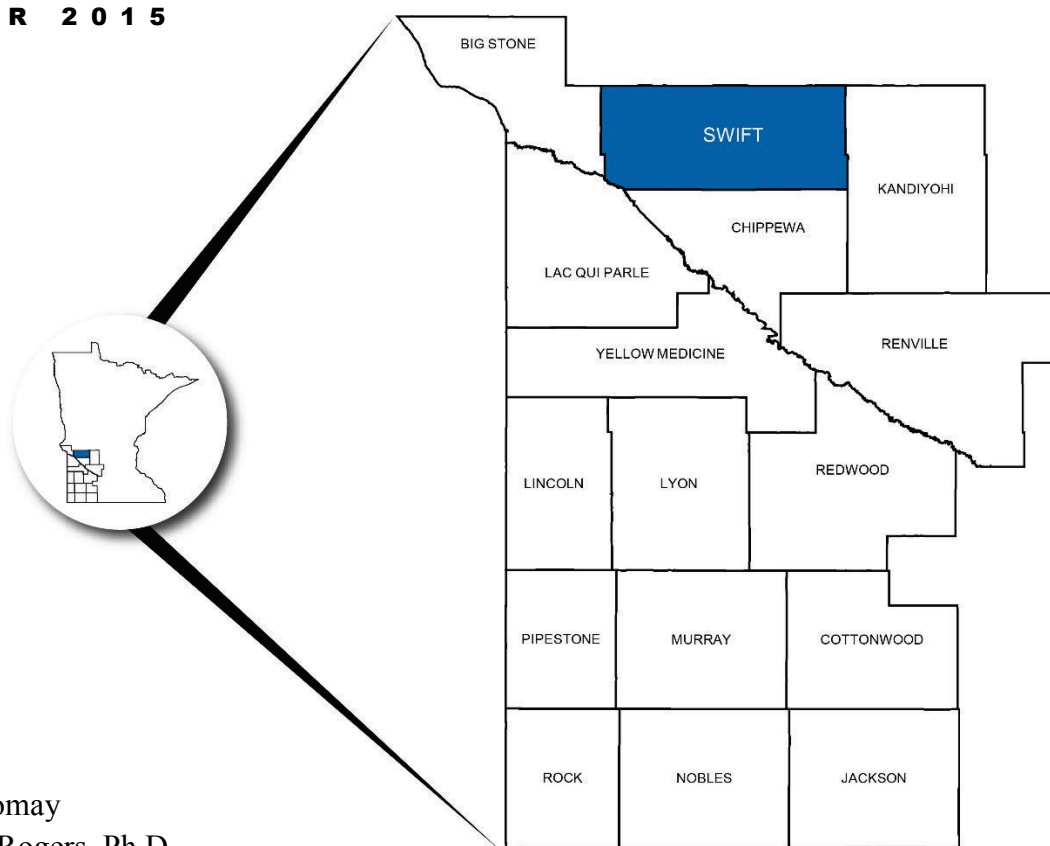


# Data Book for Swift County

## *2015 Southwest/South Central MN Adult Health Survey*

OCTOBER 2015



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# Acknowledgments

We would like to thank the residents of Southwest and South Central Minnesota who completed the survey upon which this data book is based.

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The following Wilder Research staff worked on this study.

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# Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered English-language questionnaire. See the Appendix for the survey instrument.

## Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the “most recent birthday” method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

## Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

## Completed surveys

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

### 1. Southwest/South Central MN Adult Health Survey sample and respondents

Area No.	Reporting area (County)	Population of area <sup>a</sup>	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error <sup>b</sup>
1	Big Stone	5,122	1,200	351	29.9%	7.0%
2	Chippewa	12,093	1,200	285	24.2%	8.1%
3	Cottonwood	11,616	1,500	456	31.0%	6.6%
4	Jackson	10,260	1,500	429	29.5%	6.4%
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%
7	Lincoln	5,830	1,200	412	34.8%	6.6%
8	Lyon	25,487	1,200	339	28.9%	7.2%
9	Murray	8,533	1,200	418	35.0%	6.4%
10	Nobles	21,617	1,500	448	30.4%	6.6%
11	Pipestone	9,270	1,200	328	27.8%	8.0%
12	Redwood	15,744	1,200	361	30.7%	6.9%
13	Renville	15,166	1,200	387	32.9%	7.0%
14	Rock	9,520	1,200	361	30.8%	7.4%
15	Swift	9,546	1,200	373	31.3%	7.2%
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%
<b>All</b>		<b>219,284</b>	<b>20,100</b>	<b>6,019</b>	<b>30.5%</b>	<b>1.9%</b>

<sup>a</sup> Most recent data (2013) from MN Compass

<sup>b</sup> The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.

## Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

## How to use this data book

The “area of focus” for this data book is **Swift County**. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from Swift County based on:

- Gender
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher
- Annual household income ranges including less than \$20,000, \$20,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, \$75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

# Survey findings

[Data tables](#)

Demographics

61. Gender (Unweighted)

	Female	Male	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	69.7%	30.3%	458
Overall results from 2015	58.4%	41.6%	373
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	62.0%	38.0%	50
55-64	62.0%	38.0%	79
65-74	38.5%	61.5%	78
75+	61.7%	38.3%	115
Results by education level:			
Less than HS diploma, no GED	38.7%	61.3%	31
High school diploma or GED	62.1%	37.9%	116
Some college, trade school, or Associate degree	62.5%	37.5%	128
Bachelor's degree or higher	53.7%	46.3%	95
Results by household income:			
Less than \$20,000	64.1%	35.9%	64
\$20,000 - \$34,999	65.7%	34.3%	67
\$35,000 - \$49,999	58.6%	41.4%	58
\$50,000 - \$74,999	53.2%	46.8%	77
\$75,000 or more	51.8%	48.2%	85



Demographics

61. Gender (Weighted)

	Female	Male	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	44.4%	55.6%	458
Overall results from 2015	50.1%	49.9%	373
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	47.5%	52.5%	50
55-64	48.4%	51.6%	79
65-74	52.5%	47.5%	78
75+	62.4%	37.6%	115
Results by education level:			
Less than HS diploma, no GED	29.5%	70.5%	31
High school diploma or GED	59.9%	40.1%	116
Some college, trade school, or Associate degree	50.6%	49.4%	128
Bachelor's degree or higher	46.0%	54.0%	95
Results by household income:			
Less than \$20,000	50.4%	49.6%	64
\$20,000 - \$34,999	71.6%	28.4%	67
\$35,000 - \$49,999	57.1%	42.9%	58
\$50,000 - \$74,999	44.4%	55.6%	77
\$75,000 or more	40.6%	59.4%	85

62. Age group (Unweighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
<i>Swift County</i>	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	8.0%	8.0%	21.2%	22.3%	18.8%	21.7%	452
Overall results from 2015	6.7%	7.0%	13.4%	21.2%	20.9%	30.8%	373
Results by gender:							
Female	8.3%	8.7%	14.2%	22.5%	13.8%	32.6%	218
Male	4.5%	4.5%	12.3%	19.4%	31.0%	28.4%	155
Results by education level:							
Less than HS diploma, no GED	0.0%	6.5%	6.5%	6.5%	22.6%	58.1%	31
High school diploma or GED	0.9%	2.6%	5.2%	20.7%	22.4%	48.3%	116
Some college, trade school, or Associate degree	10.9%	7.8%	16.4%	27.3%	19.5%	18.0%	128
Bachelor's degree or higher	10.5%	11.6%	21.1%	18.9%	21.1%	16.8%	95
Results by household income:							
Less than \$20,000	3.1%	4.7%	9.4%	12.5%	15.6%	54.7%	64
\$20,000 - \$34,999	9.0%	3.0%	1.5%	17.9%	28.4%	40.3%	67
\$35,000 - \$49,999	10.3%	5.2%	12.1%	25.9%	24.1%	22.4%	58
\$50,000 - \$74,999	5.2%	9.1%	20.8%	19.5%	27.3%	18.2%	77
\$75,000 or more	8.2%	11.8%	22.4%	31.8%	11.8%	14.1%	85

## Demographics

### 62. Age group (Weighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
<i>Swift County</i>	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	20.2%	20.3%	19.5%	16.1%	10.0%	13.9%	452
Overall results from 2015	22.2%	14.4%	20.0%	17.5%	11.2%	14.7%	373
<b>Results by gender:</b>							
Female	20.0%	14.1%	19.0%	16.9%	11.7%	18.3%	218
Male	24.4%	14.8%	21.0%	18.1%	10.6%	11.0%	155
<b>Results by education level:</b>							
Less than HS diploma, no GED	0.0%	14.9%	23.7%	8.2%	15.8%	37.4%	31
High school diploma or GED	1.6%	10.3%	11.2%	23.4%	18.8%	34.7%	116
Some college, trade school, or Associate degree	33.9%	12.2%	19.8%	18.5%	9.5%	6.1%	128
Bachelor's degree or higher	25.9%	20.2%	24.8%	14.4%	7.5%	7.2%	95
<b>Results by household income:</b>							
Less than \$20,000	11.5%	10.8%	19.7%	11.9%	9.1%	36.9%	64
\$20,000 - \$34,999	26.1%	5.5%	5.5%	16.0%	21.7%	25.1%	67
\$35,000 - \$49,999	23.0%	9.8%	19.3%	23.7%	13.3%	11.0%	58
\$50,000 - \$74,999	15.9%	23.4%	26.4%	13.2%	13.3%	7.8%	77
\$75,000 or more	31.3%	15.1%	22.5%	21.5%	4.6%	5.0%	85

## Demographics

### 64. Race / Ethnicity (Unweighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	
<b>Overall results from 2010</b>	0.7%	0.4%	0.0%	0.4%	99.1%	1.5%	456
<b>Overall results from 2015</b>	0.8%	0.0%	0.3%	1.6%	99.2%	0.8%	373
<b>Results by gender:</b>							
Female	0.9%	0.0%	0.5%	1.4%	99.1%	1.4%	218
Male	0.6%	0.0%	0.0%	1.9%	99.4%	0.0%	155
<b>Results by age:</b>							
18-34	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	26
45-54	4.0%	0.0%	2.0%	0.0%	98.0%	0.0%	50
55-64	0.0%	0.0%	0.0%	1.3%	98.7%	1.3%	79
65-74	0.0%	0.0%	0.0%	0.0%	98.7%	1.3%	78
75+	0.0%	0.0%	0.0%	2.6%	100.0%	0.9%	115
<b>Results by education level:</b>							
Less than HS diploma, no GED	3.2%	0.0%	0.0%	3.2%	100.0%	0.0%	31
High school diploma or GED	0.9%	0.0%	0.0%	0.9%	99.1%	0.9%	116
Some college, trade school, or Associate degree	0.8%	0.0%	0.0%	2.3%	98.4%	1.6%	128
Bachelor's degree or higher	0.0%	0.0%	1.1%	1.1%	100.0%	0.0%	95
<b>Results by household income:</b>							
Less than \$20,000	3.1%	0.0%	0.0%	4.7%	98.4%	1.6%	64
\$20,000 - \$34,999	1.5%	0.0%	0.0%	0.0%	100.0%	1.5%	67
\$35,000 - \$49,999	0.0%	0.0%	0.0%	1.7%	98.3%	0.0%	58
\$50,000 - \$74,999	0.0%	0.0%	0.0%	2.6%	98.7%	1.3%	77
\$75,000 or more	0.0%	0.0%	1.2%	0.0%	100.0%	0.0%	85

## Demographics

### 64. Race / Ethnicity (Weighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	
<b>Overall results from 2010</b>	0.4%	0.4%	0.0%	2.0%	98.8%	2.2%	456
<b>Overall results from 2015</b>	1.5%	0.0%	0.3%	2.0%	99.2%	0.4%	373
<b>Results by gender:</b>							
Female	2.0%	0.0%	0.6%	3.0%	98.9%	0.9%	218
Male	1.0%	0.0%	0.0%	1.1%	99.4%	0.0%	155
<b>Results by age:</b>							
18-34	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	26
45-54	3.9%	0.0%	1.5%	0.0%	98.5%	0.0%	50
55-64	0.0%	0.0%	0.0%	1.7%	98.3%	0.6%	79
65-74	0.0%	0.0%	0.0%	0.0%	97.9%	2.1%	78
75+	0.0%	0.0%	0.0%	2.2%	100.0%	0.7%	115
<b>Results by education level:</b>							
Less than HS diploma, no GED	7.9%	0.0%	0.0%	1.2%	100.0%	0.0%	31
High school diploma or GED	1.4%	0.0%	0.0%	0.5%	98.6%	0.5%	116
Some college, trade school, or Associate degree	1.7%	0.0%	0.0%	4.2%	98.7%	0.8%	128
Bachelor's degree or higher	0.0%	0.0%	0.9%	0.5%	100.0%	0.0%	95
<b>Results by household income:</b>							
Less than \$20,000	6.6%	0.0%	0.0%	2.7%	97.5%	0.8%	64
\$20,000 - \$34,999	5.2%	0.0%	0.0%	0.0%	100.0%	0.8%	67
\$35,000 - \$49,999	0.0%	0.0%	0.0%	2.0%	98.0%	0.0%	58
\$50,000 - \$74,999	0.0%	0.0%	0.0%	5.8%	99.0%	1.0%	77
\$75,000 or more	0.0%	0.0%	0.9%	0.0%	100.0%	0.0%	85

65. Sexual orientation / Gender identity (Unweighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
Overall results from 2015	99.4%	0.3%	0.9%	0.0%	329
Results by gender:					
Female	100.0%	0.0%	1.1%	0.0%	187
Male	98.6%	0.7%	0.7%	0.0%	142
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	26
45-54	100.0%	0.0%	2.1%	0.0%	47
55-64	100.0%	0.0%	0.0%	0.0%	75
65-74	100.0%	0.0%	0.0%	0.0%	66
75+	98.9%	0.0%	1.1%	0.0%	90
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	24
High school diploma or GED	100.0%	0.0%	0.0%	0.0%	94
Some college, trade school, or Associate degree	99.2%	0.8%	0.8%	0.0%	120
Bachelor's degree or higher	100.0%	0.0%	1.1%	0.0%	90
Results by household income:					
Less than \$20,000	97.8%	2.2%	0.0%	0.0%	45
\$20,000 - \$34,999	98.4%	0.0%	1.6%	0.0%	61
\$35,000 - \$49,999	100.0%	0.0%	0.0%	0.0%	56
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	71
\$75,000 or more	100.0%	0.0%	2.4%	0.0%	83

65. Sexual orientation / Gender identity (Weighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
Overall results from 2015	98.7%	1.1%	0.9%	0.0%	329
Results by gender:					
Female	100.0%	0.0%	1.5%	0.0%	187
Male	97.6%	2.1%	0.3%	0.0%	142
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	26
45-54	100.0%	0.0%	1.6%	0.0%	47
55-64	100.0%	0.0%	0.0%	0.0%	75
65-74	100.0%	0.0%	0.0%	0.0%	66
75+	98.7%	0.0%	1.3%	0.0%	90
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	24
High school diploma or GED	100.0%	0.0%	0.0%	0.0%	94
Some college, trade school, or Associate degree	97.4%	2.6%	0.8%	0.0%	120
Bachelor's degree or higher	100.0%	0.0%	1.2%	0.0%	90
Results by household income:					
Less than \$20,000	89.2%	10.8%	0.0%	0.0%	45
\$20,000 - \$34,999	98.8%	0.0%	1.2%	0.0%	61
\$35,000 - \$49,999	100.0%	0.0%	0.0%	0.0%	56
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	71
\$75,000 or more	100.0%	0.0%	2.1%	0.0%	83

