Data Book for Countryside Public Health

2015 Southwest/South Central MN Adult Health Survey

O C T O B E R   2 0 1 5

BIG STONE

SWIFT

KANDIYOHI

CHIPPEWA

LAC QUI PARLE

RENVILLE

YELLOW MEDICINE

LINCOLN

LYON

REDWOOD

PIPESTONE

MURRAY

COTTONWOOD

ROCK

NOBLES

JACKSON
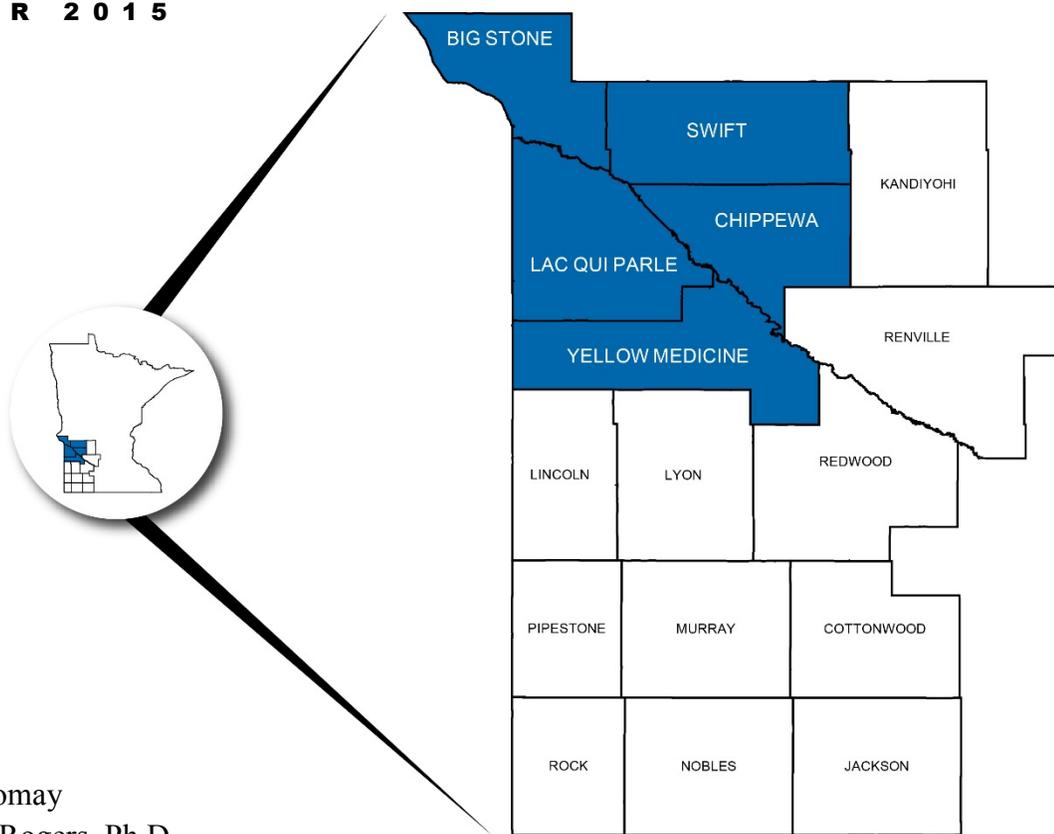
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Statewide Health Improvement Program
SHIP
COUNTRYSIDE PUBLIC HEALTH

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Contents

Acknowledgments

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In addition, we would like to thank the public health staff who contributed to the completion of this study, including: Carol Biren, Diane Madsen, Elizabeth Auch, Jill Bruns, Judy Pitzl, Katrina Henry, Krista Kopperud, Michelle Salfer, Leah Schueler, Pat Stewart, Shelly Aalfs, and Teri Janssen. We would also like to thank Ann Kinney, from the Minnesota Department of Health, for the technical assistance she provided.

The following Wilder Research staff worked on this study.

Amanda Peterson
Dawn Mueller
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Mark Anton
Phil Cooper
Walker Bosch

Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered English-language questionnaire. See the Appendix for the survey instrument.

Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

Completed surveys

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

1. Southwest/South Central MN Adult Health Survey sample and respondents

Area No.	Reporting area (County)	Population of area[a]	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error[b]
1	Big Stone	5,122	1,200	351	29.9%	7.0%
2	Chippewa	12,093	1,200	285	24.2%	8.1%
3	Cottonwood	11,616	1,500	456	31.0%	6.6%
4	Jackson	10,260	1,500	429	29.5%	6.4%
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%
7	Lincoln	5,830	1,200	412	34.8%	6.6%
8	Lyon	25,487	1,200	339	28.9%	7.2%
9	Murray	8,533	1,200	418	35.0%	6.4%
10	Nobles	21,617	1,500	448	30.4%	6.6%
11	Pipestone	9,270	1,200	328	27.8%	8.0%
12	Redwood	15,744	1,200	361	30.7%	6.9%
13	Renville	15,166	1,200	387	32.9%	7.0%
14	Rock	9,520	1,200	361	30.8%	7.4%
15	Swift	9,546	1,200	373	31.3%	7.2%
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%
All		**219,284**	**20,100**	**6,019**	**30.5%**	**1.9%**

[a] *Most recent data (2013) from MN Compass*

[b] *The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.*

Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

How to use this data book

The "area of focus" for this data book is the counties served by **Countryside Public Health** – Big Stone, Chippewa, Lac qui Parle, Swift, and Yellow Medicine counties. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from the region served by Countryside Public Health based on:

- Gender

- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+

- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher

- Annual household income ranges including less than $20,000, $20,000-$34,999, $35,000-$49,999, $50,000-$74,999, $75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

Survey findings

Data tables

Demographics

61. Gender (Unweighted)

Countryside Public Health	Female	Male	N
	%	%	(Unweighted)
Overall results from 2010	67.7%	32.3%	2380
Overall results from 2015	60.2%	39.8%	1727
Results by age:			
18-34	75.2%	24.8%	113
35-44	62.7%	37.3%	118
45-54	65.2%	34.8%	224
55-64	57.3%	42.7%	405
65-74	54.9%	45.1%	386
75+	60.3%	39.7%	481
Results by education level:			
Less than HS diploma, no GED	53.2%	46.8%	124
High school diploma or GED	59.1%	40.9%	518
Some college, trade school, or Associate degree	60.0%	40.0%	682
Bachelor's degree or higher	63.2%	36.8%	386
Results by household income:			
Less than $20,000	61.6%	38.4%	310
$20,000 - $34,999	61.8%	38.2%	304
$35,000 - $49,999	55.7%	44.3%	253
$50,000 - $74,999	58.3%	41.7%	321
$75,000 or more	56.1%	43.9%	380

Demographics

61. Gender (Weighted)

Countryside Public Health	Female %	Male %	N (Unweighted)
Overall results from 2010	49.9%	50.1%	2380
Overall results from 2015	51.0%	49.0%	1727
Results by age:			
18-34	48.5%	51.5%	113
35-44	49.5%	50.5%	118
45-54	49.2%	50.8%	224
55-64	48.0%	52.0%	405
65-74	51.8%	48.2%	386
75+	61.1%	38.9%	481
Results by education level:			
Less than HS diploma, no GED	53.9%	46.1%	124
High school diploma or GED	48.8%	51.2%	518
Some college, trade school, or Associate degree	49.0%	51.0%	682
Bachelor's degree or higher	55.1%	44.9%	386
Results by household income:			
Less than $20,000	49.0%	51.0%	310
$20,000 - $34,999	57.8%	42.2%	304
$35,000 - $49,999	53.3%	46.7%	253
$50,000 - $74,999	48.0%	52.0%	321
$75,000 or more	46.3%	53.7%	380

Demographics

62. Age group (Unweighted)

Countryside Public Health	18-34 %	35-44 %	45-54 %	55-64 %	65-74 %	75+ %	N (Unweighted)
Overall results from 2010	8.4%	8.7%	19.7%	22.2%	17.9%	23.2%	2356
Overall results from 2015	6.5%	6.8%	13.0%	23.5%	22.4%	27.9%	1727
Results by gender:							
Female	8.2%	7.1%	14.1%	22.3%	20.4%	27.9%	1039
Male	4.1%	6.4%	11.3%	25.1%	25.3%	27.8%	688
Results by education level:							
Less than HS diploma, no GED	1.6%	2.4%	5.6%	8.9%	16.9%	64.5%	124
High school diploma or GED	2.5%	3.1%	7.1%	20.5%	25.1%	41.7%	518
Some college, trade school, or Associate degree	7.6%	7.9%	17.0%	31.1%	19.9%	16.4%	682
Bachelor's degree or higher	11.9%	11.7%	16.3%	19.2%	24.9%	16.1%	386
Results by household income:							
Less than $20,000	4.8%	3.9%	9.0%	18.1%	21.3%	42.9%	310
$20,000 - $34,999	6.2%	4.9%	7.9%	20.4%	24.3%	36.2%	304
$35,000 - $49,999	7.9%	3.2%	9.1%	23.7%	26.9%	29.2%	253
$50,000 - $74,999	8.7%	9.0%	16.5%	25.5%	24.3%	15.9%	321
$75,000 or more	7.4%	12.4%	22.4%	31.6%	17.1%	9.2%	380

Demographics

62. Age group (Weighted)

Countryside Public Health	18-34 %	35-44 %	45-54 %	55-64 %	65-74 %	75+ %	N (Unweighted)
Overall results from 2010	20.4%	15.3%	20.8%	17.1%	11.3%	15.1%	2356
Overall results from 2015	21.2%	13.6%	20.1%	17.8%	12.0%	15.2%	1727
Results by gender:							
Female	20.2%	13.2%	19.4%	16.8%	12.2%	18.2%	1039
Male	22.3%	14.1%	20.8%	18.9%	11.8%	12.1%	688
Results by education level:							
Less than HS diploma, no GED	7.4%	10.5%	16.4%	7.9%	10.8%	46.9%	124
High school diploma or GED	9.9%	9.7%	16.3%	17.5%	16.9%	29.7%	518
Some college, trade school, or Associate degree	25.8%	12.3%	22.3%	21.5%	9.9%	8.2%	682
Bachelor's degree or higher	26.5%	20.3%	20.6%	13.9%	11.4%	7.3%	386
Results by household income:							
Less than $20,000	17.5%	9.1%	19.5%	13.8%	12.0%	28.1%	310
$20,000 - $34,999	19.3%	8.5%	13.8%	16.5%	15.3%	26.5%	304
$35,000 - $49,999	22.3%	8.0%	14.8%	21.3%	16.4%	17.3%	253
$50,000 - $74,999	24.7%	17.1%	21.4%	17.5%	11.9%	7.4%	321
$75,000 or more	24.2%	18.5%	25.1%	20.0%	8.2%	3.9%	380

Demographics

64. Race / Ethnicity (Unweighted)

Countryside Public Health	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2010	0.8%	0.2%	0.1%	0.8%	98.8%	1.1%	2367
Overall results from 2015	0.6%	0.3%	0.2%	1.0%	98.5%	1.3%	1722
Results by gender:							
Female	0.7%	0.3%	0.3%	1.1%	98.6%	1.4%	1036
Male	0.6%	0.3%	0.1%	1.0%	98.4%	1.0%	686
Results by age:							
18-34	1.8%	0.0%	0.0%	3.5%	95.6%	7.1%	113
35-44	0.0%	2.5%	0.8%	0.8%	95.8%	4.2%	118
45-54	2.2%	0.0%	0.4%	1.8%	97.8%	0.0%	224
55-64	0.7%	0.0%	0.2%	1.0%	98.8%	0.5%	403
65-74	0.3%	0.5%	0.0%	0.0%	99.0%	0.8%	384
75+	0.0%	0.0%	0.2%	1.0%	99.6%	0.8%	480
Results by education level:							
Less than HS diploma, no GED	0.8%	0.0%	0.0%	4.0%	98.4%	0.8%	124
High school diploma or GED	0.6%	0.2%	0.0%	0.8%	98.5%	1.2%	518
Some college, trade school, or Associate degree	1.0%	0.1%	0.3%	1.2%	98.2%	1.6%	680
Bachelor's degree or higher	0.0%	0.8%	0.5%	0.3%	99.0%	1.0%	386
Results by household income:							
Less than $20,000	1.6%	0.0%	0.0%	2.6%	97.1%	1.9%	309
$20,000 - $34,999	1.0%	0.3%	0.3%	0.3%	97.7%	2.3%	304
$35,000 - $49,999	0.8%	0.8%	0.0%	0.8%	98.8%	1.2%	253
$50,000 - $74,999	0.3%	0.0%	0.3%	1.6%	99.4%	0.6%	321
$75,000 or more	0.0%	0.3%	0.5%	0.0%	99.5%	0.3%	380

Demographics

64. Race / Ethnicity (Weighted)

Countryside Public Health	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2010	0.8%	0.4%	0.2%	1.2%	98.2%	1.2%	2367
Overall results from 2015	1.0%	0.4%	0.2%	1.4%	97.7%	2.4%	1722
Results by gender:							
Female	1.0%	0.3%	0.3%	1.9%	98.1%	2.3%	1036
Male	1.0%	0.6%	0.0%	0.9%	97.3%	2.4%	686
Results by age:							
18-34	1.1%	0.0%	0.0%	2.8%	97.6%	6.9%	113
35-44	0.0%	2.7%	0.5%	0.6%	95.5%	3.7%	118
45-54	2.8%	0.0%	0.3%	1.8%	96.9%	0.0%	224
55-64	0.8%	0.0%	0.1%	1.3%	98.3%	0.4%	403
65-74	0.4%	0.6%	0.0%	0.0%	98.6%	1.0%	384
75+	0.0%	0.0%	0.3%	0.9%	99.4%	1.2%	480
Results by education level:							
Less than HS diploma, no GED	2.2%	0.0%	0.0%	9.2%	93.7%	4.2%	124
High school diploma or GED	1.8%	0.2%	0.0%	1.0%	96.5%	4.0%	518
Some college, trade school, or Associate degree	1.1%	0.1%	0.1%	1.5%	98.4%	1.5%	680
Bachelor's degree or higher	0.0%	1.3%	0.5%	0.1%	98.3%	2.0%	386
Results by household income:							
Less than $20,000	2.3%	0.0%	0.0%	2.9%	94.6%	3.7%	309
$20,000 - $34,999	3.7%	0.9%	0.3%	0.7%	95.3%	6.4%	304
$35,000 - $49,999	1.0%	0.8%	0.0%	1.3%	98.7%	2.4%	253
$50,000 - $74,999	0.1%	0.0%	0.1%	2.2%	99.5%	0.6%	321
$75,000 or more	0.0%	0.1%	0.4%	0.0%	99.8%	0.1%	380

65. Sexual orientation / Gender identity (Unweighted)

Countryside Public Health	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
	%	%	%	%	(Unweighted)
Overall results from 2015	98.9%	0.5%	0.9%	0.2%	1584
Results by gender:					
Female	99.4%	0.1%	1.0%	0.2%	944
Male	98.3%	1.1%	0.8%	0.2%	640
Results by age:					
18-34	97.3%	0.9%	1.8%	0.0%	113
35-44	98.3%	0.9%	1.7%	0.0%	115
45-54	99.5%	0.5%	1.4%	0.5%	219
55-64	99.0%	1.0%	0.5%	0.0%	390
65-74	99.4%	0.3%	0.6%	0.0%	350
75+	98.7%	0.0%	0.8%	0.5%	397
Results by education level:					
Less than HS diploma, no GED	97.8%	0.0%	2.2%	0.0%	93
High school diploma or GED	98.7%	0.4%	0.7%	0.4%	452
Some college, trade school, or Associate degree	99.1%	0.6%	0.8%	0.0%	655
Bachelor's degree or higher	99.2%	0.5%	1.1%	0.3%	380
Results by household income:					
Less than $20,000	97.2%	2.4%	1.2%	0.0%	252
$20,000 - $34,999	98.2%	0.4%	1.1%	0.4%	281
$35,000 - $49,999	99.6%	0.4%	0.8%	0.4%	248
$50,000 - $74,999	99.7%	0.0%	0.6%	0.0%	311
$75,000 or more	99.7%	0.0%	0.8%	0.0%	377

65. Sexual orientation / Gender identity (Weighted)

Countryside Public Health	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
	%	%	%	%	(Unweighted)
Overall results from 2015	98.7%	0.5%	1.0%	0.1%	1584
Results by gender:					
Female	98.8%	0.1%	1.6%	0.2%	944
Male	98.6%	1.0%	0.5%	0.0%	640
Results by age:					
18-34	97.0%	1.1%	1.9%	0.0%	113
35-44	98.9%	0.7%	1.1%	0.0%	115
45-54	99.5%	0.3%	1.1%	0.3%	219
55-64	99.2%	0.7%	0.4%	0.0%	390
65-74	99.6%	0.1%	0.5%	0.0%	350
75+	98.8%	0.0%	0.8%	0.4%	397
Results by education level:					
Less than HS diploma, no GED	98.5%	0.0%	1.5%	0.0%	93
High school diploma or GED	98.1%	0.7%	1.0%	0.2%	452
Some college, trade school, or Associate degree	98.6%	0.7%	1.0%	0.0%	655
Bachelor's degree or higher	99.4%	0.3%	1.0%	0.2%	380
Results by household income:					
Less than $20,000	94.9%	3.7%	1.9%	0.0%	252
$20,000 - $34,999	98.5%	0.1%	1.2%	0.2%	281
$35,000 - $49,999	99.7%	0.4%	0.7%	0.4%	248
$50,000 - $74,999	99.9%	0.0%	0.2%	0.0%	311
$75,000 or more	99.2%	0.0%	1.3%	0.0%	377

Demographics

BMI status (Unweighted)

Countryside Public Health	Not overweight %	Overweight, but not obese %	Obese %	N (Unweighted)
Overall results from 2010	29.0%	35.7%	35.3%	2310
Overall results from 2015	28.5%	35.7%	35.9%	1553
Results by gender:				
Female	34.5%	30.7%	34.7%	918
Male	19.7%	42.8%	37.5%	635
Results by age:				
18-34	43.5%	26.9%	29.6%	108
35-44	34.8%	34.8%	30.4%	115
45-54	26.5%	32.2%	41.2%	211
55-64	23.9%	36.2%	39.9%	381
65-74	28.4%	34.7%	36.9%	352
75+	28.0%	40.7%	31.3%	386
Results by education level:				
Less than HS diploma, no GED	23.7%	34.4%	41.9%	93
High school diploma or GED	25.4%	36.2%	38.4%	445
Some college, trade school, or Associate degree	26.9%	35.5%	37.5%	642
Bachelor's degree or higher	35.6%	36.2%	28.2%	365
Results by household income:				
Less than $20,000	23.4%	34.3%	42.3%	265
$20,000 - $34,999	25.8%	33.1%	41.1%	275
$35,000 - $49,999	33.0%	35.2%	31.7%	227
$50,000 - $74,999	27.9%	38.1%	34.0%	312
$75,000 or more	31.4%	36.9%	31.7%	363

Demographics

BMI status (Weighted)

Countryside Public Health	Not overweight %	Overweight, but not obese %	Obese %	N (Unweighted)
Overall results from 2010	27.7%	35.4%	36.9%	2310
Overall results from 2015	28.6%	34.6%	36.8%	1553
Results by gender:				
Female	37.2%	29.3%	33.5%	918
Male	20.0%	39.9%	40.1%	635
Results by age:				
18-34	37.4%	29.5%	33.1%	108
35-44	33.2%	37.5%	29.2%	115
45-54	19.1%	33.9%	47.0%	211
55-64	24.8%	36.0%	39.2%	381
65-74	28.0%	35.2%	36.8%	352
75+	28.9%	38.8%	32.2%	386
Results by education level:				
Less than HS diploma, no GED	18.5%	35.4%	46.1%	93
High school diploma or GED	25.5%	30.3%	44.2%	445
Some college, trade school, or Associate degree	25.7%	35.9%	38.4%	642
Bachelor's degree or higher	37.1%	36.2%	26.7%	365
Results by household income:				
Less than $20,000	21.8%	27.3%	50.9%	265
$20,000 - $34,999	23.0%	31.9%	45.1%	275
$35,000 - $49,999	34.4%	36.6%	29.1%	227
$50,000 - $74,999	32.5%	36.2%	31.3%	312
$75,000 or more	29.0%	37.5%	33.6%	363

Demographics

68. Including yourself, how many adults live in your household? (Unweighted)

Countryside Public Health	1 %	2 %	3 %	4 %	5 or more %	N (Unweighted)
Overall results from 2010	39.2%	51.5%	7.7%	1.2%	0.3%	2385
Overall results from 2015	35.5%	59.2%	4.0%	0.9%	0.4%	1727
Results by gender:						
Female	38.8%	55.7%	4.3%	0.9%	0.3%	1039
Male	30.5%	64.5%	3.5%	0.9%	0.6%	688
Results by age:						
18-34	23.9%	72.6%	3.5%	0.0%	0.0%	113
35-44	16.1%	75.4%	5.1%	1.7%	1.7%	118
45-54	23.2%	62.5%	9.4%	4.0%	0.9%	224
55-64	25.9%	68.4%	4.4%	1.0%	0.2%	405
65-74	35.5%	62.2%	2.3%	0.0%	0.0%	386
75+	56.8%	40.5%	2.3%	0.0%	0.4%	481
Results by education level:						
Less than HS diploma, no GED	54.0%	40.3%	4.0%	1.6%	0.0%	124
High school diploma or GED	44.4%	51.4%	2.5%	1.0%	0.8%	518
Some college, trade school, or Associate degree	30.9%	63.0%	5.4%	0.3%	0.3%	682
Bachelor's degree or higher	23.8%	70.7%	3.6%	1.6%	0.3%	386
Results by household income:						
Less than $20,000	69.0%	26.8%	2.3%	1.3%	0.6%	310
$20,000 - $34,999	44.7%	49.3%	5.3%	0.3%	0.3%	304
$35,000 - $49,999	35.2%	62.1%	2.0%	0.8%	0.0%	253
$50,000 - $74,999	20.9%	73.2%	4.0%	1.2%	0.6%	321
$75,000 or more	7.9%	84.5%	6.3%	0.8%	0.5%	380

Demographics

68. Including yourself, how many adults live in your household? (Weighted)

Countryside Public Health	1 %	2 %	3 %	4 %	5 or more %	N (Unweighted)
Overall results from 2010	24.4%	57.9%	13.8%	2.9%	1.0%	2385
Overall results from 2015	19.8%	69.4%	6.8%	2.7%	1.3%	1727
Results by gender:						
Female	20.6%	68.3%	7.8%	2.7%	0.6%	1039
Male	19.0%	70.6%	5.8%	2.6%	2.0%	688
Results by age:						
18-34	16.4%	78.3%	5.3%	0.0%	0.0%	113
35-44	12.2%	74.9%	5.2%	3.3%	4.4%	118
45-54	14.3%	62.9%	13.2%	8.5%	1.0%	224
55-64	16.2%	73.0%	6.5%	2.8%	1.6%	405
65-74	20.7%	74.5%	4.8%	0.0%	0.0%	386
75+	42.4%	52.6%	3.9%	0.0%	1.2%	481
Results by education level:						
Less than HS diploma, no GED	35.3%	49.7%	4.3%	10.7%	0.0%	124
High school diploma or GED	26.4%	60.8%	5.3%	4.2%	3.4%	518
Some college, trade school, or Associate degree	18.5%	71.3%	8.9%	0.8%	0.5%	682
Bachelor's degree or higher	12.3%	78.5%	5.2%	2.9%	1.1%	386
Results by household income:						
Less than $20,000	52.0%	34.3%	3.7%	8.1%	1.9%	310
$20,000 - $34,999	27.9%	61.7%	9.3%	0.6%	0.5%	304
$35,000 - $49,999	25.9%	69.3%	2.7%	2.1%	0.0%	253
$50,000 - $74,999	10.6%	75.2%	8.4%	2.5%	3.3%	321
$75,000 or more	3.4%	86.1%	8.3%	1.5%	0.7%	380

Demographics

69. What is the highest level of education you have completed? (Unweighted)

Countryside Public Health	Less than HS diploma, no GED %	High school diploma or GED %	Some college, trade school, or Associate degree %	Bachelor's degree or higher %	N (Unweighted)
Overall results from 2010	8.3%	32.3%	36.5%	23.0%	2351
Overall results from 2015	7.3%	30.3%	39.9%	22.6%	1710
Results by gender:					
Female	6.4%	29.9%	39.9%	23.8%	1025
Male	8.5%	30.9%	39.9%	20.7%	685
Results by age:					
18-34	1.8%	11.5%	46.0%	40.7%	113
35-44	2.5%	13.6%	45.8%	38.1%	118
45-54	3.1%	16.6%	52.0%	28.3%	223
55-64	2.7%	26.3%	52.6%	18.4%	403
65-74	5.5%	33.9%	35.5%	25.1%	383
75+	17.0%	46.0%	23.8%	13.2%	470
Results by household income:					
Less than $20,000	16.9%	45.3%	30.9%	6.8%	307
$20,000 - $34,999	8.6%	38.4%	41.1%	11.9%	302
$35,000 - $49,999	5.9%	31.6%	41.5%	20.9%	253
$50,000 - $74,999	2.5%	22.4%	47.7%	27.4%	321
$75,000 or more	0.8%	12.9%	41.2%	45.1%	379

69. What is the highest level of education you have completed? (Weighted)

Countryside Public Health	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
Overall results from 2010	6.2%	30.3%	39.9%	23.6%	2351
Overall results from 2015	5.0%	23.6%	44.5%	26.8%	1710
Results by gender:					
Female	5.3%	22.7%	42.9%	29.1%	1025
Male	4.7%	24.6%	46.2%	24.5%	685
Results by age:					
18-34	1.8%	11.0%	53.9%	33.3%	113
35-44	3.8%	16.7%	39.9%	39.6%	118
45-54	4.1%	19.1%	49.4%	27.4%	223
55-64	2.2%	23.2%	53.7%	20.9%	403
65-74	4.5%	33.3%	36.7%	25.5%	383
75+	15.7%	46.8%	24.3%	13.2%	470
Results by household income:					
Less than $20,000	17.7%	41.4%	35.0%	5.9%	307
$20,000 - $34,999	5.9%	39.0%	42.5%	12.6%	302
$35,000 - $49,999	3.9%	27.5%	46.9%	21.7%	253
$50,000 - $74,999	1.4%	17.6%	51.0%	29.9%	321
$75,000 or more	0.3%	8.5%	45.3%	45.8%	379

70. Household income per year: (Unweighted)

Countryside Public Health	Less than $20,000 %	$20,000 - $34,999 %	$35,000 - $49,999 %	$50,000 - $74,999 %	$75,000 or more %	N (Unweighted)
Overall results from 2015	19.8%	19.4%	16.1%	20.5%	24.2%	1568
Results by gender:						
Female	20.8%	20.4%	15.3%	20.3%	23.2%	920
Male	18.4%	17.9%	17.3%	20.7%	25.8%	648
Results by age:						
18-34	13.6%	17.3%	18.2%	25.5%	25.5%	110
35-44	10.8%	13.5%	7.2%	26.1%	42.3%	111
45-54	13.1%	11.3%	10.8%	24.9%	39.9%	213
55-64	14.7%	16.3%	15.8%	21.6%	31.6%	380
65-74	18.8%	21.1%	19.4%	22.2%	18.5%	351
75+	33.0%	27.3%	18.4%	12.7%	8.7%	403
Results by education level:						
Less than HS diploma, no GED	50.0%	25.0%	14.4%	7.7%	2.9%	104
High school diploma or GED	30.5%	25.4%	17.5%	15.8%	10.7%	456
Some college, trade school, or Associate degree	15.0%	19.6%	16.6%	24.2%	24.6%	633
Bachelor's degree or higher	5.7%	9.8%	14.4%	23.8%	46.3%	369

70. Household income per year: (Weighted)

Countryside Public Health	Less than $20,000	$20,000 - $34,999	$35,000 - $49,999	$50,000 - $74,999	$75,000 or more	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	14.6%	15.9%	13.9%	23.8%	31.9%	1568
Results by gender:						
Female	14.3%	18.4%	14.8%	22.9%	29.6%	920
Male	14.9%	13.4%	12.9%	24.7%	34.2%	648
Results by age:						
18-34	11.4%	13.8%	13.8%	26.3%	34.6%	110
35-44	9.6%	9.9%	8.0%	29.6%	42.9%	111
45-54	14.1%	10.9%	10.2%	25.2%	39.6%	213
55-64	11.1%	14.5%	16.3%	23.0%	35.2%	380
65-74	14.7%	20.3%	19.1%	23.8%	22.0%	351
75+	29.9%	30.8%	17.5%	12.8%	9.1%	403
Results by education level:						
Less than HS diploma, no GED	57.3%	20.7%	12.0%	7.5%	2.5%	104
High school diploma or GED	26.3%	26.9%	16.7%	18.3%	11.8%	456
Some college, trade school, or Associate degree	11.3%	15.0%	14.5%	27.1%	32.1%	633
Bachelor's degree or higher	3.1%	7.2%	10.9%	25.8%	52.9%	369

Demographics

71. Are you currently... (Unweighted)

Countryside Public Health	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2010	43.9%	12.4%	3.3%	6.7%	1.4%	38.9%	6.4%	2362
Overall results from 2015	39.2%	13.6%	1.7%	4.5%	0.6%	46.9%	6.7%	1723
Results by gender:								
Female	43.1%	7.7%	1.4%	7.3%	1.1%	45.7%	5.8%	1037
Male	33.2%	22.4%	2.3%	0.3%	0.0%	48.7%	8.0%	686
Results by age:								
18-34	81.4%	14.2%	2.7%	8.0%	5.3%	0.0%	2.7%	113
35-44	76.3%	15.3%	2.5%	10.2%	2.5%	0.8%	6.8%	118
45-54	71.0%	23.2%	2.7%	4.9%	0.9%	2.2%	8.5%	224
55-64	59.4%	19.8%	3.5%	3.0%	0.0%	16.1%	10.4%	404
65-74	19.5%	11.9%	0.5%	3.1%	0.0%	76.6%	5.5%	385
75+	4.0%	4.6%	0.4%	4.6%	0.0%	92.3%	4.6%	479
Results by education level:								
Less than HS diploma, no GED	15.3%	4.0%	2.4%	1.6%	0.0%	72.6%	16.1%	124
High school diploma or GED	26.8%	9.5%	1.4%	5.2%	0.0%	61.0%	8.5%	518
Some college, trade school, or Associate degree	46.0%	19.1%	2.5%	5.1%	1.2%	34.7%	6.5%	680
Bachelor's degree or higher	52.1%	13.0%	0.8%	3.4%	0.8%	39.9%	1.6%	386
Results by household income:								
Less than $20,000	15.5%	6.1%	5.2%	2.3%	0.6%	63.1%	23.0%	309
$20,000 - $34,999	34.3%	10.6%	1.3%	3.6%	0.7%	54.8%	7.6%	303
$35,000 - $49,999	40.3%	12.3%	1.2%	4.0%	0.0%	51.0%	2.8%	253
$50,000 - $74,999	50.8%	16.8%	0.6%	4.0%	0.6%	38.3%	1.9%	321
$75,000 or more	58.9%	22.1%	0.8%	6.3%	1.3%	23.9%	0.3%	380

Demographics

71. Are you currently... (Weighted)

Countryside Public Health	Employed %	Self-employed or farmer %	Unemployed or out of work %	A homemaker or stay-at-home parent %	A student %	Retired %	Unable to work because of a disability %	N (Unweighted)
Overall results from 2010	54.3%	14.7%	4.9%	5.6%	3.4%	25.2%	4.9%	2362
Overall results from 2015	55.8%	16.5%	2.2%	5.0%	1.2%	26.3%	6.3%	1723
Results by gender:								
Female	56.4%	8.9%	1.5%	8.7%	2.3%	29.2%	5.0%	1037
Male	55.2%	24.5%	2.8%	1.2%	0.0%	23.2%	7.6%	686
Results by age:								
18-34	81.3%	14.7%	2.9%	6.8%	3.9%	0.0%	2.4%	113
35-44	76.7%	17.3%	1.5%	8.6%	1.5%	0.9%	6.1%	118
45-54	69.7%	26.3%	3.1%	3.9%	0.7%	2.8%	9.8%	224
55-64	61.2%	20.0%	2.5%	2.7%	0.0%	15.5%	8.2%	404
65-74	20.8%	13.6%	0.8%	3.8%	0.0%	74.5%	4.9%	385
75+	4.3%	3.8%	1.0%	4.4%	0.0%	91.4%	6.1%	479
Results by education level:								
Less than HS diploma, no GED	27.8%	3.1%	3.4%	1.3%	0.0%	50.9%	31.5%	124
High school diploma or GED	40.6%	12.3%	1.2%	5.6%	0.0%	42.8%	9.6%	518
Some college, trade school, or Associate degree	61.2%	20.5%	3.5%	5.7%	2.1%	18.4%	5.0%	680
Bachelor's degree or higher	66.1%	16.5%	0.6%	3.9%	0.9%	19.4%	0.8%	386
Results by household income:								
Less than $20,000	28.0%	5.8%	8.0%	4.8%	1.0%	41.5%	31.0%	309
$20,000 - $34,999	46.4%	11.6%	1.4%	6.1%	1.4%	38.8%	7.4%	303
$35,000 - $49,999	56.9%	13.5%	1.0%	3.8%	0.0%	31.3%	1.8%	253
$50,000 - $74,999	69.4%	18.6%	0.4%	4.2%	1.1%	18.4%	1.1%	321
$75,000 or more	67.9%	24.0%	2.0%	5.4%	2.0%	12.1%	0.1%	380

All Survey Items (weighted data)

1. In general, would you say your health is:

Countryside Public Health	Excellent	Very good	Good	Fair	Poor	N
	%	%	%	%	%	(Unweighted)
Overall results from 2010	9.6%	34.1%	42.6%	11.8%	1.9%	2284
Overall results from 2015	10.5%	42.7%	34.0%	10.9%	1.8%	1622
Results by gender:						
Female	9.9%	44.0%	33.3%	11.4%	1.4%	978
Male	11.1%	41.4%	34.8%	10.4%	2.3%	644
Results by age:						
18-34	18.4%	50.7%	24.1%	4.5%	2.3%	109
35-44	9.5%	61.1%	22.0%	7.1%	0.2%	111
45-54	11.8%	41.6%	33.6%	11.1%	1.8%	216
55-64	9.7%	38.0%	40.5%	9.5%	2.3%	392
65-74	5.3%	38.2%	40.0%	14.1%	2.4%	354
75+	2.9%	25.0%	47.3%	23.0%	1.8%	440
Results by education level:						
Less than HS diploma, no GED	0.3%	15.7%	47.4%	32.5%	4.2%	117
High school diploma or GED	7.6%	34.0%	36.7%	17.6%	4.1%	481
Some college, trade school, or Associate degree	9.3%	44.1%	36.1%	9.5%	1.0%	645
Bachelor's degree or higher	17.0%	53.7%	25.0%	3.5%	0.8%	366
Results by household income:						
Less than $20,000	7.3%	13.0%	39.3%	31.3%	9.2%	286
$20,000 - $34,999	10.6%	36.1%	36.1%	14.6%	2.5%	288
$35,000 - $49,999	10.6%	38.5%	40.2%	10.5%	0.4%	237
$50,000 - $74,999	6.8%	53.5%	32.6%	7.1%	0.1%	304
$75,000 or more	15.6%	52.9%	28.8%	2.3%	0.5%	363

2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

Countryside Public Health	Yes	Yes, but only during pregnancy	No	N
	%	**%**	**%**	**(Unweighted)**
Overall results from 2010	36.6%	1.0%	62.3%	2368
Overall results from 2015	36.6%	1.4%	61.9%	1717
Results by gender:				
Female	35.4%	2.8%	61.8%	1032
Male	38.0%	0.0%	62.0%	685
Results by age:				
18-34	9.0%	0.6%	90.4%	112
35-44	18.3%	5.1%	76.6%	115
45-54	35.3%	2.7%	62.0%	220
55-64	43.5%	0.3%	56.2%	404
65-74	62.8%	0.0%	37.2%	386
75+	63.8%	0.1%	36.1%	480
Results by education level:				
Less than HS diploma, no GED	51.1%	0.0%	48.9%	123
High school diploma or GED	53.7%	0.9%	45.3%	517
Some college, trade school, or Associate degree	31.8%	1.6%	66.6%	678
Bachelor's degree or higher	26.2%	1.8%	71.9%	382
Results by household income:				
Less than $20,000	48.5%	0.2%	51.3%	307
$20,000 - $34,999	46.2%	0.5%	53.2%	303
$35,000 - $49,999	32.7%	1.0%	66.3%	252
$50,000 - $74,999	32.6%	1.1%	66.4%	321
$75,000 or more	29.3%	2.1%	68.6%	377

