less than $20,000	70.1%	8.9%	1.6%	0.6%	18.9%	79
$20,000 - $34,999	70.6%	5.9%	3.1%	3.7%	16.6%	63
$35,000 - $49,999	53.7%	7.0%	12.1%	2.7%	24.5%	75
$50,000 - $74,999	54.0%	24.1%	3.8%	12.6%	5.5%	73
$75,000 or more	44.4%	29.6%	14.7%	2.1%	9.3%	88

4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

Nobles County	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	17.8%	4.3%	6.9%	5.6%	65.4%	410
Results by gender:						
Female	21.4%	6.4%	6.1%	4.7%	61.5%	237
Male	14.5%	2.4%	7.6%	6.5%	69.1%	173
Results by age:						
18-34	9.6%	0.0%	6.8%	6.8%	76.9%	37
35-44	14.4%	3.6%	0.0%	0.0%	82.0%	36
45-54	18.5%	7.4%	10.3%	6.8%	57.0%	59
55-64	19.1%	7.8%	11.8%	0.5%	60.9%	107
65-74	29.4%	4.1%	8.6%	6.7%	51.2%	85
75+	33.3%	7.3%	3.2%	15.5%	40.8%	86
Results by education level:						
Less than HS diploma, no GED	3.6%	3.6%	0.7%	7.2%	84.9%	47
High school diploma or GED	12.3%	4.5%	6.2%	3.6%	73.3%	121
Some college, trade school, or Associate degree	22.5%	4.8%	6.9%	7.1%	58.8%	127
Bachelor's degree or higher	22.5%	4.0%	8.8%	5.3%	59.4%	111
Results by household income:						
Less than $20,000	8.1%	4.9%	1.8%	1.8%	83.4%	75
$20,000 - $34,999	18.1%	2.5%	4.6%	5.5%	69.3%	63
$35,000 - $49,999	15.0%	1.4%	7.8%	2.7%	73.1%	68
$50,000 - $74,999	17.4%	2.4%	7.7%	8.0%	64.5%	76
$75,000 or more	21.1%	6.3%	8.5%	7.4%	56.7%	87

4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

Nobles County	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	11.0%	8.7%	12.5%	9.7%	58.1%	422
Results by gender:						
Female	12.0%	8.3%	17.3%	9.0%	53.4%	245
Male	10.0%	9.1%	8.0%	10.3%	62.6%	177
Results by age:						
18-34	1.7%	1.7%	0.0%	5.0%	91.5%	37
35-44	2.5%	3.1%	2.5%	0.0%	91.9%	35
45-54	18.0%	12.7%	8.5%	3.6%	57.2%	61
55-64	18.1%	14.3%	34.4%	15.9%	17.4%	112
65-74	22.3%	20.6%	24.0%	18.0%	15.0%	89
75+	15.8%	9.9%	27.0%	31.2%	16.2%	88
Results by education level:						
Less than HS diploma, no GED	1.8%	10.3%	11.3%	6.7%	69.9%	50
High school diploma or GED	8.0%	8.6%	14.6%	8.7%	60.2%	123
Some college, trade school, or Associate degree	16.9%	10.3%	11.4%	12.4%	48.9%	134
Bachelor's degree or higher	9.3%	6.5%	12.8%	8.0%	63.4%	110
Results by household income:						
Less than $20,000	12.5%	7.1%	13.8%	6.2%	60.4%	76
$20,000 - $34,999	6.1%	16.0%	13.5%	13.2%	51.1%	67
$35,000 - $49,999	8.5%	3.8%	11.8%	4.3%	71.7%	71
$50,000 - $74,999	13.8%	8.8%	10.2%	13.2%	54.0%	75
$75,000 or more	8.5%	9.2%	11.4%	9.6%	61.3%	88

4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	Five or more years ago %	Never %	N (Unweighted)
Overall results from 2015	18.7%	8.3%	9.1%	7.4%	56.5%	174
Results by gender:						
Female	---	---	---	---	---	0
Male	18.7%	8.3%	9.1%	7.4%	56.5%	174
Results by age:						
18-34	---	---	---	---	---	11
35-44	---	---	---	---	---	16
45-54	---	---	---	---	---	21
55-64	32.5%	18.4%	15.8%	6.1%	27.2%	60
65-74	45.8%	25.0%	12.5%	5.6%	11.1%	37
75+	---	---	---	---	---	29
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	16.4%	7.9%	9.4%	3.2%	63.1%	61
Some college, trade school, or Associate degree	23.3%	11.4%	10.4%	6.5%	48.5%	51
Bachelor's degree or higher	20.5%	7.8%	7.8%	14.7%	49.2%	37
Results by household income:						
Less than $20,000	17.9%	7.2%	3.9%	3.1%	67.9%	37
$20,000 - $34,999	---	---	---	---	---	18
$35,000 - $49,999	17.4%	3.9%	2.8%	1.6%	74.3%	36
$50,000 - $74,999	23.1%	7.4%	27.0%	1.0%	41.5%	30
$75,000 or more	12.3%	13.2%	3.4%	21.3%	49.8%	38

4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	Five or more years ago %	Never %	N (Unweighted)
Overall results from 2015	47.9%	22.3%	11.2%	12.4%	6.2%	238
Results by gender:						
Female	47.9%	22.3%	11.2%	12.4%	6.2%	238
Male	---	---	---	---	---	0
Results by age:						
18-34	---	---	---	---	---	26
35-44	---	---	---	---	---	18
45-54	57.5%	21.8%	10.3%	10.3%	0.0%	37
55-64	51.6%	22.0%	9.9%	14.3%	2.2%	53
65-74	26.0%	17.8%	28.8%	26.0%	1.4%	48
75+	22.0%	9.8%	17.1%	43.9%	7.3%	56
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	32.3%	22.2%	14.9%	18.7%	11.9%	62
Some college, trade school, or Associate degree	54.0%	20.7%	9.7%	8.9%	6.6%	77
Bachelor's degree or higher	55.2%	25.5%	9.6%	8.0%	1.6%	71
Results by household income:						
Less than $20,000	53.1%	14.1%	8.1%	12.5%	12.2%	37
$20,000 - $34,999	44.2%	10.1%	15.3%	13.6%	16.8%	46
$35,000 - $49,999	47.2%	13.8%	22.4%	16.6%	0.0%	39
$50,000 - $74,999	46.9%	29.1%	6.9%	7.5%	9.6%	40
$75,000 or more	51.8%	31.5%	6.3%	10.4%	0.0%	50

4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

Nobles County	Within the past year %	Within the past 2 years %	Within the past 5 years %	Five or more years ago %	Never %	N (Unweighted)
Overall results from 2015	48.4%	7.6%	4.1%	7.3%	32.6%	250
Results by gender:						
Female	48.4%	7.6%	4.1%	7.3%	32.6%	250
Male	---	---	---	---	---	0
Results by age:						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	20
45-54	73.9%	7.6%	4.3%	9.8%	4.3%	40
55-64	77.4%	12.9%	4.3%	5.4%	0.0%	54
65-74	73.2%	12.2%	3.7%	2.4%	8.5%	53
75+	58.3%	6.0%	7.1%	26.2%	2.4%	59
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	26
High school diploma or GED	66.4%	11.6%	6.7%	4.8%	10.5%	67
Some college, trade school, or Associate degree	38.7%	7.8%	6.7%	3.4%	43.4%	80
Bachelor's degree or higher	50.7%	5.7%	0.0%	5.7%	37.9%	74
Results by household income:						
Less than $20,000	56.8%	9.7%	1.5%	12.0%	20.0%	40
$20,000 - $34,999	52.9%	6.7%	4.7%	12.5%	23.2%	45
$35,000 - $49,999	58.4%	4.6%	5.8%	5.5%	25.7%	40
$50,000 - $74,999	29.2%	5.3%	3.1%	3.4%	59.0%	44
$75,000 or more	51.0%	11.3%	6.1%	5.8%	25.8%	51

4M. When was the last time you had a GENERAL HEALTH EXAM?

Nobles County	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Missing, but answered Q5	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	63.2%	15.2%	5.6%	9.2%	6.2%	0.7%	429
Results by gender:							
Female	73.0%	10.4%	4.8%	8.6%	2.4%	0.8%	255
Male	53.8%	19.8%	6.3%	9.8%	9.9%	0.5%	174
Results by age:							
18-34	45.8%	19.5%	5.9%	17.0%	11.8%	0.0%	37
35-44	45.8%	23.7%	14.6%	7.9%	5.5%	2.5%	35
45-54	74.3%	9.5%	2.1%	10.3%	3.8%	0.0%	61
55-64	76.7%	11.2%	3.5%	2.3%	6.3%	0.0%	111
65-74	80.2%	6.3%	3.9%	5.0%	1.9%	2.6%	90
75+	80.5%	14.7%	2.0%	2.0%	0.7%	0.0%	95
Results by education level:							
Less than HS diploma, no GED	49.4%	20.8%	4.0%	10.6%	12.9%	2.4%	49
High school diploma or GED	55.6%	10.4%	8.8%	9.5%	15.8%	0.0%	128
Some college, trade school, or Associate degree	70.5%	14.9%	2.1%	11.2%	1.2%	0.0%	138
Bachelor's degree or higher	66.2%	18.4%	7.4%	6.2%	0.4%	1.4%	110
Results by household income:							
Less than $20,000	64.6%	10.7%	5.3%	3.8%	15.6%	0.0%	82
$20,000 - $34,999	54.4%	9.7%	5.6%	28.2%	2.2%	0.0%	66
$35,000 - $49,999	54.2%	24.6%	3.4%	8.4%	8.2%	1.2%	75
$50,000 - $74,999	67.7%	12.2%	1.6%	8.9%	7.7%	1.9%	76
$75,000 or more	67.0%	16.9%	11.4%	4.7%	0.0%	0.0%	86

All Survey Items (weighted data)

5. If you have not had a general health exam within the past 1 or 2 years, why not?

Nobles County	I could not get an appointment	I had transportation problems	I did not need one	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	0.0%	1.6%	53.1%	9.2%	17.6%	3.3%	15.3%	50
Results by gender:								
Female	---	---	---	---	---	---	---	27
Male	---	---	---	---	---	---	---	23
Results by age:								
18-34	---	---	---	---	---	---	---	8
35-44	---	---	---	---	---	---	---	8
45-54	---	---	---	---	---	---	---	9
55-64	---	---	---	---	---	---	---	10
65-74	---	---	---	---	---	---	---	10
75+	---	---	---	---	---	---	---	5
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	11
High school diploma or GED	---	---	---	---	---	---	---	19
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	9
Bachelor's degree or higher	---	---	---	---	---	---	---	11
Results by household income:								
Less than $20,000	---	---	---	---	---	---	---	11
$20,000 - $34,999	---	---	---	---	---	---	---	11
$35,000 - $49,999	---	---	---	---	---	---	---	8
$50,000 - $74,999	---	---	---	---	---	---	---	6
$75,000 or more	---	---	---	---	---	---	---	8

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	83.8%	16.2%	435
Results by gender:			
Female	86.5%	13.5%	257
Male	81.0%	19.0%	178
Results by age:			
18-34	80.0%	20.0%	36
35-44	72.7%	27.3%	36
45-54	82.3%	17.7%	60
55-64	90.6%	9.4%	114
65-74	89.5%	10.5%	91
75+	96.7%	3.3%	98
Results by education level:			
Less than HS diploma, no GED	69.1%	30.9%	53
High school diploma or GED	81.0%	19.0%	131
Some college, trade school, or Associate degree	83.3%	16.7%	137
Bachelor's degree or higher	93.0%	7.0%	110
Results by household income:			
Less than $20,000	81.5%	18.5%	83
$20,000 - $34,999	84.0%	16.0%	68
$35,000 - $49,999	80.6%	19.4%	76
$50,000 - $74,999	83.0%	17.0%	75
$75,000 or more	86.7%	13.3%	88

All Survey Items (weighted data)

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

Nobles County	Physical activity %	Diet or nutrition %	Weight %	Smoking or other tobacco use %	Stress %	Mental health concerns %	None of the above %	N (Unweighted)
Overall results from 2015	68.9%	50.3%	47.3%	47.0%	38.3%	34.6%	14.8%	385
Results by gender:								
Female	64.0%	53.7%	50.3%	39.7%	41.8%	34.6%	19.9%	232
Male	74.3%	46.6%	44.2%	54.9%	34.4%	34.6%	9.2%	153
Results by age:								
18-34	65.2%	48.8%	39.6%	58.3%	39.6%	40.5%	14.6%	30
35-44	---	---	---	---	---	---	---	27
45-54	71.9%	49.7%	45.0%	40.7%	32.5%	23.3%	12.5%	50
55-64	69.3%	58.8%	59.3%	47.7%	40.8%	38.2%	8.7%	103
65-74	72.9%	53.3%	57.0%	40.5%	40.9%	35.9%	17.2%	82
75+	58.5%	27.7%	26.3%	27.3%	22.2%	24.2%	28.8%	93
Results by education level:								
Less than HS diploma, no GED	68.8%	40.2%	45.1%	44.1%	37.5%	27.0%	18.3%	40
High school diploma or GED	73.3%	41.6%	36.8%	39.3%	26.4%	31.6%	18.2%	113
Some college, trade school, or Associate degree	64.5%	54.2%	51.5%	49.1%	43.2%	42.1%	11.1%	125
Bachelor's degree or higher	69.2%	56.5%	52.4%	51.8%	42.2%	30.6%	15.0%	103
Results by household income:								
Less than $20,000	63.9%	36.5%	37.5%	40.8%	32.1%	30.4%	17.9%	71
$20,000 - $34,999	78.9%	56.6%	46.9%	35.6%	28.8%	32.0%	7.7%	60
$35,000 - $49,999	71.1%	57.2%	55.2%	52.7%	52.4%	43.2%	14.1%	68
$50,000 - $74,999	67.4%	46.4%	46.3%	51.6%	31.0%	40.2%	12.8%	66
$75,000 or more	64.3%	51.6%	44.8%	52.6%	40.2%	31.2%	17.3%	79

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

| Nobles County | Yes | No | N |
	%	%	(Unweighted)
Overall results from 2015	23.3%	76.7%	433
Results by gender:			
Female	24.6%	75.4%	254
Male	22.0%	78.0%	179
Results by age:			
18-34	24.2%	75.8%	36
35-44	21.1%	78.9%	35
45-54	33.1%	66.9%	59
55-64	25.8%	74.2%	114
65-74	16.7%	83.3%	92
75+	10.8%	89.2%	97
Results by education level:			
Less than HS diploma, no GED	17.2%	82.8%	50
High school diploma or GED	26.9%	73.1%	131
Some college, trade school, or Associate degree	25.3%	74.7%	136
Bachelor's degree or higher	20.3%	79.7%	112
Results by household income:			
Less than $20,000	38.8%	61.2%	81
$20,000 - $34,999	24.8%	75.2%	67
$35,000 - $49,999	19.1%	80.9%	76
$50,000 - $74,999	19.2%	80.8%	74
$75,000 or more	24.5%	75.5%	89

All Survey Items (weighted data)

9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

Nobles County	I could not get an appointment	I had transportation problems	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	3.5%	7.2%	55.2%	39.2%	21.7%	17.9%	8.5%	85
Results by gender:								
Female	4.4%	9.3%	43.7%	42.2%	18.2%	20.6%	10.3%	46
Male	2.5%	5.2%	66.5%	36.3%	25.1%	15.2%	6.8%	39
Results by age:								
18-34	---	---	---	---	---	---	---	7
35-44	---	---	---	---	---	---	---	7
45-54	---	---	---	---	---	---	---	19
55-64	---	---	---	---	---	---	---	27
65-74	---	---	---	---	---	---	---	15
75+	---	---	---	---	---	---	---	10
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	9
High school diploma or GED	---	---	---	---	---	---	---	28
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	26
Bachelor's degree or higher	---	---	---	---	---	---	---	22
Results by household income:								
Less than $20,000	---	---	---	---	---	---	---	20
$20,000 - $34,999	---	---	---	---	---	---	---	13
$35,000 - $49,999	---	---	---	---	---	---	---	14
$50,000 - $74,999	---	---	---	---	---	---	---	10
$75,000 or more	---	---	---	---	---	---	---	22

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	23.1%	76.9%	427
Results by gender:			
Female	24.1%	75.9%	250
Male	22.1%	77.9%	177
Results by age:			
18-34	26.8%	73.2%	36
35-44	26.2%	73.8%	36
45-54	28.7%	71.3%	59
55-64	20.5%	79.5%	111
65-74	14.2%	85.8%	87
75+	11.1%	88.9%	98
Results by education level:			
Less than HS diploma, no GED	23.3%	76.7%	53
High school diploma or GED	31.7%	68.3%	127
Some college, trade school, or Associate degree	21.8%	78.2%	134
Bachelor's degree or higher	16.7%	83.3%	108
Results by household income:			
Less than $20,000	46.3%	53.7%	81
$20,000 - $34,999	39.3%	60.7%	66
$35,000 - $49,999	22.9%	77.1%	73
$50,000 - $74,999	7.6%	92.4%	72
$75,000 or more	16.0%	84.0%	89

11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

Nobles County	I could not get an appointment	I had transportation problems	I was too nervous or afraid	It cost too much	I did not have insurance	The dentist would not accept my insurance	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	4.0%	3.5%	11.5%	52.7%	54.6%	12.8%	8.9%	6.2%	79
Results by gender:									
Female	3.1%	7.0%	14.3%	65.5%	52.9%	2.3%	13.1%	3.2%	45
Male	5.0%	0.0%	8.7%	40.0%	56.3%	23.1%	4.6%	9.1%	34
Results by age:									
18-34	---	---	---	---	---	---	---	---	10
35-44	---	---	---	---	---	---	---	---	9
45-54	---	---	---	---	---	---	---	---	16
55-64	---	---	---	---	---	---	---	---	22
65-74	---	---	---	---	---	---	---	---	13
75+	---	---	---	---	---	---	---	---	9
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	11
High school diploma or GED	---	---	---	---	---	---	---	---	29
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	22
Bachelor's degree or higher	---	---	---	---	---	---	---	---	17
Results by household income:									
Less than $20,000	---	---	---	---	---	---	---	---	21
$20,000 - $34,999	---	---	---	---	---	---	---	---	19
$35,000 - $49,999	---	---	---	---	---	---	---	---	15
$50,000 - $74,999	---	---	---	---	---	---	---	---	5
$75,000 or more	---	---	---	---	---	---	---	---	13

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Nobles County	0 days %	1-9 days %	10-19 days %	20-29 days %	All 30 days %	N (Unweighted)
Overall results from 2015	59.8%	31.4%	5.4%	1.6%	1.8%	383
Results by gender:						
Female	57.0%	29.4%	9.4%	1.1%	3.1%	229
Male	62.7%	33.4%	1.3%	2.1%	0.5%	154
Results by age:						
18-34	49.6%	41.8%	6.7%	0.0%	1.9%	35
35-44	57.1%	30.9%	5.1%	6.9%	0.0%	34
45-54	60.4%	31.5%	4.1%	1.7%	2.3%	55
55-64	61.6%	27.3%	10.2%	0.5%	0.5%	108
65-74	74.2%	20.3%	1.4%	0.0%	4.1%	83
75+	77.7%	18.4%	0.0%	0.0%	3.9%	68
Results by education level:						
Less than HS diploma, no GED	71.0%	27.0%	0.0%	2.0%	0.0%	43
High school diploma or GED	59.9%	32.3%	3.0%	3.5%	1.3%	110
Some college, trade school, or Associate degree	59.0%	27.1%	9.1%	1.2%	3.6%	120
Bachelor's degree or higher	57.4%	35.9%	5.6%	0.0%	1.1%	107
Results by household income:						
Less than $20,000	54.8%	31.2%	2.6%	10.6%	0.7%	65
$20,000 - $34,999	46.8%	47.2%	4.4%	0.0%	1.6%	60
$35,000 - $49,999	65.1%	31.3%	2.0%	0.0%	1.6%	66
$50,000 - $74,999	50.5%	32.5%	13.6%	0.0%	3.4%	71
$75,000 or more	70.6%	24.0%	4.2%	0.0%	1.2%	83

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	9.2%	90.8%	428
Results by gender:			
Female	10.5%	89.5%	249
Male	7.9%	92.1%	179
Results by age:			
18-34	13.7%	86.3%	37
35-44	7.7%	92.3%	36
45-54	6.9%	93.1%	57
55-64	10.4%	89.6%	112
65-74	6.9%	93.1%	91
75+	3.5%	96.5%	95
Results by education level:			
Less than HS diploma, no GED	4.8%	95.2%	51
High school diploma or GED	12.5%	87.5%	127
Some college, trade school, or Associate degree	7.9%	92.1%	134
Bachelor's degree or higher	9.4%	90.6%	111
Results by household income:			
Less than $20,000	19.4%	80.6%	79
$20,000 - $34,999	10.9%	89.1%	67
$35,000 - $49,999	10.9%	89.1%	74
$50,000 - $74,999	6.4%	93.6%	75
$75,000 or more	3.6%	96.4%	88

All Survey Items (weighted data)

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

Nobles County	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	%	
Overall results from 2015	2.8%	2.5%	20.7%	47.5%	30.1%	11.0%	18.2%	18.1%	28.0%	32
Results by gender:										
Female	---	---	---	---	---	---	---	---	---	20
Male	---	---	---	---	---	---	---	---	---	12
Results by age:										
18-34	---	---	---	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	---	---	---	2
45-54	---	---	---	---	---	---	---	---	---	4
55-64	---	---	---	---	---	---	---	---	---	13
65-74	---	---	---	---	---	---	---	---	---	6
75+	---	---	---	---	---	---	---	---	---	4
Results by education level:										
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	5
High school diploma or GED	---	---	---	---	---	---	---	---	---	12
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	---	10
Bachelor's degree or higher	---	---	---	---	---	---	---	---	---	5
Results by household income:										
Less than $20,000	---	---	---	---	---	---	---	---	---	12
$20,000 - $34,999	---	---	---	---	---	---	---	---	---	4
$35,000 - $49,999	---	---	---	---	---	---	---	---	---	5
$50,000 - $74,999	---	---	---	---	---	---	---	---	---	3
$75,000 or more	---	---	---	---	---	---	---	---	---	4

15. In the past 6 months, which statement best describes medications prescribed for you?

Nobles County	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N
	%	%	%	(Unweighted)
Overall results from 2015	35.7%	57.1%	7.2%	422
Results by gender:				
Female	35.6%	61.6%	2.8%	251
Male	35.9%	52.6%	11.6%	171
Results by age:				
18-34	42.9%	44.7%	12.3%	35
35-44	55.5%	35.9%	8.6%	35
45-54	45.6%	48.0%	6.4%	57
55-64	20.3%	75.4%	4.4%	110
65-74	15.2%	82.8%	2.0%	89
75+	13.9%	83.9%	2.2%	96
Results by education level:				
Less than HS diploma, no GED	52.7%	39.2%	8.2%	50
High school diploma or GED	28.8%	63.5%	7.6%	122
Some college, trade school, or Associate degree	30.7%	68.7%	0.6%	135
Bachelor's degree or higher	42.1%	43.8%	14.2%	111
Results by household income:				
Less than $20,000	23.3%	57.1%	19.6%	79
$20,000 - $34,999	40.0%	55.4%	4.6%	65
$35,000 - $49,999	36.2%	62.3%	1.4%	73
$50,000 - $74,999	40.5%	58.8%	0.7%	75
$75,000 or more	36.1%	49.9%	14.0%	87

16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

Nobles County	I did not have insurance	It cost too much	I do not like taking medications	I did not think I needed the medication	I did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	---	---	---	---	---	---	---	---	20
Results by gender:									
Female	---	---	---	---	---	---	---	---	8
Male	---	---	---	---	---	---	---	---	12
Results by age:									
18-34	---	---	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	---	---	3
45-54	---	---	---	---	---	---	---	---	3
55-64	---	---	---	---	---	---	---	---	6
65-74	---	---	---	---	---	---	---	---	3
75+	---	---	---	---	---	---	---	---	2
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	3
High school diploma or GED	---	---	---	---	---	---	---	---	8
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	2
Bachelor's degree or higher	---	---	---	---	---	---	---	---	7
Results by household income:									
Less than $20,000	---	---	---	---	---	---	---	---	9
$20,000 - $34,999	---	---	---	---	---	---	---	---	3
$35,000 - $49,999	---	---	---	---	---	---	---	---	2
$50,000 - $74,999	---	---	---	---	---	---	---	---	1
$75,000 or more	---	---	---	---	---	---	---	---	4

17A. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE THROUGH YOUR EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR SOMEONE ELSE'S EMPLOYER?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	55.1%	44.9%	434
Results by gender:			
Female	57.4%	42.6%	256
Male	52.8%	47.2%	178
Results by age:			
18-34	65.3%	34.7%	36
35-44	70.8%	29.2%	36
45-54	76.5%	23.5%	58
55-64	59.6%	40.4%	113
65-74	12.6%	87.4%	93
75+	5.5%	94.5%	98
Results by education level:			
Less than HS diploma, no GED	38.3%	61.7%	51
High school diploma or GED	53.2%	46.8%	129
Some college, trade school, or Associate degree	56.1%	43.9%	137
Bachelor's degree or higher	62.1%	37.9%	112
Results by household income:			
Less than $20,000	12.4%	87.6%	81
$20,000 - $34,999	50.9%	49.1%	67
$35,000 - $49,999	54.9%	45.1%	78
$50,000 - $74,999	67.8%	32.2%	75
$75,000 or more	71.9%	28.1%	89

