

Data Book

Detailed Results from the 2018 Anoka County Adult Health Survey

Author: Anna Granias, MPH



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451 Lexington Parkway North | Saint Paul, Minnesota 55104
651-280-2700 | www.wilderresearch.org

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Introduction and methods

In summer 2018, Wilder Research was contracted to conduct a survey of adults in Anoka County to learn more about their health status, health behaviors, and health-related concerns for their community. Anoka County Public Health and Environmental Services advised Wilder Research on the development of the survey instrument and data collection methods. A similar survey was conducted in 2013, and that version of the survey was significantly modified for the 2018 survey. For this survey, Anoka County Public Health and Environmental Services partnered with Allina Health – Mercy Hospital to align the information collected and the timing of the survey with Allina Health – Mercy Hospital’s triennial Community Health Needs Assessment (CHNA).

Survey instrument

The survey instrument was designed by Anoka County Public Health and Environmental Services with assistance from Wilder Research. The survey instrument is 8 pages in length and included 54 closed-ended questions. A paper and web version of the survey were provided to participants. The web version was programmed in Acuity, a web survey platform. Participants were mailed a paper version of the survey and were also provided the option to take the survey in English or Spanish on the web. Participants were also given the option to call a number to request assistance with completing the survey in Hmong, Somali, or Spanish over the phone. See the Appendix for the complete survey instrument in English.

Sample

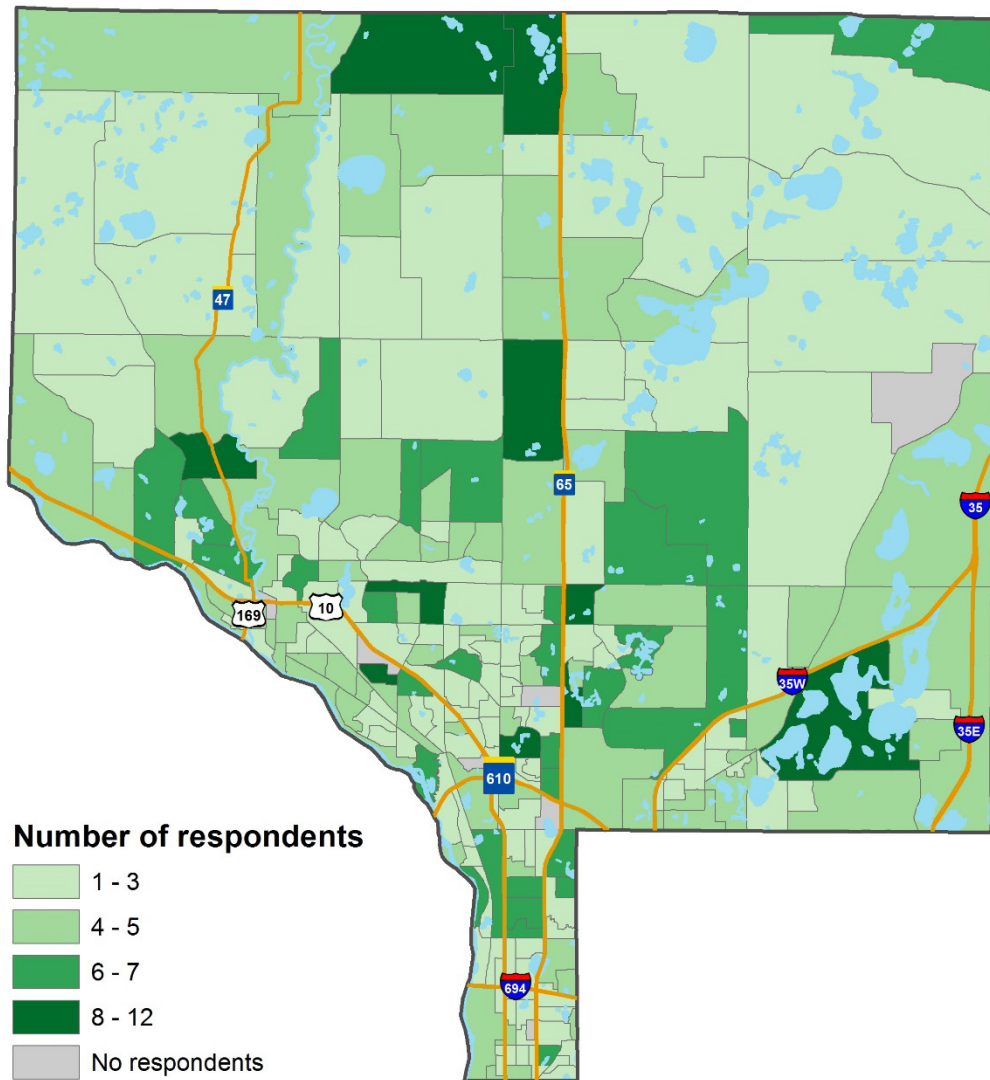
Address-based sampling was used to ensure all households in Anoka County were included in the sampling frame regardless of their phone status. The sample was purchased from Marketing Systems Group. See Figure 1 for an illustration of the number of sampled addresses, number of completed surveys, response rate, and margin of error (both nominal and weighted). See Figure 2 for a map of Anoka County and the locations of survey respondents.

1. Survey sample and response rate

Population of area	Number of addresses sampled	Number of completed surveys	Response rate*	Nominal margin of error	Margin of error with weighting
267,097	4,000	857	21.8%	+/-3.3%	+/-4.8%

* Calculated based on AAPOR response rate 1.

2. Map of Anoka County respondents by U.S. Census block groups



Participant demographics

Figure 3 describes unweighted demographic data for all survey respondents.

3. Anoka County survey sample and respondents

Characteristics	N	Percent
All respondents	857	100%
Gender		
Male	275	32%
Female	579	68%
Age		
18-34	96	11%
35-44	92	11%
45-54	145	17%
55-64	168	20%
65-74	183	22%
75+	151	18%
Race		
People of color	66	8%
White	765	92%
Highest level of education		
High school diploma/GED or less	167	20%
Some college or AA degree	367	44%
Bachelor's degree or higher	298	36%
Household poverty status*		
200% of poverty line or less	126	17%
Greater than 200% of poverty line	628	83%
Household type		
Single adult, no children	218	26%
2+ adults, no children	411	50%
Single adult, 1+ children	21	3%
2+ adult, 1+ children	180	22%

Note. Totals may not equal 100% due to rounding.

* Poverty levels have been approximated based on number of household occupants and the following income categories: less than \$16,000; \$16,000 to under \$25,000; \$25,000 to under \$40,000; \$40,000 to under \$60,000; \$60,000 to under \$80,000; \$80,000 to under \$100,000; \$100,000 to under \$150,000; \$150,000 or higher.

Data collection

Wilder Research used a “modified Dillman” method of survey mailing as follows: An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed on September 12, 2018, to 4,000 sampled households. Participants were invited to be entered into a drawing for one of five \$100 Target gift cards as an incentive.

Approximately one week after the first survey packets were mailed (September 19), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded.

On September 26, two weeks after the reminder postcards were mailed, another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next 2-3 weeks, with the final date for the receipt of surveys being October 17, 2018. The targeted number of completed surveys was 500-800 for a response rate of 13-20 percent. The target number of completed surveys was exceeded with a total of 857 survey completes for a response rate of 21.8 percent.

Adults were randomly selected from within the sampled households using the “most recently birthday” method (asking the adult who most recently had a birthday to fill out the one survey for that household) to ensure gender and age balance in survey respondents.

Data cleaning

All completed surveys were tracked, proofed, and coded by trained Wilder staff. Paper survey data were entered into data analysis software by Wilder staff, and a 10 percent verification process was used to ensure accuracy of the data entry. Once the data entry was complete, Wilder’s research analyst used SPSS to create an analyzable data file and performed quality tests.

Coding was completed to categorize responses to the open-ended questions. See the Appendix for the codebook.

Weighting and analysis

Survey data are weighted to produce reliable estimates of population parameters. Weighting also compensates for practical limitations of a sample survey, such as differential nonresponse and under-coverage. By taking advantage of demographic information about the target population, weighting can reduce the variability of survey estimates.

The weighting process entails three steps. The first step consists of the computation of *design* or *base weights* to reflect any differential selection based on number of adults in the sampled household. In the second step, base weights are adjusted so that the resulting weights can aggregate to reported totals for the target population. Finally, adjusted weights are put through a series of quality control checks to detect extreme outliers and to prevent any computational or procedural errors.

The data were weighted against the U.S. Census Bureau's 2017 Population Estimates. Given the sample size and the demographic composition of the adult population of Anoka County, design weights were adjusted by age and gender. Survey data for these demographic questions included missing values. All such missing values were first imputed using a hot-deck procedure before construction of the survey weights.

Talking points about the study methods

To assist the representatives from Anoka County in communicating with their stakeholders (including their Commissioners, Community Health Board, Allina Health – Mercy Hospital, other organizational leadership, the media, and the general public) about this study, the following “talking points” can be used to help explain the study methods:

- This is a mailed survey with a web option. Each sampled household received up to three mailings.
- The survey was sent to a random sample of households in Anoka County. All households had an equal chance of being sampled.
- The response rate for this survey was 21.8 percent and is better than expected for mailed surveys with a web option and with the incentive offered for participation.
- Respondents were entered into a drawing to win one of five \$100 Target gift cards.
- The survey data are adjusted with post-stratification and design weighting, which are statistical techniques commonly used to correct for nonresponse bias (whereby certain types of people are more or less likely to respond to surveys).
- These methods ultimately produced a sample that is statistically representative of the adult population in Anoka County.
- It is important to be aware of the limitations of the data. When looking at differences between white respondents and respondents of color, keep in mind that a higher percentage of survey respondents of color were age 18-44. The same is true for respondents living in households with children versus households without children. Differences between these demographic groups could be attributed to differences in the age distribution of respondents rather than race or household type.

How to use this data book

For every table in this data book, results are displayed for sub-groups of respondents from Anoka County based on:

- Gender, including male and female
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Race, including people of color and white
- Highest education obtained by the respondent, including high school graduate/GED or less, some college or AA degree, and bachelor's degree or higher
- Household poverty status, including 200% of the poverty line or less, and greater than 200% of the poverty line
- Household type, including single adults with no children, 2+ adults with no children, single adults with 1+ children, and 2+ adults with 1+ children

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for the survey instrument). If a table presents a survey question with fixed response categories, each column indicates the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the unweighted number of respondents. Some questions apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the total includes only the respondents for whom the question was applicable.

Some table cells are filled with only a dash. This means that the number of respondents was too small and was therefore suppressed to protect confidentiality, and because the small numbers might not produce reliable population estimates.

Some questions were open-ended, such that respondents wrote their own answers. Responses were grouped according to theme in order to reveal which trends are most notable. In some cases, respondents were allowed to provide more than one answer; for this reason, the total number of responses listed in these tables does not correspond directly to the number of respondents, but rather to the number of answers for a question. The number of respondents can be seen in the title of each table ("N="). Where fewer than 10 respondents submitted an answer fitting a particular theme, that theme is grouped with other answers in an "Other" category.

Anoka County Adult Health Survey
General Health and Health Conditions

Q1. In general, would you say that your health is:

	Excellent	Very good	Good	Fair	Poor	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	13%	47%	31%	8%	1%	829
Gender						
Female	14%	45%	32%	8%	1%	557
Male	11%	49%	30%	8%	1%	269
Age						
18-34	15%	60%	21%	4%	--	95
35-44	20%	38%	34%	8%	--	92
45-54	11%	51%	31%	6%	1%	143
55-64	9%	43%	31%	15%	1%	163
65-74	10%	37%	40%	10%	3%	177
75+	5%	36%	40%	15%	3%	139
Race						
People of color	12%	40%	40%	7%	1%	66
White	13%	49%	28%	9%	1%	738
Highest level of education						
High school diploma / GED or less	9%	39%	35%	14%	4%	155
Some college or AA degree	10%	48%	32%	10%	1%	355
Bachelor's degree or higher	18%	50%	27%	5%	--	295
Household poverty status						
200% of poverty line or less	5%	36%	36%	19%	4%	120
Greater than 200% of poverty line	15%	51%	27%	6%	<.5%	610
Household type						
Single adult, no children	12%	42%	34%	9%	2%	208
2+ adults, no children	11%	45%	31%	13%	1%	394
Single adult, 1+ children	7%	60%	24%	8%	--	21
2+ adults, 1+ children	17%	51%	28%	3%	<.5%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2A. Have you ever been told by a physician, nurse or health professional that you have or had high blood pressure or hypertension?

	Yes	Yes, but only during pregnancy	No	Number of respondents (unweighted)
	%	%	%	
Anoka County total	31%	3%	66%	854
Gender				
Female	28%	6%	66%	576
Male	34%	--	66%	275
Age				
18-34	12%	5%	83%	96
35-44	13%	5%	82%	92
45-54	30%	3%	68%	145
55-64	44%	1%	55%	167
65-74	58%	--	42%	181
75+	69%	--	31%	151
Race				
People of color	10%	2%	88%	66
White	34%	3%	63%	762
Highest level of education				
High school diploma / GED or less	39%	6%	55%	167
Some college or AA degree	34%	1%	65%	364
Bachelor's degree or higher	23%	4%	74%	298
Household poverty status				
200% of poverty line or less	30%	2%	68%	126
Greater than 200% of poverty line	29%	3%	68%	625
Household type				
Single adult, no children	47%	--	53%	216
2+ adults, no children	38%	1%	62%	410
Single adult, 1+ children	18%	3%	79%	21
2+ adults, 1+ children	16%	7%	77%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2B. Have you ever been told by a physician, nurse or health professional that you have or had pre-diabetes or diabetes?

	Yes	Yes, but only during pregnancy	No	Number of respondents (unweighted)
	%	%	%	
Anoka County total	13%	2%	85%	851
Gender				
Female	10%	4%	86%	574
Male	16%	<.5%	84%	275
Age				
18-34	2%	2%	96%	95
35-44	9%	5%	86%	92
45-54	13%	3%	84%	145
55-64	17%	1%	82%	168
65-74	24%	1%	76%	180
75+	31%	--	69%	149
Race				
People of color	7%	2%	90%	66
White	13%	2%	85%	759
Highest level of education				
High school diploma / GED or less	19%	4%	77%	166
Some college or AA degree	12%	1%	86%	363
Bachelor's degree or higher	10%	2%	88%	298
Household poverty status				
200% of poverty line or less	12%	3%	84%	124
Greater than 200% of poverty line	12%	2%	86%	624
Household type				
Single adult, no children	18%	1%	82%	214
2+ adults, no children	16%	1%	83%	410
Single adult, 1+ children	5%	2%	93%	20
2+ adults, 1+ children	6%	5%	89%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2C. Have you ever been told by a physician, nurse or health professional that you are or were obese or overweight?

	Yes	Yes, but only during pregnancy	No	Number of respondents (unweighted)
	%	%	%	
Anoka County total	37%	1%	62%	849
Gender				
Female	43%	2%	56%	573
Male	31%	--	69%	274
Age				
18-34	25%	2%	73%	96
35-44	47%	--	53%	92
45-54	41%	<.5%	59%	144
55-64	42%	--	58%	167
65-74	44%	--	56%	179
75+	29%	--	71%	149
Race				
People of color	27%	1%	72%	65
White	39%	1%	60%	758
Highest level of education				
High school diploma / GED or less	42%	2%	57%	165
Some college or AA degree	38%	1%	61%	362
Bachelor's degree or higher	35%	--	65%	298
Household poverty status				
200% of poverty line or less	29%	3%	68%	124
Greater than 200% of poverty line	38%	<.5%	62%	623
Household type				
Single adult, no children	42%	--	58%	214
2+ adults, no children	41%	<.5%	59%	408
Single adult, 1+ children	31%	--	69%	20
2+ adults, 1+ children	32%	2%	66%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2D. Have you ever been told by a physician, nurse or health professional that you have or had memory loss (Alzheimer's disease or another form of dementia)?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	2%	98%	852
Gender			
Female	2%	98%	575
Male	2%	98%	274
Age			
18-34	2%	98%	96
35-44	<.5%	100%	92
45-54	<.5%	100%	145
55-64	3%	97%	168
65-74	4%	96%	180
75+	4%	96%	149
Race			
People of color	1%	99%	65
White	2%	98%	761
Highest level of education			
High school diploma / GED or less	5%	95%	165
Some college or AA degree	1%	99%	364
Bachelor's degree or higher	1%	99%	298
Household poverty status			
200% of poverty line or less	6%	94%	125
Greater than 200% of poverty line	1%	99%	625
Household type			
Single adult, no children	2%	98%	214
2+ adults, no children	2%	98%	410
Single adult, 1+ children	3%	97%	21
2+ adults, 1+ children	1%	99%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2E. Have you ever been told by a physician, nurse or health professional that you have or had cancer?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	11%	89%	852
Gender			
Female	12%	88%	574
Male	11%	89%	275
Age			
18-34	3%	97%	96
35-44	2%	98%	92
45-54	12%	88%	145
55-64	18%	82%	168
65-74	21%	79%	180
75+	35%	65%	150
Race			
People of color	3%	97%	66
White	13%	87%	761
Highest level of education			
High school diploma / GED or less	14%	86%	165
Some college or AA degree	10%	90%	365
Bachelor's degree or higher	12%	88%	298
Household poverty status			
200% of poverty line or less	7%	93%	126
Greater than 200% of poverty line	11%	89%	626
Household type			
Single adult, no children	14%	86%	216
2+ adults, no children	17%	83%	409
Single adult, 1+ children	2%	98%	21
2+ adults, 1+ children	3%	97%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2F. Have you ever been told by a physician, nurse or health professional that you have or had chronic lung disease (including COPD, chronic bronchitis or emphysema)?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	4%	96%	854
Gender			
Female	4%	96%	576
Male	5%	95%	275
Age			
18-34	1%	99%	96
35-44	--	100%	92
45-54	3%	97%	145
55-64	6%	94%	167
65-74	12%	88%	182
75+	13%	87%	150
Race			
People of color	2%	98%	66
White	5%	95%	762
Highest level of education			
High school diploma / GED or less	7%	93%	166
Some college or AA degree	6%	94%	365
Bachelor's degree or higher	1%	99%	298
Household poverty status			
200% of poverty line or less	9%	91%	125
Greater than 200% of poverty line	3%	97%	626
Household type			
Single adult, no children	5%	95%	215
2+ adults, no children	5%	95%	411
Single adult, 1+ children	4%	96%	21
2+ adults, 1+ children	3%	97%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2G. Have you ever been told by a physician, nurse or health professional that you have or had heart trouble or angina (such as atrial fibrillation, irregular heart beat or heart attack)?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	10%	90%	853
Gender			
Female	9%	91%	577
Male	11%	89%	274
Age			
18-34	2%	98%	96
35-44	3%	97%	92
45-54	3%	97%	145
55-64	14%	86%	168
65-74	25%	75%	180
75+	37%	63%	150
Race			
People of color	2%	98%	65
White	11%	89%	762
Highest level of education			
High school diploma / GED or less	16%	84%	167
Some college or AA degree	10%	90%	364
Bachelor's degree or higher	6%	94%	298
Household poverty status			
200% of poverty line or less	15%	85%	126
Greater than 200% of poverty line	8%	92%	624
Household type			
Single adult, no children	12%	88%	215
2+ adults, no children	15%	85%	410
Single adult, 1+ children	2%	98%	21
2+ adults, 1+ children	2%	98%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2H. Have you ever been told by a physician, nurse or health professional that you have or had a stroke or stroke-related health issues?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	4%	96%	852
Gender			
Female	2%	98%	576
Male	5%	95%	273
Age			
18-34	1%	99%	96
35-44	1%	99%	92
45-54	2%	98%	145
55-64	9%	91%	168
65-74	6%	94%	180
75+	12%	88%	149
Race			
People of color	1%	99%	65
White	4%	96%	761
Highest level of education			
High school diploma / GED or less	6%	94%	167
Some college or AA degree	4%	96%	362
Bachelor's degree or higher	2%	98%	298
Household poverty status			
200% of poverty line or less	6%	94%	126
Greater than 200% of poverty line	3%	97%	623
Household type			
Single adult, no children	6%	94%	214
2+ adults, no children	5%	95%	410
Single adult, 1+ children	2%	98%	21
2+ adults, 1+ children	2%	98%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2I. Have you ever been told by a physician, nurse or health professional that you have or had high cholesterol or triglycerides?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	32%	68%	852
Gender			
Female	30%	70%	576
Male	34%	66%	274
Age			
18-34	14%	86%	96
35-44	22%	78%	92
45-54	29%	71%	145
55-64	48%	52%	167
65-74	56%	44%	179
75+	49%	51%	151
Race			
People of color	23%	77%	65
White	33%	67%	761
Highest level of education			
High school diploma / GED or less	36%	64%	166
Some college or AA degree	32%	68%	364
Bachelor's degree or higher	29%	71%	298
Household poverty status			
200% of poverty line or less	30%	70%	125
Greater than 200% of poverty line	32%	68%	624
Household type			
Single adult, no children	40%	60%	214
2+ adults, no children	40%	60%	410
Single adult, 1+ children	30%	70%	21
2+ adults, 1+ children	18%	82%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2J. Have you ever been told by a physician, nurse or health professional that you have or had depression?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	23%	77%	850
Gender			
Female	30%	70%	575
Male	16%	84%	272
Age			
18-34	30%	70%	96
35-44	15%	85%	92
45-54	18%	82%	144
55-64	25%	75%	168
65-74	18%	82%	179
75+	12%	88%	149
Race			
People of color	27%	73%	65
White	21%	79%	759
Highest level of education			
High school diploma / GED or less	32%	68%	167
Some college or AA degree	19%	81%	362
Bachelor's degree or higher	21%	79%	296
Household poverty status			
200% of poverty line or less	39%	61%	126
Greater than 200% of poverty line	17%	83%	622
Household type			
Single adult, no children	24%	76%	213
2+ adults, no children	25%	75%	409
Single adult, 1+ children	21%	79%	21
2+ adults, 1+ children	18%	82%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2K. Have you ever been told by a physician, nurse or health professional that you have or had anxiety or panic attacks?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	24%	76%	852
Gender			
Female	31%	69%	576
Male	17%	83%	273
Age			
18-34	33%	67%	96
35-44	22%	78%	92
45-54	18%	82%	145
55-64	25%	75%	167
65-74	16%	84%	181
75+	14%	86%	149
Race			
People of color	26%	74%	65
White	24%	76%	761
Highest level of education			
High school diploma / GED or less	28%	72%	167
Some college or AA degree	23%	77%	362
Bachelor's degree or higher	23%	77%	298
Household poverty status			
200% of poverty line or less	37%	63%	126
Greater than 200% of poverty line	22%	78%	623
Household type			
Single adult, no children	27%	73%	214
2+ adults, no children	22%	78%	410
Single adult, 1+ children	25%	75%	21
2+ adults, 1+ children	26%	74%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2L. Have you ever been told by a physician, nurse or health professional that you have or had sexually transmitted diseases/infections (such as chlamydia, gonorrhea, or HIV)?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	7%	93%	849
Gender			
Female	9%	91%	574
Male	5%	95%	272
Age			
18-34	11%	89%	96
35-44	12%	88%	92
45-54	6%	94%	143
55-64	3%	97%	167
65-74	2%	98%	180
75+	2%	98%	150
Race			
People of color	17%	83%	64
White	6%	94%	759
Highest level of education			
High school diploma / GED or less	7%	93%	165
Some college or AA degree	9%	91%	362
Bachelor's degree or higher	5%	95%	297
Household poverty status			
200% of poverty line or less	16%	84%	124
Greater than 200% of poverty line	6%	94%	623
Household type			
Single adult, no children	7%	93%	211
2+ adults, no children	6%	94%	410
Single adult, 1+ children	5%	95%	21
2+ adults, 1+ children	9%	91%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q2M. Have you ever been told by a physician, nurse or health professional that you have or had asthma?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	11%	89%	851
Gender			
Female	15%	85%	575
Male	7%	93%	273
Age			
18-34	12%	88%	96
35-44	12%	88%	91
45-54	9%	91%	144
55-64	11%	89%	168
65-74	15%	85%	181
75+	7%	93%	149
Race			
People of color	12%	88%	65
White	11%	89%	760
Highest level of education			
High school diploma / GED or less	8%	92%	167
Some college or AA degree	11%	89%	363
Bachelor's degree or higher	13%	87%	296
Household poverty status			
200% of poverty line or less	14%	86%	125
Greater than 200% of poverty line	10%	90%	624
Household type			
Single adult, no children	12%	88%	214
2+ adults, no children	11%	89%	410
Single adult, 1+ children	8%	92%	20
2+ adults, 1+ children	12%	88%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q3A. When was the last time you had a routine checkup with a doctor or health care professional?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	75%	15%	3%	7%	--	851
Gender						
Female	82%	13%	2%	3%	--	576
Male	69%	16%	5%	11%	--	273
Age						
18-34	58%	21%	4%	17%	--	95
35-44	79%	14%	4%	4%	--	92
45-54	74%	18%	5%	3%	--	145
55-64	83%	12%	3%	2%	--	167
65-74	91%	6%	1%	2%	--	182
75+	95%	5%	--	--	--	148
Race						
People of color	71%	14%	1%	15%	--	66
White	76%	15%	4%	6%	--	759
Highest level of education						
High school diploma / GED or less	78%	11%	4%	6%	--	165
Some college or AA degree	79%	15%	2%	3%	--	365
Bachelor's degree or higher	69%	16%	4%	11%	--	296
Household poverty status						
200% of poverty line or less	75%	12%	2%	11%	--	124
Greater than 200% of poverty line	75%	16%	4%	5%	--	624
Household type						
Single adult, no children	76%	15%	2%	7%	--	215
2+ adults, no children	78%	12%	2%	8%	--	408
Single adult, 1+ children	71%	29%	--	--	--	21
2+ adults, 1+ children	72%	17%	5%	6%	--	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q3B. When was the last time you had a flu shot?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	58%	13%	5%	10%	14%	845
Gender						
Female	61%	13%	5%	9%	12%	570
Male	55%	13%	5%	11%	16%	273
Age						
18-34	50%	20%	8%	10%	11%	95
35-44	57%	8%	5%	14%	15%	92
45-54	53%	16%	3%	7%	21%	143
55-64	60%	8%	5%	11%	16%	165
65-74	72%	10%	1%	6%	11%	182
75+	76%	11%	2%	3%	8%	148
Race						
People of color	54%	22%	10%	5%	8%	65
White	58%	12%	4%	11%	15%	756
Highest level of education						
High school diploma / GED or less	59%	16%	2%	10%	13%	163
Some college or AA degree	51%	16%	6%	11%	15%	364
Bachelor's degree or higher	64%	9%	6%	8%	13%	295
Household poverty status						
200% of poverty line or less	56%	26%	2%	6%	11%	124
Greater than 200% of poverty line	59%	12%	4%	10%	15%	621
Household type						
Single adult, no children	59%	15%	5%	9%	14%	213
2+ adults, no children	59%	10%	6%	11%	15%	408
Single adult, 1+ children	52%	19%	4%	11%	15%	21
2+ adults, 1+ children	57%	17%	4%	9%	13%	178