All Survey Items (weighted data)

2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

Countryside Public Health	Yes %	Yes, but only during pregnancy %	No %	N (Unweighted)
Overall results from 2015	10.1%	0.1%	89.8%	1717
Results by gender:				
Female	6.4%	0.3%	93.4%	1032
Male	13.9%	0.0%	86.1%	685
Results by age:				
18-34	6.7%	0.0%	93.3%	112
35-44	5.7%	0.0%	94.3%	115
45-54	14.9%	0.2%	84.8%	220
55-64	11.5%	0.0%	88.5%	404
65-74	12.8%	0.6%	86.7%	386
75+	8.5%	0.1%	91.4%	480
Results by education level:				
Less than HS diploma, no GED	9.2%	0.0%	90.8%	123
High school diploma or GED	11.6%	0.0%	88.4%	517
Some college, trade school, or Associate degree	8.0%	0.1%	91.8%	678
Bachelor's degree or higher	12.4%	0.3%	87.3%	382
Results by household income:				
Less than $20,000	11.5%	0.5%	88.0%	307
$20,000 - $34,999	9.7%	0.3%	90.0%	303
$35,000 - $49,999	8.3%	0.0%	91.7%	252
$50,000 - $74,999	11.1%	0.1%	88.8%	321
$75,000 or more	9.4%	0.0%	90.6%	377

2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

Countryside Public Health	Yes	Yes, but only during pregnancy	No	N
	%	%	%	(Unweighted)
Overall results from 2010	10.0%	0.5%	89.5%	2368
Overall results from 2015	10.1%	0.6%	89.3%	1717
Results by gender:				
Female	9.6%	1.2%	89.1%	1032
Male	10.6%	0.0%	89.4%	685
Results by age:				
18-34	0.0%	0.7%	99.3%	112
35-44	9.4%	0.5%	90.2%	115
45-54	9.9%	1.4%	88.7%	220
55-64	11.5%	0.3%	88.2%	404
65-74	17.7%	0.0%	82.3%	386
75+	17.3%	0.5%	82.2%	480
Results by education level:				
Less than HS diploma, no GED	21.5%	0.0%	78.5%	123
High school diploma or GED	16.8%	1.5%	81.8%	517
Some college, trade school, or Associate degree	9.2%	0.4%	90.4%	678
Bachelor's degree or higher	3.5%	0.4%	96.2%	382
Results by household income:				
Less than $20,000	22.4%	0.4%	77.2%	307
$20,000 - $34,999	10.9%	0.1%	89.0%	303
$35,000 - $49,999	9.7%	0.0%	90.3%	252
$50,000 - $74,999	9.4%	1.5%	89.0%	321
$75,000 or more	3.6%	0.7%	95.7%	377

2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

Countryside Public Health	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
Overall results from 2010	8.3%	0.9%	90.8%	2368
Overall results from 2015	9.2%	0.5%	90.4%	1717
Results by gender:				
Female	8.8%	0.9%	90.3%	1032
Male	9.6%	0.0%	90.4%	685
Results by age:				
18-34	1.9%	0.0%	98.1%	112
35-44	10.6%	1.8%	87.6%	115
45-54	10.3%	0.3%	89.3%	220
55-64	10.6%	0.4%	89.1%	404
65-74	14.2%	0.8%	85.0%	386
75+	10.9%	0.0%	89.1%	480
Results by education level:				
Less than HS diploma, no GED	20.5%	0.0%	79.5%	123
High school diploma or GED	10.1%	0.1%	89.8%	517
Some college, trade school, or Associate degree	10.3%	0.2%	89.5%	678
Bachelor's degree or higher	4.5%	1.4%	94.1%	382
Results by household income:				
Less than $20,000	12.7%	0.5%	86.8%	307
$20,000 - $34,999	10.1%	0.2%	89.7%	303
$35,000 - $49,999	11.5%	0.0%	88.5%	252
$50,000 - $74,999	9.9%	0.3%	89.8%	321
$75,000 or more	5.0%	1.0%	93.9%	377

2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	36.1%	63.9%	1717
Results by gender:			
Female	41.6%	58.4%	1032
Male	30.3%	69.7%	685
Results by age:			
18-34	14.4%	85.6%	112
35-44	38.5%	61.5%	115
45-54	47.9%	52.1%	220
55-64	46.1%	53.9%	404
65-74	42.3%	57.7%	386
75+	31.7%	68.3%	480
Results by education level:			
Less than HS diploma, no GED	33.3%	66.7%	123
High school diploma or GED	38.8%	61.2%	517
Some college, trade school, or Associate degree	38.2%	61.8%	678
Bachelor's degree or higher	30.4%	69.6%	382
Results by household income:			
Less than $20,000	42.9%	57.1%	307
$20,000 - $34,999	41.7%	58.3%	303
$35,000 - $49,999	35.0%	65.0%	252
$50,000 - $74,999	33.4%	66.6%	321
$75,000 or more	31.8%	68.2%	377

2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	9.7%	90.3%	1717
Results by gender:			
Female	10.5%	89.5%	1032
Male	9.0%	91.0%	685
Results by age:			
18-34	0.0%	100.0%	112
35-44	4.1%	95.9%	115
45-54	5.2%	94.8%	220
55-64	9.6%	90.4%	404
65-74	21.2%	78.8%	386
75+	25.2%	74.8%	480
Results by education level:			
Less than HS diploma, no GED	13.8%	86.2%	123
High school diploma or GED	16.7%	83.3%	517
Some college, trade school, or Associate degree	7.3%	92.7%	678
Bachelor's degree or higher	6.9%	93.1%	382
Results by household income:			
Less than $20,000	11.4%	88.6%	307
$20,000 - $34,999	15.4%	84.6%	303
$35,000 - $49,999	7.9%	92.1%	252
$50,000 - $74,999	8.4%	91.6%	321
$75,000 or more	6.5%	93.5%	377

2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	5.6%	94.4%	1717
Results by gender:			
Female	6.2%	93.8%	1032
Male	5.1%	94.9%	685
Results by age:			
18-34	0.8%	99.2%	112
35-44	1.9%	98.1%	115
45-54	5.1%	94.9%	220
55-64	5.2%	94.8%	404
65-74	11.1%	88.9%	386
75+	12.5%	87.5%	480
Results by education level:			
Less than HS diploma, no GED	15.0%	85.0%	123
High school diploma or GED	8.7%	91.3%	517
Some college, trade school, or Associate degree	4.7%	95.3%	678
Bachelor's degree or higher	2.7%	97.3%	382
Results by household income:			
Less than $20,000	9.2%	90.8%	307
$20,000 - $34,999	7.0%	93.0%	303
$35,000 - $49,999	7.9%	92.1%	252
$50,000 - $74,999	3.3%	96.7%	321
$75,000 or more	2.9%	97.1%	377

2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	5.7%	94.3%	2368
Overall results from 2015	11.7%	88.3%	1717
Results by gender:			
Female	9.1%	90.9%	1032
Male	14.4%	85.6%	685
Results by age:			
18-34	5.9%	94.1%	112
35-44	3.7%	96.3%	115
45-54	3.7%	96.3%	220
55-64	14.3%	85.7%	404
65-74	18.6%	81.4%	386
75+	28.7%	71.3%	480
Results by education level:			
Less than HS diploma, no GED	15.8%	84.2%	123
High school diploma or GED	17.4%	82.6%	517
Some college, trade school, or Associate degree	11.0%	89.0%	678
Bachelor's degree or higher	7.2%	92.8%	382
Results by household income:			
Less than $20,000	19.3%	80.7%	307
$20,000 - $34,999	16.1%	83.9%	303
$35,000 - $49,999	13.0%	87.0%	252
$50,000 - $74,999	7.3%	92.7%	321
$75,000 or more	8.5%	91.5%	377

2l. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	2.9%	97.1%	2368
Overall results from 2015	4.3%	95.7%	1717
Results by gender:			
Female	3.2%	96.8%	1032
Male	5.4%	94.6%	685
Results by age:			
18-34	2.2%	97.8%	112
35-44	4.0%	96.0%	115
45-54	3.7%	96.3%	220
55-64	3.1%	96.9%	404
65-74	5.6%	94.4%	386
75+	8.5%	91.5%	480
Results by education level:			
Less than HS diploma, no GED	4.6%	95.4%	123
High school diploma or GED	8.8%	91.2%	517
Some college, trade school, or Associate degree	3.1%	96.9%	678
Bachelor's degree or higher	2.3%	97.7%	382
Results by household income:			
Less than $20,000	11.4%	88.6%	307
$20,000 - $34,999	4.2%	95.8%	303
$35,000 - $49,999	7.8%	92.2%	252
$50,000 - $74,999	2.4%	97.6%	321
$75,000 or more	0.9%	99.1%	377

2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	30.6%	69.4%	2367
Overall results from 2015	33.8%	66.2%	1717
Results by gender:			
Female	31.9%	68.1%	1032
Male	35.7%	64.3%	685
Results by age:			
18-34	4.1%	95.9%	112
35-44	16.9%	83.1%	115
45-54	38.3%	61.7%	220
55-64	45.2%	54.8%	404
65-74	56.6%	43.4%	386
75+	51.9%	48.1%	480
Results by education level:			
Less than HS diploma, no GED	42.6%	57.4%	123
High school diploma or GED	42.9%	57.1%	517
Some college, trade school, or Associate degree	31.0%	69.0%	678
Bachelor's degree or higher	28.2%	71.8%	382
Results by household income:			
Less than $20,000	37.9%	62.1%	307
$20,000 - $34,999	36.5%	63.5%	303
$35,000 - $49,999	35.1%	64.9%	252
$50,000 - $74,999	38.0%	62.0%	321
$75,000 or more	24.6%	75.4%	377

2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	27.8%	72.2%	1717
Results by gender:			
Female	30.5%	69.5%	1032
Male	24.9%	75.1%	685
Results by age:			
18-34	7.0%	93.0%	112
35-44	16.0%	84.0%	115
45-54	23.3%	76.7%	220
55-64	28.3%	71.7%	404
65-74	47.9%	52.1%	386
75+	55.9%	44.1%	480
Results by education level:			
Less than HS diploma, no GED	46.9%	53.1%	123
High school diploma or GED	45.2%	54.8%	517
Some college, trade school, or Associate degree	22.8%	77.2%	678
Bachelor's degree or higher	16.1%	83.9%	382
Results by household income:			
Less than $20,000	48.6%	51.4%	307
$20,000 - $34,999	42.5%	57.5%	303
$35,000 - $49,999	24.3%	75.7%	252
$50,000 - $74,999	20.9%	79.1%	321
$75,000 or more	14.2%	85.8%	377

2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	20.5%	79.5%	1717
Results by gender:			
Female	23.9%	76.1%	1032
Male	16.9%	83.1%	685
Results by age:			
18-34	20.7%	79.3%	112
35-44	25.3%	74.7%	115
45-54	26.5%	73.5%	220
55-64	18.5%	81.5%	404
65-74	15.6%	84.4%	386
75+	14.0%	86.0%	480
Results by education level:			
Less than HS diploma, no GED	29.6%	70.4%	123
High school diploma or GED	22.0%	78.0%	517
Some college, trade school, or Associate degree	21.1%	78.9%	678
Bachelor's degree or higher	16.5%	83.5%	382
Results by household income:			
Less than $20,000	36.5%	63.5%	307
$20,000 - $34,999	24.9%	75.1%	303
$35,000 - $49,999	14.6%	85.4%	252
$50,000 - $74,999	20.6%	79.4%	321
$75,000 or more	13.8%	86.2%	377

2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	16.7%	83.3%	1717
Results by gender:			
Female	20.6%	79.4%	1032
Male	12.8%	87.2%	685
Results by age:			
18-34	20.3%	79.7%	112
35-44	27.3%	72.7%	115
45-54	19.5%	80.5%	220
55-64	14.2%	85.8%	404
65-74	10.9%	89.1%	386
75+	6.7%	93.3%	480
Results by education level:			
Less than HS diploma, no GED	11.6%	88.4%	123
High school diploma or GED	18.7%	81.3%	517
Some college, trade school, or Associate degree	17.2%	82.8%	678
Bachelor's degree or higher	15.3%	84.7%	382
Results by household income:			
Less than $20,000	27.6%	72.4%	307
$20,000 - $34,999	16.6%	83.4%	303
$35,000 - $49,999	12.9%	87.1%	252
$50,000 - $74,999	20.1%	79.9%	321
$75,000 or more	11.3%	88.7%	377

2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	4.6%	95.4%	1717
Results by gender:			
Female	3.8%	96.2%	1032
Male	5.3%	94.7%	685
Results by age:			
18-34	3.9%	96.1%	112
35-44	6.3%	93.7%	115
45-54	7.2%	92.8%	220
55-64	3.3%	96.7%	404
65-74	3.0%	97.0%	386
75+	3.1%	96.9%	480
Results by education level:			
Less than HS diploma, no GED	11.5%	88.5%	123
High school diploma or GED	7.5%	92.5%	517
Some college, trade school, or Associate degree	4.5%	95.5%	678
Bachelor's degree or higher	0.6%	99.4%	382
Results by household income:			
Less than $20,000	14.0%	86.0%	307
$20,000 - $34,999	4.0%	96.0%	303
$35,000 - $49,999	3.0%	97.0%	252
$50,000 - $74,999	1.6%	98.4%	321
$75,000 or more	2.6%	97.4%	377

Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION? (2L, 2M, or 2N = Yes)

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	26.3%	73.7%	1717
Results by gender:			
Female	31.1%	68.9%	1032
Male	21.4%	78.6%	685
Results by age:			
18-34	24.9%	75.1%	112
35-44	36.5%	63.5%	115
45-54	33.3%	66.7%	220
55-64	24.9%	75.1%	404
65-74	19.8%	80.2%	386
75+	17.1%	82.9%	480
Results by education level:			
Less than HS diploma, no GED	34.7%	65.3%	123
High school diploma or GED	29.6%	70.4%	517
Some college, trade school, or Associate degree	25.1%	74.9%	678
Bachelor's degree or higher	24.0%	76.0%	382
Results by household income:			
Less than $20,000	42.8%	57.2%	307
$20,000 - $34,999	30.4%	69.6%	303
$35,000 - $49,999	18.7%	81.3%	252
$50,000 - $74,999	28.8%	71.2%	321
$75,000 or more	18.6%	81.4%	377

2O. Have you ever been told by a doctor or other health care professional that you were OBESE?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	13.7%	86.3%	1717
Results by gender:			
Female	17.1%	82.9%	1032
Male	10.1%	89.9%	685
Results by age:			
18-34	5.8%	94.2%	112
35-44	15.4%	84.6%	115
45-54	19.2%	80.8%	220
55-64	14.9%	85.1%	404
65-74	18.7%	81.3%	386
75+	10.4%	89.6%	480
Results by education level:			
Less than HS diploma, no GED	16.4%	83.6%	123
High school diploma or GED	16.6%	83.4%	517
Some college, trade school, or Associate degree	14.2%	85.8%	678
Bachelor's degree or higher	9.8%	90.2%	382
Results by household income:			
Less than $20,000	22.9%	77.1%	307
$20,000 - $34,999	17.4%	82.6%	303
$35,000 - $49,999	11.4%	88.6%	252
$50,000 - $74,999	11.7%	88.3%	321
$75,000 or more	9.2%	90.8%	377

All Survey Items (weighted data)

2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	10.8%	89.2%	2368
Overall results from 2015	10.5%	89.5%	1717
Results by gender:			
Female	10.7%	89.3%	1032
Male	10.2%	89.8%	685
Results by age:			
18-34	9.5%	90.5%	112
35-44	15.6%	84.4%	115
45-54	14.8%	85.2%	220
55-64	5.4%	94.6%	404
65-74	10.1%	89.9%	386
75+	7.9%	92.1%	480
Results by education level:			
Less than HS diploma, no GED	15.4%	84.6%	123
High school diploma or GED	10.8%	89.2%	517
Some college, trade school, or Associate degree	10.7%	89.3%	678
Bachelor's degree or higher	9.0%	91.0%	382
Results by household income:			
Less than $20,000	18.1%	81.9%	307
$20,000 - $34,999	7.6%	92.4%	303
$35,000 - $49,999	10.3%	89.7%	252
$50,000 - $74,999	9.4%	90.6%	321
$75,000 or more	7.4%	92.6%	377

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Countryside Public Health	0 days %	1-9 days %	10-19 days %	20-29 days %	All 30 days %	N (Unweighted)
Overall results from 2015	54.3%	32.7%	5.7%	1.4%	5.9%	1464
Results by gender:						
Female	53.7%	32.1%	7.6%	1.4%	5.1%	874
Male	54.8%	33.4%	3.7%	1.5%	6.6%	590
Results by age:						
18-34	61.4%	32.0%	3.3%	0.0%	3.2%	104
35-44	48.8%	43.2%	6.6%	0.0%	1.4%	97
45-54	53.9%	30.5%	6.1%	1.2%	8.3%	198
55-64	53.1%	35.6%	4.4%	1.9%	5.0%	356
65-74	57.1%	27.7%	6.5%	3.4%	5.4%	329
75+	47.2%	28.4%	9.2%	3.1%	12.1%	380
Results by education level:						
Less than HS diploma, no GED	27.6%	32.1%	25.0%	2.5%	12.8%	89
High school diploma or GED	49.4%	27.7%	10.0%	2.6%	10.4%	426
Some college, trade school, or Associate degree	57.6%	31.6%	4.4%	1.6%	4.9%	593
Bachelor's degree or higher	57.4%	38.7%	1.3%	0.2%	2.5%	342
Results by household income:						
Less than $20,000	38.7%	25.0%	16.1%	3.0%	17.3%	247
$20,000 - $34,999	54.4%	27.0%	7.7%	1.7%	9.2%	256
$35,000 - $49,999	53.7%	37.8%	4.9%	1.3%	2.4%	214
$50,000 - $74,999	55.5%	37.8%	2.9%	1.0%	2.8%	286
$75,000 or more	63.2%	31.6%	1.9%	1.1%	2.2%	338

4A. When was the last time you had a FLU SHOT?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	58.8%	9.6%	5.8%	8.7%	17.1%	1717
Results by gender:						
Female	64.5%	7.8%	5.0%	7.0%	15.8%	1032
Male	52.9%	11.5%	6.6%	10.5%	18.5%	685
Results by age:						
18-34	47.2%	17.8%	7.3%	14.0%	13.6%	112
35-44	52.2%	9.5%	6.1%	6.2%	26.0%	118
45-54	47.6%	9.4%	8.8%	9.9%	24.4%	223
55-64	60.9%	7.7%	4.9%	8.1%	18.3%	400
65-74	72.5%	4.5%	3.2%	5.7%	14.2%	385
75+	82.3%	4.6%	2.5%	5.2%	5.4%	479
Results by education level:						
Less than HS diploma, no GED	77.1%	6.9%	2.3%	3.8%	9.9%	124
High school diploma or GED	60.3%	10.2%	5.2%	9.5%	14.9%	514
Some college, trade school, or Associate degree	54.4%	9.7%	8.0%	9.9%	18.0%	677
Bachelor's degree or higher	60.8%	9.5%	3.5%	7.2%	19.1%	385
Results by household income:						
Less than $20,000	54.6%	11.1%	3.8%	13.1%	17.4%	306
$20,000 - $34,999	60.1%	8.7%	4.5%	13.6%	13.2%	303
$35,000 - $49,999	56.1%	9.8%	5.8%	4.2%	24.2%	252
$50,000 - $74,999	60.0%	8.7%	8.6%	6.6%	16.2%	320
$75,000 or more	58.2%	10.2%	6.2%	8.5%	16.8%	380

4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

Countryside Public Health	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	72.0%	10.4%	6.9%	9.3%	1.4%	1670
Results by gender:						
Female	76.8%	9.9%	6.0%	6.3%	0.9%	1003
Male	67.0%	10.9%	7.8%	12.4%	1.8%	667
Results by age:						
18-34	66.9%	17.1%	7.3%	8.7%	0.0%	113
35-44	74.9%	5.1%	9.4%	10.5%	0.2%	116
45-54	70.9%	10.8%	5.3%	10.9%	2.1%	221
55-64	78.9%	7.6%	5.5%	6.9%	1.0%	397
65-74	75.3%	8.4%	7.4%	8.3%	0.6%	371
75+	67.1%	10.3%	7.2%	10.8%	4.6%	452
Results by education level:						
Less than HS diploma, no GED	47.1%	17.2%	6.9%	13.1%	15.7%	114
High school diploma or GED	67.0%	10.5%	7.8%	12.5%	2.2%	494
Some college, trade school, or Associate degree	73.3%	8.8%	7.0%	10.6%	0.2%	667
Bachelor's degree or higher	78.4%	11.9%	5.9%	3.8%	0.0%	382
Results by household income:						
Less than $20,000	45.8%	12.0%	17.8%	18.2%	6.2%	289
$20,000 - $34,999	59.8%	11.1%	8.7%	17.5%	2.8%	294
$35,000 - $49,999	70.4%	12.2%	5.2%	12.2%	0.1%	246
$50,000 - $74,999	84.5%	5.1%	5.9%	4.3%	0.3%	318
$75,000 or more	81.5%	11.4%	3.2%	3.9%	0.0%	374

4C. When was the last time you had a HEARING TEST?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	20.6%	10.5%	12.5%	38.7%	17.7%	1628
Results by gender:						
Female	14.0%	8.5%	13.5%	40.6%	23.4%	975
Male	27.4%	12.5%	11.5%	36.7%	11.9%	653
Results by age:						
18-34	16.1%	9.4%	13.7%	52.0%	8.8%	111
35-44	17.8%	9.2%	16.0%	51.1%	5.9%	115
45-54	16.2%	11.3%	9.5%	43.6%	19.3%	219
55-64	22.8%	8.6%	12.6%	38.4%	17.6%	387
65-74	22.0%	14.1%	12.5%	23.8%	27.7%	364
75+	32.6%	11.4%	11.5%	11.9%	32.6%	432
Results by education level:						
Less than HS diploma, no GED	27.1%	15.9%	7.5%	16.8%	32.6%	109
High school diploma or GED	25.6%	10.4%	12.5%	28.0%	23.5%	479
Some college, trade school, or Associate degree	19.8%	10.2%	11.8%	43.0%	15.2%	653
Bachelor's degree or higher	16.3%	10.2%	14.6%	44.6%	14.3%	372
Results by household income:						
Less than $20,000	18.9%	14.0%	13.9%	33.4%	19.9%	283
$20,000 - $34,999	18.3%	10.4%	14.5%	37.2%	19.6%	283
$35,000 - $49,999	17.7%	8.0%	9.7%	43.9%	20.7%	244
$50,000 - $74,999	25.9%	8.4%	14.9%	37.9%	12.9%	305
$75,000 or more	19.5%	12.2%	11.0%	42.5%	14.7%	368

4D. When was the last time you had an EYE EXAM?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	58.2%	21.6%	11.8%	6.9%	1.5%	1679
Results by gender:						
Female	63.1%	20.6%	10.4%	4.8%	1.0%	1014
Male	53.0%	22.5%	13.2%	9.2%	2.1%	665
Results by age:						
18-34	42.3%	21.3%	18.7%	14.3%	3.5%	112
35-44	52.6%	20.7%	14.3%	8.9%	3.5%	118
45-54	55.3%	25.3%	12.9%	6.2%	0.3%	217
55-64	60.9%	25.3%	8.1%	4.8%	0.9%	394
65-74	67.9%	20.2%	9.3%	2.0%	0.5%	375
75+	79.2%	14.2%	4.5%	2.1%	0.0%	463
Results by education level:						
Less than HS diploma, no GED	68.1%	15.7%	9.6%	1.9%	4.8%	118
High school diploma or GED	64.8%	19.6%	8.1%	4.8%	2.6%	496
Some college, trade school, or Associate degree	54.4%	22.1%	15.7%	6.2%	1.5%	668
Bachelor's degree or higher	57.0%	23.0%	9.2%	10.9%	0.0%	380
Results by household income:						
Less than $20,000	61.3%	21.8%	10.4%	5.5%	1.0%	295
$20,000 - $34,999	61.1%	19.7%	12.3%	6.1%	0.9%	297
$35,000 - $49,999	57.9%	18.0%	11.6%	7.0%	5.6%	243
$50,000 - $74,999	63.2%	21.0%	11.4%	4.1%	0.2%	317
$75,000 or more	52.9%	22.6%	13.4%	10.4%	0.7%	377

4E. When was the last time you had your BLOOD PRESSURE CHECKED?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	N (Unweighted)
Overall results from 2015	88.8%	6.2%	1.4%	2.9%	0.7%	1693
Results by gender:						
Female	92.9%	5.4%	0.5%	0.8%	0.4%	1013
Male	84.6%	6.9%	2.4%	5.1%	1.0%	680
Results by age:						
18-34	75.6%	15.4%	0.3%	6.9%	1.8%	112
35-44	88.4%	4.2%	3.5%	2.9%	1.0%	115
45-54	90.2%	3.8%	2.4%	3.0%	0.6%	219
55-64	91.4%	5.2%	1.7%	1.7%	0.0%	402
65-74	96.8%	2.1%	0.6%	0.6%	0.0%	378
75+	96.8%	2.2%	0.3%	0.3%	0.3%	467
Results by education level:						
Less than HS diploma, no GED	89.7%	2.3%	0.7%	4.8%	2.4%	115
High school diploma or GED	88.7%	4.9%	1.7%	4.7%	0.1%	504
Some college, trade school, or Associate degree	87.1%	7.9%	1.1%	2.8%	1.1%	676
Bachelor's degree or higher	91.7%	5.0%	1.9%	1.4%	0.0%	383
Results by household income:						
Less than $20,000	87.1%	6.4%	2.3%	3.1%	1.1%	300
$20,000 - $34,999	86.9%	3.1%	2.2%	6.7%	1.0%	302
$35,000 - $49,999	86.2%	6.7%	1.3%	4.0%	1.8%	247
$50,000 - $74,999	93.3%	4.9%	1.5%	0.4%	0.0%	319
$75,000 or more	87.2%	8.8%	0.9%	2.7%	0.4%	377

4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

Countryside Public Health	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	63.5%	15.5%	6.9%	6.1%	8.0%	1681
Results by gender:						
Female	63.4%	16.7%	7.8%	4.2%	7.9%	1008
Male	63.5%	14.3%	6.0%	8.1%	8.0%	673
Results by age:						
18-34	34.8%	20.6%	5.2%	16.6%	22.9%	113
35-44	46.0%	25.8%	16.1%	5.4%	6.7%	116
45-54	70.0%	16.1%	6.6%	2.4%	5.0%	220
55-64	72.5%	10.3%	8.3%	3.7%	5.2%	396
65-74	85.2%	8.7%	3.5%	2.1%	0.5%	382
75+	83.9%	9.7%	2.4%	2.9%	1.1%	454
Results by education level:						
Less than HS diploma, no GED	68.0%	11.9%	1.8%	4.2%	14.2%	116
High school diploma or GED	72.0%	12.2%	4.1%	6.2%	5.4%	503
Some college, trade school, or Associate degree	59.8%	16.4%	6.6%	7.0%	10.3%	667
Bachelor's degree or higher	60.8%	17.8%	10.9%	5.2%	5.4%	381
Results by household income:						
Less than $20,000	70.8%	11.5%	3.5%	4.4%	9.8%	292
$20,000 - $34,999	60.2%	11.6%	4.6%	9.5%	14.1%	300
$35,000 - $49,999	56.3%	18.1%	8.0%	9.2%	8.5%	248
$50,000 - $74,999	68.7%	17.6%	4.4%	1.4%	7.9%	319
$75,000 or more	59.3%	16.9%	11.6%	8.0%	4.2%	375

4G. When was the last time you had your BLOOD SUGAR CHECKED?

Countryside Public Health	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	59.3%	15.9%	7.5%	6.6%	10.7%	1643
Results by gender:						
Female	63.2%	17.7%	6.5%	5.3%	7.3%	979
Male	55.3%	14.0%	8.5%	7.9%	14.2%	664
Results by age:						
18-34	34.1%	18.7%	10.3%	12.8%	24.1%	112
35-44	44.4%	20.8%	15.4%	8.4%	11.1%	116
45-54	62.3%	19.0%	5.2%	5.4%	8.1%	216
55-64	65.3%	14.4%	7.3%	5.5%	7.4%	391
65-74	80.9%	10.4%	3.4%	1.6%	3.7%	373
75+	82.2%	9.4%	2.1%	2.4%	3.9%	435
Results by education level:						
Less than HS diploma, no GED	66.7%	13.7%	3.4%	3.7%	12.4%	112
High school diploma or GED	65.5%	12.8%	5.0%	6.5%	10.2%	485
Some college, trade school, or Associate degree	56.8%	17.8%	6.8%	8.5%	10.0%	655
Bachelor's degree or higher	56.7%	15.9%	11.5%	4.0%	12.0%	376
Results by household income:						
Less than $20,000	67.0%	9.5%	6.8%	4.6%	12.1%	290
$20,000 - $34,999	57.2%	10.0%	9.0%	9.5%	14.2%	289
$35,000 - $49,999	54.2%	19.3%	7.7%	8.4%	10.5%	242
$50,000 - $74,999	60.9%	18.9%	5.7%	3.5%	11.0%	312
$75,000 or more	55.6%	18.8%	9.4%	7.1%	9.1%	366

4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

Countryside Public Health	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	22.4%	9.6%	7.6%	6.9%	53.5%	1604
Results by gender:						
Female	24.4%	10.8%	6.1%	7.3%	51.4%	957
Male	20.3%	8.4%	9.1%	6.4%	55.7%	647
Results by age:						
18-34	11.2%	3.3%	4.1%	9.4%	71.9%	113
35-44	18.1%	15.4%	9.6%	6.9%	50.1%	116
45-54	20.1%	11.7%	8.7%	5.9%	53.6%	216
55-64	25.9%	11.2%	8.0%	7.4%	47.5%	386
65-74	29.8%	10.0%	10.3%	4.5%	45.4%	358
75+	37.4%	8.4%	6.7%	5.5%	41.9%	415
Results by education level:						
Less than HS diploma, no GED	24.0%	2.5%	6.1%	2.9%	64.5%	100
High school diploma or GED	22.2%	10.0%	8.5%	4.2%	55.2%	465
Some college, trade school, or Associate degree	18.2%	7.7%	6.6%	9.9%	57.6%	649
Bachelor's degree or higher	29.2%	13.7%	8.8%	4.9%	43.4%	376
Results by household income:						
Less than $20,000	19.3%	4.6%	8.2%	8.3%	59.7%	276
$20,000 - $34,999	19.0%	8.0%	4.0%	6.5%	62.5%	277
$35,000 - $49,999	19.8%	7.7%	11.5%	10.4%	50.6%	236
$50,000 - $74,999	23.2%	10.9%	7.3%	6.2%	52.3%	305
$75,000 or more	25.7%	11.0%	8.0%	6.2%	49.1%	370

4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

Countryside Public Health	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	13.9%	10.8%	17.9%	10.4%	47.1%	1636
Results by gender:						
Female	13.8%	11.1%	18.3%	11.4%	45.4%	971
Male	13.9%	10.5%	17.5%	9.4%	48.8%	665
Results by age:						
18-34	2.2%	1.7%	4.5%	2.6%	89.0%	113
35-44	3.3%	2.3%	13.2%	5.9%	75.2%	118
45-54	16.3%	12.0%	14.7%	5.9%	51.0%	215
55-64	19.9%	15.7%	29.4%	15.8%	19.2%	394
65-74	26.8%	17.2%	26.1%	18.0%	11.9%	368
75+	20.4%	20.1%	26.5%	20.2%	12.8%	428
Results by education level:						
Less than HS diploma, no GED	23.5%	12.8%	13.2%	19.2%	31.3%	108
High school diploma or GED	16.6%	18.6%	20.2%	10.7%	34.0%	478
Some college, trade school, or Associate degree	12.8%	8.9%	16.8%	8.5%	53.0%	659
Bachelor's degree or higher	11.5%	7.1%	18.6%	11.6%	51.1%	377
Results by household income:						
Less than $20,000	19.8%	14.0%	13.5%	13.3%	39.5%	283
$20,000 - $34,999	16.9%	9.1%	14.7%	11.5%	47.8%	287
$35,000 - $49,999	12.7%	17.3%	17.5%	9.8%	42.6%	245
$50,000 - $74,999	13.6%	8.3%	16.1%	8.7%	53.4%	310
$75,000 or more	10.7%	8.1%	21.4%	9.7%	50.2%	374

4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	Five or more years ago %	Never %	N (Unweighted)
Overall results from 2015	28.0%	14.0%	12.4%	6.4%	39.1%	652
Results by gender:						
Female	---	---	---	---	---	0
Male	28.0%	14.0%	12.4%	6.4%	39.1%	652
Results by age:						
18-34	---	---	---	---	---	27
35-44	3.1%	8.3%	8.7%	8.1%	71.8%	43
45-54	24.1%	18.2%	12.6%	1.8%	43.2%	73
55-64	40.4%	21.6%	16.7%	10.0%	11.3%	168
65-74	55.1%	22.3%	9.7%	5.6%	7.3%	166
75+	46.8%	18.2%	16.4%	11.5%	7.0%	175
Results by education level:						
Less than HS diploma, no GED	35.5%	26.8%	15.0%	7.7%	15.1%	51
High school diploma or GED	27.7%	13.0%	13.9%	7.8%	37.6%	198
Some college, trade school, or Associate degree	28.1%	15.1%	10.0%	3.6%	43.2%	265
Bachelor's degree or higher	26.7%	10.5%	15.2%	9.8%	37.7%	135
Results by household income:						
Less than $20,000	24.7%	20.5%	8.4%	5.8%	40.6%	110
$20,000 - $34,999	32.6%	9.5%	13.1%	10.6%	34.1%	111
$35,000 - $49,999	26.2%	8.3%	11.7%	9.3%	44.5%	108
$50,000 - $74,999	27.7%	14.0%	13.8%	5.6%	39.0%	129
$75,000 or more	28.7%	11.6%	14.5%	4.8%	40.4%	159

4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

Countryside Public Health	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	41.1%	27.0%	15.8%	13.1%	3.0%	945
Results by gender:						
Female	41.1%	27.0%	15.8%	13.1%	3.0%	945
Male	---	---	---	---	---	0
Results by age:						
18-34	54.6%	28.0%	10.6%	0.0%	6.8%	80
35-44	61.9%	24.8%	6.7%	4.2%	2.4%	73
45-54	43.8%	34.6%	13.2%	8.0%	0.4%	142
55-64	39.8%	29.3%	14.5%	16.3%	0.0%	222
65-74	30.5%	23.7%	28.1%	16.7%	0.9%	190
75+	11.3%	17.6%	25.9%	38.1%	7.0%	238
Results by education level:						
Less than HS diploma, no GED	41.9%	16.8%	8.6%	23.4%	9.3%	52
High school diploma or GED	32.6%	23.8%	22.6%	19.1%	2.0%	273
Some college, trade school, or Associate degree	40.4%	29.1%	15.1%	11.1%	4.3%	381
Bachelor's degree or higher	48.5%	27.9%	13.2%	9.7%	0.7%	227
Results by household income:						
Less than $20,000	27.9%	22.9%	16.3%	30.6%	2.3%	166
$20,000 - $34,999	42.4%	17.4%	22.3%	11.7%	6.1%	173
$35,000 - $49,999	32.4%	34.5%	20.2%	11.6%	1.2%	129
$50,000 - $74,999	47.7%	26.5%	14.0%	10.7%	1.2%	177
$75,000 or more	48.9%	31.1%	9.8%	7.3%	2.9%	199

All Survey Items (weighted data)

4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	Five or more years ago %	Never %	N (Unweighted)
Overall results from 2015	49.4%	12.1%	6.8%	5.6%	26.0%	996
Results by gender:						
Female	49.4%	12.1%	6.8%	5.6%	26.0%	996
Male	---	---	---	---	---	0
Results by age:						
18-34	6.6%	0.3%	3.8%	1.6%	87.7%	83
35-44	39.4%	6.9%	4.2%	3.7%	45.9%	71
45-54	68.7%	17.6%	6.8%	4.9%	1.9%	143
55-64	72.0%	11.6%	8.0%	6.1%	2.4%	229
65-74	71.4%	16.5%	5.8%	4.0%	2.2%	207
75+	48.2%	21.3%	12.0%	13.6%	5.0%	263
Results by education level:						
Less than HS diploma, no GED	51.7%	14.8%	8.0%	13.0%	12.5%	61
High school diploma or GED	60.8%	13.3%	6.0%	7.6%	12.3%	293
Some college, trade school, or Associate degree	47.1%	13.0%	8.0%	4.5%	27.5%	392
Bachelor's degree or higher	44.1%	9.1%	5.6%	4.3%	36.9%	237
Results by household income:						
Less than $20,000	46.5%	14.3%	9.8%	9.0%	20.4%	180
$20,000 - $34,999	45.4%	9.4%	9.3%	5.4%	30.5%	182
$35,000 - $49,999	46.5%	14.0%	8.8%	7.2%	23.6%	134
$50,000 - $74,999	47.6%	12.4%	3.7%	6.0%	30.3%	180
$75,000 or more	57.1%	10.6%	4.0%	1.5%	26.8%	209

All Survey Items (weighted data)

4M. When was the last time you had a GENERAL HEALTH EXAM?

