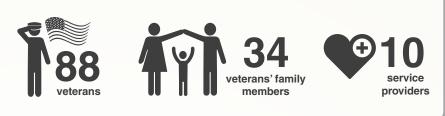
VETERANS' NEEDS

in Northeastern Minnesota*

COLLECTING THE DATA

Working collaboratively with United Way of Northeastern Minnesota, Wilder Research gathered information from 126 people through 17 in-depth phone interviews and 99 web surveys, including:



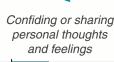
Veterans said they experience significant challenges with:

CIVILIAN LIFE CULTURE SHOCK

"In civilian life, you're on your own. You feel lost, you have no direction." —Phone interview with a veteran (Korea) Web survey respondents who found this very or somewhat difficult

Veteran (n=66-68)

Family member's perspective of veteran's experiences (n=16-21)



40%

65%

Feeling like they belong in civilian society

27%

21%

Relationships with spouses and children

> 22% 43%

"Emotional bonding levels [are challenging]. They want to know exactly what happened, what I did, but I get frustrated telling the story over and over again..." —*Web survey from a veteran (served 2001 or later)*

FINANCIAL STABILITY & EMPLOYMENT Ś

"I got side jobs here and there...minor jobs, but nothing steady. No steady work. It's not a lack of trying." —*Phone interview with a veteran (Iraq)* "There were no jobs. I thought I would get into the mines when I got back but they weren't hiring if you didn't have at least a 2 year college degree and the military didn't count for squat."
—Phone interview with a veteran (Gulf War era)

HEALTH & MENTAL HEALTH SERVICES

"... if a guy has never gotten service, the red tape is more and more difficult." —*Phone interview with a veteran (Vietnam)*

- Layered bureaucracy
- Long wait times
- Long distance travel
- Few qualified service providers or knowledge of those available
- Poor communication and technology
- Few services offered by veterans for veterans
- Social stigma and confidentiality

OVERALL

Veterans mention many challenges with the **culture, system,** and **process of care**.

* This graphic represents some of the results of an assessment to determine the greatest needs for veterans and their families in the service territories of Upper Saint Louis County and parts of Itasca County.

** Please see summary report on tinyurl.com/veteransneeds for more details on themes and quotes.



Our Vision:

All veterans in Northeastern Minnesota will have access to health care, financial stability and employment, as well as to high quality and culturally competent support. This access and care will support veterans, their families, and our communities to flourish, grow, and thrive.

For more information contact Erin Shay, Community Impact and Engagement Director at 218-254-3329 or by email at erin@unitedwaynemn.org

May 2015

Wilder Research Information. Insight. Impact.

451 Lexington Parkway North Saint Paul, Minnesota 55104 651-280-2700 www.wilderresearch.org

SUPPORTING VETERANS' NEEDS

in Northeastern Minnesota