17B. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	27.0%	73.0%	434
Results by gender:			
Female	26.8%	73.2%	256
Male	27.1%	72.9%	178
Results by age:			
18-34	21.8%	78.2%	36
35-44	23.2%	76.8%	36
45-54	8.3%	91.7%	58
55-64	24.7%	75.3%	113
65-74	54.4%	45.6%	93
75+	53.0%	47.0%	98
Results by education level:			
Less than HS diploma, no GED	36.8%	63.2%	51
High school diploma or GED	18.8%	81.2%	129
Some college, trade school, or Associate degree	30.8%	69.2%	137
Bachelor's degree or higher	25.6%	74.4%	112
Results by household income:			
Less than $20,000	31.3%	68.7%	81
$20,000 - $34,999	21.7%	78.3%	67
$35,000 - $49,999	29.7%	70.3%	78
$50,000 - $74,999	26.3%	73.7%	75
$75,000 or more	22.5%	77.5%	89

17C. Do you currently have the following type of health insurance: INDIAN OR TRIBAL HEALTH SERVICE?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	1.2%	98.8%	434
Results by gender:			
Female	0.6%	99.4%	256
Male	1.9%	98.1%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	5.3%	94.7%	36
45-54	0.0%	100.0%	58
55-64	0.0%	100.0%	113
65-74	0.7%	99.3%	93
75+	2.6%	97.4%	98
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	51
High school diploma or GED	4.3%	95.7%	129
Some college, trade school, or Associate degree	0.0%	100.0%	137
Bachelor's degree or higher	0.2%	99.8%	112
Results by household income:			
Less than $20,000	7.7%	92.3%	81
$20,000 - $34,999	0.6%	99.4%	67
$35,000 - $49,999	0.3%	99.7%	78
$50,000 - $74,999	0.0%	100.0%	75
$75,000 or more	0.6%	99.4%	89

17D. Do you currently have the following type of health insurance: MEDICARE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	24.9%	75.1%	434
Results by gender:			
Female	26.7%	73.3%	256
Male	23.2%	76.8%	178
Results by age:			
18-34	0.9%	99.1%	36
35-44	13.6%	86.4%	36
45-54	8.5%	91.5%	58
55-64	10.1%	89.9%	113
65-74	90.3%	9.7%	93
75+	88.2%	11.8%	98
Results by education level:			
Less than HS diploma, no GED	42.4%	57.6%	51
High school diploma or GED	36.7%	63.3%	129
Some college, trade school, or Associate degree	17.5%	82.5%	137
Bachelor's degree or higher	15.2%	84.8%	112
Results by household income:			
Less than $20,000	60.4%	39.6%	81
$20,000 - $34,999	35.5%	64.5%	67
$35,000 - $49,999	15.9%	84.1%	78
$50,000 - $74,999	15.1%	84.9%	75
$75,000 or more	10.9%	89.1%	89

17E. Do you currently have the following type of health insurance: MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL ASSISTANCE PROGRAM (PMAP)?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	9.8%	90.2%	434
Results by gender:			
Female	7.3%	92.7%	256
Male	12.3%	87.7%	178
Results by age:			
18-34	10.4%	89.6%	36
35-44	10.7%	89.3%	36
45-54	9.2%	90.8%	58
55-64	11.6%	88.4%	113
65-74	3.7%	96.3%	93
75+	10.7%	89.3%	98
Results by education level:			
Less than HS diploma, no GED	25.0%	75.0%	51
High school diploma or GED	10.5%	89.5%	129
Some college, trade school, or Associate degree	6.4%	93.6%	137
Bachelor's degree or higher	7.6%	92.4%	112
Results by household income:			
Less than $20,000	39.9%	60.1%	81
$20,000 - $34,999	11.5%	88.5%	67
$35,000 - $49,999	10.5%	89.5%	78
$50,000 - $74,999	2.8%	97.2%	75
$75,000 or more	1.2%	98.8%	89

17F. Do you currently have the following type of health insurance: MINNESOTACARE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	8.5%	91.5%	434
Results by gender:			
Female	6.9%	93.1%	256
Male	10.1%	89.9%	178
Results by age:			
18-34	12.2%	87.8%	36
35-44	13.6%	86.4%	36
45-54	6.7%	93.3%	58
55-64	6.7%	93.3%	113
65-74	2.5%	97.5%	93
75+	2.7%	97.3%	98
Results by education level:			
Less than HS diploma, no GED	22.6%	77.4%	51
High school diploma or GED	11.5%	88.5%	129
Some college, trade school, or Associate degree	6.7%	93.3%	137
Bachelor's degree or higher	2.7%	97.3%	112
Results by household income:			
Less than $20,000	26.4%	73.6%	81
$20,000 - $34,999	11.7%	88.3%	67
$35,000 - $49,999	15.4%	84.6%	78
$50,000 - $74,999	0.0%	100.0%	75
$75,000 or more	0.5%	99.5%	89

17G. Do you currently have the following type of health insurance: MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	0.7%	99.3%	434
Results by gender:			
Female	0.6%	99.4%	256
Male	0.8%	99.2%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	0.0%	100.0%	36
45-54	2.6%	97.4%	58
55-64	1.0%	99.0%	113
65-74	0.7%	99.3%	93
75+	0.0%	100.0%	98
Results by education level:			
Less than HS diploma, no GED	2.6%	97.4%	51
High school diploma or GED	1.2%	98.8%	129
Some college, trade school, or Associate degree	0.0%	100.0%	137
Bachelor's degree or higher	0.2%	99.8%	112
Results by household income:			
Less than $20,000	4.4%	95.6%	81
$20,000 - $34,999	0.0%	100.0%	67
$35,000 - $49,999	0.3%	99.7%	78
$50,000 - $74,999	0.0%	100.0%	75
$75,000 or more	0.0%	100.0%	89

17H. Do you currently have the following type of health insurance: CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	3.0%	97.0%	434
Results by gender:			
Female	1.3%	98.7%	256
Male	4.8%	95.2%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	0.0%	100.0%	36
45-54	1.1%	98.9%	58
55-64	6.5%	93.5%	113
65-74	4.5%	95.5%	93
75+	11.6%	88.4%	98
Results by education level:			
Less than HS diploma, no GED	3.5%	96.5%	51
High school diploma or GED	3.5%	96.5%	129
Some college, trade school, or Associate degree	3.5%	96.5%	137
Bachelor's degree or higher	1.9%	98.1%	112
Results by household income:			
Less than $20,000	3.4%	96.6%	81
$20,000 - $34,999	4.8%	95.2%	67
$35,000 - $49,999	2.5%	97.5%	78
$50,000 - $74,999	1.6%	98.4%	75
$75,000 or more	2.2%	97.8%	89

17I. Do you currently have the following type of health insurance: OTHER HEALTH INSURANCE COVERAGE?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	9.4%	90.6%	434
Results by gender:			
Female	9.9%	90.1%	256
Male	8.8%	91.2%	178
Results by age:			
18-34	5.1%	94.9%	36
35-44	2.4%	97.6%	36
45-54	6.3%	93.7%	58
55-64	2.5%	97.5%	113
65-74	23.4%	76.6%	93
75+	31.3%	68.7%	98
Results by education level:			
Less than HS diploma, no GED	19.5%	80.5%	51
High school diploma or GED	6.9%	93.1%	129
Some college, trade school, or Associate degree	11.0%	89.0%	137
Bachelor's degree or higher	6.2%	93.8%	112
Results by household income:			
Less than $20,000	18.1%	81.9%	81
$20,000 - $34,999	14.0%	86.0%	67
$35,000 - $49,999	11.3%	88.7%	78
$50,000 - $74,999	2.4%	97.6%	75
$75,000 or more	5.1%	94.9%	89

17J. Do you currently have the following type of health insurance: NO HEALTH INSURANCE COVERAGE?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	0.5%	99.5%	434
Results by gender:			
Female	0.8%	99.2%	256
Male	0.3%	99.7%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	2.4%	97.6%	36
45-54	0.0%	100.0%	58
55-64	0.5%	99.5%	113
65-74	0.7%	99.3%	93
75+	0.0%	100.0%	98
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	51
High school diploma or GED	1.7%	98.3%	129
Some college, trade school, or Associate degree	0.2%	99.8%	137
Bachelor's degree or higher	0.0%	100.0%	112
Results by household income:			
Less than $20,000	1.1%	98.9%	81
$20,000 - $34,999	3.0%	97.0%	67
$35,000 - $49,999	0.0%	100.0%	78
$50,000 - $74,999	0.0%	100.0%	75
$75,000 or more	0.0%	100.0%	89

Current health insurance status

Nobles County	Currently insured %	Currently uninsured %	N (Unweighted)
Overall results from 2015	99.5%	0.5%	434
Results by gender:			
Female	99.2%	0.8%	256
Male	99.7%	0.3%	178
Results by age:			
18-34	100.0%	0.0%	36
35-44	97.6%	2.4%	36
45-54	100.0%	0.0%	58
55-64	99.5%	0.5%	113
65-74	99.3%	0.7%	93
75+	100.0%	0.0%	98
Results by education level:			
Less than HS diploma, no GED	100.0%	0.0%	51
High school diploma or GED	98.3%	1.7%	129
Some college, trade school, or Associate degree	99.8%	0.2%	137
Bachelor's degree or higher	100.0%	0.0%	112
Results by household income:			
Less than $20,000	98.9%	1.1%	81
$20,000 - $34,999	97.0%	3.0%	67
$35,000 - $49,999	100.0%	0.0%	78
$50,000 - $74,999	100.0%	0.0%	75
$75,000 or more	100.0%	0.0%	89

18. Do you consider yourself:

Nobles County	Overweight %	About the right weight %	Underweight %	N (Unweighted)
Overall results from 2015	41.9%	54.8%	3.3%	432
Results by gender:				
Female	44.9%	54.2%	0.9%	252
Male	39.0%	55.4%	5.6%	180
Results by age:				
18-34	28.1%	66.7%	5.2%	35
35-44	41.2%	53.5%	5.3%	36
45-54	57.8%	40.5%	1.6%	60
55-64	56.1%	43.4%	0.5%	113
65-74	44.7%	52.7%	2.6%	91
75+	29.3%	67.7%	2.9%	97
Results by education level:				
Less than HS diploma, no GED	22.6%	65.2%	12.1%	53
High school diploma or GED	40.9%	53.0%	6.0%	127
Some college, trade school, or Associate degree	45.3%	54.0%	0.7%	137
Bachelor's degree or higher	46.7%	53.1%	0.2%	110
Results by household income:				
Less than $20,000	43.7%	52.0%	4.2%	82
$20,000 - $34,999	39.5%	59.2%	1.3%	67
$35,000 - $49,999	38.8%	56.4%	4.8%	77
$50,000 - $74,999	39.6%	52.6%	7.8%	74
$75,000 or more	45.2%	54.8%	0.0%	86

19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

Nobles County	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	22.1%	60.5%	11.1%	6.3%	421
Results by gender:					
Female	16.1%	65.1%	15.7%	3.0%	251
Male	28.2%	55.7%	6.4%	9.6%	170
Results by age:					
18-34	18.3%	56.9%	10.3%	14.5%	35
35-44	31.8%	54.9%	6.4%	7.0%	33
45-54	23.0%	62.2%	9.3%	5.5%	59
55-64	29.7%	59.7%	10.6%	0.0%	114
65-74	13.4%	76.4%	10.2%	0.0%	91
75+	13.1%	61.1%	25.1%	0.7%	89
Results by education level:					
Less than HS diploma, no GED	22.0%	58.6%	17.6%	1.9%	49
High school diploma or GED	24.6%	64.4%	5.4%	5.5%	126
Some college, trade school, or Associate degree	30.9%	56.8%	9.1%	3.2%	133
Bachelor's degree or higher	8.9%	62.2%	16.0%	12.9%	108
Results by household income:					
Less than $20,000	20.3%	56.0%	10.5%	13.1%	78
$20,000 - $34,999	17.0%	73.3%	9.6%	0.0%	65
$35,000 - $49,999	13.1%	77.4%	9.2%	0.4%	76
$50,000 - $74,999	31.1%	53.4%	8.8%	6.6%	73
$75,000 or more	26.6%	48.6%	12.8%	12.0%	87

20. How many servings of 100% fruit juice did you have yesterday?

Nobles County	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	59.6%	32.6%	3.5%	4.3%	414
Results by gender:					
Female	66.9%	30.3%	2.1%	0.7%	244
Male	52.1%	34.9%	5.0%	8.0%	170
Results by age:					
18-34	54.3%	28.6%	6.3%	10.8%	35
35-44	70.5%	23.9%	0.0%	5.6%	34
45-54	78.7%	17.0%	3.2%	1.1%	59
55-64	55.8%	41.8%	2.4%	0.0%	113
65-74	51.0%	45.6%	3.4%	0.0%	89
75+	37.6%	57.0%	3.9%	1.5%	84
Results by education level:					
Less than HS diploma, no GED	44.1%	54.0%	0.0%	1.9%	45
High school diploma or GED	53.7%	34.3%	2.8%	9.2%	122
Some college, trade school, or Associate degree	69.9%	29.1%	0.7%	0.2%	135
Bachelor's degree or higher	58.6%	27.0%	8.8%	5.5%	107
Results by household income:					
Less than $20,000	43.3%	42.2%	5.5%	9.0%	76
$20,000 - $34,999	48.3%	47.9%	2.6%	1.2%	64
$35,000 - $49,999	54.7%	38.0%	0.7%	6.7%	76
$50,000 - $74,999	78.8%	20.5%	0.7%	0.0%	73
$75,000 or more	59.8%	27.4%	6.7%	6.1%	85

How many combined servings of fruit and 100% fruit juice did you have yesterday?

Nobles County	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	18.0%	47.4%	22.0%	12.7%	409
Results by gender:					
Female	13.4%	50.1%	29.9%	6.7%	242
Male	22.7%	44.6%	14.0%	18.7%	167
Results by age:					
18-34	18.3%	34.9%	21.3%	25.6%	35
35-44	29.9%	52.3%	7.0%	10.8%	33
45-54	19.1%	59.4%	12.6%	8.9%	58
55-64	18.9%	50.6%	28.3%	2.3%	113
65-74	8.5%	54.1%	34.1%	3.4%	89
75+	4.2%	40.8%	42.6%	12.4%	81
Results by education level:					
Less than HS diploma, no GED	17.3%	54.2%	9.2%	19.4%	43
High school diploma or GED	22.0%	36.6%	25.7%	15.8%	122
Some college, trade school, or Associate degree	24.4%	53.6%	16.8%	5.2%	133
Bachelor's degree or higher	6.9%	47.9%	29.0%	16.2%	106
Results by household income:					
Less than $20,000	14.7%	39.0%	18.2%	28.2%	74
$20,000 - $34,999	13.0%	45.4%	37.7%	3.8%	63
$35,000 - $49,999	9.8%	62.1%	15.8%	12.3%	76
$50,000 - $74,999	27.1%	50.4%	11.7%	10.7%	72
$75,000 or more	22.5%	37.6%	27.1%	12.8%	85

21. How many servings of vegetables did you have yesterday?

Nobles County	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	14.4%	52.7%	22.8%	10.1%	418
Results by gender:					
Female	13.4%	52.9%	23.9%	9.9%	250
Male	15.4%	52.6%	21.7%	10.3%	168
Results by age:					
18-34	11.0%	32.3%	42.9%	13.8%	35
35-44	28.3%	48.4%	5.1%	18.2%	34
45-54	12.5%	59.0%	17.6%	11.0%	58
55-64	14.1%	62.0%	19.3%	4.5%	111
65-74	13.0%	67.6%	16.3%	3.2%	89
75+	7.3%	73.6%	17.7%	1.4%	91
Results by education level:					
Less than HS diploma, no GED	20.4%	60.0%	11.4%	8.2%	46
High school diploma or GED	18.4%	51.4%	22.5%	7.7%	124
Some college, trade school, or Associate degree	16.6%	55.3%	15.3%	12.8%	134
Bachelor's degree or higher	4.9%	47.6%	37.5%	10.1%	109
Results by household income:					
Less than $20,000	20.9%	52.8%	18.7%	7.7%	79
$20,000 - $34,999	17.8%	67.3%	8.2%	6.7%	66
$35,000 - $49,999	11.2%	48.2%	35.2%	5.4%	73
$50,000 - $74,999	17.1%	55.1%	16.1%	11.7%	74
$75,000 or more	6.7%	46.8%	28.1%	18.4%	86

How many combined servings of fruit (including fruit juice) and vegetables did you have yesterday?

Nobles County	0 servings %	1-2 servings %	3-4 servings %	5-9 servings %	10 or more servings %	N (Unweighted)
Overall results from 2015	6.4%	23.5%	27.4%	32.4%	10.4%	405
Results by gender:						
Female	4.9%	21.8%	27.2%	42.2%	3.9%	240
Male	8.0%	25.2%	27.6%	22.2%	17.0%	165
Results by age:						
18-34	7.3%	13.8%	12.9%	46.1%	19.9%	35
35-44	12.1%	31.2%	33.1%	12.8%	10.8%	33
45-54	5.1%	30.2%	27.8%	25.1%	11.7%	57
55-64	5.4%	32.0%	29.3%	30.5%	2.8%	111
65-74	3.9%	18.5%	49.3%	26.4%	1.9%	88
75+	1.7%	17.5%	33.4%	46.6%	0.8%	81
Results by education level:						
Less than HS diploma, no GED	8.7%	26.4%	37.2%	14.8%	12.9%	42
High school diploma or GED	7.6%	28.6%	22.2%	29.5%	12.1%	120
Some college, trade school, or Associate degree	9.0%	22.5%	30.0%	31.8%	6.8%	132
Bachelor's degree or higher	1.5%	17.7%	25.3%	43.1%	12.4%	106
Results by household income:						
Less than $20,000	5.1%	27.3%	25.2%	25.9%	16.4%	73
$20,000 - $34,999	7.8%	25.1%	29.0%	35.3%	2.9%	63
$35,000 - $49,999	1.0%	20.9%	36.3%	31.3%	10.5%	73
$50,000 - $74,999	11.1%	32.9%	23.6%	27.2%	5.3%	72
$75,000 or more	6.3%	16.9%	20.4%	39.2%	17.1%	85

22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

Nobles County	0 glasses %	1-2 glasses %	3-4 glasses %	5-6 glasses %	7 or more glasses %	N (Unweighted)
Overall results from 2015	39.5%	53.9%	5.1%	1.5%	0.0%	420
Results by gender:						
Female	39.8%	53.8%	6.4%	0.0%	0.0%	248
Male	39.3%	54.0%	3.8%	3.0%	0.0%	172
Results by age:						
18-34	34.1%	52.4%	8.5%	5.0%	0.0%	37
35-44	50.6%	49.4%	0.0%	0.0%	0.0%	34
45-54	35.6%	57.4%	7.0%	0.0%	0.0%	60
55-64	42.2%	53.3%	4.5%	0.0%	0.0%	114
65-74	46.5%	48.7%	4.8%	0.0%	0.0%	86
75+	35.0%	64.2%	0.7%	0.0%	0.0%	89
Results by education level:						
Less than HS diploma, no GED	34.5%	62.0%	3.4%	0.0%	0.0%	48
High school diploma or GED	51.7%	40.8%	2.0%	5.4%	0.0%	126
Some college, trade school, or Associate degree	29.0%	67.5%	3.6%	0.0%	0.0%	130
Bachelor's degree or higher	42.2%	47.4%	10.4%	0.0%	0.0%	111
Results by household income:						
Less than $20,000	47.3%	47.1%	5.6%	0.0%	0.0%	77
$20,000 - $34,999	52.6%	41.6%	5.8%	0.0%	0.0%	66
$35,000 - $49,999	36.2%	55.6%	1.3%	6.9%	0.0%	74
$50,000 - $74,999	24.4%	73.6%	2.1%	0.0%	0.0%	74
$75,000 or more	45.4%	44.7%	10.0%	0.0%	0.0%	87

22B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday? (1 glass = 12 oz.)

Nobles County	0 glasses %	1-2 glasses %	3-4 glasses %	5-6 glasses %	7 or more glasses %	N (Unweighted)
Overall results from 2015	67.8%	27.9%	3.5%	0.4%	0.4%	387
Results by gender:						
Female	73.1%	25.3%	0.6%	0.9%	0.2%	231
Male	62.5%	30.5%	6.4%	0.0%	0.6%	156
Results by age:						
18-34	66.6%	27.5%	5.0%	0.9%	0.0%	37
35-44	65.5%	29.1%	5.4%	0.0%	0.0%	35
45-54	55.7%	42.2%	0.6%	0.0%	1.5%	58
55-64	73.8%	20.0%	4.5%	1.1%	0.6%	103
65-74	74.0%	26.0%	0.0%	0.0%	0.0%	81
75+	85.0%	13.0%	2.0%	0.0%	0.0%	73
Results by education level:						
Less than HS diploma, no GED	68.5%	31.5%	0.0%	0.0%	0.0%	42
High school diploma or GED	64.3%	31.8%	1.9%	1.0%	1.1%	113
Some college, trade school, or Associate degree	64.0%	31.0%	4.2%	0.5%	0.3%	123
Bachelor's degree or higher	74.7%	19.9%	5.3%	0.0%	0.0%	104
Results by household income:						
Less than $20,000	55.7%	38.3%	1.5%	2.2%	2.3%	69
$20,000 - $34,999	76.1%	18.9%	5.0%	0.0%	0.0%	61
$35,000 - $49,999	61.8%	33.7%	4.1%	0.0%	0.4%	69
$50,000 - $74,999	71.7%	27.5%	0.8%	0.0%	0.0%	67
$75,000 or more	70.2%	23.5%	5.7%	0.6%	0.0%	87

22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

Nobles County	0 glasses %	1-2 glasses %	3-4 glasses %	5-6 glasses %	7 or more glasses %	N (Unweighted)
Overall results from 2015	76.7%	19.0%	2.4%	1.8%	0.0%	372
Results by gender:						
Female	79.6%	17.7%	2.1%	0.5%	0.0%	226
Male	73.8%	20.2%	2.8%	3.2%	0.0%	146
Results by age:						
18-34	80.2%	13.8%	0.9%	5.1%	0.0%	36
35-44	86.7%	11.4%	1.9%	0.0%	0.0%	35
45-54	69.0%	25.9%	5.0%	0.0%	0.0%	53
55-64	67.9%	26.8%	4.1%	1.1%	0.0%	101
65-74	76.8%	20.9%	1.5%	0.8%	0.0%	74
75+	76.6%	21.6%	1.8%	0.0%	0.0%	73
Results by education level:						
Less than HS diploma, no GED	94.4%	5.6%	0.0%	0.0%	0.0%	42
High school diploma or GED	75.1%	20.6%	3.5%	0.9%	0.0%	110
Some college, trade school, or Associate degree	79.2%	12.3%	3.4%	5.0%	0.0%	112
Bachelor's degree or higher	69.9%	28.7%	1.5%	0.0%	0.0%	104
Results by household income:						
Less than $20,000	80.6%	15.0%	3.9%	0.6%	0.0%	65
$20,000 - $34,999	76.4%	17.8%	4.4%	1.4%	0.0%	59
$35,000 - $49,999	82.7%	8.8%	1.3%	7.2%	0.0%	67
$50,000 - $74,999	66.0%	30.3%	3.7%	0.0%	0.0%	66
$75,000 or more	76.8%	22.7%	0.6%	0.0%	0.0%	83

22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

Nobles County	0 glasses %	1-2 glasses %	3-4 glasses %	5-6 glasses %	7 or more glasses %	N (Unweighted)
Overall results from 2015	87.8%	10.5%	1.6%	0.0%	0.0%	375
Results by gender:						
Female	95.6%	4.4%	0.0%	0.0%	0.0%	226
Male	80.0%	16.7%	3.3%	0.0%	0.0%	149
Results by age:						
18-34	89.8%	5.1%	5.1%	0.0%	0.0%	36
35-44	79.3%	20.7%	0.0%	0.0%	0.0%	35
45-54	82.8%	17.2%	0.0%	0.0%	0.0%	56
55-64	91.9%	8.1%	0.0%	0.0%	0.0%	103
65-74	94.5%	4.7%	0.8%	0.0%	0.0%	75
75+	94.1%	5.9%	0.0%	0.0%	0.0%	70
Results by education level:						
Less than HS diploma, no GED	71.6%	28.4%	0.0%	0.0%	0.0%	40
High school diploma or GED	74.0%	20.3%	5.7%	0.0%	0.0%	112
Some college, trade school, or Associate degree	93.6%	6.2%	0.2%	0.0%	0.0%	115
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	0.0%	103
Results by household income:						
Less than $20,000	78.6%	20.8%	0.6%	0.0%	0.0%	66
$20,000 - $34,999	79.6%	20.4%	0.0%	0.0%	0.0%	60
$35,000 - $49,999	84.9%	15.1%	0.0%	0.0%	0.0%	67
$50,000 - $74,999	90.7%	1.5%	7.8%	0.0%	0.0%	67
$75,000 or more	94.0%	6.0%	0.0%	0.0%	0.0%	84

23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

Nobles County	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	40.0%	52.1%	4.8%	2.7%	0.3%	425
Results by gender:						
Female	42.0%	51.8%	4.1%	1.9%	0.2%	253
Male	38.0%	52.5%	5.6%	3.5%	0.4%	172
Results by age:						
18-34	39.1%	54.1%	0.0%	6.8%	0.0%	37
35-44	38.3%	58.5%	3.1%	0.0%	0.0%	35
45-54	38.4%	50.0%	10.5%	1.1%	0.0%	60
55-64	44.1%	48.2%	4.9%	1.8%	1.0%	113
65-74	33.9%	57.4%	7.3%	0.0%	1.4%	88
75+	47.1%	42.7%	8.1%	2.1%	0.0%	92
Results by education level:						
Less than HS diploma, no GED	65.2%	28.8%	1.5%	4.5%	0.0%	50
High school diploma or GED	43.5%	48.8%	5.5%	1.5%	0.7%	126
Some college, trade school, or Associate degree	30.8%	60.0%	4.3%	4.6%	0.3%	132
Bachelor's degree or higher	38.0%	54.7%	6.2%	1.0%	0.0%	112
Results by household income:						
Less than $20,000	40.5%	48.8%	6.1%	4.0%	0.6%	77
$20,000 - $34,999	49.4%	44.5%	5.5%	0.6%	0.0%	67
$35,000 - $49,999	44.7%	51.5%	2.9%	0.0%	1.0%	76
$50,000 - $74,999	34.9%	53.5%	2.8%	8.8%	0.0%	75
$75,000 or more	32.8%	61.7%	4.1%	1.3%	0.0%	86

23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?