Countryside Public Health	Within the past year %	Within the past 2 years %	Within the past 5 years %	5 or more years ago %	Never %	Missing, but answered Q5 %	N (Unweighted)
Overall results from 2015	68.5%	14.4%	7.0%	7.9%	1.1%	1.1%	1677
Results by gender:							
Female	76.1%	14.0%	4.5%	4.0%	0.6%	0.8%	1014
Male	60.6%	14.8%	9.6%	11.9%	1.6%	1.4%	663
Results by age:							
18-34	54.3%	14.5%	12.8%	17.4%	1.0%	0.0%	113
35-44	71.1%	16.0%	5.3%	6.2%	0.7%	0.7%	116
45-54	67.4%	18.5%	4.4%	6.2%	2.2%	1.3%	222
55-64	66.5%	14.5%	9.3%	7.1%	0.6%	2.1%	394
65-74	82.2%	10.3%	3.1%	2.8%	0.6%	1.1%	374
75+	80.0%	10.0%	4.2%	2.9%	1.3%	1.7%	458
Results by education level:							
Less than HS diploma, no GED	66.8%	15.1%	3.9%	4.3%	8.1%	1.9%	116
High school diploma or GED	70.5%	14.2%	5.1%	8.2%	0.7%	1.3%	503
Some college, trade school, or Associate degree	64.3%	15.1%	8.8%	9.9%	0.7%	1.2%	663
Bachelor's degree or higher	73.8%	13.5%	6.3%	4.9%	0.9%	0.6%	380
Results by household income:							
Less than $20,000	67.2%	12.8%	7.5%	8.7%	1.7%	2.1%	302
$20,000 - $34,999	63.9%	14.5%	6.9%	11.5%	1.7%	1.5%	291
$35,000 - $49,999	61.0%	17.6%	5.9%	12.8%	0.9%	1.9%	248
$50,000 - $74,999	74.0%	14.7%	6.6%	4.6%	0.0%	0.1%	315
$75,000 or more	69.2%	14.2%	8.1%	7.1%	0.9%	0.5%	374

5. If you have not had a general health exam within the past 1 or 2 years, why not?

Countryside Public Health	I could not get an appointment	I had transportation problems	I did not need one	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	0.6%	0.7%	53.5%	11.3%	11.3%	1.0%	21.7%	164
Results by gender:								
Female	1.8%	2.4%	54.9%	10.6%	7.7%	2.2%	20.3%	76
Male	0.1%	0.0%	52.9%	11.6%	12.7%	0.5%	22.2%	88
Results by age:								
18-34	---	---	---	---	---	---	---	23
35-44	---	---	---	---	---	---	---	12
45-54	---	---	---	---	---	---	---	27
55-64	2.9%	1.0%	63.1%	10.4%	8.3%	5.0%	9.4%	51
65-74	---	---	---	---	---	---	---	24
75+	---	---	---	---	---	---	---	27
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	16
High school diploma or GED	0.8%	0.0%	34.7%	17.2%	41.6%	2.0%	3.7%	41
Some college, trade school, or Associate degree	0.0%	1.3%	62.4%	12.1%	4.4%	0.9%	18.9%	72
Bachelor's degree or higher	0.0%	0.0%	45.8%	5.7%	2.3%	0.4%	45.8%	33
Results by household income:								
Less than $20,000	4.4%	2.3%	34.9%	7.3%	8.6%	3.1%	39.5%	39
$20,000 - $34,999	0.0%	2.0%	32.0%	15.8%	42.9%	2.5%	4.9%	31
$35,000 - $49,999	---	---	---	---	---	---	---	26
$50,000 - $74,999	---	---	---	---	---	---	---	26
$75,000 or more	0.0%	0.0%	70.9%	1.0%	0.0%	0.0%	28.1%	31

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	73.6%	26.4%	2351
Overall results from 2015	82.0%	18.0%	1672
Results by gender:			
Female	89.5%	10.5%	1013
Male	74.1%	25.9%	659
Results by age:			
18-34	67.0%	33.0%	110
35-44	76.9%	23.1%	117
45-54	86.8%	13.2%	217
55-64	80.4%	19.6%	398
65-74	94.8%	5.2%	375
75+	92.8%	7.2%	455
Results by education level:			
Less than HS diploma, no GED	90.4%	9.6%	119
High school diploma or GED	84.8%	15.2%	496
Some college, trade school, or Associate degree	76.7%	23.3%	665
Bachelor's degree or higher	86.8%	13.2%	378
Results by household income:			
Less than $20,000	86.2%	13.8%	298
$20,000 - $34,999	80.0%	20.0%	295
$35,000 - $49,999	83.3%	16.7%	248
$50,000 - $74,999	82.9%	17.1%	312
$75,000 or more	77.8%	22.2%	373

All Survey Items (weighted data)

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

Countryside Public Health	Physical activity %	Diet or nutrition %	Weight %	Smoking or other tobacco use %	Stress %	Mental health concerns %	None of the above %	N (Unweighted)
Overall results from 2010	61.8%	54.6%	50.1%	43.3%	0.0%	0.0%	20.7%	1882
Overall results from 2015	69.8%	54.1%	50.6%	46.4%	41.4%	35.9%	13.8%	1456
Results by gender:								
Female	71.7%	56.5%	53.9%	46.6%	47.4%	39.3%	14.2%	915
Male	67.3%	51.0%	46.4%	46.1%	33.8%	31.5%	13.4%	541
Results by age:								
18-34	74.9%	60.3%	49.7%	60.1%	51.8%	40.2%	9.5%	87
35-44	66.7%	53.2%	59.0%	50.9%	44.2%	47.7%	11.9%	90
45-54	68.5%	58.6%	56.3%	50.4%	47.6%	42.2%	12.0%	185
55-64	69.3%	54.9%	56.4%	46.2%	41.5%	34.6%	14.6%	321
65-74	71.6%	55.5%	47.2%	43.1%	30.8%	29.6%	15.0%	350
75+	67.5%	40.8%	34.4%	26.7%	29.6%	20.8%	20.1%	423
Results by education level:								
Less than HS diploma, no GED	50.7%	34.9%	34.7%	32.4%	30.5%	20.3%	17.7%	104
High school diploma or GED	67.0%	52.5%	48.4%	41.0%	35.2%	35.4%	14.1%	441
Some college, trade school, or Associate degree	72.4%	56.1%	53.6%	50.3%	45.2%	37.4%	12.3%	558
Bachelor's degree or higher	72.5%	56.9%	51.5%	48.2%	43.7%	37.4%	14.2%	342
Results by household income:								
Less than $20,000	58.4%	48.3%	50.6%	46.0%	44.9%	41.2%	13.9%	255
$20,000 - $34,999	65.4%	43.5%	44.1%	44.3%	39.2%	30.0%	18.7%	260
$35,000 - $49,999	73.3%	54.6%	47.5%	42.6%	36.2%	26.9%	14.9%	218
$50,000 - $74,999	72.2%	60.0%	54.9%	47.2%	43.3%	43.5%	13.7%	273
$75,000 or more	73.4%	55.6%	51.0%	50.1%	41.2%	34.5%	10.0%	316

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

| | Yes | No | N |
| | % | % | (Unweighted) |
Countryside Public Health			
Overall results from 2015	20.3%	79.7%	1657
Results by gender:			
Female	22.2%	77.8%	1002
Male	18.2%	81.8%	655
Results by age:			
18-34	22.2%	77.8%	112
35-44	23.3%	76.7%	117
45-54	26.8%	73.2%	216
55-64	19.9%	80.1%	397
65-74	12.7%	87.3%	367
75+	12.0%	88.0%	448
Results by education level:			
Less than HS diploma, no GED	30.4%	69.6%	114
High school diploma or GED	23.1%	76.9%	491
Some college, trade school, or Associate degree	17.8%	82.2%	658
Bachelor's degree or higher	19.9%	80.1%	379
Results by household income:			
Less than $20,000	30.2%	69.8%	296
$20,000 - $34,999	23.5%	76.5%	286
$35,000 - $49,999	25.4%	74.6%	248
$50,000 - $74,999	17.1%	82.9%	312
$75,000 or more	14.2%	85.8%	373

9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

Countryside Public Health	I could not get an appointment	I had transportation problems	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	8.3%	7.6%	42.4%	32.8%	15.5%	13.7%	18.0%	291
Results by gender:								
Female	7.5%	5.9%	43.2%	34.5%	18.9%	13.9%	14.8%	189
Male	9.4%	9.8%	41.4%	30.6%	10.9%	13.5%	22.2%	102
Results by age:								
18-34	---	---	---	---	---	---	---	29
35-44	---	---	---	---	---	---	---	28
45-54	4.9%	11.0%	25.5%	44.1%	15.3%	17.4%	16.7%	57
55-64	10.7%	0.0%	39.8%	47.6%	17.7%	17.9%	15.8%	79
65-74	8.8%	5.1%	57.8%	18.7%	9.8%	12.5%	11.7%	48
75+	3.5%	5.5%	71.7%	3.1%	0.0%	17.6%	8.6%	50
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	20
High school diploma or GED	10.0%	17.2%	37.1%	34.3%	26.6%	8.9%	10.5%	80
Some college, trade school, or Associate degree	4.3%	5.0%	46.9%	31.0%	14.0%	9.3%	17.4%	124
Bachelor's degree or higher	15.2%	0.6%	45.8%	38.5%	2.4%	21.9%	29.0%	64
Results by household income:								
Less than $20,000	13.9%	17.9%	24.9%	25.1%	23.4%	15.7%	19.1%	65
$20,000 - $34,999	2.0%	16.1%	42.6%	27.0%	30.3%	10.4%	8.3%	60
$35,000 - $49,999	8.2%	0.0%	51.7%	26.7%	17.4%	19.1%	16.5%	46
$50,000 - $74,999	16.5%	0.8%	38.6%	65.1%	7.8%	17.6%	17.7%	52
$75,000 or more	3.1%	0.0%	52.6%	24.1%	5.5%	7.6%	27.9%	50

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	18.5%	81.5%	1654
Results by gender:			
Female	20.8%	79.2%	996
Male	16.1%	83.9%	658
Results by age:			
18-34	20.5%	79.5%	110
35-44	20.5%	79.5%	116
45-54	23.2%	76.8%	216
55-64	17.8%	82.2%	400
65-74	13.3%	86.7%	371
75+	12.4%	87.6%	441
Results by education level:			
Less than HS diploma, no GED	27.2%	72.8%	113
High school diploma or GED	21.5%	78.5%	492
Some college, trade school, or Associate degree	19.3%	80.7%	662
Bachelor's degree or higher	13.3%	86.7%	372
Results by household income:			
Less than $20,000	30.3%	69.7%	292
$20,000 - $34,999	27.9%	72.1%	289
$35,000 - $49,999	24.8%	75.2%	244
$50,000 - $74,999	13.1%	86.9%	312
$75,000 or more	11.4%	88.6%	373

All Survey Items (weighted data)

11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

Countryside Public Health	I could not get an appointment %	I had transportation problems %	I was too nervous or afraid %	It cost too much %	I did not have insurance %	The dentist would not accept my insurance %	I did not know where to go %	Other reason %	N (Unweighted)
Overall results from 2015	4.8%	5.0%	9.9%	69.5%	46.9%	8.7%	12.8%	11.0%	269
Results by gender:									
Female	4.2%	6.0%	13.4%	64.7%	40.1%	9.7%	11.6%	14.1%	176
Male	5.6%	3.6%	5.2%	76.0%	56.0%	7.4%	14.5%	6.9%	93
Results by age:									
18-34	---	---	---	---	---	---	---	---	26
35-44	---	---	---	---	---	---	---	---	25
45-54	6.1%	6.9%	10.4%	71.9%	34.2%	8.1%	6.6%	8.7%	50
55-64	5.9%	2.8%	18.1%	75.9%	47.9%	3.1%	5.1%	4.6%	77
65-74	0.0%	0.0%	7.3%	72.9%	68.0%	2.7%	0.0%	12.5%	47
75+	0.0%	5.9%	13.0%	59.7%	37.1%	3.0%	10.6%	17.1%	44
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	14
High school diploma or GED	4.1%	3.8%	9.4%	72.6%	53.0%	15.1%	8.8%	7.5%	82
Some college, trade school, or Associate degree	3.6%	5.8%	12.4%	64.6%	47.6%	7.5%	15.8%	8.4%	122
Bachelor's degree or higher	9.0%	0.0%	6.0%	81.9%	37.6%	5.7%	8.5%	24.2%	51
Results by household income:									
Less than $20,000	5.6%	13.3%	12.8%	48.9%	35.5%	17.1%	17.9%	12.3%	82
$20,000 - $34,999	5.7%	3.7%	8.0%	73.7%	63.8%	12.1%	11.1%	12.9%	62
$35,000 - $49,999	0.7%	0.0%	4.7%	71.0%	50.1%	5.0%	5.0%	6.8%	40
$50,000 - $74,999	10.6%	0.0%	5.4%	76.9%	32.0%	7.4%	4.8%	18.7%	35
$75,000 or more	2.5%	0.0%	17.3%	81.4%	50.6%	0.0%	26.5%	4.7%	34

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Countryside Public Health	0 days %	1-9 days %	10-19 days %	20-29 days %	All 30 days %	N (Unweighted)
Overall results from 2015	59.6%	29.9%	6.4%	2.4%	1.8%	1502
Results by gender:						
Female	53.4%	35.7%	7.1%	3.1%	0.8%	910
Male	66.1%	23.7%	5.7%	1.6%	2.9%	592
Results by age:						
18-34	49.3%	38.9%	7.0%	2.7%	2.2%	110
35-44	45.7%	38.4%	13.9%	0.7%	1.3%	114
45-54	53.3%	32.0%	9.3%	3.4%	2.0%	208
55-64	62.3%	28.8%	2.8%	2.8%	3.3%	383
65-74	83.6%	11.1%	2.8%	1.8%	0.8%	339
75+	77.7%	19.6%	0.7%	1.8%	0.1%	348
Results by education level:						
Less than HS diploma, no GED	59.0%	19.0%	19.1%	2.4%	0.6%	82
High school diploma or GED	63.7%	24.1%	7.3%	1.9%	3.1%	424
Some college, trade school, or Associate degree	57.5%	32.0%	6.0%	3.0%	1.6%	633
Bachelor's degree or higher	59.4%	32.9%	4.7%	1.7%	1.4%	354
Results by household income:						
Less than $20,000	37.9%	42.5%	11.5%	3.5%	4.5%	241
$20,000 - $34,999	64.7%	23.8%	5.7%	4.9%	0.9%	266
$35,000 - $49,999	63.6%	29.8%	2.2%	1.1%	3.3%	220
$50,000 - $74,999	48.6%	38.9%	10.1%	0.6%	1.8%	302
$75,000 or more	71.2%	23.1%	3.0%	2.5%	0.3%	364

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	12.1%	87.9%	1654
Results by gender:			
Female	12.3%	87.7%	996
Male	11.9%	88.1%	658
Results by age:			
18-34	14.8%	85.2%	112
35-44	18.2%	81.8%	117
45-54	14.3%	85.7%	215
55-64	10.4%	89.6%	396
65-74	6.5%	93.5%	372
75+	6.1%	93.9%	442
Results by education level:			
Less than HS diploma, no GED	13.8%	86.2%	113
High school diploma or GED	13.0%	87.0%	486
Some college, trade school, or Associate degree	12.1%	87.9%	668
Bachelor's degree or higher	11.0%	89.0%	372
Results by household income:			
Less than $20,000	23.0%	77.0%	292
$20,000 - $34,999	11.9%	88.1%	291
$35,000 - $49,999	9.8%	90.2%	244
$50,000 - $74,999	13.9%	86.1%	310
$75,000 or more	7.3%	92.7%	374

All Survey Items (weighted data)

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

Countryside Public Health	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	%	
Overall results from 2015	7.6%	3.9%	27.4%	57.8%	25.9%	8.4%	6.0%	16.1%	19.0%	153
Results by gender:										
Female	9.6%	5.5%	32.5%	53.6%	26.0%	11.8%	3.5%	19.9%	14.1%	102
Male	5.3%	2.0%	21.6%	62.5%	25.8%	4.5%	8.8%	11.8%	24.6%	51
Results by age:										
18-34	---	---	---	---	---	---	---	---	---	18
35-44	---	---	---	---	---	---	---	---	---	21
45-54	---	---	---	---	---	---	---	---	---	28
55-64	17.0%	0.0%	5.8%	41.7%	53.5%	3.9%	26.1%	10.8%	10.5%	40
65-74	---	---	---	---	---	---	---	---	---	22
75+	---	---	---	---	---	---	---	---	---	24
Results by education level:										
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	9
High school diploma or GED	0.8%	0.0%	33.3%	41.1%	26.2%	11.7%	0.0%	26.2%	23.9%	41
Some college, trade school, or Associate degree	6.7%	8.7%	32.9%	67.8%	24.3%	8.0%	3.7%	16.0%	21.2%	68
Bachelor's degree or higher	18.7%	0.0%	17.7%	52.8%	33.1%	3.8%	18.5%	9.6%	13.7%	33
Results by household income:										
Less than $20,000	2.6%	5.2%	25.4%	50.1%	24.1%	11.4%	0.0%	16.6%	37.7%	41
$20,000 - $34,999	0.0%	0.0%	38.6%	43.0%	19.0%	19.7%	1.0%	29.1%	14.6%	33
$35,000 - $49,999	---	---	---	---	---	---	---	---	---	22
$50,000 - $74,999	---	---	---	---	---	---	---	---	---	25
$75,000 or more	---	---	---	---	---	---	---	---	---	23

15. In the past 6 months, which statement best describes medications prescribed for you?

Countryside Public Health	I had no medications prescribed for me %	I filled ALL of the prescriptions %	I DID NOT fill at least one of the prescriptions %	N (Unweighted)
Overall results from 2015	31.0%	65.1%	3.9%	1654
Results by gender:				
Female	25.4%	70.3%	4.3%	996
Male	36.9%	59.6%	3.5%	658
Results by age:				
18-34	51.6%	45.9%	2.5%	112
35-44	46.2%	50.1%	3.7%	117
45-54	25.7%	66.4%	7.9%	214
55-64	26.8%	69.7%	3.4%	396
65-74	14.3%	83.6%	2.1%	369
75+	12.4%	84.8%	2.7%	446
Results by education level:				
Less than HS diploma, no GED	7.5%	85.7%	6.8%	113
High school diploma or GED	23.7%	71.3%	5.0%	486
Some college, trade school, or Associate degree	36.4%	60.2%	3.4%	665
Bachelor's degree or higher	33.0%	63.7%	3.3%	375
Results by household income:				
Less than $20,000	16.3%	76.1%	7.5%	297
$20,000 - $34,999	27.8%	70.1%	2.1%	290
$35,000 - $49,999	39.2%	56.6%	4.3%	243
$50,000 - $74,999	29.9%	66.2%	3.9%	312
$75,000 or more	38.6%	57.8%	3.5%	372

All Survey Items (weighted data)

16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

Countryside Public Health	I did not have insurance %	It cost too much %	I do not like taking medications %	I did not think I needed the medication %	I did not know where to go %	I had transportation problems %	I did not like the side effects %	Other reason %	N (Unweighted)
Overall results from 2015	12.5%	39.1%	19.6%	20.6%	4.4%	13.3%	26.3%	22.2%	61
Results by gender:									
Female	14.2%	34.7%	30.4%	25.1%	1.1%	0.0%	28.1%	18.7%	35
Male	---	---	---	---	---	---	---	---	26
Results by age:									
18-34	---	---	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	---	---	5
45-54	---	---	---	---	---	---	---	---	16
55-64	---	---	---	---	---	---	---	---	18
65-74	---	---	---	---	---	---	---	---	6
75+	---	---	---	---	---	---	---	---	13
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	5
High school diploma or GED	---	---	---	---	---	---	---	---	22
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	23
Bachelor's degree or higher	---	---	---	---	---	---	---	---	11
Results by household income:									
Less than $20,000	---	---	---	---	---	---	---	---	16
$20,000 - $34,999	---	---	---	---	---	---	---	---	7
$35,000 - $49,999	---	---	---	---	---	---	---	---	11
$50,000 - $74,999	---	---	---	---	---	---	---	---	12
$75,000 or more	---	---	---	---	---	---	---	---	11

17A. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE THROUGH YOUR EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR SOMEONE ELSE'S EMPLOYER?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	50.6%	49.4%	1662
Results by gender:			
Female	50.0%	50.0%	1008
Male	51.3%	48.7%	654
Results by age:			
18-34	70.1%	29.9%	112
35-44	69.3%	30.7%	116
45-54	66.3%	33.7%	215
55-64	57.1%	42.9%	397
65-74	13.9%	86.1%	371
75+	4.9%	95.1%	451
Results by education level:			
Less than HS diploma, no GED	13.8%	86.2%	115
High school diploma or GED	31.5%	68.5%	491
Some college, trade school, or Associate degree	55.7%	44.3%	666
Bachelor's degree or higher	65.6%	34.4%	376
Results by household income:			
Less than $20,000	11.8%	88.2%	290
$20,000 - $34,999	25.8%	74.2%	292
$35,000 - $49,999	45.0%	55.0%	247
$50,000 - $74,999	69.3%	30.7%	310
$75,000 or more	71.9%	28.1%	375

17B. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	30.1%	69.9%	1662
Results by gender:			
Female	30.1%	69.9%	1008
Male	30.2%	69.8%	654
Results by age:			
18-34	14.7%	85.3%	112
35-44	16.8%	83.2%	116
45-54	21.5%	78.5%	215
55-64	27.7%	72.3%	397
65-74	50.7%	49.3%	371
75+	63.5%	36.5%	451
Results by education level:			
Less than HS diploma, no GED	40.6%	59.4%	115
High school diploma or GED	36.2%	63.8%	491
Some college, trade school, or Associate degree	29.0%	71.0%	666
Bachelor's degree or higher	24.2%	75.8%	376
Results by household income:			
Less than $20,000	23.1%	76.9%	290
$20,000 - $34,999	38.5%	61.5%	292
$35,000 - $49,999	36.6%	63.4%	247
$50,000 - $74,999	23.9%	76.1%	310
$75,000 or more	27.2%	72.8%	375

17C. Do you currently have the following type of health insurance: INDIAN OR TRIBAL HEALTH SERVICE?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	0.8%	99.2%	1662
Results by gender:			
Female	1.0%	99.0%	1008
Male	0.5%	99.5%	654
Results by age:			
18-34	0.0%	100.0%	112
35-44	0.0%	100.0%	116
45-54	0.6%	99.4%	215
55-64	0.8%	99.2%	397
65-74	0.5%	99.5%	371
75+	3.0%	97.0%	451
Results by education level:			
Less than HS diploma, no GED	2.2%	97.8%	115
High school diploma or GED	1.3%	98.7%	491
Some college, trade school, or Associate degree	0.6%	99.4%	666
Bachelor's degree or higher	0.4%	99.6%	376
Results by household income:			
Less than $20,000	1.1%	98.9%	290
$20,000 - $34,999	0.9%	99.1%	292
$35,000 - $49,999	1.4%	98.6%	247
$50,000 - $74,999	0.2%	99.8%	310
$75,000 or more	0.5%	99.5%	375

17D. Do you currently have the following type of health insurance: MEDICARE?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	28.3%	71.7%	1662
Results by gender:			
Female	30.5%	69.5%	1008
Male	26.0%	74.0%	654
Results by age:			
18-34	5.3%	94.7%	112
35-44	7.5%	92.5%	116
45-54	4.5%	95.5%	215
55-64	7.4%	92.6%	397
65-74	89.4%	10.6%	371
75+	90.7%	9.3%	451
Results by education level:			
Less than HS diploma, no GED	75.7%	24.3%	115
High school diploma or GED	48.4%	51.6%	491
Some college, trade school, or Associate degree	18.6%	81.4%	666
Bachelor's degree or higher	18.4%	81.6%	376
Results by household income:			
Less than $20,000	59.4%	40.6%	290
$20,000 - $34,999	42.1%	57.9%	292
$35,000 - $49,999	29.4%	70.6%	247
$50,000 - $74,999	19.0%	81.0%	310
$75,000 or more	11.3%	88.7%	375

17E. Do you currently have the following type of health insurance: MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL ASSISTANCE PROGRAM (PMAP)?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	7.9%	92.1%	1662
Results by gender:			
Female	10.1%	89.9%	1008
Male	5.6%	94.4%	654
Results by age:			
18-34	10.1%	89.9%	112
35-44	7.9%	92.1%	116
45-54	7.0%	93.0%	215
55-64	6.5%	93.5%	397
65-74	6.6%	93.4%	371
75+	8.7%	91.3%	451
Results by education level:			
Less than HS diploma, no GED	13.3%	86.7%	115
High school diploma or GED	9.2%	90.8%	491
Some college, trade school, or Associate degree	9.0%	91.0%	666
Bachelor's degree or higher	3.8%	96.2%	376
Results by household income:			
Less than $20,000	29.1%	70.9%	290
$20,000 - $34,999	11.6%	88.4%	292
$35,000 - $49,999	9.7%	90.3%	247
$50,000 - $74,999	2.0%	98.0%	310
$75,000 or more	1.0%	99.0%	375

17F. Do you currently have the following type of health insurance: MINNESOTACARE?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	6.0%	94.0%	1662
Results by gender:			
Female	5.3%	94.7%	1008
Male	6.7%	93.3%	654
Results by age:			
18-34	9.7%	90.3%	112
35-44	5.4%	94.6%	116
45-54	7.5%	92.5%	215
55-64	5.9%	94.1%	397
65-74	1.2%	98.8%	371
75+	2.9%	97.1%	451
Results by education level:			
Less than HS diploma, no GED	10.4%	89.6%	115
High school diploma or GED	9.2%	90.8%	491
Some college, trade school, or Associate degree	5.8%	94.2%	666
Bachelor's degree or higher	2.8%	97.2%	376
Results by household income:			
Less than $20,000	18.1%	81.9%	290
$20,000 - $34,999	13.3%	86.7%	292
$35,000 - $49,999	7.1%	92.9%	247
$50,000 - $74,999	0.8%	99.2%	310
$75,000 or more	1.6%	98.4%	375

17G. Do you currently have the following type of health insurance: MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	0.5%	99.5%	1662
Results by gender:			
Female	0.3%	99.7%	1008
Male	0.8%	99.2%	654
Results by age:			
18-34	0.0%	100.0%	112
35-44	0.0%	100.0%	116
45-54	0.6%	99.4%	215
55-64	0.6%	99.4%	397
65-74	0.6%	99.4%	371
75+	1.7%	98.3%	451
Results by education level:			
Less than HS diploma, no GED	0.7%	99.3%	115
High school diploma or GED	1.0%	99.0%	491
Some college, trade school, or Associate degree	0.5%	99.5%	666
Bachelor's degree or higher	0.0%	100.0%	376
Results by household income:			
Less than $20,000	1.1%	98.9%	290
$20,000 - $34,999	1.4%	98.6%	292
$35,000 - $49,999	0.0%	100.0%	247
$50,000 - $74,999	0.2%	99.8%	310
$75,000 or more	0.0%	100.0%	375

17H. Do you currently have the following type of health insurance: CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	4.2%	95.8%	1662
Results by gender:			
Female	2.2%	97.8%	1008
Male	6.2%	93.8%	654
Results by age:			
18-34	0.9%	99.1%	112
35-44	1.9%	98.1%	116
45-54	3.6%	96.4%	215
55-64	1.8%	98.2%	397
65-74	10.0%	90.0%	371
75+	10.0%	90.0%	451
Results by education level:			
Less than HS diploma, no GED	3.8%	96.2%	115
High school diploma or GED	5.3%	94.7%	491
Some college, trade school, or Associate degree	4.0%	96.0%	666
Bachelor's degree or higher	3.6%	96.4%	376
Results by household income:			
Less than $20,000	4.1%	95.9%	290
$20,000 - $34,999	6.6%	93.4%	292
$35,000 - $49,999	5.3%	94.7%	247
$50,000 - $74,999	3.9%	96.1%	310
$75,000 or more	3.3%	96.7%	375

17l. Do you currently have the following type of health insurance: OTHER HEALTH INSURANCE COVERAGE?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	9.6%	90.4%	1662
Results by gender:			
Female	11.1%	88.9%	1008
Male	7.9%	92.1%	654
Results by age:			
18-34	1.6%	98.4%	112
35-44	2.3%	97.7%	116
45-54	2.6%	97.4%	215
55-64	4.1%	95.9%	397
65-74	27.0%	73.0%	371
75+	30.2%	69.8%	451
Results by education level:			
Less than HS diploma, no GED	21.6%	78.4%	115
High school diploma or GED	15.7%	84.3%	491
Some college, trade school, or Associate degree	7.2%	92.8%	666
Bachelor's degree or higher	5.8%	94.2%	376
Results by household income:			
Less than $20,000	16.6%	83.4%	290
$20,000 - $34,999	13.3%	86.7%	292
$35,000 - $49,999	10.1%	89.9%	247
$50,000 - $74,999	5.1%	94.9%	310
$75,000 or more	5.6%	94.4%	375

17J. Do you currently have the following type of health insurance: NO HEALTH INSURANCE COVERAGE?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2015	1.4%	98.6%	1662
Results by gender:			
Female	1.7%	98.3%	1008
Male	1.1%	98.9%	654
Results by age:			
18-34	1.9%	98.1%	112
35-44	3.7%	96.3%	116
45-54	1.3%	98.7%	215
55-64	1.2%	98.8%	397
65-74	0.0%	100.0%	371
75+	0.0%	100.0%	451
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	115
High school diploma or GED	2.8%	97.2%	491
Some college, trade school, or Associate degree	1.0%	99.0%	666
Bachelor's degree or higher	1.1%	98.9%	376
Results by household income:			
Less than $20,000	2.2%	97.8%	290
$20,000 - $34,999	3.1%	96.9%	292
$35,000 - $49,999	2.8%	97.2%	247
$50,000 - $74,999	1.1%	98.9%	310
$75,000 or more	0.2%	99.8%	375

Current health insurance status

Countryside Public Health	Currently insured %	Currently uninsured %	N (Unweighted)
Overall results from 2015	98.6%	1.4%	1662
Results by gender:			
Female	98.3%	1.7%	1008
Male	98.9%	1.1%	654
Results by age:			
18-34	98.1%	1.9%	112
35-44	96.3%	3.7%	116
45-54	98.7%	1.3%	215
55-64	98.8%	1.2%	397
65-74	100.0%	0.0%	371
75+	100.0%	0.0%	451
Results by education level:			
Less than HS diploma, no GED	100.0%	0.0%	115
High school diploma or GED	97.2%	2.8%	491
Some college, trade school, or Associate degree	99.0%	1.0%	666
Bachelor's degree or higher	98.9%	1.1%	376
Results by household income:			
Less than $20,000	97.8%	2.2%	290
$20,000 - $34,999	96.9%	3.1%	292
$35,000 - $49,999	97.2%	2.8%	247
$50,000 - $74,999	98.9%	1.1%	310
$75,000 or more	99.8%	0.2%	375

18. Do you consider yourself:

Countryside Public Health	Overweight %	About the right weight %	Underweight %	N (Unweighted)
Overall results from 2010	48.9%	49.1%	1.9%	2366
Overall results from 2015	45.0%	53.4%	1.6%	1661
Results by gender:				
Female	50.4%	47.5%	2.2%	999
Male	39.4%	59.6%	1.0%	662
Results by age:				
18-34	33.2%	64.8%	2.0%	111
35-44	43.2%	56.8%	0.0%	116
45-54	58.5%	41.3%	0.2%	216
55-64	53.3%	44.3%	2.4%	396
65-74	48.6%	50.8%	0.6%	369
75+	32.6%	63.4%	4.0%	453
Results by education level:				
Less than HS diploma, no GED	38.6%	52.6%	8.8%	116
High school diploma or GED	49.3%	48.1%	2.6%	492
Some college, trade school, or Associate degree	48.0%	51.6%	0.4%	663
Bachelor's degree or higher	37.2%	61.4%	1.4%	375
Results by household income:				
Less than $20,000	51.3%	44.3%	4.3%	292
$20,000 - $34,999	55.2%	44.1%	0.7%	294
$35,000 - $49,999	42.2%	57.2%	0.6%	244
$50,000 - $74,999	38.6%	60.1%	1.3%	310
$75,000 or more	43.0%	56.9%	0.1%	375

19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

Countryside Public Health	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	24.9%	56.0%	17.0%	2.1%	1634
Results by gender:					
Female	20.2%	57.3%	19.9%	2.6%	990
Male	29.8%	54.6%	14.0%	1.6%	644
Results by age:					
18-34	27.3%	50.8%	20.3%	1.5%	111
35-44	25.0%	59.1%	14.7%	1.2%	117
45-54	34.1%	49.9%	12.7%	3.3%	216
55-64	23.2%	54.6%	19.8%	2.4%	396
65-74	20.6%	63.4%	14.5%	1.5%	365
75+	13.8%	65.1%	18.8%	2.3%	429
Results by education level:					
Less than HS diploma, no GED	33.9%	57.1%	5.0%	4.0%	108
High school diploma or GED	21.9%	61.5%	15.2%	1.4%	480
Some college, trade school, or Associate degree	31.1%	51.0%	15.3%	2.7%	661
Bachelor's degree or higher	15.7%	59.2%	23.6%	1.5%	371
Results by household income:					
Less than $20,000	40.1%	52.2%	7.3%	0.5%	281
$20,000 - $34,999	21.7%	62.2%	13.4%	2.7%	288
$35,000 - $49,999	20.5%	58.6%	18.9%	2.0%	243
$50,000 - $74,999	27.6%	53.0%	17.7%	1.7%	309
$75,000 or more	21.1%	55.2%	22.0%	1.7%	371

20. How many servings of 100% fruit juice did you have yesterday?

Countryside Public Health	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	58.4%	37.7%	2.3%	1.5%	1609
Results by gender:					
Female	62.5%	33.9%	1.6%	2.0%	976
Male	54.2%	41.6%	3.1%	1.1%	633
Results by age:					
18-34	58.5%	34.3%	5.6%	1.7%	112
35-44	69.2%	29.6%	0.5%	0.7%	116
45-54	64.8%	32.9%	1.1%	1.2%	217
55-64	61.0%	34.0%	2.3%	2.8%	390
65-74	52.7%	45.8%	1.3%	0.3%	362
75+	39.6%	56.4%	1.9%	2.0%	412
Results by education level:					
Less than HS diploma, no GED	46.7%	46.6%	1.2%	5.5%	101
High school diploma or GED	54.9%	40.7%	2.2%	2.2%	467
Some college, trade school, or Associate degree	57.2%	38.6%	3.1%	1.1%	656
Bachelor's degree or higher	65.8%	31.7%	1.4%	1.1%	372
Results by household income:					
Less than $20,000	53.3%	39.0%	6.6%	1.2%	279
$20,000 - $34,999	60.2%	38.2%	0.7%	1.0%	282
$35,000 - $49,999	50.9%	42.7%	5.0%	1.4%	240
$50,000 - $74,999	53.9%	41.5%	1.2%	3.4%	311
$75,000 or more	70.6%	28.7%	0.7%	0.1%	365

How many combined servings of fruit and 100% fruit juice did you have yesterday?