Anoka County Adult Health Survey
General Health and Health Conditions

Q3C. When was the last time you had a dental exam or your teeth cleaned?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	77%	12%	4%	7%	<.5%	848
Gender						
Female	80%	10%	4%	6%	<.5%	575
Male	73%	14%	4%	9%	1%	270
Age						
18-34	72%	17%	2%	9%	--	96
35-44	87%	8%	4%	2%	--	92
45-54	74%	13%	5%	7%	1%	145
55-64	72%	11%	6%	12%	--	167
65-74	83%	6%	5%	6%	--	181
75+	78%	10%	2%	7%	3%	145
Race						
People of color	65%	19%	3%	12%	2%	66
White	78%	11%	4%	6%	<.5%	756
Highest level of education						
High school diploma / GED or less	68%	10%	3%	16%	3%	163
Some college or AA degree	72%	13%	5%	9%	--	364
Bachelor's degree or higher	84%	12%	2%	2%	--	296
Household poverty status						
200% of poverty line or less	58%	11%	8%	20%	2%	122
Greater than 200% of poverty line	81%	11%	3%	4%	<.5%	624
Household type						
Single adult, no children	75%	12%	6%	7%	<.5%	215
2+ adults, no children	76%	12%	4%	7%	<.5%	405
Single adult, 1+ children	89%	7%	2%	2%	--	21
2+ adults, 1+ children	76%	13%	2%	8%	1%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q3D. When was the last time you had a hearing test?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	20%	13%	11%	43%	13%	839
Gender						
Female	14%	12%	14%	43%	18%	566
Male	25%	14%	8%	43%	9%	270
Age						
18-34	16%	6%	11%	60%	7%	95
35-44	18%	18%	7%	41%	16%	91
45-54	16%	16%	10%	48%	10%	142
55-64	19%	15%	17%	33%	17%	164
65-74	27%	11%	13%	26%	23%	181
75+	34%	19%	7%	20%	20%	146
Race						
People of color	30%	8%	13%	35%	15%	66
White	17%	14%	11%	44%	13%	749
Highest level of education						
High school diploma / GED or less	25%	14%	10%	34%	18%	163
Some college or AA degree	23%	13%	12%	39%	14%	359
Bachelor's degree or higher	13%	13%	11%	51%	11%	294
Household poverty status						
200% of poverty line or less	30%	9%	16%	26%	18%	125
Greater than 200% of poverty line	17%	14%	11%	45%	13%	614
Household type						
Single adult, no children	20%	13%	18%	37%	13%	211
2+ adults, no children	17%	14%	10%	42%	16%	406
Single adult, 1+ children	22%	2%	19%	55%	2%	21
2+ adults, 1+ children	21%	13%	9%	46%	10%	176

Anoka County Adult Health Survey
General Health and Health Conditions

Q3E. When was the last time you had an eye exam?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	59%	22%	7%	10%	1%	851
Gender						
Female	56%	25%	8%	10%	<.5%	575
Male	61%	20%	7%	10%	2%	273
Age						
18-34	48%	22%	9%	21%	--	95
35-44	53%	19%	9%	13%	6%	92
45-54	54%	34%	6%	6%	<.5%	145
55-64	67%	18%	10%	6%	<.5%	167
65-74	73%	20%	4%	3%	--	182
75+	75%	21%	3%	<.5%	--	148
Race						
People of color	47%	19%	10%	17%	7%	66
White	60%	24%	7%	9%	<.5%	759
Highest level of education						
High school diploma / GED or less	59%	28%	7%	6%	--	164
Some college or AA degree	57%	24%	9%	7%	3%	366
Bachelor's degree or higher	58%	20%	6%	16%	--	296
Household poverty status						
200% of poverty line or less	60%	16%	7%	15%	3%	125
Greater than 200% of poverty line	56%	24%	8%	10%	1%	623
Household type						
Single adult, no children	61%	20%	4%	10%	5%	216
2+ adults, no children	64%	22%	6%	8%	--	408
Single adult, 1+ children	53%	22%	9%	17%	--	21
2+ adults, 1+ children	49%	24%	11%	13%	2%	179

Anoka County Adult Health Survey
General Health and Health Conditions

Q3F. When was the last time you had your blood pressure checked?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	90%	7%	1%	1%	1%	856
Gender						
Female	91%	7%	1%	<.5%	1%	579
Male	90%	6%	2%	2%	1%	274
Age						
18-34	83%	10%	2%	4%	1%	95
35-44	92%	6%	2%	--	1%	92
45-54	93%	7%	--	--	--	145
55-64	90%	7%	2%	--	<.5%	168
65-74	99%	--	1%	1%	--	183
75+	98%	2%	--	--	--	151
Race						
People of color	82%	16%	1%	--	1%	66
White	92%	5%	1%	1%	1%	764
Highest level of education						
High school diploma / GED or less	90%	7%	2%	--	1%	167
Some college or AA degree	92%	6%	1%	--	1%	367
Bachelor's degree or higher	88%	7%	2%	3%	<.5%	297
Household poverty status						
200% of poverty line or less	86%	7%	2%	--	4%	126
Greater than 200% of poverty line	92%	5%	1%	2%	<.5%	627
Household type						
Single adult, no children	95%	2%	1%	--	3%	218
2+ adults, no children	91%	5%	2%	1%	--	411
Single adult, 1+ children	98%	2%	--	--	--	21
2+ adults, 1+ children	87%	10%	1%	2%	1%	179

Anoka County Adult Health Survey
General Health and Health Conditions

Q3G. When was the last time you had your blood cholesterol checked?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	67%	16%	5%	6%	6%	853
Gender						
Female	64%	19%	6%	3%	7%	575
Male	70%	13%	5%	8%	5%	275
Age						
18-34	45%	18%	7%	13%	17%	96
35-44	66%	19%	7%	2%	6%	92
45-54	66%	24%	6%	4%	<.5%	145
55-64	81%	12%	2%	3%	1%	167
65-74	87%	7%	3%	2%	1%	183
75+	84%	11%	3%	1%	<.5%	149
Race						
People of color	63%	17%	2%	3%	15%	66
White	67%	16%	6%	6%	5%	762
Highest level of education						
High school diploma / GED or less	72%	15%	5%	4%	4%	166
Some college or AA degree	68%	15%	5%	4%	8%	366
Bachelor's degree or higher	63%	18%	6%	8%	5%	297
Household poverty status						
200% of poverty line or less	66%	21%	6%	2%	4%	126
Greater than 200% of poverty line	66%	17%	5%	6%	6%	627
Household type						
Single adult, no children	72%	16%	7%	1%	4%	217
2+ adults, no children	73%	12%	4%	5%	6%	409
Single adult, 1+ children	56%	7%	29%	6%	3%	21
2+ adults, 1+ children	57%	23%	6%	8%	6%	180

Anoka County Adult Health Survey
General Health and Health Conditions

Q3H. When was the last time you had your blood sugar checked?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	67%	15%	3%	7%	8%	845
Gender						
Female	65%	18%	4%	4%	9%	568
Male	68%	12%	3%	9%	7%	274
Age						
18-34	49%	16%	4%	13%	20%	96
35-44	66%	19%	6%	4%	6%	91
45-54	62%	21%	4%	9%	4%	145
55-64	81%	11%	1%	4%	3%	165
65-74	87%	8%	3%	1%	1%	179
75+	81%	12%	2%	2%	3%	148
Race						
People of color	62%	10%	2%	15%	12%	66
White	67%	16%	3%	6%	8%	754
Highest level of education						
High school diploma / GED or less	71%	12%	4%	7%	6%	165
Some college or AA degree	69%	15%	3%	4%	9%	362
Bachelor's degree or higher	62%	16%	4%	10%	9%	294
Household poverty status						
200% of poverty line or less	67%	14%	1%	8%	9%	123
Greater than 200% of poverty line	67%	16%	4%	5%	9%	620
Household type						
Single adult, no children	70%	15%	3%	2%	10%	213
2+ adults, no children	70%	11%	1%	10%	7%	406
Single adult, 1+ children	61%	6%	27%	6%	--	21
2+ adults, 1+ children	61%	21%	4%	4%	10%	179

Anoka County Adult Health Survey
General Health and Health Conditions

Q3I. When was the last time you had any screening for skin cancer?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	23%	11%	6%	11%	49%	842
Gender						
Female	24%	13%	6%	12%	45%	569
Male	21%	10%	7%	10%	52%	270
Age						
18-34	6%	9%	4%	17%	64%	96
35-44	24%	12%	12%	7%	46%	92
45-54	22%	14%	7%	7%	50%	143
55-64	31%	12%	8%	9%	40%	166
65-74	36%	10%	6%	11%	37%	178
75+	40%	17%	2%	8%	33%	145
Race						
People of color	13%	7%	2%	8%	70%	65
White	24%	13%	7%	11%	45%	751
Highest level of education						
High school diploma / GED or less	17%	12%	3%	13%	56%	164
Some college or AA degree	21%	12%	6%	9%	52%	359
Bachelor's degree or higher	26%	11%	9%	11%	43%	294
Household poverty status						
200% of poverty line or less	14%	12%	4%	13%	58%	123
Greater than 200% of poverty line	23%	12%	8%	10%	47%	617
Household type						
Single adult, no children	28%	17%	3%	7%	46%	212
2+ adults, no children	26%	11%	6%	12%	44%	403
Single adult, 1+ children	7%	3%	4%	14%	72%	21
2+ adults, 1+ children	16%	11%	9%	10%	55%	179

Anoka County Adult Health Survey
General Health and Health Conditions

Q3J. When was the last time you had any screening for colon cancer (such as a colonoscopy)?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	14%	11%	9%	17%	49%	837
Gender						
Female	16%	10%	10%	15%	49%	566
Male	13%	11%	8%	18%	49%	269
Age						
18-34	<.5%	1%	2%	16%	79%	93
35-44	7%	2%	1%	6%	84%	92
45-54	17%	11%	13%	7%	53%	143
55-64	21%	19%	12%	33%	14%	164
65-74	37%	24%	17%	18%	5%	179
75+	19%	25%	23%	27%	7%	144
Race						
People of color	11%	1%	3%	17%	69%	64
White	15%	12%	10%	17%	47%	747
Highest level of education						
High school diploma / GED or less	15%	12%	10%	26%	37%	161
Some college or AA degree	16%	13%	9%	15%	47%	357
Bachelor's degree or higher	12%	7%	8%	16%	57%	295
Household poverty status						
200% of poverty line or less	17%	10%	4%	24%	45%	122
Greater than 200% of poverty line	13%	10%	9%	15%	53%	614
Household type						
Single adult, no children	23%	19%	13%	18%	27%	215
2+ adults, no children	17%	15%	12%	22%	34%	397
Single adult, 1+ children	4%	--	2%	2%	93%	21
2+ adults, 1+ children	8%	3%	3%	11%	75%	178

Anoka County Adult Health Survey
General Health and Health Conditions

Q3K. When was the last time you had a prostate exam (men only)?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	25%	14%	7%	10%	44%	265
Gender						
Female	--	--	--	--	--	.
Male	25%	14%	7%	10%	44%	265
Age						
18-34	2%	4%	8%	8%	78%	24
35-44	21%	5%	3%	5%	66%	21
45-54	32%	8%	6%	6%	47%	37
55-64	36%	33%	7%	9%	15%	55
65-74	53%	27%	6%	11%	3%	69
75+	32%	24%	15%	28%	--	54
Race						
People of color	17%	2%	13%	--	67%	22
White	26%	17%	6%	10%	41%	235
Highest level of education						
High school diploma / GED or less	38%	21%	2%	14%	25%	48
Some college or AA degree	23%	16%	10%	12%	38%	125
Bachelor's degree or higher	22%	11%	4%	4%	59%	88
Household poverty status						
200% of poverty line or less	12%	15%	24%	7%	41%	34
Greater than 200% of poverty line	27%	13%	4%	9%	46%	198
Household type						
Single adult, no children	25%	19%	15%	15%	25%	54
2+ adults, no children	34%	19%	4%	9%	34%	157
Single adult, 1+ children	--	--	--	--	--	6
2+ adults, 1+ children	13%	6%	9%	7%	65%	42

Anoka County Adult Health Survey
General Health and Health Conditions

Q3L. When was the last time you had a Pap smear (women only)?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	34%	35%	10%	17%	4%	540
Gender						
Female	34%	35%	10%	17%	4%	540
Male	--	--	--	--	--	.
Age						
18-34	41%	36%	4%	8%	12%	70
35-44	41%	47%	10%	1%	--	71
45-54	36%	45%	8%	12%	--	105
55-64	33%	31%	16%	20%	<.5%	104
65-74	20%	18%	21%	40%	1%	92
75+	7%	13%	14%	65%	1%	82
Race						
People of color	42%	22%	7%	21%	8%	41
White	33%	37%	10%	16%	3%	482
Highest level of education						
High school diploma / GED or less	26%	28%	9%	32%	5%	106
Some college or AA degree	27%	38%	12%	18%	4%	217
Bachelor's degree or higher	45%	36%	8%	9%	3%	198
Household poverty status						
200% of poverty line or less	27%	27%	8%	32%	5%	81
Greater than 200% of poverty line	37%	37%	10%	13%	3%	394
Household type						
Single adult, no children	23%	24%	18%	31%	4%	143
2+ adults, no children	30%	34%	9%	22%	5%	227
Single adult, 1+ children	--	--	--	--	--	15
2+ adults, 1+ children	43%	39%	9%	6%	3%	136

Anoka County Adult Health Survey
General Health and Health Conditions

Q3M. When was the last time you had a mammogram (women only)?

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	43%	15%	4%	5%	32%	561
Gender						
Female	43%	15%	4%	5%	32%	561
Male	--	--	--	--	--	.
Age						
18-34	9%	1%	--	3%	86%	65
35-44	29%	11%	5%	5%	50%	64
45-54	63%	25%	5%	<.5%	7%	105
55-64	58%	27%	7%	7%	1%	113
65-74	78%	11%	2%	6%	2%	108
75+	47%	26%	11%	16%	1%	90
Race						
People of color	17%	11%	1%	10%	61%	40
White	46%	16%	5%	4%	29%	504
Highest level of education						
High school diploma / GED or less	38%	17%	5%	10%	31%	112
Some college or AA degree	44%	18%	4%	3%	32%	233
Bachelor's degree or higher	43%	12%	4%	5%	35%	197
Household poverty status						
200% of poverty line or less	26%	19%	4%	14%	37%	87
Greater than 200% of poverty line	46%	13%	4%	4%	33%	407
Household type						
Single adult, no children	54%	19%	6%	10%	11%	156
2+ adults, no children	54%	19%	4%	6%	17%	241
Single adult, 1+ children	--	--	--	--	--	13
2+ adults, 1+ children	26%	9%	4%	2%	59%	132

Anoka County Adult Health Survey
General Health and Health Conditions

Q4. During the past 12 months, was there a time when you thought you needed medical care, but did not get it or delayed getting it?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	30%	70%	829
Gender			
Female	33%	67%	563
Male	28%	72%	264
Age			
18-34	44%	56%	96
35-44	27%	73%	91
45-54	33%	67%	139
55-64	23%	77%	163
65-74	16%	84%	182
75+	7%	93%	148
Race			
People of color	46%	54%	64
White	27%	73%	751
Highest level of education			
High school diploma / GED or less	21%	79%	165
Some college or AA degree	30%	70%	357
Bachelor's degree or higher	33%	67%	294
Household poverty status			
200% of poverty line or less	35%	65%	122
Greater than 200% of poverty line	29%	71%	618
Household type			
Single adult, no children	29%	71%	212
2+ adults, no children	30%	70%	404
Single adult, 1+ children	22%	78%	21
2+ adults, 1+ children	30%	70%	177

Anoka County Adult Health Survey
General Health and Health Conditions

Q5. Why did you not get or delay getting the medical care you thought you needed? (Check all that apply)

	It was too expensive	My insurance did not cover it	I did not have insurance	I was too nervous or afraid	I could not get an appointment	I did not think it was serious enough	I had transportation problems	I did not know where to go	Other reason	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	%	
Anoka County total	44%	21%	21%	14%	5%	42%	2%	6%	14%	197
Gender										
Female	51%	26%	14%	16%	7%	43%	3%	8%	11%	151
Male	36%	14%	30%	11%	2%	42%	1%	5%	18%	46
Age										
18-34	43%	15%	27%	20%	6%	54%	1%	12%	16%	43
35-44	37%	22%	22%	4%	6%	31%	1%	4%	20%	28
45-54	46%	19%	13%	12%	2%	43%	--	--	8%	45
55-64	50%	39%	10%	10%	4%	24%	9%	2%	16%	40
65-74	31%	16%	2%	13%	4%	44%	--	6%	11%	27
75+	--	--	--	--	--	--	--	--	--	10
Race										
People of color	27%	13%	54%	16%	--	65%	2%	7%	3%	26
White	49%	24%	9%	14%	6%	37%	2%	7%	18%	166
Highest level of education										
High school diploma / GED or less	40%	16%	23%	17%	5%	28%	14%	5%	3%	28
Some college or AA degree	44%	24%	20%	10%	7%	46%	1%	6%	11%	93
Bachelor's degree or higher	44%	19%	18%	18%	2%	44%	1%	7%	20%	73
Household poverty status										
200% of poverty line or less	35%	10%	43%	8%	4%	43%	14%	5%	6%	36
Greater than 200% of poverty line	47%	25%	9%	16%	6%	39%	--	7%	17%	144
Household type										
Single adult, no children	47%	39%	10%	29%	5%	42%	4%	3%	12%	45
2+ adults, no children	39%	21%	17%	9%	6%	46%	3%	7%	21%	87
Single adult, 1+ children	--	--	--	--	--	--	--	--	--	5
2+ adults, 1+ children	48%	18%	24%	17%	3%	41%	1%	7%	6%	56

Anoka County Adult Health Survey
General Health and Health Conditions

Q5. Why did you not get or delay getting the medical care you thought you needed? (Check all that apply) - Other reason, specify:

Issue or concern with provider or care provided	20%
Could not take time off	16%
High insurance deductible	15%
Other	13%
Too busy at work	10%
Too busy / didn't have time	7%
Issue or concern with quality of care	4%
Provider / service was out of network or does not accept my insurance	4%
Did not know whether insurance would cover the care	3%
Issue with childcare (could not get)	2%
Work conflict (unspecified)	2%
Dislike needed procedure / service	2%
Provider was unavailable	2%
Wanted to find new provider / no longer like current provider	1%
Number of respondents (unweighted)	34

Anoka County Adult Health Survey
General Health and Health Conditions

Q6. During the past 12 months, was there a time when you thought you needed dental care, but did not get it or delayed getting it?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	26%	74%	824
Gender			
Female	27%	73%	559
Male	25%	75%	263
Age			
18-34	32%	68%	96
35-44	20%	80%	91
45-54	25%	75%	139
55-64	28%	72%	163
65-74	21%	79%	178
75+	15%	85%	146
Race			
People of color	41%	59%	63
White	23%	77%	746
Highest level of education			
High school diploma / GED or less	31%	69%	163
Some college or AA degree	29%	71%	354
Bachelor's degree or higher	20%	80%	293
Household poverty status			
200% of poverty line or less	48%	52%	122
Greater than 200% of poverty line	20%	80%	613
Household type			
Single adult, no children	29%	71%	211
2+ adults, no children	24%	76%	399
Single adult, 1+ children	18%	82%	21
2+ adults, 1+ children	27%	73%	178

Anoka County Adult Health Survey
General Health and Health Conditions

Q7. Why did you not get or delay getting the dental care you thought you needed? (Check all that apply)

	It was too expensive	My insurance did not cover it	I did not have insurance	I was too nervous or afraid	I could not get an appointment	I did not think it was serious enough	I had transportation problems	I did not know where to go	Other reason	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	%	
Anoka County total	62%	32%	34%	18%	5%	18%	1%	7%	9%	191
Gender										
Female	56%	32%	30%	25%	3%	18%	3%	12%	9%	135
Male	68%	32%	38%	11%	8%	18%	--	1%	10%	56
Age										
18-34	68%	33%	42%	35%	8%	25%	2%	13%	9%	30
35-44	33%	10%	31%	6%	4%	16%	2%	6%	21%	21
45-54	54%	40%	19%	18%	8%	17%	--	4%	3%	33
55-64	71%	38%	28%	8%	3%	6%	--	2%	5%	47
65-74	65%	38%	33%	11%	--	27%	--	--	7%	33
75+	51%	24%	27%	3%	--	33%	15%	9%	27%	23
Race										
People of color	76%	51%	57%	38%	2%	18%	<.5%	12%	2%	23
White	56%	27%	24%	13%	7%	19%	2%	6%	12%	163
Highest level of education										
High school diploma / GED or less	50%	31%	21%	31%	9%	13%	4%	9%	2%	47
Some college or AA degree	63%	24%	33%	11%	1%	18%	1%	6%	7%	89
Bachelor's degree or higher	65%	48%	36%	24%	10%	23%	--	8%	17%	51
Household poverty status										
200% of poverty line or less	73%	33%	34%	19%	6%	12%	4%	14%	2%	47
Greater than 200% of poverty line	54%	26%	24%	11%	7%	24%	<.5%	4%	13%	119
Household type										
Single adult, no children	60%	34%	28%	9%	--	23%	4%	5%	7%	53
2+ adults, no children	70%	47%	34%	25%	3%	24%	2%	9%	7%	81
Single adult, 1+ children	--	--	--	--	--	--	--	--	--	5
2+ adults, 1+ children	55%	15%	32%	17%	11%	13%	1%	6%	12%	47

Anoka County Adult Health Survey
General Health and Health Conditions

Q7. Why did you not get or delay getting the dental care you thought you needed? (Check all that apply) - Other reason, specify:

Work conflict (unspecified)	25%
Issue with insurance (general)	19%
Other	11%
Procrastination	10%
Too busy / didn't have time	9%
Other medical issues prevented receiving needed care	6%
Appointment was already scheduled or coming up	6%
Wanted to find new provider / no longer like current provider	5%
Dislike needed procedure / service	4%
Provider was unavailable	4%
Did not know what it would cost	1%
Number of respondents (unweighted)	19

Anoka County Adult Health Survey
General Health and Health Conditions

Q8. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go or delayed talking with someone?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	20%	80%	826
Gender			
Female	25%	75%	558
Male	16%	84%	266
Age			
18-34	30%	70%	96
35-44	18%	82%	91
45-54	21%	79%	139
55-64	16%	84%	163
65-74	8%	92%	180
75+	6%	94%	146
Race			
People of color	21%	79%	63
White	20%	80%	748
Highest level of education			
High school diploma / GED or less	20%	80%	163
Some college or AA degree	17%	83%	357
Bachelor's degree or higher	23%	77%	292
Household poverty status			
200% of poverty line or less	21%	79%	122
Greater than 200% of poverty line	19%	81%	615
Household type			
Single adult, no children	21%	79%	210
2+ adults, no children	21%	79%	403
Single adult, 1+ children	33%	67%	21
2+ adults, 1+ children	17%	83%	177

Anoka County Adult Health Survey
General Health and Health Conditions

Q9. Why did you not get or delay getting the mental health care you thought you needed? (Check all that apply)

	It was too expensive	My insurance did not cover it	I did not have insurance	I was too nervous or afraid	I could not get an appointment	I did not think it was serious enough	I had transportation problems	I did not know where to go	Other reason	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	%	
Anoka County total	41%	17%	19%	33%	6%	34%	1%	25%	21%	137
Gender										
Female	35%	16%	8%	32%	7%	40%	2%	34%	18%	107
Male	51%	18%	39%	35%	3%	24%	--	10%	26%	30
Age										
18-34	44%	26%	24%	50%	7%	29%	2%	31%	20%	34
35-44	30%	15%	15%	39%	--	28%	--	32%	8%	21
45-54	49%	2%	4%	20%	3%	51%	--	16%	29%	28
55-64	35%	17%	12%	15%	16%	33%	4%	18%	34%	29
65-74	--	--	--	--	--	--	--	--	--	14
75+	--	--	--	--	--	--	--	--	--	8
Race										
People of color	--	--	--	--	--	--	--	--	--	15
White	37%	13%	12%	30%	4%	37%	1%	24%	22%	118
Highest level of education										
High school diploma / GED or less	43%	8%	31%	40%	6%	37%	6%	21%	11%	20
Some college or AA degree	33%	18%	15%	33%	3%	37%	--	33%	13%	60
Bachelor's degree or higher	43%	19%	14%	33%	8%	33%	1%	21%	32%	55
Household poverty status										
200% of poverty line or less	30%	9%	11%	22%	6%	45%	10%	26%	27%	26
Greater than 200% of poverty line	37%	12%	8%	28%	7%	35%	--	27%	23%	100
Household type										
Single adult, no children	21%	15%	20%	33%	6%	30%	--	37%	16%	31
2+ adults, no children	44%	22%	20%	42%	8%	29%	2%	21%	26%	54
Single adult, 1+ children	--	--	--	--	--	--	--	--	--	6
2+ adults, 1+ children	40%	12%	9%	27%	3%	45%	2%	31%	19%	44

Anoka County Adult Health Survey
General Health and Health Conditions

Q9. Why did you not get or delay getting the mental health care you thought you needed? (Check all that apply) - Other reason, specify:

High insurance deductible	16%
Negative past experience	15%
Resolved personally	13%
Other	11%
Too busy / did not have time	9%
Stigma	8%
Did not know whether insurance would cover the care	8%
Issue or concern about quality of care	5%
Can handle myself or I treat myself	4%
Could not get time off work	3%
Doubts that it will help	3%
Issue with contacting provider or scheduling appointment	3%
Lack of availability in area	2%
Afraid insurance costs would increase because of seeking mental health care	1%
Thought it was up to me	1%
Number of respondents (unweighted)	35

Anoka County Adult Health Survey
General Health and Health Conditions

Q10. During the past 30 days, for about how many days have you felt sad or depressed?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	51%	35%	7%	6%	2%	797
Gender						
Female	44%	40%	9%	4%	3%	540
Male	57%	30%	5%	7%	1%	256
Age						
18-34	39%	41%	9%	8%	3%	95
35-44	57%	34%	6%	4%	--	90
45-54	47%	41%	4%	6%	2%	131
55-64	58%	28%	10%	2%	2%	159
65-74	57%	32%	6%	4%	1%	173
75+	70%	23%	5%	--	1%	138
Race						
People of color	49%	32%	6%	10%	4%	61
White	52%	35%	7%	4%	2%	723
Highest level of education						
High school diploma / GED or less	50%	23%	16%	7%	4%	158
Some college or AA degree	54%	34%	6%	5%	1%	345
Bachelor's degree or higher	49%	40%	5%	5%	2%	281
Household poverty status						
200% of poverty line or less	47%	30%	12%	6%	6%	116
Greater than 200% of poverty line	53%	37%	6%	3%	1%	598
Household type						
Single adult, no children	38%	38%	16%	3%	5%	200
2+ adults, no children	53%	30%	7%	7%	3%	389
Single adult, 1+ children	36%	47%	11%	6%	--	21
2+ adults, 1+ children	52%	40%	5%	2%	<.5%	172

Anoka County Adult Health Survey
General Health and Health Conditions

Q11. How would you rate your overall level of stress?

	Low	Medium	High	Number of respondents (unweighted)
	%	%	%	
Anoka County total	33%	52%	15%	824
Gender				
Female	29%	55%	17%	559
Male	38%	48%	14%	265
Age				
18-34	26%	52%	22%	95
35-44	34%	54%	12%	91
45-54	34%	52%	14%	140
55-64	24%	63%	13%	162
65-74	53%	38%	9%	180
75+	56%	41%	3%	145
Race				
People of color	37%	42%	21%	64
White	33%	53%	14%	745
Highest level of education				
High school diploma / GED or less	41%	48%	11%	163
Some college or AA degree	35%	49%	16%	355
Bachelor's degree or higher	30%	56%	15%	293
Household poverty status				
200% of poverty line or less	38%	47%	15%	122
Greater than 200% of poverty line	33%	54%	13%	611
Household type				
Single adult, no children	38%	47%	15%	209
2+ adults, no children	39%	45%	16%	401
Single adult, 1+ children	7%	66%	26%	21
2+ adults, 1+ children	26%	61%	13%	177

Anoka County Adult Health Survey
General Health and Health Conditions

Q12. How well would you say you are able to cope with your stress?