Nobles County	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	45.1%	52.8%	1.5%	0.2%	0.4%	418
Results by gender:						
Female	49.3%	48.7%	1.5%	0.0%	0.5%	251
Male	40.8%	56.9%	1.5%	0.4%	0.3%	167
Results by age:						
18-34	50.4%	48.7%	0.0%	0.0%	0.9%	37
35-44	54.6%	45.4%	0.0%	0.0%	0.0%	33
45-54	34.3%	60.5%	5.2%	0.0%	0.0%	58
55-64	35.7%	61.3%	2.9%	0.0%	0.0%	112
65-74	44.0%	52.1%	1.3%	1.4%	1.4%	88
75+	49.7%	49.5%	0.0%	0.8%	0.0%	90
Results by education level:						
Less than HS diploma, no GED	59.2%	40.8%	0.0%	0.0%	0.0%	50
High school diploma or GED	55.9%	42.2%	0.5%	0.0%	1.4%	124
Some college, trade school, or Associate degree	35.6%	60.8%	3.3%	0.3%	0.0%	129
Bachelor's degree or higher	39.7%	58.6%	1.2%	0.5%	0.0%	110
Results by household income:						
Less than $20,000	53.9%	43.5%	0.6%	0.0%	2.1%	74
$20,000 - $34,999	59.9%	39.6%	0.5%	0.0%	0.0%	66
$35,000 - $49,999	47.7%	50.4%	1.2%	0.0%	0.6%	73
$50,000 - $74,999	46.7%	53.3%	0.0%	0.0%	0.0%	74
$75,000 or more	31.4%	64.1%	4.0%	0.5%	0.0%	89

23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?

Nobles County	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	97.8%	1.2%	0.3%	0.6%	0.1%	391
Results by gender:						
Female	98.7%	0.5%	0.2%	0.5%	0.2%	236
Male	97.0%	1.9%	0.4%	0.7%	0.0%	155
Results by age:						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	37
35-44	94.0%	6.0%	0.0%	0.0%	0.0%	33
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	57
55-64	98.4%	0.0%	0.5%	1.1%	0.0%	106
65-74	100.0%	0.0%	0.0%	0.0%	0.0%	79
75+	90.3%	2.5%	1.8%	4.5%	0.8%	79
Results by education level:						
Less than HS diploma, no GED	94.9%	1.6%	0.0%	2.6%	0.8%	43
High school diploma or GED	97.9%	1.4%	0.3%	0.3%	0.0%	116
Some college, trade school, or Associate degree	96.7%	1.9%	0.6%	0.8%	0.0%	121
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	0.0%	106
Results by household income:						
Less than $20,000	95.7%	0.0%	0.8%	2.9%	0.7%	69
$20,000 - $34,999	95.8%	2.8%	0.0%	1.3%	0.0%	64
$35,000 - $49,999	96.6%	3.0%	0.4%	0.0%	0.0%	69
$50,000 - $74,999	100.0%	0.0%	0.0%	0.0%	0.0%	69
$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	86

23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?

Nobles County	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	96.6%	1.5%	0.7%	0.9%	0.3%	399
Results by gender:						
Female	95.4%	2.1%	0.9%	1.1%	0.5%	242
Male	97.8%	0.8%	0.4%	0.7%	0.2%	157
Results by age:						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	36
35-44	98.0%	2.0%	0.0%	0.0%	0.0%	33
45-54	98.5%	0.0%	0.0%	1.5%	0.0%	58
55-64	99.5%	0.5%	0.0%	0.0%	0.0%	108
65-74	95.8%	0.0%	2.8%	1.4%	0.0%	83
75+	77.7%	10.4%	4.0%	4.8%	3.3%	81
Results by education level:						
Less than HS diploma, no GED	91.2%	4.0%	0.0%	4.0%	0.8%	44
High school diploma or GED	94.9%	2.6%	0.6%	1.3%	0.6%	119
Some college, trade school, or Associate degree	97.6%	0.3%	1.4%	0.4%	0.3%	123
Bachelor's degree or higher	98.9%	0.9%	0.2%	0.0%	0.0%	108
Results by household income:						
Less than $20,000	90.4%	1.9%	0.0%	7.0%	0.6%	73
$20,000 - $34,999	96.5%	3.5%	0.0%	0.0%	0.0%	63
$35,000 - $49,999	97.8%	0.8%	1.4%	0.0%	0.0%	70
$50,000 - $74,999	98.8%	0.8%	0.0%	0.0%	0.4%	70
$75,000 or more	99.7%	0.0%	0.3%	0.0%	0.0%	86

23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

Nobles County	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	92.0%	5.9%	0.4%	0.7%	1.1%	391
Results by gender:						
Female	94.4%	4.1%	0.6%	1.0%	0.0%	237
Male	89.5%	7.8%	0.2%	0.4%	2.2%	154
Results by age:						
18-34	98.3%	1.7%	0.0%	0.0%	0.0%	37
35-44	76.1%	15.2%	0.0%	2.7%	6.0%	33
45-54	92.4%	6.4%	1.2%	0.0%	0.0%	56
55-64	93.6%	5.5%	0.0%	0.0%	0.9%	107
65-74	97.2%	2.2%	0.0%	0.7%	0.0%	83
75+	89.1%	7.1%	1.8%	1.9%	0.0%	75
Results by education level:						
Less than HS diploma, no GED	92.7%	5.0%	2.3%	0.0%	0.0%	42
High school diploma or GED	87.9%	10.0%	0.0%	1.5%	0.6%	114
Some college, trade school, or Associate degree	93.2%	3.1%	0.3%	0.6%	2.9%	122
Bachelor's degree or higher	94.0%	5.5%	0.3%	0.2%	0.0%	108
Results by household income:						
Less than $20,000	79.9%	17.7%	2.4%	0.0%	0.0%	69
$20,000 - $34,999	91.5%	5.3%	0.0%	3.2%	0.0%	62
$35,000 - $49,999	85.4%	9.9%	0.0%	0.3%	4.3%	72
$50,000 - $74,999	98.3%	1.7%	0.0%	0.0%	0.0%	70
$75,000 or more	98.0%	1.5%	0.0%	0.0%	0.6%	83

23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

Nobles County	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	0.9%	7.7%	14.7%	31.2%	45.5%	425
Results by gender:						
Female	0.5%	4.9%	13.0%	33.1%	48.5%	252
Male	1.4%	10.5%	16.4%	29.2%	42.5%	173
Results by age:						
18-34	0.0%	10.3%	3.5%	40.2%	46.1%	37
35-44	0.0%	13.7%	15.8%	31.0%	39.5%	33
45-54	0.0%	3.6%	24.9%	25.3%	46.2%	60
55-64	1.8%	6.2%	19.6%	30.8%	41.6%	111
65-74	3.3%	3.9%	15.0%	19.8%	57.9%	91
75+	2.9%	5.3%	18.5%	27.9%	45.3%	93
Results by education level:						
Less than HS diploma, no GED	0.7%	22.3%	8.6%	20.0%	48.4%	50
High school diploma or GED	1.6%	11.4%	15.3%	33.2%	38.6%	127
Some college, trade school, or Associate degree	0.7%	6.4%	14.6%	40.5%	37.7%	134
Bachelor's degree or higher	0.7%	0.0%	15.9%	22.3%	61.1%	109
Results by household income:						
Less than $20,000	1.1%	21.8%	19.4%	17.3%	40.4%	80
$20,000 - $34,999	0.6%	12.1%	15.2%	23.2%	48.9%	64
$35,000 - $49,999	1.2%	4.5%	9.9%	44.0%	40.5%	77
$50,000 - $74,999	0.4%	8.1%	7.9%	41.0%	42.6%	74
$75,000 or more	0.5%	1.4%	21.8%	25.9%	50.4%	86

23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

Nobles County	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	34.5%	20.5%	17.1%	10.3%	17.6%	419
Results by gender:						
Female	34.3%	20.2%	19.7%	10.1%	15.6%	250
Male	34.7%	20.7%	14.5%	10.4%	19.7%	169
Results by age:						
18-34	46.1%	15.5%	15.5%	11.1%	11.8%	37
35-44	37.7%	26.0%	14.3%	3.9%	18.1%	33
45-54	25.4%	28.6%	24.0%	7.8%	14.1%	60
55-64	21.7%	15.7%	12.8%	19.5%	30.4%	111
65-74	32.7%	13.5%	15.6%	13.5%	24.7%	88
75+	34.5%	25.0%	21.2%	5.2%	14.1%	90
Results by education level:						
Less than HS diploma, no GED	41.6%	30.8%	14.0%	1.6%	12.0%	47
High school diploma or GED	34.8%	21.2%	15.1%	8.1%	20.9%	125
Some college, trade school, or Associate degree	27.0%	15.8%	21.8%	11.2%	24.2%	132
Bachelor's degree or higher	39.9%	21.2%	14.3%	14.8%	9.8%	110
Results by household income:						
Less than $20,000	48.9%	14.1%	11.2%	5.0%	20.8%	76
$20,000 - $34,999	27.3%	29.9%	18.0%	6.8%	18.1%	66
$35,000 - $49,999	34.0%	21.6%	12.9%	5.1%	26.4%	75
$50,000 - $74,999	32.5%	13.8%	24.6%	15.4%	13.7%	73
$75,000 or more	31.9%	23.9%	16.0%	15.3%	12.9%	87

All Survey Items (weighted data)

24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	3.5%	5.7%	20.6%	45.7%	24.5%	433
Results by gender:						
Female	4.7%	7.5%	16.9%	45.9%	25.0%	255
Male	2.4%	3.9%	24.2%	45.5%	24.0%	178
Results by age:						
18-34	3.5%	3.6%	29.4%	46.0%	17.5%	36
35-44	5.3%	7.2%	26.1%	36.9%	24.4%	36
45-54	3.0%	5.4%	16.6%	45.6%	29.4%	60
55-64	3.0%	5.3%	15.8%	50.5%	25.4%	114
65-74	0.0%	6.3%	12.0%	49.1%	32.5%	90
75+	5.2%	9.4%	12.1%	47.8%	25.4%	97
Results by education level:						
Less than HS diploma, no GED	6.5%	12.3%	16.9%	48.2%	16.1%	49
High school diploma or GED	8.5%	3.7%	24.3%	43.8%	19.6%	132
Some college, trade school, or Associate degree	0.9%	8.0%	24.1%	42.3%	24.7%	135
Bachelor's degree or higher	0.6%	2.0%	14.5%	51.4%	31.5%	112
Results by household income:						
Less than $20,000	8.0%	11.9%	18.1%	47.4%	14.6%	81
$20,000 - $34,999	13.6%	4.6%	6.4%	46.2%	29.1%	66
$35,000 - $49,999	1.7%	3.3%	31.0%	35.1%	28.9%	77
$50,000 - $74,999	0.0%	3.5%	38.3%	37.3%	20.9%	76
$75,000 or more	0.0%	5.2%	9.2%	60.1%	25.6%	88

All Survey Items (weighted data)

24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	48.4%	17.4%	12.0%	16.4%	5.8%	395
Results by gender:						
Female	52.6%	13.2%	12.7%	15.0%	6.6%	235
Male	44.2%	21.7%	11.4%	17.7%	5.1%	160
Results by age:						
18-34	41.1%	26.7%	14.0%	18.2%	0.0%	36
35-44	44.9%	18.4%	12.2%	13.6%	11.0%	33
45-54	43.8%	15.7%	14.3%	15.9%	10.3%	59
55-64	56.4%	11.8%	11.5%	16.3%	4.1%	107
65-74	61.4%	11.7%	4.7%	11.1%	11.1%	84
75+	59.6%	6.0%	9.3%	21.1%	4.1%	76
Results by education level:						
Less than HS diploma, no GED	32.1%	27.2%	10.6%	26.2%	3.9%	45
High school diploma or GED	53.0%	10.4%	22.8%	10.4%	3.4%	116
Some college, trade school, or Associate degree	46.2%	19.6%	8.0%	15.5%	10.7%	125
Bachelor's degree or higher	52.5%	17.6%	7.1%	19.4%	3.3%	108
Results by household income:						
Less than $20,000	58.7%	18.3%	12.1%	9.8%	1.1%	73
$20,000 - $34,999	47.0%	12.7%	7.2%	32.1%	1.0%	60
$35,000 - $49,999	30.6%	37.6%	18.3%	10.1%	3.4%	68
$50,000 - $74,999	53.6%	9.2%	10.3%	16.4%	10.5%	69
$75,000 or more	51.4%	11.3%	11.0%	19.2%	7.2%	89

24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	70.8%	14.3%	9.1%	2.6%	3.2%	392
Results by gender:						
Female	72.6%	15.5%	6.2%	2.9%	2.7%	233
Male	69.1%	13.1%	12.0%	2.2%	3.7%	159
Results by age:						
18-34	63.3%	24.4%	9.6%	0.9%	1.8%	36
35-44	68.3%	8.2%	14.8%	2.0%	6.7%	33
45-54	66.8%	13.9%	11.8%	3.1%	4.4%	60
55-64	75.3%	9.5%	5.8%	5.6%	3.9%	109
65-74	82.2%	8.8%	3.4%	4.1%	1.4%	83
75+	88.7%	6.3%	4.0%	1.0%	0.0%	71
Results by education level:						
Less than HS diploma, no GED	72.2%	14.3%	8.3%	2.2%	3.0%	44
High school diploma or GED	76.8%	8.1%	8.4%	2.6%	4.1%	116
Some college, trade school, or Associate degree	69.6%	15.4%	8.6%	2.8%	3.6%	124
Bachelor's degree or higher	66.6%	18.3%	10.7%	2.5%	1.9%	107
Results by household income:						
Less than $20,000	72.8%	16.7%	3.4%	3.2%	3.9%	69
$20,000 - $34,999	65.9%	9.5%	12.3%	7.8%	4.5%	61
$35,000 - $49,999	77.3%	13.2%	7.5%	1.3%	0.7%	71
$50,000 - $74,999	68.0%	19.3%	10.1%	0.0%	2.5%	69
$75,000 or more	65.5%	15.2%	10.8%	3.2%	5.3%	88

24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?

Nobles County	Never or less than one time per month %	About one time per month %	About two or three times per month %	About one time per week %	Two or more times per week %	N (Unweighted)
Overall results from 2015	98.2%	0.8%	0.8%	0.2%	0.0%	388
Results by gender:						
Female	99.0%	1.0%	0.0%	0.0%	0.0%	234
Male	97.4%	0.7%	1.6%	0.3%	0.0%	154
Results by age:						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	35
35-44	93.2%	2.7%	4.1%	0.0%	0.0%	33
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	58
55-64	97.2%	0.9%	0.9%	0.9%	0.0%	109
65-74	99.3%	0.7%	0.0%	0.0%	0.0%	82
75+	98.0%	2.0%	0.0%	0.0%	0.0%	71
Results by education level:						
Less than HS diploma, no GED	93.8%	0.0%	6.2%	0.0%	0.0%	44
High school diploma or GED	98.6%	0.3%	0.6%	0.6%	0.0%	112
Some college, trade school, or Associate degree	99.0%	1.0%	0.0%	0.0%	0.0%	123
Bachelor's degree or higher	98.6%	1.4%	0.0%	0.0%	0.0%	109
Results by household income:						
Less than $20,000	99.5%	0.5%	0.0%	0.0%	0.0%	69
$20,000 - $34,999	95.3%	0.0%	4.7%	0.0%	0.0%	60
$35,000 - $49,999	97.5%	0.9%	0.8%	0.8%	0.0%	70
$50,000 - $74,999	100.0%	0.0%	0.0%	0.0%	0.0%	69
$75,000 or more	97.9%	2.1%	0.0%	0.0%	0.0%	86

24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?

Nobles County	Never or less than one time per month %	About one time per month %	About two or three times per month %	About one time per week %	Two or more times per week %	N (Unweighted)
Overall results from 2015	91.4%	7.7%	0.9%	0.0%	0.0%	392
Results by gender:						
Female	96.0%	4.0%	0.0%	0.0%	0.0%	237
Male	86.5%	11.6%	1.9%	0.0%	0.0%	155
Results by age:						
18-34	93.7%	6.3%	0.0%	0.0%	0.0%	35
35-44	80.3%	15.6%	4.1%	0.0%	0.0%	33
45-54	93.0%	7.0%	0.0%	0.0%	0.0%	59
55-64	92.1%	7.9%	0.0%	0.0%	0.0%	108
65-74	93.2%	4.0%	2.8%	0.0%	0.0%	85
75+	96.1%	3.9%	0.0%	0.0%	0.0%	72
Results by education level:						
Less than HS diploma, no GED	76.4%	14.6%	9.0%	0.0%	0.0%	44
High school diploma or GED	80.9%	19.1%	0.0%	0.0%	0.0%	115
Some college, trade school, or Associate degree	97.8%	2.2%	0.0%	0.0%	0.0%	124
Bachelor's degree or higher	98.1%	1.9%	0.0%	0.0%	0.0%	109
Results by household income:						
Less than $20,000	72.2%	27.8%	0.0%	0.0%	0.0%	74
$20,000 - $34,999	87.6%	7.3%	5.1%	0.0%	0.0%	59
$35,000 - $49,999	84.5%	14.1%	1.4%	0.0%	0.0%	69
$50,000 - $74,999	98.0%	2.0%	0.0%	0.0%	0.0%	69
$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	87

All Survey Items (weighted data)

24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	90.6%	3.2%	3.8%	1.6%	0.7%	379
Results by gender:						
Female	89.3%	3.6%	3.3%	2.8%	1.0%	230
Male	92.1%	2.8%	4.4%	0.3%	0.4%	149
Results by age:						
18-34	93.5%	0.0%	1.9%	3.7%	0.9%	35
35-44	83.7%	9.5%	6.8%	0.0%	0.0%	33
45-54	89.0%	1.2%	8.6%	0.0%	1.2%	56
55-64	92.3%	4.6%	1.9%	1.1%	0.0%	105
65-74	93.6%	2.2%	2.8%	1.5%	0.0%	79
75+	90.6%	5.6%	0.0%	1.8%	2.0%	71
Results by education level:						
Less than HS diploma, no GED	84.3%	0.9%	13.0%	0.0%	1.8%	45
High school diploma or GED	89.0%	4.3%	0.0%	5.6%	1.1%	107
Some college, trade school, or Associate degree	93.2%	3.1%	3.5%	0.3%	0.0%	119
Bachelor's degree or higher	91.3%	3.3%	4.2%	0.5%	0.7%	108
Results by household income:						
Less than $20,000	92.6%	3.8%	0.6%	0.7%	2.3%	67
$20,000 - $34,999	75.4%	4.2%	10.2%	8.8%	1.5%	57
$35,000 - $49,999	92.8%	7.2%	0.0%	0.0%	0.0%	67
$50,000 - $74,999	89.6%	2.4%	7.4%	0.7%	0.0%	65
$75,000 or more	96.4%	1.2%	2.5%	0.0%	0.0%	87

All Survey Items (weighted data)

25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	40.3%	22.4%	17.1%	17.4%	2.8%	426
Results by gender:						
Female	40.1%	24.3%	19.7%	14.7%	1.3%	252
Male	40.5%	20.6%	14.6%	20.1%	4.2%	174
Results by age:						
18-34	44.4%	26.2%	1.8%	25.8%	1.8%	36
35-44	45.8%	26.8%	20.3%	7.1%	0.0%	36
45-54	34.9%	19.6%	22.8%	15.7%	7.0%	61
55-64	31.4%	22.3%	30.2%	13.9%	2.3%	113
65-74	41.6%	18.5%	18.1%	19.3%	2.6%	90
75+	42.2%	14.3%	22.6%	17.7%	3.2%	90
Results by education level:						
Less than HS diploma, no GED	42.9%	20.3%	19.9%	10.8%	6.2%	49
High school diploma or GED	50.5%	23.1%	10.1%	12.2%	4.1%	129
Some college, trade school, or Associate degree	43.5%	18.7%	19.1%	16.4%	2.2%	134
Bachelor's degree or higher	25.3%	27.3%	20.6%	26.0%	0.9%	111
Results by household income:						
Less than $20,000	52.4%	19.5%	9.2%	14.0%	4.8%	78
$20,000 - $34,999	29.1%	22.5%	20.8%	23.6%	3.9%	65
$35,000 - $49,999	44.5%	22.2%	7.3%	21.4%	4.6%	76
$50,000 - $74,999	48.4%	20.1%	21.5%	9.7%	0.3%	75
$75,000 or more	31.3%	27.0%	19.9%	19.4%	2.2%	89

25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	80.9%	7.6%	4.6%	5.5%	1.5%	399
Results by gender:						
Female	89.5%	5.8%	2.4%	2.1%	0.2%	235
Male	72.7%	9.3%	6.6%	8.7%	2.7%	164
Results by age:						
18-34	71.9%	8.8%	8.8%	10.4%	0.0%	35
35-44	81.8%	15.7%	0.0%	2.5%	0.0%	35
45-54	75.9%	5.9%	7.0%	4.3%	7.0%	61
55-64	93.8%	2.3%	1.9%	1.5%	0.5%	110
65-74	85.7%	6.0%	1.3%	7.0%	0.0%	83
75+	91.4%	3.8%	2.0%	2.9%	0.0%	75
Results by education level:						
Less than HS diploma, no GED	79.2%	6.3%	0.0%	8.0%	6.6%	45
High school diploma or GED	85.7%	5.2%	3.0%	3.0%	3.0%	118
Some college, trade school, or Associate degree	86.4%	6.7%	5.1%	1.9%	0.0%	126
Bachelor's degree or higher	70.5%	11.4%	7.0%	11.1%	0.0%	109
Results by household income:						
Less than $20,000	78.9%	8.4%	0.0%	7.5%	5.2%	72
$20,000 - $34,999	70.1%	13.5%	10.0%	6.4%	0.0%	63
$35,000 - $49,999	83.3%	3.2%	0.0%	9.6%	3.9%	70
$50,000 - $74,999	91.1%	1.2%	7.7%	0.0%	0.0%	71
$75,000 or more	74.3%	13.5%	6.1%	6.1%	0.0%	88

All Survey Items (weighted data)

25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

Nobles County	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	47.9%	11.8%	10.1%	9.6%	20.5%	413
Results by gender:						
Female	50.3%	7.8%	5.7%	12.2%	24.0%	244
Male	45.5%	15.7%	14.4%	7.2%	17.2%	169
Results by age:						
18-34	48.0%	16.5%	12.9%	8.7%	14.0%	36
35-44	52.8%	15.7%	8.2%	6.3%	17.0%	35
45-54	48.0%	9.2%	10.6%	7.8%	24.3%	60
55-64	47.7%	7.6%	10.4%	13.2%	21.0%	111
65-74	39.7%	6.5%	7.1%	11.7%	35.0%	88
75+	47.7%	9.0%	6.8%	13.6%	22.9%	83
Results by education level:						
Less than HS diploma, no GED	39.2%	22.0%	11.8%	10.0%	17.0%	48
High school diploma or GED	52.8%	14.4%	8.0%	6.0%	18.8%	123
Some college, trade school, or Associate degree	49.2%	13.3%	5.4%	9.9%	22.1%	130
Bachelor's degree or higher	44.3%	4.2%	17.2%	12.9%	21.4%	110
Results by household income:						
Less than $20,000	50.5%	20.3%	7.9%	12.0%	9.2%	77
$20,000 - $34,999	47.0%	11.9%	18.3%	8.1%	14.8%	62
$35,000 - $49,999	50.6%	9.7%	7.8%	7.7%	24.2%	73
$50,000 - $74,999	48.7%	14.2%	9.4%	10.1%	17.5%	73
$75,000 or more	46.4%	9.2%	10.1%	10.9%	23.4%	90

26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

Nobles County	Less than 2 miles %	2-6 miles %	7-10 miles %	11-20 miles %	21-30 miles %	Over 30 miles %	N (Unweighted)
Overall results from 2015	41.1%	26.7%	10.6%	15.2%	4.4%	3.2%	436
Results by gender:							
Female	35.5%	29.3%	12.8%	15.6%	5.6%	3.6%	255
Male	46.4%	24.2%	8.6%	14.9%	3.1%	2.8%	181
Results by age:							
18-34	32.0%	35.8%	13.1%	13.1%	1.8%	6.9%	36
35-44	42.8%	26.8%	10.1%	17.8%	0.0%	2.4%	36
45-54	42.2%	21.4%	7.9%	19.6%	7.9%	1.0%	61
55-64	46.4%	20.5%	13.8%	13.0%	5.3%	2.0%	116
65-74	40.0%	27.0%	7.5%	16.0%	8.2%	3.7%	91
75+	52.1%	21.4%	8.1%	12.1%	6.3%	0.0%	96
Results by education level:							
Less than HS diploma, no GED	52.6%	32.7%	5.3%	6.0%	3.4%	0.0%	50
High school diploma or GED	45.4%	27.4%	9.9%	9.2%	2.9%	5.8%	132
Some college, trade school, or Associate degree	31.4%	26.4%	11.6%	27.1%	4.8%	1.8%	138
Bachelor's degree or higher	43.6%	24.4%	12.0%	11.2%	5.3%	3.6%	112
Results by household income:							
Less than $20,000	68.5%	13.0%	6.9%	9.0%	3.5%	1.0%	80
$20,000 - $34,999	47.3%	39.5%	0.6%	8.5%	4.1%	1.2%	66
$35,000 - $49,999	42.3%	27.6%	7.1%	17.8%	2.1%	6.4%	79
$50,000 - $74,999	26.7%	30.9%	14.7%	22.7%	1.9%	3.0%	76
$75,000 or more	35.2%	25.2%	16.4%	12.1%	8.8%	2.3%	90