Demographics

BMI status (Unweighted)

	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
<i>Swift County</i>	%	%	%	
Overall results from 2010	28.8%	34.2%	36.9%	444
Overall results from 2015	29.2%	35.7%	35.1%	336
Results by gender:				
Female	34.4%	30.3%	35.4%	195
Male	22.0%	43.3%	34.8%	141
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	12.8%	42.6%	44.7%	47
55-64	33.8%	35.1%	31.1%	74
65-74	23.3%	26.0%	50.7%	73
75+	29.7%	44.0%	26.4%	91
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	31.0%	38.0%	31.0%	100
Some college, trade school, or Associate degree	25.4%	35.6%	39.0%	118
Bachelor's degree or higher	31.1%	34.4%	34.4%	90
Results by household income:				
Less than \$20,000	26.9%	36.5%	36.5%	52
\$20,000 - \$34,999	26.2%	34.4%	39.3%	61
\$35,000 - \$49,999	41.2%	29.4%	29.4%	51
\$50,000 - \$74,999	18.1%	44.4%	37.5%	72
\$75,000 or more	32.5%	30.0%	37.5%	80



Demographics

BMI status (Weighted)

	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
<i>Swift County</i>	%	%	%	
Overall results from 2010	26.6%	32.5%	41.0%	444
Overall results from 2015	32.4%	36.9%	30.7%	336
Results by gender:				
Female	38.9%	25.9%	35.1%	195
Male	26.0%	47.7%	26.3%	141
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	10.7%	50.1%	39.1%	47
55-64	35.3%	33.3%	31.4%	74
65-74	26.0%	22.9%	51.1%	73
75+	30.9%	40.9%	28.2%	91
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	30.7%	39.6%	29.7%	100
Some college, trade school, or Associate degree	32.1%	38.6%	29.3%	118
Bachelor's degree or higher	35.1%	33.9%	31.0%	90
Results by household income:				
Less than \$20,000	36.2%	26.7%	37.1%	52
\$20,000 - \$34,999	27.6%	28.3%	44.2%	61
\$35,000 - \$49,999	41.1%	33.3%	25.6%	51
\$50,000 - \$74,999	21.3%	52.7%	26.0%	72
\$75,000 or more	37.8%	31.8%	30.4%	80

68. Including yourself, how many adults live in your household? (Unweighted)

	1	2	3	4	5 or more	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	41.8%	48.1%	8.5%	0.7%	0.9%	459
Overall results from 2015	36.5%	56.8%	4.6%	1.9%	0.3%	373
Results by gender:						
Female	44.0%	49.5%	4.6%	1.4%	0.5%	218
Male	25.8%	67.1%	4.5%	2.6%	0.0%	155
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	12.0%	68.0%	12.0%	8.0%	0.0%	50
55-64	30.4%	60.8%	5.1%	3.8%	0.0%	79
65-74	29.5%	66.7%	3.8%	0.0%	0.0%	78
75+	60.0%	37.4%	1.7%	0.0%	0.9%	115
Results by education level:						
Less than HS diploma, no GED	38.7%	54.8%	3.2%	3.2%	0.0%	31
High school diploma or GED	44.0%	50.9%	2.6%	1.7%	0.9%	116
Some college, trade school, or Associate degree	35.9%	57.0%	6.2%	0.8%	0.0%	128
Bachelor's degree or higher	26.3%	65.3%	5.3%	3.2%	0.0%	95
Results by household income:						
Less than \$20,000	71.9%	21.9%	1.6%	3.1%	1.6%	64
\$20,000 - \$34,999	52.2%	43.3%	4.5%	0.0%	0.0%	67
\$35,000 - \$49,999	36.2%	58.6%	1.7%	3.4%	0.0%	58
\$50,000 - \$74,999	20.8%	72.7%	5.2%	1.3%	0.0%	77
\$75,000 or more	9.4%	81.2%	7.1%	2.4%	0.0%	85

**68. Including yourself, how many adults live in your household? (Weighted)**

	1	2	3	4	5 or more	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2010</b>	25.5%	56.0%	14.5%	1.3%	2.7%	459
<b>Overall results from 2015</b>	20.0%	67.6%	7.2%	4.7%	0.5%	373
<b>Results by gender:</b>						
Female	23.6%	64.4%	7.9%	3.1%	1.0%	218
Male	16.4%	70.8%	6.5%	6.4%	0.0%	155
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	5.4%	61.5%	17.6%	15.6%	0.0%	50
55-64	15.5%	67.5%	7.7%	9.3%	0.0%	79
65-74	18.2%	75.4%	6.5%	0.0%	0.0%	78
75+	44.7%	48.3%	3.6%	0.0%	3.4%	115
<b>Results by education level:</b>						
Less than HS diploma, no GED	29.3%	51.9%	3.0%	15.8%	0.0%	31
High school diploma or GED	24.9%	62.6%	4.5%	5.6%	2.4%	116
Some college, trade school, or Associate degree	21.8%	67.5%	9.2%	1.5%	0.0%	128
Bachelor's degree or higher	12.2%	74.2%	7.4%	6.2%	0.0%	95
<b>Results by household income:</b>						
Less than \$20,000	54.7%	25.8%	1.9%	13.4%	4.2%	64
\$20,000 - \$34,999	29.8%	60.6%	9.6%	0.0%	0.0%	67
\$35,000 - \$49,999	29.6%	59.4%	2.9%	8.0%	0.0%	58
\$50,000 - \$74,999	13.0%	75.7%	8.8%	2.5%	0.0%	77
\$75,000 or more	3.2%	85.4%	7.2%	4.2%	0.0%	85

69. What is the highest level of education you have completed? (Unweighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
Overall results from 2010	8.2%	32.0%	35.5%	24.3%	453
Overall results from 2015	8.4%	31.4%	34.6%	25.7%	370
Results by gender:					
Female	5.6%	33.5%	37.2%	23.7%	215
Male	12.3%	28.4%	31.0%	28.4%	155
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	26
45-54	4.1%	12.2%	42.9%	40.8%	49
55-64	2.5%	30.4%	44.3%	22.8%	79
65-74	9.0%	33.3%	32.1%	25.6%	78
75+	15.9%	49.6%	20.4%	14.2%	113
Results by household income:					
Less than \$20,000	22.2%	50.8%	19.0%	7.9%	63
\$20,000 - \$34,999	10.4%	34.3%	40.3%	14.9%	67
\$35,000 - \$49,999	8.6%	25.9%	41.4%	24.1%	58
\$50,000 - \$74,999	6.5%	29.9%	39.0%	24.7%	77
\$75,000 or more	0.0%	14.3%	33.3%	52.4%	84

69. What is the highest level of education you have completed? (Weighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
Overall results from 2010	6.6%	28.7%	39.7%	25.0%	453
Overall results from 2015	6.2%	21.4%	40.5%	31.8%	370
Results by gender:					
Female	3.7%	25.8%	41.1%	29.4%	215
Male	8.7%	17.2%	39.9%	34.2%	155
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	26
45-54	7.4%	12.1%	40.6%	39.9%	49
55-64	2.9%	28.5%	42.6%	26.0%	79
65-74	8.7%	35.8%	34.2%	21.3%	78
75+	16.0%	51.2%	17.0%	15.8%	113
Results by household income:					
Less than \$20,000	29.2%	40.5%	24.3%	5.9%	63
\$20,000 - \$34,999	8.7%	28.1%	38.0%	25.2%	67
\$35,000 - \$49,999	5.2%	20.0%	51.0%	23.8%	58
\$50,000 - \$74,999	3.4%	19.7%	48.3%	28.5%	77
\$75,000 or more	0.0%	11.2%	36.5%	52.3%	84

70. Household income per year: (Unweighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	18.2%	19.1%	16.5%	21.9%	24.2%	351
Results by gender:						
Female	20.1%	21.6%	16.7%	20.1%	21.6%	204
Male	15.6%	15.6%	16.3%	24.5%	27.9%	147
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	12.2%	2.0%	14.3%	32.7%	38.8%	49
55-64	10.4%	15.6%	19.5%	19.5%	35.1%	77
65-74	13.5%	25.7%	18.9%	28.4%	13.5%	74
75+	34.7%	26.7%	12.9%	13.9%	11.9%	101
Results by education level:						
Less than HS diploma, no GED	45.2%	22.6%	16.1%	16.1%	0.0%	31
High school diploma or GED	30.5%	21.9%	14.3%	21.9%	11.4%	105
Some college, trade school, or Associate degree	9.9%	22.3%	19.8%	24.8%	23.1%	121
Bachelor's degree or higher	5.4%	10.9%	15.2%	20.7%	47.8%	92

70. Household income per year: (Weighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	12.3%	13.7%	15.5%	24.6%	33.8%	351
Results by gender:						
Female	12.5%	19.9%	17.9%	22.0%	27.7%	204
Male	12.1%	7.7%	13.2%	27.1%	39.8%	147
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	12.0%	3.8%	14.7%	32.0%	37.5%	49
55-64	8.2%	12.3%	20.6%	18.2%	40.7%	77
65-74	10.2%	27.1%	18.7%	29.8%	14.2%	74
75+	34.1%	26.0%	12.8%	14.4%	12.7%	101
Results by education level:						
Less than HS diploma, no GED	55.6%	18.7%	12.6%	13.1%	0.0%	31
High school diploma or GED	24.1%	18.8%	15.1%	23.6%	18.3%	105
Some college, trade school, or Associate degree	7.4%	13.0%	19.7%	29.5%	30.4%	121
Bachelor's degree or higher	2.2%	10.7%	11.4%	21.6%	54.1%	92

## Demographics

### 71. Are you currently... (Unweighted)

	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	
<b>Overall results from 2010</b>	45.2%	10.9%	3.5%	5.9%	1.7%	38.9%	5.5%	458
<b>Overall results from 2015</b>	39.1%	10.5%	1.1%	3.5%	0.5%	49.3%	4.8%	373
<b>Results by gender:</b>								
Female	42.7%	6.0%	0.5%	6.0%	0.9%	46.8%	4.1%	218
Male	34.2%	16.8%	1.9%	0.0%	0.0%	52.9%	5.8%	155
<b>Results by age:</b>								
18-34	---	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	---	26
45-54	78.0%	12.0%	2.0%	2.0%	0.0%	6.0%	8.0%	50
55-64	64.6%	12.7%	1.3%	2.5%	0.0%	20.3%	6.3%	79
65-74	17.9%	16.7%	0.0%	2.6%	0.0%	70.5%	2.6%	78
75+	3.5%	3.5%	0.0%	2.6%	0.0%	95.7%	3.5%	115
<b>Results by education level:</b>								
Less than HS diploma, no GED	12.9%	3.2%	3.2%	0.0%	0.0%	74.2%	19.4%	31
High school diploma or GED	25.0%	6.0%	0.9%	5.2%	0.0%	68.1%	2.6%	116
Some college, trade school, or Associate degree	46.9%	13.3%	1.6%	3.1%	0.8%	35.9%	5.5%	128
Bachelor's degree or higher	55.8%	14.7%	0.0%	2.1%	1.1%	35.8%	2.1%	95
<b>Results by household income:</b>								
Less than \$20,000	10.9%	1.6%	3.1%	0.0%	0.0%	71.9%	18.8%	64
\$20,000 - \$34,999	19.4%	11.9%	0.0%	3.0%	1.5%	70.1%	4.5%	67
\$35,000 - \$49,999	48.3%	10.3%	1.7%	3.4%	0.0%	41.4%	1.7%	58
\$50,000 - \$74,999	50.6%	15.6%	0.0%	3.9%	1.3%	37.7%	1.3%	77
\$75,000 or more	67.1%	14.1%	1.2%	5.9%	0.0%	22.4%	0.0%	85



## Demographics

### 71. Are you currently... (Weighted)

	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	
<b>Overall results from 2010</b>	55.2%	14.9%	3.9%	4.2%	3.6%	23.7%	4.9%	458
<b>Overall results from 2015</b>	55.0%	14.9%	3.0%	4.0%	1.4%	26.4%	4.8%	373
<b>Results by gender:</b>								
Female	55.3%	6.6%	0.7%	8.0%	2.8%	30.8%	3.5%	218
Male	54.7%	23.2%	5.3%	0.0%	0.0%	21.9%	6.1%	155
<b>Results by age:</b>								
18-34	---	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	---	26
45-54	75.1%	14.9%	2.4%	1.5%	0.0%	6.3%	9.5%	50
55-64	67.8%	11.9%	0.9%	2.3%	0.0%	18.9%	3.7%	79
65-74	18.8%	16.7%	0.0%	4.2%	0.0%	68.3%	2.2%	78
75+	2.9%	3.2%	0.0%	2.7%	0.0%	96.4%	3.7%	115
<b>Results by education level:</b>								
Less than HS diploma, no GED	15.0%	2.4%	7.9%	0.0%	0.0%	51.9%	43.0%	31
High school diploma or GED	39.0%	6.1%	0.7%	6.8%	0.0%	52.7%	1.7%	116
Some college, trade school, or Associate degree	65.0%	13.5%	5.9%	3.0%	1.7%	16.7%	3.7%	128
Bachelor's degree or higher	61.7%	25.2%	0.0%	3.3%	2.2%	15.7%	0.9%	95
<b>Results by household income:</b>								
Less than \$20,000	20.6%	1.3%	7.2%	0.0%	0.0%	51.2%	30.1%	64
\$20,000 - \$34,999	30.1%	19.8%	0.0%	7.0%	5.2%	47.8%	2.8%	67
\$35,000 - \$49,999	66.0%	8.6%	1.0%	5.3%	0.0%	23.5%	0.8%	58
\$50,000 - \$74,999	72.2%	12.1%	0.0%	3.9%	2.9%	17.3%	0.8%	77
\$75,000 or more	65.9%	24.5%	6.2%	4.0%	0.0%	10.2%	0.0%	85

## All Survey Items (weighted data)

### 1. In general, would you say your health is:

	Excellent	Very good	Good	Fair	Poor	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2010</b>	9.1%	28.9%	48.1%	12.7%	1.2%	445
<b>Overall results from 2015</b>	11.0%	44.0%	36.8%	6.6%	1.5%	349
<b>Results by gender:</b>						
Female	12.8%	40.9%	36.1%	9.5%	0.7%	208
Male	9.2%	47.2%	37.6%	3.8%	2.2%	141
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	24
45-54	10.8%	47.7%	32.1%	6.2%	3.3%	47
55-64	12.6%	36.5%	45.2%	5.1%	0.6%	76
65-74	1.1%	33.6%	48.7%	15.5%	1.1%	75
75+	1.9%	27.4%	49.3%	17.4%	4.1%	102
<b>Results by education level:</b>						
Less than HS diploma, no GED	0.0%	13.7%	68.2%	15.6%	2.4%	30
High school diploma or GED	4.2%	36.9%	43.8%	13.4%	1.7%	107
Some college, trade school, or Associate degree	11.0%	43.5%	38.8%	5.6%	1.1%	121
Bachelor's degree or higher	18.2%	56.6%	21.9%	1.6%	1.7%	88
<b>Results by household income:</b>						
Less than \$20,000	4.0%	11.5%	62.4%	15.4%	6.6%	58
\$20,000 - \$34,999	10.8%	28.0%	47.3%	12.6%	1.3%	63
\$35,000 - \$49,999	4.9%	40.7%	46.7%	7.7%	0.0%	55
\$50,000 - \$74,999	3.1%	53.2%	38.0%	5.7%	0.0%	72
\$75,000 or more	20.9%	58.2%	18.2%	1.2%	1.5%	82