	Very well	Fairly well	Not very well	Not well at all	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	30%	60%	9%	1%	819
Gender					
Female	29%	60%	9%	1%	554
Male	32%	60%	8%	--	265
Age					
18-34	19%	65%	14%	2%	95
35-44	36%	56%	8%	--	91
45-54	32%	62%	5%	<.5%	138
55-64	30%	62%	8%	--	160
65-74	43%	55%	1%	1%	180
75+	44%	54%	1%	--	145
Race					
People of color	26%	56%	18%	<.5%	64
White	32%	61%	6%	1%	740
Highest level of education					
High school diploma / GED or less	36%	56%	7%	--	161
Some college or AA degree	30%	60%	8%	2%	355
Bachelor's degree or higher	29%	63%	8%	<.5%	291
Household poverty status					
200% of poverty line or less	30%	55%	15%	1%	119
Greater than 200% of poverty line	32%	62%	6%	1%	610
Household type					
Single adult, no children	37%	54%	9%	1%	206
2+ adults, no children	33%	56%	10%	1%	401
Single adult, 1+ children	9%	79%	10%	2%	21
2+ adults, 1+ children	27%	67%	5%	<.5%	176

Anoka County Adult Health Survey
General Health and Health Conditions

Q13. Do you have health insurance?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	96%	4%	833
Gender			
Female	97%	3%	565
Male	94%	6%	266
Age			
18-34	94%	6%	96
35-44	95%	5%	91
45-54	98%	2%	140
55-64	98%	2%	164
65-74	99%	1%	182
75+	99%	1%	149
Race			
People of color	87%	13%	65
White	98%	2%	753
Highest level of education			
High school diploma / GED or less	97%	3%	166
Some college or AA degree	94%	6%	358
Bachelor's degree or higher	99%	1%	295
Household poverty status			
200% of poverty line or less	88%	12%	124
Greater than 200% of poverty line	98%	2%	618
Household type			
Single adult, no children	98%	2%	214
2+ adults, no children	98%	2%	404
Single adult, 1+ children	91%	9%	21
2+ adults, 1+ children	94%	6%	178

Anoka County Adult Health Survey
General Health and Health Conditions

Q13B. Which types of health insurance do you have? (Check all that apply)

	Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	Health insurance or coverage bought directly by yourself or your family	Indian or Tribal Health Service	Medicare or Medicare Supplement (such as Part D)	Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	Minnesota Comprehensive Health Association (MCHA)	MinnesotaCare	CHAMPUS, TRICARE, or Veterans' benefits	Other health insurance or coverage	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	%	
Anoka County total	70%	12%	--	20%	4%	--	4%	2%	6%	805
Gender										
Female	68%	11%	--	20%	6%	--	5%	1%	6%	545
Male	71%	13%	--	20%	2%	--	3%	4%	7%	259
Age										
18-34	84%	5%	--	2%	6%	--	5%	2%	2%	92
35-44	82%	10%	--	1%	5%	--	4%	--	6%	85
45-54	87%	4%	--	3%	4%	--	4%	--	2%	135
55-64	71%	12%	--	12%	3%	--	6%	1%	8%	158
65-74	21%	28%	--	85%	2%	--	--	3%	13%	179
75+	18%	39%	--	91%	1%	--	<.5%	11%	21%	146
Race										
People of color	69%	19%	--	3%	9%	--	11%	--	9%	55
White	70%	11%	--	22%	3%	--	3%	2%	6%	737
Highest level of education										
High school diploma / GED or less	37%	18%	--	36%	12%	--	6%	3%	12%	160
Some college or AA degree	69%	11%	--	22%	5%	--	3%	3%	8%	344
Bachelor's degree or higher	83%	10%	--	11%	<.5%	--	4%	1%	3%	289
Household poverty status										
200% of poverty line or less	25%	16%	--	28%	17%	--	19%	1%	23%	115
Greater than 200% of poverty line	79%	9%	--	16%	2%	--	1%	2%	4%	601
Household type										
Single adult, no children	48%	15%	--	34%	9%	--	7%	2%	11%	208
2+ adults, no children	67%	15%	--	29%	3%	--	2%	2%	7%	395
Single adult, 1+ children	85%	4%	--	6%	11%	--	--	--	--	20
2+ adults, 1+ children	80%	7%	--	3%	4%	--	5%	2%	5%	167

Q13B. Which types of health insurance do you have? (Check all that apply) - Other health insurance or coverage, specify:

Specific provider mentioned (unknown payment source)	77%
V.A.	11%
Healthshare (ex. Samritan Ministries)	7%
Cobra	3%
Other	1%
V.A. retirement plan	1%
Number of respondents (unweighted)	48

Anoka County Adult Health Survey
General Health and Health Conditions

Q14. In the past 12 months, has your household had health care costs (including prescriptions) that have made it difficult for you to pay other bills or afford necessities such as food, transportation, or housing?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	23%	77%	831
Gender			
Female	22%	78%	563
Male	23%	77%	266
Age			
18-34	29%	71%	96
35-44	20%	80%	91
45-54	29%	71%	139
55-64	20%	80%	162
65-74	7%	93%	182
75+	7%	93%	150
Race			
People of color	41%	59%	64
White	18%	82%	752
Highest level of education			
High school diploma / GED or less	25%	75%	165
Some college or AA degree	29%	71%	358
Bachelor's degree or higher	13%	87%	294
Household poverty status			
200% of poverty line or less	49%	51%	122
Greater than 200% of poverty line	17%	83%	618
Household type			
Single adult, no children	13%	87%	213
2+ adults, no children	18%	82%	403
Single adult, 1+ children	28%	72%	21
2+ adults, 1+ children	30%	70%	178

Anoka County Adult Health Survey
Health Habits

Q15. A serving of vegetables – not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	15%	65%	16%	3%	829
Gender					
Female	13%	60%	24%	3%	562
Male	17%	71%	8%	4%	265
Age					
18-34	13%	68%	15%	3%	96
35-44	22%	50%	22%	6%	90
45-54	18%	65%	14%	2%	140
55-64	13%	69%	14%	5%	164
65-74	10%	67%	21%	2%	181
75+	13%	75%	11%	1%	147
Race					
People of color	17%	68%	12%	3%	64
White	15%	65%	17%	4%	750
Highest level of education					
High school diploma / GED or less	20%	68%	8%	4%	165
Some college or AA degree	17%	70%	12%	1%	355
Bachelor's degree or higher	11%	59%	23%	6%	295
Household poverty status					
200% of poverty line or less	20%	74%	6%	1%	124
Greater than 200% of poverty line	14%	63%	18%	4%	616
Household type					
Single adult, no children	13%	68%	16%	2%	211
2+ adults, no children	16%	67%	13%	4%	405
Single adult, 1+ children	9%	79%	12%	--	21
2+ adults, 1+ children	14%	62%	20%	4%	178

Anoka County Adult Health Survey
Health Habits

Q16. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut, or canned fruit. How many servings of fruit did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	23%	62%	14%	1%	830
Gender					
Female	21%	62%	17%	1%	563
Male	26%	62%	11%	1%	265
Age					
18-34	23%	57%	20%	1%	96
35-44	25%	57%	18%	--	91
45-54	27%	61%	11%	2%	140
55-64	25%	63%	11%	1%	164
65-74	19%	70%	11%	1%	181
75+	19%	71%	9%	1%	147
Race					
People of color	31%	51%	17%	--	65
White	22%	63%	14%	1%	750
Highest level of education					
High school diploma / GED or less	27%	56%	15%	1%	165
Some college or AA degree	23%	68%	9%	--	356
Bachelor's degree or higher	22%	57%	20%	1%	295
Household poverty status					
200% of poverty line or less	27%	58%	15%	<.5%	124
Greater than 200% of poverty line	24%	61%	15%	1%	617
Household type					
Single adult, no children	20%	67%	12%	1%	212
2+ adults, no children	27%	61%	10%	1%	405
Single adult, 1+ children	7%	71%	22%	--	21
2+ adults, 1+ children	21%	59%	20%	<.5%	178

Anoka County Adult Health Survey
Health Habits

Q17. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	69%	29%	2%	<.5%	830
Gender					
Female	75%	22%	3%	<.5%	563
Male	63%	35%	2%	--	265
Age					
18-34	63%	35%	2%	--	96
35-44	80%	19%	2%	--	91
45-54	77%	20%	3%	--	140
55-64	75%	21%	4%	--	164
65-74	60%	38%	2%	--	181
75+	49%	50%	--	<.5%	147
Race					
People of color	58%	41%	1%	--	65
White	72%	26%	2%	<.5%	750
Highest level of education					
High school diploma / GED or less	56%	39%	5%	<.5%	165
Some college or AA degree	72%	26%	2%	--	356
Bachelor's degree or higher	72%	26%	2%	--	295
Household poverty status					
200% of poverty line or less	52%	41%	7%	<.5%	124
Greater than 200% of poverty line	74%	25%	1%	--	617
Household type					
Single adult, no children	64%	34%	2%	<.5%	212
2+ adults, no children	69%	29%	2%	--	405
Single adult, 1+ children	73%	24%	4%	--	21
2+ adults, 1+ children	72%	26%	2%	--	178

Anoka County Adult Health Survey
Health Habits

Calc1. Calculated variable based on responses to Q16-Q17. How many servings of fruit and/or fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	17%	58%	21%	4%	830
Gender					
Female	17%	55%	23%	4%	563
Male	17%	61%	18%	5%	265
Age					
18-34	13%	60%	22%	5%	96
35-44	22%	55%	20%	3%	91
45-54	22%	57%	18%	3%	140
55-64	19%	60%	14%	6%	164
65-74	12%	62%	23%	4%	181
75+	13%	52%	33%	2%	147
Race					
People of color	19%	56%	17%	8%	65
White	16%	59%	21%	3%	750
Highest level of education					
High school diploma / GED or less	18%	51%	25%	6%	165
Some college or AA degree	16%	67%	15%	2%	356
Bachelor's degree or higher	18%	52%	24%	6%	295
Household poverty status					
200% of poverty line or less	16%	53%	26%	5%	124
Greater than 200% of poverty line	18%	58%	20%	4%	617
Household type					
Single adult, no children	15%	56%	23%	6%	212
2+ adults, no children	19%	59%	18%	4%	405
Single adult, 1+ children	7%	58%	35%	--	21
2+ adults, 1+ children	15%	58%	22%	5%	178

Anoka County Adult Health Survey
Health Habits

Calc2. Calculated variable based on responses to Q15-Q17. How many servings of fruit, fruit juice, and/or vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5-9 servings	10+ servings	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	5%	31%	35%	28%	1%	829
Gender						
Female	6%	22%	36%	35%	1%	562
Male	5%	39%	34%	20%	2%	265
Age						
18-34	5%	26%	38%	31%	--	96
35-44	8%	33%	29%	28%	3%	90
45-54	7%	36%	34%	21%	2%	140
55-64	5%	36%	33%	24%	2%	164
65-74	2%	27%	39%	31%	<.5%	181
75+	5%	27%	38%	29%	<.5%	147
Race						
People of color	9%	28%	38%	22%	3%	64
White	5%	32%	35%	28%	1%	750
Highest level of education						
High school diploma / GED or less	8%	29%	34%	26%	2%	165
Some college or AA degree	4%	38%	39%	19%	--	355
Bachelor's degree or higher	6%	24%	32%	36%	2%	295
Household poverty status						
200% of poverty line or less	7%	33%	35%	24%	1%	124
Greater than 200% of poverty line	6%	31%	34%	28%	1%	616
Household type						
Single adult, no children	5%	29%	37%	29%	1%	211
2+ adults, no children	7%	31%	37%	24%	2%	405
Single adult, 1+ children	6%	30%	25%	39%	--	21
2+ adults, 1+ children	4%	32%	33%	30%	1%	178

Anoka County Adult Health Survey
Health Habits

Q18. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

	Often	Sometimes	Rarely	Never	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	3%	8%	14%	74%	854
Gender					
Female	5%	10%	13%	72%	577
Male	2%	7%	16%	75%	274
Age					
18-34	4%	9%	21%	66%	96
35-44	1%	8%	10%	81%	92
45-54	3%	9%	16%	73%	145
55-64	5%	9%	15%	71%	166
65-74	2%	3%	6%	89%	182
75+	<.5%	4%	7%	88%	151
Race					
People of color	7%	18%	26%	50%	66
White	2%	6%	13%	79%	762
Highest level of education					
High school diploma / GED or less	7%	17%	19%	57%	166
Some college or AA degree	3%	10%	21%	65%	367
Bachelor's degree or higher	1%	3%	5%	90%	296
Household poverty status					
200% of poverty line or less	15%	27%	26%	32%	124
Greater than 200% of poverty line	1%	4%	13%	83%	628
Household type					
Single adult, no children	3%	12%	16%	68%	216
2+ adults, no children	3%	6%	11%	80%	410
Single adult, 1+ children	6%	19%	2%	73%	21
2+ adults, 1+ children	3%	9%	20%	69%	180

Anoka County Adult Health Survey
Health Habits

Q19. During the past 12 months, have you used a community food shelf program, SNAP, WIC, or other supplemental food program?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	9%	91%	854
Gender			
Female	10%	90%	578
Male	8%	92%	273
Age			
18-34	17%	83%	96
35-44	7%	93%	92
45-54	5%	95%	145
55-64	7%	93%	167
65-74	4%	96%	183
75+	5%	95%	149
Race			
People of color	30%	70%	66
White	5%	95%	762
Highest level of education			
High school diploma / GED or less	18%	82%	165
Some college or AA degree	13%	87%	366
Bachelor's degree or higher	2%	98%	298
Household poverty status			
200% of poverty line or less	47%	53%	125
Greater than 200% of poverty line	2%	98%	627
Household type			
Single adult, no children	13%	87%	217
2+ adults, no children	3%	97%	409
Single adult, 1+ children	13%	87%	21
2+ adults, 1+ children	15%	85%	180

Anoka County Adult Health Survey
Health Habits

Q20A. How often did you drink fruit drinks (such as Snapple, flavored teas, or Kool-Aid) in the past week?

	4 or more times per day	2-3 times per day	1 time per day	5-6 times per week	2-4 times per week	1 time per week	Never or less than 1 time per week	Number of respondents (unweighted)
	%	%	%	%	%	%	%	
Anoka County total	1%	3%	5%	2%	9%	11%	68%	845
Gender								
Female	1%	3%	4%	1%	5%	9%	77%	573
Male	1%	4%	7%	2%	13%	14%	60%	269
Age								
18-34	1%	3%	4%	1%	18%	11%	62%	96
35-44	--	6%	8%	--	<.5%	19%	67%	92
45-54	<.5%	2%	5%	2%	10%	10%	71%	142
55-64	2%	1%	5%	1%	10%	11%	70%	165
65-74	1%	6%	6%	2%	4%	7%	74%	182
75+	2%	6%	7%	2%	4%	9%	72%	147
Race								
People of color	1%	2%	8%	2%	28%	13%	46%	66
White	1%	4%	5%	1%	6%	11%	72%	754
Highest level of education								
High school diploma / GED or less	3%	6%	13%	3%	9%	8%	59%	159
Some college or AA degree	<.5%	3%	5%	1%	8%	11%	72%	364
Bachelor's degree or higher	1%	3%	3%	1%	11%	13%	67%	298
Household poverty status								
200% of poverty line or less	1%	5%	17%	<.5%	12%	11%	53%	121
Greater than 200% of poverty line	1%	3%	3%	1%	7%	12%	73%	624
Household type								
Single adult, no children	1%	9%	8%	1%	5%	9%	68%	213
2+ adults, no children	2%	3%	4%	1%	12%	10%	68%	405
Single adult, 1+ children	--	--	2%	--	3%	24%	71%	21
2+ adults, 1+ children	--	3%	6%	1%	8%	13%	70%	180

Anoka County Adult Health Survey
Health Habits

Q20B. How often did you drink sports drinks (such as Gatorade or PowerAde) in the past week? These drinks usually do not have caffeine.

	4 or more times per day	2-3 times per day	1 time per day	5-6 times per week	2-4 times per week	1 time per week	Never or less than 1 time per week	Number of respondents (unweighted)
	%	%	%	%	%	%	%	
Anoka County total	<.5%	2%	2%	1%	6%	12%	77%	841
Gender								
Female	--	1%	2%	<.5%	5%	10%	82%	571
Male	<.5%	2%	3%	2%	6%	15%	72%	267
Age								
18-34	--	1%	1%	2%	10%	17%	69%	96
35-44	--	3%	--	<.5%	2%	15%	80%	92
45-54	--	--	2%	2%	7%	14%	75%	144
55-64	--	4%	5%	--	3%	9%	79%	165
65-74	--	2%	2%	--	5%	6%	86%	180
75+	1%	1%	3%	<.5%	4%	6%	85%	143
Race								
People of color	--	--	2%	--	7%	19%	72%	66
White	<.5%	2%	2%	1%	5%	12%	78%	750
Highest level of education								
High school diploma / GED or less	--	3%	4%	5%	8%	10%	70%	156
Some college or AA degree	<.5%	1%	3%	--	7%	14%	75%	363
Bachelor's degree or higher	--	2%	1%	1%	4%	12%	81%	298
Household poverty status								
200% of poverty line or less	--	--	5%	1%	4%	21%	69%	122
Greater than 200% of poverty line	<.5%	2%	2%	<.5%	6%	11%	78%	621
Household type								
Single adult, no children	--	2%	5%	1%	8%	16%	69%	211
2+ adults, no children	<.5%	2%	2%	1%	5%	9%	81%	403
Single adult, 1+ children	--	--	--	3%	12%	22%	63%	21
2+ adults, 1+ children	--	2%	2%	1%	6%	16%	74%	180

Anoka County Adult Health Survey
Health Habits

Q20C. How often did you drink regular soda or pop (of any kind, such as Coke, Pepsi, 7-Up, Sprite, or root beer) in the past week?

	4 or more times per day	2-3 times per day	1 time per day	5-6 times per week	2-4 times per week	1 time per week	Never or less than 1 time per week	Number of respondents (unweighted)
	%	%	%	%	%	%	%	
Anoka County total	1%	4%	6%	4%	12%	21%	54%	842
Gender								
Female	1%	3%	5%	2%	11%	15%	63%	571
Male	1%	4%	7%	5%	12%	26%	45%	268
Age								
18-34	--	5%	4%	8%	15%	19%	49%	95
35-44	1%	1%	4%	6%	7%	28%	53%	92
45-54	2%	3%	6%	<.5%	12%	25%	52%	144
55-64	<.5%	5%	10%	3%	13%	15%	54%	163
65-74	1%	4%	5%	1%	11%	19%	59%	180
75+	--	2%	5%	<.5%	9%	20%	65%	147
Race								
People of color	1%	4%	1%	9%	12%	33%	41%	65
White	1%	4%	6%	3%	12%	19%	56%	752
Highest level of education								
High school diploma / GED or less	2%	4%	6%	2%	11%	17%	58%	162
Some college or AA degree	1%	4%	7%	2%	11%	22%	52%	359
Bachelor's degree or higher	<.5%	3%	4%	6%	13%	20%	54%	297
Household poverty status								
200% of poverty line or less	2%	8%	2%	1%	8%	35%	44%	123
Greater than 200% of poverty line	1%	3%	6%	3%	13%	18%	56%	618
Household type								
Single adult, no children	1%	4%	6%	3%	10%	22%	54%	212
2+ adults, no children	1%	3%	5%	5%	14%	20%	52%	405
Single adult, 1+ children	--	4%	4%	3%	24%	11%	55%	21
2+ adults, 1+ children	<.5%	4%	6%	3%	9%	22%	55%	178

Anoka County Adult Health Survey
Health Habits

Q20D. How often did you drink energy drinks (such as Rockstar, Red Bull, Monster, and Full Throttle) in the past week? These drinks usually have caffeine.

	4 or more times per day	2-3 times per day	1 time per day	5-6 times per week	2-4 times per week	1 time per week	Never or less than 1 time per week	Number of respondents (unweighted)
	%	%	%	%	%	%	%	
Anoka County total	--	<.5%	2%	--	3%	6%	88%	844
Gender								
Female	--	--	1%	--	2%	3%	94%	572
Male	--	1%	2%	--	4%	10%	83%	269
Age								
18-34	--	--	3%	--	5%	14%	78%	96
35-44	--	1%	2%	--	5%	5%	87%	92
45-54	--	1%	2%	--	1%	7%	89%	144
55-64	--	--	2%	--	4%	1%	93%	165
65-74	--	--	<.5%	--	1%	--	99%	181
75+	--	--	--	--	--	1%	99%	145
Race								
People of color	--	--	1%	--	2%	14%	82%	66
White	--	<.5%	2%	--	3%	5%	89%	753
Highest level of education								
High school diploma / GED or less	--	1%	1%	--	6%	4%	88%	159
Some college or AA degree	--	<.5%	1%	--	5%	10%	84%	363
Bachelor's degree or higher	--	--	3%	--	1%	4%	93%	298
Household poverty status								
200% of poverty line or less	--	--	4%	--	1%	14%	81%	123
Greater than 200% of poverty line	--	<.5%	1%	--	3%	5%	90%	621
Household type								
Single adult, no children	--	3%	3%	--	4%	3%	87%	211
2+ adults, no children	--	--	1%	--	4%	6%	90%	406
Single adult, 1+ children	--	--	3%	--	--	--	97%	21
2+ adults, 1+ children	--	--	2%	--	3%	9%	86%	180

Anoka County Adult Health Survey
Health Habits

Q20E. How often did you drink diet soda or pop (of any kind) in the past week?

	4 or more times per day	2-3 times per day	1 time per day	5-6 times per week	2-4 times per week	1 time per week	Never or less than 1 time per week	Number of respondents (unweighted)
	%	%	%	%	%	%	%	
Anoka County total	2%	5%	6%	1%	8%	11%	67%	849
Gender								
Female	2%	4%	4%	1%	9%	12%	68%	575
Male	2%	5%	7%	1%	8%	10%	66%	271
Age								
18-34	--	1%	6%	--	6%	12%	75%	96
35-44	3%	4%	3%	3%	6%	6%	75%	92
45-54	5%	10%	5%	<.5%	13%	14%	52%	144
55-64	<.5%	6%	7%	1%	8%	9%	69%	167
65-74	1%	6%	2%	2%	10%	16%	62%	182
75+	2%	4%	4%	1%	11%	14%	64%	147
Race								
People of color	--	1%	4%	--	6%	9%	79%	65
White	2%	5%	5%	1%	9%	12%	65%	759
Highest level of education								
High school diploma / GED or less	2%	7%	4%	1%	10%	16%	61%	162
Some college or AA degree	3%	4%	5%	2%	8%	10%	68%	365
Bachelor's degree or higher	1%	5%	5%	<.5%	8%	11%	70%	298
Household poverty status								
200% of poverty line or less	1%	5%	4%	<.5%	2%	10%	77%	123
Greater than 200% of poverty line	2%	5%	6%	1%	10%	11%	65%	626
Household type								
Single adult, no children	2%	6%	3%	3%	5%	11%	70%	214
2+ adults, no children	2%	5%	3%	1%	9%	14%	66%	409
Single adult, 1+ children	--	5%	4%	9%	12%	2%	68%	21
2+ adults, 1+ children	2%	4%	8%	1%	8%	9%	68%	180

Anoka County Adult Health Survey
Health Habits

Q21. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	78%	22%	851
Gender			
Female	77%	23%	574
Male	78%	22%	274
Age			
18-34	77%	23%	96
35-44	81%	19%	92
45-54	81%	19%	145
55-64	80%	20%	167
65-74	78%	22%	183
75+	66%	34%	147
Race			
People of color	72%	28%	66
White	79%	21%	760
Highest level of education			
High school diploma / GED or less	72%	28%	164
Some college or AA degree	75%	25%	366
Bachelor's degree or higher	84%	16%	297
Household poverty status			
200% of poverty line or less	81%	19%	125
Greater than 200% of poverty line	80%	20%	625
Household type			
Single adult, no children	77%	23%	215
2+ adults, no children	79%	21%	409
Single adult, 1+ children	63%	37%	21
2+ adults, 1+ children	78%	22%	180

Anoka County Adult Health Survey
Health Habits

Q22. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?

	0	1	2	3	4	5	6	7	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	
Anoka County total	15%	11%	22%	20%	10%	12%	4%	6%	837
Gender									
Female	16%	12%	19%	21%	11%	12%	3%	7%	567
Male	14%	10%	26%	18%	10%	13%	4%	5%	267
Age									
18-34	16%	8%	23%	23%	8%	16%	3%	2%	94
35-44	14%	15%	24%	13%	15%	8%	7%	5%	92
45-54	14%	9%	30%	16%	15%	10%	2%	4%	143
55-64	14%	11%	15%	23%	9%	15%	3%	11%	166
65-74	13%	12%	18%	23%	9%	12%	5%	8%	177
75+	24%	13%	18%	21%	6%	7%	3%	8%	144
Race									
People of color	19%	10%	11%	28%	15%	11%	4%	1%	64
White	14%	11%	24%	19%	10%	13%	4%	6%	748
Highest level of education									
High school diploma / GED or less	15%	11%	23%	19%	7%	13%	1%	11%	160
Some college or AA degree	18%	12%	17%	20%	14%	11%	1%	7%	358
Bachelor's degree or higher	12%	9%	27%	20%	8%	14%	7%	3%	296
Household poverty status									
200% of poverty line or less	13%	7%	16%	32%	16%	10%	1%	5%	120
Greater than 200% of poverty line	14%	11%	23%	19%	11%	14%	4%	5%	618
Household type									
Single adult, no children	17%	7%	20%	24%	9%	12%	6%	5%	210
2+ adults, no children	17%	11%	20%	21%	10%	12%	3%	6%	404
Single adult, 1+ children	11%	31%	29%	9%	5%	2%	--	13%	21
2+ adults, 1+ children	12%	10%	25%	19%	12%	14%	4%	5%	178

Anoka County Adult Health Survey
Health Habits

Calc3. Calculated variable based on response to Q22. Does respondent meet CDC recommendations of 150 or more minutes of moderate activity per week? (Q22 = 30+ minutes per day five or more days per week)

	Meets moderate activity recommendation	Insufficient moderate activity	No moderate activity	Number of respondents (unweighted)
	%	%	%	
Anoka County total	22%	63%	15%	837
Gender				
Female	22%	62%	16%	567
Male	22%	65%	14%	267
Age				
18-34	22%	62%	16%	94
35-44	19%	67%	14%	92
45-54	17%	70%	14%	143
55-64	29%	58%	14%	166
65-74	25%	62%	13%	177
75+	18%	58%	24%	144
Race				
People of color	16%	65%	19%	64
White	23%	63%	14%	748
Highest level of education				
High school diploma / GED or less	25%	60%	15%	160
Some college or AA degree	19%	64%	18%	358
Bachelor's degree or higher	24%	64%	12%	296
Household poverty status				
200% of poverty line or less	16%	71%	13%	120
Greater than 200% of poverty line	23%	63%	14%	618
Household type				
Single adult, no children	22%	61%	17%	210
2+ adults, no children	21%	62%	17%	404
Single adult, 1+ children	15%	74%	11%	21
2+ adults, 1+ children	23%	65%	12%	178

Anoka County Adult Health Survey
Health Habits

Q23. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?