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

Nobles County	Never	Less than 1 day per week	1-2 days per week	3-4 days per week	5-6 days per week	Every day	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	1.2%	2.7%	6.8%	19.5%	27.4%	42.3%	427
Results by gender:							
Female	1.4%	1.1%	8.0%	19.9%	30.2%	39.4%	251
Male	1.0%	4.2%	5.6%	19.2%	24.7%	45.2%	176
Results by age:							
18-34	0.0%	5.4%	5.6%	11.9%	37.0%	40.1%	35
35-44	1.8%	4.3%	6.8%	21.0%	23.5%	42.5%	35
45-54	0.0%	0.0%	7.5%	27.5%	19.6%	45.4%	61
55-64	0.9%	1.4%	9.2%	22.1%	28.3%	38.1%	112
65-74	0.0%	2.0%	5.6%	17.1%	25.9%	49.5%	91
75+	6.9%	0.7%	6.4%	20.9%	23.6%	41.5%	93
Results by education level:							
Less than HS diploma, no GED	5.1%	0.0%	9.0%	11.6%	20.0%	54.4%	48
High school diploma or GED	2.0%	1.9%	7.7%	17.3%	22.0%	49.1%	133
Some college, trade school, or Associate degree	0.2%	6.1%	4.8%	19.0%	34.3%	35.5%	130
Bachelor's degree or higher	0.3%	0.5%	7.7%	24.7%	26.7%	40.2%	111
Results by household income:							
Less than $20,000	7.0%	3.9%	8.3%	10.3%	27.8%	42.7%	82
$20,000 - $34,999	0.6%	3.1%	8.5%	24.0%	28.2%	35.6%	63
$35,000 - $49,999	0.3%	0.4%	9.6%	10.3%	20.2%	59.3%	77
$50,000 - $74,999	0.4%	7.6%	4.3%	18.0%	32.1%	37.5%	73
$75,000 or more	0.0%	0.5%	5.5%	32.1%	30.5%	31.5%	90

28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

Nobles County	Very comfortable %	Somewhat comfortable %	Not very comfortable %	Not at all comfortable %	N (Unweighted)
Overall results from 2015	72.5%	18.4%	5.1%	4.0%	435
Results by gender:					
Female	87.8%	7.4%	3.9%	0.8%	256
Male	57.4%	29.2%	6.3%	7.1%	179
Results by age:					
18-34	68.9%	26.7%	3.5%	0.9%	36
35-44	59.3%	25.0%	10.0%	5.6%	35
45-54	78.2%	8.0%	8.2%	5.6%	60
55-64	79.8%	15.3%	1.8%	3.1%	115
65-74	80.6%	10.3%	3.3%	5.9%	91
75+	72.8%	17.4%	3.5%	6.3%	98
Results by education level:					
Less than HS diploma, no GED	65.7%	10.8%	11.1%	12.4%	50
High school diploma or GED	54.1%	29.0%	10.1%	6.8%	133
Some college, trade school, or Associate degree	77.3%	19.7%	2.1%	0.9%	137
Bachelor's degree or higher	86.8%	9.7%	1.6%	1.9%	111
Results by household income:					
Less than $20,000	56.4%	21.9%	6.4%	15.3%	81
$20,000 - $34,999	61.0%	15.8%	23.3%	0.0%	66
$35,000 - $49,999	69.2%	25.2%	0.0%	5.7%	77
$50,000 - $74,999	72.5%	20.8%	4.5%	2.2%	75
$75,000 or more	86.1%	12.0%	1.0%	0.8%	90

28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

Nobles County	Very comfortable %	Somewhat comfortable %	Not very comfortable %	Not at all comfortable %	N (Unweighted)
Overall results from 2015	75.5%	17.2%	3.6%	3.7%	428
Results by gender:					
Female	89.7%	5.5%	3.8%	1.0%	255
Male	60.9%	29.1%	3.5%	6.5%	173
Results by age:					
18-34	72.6%	22.7%	3.7%	0.9%	35
35-44	57.6%	32.3%	6.4%	3.8%	34
45-54	81.6%	9.5%	3.1%	5.8%	59
55-64	79.9%	13.7%	2.4%	4.0%	115
65-74	84.2%	7.8%	2.0%	6.0%	90
75+	83.1%	8.9%	3.7%	4.3%	95
Results by education level:					
Less than HS diploma, no GED	61.6%	28.4%	3.0%	7.0%	47
High school diploma or GED	62.0%	23.6%	5.4%	9.1%	132
Some college, trade school, or Associate degree	77.4%	18.0%	3.9%	0.6%	135
Bachelor's degree or higher	89.9%	6.8%	2.0%	1.3%	111
Results by household income:					
Less than $20,000	57.6%	26.0%	2.8%	13.5%	82
$20,000 - $34,999	66.7%	17.4%	11.0%	4.8%	64
$35,000 - $49,999	72.8%	21.1%	2.9%	3.2%	76
$50,000 - $74,999	75.1%	18.5%	5.0%	1.4%	75
$75,000 or more	87.5%	10.9%	0.5%	1.0%	88

28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

Nobles County	Very comfortable %	Somewhat comfortable %	Not very comfortable %	Not at all comfortable %	N (Unweighted)
Overall results from 2015	77.3%	14.5%	4.6%	3.6%	425
Results by gender:					
Female	88.5%	6.8%	4.2%	0.6%	250
Male	66.4%	22.0%	5.1%	6.5%	175
Results by age:					
18-34	79.1%	16.5%	4.4%	0.0%	36
35-44	63.1%	26.9%	4.4%	5.6%	35
45-54	79.2%	9.6%	5.6%	5.6%	60
55-64	81.7%	11.4%	3.8%	3.1%	115
65-74	82.2%	7.3%	3.3%	7.3%	88
75+	78.8%	11.0%	6.3%	3.8%	91
Results by education level:					
Less than HS diploma, no GED	69.7%	21.4%	2.5%	6.3%	47
High school diploma or GED	71.6%	11.8%	10.3%	6.2%	132
Some college, trade school, or Associate degree	74.6%	20.4%	2.4%	2.6%	132
Bachelor's degree or higher	88.1%	8.2%	2.5%	1.3%	111
Results by household income:					
Less than $20,000	67.6%	13.5%	4.5%	14.3%	79
$20,000 - $34,999	64.2%	16.1%	19.2%	0.5%	65
$35,000 - $49,999	75.4%	18.9%	0.0%	5.7%	75
$50,000 - $74,999	77.8%	15.5%	6.0%	0.7%	74
$75,000 or more	86.7%	11.4%	0.9%	1.0%	89

28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?

Nobles County	Very comfortable %	Somewhat comfortable %	Not very comfortable %	Not at all comfortable %	N (Unweighted)
Overall results from 2015	69.1%	23.3%	5.3%	2.3%	429
Results by gender:					
Female	79.3%	16.4%	3.8%	0.5%	252
Male	59.0%	30.1%	6.8%	4.2%	177
Results by age:					
18-34	67.0%	28.3%	4.7%	0.0%	35
35-44	60.0%	27.9%	12.1%	0.0%	34
45-54	69.3%	20.9%	4.2%	5.6%	60
55-64	78.6%	16.5%	3.2%	1.8%	114
65-74	77.0%	16.6%	1.9%	4.5%	92
75+	65.9%	24.4%	5.3%	4.4%	94
Results by education level:					
Less than HS diploma, no GED	68.8%	25.9%	1.7%	3.7%	48
High school diploma or GED	53.7%	29.5%	11.6%	5.2%	131
Some college, trade school, or Associate degree	69.7%	26.7%	2.9%	0.8%	135
Bachelor's degree or higher	82.1%	13.2%	3.6%	1.1%	110
Results by household income:					
Less than $20,000	59.8%	22.6%	6.1%	11.4%	80
$20,000 - $34,999	55.3%	31.4%	13.3%	0.0%	65
$35,000 - $49,999	73.9%	24.6%	0.3%	1.2%	76
$50,000 - $74,999	61.1%	32.4%	5.1%	1.4%	74
$75,000 or more	80.3%	12.9%	5.8%	1.0%	90

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

Nobles County	Often	Sometimes	Rarely	Never	N
	%	%	%	%	(Unweighted)
Overall results from 2015	1.4%	14.5%	18.0%	66.2%	442
Results by gender:					
Female	1.9%	15.1%	13.2%	69.9%	261
Male	0.9%	13.9%	22.6%	62.6%	181
Results by age:					
18-34	0.0%	14.0%	23.3%	62.7%	36
35-44	2.5%	27.2%	17.3%	53.1%	35
45-54	2.4%	14.9%	25.0%	57.8%	62
55-64	2.4%	12.6%	9.9%	75.1%	116
65-74	1.8%	6.4%	12.1%	79.7%	92
75+	0.0%	7.4%	10.5%	82.1%	101
Results by education level:					
Less than HS diploma, no GED	1.8%	23.3%	14.1%	60.8%	51
High school diploma or GED	2.4%	20.8%	22.3%	54.5%	135
Some college, trade school, or Associate degree	0.5%	15.9%	18.6%	64.9%	139
Bachelor's degree or higher	1.4%	3.5%	14.8%	80.4%	112
Results by household income:					
Less than $20,000	7.9%	35.5%	17.3%	39.3%	83
$20,000 - $34,999	0.0%	31.5%	17.1%	51.4%	67
$35,000 - $49,999	0.0%	12.5%	28.8%	58.8%	78
$50,000 - $74,999	1.9%	9.0%	11.4%	77.7%	76
$75,000 or more	0.0%	2.1%	15.3%	82.6%	90

30. During the past 12 months, have you used a community food shelf program?

Nobles County	Yes	No	N
	%	**%**	**(Unweighted)**
Overall results from 2015	7.0%	93.0%	435
Results by gender:			
Female	3.6%	96.4%	257
Male	10.3%	89.7%	178
Results by age:			
18-34	5.4%	94.6%	35
35-44	11.1%	88.9%	35
45-54	8.1%	91.9%	61
55-64	8.7%	91.3%	116
65-74	3.8%	96.2%	91
75+	3.5%	96.5%	97
Results by education level:			
Less than HS diploma, no GED	22.0%	78.0%	52
High school diploma or GED	13.8%	86.2%	130
Some college, trade school, or Associate degree	2.0%	98.0%	137
Bachelor's degree or higher	0.5%	99.5%	111
Results by household income:			
Less than $20,000	26.9%	73.1%	82
$20,000 - $34,999	10.9%	89.1%	66
$35,000 - $49,999	9.9%	90.1%	77
$50,000 - $74,999	0.0%	100.0%	75
$75,000 or more	0.0%	100.0%	90

31A. There is a large selection of fresh fruits and vegetables where I usually shop.

Nobles County	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	62.4%	36.2%	1.4%	0.1%	436
Results by gender:					
Female	61.9%	36.4%	1.4%	0.3%	258
Male	62.8%	35.9%	1.3%	0.0%	178
Results by age:					
18-34	66.9%	33.1%	0.0%	0.0%	36
35-44	40.3%	53.4%	6.3%	0.0%	35
45-54	70.1%	28.9%	1.0%	0.0%	60
55-64	64.2%	35.4%	0.5%	0.0%	115
65-74	62.7%	35.5%	1.2%	0.6%	92
75+	65.4%	34.0%	0.0%	0.6%	98
Results by education level:					
Less than HS diploma, no GED	55.3%	39.1%	5.7%	0.0%	49
High school diploma or GED	55.6%	44.2%	0.3%	0.0%	133
Some college, trade school, or Associate degree	52.4%	46.9%	0.6%	0.2%	137
Bachelor's degree or higher	83.1%	14.8%	1.8%	0.3%	112
Results by household income:					
Less than $20,000	56.3%	43.7%	0.0%	0.0%	80
$20,000 - $34,999	53.1%	42.0%	4.4%	0.5%	67
$35,000 - $49,999	50.7%	49.3%	0.0%	0.0%	78
$50,000 - $74,999	65.0%	32.7%	1.9%	0.4%	76
$75,000 or more	75.4%	23.4%	1.2%	0.0%	90

31B. The fresh fruits and vegetables available where I usually shop are of high quality.

Nobles County	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	39.6%	52.1%	7.7%	0.5%	436
Results by gender:					
Female	36.8%	53.7%	8.5%	0.9%	256
Male	42.3%	50.6%	7.0%	0.2%	180
Results by age:					
18-34	33.8%	57.5%	8.7%	0.0%	36
35-44	23.3%	58.5%	15.8%	2.5%	35
45-54	47.9%	46.0%	6.2%	0.0%	61
55-64	41.9%	49.3%	8.8%	0.0%	115
65-74	41.4%	56.8%	1.2%	0.6%	92
75+	57.5%	40.4%	1.3%	0.7%	97
Results by education level:					
Less than HS diploma, no GED	50.7%	46.2%	3.2%	0.0%	49
High school diploma or GED	37.6%	52.5%	10.0%	0.0%	134
Some college, trade school, or Associate degree	30.2%	56.1%	13.3%	0.4%	138
Bachelor's degree or higher	48.4%	49.5%	0.7%	1.4%	111
Results by household income:					
Less than $20,000	44.3%	43.8%	11.9%	0.0%	81
$20,000 - $34,999	30.4%	64.9%	4.2%	0.5%	67
$35,000 - $49,999	35.2%	46.7%	18.1%	0.0%	77
$50,000 - $74,999	29.3%	62.6%	6.2%	1.9%	74
$75,000 or more	50.1%	48.7%	1.2%	0.0%	90

31C. The fresh fruits and vegetables where I usually shop are too expensive.

Nobles County	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	16.7%	43.0%	39.2%	1.1%	429
Results by gender:					
Female	14.0%	45.2%	39.6%	1.2%	254
Male	19.5%	40.8%	38.8%	0.9%	175
Results by age:					
18-34	17.4%	39.4%	43.3%	0.0%	35
35-44	33.9%	29.0%	37.1%	0.0%	34
45-54	16.0%	47.3%	36.7%	0.0%	60
55-64	10.8%	50.6%	37.6%	1.0%	115
65-74	13.1%	41.7%	42.6%	2.6%	91
75+	4.3%	54.2%	35.8%	5.7%	94
Results by education level:					
Less than HS diploma, no GED	28.7%	43.6%	25.4%	2.2%	49
High school diploma or GED	17.0%	44.6%	37.3%	1.1%	132
Some college, trade school, or Associate degree	20.0%	46.3%	33.0%	0.7%	133
Bachelor's degree or higher	8.4%	37.3%	53.3%	1.0%	110
Results by household income:					
Less than $20,000	22.9%	42.6%	33.8%	0.7%	78
$20,000 - $34,999	18.5%	59.1%	21.9%	0.5%	66
$35,000 - $49,999	30.7%	34.8%	32.2%	2.2%	74
$50,000 - $74,999	6.9%	42.8%	49.9%	0.4%	76
$75,000 or more	10.1%	39.2%	50.8%	0.0%	89

31D. Fruits and vegetables are difficult to prepare.

Nobles County	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	2.7%	9.6%	57.6%	30.2%	429
Results by gender:					
Female	1.6%	9.5%	53.8%	35.1%	253
Male	3.7%	9.7%	61.2%	25.3%	176
Results by age:					
18-34	0.0%	9.7%	61.6%	28.7%	36
35-44	3.8%	8.9%	67.5%	19.8%	34
45-54	4.7%	10.7%	47.2%	37.4%	60
55-64	2.4%	8.3%	57.9%	31.4%	113
65-74	3.2%	7.0%	54.2%	35.7%	91
75+	4.2%	12.3%	54.0%	29.5%	95
Results by education level:					
Less than HS diploma, no GED	0.0%	35.1%	29.6%	35.3%	47
High school diploma or GED	5.3%	13.0%	62.4%	19.3%	132
Some college, trade school, or Associate degree	0.6%	5.2%	63.9%	30.3%	137
Bachelor's degree or higher	3.4%	2.9%	55.6%	38.1%	109
Results by household income:					
Less than $20,000	1.4%	24.0%	47.7%	27.0%	78
$20,000 - $34,999	3.9%	23.8%	44.2%	28.2%	64
$35,000 - $49,999	4.0%	4.7%	63.8%	27.4%	76
$50,000 - $74,999	1.2%	5.9%	59.7%	33.2%	75
$75,000 or more	2.8%	2.6%	66.3%	28.3%	90

31E. Fruits and vegetables spoil quickly.

Nobles County	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	11.7%	52.3%	30.2%	5.9%	431
Results by gender:					
Female	13.8%	49.5%	29.6%	7.1%	255
Male	9.5%	55.1%	30.8%	4.6%	176
Results by age:					
18-34	11.0%	58.8%	21.1%	9.1%	35
35-44	12.7%	57.7%	27.1%	2.5%	35
45-54	18.1%	50.9%	27.9%	3.1%	60
55-64	9.1%	55.1%	32.3%	3.4%	116
65-74	12.6%	36.1%	43.7%	7.6%	91
75+	3.7%	41.7%	45.4%	9.2%	94
Results by education level:					
Less than HS diploma, no GED	7.0%	51.3%	38.6%	3.1%	49
High school diploma or GED	18.9%	52.8%	24.3%	4.0%	131
Some college, trade school, or Associate degree	12.0%	51.5%	32.0%	4.5%	136
Bachelor's degree or higher	6.3%	52.6%	30.8%	10.3%	111
Results by household income:					
Less than $20,000	17.9%	56.5%	23.8%	1.8%	79
$20,000 - $34,999	8.3%	44.1%	37.5%	10.0%	65
$35,000 - $49,999	14.5%	47.5%	35.0%	3.0%	76
$50,000 - $74,999	13.1%	58.1%	24.5%	4.3%	76
$75,000 or more	6.3%	57.1%	28.4%	8.1%	90

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	73.7%	26.3%	436
Results by gender:			
Female	74.5%	25.5%	256
Male	73.1%	26.9%	180
Results by age:			
18-34	81.9%	18.1%	37
35-44	66.2%	33.8%	36
45-54	73.8%	26.2%	62
55-64	76.0%	24.0%	115
65-74	76.6%	23.4%	91
75+	58.6%	41.4%	95
Results by education level:			
Less than HS diploma, no GED	50.0%	50.0%	50
High school diploma or GED	60.2%	39.8%	133
Some college, trade school, or Associate degree	79.6%	20.4%	138
Bachelor's degree or higher	89.5%	10.5%	111
Results by household income:			
Less than $20,000	42.9%	57.1%	82
$20,000 - $34,999	61.0%	39.0%	66
$35,000 - $49,999	75.7%	24.3%	75
$50,000 - $74,999	87.5%	12.5%	75
$75,000 or more	82.6%	17.4%	90

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

Nobles County	0-4 days %	5 or more days %	N (Unweighted)
Overall results from 2015	80.0%	20.0%	435
Results by gender:			
Female	80.4%	19.6%	256
Male	79.6%	20.4%	179
Results by age:			
18-34	84.7%	15.3%	37
35-44	92.9%	7.1%	36
45-54	75.4%	24.6%	60
55-64	72.3%	27.7%	115
65-74	72.7%	27.3%	91
75+	73.8%	26.2%	96
Results by education level:			
Less than HS diploma, no GED	82.7%	17.3%	49
High school diploma or GED	84.1%	15.9%	133
Some college, trade school, or Associate degree	76.1%	23.9%	137
Bachelor's degree or higher	79.2%	20.8%	112
Results by household income:			
Less than $20,000	76.5%	23.5%	78
$20,000 - $34,999	81.9%	18.1%	67
$35,000 - $49,999	86.8%	13.2%	77
$50,000 - $74,999	82.5%	17.5%	76
$75,000 or more	75.1%	24.9%	90

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

Nobles County	0-2 days %	3 or more days %	N (Unweighted)
Overall results from 2015	77.5%	22.5%	417
Results by gender:			
Female	78.5%	21.5%	243
Male	76.6%	23.4%	174
Results by age:			
18-34	74.7%	25.3%	35
35-44	80.5%	19.5%	35
45-54	70.9%	29.1%	59
55-64	79.6%	20.4%	114
65-74	78.6%	21.4%	87
75+	88.4%	11.6%	87
Results by education level:			
Less than HS diploma, no GED	86.8%	13.2%	44
High school diploma or GED	86.9%	13.1%	126
Some college, trade school, or Associate degree	72.3%	27.7%	132
Bachelor's degree or higher	71.1%	28.9%	111
Results by household income:			
Less than $20,000	78.0%	22.0%	74
$20,000 - $34,999	87.1%	12.9%	62
$35,000 - $49,999	73.6%	26.4%	76
$50,000 - $74,999	79.7%	20.3%	76
$75,000 or more	71.8%	28.2%	87

All Survey Items (weighted data)

35. Where do you usually exercise or do physical activities? (Mark all that apply.)

Nobles County	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N
	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	61.5%	12.3%	16.6%	4.4%	41.3%	4.8%	13.8%	435
Results by gender:								
Female	65.9%	14.7%	19.1%	5.0%	41.5%	3.2%	12.7%	258
Male	57.1%	9.8%	14.0%	3.8%	41.2%	6.3%	14.9%	177
Results by age:								
18-34	63.3%	14.8%	25.6%	1.7%	47.8%	0.0%	12.9%	37
35-44	55.4%	7.5%	13.9%	1.3%	47.3%	8.2%	15.7%	35
45-54	52.9%	12.4%	13.9%	11.8%	44.1%	4.3%	16.4%	60
55-64	65.0%	16.9%	13.7%	2.6%	52.2%	10.1%	9.9%	115
65-74	69.4%	16.8%	14.8%	5.7%	22.3%	5.8%	7.5%	91
75+	67.7%	2.6%	7.5%	4.8%	14.9%	4.8%	19.9%	97
Results by education level:								
Less than HS diploma, no GED	44.6%	6.5%	3.2%	5.7%	17.7%	0.7%	38.8%	50
High school diploma or GED	56.3%	10.3%	5.8%	2.8%	26.5%	7.8%	19.8%	132
Some college, trade school, or Associate degree	66.3%	21.2%	20.9%	3.4%	46.8%	5.5%	9.0%	137
Bachelor's degree or higher	67.7%	4.9%	27.3%	6.9%	58.3%	2.5%	4.9%	111
Results by household income:								
Less than $20,000	38.8%	10.5%	3.8%	8.0%	23.9%	16.6%	35.6%	79
$20,000 - $34,999	52.6%	8.7%	9.0%	1.9%	32.2%	1.6%	21.5%	67
$35,000 - $49,999	65.8%	16.4%	19.4%	3.6%	46.0%	1.3%	11.8%	77
$50,000 - $74,999	73.5%	13.3%	24.4%	5.8%	45.6%	7.4%	3.6%	76
$75,000 or more	62.2%	9.3%	20.9%	3.7%	49.8%	1.2%	10.4%	89

All Survey Items (weighted data)

36A. Please indicate if you have the following resource or facility in your community:
WALKING PATHS OR TRAILS

Nobles County	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2015	4.9%	21.5%	69.3%	4.3%	429
Results by gender:					
Female	3.5%	22.0%	68.9%	5.6%	255
Male	6.4%	20.9%	69.7%	3.0%	174
Results by age:					
18-34	4.4%	23.8%	65.7%	6.1%	37
35-44	5.6%	32.2%	62.2%	0.0%	35
45-54	9.5%	15.9%	70.2%	4.3%	61
55-64	2.5%	19.5%	75.7%	2.4%	113
65-74	1.9%	18.1%	74.7%	5.3%	89
75+	3.5%	15.6%	73.1%	7.8%	94
Results by education level:					
Less than HS diploma, no GED	23.0%	15.7%	50.9%	10.4%	46
High school diploma or GED	6.5%	26.5%	58.2%	8.8%	131
Some college, trade school, or Associate degree	1.2%	22.0%	75.6%	1.2%	136
Bachelor's degree or higher	1.8%	17.9%	78.8%	1.5%	111
Results by household income:					
Less than $20,000	15.8%	17.9%	55.1%	11.2%	78
$20,000 - $34,999	9.7%	20.0%	61.6%	8.7%	67
$35,000 - $49,999	2.5%	14.8%	80.5%	2.2%	77
$50,000 - $74,999	3.1%	30.6%	63.8%	2.6%	76
$75,000 or more	0.8%	22.8%	74.8%	1.6%	88

36A. Do you use the WALKING PATHS OR TRAILS in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	55.9%	44.1%	315
Results by gender:			
Female	55.6%	44.4%	185
Male	56.2%	43.8%	130
Results by age:			
18-34	---	---	26
35-44	---	---	20
45-54	65.0%	35.0%	45
55-64	53.0%	47.0%	83
65-74	38.4%	61.6%	68
75+	20.2%	79.8%	73
Results by education level:			
Less than HS diploma, no GED	44.1%	55.9%	31
High school diploma or GED	37.4%	62.6%	87
Some college, trade school, or Associate degree	52.9%	47.1%	102
Bachelor's degree or higher	77.5%	22.5%	91
Results by household income:			
Less than $20,000	47.9%	52.1%	53
$20,000 - $34,999	50.0%	50.0%	47
$35,000 - $49,999	57.7%	42.3%	56
$50,000 - $74,999	42.9%	57.1%	52
$75,000 or more	71.4%	28.6%	74

**36B. Please indicate if you have the following resource or facility in your community:
BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES**

Nobles County	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2015	5.7%	23.4%	64.9%	6.0%	426
Results by gender:					
Female	1.7%	24.9%	64.5%	8.9%	253
Male	9.8%	21.9%	65.3%	3.1%	173
Results by age:					
18-34	2.6%	25.6%	62.2%	9.6%	37
35-44	11.5%	36.6%	51.9%	0.0%	34
45-54	11.0%	19.3%	66.9%	2.8%	60
55-64	3.7%	19.2%	72.8%	4.3%	115
65-74	2.5%	18.7%	72.2%	6.6%	89
75+	2.8%	16.4%	68.7%	12.0%	91
Results by education level:					
Less than HS diploma, no GED	33.2%	18.2%	34.7%	13.9%	46
High school diploma or GED	8.1%	29.2%	53.3%	9.4%	131
Some college, trade school, or Associate degree	0.4%	21.3%	73.4%	4.9%	133
Bachelor's degree or higher	0.2%	22.0%	76.7%	1.0%	111
Results by household income:					
Less than $20,000	16.9%	17.1%	51.3%	14.7%	78
$20,000 - $34,999	13.6%	22.0%	54.4%	10.1%	66
$35,000 - $49,999	5.5%	14.9%	77.1%	2.6%	76
$50,000 - $74,999	0.7%	30.8%	60.4%	8.1%	75
$75,000 or more	0.8%	28.3%	70.4%	0.5%	88