Countryside Public Health	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2015	16.4%	49.4%	26.9%	7.2%	1598
Results by gender:					
Female	12.8%	49.6%	30.1%	7.5%	971
Male	20.3%	49.2%	23.6%	6.9%	627
Results by age:					
18-34	15.3%	46.0%	29.2%	9.6%	111
35-44	18.6%	51.2%	27.7%	2.4%	116
45-54	24.7%	48.6%	21.4%	5.2%	216
55-64	14.0%	53.3%	23.1%	9.6%	390
65-74	13.3%	55.1%	26.9%	4.6%	360
75+	9.6%	44.0%	36.1%	10.3%	405
Results by education level:					
Less than HS diploma, no GED	25.8%	39.6%	23.2%	11.5%	100
High school diploma or GED	16.9%	49.7%	26.5%	6.9%	465
Some college, trade school, or Associate degree	19.3%	49.2%	23.3%	8.2%	653
Bachelor's degree or higher	9.8%	51.3%	33.7%	5.2%	368
Results by household income:					
Less than $20,000	29.4%	38.3%	26.7%	5.6%	275
$20,000 - $34,999	13.5%	55.3%	24.7%	6.5%	281
$35,000 - $49,999	11.4%	48.1%	33.2%	7.3%	238
$50,000 - $74,999	16.4%	50.1%	22.7%	10.8%	308
$75,000 or more	15.9%	52.3%	28.3%	3.5%	364

21. How many servings of vegetables did you have yesterday?

Countryside Public Health	0 servings %	1-2 servings %	3-4 servings %	5 or more servings %	N (Unweighted)
Overall results from 2010	12.6%	66.7%	17.4%	3.2%	2372
Overall results from 2015	13.2%	61.9%	21.4%	3.5%	1611
Results by gender:					
Female	11.3%	59.0%	24.8%	4.8%	969
Male	15.2%	64.9%	17.9%	2.1%	642
Results by age:					
18-34	8.9%	61.7%	23.5%	5.9%	110
35-44	14.1%	58.4%	24.7%	2.8%	116
45-54	22.1%	52.1%	22.4%	3.4%	217
55-64	12.8%	63.9%	19.6%	3.7%	392
65-74	10.3%	71.8%	15.8%	2.1%	360
75+	9.0%	69.1%	20.5%	1.4%	416
Results by education level:					
Less than HS diploma, no GED	15.9%	65.6%	16.9%	1.6%	106
High school diploma or GED	19.7%	61.7%	16.6%	2.0%	470
Some college, trade school, or Associate degree	11.6%	64.8%	20.2%	3.4%	653
Bachelor's degree or higher	10.2%	56.0%	28.6%	5.3%	368
Results by household income:					
Less than $20,000	18.8%	62.9%	16.1%	2.1%	275
$20,000 - $34,999	13.8%	66.3%	18.4%	1.5%	279
$35,000 - $49,999	12.7%	62.5%	22.5%	2.2%	246
$50,000 - $74,999	11.1%	64.3%	18.3%	6.3%	309
$75,000 or more	11.0%	57.2%	28.1%	3.7%	367

All Survey Items (weighted data)

How many combined servings of fruit (including fruit juice) and vegetables did you have yesterday?

Countryside Public Health	0 servings %	1-2 servings %	3-4 servings %	5-9 servings %	10 or more servings %	N (Unweighted)
Overall results from 2015	4.5%	25.3%	32.9%	34.4%	2.8%	1575
Results by gender:						
Female	3.0%	21.4%	33.8%	38.8%	3.1%	952
Male	6.0%	29.4%	32.0%	30.0%	2.6%	623
Results by age:						
18-34	1.5%	20.3%	35.9%	37.9%	4.3%	109
35-44	5.4%	27.6%	29.1%	36.0%	2.0%	116
45-54	10.0%	30.4%	25.0%	32.6%	2.0%	215
55-64	4.1%	27.4%	34.3%	30.9%	3.3%	387
65-74	2.8%	25.7%	40.6%	29.2%	1.7%	357
75+	1.8%	20.0%	35.8%	39.6%	2.8%	391
Results by education level:						
Less than HS diploma, no GED	11.2%	27.9%	24.2%	29.8%	6.9%	99
High school diploma or GED	7.3%	25.1%	34.8%	29.9%	2.9%	457
Some college, trade school, or Associate degree	4.0%	26.8%	35.2%	31.3%	2.6%	644
Bachelor's degree or higher	1.8%	22.7%	28.9%	44.2%	2.4%	363
Results by household income:						
Less than $20,000	13.5%	25.9%	26.8%	32.7%	1.1%	270
$20,000 - $34,999	4.3%	26.4%	37.1%	29.9%	2.3%	274
$35,000 - $49,999	2.6%	26.3%	27.0%	42.1%	1.9%	237
$50,000 - $74,999	3.2%	24.7%	36.7%	30.1%	5.3%	305
$75,000 or more	3.1%	26.3%	32.1%	37.4%	1.1%	361

22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

Countryside Public Health	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
	%	%	%	%	%	(Unweighted)
Overall results from 2010	27.4%	58.9%	11.7%	1.9%	0.2%	2331
Overall results from 2015	35.3%	55.6%	7.7%	1.0%	0.3%	1649
Results by gender:						
Female	40.8%	51.8%	7.1%	0.3%	0.0%	997
Male	29.5%	59.6%	8.3%	1.8%	0.7%	652
Results by age:						
18-34	29.5%	60.2%	9.7%	0.6%	0.0%	112
35-44	37.2%	57.3%	4.5%	1.1%	0.0%	117
45-54	38.2%	52.0%	7.6%	2.1%	0.0%	215
55-64	36.6%	52.3%	8.6%	0.8%	1.6%	398
65-74	40.4%	52.1%	6.3%	1.1%	0.0%	367
75+	32.0%	59.2%	8.0%	0.5%	0.3%	440
Results by education level:						
Less than HS diploma, no GED	37.5%	51.2%	6.9%	4.4%	0.0%	112
High school diploma or GED	35.7%	54.7%	8.3%	1.3%	0.0%	486
Some college, trade school, or Associate degree	35.1%	57.4%	6.9%	0.6%	0.1%	661
Bachelor's degree or higher	34.9%	54.2%	8.7%	1.0%	1.1%	374
Results by household income:						
Less than $20,000	37.3%	48.6%	12.1%	1.6%	0.3%	293
$20,000 - $34,999	37.1%	55.2%	7.3%	0.4%	0.0%	285
$35,000 - $49,999	37.0%	56.9%	5.3%	0.9%	0.0%	245
$50,000 - $74,999	34.4%	54.9%	8.0%	1.3%	1.3%	309
$75,000 or more	34.9%	57.8%	6.8%	0.5%	0.0%	373

22B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday? (1 glass = 12 oz.)

Countryside Public Health	0 glasses %	1-2 glasses %	3-4 glasses %	5-6 glasses %	7 or more glasses %	N (Unweighted)
Overall results from 2010	64.9%	25.3%	7.4%	1.9%	0.5%	2172
Overall results from 2015	68.4%	25.9%	4.1%	1.3%	0.2%	1543
Results by gender:						
Female	77.3%	20.0%	2.2%	0.5%	0.0%	929
Male	59.3%	31.9%	6.1%	2.2%	0.4%	614
Results by age:						
18-34	55.9%	33.3%	8.3%	2.5%	0.0%	109
35-44	59.8%	37.3%	2.9%	0.0%	0.0%	116
45-54	66.5%	25.9%	4.3%	2.4%	0.8%	212
55-64	76.0%	18.3%	4.2%	1.5%	0.0%	380
65-74	77.0%	20.7%	2.0%	0.0%	0.4%	338
75+	83.9%	16.0%	0.1%	0.0%	0.0%	388
Results by education level:						
Less than HS diploma, no GED	54.6%	29.2%	13.5%	2.6%	0.0%	89
High school diploma or GED	63.9%	26.6%	7.1%	2.4%	0.0%	456
Some college, trade school, or Associate degree	67.7%	27.7%	3.3%	1.3%	0.0%	624
Bachelor's degree or higher	75.2%	22.0%	1.6%	0.3%	0.8%	359
Results by household income:						
Less than $20,000	59.0%	28.0%	12.2%	0.7%	0.0%	264
$20,000 - $34,999	61.4%	25.4%	9.4%	2.6%	1.2%	271
$35,000 - $49,999	65.8%	30.3%	2.9%	1.0%	0.0%	227
$50,000 - $74,999	71.0%	27.6%	0.5%	0.8%	0.0%	294
$75,000 or more	72.5%	23.5%	2.1%	1.8%	0.1%	359

22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

Countryside Public Health	0 glasses %	1-2 glasses %	3-4 glasses %	5-6 glasses %	7 or more glasses %	N (Unweighted)
Overall results from 2010	67.1%	25.0%	6.5%	1.0%	0.4%	2197
Overall results from 2015	76.6%	19.1%	3.3%	0.7%	0.3%	1520
Results by gender:						
Female	74.5%	21.4%	3.6%	0.1%	0.3%	933
Male	78.9%	16.6%	2.9%	1.4%	0.3%	587
Results by age:						
18-34	84.6%	13.3%	2.1%	0.0%	0.0%	110
35-44	69.2%	22.3%	5.9%	2.5%	0.0%	112
45-54	73.4%	20.6%	4.6%	0.6%	0.8%	207
55-64	72.5%	22.5%	3.8%	1.0%	0.2%	371
65-74	75.2%	21.7%	2.3%	0.4%	0.4%	331
75+	82.5%	16.4%	0.6%	0.2%	0.4%	389
Results by education level:						
Less than HS diploma, no GED	77.0%	11.6%	7.4%	4.1%	0.0%	93
High school diploma or GED	83.1%	12.6%	3.5%	0.8%	0.0%	446
Some college, trade school, or Associate degree	74.1%	22.3%	2.3%	0.8%	0.5%	614
Bachelor's degree or higher	75.2%	20.5%	4.0%	0.0%	0.2%	353
Results by household income:						
Less than $20,000	81.6%	12.5%	3.8%	1.8%	0.4%	259
$20,000 - $34,999	81.1%	16.1%	2.8%	0.0%	0.0%	272
$35,000 - $49,999	81.0%	14.7%	3.6%	0.7%	0.0%	223
$50,000 - $74,999	72.8%	20.6%	4.2%	1.7%	0.7%	283
$75,000 or more	73.2%	23.9%	2.6%	0.0%	0.3%	348

22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

Countryside Public Health	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
	%	%	%	%	%	(Unweighted)
Overall results from 2010	92.3%	6.2%	1.4%	0.1%	0.0%	2174
Overall results from 2015	90.3%	8.7%	0.8%	0.0%	0.2%	1539
Results by gender:						
Female	95.3%	4.2%	0.5%	0.0%	0.0%	936
Male	85.1%	13.4%	1.1%	0.0%	0.4%	603
Results by age:						
18-34	78.5%	20.2%	1.3%	0.0%	0.0%	111
35-44	92.2%	6.6%	0.0%	0.0%	1.3%	114
45-54	90.5%	8.2%	1.3%	0.0%	0.0%	210
55-64	95.5%	3.9%	0.6%	0.0%	0.0%	378
65-74	95.2%	3.8%	0.9%	0.0%	0.0%	337
75+	96.7%	3.0%	0.2%	0.0%	0.0%	389
Results by education level:						
Less than HS diploma, no GED	85.3%	10.4%	0.3%	0.0%	4.0%	93
High school diploma or GED	93.9%	5.0%	1.1%	0.0%	0.0%	443
Some college, trade school, or Associate degree	86.8%	12.2%	1.1%	0.0%	0.0%	633
Bachelor's degree or higher	94.3%	5.5%	0.1%	0.0%	0.0%	355
Results by household income:						
Less than $20,000	89.2%	8.2%	1.3%	0.0%	1.4%	260
$20,000 - $34,999	92.8%	6.5%	0.8%	0.0%	0.0%	266
$35,000 - $49,999	93.0%	6.9%	0.1%	0.0%	0.0%	232
$50,000 - $74,999	86.7%	11.1%	2.1%	0.0%	0.0%	288
$75,000 or more	90.9%	9.0%	0.1%	0.0%	0.0%	358

23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

Countryside Public Health	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2010	44.8%	48.5%	5.4%	0.9%	0.3%	2296
Overall results from 2015	47.3%	46.3%	5.6%	0.9%	0.0%	1619
Results by gender:						
Female	51.6%	44.4%	3.3%	0.7%	0.0%	977
Male	42.7%	48.3%	8.0%	1.0%	0.0%	642
Results by age:						
18-34	38.9%	52.7%	8.3%	0.0%	0.0%	112
35-44	37.7%	57.3%	5.0%	0.0%	0.0%	117
45-54	44.4%	46.5%	8.6%	0.5%	0.0%	215
55-64	55.1%	39.3%	2.9%	2.6%	0.1%	388
65-74	54.6%	43.3%	1.5%	0.5%	0.0%	360
75+	57.8%	36.6%	4.0%	1.6%	0.0%	427
Results by education level:						
Less than HS diploma, no GED	45.4%	43.9%	10.3%	0.3%	0.0%	102
High school diploma or GED	49.0%	42.3%	7.7%	0.9%	0.1%	478
Some college, trade school, or Associate degree	45.7%	48.0%	5.4%	0.9%	0.0%	655
Bachelor's degree or higher	48.3%	47.5%	3.4%	0.8%	0.0%	371
Results by household income:						
Less than $20,000	49.2%	44.7%	5.0%	1.0%	0.1%	287
$20,000 - $34,999	45.6%	41.0%	12.4%	1.0%	0.0%	284
$35,000 - $49,999	49.0%	43.6%	5.1%	2.3%	0.0%	244
$50,000 - $74,999	44.3%	50.1%	5.3%	0.3%	0.0%	300
$75,000 or more	46.1%	49.5%	3.8%	0.7%	0.0%	367

23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?

Countryside Public Health	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2010	45.7%	49.9%	3.3%	0.8%	0.3%	2305
Overall results from 2015	42.4%	53.9%	3.0%	0.7%	0.0%	1610
Results by gender:						
Female	47.3%	50.4%	2.1%	0.3%	0.0%	970
Male	37.2%	57.5%	4.0%	1.2%	0.1%	640
Results by age:						
18-34	40.7%	55.6%	3.6%	0.0%	0.0%	111
35-44	44.5%	53.9%	1.0%	0.7%	0.0%	115
45-54	43.7%	53.9%	1.3%	1.0%	0.0%	212
55-64	42.1%	52.3%	5.0%	0.6%	0.0%	387
65-74	35.0%	61.0%	3.5%	0.4%	0.2%	358
75+	47.2%	47.2%	3.5%	2.0%	0.1%	427
Results by education level:						
Less than HS diploma, no GED	37.6%	50.8%	9.1%	2.2%	0.3%	107
High school diploma or GED	47.4%	50.6%	0.9%	1.0%	0.0%	470
Some college, trade school, or Associate degree	43.0%	52.0%	4.0%	0.9%	0.1%	649
Bachelor's degree or higher	37.9%	60.1%	2.0%	0.1%	0.0%	369
Results by household income:						
Less than $20,000	49.8%	45.3%	4.9%	0.0%	0.0%	281
$20,000 - $34,999	53.7%	41.9%	2.4%	2.0%	0.2%	283
$35,000 - $49,999	50.9%	46.0%	2.6%	0.4%	0.1%	239
$50,000 - $74,999	35.9%	58.7%	4.2%	1.3%	0.0%	302
$75,000 or more	34.0%	63.5%	2.2%	0.3%	0.0%	365

23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?

Countryside Public Health	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	98.2%	1.0%	0.2%	0.4%	0.2%	1561
Results by gender:						
Female	97.9%	1.2%	0.1%	0.6%	0.2%	943
Male	98.6%	0.7%	0.4%	0.2%	0.2%	618
Results by age:						
18-34	99.0%	1.0%	0.0%	0.0%	0.0%	111
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	115
45-54	98.9%	0.6%	0.5%	0.0%	0.0%	214
55-64	99.2%	0.0%	0.4%	0.4%	0.0%	379
65-74	98.2%	1.0%	0.1%	0.3%	0.4%	347
75+	92.7%	3.8%	0.4%	2.1%	1.0%	395
Results by education level:						
Less than HS diploma, no GED	86.7%	6.2%	1.3%	4.1%	1.7%	90
High school diploma or GED	96.7%	1.9%	0.6%	0.4%	0.3%	456
Some college, trade school, or Associate degree	99.5%	0.3%	0.0%	0.3%	0.0%	638
Bachelor's degree or higher	99.1%	0.6%	0.2%	0.0%	0.1%	364
Results by household income:						
Less than $20,000	94.0%	2.8%	0.7%	1.5%	1.1%	271
$20,000 - $34,999	97.9%	0.7%	0.7%	0.6%	0.0%	277
$35,000 - $49,999	97.8%	1.5%	0.0%	0.7%	0.0%	233
$50,000 - $74,999	99.7%	0.3%	0.0%	0.0%	0.0%	288
$75,000 or more	99.7%	0.1%	0.2%	0.0%	0.1%	360

23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?

Countryside Public Health	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	96.6%	1.4%	0.4%	1.1%	0.5%	1579
Results by gender:						
Female	95.3%	2.2%	0.6%	1.1%	0.8%	955
Male	97.9%	0.6%	0.2%	1.1%	0.2%	624
Results by age:						
18-34	99.0%	0.0%	0.0%	0.0%	1.0%	112
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	116
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	212
55-64	98.8%	0.1%	0.1%	1.0%	0.0%	376
65-74	97.4%	1.3%	0.3%	1.0%	0.1%	350
75+	80.7%	8.8%	2.8%	5.8%	1.9%	413
Results by education level:						
Less than HS diploma, no GED	88.5%	5.8%	1.5%	2.6%	1.6%	98
High school diploma or GED	92.4%	2.8%	1.1%	2.3%	1.4%	463
Some college, trade school, or Associate degree	98.2%	0.7%	0.3%	0.7%	0.2%	640
Bachelor's degree or higher	98.8%	0.6%	0.0%	0.5%	0.1%	366
Results by household income:						
Less than $20,000	90.9%	2.5%	1.2%	2.5%	2.9%	275
$20,000 - $34,999	94.8%	2.6%	0.8%	1.6%	0.2%	276
$35,000 - $49,999	95.0%	2.1%	0.5%	1.9%	0.4%	236
$50,000 - $74,999	98.9%	0.4%	0.1%	0.4%	0.1%	292
$75,000 or more	99.6%	0.1%	0.0%	0.3%	0.0%	363

23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

Countryside Public Health	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2015	93.4%	5.0%	0.4%	0.7%	0.4%	1540
Results by gender:						
Female	92.9%	5.6%	0.3%	1.1%	0.2%	932
Male	94.0%	4.4%	0.6%	0.4%	0.6%	608
Results by age:						
18-34	97.8%	2.2%	0.0%	0.0%	0.0%	110
35-44	93.8%	5.0%	1.2%	0.0%	0.0%	115
45-54	94.3%	4.3%	0.1%	1.0%	0.4%	209
55-64	95.0%	3.2%	0.2%	0.4%	1.2%	376
65-74	89.7%	8.6%	0.3%	0.9%	0.4%	339
75+	85.3%	10.2%	1.3%	2.7%	0.6%	391
Results by education level:						
Less than HS diploma, no GED	84.1%	10.1%	0.0%	4.7%	1.1%	92
High school diploma or GED	92.1%	5.2%	1.0%	0.7%	1.0%	446
Some college, trade school, or Associate degree	94.4%	4.4%	0.4%	0.5%	0.3%	627
Bachelor's degree or higher	94.2%	5.1%	0.1%	0.6%	0.0%	364
Results by household income:						
Less than $20,000	89.4%	8.5%	0.6%	0.1%	1.3%	260
$20,000 - $34,999	90.9%	6.6%	0.9%	1.5%	0.1%	276
$35,000 - $49,999	95.2%	3.8%	0.4%	0.2%	0.5%	232
$50,000 - $74,999	94.8%	3.8%	0.8%	0.1%	0.6%	290
$75,000 or more	95.0%	3.9%	0.0%	1.0%	0.1%	355

All Survey Items (weighted data)

23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

Countryside Public Health	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2010	1.3%	7.4%	17.4%	35.7%	38.2%	2341
Overall results from 2015	1.6%	5.1%	12.8%	33.5%	47.0%	1636
Results by gender:						
Female	1.1%	5.6%	14.2%	29.9%	49.2%	983
Male	2.1%	4.6%	11.3%	37.3%	44.8%	653
Results by age:						
18-34	0.0%	0.4%	12.0%	49.7%	38.0%	111
35-44	0.0%	3.6%	13.2%	35.2%	48.0%	117
45-54	3.4%	6.0%	16.6%	29.7%	44.2%	216
55-64	0.8%	4.8%	10.6%	27.6%	56.2%	392
65-74	0.5%	4.9%	10.3%	29.0%	55.4%	365
75+	4.8%	12.8%	13.0%	23.9%	45.5%	435
Results by education level:						
Less than HS diploma, no GED	4.2%	11.1%	9.2%	35.8%	39.8%	110
High school diploma or GED	3.4%	9.9%	11.7%	27.2%	47.9%	486
Some college, trade school, or Associate degree	1.0%	3.3%	14.3%	36.1%	45.3%	652
Bachelor's degree or higher	0.5%	2.8%	12.0%	34.3%	50.4%	374
Results by household income:						
Less than $20,000	3.8%	10.4%	18.4%	29.3%	38.1%	288
$20,000 - $34,999	1.4%	6.3%	18.2%	25.1%	49.0%	284
$35,000 - $49,999	1.7%	4.8%	6.0%	36.2%	51.3%	243
$50,000 - $74,999	0.1%	3.9%	14.1%	37.4%	44.6%	310
$75,000 or more	0.9%	2.8%	10.8%	36.6%	48.9%	367

23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

Countryside Public Health	0 times %	1-2 times %	3-4 times %	5-6 times %	7 or more times %	N (Unweighted)
Overall results from 2010	27.4%	24.9%	16.8%	16.7%	14.3%	2303
Overall results from 2015	27.1%	25.6%	17.1%	14.6%	15.7%	1637
Results by gender:						
Female	28.1%	25.4%	17.3%	12.6%	16.5%	983
Male	26.1%	25.7%	16.9%	16.5%	14.8%	654
Results by age:						
18-34	32.4%	24.1%	10.4%	16.5%	16.5%	111
35-44	32.2%	33.1%	13.2%	12.6%	8.9%	117
45-54	19.6%	28.7%	20.4%	14.1%	17.1%	217
55-64	17.4%	22.7%	23.0%	18.7%	18.2%	393
65-74	25.3%	22.2%	19.2%	15.3%	18.0%	361
75+	38.6%	22.3%	17.1%	8.3%	13.6%	438
Results by education level:						
Less than HS diploma, no GED	37.5%	22.6%	7.0%	6.8%	26.1%	106
High school diploma or GED	30.1%	22.5%	13.3%	14.9%	19.1%	481
Some college, trade school, or Associate degree	23.2%	26.0%	20.6%	13.4%	16.7%	662
Bachelor's degree or higher	29.3%	28.0%	16.3%	17.6%	8.9%	374
Results by household income:						
Less than $20,000	33.0%	18.3%	12.7%	13.5%	22.5%	280
$20,000 - $34,999	21.0%	21.3%	21.3%	13.6%	22.8%	290
$35,000 - $49,999	24.8%	23.4%	19.6%	12.7%	19.5%	245
$50,000 - $74,999	27.3%	24.4%	15.1%	21.1%	12.1%	308
$75,000 or more	26.9%	34.3%	17.6%	13.1%	8.2%	372

All Survey Items (weighted data)

24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	9.6%	15.4%	19.8%	36.7%	18.6%	1646
Results by gender:						
Female	9.1%	15.1%	22.3%	37.6%	15.9%	990
Male	10.1%	15.6%	17.2%	35.7%	21.4%	656
Results by age:						
18-34	10.4%	18.5%	20.8%	43.5%	6.9%	111
35-44	16.3%	17.4%	18.0%	27.3%	21.0%	113
45-54	8.0%	16.7%	22.0%	32.2%	21.2%	215
55-64	6.1%	13.3%	17.6%	37.8%	25.1%	398
65-74	6.0%	12.7%	19.1%	39.8%	22.3%	371
75+	11.5%	11.6%	20.1%	37.7%	19.1%	438
Results by education level:						
Less than HS diploma, no GED	11.3%	16.5%	23.0%	32.0%	17.2%	113
High school diploma or GED	7.8%	13.7%	21.5%	37.2%	19.8%	488
Some college, trade school, or Associate degree	10.6%	16.0%	21.2%	34.9%	17.3%	659
Bachelor's degree or higher	9.0%	15.6%	15.5%	40.0%	19.9%	371
Results by household income:						
Less than $20,000	14.0%	18.2%	24.9%	26.6%	16.2%	281
$20,000 - $34,999	10.7%	13.3%	17.3%	33.7%	25.0%	291
$35,000 - $49,999	7.7%	15.1%	15.9%	42.3%	19.0%	243
$50,000 - $74,999	10.0%	15.8%	23.6%	34.6%	15.9%	311
$75,000 or more	8.1%	15.0%	16.2%	42.1%	18.6%	370

All Survey Items (weighted data)

24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	20.5%	17.0%	15.1%	33.2%	14.2%	1569
Results by gender:						
Female	21.6%	15.4%	14.7%	33.2%	15.1%	943
Male	19.4%	18.8%	15.4%	33.2%	13.2%	626
Results by age:						
18-34	8.7%	27.7%	16.3%	40.7%	6.5%	112
35-44	10.3%	16.1%	16.4%	39.8%	17.5%	114
45-54	17.9%	14.8%	16.2%	36.9%	14.2%	213
55-64	24.6%	12.5%	13.5%	27.4%	22.0%	384
65-74	33.8%	14.1%	13.6%	23.4%	15.1%	356
75+	37.6%	12.4%	13.3%	24.6%	12.1%	390
Results by education level:						
Less than HS diploma, no GED	21.9%	21.0%	14.9%	35.0%	7.1%	93
High school diploma or GED	25.2%	12.1%	15.9%	33.2%	13.6%	458
Some college, trade school, or Associate degree	20.5%	18.0%	14.5%	31.7%	15.2%	638
Bachelor's degree or higher	15.6%	18.9%	15.5%	35.9%	14.2%	366
Results by household income:						
Less than $20,000	17.3%	29.3%	15.1%	28.1%	10.2%	261
$20,000 - $34,999	29.8%	16.1%	9.8%	33.6%	10.7%	282
$35,000 - $49,999	20.5%	13.4%	18.1%	33.4%	14.6%	231
$50,000 - $74,999	16.0%	21.0%	14.6%	33.2%	15.1%	306
$75,000 or more	19.2%	12.3%	15.7%	34.7%	18.0%	359

24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	59.0%	19.9%	8.4%	8.9%	3.8%	1523
Results by gender:						
Female	66.7%	16.2%	8.0%	6.5%	2.7%	912
Male	51.3%	23.6%	8.8%	11.5%	4.8%	611
Results by age:						
18-34	42.1%	29.9%	13.8%	12.2%	2.0%	110
35-44	53.8%	19.3%	5.1%	13.0%	8.9%	113
45-54	50.3%	23.5%	9.7%	10.8%	5.6%	212
55-64	68.6%	12.5%	7.9%	7.5%	3.4%	376
65-74	75.5%	14.4%	4.4%	3.8%	1.9%	339
75+	81.1%	12.0%	4.5%	2.2%	0.2%	373
Results by education level:						
Less than HS diploma, no GED	58.1%	13.9%	11.0%	13.5%	3.5%	92
High school diploma or GED	65.1%	16.3%	8.4%	6.2%	4.0%	443
Some college, trade school, or Associate degree	59.6%	18.9%	8.5%	10.0%	3.0%	620
Bachelor's degree or higher	52.7%	25.7%	7.7%	8.9%	5.0%	355
Results by household income:						
Less than $20,000	63.4%	13.9%	10.0%	8.6%	4.2%	247
$20,000 - $34,999	63.4%	17.9%	9.1%	4.2%	5.3%	271
$35,000 - $49,999	64.9%	14.3%	7.5%	10.0%	3.3%	233
$50,000 - $74,999	51.8%	23.8%	6.4%	12.8%	5.2%	296
$75,000 or more	54.4%	24.3%	9.5%	9.1%	2.7%	351

24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	98.3%	1.0%	0.3%	0.3%	0.1%	1539
Results by gender:						
Female	98.3%	0.9%	0.5%	0.3%	0.0%	928
Male	98.2%	1.2%	0.2%	0.3%	0.1%	611
Results by age:						
18-34	99.6%	0.4%	0.0%	0.0%	0.0%	109
35-44	97.5%	2.5%	0.0%	0.0%	0.0%	114
45-54	98.7%	1.3%	0.0%	0.0%	0.0%	213
55-64	98.9%	0.3%	0.6%	0.2%	0.0%	378
65-74	98.6%	0.4%	0.3%	0.3%	0.4%	347
75+	94.8%	1.7%	1.6%	1.7%	0.1%	378
Results by education level:						
Less than HS diploma, no GED	89.3%	8.1%	1.2%	0.4%	1.0%	93
High school diploma or GED	98.4%	0.4%	0.5%	0.7%	0.1%	445
Some college, trade school, or Associate degree	98.5%	1.0%	0.4%	0.1%	0.0%	625
Bachelor's degree or higher	99.1%	0.5%	0.0%	0.3%	0.0%	362
Results by household income:						
Less than $20,000	94.1%	4.3%	0.6%	1.0%	0.0%	254
$20,000 - $34,999	98.4%	0.5%	0.9%	0.1%	0.0%	273
$35,000 - $49,999	99.2%	0.0%	0.2%	0.5%	0.0%	230
$50,000 - $74,999	99.4%	0.0%	0.2%	0.2%	0.3%	295
$75,000 or more	98.7%	0.9%	0.2%	0.2%	0.0%	360

24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	96.0%	3.9%	0.1%	0.0%	0.0%	1540
Results by gender:						
Female	95.4%	4.5%	0.1%	0.0%	0.0%	928
Male	96.7%	3.2%	0.1%	0.0%	0.0%	612
Results by age:						
18-34	96.4%	3.6%	0.0%	0.0%	0.0%	111
35-44	92.2%	7.8%	0.0%	0.0%	0.0%	114
45-54	94.8%	4.9%	0.3%	0.0%	0.0%	210
55-64	97.4%	2.3%	0.3%	0.0%	0.0%	382
65-74	97.6%	2.4%	0.0%	0.0%	0.0%	347
75+	98.3%	1.7%	0.0%	0.0%	0.0%	376
Results by education level:						
Less than HS diploma, no GED	72.3%	26.6%	1.1%	0.0%	0.0%	94
High school diploma or GED	96.8%	3.2%	0.0%	0.0%	0.0%	445
Some college, trade school, or Associate degree	96.1%	3.8%	0.1%	0.0%	0.0%	626
Bachelor's degree or higher	99.1%	0.9%	0.0%	0.0%	0.0%	363
Results by household income:						
Less than $20,000	79.5%	19.6%	0.8%	0.0%	0.0%	256
$20,000 - $34,999	99.1%	0.9%	0.0%	0.0%	0.0%	272
$35,000 - $49,999	98.6%	1.4%	0.0%	0.0%	0.0%	232
$50,000 - $74,999	97.9%	2.1%	0.0%	0.0%	0.0%	295
$75,000 or more	99.4%	0.6%	0.0%	0.0%	0.0%	357

24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	89.4%	4.9%	2.8%	2.1%	0.8%	1488
Results by gender:						
Female	88.9%	4.8%	3.7%	2.1%	0.5%	892
Male	89.9%	5.1%	1.8%	2.1%	1.1%	596
Results by age:						
18-34	84.1%	5.2%	6.6%	3.0%	1.1%	110
35-44	92.0%	5.1%	0.6%	2.2%	0.0%	109
45-54	88.8%	5.2%	2.4%	2.1%	1.4%	205
55-64	93.4%	3.6%	1.4%	1.3%	0.3%	370
65-74	88.9%	6.1%	2.0%	2.0%	0.9%	336
75+	91.9%	4.3%	1.2%	1.9%	0.7%	358
Results by education level:						
Less than HS diploma, no GED	77.2%	14.1%	0.9%	7.7%	0.0%	91
High school diploma or GED	90.9%	5.2%	2.7%	0.8%	0.4%	432
Some college, trade school, or Associate degree	88.8%	4.3%	3.3%	2.6%	1.0%	606
Bachelor's degree or higher	91.1%	4.3%	2.2%	1.6%	0.9%	348
Results by household income:						
Less than $20,000	82.7%	6.7%	5.1%	5.5%	0.0%	241
$20,000 - $34,999	92.3%	4.2%	2.1%	1.3%	0.0%	265
$35,000 - $49,999	88.6%	4.5%	2.5%	2.1%	2.4%	223
$50,000 - $74,999	87.6%	6.1%	3.6%	1.4%	1.4%	289
$75,000 or more	92.7%	3.1%	2.1%	2.0%	0.1%	346

All Survey Items (weighted data)

25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2010	48.9%	22.0%	16.6%	9.0%	3.5%	2240
Overall results from 2015	47.9%	27.2%	15.4%	7.8%	1.7%	1624
Results by gender:						
Female	43.6%	26.1%	16.9%	10.9%	2.5%	974
Male	52.4%	28.3%	13.8%	4.6%	0.9%	650
Results by age:						
18-34	51.6%	28.9%	13.2%	3.4%	2.8%	112
35-44	43.4%	36.4%	15.4%	4.8%	0.0%	116
45-54	52.3%	28.7%	12.5%	5.0%	1.6%	217
55-64	42.7%	25.8%	17.8%	11.3%	2.4%	393
65-74	48.3%	18.2%	19.8%	12.4%	1.3%	363
75+	46.8%	22.4%	15.9%	13.4%	1.5%	423
Results by education level:						
Less than HS diploma, no GED	61.0%	16.0%	10.2%	6.9%	5.9%	110
High school diploma or GED	53.8%	22.7%	15.1%	7.9%	0.5%	476
Some college, trade school, or Associate degree	47.4%	26.8%	16.4%	7.4%	2.1%	654
Bachelor's degree or higher	41.1%	33.8%	14.8%	8.7%	1.6%	370
Results by household income:						
Less than $20,000	61.6%	17.7%	13.9%	5.5%	1.3%	279
$20,000 - $34,999	58.6%	22.0%	10.8%	7.9%	0.7%	293
$35,000 - $49,999	43.8%	24.6%	15.8%	12.5%	3.3%	242
$50,000 - $74,999	43.9%	29.7%	15.8%	8.4%	2.2%	309
$75,000 or more	39.8%	35.4%	17.1%	6.9%	0.9%	365

25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2010	82.0%	9.4%	3.5%	3.3%	1.8%	2128
Overall results from 2015	84.9%	8.3%	3.9%	2.1%	0.7%	1554
Results by gender:						
Female	83.4%	9.6%	3.5%	2.7%	0.8%	930
Male	86.5%	7.1%	4.3%	1.6%	0.5%	624
Results by age:						
18-34	80.6%	11.0%	6.7%	1.7%	0.0%	111
35-44	82.8%	9.0%	4.1%	4.2%	0.0%	115
45-54	83.2%	10.5%	4.4%	1.0%	1.0%	214
55-64	87.3%	7.0%	1.8%	2.8%	1.1%	381
65-74	89.3%	4.5%	3.3%	2.1%	0.9%	345
75+	90.4%	4.7%	2.0%	1.7%	1.3%	388
Results by education level:						
Less than HS diploma, no GED	97.2%	2.3%	0.0%	0.5%	0.0%	95
High school diploma or GED	90.6%	5.8%	2.1%	1.1%	0.4%	451
Some college, trade school, or Associate degree	82.0%	8.5%	5.7%	2.7%	1.1%	632
Bachelor's degree or higher	83.1%	10.9%	3.2%	2.4%	0.3%	365
Results by household income:						
Less than $20,000	89.6%	5.8%	1.8%	2.5%	0.4%	261
$20,000 - $34,999	88.3%	6.9%	1.7%	2.8%	0.4%	275
$35,000 - $49,999	83.9%	9.5%	2.9%	3.2%	0.5%	232
$50,000 - $74,999	85.1%	9.0%	3.5%	2.2%	0.2%	300
$75,000 or more	80.9%	9.2%	7.2%	1.4%	1.4%	357

25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

Countryside Public Health	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
	%	%	%	%	%	(Unweighted)
Overall results from 2010	36.2%	10.3%	11.3%	10.2%	32.0%	2276
Overall results from 2015	33.8%	8.9%	10.7%	16.0%	30.6%	1621
Results by gender:						
Female	31.2%	8.4%	9.5%	13.3%	37.6%	975
Male	36.5%	9.4%	12.0%	18.8%	23.4%	646
Results by age:						
18-34	36.3%	9.3%	9.8%	19.3%	25.4%	113
35-44	20.8%	13.5%	9.5%	25.2%	31.0%	116
45-54	32.1%	5.4%	13.1%	16.5%	32.9%	214
55-64	31.3%	8.5%	12.0%	11.4%	36.8%	396
65-74	37.3%	8.4%	11.1%	11.3%	32.0%	359
75+	46.1%	9.3%	8.0%	10.8%	25.7%	423
Results by education level:						
Less than HS diploma, no GED	49.8%	5.6%	9.6%	6.4%	28.5%	104
High school diploma or GED	43.5%	8.4%	11.9%	13.7%	22.6%	479
Some college, trade school, or Associate degree	30.2%	9.1%	9.5%	19.4%	31.9%	648
Bachelor's degree or higher	28.9%	9.1%	11.9%	14.4%	35.8%	376
Results by household income:						
Less than $20,000	56.5%	7.3%	11.1%	7.4%	17.8%	279
$20,000 - $34,999	44.7%	6.9%	12.8%	9.8%	25.7%	284
$35,000 - $49,999	34.5%	8.6%	6.1%	15.5%	35.4%	241
$50,000 - $74,999	28.0%	6.8%	13.8%	18.2%	33.3%	312
$75,000 or more	23.2%	12.5%	8.8%	21.6%	33.9%	370