	0	1	2	3	4	5	6	7	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	
Anoka County total	40%	20%	14%	11%	5%	5%	2%	2%	834
Gender									
Female	46%	18%	11%	12%	6%	4%	1%	1%	566
Male	33%	22%	18%	11%	4%	6%	3%	3%	266
Age									
18-34	27%	24%	18%	19%	4%	6%	2%	--	95
35-44	37%	22%	9%	11%	7%	5%	4%	6%	92
45-54	40%	20%	17%	6%	9%	4%	1%	2%	145
55-64	44%	17%	18%	7%	4%	6%	3%	2%	161
65-74	50%	18%	11%	9%	3%	4%	2%	2%	177
75+	63%	16%	6%	7%	4%	3%	--	2%	143
Race									
People of color	37%	26%	4%	15%	3%	10%	<.5%	5%	65
White	40%	19%	16%	11%	6%	4%	2%	2%	744
Highest level of education									
High school diploma / GED or less	44%	20%	15%	10%	2%	4%	--	4%	160
Some college or AA degree	43%	18%	14%	13%	7%	2%	1%	2%	358
Bachelor's degree or higher	33%	23%	15%	10%	5%	8%	4%	2%	293
Household poverty status									
200% of poverty line or less	37%	25%	9%	24%	--	2%	1%	2%	122
Greater than 200% of poverty line	37%	21%	16%	10%	7%	6%	2%	2%	615
Household type									
Single adult, no children	45%	14%	13%	13%	5%	6%	4%	1%	207
2+ adults, no children	44%	17%	16%	9%	6%	5%	2%	1%	402
Single adult, 1+ children	22%	49%	14%	2%	2%	--	--	11%	21
2+ adults, 1+ children	32%	24%	14%	15%	4%	6%	2%	3%	180

Anoka County Adult Health Survey
Health Habits

Calc4. Calculated variable based on response to Q23. Does respondent meet CDC recommendations of 75 or more minutes of vigorous activity per week? (Q23 = 20+ minutes per day 4 or more days per week)

	Meets vigorous activity recommendation	Insufficient vigorous activity	No vigorous activity	Number of respondents (unweighted)
	%	%	%	
Anoka County total	14%	46%	40%	834
Gender				
Female	13%	41%	46%	566
Male	16%	51%	33%	266
Age				
18-34	12%	61%	27%	95
35-44	22%	41%	37%	92
45-54	16%	44%	40%	145
55-64	15%	41%	44%	161
65-74	12%	39%	50%	177
75+	9%	29%	63%	143
Race				
People of color	18%	44%	37%	65
White	14%	47%	40%	744
Highest level of education				
High school diploma / GED or less	10%	45%	44%	160
Some college or AA degree	12%	45%	43%	358
Bachelor's degree or higher	18%	49%	33%	293
Household poverty status				
200% of poverty line or less	5%	59%	37%	122
Greater than 200% of poverty line	17%	46%	37%	615
Household type				
Single adult, no children	15%	40%	45%	207
2+ adults, no children	15%	41%	44%	402
Single adult, 1+ children	13%	65%	22%	21
2+ adults, 1+ children	14%	54%	32%	180

Anoka County Adult Health Survey
Health Habits

Calc5. Calculated variable based on responses to Q22-Q23. Does respondent meet CDC recommendations for moderate or vigorous activity?

	Meets recommendations for moderate or vigorous activity	Insufficient moderate and vigorous activity	No moderate and no vigorous activity	Number of respondents (unweighted)
	%	%	%	
Anoka County total	26%	60%	14%	830
Gender				
Female	27%	58%	15%	562
Male	25%	62%	12%	266
Age				
18-34	23%	64%	14%	94
35-44	26%	60%	14%	92
45-54	24%	63%	13%	143
55-64	33%	55%	13%	162
65-74	29%	58%	13%	175
75+	20%	56%	24%	143
Race				
People of color	20%	60%	19%	64
White	27%	60%	13%	741
Highest level of education				
High school diploma / GED or less	27%	59%	15%	160
Some college or AA degree	23%	59%	18%	354
Bachelor's degree or higher	29%	61%	10%	294
Household poverty status				
200% of poverty line or less	18%	70%	12%	119
Greater than 200% of poverty line	28%	60%	12%	612
Household type				
Single adult, no children	27%	55%	17%	207
2+ adults, no children	26%	59%	15%	400
Single adult, 1+ children	16%	73%	11%	21
2+ adults, 1+ children	26%	62%	12%	178

Anoka County Adult Health Survey
Health Habits

Q24. Have you smoked at least 100 cigarettes in your entire life?
(100 cigarettes = 5 packs)

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	34%	66%	854
Gender			
Female	33%	67%	578
Male	35%	65%	273
Age			
18-34	19%	81%	96
35-44	28%	72%	92
45-54	35%	65%	144
55-64	39%	61%	168
65-74	53%	47%	183
75+	51%	49%	150
Race			
People of color	29%	71%	66
White	34%	66%	763
Highest level of education			
High school diploma / GED or less	53%	47%	166
Some college or AA degree	40%	60%	367
Bachelor's degree or higher	18%	82%	297
Household poverty status			
200% of poverty line or less	44%	56%	126
Greater than 200% of poverty line	30%	70%	627
Household type			
Single adult, no children	40%	60%	218
2+ adults, no children	37%	63%	410
Single adult, 1+ children	38%	62%	21
2+ adults, 1+ children	25%	75%	180

Anoka County Adult Health Survey
Health Habits

Q25. Do you now smoke cigarettes every day, some days or not at all?

	Every day	Some days	Not at all	Number of respondents (unweighted)
	%	%	%	
Anoka County total	15%	10%	74%	348
Gender				
Female	21%	10%	69%	211
Male	11%	11%	79%	135
Age				
18-34	30%	39%	31%	22
35-44	11%	--	89%	23
45-54	22%	2%	76%	55
55-64	14%	15%	71%	70
65-74	7%	3%	90%	96
75+	10%	--	90%	73
Race				
People of color	11%	40%	49%	20
White	16%	6%	78%	318
Highest level of education				
High school diploma / GED or less	28%	4%	67%	92
Some college or AA degree	14%	12%	74%	172
Bachelor's degree or higher	7%	14%	79%	73
Household poverty status				
200% of poverty line or less	12%	29%	59%	63
Greater than 200% of poverty line	18%	7%	75%	234
Household type				
Single adult, no children	15%	6%	79%	96
2+ adults, no children	14%	10%	77%	182
Single adult, 1+ children	--	--	--	10
2+ adults, 1+ children	19%	16%	65%	48

Anoka County Adult Health Survey
Health Habits

Calc6. Calculated variable based on responses to Q24-Q25. Smoking status

	Current smoker	Former smoker	Never smoked	Number of respondents (unweighted)
	%	%	%	
Anoka County total	9%	25%	66%	852
Gender				
Female	10%	23%	68%	576
Male	7%	27%	65%	273
Age				
18-34	13%	6%	81%	96
35-44	3%	25%	72%	92
45-54	9%	26%	65%	143
55-64	11%	28%	61%	168
65-74	5%	47%	47%	183
75+	5%	45%	50%	149
Race				
People of color	15%	14%	71%	66
White	8%	26%	66%	761
Highest level of education				
High school diploma / GED or less	17%	36%	47%	165
Some college or AA degree	10%	29%	60%	366
Bachelor's degree or higher	4%	14%	82%	297
Household poverty status				
200% of poverty line or less	18%	26%	56%	125
Greater than 200% of poverty line	8%	23%	70%	626
Household type				
Single adult, no children	8%	32%	60%	216
2+ adults, no children	9%	28%	63%	410
Single adult, 1+ children	17%	21%	62%	21
2+ adults, 1+ children	9%	16%	75%	180

Anoka County Adult Health Survey
Health Habits

Q26. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	63%	37%	70
Gender			
Female	56%	44%	50
Male	72%	28%	20
Age			
18-34	--	--	13
35-44	--	--	5
45-54	--	--	14
55-64	--	--	17
65-74	--	--	12
75+	--	--	8
Race			
People of color	--	--	8
White	55%	45%	60
Highest level of education			
High school diploma / GED or less	58%	42%	23
Some college or AA degree	72%	28%	34
Bachelor's degree or higher	--	--	11
Household poverty status			
200% of poverty line or less	--	--	18
Greater than 200% of poverty line	55%	45%	47
Household type			
Single adult, no children	70%	30%	21
2+ adults, no children	59%	41%	32
Single adult, 1+ children	--	--	3
2+ adults, 1+ children	--	--	13

Anoka County Adult Health Survey
Health Habits

Q27. Do you live with someone who smokes?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	14%	86%	841
Gender			
Female	19%	81%	569
Male	10%	90%	269
Age			
18-34	18%	82%	95
35-44	8%	92%	91
45-54	17%	83%	144
55-64	14%	86%	166
65-74	16%	84%	180
75+	10%	90%	144
Race			
People of color	20%	80%	65
White	14%	86%	751
Highest level of education			
High school diploma / GED or less	29%	71%	163
Some college or AA degree	16%	84%	363
Bachelor's degree or higher	7%	93%	292
Household poverty status			
200% of poverty line or less	31%	69%	122
Greater than 200% of poverty line	11%	89%	618
Household type			
Single adult, no children	7%	93%	213
2+ adults, no children	16%	84%	404
Single adult, 1+ children	2%	98%	21
2+ adults, 1+ children	15%	85%	177

Anoka County Adult Health Survey
Health Habits

Q28A. How often do you use snuff, snus, or chewing tobacco?

	Every day	Some days	Not at all	Number of respondents (unweighted)
	%	%	%	
Anoka County total	1%	1%	97%	849
Gender				
Female	<.5%	<.5%	100%	576
Male	3%	3%	95%	270
Age				
18-34	2%	4%	94%	96
35-44	--	--	100%	92
45-54	2%	1%	97%	144
55-64	1%	--	99%	167
65-74	1%	<.5%	99%	181
75+	--	1%	99%	148
Race				
People of color	--	--	100%	65
White	2%	2%	97%	759
Highest level of education				
High school diploma / GED or less	1%	1%	99%	164
Some college or AA degree	3%	<.5%	97%	367
Bachelor's degree or higher	--	3%	97%	294
Household poverty status				
200% of poverty line or less	2%	<.5%	97%	123
Greater than 200% of poverty line	1%	2%	97%	624
Household type				
Single adult, no children	<.5%	1%	99%	216
2+ adults, no children	1%	2%	98%	407
Single adult, 1+ children	--	--	100%	21
2+ adults, 1+ children	3%	2%	96%	179

Anoka County Adult Health Survey
Health Habits

Q28B. How often do you use e-cigarettes?

	Every day	Some days	Not at all	Number of respondents (unweighted)
	%	%	%	
Anoka County total	1%	2%	97%	849
Gender				
Female	2%	3%	95%	576
Male	--	1%	99%	270
Age				
18-34	2%	6%	92%	96
35-44	--	--	100%	92
45-54	<.5%	<.5%	99%	144
55-64	<.5%	3%	97%	167
65-74	--	<.5%	100%	181
75+	1%	--	99%	148
Race				
People of color	4%	3%	93%	65
White	<.5%	2%	98%	759
Highest level of education				
High school diploma / GED or less	2%	4%	93%	164
Some college or AA degree	<.5%	2%	98%	367
Bachelor's degree or higher	1%	1%	97%	294
Household poverty status				
200% of poverty line or less	4%	1%	95%	123
Greater than 200% of poverty line	<.5%	2%	97%	624
Household type				
Single adult, no children	<.5%	4%	96%	216
2+ adults, no children	2%	3%	96%	407
Single adult, 1+ children	--	--	100%	21
2+ adults, 1+ children	--	2%	98%	179

Anoka County Adult Health Survey
Health Habits

Q28C. How often do you use cigars or cigarillos?

	Every day	Some days	Not at all	Number of respondents (unweighted)
	%	%	%	
Anoka County total	1%	3%	96%	851
Gender				
Female	2%	1%	97%	576
Male	<.5%	5%	95%	272
Age				
18-34	3%	7%	90%	96
35-44	1%	--	99%	92
45-54	1%	2%	97%	144
55-64	1%	<.5%	99%	167
65-74	--	3%	97%	182
75+	1%	--	99%	149
Race				
People of color	5%	8%	86%	65
White	1%	2%	98%	761
Highest level of education				
High school diploma / GED or less	2%	2%	97%	165
Some college or AA degree	1%	4%	94%	367
Bachelor's degree or higher	1%	1%	97%	295
Household poverty status				
200% of poverty line or less	3%	9%	88%	124
Greater than 200% of poverty line	1%	2%	97%	625
Household type				
Single adult, no children	1%	2%	98%	217
2+ adults, no children	1%	1%	98%	408
Single adult, 1+ children	2%	--	98%	21
2+ adults, 1+ children	2%	5%	93%	179

Anoka County Adult Health Survey
Health Habits

Q29. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or ...

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	71%	29%	849
Gender			
Female	68%	32%	576
Male	73%	27%	270
Age			
18-34	77%	23%	96
35-44	77%	23%	92
45-54	70%	30%	143
55-64	64%	36%	168
65-74	69%	31%	183
75+	61%	39%	148
Race			
People of color	58%	42%	66
White	73%	27%	760
Highest level of education			
High school diploma / GED or less	59%	41%	164
Some college or AA degree	70%	30%	366
Bachelor's degree or higher	77%	23%	297
Household poverty status			
200% of poverty line or less	43%	57%	126
Greater than 200% of poverty line	76%	24%	625
Household type			
Single adult, no children	64%	36%	218
2+ adults, no children	75%	25%	408
Single adult, 1+ children	78%	22%	21
2+ adults, 1+ children	68%	32%	179

Anoka County Adult Health Survey
Health Habits

Q30. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

	1-4 days	5-9 days	10-19 days	20-29 days	All 30 days	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	39%	24%	19%	12%	5%	564
Gender						
Female	52%	19%	15%	11%	3%	377
Male	27%	28%	23%	13%	8%	185
Age						
18-34	45%	19%	25%	10%	1%	71
35-44	41%	25%	21%	8%	5%	72
45-54	33%	27%	19%	13%	7%	97
55-64	31%	33%	12%	17%	7%	107
65-74	43%	24%	9%	16%	8%	122
75+	39%	20%	16%	11%	15%	85
Race						
People of color	54%	26%	8%	8%	4%	32
White	37%	24%	21%	13%	6%	517
Highest level of education						
High school diploma / GED or less	40%	24%	15%	12%	9%	95
Some college or AA degree	40%	24%	18%	13%	5%	238
Bachelor's degree or higher	38%	24%	21%	12%	4%	220
Household poverty status						
200% of poverty line or less	46%	34%	10%	4%	7%	50
Greater than 200% of poverty line	38%	23%	20%	14%	5%	449
Household type						
Single adult, no children	37%	20%	24%	13%	6%	131
2+ adults, no children	36%	27%	18%	14%	5%	285
Single adult, 1+ children	--	--	--	--	--	12
2+ adults, 1+ children	42%	23%	20%	9%	6%	124

Anoka County Adult Health Survey
Health Habits

Q31. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

	1 drink	2 drinks	3 drinks	4 or more drinks	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	38%	38%	13%	10%	537
Gender					
Female	45%	38%	10%	7%	357
Male	31%	39%	16%	14%	178
Age					
18-34	33%	38%	18%	11%	67
35-44	33%	45%	14%	9%	68
45-54	26%	43%	9%	21%	95
55-64	41%	38%	14%	7%	97
65-74	66%	24%	8%	2%	121
75+	58%	36%	3%	3%	79
Race					
People of color	41%	28%	8%	23%	30
White	38%	40%	13%	9%	492
Highest level of education					
High school diploma / GED or less	35%	44%	6%	15%	88
Some college or AA degree	33%	39%	17%	12%	224
Bachelor's degree or higher	44%	37%	12%	8%	214
Household poverty status					
200% of poverty line or less	31%	30%	7%	33%	46
Greater than 200% of poverty line	39%	38%	15%	9%	431
Household type					
Single adult, no children	39%	28%	17%	15%	121
2+ adults, no children	41%	38%	12%	9%	275
Single adult, 1+ children	--	--	--	--	12
2+ adults, 1+ children	34%	40%	13%	13%	117

Anoka County Adult Health Survey
Health Habits

**Calc7. Calculated variable based on responses to Q30-Q31. Total number of drinks in the last 30 days
(number of days had a drink * number of drinks on average day)**

	1-5 drinks	6-15 drinks	16-30 drinks	31-60 drinks	More than 60 drinks	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	29%	32%	22%	13%	5%	534
Gender						
Female	40%	30%	17%	11%	2%	357
Male	18%	34%	27%	15%	7%	175
Age						
18-34	26%	35%	22%	11%	5%	67
35-44	29%	35%	18%	11%	6%	68
45-54	20%	32%	23%	18%	6%	94
55-64	25%	28%	29%	15%	3%	97
65-74	44%	27%	16%	10%	4%	119
75+	44%	21%	20%	15%	--	79
Race						
People of color	31%	32%	26%	7%	4%	29
White	28%	32%	21%	14%	5%	490
Highest level of education						
High school diploma / GED or less	26%	31%	20%	22%	1%	88
Some college or AA degree	29%	28%	22%	14%	6%	222
Bachelor's degree or higher	29%	36%	22%	10%	4%	213
Household poverty status						
200% of poverty line or less	35%	12%	40%	11%	3%	46
Greater than 200% of poverty line	28%	32%	20%	14%	5%	428
Household type						
Single adult, no children	31%	28%	20%	10%	11%	120
2+ adults, no children	30%	29%	23%	15%	3%	274
Single adult, 1+ children	--	--	--	--	--	12
2+ adults, 1+ children	27%	35%	22%	10%	6%	116

Anoka County Adult Health Survey
Health Habits

Calc8. Calculated variable based on responses to Q30-Q31. Heavy drinking status - past 30 days (60+ drinks for males, 30+ drinks for females)

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	14%	86%	532
Gender			
Female	17%	83%	357
Male	11%	89%	175
Age			
18-34	12%	88%	66
35-44	13%	87%	68
45-54	18%	82%	94
55-64	15%	85%	97
65-74	10%	90%	119
75+	18%	82%	79
Race			
People of color	11%	89%	29
White	14%	86%	489
Highest level of education			
High school diploma / GED or less	16%	84%	88
Some college or AA degree	14%	86%	222
Bachelor's degree or higher	14%	86%	212
Household poverty status			
200% of poverty line or less	10%	90%	46
Greater than 200% of poverty line	15%	85%	427
Household type			
Single adult, no children	20%	80%	120
2+ adults, no children	15%	85%	273
Single adult, 1+ children	--	--	12
2+ adults, 1+ children	12%	88%	116

Anoka County Adult Health Survey
Health Habits

Calc9. Calculated variable based on responses to Q29-Q31. Drinking behavior

	No drinking	Drinking, but not heavily	Heavy drinking	Number of respondents (unweighted)
	%	%	%	
Anoka County total	31%	60%	10%	809
Gender				
Female	33%	56%	12%	554
Male	28%	64%	8%	254
Age				
18-34	24%	67%	9%	91
35-44	25%	65%	10%	88
45-54	31%	56%	13%	138
55-64	38%	53%	9%	158
65-74	32%	61%	7%	175
75+	41%	49%	11%	141
Race				
People of color	45%	49%	6%	61
White	28%	62%	10%	726
Highest level of education				
High school diploma / GED or less	44%	47%	9%	156
Some college or AA degree	31%	59%	9%	346
Bachelor's degree or higher	24%	66%	10%	286
Household poverty status				
200% of poverty line or less	59%	37%	4%	122
Greater than 200% of poverty line	25%	64%	11%	597
Household type				
Single adult, no children	38%	49%	12%	206
2+ adults, no children	26%	63%	11%	391
Single adult, 1+ children	22%	75%	3%	21
2+ adults, 1+ children	34%	58%	8%	169

Anoka County Adult Health Survey
Health Habits

Q32. Have you ever participated in binge drinking in the last 30 days (5+ drinks in one occasion for males, 4+ drinks in one occasion for females)?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	34%	66%	561
Gender			
Female	30%	70%	374
Male	38%	62%	187
Age			
18-34	39%	61%	70
35-44	32%	68%	72
45-54	53%	47%	98
55-64	29%	71%	107
65-74	12%	88%	121
75+	9%	91%	84
Race			
People of color	45%	55%	33
White	33%	67%	515
Highest level of education			
High school diploma / GED or less	37%	63%	93
Some college or AA degree	39%	61%	237
Bachelor's degree or higher	29%	71%	221
Household poverty status			
200% of poverty line or less	51%	49%	49
Greater than 200% of poverty line	34%	66%	449
Household type			
Single adult, no children	39%	61%	131
2+ adults, no children	32%	68%	282
Single adult, 1+ children	--	--	12
2+ adults, 1+ children	38%	62%	125

Anoka County Adult Health Survey
Health Habits

Q33. During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

	0 times	1 or more times	Number of respondents (unweighted)
	%	%	
Anoka County total	95%	5%	559
Gender			
Female	96%	4%	373
Male	93%	7%	184
Age			
18-34	93%	7%	70
35-44	94%	6%	71
45-54	93%	7%	99
55-64	96%	4%	107
65-74	99%	1%	120
75+	100%	--	82
Race			
People of color	84%	16%	32
White	96%	4%	512
Highest level of education			
High school diploma / GED or less	99%	1%	91
Some college or AA degree	90%	10%	237
Bachelor's degree or higher	97%	3%	220
Household poverty status			
200% of poverty line or less	77%	23%	48
Greater than 200% of poverty line	96%	4%	449
Household type			
Single adult, no children	89%	11%	128
2+ adults, no children	97%	3%	283
Single adult, 1+ children	--	--	12
2+ adults, 1+ children	92%	8%	124

Anoka County Adult Health Survey
Health Habits

Q34A. Looking back before you were 18 years of age, did you live with anyone who was depressed, mentally ill, or suicidal?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	26%	74%	855
Gender			
Female	32%	68%	578
Male	19%	81%	274
Age			
18-34	34%	66%	96
35-44	27%	73%	92
45-54	26%	74%	145
55-64	23%	77%	168
65-74	17%	83%	183
75+	11%	89%	150
Race			
People of color	32%	68%	66
White	25%	75%	764
Highest level of education			
High school diploma / GED or less	23%	77%	166
Some college or AA degree	24%	76%	367
Bachelor's degree or higher	28%	72%	298
Household poverty status			
200% of poverty line or less	35%	65%	126
Greater than 200% of poverty line	26%	74%	627
Household type			
Single adult, no children	22%	78%	218
2+ adults, no children	25%	75%	410
Single adult, 1+ children	24%	76%	21
2+ adults, 1+ children	28%	72%	180

Anoka County Adult Health Survey
Health Habits

Q34B. Looking back before you were 18 years of age, did you live with anyone who was a problem drinker or alcoholic?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	27%	73%	855
Gender			
Female	31%	69%	579
Male	23%	77%	273
Age			
18-34	25%	75%	96
35-44	25%	75%	92
45-54	26%	74%	145
55-64	34%	66%	168
65-74	30%	70%	183
75+	24%	76%	150
Race			
People of color	24%	76%	66
White	28%	72%	764
Highest level of education			
High school diploma / GED or less	31%	69%	167
Some college or AA degree	32%	68%	366
Bachelor's degree or higher	21%	79%	298
Household poverty status			
200% of poverty line or less	39%	61%	126
Greater than 200% of poverty line	25%	75%	627
Household type			
Single adult, no children	34%	66%	218
2+ adults, no children	30%	70%	410
Single adult, 1+ children	17%	83%	21
2+ adults, 1+ children	22%	78%	180

Anoka County Adult Health Survey
Health Habits

Q34C. Looking back before you were 18 years of age, did you live with anyone who used illegal street drugs or who abused prescription medications?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	11%	89%	856
Gender			
Female	11%	89%	579
Male	12%	88%	274
Age			
18-34	18%	82%	96
35-44	12%	88%	92
45-54	11%	89%	145
55-64	9%	91%	168
65-74	7%	93%	183
75+	3%	97%	151
Race			
People of color	18%	82%	66
White	11%	89%	765
Highest level of education			
High school diploma / GED or less	13%	87%	167
Some college or AA degree	14%	86%	367
Bachelor's degree or higher	9%	91%	298
Household poverty status			
200% of poverty line or less	20%	80%	126
Greater than 200% of poverty line	11%	89%	628
Household type			
Single adult, no children	12%	88%	218
2+ adults, no children	12%	88%	411
Single adult, 1+ children	16%	84%	21
2+ adults, 1+ children	11%	89%	180

Anoka County Adult Health Survey
Health Habits

Q34D. Looking back before you were 18 years of age, did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	7%	93%	855
Gender			
Female	6%	94%	578
Male	8%	92%	274
Age			
18-34	11%	89%	96
35-44	11%	89%	92
45-54	5%	95%	145
55-64	5%	95%	168
65-74	2%	98%	183
75+	3%	97%	150
Race			
People of color	17%	83%	65
White	5%	95%	765
Highest level of education			
High school diploma / GED or less	11%	89%	167
Some college or AA degree	8%	92%	366
Bachelor's degree or higher	4%	96%	298
Household poverty status			
200% of poverty line or less	20%	80%	125
Greater than 200% of poverty line	5%	95%	628
Household type			
Single adult, no children	7%	93%	217
2+ adults, no children	6%	94%	411
Single adult, 1+ children	16%	84%	21
2+ adults, 1+ children	8%	92%	180

Anoka County Adult Health Survey
Health Habits

Q34E. Looking back before you were 18 years of age, were your parents separated or divorced?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	23%	77%	854
Gender			
Female	26%	74%	577
Male	20%	80%	274
Age			
18-34	33%	67%	95
35-44	24%	76%	92
45-54	23%	77%	145
55-64	17%	83%	167
65-74	11%	89%	183
75+	14%	86%	151
Race			
People of color	34%	66%	65
White	22%	78%	764
Highest level of education			
High school diploma / GED or less	29%	71%	167
Some college or AA degree	30%	70%	366
Bachelor's degree or higher	14%	86%	297
Household poverty status			
200% of poverty line or less	41%	59%	125
Greater than 200% of poverty line	21%	79%	627
Household type			
Single adult, no children	23%	77%	217
2+ adults, no children	17%	83%	411
Single adult, 1+ children	27%	73%	20
2+ adults, 1+ children	32%	68%	180

Anoka County Adult Health Survey
Health Habits

Q34F. Looking back before you were 18 years of age, did you often feel that no one in your family loved you or thought you were important or special, or that your family members didn't look out for each other or care for each other?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	12%	88%	856
Gender			
Female	15%	85%	579
Male	10%	90%	274
Age			
18-34	15%	85%	96
35-44	13%	87%	92
45-54	13%	87%	145
55-64	11%	89%	168
65-74	9%	91%	183
75+	7%	93%	151
Race			
People of color	29%	71%	66
White	9%	91%	765
Highest level of education			
High school diploma / GED or less	13%	87%	167
Some college or AA degree	13%	87%	367
Bachelor's degree or higher	11%	89%	298
Household poverty status			
200% of poverty line or less	23%	77%	126
Greater than 200% of poverty line	9%	91%	628
Household type			
Single adult, no children	13%	87%	218
2+ adults, no children	14%	86%	411
Single adult, 1+ children	14%	86%	21
2+ adults, 1+ children	10%	90%	180

Anoka County Adult Health Survey
Health Habits

Q34G. Looking back before you were 18 years of age, did you often feel that you didn't have enough to eat, had to wear dirty clothes, had no one to take you to the doctor if you needed it, or had no one to protect you or take care of you?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	4%	96%	856
Gender			
Female	5%	95%	579
Male	3%	97%	274
Age			
18-34	3%	97%	96
35-44	5%	95%	92
45-54	4%	96%	145
55-64	6%	94%	168
65-74	3%	97%	183
75+	6%	94%	151
Race			
People of color	10%	90%	66
White	3%	97%	765
Highest level of education			
High school diploma / GED or less	8%	92%	167
Some college or AA degree	5%	95%	367
Bachelor's degree or higher	3%	97%	298
Household poverty status			
200% of poverty line or less	8%	92%	126
Greater than 200% of poverty line	4%	96%	628
Household type			
Single adult, no children	4%	96%	218
2+ adults, no children	4%	96%	411
Single adult, 1+ children	3%	97%	21
2+ adults, 1+ children	5%	95%	180

Anoka County Adult Health Survey
Health Habits

Q35. Are you in a relationship where you are (or have ever been) physically hurt, verbally abused, threatened, or made to feel afraid?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	6%	94%	835
Gender			
Female	9%	91%	562
Male	3%	97%	271
Age			
18-34	7%	93%	96
35-44	6%	94%	92
45-54	5%	95%	144
55-64	7%	93%	167
65-74	5%	95%	183
75+	5%	95%	151
Race			
People of color	10%	90%	66
White	6%	94%	763
Highest level of education			
High school diploma / GED or less	5%	95%	166
Some college or AA degree	4%	96%	367
Bachelor's degree or higher	9%	91%	297
Household poverty status			
200% of poverty line or less	11%	89%	125
Greater than 200% of poverty line	4%	96%	627
Household type			
Single adult, no children	13%	87%	217
2+ adults, no children	6%	94%	411
Single adult, 1+ children	10%	90%	21
2+ adults, 1+ children	5%	95%	179

Anoka County Adult Health Survey
Health Habits

Q36. In general, how safe from crime do you consider your neighborhood to be?