All Survey Items (weighted data)

2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	37.5%	0.9%	61.6%	458
Overall results from 2015	29.5%	0.8%	69.6%	372
Results by gender:				
Female	34.6%	1.6%	63.8%	217
Male	24.5%	0.0%	75.5%	155
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	24.1%	0.0%	75.9%	49
55-64	38.0%	0.0%	62.0%	79
65-74	70.4%	0.0%	29.6%	78
75+	61.9%	0.7%	37.4%	115
Results by education level:				
Less than HS diploma, no GED	36.2%	0.0%	63.8%	31
High school diploma or GED	49.1%	2.2%	48.7%	116
Some college, trade school, or Associate degree	26.1%	0.0%	73.9%	128
Bachelor's degree or higher	19.2%	1.1%	79.7%	94
Results by household income:				
Less than \$20,000	42.6%	0.8%	56.5%	64
\$20,000 - \$34,999	46.1%	0.0%	53.9%	67
\$35,000 - \$49,999	23.8%	0.0%	76.2%	58
\$50,000 - \$74,999	28.0%	1.5%	70.4%	77
\$75,000 or more	18.9%	1.1%	80.0%	84

2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
Swift County	%	%	%	(Unweighted)
Overall results from 2015	4.8%	0.0%	95.2%	372
Results by gender:				
Female	4.8%	0.0%	95.2%	217
Male	4.8%	0.0%	95.2%	155
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	3.9%	0.0%	96.1%	49
55-64	8.6%	0.0%	91.4%	79
65-74	10.7%	0.0%	89.3%	78
75+	8.9%	0.0%	91.1%	115
Results by education level:				
Less than HS diploma, no GED	10.0%	0.0%	90.0%	31
High school diploma or GED	4.9%	0.0%	95.1%	116
Some college, trade school, or Associate degree	4.0%	0.0%	96.0%	128
Bachelor's degree or higher	4.8%	0.0%	95.2%	94
Results by household income:				
Less than \$20,000	4.1%	0.0%	95.9%	64
\$20,000 - \$34,999	8.1%	0.0%	91.9%	67
\$35,000 - \$49,999	3.9%	0.0%	96.1%	58
\$50,000 - \$74,999	2.3%	0.0%	97.7%	77
\$75,000 or more	5.0%	0.0%	95.0%	84

2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

	Yes	Yes, but only during pregnancy	No	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	10.0%	0.4%	89.6%	458
Overall results from 2015	9.6%	0.3%	90.1%	372
Results by gender:				
Female	11.4%	0.6%	88.0%	217
Male	7.9%	0.0%	92.1%	155
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	6.4%	1.5%	92.1%	49
55-64	6.6%	0.0%	93.4%	79
65-74	23.6%	0.0%	76.4%	78
75+	21.1%	0.0%	78.9%	115
Results by education level:				
Less than HS diploma, no GED	7.6%	0.0%	92.4%	31
High school diploma or GED	20.5%	0.0%	79.5%	116
Some college, trade school, or Associate degree	8.6%	0.7%	90.7%	128
Bachelor's degree or higher	4.2%	0.0%	95.8%	94
Results by household income:				
Less than \$20,000	19.0%	0.0%	81.0%	64
\$20,000 - \$34,999	13.3%	0.0%	86.7%	67
\$35,000 - \$49,999	8.0%	0.0%	92.0%	58
\$50,000 - \$74,999	11.9%	1.2%	86.8%	77
\$75,000 or more	3.4%	0.0%	96.6%	84

2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

	Yes	Yes, but only during pregnancy	No	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	7.7%	0.3%	92.1%	458
Overall results from 2015	8.2%	1.0%	90.8%	372
Results by gender:				
Female	8.9%	1.9%	89.2%	217
Male	7.5%	0.0%	92.5%	155
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	4.7%	1.5%	93.9%	49
55-64	6.3%	1.7%	91.9%	79
65-74	18.7%	0.0%	81.3%	78
75+	8.0%	0.0%	92.0%	115
Results by education level:				
Less than HS diploma, no GED	23.0%	0.0%	77.0%	31
High school diploma or GED	7.4%	0.0%	92.6%	116
Some college, trade school, or Associate degree	10.0%	0.7%	89.2%	128
Bachelor's degree or higher	3.7%	2.1%	94.2%	94
Results by household income:				
Less than \$20,000	10.3%	0.0%	89.7%	64
\$20,000 - \$34,999	18.7%	0.0%	81.3%	67
\$35,000 - \$49,999	5.5%	0.0%	94.5%	58
\$50,000 - \$74,999	8.5%	1.2%	90.3%	77
\$75,000 or more	2.8%	2.0%	95.2%	84

2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	35.0%	65.0%	372
Results by gender:			
Female	43.0%	57.0%	217
Male	27.0%	73.0%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	48.4%	51.6%	49
55-64	35.7%	64.3%	79
65-74	61.1%	38.9%	78
75+	31.0%	69.0%	115
Results by education level:			
Less than HS diploma, no GED	37.4%	62.6%	31
High school diploma or GED	40.8%	59.2%	116
Some college, trade school, or Associate degree	37.5%	62.5%	128
Bachelor's degree or higher	27.9%	72.1%	94
Results by household income:			
Less than \$20,000	34.3%	65.7%	64
\$20,000 - \$34,999	57.0%	43.0%	67
\$35,000 - \$49,999	33.9%	66.1%	58
\$50,000 - \$74,999	39.6%	60.4%	77
\$75,000 or more	23.6%	76.4%	84

2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	11.3%	88.7%	372
Results by gender:			
Female	11.4%	88.6%	217
Male	11.3%	88.7%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	6.1%	93.9%	49
55-64	12.7%	87.3%	79
65-74	24.1%	75.9%	78
75+	30.3%	69.7%	115
Results by education level:			
Less than HS diploma, no GED	21.8%	78.2%	31
High school diploma or GED	19.6%	80.4%	116
Some college, trade school, or Associate degree	8.6%	91.4%	128
Bachelor's degree or higher	7.3%	92.7%	94
Results by household income:			
Less than \$20,000	14.5%	85.5%	64
\$20,000 - \$34,999	16.7%	83.3%	67
\$35,000 - \$49,999	7.5%	92.5%	58
\$50,000 - \$74,999	11.9%	88.1%	77
\$75,000 or more	8.9%	91.1%	84



All Survey Items (weighted data)

2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	4.7%	95.3%	372
Results by gender:			
Female	5.4%	94.6%	217
Male	4.0%	96.0%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	6.1%	93.9%	49
55-64	6.9%	93.1%	79
65-74	8.1%	91.9%	78
75+	9.3%	90.7%	115
Results by education level:			
Less than HS diploma, no GED	6.6%	93.4%	31
High school diploma or GED	5.0%	95.0%	116
Some college, trade school, or Associate degree	7.1%	92.9%	128
Bachelor's degree or higher	1.1%	98.9%	94
Results by household income:			
Less than \$20,000	6.2%	93.8%	64
\$20,000 - \$34,999	4.4%	95.6%	67
\$35,000 - \$49,999	2.0%	98.0%	58
\$50,000 - \$74,999	5.1%	94.9%	77
\$75,000 or more	3.4%	96.6%	84

2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2010	5.4%	94.6%	458
Overall results from 2015	9.6%	90.4%	372
Results by gender:			
Female	9.0%	91.0%	217
Male	10.3%	89.7%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	5.4%	94.6%	49
55-64	11.9%	88.1%	79
65-74	18.8%	81.2%	78
75+	27.4%	72.6%	115
Results by education level:			
Less than HS diploma, no GED	17.0%	83.0%	31
High school diploma or GED	21.9%	78.1%	116
Some college, trade school, or Associate degree	5.9%	94.1%	128
Bachelor's degree or higher	4.8%	95.2%	94
Results by household income:			
Less than \$20,000	22.1%	77.9%	64
\$20,000 - \$34,999	13.5%	86.5%	67
\$35,000 - \$49,999	9.1%	90.9%	58
\$50,000 - \$74,999	8.6%	91.4%	77
\$75,000 or more	5.3%	94.7%	84

2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	2.9%	97.1%	458
Overall results from 2015	2.7%	97.3%	372
Results by gender:			
Female	2.5%	97.5%	217
Male	3.0%	97.0%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	0.0%	100.0%	49
55-64	1.7%	98.3%	79
65-74	6.0%	94.0%	78
75+	11.9%	88.1%	115
Results by education level:			
Less than HS diploma, no GED	6.6%	93.4%	31
High school diploma or GED	4.8%	95.2%	116
Some college, trade school, or Associate degree	1.8%	98.2%	128
Bachelor's degree or higher	1.7%	98.3%	94
Results by household income:			
Less than \$20,000	7.6%	92.4%	64
\$20,000 - \$34,999	8.8%	91.2%	67
\$35,000 - \$49,999	3.3%	96.7%	58
\$50,000 - \$74,999	0.0%	100.0%	77
\$75,000 or more	0.0%	100.0%	84

2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	27.4%	72.6%	458
Overall results from 2015	32.9%	67.1%	372
Results by gender:			
Female	36.6%	63.4%	217
Male	29.2%	70.8%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	26.3%	73.7%	49
55-64	46.0%	54.0%	79
65-74	63.9%	36.1%	78
75+	49.6%	50.4%	115
Results by education level:			
Less than HS diploma, no GED	36.6%	63.4%	31
High school diploma or GED	47.3%	52.7%	116
Some college, trade school, or Associate degree	26.2%	73.8%	128
Bachelor's degree or higher	31.2%	68.8%	94
Results by household income:			
Less than \$20,000	36.3%	63.7%	64
\$20,000 - \$34,999	42.0%	58.0%	67
\$35,000 - \$49,999	26.4%	73.6%	58
\$50,000 - \$74,999	44.5%	55.5%	77
\$75,000 or more	22.8%	77.2%	84

2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	26.3%	73.7%	372
Results by gender:			
Female	30.2%	69.8%	217
Male	22.3%	77.7%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	13.3%	86.7%	49
55-64	27.1%	72.9%	79
65-74	48.6%	51.4%	78
75+	63.2%	36.8%	115
Results by education level:			
Less than HS diploma, no GED	30.8%	69.2%	31
High school diploma or GED	46.9%	53.1%	116
Some college, trade school, or Associate degree	24.9%	75.1%	128
Bachelor's degree or higher	12.7%	87.3%	94
Results by household income:			
Less than \$20,000	44.2%	55.8%	64
\$20,000 - \$34,999	38.3%	61.7%	67
\$35,000 - \$49,999	20.7%	79.3%	58
\$50,000 - \$74,999	19.1%	80.9%	77
\$75,000 or more	18.1%	81.9%	84

2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	19.0%	81.0%	372
Results by gender:			
Female	21.2%	78.8%	217
Male	16.8%	83.2%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	17.7%	82.3%	49
55-64	24.9%	75.1%	79
65-74	12.8%	87.2%	78
75+	12.9%	87.1%	115
Results by education level:			
Less than HS diploma, no GED	44.5%	55.5%	31
High school diploma or GED	11.9%	88.1%	116
Some college, trade school, or Associate degree	27.2%	72.8%	128
Bachelor's degree or higher	8.6%	91.4%	94
Results by household income:			
Less than \$20,000	35.9%	64.1%	64
\$20,000 - \$34,999	24.5%	75.5%	67
\$35,000 - \$49,999	17.2%	82.8%	58
\$50,000 - \$74,999	18.9%	81.1%	77
\$75,000 or more	11.7%	88.3%	84

2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	12.1%	87.9%	372
Results by gender:			
Female	17.8%	82.2%	217
Male	6.5%	93.5%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	6.1%	93.9%	49
55-64	9.2%	90.8%	79
65-74	10.8%	89.2%	78
75+	8.7%	91.3%	115
Results by education level:			
Less than HS diploma, no GED	5.9%	94.1%	31
High school diploma or GED	10.1%	89.9%	116
Some college, trade school, or Associate degree	18.7%	81.3%	128
Bachelor's degree or higher	6.5%	93.5%	94
Results by household income:			
Less than \$20,000	20.8%	79.2%	64
\$20,000 - \$34,999	17.2%	82.8%	67
\$35,000 - \$49,999	19.0%	81.0%	58
\$50,000 - \$74,999	13.6%	86.4%	77
\$75,000 or more	2.7%	97.3%	84

2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	2.7%	97.3%	372
Results by gender:			
Female	2.1%	97.9%	217
Male	3.3%	96.7%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	3.9%	96.1%	49
55-64	1.1%	98.9%	79
65-74	0.0%	100.0%	78
75+	4.4%	95.6%	115
Results by education level:			
Less than HS diploma, no GED	12.0%	88.0%	31
High school diploma or GED	4.6%	95.4%	116
Some college, trade school, or Associate degree	2.5%	97.5%	128
Bachelor's degree or higher	0.0%	100.0%	94
Results by household income:			
Less than \$20,000	9.6%	90.4%	64
\$20,000 - \$34,999	3.8%	96.2%	67
\$35,000 - \$49,999	2.0%	98.0%	58
\$50,000 - \$74,999	0.6%	99.4%	77
\$75,000 or more	0.0%	100.0%	84



## All Survey Items (weighted data)

**Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION?**  
(2L, 2M, or 2N = Yes)

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
<b>Overall results from 2015</b>	23.4%	76.6%	372
<b>Results by gender:</b>			
Female	28.7%	71.3%	217
Male	18.1%	81.9%	155
<b>Results by age:</b>			
18-34	---	---	25
35-44	---	---	26
45-54	19.9%	80.1%	49
55-64	30.0%	70.0%	79
65-74	18.2%	81.8%	78
75+	19.0%	81.0%	115
<b>Results by education level:</b>			
Less than HS diploma, no GED	47.5%	52.5%	31
High school diploma or GED	17.9%	82.1%	116
Some college, trade school, or Associate degree	31.2%	68.8%	128
Bachelor's degree or higher	12.9%	87.1%	94
<b>Results by household income:</b>			
Less than \$20,000	43.2%	56.8%	64
\$20,000 - \$34,999	27.6%	72.4%	67
\$35,000 - \$49,999	27.8%	72.2%	58
\$50,000 - \$74,999	23.9%	76.1%	77
\$75,000 or more	12.9%	87.1%	84

20. Have you ever been told by a doctor or other health care professional that you were OBESE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	10.0%	90.0%	372
Results by gender:			
Female	15.5%	84.5%	217
Male	4.5%	95.5%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	11.3%	88.7%	49
55-64	8.9%	91.1%	79
65-74	24.0%	76.0%	78
75+	8.0%	92.0%	115
Results by education level:			
Less than HS diploma, no GED	2.9%	97.1%	31
High school diploma or GED	13.2%	86.8%	116
Some college, trade school, or Associate degree	12.3%	87.7%	128
Bachelor's degree or higher	6.4%	93.6%	94
Results by household income:			
Less than \$20,000	17.2%	82.8%	64
\$20,000 - \$34,999	23.6%	76.4%	67
\$35,000 - \$49,999	6.4%	93.6%	58
\$50,000 - \$74,999	6.8%	93.2%	77
\$75,000 or more	6.6%	93.4%	84