36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	42.6%	57.4%	303
Results by gender:			
Female	41.9%	58.1%	179
Male	43.4%	56.6%	124
Results by age:			
18-34	---	---	26
35-44	---	---	18
45-54	49.2%	50.8%	39
55-64	45.3%	54.7%	84
65-74	33.2%	66.8%	67
75+	11.6%	88.4%	69
Results by education level:			
Less than HS diploma, no GED	32.7%	67.3%	30
High school diploma or GED	29.9%	70.1%	83
Some college, trade school, or Associate degree	29.3%	70.7%	99
Bachelor's degree or higher	71.2%	28.8%	87
Results by household income:			
Less than $20,000	35.3%	64.7%	54
$20,000 - $34,999	37.8%	62.2%	45
$35,000 - $49,999	41.1%	58.9%	54
$50,000 - $74,999	27.2%	72.8%	52
$75,000 or more	67.2%	32.8%	68

All Survey Items (weighted data)

36C. Please indicate if you have the following resource or facility in your community: PUBLIC SWIMMING POOLS OR WATER PARKS

Nobles County	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2015	6.3%	23.3%	65.6%	4.8%	415
Results by gender:					
Female	4.4%	27.9%	62.0%	5.7%	249
Male	8.2%	18.6%	69.3%	3.9%	166
Results by age:					
18-34	7.9%	23.1%	64.7%	4.4%	37
35-44	9.7%	27.5%	61.4%	1.3%	34
45-54	9.1%	20.9%	66.0%	4.1%	58
55-64	2.9%	21.9%	71.2%	4.0%	110
65-74	0.6%	26.4%	64.1%	8.8%	88
75+	2.3%	21.0%	66.7%	10.0%	88
Results by education level:					
Less than HS diploma, no GED	38.8%	13.3%	37.7%	10.2%	42
High school diploma or GED	6.5%	27.2%	56.0%	10.2%	126
Some college, trade school, or Associate degree	3.0%	20.6%	74.7%	1.7%	132
Bachelor's degree or higher	0.0%	25.9%	72.6%	1.6%	110
Results by household income:					
Less than $20,000	20.8%	15.0%	52.9%	11.3%	71
$20,000 - $34,999	14.6%	21.2%	51.9%	12.3%	66
$35,000 - $49,999	2.6%	21.3%	73.8%	2.3%	73
$50,000 - $74,999	4.9%	27.5%	64.1%	3.5%	76
$75,000 or more	0.0%	26.6%	72.9%	0.5%	88

36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	21.1%	78.9%	288
Results by gender:			
Female	24.2%	75.8%	169
Male	18.2%	81.8%	119
Results by age:			
18-34	---	---	24
35-44	---	---	21
45-54	33.5%	66.5%	39
55-64	9.0%	91.0%	78
65-74	6.6%	93.4%	62
75+	4.3%	95.7%	64
Results by education level:			
Less than HS diploma, no GED	---	---	27
High school diploma or GED	14.8%	85.2%	83
Some college, trade school, or Associate degree	22.9%	77.1%	89
Bachelor's degree or higher	24.1%	75.9%	86
Results by household income:			
Less than $20,000	21.4%	78.6%	49
$20,000 - $34,999	19.8%	80.2%	43
$35,000 - $49,999	20.9%	79.1%	49
$50,000 - $74,999	25.0%	75.0%	51
$75,000 or more	17.3%	82.7%	69

**36D. Please indicate if you have the following resource or facility in your community:
PUBLIC RECREATION OR COMMUNITY CENTERS**

Nobles County	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2015	8.0%	23.8%	61.4%	6.8%	411
Results by gender:					
Female	5.1%	28.1%	58.7%	8.1%	248
Male	11.1%	19.2%	64.3%	5.4%	163
Results by age:					
18-34	6.4%	29.7%	53.8%	10.1%	36
35-44	13.8%	34.7%	51.5%	0.0%	35
45-54	11.6%	19.8%	59.7%	8.9%	59
55-64	5.5%	20.0%	71.5%	3.0%	106
65-74	7.5%	15.1%	72.6%	4.7%	87
75+	1.5%	12.0%	74.9%	11.5%	88
Results by education level:					
Less than HS diploma, no GED	44.0%	8.4%	37.1%	10.6%	45
High school diploma or GED	8.0%	19.4%	59.3%	13.3%	123
Some college, trade school, or Associate degree	4.0%	23.4%	67.6%	5.1%	130
Bachelor's degree or higher	0.4%	34.3%	64.5%	0.8%	108
Results by household income:					
Less than $20,000	19.7%	12.4%	58.1%	9.7%	71
$20,000 - $34,999	22.7%	13.3%	46.5%	17.5%	65
$35,000 - $49,999	7.4%	23.8%	66.6%	2.2%	75
$50,000 - $74,999	0.7%	27.5%	61.0%	10.8%	70
$75,000 or more	2.0%	32.1%	65.9%	0.0%	87

36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	18.6%	81.4%	287
Results by gender:			
Female	13.7%	86.3%	169
Male	23.4%	76.6%	118
Results by age:			
18-34	---	---	21
35-44	---	---	19
45-54	20.6%	79.4%	37
55-64	23.5%	76.5%	75
65-74	18.8%	81.2%	65
75+	15.5%	84.5%	70
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	15.8%	84.2%	88
Some college, trade school, or Associate degree	13.6%	86.4%	86
Bachelor's degree or higher	28.4%	71.6%	81
Results by household income:			
Less than $20,000	23.7%	76.3%	53
$20,000 - $34,999	12.8%	87.2%	42
$35,000 - $49,999	5.9%	94.1%	49
$50,000 - $74,999	18.0%	82.0%	49
$75,000 or more	32.3%	67.7%	63

36E. Please indicate if you have the following resource or facility in your community:
PARKS OR SPORTS FIELDS

Nobles County	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2015	4.2%	5.7%	84.5%	5.6%	411
Results by gender:					
Female	0.6%	6.6%	86.9%	5.9%	244
Male	7.7%	4.9%	82.0%	5.3%	167
Results by age:					
18-34	2.6%	9.4%	82.8%	5.2%	37
35-44	9.9%	0.0%	86.0%	4.0%	34
45-54	7.3%	3.8%	81.7%	7.3%	58
55-64	1.1%	4.8%	91.3%	2.9%	109
65-74	0.6%	8.6%	85.3%	5.5%	87
75+	2.4%	6.1%	81.4%	10.2%	86
Results by education level:					
Less than HS diploma, no GED	24.2%	1.3%	63.0%	11.5%	43
High school diploma or GED	6.1%	10.5%	68.2%	15.2%	123
Some college, trade school, or Associate degree	0.0%	7.0%	92.1%	0.9%	130
Bachelor's degree or higher	0.6%	1.0%	98.1%	0.3%	110
Results by household income:					
Less than $20,000	14.3%	6.9%	67.7%	11.1%	67
$20,000 - $34,999	12.4%	6.0%	71.9%	9.8%	66
$35,000 - $49,999	2.5%	9.7%	79.1%	8.7%	75
$50,000 - $74,999	0.8%	6.2%	90.4%	2.6%	76
$75,000 or more	0.0%	1.7%	97.9%	0.3%	88

36E. Do you use the PARKS OR SPORTS FIELDS in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	48.5%	51.5%	356
Results by gender:			
Female	50.1%	49.9%	211
Male	46.8%	53.2%	145
Results by age:			
18-34	71.0%	29.0%	32
35-44	---	---	29
45-54	35.7%	64.3%	50
55-64	42.3%	57.7%	97
65-74	21.9%	78.1%	76
75+	18.3%	81.7%	72
Results by education level:			
Less than HS diploma, no GED	19.0%	81.0%	34
High school diploma or GED	37.2%	62.8%	102
Some college, trade school, or Associate degree	49.7%	50.3%	112
Bachelor's degree or higher	62.8%	37.2%	105
Results by household income:			
Less than $20,000	20.7%	79.3%	57
$20,000 - $34,999	45.7%	54.3%	55
$35,000 - $49,999	51.0%	49.0%	59
$50,000 - $74,999	52.4%	47.6%	68
$75,000 or more	55.7%	44.3%	85

36F. Please indicate if you have the following resource or facility in your community: SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY

Nobles County	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
	%	%	%	%	(Unweighted)
Overall results from 2015	15.9%	35.2%	41.1%	7.8%	412
Results by gender:					
Female	12.6%	39.7%	35.8%	11.8%	244
Male	19.1%	30.7%	46.3%	4.0%	168
Results by age:					
18-34	9.8%	40.7%	38.9%	10.6%	36
35-44	29.4%	39.2%	30.1%	1.3%	35
45-54	16.8%	38.7%	41.1%	3.3%	58
55-64	12.3%	34.7%	44.7%	8.2%	108
65-74	22.5%	25.4%	44.0%	8.1%	88
75+	9.7%	17.0%	55.9%	17.3%	87
Results by education level:					
Less than HS diploma, no GED	52.9%	13.0%	25.8%	8.3%	44
High school diploma or GED	16.6%	34.7%	36.9%	11.8%	126
Some college, trade school, or Associate degree	12.2%	29.3%	50.1%	8.5%	127
Bachelor's degree or higher	7.7%	49.9%	39.2%	3.2%	110
Results by household income:					
Less than $20,000	31.9%	20.3%	39.2%	8.6%	72
$20,000 - $34,999	31.6%	20.7%	34.1%	13.6%	67
$35,000 - $49,999	20.9%	22.9%	47.9%	8.3%	75
$50,000 - $74,999	8.1%	43.3%	41.7%	7.0%	72
$75,000 or more	4.6%	55.0%	37.7%	2.8%	88

36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	15.6%	84.4%	211
Results by gender:			
Female	11.3%	88.7%	120
Male	19.5%	80.5%	91
Results by age:			
18-34	---	---	16
35-44	---	---	10
45-54	---	---	25
55-64	6.5%	93.5%	54
65-74	8.0%	92.0%	45
75+	10.0%	90.0%	61
Results by education level:			
Less than HS diploma, no GED	---	---	19
High school diploma or GED	7.8%	92.2%	66
Some college, trade school, or Associate degree	14.7%	85.3%	68
Bachelor's degree or higher	21.8%	78.2%	54
Results by household income:			
Less than $20,000	29.4%	70.6%	36
$20,000 - $34,999	7.7%	92.3%	37
$35,000 - $49,999	26.0%	74.0%	39
$50,000 - $74,999	5.6%	94.4%	34
$75,000 or more	13.5%	86.5%	41

**36G. Please indicate if you have the following resource or facility in your community:
SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING**

Nobles County	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2015	10.2%	53.9%	31.8%	4.1%	410
Results by gender:					
Female	5.6%	55.0%	33.4%	6.0%	245
Male	14.8%	52.7%	30.2%	2.3%	165
Results by age:					
18-34	7.9%	67.3%	19.6%	5.2%	37
35-44	22.5%	48.5%	27.7%	1.3%	35
45-54	9.2%	52.0%	38.3%	0.6%	57
55-64	7.0%	52.5%	37.1%	3.5%	109
65-74	9.0%	39.4%	41.9%	9.7%	85
75+	5.6%	42.4%	44.3%	7.7%	87
Results by education level:					
Less than HS diploma, no GED	38.7%	28.4%	22.4%	10.5%	44
High school diploma or GED	7.8%	50.1%	33.7%	8.5%	124
Some college, trade school, or Associate degree	10.3%	56.4%	32.5%	0.8%	127
Bachelor's degree or higher	3.1%	63.3%	31.9%	1.7%	110
Results by household income:					
Less than $20,000	25.8%	31.2%	33.4%	9.5%	72
$20,000 - $34,999	12.5%	42.7%	36.0%	8.8%	65
$35,000 - $49,999	13.8%	53.9%	30.0%	2.3%	72
$50,000 - $74,999	8.1%	63.9%	25.7%	2.3%	75
$75,000 or more	2.0%	64.6%	32.4%	1.0%	87

36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	23.6%	76.4%	176
Results by gender:			
Female	13.2%	86.8%	108
Male	36.5%	63.5%	68
Results by age:			
18-34	---	---	10
35-44	---	---	11
45-54	---	---	20
55-64	19.4%	80.6%	46
65-74	16.0%	84.0%	42
75+	30.0%	70.0%	47
Results by education level:			
Less than HS diploma, no GED	---	---	18
High school diploma or GED	37.5%	62.5%	54
Some college, trade school, or Associate degree	24.1%	75.9%	54
Bachelor's degree or higher	5.9%	94.1%	47
Results by household income:			
Less than $20,000	40.6%	59.4%	35
$20,000 - $34,999	---	---	29
$35,000 - $49,999	---	---	27
$50,000 - $74,999	---	---	23
$75,000 or more	3.6%	96.4%	38

All Survey Items (weighted data)

36H. Please indicate if you have the following resource or facility in your community: HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.)

Nobles County	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
	%	%	%	%	(Unweighted)
Overall results from 2015	5.7%	14.2%	75.6%	4.5%	423
Results by gender:					
Female	0.8%	16.7%	76.8%	5.7%	253
Male	10.6%	11.7%	74.3%	3.3%	170
Results by age:					
18-34	2.6%	11.1%	81.0%	5.2%	37
35-44	13.1%	27.1%	59.8%	0.0%	35
45-54	11.5%	8.6%	76.6%	3.4%	60
55-64	2.7%	11.9%	80.9%	4.4%	113
65-74	0.0%	13.1%	78.8%	8.1%	88
75+	2.3%	18.1%	71.4%	8.2%	90
Results by education level:					
Less than HS diploma, no GED	36.0%	12.0%	39.6%	12.5%	45
High school diploma or GED	6.9%	20.7%	62.9%	9.5%	129
Some college, trade school, or Associate degree	0.4%	13.1%	85.2%	1.3%	133
Bachelor's degree or higher	0.6%	10.0%	88.9%	0.6%	111
Results by household income:					
Less than $20,000	18.6%	12.7%	57.6%	11.2%	75
$20,000 - $34,999	13.2%	11.1%	63.5%	12.2%	67
$35,000 - $49,999	5.9%	13.3%	78.6%	2.2%	76
$50,000 - $74,999	0.8%	15.0%	81.4%	2.9%	76
$75,000 or more	0.0%	16.8%	82.9%	0.3%	88

36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	33.2%	66.8%	333
Results by gender:			
Female	27.6%	72.4%	205
Male	39.5%	60.5%	128
Results by age:			
18-34	41.3%	58.7%	31
35-44	---	---	22
45-54	42.0%	58.0%	45
55-64	24.4%	75.6%	92
65-74	22.8%	77.2%	74
75+	11.2%	88.8%	69
Results by education level:			
Less than HS diploma, no GED	---	---	27
High school diploma or GED	24.8%	75.2%	95
Some college, trade school, or Associate degree	31.6%	68.4%	108
Bachelor's degree or higher	44.0%	56.0%	99
Results by household income:			
Less than $20,000	23.7%	76.3%	56
$20,000 - $34,999	22.4%	77.6%	51
$35,000 - $49,999	39.2%	60.8%	57
$50,000 - $74,999	31.4%	68.6%	62
$75,000 or more	43.8%	56.2%	77

All Survey Items (weighted data)

36I. Please indicate if you have the following resource or facility in your community: NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)

Nobles County	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
	%	%	%	%	(Unweighted)
Overall results from 2015	7.9%	22.0%	65.1%	5.0%	424
Results by gender:					
Female	3.4%	25.6%	65.0%	6.0%	252
Male	12.3%	18.5%	65.3%	3.9%	172
Results by age:					
18-34	6.1%	24.7%	64.0%	5.2%	37
35-44	18.7%	34.7%	46.6%	0.0%	35
45-54	11.5%	12.1%	73.1%	3.4%	60
55-64	3.8%	18.3%	73.5%	4.4%	113
65-74	3.4%	18.3%	72.2%	6.1%	88
75+	0.7%	22.3%	63.0%	14.1%	91
Results by education level:					
Less than HS diploma, no GED	36.8%	10.1%	40.5%	12.5%	46
High school diploma or GED	8.0%	28.8%	53.1%	10.1%	129
Some college, trade school, or Associate degree	6.3%	20.5%	71.2%	2.0%	133
Bachelor's degree or higher	0.0%	21.3%	78.0%	0.7%	111
Results by household income:					
Less than $20,000	20.2%	12.5%	55.3%	12.0%	75
$20,000 - $34,999	14.4%	19.4%	53.7%	12.5%	66
$35,000 - $49,999	10.7%	17.7%	69.0%	2.6%	76
$50,000 - $74,999	4.9%	32.7%	59.8%	2.6%	76
$75,000 or more	0.0%	23.0%	76.5%	0.5%	89

36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

Nobles County	I use this %	I do not use this %	N (Unweighted)
Overall results from 2015	32.5%	67.5%	308
Results by gender:			
Female	27.3%	72.7%	182
Male	38.0%	62.0%	126
Results by age:			
18-34	---	---	25
35-44	---	---	17
45-54	31.5%	68.5%	46
55-64	27.3%	72.7%	84
65-74	28.8%	71.2%	67
75+	5.2%	94.8%	69
Results by education level:			
Less than HS diploma, no GED	21.7%	78.3%	31
High school diploma or GED	30.5%	69.5%	86
Some college, trade school, or Associate degree	28.8%	71.2%	95
Bachelor's degree or higher	41.4%	58.6%	92
Results by household income:			
Less than $20,000	18.8%	81.2%	54
$20,000 - $34,999	29.0%	71.0%	45
$35,000 - $49,999	35.8%	64.2%	52
$50,000 - $74,999	25.5%	74.5%	52
$75,000 or more	42.5%	57.5%	74

37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	28.8%	38.2%	32.9%	405
Results by gender:				
Female	26.9%	39.1%	34.0%	236
Male	30.8%	37.4%	31.9%	169
Results by age:				
18-34	13.8%	36.8%	49.4%	35
35-44	16.8%	31.4%	51.8%	35
45-54	19.8%	54.8%	25.4%	59
55-64	32.5%	43.5%	24.0%	110
65-74	51.1%	37.2%	11.7%	88
75+	82.3%	14.1%	3.5%	78
Results by education level:				
Less than HS diploma, no GED	50.9%	20.5%	28.5%	42
High school diploma or GED	49.3%	28.6%	22.1%	121
Some college, trade school, or Associate degree	17.6%	53.3%	29.1%	130
Bachelor's degree or higher	14.8%	35.3%	49.9%	107
Results by household income:				
Less than $20,000	65.2%	15.1%	19.7%	68
$20,000 - $34,999	45.2%	32.5%	22.3%	65
$35,000 - $49,999	27.8%	31.2%	40.9%	74
$50,000 - $74,999	14.5%	47.7%	37.8%	72
$75,000 or more	12.9%	49.2%	37.9%	88

37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	61.0%	26.9%	12.2%	393
Results by gender:				
Female	60.2%	24.3%	15.5%	227
Male	61.6%	29.3%	9.0%	166
Results by age:				
18-34	59.1%	28.7%	12.2%	36
35-44	47.1%	36.3%	16.6%	34
45-54	65.8%	21.0%	13.2%	58
55-64	58.2%	30.9%	10.9%	108
65-74	78.8%	13.9%	7.3%	86
75+	66.9%	23.7%	9.4%	71
Results by education level:				
Less than HS diploma, no GED	61.7%	23.3%	15.0%	38
High school diploma or GED	70.2%	18.9%	10.9%	116
Some college, trade school, or Associate degree	55.8%	34.9%	9.3%	124
Bachelor's degree or higher	57.3%	27.1%	15.7%	110
Results by household income:				
Less than $20,000	57.8%	21.0%	21.1%	64
$20,000 - $34,999	63.1%	24.9%	12.0%	64
$35,000 - $49,999	66.6%	22.5%	10.9%	70
$50,000 - $74,999	63.6%	31.0%	5.4%	73
$75,000 or more	54.0%	30.2%	15.7%	88

37C. How much of a problem for you is HAVING NO ONE TO EXERCISE WITH in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	59.2%	29.4%	11.4%	398
Results by gender:				
Female	55.7%	31.9%	12.4%	234
Male	62.6%	27.0%	10.4%	164
Results by age:				
18-34	63.3%	27.3%	9.4%	37
35-44	58.5%	32.1%	9.4%	35
45-54	55.6%	28.7%	15.7%	58
55-64	53.6%	34.7%	11.7%	106
65-74	60.9%	26.6%	12.5%	87
75+	62.1%	27.3%	10.6%	75
Results by education level:				
Less than HS diploma, no GED	71.9%	15.8%	12.3%	37
High school diploma or GED	64.2%	24.2%	11.6%	119
Some college, trade school, or Associate degree	57.2%	30.7%	12.1%	126
Bachelor's degree or higher	52.8%	36.9%	10.3%	111
Results by household income:				
Less than $20,000	53.5%	24.7%	21.9%	65
$20,000 - $34,999	77.5%	11.7%	10.8%	66
$35,000 - $49,999	61.9%	26.6%	11.5%	72
$50,000 - $74,999	55.7%	38.2%	6.1%	75
$75,000 or more	53.1%	35.5%	11.4%	86

37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	40.2%	29.2%	30.6%	400
Results by gender:				
Female	33.4%	32.8%	33.7%	234
Male	46.9%	25.6%	27.5%	166
Results by age:				
18-34	43.5%	33.4%	23.1%	37
35-44	37.6%	25.8%	36.5%	35
45-54	31.5%	25.2%	43.3%	58
55-64	29.2%	41.5%	29.3%	109
65-74	48.1%	24.0%	27.9%	88
75+	62.5%	13.6%	23.9%	73
Results by education level:				
Less than HS diploma, no GED	43.2%	25.4%	31.4%	38
High school diploma or GED	49.3%	17.9%	32.8%	116
Some college, trade school, or Associate degree	28.8%	33.3%	37.9%	129
Bachelor's degree or higher	44.7%	34.9%	20.5%	112
Results by household income:				
Less than $20,000	37.0%	15.6%	47.4%	64
$20,000 - $34,999	32.4%	25.6%	42.1%	66
$35,000 - $49,999	52.0%	26.8%	21.3%	74
$50,000 - $74,999	25.0%	43.7%	31.3%	75
$75,000 or more	48.2%	29.5%	22.2%	85

37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	60.8%	24.5%	14.7%	394
Results by gender:				
Female	61.3%	24.2%	14.5%	231
Male	60.3%	24.8%	15.0%	163
Results by age:				
18-34	62.6%	23.8%	13.6%	37
35-44	65.5%	17.9%	16.6%	34
45-54	47.5%	35.6%	16.9%	59
55-64	60.1%	24.2%	15.7%	105
65-74	60.9%	24.6%	14.5%	87
75+	75.5%	15.1%	9.3%	72
Results by education level:				
Less than HS diploma, no GED	63.4%	18.1%	18.5%	40
High school diploma or GED	74.3%	14.8%	10.9%	118
Some college, trade school, or Associate degree	54.6%	32.7%	12.7%	122
Bachelor's degree or higher	53.8%	26.3%	19.9%	109
Results by household income:				
Less than $20,000	61.6%	11.9%	26.4%	68
$20,000 - $34,999	65.4%	21.6%	13.0%	63
$35,000 - $49,999	56.4%	25.9%	17.7%	70
$50,000 - $74,999	72.7%	16.1%	11.2%	72
$75,000 or more	51.9%	36.6%	11.5%	87

37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	78.2%	14.7%	7.0%	406
Results by gender:				
Female	75.0%	16.9%	8.1%	236
Male	81.3%	12.7%	6.0%	170
Results by age:				
18-34	94.8%	5.2%	0.0%	37
35-44	94.3%	5.7%	0.0%	34
45-54	67.5%	23.3%	9.3%	59
55-64	67.7%	19.5%	12.8%	109
65-74	74.5%	15.1%	10.4%	87
75+	43.3%	33.8%	22.9%	80
Results by education level:				
Less than HS diploma, no GED	65.4%	19.6%	15.0%	40
High school diploma or GED	76.6%	15.2%	8.2%	121
Some college, trade school, or Associate degree	78.9%	16.5%	4.6%	130
Bachelor's degree or higher	84.3%	10.0%	5.7%	110
Results by household income:				
Less than $20,000	59.3%	21.0%	19.7%	69
$20,000 - $34,999	75.6%	13.7%	10.7%	66
$35,000 - $49,999	83.7%	12.2%	4.1%	72
$50,000 - $74,999	77.6%	19.7%	2.7%	74
$75,000 or more	86.4%	10.0%	3.6%	87

37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	66.3%	21.5%	12.2%	402
Results by gender:				
Female	61.9%	19.7%	18.4%	236
Male	70.6%	23.2%	6.2%	166
Results by age:				
18-34	66.8%	29.7%	3.5%	37
35-44	59.0%	26.5%	14.5%	35
45-54	72.2%	12.3%	15.6%	60
55-64	62.3%	19.7%	18.0%	108
65-74	67.9%	13.3%	18.8%	88
75+	70.2%	17.4%	12.4%	74
Results by education level:				
Less than HS diploma, no GED	74.8%	12.8%	12.3%	40
High school diploma or GED	60.6%	25.2%	14.2%	119
Some college, trade school, or Associate degree	63.3%	22.6%	14.1%	127
Bachelor's degree or higher	72.1%	19.5%	8.4%	111
Results by household income:				
Less than $20,000	58.0%	19.3%	22.7%	68
$20,000 - $34,999	74.0%	17.0%	8.9%	65
$35,000 - $49,999	73.1%	17.1%	9.7%	72
$50,000 - $74,999	62.9%	30.8%	6.4%	74
$75,000 or more	65.7%	23.1%	11.2%	87