	Very safe	Somewhat safe	Somewhat unsafe	Not at all safe	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	63%	35%	2%	1%	836
Gender					
Female	61%	36%	3%	<.5%	564
Male	64%	34%	1%	1%	270
Age					
18-34	59%	37%	2%	2%	96
35-44	67%	29%	4%	--	92
45-54	65%	34%	1%	--	145
55-64	54%	44%	2%	<.5%	168
65-74	68%	29%	3%	--	183
75+	77%	23%	<.5%	--	151
Race					
People of color	58%	35%	3%	4%	66
White	63%	35%	2%	<.5%	764
Highest level of education					
High school diploma / GED or less	54%	42%	3%	1%	167
Some college or AA degree	59%	38%	2%	1%	366
Bachelor's degree or higher	70%	29%	1%	--	298
Household poverty status					
200% of poverty line or less	49%	42%	5%	5%	125
Greater than 200% of poverty line	65%	33%	1%	--	628
Household type					
Single adult, no children	62%	36%	2%	--	217
2+ adults, no children	63%	36%	1%	<.5%	411
Single adult, 1+ children	51%	40%	9%	--	21
2+ adults, 1+ children	64%	32%	3%	2%	180

Anoka County Adult Health Survey
Demographic Questions

Q37. How often are you in situations in Anoka County where you feel unaccepted because of your race, ethnicity, or culture?

	At least once a week	Once or twice a month	A few times a year	Once a year or less	Never	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	1%	2%	6%	9%	82%	832
Gender						
Female	2%	1%	3%	6%	88%	563
Male	--	3%	9%	11%	77%	267
Age						
18-34	3%	2%	11%	14%	69%	96
35-44	1%	4%	5%	13%	77%	90
45-54	--	3%	5%	6%	86%	145
55-64	<.5%	2%	4%	6%	87%	167
65-74	--	<.5%	1%	1%	98%	182
75+	--	--	--	1%	99%	151
Race						
People of color	6%	9%	14%	30%	41%	66
White	<.5%	1%	4%	5%	90%	760
Highest level of education						
High school diploma / GED or less	2%	2%	4%	6%	87%	166
Some college or AA degree	1%	2%	6%	7%	85%	364
Bachelor's degree or higher	1%	3%	6%	11%	78%	297
Household poverty status						
200% of poverty line or less	7%	5%	10%	13%	66%	124
Greater than 200% of poverty line	<.5%	2%	6%	7%	85%	626
Household type						
Single adult, no children	1%	2%	5%	6%	87%	217
2+ adults, no children	1%	1%	5%	7%	86%	409
Single adult, 1+ children	--	16%	18%	9%	57%	20
2+ adults, 1+ children	2%	3%	7%	11%	77%	179

Anoka County Adult Health Survey
Demographic Questions

Q38. Are you:

	Male	Female	Number of respondents (unweighted)
	%	%	
Anoka County total	50%	50%	854
Age			
18-34	51%	49%	95
35-44	49%	51%	92
45-54	50%	50%	145
55-64	51%	49%	168
65-74	48%	52%	182
75+	42%	58%	151
Race			
People of color	62%	38%	66
White	47%	53%	763
Highest level of education			
High school diploma / GED or less	38%	62%	167
Some college or AA degree	52%	48%	367
Bachelor's degree or higher	51%	49%	297
Household poverty status			
200% of poverty line or less	50%	50%	126
Greater than 200% of poverty line	49%	51%	626
Household type			
Single adult, no children	46%	54%	218
2+ adults, no children	51%	49%	409
Single adult, 1+ children	65%	35%	21
2+ adults, 1+ children	48%	52%	180

Anoka County Adult Health Survey
Demographic Questions

Q39. What is your age?

	18-24	25-34	35-44	45-54	55-64	65-74	75+	Number of respondents (unweighted)
	%	%	%	%	%	%	%	
Anoka County total	4%	24%	17%	19%	18%	11%	7%	835
Gender								
Female	6%	21%	17%	19%	18%	11%	8%	563
Male	2%	27%	16%	19%	19%	11%	6%	270
Age								
18-34	15%	85%	--	--	--	--	--	96
35-44	--	--	100%	--	--	--	--	92
45-54	--	--	--	100%	--	--	--	145
55-64	--	--	--	--	100%	--	--	168
65-74	--	--	--	--	--	100%	--	183
75+	--	--	--	--	--	--	100%	151
Race								
People of color	13%	38%	27%	13%	6%	3%	1%	65
White	3%	22%	15%	20%	20%	13%	8%	764
Highest level of education								
High school diploma / GED or less	10%	14%	5%	18%	20%	15%	19%	167
Some college or AA degree	3%	22%	16%	19%	21%	13%	6%	366
Bachelor's degree or higher	3%	29%	21%	20%	15%	7%	4%	297
Household poverty status								
200% of poverty line or less	7%	28%	14%	11%	20%	9%	10%	125
Greater than 200% of poverty line	2%	25%	18%	21%	18%	11%	6%	628
Household type								
Single adult, no children	2%	11%	11%	16%	26%	17%	17%	217
2+ adults, no children	5%	15%	6%	18%	29%	18%	10%	411
Single adult, 1+ children	--	45%	39%	11%	5%	--	--	21
2+ adults, 1+ children	5%	39%	31%	20%	3%	2%	<.5%	180

Anoka County Adult Health Survey
Demographic Questions

Q40A. Including yourself, how many adults aged 18 or older live in your household?

	One	Two	Three or more	Number of respondents (unweighted)
	%	%	%	
Anoka County total	13%	60%	27%	830
Gender				
Female	13%	59%	28%	560
Male	13%	61%	26%	268
Age				
18-34	9%	60%	31%	96
35-44	12%	77%	11%	91
45-54	11%	52%	37%	143
55-64	16%	49%	35%	168
65-74	17%	63%	20%	182
75+	27%	65%	8%	149
Race				
People of color	8%	41%	51%	63
White	14%	63%	23%	761
Highest level of education				
High school diploma / GED or less	13%	63%	23%	164
Some college or AA degree	16%	51%	32%	366
Bachelor's degree or higher	10%	68%	22%	295
Household poverty status				
200% of poverty line or less	23%	31%	46%	126
Greater than 200% of poverty line	12%	65%	22%	628
Household type				
Single adult, no children	100%	--	--	218
2+ adults, no children	--	67%	33%	411
Single adult, 1+ children	100%	--	--	21
2+ adults, 1+ children	--	71%	29%	180

Anoka County Adult Health Survey
Demographic Questions

Q40B. How many children under 5 years old live in your household?

	None	One	2 or more	Number of respondents (unweighted)
	%	%	%	
Anoka County total	80%	11%	9%	832
Gender				
Female	81%	11%	8%	562
Male	79%	10%	11%	268
Age				
18-34	46%	28%	25%	96
35-44	78%	11%	11%	92
45-54	98%	<.5%	2%	144
55-64	99%	1%	--	168
65-74	96%	4%	--	182
75+	99%	1%	--	149
Race				
People of color	61%	18%	22%	64
White	83%	10%	7%	762
Highest level of education				
High school diploma / GED or less	85%	8%	7%	164
Some college or AA degree	81%	12%	7%	366
Bachelor's degree or higher	77%	10%	13%	297
Household poverty status				
200% of poverty line or less	69%	12%	19%	126
Greater than 200% of poverty line	81%	11%	8%	628
Household type				
Single adult, no children	100%	--	--	218
2+ adults, no children	100%	--	--	411
Single adult, 1+ children	65%	20%	15%	21
2+ adults, 1+ children	49%	27%	24%	180

Anoka County Adult Health Survey
Demographic Questions

Q40C. How many children age 5-17 live in your household?

	None	One	2 or more	Number of respondents (unweighted)
	%	%	%	
Anoka County total	74%	11%	15%	832
Gender				
Female	71%	14%	15%	561
Male	77%	8%	15%	269
Age				
18-34	81%	10%	9%	96
35-44	35%	17%	48%	91
45-54	58%	21%	21%	145
55-64	93%	6%	1%	168
65-74	99%	--	1%	182
75+	99%	1%	--	149
Race				
People of color	53%	14%	33%	64
White	78%	10%	12%	762
Highest level of education				
High school diploma / GED or less	80%	10%	9%	165
Some college or AA degree	73%	10%	17%	366
Bachelor's degree or higher	74%	11%	15%	296
Household poverty status				
200% of poverty line or less	62%	18%	20%	126
Greater than 200% of poverty line	76%	10%	14%	628
Household type				
Single adult, no children	100%	--	--	218
2+ adults, no children	100%	--	--	411
Single adult, 1+ children	25%	36%	39%	21
2+ adults, 1+ children	36%	27%	37%	180

Anoka County Adult Health Survey
Demographic Questions

Calc10. Calculated variable based on responses to Q40B-Q40C. How many children age 17 or younger live in your household?

	None	One	Two	Three or more	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	60%	15%	16%	9%	831
Gender					
Female	60%	15%	16%	8%	561
Male	61%	14%	16%	10%	268
Age					
18-34	39%	26%	19%	16%	96
35-44	24%	15%	40%	21%	91
45-54	59%	19%	19%	4%	144
55-64	93%	5%	1%	<.5%	168
65-74	95%	4%	--	1%	182
75+	99%	--	1%	--	149
Race					
People of color	27%	19%	25%	29%	63
White	66%	14%	14%	6%	762
Highest level of education					
High school diploma / GED or less	71%	16%	6%	7%	164
Some college or AA degree	60%	15%	16%	9%	366
Bachelor's degree or higher	57%	14%	19%	10%	296
Household poverty status					
200% of poverty line or less	44%	16%	12%	28%	126
Greater than 200% of poverty line	61%	15%	17%	6%	628
Household type					
Single adult, no children	100%	--	--	--	218
2+ adults, no children	100%	--	--	--	411
Single adult, 1+ children	--	39%	59%	3%	21
2+ adults, 1+ children	--	37%	39%	24%	180

Anoka County Adult Health Survey
Demographic Questions

Calc11. Calculated variable based on responses to Q40A-Q40C. How many total people live in your household?

	One	Two	Three	Four	Five or more	Number of respondents (unweighted)
	%	%	%	%	%	
Anoka County total	11%	34%	18%	20%	16%	830
Gender						
Female	12%	30%	19%	23%	15%	560
Male	10%	38%	17%	17%	18%	268
Age						
18-34	5%	25%	15%	32%	24%	96
35-44	7%	14%	22%	30%	27%	91
45-54	9%	26%	23%	21%	21%	143
55-64	15%	47%	22%	11%	5%	168
65-74	17%	63%	14%	4%	3%	182
75+	27%	65%	6%	--	1%	149
Race						
People of color	6%	6%	13%	28%	47%	63
White	12%	39%	19%	19%	11%	761
Highest level of education						
High school diploma / GED or less	13%	52%	8%	12%	15%	164
Some college or AA degree	14%	28%	21%	20%	17%	366
Bachelor's degree or higher	7%	34%	19%	23%	17%	295
Household poverty status						
200% of poverty line or less	21%	13%	13%	7%	46%	126
Greater than 200% of poverty line	10%	36%	21%	22%	12%	628
Household type						
Single adult, no children	100%	--	--	--	--	218
2+ adults, no children	--	67%	17%	10%	5%	411
Single adult, 1+ children	--	39%	59%	3%	--	21
2+ adults, 1+ children	--	--	22%	41%	37%	180

Anoka County Adult Health Survey
Demographic Questions

Calc12. Calculated variable based on responses to Q40A-Q40C. Household type

	Single adult, no children	2+ adults, no children	Single adult, 1+ children	2+ adults, 1+ children	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	11%	49%	2%	37%	830
Gender					
Female	12%	48%	2%	38%	560
Male	10%	50%	3%	36%	268
Age					
18-34	5%	34%	4%	57%	96
35-44	7%	17%	5%	71%	91
45-54	9%	49%	1%	40%	143
55-64	15%	77%	1%	7%	168
65-74	17%	78%	--	5%	182
75+	27%	72%	--	1%	149
Race					
People of color	6%	22%	3%	70%	63
White	12%	54%	2%	32%	761
Highest level of education					
High school diploma / GED or less	13%	58%	<.5%	29%	164
Some college or AA degree	14%	46%	2%	38%	366
Bachelor's degree or higher	7%	50%	3%	40%	295
Household poverty status					
200% of poverty line or less	21%	23%	2%	54%	126
Greater than 200% of poverty line	10%	51%	2%	37%	628

Anoka County Adult Health Survey
Demographic Questions

Q41. Do you own or rent your home?

	Own	Rent	Other arrangement	Number of respondents (unweighted)
	%	%	%	
Anoka County total	85%	13%	2%	835
Gender				
Female	82%	15%	3%	564
Male	88%	11%	1%	269
Age				
18-34	75%	21%	4%	96
35-44	88%	11%	1%	92
45-54	90%	8%	2%	145
55-64	85%	13%	1%	168
65-74	96%	4%	<.5%	182
75+	83%	14%	3%	150
Race				
People of color	68%	27%	5%	66
White	88%	11%	2%	763
Highest level of education				
High school diploma / GED or less	72%	21%	7%	166
Some college or AA degree	83%	16%	1%	366
Bachelor's degree or higher	91%	8%	1%	298
Household poverty status				
200% of poverty line or less	49%	43%	8%	126
Greater than 200% of poverty line	91%	7%	1%	626
Household type				
Single adult, no children	73%	23%	4%	217
2+ adults, no children	87%	11%	2%	410
Single adult, 1+ children	75%	25%	--	21
2+ adults, 1+ children	85%	13%	2%	180

Anoka County Adult Health Survey
Demographic Questions

Q42. How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent or mortgage?

	Often	Sometimes	Never	Number of respondents (unweighted)
	%	%	%	
Anoka County total	8%	23%	70%	828
Gender				
Female	9%	23%	68%	560
Male	6%	23%	71%	266
Age				
18-34	10%	28%	62%	96
35-44	5%	26%	68%	91
45-54	8%	30%	62%	144
55-64	9%	21%	70%	166
65-74	1%	8%	91%	181
75+	2%	5%	93%	148
Race				
People of color	7%	47%	46%	65
White	8%	19%	74%	757
Highest level of education				
High school diploma / GED or less	19%	26%	54%	164
Some college or AA degree	8%	27%	65%	361
Bachelor's degree or higher	3%	17%	80%	298
Household poverty status				
200% of poverty line or less	22%	45%	33%	124
Greater than 200% of poverty line	4%	19%	77%	623
Household type				
Single adult, no children	13%	22%	65%	214
2+ adults, no children	6%	16%	78%	408
Single adult, 1+ children	14%	18%	68%	21
2+ adults, 1+ children	8%	33%	60%	179

Anoka County Adult Health Survey
Demographic Questions

Q43. How many times have you moved in the past 2 years?

	I haven't moved in the past 2 years	1 time	2 times	3 or more times	Number of respondents (unweighted)
	%	%	%	%	
Anoka County total	79%	17%	4%	<.5%	830
Gender					
Female	78%	16%	5%	1%	561
Male	81%	17%	2%	<.5%	267
Age					
18-34	53%	35%	11%	--	96
35-44	81%	18%	--	<.5%	92
45-54	91%	6%	2%	1%	145
55-64	90%	9%	<.5%	<.5%	167
65-74	97%	3%	<.5%	--	181
75+	91%	7%	1%	1%	147
Race					
People of color	73%	17%	9%	--	66
White	80%	17%	3%	<.5%	758
Highest level of education					
High school diploma / GED or less	82%	9%	7%	1%	165
Some college or AA degree	80%	17%	3%	<.5%	362
Bachelor's degree or higher	77%	19%	3%	<.5%	298
Household poverty status					
200% of poverty line or less	77%	16%	6%	1%	125
Greater than 200% of poverty line	78%	18%	3%	<.5%	623
Household type					
Single adult, no children	79%	18%	1%	1%	215
2+ adults, no children	84%	13%	3%	<.5%	408
Single adult, 1+ children	78%	22%	--	--	21
2+ adults, 1+ children	73%	21%	6%	<.5%	180

Anoka County Adult Health Survey
Demographic Questions

Calc13. Calculated variable based on responses to Q44-Q45. BMI status

	Not overweight	Overweight, but not obese	Obese	Number of respondents (unweighted)
	%	%	%	
Anoka County total	32%	33%	35%	820
Gender				
Female	35%	32%	34%	553
Male	29%	34%	36%	266
Age				
18-34	43%	28%	29%	96
35-44	34%	31%	36%	92
45-54	28%	33%	40%	142
55-64	23%	39%	37%	167
65-74	23%	34%	42%	177
75+	33%	39%	27%	145
Race				
People of color	48%	29%	23%	65
White	29%	34%	37%	750
Highest level of education				
High school diploma / GED or less	24%	29%	46%	162
Some college or AA degree	30%	32%	37%	358
Bachelor's degree or higher	36%	35%	29%	296
Household poverty status				
200% of poverty line or less	31%	35%	34%	124
Greater than 200% of poverty line	31%	34%	35%	619
Household type				
Single adult, no children	22%	36%	43%	213
2+ adults, no children	28%	36%	36%	404
Single adult, 1+ children	26%	38%	36%	20
2+ adults, 1+ children	39%	29%	32%	179

Anoka County Adult Health Survey
Demographic Questions

Q46. Were you born in the United States?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	91%	9%	835
Gender			
Female	94%	6%	563
Male	88%	12%	270
Age			
18-34	91%	9%	96
35-44	80%	20%	92
45-54	91%	9%	144
55-64	95%	5%	167
65-74	97%	3%	183
75+	99%	1%	151
Race			
People of color	59%	41%	65
White	96%	4%	765
Highest level of education			
High school diploma / GED or less	89%	11%	166
Some college or AA degree	92%	8%	367
Bachelor's degree or higher	91%	9%	298
Household poverty status			
200% of poverty line or less	78%	22%	126
Greater than 200% of poverty line	93%	7%	628
Household type			
Single adult, no children	98%	2%	218
2+ adults, no children	96%	4%	410
Single adult, 1+ children	100%	--	21
2+ adults, 1+ children	83%	17%	180

Anoka County Adult Health Survey
Demographic Questions

Q47. How do you identify your race / ethnicity? (Check all that apply)

	American Indian or Alaska Native	Asian or Pacific Islander	Black or African American	White	Hispanic or Latino/Latina	Other race / ethnicity	Number of respondents (unweighted)
	%	%	%	%	%	%	
Anoka County total	1%	5%	5%	89%	3%	2%	835
Gender							
Female	2%	6%	1%	92%	2%	<.5%	562
Male	<.5%	5%	8%	87%	4%	3%	271
Age							
18-34	1%	15%	3%	82%	8%	1%	96
35-44	1%	3%	14%	83%	5%	1%	92
45-54	<.5%	2%	5%	92%	--	3%	144
55-64	2%	<.5%	2%	96%	--	2%	167
65-74	--	--	1%	97%	2%	<.5%	183
75+	1%	--	--	100%	--	<.5%	151
Race							
People of color	7%	35%	31%	32%	22%	6%	66
White	--	--	--	100%	--	--	765
Highest level of education							
High school diploma / GED or less	1%	4%	1%	88%	4%	4%	167
Some college or AA degree	1%	2%	6%	93%	4%	1%	366
Bachelor's degree or higher	1%	9%	4%	86%	2%	2%	298
Household poverty status							
200% of poverty line or less	2%	12%	18%	71%	12%	3%	125
Greater than 200% of poverty line	1%	3%	3%	94%	2%	1%	628
Household type							
Single adult, no children	2%	1%	1%	93%	3%	1%	218
2+ adults, no children	1%	4%	1%	95%	1%	1%	410
Single adult, 1+ children	7%	--	6%	76%	--	22%	21
2+ adults, 1+ children	1%	8%	11%	83%	6%	1%	179

**Q47. How do you identify your
race/ethnicity? (Check all that apply) -
Other race / ethnicity:**

American	73%
Arab	24%
Multi-racial	3%
Number of respondents (unweighted)	8

Anoka County Adult Health Survey
Demographic Questions

Q48. Which of the following best describes your relationship status?

	Married	Living with a partner	Divorced	Separated	Widowed	Never married	Number of respondents (unweighted)
	%	%	%	%	%	%	
Anoka County total	71%	10%	6%	1%	4%	9%	834
Gender							
Female	65%	11%	7%	<.5%	6%	10%	561
Male	77%	9%	4%	1%	2%	7%	271
Age							
18-34	59%	21%	1%	--	--	19%	96
35-44	84%	6%	5%	--	--	4%	92
45-54	75%	7%	7%	1%	2%	8%	145
55-64	72%	7%	11%	2%	4%	4%	167
65-74	78%	4%	9%	1%	6%	3%	183
75+	58%	3%	5%	--	32%	2%	150
Race							
People of color	65%	24%	3%	2%	1%	6%	65
White	72%	8%	6%	1%	5%	9%	764
Highest level of education							
High school diploma / GED or less	52%	18%	4%	--	9%	17%	166
Some college or AA degree	71%	8%	7%	1%	3%	9%	367
Bachelor's degree or higher	77%	9%	5%	1%	3%	5%	297
Household poverty status							
200% of poverty line or less	44%	18%	11%	4%	6%	15%	126
Greater than 200% of poverty line	76%	8%	5%	<.5%	4%	7%	627
Household type							
Single adult, no children	15%	9%	26%	5%	21%	25%	217
2+ adults, no children	74%	12%	4%	--	3%	7%	410
Single adult, 1+ children	36%	14%	30%	--	2%	18%	21
2+ adults, 1+ children	85%	8%	1%	1%	<.5%	6%	180

Anoka County Adult Health Survey
Demographic Questions

Q49. Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

	Yes	No	Number of respondents (unweighted)
	%	%	
Anoka County total	10%	90%	834
Gender			
Female	1%	99%	562
Male	20%	80%	271
Age			
18-34	3%	97%	96
35-44	5%	95%	92
45-54	9%	91%	144
55-64	11%	89%	167
65-74	22%	78%	182
75+	34%	66%	151
Race			
People of color	2%	98%	66
White	12%	88%	763
Highest level of education			
High school diploma / GED or less	13%	87%	167
Some college or AA degree	13%	87%	367
Bachelor's degree or higher	6%	94%	297
Household poverty status			
200% of poverty line or less	13%	87%	126
Greater than 200% of poverty line	10%	90%	626
Household type			
Single adult, no children	13%	87%	218
2+ adults, no children	12%	88%	408
Single adult, 1+ children	--	100%	21
2+ adults, 1+ children	8%	92%	180

Anoka County Adult Health Survey
Demographic Questions

Q50. What is the highest level of education you have completed?

	8th grade or less	Some high school	High school graduate or GED	Some college / vocational / technical / trade school	Graduate of a vocational / technical / trade school	Associate's degree (2-year degree)	Bachelor's degree (4-year degree)	Postgraduate or professional degree	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	
Anoka County total	1%	1%	13%	21%	8%	15%	26%	15%	832
Gender									
Female	1%	1%	17%	16%	7%	18%	27%	13%	560
Male	1%	2%	10%	25%	10%	11%	25%	17%	271
Age									
18-34	1%	1%	11%	22%	3%	14%	32%	16%	96
35-44	1%	1%	3%	17%	6%	20%	36%	17%	92
45-54	<.5%	3%	11%	17%	12%	14%	29%	14%	145
55-64	1%	1%	14%	19%	15%	15%	18%	16%	167
65-74	1%	<.5%	19%	27%	11%	13%	14%	13%	180
75+	1%	5%	37%	25%	4%	6%	12%	10%	150
Race									
People of color	2%	4%	8%	22%	<.5%	16%	31%	16%	66
White	1%	1%	14%	20%	10%	15%	25%	15%	761
Highest level of education									
High school diploma / GED or less	5%	8%	86%	--	--	--	--	--	167
Some college or AA degree	--	--	--	47%	19%	34%	--	--	367
Bachelor's degree or higher	--	--	--	--	--	--	63%	37%	298
Household poverty status									
200% of poverty line or less	4%	5%	25%	38%	4%	6%	13%	5%	125
Greater than 200% of poverty line	<.5%	<.5%	10%	18%	9%	16%	29%	18%	626
Household type									
Single adult, no children	<.5%	1%	16%	29%	12%	14%	18%	9%	216
2+ adults, no children	<.5%	1%	16%	16%	11%	13%	27%	15%	408
Single adult, 1+ children	--	--	3%	16%	27%	2%	30%	22%	21
2+ adults, 1+ children	1%	1%	9%	24%	3%	18%	27%	17%	180

Anoka County Adult Health Survey
Demographic Questions

Q51. Are you currently...? (Check all that apply)

	Employed full time	Self-employed or farmer	A homemaker or stay-at-home parent	Retired	Employed part time	Unemployed or out of work	A student	Unable to work because of a disability	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	
Anoka County total	58%	7%	6%	19%	9%	3%	4%	4%	835
Gender									
Female	50%	6%	11%	20%	15%	4%	4%	4%	562
Male	66%	8%	2%	19%	4%	3%	5%	4%	271
Age									
18-34	77%	3%	12%	--	6%	5%	8%	<.5%	96
35-44	77%	10%	7%	--	9%	2%	9%	2%	92
45-54	73%	8%	5%	3%	13%	3%	3%	2%	145
55-64	52%	12%	3%	15%	9%	6%	--	11%	167
65-74	5%	5%	2%	84%	14%	1%	--	5%	183
75+	--	--	2%	95%	9%	1%	--	2%	150
Race									
People of color	68%	6%	16%	3%	10%	8%	13%	2%	66
White	56%	7%	5%	22%	10%	3%	3%	4%	764
Highest level of education									
High school diploma / GED or less	31%	7%	6%	36%	10%	10%	2%	7%	167
Some college or AA degree	58%	7%	8%	20%	8%	2%	5%	5%	367
Bachelor's degree or higher	68%	7%	5%	11%	11%	3%	4%	1%	298
Household poverty status									
200% of poverty line or less	29%	7%	19%	21%	9%	16%	14%	14%	126
Greater than 200% of poverty line	66%	7%	5%	18%	9%	1%	3%	2%	628
Household type									
Single adult, no children	44%	6%	1%	35%	7%	7%	5%	9%	218
2+ adults, no children	52%	5%	3%	29%	10%	2%	3%	5%	409
Single adult, 1+ children	88%	5%	--	--	2%	--	4%	7%	21
2+ adults, 1+ children	69%	9%	14%	3%	10%	4%	6%	1%	180

Anoka County Adult Health Survey
Demographic Questions

Calc13. Calculated variable based on responses to Q51. Are you currently employed? (Any - full-time, part-time, or self-employed)

	Currently employed (full-time, part-time, or self-employed)	Not currently employed	Number of respondents (unweighted)
	%	%	
Anoka County total	71%	29%	835
Gender			
Female	68%	32%	562
Male	75%	25%	271
Age			
18-34	84%	16%	96
35-44	90%	10%	92
45-54	89%	11%	145
55-64	69%	31%	167
65-74	23%	77%	183
75+	9%	91%	150
Race			
People of color	76%	24%	66
White	70%	30%	764
Highest level of education			
High school diploma / GED or less	45%	55%	167
Some college or AA degree	70%	30%	367
Bachelor's degree or higher	83%	17%	298
Household poverty status			
200% of poverty line or less	43%	57%	126
Greater than 200% of poverty line	77%	23%	628
Household type			
Single adult, no children	54%	46%	218
2+ adults, no children	66%	34%	409
Single adult, 1+ children	93%	7%	21
2+ adults, 1+ children	82%	18%	180

Anoka County Adult Health Survey
Demographic Questions

Q52. What was your household's total income from all earners and all sources in 2017?