2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2010	16.9%	83.1%	458
Overall results from 2015	8.9%	91.1%	372
Results by gender:			
Female	13.1%	86.9%	217
Male	4.6%	95.4%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	9.6%	90.4%	49
55-64	5.1%	94.9%	79
65-74	9.6%	90.4%	78
75+	12.5%	87.5%	115
Results by education level:			
Less than HS diploma, no GED	6.6%	93.4%	31
High school diploma or GED	10.6%	89.4%	116
Some college, trade school, or Associate degree	9.4%	90.6%	128
Bachelor's degree or higher	7.6%	92.4%	94
Results by household income:			
Less than \$20,000	16.5%	83.5%	64
\$20,000 - \$34,999	7.5%	92.5%	67
\$35,000 - \$49,999	8.5%	91.5%	58
\$50,000 - \$74,999	7.8%	92.2%	77
\$75,000 or more	7.5%	92.5%	84

### 3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
<b>Overall results from 2015</b>	56.8%	32.8%	4.7%	0.8%	4.8%	312
<b>Results by gender:</b>						
Female	62.0%	28.7%	5.2%	0.0%	4.1%	181
Male	51.7%	37.0%	4.2%	1.7%	5.5%	131
<b>Results by age:</b>						
18-34	---	---	---	---	---	23
35-44	---	---	---	---	---	23
45-54	55.2%	25.9%	8.5%	0.0%	10.4%	46
55-64	54.2%	40.3%	4.3%	0.0%	1.2%	73
65-74	66.8%	20.7%	3.2%	4.0%	5.3%	64
75+	52.7%	21.5%	11.7%	3.5%	10.5%	83
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	22
High school diploma or GED	59.6%	17.6%	16.9%	1.6%	4.3%	95
Some college, trade school, or Associate degree	60.9%	31.7%	3.5%	0.6%	3.3%	113
Bachelor's degree or higher	56.1%	40.1%	0.0%	0.0%	3.7%	80
<b>Results by household income:</b>						
Less than \$20,000	36.9%	32.7%	9.2%	2.2%	18.9%	46
\$20,000 - \$34,999	62.8%	23.0%	8.0%	1.1%	5.2%	55
\$35,000 - \$49,999	52.3%	39.6%	5.6%	0.9%	1.6%	49
\$50,000 - \$74,999	53.8%	38.9%	4.4%	0.6%	2.3%	68
\$75,000 or more	65.3%	31.6%	0.5%	0.5%	2.0%	76

4A. When was the last time you had a FLU SHOT?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	63.1%	9.0%	5.9%	8.1%	13.9%	370
Results by gender:						
Female	65.2%	8.7%	4.4%	4.8%	16.9%	215
Male	61.1%	9.4%	7.3%	11.3%	11.0%	155
Results by age:						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	26
45-54	45.6%	16.1%	15.9%	5.4%	17.1%	50
55-64	55.2%	7.8%	4.1%	11.9%	21.0%	79
65-74	71.8%	6.6%	2.2%	1.7%	17.7%	77
75+	81.8%	4.1%	3.4%	5.0%	5.7%	114
Results by education level:						
Less than HS diploma, no GED	71.1%	0.0%	8.6%	5.6%	14.7%	31
High school diploma or GED	60.5%	8.8%	6.0%	6.1%	18.6%	115
Some college, trade school, or Associate degree	59.7%	14.0%	6.9%	6.0%	13.3%	126
Bachelor's degree or higher	67.0%	4.8%	4.0%	12.5%	11.6%	95
Results by household income:						
Less than \$20,000	61.4%	6.6%	4.5%	18.3%	9.2%	62
\$20,000 - \$34,999	76.5%	0.5%	7.5%	4.5%	11.0%	66
\$35,000 - \$49,999	60.5%	14.1%	6.8%	2.7%	15.9%	58
\$50,000 - \$74,999	56.1%	16.4%	9.3%	4.1%	14.2%	77
\$75,000 or more	65.0%	6.0%	3.4%	10.6%	15.0%	85

4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	72.0%	10.8%	9.0%	6.8%	1.4%	362
Results by gender:						
Female	71.2%	9.8%	11.0%	6.6%	1.4%	214
Male	72.8%	11.8%	7.0%	7.1%	1.3%	148
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	64.9%	18.6%	6.7%	7.4%	2.5%	49
55-64	87.1%	2.4%	3.5%	7.1%	0.0%	78
65-74	82.7%	5.5%	3.9%	7.8%	0.0%	74
75+	65.7%	15.7%	4.2%	8.4%	6.0%	110
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	76.2%	8.2%	4.6%	10.1%	1.0%	111
Some college, trade school, or Associate degree	70.1%	13.3%	7.7%	8.3%	0.6%	124
Bachelor's degree or higher	78.0%	7.8%	13.8%	0.5%	0.0%	95
Results by household income:						
Less than \$20,000	38.7%	20.1%	8.4%	25.0%	7.8%	59
\$20,000 - \$34,999	61.7%	13.2%	13.0%	9.5%	2.7%	65
\$35,000 - \$49,999	67.2%	21.1%	8.8%	2.9%	0.0%	56
\$50,000 - \$74,999	75.4%	4.1%	14.0%	6.1%	0.4%	77
\$75,000 or more	88.0%	6.2%	5.1%	0.7%	0.0%	84

4C. When was the last time you had a HEARING TEST?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	20.2%	12.9%	14.4%	34.4%	18.1%	352
Results by gender:						
Female	13.9%	10.6%	12.3%	36.6%	26.6%	206
Male	26.5%	15.2%	16.5%	32.2%	9.6%	146
Results by age:						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	26
45-54	18.3%	12.1%	15.9%	29.0%	24.7%	47
55-64	22.5%	17.3%	5.6%	35.0%	19.5%	76
65-74	21.8%	14.6%	14.2%	21.6%	27.8%	74
75+	30.8%	13.6%	10.2%	10.9%	34.6%	105
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	30.0%	15.4%	6.5%	19.7%	28.4%	111
Some college, trade school, or Associate degree	21.8%	10.8%	18.1%	35.8%	13.5%	121
Bachelor's degree or higher	8.6%	12.6%	16.2%	47.6%	15.0%	89
Results by household income:						
Less than \$20,000	27.0%	18.2%	9.8%	23.1%	21.8%	60
\$20,000 - \$34,999	10.6%	10.0%	26.2%	31.5%	21.8%	62
\$35,000 - \$49,999	23.1%	6.7%	15.3%	28.3%	26.7%	56
\$50,000 - \$74,999	18.8%	12.5%	16.0%	45.3%	7.3%	75
\$75,000 or more	21.1%	16.2%	9.9%	36.7%	16.0%	79

4D. When was the last time you had an EYE EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	62.6%	16.3%	10.9%	9.4%	0.8%	363
Results by gender:						
Female	65.8%	18.4%	8.3%	5.9%	1.6%	214
Male	59.4%	14.2%	13.4%	13.1%	0.0%	149
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	72.3%	18.2%	3.7%	5.8%	0.0%	49
55-64	59.1%	29.1%	3.5%	7.7%	0.6%	77
65-74	76.2%	17.6%	5.1%	1.1%	0.0%	75
75+	86.4%	10.1%	3.5%	0.0%	0.0%	111
Results by education level:						
Less than HS diploma, no GED	84.4%	11.4%	1.2%	3.0%	0.0%	30
High school diploma or GED	69.3%	19.8%	4.2%	5.0%	1.7%	112
Some college, trade school, or Associate degree	59.5%	10.8%	21.9%	6.6%	1.1%	127
Bachelor's degree or higher	57.1%	22.3%	3.0%	17.6%	0.0%	91
Results by household income:						
Less than \$20,000	72.9%	13.4%	2.3%	7.4%	4.0%	61
\$20,000 - \$34,999	70.5%	18.9%	2.8%	5.1%	2.7%	66
\$35,000 - \$49,999	54.4%	17.8%	18.3%	9.6%	0.0%	56
\$50,000 - \$74,999	65.1%	20.3%	13.3%	1.3%	0.0%	76
\$75,000 or more	56.8%	11.9%	12.3%	18.9%	0.0%	83



4E. When was the last time you had your BLOOD PRESSURE CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	89.7%	4.4%	0.2%	4.6%	1.2%	367
Results by gender:						
Female	91.8%	6.0%	0.0%	0.7%	1.4%	212
Male	87.6%	2.8%	0.3%	8.3%	1.0%	155
Results by age:						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	25
45-54	79.0%	8.8%	0.0%	9.8%	2.4%	50
55-64	90.7%	7.6%	0.9%	0.9%	0.0%	79
65-74	98.3%	1.7%	0.0%	0.0%	0.0%	77
75+	97.2%	2.8%	0.0%	0.0%	0.0%	112
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	90.9%	7.6%	0.7%	0.7%	0.0%	114
Some college, trade school, or Associate degree	87.9%	4.4%	0.0%	6.0%	1.7%	127
Bachelor's degree or higher	93.7%	3.2%	0.0%	3.1%	0.0%	94
Results by household income:						
Less than \$20,000	78.1%	6.8%	1.3%	9.6%	4.2%	63
\$20,000 - \$34,999	87.1%	4.9%	0.0%	2.7%	5.2%	67
\$35,000 - \$49,999	95.7%	4.3%	0.0%	0.0%	0.0%	56
\$50,000 - \$74,999	93.6%	6.4%	0.0%	0.0%	0.0%	76
\$75,000 or more	88.8%	1.8%	0.0%	9.4%	0.0%	83

4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	64.7%	14.3%	7.2%	4.1%	9.7%	363
Results by gender:						
Female	63.4%	14.8%	10.2%	1.9%	9.6%	212
Male	66.0%	13.7%	4.1%	6.3%	9.8%	151
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	66.6%	18.3%	6.3%	1.5%	7.3%	50
55-64	66.9%	9.6%	12.7%	1.7%	9.1%	78
65-74	92.5%	7.0%	0.0%	0.6%	0.0%	78
75+	85.5%	10.5%	4.0%	0.0%	0.0%	107
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	27
High school diploma or GED	83.3%	8.6%	4.0%	0.3%	3.8%	113
Some college, trade school, or Associate degree	58.5%	11.8%	4.7%	10.1%	15.0%	126
Bachelor's degree or higher	60.6%	22.4%	12.8%	0.0%	4.3%	94
Results by household income:						
Less than \$20,000	75.0%	4.8%	4.3%	1.4%	14.4%	58
\$20,000 - \$34,999	65.4%	9.9%	0.8%	2.8%	21.1%	65
\$35,000 - \$49,999	51.1%	23.3%	8.7%	6.8%	10.1%	58
\$50,000 - \$74,999	72.3%	12.3%	2.5%	0.0%	12.8%	77
\$75,000 or more	59.1%	17.0%	14.0%	7.7%	2.1%	85

4G. When was the last time you had your BLOOD SUGAR CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	60.0%	13.5%	7.1%	5.2%	14.2%	358
Results by gender:						
Female	63.9%	16.5%	8.1%	3.7%	7.9%	206
Male	56.1%	10.6%	6.2%	6.8%	20.3%	152
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	58.9%	22.3%	5.0%	1.5%	12.4%	49
55-64	63.1%	12.3%	9.6%	3.2%	11.7%	78
65-74	87.6%	9.1%	1.1%	0.0%	2.2%	78
75+	82.7%	7.4%	3.4%	2.7%	3.8%	102
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	73.4%	10.5%	1.7%	0.7%	13.6%	111
Some college, trade school, or Associate degree	55.3%	14.5%	6.9%	10.0%	13.3%	122
Bachelor's degree or higher	56.8%	15.7%	11.4%	3.3%	12.8%	94
Results by household income:						
Less than \$20,000	69.2%	5.0%	3.5%	1.4%	21.0%	59
\$20,000 - \$34,999	60.1%	10.9%	7.7%	2.8%	18.6%	65
\$35,000 - \$49,999	51.9%	19.6%	13.7%	6.9%	7.9%	56
\$50,000 - \$74,999	70.3%	13.0%	0.4%	2.1%	14.2%	75
\$75,000 or more	51.2%	16.1%	10.9%	7.6%	14.1%	82

4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	21.1%	10.8%	7.2%	8.6%	52.3%	339
Results by gender:						
Female	23.4%	12.5%	8.8%	11.8%	43.6%	196
Male	18.8%	9.1%	5.8%	5.4%	60.9%	143
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	15.2%	16.0%	11.3%	3.0%	54.5%	49
55-64	26.1%	8.1%	12.8%	5.0%	48.1%	73
65-74	30.0%	11.8%	4.9%	7.8%	45.4%	76
75+	38.8%	7.4%	8.5%	6.7%	38.5%	90
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	24.5%	13.2%	7.4%	6.5%	48.6%	105
Some college, trade school, or Associate degree	12.4%	6.2%	7.7%	11.1%	62.5%	119
Bachelor's degree or higher	30.4%	15.9%	6.9%	8.2%	38.6%	90
Results by household income:						
Less than \$20,000	17.6%	7.3%	5.0%	3.5%	66.6%	54
\$20,000 - \$34,999	15.3%	10.7%	8.8%	6.7%	58.6%	59
\$35,000 - \$49,999	23.9%	1.6%	5.3%	18.6%	50.6%	52
\$50,000 - \$74,999	17.5%	16.9%	6.5%	8.4%	50.7%	72
\$75,000 or more	24.1%	11.2%	8.1%	5.3%	51.2%	81

4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	11.9%	9.6%	17.9%	12.4%	48.2%	350
Results by gender:						
Female	11.2%	9.5%	18.6%	14.7%	46.0%	203
Male	12.5%	9.6%	17.2%	10.3%	50.4%	147
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	26
45-54	14.5%	8.6%	14.2%	8.1%	54.6%	48
55-64	11.4%	13.5%	31.7%	17.5%	25.9%	77
65-74	27.0%	17.6%	26.9%	19.7%	8.8%	75
75+	22.3%	21.0%	19.8%	27.9%	9.0%	99
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	26
High school diploma or GED	19.5%	19.0%	25.7%	14.7%	21.1%	107
Some college, trade school, or Associate degree	10.4%	5.8%	17.9%	8.0%	57.9%	124
Bachelor's degree or higher	6.8%	6.5%	14.4%	12.9%	59.5%	90
Results by household income:						
Less than \$20,000	25.1%	24.3%	7.2%	19.6%	23.8%	55
\$20,000 - \$34,999	16.5%	10.7%	16.1%	9.7%	46.9%	62
\$35,000 - \$49,999	6.9%	15.3%	24.5%	9.9%	43.4%	57
\$50,000 - \$74,999	10.8%	8.0%	19.0%	13.1%	49.0%	74
\$75,000 or more	6.5%	2.6%	19.9%	10.4%	60.5%	84