37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	90.2%	7.6%	2.2%	399
Results by gender:				
Female	87.4%	10.1%	2.5%	234
Male	92.8%	5.2%	1.9%	165
Results by age:				
18-34	100.0%	0.0%	0.0%	37
35-44	89.7%	10.3%	0.0%	34
45-54	83.4%	12.6%	4.0%	58
55-64	85.6%	9.4%	5.0%	109
65-74	83.6%	13.2%	3.2%	88
75+	87.8%	8.6%	3.6%	73
Results by education level:				
Less than HS diploma, no GED	94.3%	3.9%	1.8%	39
High school diploma or GED	85.7%	8.3%	6.1%	119
Some college, trade school, or Associate degree	89.1%	10.2%	0.7%	127
Bachelor's degree or higher	94.1%	5.4%	0.4%	110
Results by household income:				
Less than $20,000	82.0%	9.8%	8.3%	66
$20,000 - $34,999	88.3%	9.5%	2.2%	66
$35,000 - $49,999	92.8%	5.1%	2.1%	73
$50,000 - $74,999	86.9%	12.4%	0.7%	72
$75,000 or more	95.9%	3.5%	0.6%	87

37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

Nobles County	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2015	34.0%	44.1%	21.9%	405
Results by gender:				
Female	27.3%	45.0%	27.7%	239
Male	40.6%	43.3%	16.1%	166
Results by age:				
18-34	39.3%	47.8%	12.9%	37
35-44	38.2%	29.0%	32.8%	35
45-54	23.6%	51.0%	25.4%	58
55-64	27.2%	50.4%	22.3%	111
65-74	33.0%	39.1%	27.9%	89
75+	43.9%	38.9%	17.2%	75
Results by education level:				
Less than HS diploma, no GED	68.7%	23.6%	7.6%	38
High school diploma or GED	47.6%	31.2%	21.3%	119
Some college, trade school, or Associate degree	25.0%	54.5%	20.5%	132
Bachelor's degree or higher	21.5%	49.6%	28.9%	111
Results by household income:				
Less than $20,000	49.2%	28.7%	22.1%	67
$20,000 - $34,999	50.2%	35.0%	14.8%	66
$35,000 - $49,999	36.0%	44.4%	19.6%	74
$50,000 - $74,999	28.6%	42.8%	28.6%	75
$75,000 or more	23.3%	56.3%	20.3%	86

37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	75.5%	17.9%	6.7%	403
Results by gender:				
Female	71.8%	21.2%	6.9%	236
Male	79.0%	14.6%	6.4%	167
Results by age:				
18-34	76.9%	14.6%	8.5%	37
35-44	71.1%	26.4%	2.5%	35
45-54	76.1%	13.3%	10.6%	59
55-64	68.2%	25.8%	6.0%	110
65-74	77.1%	17.0%	5.9%	88
75+	88.3%	9.9%	1.8%	74
Results by education level:				
Less than HS diploma, no GED	78.0%	19.8%	2.2%	40
High school diploma or GED	72.9%	17.3%	9.8%	118
Some college, trade school, or Associate degree	74.6%	17.1%	8.3%	129
Bachelor's degree or higher	77.3%	19.1%	3.6%	111
Results by household income:				
Less than $20,000	79.2%	11.4%	9.4%	68
$20,000 - $34,999	71.2%	18.8%	10.0%	66
$35,000 - $49,999	84.2%	12.7%	3.1%	73
$50,000 - $74,999	73.9%	14.9%	11.2%	73
$75,000 or more	68.5%	27.0%	4.6%	88

37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	75.0%	18.2%	6.8%	397
Results by gender:				
Female	74.4%	22.1%	3.5%	231
Male	75.6%	14.4%	10.0%	166
Results by age:				
18-34	73.6%	21.4%	5.0%	37
35-44	79.0%	14.7%	6.4%	34
45-54	74.7%	14.0%	11.3%	58
55-64	69.6%	21.0%	9.4%	110
65-74	73.7%	21.1%	5.3%	87
75+	84.8%	14.3%	0.9%	71
Results by education level:				
Less than HS diploma, no GED	79.0%	10.9%	10.1%	38
High school diploma or GED	66.5%	19.7%	13.9%	118
Some college, trade school, or Associate degree	74.9%	19.3%	5.8%	126
Bachelor's degree or higher	81.2%	18.3%	0.5%	110
Results by household income:				
Less than $20,000	74.8%	15.5%	9.7%	65
$20,000 - $34,999	76.8%	9.8%	13.4%	65
$35,000 - $49,999	73.1%	21.0%	5.9%	73
$50,000 - $74,999	72.3%	19.0%	8.6%	72
$75,000 or more	76.2%	21.2%	2.6%	87

37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	76.8%	15.2%	8.0%	394
Results by gender:				
Female	76.4%	15.7%	7.8%	231
Male	77.1%	14.7%	8.2%	163
Results by age:				
18-34	87.3%	5.9%	6.8%	37
35-44	79.0%	14.7%	6.4%	34
45-54	73.7%	15.8%	10.6%	58
55-64	67.2%	25.2%	7.6%	110
65-74	68.3%	18.0%	13.7%	87
75+	70.2%	26.0%	3.8%	68
Results by education level:				
Less than HS diploma, no GED	82.8%	7.1%	10.1%	37
High school diploma or GED	74.5%	10.1%	15.3%	118
Some college, trade school, or Associate degree	73.9%	18.1%	8.0%	126
Bachelor's degree or higher	79.8%	19.3%	0.9%	110
Results by household income:				
Less than $20,000	72.2%	13.2%	14.6%	65
$20,000 - $34,999	69.2%	13.5%	17.3%	66
$35,000 - $49,999	78.0%	16.2%	5.8%	74
$50,000 - $74,999	76.4%	14.0%	9.5%	71
$75,000 or more	82.2%	15.5%	2.4%	85

37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

Nobles County	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	78.5%	14.2%	7.4%	311
Results by gender:				
Female	78.2%	11.8%	10.0%	178
Male	78.8%	16.3%	4.9%	133
Results by age:				
18-34	93.7%	4.2%	2.1%	32
35-44	---	---	---	24
45-54	74.0%	14.8%	11.2%	46
55-64	71.7%	17.1%	11.1%	83
65-74	73.7%	16.6%	9.7%	68
75+	72.0%	12.2%	15.8%	58
Results by education level:				
Less than HS diploma, no GED	77.3%	10.4%	12.3%	34
High school diploma or GED	71.4%	18.9%	9.7%	88
Some college, trade school, or Associate degree	77.9%	15.3%	6.8%	101
Bachelor's degree or higher	85.1%	10.3%	4.6%	84
Results by household income:				
Less than $20,000	57.2%	21.9%	20.9%	59
$20,000 - $34,999	77.1%	20.8%	2.2%	47
$35,000 - $49,999	79.9%	17.1%	3.0%	56
$50,000 - $74,999	85.1%	12.9%	2.0%	51
$75,000 or more	86.1%	6.9%	7.0%	64

38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities

Nobles County	None %	1 minute - 1 hour %	> 1 hour - 2 hours %	> 2 hours - 3 hours %	> 3 hours - 5 hours %	> 5 hours - 8 hours %	> 8 hours %	N (Unweighted)
Overall results from 2015	5.7%	21.2%	24.6%	17.5%	16.7%	6.0%	8.3%	387
Results by gender:								
Female	3.0%	19.4%	28.3%	16.8%	20.3%	5.5%	6.8%	227
Male	8.4%	23.0%	20.9%	18.2%	13.2%	6.5%	9.8%	160
Results by age:								
18-34	9.9%	25.1%	26.4%	16.1%	11.0%	6.2%	5.3%	36
35-44	0.0%	15.1%	29.0%	12.6%	25.7%	0.0%	17.6%	34
45-54	3.5%	18.2%	34.6%	17.4%	11.9%	7.9%	6.6%	59
55-64	2.8%	23.6%	14.3%	22.0%	21.9%	7.0%	8.4%	107
65-74	2.9%	22.2%	25.7%	19.6%	14.2%	7.0%	8.5%	80
75+	15.3%	20.8%	6.8%	21.0%	22.8%	9.5%	3.8%	71
Results by education level:								
Less than HS diploma, no GED	10.1%	34.7%	25.5%	6.4%	11.5%	2.2%	9.6%	47
High school diploma or GED	12.5%	20.9%	11.2%	20.9%	15.7%	6.4%	12.2%	113
Some college, trade school, or Associate degree	2.8%	16.2%	30.7%	15.7%	16.6%	7.4%	10.5%	120
Bachelor's degree or higher	0.6%	21.9%	30.4%	19.9%	20.3%	5.5%	1.4%	105
Results by household income:								
Less than $20,000	16.4%	15.8%	15.1%	10.2%	17.8%	4.6%	20.1%	73
$20,000 - $34,999	6.9%	26.4%	31.4%	12.9%	12.3%	2.9%	7.1%	55
$35,000 - $49,999	10.4%	29.5%	19.2%	10.6%	14.3%	10.1%	5.8%	63
$50,000 - $74,999	0.0%	7.4%	37.1%	27.1%	11.2%	3.5%	13.8%	71
$75,000 or more	1.3%	24.8%	23.2%	20.2%	22.3%	6.2%	1.9%	85

**39. Have you smoked at least 100 cigarettes in your entire life?
(100 cigarettes = 5 packs)**

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	32.3%	67.7%	437
Results by gender:			
Female	24.8%	75.2%	258
Male	39.9%	60.1%	179
Results by age:			
18-34	20.5%	79.5%	36
35-44	34.0%	66.0%	35
45-54	29.0%	71.0%	62
55-64	44.6%	55.4%	115
65-74	45.6%	54.4%	95
75+	34.5%	65.5%	94
Results by education level:			
Less than HS diploma, no GED	30.4%	69.6%	52
High school diploma or GED	44.5%	55.5%	130
Some college, trade school, or Associate degree	39.2%	60.8%	140
Bachelor's degree or higher	12.5%	87.5%	110
Results by household income:			
Less than $20,000	38.2%	61.8%	79
$20,000 - $34,999	27.6%	72.4%	68
$35,000 - $49,999	34.9%	65.1%	79
$50,000 - $74,999	37.4%	62.6%	75
$75,000 or more	24.6%	75.4%	89

40. Do you now smoke cigarettes every day, some days, or not at all?

Nobles County	Every day %	Some days %	Not at all %	Missing, but responded to follow-up %	N (Unweighted)
Overall results from 2015	12.9%	16.7%	70.4%	0.0%	151
Results by gender:					
Female	15.3%	2.2%	82.5%	0.0%	70
Male	11.4%	25.3%	63.3%	0.0%	81
Results by age:					
18-34	---	---	---	---	6
35-44	---	---	---	---	8
45-54	---	---	---	---	17
55-64	22.7%	7.2%	70.1%	0.0%	52
65-74	5.7%	0.0%	94.3%	0.0%	41
75+	---	---	---	---	27
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	16
High school diploma or GED	8.9%	26.1%	65.1%	0.0%	60
Some college, trade school, or Associate degree	17.8%	5.1%	77.0%	0.0%	56
Bachelor's degree or higher	---	---	---	---	18
Results by household income:					
Less than $20,000	32.2%	17.9%	50.0%	0.0%	35
$20,000 - $34,999	---	---	---	---	21
$35,000 - $49,999	---	---	---	---	24
$50,000 - $74,999	9.2%	19.6%	71.1%	0.0%	32
$75,000 or more	---	---	---	---	25

Smoking status

Nobles County	Current smoker %	Former smoker %	Never smoked %	N (Unweighted)
Overall results from 2015	9.2%	21.9%	68.9%	428
Results by gender:				
Female	4.0%	19.0%	76.9%	254
Male	14.4%	24.8%	60.8%	174
Results by age:				
18-34	11.5%	9.0%	79.5%	36
35-44	15.4%	14.1%	70.5%	33
45-54	5.1%	23.9%	71.0%	62
55-64	13.1%	30.8%	56.1%	113
65-74	2.5%	41.4%	56.1%	92
75+	3.0%	30.5%	66.5%	92
Results by education level:				
Less than HS diploma, no GED	17.5%	12.4%	70.1%	51
High school diploma or GED	15.4%	28.7%	55.8%	128
Some college, trade school, or Associate degree	8.5%	28.6%	62.8%	137
Bachelor's degree or higher	0.5%	10.9%	88.6%	107
Results by household income:				
Less than $20,000	18.6%	18.6%	62.9%	77
$20,000 - $34,999	10.2%	16.7%	73.1%	67
$35,000 - $49,999	12.9%	22.0%	65.1%	79
$50,000 - $74,999	10.6%	26.0%	63.5%	72
$75,000 or more	1.5%	21.3%	77.3%	88

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	71.5%	28.5%	32
Results by gender:			
Female	---	---	11
Male	---	---	21
Results by age:			
18-34	---	---	3
35-44	---	---	4
45-54	---	---	3
55-64	---	---	15
65-74	---	---	4
75+	---	---	3
Results by education level:			
Less than HS diploma, no GED	---	---	6
High school diploma or GED	---	---	13
Some college, trade school, or Associate degree	---	---	11
Bachelor's degree or higher	---	---	2
Results by household income:			
Less than $20,000	---	---	14
$20,000 - $34,999	---	---	4
$35,000 - $49,999	---	---	5
$50,000 - $74,999	---	---	5
$75,000 or more	---	---	2

42. If you have tried to quit smoking cigarettes, why hasn't it worked?

Nobles County	Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	I don't want to quit	I haven't tried to quit	Other reason	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	8.9%	12.6%	9.2%	18.1%	23.1%	40.8%	31
Results by gender:							
Female	---	---	---	---	---	---	11
Male	---	---	---	---	---	---	20
Results by age:							
18-34	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	4
45-54	---	---	---	---	---	---	3
55-64	---	---	---	---	---	---	14
65-74	---	---	---	---	---	---	4
75+	---	---	---	---	---	---	3
Results by education level:							
Less than HS diploma, no GED	---	---	---	---	---	---	6
High school diploma or GED	---	---	---	---	---	---	13
Some college, trade school, or Associate degree	---	---	---	---	---	---	10
Bachelor's degree or higher	---	---	---	---	---	---	2
Results by household income:							
Less than $20,000	---	---	---	---	---	---	13
$20,000 - $34,999	---	---	---	---	---	---	4
$35,000 - $49,999	---	---	---	---	---	---	5
$50,000 - $74,999	---	---	---	---	---	---	5
$75,000 or more	---	---	---	---	---	---	2

43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	13.9%	86.1%	116
Results by gender:			
Female	13.0%	87.0%	58
Male	14.6%	85.4%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	20.0%	80.0%	37
65-74	20.8%	79.2%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	22.1%	77.9%	46
Some college, trade school, or Associate degree	6.1%	93.9%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	11.5%	88.5%	116
Results by gender:			
Female	12.3%	87.7%	58
Male	11.0%	89.0%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	25.4%	74.6%	37
65-74	3.7%	96.3%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	11.6%	88.4%	46
Some college, trade school, or Associate degree	13.0%	87.0%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	1.0%	99.0%	116
Results by gender:			
Female	1.6%	98.4%	58
Male	0.5%	99.5%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	5.0%	95.0%	37
65-74	0.0%	100.0%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	0.8%	99.2%	46
Some college, trade school, or Associate degree	1.7%	98.3%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	1.8%	98.2%	116
Results by gender:			
Female	3.6%	96.4%	58
Male	0.5%	99.5%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	5.0%	95.0%	37
65-74	0.0%	100.0%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	2.6%	97.4%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	0.0%	100.0%	116
Results by gender:			
Female	0.0%	100.0%	58
Male	0.0%	100.0%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	0.0%	100.0%	37
65-74	0.0%	100.0%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	0.0%	100.0%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	0.7%	99.3%	116
Results by gender:			
Female	0.0%	100.0%	58
Male	1.3%	98.7%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	0.0%	100.0%	37
65-74	0.0%	100.0%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	1.9%	98.1%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	0.8%	99.2%	116
Results by gender:			
Female	2.0%	98.0%	58
Male	0.0%	100.0%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	0.0%	100.0%	37
65-74	0.0%	100.0%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	0.0%	100.0%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	81.4%	18.6%	116
Results by gender:			
Female	82.3%	17.7%	58
Male	80.8%	19.2%	58
Results by age:			
18-34	---	---	4
35-44	---	---	7
45-54	---	---	15
55-64	67.8%	32.2%	37
65-74	79.4%	20.6%	30
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	77.1%	22.9%	46
Some college, trade school, or Associate degree	80.9%	19.1%	42
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	---	---	22
$20,000 - $34,999	---	---	17
$35,000 - $49,999	---	---	16
$50,000 - $74,999	---	---	28
$75,000 or more	---	---	22

44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

Nobles County	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	1.4%	1.2%	97.4%	402
Results by gender:				
Female	0.8%	0.8%	98.4%	239
Male	2.0%	1.6%	96.4%	163
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	0.0%	2.8%	97.2%	31
45-54	1.1%	3.0%	95.9%	59
55-64	4.3%	1.4%	94.2%	106
65-74	3.4%	0.0%	96.6%	84
75+	1.7%	0.0%	98.3%	85
Results by education level:				
Less than HS diploma, no GED	2.2%	0.0%	97.8%	46
High school diploma or GED	3.8%	1.3%	94.9%	119
Some college, trade school, or Associate degree	0.2%	0.4%	99.3%	127
Bachelor's degree or higher	0.2%	2.4%	97.4%	106
Results by household income:				
Less than $20,000	6.5%	2.9%	90.5%	75
$20,000 - $34,999	0.0%	0.0%	100.0%	61
$35,000 - $49,999	0.4%	0.0%	99.6%	66
$50,000 - $74,999	1.5%	3.5%	95.0%	71
$75,000 or more	0.5%	0.5%	98.9%	88

Cigar smoking status

Nobles County	Current smoker	Non-smoker	N
	%	%	(Unweighted)
Overall results from 2015	2.6%	97.4%	402
Results by gender:			
Female	1.6%	98.4%	239
Male	3.6%	96.4%	163
Results by age:			
18-34	0.0%	100.0%	37
35-44	2.8%	97.2%	31
45-54	4.1%	95.9%	59
55-64	5.8%	94.2%	106
65-74	3.4%	96.6%	84
75+	1.7%	98.3%	85
Results by education level:			
Less than HS diploma, no GED	2.2%	97.8%	46
High school diploma or GED	5.1%	94.9%	119
Some college, trade school, or Associate degree	0.7%	99.3%	127
Bachelor's degree or higher	2.6%	97.4%	106
Results by household income:			
Less than $20,000	9.5%	90.5%	75
$20,000 - $34,999	0.0%	100.0%	61
$35,000 - $49,999	0.4%	99.6%	66
$50,000 - $74,999	5.0%	95.0%	71
$75,000 or more	1.1%	98.9%	88

44B. How often do you use PIPES?

Nobles County	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	0.0%	0.5%	99.5%	395
Results by gender:				
Female	0.0%	0.0%	100.0%	236
Male	0.0%	1.0%	99.0%	159
Results by age:				
18-34	0.0%	0.0%	100.0%	36
35-44	0.0%	0.0%	100.0%	32
45-54	0.0%	1.5%	98.5%	58
55-64	0.0%	1.5%	98.5%	105
65-74	0.0%	0.0%	100.0%	83
75+	0.0%	0.0%	100.0%	81
Results by education level:				
Less than HS diploma, no GED	0.0%	0.0%	100.0%	46
High school diploma or GED	0.0%	0.9%	99.1%	114
Some college, trade school, or Associate degree	0.0%	0.0%	100.0%	126
Bachelor's degree or higher	0.0%	1.0%	99.0%	105
Results by household income:				
Less than $20,000	0.0%	0.6%	99.4%	72
$20,000 - $34,999	0.0%	0.0%	100.0%	61
$35,000 - $49,999	0.0%	0.0%	100.0%	67
$50,000 - $74,999	0.0%	2.2%	97.8%	69
$75,000 or more	0.0%	0.0%	100.0%	86

Pipe smoking status

Nobles County	Current smoker %	Non-smoker %	N (Unweighted)
Overall results from 2015	0.5%	99.5%	395
Results by gender:			
Female	0.0%	100.0%	236
Male	1.0%	99.0%	159
Results by age:			
18-34	0.0%	100.0%	36
35-44	0.0%	100.0%	32
45-54	1.5%	98.5%	58
55-64	1.5%	98.5%	105
65-74	0.0%	100.0%	83
75+	0.0%	100.0%	81
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	46
High school diploma or GED	0.9%	99.1%	114
Some college, trade school, or Associate degree	0.0%	100.0%	126
Bachelor's degree or higher	1.0%	99.0%	105
Results by household income:			
Less than $20,000	0.6%	99.4%	72
$20,000 - $34,999	0.0%	100.0%	61
$35,000 - $49,999	0.0%	100.0%	67
$50,000 - $74,999	2.2%	97.8%	69
$75,000 or more	0.0%	100.0%	86

44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

Nobles County	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	3.2%	2.0%	94.7%	392
Results by gender:				
Female	0.0%	0.0%	100.0%	235
Male	6.7%	4.2%	89.1%	157
Results by age:				
18-34	5.6%	5.6%	88.8%	35
35-44	4.0%	0.0%	96.0%	32
45-54	1.5%	1.5%	97.0%	58
55-64	1.0%	1.0%	98.0%	104
65-74	3.6%	0.0%	96.4%	82
75+	1.8%	0.0%	98.2%	81
Results by education level:				
Less than HS diploma, no GED	6.2%	0.0%	93.8%	45
High school diploma or GED	2.4%	6.1%	91.5%	114
Some college, trade school, or Associate degree	1.0%	0.5%	98.5%	125
Bachelor's degree or higher	5.6%	1.0%	93.3%	104
Results by household income:				
Less than $20,000	3.9%	0.0%	96.1%	72
$20,000 - $34,999	0.0%	0.0%	100.0%	59
$35,000 - $49,999	4.1%	0.0%	95.9%	65
$50,000 - $74,999	1.0%	9.8%	89.2%	71
$75,000 or more	6.3%	0.0%	93.7%	86

All Survey Items (weighted data)

Smokeless tobacco status

Nobles County	Current user %	Non-user %	N (Unweighted)
Overall results from 2015	5.3%	94.7%	392
Results by gender:			
Female	0.0%	100.0%	235
Male	10.9%	89.1%	157
Results by age:			
18-34	11.2%	88.8%	35
35-44	4.0%	96.0%	32
45-54	3.0%	97.0%	58
55-64	2.0%	98.0%	104
65-74	3.6%	96.4%	82
75+	1.8%	98.2%	81
Results by education level:			
Less than HS diploma, no GED	6.2%	93.8%	45
High school diploma or GED	8.5%	91.5%	114
Some college, trade school, or Associate degree	1.5%	98.5%	125
Bachelor's degree or higher	6.7%	93.3%	104
Results by household income:			
Less than $20,000	3.9%	96.1%	72
$20,000 - $34,999	0.0%	100.0%	59
$35,000 - $49,999	4.1%	95.9%	65
$50,000 - $74,999	10.8%	89.2%	71
$75,000 or more	6.3%	93.7%	86

44D. How often do you use E-CIGARETTES?