26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

Countryside Public Health	Less than 2 miles %	2-6 miles %	7-10 miles %	11-20 miles %	21-30 miles %	Over 30 miles %	N (Unweighted)
Overall results from 2015	41.2%	11.1%	8.5%	16.6%	13.8%	10.2%	1699
Results by gender:							
Female	41.8%	11.1%	7.9%	18.1%	11.3%	10.8%	1018
Male	40.6%	11.0%	9.1%	15.0%	16.4%	9.5%	681
Results by age:							
18-34	32.6%	11.4%	11.2%	13.1%	18.6%	13.2%	112
35-44	40.8%	9.8%	4.9%	15.7%	14.5%	15.0%	116
45-54	31.5%	11.1%	12.1%	18.2%	14.5%	14.0%	220
55-64	42.4%	13.3%	7.0%	19.2%	13.1%	6.1%	405
65-74	45.0%	11.3%	9.0%	21.2%	11.3%	6.4%	381
75+	62.7%	9.0%	4.4%	13.4%	8.5%	4.1%	465
Results by education level:							
Less than HS diploma, no GED	46.1%	10.8%	10.4%	12.4%	10.5%	13.8%	123
High school diploma or GED	50.3%	9.8%	7.7%	15.0%	11.4%	8.6%	507
Some college, trade school, or Associate degree	38.5%	10.8%	9.1%	17.5%	15.5%	9.5%	673
Bachelor's degree or higher	36.7%	12.5%	8.0%	17.2%	13.9%	12.0%	379
Results by household income:							
Less than $20,000	56.8%	6.9%	4.0%	9.3%	16.2%	8.9%	302
$20,000 - $34,999	48.5%	9.0%	4.8%	21.9%	10.2%	7.3%	301
$35,000 - $49,999	44.4%	12.6%	7.0%	14.9%	16.6%	6.5%	250
$50,000 - $74,999	32.4%	15.2%	9.0%	16.3%	14.7%	12.6%	318
$75,000 or more	37.4%	10.8%	10.5%	18.0%	12.0%	11.7%	373

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

Countryside Public Health	Never %	Less than 1 day per week %	1-2 days per week %	3-4 days per week %	5-6 days per week %	Every day %	N (Unweighted)
Overall results from 2015	1.8%	3.0%	8.3%	22.6%	29.6%	34.7%	1672
Results by gender:							
Female	1.0%	2.9%	6.7%	21.5%	29.2%	38.7%	1002
Male	2.6%	3.2%	10.0%	23.8%	29.9%	30.5%	670
Results by age:							
18-34	3.2%	2.3%	5.0%	32.5%	35.6%	21.4%	111
35-44	0.0%	5.1%	5.7%	22.9%	31.3%	35.1%	116
45-54	0.9%	3.0%	9.9%	26.3%	28.6%	31.3%	219
55-64	0.8%	1.3%	10.1%	16.8%	31.9%	39.1%	401
65-74	0.8%	1.8%	7.5%	16.9%	28.3%	44.7%	374
75+	4.6%	5.2%	12.2%	14.6%	18.4%	44.9%	451
Results by education level:							
Less than HS diploma, no GED	5.6%	11.0%	10.0%	16.8%	18.1%	38.6%	118
High school diploma or GED	5.1%	3.7%	12.6%	18.1%	22.5%	38.1%	502
Some college, trade school, or Associate degree	0.5%	2.4%	6.3%	27.3%	31.0%	32.5%	665
Bachelor's degree or higher	0.3%	2.0%	7.7%	20.0%	35.9%	34.1%	372
Results by household income:							
Less than $20,000	3.7%	7.1%	10.8%	27.1%	17.5%	33.9%	297
$20,000 - $34,999	6.2%	3.1%	13.1%	22.1%	20.0%	35.6%	297
$35,000 - $49,999	1.2%	1.9%	8.5%	18.7%	34.6%	35.2%	246
$50,000 - $74,999	0.1%	2.4%	7.4%	23.6%	34.7%	31.7%	315
$75,000 or more	0.1%	0.9%	6.1%	24.9%	35.4%	32.6%	370

28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

Countryside Public Health	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
	%	%	%	%	(Unweighted)
Overall results from 2015	83.1%	12.7%	1.8%	2.4%	1665
Results by gender:					
Female	91.3%	6.9%	1.2%	0.6%	1007
Male	74.5%	18.8%	2.5%	4.3%	658
Results by age:					
18-34	85.2%	13.3%	0.8%	0.7%	113
35-44	89.0%	11.0%	0.0%	0.0%	116
45-54	84.7%	12.3%	1.5%	1.5%	218
55-64	83.6%	12.5%	2.4%	1.5%	400
65-74	76.9%	15.5%	2.1%	5.5%	373
75+	76.3%	11.8%	4.6%	7.3%	445
Results by education level:					
Less than HS diploma, no GED	58.9%	27.4%	6.5%	7.2%	114
High school diploma or GED	79.0%	13.8%	3.0%	4.2%	492
Some college, trade school, or Associate degree	84.4%	12.6%	1.4%	1.6%	669
Bachelor's degree or higher	88.6%	9.3%	0.7%	1.4%	376
Results by household income:					
Less than $20,000	66.8%	21.2%	4.6%	7.4%	296
$20,000 - $34,999	83.4%	11.1%	2.3%	3.2%	297
$35,000 - $49,999	86.3%	10.6%	1.5%	1.5%	248
$50,000 - $74,999	88.2%	9.8%	1.1%	0.9%	312
$75,000 or more	86.2%	11.7%	0.7%	1.3%	370

28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

Countryside Public Health	Very comfortable %	Somewhat comfortable %	Not very comfortable %	Not at all comfortable %	N (Unweighted)
Overall results from 2015	87.0%	9.7%	1.2%	2.0%	1652
Results by gender:					
Female	94.8%	3.8%	0.7%	0.8%	1000
Male	79.0%	15.8%	1.8%	3.4%	652
Results by age:					
18-34	91.5%	6.8%	0.8%	1.0%	113
35-44	90.3%	9.7%	0.0%	0.0%	115
45-54	91.1%	7.9%	0.0%	0.9%	217
55-64	85.9%	10.8%	1.3%	1.9%	399
65-74	82.8%	12.0%	2.0%	3.1%	368
75+	76.3%	13.3%	4.0%	6.5%	440
Results by education level:					
Less than HS diploma, no GED	71.4%	15.6%	4.7%	8.2%	112
High school diploma or GED	82.3%	12.7%	1.7%	3.3%	487
Some college, trade school, or Associate degree	88.4%	8.9%	1.0%	1.7%	666
Bachelor's degree or higher	91.6%	7.5%	0.5%	0.4%	375
Results by household income:					
Less than $20,000	78.7%	13.7%	2.4%	5.2%	291
$20,000 - $34,999	85.4%	9.8%	2.7%	2.1%	293
$35,000 - $49,999	88.1%	9.6%	0.9%	1.4%	248
$50,000 - $74,999	90.2%	8.0%	0.6%	1.1%	313
$75,000 or more	89.8%	9.0%	0.5%	0.7%	369

28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

Countryside Public Health	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
	%	%	%	%	(Unweighted)
Overall results from 2015	86.1%	10.4%	1.7%	1.8%	1646
Results by gender:					
Female	93.9%	4.7%	1.0%	0.3%	993
Male	78.0%	16.2%	2.5%	3.3%	653
Results by age:					
18-34	92.0%	6.4%	1.5%	0.0%	113
35-44	93.3%	6.7%	0.0%	0.0%	116
45-54	86.7%	10.4%	1.9%	0.9%	216
55-64	85.1%	11.7%	1.2%	1.9%	401
65-74	80.7%	12.9%	2.9%	3.5%	368
75+	74.5%	16.4%	3.0%	6.0%	432
Results by education level:					
Less than HS diploma, no GED	59.4%	29.1%	6.8%	4.7%	110
High school diploma or GED	81.2%	13.8%	2.2%	2.8%	483
Some college, trade school, or Associate degree	89.1%	7.6%	1.7%	1.6%	664
Bachelor's degree or higher	89.8%	9.0%	0.5%	0.7%	375
Results by household income:					
Less than $20,000	73.3%	16.5%	5.0%	5.2%	287
$20,000 - $34,999	82.1%	13.5%	2.0%	2.4%	295
$35,000 - $49,999	88.0%	8.6%	2.0%	1.4%	248
$50,000 - $74,999	88.6%	9.4%	0.9%	1.1%	313
$75,000 or more	91.6%	7.0%	0.7%	0.8%	367

28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?

Countryside Public Health	Very comfortable %	Somewhat comfortable %	Not very comfortable %	Not at all comfortable %	N (Unweighted)
Overall results from 2015	76.4%	17.5%	3.5%	2.6%	1654
Results by gender:					
Female	84.2%	12.9%	2.5%	0.4%	997
Male	68.3%	22.3%	4.5%	4.9%	657
Results by age:					
18-34	73.4%	18.9%	4.6%	3.2%	112
35-44	81.7%	18.3%	0.0%	0.0%	115
45-54	80.4%	16.9%	1.9%	0.8%	218
55-64	78.6%	14.9%	3.9%	2.7%	399
65-74	72.8%	17.2%	6.5%	3.4%	373
75+	70.2%	19.2%	4.7%	5.9%	437
Results by education level:					
Less than HS diploma, no GED	67.3%	24.9%	3.4%	4.4%	114
High school diploma or GED	69.4%	22.7%	5.3%	2.7%	485
Some college, trade school, or Associate degree	81.0%	14.1%	3.1%	1.8%	668
Bachelor's degree or higher	76.1%	17.8%	2.7%	3.4%	374
Results by household income:					
Less than $20,000	63.7%	24.6%	6.7%	5.0%	289
$20,000 - $34,999	74.3%	18.5%	5.0%	2.2%	296
$35,000 - $49,999	79.8%	16.3%	2.1%	1.9%	246
$50,000 - $74,999	82.1%	14.3%	2.1%	1.5%	316
$75,000 or more	79.0%	15.4%	2.6%	3.0%	368

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

Countryside Public Health	Often	Sometimes	Rarely	Never	N
	%	%	%	%	(Unweighted)
Overall results from 2015	4.0%	10.0%	12.7%	73.2%	1694
Results by gender:					
Female	3.5%	10.4%	12.8%	73.3%	1018
Male	4.5%	9.6%	12.7%	73.2%	676
Results by age:					
18-34	5.6%	15.0%	17.5%	62.0%	113
35-44	5.9%	13.1%	13.1%	67.9%	116
45-54	6.2%	12.7%	14.5%	66.5%	220
55-64	2.2%	7.4%	10.6%	79.7%	405
65-74	1.7%	4.3%	9.3%	84.6%	379
75+	1.1%	4.1%	8.4%	86.4%	461
Results by education level:					
Less than HS diploma, no GED	11.2%	12.2%	12.8%	63.9%	122
High school diploma or GED	6.9%	14.5%	16.0%	62.6%	505
Some college, trade school, or Associate degree	3.1%	10.6%	13.1%	73.2%	672
Bachelor's degree or higher	1.8%	4.9%	9.4%	83.8%	379
Results by household income:					
Less than $20,000	16.7%	29.7%	17.1%	36.6%	299
$20,000 - $34,999	6.5%	16.9%	15.2%	61.4%	301
$35,000 - $49,999	0.4%	10.6%	15.9%	73.1%	250
$50,000 - $74,999	2.5%	7.4%	12.8%	77.3%	318
$75,000 or more	0.0%	0.9%	9.1%	89.9%	374

30. During the past 12 months, have you used a community food shelf program?

Countryside Public Health	Yes	No	N
	%	**%**	**(Unweighted)**
Overall results from 2015	6.1%	93.9%	1683
Results by gender:			
Female	6.3%	93.7%	1012
Male	5.8%	94.2%	671
Results by age:			
18-34	6.6%	93.4%	112
35-44	7.3%	92.7%	116
45-54	9.4%	90.6%	220
55-64	5.8%	94.2%	401
65-74	3.6%	96.4%	379
75+	2.0%	98.0%	455
Results by education level:			
Less than HS diploma, no GED	19.7%	80.3%	118
High school diploma or GED	7.8%	92.2%	503
Some college, trade school, or Associate degree	5.3%	94.7%	667
Bachelor's degree or higher	3.3%	96.7%	379
Results by household income:			
Less than $20,000	23.5%	76.5%	297
$20,000 - $34,999	7.8%	92.2%	299
$35,000 - $49,999	3.2%	96.8%	247
$50,000 - $74,999	4.7%	95.3%	316
$75,000 or more	0.5%	99.5%	374

All Survey Items (weighted data)

31A. There is a large selection of fresh fruits and vegetables where I usually shop.

Countryside Public Health	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2010	30.4%	56.2%	12.1%	1.3%	2354
Overall results from 2015	43.2%	49.2%	6.4%	1.3%	1684
Results by gender:					
Female	41.3%	50.4%	6.5%	1.7%	1011
Male	45.1%	47.9%	6.2%	0.8%	673
Results by age:					
18-34	36.4%	50.6%	10.8%	2.2%	113
35-44	41.1%	53.0%	4.5%	1.4%	116
45-54	49.3%	44.1%	6.6%	0.0%	219
55-64	40.8%	49.4%	7.2%	2.6%	404
65-74	47.0%	49.0%	3.6%	0.5%	378
75+	46.5%	50.5%	2.6%	0.5%	454
Results by education level:					
Less than HS diploma, no GED	43.0%	52.4%	4.2%	0.4%	117
High school diploma or GED	47.0%	49.8%	3.1%	0.1%	503
Some college, trade school, or Associate degree	40.2%	49.6%	9.4%	0.8%	669
Bachelor's degree or higher	44.7%	47.5%	4.6%	3.2%	379
Results by household income:					
Less than $20,000	37.5%	58.3%	3.9%	0.3%	296
$20,000 - $34,999	50.9%	45.6%	3.2%	0.3%	299
$35,000 - $49,999	42.2%	48.7%	5.7%	3.3%	248
$50,000 - $74,999	41.9%	47.2%	8.6%	2.3%	317
$75,000 or more	43.6%	48.5%	7.1%	0.7%	374

31B. The fresh fruits and vegetables available where I usually shop are of high quality.

Countryside Public Health	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2010	19.1%	58.7%	20.0%	2.2%	2335
Overall results from 2015	26.4%	59.0%	11.5%	3.0%	1665
Results by gender:					
Female	24.5%	60.0%	12.2%	3.2%	1000
Male	28.4%	58.0%	10.8%	2.8%	665
Results by age:					
18-34	18.4%	60.3%	14.9%	6.4%	113
35-44	25.5%	55.5%	14.2%	4.8%	115
45-54	25.7%	60.9%	12.1%	1.2%	219
55-64	23.2%	62.7%	11.1%	3.0%	400
65-74	33.3%	57.1%	8.6%	1.0%	373
75+	38.8%	54.9%	6.1%	0.3%	445
Results by education level:					
Less than HS diploma, no GED	25.7%	65.3%	8.1%	0.9%	115
High school diploma or GED	28.8%	61.0%	9.1%	1.1%	494
Some college, trade school, or Associate degree	25.8%	57.9%	13.0%	3.3%	665
Bachelor's degree or higher	25.4%	58.1%	11.9%	4.6%	376
Results by household income:					
Less than $20,000	25.8%	64.2%	8.1%	2.0%	284
$20,000 - $34,999	23.5%	66.6%	8.8%	1.1%	299
$35,000 - $49,999	26.7%	57.7%	12.7%	2.9%	247
$50,000 - $74,999	31.5%	45.8%	16.2%	6.5%	313
$75,000 or more	25.0%	63.4%	9.8%	1.9%	374

31C. The fresh fruits and vegetables where I usually shop are too expensive.

Countryside Public Health	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2010	15.8%	45.7%	36.1%	2.3%	2327
Overall results from 2015	13.4%	45.7%	38.1%	2.7%	1640
Results by gender:					
Female	15.6%	43.3%	38.7%	2.3%	986
Male	11.2%	48.2%	37.5%	3.1%	654
Results by age:					
18-34	16.2%	51.6%	29.1%	3.1%	113
35-44	11.1%	47.1%	36.5%	5.4%	115
45-54	15.1%	42.5%	41.2%	1.2%	219
55-64	17.2%	43.5%	37.9%	1.4%	397
65-74	6.7%	44.0%	46.9%	2.3%	366
75+	9.8%	44.3%	42.2%	3.7%	430
Results by education level:					
Less than HS diploma, no GED	26.5%	42.0%	26.2%	5.3%	112
High school diploma or GED	12.6%	54.6%	30.7%	2.1%	486
Some college, trade school, or Associate degree	12.8%	48.6%	37.0%	1.6%	656
Bachelor's degree or higher	12.5%	34.3%	48.5%	4.6%	373
Results by household income:					
Less than $20,000	26.2%	40.0%	32.6%	1.1%	279
$20,000 - $34,999	12.1%	53.2%	32.2%	2.5%	297
$35,000 - $49,999	10.4%	53.3%	32.9%	3.4%	245
$50,000 - $74,999	14.9%	46.3%	34.1%	4.8%	308
$75,000 or more	9.7%	39.8%	49.2%	1.3%	370

31D. Fruits and vegetables are difficult to prepare.

Countryside Public Health	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	0.9%	5.8%	60.8%	32.5%	1641
Results by gender:					
Female	0.7%	4.9%	56.1%	38.3%	985
Male	1.2%	6.7%	65.6%	26.5%	656
Results by age:					
18-34	0.0%	8.0%	65.0%	27.0%	112
35-44	0.0%	3.1%	57.9%	39.0%	114
45-54	1.5%	7.1%	58.6%	32.8%	219
55-64	1.2%	4.3%	55.5%	39.1%	396
65-74	0.9%	2.8%	64.4%	32.0%	367
75+	2.1%	7.3%	64.0%	26.6%	433
Results by education level:					
Less than HS diploma, no GED	0.4%	22.9%	60.0%	16.7%	111
High school diploma or GED	1.3%	7.5%	66.5%	24.7%	483
Some college, trade school, or Associate degree	0.8%	3.6%	63.7%	31.9%	659
Bachelor's degree or higher	0.8%	4.9%	51.5%	42.8%	375
Results by household income:					
Less than $20,000	0.6%	18.6%	61.9%	19.0%	275
$20,000 - $34,999	1.8%	5.5%	61.1%	31.6%	296
$35,000 - $49,999	1.2%	3.9%	65.5%	29.5%	244
$50,000 - $74,999	0.2%	2.6%	57.1%	40.0%	311
$75,000 or more	1.0%	3.5%	60.6%	34.8%	370

31E. Fruits and vegetables spoil quickly.

Countryside Public Health	Strongly agree %	Agree %	Disagree %	Strongly disagree %	N (Unweighted)
Overall results from 2015	7.0%	47.4%	40.6%	5.0%	1648
Results by gender:					
Female	9.4%	47.8%	36.7%	6.1%	990
Male	4.6%	47.0%	44.6%	3.8%	658
Results by age:					
18-34	9.1%	49.8%	37.9%	3.2%	112
35-44	11.0%	43.1%	41.7%	4.2%	116
45-54	5.0%	51.0%	37.5%	6.5%	217
55-64	5.5%	46.7%	42.5%	5.4%	398
65-74	5.7%	52.4%	35.5%	6.4%	369
75+	5.9%	39.8%	49.9%	4.4%	436
Results by education level:					
Less than HS diploma, no GED	8.7%	53.1%	36.1%	2.1%	116
High school diploma or GED	6.0%	52.6%	37.8%	3.6%	483
Some college, trade school, or Associate degree	7.2%	49.6%	39.2%	4.0%	663
Bachelor's degree or higher	7.3%	38.7%	46.1%	7.9%	373
Results by household income:					
Less than $20,000	12.6%	53.9%	31.5%	2.0%	282
$20,000 - $34,999	9.1%	45.8%	39.9%	5.2%	297
$35,000 - $49,999	10.2%	43.0%	43.0%	3.8%	246
$50,000 - $74,999	6.4%	48.0%	39.0%	6.6%	312
$75,000 or more	3.3%	46.4%	45.3%	5.0%	368

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	76.9%	23.1%	2328
Overall results from 2015	81.0%	19.0%	1667
Results by gender:			
Female	81.5%	18.5%	998
Male	80.5%	19.5%	669
Results by age:			
18-34	88.4%	11.6%	112
35-44	93.1%	6.9%	116
45-54	77.6%	22.4%	219
55-64	80.4%	19.6%	396
65-74	80.5%	19.5%	380
75+	64.1%	35.9%	444
Results by education level:			
Less than HS diploma, no GED	59.7%	40.3%	110
High school diploma or GED	71.9%	28.1%	499
Some college, trade school, or Associate degree	81.9%	18.1%	664
Bachelor's degree or higher	91.2%	8.8%	378
Results by household income:			
Less than $20,000	61.4%	38.6%	299
$20,000 - $34,999	70.5%	29.5%	292
$35,000 - $49,999	83.8%	16.2%	245
$50,000 - $74,999	88.0%	12.0%	313
$75,000 or more	90.7%	9.3%	372

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

Countryside Public Health	0-4 days	5 or more days	N
	%	%	(Unweighted)
Overall results from 2015	68.1%	31.9%	1672
Results by gender:			
Female	71.1%	28.9%	999
Male	65.0%	35.0%	673
Results by age:			
18-34	67.9%	32.1%	113
35-44	64.8%	35.2%	115
45-54	72.0%	28.0%	218
55-64	67.0%	33.0%	402
65-74	66.5%	33.5%	377
75+	68.5%	31.5%	447
Results by education level:			
Less than HS diploma, no GED	70.8%	29.2%	117
High school diploma or GED	69.4%	30.6%	496
Some college, trade school, or Associate degree	68.1%	31.9%	663
Bachelor's degree or higher	66.5%	33.5%	381
Results by household income:			
Less than $20,000	76.0%	24.0%	291
$20,000 - $34,999	70.9%	29.1%	296
$35,000 - $49,999	65.2%	34.8%	250
$50,000 - $74,999	61.5%	38.5%	317
$75,000 or more	68.1%	31.9%	373

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

Countryside Public Health	0-2 days %	3 or more days %	N (Unweighted)
Overall results from 2015	72.4%	27.6%	1630
Results by gender:			
Female	74.4%	25.6%	980
Male	70.4%	29.6%	650
Results by age:			
18-34	67.0%	33.0%	112
35-44	65.7%	34.3%	113
45-54	75.0%	25.0%	215
55-64	72.5%	27.5%	401
65-74	73.7%	26.3%	369
75+	82.3%	17.7%	420
Results by education level:			
Less than HS diploma, no GED	78.5%	21.5%	105
High school diploma or GED	78.1%	21.9%	484
Some college, trade school, or Associate degree	72.3%	27.7%	653
Bachelor's degree or higher	66.4%	33.6%	374
Results by household income:			
Less than $20,000	85.1%	14.9%	283
$20,000 - $34,999	80.0%	20.0%	286
$35,000 - $49,999	70.7%	29.3%	241
$50,000 - $74,999	67.6%	32.4%	311
$75,000 or more	67.6%	32.4%	370

35. Where do you usually exercise or do physical activities? (Mark all that apply.)

Countryside Public Health	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N
	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	72.9%	16.0%	12.9%	4.3%	45.9%	5.8%	6.4%	1670
Results by gender:								
Female	76.5%	11.6%	14.8%	4.6%	52.6%	3.4%	7.1%	1001
Male	69.2%	20.5%	10.9%	4.0%	39.1%	8.1%	5.7%	669
Results by age:								
18-34	71.3%	21.4%	19.7%	3.6%	60.9%	5.9%	2.2%	113
35-44	69.4%	21.9%	14.5%	5.1%	62.1%	5.0%	2.8%	116
45-54	73.1%	19.1%	11.4%	2.9%	45.6%	5.8%	7.6%	218
55-64	75.2%	18.1%	9.2%	3.0%	42.9%	3.8%	5.2%	400
65-74	75.9%	7.8%	11.1%	7.2%	37.7%	8.8%	7.5%	369
75+	73.1%	2.2%	9.3%	5.9%	19.7%	6.2%	15.3%	454
Results by education level:								
Less than HS diploma, no GED	61.1%	13.5%	3.8%	4.5%	35.2%	9.5%	11.8%	117
High school diploma or GED	68.1%	17.3%	8.1%	5.9%	36.0%	5.6%	9.5%	493
Some college, trade school, or Associate degree	76.3%	17.6%	13.6%	3.0%	45.6%	6.4%	7.2%	665
Bachelor's degree or higher	73.5%	12.8%	17.9%	5.3%	57.6%	4.1%	1.5%	379
Results by household income:								
Less than $20,000	65.4%	14.8%	3.3%	6.3%	35.7%	12.3%	13.4%	294
$20,000 - $34,999	72.9%	19.7%	6.6%	3.6%	35.3%	4.5%	10.0%	296
$35,000 - $49,999	73.3%	18.5%	11.6%	6.7%	51.9%	2.6%	5.9%	248
$50,000 - $74,999	73.7%	20.1%	20.2%	2.7%	51.0%	4.0%	5.7%	315
$75,000 or more	76.3%	11.8%	16.7%	3.7%	52.3%	6.4%	2.0%	370

All Survey Items (weighted data)

**36A. Please indicate if you have the following resource or facility in your community:
WALKING PATHS OR TRAILS**

Countryside Public Health	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2010	8.1%	28.0%	60.7%	3.2%	2322
Overall results from 2015	5.4%	20.8%	69.7%	4.1%	1629
Results by gender:					
Female	4.5%	20.8%	69.9%	4.7%	981
Male	6.3%	20.7%	69.5%	3.5%	648
Results by age:					
18-34	6.3%	18.2%	74.0%	1.5%	112
35-44	3.1%	21.5%	74.5%	0.9%	116
45-54	4.1%	26.9%	64.9%	4.1%	218
55-64	3.6%	17.3%	75.6%	3.5%	395
65-74	4.6%	22.7%	66.9%	5.8%	367
75+	11.4%	17.6%	60.6%	10.4%	421
Results by education level:					
Less than HS diploma, no GED	8.8%	23.8%	54.0%	13.5%	110
High school diploma or GED	6.7%	19.5%	68.9%	4.9%	478
Some college, trade school, or Associate degree	6.2%	23.5%	66.3%	4.0%	654
Bachelor's degree or higher	2.1%	17.0%	79.0%	1.9%	375
Results by household income:					
Less than $20,000	7.7%	23.5%	60.7%	8.0%	280
$20,000 - $34,999	5.8%	17.6%	71.0%	5.6%	290
$35,000 - $49,999	1.6%	16.0%	78.3%	4.1%	245
$50,000 - $74,999	4.1%	20.2%	73.0%	2.7%	314
$75,000 or more	4.5%	24.0%	68.7%	2.8%	368

36A. Do you use the WALKING PATHS OR TRAILS in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	35.7%	64.3%	1385
Overall results from 2015	47.6%	52.4%	1147
Results by gender:			
Female	50.4%	49.6%	694
Male	44.7%	55.3%	453
Results by age:			
18-34	58.2%	41.8%	81
35-44	60.7%	39.3%	82
45-54	57.0%	43.0%	152
55-64	42.5%	57.5%	296
65-74	31.5%	68.5%	254
75+	24.2%	75.8%	282
Results by education level:			
Less than HS diploma, no GED	36.2%	63.8%	69
High school diploma or GED	39.8%	60.2%	336
Some college, trade school, or Associate degree	45.7%	54.3%	457
Bachelor's degree or higher	58.2%	41.8%	278
Results by household income:			
Less than $20,000	37.8%	62.2%	179
$20,000 - $34,999	36.3%	63.7%	204
$35,000 - $49,999	49.1%	50.9%	190
$50,000 - $74,999	53.1%	46.9%	230
$75,000 or more	54.2%	45.8%	268

All Survey Items (weighted data)

36B. Please indicate if you have the following resource or facility in your community:
BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES

Countryside Public Health	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2010	7.4%	31.4%	58.8%	2.4%	2322
Overall results from 2015	6.0%	26.0%	62.8%	5.2%	1601
Results by gender:					
Female	5.5%	27.1%	62.4%	5.0%	960
Male	6.6%	24.8%	63.2%	5.4%	641
Results by age:					
18-34	7.2%	24.0%	68.0%	0.7%	112
35-44	5.0%	25.3%	66.9%	2.8%	116
45-54	5.3%	32.0%	57.5%	5.2%	217
55-64	4.2%	24.5%	65.1%	6.2%	396
65-74	3.5%	26.1%	62.7%	7.7%	358
75+	11.1%	22.6%	55.1%	11.3%	402
Results by education level:					
Less than HS diploma, no GED	9.1%	14.9%	52.6%	23.4%	106
High school diploma or GED	6.2%	24.9%	63.3%	5.5%	465
Some college, trade school, or Associate degree	7.1%	27.6%	60.5%	4.8%	650
Bachelor's degree or higher	3.5%	26.1%	67.9%	2.5%	369
Results by household income:					
Less than $20,000	6.5%	23.4%	58.6%	11.5%	276
$20,000 - $34,999	7.4%	22.2%	64.2%	6.2%	285
$35,000 - $49,999	2.5%	28.9%	63.5%	5.0%	236
$50,000 - $74,999	5.0%	24.8%	67.2%	3.1%	312
$75,000 or more	5.5%	29.8%	60.9%	3.7%	366

36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	33.1%	66.9%	1297
Overall results from 2015	33.5%	66.5%	1026
Results by gender:			
Female	37.1%	62.9%	623
Male	29.7%	70.3%	403
Results by age:			
18-34	47.6%	52.4%	71
35-44	45.7%	54.3%	72
45-54	41.4%	58.6%	134
55-64	25.3%	74.7%	267
65-74	17.9%	82.1%	237
75+	10.5%	89.5%	245
Results by education level:			
Less than HS diploma, no GED	21.9%	78.1%	68
High school diploma or GED	22.3%	77.7%	299
Some college, trade school, or Associate degree	33.8%	66.2%	415
Bachelor's degree or higher	44.3%	55.7%	237
Results by household income:			
Less than $20,000	22.9%	77.1%	172
$20,000 - $34,999	19.0%	81.0%	178
$35,000 - $49,999	35.8%	64.2%	157
$50,000 - $74,999	36.8%	63.2%	209
$75,000 or more	42.7%	57.3%	236

36C. Please indicate if you have the following resource or facility in your community:
PUBLIC SWIMMING POOLS OR WATER PARKS

Countryside Public Health	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2010	1.3%	10.8%	85.1%	2.9%	2323
Overall results from 2015	1.6%	12.1%	82.6%	3.7%	1613
Results by gender:					
Female	0.7%	11.2%	84.5%	3.5%	971
Male	2.4%	13.0%	80.7%	3.9%	642
Results by age:					
18-34	2.1%	12.7%	85.3%	0.0%	111
35-44	0.6%	11.8%	84.8%	2.7%	116
45-54	1.1%	13.8%	82.3%	2.8%	215
55-64	0.7%	10.8%	83.4%	5.1%	393
65-74	1.1%	11.9%	81.0%	6.0%	364
75+	4.1%	10.9%	77.1%	7.9%	414
Results by education level:					
Less than HS diploma, no GED	2.9%	6.0%	77.5%	13.7%	105
High school diploma or GED	1.5%	12.6%	80.4%	5.5%	475
Some college, trade school, or Associate degree	1.7%	12.7%	82.8%	2.9%	648
Bachelor's degree or higher	1.2%	11.5%	85.5%	1.7%	374
Results by household income:					
Less than $20,000	3.2%	12.8%	76.6%	7.4%	278
$20,000 - $34,999	2.5%	9.0%	84.0%	4.5%	285
$35,000 - $49,999	0.9%	15.9%	78.7%	4.5%	243
$50,000 - $74,999	0.6%	10.9%	86.1%	2.4%	310
$75,000 or more	0.2%	12.3%	85.4%	2.2%	365

36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	22.9%	77.1%	1917
Overall results from 2015	22.8%	77.2%	1331
Results by gender:			
Female	25.4%	74.6%	813
Male	20.1%	79.9%	518
Results by age:			
18-34	38.8%	61.2%	94
35-44	40.3%	59.7%	97
45-54	22.0%	78.0%	184
55-64	11.8%	88.2%	331
65-74	10.9%	89.1%	303
75+	4.8%	95.2%	322
Results by education level:			
Less than HS diploma, no GED	13.8%	86.2%	88
High school diploma or GED	14.4%	85.6%	385
Some college, trade school, or Associate degree	26.2%	73.8%	536
Bachelor's degree or higher	26.2%	73.8%	315
Results by household income:			
Less than $20,000	15.6%	84.4%	227
$20,000 - $34,999	10.6%	89.4%	239
$35,000 - $49,999	26.2%	73.8%	194
$50,000 - $74,999	21.2%	78.8%	260
$75,000 or more	33.0%	67.0%	316

All Survey Items (weighted data)

36D. Please indicate if you have the following resource or facility in your community:
PUBLIC RECREATION OR COMMUNITY CENTERS

Countryside Public Health	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
	%	%	%	%	(Unweighted)
Overall results from 2010	10.9%	38.2%	49.2%	1.8%	2252
Overall results from 2015	4.4%	27.3%	63.5%	4.9%	1585
Results by gender:					
Female	4.0%	30.7%	60.7%	4.7%	946
Male	4.9%	23.7%	66.3%	5.1%	639
Results by age:					
18-34	5.7%	22.4%	69.8%	2.0%	111
35-44	6.4%	35.3%	54.2%	4.1%	116
45-54	3.4%	33.2%	61.0%	2.4%	216
55-64	3.0%	31.9%	59.4%	5.7%	390
65-74	2.7%	18.7%	71.2%	7.3%	354
75+	5.2%	18.5%	65.5%	10.7%	398
Results by education level:					
Less than HS diploma, no GED	5.3%	14.0%	61.0%	19.7%	103
High school diploma or GED	4.3%	25.3%	64.2%	6.1%	462
Some college, trade school, or Associate degree	5.2%	26.5%	64.5%	3.8%	641
Bachelor's degree or higher	3.0%	32.7%	61.4%	2.9%	369
Results by household income:					
Less than $20,000	4.0%	20.2%	66.5%	9.2%	275
$20,000 - $34,999	5.8%	23.3%	65.1%	5.7%	283
$35,000 - $49,999	4.8%	31.7%	58.0%	5.5%	237
$50,000 - $74,999	3.9%	25.0%	67.1%	3.9%	306
$75,000 or more	2.7%	33.1%	62.3%	2.0%	365

36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	27.2%	72.8%	1119
Overall results from 2015	28.4%	71.6%	1046
Results by gender:			
Female	28.0%	72.0%	611
Male	28.8%	71.2%	435
Results by age:			
18-34	33.9%	66.1%	64
35-44	40.5%	59.5%	64
45-54	30.5%	69.5%	124
55-64	20.6%	79.4%	252
65-74	21.4%	78.6%	264
75+	22.5%	77.5%	278
Results by education level:			
Less than HS diploma, no GED	10.5%	89.5%	73
High school diploma or GED	21.2%	78.8%	326
Some college, trade school, or Associate degree	33.4%	66.6%	420
Bachelor's degree or higher	30.0%	70.0%	221
Results by household income:			
Less than $20,000	18.9%	81.1%	193
$20,000 - $34,999	19.1%	80.9%	186
$35,000 - $49,999	33.5%	66.5%	148
$50,000 - $74,999	28.8%	71.2%	213
$75,000 or more	36.0%	64.0%	229

All Survey Items (weighted data)

36E. Please indicate if you have the following resource or facility in your community: PARKS OR SPORTS FIELDS