4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	26.4%	12.5%	17.2%	7.7%	36.2%	144
Results by gender:						
Female	---	---	---	---	---	0
Male	26.4%	12.5%	17.2%	7.7%	36.2%	144
Results by age:						
18-34	---	---	---	---	---	7
35-44	---	---	---	---	---	7
45-54	---	---	---	---	---	16
55-64	28.8%	18.6%	25.4%	13.6%	13.6%	30
65-74	50.0%	28.0%	7.3%	11.0%	3.7%	45
75+	50.7%	28.4%	11.9%	9.0%	0.0%	39
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	18
High school diploma or GED	35.3%	18.6%	6.7%	11.2%	28.3%	39
Some college, trade school, or Associate degree	26.4%	12.3%	12.0%	3.8%	45.5%	47
Bachelor's degree or higher	22.9%	5.4%	25.0%	11.3%	35.3%	40
Results by household income:						
Less than \$20,000	---	---	---	---	---	20
\$20,000 - \$34,999	---	---	---	---	---	22
\$35,000 - \$49,999	---	---	---	---	---	24
\$50,000 - \$74,999	31.2%	16.7%	11.0%	13.8%	27.4%	35
\$75,000 or more	14.8%	5.9%	19.8%	2.5%	57.0%	37

4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	37.9%	22.5%	20.1%	15.2%	4.4%	204
Results by gender:						
Female	37.9%	22.5%	20.1%	15.2%	4.4%	204
Male	---	---	---	---	---	0
Results by age:						
18-34	---	---	---	---	---	17
35-44	---	---	---	---	---	19
45-54	33.8%	41.5%	20.0%	4.6%	0.0%	31
55-64	38.6%	21.7%	21.7%	18.1%	0.0%	48
65-74	---	---	---	---	---	28
75+	11.4%	15.2%	29.1%	43.0%	1.3%	61
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	9
High school diploma or GED	25.7%	25.6%	22.4%	22.4%	3.9%	66
Some college, trade school, or Associate degree	38.8%	25.0%	17.1%	12.7%	6.3%	78
Bachelor's degree or higher	43.8%	18.1%	23.6%	12.0%	2.5%	49
Results by household income:						
Less than \$20,000	29.3%	21.8%	19.1%	27.6%	2.2%	35
\$20,000 - \$34,999	30.6%	14.3%	21.7%	20.0%	13.4%	43
\$35,000 - \$49,999	39.9%	16.4%	33.5%	5.5%	4.7%	30
\$50,000 - \$74,999	54.3%	26.2%	12.6%	6.9%	0.0%	39
\$75,000 or more	37.6%	29.1%	18.2%	12.3%	2.7%	44

4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	44.8%	16.2%	9.5%	7.7%	21.9%	213
Results by gender:						
Female	44.8%	16.2%	9.5%	7.7%	21.9%	213
Male	---	---	---	---	---	0
Results by age:						
18-34	---	---	---	---	---	18
35-44	---	---	---	---	---	18
45-54	52.3%	27.7%	12.3%	6.2%	1.5%	31
55-64	71.1%	9.6%	6.0%	8.4%	4.8%	48
65-74	80.0%	6.0%	6.0%	6.0%	2.0%	30
75+	37.5%	33.0%	10.2%	15.9%	3.4%	68
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	12
High school diploma or GED	54.3%	21.2%	4.3%	15.0%	5.2%	70
Some college, trade school, or Associate degree	41.2%	15.0%	9.4%	4.7%	29.7%	78
Bachelor's degree or higher	39.4%	12.6%	14.2%	5.2%	28.6%	51
Results by household income:						
Less than \$20,000	33.3%	31.2%	11.1%	10.7%	13.7%	39
\$20,000 - \$34,999	35.0%	13.4%	13.1%	3.2%	35.3%	44
\$35,000 - \$49,999	47.1%	12.9%	17.2%	10.3%	12.5%	33
\$50,000 - \$74,999	55.6%	21.0%	2.9%	7.2%	13.3%	41
\$75,000 or more	49.9%	9.4%	6.6%	5.7%	28.3%	43



**4M. When was the last time you had a GENERAL HEALTH EXAM?**

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Missing, but answered Q5	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	
<b>Overall results from 2015</b>	69.9%	10.7%	5.5%	10.4%	2.2%	1.3%	362
<b>Results by gender:</b>							
Female	76.7%	10.7%	5.3%	5.9%	0.4%	0.9%	214
Male	63.1%	10.6%	5.7%	14.9%	4.0%	1.8%	148
<b>Results by age:</b>							
18-34	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	25
45-54	57.8%	23.4%	2.9%	1.5%	9.8%	4.6%	50
55-64	60.2%	10.9%	14.7%	11.8%	0.6%	1.8%	78
65-74	89.4%	9.0%	0.6%	0.0%	1.1%	0.0%	74
75+	82.2%	13.4%	3.2%	0.7%	0.0%	0.5%	110
<b>Results by education level:</b>							
Less than HS diploma, no GED	---	---	---	---	---	---	29
High school diploma or GED	75.7%	13.1%	5.0%	3.8%	1.0%	1.4%	113
Some college, trade school, or Associate degree	69.8%	5.6%	6.9%	15.3%	1.2%	1.1%	124
Bachelor's degree or higher	67.8%	12.5%	4.6%	10.4%	3.1%	1.5%	94
<b>Results by household income:</b>							
Less than \$20,000	67.9%	17.8%	5.5%	2.2%	6.0%	0.6%	62
\$20,000 - \$34,999	74.1%	11.3%	7.8%	6.8%	0.0%	0.0%	64
\$35,000 - \$49,999	58.7%	18.1%	12.5%	2.3%	3.3%	5.0%	57
\$50,000 - \$74,999	86.9%	8.2%	1.9%	3.0%	0.0%	0.0%	76
\$75,000 or more	59.0%	7.4%	3.9%	25.1%	3.0%	1.5%	84

5. If you have not had a general health exam within the past 1 or 2 years, why not?

	I could not get an appointment	I had transportation problems	I did not need one	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
Swift County	%	%	%	%	%	%	%	
Overall results from 2015	---	---	---	---	---	---	---	29
Results by gender:								
Female	---	---	---	---	---	---	---	16
Male	---	---	---	---	---	---	---	13
Results by age:								
18-34	---	---	---	---	---	---	---	6
35-44	---	---	---	---	---	---	---	1
45-54	---	---	---	---	---	---	---	4
55-64	---	---	---	---	---	---	---	15
65-74	---	---	---	---	---	---	---	1
75+	---	---	---	---	---	---	---	2
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	1
High school diploma or GED	---	---	---	---	---	---	---	7
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	11
Bachelor's degree or higher	---	---	---	---	---	---	---	10
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	4
\$20,000 - \$34,999	---	---	---	---	---	---	---	3
\$35,000 - \$49,999	---	---	---	---	---	---	---	4
\$50,000 - \$74,999	---	---	---	---	---	---	---	5
\$75,000 or more	---	---	---	---	---	---	---	12

All Survey Items (weighted data)

**6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?**

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
<b>Overall results from 2010</b>	73.4%	26.6%	451
<b>Overall results from 2015</b>	82.7%	17.3%	360
<b>Results by gender:</b>			
Female	86.1%	13.9%	216
Male	79.0%	21.0%	144
<b>Results by age:</b>			
18-34	---	---	25
35-44	---	---	25
45-54	77.2%	22.8%	48
55-64	81.3%	18.7%	78
65-74	93.8%	6.2%	75
75+	94.1%	5.9%	109
<b>Results by education level:</b>			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	80.1%	19.9%	113
Some college, trade school, or Associate degree	82.7%	17.3%	125
Bachelor's degree or higher	81.0%	19.0%	90
<b>Results by household income:</b>			
Less than \$20,000	92.1%	7.9%	60
\$20,000 - \$34,999	80.4%	19.6%	66
\$35,000 - \$49,999	90.5%	9.5%	56
\$50,000 - \$74,999	87.9%	12.1%	74
\$75,000 or more	71.9%	28.1%	83

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

	Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns	None of the above	N
<i>Swift County</i>	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	63.2%	59.8%	54.0%	47.1%	0.0%	0.0%	21.7%	360
Overall results from 2015	65.3%	52.2%	46.0%	49.7%	33.3%	24.0%	12.1%	316
Results by gender:								
Female	70.7%	57.2%	49.2%	42.6%	40.3%	26.5%	13.4%	193
Male	59.0%	46.3%	42.2%	57.9%	25.2%	21.0%	10.6%	123
Results by age:								
18-34	---	---	---	---	---	---	---	20
35-44	---	---	---	---	---	---	---	21
45-54	69.5%	51.8%	51.1%	52.1%	36.7%	23.6%	13.1%	38
55-64	65.2%	48.7%	51.1%	41.5%	32.5%	21.3%	12.6%	65
65-74	73.3%	54.9%	47.9%	37.5%	22.1%	22.5%	13.7%	69
75+	56.2%	38.4%	24.2%	24.5%	23.0%	9.1%	26.4%	103
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	28
High school diploma or GED	64.5%	57.1%	40.8%	38.6%	25.7%	19.3%	14.7%	97
Some college, trade school, or Associate degree	70.1%	49.4%	51.4%	63.2%	37.2%	30.5%	6.3%	112
Bachelor's degree or higher	66.7%	64.3%	47.7%	42.9%	33.5%	23.8%	13.8%	76
Results by household income:								
Less than \$20,000	55.2%	50.0%	43.1%	46.2%	35.9%	21.6%	9.9%	53
\$20,000 - \$34,999	63.1%	37.8%	35.5%	45.3%	37.1%	16.4%	15.1%	59
\$35,000 - \$49,999	72.2%	48.8%	43.2%	56.4%	37.7%	27.7%	9.6%	52
\$50,000 - \$74,999	74.2%	58.5%	51.1%	49.8%	30.5%	27.8%	11.5%	64
\$75,000 or more	58.6%	57.5%	49.5%	51.1%	30.4%	23.6%	11.7%	68

## All Survey Items (weighted data)

### 8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
<b>Overall results from 2015</b>	21.4%	78.6%	356
<b>Results by gender:</b>			
Female	22.7%	77.3%	214
Male	19.9%	80.1%	142
<b>Results by age:</b>			
18-34	---	---	25
35-44	---	---	25
45-54	28.1%	71.9%	48
55-64	18.1%	81.9%	78
65-74	13.8%	86.2%	72
75+	11.0%	89.0%	108
<b>Results by education level:</b>			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	13.6%	86.4%	112
Some college, trade school, or Associate degree	24.1%	75.9%	123
Bachelor's degree or higher	25.0%	75.0%	90
<b>Results by household income:</b>			
Less than \$20,000	17.2%	82.8%	60
\$20,000 - \$34,999	19.7%	80.3%	64
\$35,000 - \$49,999	33.5%	66.5%	56
\$50,000 - \$74,999	15.5%	84.5%	73
\$75,000 or more	20.4%	79.6%	83

All Survey Items (weighted data)

9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	
Overall results from 2015	5.4%	0.7%	40.5%	26.9%	15.8%	7.5%	24.7%	61
Results by gender:								
Female	9.1%	1.3%	34.7%	33.3%	14.2%	12.2%	21.7%	40
Male	---	---	---	---	---	---	---	21
Results by age:								
18-34	---	---	---	---	---	---	---	8
35-44	---	---	---	---	---	---	---	6
45-54	---	---	---	---	---	---	---	15
55-64	---	---	---	---	---	---	---	14
65-74	---	---	---	---	---	---	---	10
75+	---	---	---	---	---	---	---	8
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	3
High school diploma or GED	---	---	---	---	---	---	---	14
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	27
Bachelor's degree or higher	---	---	---	---	---	---	---	17
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	9
\$20,000 - \$34,999	---	---	---	---	---	---	---	10
\$35,000 - \$49,999	---	---	---	---	---	---	---	13
\$50,000 - \$74,999	---	---	---	---	---	---	---	13
\$75,000 or more	---	---	---	---	---	---	---	11

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	19.2%	80.8%	357
Results by gender:			
Female	24.0%	76.0%	213
Male	14.1%	85.9%	144
Results by age:			
18-34	---	---	24
35-44	---	---	24
45-54	21.5%	78.5%	48
55-64	23.9%	76.1%	78
65-74	10.4%	89.6%	76
75+	12.7%	87.3%	107
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	15.7%	84.3%	113
Some college, trade school, or Associate degree	21.1%	78.9%	124
Bachelor's degree or higher	19.8%	80.2%	89
Results by household income:			
Less than \$20,000	28.3%	71.7%	59
\$20,000 - \$34,999	31.2%	68.8%	65
\$35,000 - \$49,999	32.4%	67.6%	57
\$50,000 - \$74,999	10.0%	90.0%	73
\$75,000 or more	10.4%	89.6%	82

All Survey Items (weighted data)

11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	It cost too much	I did not have insurance	The dentist would not accept my insurance	I did not know where to go	Other reason	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	%	
Overall results from 2015	6.8%	3.2%	8.2%	73.2%	39.4%	14.8%	10.5%	11.3%	59
Results by gender:									
Female	10.3%	4.9%	9.4%	59.8%	33.4%	22.0%	15.9%	17.2%	41
Male	---	---	---	---	---	---	---	---	18
Results by age:									
18-34	---	---	---	---	---	---	---	---	6
35-44	---	---	---	---	---	---	---	---	8
45-54	---	---	---	---	---	---	---	---	9
55-64	---	---	---	---	---	---	---	---	18
65-74	---	---	---	---	---	---	---	---	9
75+	---	---	---	---	---	---	---	---	9
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	4
High school diploma or GED	---	---	---	---	---	---	---	---	18
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	24
Bachelor's degree or higher	---	---	---	---	---	---	---	---	13
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	18
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	14
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	11
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	5
\$75,000 or more	---	---	---	---	---	---	---	---	7



**12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?**

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
<b>Overall results from 2015</b>	63.0%	27.2%	6.4%	2.0%	1.5%	319
<b>Results by gender:</b>						
Female	54.9%	34.4%	7.9%	1.3%	1.5%	194
Male	71.5%	19.5%	4.8%	2.8%	1.4%	125
<b>Results by age:</b>						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	24
45-54	47.7%	37.7%	9.4%	5.1%	0.0%	47
55-64	68.0%	24.5%	1.8%	1.8%	3.8%	73
65-74	94.5%	1.8%	3.7%	0.0%	0.0%	67
75+	75.5%	21.4%	0.0%	3.1%	0.0%	84
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	78.7%	15.2%	4.3%	1.8%	0.0%	94
Some college, trade school, or Associate degree	57.8%	30.4%	7.6%	0.8%	3.4%	118
Bachelor's degree or higher	57.5%	31.8%	7.2%	3.5%	0.0%	82
<b>Results by household income:</b>						
Less than \$20,000	53.8%	42.9%	1.2%	2.1%	0.0%	44
\$20,000 - \$34,999	69.8%	25.5%	3.9%	0.8%	0.0%	61
\$35,000 - \$49,999	53.7%	27.2%	8.5%	1.1%	9.5%	50
\$50,000 - \$74,999	49.4%	34.7%	15.5%	0.4%	0.0%	69
\$75,000 or more	74.5%	20.3%	1.1%	4.0%	0.0%	79

All Survey Items (weighted data)

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	10.0%	90.0%	358
Results by gender:			
Female	12.5%	87.5%	213
Male	7.4%	92.6%	145
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	20.0%	80.0%	49
55-64	4.9%	95.1%	76
65-74	2.7%	97.3%	76
75+	4.7%	95.3%	107
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	7.0%	93.0%	110
Some college, trade school, or Associate degree	9.4%	90.6%	127
Bachelor's degree or higher	10.7%	89.3%	90
Results by household income:			
Less than \$20,000	20.7%	79.3%	59
\$20,000 - \$34,999	8.8%	91.2%	66
\$35,000 - \$49,999	18.0%	82.0%	56
\$50,000 - \$74,999	6.4%	93.6%	73
\$75,000 or more	5.3%	94.7%	83