Nobles County	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	0.2%	1.1%	98.6%	392
Results by gender:				
Female	0.4%	0.7%	98.9%	236
Male	0.0%	1.6%	98.4%	156
Results by age:				
18-34	0.0%	0.0%	100.0%	36
35-44	0.0%	4.3%	95.7%	30
45-54	1.1%	0.0%	98.9%	59
55-64	0.0%	3.2%	96.8%	105
65-74	0.0%	0.0%	100.0%	81
75+	0.0%	0.0%	100.0%	81
Results by education level:				
Less than HS diploma, no GED	2.2%	6.5%	91.3%	45
High school diploma or GED	0.0%	1.2%	98.8%	115
Some college, trade school, or Associate degree	0.0%	0.5%	99.5%	125
Bachelor's degree or higher	0.0%	0.0%	100.0%	103
Results by household income:				
Less than $20,000	1.7%	0.6%	97.7%	72
$20,000 - $34,999	0.0%	4.9%	95.1%	60
$35,000 - $49,999	0.0%	1.2%	98.8%	67
$50,000 - $74,999	0.0%	0.9%	99.1%	67
$75,000 or more	0.0%	0.0%	100.0%	86

All Survey Items (weighted data)

E-cigarette status

Nobles County	Current user	Non-user	N
	%	**%**	**(Unweighted)**
Overall results from 2015	1.4%	98.6%	392
Results by gender:			
Female	1.1%	98.9%	236
Male	1.6%	98.4%	156
Results by age:			
18-34	0.0%	100.0%	36
35-44	4.3%	95.7%	30
45-54	1.1%	98.9%	59
55-64	3.2%	96.8%	105
65-74	0.0%	100.0%	81
75+	0.0%	100.0%	81
Results by education level:			
Less than HS diploma, no GED	8.7%	91.3%	45
High school diploma or GED	1.2%	98.8%	115
Some college, trade school, or Associate degree	0.5%	99.5%	125
Bachelor's degree or higher	0.0%	100.0%	103
Results by household income:			
Less than $20,000	2.3%	97.7%	72
$20,000 - $34,999	4.9%	95.1%	60
$35,000 - $49,999	1.2%	98.8%	67
$50,000 - $74,999	0.9%	99.1%	67
$75,000 or more	0.0%	100.0%	86

44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

Nobles County	Every day	Some days	Not at all	N
	%	%	%	(Unweighted)
Overall results from 2015	2.1%	2.4%	95.5%	387
Results by gender:				
Female	2.3%	0.7%	97.0%	235
Male	1.9%	4.3%	93.8%	152
Results by age:				
18-34	0.0%	6.6%	93.4%	35
35-44	2.8%	0.0%	97.2%	31
45-54	4.1%	1.5%	94.4%	58
55-64	4.9%	1.0%	94.2%	102
65-74	0.0%	0.7%	99.3%	82
75+	0.8%	0.0%	99.2%	79
Results by education level:				
Less than HS diploma, no GED	9.4%	0.0%	90.6%	45
High school diploma or GED	1.2%	6.0%	92.7%	112
Some college, trade school, or Associate degree	2.2%	1.3%	96.5%	125
Bachelor's degree or higher	0.0%	1.1%	98.9%	101
Results by household income:				
Less than $20,000	9.5%	0.6%	90.0%	69
$20,000 - $34,999	3.9%	0.0%	96.1%	61
$35,000 - $49,999	0.0%	9.7%	90.3%	66
$50,000 - $74,999	0.9%	1.4%	97.7%	68
$75,000 or more	0.9%	0.0%	99.1%	85

All Survey Items (weighted data)

Other tobacco status

Nobles County	Current user	Non-user	N
	%	%	(Unweighted)
Overall results from 2015	4.5%	95.5%	387
Results by gender:			
Female	3.0%	97.0%	235
Male	6.2%	93.8%	152
Results by age:			
18-34	6.6%	93.4%	35
35-44	2.8%	97.2%	31
45-54	5.6%	94.4%	58
55-64	5.8%	94.2%	102
65-74	0.7%	99.3%	82
75+	0.8%	99.2%	79
Results by education level:			
Less than HS diploma, no GED	9.4%	90.6%	45
High school diploma or GED	7.3%	92.7%	112
Some college, trade school, or Associate degree	3.5%	96.5%	125
Bachelor's degree or higher	1.1%	98.9%	101
Results by household income:			
Less than $20,000	10.0%	90.0%	69
$20,000 - $34,999	3.9%	96.1%	61
$35,000 - $49,999	9.7%	90.3%	66
$50,000 - $74,999	2.3%	97.7%	68
$75,000 or more	0.9%	99.1%	85

Any tobacco use status

Nobles County	Current user of tobacco	Current non-user of tobacco	N
	%	%	(Unweighted)
Overall results from 2015	13.3%	86.7%	443
Results by gender:			
Female	5.4%	94.6%	260
Male	21.1%	78.9%	183
Results by age:			
18-34	16.0%	84.0%	37
35-44	19.6%	80.4%	36
45-54	8.9%	91.1%	62
55-64	17.3%	82.7%	116
65-74	7.4%	92.6%	95
75+	5.0%	95.0%	97
Results by education level:			
Less than HS diploma, no GED	24.2%	75.8%	53
High school diploma or GED	18.9%	81.1%	132
Some college, trade school, or Associate degree	10.0%	90.0%	141
Bachelor's degree or higher	7.9%	92.1%	112
Results by household income:			
Less than $20,000	22.7%	77.3%	82
$20,000 - $34,999	10.1%	89.9%	68
$35,000 - $49,999	17.0%	83.0%	79
$50,000 - $74,999	16.3%	83.7%	76
$75,000 or more	8.0%	92.0%	90

44F. How often do you use MARIJUANA?

Nobles County	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	0.1%	0.0%	99.9%	389
Results by gender:				
Female	0.0%	0.0%	100.0%	233
Male	0.2%	0.0%	99.8%	156
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	0.0%	0.0%	100.0%	30
45-54	0.0%	0.0%	100.0%	60
55-64	0.5%	0.0%	99.5%	104
65-74	0.0%	0.0%	100.0%	80
75+	0.0%	0.0%	100.0%	78
Results by education level:				
Less than HS diploma, no GED	0.0%	0.0%	100.0%	43
High school diploma or GED	0.3%	0.0%	99.7%	114
Some college, trade school, or Associate degree	0.0%	0.0%	100.0%	124
Bachelor's degree or higher	0.0%	0.0%	100.0%	104
Results by household income:				
Less than $20,000	0.6%	0.0%	99.4%	71
$20,000 - $34,999	0.0%	0.0%	100.0%	59
$35,000 - $49,999	0.0%	0.0%	100.0%	65
$50,000 - $74,999	0.0%	0.0%	100.0%	70
$75,000 or more	0.0%	0.0%	100.0%	85

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	3.5%	96.5%	430
Results by gender:			
Female	4.2%	95.8%	252
Male	2.7%	97.3%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	1.8%	98.2%	36
45-54	4.7%	95.3%	60
55-64	10.0%	90.0%	115
65-74	4.9%	95.1%	93
75+	1.6%	98.4%	90
Results by education level:			
Less than HS diploma, no GED	6.5%	93.5%	50
High school diploma or GED	5.3%	94.7%	131
Some college, trade school, or Associate degree	3.3%	96.7%	139
Bachelor's degree or higher	0.5%	99.5%	107
Results by household income:			
Less than $20,000	10.4%	89.6%	80
$20,000 - $34,999	4.5%	95.5%	66
$35,000 - $49,999	3.7%	96.3%	77
$50,000 - $74,999	2.7%	97.3%	73
$75,000 or more	0.0%	100.0%	88

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	8.9%	91.1%	434
Results by gender:			
Female	7.3%	92.7%	253
Male	10.4%	89.6%	181
Results by age:			
18-34	10.1%	89.9%	37
35-44	10.0%	90.0%	35
45-54	7.2%	92.8%	61
55-64	12.0%	88.0%	115
65-74	6.1%	93.9%	92
75+	5.0%	95.0%	94
Results by education level:			
Less than HS diploma, no GED	4.0%	96.0%	49
High school diploma or GED	11.8%	88.2%	131
Some college, trade school, or Associate degree	14.1%	85.9%	139
Bachelor's degree or higher	1.6%	98.4%	110
Results by household income:			
Less than $20,000	11.1%	88.9%	80
$20,000 - $34,999	7.2%	92.8%	67
$35,000 - $49,999	14.5%	85.5%	76
$50,000 - $74,999	12.8%	87.2%	75
$75,000 or more	1.6%	98.4%	90

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	23.1%	76.9%	437
Results by gender:			
Female	23.3%	76.7%	255
Male	22.9%	77.1%	182
Results by age:			
18-34	24.0%	76.0%	37
35-44	21.5%	78.5%	36
45-54	25.6%	74.4%	61
55-64	33.1%	66.9%	115
65-74	17.8%	82.2%	94
75+	9.6%	90.4%	94
Results by education level:			
Less than HS diploma, no GED	15.6%	84.4%	52
High school diploma or GED	22.4%	77.6%	130
Some college, trade school, or Associate degree	34.8%	65.2%	139
Bachelor's degree or higher	13.3%	86.7%	111
Results by household income:			
Less than $20,000	25.2%	74.8%	81
$20,000 - $34,999	26.4%	73.6%	68
$35,000 - $49,999	28.2%	71.8%	78
$50,000 - $74,999	21.8%	78.2%	75
$75,000 or more	19.4%	80.6%	90

48. The last time this happened in Minnesota, where were you?

Nobles County	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	23.1%	8.0%	8.7%	26.5%	6.0%	31.0%	28.2%	28.8%	95
Results by gender:									
Female	30.9%	10.4%	15.8%	22.2%	11.5%	30.7%	39.5%	24.2%	48
Male	15.6%	5.7%	1.8%	30.6%	0.6%	31.3%	17.2%	33.2%	47
Results by age:									
18-34	---	---	---	---	---	---	---	---	9
35-44	---	---	---	---	---	---	---	---	8
45-54	---	---	---	---	---	---	---	---	16
55-64	19.8%	1.4%	4.1%	14.3%	1.4%	20.0%	39.5%	27.3%	38
65-74	---	---	---	---	---	---	---	---	16
75+	---	---	---	---	---	---	---	---	8
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	8
High school diploma or GED	---	---	---	---	---	---	---	---	26
Some college, trade school, or Associate degree	20.0%	2.2%	5.3%	21.2%	1.7%	26.8%	21.9%	28.5%	43
Bachelor's degree or higher	---	---	---	---	---	---	---	---	18
Results by household income:									
Less than $20,000	---	---	---	---	---	---	---	---	20
$20,000 - $34,999	---	---	---	---	---	---	---	---	14
$35,000 - $49,999	---	---	---	---	---	---	---	---	19
$50,000 - $74,999	---	---	---	---	---	---	---	---	19
$75,000 or more	---	---	---	---	---	---	---	---	19

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	39.1%	60.9%	415
Results by gender:			
Female	37.2%	62.8%	246
Male	40.9%	59.1%	169
Results by age:			
18-34	52.9%	47.1%	36
35-44	40.7%	59.3%	34
45-54	36.1%	63.9%	59
55-64	34.5%	65.5%	108
65-74	36.3%	63.7%	91
75+	13.4%	86.6%	87
Results by education level:			
Less than HS diploma, no GED	22.8%	77.2%	51
High school diploma or GED	42.8%	57.2%	120
Some college, trade school, or Associate degree	37.2%	62.8%	134
Bachelor's degree or higher	44.4%	55.6%	106
Results by household income:			
Less than $20,000	42.1%	57.9%	76
$20,000 - $34,999	39.6%	60.4%	65
$35,000 - $49,999	35.3%	64.7%	74
$50,000 - $74,999	44.0%	56.0%	73
$75,000 or more	42.3%	57.7%	85

All Survey Items (weighted data)

50. Where have you seen people smoke e-cigarettes in Minnesota?

Nobles County	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N (Unweighted)
	%	%	%	%	%	%	%	%	%	%	
Overall results from 2015	36.3%	21.9%	31.6%	24.1%	32.4%	38.4%	11.5%	28.2%	14.8%	34.4%	134
Results by gender:											
Female	29.1%	11.5%	26.9%	16.3%	25.8%	26.8%	11.2%	30.1%	17.3%	31.5%	76
Male	42.6%	31.0%	35.8%	31.0%	38.1%	48.6%	11.7%	26.6%	12.6%	37.0%	58
Results by age:											
18-34	---	---	---	---	---	---	---	---	---	---	19
35-44	---	---	---	---	---	---	---	---	---	---	14
45-54	---	---	---	---	---	---	---	---	---	---	22
55-64	43.8%	22.4%	18.6%	14.4%	33.6%	22.0%	17.2%	28.0%	23.8%	21.4%	36
65-74	25.3%	3.8%	13.7%	14.0%	13.8%	27.8%	6.1%	14.1%	13.8%	33.6%	32
75+	---	---	---	---	---	---	---	---	---	---	11
Results by education level:											
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	---	10
High school diploma or GED	27.2%	42.5%	31.7%	26.7%	49.4%	35.6%	20.6%	33.7%	6.5%	26.8%	37
Some college, trade school, or Associate degree	43.5%	25.6%	42.8%	26.4%	35.6%	30.0%	8.1%	35.5%	26.1%	31.6%	44
Bachelor's degree or higher	35.7%	1.0%	24.2%	23.2%	19.6%	45.0%	7.9%	19.3%	11.8%	43.0%	41
Results by household income:											
Less than $20,000	---	---	---	---	---	---	---	---	---	---	28
$20,000 - $34,999	---	---	---	---	---	---	---	---	---	---	20
$35,000 - $49,999	---	---	---	---	---	---	---	---	---	---	22
$50,000 - $74,999	---	---	---	---	---	---	---	---	---	---	28
$75,000 or more	28.1%	13.6%	40.0%	26.4%	14.7%	31.9%	11.6%	15.4%	7.0%	30.0%	31

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	58.9%	41.1%	436
Results by gender:			
Female	50.5%	49.5%	256
Male	67.1%	32.9%	180
Results by age:			
18-34	64.5%	35.5%	37
35-44	61.1%	38.9%	35
45-54	59.4%	40.6%	62
55-64	68.5%	31.5%	116
65-74	54.3%	45.7%	92
75+	30.2%	69.8%	94
Results by education level:			
Less than HS diploma, no GED	33.0%	67.0%	50
High school diploma or GED	49.4%	50.6%	131
Some college, trade school, or Associate degree	62.9%	37.1%	139
Bachelor's degree or higher	74.7%	25.3%	111
Results by household income:			
Less than $20,000	30.5%	69.5%	83
$20,000 - $34,999	30.4%	69.6%	67
$35,000 - $49,999	68.1%	31.9%	76
$50,000 - $74,999	68.5%	31.5%	76
$75,000 or more	78.9%	21.1%	89

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Nobles County	1-2 days %	3-5 days %	6-10 days %	11-20 days %	21-30 days %	N (Unweighted)
Overall results from 2015	29.4%	36.1%	13.7%	10.7%	10.0%	206
Results by gender:						
Female	29.2%	43.8%	14.6%	6.6%	5.8%	112
Male	29.6%	30.1%	13.0%	13.9%	13.3%	94
Results by age:						
18-34	---	---	---	---	---	19
35-44	---	---	---	---	---	17
45-54	23.7%	36.8%	17.7%	17.7%	4.2%	36
55-64	27.8%	21.9%	19.4%	13.4%	17.4%	70
65-74	29.2%	21.9%	22.2%	14.6%	12.1%	45
75+	---	---	---	---	---	19
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	13
High school diploma or GED	39.9%	38.6%	7.0%	1.9%	12.7%	50
Some college, trade school, or Associate degree	33.2%	37.2%	11.6%	10.9%	7.2%	74
Bachelor's degree or higher	13.3%	34.8%	20.9%	18.5%	12.5%	69
Results by household income:						
Less than $20,000	---	---	---	---	---	20
$20,000 - $34,999	---	---	---	---	---	22
$35,000 - $49,999	45.5%	38.7%	7.4%	4.5%	3.9%	40
$50,000 - $74,999	31.8%	36.5%	10.2%	13.4%	8.1%	48
$75,000 or more	11.7%	35.2%	24.3%	14.9%	14.0%	63

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

Nobles County	One %	Two %	Three %	Four or more %	N (Unweighted)
Overall results from 2015	51.2%	23.1%	16.8%	8.9%	224
Results by gender:					
Female	53.5%	26.8%	13.7%	6.0%	119
Male	49.5%	20.5%	19.0%	10.9%	105
Results by age:					
18-34	---	---	---	---	19
35-44	---	---	---	---	19
45-54	42.6%	27.5%	9.1%	20.7%	37
55-64	46.6%	27.4%	20.0%	6.1%	72
65-74	62.6%	21.9%	14.3%	1.2%	48
75+	---	---	---	---	29
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	14
High school diploma or GED	58.5%	23.7%	7.6%	10.3%	55
Some college, trade school, or Associate degree	42.4%	25.8%	20.8%	11.1%	81
Bachelor's degree or higher	59.2%	17.1%	18.9%	4.8%	74
Results by household income:					
Less than $20,000	---	---	---	---	22
$20,000 - $34,999	---	---	---	---	22
$35,000 - $49,999	54.4%	33.7%	8.7%	3.3%	48
$50,000 - $74,999	55.8%	12.9%	28.1%	3.3%	52
$75,000 or more	42.4%	21.8%	19.0%	16.8%	66

All Survey Items (weighted data)

Number of drinks in past 30 days

Nobles County	1-2 drinks %	3-4 drinks %	5-9 drinks %	10-19 drinks %	20-29 drinks %	30-59 drinks %	60 or more drinks %	N (Unweighted)
Overall results from 2015	25.5%	11.0%	18.5%	16.3%	8.8%	17.0%	2.9%	203
Results by gender:								
Female	22.9%	16.1%	26.7%	12.0%	10.4%	8.8%	3.2%	109
Male	27.4%	7.1%	12.5%	19.4%	7.7%	23.1%	2.7%	94
Results by age:								
18-34	---	---	---	---	---	---	---	18
35-44	---	---	---	---	---	---	---	17
45-54	22.8%	1.8%	13.4%	30.3%	12.0%	15.6%	4.2%	36
55-64	23.4%	11.0%	11.6%	18.3%	9.0%	16.9%	9.7%	68
65-74	21.7%	12.3%	23.1%	13.8%	18.2%	8.6%	2.4%	45
75+	---	---	---	---	---	---	---	19
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	13
High school diploma or GED	37.9%	6.6%	25.1%	6.5%	9.5%	12.3%	2.1%	49
Some college, trade school, or Associate degree	30.1%	5.5%	16.3%	23.4%	7.8%	13.0%	4.0%	73
Bachelor's degree or higher	8.1%	20.7%	17.0%	17.4%	8.0%	25.8%	3.0%	68
Results by household income:								
Less than $20,000	---	---	---	---	---	---	---	20
$20,000 - $34,999	---	---	---	---	---	---	---	21
$35,000 - $49,999	41.2%	24.2%	19.1%	4.4%	2.9%	6.3%	1.9%	39
$50,000 - $74,999	26.5%	7.9%	15.0%	30.5%	5.3%	8.7%	6.1%	48
$75,000 or more	9.6%	4.3%	20.7%	18.5%	14.3%	30.8%	1.8%	62

Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

Nobles County	Heavy drinking %	No drinking or not heavy %	N (Unweighted)
Overall results from 2015	3.7%	96.3%	409
Results by gender:			
Female	5.7%	94.3%	241
Male	1.8%	98.2%	168
Results by age:			
18-34	0.0%	100.0%	35
35-44	6.5%	93.5%	33
45-54	4.5%	95.5%	60
55-64	9.7%	90.3%	109
65-74	2.5%	97.5%	89
75+	0.0%	100.0%	83
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	48
High school diploma or GED	1.4%	98.6%	123
Some college, trade school, or Associate degree	6.4%	93.6%	129
Bachelor's degree or higher	4.4%	95.6%	104
Results by household income:			
Less than $20,000	1.1%	98.9%	80
$20,000 - $34,999	0.0%	100.0%	64
$35,000 - $49,999	4.3%	95.7%	66
$50,000 - $74,999	6.9%	93.1%	72
$75,000 or more	5.0%	95.0%	84

Type of drinking behavior

Nobles County	Heavy drinking %	Drinking, but not heavy %	No drinking %	N (Unweighted)
Overall results from 2015	3.7%	52.5%	43.8%	409
Results by gender:				
Female	5.7%	42.1%	52.1%	241
Male	1.8%	62.9%	35.4%	168
Results by age:				
18-34	0.0%	61.5%	38.5%	35
35-44	6.5%	52.6%	40.9%	33
45-54	4.5%	53.8%	41.6%	60
55-64	9.7%	56.8%	33.4%	109
65-74	2.5%	50.6%	46.9%	89
75+	0.0%	19.5%	80.5%	83
Results by education level:				
Less than HS diploma, no GED	0.0%	31.4%	68.6%	48
High school diploma or GED	1.4%	46.2%	52.4%	123
Some college, trade school, or Associate degree	6.4%	53.5%	40.1%	129
Bachelor's degree or higher	4.4%	67.9%	27.6%	104
Results by household income:				
Less than $20,000	1.1%	27.7%	71.2%	80
$20,000 - $34,999	0.0%	27.7%	72.3%	64
$35,000 - $49,999	4.3%	60.1%	35.6%	66
$50,000 - $74,999	6.9%	60.9%	32.2%	72
$75,000 or more	5.0%	72.1%	22.9%	84

54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

Nobles County	Any binge drinking %	No binge drinking %	N (Unweighted)
Overall results from 2015	39.5%	60.5%	181
Results by gender:			
Female	25.9%	74.1%	102
Male	51.0%	49.0%	79
Results by age:			
18-34	---	---	16
35-44	---	---	16
45-54	51.5%	48.5%	33
55-64	26.4%	73.6%	61
65-74	21.3%	78.7%	39
75+	---	---	16
Results by education level:			
Less than HS diploma, no GED	---	---	12
High school diploma or GED	45.8%	54.2%	39
Some college, trade school, or Associate degree	41.9%	58.1%	64
Bachelor's degree or higher	35.3%	64.7%	66
Results by household income:			
Less than $20,000	---	---	13
$20,000 - $34,999	---	---	19
$35,000 - $49,999	27.0%	73.0%	36
$50,000 - $74,999	32.2%	67.8%	45
$75,000 or more	55.7%	44.3%	59

55. Do you ever drive a car or other vehicle?

Nobles County	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	91.0%	9.0%	443
Results by gender:			
Female	92.4%	7.6%	261
Male	89.7%	10.3%	182
Results by age:			
18-34	92.4%	7.6%	37
35-44	89.9%	10.1%	36
45-54	90.4%	9.6%	62
55-64	91.0%	9.0%	115
65-74	95.7%	4.3%	94
75+	86.0%	14.0%	99
Results by education level:			
Less than HS diploma, no GED	71.4%	28.6%	53
High school diploma or GED	86.2%	13.8%	133
Some college, trade school, or Associate degree	94.0%	6.0%	140
Bachelor's degree or higher	100.0%	0.0%	112
Results by household income:			
Less than $20,000	66.9%	33.1%	84
$20,000 - $34,999	94.9%	5.1%	68
$35,000 - $49,999	90.6%	9.4%	78
$50,000 - $74,999	98.4%	1.6%	76
$75,000 or more	96.9%	3.1%	90

56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

Nobles County	Often %	Sometimes %	Never %	Not applicable; I don't have a cell phone %	N (Unweighted)
Overall results from 2015	3.7%	38.2%	53.8%	4.2%	384
Results by gender:					
Female	0.8%	39.4%	54.3%	5.5%	225
Male	6.7%	37.0%	53.3%	3.0%	159
Results by age:					
18-34	10.9%	61.9%	27.2%	0.0%	34
35-44	1.4%	55.9%	42.7%	0.0%	30
45-54	0.0%	34.0%	62.1%	3.9%	55
55-64	1.6%	20.9%	71.1%	6.5%	99
65-74	0.0%	17.2%	78.1%	4.7%	86
75+	0.8%	0.0%	80.2%	19.0%	80
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	0.9%	24.2%	67.5%	7.4%	117
Some college, trade school, or Associate degree	0.0%	44.5%	53.5%	2.1%	124
Bachelor's degree or higher	11.3%	53.8%	32.9%	2.0%	111
Results by household income:					
Less than $20,000	0.9%	1.8%	87.4%	9.9%	55
$20,000 - $34,999	1.6%	8.7%	81.8%	7.9%	60
$35,000 - $49,999	0.7%	46.1%	50.3%	2.9%	71
$50,000 - $74,999	0.0%	63.7%	33.7%	2.7%	72
$75,000 or more	11.5%	46.0%	41.5%	1.0%	87

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

Nobles County	Often %	Sometimes %	Never %	Not applicable; I don't have a cell phone %	N (Unweighted)
Overall results from 2015	1.6%	25.1%	69.4%	4.0%	384
Results by gender:					
Female	0.0%	24.1%	71.0%	5.0%	225
Male	3.2%	26.1%	67.8%	3.0%	159
Results by age:					
18-34	5.5%	48.0%	46.5%	0.0%	34
35-44	0.0%	28.4%	71.6%	0.0%	30
45-54	0.0%	24.0%	73.2%	2.8%	55
55-64	0.0%	12.1%	82.1%	5.9%	99
65-74	0.0%	2.0%	92.0%	6.0%	86
75+	0.0%	0.0%	81.8%	18.2%	80
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	0.0%	15.4%	77.9%	6.7%	117
Some college, trade school, or Associate degree	0.0%	27.6%	71.2%	1.2%	124
Bachelor's degree or higher	5.1%	37.4%	54.7%	2.7%	111
Results by household income:					
Less than $20,000	0.0%	1.0%	91.5%	7.6%	55
$20,000 - $34,999	0.0%	11.3%	82.0%	6.7%	59
$35,000 - $49,999	0.0%	33.4%	63.1%	3.5%	72
$50,000 - $74,999	0.0%	32.2%	65.1%	2.7%	72
$75,000 or more	5.7%	30.7%	62.6%	1.0%	87

56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?