	Less than \$16,000	\$16,000 - \$24,999	\$25,000 - \$39,999	\$40,000 - \$59,999	\$60,000 - \$79,999	\$80,000 - \$99,999	\$100,000 - \$149,999	\$150,000 or higher	Number of respondents (unweighted)
	%	%	%	%	%	%	%	%	
Anoka County total	3%	3%	11%	15%	18%	17%	20%	13%	802
Gender									
Female	4%	4%	11%	14%	21%	14%	22%	11%	540
Male	3%	2%	11%	16%	16%	20%	18%	14%	260
Age									
18-34	3%	--	13%	14%	23%	20%	18%	9%	96
35-44	2%	--	2%	11%	20%	13%	26%	26%	90
45-54	2%	2%	8%	11%	15%	22%	29%	11%	141
55-64	4%	6%	11%	14%	16%	16%	18%	16%	160
65-74	4%	4%	16%	24%	15%	15%	16%	6%	173
75+	5%	17%	20%	28%	18%	3%	6%	4%	141
Race									
People of color	5%	2%	24%	29%	12%	8%	19%	2%	65
White	3%	3%	9%	12%	20%	18%	21%	15%	732
Highest level of education									
High school diploma / GED or less	11%	9%	27%	19%	12%	15%	3%	4%	163
Some college or AA degree	3%	3%	12%	16%	24%	17%	17%	7%	351
Bachelor's degree or higher	<.5%	1%	3%	12%	15%	16%	31%	22%	285
Household poverty status									
200% of poverty line or less	22%	19%	32%	27%	--	--	--	--	126
Greater than 200% of poverty line	--	--	3%	11%	23%	21%	25%	16%	628
Household type									
Single adult, no children	16%	12%	24%	20%	14%	4%	7%	3%	210
2+ adults, no children	1%	3%	9%	15%	20%	19%	21%	11%	391
Single adult, 1+ children	6%	--	10%	18%	12%	24%	5%	24%	21
2+ adults, 1+ children	2%	<.5%	9%	12%	18%	16%	24%	17%	175

Anoka County Adult Health Survey
Demographic Questions

Calc14. Calculated variable based on responses to Q40A-C and Q52.
Household poverty status (approximated based on household size)

	200% of poverty line or less	More than 200% of poverty line	Number of respondents (unweighted)
	%	%	
Anoka County total	16%	84%	754
Gender			
Female	15%	85%	511
Male	16%	84%	241
Age			
18-34	19%	81%	91
35-44	13%	87%	88
45-54	9%	91%	132
55-64	17%	83%	156
65-74	13%	87%	158
75+	24%	76%	128
Race			
People of color	51%	49%	57
White	10%	90%	692
Highest level of education			
High school diploma / GED or less	39%	61%	135
Some college or AA degree	17%	83%	335
Bachelor's degree or higher	7%	93%	281
Household type			
Single adult, no children	28%	72%	210
2+ adults, no children	8%	92%	355
Single adult, 1+ children	14%	86%	20
2+ adults, 1+ children	21%	79%	169

Anoka County Adult Health Survey
Community Concerns

Q53A-1. In your opinion, how much of a problem is crime in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	41%	44%	15%	823
Gender				
Female	34%	47%	19%	553
Male	49%	41%	10%	267
Age				
18-34	43%	38%	19%	92
35-44	49%	36%	15%	91
45-54	43%	46%	11%	143
55-64	30%	57%	13%	163
65-74	41%	44%	15%	172
75+	44%	41%	16%	141
Race				
People of color	39%	47%	14%	64
White	41%	43%	15%	735
Highest level of education				
High school diploma / GED or less	35%	45%	20%	156
Some college or AA degree	38%	49%	14%	352
Bachelor's degree or higher	48%	38%	14%	292
Household poverty status				
200% of poverty line or less	23%	59%	19%	120
Greater than 200% of poverty line	43%	42%	15%	606
Household type				
Single adult, no children	34%	45%	21%	203
2+ adults, no children	40%	46%	13%	398
Single adult, 1+ children	54%	33%	13%	21
2+ adults, 1+ children	44%	40%	15%	175

Anoka County Adult Health Survey
Community Concerns

Q53A-2. In your opinion, how much of a problem is unemployment in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	43%	23%	34%	820
Gender				
Female	35%	26%	39%	550
Male	50%	21%	29%	267
Age				
18-34	39%	27%	34%	92
35-44	46%	16%	38%	91
45-54	48%	22%	31%	140
55-64	42%	27%	32%	163
65-74	40%	22%	38%	173
75+	48%	19%	34%	140
Race				
People of color	30%	34%	36%	64
White	45%	21%	34%	732
Highest level of education				
High school diploma / GED or less	35%	26%	39%	156
Some college or AA degree	40%	25%	34%	349
Bachelor's degree or higher	49%	20%	31%	292
Household poverty status				
200% of poverty line or less	22%	41%	36%	119
Greater than 200% of poverty line	46%	20%	34%	604
Household type				
Single adult, no children	37%	24%	39%	205
2+ adults, no children	45%	24%	30%	395
Single adult, 1+ children	51%	15%	34%	21
2+ adults, 1+ children	42%	21%	37%	173

Anoka County Adult Health Survey
Community Concerns

Q53A-3. In your opinion, how much of a problem is poverty in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	34%	35%	30%	822
Gender				
Female	29%	40%	31%	554
Male	40%	31%	29%	265
Age				
18-34	30%	39%	31%	91
35-44	34%	35%	31%	91
45-54	38%	33%	28%	142
55-64	39%	31%	30%	164
65-74	34%	32%	34%	174
75+	32%	33%	34%	139
Race				
People of color	25%	47%	28%	65
White	36%	33%	31%	733
Highest level of education				
High school diploma / GED or less	33%	33%	35%	155
Some college or AA degree	34%	34%	33%	352
Bachelor's degree or higher	36%	37%	27%	292
Household poverty status				
200% of poverty line or less	17%	52%	31%	118
Greater than 200% of poverty line	36%	33%	32%	606
Household type				
Single adult, no children	31%	36%	33%	207
2+ adults, no children	34%	39%	27%	395
Single adult, 1+ children	34%	17%	49%	21
2+ adults, 1+ children	35%	32%	34%	173

Anoka County Adult Health Survey
Community Concerns

Q53A-4. In your opinion, how much of a problem is lack of affordable housing in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	30%	38%	33%	826
Gender				
Female	26%	43%	31%	554
Male	34%	33%	34%	269
Age				
18-34	27%	39%	34%	91
35-44	33%	36%	31%	91
45-54	34%	37%	29%	142
55-64	28%	39%	34%	164
65-74	28%	37%	34%	174
75+	32%	33%	35%	143
Race				
People of color	14%	60%	25%	65
White	32%	34%	34%	737
Highest level of education				
High school diploma / GED or less	28%	40%	32%	159
Some college or AA degree	29%	34%	37%	352
Bachelor's degree or higher	32%	40%	28%	292
Household poverty status				
200% of poverty line or less	12%	52%	36%	121
Greater than 200% of poverty line	34%	33%	33%	606
Household type				
Single adult, no children	25%	38%	37%	208
2+ adults, no children	30%	39%	31%	396
Single adult, 1+ children	46%	38%	16%	21
2+ adults, 1+ children	31%	34%	35%	175

Anoka County Adult Health Survey
Community Concerns

Q53A-5. In your opinion, how much of a problem is abuse and neglect of vulnerable adults in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	28%	30%	42%	825
Gender				
Female	24%	35%	41%	555
Male	31%	26%	43%	267
Age				
18-34	25%	31%	44%	92
35-44	32%	18%	50%	91
45-54	28%	32%	40%	141
55-64	25%	34%	41%	164
65-74	30%	35%	35%	175
75+	34%	22%	45%	141
Race				
People of color	20%	30%	50%	65
White	29%	30%	42%	736
Highest level of education				
High school diploma / GED or less	29%	34%	38%	155
Some college or AA degree	26%	25%	48%	353
Bachelor's degree or higher	29%	33%	38%	294
Household poverty status				
200% of poverty line or less	21%	29%	50%	120
Greater than 200% of poverty line	29%	28%	43%	607
Household type				
Single adult, no children	25%	33%	42%	208
2+ adults, no children	22%	41%	37%	395
Single adult, 1+ children	35%	28%	38%	21
2+ adults, 1+ children	35%	15%	50%	175

Anoka County Adult Health Survey
Community Concerns

Q53A-6. In your opinion, how much of a problem is abuse and neglect of children in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	29%	34%	37%	821
Gender				
Female	22%	41%	37%	554
Male	36%	27%	37%	264
Age				
18-34	32%	32%	35%	92
35-44	32%	24%	44%	90
45-54	25%	38%	37%	139
55-64	24%	38%	39%	165
65-74	26%	41%	33%	174
75+	33%	25%	42%	140
Race				
People of color	31%	29%	40%	65
White	28%	34%	38%	732
Highest level of education				
High school diploma / GED or less	24%	36%	40%	156
Some college or AA degree	27%	32%	41%	351
Bachelor's degree or higher	32%	34%	33%	291
Household poverty status				
200% of poverty line or less	17%	34%	49%	119
Greater than 200% of poverty line	29%	34%	37%	606
Household type				
Single adult, no children	21%	41%	38%	208
2+ adults, no children	23%	39%	38%	394
Single adult, 1+ children	22%	56%	22%	21
2+ adults, 1+ children	38%	23%	39%	172

Anoka County Adult Health Survey
Community Concerns

Q53A-7. In your opinion, how much of a problem is youth not graduating high school in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	34%	29%	38%	827
Gender				
Female	30%	31%	40%	556
Male	38%	26%	36%	268
Age				
18-34	41%	32%	27%	92
35-44	35%	21%	44%	91
45-54	32%	27%	41%	142
55-64	30%	27%	43%	164
65-74	29%	32%	38%	176
75+	26%	34%	40%	141
Race				
People of color	34%	33%	33%	65
White	34%	28%	39%	738
Highest level of education				
High school diploma / GED or less	29%	31%	40%	156
Some college or AA degree	31%	29%	40%	354
Bachelor's degree or higher	39%	27%	34%	294
Household poverty status				
200% of poverty line or less	17%	43%	40%	120
Greater than 200% of poverty line	37%	27%	37%	609
Household type				
Single adult, no children	23%	32%	45%	208
2+ adults, no children	30%	32%	38%	397
Single adult, 1+ children	24%	43%	33%	21
2+ adults, 1+ children	42%	23%	34%	175

Anoka County Adult Health Survey
Community Concerns

Q53A-8. In your opinion, how much of a problem is violence in schools (including bullying and fights) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	20%	49%	31%	823
Gender				
Female	15%	54%	30%	554
Male	26%	43%	32%	266
Age				
18-34	25%	46%	28%	92
35-44	26%	40%	34%	91
45-54	16%	63%	21%	141
55-64	16%	48%	36%	164
65-74	16%	52%	32%	173
75+	17%	43%	40%	141
Race				
People of color	22%	56%	22%	65
White	20%	48%	32%	734
Highest level of education				
High school diploma / GED or less	18%	52%	30%	156
Some college or AA degree	18%	50%	32%	351
Bachelor's degree or higher	24%	46%	30%	293
Household poverty status				
200% of poverty line or less	13%	56%	32%	120
Greater than 200% of poverty line	23%	47%	30%	607
Household type				
Single adult, no children	17%	43%	41%	208
2+ adults, no children	14%	53%	32%	394
Single adult, 1+ children	14%	33%	54%	21
2+ adults, 1+ children	30%	46%	24%	174

Anoka County Adult Health Survey
Community Concerns

Q53B-1. In your opinion, how much of a problem is lack of health insurance in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	31%	38%	30%	818
Gender				
Female	25%	41%	35%	552
Male	38%	36%	26%	263
Age				
18-34	33%	42%	25%	91
35-44	33%	31%	37%	91
45-54	35%	35%	30%	143
55-64	25%	46%	29%	163
65-74	32%	35%	32%	173
75+	37%	29%	34%	138
Race				
People of color	27%	53%	19%	63
White	33%	35%	32%	733
Highest level of education				
High school diploma / GED or less	24%	43%	34%	153
Some college or AA degree	32%	38%	30%	352
Bachelor's degree or higher	35%	36%	29%	292
Household poverty status				
200% of poverty line or less	16%	53%	31%	119
Greater than 200% of poverty line	34%	36%	31%	604
Household type				
Single adult, no children	31%	36%	33%	206
2+ adults, no children	32%	38%	29%	393
Single adult, 1+ children	32%	34%	34%	21
2+ adults, 1+ children	31%	39%	30%	174

Anoka County Adult Health Survey
Community Concerns

Q53B-2. In your opinion, how much of a problem is lack of affordable medical services in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	25%	50%	25%	822
Gender				
Female	18%	52%	30%	553
Male	32%	47%	21%	266
Age				
18-34	23%	58%	20%	92
35-44	33%	42%	25%	91
45-54	22%	51%	26%	143
55-64	19%	54%	27%	164
65-74	32%	40%	28%	172
75+	36%	29%	35%	140
Race				
People of color	14%	73%	13%	65
White	28%	45%	27%	734
Highest level of education				
High school diploma / GED or less	23%	43%	34%	154
Some college or AA degree	24%	53%	23%	354
Bachelor's degree or higher	28%	48%	24%	293
Household poverty status				
200% of poverty line or less	12%	61%	27%	121
Greater than 200% of poverty line	28%	48%	24%	606
Household type				
Single adult, no children	25%	49%	26%	207
2+ adults, no children	23%	51%	26%	394
Single adult, 1+ children	35%	46%	19%	21
2+ adults, 1+ children	28%	49%	23%	175

Anoka County Adult Health Survey
Community Concerns

Q53B-3. In your opinion, how much of a problem is lack of affordable dental services in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	27%	49%	24%	824
Gender				
Female	18%	54%	29%	554
Male	37%	45%	18%	267
Age				
18-34	25%	57%	19%	92
35-44	33%	44%	23%	91
45-54	29%	45%	26%	143
55-64	21%	57%	22%	164
65-74	30%	41%	29%	173
75+	35%	31%	34%	141
Race				
People of color	18%	72%	10%	65
White	29%	45%	26%	736
Highest level of education				
High school diploma / GED or less	18%	47%	35%	155
Some college or AA degree	26%	55%	19%	354
Bachelor's degree or higher	33%	43%	24%	293
Household poverty status				
200% of poverty line or less	13%	67%	20%	121
Greater than 200% of poverty line	31%	45%	24%	606
Household type				
Single adult, no children	26%	49%	25%	208
2+ adults, no children	25%	50%	25%	395
Single adult, 1+ children	43%	47%	10%	21
2+ adults, 1+ children	30%	48%	22%	175

Anoka County Adult Health Survey
Community Concerns

Q53B-4. In your opinion, how much of a problem is lack of affordable mental health services in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	20%	49%	31%	823
Gender				
Female	15%	54%	30%	554
Male	25%	44%	31%	266
Age				
18-34	14%	62%	24%	91
35-44	24%	45%	30%	91
45-54	23%	46%	31%	143
55-64	20%	47%	33%	164
65-74	25%	41%	33%	173
75+	26%	25%	48%	141
Race				
People of color	9%	63%	28%	65
White	23%	46%	31%	735
Highest level of education				
High school diploma / GED or less	19%	41%	40%	154
Some college or AA degree	21%	50%	30%	354
Bachelor's degree or higher	21%	51%	28%	293
Household poverty status				
200% of poverty line or less	10%	46%	44%	121
Greater than 200% of poverty line	22%	50%	28%	606
Household type				
Single adult, no children	24%	46%	31%	208
2+ adults, no children	19%	51%	30%	394
Single adult, 1+ children	42%	35%	22%	21
2+ adults, 1+ children	20%	48%	32%	175

Anoka County Adult Health Survey
Community Concerns

Q53B-5. In your opinion, how much of a problem are long wait times for access to mental health services in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	20%	37%	44%	821
Gender				
Female	16%	43%	41%	552
Male	24%	30%	46%	266
Age				
18-34	18%	48%	35%	92
35-44	21%	35%	44%	90
45-54	21%	32%	47%	143
55-64	18%	33%	49%	163
65-74	24%	34%	42%	173
75+	26%	16%	57%	140
Race				
People of color	11%	59%	31%	65
White	22%	32%	46%	733
Highest level of education				
High school diploma / GED or less	21%	34%	45%	153
Some college or AA degree	21%	35%	44%	354
Bachelor's degree or higher	19%	38%	43%	292
Household poverty status				
200% of poverty line or less	13%	38%	48%	121
Greater than 200% of poverty line	22%	35%	43%	604
Household type				
Single adult, no children	22%	32%	46%	208
2+ adults, no children	19%	37%	45%	393
Single adult, 1+ children	15%	36%	49%	21
2+ adults, 1+ children	21%	37%	42%	174

Anoka County Adult Health Survey
Community Concerns

Q53B-6. In your opinion, how much of a problem is lack of transportation to and from medical care in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	30%	25%	45%	821
Gender				
Female	25%	29%	46%	553
Male	35%	20%	45%	265
Age				
18-34	30%	31%	39%	92
35-44	23%	20%	57%	90
45-54	38%	15%	47%	143
55-64	27%	24%	49%	164
65-74	31%	26%	44%	172
75+	34%	26%	40%	140
Race				
People of color	31%	37%	32%	65
White	30%	22%	48%	733
Highest level of education				
High school diploma / GED or less	29%	23%	48%	152
Some college or AA degree	29%	28%	44%	354
Bachelor's degree or higher	31%	21%	47%	293
Household poverty status				
200% of poverty line or less	20%	40%	40%	120
Greater than 200% of poverty line	30%	23%	47%	605
Household type				
Single adult, no children	26%	34%	40%	207
2+ adults, no children	32%	21%	46%	394
Single adult, 1+ children	33%	19%	47%	21
2+ adults, 1+ children	27%	26%	47%	174

Anoka County Adult Health Survey
Community Concerns

Q53B-7. In your opinion, how much of a problem are language / communication barriers in accessing health care services in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	31%	21%	48%	818
Gender				
Female	27%	23%	51%	550
Male	36%	19%	45%	265
Age				
18-34	28%	32%	40%	92
35-44	27%	17%	56%	90
45-54	40%	10%	50%	142
55-64	29%	16%	55%	163
65-74	37%	21%	42%	172
75+	31%	16%	53%	140
Race				
People of color	30%	38%	32%	64
White	32%	17%	51%	731
Highest level of education				
High school diploma / GED or less	25%	26%	48%	153
Some college or AA degree	32%	21%	47%	350
Bachelor's degree or higher	34%	17%	49%	293
Household poverty status				
200% of poverty line or less	17%	34%	49%	119
Greater than 200% of poverty line	33%	18%	49%	603
Household type				
Single adult, no children	28%	23%	48%	205
2+ adults, no children	34%	18%	48%	394
Single adult, 1+ children	34%	25%	41%	21
2+ adults, 1+ children	28%	23%	49%	173

Anoka County Adult Health Survey
Community Concerns

Q53B-8. In your opinion, how much of a problem is lack of culturally appropriate health care services in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	28%	19%	52%	817
Gender				
Female	24%	20%	56%	550
Male	32%	19%	48%	264
Age				
18-34	28%	28%	44%	92
35-44	25%	19%	56%	90
45-54	35%	8%	57%	143
55-64	22%	20%	58%	163
65-74	35%	18%	46%	172
75+	29%	9%	61%	138
Race				
People of color	23%	42%	35%	65
White	29%	15%	56%	729
Highest level of education				
High school diploma / GED or less	22%	23%	55%	152
Some college or AA degree	29%	19%	52%	351
Bachelor's degree or higher	31%	17%	52%	293
Household poverty status				
200% of poverty line or less	15%	30%	55%	119
Greater than 200% of poverty line	30%	17%	53%	603
Household type				
Single adult, no children	29%	22%	49%	205
2+ adults, no children	30%	15%	55%	393
Single adult, 1+ children	26%	7%	67%	21
2+ adults, 1+ children	27%	23%	50%	173

Anoka County Adult Health Survey
Community Concerns

Q53C-1. In your opinion, how much of a problem are mental health problems among adults (such as anxiety or depression) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	17%	54%	29%	819
Gender				
Female	12%	60%	28%	552
Male	22%	48%	29%	264
Age				
18-34	18%	62%	20%	92
35-44	13%	55%	32%	88
45-54	18%	57%	25%	142
55-64	16%	50%	34%	165
65-74	19%	46%	34%	175
75+	23%	27%	50%	138
Race				
People of color	11%	60%	29%	63
White	19%	52%	29%	733
Highest level of education				
High school diploma / GED or less	17%	49%	34%	154
Some college or AA degree	18%	52%	30%	354
Bachelor's degree or higher	17%	57%	26%	289
Household poverty status				
200% of poverty line or less	9%	50%	42%	119
Greater than 200% of poverty line	19%	54%	26%	606
Household type				
Single adult, no children	15%	54%	32%	206
2+ adults, no children	16%	54%	30%	395
Single adult, 1+ children	14%	74%	12%	21
2+ adults, 1+ children	20%	52%	28%	173

Anoka County Adult Health Survey
Community Concerns

Q53C-2. In your opinion, how much of a problem are mental health problems among youth (such as anxiety or depression) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	14%	57%	28%	821
Gender				
Female	11%	63%	27%	553
Male	18%	53%	30%	265
Age				
18-34	14%	66%	20%	92
35-44	9%	59%	32%	89
45-54	16%	58%	26%	142
55-64	14%	50%	35%	165
65-74	17%	51%	31%	175
75+	17%	34%	50%	138
Race				
People of color	8%	64%	28%	64
White	15%	55%	29%	734
Highest level of education				
High school diploma / GED or less	14%	50%	36%	155
Some college or AA degree	15%	56%	29%	354
Bachelor's degree or higher	14%	60%	26%	290
Household poverty status				
200% of poverty line or less	7%	60%	33%	121
Greater than 200% of poverty line	16%	56%	28%	606
Household type				
Single adult, no children	13%	53%	35%	208
2+ adults, no children	14%	55%	31%	394
Single adult, 1+ children	11%	74%	15%	21
2+ adults, 1+ children	15%	60%	25%	174

Anoka County Adult Health Survey
Community Concerns

Q53C-3. In your opinion, how much of a problem is suicide and self-injury in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	17%	49%	34%	817
Gender				
Female	13%	54%	33%	550
Male	22%	43%	35%	264
Age				
18-34	18%	57%	26%	92
35-44	16%	41%	43%	89
45-54	15%	51%	33%	142
55-64	15%	47%	38%	164
65-74	20%	49%	32%	174
75+	22%	27%	51%	136
Race				
People of color	9%	53%	39%	64
White	18%	48%	34%	730
Highest level of education				
High school diploma / GED or less	16%	52%	32%	153
Some college or AA degree	20%	43%	37%	353
Bachelor's degree or higher	15%	53%	32%	289
Household poverty status				
200% of poverty line or less	11%	37%	52%	121
Greater than 200% of poverty line	18%	50%	32%	602
Household type				
Single adult, no children	16%	47%	37%	207
2+ adults, no children	15%	50%	35%	391
Single adult, 1+ children	11%	81%	8%	21
2+ adults, 1+ children	19%	46%	35%	174

Anoka County Adult Health Survey
Community Concerns

Q53D-1. In your opinion, how much of a problem is delayed or no health care during pregnancy in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	30%	21%	49%	809
Gender				
Female	25%	25%	50%	545
Male	35%	18%	47%	261
Age				
18-34	43%	21%	36%	91
35-44	22%	19%	59%	90
45-54	31%	20%	48%	140
55-64	22%	25%	52%	163
65-74	24%	22%	55%	171
75+	23%	17%	60%	135
Race				
People of color	25%	30%	45%	65
White	31%	19%	50%	721
Highest level of education				
High school diploma / GED or less	19%	28%	53%	148
Some college or AA degree	29%	20%	50%	351
Bachelor's degree or higher	35%	19%	46%	288
Household poverty status				
200% of poverty line or less	17%	27%	56%	117
Greater than 200% of poverty line	31%	20%	49%	601
Household type				
Single adult, no children	20%	26%	54%	201
2+ adults, no children	27%	21%	52%	391
Single adult, 1+ children	42%	40%	18%	21
2+ adults, 1+ children	36%	18%	45%	172

Anoka County Adult Health Survey
Community Concerns

Q53D-2. In your opinion, how much of a problem is tobacco use during pregnancy in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	21%	32%	47%	814
Gender				
Female	21%	30%	49%	549
Male	22%	33%	45%	262
Age				
18-34	24%	37%	40%	92
35-44	18%	23%	59%	90
45-54	26%	27%	47%	142
55-64	18%	36%	46%	163
65-74	16%	33%	51%	171
75+	20%	25%	55%	137
Race				
People of color	11%	42%	48%	65
White	23%	29%	48%	726
Highest level of education				
High school diploma / GED or less	17%	37%	45%	152
Some college or AA degree	22%	29%	49%	351
Bachelor's degree or higher	22%	32%	47%	289
Household poverty status				
200% of poverty line or less	13%	35%	52%	119
Greater than 200% of poverty line	23%	29%	49%	603
Household type				
Single adult, no children	20%	33%	47%	203
2+ adults, no children	17%	36%	47%	392
Single adult, 1+ children	24%	60%	16%	21
2+ adults, 1+ children	26%	24%	51%	174