All Survey Items (weighted data)

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	%	%	
Overall results from 2015	---	---	---	---	---	---	---	---	---	24
Results by gender:										
Female	---	---	---	---	---	---	---	---	---	18
Male	---	---	---	---	---	---	---	---	---	6
Results by age:										
18-34	---	---	---	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	---	---	---	5
45-54	---	---	---	---	---	---	---	---	---	7
55-64	---	---	---	---	---	---	---	---	---	5
65-74	---	---	---	---	---	---	---	---	---	2
75+	---	---	---	---	---	---	---	---	---	2
Results by education level:										
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	3
High school diploma or GED	---	---	---	---	---	---	---	---	---	5
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	---	9
Bachelor's degree or higher	---	---	---	---	---	---	---	---	---	7
Results by household income:										
Less than \$20,000	---	---	---	---	---	---	---	---	---	6
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	---	3
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	---	8
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	---	3
\$75,000 or more	---	---	---	---	---	---	---	---	---	4

15. In the past 6 months, which statement best describes medications prescribed for you?

	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N (Unweighted)
<i>Swift County</i>	%	%	%	
Overall results from 2015	30.7%	64.3%	5.1%	361
Results by gender:				
Female	23.5%	70.3%	6.2%	215
Male	38.2%	57.9%	3.9%	146
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	37.0%	56.0%	6.9%	49
55-64	28.1%	68.4%	3.5%	78
65-74	12.0%	85.8%	2.2%	74
75+	12.1%	81.5%	6.4%	110
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	25.6%	67.5%	6.9%	113
Some college, trade school, or Associate degree	33.3%	63.3%	3.5%	127
Bachelor's degree or higher	36.4%	61.1%	2.6%	90
Results by household income:				
Less than \$20,000	11.5%	71.5%	17.0%	62
\$20,000 - \$34,999	16.9%	83.1%	0.0%	66
\$35,000 - \$49,999	38.6%	52.6%	8.8%	56
\$50,000 - \$74,999	34.4%	62.2%	3.3%	74
\$75,000 or more	39.2%	58.8%	2.0%	82

All Survey Items (weighted data)

16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

	I did not have insurance	It cost too much	I do not like taking medications	I did not think I needed the medication	I did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	%	
Overall results from 2015	---	---	---	---	---	---	---	---	17
Results by gender:									
Female	---	---	---	---	---	---	---	---	11
Male	---	---	---	---	---	---	---	---	6
Results by age:									
18-34	---	---	---	---	---	---	---	---	1
35-44	---	---	---	---	---	---	---	---	2
45-54	---	---	---	---	---	---	---	---	4
55-64	---	---	---	---	---	---	---	---	4
65-74	---	---	---	---	---	---	---	---	1
75+	---	---	---	---	---	---	---	---	5
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	3
High school diploma or GED	---	---	---	---	---	---	---	---	7
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	4
Bachelor's degree or higher	---	---	---	---	---	---	---	---	3
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	6
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	0
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	3
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	4
\$75,000 or more	---	---	---	---	---	---	---	---	2

All Survey Items (weighted data)

**17A. Do you currently have the following type of health insurance:  
HEALTH INSURANCE OR COVERAGE THROUGH YOUR  
EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR  
SOMEONE ELSE'S EMPLOYER?**

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
<b>Overall results from 2015</b>	54.2%	45.8%	359
<b>Results by gender:</b>			
Female	52.1%	47.9%	215
Male	56.5%	43.5%	144
<b>Results by age:</b>			
18-34	---	---	25
35-44	---	---	25
45-54	70.6%	29.4%	47
55-64	53.4%	46.6%	77
65-74	11.5%	88.5%	76
75+	4.8%	95.2%	109
<b>Results by education level:</b>			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	34.4%	65.6%	113
Some college, trade school, or Associate degree	60.2%	39.8%	125
Bachelor's degree or higher	68.6%	31.4%	90
<b>Results by household income:</b>			
Less than \$20,000	5.7%	94.3%	59
\$20,000 - \$34,999	24.1%	75.9%	66
\$35,000 - \$49,999	48.4%	51.6%	57
\$50,000 - \$74,999	67.0%	33.0%	73
\$75,000 or more	80.1%	19.9%	83

All Survey Items (weighted data)

17B. Do you currently have the following type of health insurance:  
HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY  
YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	25.4%	74.6%	359
Results by gender:			
Female	25.4%	74.6%	215
Male	25.3%	74.7%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	16.4%	83.6%	47
55-64	30.9%	69.1%	77
65-74	53.7%	46.3%	76
75+	61.4%	38.6%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	31.2%	68.8%	113
Some college, trade school, or Associate degree	23.2%	76.8%	125
Bachelor's degree or higher	20.7%	79.3%	90
Results by household income:			
Less than \$20,000	21.6%	78.4%	59
\$20,000 - \$34,999	38.7%	61.3%	66
\$35,000 - \$49,999	29.9%	70.1%	57
\$50,000 - \$74,999	18.2%	81.8%	73
\$75,000 or more	20.9%	79.1%	83

17C. Do you currently have the following type of health insurance:  
INDIAN OR TRIBAL HEALTH SERVICE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	0.9%	99.1%	359
Results by gender:			
Female	1.4%	98.6%	215
Male	0.3%	99.7%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	1.6%	98.4%	47
55-64	0.0%	100.0%	77
65-74	0.0%	100.0%	76
75+	4.1%	95.9%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	2.1%	97.9%	113
Some college, trade school, or Associate degree	0.3%	99.7%	125
Bachelor's degree or higher	0.7%	99.3%	90
Results by household income:			
Less than \$20,000	3.8%	96.2%	59
\$20,000 - \$34,999	0.8%	99.2%	66
\$35,000 - \$49,999	1.0%	99.0%	57
\$50,000 - \$74,999	0.0%	100.0%	73
\$75,000 or more	0.0%	100.0%	83



17D. Do you currently have the following type of health insurance:  
MEDICARE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	28.4%	71.6%	359
Results by gender:			
Female	28.1%	71.9%	215
Male	28.8%	71.2%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	8.6%	91.4%	47
55-64	10.9%	89.1%	77
65-74	84.6%	15.4%	76
75+	87.2%	12.8%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	49.9%	50.1%	113
Some college, trade school, or Associate degree	20.2%	79.8%	125
Bachelor's degree or higher	14.1%	85.9%	90
Results by household income:			
Less than \$20,000	74.2%	25.8%	59
\$20,000 - \$34,999	47.7%	52.3%	66
\$35,000 - \$49,999	18.2%	81.8%	57
\$50,000 - \$74,999	20.6%	79.4%	73
\$75,000 or more	10.7%	89.3%	83

17E. Do you currently have the following type of health insurance:  
MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL  
ASSISTANCE PROGRAM (PMAP)?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	7.8%	92.2%	359
Results by gender:			
Female	10.6%	89.4%	215
Male	4.8%	95.2%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	6.5%	93.5%	47
55-64	8.2%	91.8%	77
65-74	8.4%	91.6%	76
75+	9.2%	90.8%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	12.3%	87.7%	113
Some college, trade school, or Associate degree	8.0%	92.0%	125
Bachelor's degree or higher	4.1%	95.9%	90
Results by household income:			
Less than \$20,000	34.6%	65.4%	59
\$20,000 - \$34,999	11.2%	88.8%	66
\$35,000 - \$49,999	8.6%	91.4%	57
\$50,000 - \$74,999	2.8%	97.2%	73
\$75,000 or more	0.0%	100.0%	83

17F. Do you currently have the following type of health insurance:  
MINNESOTACARE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	4.8%	95.2%	359
Results by gender:			
Female	5.2%	94.8%	215
Male	4.2%	95.8%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	3.9%	96.1%	47
55-64	10.6%	89.4%	77
65-74	0.0%	100.0%	76
75+	1.5%	98.5%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	3.0%	97.0%	113
Some college, trade school, or Associate degree	5.3%	94.7%	125
Bachelor's degree or higher	3.7%	96.3%	90
Results by household income:			
Less than \$20,000	13.5%	86.5%	59
\$20,000 - \$34,999	8.4%	91.6%	66
\$35,000 - \$49,999	11.2%	88.8%	57
\$50,000 - \$74,999	0.0%	100.0%	73
\$75,000 or more	1.2%	98.8%	83

17G. Do you currently have the following type of health insurance:  
MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	0.7%	99.3%	359
Results by gender:			
Female	0.4%	99.6%	215
Male	1.1%	98.9%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	2.6%	97.4%	47
55-64	1.2%	98.8%	77
65-74	0.0%	100.0%	76
75+	0.0%	100.0%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	1.0%	99.0%	113
Some college, trade school, or Associate degree	1.2%	98.8%	125
Bachelor's degree or higher	0.0%	100.0%	90
Results by household income:			
Less than \$20,000	0.0%	100.0%	59
\$20,000 - \$34,999	1.5%	98.5%	66
\$35,000 - \$49,999	0.0%	100.0%	57
\$50,000 - \$74,999	0.0%	100.0%	73
\$75,000 or more	0.0%	100.0%	83

All Survey Items (weighted data)

17H. Do you currently have the following type of health insurance:  
CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	3.4%	96.6%	359
Results by gender:			
Female	2.2%	97.8%	215
Male	4.7%	95.3%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	2.6%	97.4%	47
55-64	2.9%	97.1%	77
65-74	11.0%	89.0%	76
75+	8.0%	92.0%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	7.2%	92.8%	113
Some college, trade school, or Associate degree	2.8%	97.2%	125
Bachelor's degree or higher	1.8%	98.2%	90
Results by household income:			
Less than \$20,000	4.3%	95.7%	59
\$20,000 - \$34,999	6.1%	93.9%	66
\$35,000 - \$49,999	8.6%	91.4%	57
\$50,000 - \$74,999	2.2%	97.8%	73
\$75,000 or more	0.8%	99.2%	83

17I. Do you currently have the following type of health insurance:  
OTHER HEALTH INSURANCE COVERAGE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	9.1%	90.9%	359
Results by gender:			
Female	12.3%	87.7%	215
Male	5.8%	94.2%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	0.0%	100.0%	47
55-64	2.9%	97.1%	77
65-74	39.3%	60.7%	76
75+	28.9%	71.1%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	18.5%	81.5%	113
Some college, trade school, or Associate degree	7.9%	92.1%	125
Bachelor's degree or higher	3.9%	96.1%	90
Results by household income:			
Less than \$20,000	9.7%	90.3%	59
\$20,000 - \$34,999	21.7%	78.3%	66
\$35,000 - \$49,999	8.2%	91.8%	57
\$50,000 - \$74,999	9.8%	90.2%	73
\$75,000 or more	3.4%	96.6%	83

17J. Do you currently have the following type of health insurance:  
NO HEALTH INSURANCE COVERAGE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	1.1%	98.9%	359
Results by gender:			
Female	2.2%	97.8%	215
Male	0.0%	100.0%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	0.0%	100.0%	47
55-64	0.0%	100.0%	77
65-74	0.0%	100.0%	76
75+	0.0%	100.0%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	3.4%	96.6%	113
Some college, trade school, or Associate degree	0.9%	99.1%	125
Bachelor's degree or higher	0.0%	100.0%	90
Results by household income:			
Less than \$20,000	0.0%	100.0%	59
\$20,000 - \$34,999	5.4%	94.6%	66
\$35,000 - \$49,999	0.0%	100.0%	57
\$50,000 - \$74,999	1.7%	98.3%	73
\$75,000 or more	0.0%	100.0%	83

All Survey Items (weighted data)

Current health insurance status

	Currently insured	Currently uninsured	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	98.9%	1.1%	359
Results by gender:			
Female	97.8%	2.2%	215
Male	100.0%	0.0%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	100.0%	0.0%	47
55-64	100.0%	0.0%	77
65-74	100.0%	0.0%	76
75+	100.0%	0.0%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	96.6%	3.4%	113
Some college, trade school, or Associate degree	99.1%	0.9%	125
Bachelor's degree or higher	100.0%	0.0%	90
Results by household income:			
Less than \$20,000	100.0%	0.0%	59
\$20,000 - \$34,999	94.6%	5.4%	66
\$35,000 - \$49,999	100.0%	0.0%	57
\$50,000 - \$74,999	98.3%	1.7%	73
\$75,000 or more	100.0%	0.0%	83



18. Do you consider yourself:

	Overweight	About the right weight	Underweight	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2010	49.3%	48.3%	2.4%	451
Overall results from 2015	38.7%	60.5%	0.8%	359
Results by gender:				
Female	47.4%	51.3%	1.2%	213
Male	29.5%	70.2%	0.3%	146
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	54.2%	45.8%	0.0%	48
55-64	43.6%	56.4%	0.0%	78
65-74	57.5%	41.3%	1.2%	73
75+	31.8%	63.9%	4.3%	110
Results by education level:				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	38.6%	59.0%	2.4%	114
Some college, trade school, or Associate degree	40.9%	58.7%	0.3%	126
Bachelor's degree or higher	35.4%	64.3%	0.3%	89
Results by household income:				
Less than \$20,000	31.4%	63.2%	5.4%	62
\$20,000 - \$34,999	57.0%	43.0%	0.0%	66
\$35,000 - \$49,999	36.4%	62.9%	0.7%	55
\$50,000 - \$74,999	42.2%	57.8%	0.0%	72
\$75,000 or more	33.3%	66.7%	0.0%	83

19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	21.7%	59.8%	16.6%	1.9%	349
Results by gender:					
Female	18.7%	59.3%	20.7%	1.3%	210
Male	25.0%	60.2%	12.3%	2.6%	139
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	26.6%	61.0%	10.9%	1.5%	48
55-64	23.3%	53.4%	23.3%	0.0%	76
65-74	20.9%	63.7%	11.3%	4.1%	73
75+	14.4%	62.5%	23.2%	0.0%	102
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	17.7%	61.3%	19.8%	1.2%	108
Some college, trade school, or Associate degree	28.7%	59.4%	9.7%	2.2%	125
Bachelor's degree or higher	12.4%	60.7%	24.5%	2.4%	87
Results by household income:					
Less than \$20,000	27.6%	60.5%	11.9%	0.0%	55
\$20,000 - \$34,999	15.2%	57.2%	24.9%	2.7%	64
\$35,000 - \$49,999	25.2%	54.8%	14.6%	5.5%	56
\$50,000 - \$74,999	37.9%	48.2%	11.4%	2.5%	73
\$75,000 or more	11.2%	68.5%	19.9%	0.4%	82

20. How many servings of 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	60.0%	37.9%	1.3%	0.9%	342
Results by gender:					
Female	64.8%	33.8%	0.0%	1.4%	206
Male	54.9%	42.2%	2.6%	0.3%	136
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	74.8%	21.5%	3.7%	0.0%	49
55-64	58.0%	40.1%	1.9%	0.0%	74
65-74	59.7%	40.3%	0.0%	0.0%	71
75+	38.2%	59.5%	1.2%	1.2%	98
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	52.8%	46.5%	0.0%	0.7%	104
Some college, trade school, or Associate degree	60.5%	35.2%	2.6%	1.7%	123
Bachelor's degree or higher	68.6%	31.4%	0.0%	0.0%	86
Results by household income:					
Less than \$20,000	45.6%	54.4%	0.0%	0.0%	53
\$20,000 - \$34,999	67.4%	32.6%	0.0%	0.0%	64
\$35,000 - \$49,999	57.8%	39.0%	3.1%	0.0%	55
\$50,000 - \$74,999	56.5%	36.9%	3.4%	3.2%	73
\$75,000 or more	67.0%	32.5%	0.0%	0.5%	80