Nobles County	Often %	Sometimes %	Never %	Not applicable; I don't have a cell phone %	N (Unweighted)
Overall results from 2015	23.5%	51.2%	21.4%	3.8%	382
Results by gender:					
Female	17.0%	61.4%	16.8%	4.7%	223
Male	30.0%	41.0%	26.0%	3.0%	159
Results by age:					
18-34	48.5%	41.3%	10.2%	0.0%	34
35-44	32.5%	49.0%	18.5%	0.0%	30
45-54	15.6%	62.0%	19.5%	2.8%	54
55-64	4.7%	72.0%	17.4%	5.9%	99
65-74	4.7%	58.2%	32.4%	4.7%	86
75+	0.8%	25.3%	55.5%	18.3%	79
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	8.9%	43.2%	40.7%	7.2%	115
Some college, trade school, or Associate degree	26.6%	59.7%	12.4%	1.2%	124
Bachelor's degree or higher	38.8%	51.3%	7.9%	2.0%	111
Results by household income:					
Less than $20,000	0.8%	35.0%	56.6%	7.6%	55
$20,000 - $34,999	7.4%	50.0%	35.9%	6.7%	59
$35,000 - $49,999	27.2%	45.3%	24.6%	2.9%	72
$50,000 - $74,999	31.0%	60.2%	6.2%	2.7%	72
$75,000 or more	32.5%	56.7%	9.9%	1.0%	86

56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

Nobles County	Often %	Sometimes %	Never %	N (Unweighted)
Overall results from 2015	2.8%	39.7%	57.4%	379
Results by gender:				
Female	2.5%	37.3%	60.2%	223
Male	3.2%	42.2%	54.6%	156
Results by age:				
18-34	5.5%	52.5%	42.0%	34
35-44	4.2%	40.1%	55.7%	30
45-54	1.7%	36.5%	61.8%	55
55-64	0.0%	43.9%	56.1%	100
65-74	2.6%	24.9%	72.5%	84
75+	0.0%	16.7%	83.3%	76
Results by education level:				
Less than HS diploma, no GED	---	---	---	29
High school diploma or GED	0.0%	37.7%	62.3%	114
Some college, trade school, or Associate degree	0.2%	46.5%	53.3%	123
Bachelor's degree or higher	9.0%	41.8%	49.2%	110
Results by household income:				
Less than $20,000	0.0%	23.8%	76.2%	55
$20,000 - $34,999	0.0%	48.1%	51.9%	60
$35,000 - $49,999	2.9%	29.6%	67.6%	70
$50,000 - $74,999	0.3%	52.7%	47.0%	70
$75,000 or more	7.8%	40.5%	51.7%	87

56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

Nobles County	Often %	Sometimes %	Never %	N (Unweighted)
Overall results from 2015	0.0%	5.5%	94.5%	384
Results by gender:				
Female	0.0%	4.3%	95.7%	225
Male	0.0%	6.7%	93.3%	159
Results by age:				
18-34	0.0%	5.5%	94.5%	34
35-44	0.0%	8.3%	91.7%	30
45-54	0.0%	4.2%	95.8%	54
55-64	0.0%	8.9%	91.1%	101
65-74	0.0%	4.0%	96.0%	86
75+	0.0%	0.0%	100.0%	79
Results by education level:				
Less than HS diploma, no GED	0.0%	0.9%	99.1%	30
High school diploma or GED	0.0%	3.1%	96.9%	116
Some college, trade school, or Associate degree	0.0%	7.5%	92.5%	124
Bachelor's degree or higher	0.0%	6.6%	93.4%	110
Results by household income:				
Less than $20,000	0.0%	4.7%	95.3%	56
$20,000 - $34,999	0.0%	3.2%	96.8%	61
$35,000 - $49,999	0.0%	1.9%	98.1%	71
$50,000 - $74,999	0.0%	4.3%	95.7%	71
$75,000 or more	0.0%	10.5%	89.5%	87

57. Do you own or rent your home?

Nobles County	Own %	Rent %	Other arrangement %	N (Unweighted)
Overall results from 2015	83.0%	13.2%	3.8%	442
Results by gender:				
Female	84.0%	11.3%	4.7%	260
Male	81.9%	15.1%	2.9%	182
Results by age:				
18-34	77.7%	20.5%	1.7%	37
35-44	68.0%	19.6%	12.5%	36
45-54	96.2%	2.8%	1.0%	61
55-64	86.1%	11.9%	2.1%	114
65-74	90.8%	7.4%	1.8%	95
75+	84.2%	10.6%	5.2%	99
Results by education level:				
Less than HS diploma, no GED	82.1%	12.4%	5.5%	52
High school diploma or GED	78.8%	18.8%	2.4%	134
Some college, trade school, or Associate degree	76.9%	16.5%	6.6%	140
Bachelor's degree or higher	94.5%	4.3%	1.2%	112
Results by household income:				
Less than $20,000	54.7%	38.9%	6.4%	82
$20,000 - $34,999	83.9%	15.4%	0.6%	67
$35,000 - $49,999	75.1%	18.1%	6.8%	79
$50,000 - $74,999	89.1%	8.1%	2.8%	77
$75,000 or more	96.2%	1.5%	2.2%	89

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	10.0%	90.0%	424
Results by gender:			
Female	7.8%	92.2%	245
Male	12.1%	87.9%	179
Results by age:			
18-34	8.5%	91.5%	37
35-44	17.7%	82.3%	36
45-54	2.8%	97.2%	60
55-64	9.1%	90.9%	109
65-74	5.1%	94.9%	89
75+	20.8%	79.2%	93
Results by education level:			
Less than HS diploma, no GED	19.5%	80.5%	51
High school diploma or GED	13.4%	86.6%	130
Some college, trade school, or Associate degree	11.1%	88.9%	130
Bachelor's degree or higher	1.9%	98.1%	110
Results by household income:			
Less than $20,000	42.3%	57.7%	83
$20,000 - $34,999	13.0%	87.0%	65
$35,000 - $49,999	10.2%	89.8%	74
$50,000 - $74,999	0.8%	99.2%	74
$75,000 or more	0.0%	100.0%	85

59. Does anyone ever smoke tobacco in any of the following areas in your building?

Nobles County	Apartments %	Hallways %	Laundry rooms %	Lobby or lounge areas %	Party rooms %	On patios or balconies %	None of the above checked %	N (Unweighted)
Overall results from 2015	29.3%	0.0%	0.0%	0.0%	0.0%	52.1%	38.2%	57
Results by gender:								
Female	16.3%	0.0%	0.0%	0.0%	0.0%	33.9%	52.0%	33
Male	---	---	---	---	---	---	---	24
Results by age:								
18-34	---	---	---	---	---	---	---	4
35-44	---	---	---	---	---	---	---	6
45-54	---	---	---	---	---	---	---	2
55-64	---	---	---	---	---	---	---	15
65-74	---	---	---	---	---	---	---	8
75+	---	---	---	---	---	---	---	22
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	12
High school diploma or GED	---	---	---	---	---	---	---	24
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	16
Bachelor's degree or higher	---	---	---	---	---	---	---	5
Results by household income:								
Less than $20,000	22.7%	0.0%	0.0%	0.0%	0.0%	46.5%	35.7%	34
$20,000 - $34,999	---	---	---	---	---	---	---	11
$35,000 - $49,999	---	---	---	---	---	---	---	5
$50,000 - $74,999	---	---	---	---	---	---	---	2
$75,000 or more	---	---	---	---	---	---	---	0

60. Do you have access to at least one working car or other vehicle to use when you need to?

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	93.1%	6.9%	439
Results by gender:			
Female	96.1%	3.9%	260
Male	90.1%	9.9%	179
Results by age:			
18-34	95.0%	5.0%	37
35-44	86.4%	13.6%	36
45-54	91.9%	8.1%	61
55-64	95.1%	4.9%	112
65-74	98.2%	1.8%	95
75+	92.4%	7.6%	98
Results by education level:			
Less than HS diploma, no GED	76.9%	23.1%	51
High school diploma or GED	88.0%	12.0%	133
Some college, trade school, or Associate degree	96.7%	3.3%	140
Bachelor's degree or higher	99.7%	0.3%	111
Results by household income:			
Less than $20,000	77.7%	22.3%	82
$20,000 - $34,999	91.6%	8.4%	68
$35,000 - $49,999	88.2%	11.8%	77
$50,000 - $74,999	100.0%	0.0%	75
$75,000 or more	100.0%	0.0%	90

71. Employment status

Nobles County	Yes %	No %	N (Unweighted)
Overall results from 2015	74.1%	25.9%	444
Results by gender:			
Female	68.0%	32.0%	264
Male	80.1%	19.9%	180
Results by age:			
18-34	92.2%	7.8%	37
35-44	90.9%	9.1%	35
45-54	85.3%	14.7%	62
55-64	77.9%	22.1%	115
65-74	44.6%	55.4%	95
75+	10.0%	90.0%	100
Results by education level:			
Less than HS diploma, no GED	53.9%	46.1%	53
High school diploma or GED	68.0%	32.0%	135
Some college, trade school, or Associate degree	80.9%	19.1%	139
Bachelor's degree or higher	79.8%	20.2%	113
Results by household income:			
Less than $20,000	43.3%	56.7%	83
$20,000 - $34,999	64.5%	35.5%	68
$35,000 - $49,999	83.5%	16.5%	79
$50,000 - $74,999	80.1%	19.9%	77
$75,000 or more	88.4%	11.6%	90

Appendix

Survey instrument

Southwest Minnesota Healthy Communities Survey

Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

1. In general, would you say that your health is:

○ Excellent   ○ Very good   ○ Good   ○ Fair   ○ Poor

2. Have you ever been told by a doctor or other health care professional that you had any of the following health conditions?

	No	Yes	Yes, but only during pregnancy
a. High blood pressure/hypertension	○	○	○
b. Pre-hypertension	○	○	○
c. Diabetes	○	○	○
d. Pre-diabetes	○	○	○
e. Overweight	○	○	
f. Cancer	○	○	
g. Chronic lung disease (including COPD, chronic bronchitis or emphysema)	○	○	
h. Heart trouble or angina	○	○	
i. Stroke or stroke-related health problems	○	○	
j. High cholesterol or triglycerides	○	○	
k. Arthritis	○	○	
l. Depression	○	○	
m. Anxiety or panic attacks	○	○	
n. Other mental health problems	○	○	
o. Obesity	○	○	
p. Asthma	○	○	

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮ ⑯ ⑰ ⑱ ⑲ ⑳ ㉑ ㉒ ㉓ ㉔ ㉕ ㉖ ㉗ ㉘ ㉙ ㉚ days

4. When was the last time you had...

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
a. ... a flu shot?	○	○	○	○	○
b. ... a dental exam or your teeth cleaned?	○	○	○	○	○
c. ... a hearing test?	○	○	○	○	○
d. ... an eye exam?	○	○	○	○	○
e. ... your blood pressure checked?	○	○	○	○	○
f. ... your blood cholesterol checked?	○	○	○	○	○
g. ... your blood sugar checked?	○	○	○	○	○
h. ... any screening for skin cancer?	○	○	○	○	○
i. ... any screening for colon cancer? *Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema*	○	○	○	○	○
j. ... a prostate exam (men only)?	○	○	○	○	○
k. ... a Pap test (women only)?	○	○	○	○	○
l. ... a mammogram (women only)?	○	○	○	○	○
m. ... a general health exam?	○	○	○	○	○

GO TO QUESTION 6   **GO TO QUESTION 5**

5. If you have **not** had a **general health exam** within the past 1 or 2 years, why not?

- ◯ I could not get an appointment
- ◯ I had transportation problems
- ◯ I did not need one
- ◯ It cost too much
- ◯ I did not have insurance
- ◯ My insurance did not cover it
- ◯ Other reason _____

6. During the **past 12 months**, have you seen a doctor, nurse, or other health professional about your own health?

- ◯ Yes   ◯ No ▶ **IF NO, GO TO QUESTION 8**
▼

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:
(Mark ALL that apply)

- ◯ Physical activity
- ◯ Diet or nutrition
- ◯ Weight
- ◯ Smoking or other tobacco use
- ◯ Stress
- ◯ Mental health concerns

8. During the **past 12 months**, was there a time when you thought you needed **medical care** but did not get it or delayed getting it?

- ◯ Yes   ◯ No ▶ **IF NO, GO TO QUESTION 10**
▼

9. Why did you not get or delay getting the **medical care** you thought you needed? *(Mark ALL that apply)*

- ◯ I could not get an appointment
- ◯ I had transportation problems
- ◯ I did not think it was serious enough
- ◯ It cost too much
- ◯ I did not have insurance
- ◯ My insurance did not cover it
- ◯ Other reason _____

10. During the **past 12 months**, was there a time when you thought you needed **dental care** but did not get it or delayed getting it?

- ◯ Yes   ◯ No ▶ **IF NO, GO TO QUESTION 12**
▼

11. Why did you not get or delay getting the **dental care** you thought you needed? *(Mark ALL that apply)*

- ◯ I could not get an appointment
- ◯ I had transportation problems
- ◯ I was too nervous or afraid
- ◯ It cost too much
- ◯ I did not have insurance
- ◯ The dentist would not accept my insurance
- ◯ I did not know where to go
- ◯ Other reason _____

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the **past 30 days** was your mental health **not good**?

Write the number in the boxes, then fill in the appropriate circle beneath each box. ▶

Number of days my mental health was not good

⓪	⓪
①	①
②	②
③	③
	④
	⑤
	⑥
	⑦
	⑧
	⑨

13. During the **past 12 months**, was there a time when you **wanted to** talk with or seek help from a health professional about **mental health issues**, but did not go, or delayed talking with someone?

- ◯ Yes   ◯ No ▶ **IF NO, GO TO QUESTION 15**
▼

14. Why did you not get or delay getting the **mental health care** you thought you needed? *(Mark ALL that apply)*

- ◯ I could not get an appointment
- ◯ I had transportation problems
- ◯ I was too nervous or afraid
- ◯ I did not think it was serious enough
- ◯ It cost too much
- ◯ I did not have insurance
- ◯ My insurance did not cover it
- ◯ I did not know where to go
- ◯ Other reason _____

15. In the **past 6 months**, which statement best describes medications prescribed for you?

- ◯ I had no medications prescribed for me. ▶ **GO TO QUESTION 17**
- ◯ I had medications prescribed for me and I filled **ALL** of the prescriptions. ▶ **GO TO QUESTION 17**
- ◯ I had medications prescribed for me and I **did not** fill at least one of them.

16. Why did you not fill at least one prescription for medication? *(Mark ALL that apply)*

- ◯ I did not have insurance
- ◯ It cost too much
- ◯ I do not like taking medications
- ◯ I did not think I needed the medication
- ◯ I did not know where to go
- ◯ I had transportation problems
- ◯ I did not like the side effects
- ◯ Other reason _____

2

17. Do you currently have any of the following types of health insurance?
(Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	○	○
b. Health insurance or coverage bought directly by yourself or your family (<u>not</u> through an employer)	○	○
c. Indian or Tribal Health Service	○	○
d. Medicare	○	○
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	○	○
f. MinnesotaCare	○	○
g. Minnesota Comprehensive Health Association (MCHA)	○	○
h. CHAMPUS, TRICARE, or Veterans' benefits	○	○
i. Other health insurance or coverage *(please specify):* _____	○	○
j. NO health insurance coverage	○	○

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18. Do you consider yourself: ○ Overweight   ○ About the right weight   ○ Underweight

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19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. How many servings of fruit did you have <u>yesterday</u>? (Do NOT include fruit juice.)

Write the number in the boxes, then fill in the appropriate circle beneath each box. ▶

Servings: ⓪⓪ ①① ②② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

20. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have <u>yesterday</u>?

Servings: ⓪⓪ ①① ②② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

21. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have <u>yesterday</u>?

Servings: ⓪⓪ ①① ②② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

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22. How many glasses of each of the following did you drink <u>yesterday</u>? Think of a "glass" as a 12-oz. serving.

	0	1-2	3-4	5-6	7 or more
a. Milk	○	○	○	○	○
b. Pop or soda (regular)	○	○	○	○	○
c. Pop or soda (diet)	○	○	○	○	○
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	○	○	○	○	○

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24. In an average week, how many <u>times</u> do you do the following?

	0 times	1-2 times	3-4 times	5-6 times	7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell, pizza places, etc.)	○	○	○	○	○
b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	○	○	○	○	○
c. Eat a meal from Meals on Wheels	○	○	○	○	○
d. Eat a meal from Senior dining/Senior meals	○	○	○	○	○
e. Eat a meal at a community setting such as a church	○	○	○	○	○
f. Eat a home-cooked meal	○	○	○	○	○
g. Watch television during meal time	○	○	○	○	○

24. In a <u>typical month</u>, how often do you or others in your household buy or get food from the following places?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Supermarket or large grocery store	○	○	○	○	○
b. Small grocery store	○	○	○	○	○
c. Convenience store or gas station	○	○	○	○	○
d. Grocery delivery service	○	○	○	○	○
e. Food shelf or food pantry	○	○	○	○	○
f. Some other place	○	○	○	○	○

25. During the <u>growing season</u>, how often do you or others in your household buy or get food from the following places?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Farmer's market, fruit/vegetable stand	○	○	○	○	○
b. Local farm or CSA (community supported agriculture)	○	○	○	○	○
c. Food grown at home or in a community garden	○	○	○	○	○

26. How far do you usually go (one way) to get your groceries?

○ Less than 2 miles   ○ 11-20 miles
○ 2-6 miles   ○ 21-30 miles
○ 7-10 miles   ○ Over 30 miles

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

○ Every day   ○ 1-2 days per week
○ 5-6 days per week   ○ Less than 1 day per week
○ 3-4 days per week   ○ Never

28. How comfortable are you with <u>your</u> skills in ...

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable
a. ...following a recipe?	○	○	○	○
b. ...measuring ingredients?	○	○	○	○
c. ...cutting and mixing ingredients?	○	○	○	○
d. ...using different methods to cook foods, such as boiling, baking, stir-frying or grilling?	○	○	○	○

29. During the <u>past 12 months</u>, how often did you worry that your food would run out before you had money to buy more?

○ Often   ○ Rarely
○ Sometimes   ○ Never

30. During the <u>past 12 months</u>, have you used a community food shelf program?

○ Yes   ○ No

31. Please mark the extent to which you agree or disagree with the following statements.

	Strongly agree	Agree	Disagree	Strongly disagree
a. There is a large selection of fresh fruits and vegetables where I usually shop.	○	○	○	○
b. The fresh fruits and vegetables available where I usually shop are of high quality.	○	○	○	○
c. The fresh fruits and vegetables where I usually shop are too expensive.	○	○	○	○
d. Fruits and vegetables are difficult to prepare.	○	○	○	○
e. Fruits and vegetables spoil quickly.	○	○	○	○

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

○ Yes   ○ No

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

○ 0 days   ○ 2 days   ○ 4 days   ○ 6 days
○ 1 day   ○ 3 days   ○ 5 days   ○ 7 days

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

○ 0 days   ○ 2 days   ○ 4 days   ○ 6 days
○ 1 day   ○ 3 days   ○ 5 days   ○ 7 days

35. Where do you usually exercise or do physical activities? *(Mark ALL that apply.)*

○ At home   ○ At a health club, fitness center, or gym   ○ Somewhere outdoors (park, trails, etc.)
○ At work   ○ At a public recreation facility or community center ○ Some other place
○ Not applicable–I do not do or I am unable to do physical activities

36. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

Resources and Facilities	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a. Walking paths or trails	○	○	○ →	○	○
b. Bicycle paths, shared use paths or bike lanes	○	○	○ →	○	○
c. Public swimming pools or water parks	○	○	○ →	○	○
d. Public recreation or community centers	○	○	○ →	○	○
e. Parks or sports fields	○	○	○ →	○	○
f. Schools, colleges or universities that are open for public use for exercise or physical activity	○	○	○ →	○	○
g. A shopping mall or store for physical activity or walking	○	○	○ →	○	○
h. Health club, fitness center, or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)	○	○	○ →	○	○
i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)	○	○	○ →	○	○

37. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
a. Lack of time	○	○	○
b. Lack of programs, leaders or facilities	○	○	○
c. No one to exercise with	○	○	○
d. The cost of fitness programs, gym memberships or admission fees	○	○	○
e. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	○	○	○
f. Long-term illness, injury or disability	○	○	○
g. Distance I have to travel to a place where I can be physically active	○	○	○
h. No safe place to exercise	○	○	○
i. Lack of self-discipline or willpower	○	○	○
j. Not having sidewalks or walking paths/trails	○	○	○
k. Poor maintenance of sidewalks or walking paths/trails	○	○	○
l. Sidewalks/paths/trails are icy or not shoveled	○	○	○
m. Other reasons	○	○	○

38. We are interested in how much "screen time" people get. On average, while you are <u>not</u> at work or school, how many TOTAL hours <u>or</u> minutes per day do you spend: ⟶

		Total hours **OR**			Total
⓪	⓪	per day	⓪	⓪	minutes
①	①		①	①	per day
②	②		②	②	
	③		③	③	
	④		④	④	
	⑤		⑤	⑤	
	⑥		⑥	⑥	
	⑦		⑦	⑦	
	⑧		⑧	⑧	
	⑨		⑨	⑨	

- Using a computer, tablet or smart phone
- Watching TV or movies
- Reading using a tablet such as a Kindle®
- Playing online, video or computer games or games on a smart phone
- Texting, emailing or messaging other ways
- Any other screen activities

39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

○ Yes   ○ No ▶ **GO TO QUESTION 44**

40. Do you now smoke cigarettes every day, some days, or not at all?

○ Every day   ○ Some days   ○ Not at all ▶ **GO TO QUESTION 43**

41. During the <u>past 12 months</u>, have you stopped smoking for one day or longer because you were trying to quit?

○ Yes   ○ No

42. If you have tried to quit smoking cigarettes, why hasn't it worked? *(Mark ALL that apply.)*

○ I am not sure how to quit or where to go for help
○ Quit aids such as gum, lozenges, prescriptions, etc. are too expensive
○ I live with someone who also smokes and who doesn't want to quit
○ I don't want to quit
○ I haven't tried to quit ▶ **GO TO QUESTION 44**
○ Other reason _____

43. The last time you tried to quit smoking (or when you quit for good), did you use...

	Yes	No
a. ... any nicotine replacement product, such as gum, a patch, a nasal spray, an inhaler or lozenges?	○	○
b. ... a prescription medication like Zyban, Wellbutrin, or Chantix to help you quit smoking?	○	○
c. ... a stop-smoking clinic or class?	○	○
d. ... a quit-smoking telephone help line?	○	○
e. ... an on-line or web-based counseling service?	○	○
f. ... face-to-face counseling?	○	○
g. ... some other program or service?	○	○
h. I quit without any help from any of these.	○	○

44. How often do you use any of the following products?

	Every day	Some days	Never
a. Cigars, cigarillos, or little cigars	○	○	○
b. Pipes	○	○	○
c. Snuff, snus or chewing tobacco	○	○	○
d. E-cigarettes	○	○	○
e. Any other type of tobacco product	○	○	○
f. Marijuana	○	○	○

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) <u>inside</u> your home?

○ Yes   ○ No

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

○ Yes   ○ No

47. In Minnesota, in the <u>past 7 days</u>, has anyone <u>smoked tobacco</u> (not including e-cigarettes) near you at any place <u>besides</u> your home or car?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 49**
▼

48. The last time this happened in Minnesota, where were you? *(Please mark only ONE)*

○ A restaurant's or bar's outdoor area
○ An outdoor shopping mall or strip mall
○ A park or outdoor recreation area
○ A parking lot
○ An outdoor community sports event
○ A sidewalk or building entrance
○ Somewhere else outdoors
○ Some other place

49. In Minnesota, have you ever seen anyone <u>smoke an e-cigarette</u>?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 51**
▼

50. Where have you seen people smoke e-cigarettes in Minnesota? *(Mark ALL that apply)*

○ Someone's home or car (including your own)
○ Your workplace
○ A restaurant or bar
○ A business or shopping area
○ A park or outdoor recreation area
○ A parking lot
○ An outdoor community sports event
○ A sidewalk or building entrance
○ Somewhere else <u>indoors</u>
○ Somewhere else <u>outdoors</u>

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51. <u>During the past 30 days</u>, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 55**
▼

52. <u>During the past 30 days</u>, on how many days did you have at least one drink of any alcoholic beverage? ⟶

Days

⓪	⓪
①	①
②	②
③	③
	④
	⑤
	⑥
	⑦
	⑧
	⑨

53. <u>During the past 30 days</u>, on the days when you drank, about how many drinks did you drink on average? *(A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)*

○ 1 drink   ○ 6 drinks
○ 2 drinks   ○ 7 drinks
○ 3 drinks   ○ 8 drinks
○ 4 drinks   ○ 9 drinks
○ 5 drinks   ○ 10 drinks or more

54. Considering all types of alcoholic beverages, how many times <u>during the past 30 days</u> did you have...?

FOR FEMALES: <u>4 or more drinks</u> on an occasion		FOR MALES: <u>5 or more drinks</u> on an occasion	
Times		**Times**	
⓪	⓪	⓪	⓪
①	①	①	①
②	②	②	②
③	③	③	③
	④		④
	⑤		⑤
	⑥		⑥
	⑦		⑦
	⑧		⑧
	⑨		⑨

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55. Do you ever <u>drive</u> a car or other vehicle?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 57**

56. When DRIVING a car or other vehicle, how often do you...

	Often	Sometimes	Never	Not applicable: I don't have a cell phone
a. ...read incoming text messages or emails?	○	○	○	○
b. ...send text messages or emails?	○	○	○	○
c. ...make or answer a phone call?	○	○	○	○
d. ...do other activities such as eat, read, apply makeup or shave?	○	○	○	
e. ...drive when you have perhaps had too much to drink?	○	○	○	

57. Do you own or rent your home?
- ○ Own   ○ Rent   ○ Other arrangement

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?
- ○ Yes
- ○ No ▶ **GO TO QUESTION 60**

59. Does anyone ever smoke tobacco in any of the following areas in your building? *(Mark ALL that apply)*
- ○ Apartments   ○ Lobby or lounge areas
- ○ Hallways   ○ Party rooms
- ○ Laundry rooms   ○ On patios or balconies

60. Do you have access to at least one *working* car or other vehicle to use when you need to?
- ○ Yes   ○ No

61. Are you:
- ○ Male   ○ Female

62. Your age group:
- ○ 18-24   ○ 35-44   ○ 55-64   ○ 75+
- ○ 25-34   ○ 45-54   ○ 65-74

63. Are you of Hispanic or Latino origin?
- ○ Yes   ○ No

64. Which of the following best describes you?
(Mark ALL that apply)
- ○ American Indian
- ○ Asian or Pacific Islander
- ○ Black or African American or African
- ○ White
- ○ Other _____

65. Do you think of your as...? *(Mark ALL that apply)*
- ○ Heterosexual or straight
- ○ Gay, lesbian, or homosexual
- ○ Bisexual
- ○ Transgender

66. How tall are you without shoes?

Feet | Inches

Feet: ⓪ ① ② ③ ④ ⑤ ⑥ ⑦
Inches: ⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪

67. Approximately how much do you weigh?

Pounds

⓪⓪⓪ ①①① ②②② ③③③ ④④④ ⑤⑤⑤ ⑥⑥⑥ ⑦⑦⑦ ⑧⑧⑧ ⑨⑨⑨

68. Including yourself, how many adults live in your household?

Number of Adults:
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

69. What is the highest level of education you have completed? *(Please mark only ONE)*
- ○ Did not complete 8th grade
- ○ Did not complete high school
- ○ High school diploma/GED
- ○ Trade/Vocational school
- ○ Some college
- ○ Associate degree
- ○ Bachelor's degree
- ○ Graduate/Professional degree

70. Household income per year:
- ○ Less than $20,000
- ○ $20,000 - $34,999
- ○ $35,000 - $49,999
- ○ $50,000 - $74,999
- ○ $75,000 - $99,999
- ○ $100,000 or more

71. Are you currently... *(Mark ALL that apply)*
- ○ Employed
- ○ Self-employed or farmer
- ○ Unemployed or out of work
- ○ A homemaker or stay-at-home parent
- ○ A student
- ○ Retired
- ○ Unable to work because of a disability

Thank you for completing this survey!