Anoka County Adult Health Survey
Community Concerns

Q53D-3. In your opinion, how much of a problem is drug or alcohol use during pregnancy in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	20%	38%	43%	815
Gender				
Female	20%	35%	45%	550
Male	20%	40%	40%	262
Age				
18-34	24%	39%	37%	92
35-44	16%	30%	54%	90
45-54	23%	36%	41%	142
55-64	16%	43%	41%	163
65-74	13%	42%	45%	172
75+	19%	26%	55%	137
Race				
People of color	12%	45%	43%	65
White	21%	36%	43%	727
Highest level of education				
High school diploma / GED or less	16%	44%	40%	152
Some college or AA degree	21%	32%	47%	351
Bachelor's degree or higher	20%	40%	41%	290
Household poverty status				
200% of poverty line or less	14%	41%	45%	119
Greater than 200% of poverty line	21%	35%	44%	604
Household type				
Single adult, no children	18%	41%	41%	204
2+ adults, no children	17%	41%	42%	392
Single adult, 1+ children	15%	61%	24%	21
2+ adults, 1+ children	24%	30%	46%	174

Anoka County Adult Health Survey
Community Concerns

Q53D-4. In your opinion, how much of a problem are parents with inadequate or poor parenting skills in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	17%	53%	30%	812
Gender				
Female	14%	55%	31%	548
Male	19%	51%	30%	261
Age				
18-34	20%	57%	22%	92
35-44	16%	48%	36%	88
45-54	16%	56%	28%	141
55-64	12%	55%	32%	164
65-74	15%	45%	40%	171
75+	19%	36%	45%	137
Race				
People of color	11%	57%	31%	64
White	18%	51%	31%	725
Highest level of education				
High school diploma / GED or less	15%	50%	35%	152
Some college or AA degree	17%	49%	34%	350
Bachelor's degree or higher	17%	57%	25%	288
Household poverty status				
200% of poverty line or less	10%	44%	46%	118
Greater than 200% of poverty line	18%	54%	29%	601
Household type				
Single adult, no children	14%	55%	31%	204
2+ adults, no children	14%	51%	35%	390
Single adult, 1+ children	12%	72%	16%	21
2+ adults, 1+ children	21%	53%	26%	172

Anoka County Adult Health Survey
Community Concerns

Q53D-5. In your opinion, how much of a problem are developmental delays in infants and children (physical, social, and mental skills) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	21%	36%	42%	810
Gender				
Female	17%	39%	44%	546
Male	26%	34%	40%	261
Age				
18-34	26%	43%	31%	92
35-44	19%	31%	51%	90
45-54	22%	35%	43%	141
55-64	20%	36%	44%	163
65-74	17%	33%	51%	170
75+	19%	27%	54%	135
Race				
People of color	15%	44%	41%	65
White	22%	35%	42%	722
Highest level of education				
High school diploma / GED or less	20%	32%	48%	151
Some college or AA degree	21%	36%	43%	349
Bachelor's degree or higher	22%	38%	40%	288
Household poverty status				
200% of poverty line or less	13%	35%	53%	116
Greater than 200% of poverty line	23%	35%	41%	601
Household type				
Single adult, no children	23%	31%	46%	201
2+ adults, no children	19%	36%	45%	390
Single adult, 1+ children	17%	46%	37%	21
2+ adults, 1+ children	24%	37%	39%	173

Anoka County Adult Health Survey
Community Concerns

Q53D-6. In your opinion, how much of a problem are children not getting needed 'shots' (immunizations) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	22%	43%	35%	816
Gender				
Female	16%	48%	36%	551
Male	28%	39%	33%	262
Age				
18-34	27%	50%	23%	92
35-44	19%	38%	43%	90
45-54	25%	40%	35%	142
55-64	20%	41%	40%	163
65-74	16%	48%	37%	172
75+	19%	40%	41%	138
Race				
People of color	26%	43%	32%	65
White	21%	43%	35%	728
Highest level of education				
High school diploma / GED or less	16%	48%	37%	153
Some college or AA degree	20%	45%	35%	351
Bachelor's degree or higher	26%	41%	33%	290
Household poverty status				
200% of poverty line or less	14%	39%	47%	118
Greater than 200% of poverty line	23%	45%	32%	605
Household type				
Single adult, no children	20%	43%	38%	205
2+ adults, no children	22%	44%	34%	391
Single adult, 1+ children	30%	62%	8%	21
2+ adults, 1+ children	22%	43%	35%	174

Anoka County Adult Health Survey
Community Concerns

Q53D-7. In your opinion, how much of a problem is lack of affordable child day care in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	19%	50%	31%	815
Gender				
Female	13%	56%	31%	550
Male	24%	45%	30%	262
Age				
18-34	25%	60%	16%	92
35-44	16%	50%	34%	89
45-54	17%	48%	35%	142
55-64	15%	51%	34%	163
65-74	16%	46%	38%	172
75+	20%	27%	52%	138
Race				
People of color	19%	55%	26%	64
White	19%	49%	32%	728
Highest level of education				
High school diploma / GED or less	17%	42%	41%	153
Some college or AA degree	15%	51%	34%	351
Bachelor's degree or higher	23%	53%	24%	289
Household poverty status				
200% of poverty line or less	9%	51%	41%	117
Greater than 200% of poverty line	19%	52%	29%	605
Household type				
Single adult, no children	15%	49%	36%	205
2+ adults, no children	21%	45%	34%	391
Single adult, 1+ children	12%	77%	11%	21
2+ adults, 1+ children	17%	57%	26%	173

Anoka County Adult Health Survey
Community Concerns

Q53D-8. In your opinion, how much of a problem is teen pregnancy in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	24%	31%	46%	814
Gender				
Female	18%	33%	50%	549
Male	29%	29%	42%	262
Age				
18-34	33%	31%	36%	92
35-44	20%	22%	57%	90
45-54	21%	36%	43%	142
55-64	16%	33%	50%	163
65-74	21%	31%	48%	172
75+	17%	28%	56%	136
Race				
People of color	22%	39%	39%	65
White	23%	29%	48%	726
Highest level of education				
High school diploma / GED or less	18%	37%	46%	151
Some college or AA degree	22%	33%	45%	351
Bachelor's degree or higher	27%	26%	48%	290
Household poverty status				
200% of poverty line or less	12%	39%	49%	117
Greater than 200% of poverty line	24%	30%	46%	604
Household type				
Single adult, no children	20%	33%	47%	204
2+ adults, no children	25%	28%	47%	390
Single adult, 1+ children	19%	56%	25%	21
2+ adults, 1+ children	22%	31%	47%	174

Anoka County Adult Health Survey
Community Concerns

Q53E-1. In your opinion, how much of a problem is smoking or other tobacco use in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	22%	52%	26%	826
Gender				
Female	18%	54%	29%	559
Male	27%	51%	22%	264
Age				
18-34	26%	53%	20%	92
35-44	23%	46%	30%	90
45-54	26%	49%	25%	143
55-64	15%	59%	26%	165
65-74	17%	52%	31%	173
75+	18%	48%	35%	142
Race				
People of color	16%	67%	17%	65
White	23%	49%	28%	737
Highest level of education				
High school diploma / GED or less	18%	51%	31%	157
Some college or AA degree	19%	56%	26%	356
Bachelor's degree or higher	27%	48%	24%	290
Household poverty status				
200% of poverty line or less	11%	65%	24%	122
Greater than 200% of poverty line	23%	51%	26%	607
Household type				
Single adult, no children	22%	54%	24%	210
2+ adults, no children	22%	47%	31%	395
Single adult, 1+ children	7%	78%	15%	20
2+ adults, 1+ children	23%	56%	21%	175

Anoka County Adult Health Survey
Community Concerns

**Q53E-2. In your opinion, how much of a problem is abuse of prescription drugs
(for example: prescribed opioid drugs) in your community?**

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	16%	54%	30%	825
Gender				
Female	12%	60%	28%	557
Male	20%	48%	33%	265
Age				
18-34	19%	55%	27%	92
35-44	14%	52%	34%	90
45-54	17%	55%	28%	143
55-64	13%	58%	29%	164
65-74	12%	53%	35%	174
75+	14%	46%	40%	141
Race				
People of color	18%	46%	36%	65
White	15%	55%	30%	736
Highest level of education				
High school diploma / GED or less	14%	53%	33%	157
Some college or AA degree	17%	53%	30%	355
Bachelor's degree or higher	15%	55%	30%	290
Household poverty status				
200% of poverty line or less	11%	52%	37%	121
Greater than 200% of poverty line	15%	55%	30%	607
Household type				
Single adult, no children	14%	56%	31%	208
2+ adults, no children	13%	54%	33%	396
Single adult, 1+ children	15%	73%	12%	20
2+ adults, 1+ children	18%	52%	29%	175

Anoka County Adult Health Survey
Community Concerns

Q53E-3. In your opinion, how much of a problem is alcohol abuse among those age 21 or over in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	17%	51%	32%	825
Gender				
Female	14%	55%	31%	557
Male	20%	46%	34%	265
Age				
18-34	19%	56%	25%	92
35-44	17%	42%	41%	90
45-54	24%	46%	30%	141
55-64	12%	56%	32%	164
65-74	16%	48%	36%	174
75+	16%	45%	38%	143
Race				
People of color	8%	55%	37%	65
White	20%	49%	31%	736
Highest level of education				
High school diploma / GED or less	14%	50%	36%	157
Some college or AA degree	20%	48%	33%	355
Bachelor's degree or higher	17%	53%	29%	290
Household poverty status				
200% of poverty line or less	8%	55%	37%	122
Greater than 200% of poverty line	20%	49%	31%	606
Household type				
Single adult, no children	19%	51%	30%	209
2+ adults, no children	13%	53%	34%	395
Single adult, 1+ children	13%	72%	15%	20
2+ adults, 1+ children	23%	46%	32%	175

Anoka County Adult Health Survey
Community Concerns

Q53E-4. In your opinion, how much of a problem is alcohol use among those under age 21 in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	18%	50%	32%	825
Gender				
Female	12%	54%	34%	557
Male	23%	47%	30%	265
Age				
18-34	23%	52%	25%	92
35-44	17%	34%	49%	90
45-54	20%	57%	23%	142
55-64	12%	57%	32%	163
65-74	14%	51%	35%	175
75+	13%	48%	38%	143
Race				
People of color	19%	47%	34%	65
White	18%	51%	31%	736
Highest level of education				
High school diploma / GED or less	14%	52%	34%	157
Some college or AA degree	19%	49%	33%	355
Bachelor's degree or higher	19%	52%	30%	290
Household poverty status				
200% of poverty line or less	15%	53%	33%	121
Greater than 200% of poverty line	18%	50%	31%	607
Household type				
Single adult, no children	21%	45%	34%	207
2+ adults, no children	16%	52%	33%	397
Single adult, 1+ children	8%	72%	20%	20
2+ adults, 1+ children	21%	48%	31%	175

Anoka County Adult Health Survey
Community Concerns

Q53E-5. In your opinion, how much of a problem is drinking and driving in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	13%	62%	25%	819
Gender				
Female	9%	66%	25%	555
Male	17%	58%	25%	261
Age				
18-34	17%	57%	26%	91
35-44	11%	56%	34%	90
45-54	12%	68%	20%	141
55-64	11%	68%	22%	163
65-74	13%	66%	21%	171
75+	13%	57%	30%	143
Race				
People of color	18%	54%	28%	64
White	12%	63%	25%	731
Highest level of education				
High school diploma / GED or less	12%	62%	26%	155
Some college or AA degree	14%	63%	23%	352
Bachelor's degree or higher	13%	61%	27%	289
Household poverty status				
200% of poverty line or less	10%	63%	27%	118
Greater than 200% of poverty line	13%	62%	25%	604
Household type				
Single adult, no children	12%	63%	25%	204
2+ adults, no children	12%	65%	23%	395
Single adult, 1+ children	4%	77%	19%	20
2+ adults, 1+ children	15%	56%	28%	174

Anoka County Adult Health Survey
Community Concerns

Q53E-6. In your opinion, how much of a problem is illegal drug use among youth (such as opioids, heroin, marijuana, cocaine, or methamphetamines) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	13%	61%	26%	827
Gender				
Female	9%	63%	28%	558
Male	17%	58%	25%	266
Age				
18-34	17%	64%	18%	92
35-44	11%	44%	45%	90
45-54	13%	65%	22%	142
55-64	10%	63%	27%	163
65-74	11%	61%	28%	175
75+	10%	58%	32%	144
Race				
People of color	11%	62%	26%	65
White	13%	60%	27%	738
Highest level of education				
High school diploma / GED or less	13%	59%	28%	157
Some college or AA degree	12%	59%	29%	356
Bachelor's degree or higher	14%	62%	24%	291
Household poverty status				
200% of poverty line or less	11%	59%	30%	123
Greater than 200% of poverty line	14%	60%	27%	607
Household type				
Single adult, no children	14%	60%	26%	209
2+ adults, no children	10%	62%	28%	397
Single adult, 1+ children	--	74%	26%	20
2+ adults, 1+ children	16%	58%	26%	175

Anoka County Adult Health Survey
Community Concerns

Q53E-7. In your opinion, how much of a problem is illegal drug use among adults (such as opioids, heroin, marijuana, cocaine, or methamphetamines) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	15%	55%	29%	823
Gender				
Female	11%	60%	29%	555
Male	19%	51%	30%	265
Age				
18-34	20%	55%	25%	91
35-44	13%	44%	42%	89
45-54	17%	56%	26%	142
55-64	12%	58%	30%	163
65-74	11%	59%	30%	174
75+	11%	55%	33%	143
Race				
People of color	10%	53%	37%	64
White	16%	55%	29%	735
Highest level of education				
High school diploma / GED or less	14%	58%	28%	156
Some college or AA degree	16%	54%	30%	353
Bachelor's degree or higher	15%	54%	30%	291
Household poverty status				
200% of poverty line or less	9%	57%	34%	120
Greater than 200% of poverty line	17%	54%	30%	607
Household type				
Single adult, no children	11%	59%	30%	208
2+ adults, no children	12%	59%	29%	397
Single adult, 1+ children	--	--	--	19
2+ adults, 1+ children	21%	48%	31%	174

Anoka County Adult Health Survey
Community Concerns

Q53F-1. In your opinion, how much of a problem is obesity among adults in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	13%	65%	22%	825
Gender				
Female	11%	67%	22%	556
Male	16%	63%	22%	266
Age				
18-34	14%	69%	18%	92
35-44	18%	64%	18%	89
45-54	10%	65%	24%	142
55-64	12%	62%	25%	164
65-74	13%	64%	22%	173
75+	15%	50%	35%	144
Race				
People of color	17%	58%	25%	65
White	13%	65%	22%	736
Highest level of education				
High school diploma / GED or less	17%	57%	26%	158
Some college or AA degree	15%	62%	23%	353
Bachelor's degree or higher	11%	69%	20%	291
Household poverty status				
200% of poverty line or less	12%	54%	34%	122
Greater than 200% of poverty line	14%	66%	20%	606
Household type				
Single adult, no children	10%	69%	21%	209
2+ adults, no children	11%	66%	24%	397
Single adult, 1+ children	6%	88%	6%	20
2+ adults, 1+ children	19%	59%	22%	173

Anoka County Adult Health Survey
Community Concerns

Q53F-2. In your opinion, how much of a problem is obesity among children in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	12%	65%	23%	826
Gender				
Female	10%	68%	22%	558
Male	14%	61%	24%	265
Age				
18-34	12%	66%	21%	92
35-44	14%	64%	22%	89
45-54	8%	67%	24%	141
55-64	12%	63%	25%	165
65-74	13%	63%	24%	174
75+	14%	52%	34%	144
Race				
People of color	10%	59%	31%	65
White	12%	65%	23%	737
Highest level of education				
High school diploma / GED or less	15%	55%	30%	157
Some college or AA degree	12%	64%	23%	355
Bachelor's degree or higher	11%	67%	22%	291
Household poverty status				
200% of poverty line or less	9%	57%	33%	123
Greater than 200% of poverty line	13%	65%	22%	606
Household type				
Single adult, no children	11%	66%	23%	209
2+ adults, no children	9%	66%	25%	397
Single adult, 1+ children	6%	88%	6%	20
2+ adults, 1+ children	17%	60%	23%	174

Anoka County Adult Health Survey
Community Concerns

Q53F-3. In your opinion, how much of a problem is lack of physical activity or exercise in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	12%	65%	23%	823
Gender				
Female	11%	66%	23%	554
Male	14%	63%	23%	266
Age				
18-34	9%	72%	19%	92
35-44	15%	64%	21%	89
45-54	9%	69%	22%	142
55-64	13%	61%	26%	165
65-74	15%	58%	28%	172
75+	17%	47%	36%	142
Race				
People of color	9%	64%	27%	65
White	13%	65%	23%	734
Highest level of education				
High school diploma / GED or less	14%	55%	31%	157
Some college or AA degree	13%	63%	24%	353
Bachelor's degree or higher	11%	70%	19%	290
Household poverty status				
200% of poverty line or less	9%	58%	33%	120
Greater than 200% of poverty line	13%	66%	21%	606
Household type				
Single adult, no children	10%	68%	22%	206
2+ adults, no children	10%	63%	27%	397
Single adult, 1+ children	3%	90%	7%	20
2+ adults, 1+ children	15%	65%	20%	174

Anoka County Adult Health Survey
Community Concerns

Q53F-4. In your opinion, how much of a problem are unhealthy eating habits in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	11%	66%	23%	825
Gender				
Female	10%	69%	21%	556
Male	13%	62%	25%	266
Age				
18-34	9%	75%	16%	92
35-44	10%	73%	17%	89
45-54	13%	62%	25%	142
55-64	13%	61%	26%	165
65-74	13%	56%	31%	172
75+	15%	48%	37%	144
Race				
People of color	13%	61%	26%	65
White	11%	66%	23%	736
Highest level of education				
High school diploma / GED or less	15%	56%	29%	158
Some college or AA degree	13%	64%	23%	354
Bachelor's degree or higher	9%	71%	20%	290
Household poverty status				
200% of poverty line or less	11%	56%	33%	122
Greater than 200% of poverty line	11%	67%	21%	606
Household type				
Single adult, no children	10%	70%	20%	208
2+ adults, no children	9%	63%	28%	397
Single adult, 1+ children	--	93%	7%	20
2+ adults, 1+ children	15%	67%	18%	174

Anoka County Adult Health Survey
Community Concerns

Q53F-5. In your opinion, how much of a problem is lack of access to healthy food in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	31%	41%	28%	826
Gender				
Female	26%	44%	30%	557
Male	36%	38%	26%	266
Age				
18-34	33%	46%	21%	92
35-44	30%	48%	22%	89
45-54	38%	40%	22%	142
55-64	25%	42%	33%	164
65-74	29%	34%	37%	174
75+	29%	25%	46%	144
Race				
People of color	28%	50%	22%	65
White	32%	40%	29%	737
Highest level of education				
High school diploma / GED or less	22%	44%	34%	158
Some college or AA degree	29%	43%	28%	355
Bachelor's degree or higher	38%	38%	24%	290
Household poverty status				
200% of poverty line or less	19%	45%	36%	122
Greater than 200% of poverty line	34%	40%	26%	607
Household type				
Single adult, no children	26%	42%	32%	209
2+ adults, no children	31%	39%	30%	397
Single adult, 1+ children	23%	53%	24%	20
2+ adults, 1+ children	34%	43%	23%	174

Anoka County Adult Health Survey
Community Concerns

Q53F-6. In your opinion, how much of a problem is distracted driving (such as cell phone texting) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	7%	80%	13%	826
Gender				
Female	7%	79%	14%	558
Male	8%	80%	13%	265
Age				
18-34	6%	82%	12%	92
35-44	6%	75%	19%	88
45-54	8%	82%	10%	141
55-64	9%	80%	11%	165
65-74	9%	79%	12%	175
75+	5%	69%	26%	144
Race				
People of color	8%	78%	14%	64
White	7%	80%	13%	738
Highest level of education				
High school diploma / GED or less	7%	77%	15%	158
Some college or AA degree	8%	76%	16%	357
Bachelor's degree or higher	6%	84%	10%	288
Household poverty status				
200% of poverty line or less	7%	75%	18%	123
Greater than 200% of poverty line	8%	80%	12%	606
Household type				
Single adult, no children	10%	78%	12%	212
2+ adults, no children	5%	79%	16%	396
Single adult, 1+ children	--	80%	20%	20
2+ adults, 1+ children	9%	80%	11%	172

Anoka County Adult Health Survey
Community Concerns

Q53G-1. In your opinion, how much of a problem are sexually transmitted diseases (such as chlamydia, gonorrhea, or HIV) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	21%	27%	52%	822
Gender				
Female	17%	32%	50%	553
Male	25%	22%	53%	266
Age				
18-34	27%	26%	47%	92
35-44	18%	19%	63%	89
45-54	21%	29%	50%	140
55-64	19%	30%	51%	165
65-74	19%	29%	52%	171
75+	21%	25%	54%	144
Race				
People of color	24%	31%	45%	65
White	21%	26%	53%	733
Highest level of education				
High school diploma / GED or less	20%	35%	45%	158
Some college or AA degree	21%	28%	51%	353
Bachelor's degree or higher	23%	23%	55%	288
Household poverty status				
200% of poverty line or less	17%	39%	44%	122
Greater than 200% of poverty line	21%	24%	54%	603
Household type				
Single adult, no children	22%	29%	48%	207
2+ adults, no children	20%	28%	52%	396
Single adult, 1+ children	5%	25%	70%	20
2+ adults, 1+ children	23%	25%	52%	173

Anoka County Adult Health Survey
Community Concerns

Q53G-2. In your opinion, how much of a problem are infectious diseases (including measles, whooping cough, flu, tuberculosis, and Lyme disease) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	22%	42%	37%	824
Gender				
Female	18%	44%	38%	555
Male	25%	39%	36%	266
Age				
18-34	26%	35%	39%	92
35-44	21%	39%	40%	89
45-54	24%	43%	33%	142
55-64	16%	51%	32%	165
65-74	18%	42%	40%	171
75+	20%	36%	43%	144
Race				
People of color	21%	45%	35%	65
White	22%	40%	38%	735
Highest level of education				
High school diploma / GED or less	19%	46%	35%	158
Some college or AA degree	19%	42%	39%	353
Bachelor's degree or higher	26%	38%	36%	290
Household poverty status				
200% of poverty line or less	12%	49%	39%	122
Greater than 200% of poverty line	23%	39%	38%	605
Household type				
Single adult, no children	18%	47%	35%	207
2+ adults, no children	19%	43%	38%	397
Single adult, 1+ children	8%	49%	43%	20
2+ adults, 1+ children	27%	37%	36%	174

Anoka County Adult Health Survey
Community Concerns

Q53G-3. In your opinion, how much of a problem are diseases transmitted through food or water (such as salmonella or E. coli) in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	31%	32%	37%	822
Gender				
Female	27%	33%	40%	553
Male	35%	31%	34%	266
Age				
18-34	39%	25%	36%	91
35-44	29%	29%	42%	89
45-54	30%	31%	39%	141
55-64	28%	41%	31%	165
65-74	23%	39%	39%	171
75+	20%	36%	44%	144
Race				
People of color	25%	37%	38%	65
White	31%	32%	37%	733
Highest level of education				
High school diploma / GED or less	28%	39%	33%	158
Some college or AA degree	26%	37%	36%	353
Bachelor's degree or higher	36%	24%	40%	288
Household poverty status				
200% of poverty line or less	18%	43%	39%	122
Greater than 200% of poverty line	31%	31%	38%	603
Household type				
Single adult, no children	23%	43%	34%	206
2+ adults, no children	31%	33%	35%	396
Single adult, 1+ children	38%	21%	41%	20
2+ adults, 1+ children	31%	29%	40%	174

Anoka County Adult Health Survey
Community Concerns

Q53H-1. In your opinion, how much of a problem is lack of access to public space for no-cost recreational activities in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	50%	24%	26%	821
Gender				
Female	43%	26%	31%	553
Male	56%	23%	21%	265
Age				
18-34	53%	33%	15%	92
35-44	49%	22%	29%	89
45-54	51%	25%	24%	141
55-64	44%	19%	37%	163
65-74	52%	20%	28%	172
75+	46%	13%	41%	143
Race				
People of color	41%	37%	22%	65
White	51%	22%	27%	732
Highest level of education				
High school diploma / GED or less	38%	20%	42%	157
Some college or AA degree	47%	26%	27%	352
Bachelor's degree or higher	57%	24%	19%	289
Household poverty status				
200% of poverty line or less	34%	36%	30%	122
Greater than 200% of poverty line	52%	23%	26%	602
Household type				
Single adult, no children	38%	27%	35%	207
2+ adults, no children	48%	24%	29%	396
Single adult, 1+ children	44%	16%	40%	20
2+ adults, 1+ children	56%	25%	20%	172

Anoka County Adult Health Survey
Community Concerns

Q53H-2. In your opinion, how much of a problem is lack of safe places to walk or bike in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	55%	29%	16%	821
Gender				
Female	50%	30%	20%	554
Male	60%	28%	12%	264
Age				
18-34	59%	34%	7%	92
35-44	52%	31%	16%	88
45-54	59%	29%	12%	141
55-64	54%	23%	22%	163
65-74	52%	26%	23%	173
75+	43%	23%	34%	143
Race				
People of color	46%	38%	16%	65
White	56%	28%	16%	732
Highest level of education				
High school diploma / GED or less	42%	31%	27%	157
Some college or AA degree	48%	33%	19%	352
Bachelor's degree or higher	67%	24%	9%	289
Household poverty status				
200% of poverty line or less	33%	47%	20%	121
Greater than 200% of poverty line	59%	27%	14%	603
Household type				
Single adult, no children	43%	34%	23%	209
2+ adults, no children	57%	26%	17%	394
Single adult, 1+ children	70%	24%	6%	20
2+ adults, 1+ children	55%	32%	13%	172

Anoka County Adult Health Survey
Community Concerns

Q53H-3. In your opinion, how much of a problem is unsafe drinking water in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	54%	24%	22%	824
Gender				
Female	50%	24%	27%	556
Male	58%	24%	18%	265
Age				
18-34	64%	17%	19%	92
35-44	48%	22%	30%	89
45-54	58%	24%	17%	142
55-64	50%	30%	20%	164
65-74	49%	27%	24%	172
75+	43%	24%	33%	144
Race				
People of color	43%	32%	24%	65
White	56%	22%	22%	735
Highest level of education				
High school diploma / GED or less	41%	31%	28%	158
Some college or AA degree	49%	27%	24%	353
Bachelor's degree or higher	65%	17%	18%	290
Household poverty status				
200% of poverty line or less	21%	49%	29%	123
Greater than 200% of poverty line	60%	19%	21%	604
Household type				
Single adult, no children	46%	31%	23%	209
2+ adults, no children	55%	23%	22%	396
Single adult, 1+ children	77%	2%	21%	20
2+ adults, 1+ children	55%	23%	23%	173

Anoka County Adult Health Survey
Community Concerns

Q53H-4. In your opinion, how much of a problem is food contamination / unsafe handling of food in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	49%	23%	28%	822
Gender				
Female	44%	25%	30%	553
Male	54%	20%	26%	266
Age				
18-34	62%	16%	22%	92
35-44	48%	17%	36%	89
45-54	50%	24%	26%	140
55-64	42%	29%	29%	163
65-74	40%	32%	29%	173
75+	35%	32%	34%	144
Race				
People of color	44%	30%	26%	65
White	50%	21%	29%	733
Highest level of education				
High school diploma / GED or less	39%	30%	30%	157
Some college or AA degree	43%	26%	30%	354
Bachelor's degree or higher	60%	15%	25%	288
Household poverty status				
200% of poverty line or less	25%	38%	37%	122
Greater than 200% of poverty line	53%	20%	27%	604
Household type				
Single adult, no children	34%	35%	30%	208
2+ adults, no children	48%	25%	27%	396
Single adult, 1+ children	62%	12%	26%	20
2+ adults, 1+ children	55%	17%	28%	172

Anoka County Adult Health Survey
Community Concerns

Q53H-5. In your opinion, how much of a problem is outdoor air pollution in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	48%	30%	22%	825
Gender				
Female	41%	33%	26%	555
Male	55%	28%	18%	267
Age				
18-34	56%	26%	18%	92
35-44	48%	26%	26%	89
45-54	55%	21%	23%	142
55-64	36%	43%	21%	165
65-74	43%	33%	24%	172
75+	38%	38%	24%	144
Race				
People of color	40%	33%	27%	65
White	50%	29%	21%	736
Highest level of education				
High school diploma / GED or less	34%	41%	25%	159
Some college or AA degree	42%	30%	27%	353
Bachelor's degree or higher	60%	24%	15%	290
Household poverty status				
200% of poverty line or less	23%	45%	32%	122
Greater than 200% of poverty line	54%	26%	20%	605
Household type				
Single adult, no children	31%	41%	28%	208
2+ adults, no children	47%	33%	20%	398
Single adult, 1+ children	63%	19%	18%	20
2+ adults, 1+ children	54%	23%	24%	173

Anoka County Adult Health Survey
Community Concerns

Q53H-6. In your opinion, how much of a problem is secondhand smoke exposure in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	45%	31%	24%	823
Gender				
Female	39%	36%	25%	554
Male	50%	27%	23%	266
Age				
18-34	49%	34%	17%	92
35-44	47%	23%	31%	89
45-54	52%	24%	24%	142
55-64	34%	38%	28%	163
65-74	42%	35%	23%	172
75+	34%	39%	27%	144
Race				
People of color	32%	41%	27%	65
White	47%	30%	24%	734
Highest level of education				
High school diploma / GED or less	30%	39%	31%	158
Some college or AA degree	40%	35%	24%	354
Bachelor's degree or higher	54%	24%	22%	289
Household poverty status				
200% of poverty line or less	17%	46%	37%	122
Greater than 200% of poverty line	49%	29%	23%	605
Household type				
Single adult, no children	31%	42%	27%	209
2+ adults, no children	42%	33%	25%	395
Single adult, 1+ children	43%	41%	16%	20
2+ adults, 1+ children	52%	25%	23%	173

Anoka County Adult Health Survey
Community Concerns

Q53H-7. In your opinion, how much of a problem is quality of lakes, rivers, and streams in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	38%	42%	21%	826
Gender				
Female	34%	42%	25%	557
Male	42%	41%	17%	266
Age				
18-34	42%	37%	21%	92
35-44	43%	33%	24%	89
45-54	41%	39%	19%	141
55-64	29%	52%	19%	165
65-74	35%	46%	19%	174
75+	28%	49%	23%	144
Race				
People of color	32%	38%	30%	65
White	39%	42%	19%	737
Highest level of education				
High school diploma / GED or less	25%	47%	28%	158
Some college or AA degree	35%	43%	22%	354
Bachelor's degree or higher	46%	37%	17%	291
Household poverty status				
200% of poverty line or less	18%	50%	32%	123
Greater than 200% of poverty line	41%	40%	19%	605
Household type				
Single adult, no children	26%	54%	20%	210
2+ adults, no children	36%	46%	18%	397
Single adult, 1+ children	33%	46%	22%	20
2+ adults, 1+ children	44%	31%	25%	173

Anoka County Adult Health Survey
Community Concerns

Q53H-8. In your opinion, how much of a problem is hazardous waste in your community?