How many combined servings of fruit and 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	14.7%	47.9%	32.6%	4.8%	339
Results by gender:					
Female	10.3%	50.9%	34.4%	4.4%	205
Male	19.5%	44.7%	30.6%	5.2%	134
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	16.7%	60.3%	21.5%	1.5%	48
55-64	13.2%	51.7%	29.5%	5.6%	74
65-74	15.4%	57.2%	22.0%	5.4%	71
75+	10.2%	37.3%	44.9%	7.6%	96
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	12.4%	51.8%	29.1%	6.7%	104
Some college, trade school, or Associate degree	17.9%	47.7%	29.1%	5.3%	123
Bachelor's degree or higher	9.9%	48.2%	39.4%	2.5%	84
Results by household income:					
Less than \$20,000	23.7%	32.1%	42.2%	1.9%	52
\$20,000 - \$34,999	10.6%	49.4%	30.8%	9.2%	63
\$35,000 - \$49,999	16.9%	43.5%	30.9%	8.7%	55
\$50,000 - \$74,999	22.3%	35.4%	35.9%	6.4%	72
\$75,000 or more	8.3%	60.9%	29.4%	1.3%	80

All Survey Items (weighted data)

21. How many servings of vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	10.7%	69.9%	17.0%	2.4%	455
Overall results from 2015	8.7%	66.5%	22.9%	2.0%	345
<b>Results by gender:</b>					
Female	7.0%	63.6%	25.9%	3.5%	206
Male	10.4%	69.6%	19.7%	0.3%	139
<b>Results by age:</b>					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	13.3%	63.2%	18.3%	5.2%	49
55-64	6.8%	69.9%	22.7%	0.6%	76
65-74	12.2%	72.3%	13.3%	2.3%	72
75+	6.2%	76.5%	16.1%	1.2%	98
<b>Results by education level:</b>					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	10.9%	60.6%	21.4%	7.1%	104
Some college, trade school, or Associate degree	5.5%	69.9%	24.4%	0.2%	125
Bachelor's degree or higher	12.6%	63.3%	22.9%	1.2%	87
<b>Results by household income:</b>					
Less than \$20,000	7.4%	68.0%	24.5%	0.0%	53
\$20,000 - \$34,999	13.9%	63.5%	22.6%	0.0%	64
\$35,000 - \$49,999	1.8%	75.7%	18.6%	4.0%	56
\$50,000 - \$74,999	9.9%	72.2%	14.8%	3.1%	74
\$75,000 or more	9.8%	56.3%	32.0%	1.8%	82

All Survey Items (weighted data)

How many combined servings of fruit (including fruit juice) and vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	2.4%	25.5%	31.7%	38.7%	1.7%	336
<b>Results by gender:</b>						
Female	1.3%	24.2%	32.2%	41.0%	1.2%	203
Male	3.5%	26.9%	31.1%	36.2%	2.2%	133
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	3.8%	28.9%	39.2%	25.1%	3.0%	48
55-64	4.6%	20.3%	37.0%	38.1%	0.0%	74
65-74	4.1%	25.2%	43.3%	26.2%	1.2%	71
75+	2.3%	15.8%	38.7%	41.9%	1.2%	93
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	2.9%	24.0%	28.6%	40.8%	3.8%	102
Some college, trade school, or Associate degree	0.8%	28.3%	38.1%	30.6%	2.2%	123
Bachelor's degree or higher	4.3%	21.2%	27.3%	47.2%	0.0%	84
<b>Results by household income:</b>						
Less than \$20,000	4.5%	28.9%	22.3%	44.4%	0.0%	51
\$20,000 - \$34,999	5.9%	19.6%	33.5%	41.1%	0.0%	62
\$35,000 - \$49,999	1.8%	26.9%	32.4%	33.7%	5.1%	55
\$50,000 - \$74,999	1.6%	35.9%	25.2%	33.9%	3.4%	72
\$75,000 or more	1.2%	20.7%	35.2%	42.4%	0.5%	80

22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	26.0%	61.5%	10.5%	1.8%	0.2%	454
Overall results from 2015	33.8%	60.2%	5.8%	0.1%	0.0%	353
Results by gender:						
Female	39.7%	56.0%	4.2%	0.0%	0.0%	211
Male	27.6%	64.7%	7.5%	0.3%	0.0%	142
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	42.8%	51.7%	5.6%	0.0%	0.0%	48
55-64	29.9%	60.5%	9.5%	0.0%	0.0%	76
65-74	33.7%	61.2%	4.0%	1.1%	0.0%	75
75+	27.3%	65.4%	7.4%	0.0%	0.0%	104
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	26
High school diploma or GED	36.8%	57.2%	6.1%	0.0%	0.0%	111
Some college, trade school, or Associate degree	35.2%	59.5%	5.3%	0.0%	0.0%	124
Bachelor's degree or higher	34.4%	59.8%	5.4%	0.4%	0.0%	89
Results by household income:						
Less than \$20,000	38.6%	51.1%	10.3%	0.0%	0.0%	59
\$20,000 - \$34,999	38.7%	54.2%	7.1%	0.0%	0.0%	64
\$35,000 - \$49,999	35.5%	58.0%	6.5%	0.0%	0.0%	55
\$50,000 - \$74,999	35.2%	60.5%	4.3%	0.0%	0.0%	73
\$75,000 or more	29.0%	66.0%	4.6%	0.4%	0.0%	81

22B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	71.3%	18.8%	6.8%	2.6%	0.5%	426
Overall results from 2015	71.7%	20.0%	4.4%	3.1%	0.8%	330
Results by gender:						
Female	83.6%	13.0%	2.3%	1.1%	0.0%	197
Male	59.5%	27.3%	6.5%	5.2%	1.6%	133
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	66.3%	19.0%	9.3%	1.5%	3.9%	47
55-64	72.3%	21.2%	3.4%	3.1%	0.0%	71
65-74	81.0%	17.1%	1.9%	0.0%	0.0%	67
75+	82.2%	17.2%	0.6%	0.0%	0.0%	95
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	77.6%	20.3%	2.2%	0.0%	0.0%	104
Some college, trade school, or Associate degree	69.6%	21.6%	2.7%	6.0%	0.0%	119
Bachelor's degree or higher	76.2%	15.5%	4.6%	1.1%	2.6%	82
Results by household income:						
Less than \$20,000	52.4%	33.6%	14.0%	0.0%	0.0%	50
\$20,000 - \$34,999	68.9%	18.1%	7.0%	0.0%	5.9%	61
\$35,000 - \$49,999	64.5%	30.2%	3.2%	2.1%	0.0%	51
\$50,000 - \$74,999	81.6%	17.5%	0.0%	0.9%	0.0%	70
\$75,000 or more	73.3%	15.2%	4.1%	7.4%	0.0%	80



22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	61.9%	28.6%	8.8%	0.6%	0.1%	427
Overall results from 2015	77.9%	17.2%	2.6%	2.3%	0.0%	326
Results by gender:						
Female	78.0%	18.6%	3.2%	0.2%	0.0%	200
Male	77.8%	15.7%	2.1%	4.4%	0.0%	126
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	78.4%	16.5%	2.5%	2.5%	0.0%	47
55-64	78.5%	17.6%	3.9%	0.0%	0.0%	70
65-74	78.2%	19.3%	2.5%	0.0%	0.0%	65
75+	87.6%	11.5%	0.0%	0.8%	0.0%	94
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	21
High school diploma or GED	84.7%	10.8%	3.9%	0.5%	0.0%	101
Some college, trade school, or Associate degree	71.3%	25.1%	0.4%	3.2%	0.0%	116
Bachelor's degree or higher	82.6%	12.1%	5.3%	0.0%	0.0%	85
Results by household income:						
Less than \$20,000	77.6%	11.6%	3.6%	7.2%	0.0%	52
\$20,000 - \$34,999	86.8%	13.2%	0.0%	0.0%	0.0%	60
\$35,000 - \$49,999	80.8%	13.9%	4.6%	0.7%	0.0%	52
\$50,000 - \$74,999	65.8%	24.2%	4.1%	5.9%	0.0%	66
\$75,000 or more	79.7%	18.5%	1.8%	0.0%	0.0%	76

22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Swift County	%	%	%	%	%	(Unweighted)
Overall results from 2010	87.2%	8.9%	3.9%	0.0%	0.0%	423
Overall results from 2015	88.7%	10.1%	0.4%	0.0%	0.8%	330
Results by gender:						
Female	96.9%	2.4%	0.7%	0.0%	0.0%	200
Male	80.0%	18.3%	0.0%	0.0%	1.7%	130
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	92.3%	7.7%	0.0%	0.0%	0.0%	47
55-64	95.5%	4.5%	0.0%	0.0%	0.0%	70
65-74	94.7%	1.8%	3.5%	0.0%	0.0%	70
75+	96.9%	3.1%	0.0%	0.0%	0.0%	93
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	21
High school diploma or GED	99.0%	1.0%	0.0%	0.0%	0.0%	102
Some college, trade school, or Associate degree	84.0%	15.1%	0.9%	0.0%	0.0%	120
Bachelor's degree or higher	89.5%	10.5%	0.0%	0.0%	0.0%	85
Results by household income:						
Less than \$20,000	80.4%	12.3%	0.0%	0.0%	7.2%	51
\$20,000 - \$34,999	97.0%	0.0%	3.0%	0.0%	0.0%	59
\$35,000 - \$49,999	87.5%	12.5%	0.0%	0.0%	0.0%	53
\$50,000 - \$74,999	88.2%	11.8%	0.0%	0.0%	0.0%	68
\$75,000 or more	89.4%	10.6%	0.0%	0.0%	0.0%	79

All Survey Items (weighted data)

23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Swift County	%	%	%	%	%	(Unweighted)
Overall results from 2010	42.2%	51.4%	5.9%	0.4%	0.1%	447
Overall results from 2015	54.5%	38.8%	5.8%	0.8%	0.0%	347
Results by gender:						
Female	57.5%	39.0%	3.3%	0.2%	0.0%	208
Male	51.4%	38.6%	8.5%	1.5%	0.0%	139
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	52.9%	43.1%	4.0%	0.0%	0.0%	48
55-64	62.1%	30.9%	3.2%	3.8%	0.0%	73
65-74	60.8%	36.8%	1.8%	0.6%	0.0%	72
75+	60.1%	32.8%	6.3%	0.8%	0.0%	104
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	22
High school diploma or GED	66.5%	28.7%	3.2%	1.5%	0.0%	110
Some college, trade school, or Associate degree	49.0%	41.7%	9.1%	0.2%	0.0%	123
Bachelor's degree or higher	55.8%	39.3%	3.5%	1.4%	0.0%	90
Results by household income:						
Less than \$20,000	67.8%	27.5%	3.8%	0.9%	0.0%	57
\$20,000 - \$34,999	59.4%	30.1%	10.5%	0.0%	0.0%	63
\$35,000 - \$49,999	50.6%	37.0%	12.4%	0.0%	0.0%	56
\$50,000 - \$74,999	40.7%	53.5%	5.8%	0.0%	0.0%	70
\$75,000 or more	58.2%	37.7%	2.0%	2.1%	0.0%	81

All Survey Items (weighted data)

**23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2010</b>	47.0%	45.7%	5.7%	1.0%	0.6%	444
<b>Overall results from 2015</b>	41.8%	52.5%	4.7%	1.0%	0.0%	342
<b>Results by gender:</b>						
Female	47.1%	49.9%	2.5%	0.4%	0.0%	206
Male	36.1%	55.3%	6.9%	1.6%	0.0%	136
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	45.6%	54.4%	0.0%	0.0%	0.0%	48
55-64	36.8%	52.5%	8.9%	1.8%	0.0%	75
65-74	42.0%	55.0%	2.4%	0.6%	0.0%	66
75+	46.0%	45.1%	4.7%	4.3%	0.0%	103
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	53.6%	42.3%	1.5%	2.6%	0.0%	106
Some college, trade school, or Associate degree	44.2%	47.5%	8.2%	0.2%	0.0%	120
Bachelor's degree or higher	35.5%	62.4%	1.8%	0.2%	0.0%	88
<b>Results by household income:</b>						
Less than \$20,000	43.5%	55.5%	0.9%	0.0%	0.0%	52
\$20,000 - \$34,999	52.6%	38.1%	7.2%	2.1%	0.0%	66
\$35,000 - \$49,999	49.6%	46.9%	3.0%	0.4%	0.0%	53
\$50,000 - \$74,999	36.2%	51.2%	10.7%	1.8%	0.0%	70
\$75,000 or more	36.5%	61.1%	1.9%	0.5%	0.0%	82

**23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	98.7%	0.7%	0.2%	0.1%	0.3%	333
<b>Results by gender:</b>						
Female	98.7%	1.1%	0.0%	0.0%	0.2%	199
Male	98.6%	0.3%	0.5%	0.1%	0.5%	134
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	48
55-64	100.0%	0.0%	0.0%	0.0%	0.0%	71
65-74	97.6%	1.2%	0.6%	0.6%	0.0%	70
75+	92.0%	4.2%	1.2%	0.0%	2.7%	94
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	18
High school diploma or GED	96.2%	2.6%	0.3%	0.0%	0.9%	102
Some college, trade school, or Associate degree	99.5%	0.3%	0.0%	0.2%	0.0%	122
Bachelor's degree or higher	99.5%	0.0%	0.0%	0.0%	0.5%	89
<b>Results by household income:</b>						
Less than \$20,000	90.5%	5.0%	2.1%	0.0%	2.5%	51
\$20,000 - \$34,999	100.0%	0.0%	0.0%	0.0%	0.0%	61
\$35,000 - \$49,999	99.1%	0.9%	0.0%	0.0%	0.0%	52
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	68
\$75,000 or more	99.6%	0.0%	0.0%	0.2%	0.2%	81

**23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	96.4%	1.7%	0.5%	0.8%	0.5%	339
<b>Results by gender:</b>						
Female	95.4%	2.3%	0.6%	1.5%	0.2%	204
Male	97.6%	1.1%	0.3%	0.2%	0.8%	135
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	48
55-64	100.0%	0.0%	0.0%	0.0%	0.0%	71
65-74	100.0%	0.0%	0.0%	0.0%	0.0%	68
75+	74.4%	12.5%	3.5%	6.0%	3.6%	102
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	22
High school diploma or GED	92.6%	3.1%	1.8%	2.1%	0.4%	103
Some college, trade school, or Associate degree	98.4%	0.3%	0.0%	0.7%	0.6%	123
Bachelor's degree or higher	98.3%	0.8%	0.0%	0.3%	0.5%	89
<b>Results by household income:</b>						
Less than \$20,000	87.1%	3.2%	3.4%	3.9%	2.4%	53
\$20,000 - \$34,999	91.9%	5.3%	0.8%	0.8%	1.2%	62
\$35,000 - \$49,999	97.6%	1.7%	0.0%	0.7%	0.0%	54
\$50,000 - \$74,999	98.7%	1.0%	0.0%	0.0%	0.3%	69
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	81