Countryside Public Health	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2010	1.8%	5.1%	91.3%	1.8%	2313
Overall results from 2015	1.6%	4.6%	90.3%	3.6%	1580
Results by gender:					
Female	1.1%	4.8%	90.3%	3.8%	955
Male	2.0%	4.4%	90.2%	3.3%	625
Results by age:					
18-34	0.0%	2.9%	97.1%	0.0%	112
35-44	2.5%	3.2%	93.4%	1.0%	112
45-54	1.3%	4.6%	90.9%	3.2%	216
55-64	0.9%	3.9%	90.9%	4.3%	391
65-74	1.9%	5.4%	86.9%	5.8%	352
75+	4.3%	9.1%	77.0%	9.7%	397
Results by education level:					
Less than HS diploma, no GED	10.0%	5.7%	71.3%	13.1%	104
High school diploma or GED	1.7%	4.8%	88.3%	5.2%	461
Some college, trade school, or Associate degree	1.5%	5.6%	90.3%	2.7%	640
Bachelor's degree or higher	0.1%	2.7%	95.3%	1.9%	365
Results by household income:					
Less than $20,000	3.8%	5.7%	82.2%	8.3%	268
$20,000 - $34,999	2.4%	7.1%	86.2%	4.3%	284
$35,000 - $49,999	1.3%	4.6%	90.6%	3.5%	237
$50,000 - $74,999	0.6%	2.4%	94.6%	2.4%	311
$75,000 or more	1.0%	3.1%	93.9%	1.9%	359

36E. Do you use the PARKS OR SPORTS FIELDS in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	43.8%	56.2%	2039
Overall results from 2015	39.0%	61.0%	1396
Results by gender:			
Female	39.8%	60.2%	845
Male	38.2%	61.8%	551
Results by age:			
18-34	53.0%	47.0%	106
35-44	54.9%	45.1%	104
45-54	36.9%	63.1%	198
55-64	34.3%	65.7%	355
65-74	24.7%	75.3%	314
75+	17.7%	82.3%	319
Results by education level:			
Less than HS diploma, no GED	47.9%	52.1%	80
High school diploma or GED	25.7%	74.3%	404
Some college, trade school, or Associate degree	42.1%	57.9%	568
Bachelor's degree or higher	43.5%	56.5%	338
Results by household income:			
Less than $20,000	32.6%	67.4%	226
$20,000 - $34,999	27.1%	72.9%	245
$35,000 - $49,999	38.3%	61.7%	204
$50,000 - $74,999	41.7%	58.3%	288
$75,000 or more	46.0%	54.0%	332

All Survey Items (weighted data)

**36F. Please indicate if you have the following resource or facility in your community:
SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR
EXERCISE OR PHYSICAL ACTIVITY**

Countryside Public Health	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2010	12.4%	33.4%	52.6%	1.6%	2293
Overall results from 2015	11.0%	32.4%	51.4%	5.2%	1602
Results by gender:					
Female	8.9%	33.5%	52.4%	5.3%	962
Male	13.2%	31.3%	50.3%	5.2%	640
Results by age:					
18-34	10.0%	31.8%	58.2%	0.0%	112
35-44	14.6%	39.1%	43.7%	2.6%	114
45-54	8.9%	35.1%	50.9%	5.1%	217
55-64	11.7%	36.2%	46.0%	6.1%	397
65-74	9.8%	25.7%	54.9%	9.6%	356
75+	12.2%	23.3%	53.2%	11.4%	406
Results by education level:					
Less than HS diploma, no GED	13.1%	21.8%	49.2%	15.9%	105
High school diploma or GED	10.7%	32.2%	50.6%	6.5%	471
Some college, trade school, or Associate degree	13.8%	31.3%	49.9%	5.0%	645
Bachelor's degree or higher	6.2%	36.3%	54.8%	2.6%	371
Results by household income:					
Less than $20,000	15.9%	23.9%	49.8%	10.4%	274
$20,000 - $34,999	13.9%	31.0%	47.1%	8.1%	284
$35,000 - $49,999	7.9%	29.3%	58.7%	4.1%	240
$50,000 - $74,999	9.6%	34.5%	51.5%	4.5%	311
$75,000 or more	10.4%	36.5%	50.0%	3.1%	369

36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

Countryside Public Health	I use this	I do not use this	N
	%	%	(Unweighted)
Overall results from 2010	13.3%	86.7%	1264
Overall results from 2015	16.6%	83.4%	893
Results by gender:			
Female	14.2%	85.8%	551
Male	19.1%	80.9%	342
Results by age:			
18-34	20.7%	79.3%	55
35-44	24.6%	75.4%	49
45-54	19.9%	80.1%	128
55-64	7.8%	92.2%	206
65-74	13.9%	86.1%	222
75+	12.1%	87.9%	233
Results by education level:			
Less than HS diploma, no GED	2.7%	97.3%	64
High school diploma or GED	11.3%	88.7%	268
Some college, trade school, or Associate degree	15.9%	84.1%	352
Bachelor's degree or higher	24.8%	75.2%	207
Results by household income:			
Less than $20,000	7.6%	92.4%	158
$20,000 - $34,999	6.1%	93.9%	153
$35,000 - $49,999	24.2%	75.8%	145
$50,000 - $74,999	20.9%	79.1%	171
$75,000 or more	20.5%	79.5%	198

36G. Please indicate if you have the following resource or facility in your community: SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING

Countryside Public Health	Don't know %	My community does not have this %	My community has this %	Missing, but responded 'I do not use this' to follow-up %	N (Unweighted)
Overall results from 2010	4.9%	75.6%	18.1%	1.5%	2296
Overall results from 2015	3.7%	69.8%	23.3%	3.3%	1612
Results by gender:					
Female	2.9%	74.9%	18.6%	3.6%	971
Male	4.5%	64.4%	28.1%	2.9%	641
Results by age:					
18-34	3.6%	74.9%	20.2%	1.4%	111
35-44	1.8%	81.9%	15.8%	0.4%	116
45-54	2.5%	73.8%	22.2%	1.5%	219
55-64	1.6%	73.1%	21.4%	3.9%	396
65-74	3.7%	53.8%	35.6%	6.9%	360
75+	10.3%	52.3%	29.4%	8.0%	410
Results by education level:					
Less than HS diploma, no GED	7.7%	35.6%	43.5%	13.2%	106
High school diploma or GED	6.5%	61.5%	27.1%	4.8%	471
Some college, trade school, or Associate degree	2.7%	71.8%	22.9%	2.6%	651
Bachelor's degree or higher	2.0%	79.6%	17.0%	1.4%	374
Results by household income:					
Less than $20,000	6.7%	59.9%	25.4%	8.0%	275
$20,000 - $34,999	5.7%	63.3%	26.9%	4.0%	287
$35,000 - $49,999	3.7%	67.9%	25.8%	2.6%	243
$50,000 - $74,999	1.7%	71.7%	24.6%	2.0%	311
$75,000 or more	1.7%	78.9%	18.0%	1.4%	367

36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	32.0%	68.0%	451
Overall results from 2015	29.4%	70.6%	421
Results by gender:			
Female	31.5%	68.5%	232
Male	27.7%	72.3%	189
Results by age:			
18-34	---	---	14
35-44	---	---	13
45-54	33.5%	66.5%	44
55-64	18.4%	81.6%	89
65-74	29.2%	70.8%	130
75+	33.8%	66.2%	131
Results by education level:			
Less than HS diploma, no GED	49.3%	50.7%	43
High school diploma or GED	24.8%	75.2%	147
Some college, trade school, or Associate degree	29.7%	70.3%	159
Bachelor's degree or higher	24.9%	75.1%	70
Results by household income:			
Less than $20,000	46.6%	53.4%	92
$20,000 - $34,999	28.6%	71.4%	76
$35,000 - $49,999	24.7%	75.3%	68
$50,000 - $74,999	24.1%	75.9%	77
$75,000 or more	24.9%	75.1%	74

All Survey Items (weighted data)

36H. Please indicate if you have the following resource or facility in your community: HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.)

Countryside Public Health	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	3.6%	20.0%	74.3%	2.2%	2327
Overall results from 2015	1.9%	19.4%	74.9%	3.8%	1620
Results by gender:					
Female	1.1%	16.6%	78.5%	3.8%	978
Male	2.7%	22.3%	71.2%	3.7%	642
Results by age:					
18-34	0.0%	21.3%	77.6%	1.1%	112
35-44	2.3%	12.2%	84.6%	0.9%	116
45-54	0.7%	20.0%	77.3%	1.9%	220
55-64	1.6%	19.0%	74.7%	4.7%	394
65-74	2.1%	19.6%	71.0%	7.4%	363
75+	6.3%	23.4%	60.8%	9.5%	415
Results by education level:					
Less than HS diploma, no GED	4.6%	17.9%	63.9%	13.7%	107
High school diploma or GED	4.0%	19.6%	70.7%	5.7%	476
Some college, trade school, or Associate degree	1.1%	21.8%	74.1%	3.0%	651
Bachelor's degree or higher	0.8%	15.9%	81.7%	1.7%	376
Results by household income:					
Less than $20,000	2.7%	25.7%	62.9%	8.7%	275
$20,000 - $34,999	3.5%	20.5%	71.5%	4.4%	287
$35,000 - $49,999	1.8%	19.4%	75.6%	3.2%	244
$50,000 - $74,999	1.0%	20.9%	75.4%	2.7%	315
$75,000 or more	1.1%	15.2%	81.1%	2.6%	368

36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	18.6%	81.4%	1662
Overall results from 2015	18.6%	81.4%	1210
Results by gender:			
Female	19.1%	80.9%	765
Male	18.1%	81.9%	445
Results by age:			
18-34	24.9%	75.1%	88
35-44	22.6%	77.4%	96
45-54	17.4%	82.6%	176
55-64	11.2%	88.8%	309
65-74	17.9%	82.1%	274
75+	16.4%	83.6%	267
Results by education level:			
Less than HS diploma, no GED	6.3%	93.7%	70
High school diploma or GED	13.2%	86.8%	335
Some college, trade school, or Associate degree	19.2%	80.8%	503
Bachelor's degree or higher	23.8%	76.2%	296
Results by household income:			
Less than $20,000	6.3%	93.7%	190
$20,000 - $34,999	12.0%	88.0%	206
$35,000 - $49,999	19.8%	80.2%	176
$50,000 - $74,999	25.3%	74.7%	240
$75,000 or more	20.6%	79.4%	305

All Survey Items (weighted data)

**36l. Please indicate if you have the following resource or facility in your community:
NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED
ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)**

Countryside Public Health	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	3.4%	20.6%	74.4%	1.6%	2327
Overall results from 2015	2.8%	16.4%	77.4%	3.4%	1622
Results by gender:					
Female	2.8%	17.0%	76.5%	3.7%	973
Male	2.9%	15.8%	78.3%	3.1%	649
Results by age:					
18-34	2.4%	10.7%	85.4%	1.5%	112
35-44	4.0%	16.5%	78.6%	0.9%	116
45-54	1.3%	16.8%	79.5%	2.4%	221
55-64	1.8%	18.2%	76.0%	3.9%	396
65-74	2.9%	18.4%	74.1%	4.5%	363
75+	6.1%	20.4%	64.9%	8.7%	414
Results by education level:					
Less than HS diploma, no GED	5.8%	19.4%	63.8%	10.9%	108
High school diploma or GED	3.2%	20.3%	72.4%	4.1%	475
Some college, trade school, or Associate degree	2.4%	14.2%	80.3%	3.0%	653
Bachelor's degree or higher	2.6%	16.1%	79.3%	2.0%	375
Results by household income:					
Less than $20,000	3.9%	16.9%	72.7%	6.5%	276
$20,000 - $34,999	4.6%	14.2%	76.5%	4.6%	288
$35,000 - $49,999	0.9%	17.8%	77.8%	3.5%	245
$50,000 - $74,999	1.6%	16.1%	79.7%	2.7%	314
$75,000 or more	1.9%	15.8%	80.2%	2.1%	370

36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

Countryside Public Health	I use this %	I do not use this %	N (Unweighted)
Overall results from 2010	36.2%	63.8%	1663
Overall results from 2015	29.8%	70.2%	1242
Results by gender:			
Female	27.1%	72.9%	751
Male	32.5%	67.5%	491
Results by age:			
18-34	32.7%	67.3%	91
35-44	43.6%	56.4%	93
45-54	32.4%	67.6%	180
55-64	28.9%	71.1%	314
65-74	23.6%	76.4%	278
75+	10.9%	89.1%	286
Results by education level:			
Less than HS diploma, no GED	38.5%	61.5%	72
High school diploma or GED	19.3%	80.7%	354
Some college, trade school, or Associate degree	29.1%	70.9%	512
Bachelor's degree or higher	37.7%	62.3%	296
Results by household income:			
Less than $20,000	23.5%	76.5%	200
$20,000 - $34,999	23.9%	76.1%	214
$35,000 - $49,999	32.2%	67.8%	183
$50,000 - $74,999	27.0%	73.0%	252
$75,000 or more	37.2%	62.8%	298

37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	39.3%	38.5%	22.2%	2274
Overall results from 2015	37.1%	39.7%	23.1%	1570
Results by gender:				
Female	38.1%	38.3%	23.6%	933
Male	36.1%	41.2%	22.7%	637
Results by age:				
18-34	13.6%	54.4%	32.0%	112
35-44	17.9%	48.3%	33.8%	114
45-54	29.2%	37.4%	33.4%	217
55-64	39.3%	43.0%	17.7%	398
65-74	68.0%	26.6%	5.3%	353
75+	80.8%	15.7%	3.4%	376
Results by education level:				
Less than HS diploma, no GED	58.2%	30.8%	11.0%	96
High school diploma or GED	48.0%	33.9%	18.1%	446
Some college, trade school, or Associate degree	31.9%	43.5%	24.6%	649
Bachelor's degree or higher	33.0%	40.2%	26.8%	372
Results by household income:				
Less than $20,000	56.3%	30.8%	12.9%	251
$20,000 - $34,999	44.4%	40.1%	15.5%	280
$35,000 - $49,999	42.3%	43.4%	14.3%	239
$50,000 - $74,999	32.4%	46.0%	21.6%	309
$75,000 or more	24.5%	38.3%	37.2%	366

37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem	A small problem	A big problem	N
	%	%	%	(Unweighted)
Overall results from 2010	57.8%	27.4%	14.9%	2228
Overall results from 2015	57.7%	32.0%	10.2%	1521
Results by gender:				
Female	57.3%	31.4%	11.3%	904
Male	58.2%	32.7%	9.1%	617
Results by age:				
18-34	50.5%	38.0%	11.5%	112
35-44	54.2%	36.6%	9.2%	114
45-54	61.5%	29.0%	9.5%	215
55-64	57.3%	31.5%	11.2%	387
65-74	65.8%	27.5%	6.7%	348
75+	62.0%	25.9%	12.1%	345
Results by education level:				
Less than HS diploma, no GED	51.4%	35.9%	12.7%	89
High school diploma or GED	51.4%	36.0%	12.5%	434
Some college, trade school, or Associate degree	55.6%	34.8%	9.6%	632
Bachelor's degree or higher	67.3%	23.7%	9.0%	362
Results by household income:				
Less than $20,000	47.3%	34.1%	18.6%	244
$20,000 - $34,999	62.7%	29.3%	8.0%	268
$35,000 - $49,999	48.9%	37.7%	13.5%	234
$50,000 - $74,999	62.1%	26.1%	11.8%	303
$75,000 or more	59.9%	34.1%	6.0%	358

37C. How much of a problem for you is HAVING NO ONE TO EXERCISE WITH in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	56.9%	29.7%	13.3%	2233
Overall results from 2015	58.9%	30.7%	10.4%	1534
Results by gender:				
Female	54.9%	33.2%	11.9%	913
Male	62.9%	28.1%	9.0%	621
Results by age:				
18-34	49.4%	34.6%	16.0%	112
35-44	65.0%	28.9%	6.1%	115
45-54	60.6%	28.5%	10.9%	212
55-64	56.8%	34.6%	8.6%	390
65-74	63.6%	27.8%	8.6%	345
75+	64.9%	26.2%	8.9%	360
Results by education level:				
Less than HS diploma, no GED	50.5%	29.3%	20.2%	87
High school diploma or GED	54.7%	33.0%	12.2%	437
Some college, trade school, or Associate degree	56.9%	32.5%	10.7%	641
Bachelor's degree or higher	66.9%	26.0%	7.1%	363
Results by household income:				
Less than $20,000	52.4%	30.4%	17.3%	250
$20,000 - $34,999	52.1%	35.3%	12.6%	273
$35,000 - $49,999	53.3%	31.9%	14.7%	236
$50,000 - $74,999	64.3%	27.4%	8.3%	303
$75,000 or more	62.3%	30.7%	7.0%	358

37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	39.2%	26.6%	34.2%	2230
Overall results from 2015	47.3%	25.9%	26.8%	1524
Results by gender:				
Female	46.8%	25.2%	28.0%	903
Male	47.9%	26.5%	25.5%	621
Results by age:				
18-34	36.2%	26.3%	37.5%	112
35-44	48.5%	25.0%	26.5%	115
45-54	43.7%	29.8%	26.5%	211
55-64	46.1%	28.8%	25.1%	389
65-74	59.5%	23.5%	17.0%	349
75+	63.1%	17.4%	19.5%	348
Results by education level:				
Less than HS diploma, no GED	41.2%	21.6%	37.2%	87
High school diploma or GED	42.5%	23.2%	34.3%	427
Some college, trade school, or Associate degree	42.0%	28.5%	29.5%	638
Bachelor's degree or higher	61.1%	24.3%	14.6%	366
Results by household income:				
Less than $20,000	24.1%	22.0%	53.9%	244
$20,000 - $34,999	38.8%	23.3%	37.9%	272
$35,000 - $49,999	41.4%	31.3%	27.3%	234
$50,000 - $74,999	47.2%	31.9%	20.9%	305
$75,000 or more	63.4%	21.5%	15.1%	359

37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	60.4%	22.6%	17.1%	2200
Overall results from 2015	61.9%	23.1%	15.0%	1509
Results by gender:				
Female	64.8%	22.6%	12.6%	890
Male	59.2%	23.5%	17.3%	619
Results by age:				
18-34	58.8%	23.5%	17.7%	112
35-44	61.1%	21.5%	17.3%	113
45-54	59.7%	23.3%	17.0%	213
55-64	57.9%	26.0%	16.0%	382
65-74	69.4%	24.1%	6.5%	343
75+	71.5%	18.2%	10.3%	346
Results by education level:				
Less than HS diploma, no GED	54.0%	30.4%	15.6%	83
High school diploma or GED	51.6%	26.2%	22.2%	423
Some college, trade school, or Associate degree	62.6%	23.7%	13.7%	637
Bachelor's degree or higher	70.1%	18.5%	11.4%	362
Results by household income:				
Less than $20,000	55.7%	22.6%	21.7%	239
$20,000 - $34,999	66.0%	19.3%	14.7%	269
$35,000 - $49,999	59.7%	26.8%	13.4%	232
$50,000 - $74,999	58.7%	27.8%	13.4%	299
$75,000 or more	65.6%	19.4%	15.0%	357

37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	69.9%	17.7%	12.4%	2263
Overall results from 2015	69.2%	17.9%	12.9%	1573
Results by gender:				
Female	68.3%	18.3%	13.4%	939
Male	70.1%	17.5%	12.5%	634
Results by age:				
18-34	76.3%	16.2%	7.5%	112
35-44	86.0%	8.2%	5.8%	114
45-54	73.4%	15.5%	11.1%	216
55-64	64.3%	21.7%	14.0%	393
65-74	62.4%	22.7%	14.9%	360
75+	45.4%	25.0%	29.6%	378
Results by education level:				
Less than HS diploma, no GED	40.9%	23.2%	35.9%	95
High school diploma or GED	53.8%	24.6%	21.5%	450
Some college, trade school, or Associate degree	73.2%	15.9%	10.9%	650
Bachelor's degree or higher	80.2%	14.6%	5.2%	370
Results by household income:				
Less than $20,000	37.7%	27.6%	34.7%	262
$20,000 - $34,999	56.7%	25.0%	18.3%	282
$35,000 - $49,999	74.6%	17.5%	7.9%	237
$50,000 - $74,999	75.1%	14.2%	10.7%	310
$75,000 or more	82.2%	14.4%	3.4%	362

37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	68.0%	18.6%	13.5%	2228
Overall results from 2015	69.5%	18.6%	11.9%	1539
Results by gender:				
Female	70.0%	17.9%	12.1%	913
Male	68.9%	19.3%	11.8%	626
Results by age:				
18-34	58.5%	23.5%	17.9%	112
35-44	77.4%	16.4%	6.2%	116
45-54	70.7%	17.2%	12.1%	214
55-64	71.4%	19.1%	9.4%	390
65-74	73.2%	15.0%	11.9%	352
75+	71.5%	17.4%	11.0%	355
Results by education level:				
Less than HS diploma, no GED	65.4%	14.9%	19.7%	89
High school diploma or GED	66.4%	21.0%	12.6%	438
Some college, trade school, or Associate degree	69.1%	18.1%	12.8%	639
Bachelor's degree or higher	73.2%	18.3%	8.5%	367
Results by household income:				
Less than $20,000	61.2%	21.4%	17.5%	246
$20,000 - $34,999	68.6%	22.5%	8.9%	272
$35,000 - $49,999	74.7%	12.9%	12.4%	237
$50,000 - $74,999	71.3%	18.5%	10.3%	306
$75,000 or more	69.2%	18.8%	11.9%	359

37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	86.9%	10.2%	2.9%	2211
Overall results from 2015	86.6%	10.7%	2.7%	1520
Results by gender:				
Female	86.8%	9.8%	3.4%	899
Male	86.5%	11.6%	1.9%	621
Results by age:				
18-34	79.7%	18.1%	2.2%	112
35-44	92.8%	6.2%	1.1%	114
45-54	90.2%	7.7%	2.1%	212
55-64	87.3%	10.0%	2.7%	389
65-74	87.8%	8.0%	4.2%	347
75+	83.9%	11.0%	5.1%	346
Results by education level:				
Less than HS diploma, no GED	80.2%	11.2%	8.6%	85
High school diploma or GED	83.1%	13.8%	3.1%	433
Some college, trade school, or Associate degree	87.0%	10.7%	2.3%	635
Bachelor's degree or higher	89.8%	8.1%	2.1%	362
Results by household income:				
Less than $20,000	80.3%	14.1%	5.6%	243
$20,000 - $34,999	80.5%	16.5%	3.0%	268
$35,000 - $49,999	87.7%	8.7%	3.7%	232
$50,000 - $74,999	89.7%	7.8%	2.5%	304
$75,000 or more	88.7%	10.5%	0.8%	358

37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	24.9%	42.9%	32.2%	2245
Overall results from 2015	27.3%	48.5%	24.2%	1542
Results by gender:				
Female	26.4%	44.8%	28.7%	920
Male	28.2%	52.3%	19.5%	622
Results by age:				
18-34	20.6%	65.3%	14.1%	112
35-44	25.1%	49.2%	25.7%	114
45-54	24.0%	43.7%	32.3%	212
55-64	28.7%	42.6%	28.7%	391
65-74	31.5%	46.8%	21.7%	350
75+	41.4%	35.9%	22.6%	363
Results by education level:				
Less than HS diploma, no GED	39.1%	44.2%	16.6%	90
High school diploma or GED	31.1%	42.9%	26.0%	436
Some college, trade school, or Associate degree	24.0%	52.3%	23.7%	642
Bachelor's degree or higher	27.6%	47.8%	24.6%	368
Results by household income:				
Less than $20,000	31.8%	37.2%	30.9%	246
$20,000 - $34,999	28.4%	47.6%	23.9%	272
$35,000 - $49,999	26.9%	53.2%	20.0%	236
$50,000 - $74,999	28.5%	45.5%	26.0%	305
$75,000 or more	22.8%	54.3%	22.9%	361

37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

Countryside Public Health	Not a problem	A small problem	A big problem	N
	%	%	%	(Unweighted)
Overall results from 2015	75.3%	17.9%	6.8%	1528
Results by gender:				
Female	72.2%	20.2%	7.6%	908
Male	78.3%	15.7%	6.0%	620
Results by age:				
18-34	74.7%	20.2%	5.2%	112
35-44	82.5%	13.0%	4.5%	114
45-54	76.4%	15.0%	8.6%	211
55-64	71.5%	23.0%	5.5%	388
65-74	73.4%	18.2%	8.4%	349
75+	73.7%	16.6%	9.7%	354
Results by education level:				
Less than HS diploma, no GED	73.3%	16.1%	10.6%	88
High school diploma or GED	71.3%	19.9%	8.8%	429
Some college, trade school, or Associate degree	75.0%	18.6%	6.3%	641
Bachelor's degree or higher	79.1%	15.6%	5.4%	366
Results by household income:				
Less than $20,000	73.6%	15.3%	11.2%	245
$20,000 - $34,999	70.6%	21.0%	8.4%	268
$35,000 - $49,999	76.2%	17.2%	6.6%	237
$50,000 - $74,999	81.9%	13.4%	4.7%	305
$75,000 or more	74.1%	20.3%	5.6%	358

37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	72.9%	19.4%	7.7%	1515
Results by gender:				
Female	68.4%	24.0%	7.6%	897
Male	77.5%	14.8%	7.7%	618
Results by age:				
18-34	67.6%	21.8%	10.7%	112
35-44	80.9%	15.1%	4.0%	114
45-54	77.2%	14.1%	8.7%	212
55-64	73.7%	19.6%	6.7%	384
65-74	70.2%	24.5%	5.3%	345
75+	67.6%	23.8%	8.6%	348
Results by education level:				
Less than HS diploma, no GED	75.6%	12.8%	11.6%	85
High school diploma or GED	67.8%	21.6%	10.6%	426
Some college, trade school, or Associate degree	73.1%	18.2%	8.7%	636
Bachelor's degree or higher	76.2%	20.5%	3.3%	363
Results by household income:				
Less than $20,000	65.6%	21.2%	13.2%	241
$20,000 - $34,999	66.8%	24.9%	8.3%	272
$35,000 - $49,999	71.9%	21.3%	6.8%	232
$50,000 - $74,999	74.8%	16.8%	8.4%	303
$75,000 or more	78.6%	17.0%	4.4%	354

37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2015	69.9%	20.0%	10.1%	1515
Results by gender:				
Female	65.7%	22.6%	11.7%	894
Male	74.1%	17.4%	8.6%	621
Results by age:				
18-34	78.8%	12.7%	8.6%	112
35-44	73.9%	19.5%	6.6%	113
45-54	71.7%	19.2%	9.1%	211
55-64	64.6%	23.4%	12.0%	385
65-74	62.5%	25.5%	12.0%	348
75+	60.8%	25.1%	14.1%	346
Results by education level:				
Less than HS diploma, no GED	61.2%	24.9%	13.9%	86
High school diploma or GED	63.0%	24.7%	12.3%	430
Some college, trade school, or Associate degree	71.1%	19.2%	9.7%	634
Bachelor's degree or higher	74.7%	16.8%	8.5%	361
Results by household income:				
Less than $20,000	54.7%	27.3%	18.0%	246
$20,000 - $34,999	61.3%	27.7%	11.0%	269
$35,000 - $49,999	71.0%	17.7%	11.3%	234
$50,000 - $74,999	70.8%	18.7%	10.5%	304
$75,000 or more	80.7%	14.2%	5.1%	354

37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

Countryside Public Health	Not a problem %	A small problem %	A big problem %	N (Unweighted)
Overall results from 2010	70.3%	20.6%	9.0%	1662
Overall results from 2015	78.6%	13.6%	7.8%	1158
Results by gender:				
Female	75.2%	14.8%	9.9%	679
Male	82.0%	12.3%	5.7%	479
Results by age:				
18-34	80.0%	14.8%	5.2%	93
35-44	85.7%	11.8%	2.6%	97
45-54	76.6%	15.2%	8.2%	167
55-64	80.3%	10.8%	8.9%	290
65-74	77.8%	12.4%	9.8%	264
75+	67.8%	15.8%	16.3%	247
Results by education level:				
Less than HS diploma, no GED	63.5%	18.2%	18.2%	69
High school diploma or GED	73.8%	12.8%	13.3%	323
Some college, trade school, or Associate degree	77.6%	16.4%	6.0%	478
Bachelor's degree or higher	86.7%	8.8%	4.5%	286
Results by household income:				
Less than $20,000	58.6%	21.0%	20.4%	208
$20,000 - $34,999	75.4%	14.7%	10.0%	205
$35,000 - $49,999	81.8%	12.1%	6.1%	177
$50,000 - $74,999	76.6%	18.0%	5.4%	241
$75,000 or more	89.4%	7.7%	2.9%	257

38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities

Countryside Public Health	None %	1 minute - 1 hour %	> 1 hour - 2 hours %	> 2 hours - 3 hours %	> 3 hours - 5 hours %	> 5 hours - 8 hours %	> 8 hours %	N (Unweighted)
Overall results from 2010	1.1%	7.5%	19.9%	21.7%	28.1%	15.2%	6.5%	2327
Overall results from 2015	4.6%	15.8%	29.0%	17.7%	18.8%	7.9%	6.1%	1553
Results by gender:								
Female	5.1%	15.9%	29.4%	16.7%	19.5%	7.6%	5.8%	938
Male	4.1%	15.8%	28.6%	18.9%	18.1%	8.2%	6.3%	615
Results by age:								
18-34	0.7%	8.8%	42.2%	16.9%	18.9%	8.7%	3.8%	111
35-44	0.9%	16.8%	36.4%	18.4%	13.4%	6.1%	8.0%	116
45-54	3.0%	17.7%	29.6%	14.7%	20.5%	6.5%	8.0%	217
55-64	3.0%	18.0%	25.5%	22.2%	18.6%	8.1%	4.6%	382
65-74	7.1%	16.0%	15.9%	20.0%	22.3%	10.9%	7.7%	341
75+	18.2%	20.4%	14.2%	15.0%	19.3%	7.8%	5.1%	386
Results by education level:								
Less than HS diploma, no GED	16.5%	8.4%	9.3%	15.9%	9.7%	12.4%	27.9%	90
High school diploma or GED	8.1%	18.0%	20.0%	13.9%	22.5%	9.2%	8.3%	443
Some college, trade school, or Associate degree	2.7%	14.3%	31.4%	19.4%	20.7%	8.1%	3.5%	636
Bachelor's degree or higher	2.4%	17.8%	35.7%	18.4%	14.6%	6.1%	5.0%	372
Results by household income:								
Less than $20,000	13.2%	9.1%	22.0%	11.5%	19.4%	10.9%	13.9%	254
$20,000 - $34,999	5.0%	13.2%	20.9%	15.4%	23.9%	14.0%	7.6%	271
$35,000 - $49,999	5.3%	17.1%	25.7%	17.3%	21.5%	5.7%	7.4%	232
$50,000 - $74,999	1.2%	16.7%	32.9%	18.8%	17.5%	8.9%	4.0%	305
$75,000 or more	1.5%	16.0%	37.2%	22.4%	15.4%	3.4%	4.1%	365

39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	45.4%	54.6%	2344
Overall results from 2015	39.4%	60.6%	1684
Results by gender:			
Female	33.2%	66.8%	1015
Male	46.0%	54.0%	669
Results by age:			
18-34	34.5%	65.5%	113
35-44	38.1%	61.9%	118
45-54	36.4%	63.6%	219
55-64	44.6%	55.4%	399
65-74	52.4%	47.6%	376
75+	35.3%	64.7%	459
Results by education level:			
Less than HS diploma, no GED	49.6%	50.4%	115
High school diploma or GED	49.5%	50.5%	500
Some college, trade school, or Associate degree	41.7%	58.3%	672
Bachelor's degree or higher	25.5%	74.5%	380
Results by household income:			
Less than $20,000	48.4%	51.6%	292
$20,000 - $34,999	42.6%	57.4%	298
$35,000 - $49,999	43.4%	56.6%	247
$50,000 - $74,999	41.5%	58.5%	320
$75,000 or more	33.6%	66.4%	377

40. Do you now smoke cigarettes every day, some days, or not at all?

Countryside Public Health	Every day %	Some days %	Not at all %	Missing, but responded to follow-up %	N (Unweighted)
Overall results from 2010	30.3%	9.5%	59.9%	0.3%	1032
Overall results from 2015	23.2%	8.2%	68.6%	0.0%	674
Results by gender:					
Female	29.3%	8.3%	62.4%	0.0%	332
Male	18.7%	8.1%	73.2%	0.0%	342
Results by age:					
18-34	28.8%	20.1%	51.1%	0.0%	38
35-44	19.0%	4.5%	76.5%	0.0%	40
45-54	37.1%	9.0%	53.8%	0.0%	76
55-64	22.8%	7.1%	70.1%	0.0%	179
65-74	20.3%	2.7%	77.0%	0.0%	194
75+	3.4%	1.2%	95.4%	0.0%	147
Results by education level:					
Less than HS diploma, no GED	39.2%	7.1%	53.7%	0.0%	51
High school diploma or GED	24.4%	5.5%	70.2%	0.0%	233
Some college, trade school, or Associate degree	24.7%	11.3%	64.0%	0.0%	276
Bachelor's degree or higher	11.1%	4.6%	84.2%	0.0%	108
Results by household income:					
Less than $20,000	41.8%	10.9%	47.3%	0.0%	131
$20,000 - $34,999	31.0%	7.9%	61.1%	0.0%	131
$35,000 - $49,999	21.0%	1.7%	77.3%	0.0%	109
$50,000 - $74,999	16.7%	10.5%	72.7%	0.0%	136
$75,000 or more	18.0%	7.0%	74.9%	0.0%	128

All Survey Items (weighted data)

Smoking status

Countryside Public Health	Current smoker %	Former smoker %	Never smoked %	N (Unweighted)
Overall results from 2010	18.1%	27.2%	54.7%	2336
Overall results from 2015	12.2%	26.6%	61.2%	1656
Results by gender:				
Female	12.1%	20.1%	67.8%	999
Male	12.2%	33.3%	54.4%	657
Results by age:				
18-34	16.9%	17.6%	65.5%	113
35-44	8.7%	28.5%	62.7%	115
45-54	16.5%	19.2%	64.3%	216
55-64	13.1%	30.7%	56.2%	392
65-74	11.9%	39.7%	48.5%	370
75+	1.6%	32.6%	65.8%	450
Results by education level:				
Less than HS diploma, no GED	22.8%	26.5%	50.7%	114
High school diploma or GED	14.5%	34.0%	51.5%	489
Some college, trade school, or Associate degree	14.8%	26.3%	58.9%	659
Bachelor's degree or higher	3.9%	21.1%	74.9%	377
Results by household income:				
Less than $20,000	24.8%	22.2%	53.0%	282
$20,000 - $34,999	16.3%	25.6%	58.1%	293
$35,000 - $49,999	9.6%	32.6%	57.8%	243
$50,000 - $74,999	11.2%	29.8%	59.0%	316
$75,000 or more	8.4%	25.0%	66.7%	373

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	45.4%	54.6%	335
Overall results from 2015	50.4%	49.6%	187
Results by gender:			
Female	54.9%	45.1%	112
Male	45.7%	54.3%	75
Results by age:			
18-34	---	---	22
35-44	---	---	14
45-54	58.7%	41.3%	37
55-64	47.8%	52.2%	60
65-74	46.8%	53.2%	44
75+	---	---	10
Results by education level:			
Less than HS diploma, no GED	---	---	14
High school diploma or GED	53.7%	46.3%	63
Some college, trade school, or Associate degree	43.8%	56.2%	92
Bachelor's degree or higher	---	---	15
Results by household income:			
Less than $20,000	54.9%	45.1%	59
$20,000 - $34,999	73.4%	26.6%	35
$35,000 - $49,999	---	---	27
$50,000 - $74,999	25.2%	74.8%	34
$75,000 or more	---	---	24

42. If you have tried to quit smoking cigarettes, why hasn't it worked?

Countryside Public Health	Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	I don't want to quit	I haven't tried to quit	Other reason	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	12.4%	20.1%	13.3%	30.2%	26.2%	21.3%	177
Results by gender:							
Female	11.6%	21.3%	17.9%	34.4%	18.1%	32.0%	104
Male	13.3%	18.8%	8.5%	25.8%	34.9%	9.9%	73
Results by age:							
18-34	---	---	---	---	---	---	21
35-44	---	---	---	---	---	---	15
45-54	3.8%	28.0%	12.3%	40.9%	12.4%	19.1%	33
55-64	6.5%	13.6%	12.1%	25.8%	33.3%	24.4%	58
65-74	16.1%	25.4%	19.1%	44.3%	27.9%	16.6%	41
75+	---	---	---	---	---	---	9
Results by education level:							
Less than HS diploma, no GED	---	---	---	---	---	---	12
High school diploma or GED	12.8%	30.9%	13.3%	17.2%	30.1%	27.5%	60
Some college, trade school, or Associate degree	11.2%	13.4%	13.8%	34.4%	27.4%	20.3%	87
Bachelor's degree or higher	---	---	---	---	---	---	15
Results by household income:							
Less than $20,000	14.0%	25.7%	14.7%	32.5%	27.5%	26.4%	56
$20,000 - $34,999	4.4%	25.3%	20.4%	14.2%	18.7%	37.4%	35
$35,000 - $49,999	---	---	---	---	---	---	26
$50,000 - $74,999	4.2%	11.4%	9.0%	25.9%	55.6%	16.0%	30
$75,000 or more	---	---	---	---	---	---	24