	Is not a concern	Is a concern	Don't know or no opinion	Number of respondents (unweighted)
	%	%	%	
Anoka County total	35%	36%	29%	824
Gender				
Female	32%	34%	34%	556
Male	38%	38%	24%	265
Age				
18-34	41%	31%	28%	92
35-44	36%	24%	40%	89
45-54	39%	34%	27%	142
55-64	26%	50%	24%	163
65-74	32%	43%	25%	173
75+	23%	45%	31%	144
Race				
People of color	28%	33%	39%	65
White	36%	36%	27%	735
Highest level of education				
High school diploma / GED or less	24%	45%	31%	158
Some college or AA degree	34%	40%	26%	353
Bachelor's degree or higher	40%	29%	31%	290
Household poverty status				
200% of poverty line or less	15%	52%	34%	122
Greater than 200% of poverty line	38%	33%	29%	605
Household type				
Single adult, no children	23%	50%	27%	210
2+ adults, no children	34%	42%	24%	394
Single adult, 1+ children	29%	36%	35%	20
2+ adults, 1+ children	40%	25%	35%	174

Anoka County Adult Health Survey

Community Concerns

Q54. Other community concerns, please note:

Environmental concerns (recycling, pollution, not enough parks, global warming)	13%
Other health care or health insurance concern (affordable health insurance / co-pays, medical insurance for all)	10%
Comment on survey (survey was difficult, waste of government money)	6%
Bad driving (tailgating, speeding, road rage)	6%
Immigration concerns (amount, illegal immigration, and other beliefs such as spread of disease, too much government aid)	5%
Political or government concerns	5%
Domestic violence (occurrence, services, reporting)	5%
Public area maintenance (parks, leaf pick-up in sewers, lawn and sidewalk care and maintenance)	4%
Taxes (want lower taxes)	4%
Noise (noise pollution)	3%
Nothing / No / None	3%
Mental health care services (lack of, need more types)	3%
Police issues and concerns (demeaning attitude toward citizens, not taking care of issues)	3%
Media (dishonest media)	3%
Safety (unsafe neighborhoods)	2%
Services for people with disabilities (access to home chore help, short-term disability assistance)	2%
Health care quality concern	2%
School funding	2%
Pedestrian transportation needs (need more crosswalks, snow on sidewalks)	1%
Homelessness	1%
Positive comment about Anoka County	1%
Veterinarian / pet services (need help paying)	1%
Transportation time (traffic)	1%
Public transportation (need more mass transit)	1%
All of the above / everything	1%
Driving while using non-alcoholic substances	1%
Providers not taking Medicaid	<.5%
Need for affordable housing	<.5%
Transportation needs for elderly	<.5%
Government spending (too high)	<.5%
Other	25%
Number of respondents (unweighted)	93

Anoka County Adult Health Survey



Anoka County
HUMAN SERVICES DIVISION
Public Health & Environmental Services



Please complete the entire survey, answering every question as honestly as you can. Your responses are confidential.

GENERAL HEALTH AND HEALTH CONDITIONS

1. In general, would you say that your health is:

☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

2. Have you ever been told by a physician, nurse or health professional that you have or had any of the following health conditions? (PLEASE CHECK YES OR NO FOR EACH)

	No	Yes	Yes, but only during pregnancy
a. High blood pressure or hypertension	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Pre-diabetes or diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Obese or overweight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Memory loss (Alzheimer's disease or another form of dementia)	<input type="checkbox"/>	<input type="checkbox"/>	
e. Cancer	<input type="checkbox"/>	<input type="checkbox"/>	
f. Chronic lung disease (including COPD, chronic bronchitis or emphysema)	<input type="checkbox"/>	<input type="checkbox"/>	
g. Heart trouble or angina (such as atrial fibrillation, irregular heart beat or heart attack)	<input type="checkbox"/>	<input type="checkbox"/>	
h. Stroke or stroke-related health issues	<input type="checkbox"/>	<input type="checkbox"/>	
i. High cholesterol or triglycerides	<input type="checkbox"/>	<input type="checkbox"/>	
j. Depression	<input type="checkbox"/>	<input type="checkbox"/>	
k. Anxiety or panic attacks	<input type="checkbox"/>	<input type="checkbox"/>	
l. Sexually transmitted diseases/infections (such as chlamydia, gonorrhea, or HIV)	<input type="checkbox"/>	<input type="checkbox"/>	
m. Asthma	<input type="checkbox"/>	<input type="checkbox"/>	

3. When was the last time you had...

	Within the past 12 months	1-2 years ago	3-4 years ago	Five or more years ago	Never	Not Applicable
a. a routine checkup with a doctor or health care professional?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
b. a flu shot?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
c. a dental exam or your teeth cleaned?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
d. a hearing test?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
e. an eye exam?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
f. your blood pressure checked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
g. your blood cholesterol checked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
h. your blood sugar checked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
i. any screening for skin cancer?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
j. any screening for colon cancer (such as colonoscopy)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
k. a prostate exam (men only)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. a Pap smear (women only)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. a mammogram (women only)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

☐ Yes ☐ No ➡ IF NO, GO TO QUESTION 6

5. Why did you not get or delay getting the medical care you thought you needed?
(PLEASE CHECK ALL THAT APPLY)

- | | |
|---|--|
| <input type="checkbox"/> It was too expensive | <input type="checkbox"/> I did not think it was serious enough |
| <input type="checkbox"/> My insurance did not cover it | <input type="checkbox"/> I had transportation problems |
| <input type="checkbox"/> I did not have insurance | <input type="checkbox"/> I did not know where to go |
| <input type="checkbox"/> I was too nervous or afraid | <input type="checkbox"/> Other reason: <input type="text"/> |
| <input type="checkbox"/> I could not get an appointment | |

6. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

☐ Yes ☐ No ➡ IF NO, GO TO QUESTION 8

7. Why did you not get or delay getting the dental care you thought you needed?
(PLEASE CHECK ALL THAT APPLY)

- | | |
|---|--|
| <input type="checkbox"/> It was too expensive | <input type="checkbox"/> I did not think it was serious enough |
| <input type="checkbox"/> My insurance did not cover it | <input type="checkbox"/> I had transportation problems |
| <input type="checkbox"/> I did not have insurance | <input type="checkbox"/> I did not know where to go |
| <input type="checkbox"/> I was too nervous or afraid | <input type="checkbox"/> Other reason: <input type="text"/> |
| <input type="checkbox"/> I could not get an appointment | |

8. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues such as stress, depression, excess worrying, troubling thoughts, or emotional problems, but did not go or delayed talking with someone?

☐ Yes ☐ No ➡ IF NO, GO TO QUESTION 10

9. Why did you not get or delay getting the mental health care you thought you needed?
(PLEASE CHECK ALL THAT APPLY)

- | | |
|---|--|
| <input type="checkbox"/> It was too expensive | <input type="checkbox"/> I did not think it was serious enough |
| <input type="checkbox"/> My insurance did not cover it | <input type="checkbox"/> I had transportation problems |
| <input type="checkbox"/> I did not have insurance | <input type="checkbox"/> I did not know where to go |
| <input type="checkbox"/> I was too nervous or afraid | <input type="checkbox"/> Other reason: <input type="text"/> |
| <input type="checkbox"/> I could not get an appointment | |

10. During the past 30 days, for about how many days have you felt sad or depressed?

days

11. How would you rate your overall level of stress?

- ☐ Low
☐ Medium
☐ High

12. How well would you say you are able to cope with your stress?

- ☐ Very well
- ☐ Fairly well
- ☐ Not very well
- ☐ Not well at all

13a. Do you have health insurance?

☐ Yes ➡ **IF YES,** 13b. Which types of health insurance do you have? **(PLEASE CHECK ALL THAT APPLY)**

☐ No

- ☐ Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer
- ☐ Health insurance or coverage bought directly by yourself or your family
- ☐ Indian or Tribal Health Service
- ☐ Medicare or Medicare Supplement (such as Part D)
- ☐ Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)
- ☐ Minnesota Comprehensive Health Association (MCHA)
- ☐ MinnesotaCare
- ☐ CHAMPUS, TRICARE, or Veterans' benefits
- ☐ Other health insurance or coverage (please specify):

14. In the past 12 months, has your household had health care costs (including prescriptions) that have made it difficult for you to pay other bills or afford necessities such as food, transportation, or housing?

- ☐ Yes ☐ No

HEALTH HABITS

15. A serving of vegetables – not including french fries - is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?

servings

16. A serving of fruit is a medium-sized piece of fruit or a half cup of chopped, cut, or canned fruit. How many servings of fruit did you have yesterday?

servings

17. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

servings

18. During the **past 12 months**, how often did you worry that your food would run out before you had money to buy more? Would you say:

☐ Often ☐ Sometimes ☐ Rarely ☐ Never

19. During the **past 12 months**, have you used a community food shelf program, SNAP, WIC, or other supplemental food program?

☐ Yes ☐ No

20. How often did you drink the following beverages in the past week?

	4 or more times per day	2-3 times per day	1 time per day	5-6 times per week	2-4 times per week	1 time per week	Never or less than 1 time per week
a. Fruit drinks (such as Snapple, flavored teas, or Kool-Aid)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Sports drinks (such as Gatorade or PowerAde) – these drinks usually do not have caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Regular soda or pop (include all kinds such as Coke, Pepsi, 7-Up, Sprite, root beer)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Energy drinks (such as Rockstar, Red Bull, Monster, and Full Throttle) – these drinks usually have caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Diet soda or pop (include all kinds)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

21. During the **past 30 days**, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

☐ Yes ☐ No

22. During an **average week**, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

days

23. During an **average week**, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

days

24. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

☐ Yes ☐ No ➡ IF NO, GO TO QUESTION 27

25. Do you now smoke cigarettes every day, some days or not at all?

☐ Every day
☐ Some days
☐ Not at all ➡ IF NOT AT ALL, GO TO QUESTION 27

26. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

☐ Yes ☐ No

27. Do you live with someone who smokes?

☐ Yes ☐ No

28. How often do you use any of the following products?

	Every day	Some days	Not at all
a. Snuff, snus, or chewing tobacco	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. E-cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Cigars or cigarillos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

29. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

☐ Yes ☐ No ➡ IF NO, GO TO QUESTION 34

30. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

Number of days during the past 30 days ➡ IF 0 DAYS, GO TO QUESTION 34

31. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine or a drink with one shot of liquor.

Number of drinks

32. How many times during the past 30 days did you have...

FOR FEMALES: 4 or more drinks during one occasion? Number of times:

FOR MALES: 5 or more drinks during one occasion? Number of times:

33. During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

Number of times

34. Looking back before you were 18 years of age: (PLEASE CHECK YES OR NO FOR EACH)

	Yes	No
a. Did you live with anyone who was depressed, mentally ill, or suicidal?	<input type="checkbox"/>	<input type="checkbox"/>
b. Did you live with anyone who was a problem drinker or alcoholic?	<input type="checkbox"/>	<input type="checkbox"/>
c. Did you live with anyone who used illegal street drugs or who abused prescription medications?	<input type="checkbox"/>	<input type="checkbox"/>
d. Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?	<input type="checkbox"/>	<input type="checkbox"/>
e. Were your parents separated or divorced?	<input type="checkbox"/>	<input type="checkbox"/>
f. Did you often feel that no one in your family loved you or thought you were important or special, or that your family members didn't look out for each other or care for each other?	<input type="checkbox"/>	<input type="checkbox"/>
g. Did you often feel that you didn't have enough to eat, had to wear dirty clothes, had no one to take you to the doctor if you needed it, or had no one to protect you or take care of you?	<input type="checkbox"/>	<input type="checkbox"/>

35. Are you in a relationship where you are (or have ever been) physically hurt, verbally abused, threatened, or made to feel afraid?
☐ Yes ☐ No
36. In general, how safe from crime do you consider your neighborhood to be?
☐ Very safe
☐ Somewhat safe
☐ Somewhat unsafe
☐ Not at all safe
37. How often are you in situations in Anoka County where you feel unaccepted because of your race, ethnicity, or culture?
☐ At least once a week
☐ Once or twice a month
☐ A few times a year
☐ Once a year or less
☐ Never

DEMOGRAPHIC QUESTIONS

The following questions are used to help us understand who responds to the survey. Again, your answers to these and all other questions will remain confidential.

38. Are you:
☐ Male ☐ Female
39. What is your age?
☐ 18-24 ☐ 55-64
☐ 25-34 ☐ 65-74
☐ 35-44 ☐ 75+
☐ 45-54
40. **Including yourself**, how many adults and how many children live in your household?
 Number of adults aged 18 or older (including yourself):
 Number of children under 5 years old:
 Number of children 5-17 years old:
41. Do you own or rent your home?
☐ Own
☐ Rent
☐ Other arrangement
42. How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent or mortgage?
☐ Often
☐ Sometimes
☐ Never
43. How many times have you moved in the past 2 years?
☐ I haven't moved in the past 2 years
☐ 1 time
☐ 2 times
☐ 3 or more times
44. How tall are you without shoes?
 feet inches
45. Approximately how much do you weigh without shoes?
 pounds

46. Were you born in the United States?

- ☐ Yes ☐ No

**47. How do you identify your race/ethnicity?
(PLEASE CHECK ALL THAT APPLY)**

- ☐ American Indian or Alaska Native
☐ Asian or Pacific Islander
☐ Black or African American
☐ White
☐ Hispanic or Latino/Latina
☐ Other race/ethnicity:

48. Which of the following best describes your relationship status?

- ☐ Married
☐ Living with a partner
☐ Divorced
☐ Separated
☐ Widowed
☐ Never married

49. Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

- ☐ Yes ☐ No

50. What is the highest level of education you have completed? (PLEASE CHECK ONLY ONE ANSWER)

- ☐ 8th grade or less
☐ Some high school
☐ High school graduate or GED
☐ Some college/vocational/technical/trade school
☐ Graduate of a vocational/technical/trade school
☐ Associate's degree (2-year degree)
☐ Bachelor's degree (4-year degree)
☐ Post graduate or professional degree

**51. Are you currently...?
(PLEASE CHECK ALL THAT APPLY)**

- ☐ Employed full time
☐ Self-employed or farmer
☐ A homemaker or stay-at-home parent
☐ Retired
☐ Employed part time
☐ Unemployed or out of work
☐ A student
☐ Unable to work because of a disability

52. What was your household's total income from all earners and all sources in 2017?

- ☐ Less than \$16,000
☐ \$16,000 - \$24,999
☐ \$25,000 - \$39,999
☐ \$40,000 - \$59,999
☐ \$60,000 - \$79,999
☐ \$80,000 - \$99,999
☐ \$100,000 - \$149,999
☐ \$150,000 or higher

COMMUNITY CONCERNS

53. Community Concerns: In your opinion, how much of a problem is each of these issues in your community?
1 is not a concern, 2 is a concern, 3 don't know/no opinion

1	2	3	A. Social conditions
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Crime
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Unemployment
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Poverty
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Lack of affordable housing
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Abuse and neglect of vulnerable adults
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Abuse and neglect of children
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7. Youth not graduating high school
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8. Violence in schools (including bullying and fights)
1	2	3	B. Availability of health services
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Lack of health insurance
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Lack of affordable medical services
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Lack of affordable dental services
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Lack of affordable mental health services
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Long wait times for access to mental health services
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Lack of transportation to and from medical care
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7. Language / communication barriers in accessing health care services
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8. Lack of culturally appropriate health care services
1	2	3	C. Mental health
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Mental health problems among adults (such as anxiety or depression)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Mental health problems among youth (such as anxiety or depression)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Suicide and self-injury
1	2	3	D. Pregnancy, birth, and child development
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Delayed or no health care during pregnancy
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Tobacco use during pregnancy
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Drug or alcohol use during pregnancy
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Parents with inadequate or poor parenting skills
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Developmental delays in infants and children (physical, social, and mental skills)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Children not getting needed "shots" (immunizations)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7. Lack of affordable child day care
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8. Teen pregnancy

1	2	3	E. Drugs and substance use
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Smoking or other tobacco use
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Abuse of prescription drugs (for example: prescribed opioid drugs)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Alcohol abuse among those age 21 or over
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Alcohol use among those under age 21
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Drinking and driving
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Illegal drug use among youth (such as opioids, heroin, marijuana, cocaine, or methamphetamines)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7. Illegal drug use among adults (such as opioids, heroin, marijuana, cocaine, or methamphetamines)
1	2	3	F. Chronic disease and health habits
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Obesity among adults
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Obesity among children
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Lack of physical activity or exercise
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Unhealthy eating habits
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Lack of access to healthy food
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Distracted driving (such as cell phone texting)
1	2	3	G. Infectious diseases
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Sexually transmitted diseases (such as chlamydia, gonorrhea, or HIV)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Infectious diseases (including measles, whooping cough, flu, tuberculosis, and Lyme disease)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Diseases transmitted through food or water (such as salmonella or E. coli)
1	2	3	H. Environment
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1. Lack of access to public space for no-cost recreational activities
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2. Lack of safe places to walk or bike
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3. Unsafe drinking water
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4. Food contamination / unsafe handling of food
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5. Outdoor air pollution
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	6. Secondhand smoke exposure
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	7. Quality of lakes, rivers, and streams
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8. Hazardous waste

54. Other concerns (please note): _____

Thank you for taking the time to complete this survey!

Codebook for open ended responses

Q5: Why did you not get or delay getting the medical care you thought you needed?

Q7: Why did you not get or delay getting the dental care you thought you needed?

Precoded responses:

- 01 It was too expensive
- 02 My insurance did not cover it
- 03 I did not have insurance
- 04 I was too nervous or afraid
- 05 I could not get an appointment
- 06 I did not think it was serious enough
- 07 I had transportation problems
- 08 I did not know where to go
- 09 Other reason:

- | |
|---|
| <ul style="list-style-type: none">-2 Nothing/No/None-3 Other-5 Non-response-6 Missing-7 Refused-8 Don't know-9 Not applicable |
|---|

Coded responses:

- 10 Concern about provider or care provided (ex. didn't think they would do anything about it, don't know about MCAS symptoms, my provider doesn't care, provider didn't take pain seriously)
- 11 Concern about quality of care (ex. care hygiene)
- 20 Work conflict (unspecified)
- 21 Too busy at work
- 22 Could not take time off (ex. trouble getting off work)
- 30 Too busy/didn't have time (ex. time, I didn't have time)
- 40 Procrastination
- 50 Appointment was already scheduled (ex. had checkup appointment coming up)
- 60 Issue with contacting or scheduling with provider (phone tag)
- 61 provider was unavailable (ex. provider was on vacation, provider was out, provider moved)
- 70 Insurance issue ("insurance", insurance changed)
- 71 High insurance deductible
- 80 Wanted to find new provider/no longer wanted current provider/don't like provider
- 90 Did not know whether insurance would cover the care/care would qualify for insurance coverage (ex. unsure of coverage)
- 100 Childcare (ex. needed childcare, could not get childcare)
- 110 Not fun/do not enjoy/like procedure/service (ex. don't like dentist)

120 Provider/service was out of network/provider doesn't take respondent's insurance (ex. some clinics refuse Obamacare, out of network)

130 Medical issues (ex. I was told to wait because of my new pacemaker, couldn't have work done because of chemotherapy, had to get surgery)

140 Didn't know what it would cost

Q9: Why did you not get or delay getting the mental health care you thought you needed?

Precoded responses:

01 It was too expensive

02 My insurance did not cover it

03 I did not have insurance

04 I was too nervous or afraid

05 I could not get an appointment

06 I did not think it was serious enough

07 I had transportation problems

08 I did not know where to go

09 Other reason:

10 Resolved personally

11 Thinking I could handle myself/I solve myself/I treat myself

12 I figured it was up to me

-2 Nothing/No/None

-3 Other

-5 Non-response

-6 Missing

-7 Refused

-8 Don't know

-9 Not applicable

20 stigma

30 negative past experience (ex. past experience did not help)

40 issue with contacting or scheduling with provider

50 Work conflict (unspecified)

51 Too busy at work

52 Could not take time off (ex. trouble getting off work)

60 Too busy/did not have time (ex. I don't have time)

70 Doubt it will help (ex. it won't help)

80 concern about quality of care (ex. poor quality in our area, afraid I won't find a good clinic/professional)

90 lack of availability in area (ex. low availability in our area)

100 Did not know whether insurance would cover the care/care would qualify for insurance coverage (ex. unsure of coverage)

110 Afraid insurance costs would increase because of seeking mental health care

Q13b: Which types of health insurance do you have?

Precoded responses:

01 Health insurance or coverage through your employers or your spouse/partner, parent, or someone else's employer

02 Health insurance or coverage bought directly by yourself or your family

03 Indian or Tribal Health Service

04 Medicare or Medicare Supplement (such as Part D)

05 Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)

06 Minnesota Comprehensive Health Association (MCHA)

07 MinnesotaCare

08 CHAMPUS, TRICARE, or Veterans' benefits

09 Other health insurance or coverage (please specify):

Coded responses:

10 Specific provider mentioned/unknown payment source (ex. Blue Cross Blue Shield, UCare)

20 Cobra

30 Healthshare (ex. Samaritan Ministries)

40 V.A.

41 V.A. retirement plan

Q47: How do you identify your race/ethnicity?

Precoded responses:

01 American Indian or Alaska Native

02 Asian or Pacific Islander

03 Black or African American

04 White

05 Hispanic or Latino/Latina

06 Other race/ethnicity:

Coded responses:

10 American

20 Multiracial

30 Arab

-2 Nothing/No/None
-3 Other
-5 Non-response
-6 Missing
-7 Refused
-8 Don't know
-9 Not applicable

Q54: Other concerns (please note)

10 Positive comment about Anoka County

20 Transportation (ex. traffic)

21 Bad driving (ex. tailgating, speeding, road rage)

22 Transportation needs for elderly (ex. “future transportation needs when I can no longer drive”)

23 Crosswalks/sidewalks/pedestrian transportation (ex. need more crosswalks, snow on sidewalks)

24 Public transportation (ex. need more mass transit)

25 Driving while using non-alcoholic substance (ex. people using illegal drugs and driving)

30 Media (ex. dishonest media)

40 Political or government concerns (ex. term limits on congressional representatives)

41 Immigration/immigrants (ex. illegal aliens, increasing number of immigrants, illegal aliens that can spread disease, immigrants get priority for aid and assistance)

42 Taxes (ex. lower taxes, increase in taxes ahead of income)

43 School funding

44 Government spending (ex. too many million dollar projects)

45 police concerns (ex. demeaning attitude, not taking care of issues)

46 Too many people on welfare/disability/SSI

60 Safety (ex. the area we live in is unsafe)

61 Domestic violence (ex. occurrence, services, reporting)

70 Housing

71 Need for affordable housing

72 Homelessness

80 Environmental concerns (ex. litter, recycling, pollution, not enough parks, global warming)

90 Other health care or health insurance concern (ex. affordable health insurance, medical for all, need help with paying co-pays)

91 lack of mental health care/need more mental health care services/need different type of mental health services (ex. need more help with mental illness programs, need alternatives to harm reduction programs)

92 providers not taking Medicaid

100 Health care quality concern

110 Veterinarian/pet services (need help paying for vet services)

120 Noise (ex. noise pollution, noise violations, noise from cars)

130 Sidewalk/street/public area maintenance (ex. people not shoveling snow, grass not taken care of, parks need weeding, leaf pick-up in sewers)

140 Services for people with disabilities (ex. access to home chores help for those with disabilities, lack of assistance for people with short-term disability)

150 All of the above/everything

160 Comment on survey (ex. survey was difficult, those not concerned with these issues won't fill this out, this smells like liberal tax spending)

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Wilder Research, a division of Amherst H. Wilder Foundation, is a nationally respected nonprofit research and evaluation group. For more than 100 years, Wilder Research has gathered and interpreted facts and trends to help families and communities thrive, get at the core of community concerns, and uncover issues that are overlooked or poorly understood.

451 Lexington Parkway North
Saint Paul, Minnesota 55104

651-280-2700 | www.wilderresearch.org

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Anoka County Public Health and Environmental Services is a division of Anoka County Human Services. Their mission is to protect and promote the health and safety of the community in Anoka County.



Anoka County
HUMAN SERVICES DIVISION
Public Health & Environmental Services

Allina Health is a not-for-profit health care system dedicated to the prevention and treatment of illness and enhancing greater health of individuals, families and communities throughout Minnesota and western Wisconsin.



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