43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	15.5%	84.5%	538
Overall results from 2015	16.3%	83.7%	513
Results by gender:			
Female	18.8%	81.2%	243
Male	14.7%	85.3%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	22.4%	77.6%	56
55-64	18.9%	81.1%	133
65-74	14.0%	86.0%	151
75+	9.7%	90.3%	123
Results by education level:			
Less than HS diploma, no GED	25.1%	74.9%	34
High school diploma or GED	9.6%	90.4%	173
Some college, trade school, or Associate degree	20.1%	79.9%	210
Bachelor's degree or higher	14.7%	85.3%	92
Results by household income:			
Less than $20,000	22.2%	77.8%	82
$20,000 - $34,999	20.4%	79.6%	105
$35,000 - $49,999	19.2%	80.8%	79
$50,000 - $74,999	9.5%	90.5%	108
$75,000 or more	16.1%	83.9%	106

43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	17.6%	82.4%	538
Overall results from 2015	12.4%	87.6%	513
Results by gender:			
Female	12.1%	87.9%	243
Male	12.6%	87.4%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	26.4%	73.6%	56
55-64	14.7%	85.3%	133
65-74	10.8%	89.2%	151
75+	2.5%	97.5%	123
Results by education level:			
Less than HS diploma, no GED	21.0%	79.0%	34
High school diploma or GED	15.9%	84.1%	173
Some college, trade school, or Associate degree	10.0%	90.0%	210
Bachelor's degree or higher	10.1%	89.9%	92
Results by household income:			
Less than $20,000	18.6%	81.4%	82
$20,000 - $34,999	14.8%	85.2%	105
$35,000 - $49,999	11.1%	88.9%	79
$50,000 - $74,999	10.0%	90.0%	108
$75,000 or more	12.3%	87.7%	106

43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	1.8%	98.2%	538
Overall results from 2015	3.4%	96.6%	513
Results by gender:			
Female	3.8%	96.2%	243
Male	3.1%	96.9%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	7.3%	92.7%	56
55-64	2.4%	97.6%	133
65-74	4.3%	95.7%	151
75+	1.3%	98.7%	123
Results by education level:			
Less than HS diploma, no GED	1.7%	98.3%	34
High school diploma or GED	1.2%	98.8%	173
Some college, trade school, or Associate degree	4.3%	95.7%	210
Bachelor's degree or higher	5.2%	94.8%	92
Results by household income:			
Less than $20,000	0.0%	100.0%	82
$20,000 - $34,999	5.0%	95.0%	105
$35,000 - $49,999	3.7%	96.3%	79
$50,000 - $74,999	1.0%	99.0%	108
$75,000 or more	5.4%	94.6%	106

43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	2.1%	97.9%	538
Overall results from 2015	2.6%	97.4%	513
Results by gender:			
Female	3.1%	96.9%	243
Male	2.2%	97.8%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	6.1%	93.9%	56
55-64	1.8%	98.2%	133
65-74	0.6%	99.4%	151
75+	0.6%	99.4%	123
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	34
High school diploma or GED	1.6%	98.4%	173
Some college, trade school, or Associate degree	2.7%	97.3%	210
Bachelor's degree or higher	4.5%	95.5%	92
Results by household income:			
Less than $20,000	0.4%	99.6%	82
$20,000 - $34,999	4.0%	96.0%	105
$35,000 - $49,999	2.5%	97.5%	79
$50,000 - $74,999	2.0%	98.0%	108
$75,000 or more	2.3%	97.7%	106

43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

	Yes	No	N
Countryside Public Health	%	%	(Unweighted)
Overall results from 2010	0.9%	99.1%	538
Overall results from 2015	1.0%	99.0%	513
Results by gender:			
Female	2.5%	97.5%	243
Male	0.0%	100.0%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	1.2%	98.8%	56
55-64	0.0%	100.0%	133
65-74	0.3%	99.7%	151
75+	0.0%	100.0%	123
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	34
High school diploma or GED	0.1%	99.9%	173
Some college, trade school, or Associate degree	2.1%	97.9%	210
Bachelor's degree or higher	0.0%	100.0%	92
Results by household income:			
Less than $20,000	0.0%	100.0%	82
$20,000 - $34,999	4.5%	95.5%	105
$35,000 - $49,999	1.6%	98.4%	79
$50,000 - $74,999	0.0%	100.0%	108
$75,000 or more	0.0%	100.0%	106

43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	1.5%	98.5%	538
Overall results from 2015	1.5%	98.5%	513
Results by gender:			
Female	2.2%	97.8%	243
Male	1.0%	99.0%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	1.1%	98.9%	56
55-64	1.6%	98.4%	133
65-74	0.3%	99.7%	151
75+	1.0%	99.0%	123
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	34
High school diploma or GED	4.8%	95.2%	173
Some college, trade school, or Associate degree	0.1%	99.9%	210
Bachelor's degree or higher	0.0%	100.0%	92
Results by household income:			
Less than $20,000	6.9%	93.1%	82
$20,000 - $34,999	2.7%	97.3%	105
$35,000 - $49,999	0.0%	100.0%	79
$50,000 - $74,999	0.3%	99.7%	108
$75,000 or more	0.0%	100.0%	106

43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	1.3%	98.7%	538
Overall results from 2015	2.7%	97.3%	513
Results by gender:			
Female	4.8%	95.2%	243
Male	1.2%	98.8%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	2.4%	97.6%	56
55-64	2.2%	97.8%	133
65-74	2.3%	97.7%	151
75+	2.0%	98.0%	123
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	34
High school diploma or GED	4.4%	95.6%	173
Some college, trade school, or Associate degree	2.9%	97.1%	210
Bachelor's degree or higher	0.3%	99.7%	92
Results by household income:			
Less than $20,000	7.4%	92.6%	82
$20,000 - $34,999	2.1%	97.9%	105
$35,000 - $49,999	2.8%	97.2%	79
$50,000 - $74,999	0.6%	99.4%	108
$75,000 or more	3.0%	97.0%	106

43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	70.1%	29.9%	538
Overall results from 2015	75.3%	24.7%	513
Results by gender:			
Female	72.5%	27.5%	243
Male	77.3%	22.7%	270
Results by age:			
18-34	---	---	23
35-44	---	---	27
45-54	60.5%	39.5%	56
55-64	73.2%	26.8%	133
65-74	76.9%	23.1%	151
75+	90.8%	9.2%	123
Results by education level:			
Less than HS diploma, no GED	71.2%	28.8%	34
High school diploma or GED	74.5%	25.5%	173
Some college, trade school, or Associate degree	76.1%	23.9%	210
Bachelor's degree or higher	76.3%	23.7%	92
Results by household income:			
Less than $20,000	68.7%	31.3%	82
$20,000 - $34,999	66.0%	34.0%	105
$35,000 - $49,999	74.5%	25.5%	79
$50,000 - $74,999	83.4%	16.6%	108
$75,000 or more	74.5%	25.5%	106

44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

Countryside Public Health	Every day	Some days	Not at all	N
	%	%	%	(Unweighted)
Overall results from 2015	2.4%	3.4%	94.2%	1601
Results by gender:				
Female	2.8%	0.8%	96.4%	954
Male	2.0%	6.1%	91.9%	647
Results by age:				
18-34	3.3%	7.7%	89.0%	109
35-44	0.9%	4.7%	94.4%	111
45-54	3.8%	2.6%	93.6%	211
55-64	2.3%	2.3%	95.4%	385
65-74	2.2%	0.7%	97.1%	359
75+	0.7%	0.5%	98.8%	426
Results by education level:				
Less than HS diploma, no GED	4.6%	4.0%	91.4%	109
High school diploma or GED	2.5%	1.7%	95.8%	468
Some college, trade school, or Associate degree	2.8%	5.2%	92.0%	642
Bachelor's degree or higher	1.3%	1.9%	96.8%	370
Results by household income:				
Less than $20,000	4.6%	5.0%	90.4%	270
$20,000 - $34,999	2.0%	0.7%	97.3%	279
$35,000 - $49,999	4.6%	5.6%	89.9%	235
$50,000 - $74,999	1.5%	5.1%	93.5%	314
$75,000 or more	2.0%	2.1%	95.9%	365

Cigar smoking status

Countryside Public Health	Current smoker	Non-smoker	N
	%	**%**	**(Unweighted)**
Overall results from 2015	5.8%	94.2%	1601
Results by gender:			
Female	3.6%	96.4%	954
Male	8.1%	91.9%	647
Results by age:			
18-34	11.0%	89.0%	109
35-44	5.6%	94.4%	111
45-54	6.4%	93.6%	211
55-64	4.6%	95.4%	385
65-74	2.9%	97.1%	359
75+	1.2%	98.8%	426
Results by education level:			
Less than HS diploma, no GED	8.6%	91.4%	109
High school diploma or GED	4.2%	95.8%	468
Some college, trade school, or Associate degree	8.0%	92.0%	642
Bachelor's degree or higher	3.2%	96.8%	370
Results by household income:			
Less than $20,000	9.6%	90.4%	270
$20,000 - $34,999	2.7%	97.3%	279
$35,000 - $49,999	10.1%	89.9%	235
$50,000 - $74,999	6.5%	93.5%	314
$75,000 or more	4.1%	95.9%	365

44B. How often do you use PIPES?

Countryside Public Health	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	0.4%	0.6%	99.0%	1578
Results by gender:				
Female	0.0%	0.1%	99.9%	940
Male	0.8%	1.2%	98.0%	638
Results by age:				
18-34	0.0%	0.0%	100.0%	110
35-44	0.0%	1.0%	99.0%	109
45-54	1.1%	1.4%	97.5%	209
55-64	0.0%	0.6%	99.4%	380
65-74	1.2%	0.4%	98.3%	357
75+	0.2%	0.5%	99.3%	413
Results by education level:				
Less than HS diploma, no GED	6.0%	1.0%	93.0%	108
High school diploma or GED	0.0%	0.4%	99.6%	455
Some college, trade school, or Associate degree	0.1%	0.4%	99.5%	637
Bachelor's degree or higher	0.3%	1.1%	98.6%	366
Results by household income:				
Less than $20,000	2.0%	2.3%	95.7%	261
$20,000 - $34,999	0.2%	1.2%	98.6%	275
$35,000 - $49,999	0.4%	0.0%	99.6%	232
$50,000 - $74,999	0.0%	0.8%	99.2%	311
$75,000 or more	0.2%	0.0%	99.8%	365

Pipe smoking status

Countryside Public Health	Current smoker	Non-smoker	N
	%	**%**	**(Unweighted)**
Overall results from 2015	1.0%	99.0%	1578
Results by gender:			
Female	0.1%	99.9%	940
Male	2.0%	98.0%	638
Results by age:			
18-34	0.0%	100.0%	110
35-44	1.0%	99.0%	109
45-54	2.5%	97.5%	209
55-64	0.6%	99.4%	380
65-74	1.7%	98.3%	357
75+	0.7%	99.3%	413
Results by education level:			
Less than HS diploma, no GED	7.0%	93.0%	108
High school diploma or GED	0.4%	99.6%	455
Some college, trade school, or Associate degree	0.5%	99.5%	637
Bachelor's degree or higher	1.4%	98.6%	366
Results by household income:			
Less than $20,000	4.3%	95.7%	261
$20,000 - $34,999	1.4%	98.6%	275
$35,000 - $49,999	0.4%	99.6%	232
$50,000 - $74,999	0.8%	99.2%	311
$75,000 or more	0.2%	99.8%	365

44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

Countryside Public Health	Every day %	Some days %	Not at all %	N (Unweighted)
Overall results from 2015	2.3%	2.0%	95.7%	1573
Results by gender:				
Female	0.4%	0.4%	99.2%	934
Male	4.2%	3.7%	92.2%	639
Results by age:				
18-34	3.1%	4.3%	92.6%	109
35-44	2.6%	2.3%	95.1%	109
45-54	3.2%	2.2%	94.6%	208
55-64	1.7%	1.3%	97.0%	377
65-74	1.1%	0.5%	98.4%	357
75+	1.0%	0.3%	98.8%	413
Results by education level:				
Less than HS diploma, no GED	0.3%	3.6%	96.1%	108
High school diploma or GED	1.5%	1.6%	96.9%	456
Some college, trade school, or Associate degree	3.6%	2.7%	93.7%	630
Bachelor's degree or higher	1.2%	1.1%	97.8%	366
Results by household income:				
Less than $20,000	4.2%	6.2%	89.6%	263
$20,000 - $34,999	0.8%	2.4%	96.8%	271
$35,000 - $49,999	4.9%	0.0%	95.1%	230
$50,000 - $74,999	1.1%	0.7%	98.2%	308
$75,000 or more	2.4%	2.0%	95.6%	366

Smokeless tobacco status

Countryside Public Health	Current user	Non-user	N
	%	%	(Unweighted)
Overall results from 2015	4.3%	95.7%	1573
Results by gender:			
Female	0.8%	99.2%	934
Male	7.8%	92.2%	639
Results by age:			
18-34	7.4%	92.6%	109
35-44	4.9%	95.1%	109
45-54	5.4%	94.6%	208
55-64	3.0%	97.0%	377
65-74	1.6%	98.4%	357
75+	1.2%	98.8%	413
Results by education level:			
Less than HS diploma, no GED	3.9%	96.1%	108
High school diploma or GED	3.1%	96.9%	456
Some college, trade school, or Associate degree	6.3%	93.7%	630
Bachelor's degree or higher	2.2%	97.8%	366
Results by household income:			
Less than $20,000	10.4%	89.6%	263
$20,000 - $34,999	3.2%	96.8%	271
$35,000 - $49,999	4.9%	95.1%	230
$50,000 - $74,999	1.8%	98.2%	308
$75,000 or more	4.4%	95.6%	366

44D. How often do you use E-CIGARETTES?

Countryside Public Health	Every day	Some days	Not at all	N
	%	%	%	(Unweighted)
Overall results from 2015	0.7%	2.3%	97.0%	1578
Results by gender:				
Female	0.1%	2.1%	97.8%	941
Male	1.4%	2.5%	96.2%	637
Results by age:				
18-34	0.0%	0.5%	99.5%	108
35-44	0.0%	3.4%	96.6%	109
45-54	2.5%	5.3%	92.2%	207
55-64	0.7%	2.1%	97.3%	382
65-74	0.7%	2.1%	97.2%	357
75+	0.2%	0.1%	99.7%	415
Results by education level:				
Less than HS diploma, no GED	7.4%	5.9%	86.7%	108
High school diploma or GED	0.6%	2.4%	97.0%	456
Some college, trade school, or Associate degree	0.4%	2.3%	97.2%	635
Bachelor's degree or higher	0.2%	1.5%	98.3%	365
Results by household income:				
Less than $20,000	3.5%	5.8%	90.7%	261
$20,000 - $34,999	0.3%	5.0%	94.7%	277
$35,000 - $49,999	0.0%	2.0%	98.0%	233
$50,000 - $74,999	1.0%	0.9%	98.2%	309
$75,000 or more	0.1%	1.1%	98.7%	363

E-cigarette status

Countryside Public Health	Current user	Non-user	N
	%	%	(Unweighted)
Overall results from 2015	3.0%	97.0%	1578
Results by gender:			
Female	2.2%	97.8%	941
Male	3.8%	96.2%	637
Results by age:			
18-34	0.5%	99.5%	108
35-44	3.4%	96.6%	109
45-54	7.8%	92.2%	207
55-64	2.7%	97.3%	382
65-74	2.8%	97.2%	357
75+	0.3%	99.7%	415
Results by education level:			
Less than HS diploma, no GED	13.3%	86.7%	108
High school diploma or GED	3.0%	97.0%	456
Some college, trade school, or Associate degree	2.8%	97.2%	635
Bachelor's degree or higher	1.7%	98.3%	365
Results by household income:			
Less than $20,000	9.3%	90.7%	261
$20,000 - $34,999	5.3%	94.7%	277
$35,000 - $49,999	2.0%	98.0%	233
$50,000 - $74,999	1.8%	98.2%	309
$75,000 or more	1.3%	98.7%	363

44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

Countryside Public Health	Every day	Some days	Not at all	N
	%	%	%	(Unweighted)
Overall results from 2015	4.2%	2.0%	93.8%	1574
Results by gender:				
Female	4.0%	1.2%	94.8%	935
Male	4.4%	2.8%	92.7%	639
Results by age:				
18-34	4.9%	3.6%	91.5%	111
35-44	4.2%	2.4%	93.4%	109
45-54	4.9%	1.9%	93.2%	209
55-64	5.3%	2.3%	92.4%	378
65-74	4.9%	0.4%	94.7%	354
75+	0.2%	0.1%	99.7%	413
Results by education level:				
Less than HS diploma, no GED	8.1%	4.9%	87.0%	108
High school diploma or GED	5.8%	2.6%	91.6%	457
Some college, trade school, or Associate degree	5.1%	2.2%	92.8%	634
Bachelor's degree or higher	0.9%	0.9%	98.3%	364
Results by household income:				
Less than $20,000	6.2%	8.7%	85.1%	259
$20,000 - $34,999	5.8%	0.4%	93.7%	274
$35,000 - $49,999	3.6%	1.0%	95.5%	233
$50,000 - $74,999	4.4%	1.6%	94.0%	308
$75,000 or more	3.7%	1.1%	95.2%	364

Other tobacco status

Countryside Public Health	Current user %	Non-user %	N (Unweighted)
Overall results from 2015	6.2%	93.8%	1574
Results by gender:			
Female	5.2%	94.8%	935
Male	7.3%	92.7%	639
Results by age:			
18-34	8.5%	91.5%	111
35-44	6.6%	93.4%	109
45-54	6.8%	93.2%	209
55-64	7.6%	92.4%	378
65-74	5.3%	94.7%	354
75+	0.3%	99.7%	413
Results by education level:			
Less than HS diploma, no GED	13.0%	87.0%	108
High school diploma or GED	8.4%	91.6%	457
Some college, trade school, or Associate degree	7.2%	92.8%	634
Bachelor's degree or higher	1.7%	98.3%	364
Results by household income:			
Less than $20,000	14.9%	85.1%	259
$20,000 - $34,999	6.3%	93.7%	274
$35,000 - $49,999	4.5%	95.5%	233
$50,000 - $74,999	6.0%	94.0%	308
$75,000 or more	4.8%	95.2%	364

All Survey Items (weighted data)

Any tobacco use status

Countryside Public Health	Current user of tobacco %	Current non-user of tobacco %	N (Unweighted)
Overall results from 2015	18.4%	81.6%	1694
Results by gender:			
Female	13.8%	86.2%	1018
Male	23.2%	76.8%	676
Results by age:			
18-34	29.3%	70.7%	113
35-44	14.9%	85.1%	118
45-54	24.1%	75.9%	222
55-64	16.2%	83.8%	399
65-74	14.9%	85.1%	378
75+	3.4%	96.6%	464
Results by education level:			
Less than HS diploma, no GED	27.0%	73.0%	120
High school diploma or GED	16.6%	83.4%	502
Some college, trade school, or Associate degree	25.0%	75.0%	674
Bachelor's degree or higher	7.5%	92.5%	381
Results by household income:			
Less than $20,000	34.6%	65.4%	297
$20,000 - $34,999	19.3%	80.7%	299
$35,000 - $49,999	20.6%	79.4%	248
$50,000 - $74,999	18.1%	81.9%	320
$75,000 or more	12.8%	87.2%	379

44F. How often do you use MARIJUANA?

Countryside Public Health	Every day	Some days	Not at all	N
	%	%	%	(Unweighted)
Overall results from 2015	0.9%	1.9%	97.2%	1554
Results by gender:				
Female	0.4%	1.5%	98.1%	927
Male	1.5%	2.3%	96.2%	627
Results by age:				
18-34	0.8%	1.5%	97.7%	109
35-44	1.3%	1.4%	97.3%	109
45-54	0.6%	3.4%	96.0%	205
55-64	2.2%	3.1%	94.6%	373
65-74	0.4%	0.7%	98.9%	352
75+	0.2%	0.0%	99.8%	406
Results by education level:				
Less than HS diploma, no GED	2.8%	2.3%	94.9%	108
High school diploma or GED	0.8%	2.0%	97.2%	446
Some college, trade school, or Associate degree	0.4%	2.7%	96.9%	623
Bachelor's degree or higher	1.6%	0.4%	98.0%	365
Results by household income:				
Less than $20,000	0.9%	5.5%	93.6%	258
$20,000 - $34,999	1.6%	1.4%	97.0%	268
$35,000 - $49,999	1.4%	1.1%	97.4%	227
$50,000 - $74,999	1.3%	2.2%	96.5%	310
$75,000 or more	0.4%	1.0%	98.6%	360

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	11.7%	88.3%	2320
Overall results from 2015	5.8%	94.2%	1679
Results by gender:			
Female	6.8%	93.2%	1010
Male	4.8%	95.2%	669
Results by age:			
18-34	1.8%	98.2%	112
35-44	8.4%	91.6%	118
45-54	10.2%	89.8%	218
55-64	4.5%	95.5%	397
65-74	9.0%	91.0%	372
75+	2.2%	97.8%	462
Results by education level:			
Less than HS diploma, no GED	24.0%	76.0%	118
High school diploma or GED	6.0%	94.0%	496
Some college, trade school, or Associate degree	6.3%	93.7%	671
Bachelor's degree or higher	1.4%	98.6%	377
Results by household income:			
Less than $20,000	17.5%	82.5%	294
$20,000 - $34,999	4.4%	95.6%	297
$35,000 - $49,999	5.3%	94.7%	246
$50,000 - $74,999	4.7%	95.3%	319
$75,000 or more	2.9%	97.1%	376

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	21.0%	79.0%	2319
Overall results from 2015	17.0%	83.0%	1681
Results by gender:			
Female	13.7%	86.3%	1012
Male	20.4%	79.6%	669
Results by age:			
18-34	26.4%	73.6%	111
35-44	18.3%	81.7%	118
45-54	22.8%	77.2%	217
55-64	11.6%	88.4%	398
65-74	12.4%	87.6%	373
75+	4.4%	95.6%	464
Results by education level:			
Less than HS diploma, no GED	28.4%	71.6%	119
High school diploma or GED	18.5%	81.5%	497
Some college, trade school, or Associate degree	22.7%	77.3%	673
Bachelor's degree or higher	4.2%	95.8%	375
Results by household income:			
Less than $20,000	39.5%	60.5%	293
$20,000 - $34,999	17.7%	82.3%	298
$35,000 - $49,999	18.2%	81.8%	246
$50,000 - $74,999	14.4%	85.6%	318
$75,000 or more	10.9%	89.1%	377

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2010	32.4%	67.6%	2325
Overall results from 2015	30.5%	69.5%	1679
Results by gender:			
Female	29.1%	70.9%	1014
Male	32.1%	67.9%	665
Results by age:			
18-34	46.3%	53.7%	113
35-44	31.1%	68.9%	118
45-54	37.1%	62.9%	222
55-64	23.9%	76.1%	396
65-74	24.5%	75.5%	373
75+	10.8%	89.2%	457
Results by education level:			
Less than HS diploma, no GED	41.3%	58.7%	115
High school diploma or GED	27.0%	73.0%	494
Some college, trade school, or Associate degree	34.8%	65.2%	673
Bachelor's degree or higher	25.1%	74.9%	380
Results by household income:			
Less than $20,000	41.5%	58.5%	292
$20,000 - $34,999	31.9%	68.1%	297
$35,000 - $49,999	29.0%	71.0%	246
$50,000 - $74,999	30.0%	70.0%	320
$75,000 or more	26.5%	73.5%	376

48. The last time this happened in Minnesota, where were you?

Countryside Public Health	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	19.0%	5.3%	6.2%	23.2%	2.1%	18.6%	32.0%	31.0%	406
Results by gender:									
Female	20.3%	6.9%	8.3%	21.7%	1.0%	26.1%	27.2%	25.7%	238
Male	17.7%	3.8%	4.2%	24.6%	3.1%	11.6%	36.5%	35.9%	168
Results by age:									
18-34	20.5%	7.5%	4.1%	27.6%	0.0%	19.0%	33.9%	23.0%	53
35-44	16.6%	3.6%	12.2%	21.1%	2.1%	21.9%	25.5%	40.0%	39
45-54	21.6%	5.2%	5.5%	22.5%	4.1%	13.5%	29.8%	39.6%	69
55-64	18.0%	3.1%	8.7%	21.3%	1.6%	19.3%	35.5%	19.8%	109
65-74	15.0%	3.7%	1.3%	20.2%	2.8%	22.4%	34.5%	34.5%	84
75+	12.1%	6.1%	8.0%	13.4%	6.3%	23.1%	34.8%	40.7%	52
Results by education level:									
Less than HS diploma, no GED	31.5%	2.1%	6.5%	26.0%	1.1%	13.3%	22.6%	34.6%	32
High school diploma or GED	16.9%	9.4%	2.3%	21.7%	3.0%	16.3%	24.5%	32.9%	101
Some college, trade school, or Associate degree	18.1%	4.9%	7.9%	24.0%	2.1%	16.7%	40.1%	30.0%	186
Bachelor's degree or higher	19.2%	3.4%	5.7%	22.0%	1.7%	26.7%	23.0%	30.3%	86
Results by household income:									
Less than $20,000	21.0%	10.1%	11.4%	27.7%	5.7%	17.5%	35.1%	30.6%	83
$20,000 - $34,999	16.5%	1.0%	2.5%	26.0%	0.5%	17.6%	35.0%	25.2%	76
$35,000 - $49,999	19.7%	10.9%	10.1%	21.3%	1.6%	24.3%	47.2%	30.7%	59
$50,000 - $74,999	16.2%	1.7%	4.9%	10.9%	1.7%	17.9%	24.2%	44.6%	78
$75,000 or more	23.5%	6.0%	5.4%	29.0%	1.3%	17.4%	29.6%	23.8%	83

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	50.3%	49.7%	1578
Results by gender:			
Female	47.1%	52.9%	959
Male	53.8%	46.2%	619
Results by age:			
18-34	62.6%	37.4%	105
35-44	58.0%	42.0%	114
45-54	52.0%	48.0%	211
55-64	52.1%	47.9%	377
65-74	47.5%	52.5%	349
75+	22.0%	78.0%	422
Results by education level:			
Less than HS diploma, no GED	55.0%	45.0%	104
High school diploma or GED	40.4%	59.6%	471
Some college, trade school, or Associate degree	57.8%	42.2%	626
Bachelor's degree or higher	46.4%	53.6%	361
Results by household income:			
Less than $20,000	50.5%	49.5%	265
$20,000 - $34,999	45.8%	54.2%	276
$35,000 - $49,999	46.5%	53.5%	235
$50,000 - $74,999	55.0%	45.0%	303
$75,000 or more	53.1%	46.9%	365

All Survey Items (weighted data)

50. Where have you seen people smoke e-cigarettes in Minnesota?

Countryside Public Health	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N (Unweighted)
	%	%	%	%	%	%	%	%	%	%	
Overall results from 2015	36.0%	11.8%	34.9%	19.1%	19.2%	28.5%	7.6%	19.4%	21.6%	34.1%	677
Results by gender:											
Female	38.0%	11.2%	32.9%	18.5%	20.2%	24.7%	6.3%	19.3%	17.8%	27.5%	390
Male	34.1%	12.3%	36.8%	19.7%	18.2%	32.0%	8.8%	19.6%	25.1%	40.3%	287
Results by age:											
18-34	50.4%	15.0%	48.0%	21.0%	19.8%	36.5%	5.7%	16.2%	36.6%	40.2%	62
35-44	44.3%	12.2%	25.7%	15.9%	17.6%	36.9%	8.4%	19.7%	12.4%	31.1%	65
45-54	31.0%	16.2%	33.3%	24.4%	21.2%	20.7%	10.1%	20.6%	20.5%	35.3%	119
55-64	28.1%	10.0%	35.0%	15.9%	18.3%	22.8%	9.4%	21.8%	13.9%	25.4%	192
65-74	22.1%	3.9%	27.3%	17.6%	19.5%	21.6%	3.8%	21.2%	21.8%	29.7%	151
75+	18.3%	0.8%	22.2%	13.3%	15.7%	27.7%	6.0%	18.2%	8.3%	45.5%	88
Results by education level:											
Less than HS diploma, no GED	38.2%	1.8%	24.4%	6.2%	17.9%	16.5%	2.0%	11.5%	8.2%	33.0%	38
High school diploma or GED	27.0%	17.7%	27.2%	10.4%	21.0%	24.3%	6.3%	16.7%	15.4%	35.0%	175
Some college, trade school, or Associate degree	42.4%	14.3%	32.8%	20.5%	19.8%	27.1%	8.5%	19.2%	25.5%	37.9%	306
Bachelor's degree or higher	30.0%	4.3%	46.8%	25.4%	16.5%	36.7%	7.8%	23.5%	21.2%	26.5%	155
Results by household income:											
Less than $20,000	51.0%	11.1%	24.5%	12.9%	18.5%	23.9%	5.9%	17.3%	23.7%	42.3%	104
$20,000 - $34,999	33.4%	29.4%	24.9%	16.6%	17.0%	26.4%	5.1%	19.6%	25.6%	32.3%	108
$35,000 - $49,999	29.4%	6.5%	25.1%	19.3%	28.4%	21.2%	5.5%	23.2%	22.1%	37.4%	103
$50,000 - $74,999	37.7%	8.4%	43.1%	27.4%	12.8%	27.3%	6.1%	18.0%	23.2%	30.1%	147
$75,000 or more	35.0%	8.7%	40.4%	17.0%	19.7%	34.9%	11.5%	20.4%	19.8%	36.0%	177

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	71.2%	28.8%	1677
Results by gender:			
Female	64.2%	35.8%	1009
Male	78.5%	21.5%	668
Results by age:			
18-34	79.2%	20.8%	113
35-44	80.2%	19.8%	118
45-54	80.6%	19.4%	222
55-64	70.7%	29.3%	396
65-74	66.9%	33.1%	372
75+	42.0%	58.0%	456
Results by education level:			
Less than HS diploma, no GED	37.5%	62.5%	118
High school diploma or GED	59.3%	40.7%	494
Some college, trade school, or Associate degree	77.9%	22.1%	669
Bachelor's degree or higher	77.8%	22.2%	380
Results by household income:			
Less than $20,000	53.0%	47.0%	295
$20,000 - $34,999	54.9%	45.1%	295
$35,000 - $49,999	69.3%	30.7%	244
$50,000 - $74,999	82.5%	17.5%	317
$75,000 or more	82.9%	17.1%	379

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Countryside Public Health	1-2 days	3-5 days	6-10 days	11-20 days	21-30 days	N
	%	%	%	%	%	(Unweighted)
Overall results from 2015	27.5%	26.9%	20.1%	15.2%	10.3%	989
Results by gender:						
Female	32.2%	31.9%	19.6%	10.5%	5.8%	555
Male	23.5%	22.5%	20.6%	19.2%	14.2%	434
Results by age:						
18-34	19.5%	22.4%	30.6%	22.8%	4.7%	82
35-44	27.4%	25.9%	19.8%	20.9%	6.0%	90
45-54	28.4%	32.3%	19.8%	9.7%	9.7%	166
55-64	31.1%	27.5%	13.7%	12.1%	15.5%	268
65-74	32.4%	26.7%	10.8%	12.1%	18.1%	223
75+	35.1%	25.0%	17.5%	7.9%	14.5%	160
Results by education level:						
Less than HS diploma, no GED	33.6%	53.5%	3.3%	9.7%	0.0%	33
High school diploma or GED	34.3%	26.4%	15.5%	10.5%	13.4%	241
Some college, trade school, or Associate degree	24.9%	24.0%	21.6%	19.1%	10.4%	450
Bachelor's degree or higher	27.2%	30.1%	21.9%	12.1%	8.7%	263
Results by household income:						
Less than $20,000	33.0%	34.4%	18.5%	8.1%	6.0%	108
$20,000 - $34,999	38.6%	21.2%	19.5%	8.1%	12.6%	149
$35,000 - $49,999	25.2%	27.6%	15.1%	15.3%	16.9%	152
$50,000 - $74,999	23.5%	25.0%	19.3%	21.6%	10.6%	223
$75,000 or more	27.1%	28.4%	21.5%	15.1%	7.8%	290

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

Countryside Public Health	One %	Two %	Three %	Four or more %	N (Unweighted)
Overall results from 2015	36.2%	30.5%	18.5%	14.8%	1018
Results by gender:					
Female	46.8%	27.8%	15.4%	10.0%	576
Male	27.2%	32.8%	21.1%	18.9%	442
Results by age:					
18-34	23.1%	23.3%	34.2%	19.4%	85
35-44	31.3%	34.5%	15.3%	18.8%	89
45-54	29.6%	32.1%	18.9%	19.4%	170
55-64	40.5%	37.9%	10.6%	10.9%	270
65-74	55.0%	32.7%	8.5%	3.8%	229
75+	69.5%	20.8%	6.3%	3.3%	175
Results by education level:					
Less than HS diploma, no GED	23.7%	20.3%	28.9%	27.1%	40
High school diploma or GED	34.3%	32.8%	16.9%	16.0%	251
Some college, trade school, or Associate degree	32.0%	28.9%	21.3%	17.8%	459
Bachelor's degree or higher	45.5%	32.6%	13.8%	8.1%	266
Results by household income:					
Less than $20,000	24.0%	23.0%	31.0%	22.1%	117
$20,000 - $34,999	39.6%	28.8%	21.1%	10.6%	157
$35,000 - $49,999	39.5%	28.0%	16.2%	16.3%	155
$50,000 - $74,999	38.1%	30.3%	17.3%	14.3%	225
$75,000 or more	35.6%	34.3%	15.8%	14.3%	295

All Survey Items (weighted data)

Number of drinks in past 30 days

Countryside Public Health	1-2 drinks %	3-4 drinks %	5-9 drinks %	10-19 drinks %	20-29 drinks %	30-59 drinks %	60 or more drinks %	N (Unweighted)
Overall results from 2015	15.0%	16.4%	15.9%	17.0%	14.4%	11.6%	9.8%	960
Results by gender:								
Female	20.6%	19.1%	18.5%	18.7%	11.1%	7.5%	4.5%	543
Male	10.0%	14.0%	13.6%	15.5%	17.2%	15.1%	14.5%	417
Results by age:								
18-34	6.2%	12.2%	11.6%	18.6%	28.1%	14.2%	9.1%	81
35-44	8.3%	19.9%	20.3%	19.2%	8.3%	13.8%	10.2%	89
45-54	14.9%	16.4%	18.9%	20.7%	8.3%	8.0%	12.9%	164
55-64	20.3%	16.4%	16.1%	12.3%	12.9%	13.0%	9.1%	264
65-74	24.5%	18.6%	16.2%	10.4%	10.7%	10.1%	9.5%	212
75+	31.3%	19.0%	9.8%	16.3%	11.2%	8.0%	4.4%	150
Results by education level:								
Less than HS diploma, no GED	21.5%	13.8%	15.3%	43.5%	0.0%	4.5%	1.4%	33
High school diploma or GED	17.5%	16.0%	21.0%	11.1%	11.0%	12.9%	10.5%	226
Some college, trade school, or Associate degree	13.5%	15.3%	12.7%	14.9%	17.7%	13.7%	12.1%	442
Bachelor's degree or higher	15.4%	18.5%	18.2%	22.1%	11.9%	7.7%	6.3%	257
Results by household income:								
Less than $20,000	18.4%	10.6%	20.1%	23.3%	14.2%	9.0%	4.4%	101
$20,000 - $34,999	22.9%	21.2%	15.1%	10.4%	9.6%	10.0%	10.9%	143
$35,000 - $49,999	15.6%	11.0%	18.8%	22.0%	9.0%	9.8%	13.8%	145
$50,000 - $74,999	12.0%	16.5%	15.5%	15.7%	13.5%	18.1%	8.7%	220
$75,000 or more	13.3%	18.3%	15.1%	16.8%	18.5%	8.3%	9.8%	287

All Survey Items (weighted data)

Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

Countryside Public Health	Heavy drinking %	No drinking or not heavy %	N (Unweighted)
Overall results from 2015	9.3%	90.7%	1578
Results by gender:			
Female	7.5%	92.5%	957
Male	11.2%	88.8%	621
Results by age:			
18-34	9.9%	90.1%	108
35-44	10.2%	89.8%	116
45-54	14.1%	85.9%	211
55-64	8.5%	91.5%	383
65-74	8.0%	92.0%	342
75+	2.5%	97.5%	418
Results by education level:			
Less than HS diploma, no GED	1.9%	98.1%	108
High school diploma or GED	8.5%	91.5%	449
Some college, trade school, or Associate degree	12.2%	87.8%	641
Bachelor's degree or higher	6.6%	93.4%	364
Results by household income:			
Less than $20,000	4.8%	95.2%	268
$20,000 - $34,999	9.4%	90.6%	274
$35,000 - $49,999	10.1%	89.9%	225
$50,000 - $74,999	9.9%	90.1%	308
$75,000 or more	10.4%	89.6%	366

Type of drinking behavior

Countryside Public Health	Heavy drinking %	Drinking, but not heavy %	No drinking %	N (Unweighted)
Overall results from 2015	9.3%	60.5%	30.2%	1578
Results by gender:				
Female	7.5%	55.4%	37.1%	957
Male	11.2%	66.0%	22.8%	621
Results by age:				
18-34	9.9%	68.3%	21.8%	108
35-44	10.2%	69.5%	20.2%	116
45-54	14.1%	65.7%	20.2%	211
55-64	8.5%	61.3%	30.2%	383
65-74	8.0%	56.4%	35.6%	342
75+	2.5%	34.2%	63.2%	418
Results by education level:				
Less than HS diploma, no GED	1.9%	30.8%	67.3%	108
High school diploma or GED	8.5%	47.3%	44.2%	449
Some college, trade school, or Associate degree	12.2%	65.0%	22.8%	641
Bachelor's degree or higher	6.6%	70.1%	23.2%	364
Results by household income:				
Less than $20,000	4.8%	43.2%	52.0%	268
$20,000 - $34,999	9.4%	43.3%	47.3%	274
$35,000 - $49,999	10.1%	57.5%	32.4%	225
$50,000 - $74,999	9.9%	72.2%	17.8%	308
$75,000 or more	10.4%	71.8%	17.9%	366

54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

Countryside Public Health	Any binge drinking	No binge drinking	N
	%	%	(Unweighted)
Overall results from 2015	46.1%	53.9%	884
Results by gender:			
Female	38.7%	61.3%	509
Male	52.7%	47.3%	375
Results by age:			
18-34	68.0%	32.0%	80
35-44	55.9%	44.1%	85
45-54	46.3%	53.7%	151
55-64	31.7%	68.3%	244
65-74	22.8%	77.2%	195
75+	12.7%	87.3%	129
Results by education level:			
Less than HS diploma, no GED	---	---	27
High school diploma or GED	43.4%	56.6%	203
Some college, trade school, or Associate degree	52.8%	47.2%	404
Bachelor's degree or higher	36.6%	63.4%	248
Results by household income:			
Less than $20,000	56.0%	44.0%	97
$20,000 - $34,999	44.9%	55.1%	122
$35,000 - $49,999	34.7%	65.3%	139
$50,000 - $74,999	45.4%	54.6%	200
$75,000 or more	49.1%	50.9%	269

55. Do you ever drive a car or other vehicle?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	93.5%	6.5%	1688
Results by gender:			
Female	92.3%	7.7%	1017
Male	94.7%	5.3%	671
Results by age:			
18-34	94.2%	5.8%	113
35-44	87.9%	12.1%	118
45-54	95.8%	4.2%	222
55-64	96.6%	3.4%	399
65-74	96.4%	3.6%	377
75+	88.4%	11.6%	459
Results by education level:			
Less than HS diploma, no GED	83.8%	16.2%	119
High school diploma or GED	88.0%	12.0%	498
Some college, trade school, or Associate degree	95.9%	4.1%	673
Bachelor's degree or higher	96.0%	4.0%	382
Results by household income:			
Less than $20,000	80.6%	19.4%	293
$20,000 - $34,999	94.2%	5.8%	296
$35,000 - $49,999	96.0%	4.0%	247
$50,000 - $74,999	95.2%	4.8%	319
$75,000 or more	96.9%	3.1%	379

56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

Countryside Public Health	Often %	Sometimes %	Never %	Not applicable; I don't have a cell phone %	N (Unweighted)
Overall results from 2015	1.9%	37.3%	56.0%	4.7%	1539
Results by gender:					
Female	1.4%	39.2%	54.4%	5.0%	913
Male	2.4%	35.5%	57.6%	4.4%	626
Results by age:					
18-34	1.1%	72.4%	26.1%	0.4%	106
35-44	8.9%	54.6%	36.5%	0.0%	106
45-54	0.6%	40.6%	56.7%	2.1%	208
55-64	1.3%	24.0%	69.7%	5.1%	371
65-74	0.7%	10.4%	81.0%	7.8%	355
75+	0.2%	1.0%	81.6%	17.2%	393
Results by education level:					
Less than HS diploma, no GED	0.6%	16.4%	72.2%	10.8%	93
High school diploma or GED	2.8%	15.1%	73.7%	8.4%	437
Some college, trade school, or Associate degree	0.9%	43.7%	51.9%	3.5%	634
Bachelor's degree or higher	3.0%	47.6%	46.6%	2.8%	363
Results by household income:					
Less than $20,000	0.3%	17.8%	70.7%	11.2%	227
$20,000 - $34,999	1.0%	21.7%	68.9%	8.5%	273
$35,000 - $49,999	0.3%	35.5%	59.9%	4.3%	233
$50,000 - $74,999	3.0%	43.2%	51.3%	2.6%	309
$75,000 or more	3.2%	51.8%	43.5%	1.5%	363

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

Countryside Public Health	Often %	Sometimes %	Never %	Not applicable; I don't have a cell phone %	N (Unweighted)
Overall results from 2015	0.6%	24.7%	69.9%	4.7%	1538
Results by gender:					
Female	0.6%	24.4%	70.1%	4.9%	909
Male	0.6%	25.1%	69.7%	4.6%	629
Results by age:					
18-34	0.2%	56.5%	43.0%	0.4%	106
35-44	2.0%	38.8%	59.2%	0.0%	107
45-54	0.6%	22.9%	74.4%	2.1%	206
55-64	0.6%	11.0%	83.1%	5.3%	370
65-74	0.4%	2.6%	89.0%	8.1%	356
75+	0.3%	0.9%	82.3%	16.5%	393
Results by education level:					
Less than HS diploma, no GED	0.6%	15.7%	73.4%	10.2%	90
High school diploma or GED	0.6%	8.2%	82.6%	8.7%	440
Some college, trade school, or Associate degree	0.4%	29.1%	67.2%	3.4%	631
Bachelor's degree or higher	1.1%	31.9%	64.2%	2.8%	366
Results by household income:					
Less than $20,000	0.5%	13.3%	76.0%	10.2%	227
$20,000 - $34,999	0.8%	13.8%	76.5%	9.0%	274
$35,000 - $49,999	0.3%	22.1%	73.3%	4.4%	233
$50,000 - $74,999	0.0%	35.8%	61.3%	3.0%	308
$75,000 or more	1.3%	29.9%	67.3%	1.5%	365

56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?

Countryside Public Health	Often %	Sometimes %	Never %	Not applicable; I don't have a cell phone %	N (Unweighted)
Overall results from 2015	18.0%	58.2%	19.2%	4.5%	1535
Results by gender:					
Female	14.8%	59.5%	21.0%	4.7%	907
Male	21.3%	56.9%	17.4%	4.4%	628
Results by age:					
18-34	39.5%	53.7%	6.4%	0.4%	105
35-44	24.9%	71.1%	4.0%	0.0%	106
45-54	15.7%	73.3%	8.8%	2.2%	206
55-64	11.6%	66.8%	16.5%	5.1%	371
65-74	4.7%	54.2%	33.5%	7.6%	357
75+	1.0%	22.5%	60.7%	15.8%	390
Results by education level:					
Less than HS diploma, no GED	6.2%	32.1%	52.9%	8.8%	90
High school diploma or GED	5.0%	49.7%	36.4%	8.8%	440
Some college, trade school, or Associate degree	22.2%	61.0%	13.5%	3.3%	629
Bachelor's degree or higher	22.9%	64.1%	10.5%	2.6%	363
Results by household income:					
Less than $20,000	8.1%	47.6%	33.2%	11.1%	223
$20,000 - $34,999	8.2%	48.3%	34.7%	8.8%	272
$35,000 - $49,999	13.5%	58.2%	24.3%	3.9%	233
$50,000 - $74,999	24.2%	63.0%	10.3%	2.6%	308
$75,000 or more	26.4%	63.9%	8.3%	1.4%	364

56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

Countryside Public Health	Often %	Sometimes %	Never %	N (Unweighted)
Overall results from 2015	5.0%	38.0%	57.0%	1528
Results by gender:				
Female	3.4%	38.5%	58.1%	907
Male	6.6%	37.6%	55.8%	621
Results by age:				
18-34	11.3%	43.1%	45.6%	106
35-44	5.3%	49.5%	45.2%	107
45-54	5.6%	43.9%	50.4%	208
55-64	2.6%	34.9%	62.4%	372
65-74	1.0%	32.8%	66.2%	353
75+	0.2%	17.8%	82.0%	382
Results by education level:				
Less than HS diploma, no GED	0.6%	17.4%	82.0%	92
High school diploma or GED	3.7%	31.1%	65.2%	433
Some college, trade school, or Associate degree	7.1%	38.5%	54.3%	629
Bachelor's degree or higher	3.3%	45.9%	50.8%	361
Results by household income:				
Less than $20,000	4.4%	27.5%	68.1%	223
$20,000 - $34,999	1.3%	33.4%	65.3%	267
$35,000 - $49,999	6.2%	32.9%	60.9%	234
$50,000 - $74,999	7.7%	45.9%	46.4%	309
$75,000 or more	5.0%	42.7%	52.3%	360

56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

Countryside Public Health	Often %	Sometimes %	Never %	N (Unweighted)
Overall results from 2015	0.7%	8.0%	91.3%	1528
Results by gender:				
Female	0.0%	4.3%	95.7%	907
Male	1.4%	11.8%	86.9%	621
Results by age:				
18-34	0.0%	12.7%	87.3%	106
35-44	0.3%	5.7%	94.0%	107
45-54	2.8%	10.7%	86.5%	205
55-64	0.0%	9.5%	90.5%	375
65-74	0.4%	2.3%	97.4%	353
75+	0.2%	1.4%	98.4%	382
Results by education level:				
Less than HS diploma, no GED	3.6%	1.4%	95.0%	93
High school diploma or GED	2.2%	4.9%	93.0%	434
Some college, trade school, or Associate degree	0.1%	12.2%	87.7%	629
Bachelor's degree or higher	0.2%	4.5%	95.4%	360
Results by household income:				
Less than $20,000	5.6%	1.5%	92.9%	226
$20,000 - $34,999	0.2%	4.3%	95.5%	268
$35,000 - $49,999	0.0%	5.6%	94.4%	234
$50,000 - $74,999	0.0%	16.5%	83.5%	310
$75,000 or more	0.1%	6.4%	93.4%	360

57. Do you own or rent your home?

Countryside Public Health	Own %	Rent %	Other arrangement %	N (Unweighted)
Overall results from 2015	83.2%	13.1%	3.7%	1702
Results by gender:				
Female	82.4%	13.2%	4.4%	1022
Male	84.1%	12.9%	3.0%	680
Results by age:				
18-34	70.0%	24.5%	5.5%	113
35-44	89.6%	7.3%	3.2%	117
45-54	85.6%	11.5%	3.0%	222
55-64	89.5%	8.2%	2.3%	401
65-74	91.5%	6.2%	2.4%	379
75+	79.0%	15.4%	5.5%	470
Results by education level:				
Less than HS diploma, no GED	63.6%	32.7%	3.7%	120
High school diploma or GED	76.5%	19.0%	4.5%	511
Some college, trade school, or Associate degree	83.9%	11.4%	4.7%	674
Bachelor's degree or higher	91.9%	6.6%	1.5%	383
Results by household income:				
Less than $20,000	46.7%	41.3%	12.0%	305
$20,000 - $34,999	70.6%	23.0%	6.5%	300
$35,000 - $49,999	85.6%	11.3%	3.1%	252
$50,000 - $74,999	92.3%	6.3%	1.4%	319
$75,000 or more	97.3%	1.7%	1.0%	378

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	9.6%	90.4%	1638
Results by gender:			
Female	10.5%	89.5%	976
Male	8.6%	91.4%	662
Results by age:			
18-34	14.8%	85.2%	113
35-44	4.4%	95.6%	116
45-54	8.0%	92.0%	219
55-64	4.8%	95.2%	384
65-74	6.2%	93.8%	366
75+	17.5%	82.5%	440
Results by education level:			
Less than HS diploma, no GED	29.6%	70.4%	113
High school diploma or GED	14.1%	85.9%	479
Some college, trade school, or Associate degree	8.2%	91.8%	654
Bachelor's degree or higher	4.2%	95.8%	376
Results by household income:			
Less than $20,000	41.1%	58.9%	288
$20,000 - $34,999	11.4%	88.6%	292
$35,000 - $49,999	6.4%	93.6%	242
$50,000 - $74,999	0.8%	99.2%	309
$75,000 or more	2.1%	97.9%	367

59. Does anyone ever smoke tobacco in any of the following areas in your building?

Countryside Public Health	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above checked	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	26.2%	12.8%	5.2%	4.5%	6.2%	40.2%	36.1%	191
Results by gender:								
Female	27.8%	14.2%	3.1%	3.4%	1.5%	48.3%	37.3%	134
Male	24.3%	11.0%	7.9%	5.8%	12.1%	30.2%	34.7%	57
Results by age:								
18-34	---	---	---	---	---	---	---	17
35-44	---	---	---	---	---	---	---	7
45-54	---	---	---	---	---	---	---	21
55-64	---	---	---	---	---	---	---	29
65-74	30.5%	3.7%	0.0%	0.0%	0.0%	49.2%	36.7%	34
75+	16.0%	4.7%	2.2%	2.6%	4.3%	31.9%	59.7%	83
Results by education level:								
Less than HS diploma, no GED	5.1%	16.7%	0.0%	12.2%	0.0%	30.1%	41.4%	32
High school diploma or GED	41.8%	17.5%	15.4%	4.3%	3.3%	44.3%	34.9%	78
Some college, trade school, or Associate degree	24.7%	4.8%	0.0%	1.7%	13.3%	37.7%	34.6%	59
Bachelor's degree or higher	---	---	---	---	---	---	---	18
Results by household income:								
Less than $20,000	30.4%	11.1%	9.1%	4.1%	10.3%	41.6%	29.3%	110
$20,000 - $34,999	36.8%	10.8%	0.0%	1.3%	1.7%	50.1%	42.2%	39
$35,000 - $49,999	---	---	---	---	---	---	---	15
$50,000 - $74,999	---	---	---	---	---	---	---	5
$75,000 or more	---	---	---	---	---	---	---	5

60. Do you have access to at least one working car or other vehicle to use when you need to?

Countryside Public Health	Yes %	No %	N (Unweighted)
Overall results from 2015	96.5%	3.5%	1714
Results by gender:			
Female	94.9%	5.1%	1029
Male	98.1%	1.9%	685
Results by age:			
18-34	96.0%	4.0%	112
35-44	98.3%	1.7%	116
45-54	96.7%	3.3%	221
55-64	97.8%	2.2%	404
65-74	98.2%	1.8%	385
75+	92.2%	7.8%	476
Results by education level:			
Less than HS diploma, no GED	86.9%	13.1%	123
High school diploma or GED	92.2%	7.8%	513
Some college, trade school, or Associate degree	98.6%	1.4%	678
Bachelor's degree or higher	98.6%	1.4%	383
Results by household income:			
Less than $20,000	81.9%	18.1%	307
$20,000 - $34,999	97.7%	2.3%	299
$35,000 - $49,999	98.6%	1.4%	253
$50,000 - $74,999	99.5%	0.5%	321
$75,000 or more	99.8%	0.2%	377

71. Employment status

Countryside Public Health	Yes	No	N
	%	%	(Unweighted)
Overall results from 2010	65.5%	34.5%	2362
Overall results from 2015	67.3%	32.7%	1723
Results by gender:			
Female	62.6%	37.4%	1037
Male	72.1%	27.9%	686
Results by age:			
18-34	91.0%	9.0%	113
35-44	87.8%	12.2%	118
45-54	86.1%	13.9%	224
55-64	76.7%	23.3%	404
65-74	31.7%	68.3%	385
75+	7.9%	92.1%	479
Results by education level:			
Less than HS diploma, no GED	30.9%	69.1%	124
High school diploma or GED	49.1%	50.9%	518
Some college, trade school, or Associate degree	74.4%	25.6%	680
Bachelor's degree or higher	78.9%	21.1%	386
Results by household income:			
Less than $20,000	32.2%	67.8%	309
$20,000 - $34,999	56.4%	43.6%	303
$35,000 - $49,999	67.6%	32.4%	253
$50,000 - $74,999	78.8%	21.2%	321
$75,000 or more	84.9%	15.1%	380

Appendix

Survey instrument

Southwest Minnesota Healthy Communities Survey

Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

1. In general, would you say that your health is:

○ Excellent   ○ Very good   ○ Good   ○ Fair   ○ Poor

2. Have you <u>ever</u> been told by a doctor or other health care professional that you had any of the following health conditions?

	No	Yes	Yes, but only during pregnancy
a. High blood pressure/hypertension	○	○	○
b. Pre-hypertension	○	○	○
c. Diabetes	○	○	○
d. Pre-diabetes	○	○	○
e. Overweight	○	○	
f. Cancer	○	○	
g. Chronic lung disease (including COPD, chronic bronchitis or emphysema)	○	○	
h. Heart trouble or angina	○	○	
i. Stroke or stroke-related health problems	○	○	
j. High cholesterol or triglycerides	○	○	
k. Arthritis	○	○	
l. Depression	○	○	
m. Anxiety or panic attacks	○	○	
n. Other mental health problems	○	○	
o. Obesity	○	○	
p. Asthma	○	○	

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the <u>past 30 days</u> was your physical health <u>not good</u>?

⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ ⑬ ⑭ ⑮ ⑯ ⑰ ⑱ ⑲ ⑳ ㉑ ㉒ ㉓ ㉔ ㉕ ㉖ ㉗ ㉘ ㉙ ㉚ days

4. When was the last time you had...

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
a. ... a flu shot?	○	○	○	○	○
b. ... a dental exam or your teeth cleaned?	○	○	○	○	○
c. ... a hearing test?	○	○	○	○	○
d. ... an eye exam?	○	○	○	○	○
e. ... your blood pressure checked?	○	○	○	○	○
f. ... your blood cholesterol checked?	○	○	○	○	○
g. ... your blood sugar checked?	○	○	○	○	○
h. ... any screening for skin cancer?	○	○	○	○	○
i. ... any screening for colon cancer? *Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema*	○	○	○	○	○
j. ... a prostate exam (men only)?	○	○	○	○	○
k. ... a Pap test (women only)?	○	○	○	○	○
l. ... a mammogram (women only)?	○	○	○	○	○
m. ... a general health exam?	○	○	○	○	○

GO TO QUESTION 6   **GO TO QUESTION 5**

DO NOT WRITE IN THIS BOX

☐ ○

5. If you have <u>not</u> had a <u>general health exam</u> within the past 1 or 2 years, why not?

- ○ I could not get an appointment
- ○ I had transportation problems
- ○ I did not need one
- ○ It cost too much
- ○ I did not have insurance
- ○ My insurance did not cover it
- ○ Other reason _____

6. During the <u>past 12 months</u>, have you seen a doctor, nurse, or other health professional about your own health?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 8**
▼

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:
(Mark ALL that apply)

- ○ Physical activity
- ○ Diet or nutrition
- ○ Weight
- ○ Smoking or other tobacco use
- ○ Stress
- ○ Mental health concerns

8. During the <u>past 12 months</u>, was there a time when you thought you needed <u>medical care</u> but did not get it or delayed getting it?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 10**
▼

9. Why did you not get or delay getting the <u>medical care</u> you thought you needed? *(Mark ALL that apply)*

- ○ I could not get an appointment
- ○ I had transportation problems
- ○ I did not think it was serious enough
- ○ It cost too much
- ○ I did not have insurance
- ○ My insurance did not cover it
- ○ Other reason _____

10. During the <u>past 12 months</u>, was there a time when you thought you needed <u>dental care</u> but did not get it or delayed getting it?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 12**
▼

11. Why did you not get or delay getting the <u>dental care</u> you thought you needed? *(Mark ALL that apply)*

- ○ I could not get an appointment
- ○ I had transportation problems
- ○ I was too nervous or afraid
- ○ It cost too much
- ○ I did not have insurance
- ○ The dentist would not accept my insurance
- ○ I did not know where to go
- ○ Other reason _____

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the <u>past 30 days</u> was your mental health <u>not good</u>?

Write the number in the boxes, then fill in the appropriate circle beneath each box. ▶

Number of days my mental health was not good

⓪ ⓪
① ①
② ②
③ ③
④
⑤
⑥
⑦
⑧
⑨

13. During the <u>past 12 months</u>, was there a time when you <u>wanted to</u> talk with or seek help from a health professional about <u>mental health issues</u>, but did not go, or delayed talking with someone?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 15**
▼

14. Why did you not get or delay getting the <u>mental health care</u> you thought you needed? *(Mark ALL that apply)*

- ○ I could not get an appointment
- ○ I had transportation problems
- ○ I was too nervous or afraid
- ○ I did not think it was serious enough
- ○ It cost too much
- ○ I did not have insurance
- ○ My insurance did not cover it
- ○ I did not know where to go
- ○ Other reason _____

15. In the <u>past 6 months</u>, which statement best describes medications prescribed for you?

- ○ I had no medications prescribed for me. ▶ **GO TO QUESTION 17**
- ○ I had medications prescribed for me and I filled **ALL** of the prescriptions. ▶ **GO TO QUESTION 17**
- ○ I had medications prescribed for me and I <u>did not</u> fill at least one of them.

16. Why did you not fill at least one prescription for medication? *(Mark ALL that apply)*

- ○ I did not have insurance
- ○ It cost too much
- ○ I do not like taking medications
- ○ I did not think I needed the medication
- ○ I did not know where to go
- ○ I had transportation problems
- ○ I did not like the side effects
- ○ Other reason _____

2

17. Do you currently have any of the following types of health insurance?
(Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	○	○
b. Health insurance or coverage bought directly by yourself or your family (not through an employer)	○	○
c. Indian or Tribal Health Service	○	○
d. Medicare	○	○
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	○	○
f. MinnesotaCare	○	○
g. Minnesota Comprehensive Health Association (MCHA)	○	○
h. CHAMPUS, TRICARE, or Veterans' benefits	○	○
i. Other health insurance or coverage (please specify): _____	○	○
j. NO health insurance coverage	○	○

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18. Do you consider yourself: ○ Overweight   ○ About the right weight   ○ Underweight

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19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. **How many servings of fruit did you have yesterday?** (Do NOT include fruit juice.)

Write the number in the boxes, then fill in the appropriate circle beneath each box. ▶

Servings: ⓪⓪ ①① ②② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

20. A serving of 100% fruit juice is 6 ounces. **How many 6 ounce servings of 100% fruit juice did you have yesterday?**

Servings: ⓪⓪ ①① ②② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

21. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. **How many servings of vegetables did you have yesterday?**

Servings: ⓪⓪ ①① ②② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

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22. How many glasses of each of the following did you drink yesterday?
Think of a "glass" as a 12-oz. serving.

	0	1-2	3-4	5-6	7 or more
a. Milk	○	○	○	○	○
b. Pop or soda (regular)	○	○	○	○	○
c. Pop or soda (diet)	○	○	○	○	○
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	○	○	○	○	○

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24. In an average week, how many times do you do the following?

	0 times	1-2 times	3-4 times	5-6 times	7 or more
a. Eat out or order out a meal from a fast food place (McDonald's, KFC, Taco Bell, pizza places, etc.)	○	○	○	○	○
b. Eat a meal out at a restaurant that is not a fast food place	○	○	○	○	○
c. Eat a meal from Meals on Wheels	○	○	○	○	○
d. Eat a meal from Senior dining/Senior meals	○	○	○	○	○
e. Eat a meal at a community setting such as a church	○	○	○	○	○
f. Eat a home-cooked meal	○	○	○	○	○
g. Watch television during meal time	○	○	○	○	○

24. In a typical month, how often do you or others in your household buy or get food from the following places?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Supermarket or large grocery store	○	○	○	○	○
b. Small grocery store	○	○	○	○	○
c. Convenience store or gas station	○	○	○	○	○
d. Grocery delivery service	○	○	○	○	○
e. Food shelf or food pantry	○	○	○	○	○
f. Some other place	○	○	○	○	○

25. During the growing season, how often do you or others in your household buy or get food from the following places?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Farmer's market, fruit/vegetable stand	○	○	○	○	○
b. Local farm or CSA (community supported agriculture)	○	○	○	○	○
c. Food grown at home or in a community garden	○	○	○	○	○

26. How far do you usually go (one way) to get your groceries?

○ Less than 2 miles   ○ 11-20 miles
○ 2-6 miles   ○ 21-30 miles
○ 7-10 miles   ○ Over 30 miles

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

○ Every day   ○ 1-2 days per week
○ 5-6 days per week   ○ Less than 1 day per week
○ 3-4 days per week   ○ Never

28. How comfortable are you with your skills in ...

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable
a. ...following a recipe?	○	○	○	○
b. ...measuring ingredients?	○	○	○	○
c. ...cutting and mixing ingredients?	○	○	○	○
d. ...using different methods to cook foods, such as boiling, baking, stir-frying or grilling?	○	○	○	○

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

○ Often   ○ Rarely
○ Sometimes   ○ Never

30. During the past 12 months, have you used a community food shelf program?

○ Yes   ○ No

31. Please mark the extent to which you agree or disagree with the following statements.

	Strongly agree	Agree	Disagree	Strongly disagree
a. There is a large selection of fresh fruits and vegetables where I usually shop.	○	○	○	○
b. The fresh fruits and vegetables available where I usually shop are of high quality.	○	○	○	○
c. The fresh fruits and vegetables where I usually shop are too expensive.	○	○	○	○
d. Fruits and vegetables are difficult to prepare.	○	○	○	○
e. Fruits and vegetables spoil quickly.	○	○	○	○

32. During the <u>past 30 days</u>, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

○ Yes   ○ No

33. During an <u>average week</u>, other than your regular job, how many days do you get at least 30 minutes of **moderate physical activity?** *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

○ 0 days   ○ 2 days   ○ 4 days   ○ 6 days
○ 1 day   ○ 3 days   ○ 5 days   ○ 7 days

34. During an <u>average week</u>, other than your regular job, how many days do you get at least 20 minutes of **vigorous physical activity?** *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

○ 0 days   ○ 2 days   ○ 4 days   ○ 6 days
○ 1 day   ○ 3 days   ○ 5 days   ○ 7 days

35. Where do you <u>usually</u> exercise or do physical activities? *(Mark ALL that apply.)*

○ At home   ○ At a health club, fitness center, or gym   ○ Somewhere outdoors (park, trails, etc.)
○ At work   ○ At a public recreation facility or community center   ○ Some other place
○ Not applicable–I do not do or I am unable to do physical activities

36. Please indicate if you <u>have</u> the following resources and facilities in your community, and if so, whether or not you <u>use</u> that resource or facility.

Resources and Facilities	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a. Walking paths or trails	○	○	○ →	○	○
b. Bicycle paths, shared use paths or bike lanes	○	○	○ →	○	○
c. Public swimming pools or water parks	○	○	○ →	○	○
d. Public recreation or community centers	○	○	○ →	○	○
e. Parks or sports fields	○	○	○ →	○	○
f. Schools, colleges or universities that are open for public use for exercise or physical activity	○	○	○ →	○	○
g. A shopping mall or store for physical activity or walking	○	○	○ →	○	○
h. Health club, fitness center, or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)	○	○	○ →	○	○
i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)	○	○	○ →	○	○

37. How much of a problem are the following factors for <u>you</u> in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
a. Lack of time	○	○	○
b. Lack of programs, leaders or facilities	○	○	○
c. No one to exercise with	○	○	○
d. The cost of fitness programs, gym memberships or admission fees	○	○	○
e. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	○	○	○
f. Long-term illness, injury or disability	○	○	○
g. Distance I have to travel to a place where I can be physically active	○	○	○
h. No safe place to exercise	○	○	○
i. Lack of self-discipline or willpower	○	○	○
j. Not having sidewalks or walking paths/trails	○	○	○
k. Poor maintenance of sidewalks or walking paths/trails	○	○	○
l. Sidewalks/paths/trails are icy or not shoveled	○	○	○
m. Other reasons	○	○	○

38. We are interested in how much "screen time" people get. On average, while you are <u>not</u> at work or school, how many TOTAL hours <u>or</u> minutes per day do you spend: ⟶

Total hours per day **OR** Total minutes per day

⓪⓪ ①① ② — for hours column (0–9): ⓪①②③④⑤⑥⑦⑧⑨

⓪⓪ ①① ②② ③③ ④④ ⑤⑤ ⑥⑥ ⑦⑦ ⑧⑧ ⑨⑨ — for minutes column

- Using a computer, tablet or smart phone
- Watching TV or movies
- Reading using a tablet such as a Kindle®
- Playing online, video or computer games or games on a smart phone
- Texting, emailing or messaging other ways
- Any other screen activities

39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

○ Yes ○ No ▶ **GO TO QUESTION 44**

40. Do you now smoke cigarettes every day, some days, or not at all?

○ Every day ○ Some days ○ Not at all ▶ **GO TO QUESTION 43**

41. During the <u>past 12 months</u>, have you stopped smoking for one day or longer because you were trying to quit?

○ Yes ○ No

42. If you have tried to quit smoking cigarettes, why hasn't it worked? *(Mark ALL that apply.)*

○ I am not sure how to quit or where to go for help
○ Quit aids such as gum, lozenges, prescriptions, etc. are too expensive
○ I live with someone who also smokes and who doesn't want to quit
○ I don't want to quit
○ I haven't tried to quit ▶ **GO TO QUESTION 44**
○ Other reason _____

43. The last time you tried to quit smoking (or when you quit for good), did you use...

	Yes	No
a. ... any nicotine replacement product, such as gum, a patch, a nasal spray, an inhaler or lozenges?	○	○
b. ... a prescription medication like Zyban, Wellbutrin, or Chantix to help you quit smoking?	○	○
c. ... a stop-smoking clinic or class?	○	○
d. ... a quit-smoking telephone help line?	○	○
e. ... an on-line or web-based counseling service?	○	○
f. ... face-to-face counseling?	○	○
g. ... some other program or service?	○	○
h. I quit without any help from any of these.	○	○

44. How often do you use any of the following products?

	Every day	Some days	Never
a. Cigars, cigarillos, or little cigars	○	○	○
b. Pipes	○	○	○
c. Snuff, snus or chewing tobacco	○	○	○
d. E-cigarettes	○	○	○
e. Any other type of tobacco product	○	○	○
f. Marijuana	○	○	○

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) <u>inside</u> your home?

○ Yes ○ No

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

○ Yes ○ No

47. In Minnesota, in the <u>past 7 days</u>, has anyone <u>smoked tobacco</u> (not including e-cigarettes) near you at any place <u>besides</u> your home or car?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 49**
▼

48. The last time this happened in Minnesota, where were you? *(Please mark only ONE)*

○ A restaurant's or bar's outdoor area
○ An outdoor shopping mall or strip mall
○ A park or outdoor recreation area
○ A parking lot
○ An outdoor community sports event
○ A sidewalk or building entrance
○ Somewhere else outdoors
○ Some other place

49. In Minnesota, have you ever seen anyone <u>smoke an e-cigarette</u>?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 51**
▼

50. Where have you seen people smoke e-cigarettes in Minnesota? *(Mark ALL that apply)*

○ Someone's home or car (including your own)
○ Your workplace
○ A restaurant or bar
○ A business or shopping area
○ A park or outdoor recreation area
○ A parking lot
○ An outdoor community sports event
○ A sidewalk or building entrance
○ Somewhere else <u>indoors</u>
○ Somewhere else <u>outdoors</u>

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51. <u>During the past 30 days</u>, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 55**
▼

52. <u>During the past 30 days</u>, on how many days did you have at least one drink of any alcoholic beverage? ──▶

Days
| ⓪ ⓪ |
| ① ① |
| ② ② |
| ③ ③ |
| ④ |
| ⑤ |
| ⑥ |
| ⑦ |
| ⑧ |
| ⑨ |

53. <u>During the past 30 days</u>, on the days when you drank, about how many drinks did you drink on average? *(A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)*

○ 1 drink   ○ 6 drinks
○ 2 drinks   ○ 7 drinks
○ 3 drinks   ○ 8 drinks
○ 4 drinks   ○ 9 drinks
○ 5 drinks   ○ 10 drinks or more

54. Considering all types of alcoholic beverages, how many times <u>during the past 30 days</u> did you have...?

FOR FEMALES: **4 or more drinks on an occasion**

Times
| ⓪ ⓪ |
| ① ① |
| ② ② |
| ③ ③ |
| ④ |
| ⑤ |
| ⑥ |
| ⑦ |
| ⑧ |
| ⑨ |

FOR MALES: **5 or more drinks on an occasion**

Times
| ⓪ ⓪ |
| ① ① |
| ② ② |
| ③ ③ |
| ④ |
| ⑤ |
| ⑥ |
| ⑦ |
| ⑧ |
| ⑨ |

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55. Do you ever <u>drive</u> a car or other vehicle?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 57**

56. When DRIVING a car or other vehicle, how often do you...

	Often	Sometimes	Never	Not applicable: I don't have a cell phone
a. ...read incoming text messages or emails?	○	○	○	○
b. ...send text messages or emails?	○	○	○	○
c. ...make or answer a phone call?	○	○	○	○
d. ...do other activities such as eat, read, apply makeup or shave?	○	○	○	
e. ...drive when you have perhaps had too much to drink?	○	○	○	

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57. Do you own or rent your home?
○ Own   ○ Rent   ○ Other arrangement

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?
○ Yes
○ No ▶ **GO TO QUESTION 60**

59. Does anyone ever smoke tobacco in any of the following areas in your building? *(Mark ALL that apply)*
○ Apartments   ○ Lobby or lounge areas
○ Hallways   ○ Party rooms
○ Laundry rooms   ○ On patios or balconies

60. Do you have access to at least one *working* car or other vehicle to use when you need to?
○ Yes   ○ No

61. Are you:
○ Male   ○ Female

62. Your age group:
○ 18-24   ○ 35-44   ○ 55-64   ○ 75+
○ 25-34   ○ 45-54   ○ 65-74

63. Are you of Hispanic or Latino origin?
○ Yes   ○ No

64. Which of the following best describes you? *(Mark ALL that apply)*
○ American Indian
○ Asian or Pacific Islander
○ Black or African American or African
○ White
○ Other _____

65. Do you think of your as...? *(Mark ALL that apply)*
○ Heterosexual or straight
○ Gay, lesbian, or homosexual
○ Bisexual
○ Transgender

66. How tall are you without shoes?

Feet   Inches
○ 0 / ○ 0
○ 1 / ○ 1
○ 2 / ○ 2
○ 3 / ○ 3
○ 4 / ○ 4
○ 5 / ○ 5
○ 6 / ○ 6
○ 7 / ○ 7
     ○ 8
     ○ 9
     ○ 10
     ○ 11

67. Approximately how much do you weigh?

Pounds
○ 0 ○ 0 ○ 0
○ 1 ○ 1 ○ 1
○ 2 ○ 2 ○ 2
○ 3 ○ 3 ○ 3
○ 4 ○ 4 ○ 4
○ 5 ○ 5 ○ 5
○ 6 ○ 6 ○ 6
○ 7 ○ 7 ○ 7
○ 8 ○ 8 ○ 8
○ 9 ○ 9 ○ 9

68. Including yourself, how many adults live in your household?

Number of Adults:
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

69. What is the highest level of education you have completed? *(Please mark only ONE)*
○ Did not complete 8th grade
○ Did not complete high school
○ High school diploma/GED
○ Trade/Vocational school
○ Some college
○ Associate degree
○ Bachelor's degree
○ Graduate/Professional degree

70. Household income per year:
○ Less than $20,000
○ $20,000 - $34,999
○ $35,000 - $49,999
○ $50,000 - $74,999
○ $75,000 - $99,999
○ $100,000 or more

71. Are you currently... *(Mark ALL that apply)*
○ Employed
○ Self-employed or farmer
○ Unemployed or out of work
○ A homemaker or stay-at-home parent
○ A student
○ Retired
○ Unable to work because of a disability

Thank you for completing this survey!