23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Swift County	%	%	%	%	%	(Unweighted)
Overall results from 2015	95.2%	2.6%	1.1%	0.5%	0.5%	327
Results by gender:						
Female	95.8%	2.9%	0.2%	0.4%	0.6%	196
Male	94.6%	2.3%	2.1%	0.6%	0.3%	131
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	95.9%	2.6%	0.0%	0.0%	1.5%	47
55-64	100.0%	0.0%	0.0%	0.0%	0.0%	70
65-74	93.2%	4.9%	0.6%	1.3%	0.0%	67
75+	84.9%	9.0%	2.0%	2.9%	1.2%	93
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	20
High school diploma or GED	91.3%	5.0%	1.3%	0.0%	2.3%	97
Some college, trade school, or Associate degree	96.9%	1.2%	1.9%	0.0%	0.0%	118
Bachelor's degree or higher	99.0%	0.4%	0.2%	0.4%	0.0%	90
Results by household income:						
Less than \$20,000	91.1%	5.9%	0.0%	0.0%	2.9%	49
\$20,000 - \$34,999	89.4%	7.0%	0.8%	2.8%	0.0%	61
\$35,000 - \$49,999	96.3%	2.3%	1.4%	0.0%	0.0%	55
\$50,000 - \$74,999	94.6%	1.8%	3.6%	0.0%	0.0%	67
\$75,000 or more	99.1%	0.0%	0.0%	0.4%	0.5%	79

23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	0.7%	7.4%	16.3%	40.1%	35.4%	451
Overall results from 2015	0.6%	4.9%	12.2%	30.5%	51.8%	354
Results by gender:						
Female	0.8%	5.7%	11.3%	31.7%	50.5%	208
Male	0.4%	4.1%	13.2%	29.2%	53.1%	146
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	0.0%	1.5%	9.3%	32.1%	57.2%	48
55-64	0.0%	9.7%	9.1%	34.9%	46.3%	77
65-74	0.6%	3.9%	11.7%	26.3%	57.6%	75
75+	4.1%	14.8%	15.5%	22.1%	43.5%	104
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	1.7%	12.5%	10.7%	22.0%	53.1%	114
Some college, trade school, or Associate degree	0.4%	1.0%	18.1%	32.5%	48.0%	123
Bachelor's degree or higher	0.3%	4.9%	5.0%	32.0%	57.7%	91
Results by household income:						
Less than \$20,000	3.2%	17.9%	23.0%	17.0%	38.9%	58
\$20,000 - \$34,999	1.2%	3.5%	11.9%	28.3%	55.1%	63
\$35,000 - \$49,999	0.0%	5.3%	8.2%	47.9%	38.5%	57
\$50,000 - \$74,999	0.0%	2.4%	21.1%	22.4%	54.1%	74
\$75,000 or more	0.0%	2.1%	4.8%	33.0%	60.2%	81



23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	29.9%	24.5%	15.7%	19.7%	10.2%	441
Overall results from 2015	27.1%	26.2%	15.9%	14.8%	16.1%	346
Results by gender:						
Female	26.0%	22.6%	16.9%	14.1%	20.3%	206
Male	28.2%	29.9%	14.9%	15.4%	11.6%	140
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	16.0%	30.3%	14.3%	14.8%	24.6%	48
55-64	21.6%	18.5%	26.5%	24.7%	8.8%	72
65-74	33.8%	23.4%	16.0%	14.1%	12.6%	72
75+	35.9%	17.6%	18.8%	9.5%	18.2%	104
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	37.1%	19.5%	12.0%	12.4%	19.0%	106
Some college, trade school, or Associate degree	18.4%	27.1%	21.6%	14.4%	18.6%	124
Bachelor's degree or higher	31.3%	29.2%	10.7%	18.5%	10.3%	90
Results by household income:						
Less than \$20,000	27.0%	23.9%	21.2%	7.8%	20.1%	53
\$20,000 - \$34,999	19.4%	33.1%	24.4%	9.4%	13.7%	63
\$35,000 - \$49,999	22.2%	21.0%	19.8%	11.8%	25.2%	56
\$50,000 - \$74,999	23.1%	16.2%	11.5%	27.3%	21.9%	72
\$75,000 or more	33.6%	35.4%	12.7%	11.0%	7.3%	82

24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Swift County	%	%	%	%	%	(Unweighted)
Overall results from 2015	12.6%	22.9%	16.8%	31.4%	16.3%	346
Results by gender:						
Female	13.6%	22.6%	19.7%	34.4%	9.7%	201
Male	11.6%	23.3%	14.0%	28.4%	22.7%	145
Results by age:						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	24
45-54	11.4%	17.9%	16.4%	29.5%	24.8%	47
55-64	4.7%	19.2%	17.3%	36.3%	22.5%	77
65-74	3.9%	19.0%	16.8%	43.6%	16.6%	74
75+	8.9%	19.9%	15.9%	38.3%	17.0%	100
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	27
High school diploma or GED	14.2%	16.3%	16.4%	36.2%	16.9%	105
Some college, trade school, or Associate degree	11.6%	25.6%	20.0%	29.7%	13.1%	122
Bachelor's degree or higher	11.3%	22.8%	14.6%	29.9%	21.4%	90
Results by household income:						
Less than \$20,000	15.9%	33.9%	13.4%	25.8%	11.0%	53
\$20,000 - \$34,999	12.3%	19.4%	20.4%	37.4%	10.5%	63
\$35,000 - \$49,999	2.6%	27.0%	16.1%	41.7%	12.7%	55
\$50,000 - \$74,999	14.2%	13.1%	27.8%	27.0%	18.0%	73
\$75,000 or more	14.9%	24.9%	10.0%	28.6%	21.7%	82

24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	19.1%	15.2%	12.9%	35.9%	16.9%	334
Results by gender:						
Female	18.4%	12.0%	13.2%	39.0%	17.4%	196
Male	19.8%	18.3%	12.6%	32.9%	16.5%	138
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	15.3%	6.9%	10.4%	47.6%	19.8%	47
55-64	22.5%	12.3%	13.4%	22.4%	29.4%	73
65-74	42.1%	7.0%	12.9%	19.0%	19.0%	73
75+	33.4%	14.0%	12.4%	30.7%	9.5%	91
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	27.2%	8.7%	10.9%	34.9%	18.2%	101
Some college, trade school, or Associate degree	20.2%	17.1%	12.8%	28.2%	21.7%	116
Bachelor's degree or higher	12.6%	14.4%	13.2%	46.6%	13.1%	91
Results by household income:						
Less than \$20,000	9.7%	38.4%	12.9%	33.4%	5.5%	50
\$20,000 - \$34,999	24.6%	17.2%	14.2%	34.0%	10.0%	58
\$35,000 - \$49,999	12.4%	8.5%	18.3%	40.7%	20.1%	55
\$50,000 - \$74,999	16.4%	25.4%	5.7%	37.0%	15.5%	72
\$75,000 or more	23.5%	3.9%	12.3%	35.4%	24.9%	78

All Survey Items (weighted data)

**24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
<b>Swift County</b>	%	%	%	%	%	
<b>Overall results from 2015</b>	52.1%	20.2%	13.0%	10.3%	4.5%	323
<b>Results by gender:</b>						
Female	65.6%	13.8%	11.0%	8.4%	1.2%	191
Male	38.5%	26.5%	15.1%	12.1%	7.8%	132
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	46.8%	20.9%	13.4%	13.7%	5.2%	47
55-64	64.5%	13.4%	10.6%	10.3%	1.3%	69
65-74	74.1%	16.0%	3.8%	2.4%	3.8%	69
75+	78.7%	9.3%	8.9%	3.1%	0.0%	88
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	21
High school diploma or GED	75.6%	8.3%	11.3%	4.2%	0.7%	99
Some college, trade school, or Associate degree	47.7%	16.5%	18.3%	15.0%	2.5%	113
Bachelor's degree or higher	41.3%	32.3%	7.7%	9.1%	9.6%	87
<b>Results by household income:</b>						
Less than \$20,000	57.8%	21.7%	16.1%	4.4%	0.0%	44
\$20,000 - \$34,999	66.5%	11.3%	18.3%	4.0%	0.0%	58
\$35,000 - \$49,999	49.5%	13.1%	17.7%	16.8%	3.0%	56
\$50,000 - \$74,999	37.2%	29.5%	3.1%	18.3%	12.0%	70
\$75,000 or more	52.1%	21.6%	16.7%	6.5%	3.2%	77

**24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	97.4%	1.1%	0.6%	0.6%	0.3%	322
<b>Results by gender:</b>						
Female	98.0%	0.6%	1.1%	0.2%	0.0%	189
Male	96.8%	1.6%	0.0%	1.0%	0.6%	133
<b>Results by age:</b>						
18-34	---	---	---	---	---	23
35-44	---	---	---	---	---	25
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	50
55-64	97.7%	0.0%	1.3%	1.0%	0.0%	70
65-74	98.1%	0.0%	0.0%	0.0%	1.9%	69
75+	92.0%	0.9%	2.8%	3.6%	0.7%	85
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	20
High school diploma or GED	96.7%	0.5%	1.6%	0.8%	0.4%	98
Some college, trade school, or Associate degree	99.0%	0.0%	0.5%	0.4%	0.0%	112
Bachelor's degree or higher	99.2%	0.0%	0.0%	0.8%	0.0%	90
<b>Results by household income:</b>						
Less than \$20,000	89.1%	10.9%	0.0%	0.0%	0.0%	43
\$20,000 - \$34,999	98.3%	0.9%	0.9%	0.0%	0.0%	57
\$35,000 - \$49,999	98.9%	0.0%	0.0%	1.1%	0.0%	53
\$50,000 - \$74,999	97.2%	0.0%	0.9%	0.7%	1.2%	69
\$75,000 or more	98.6%	0.0%	0.6%	0.8%	0.0%	81

**24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	96.5%	3.5%	0.0%	0.0%	0.0%	325
<b>Results by gender:</b>						
Female	95.7%	4.3%	0.0%	0.0%	0.0%	190
Male	97.2%	2.8%	0.0%	0.0%	0.0%	135
<b>Results by age:</b>						
18-34	---	---	---	---	---	24
35-44	---	---	---	---	---	25
45-54	96.0%	4.0%	0.0%	0.0%	0.0%	48
55-64	99.4%	0.6%	0.0%	0.0%	0.0%	73
65-74	98.7%	1.3%	0.0%	0.0%	0.0%	68
75+	97.3%	2.7%	0.0%	0.0%	0.0%	87
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	21
High school diploma or GED	97.9%	2.1%	0.0%	0.0%	0.0%	99
Some college, trade school, or Associate degree	94.8%	5.2%	0.0%	0.0%	0.0%	113
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	0.0%	90
<b>Results by household income:</b>						
Less than \$20,000	79.4%	20.6%	0.0%	0.0%	0.0%	45
\$20,000 - \$34,999	100.0%	0.0%	0.0%	0.0%	0.0%	59
\$35,000 - \$49,999	99.1%	0.9%	0.0%	0.0%	0.0%	53
\$50,000 - \$74,999	96.9%	3.1%	0.0%	0.0%	0.0%	69
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	80

24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	
Overall results from 2015	88.8%	5.4%	1.5%	3.1%	1.2%	307
Results by gender:						
Female	92.1%	2.9%	1.6%	2.4%	0.9%	182
Male	85.5%	7.9%	1.5%	3.7%	1.4%	125
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	24
45-54	85.4%	1.6%	3.4%	5.3%	4.2%	44
55-64	92.3%	2.8%	1.4%	3.5%	0.0%	66
65-74	89.1%	5.8%	0.0%	4.5%	0.7%	65
75+	91.1%	3.6%	1.4%	2.3%	1.6%	83
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	21
High school diploma or GED	94.5%	1.5%	3.0%	0.0%	1.0%	91
Some college, trade school, or Associate degree	87.8%	6.6%	1.3%	2.9%	1.3%	108
Bachelor's degree or higher	93.1%	3.6%	1.2%	0.9%	1.2%	86
Results by household income:						
Less than \$20,000	72.0%	13.9%	0.0%	14.1%	0.0%	41
\$20,000 - \$34,999	93.4%	2.9%	0.0%	3.7%	0.0%	55
\$35,000 - \$49,999	93.4%	1.8%	0.0%	4.4%	0.5%	50
\$50,000 - \$74,999	92.2%	0.0%	4.8%	0.7%	2.3%	66
\$75,000 or more	88.4%	9.5%	1.1%	1.1%	0.0%	76

All Survey Items (weighted data)

25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Swift County	%	%	%	%	%	(Unweighted)
Overall results from 2010	50.9%	21.5%	17.5%	6.7%	3.5%	435
Overall results from 2015	48.3%	30.2%	12.7%	7.9%	0.9%	340
Results by gender:						
Female	48.7%	25.7%	12.9%	11.4%	1.2%	202
Male	47.8%	34.7%	12.5%	4.3%	0.7%	138
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	40.1%	40.3%	12.0%	4.5%	3.0%	48
55-64	40.5%	28.3%	15.4%	13.8%	1.9%	73
65-74	47.9%	18.8%	17.6%	15.7%	0.0%	71
75+	51.6%	18.5%	16.4%	13.5%	0.0%	98
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	26
High school diploma or GED	62.3%	16.2%	8.7%	12.8%	0.0%	101
Some college, trade school, or Associate degree	52.4%	25.2%	15.0%	5.9%	1.5%	124
Bachelor's degree or higher	33.6%	46.4%	12.5%	7.5%	0.0%	87
Results by household income:						
Less than \$20,000	51.5%	28.7%	12.3%	4.4%	3.1%	51
\$20,000 - \$34,999	53.1%	23.5%	11.2%	9.9%	2.4%	64
\$35,000 - \$49,999	37.6%	28.5%	21.9%	10.0%	2.0%	54
\$50,000 - \$74,999	58.1%	20.6%	12.3%	9.0%	0.0%	71
\$75,000 or more	42.8%	41.3%	9.3%	6.6%	0.0%	80



All Survey Items (weighted data)

25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	83.4%	9.7%	2.9%	3.0%	1.0%	420
Overall results from 2015	89.7%	6.3%	2.3%	1.6%	0.1%	325
Results by gender:						
Female	87.6%	6.9%	3.0%	2.5%	0.0%	192
Male	91.9%	5.7%	1.6%	0.7%	0.2%	133
Results by age:						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	88.3%	6.2%	5.5%	0.0%	0.0%	48
55-64	89.0%	6.3%	1.3%	3.3%	0.0%	69
65-74	87.5%	6.3%	3.7%	2.4%	0.0%	68
75+	92.8%	5.3%	1.3%	0.0%	0.7%	90
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	22
High school diploma or GED	92.5%	5.0%	2.1%	0.0%	0.4%	98
Some college, trade school, or Associate degree	89.3%	7.8%	1.3%	1.7%	0.0%	115
Bachelor's degree or higher	87.4%	5.8%	4.2%	2.6%	0.0%	88
Results by household income:						
Less than \$20,000	93.9%	6.1%	0.0%	0.0%	0.0%	45
\$20,000 - \$34,999	86.8%	2.8%	2.0%	8.5%	0.0%	59
\$35,000 - \$49,999	76.4%	17.8%	4.1%	1.7%	0.0%	53
\$50,000 - \$74,999	95.5%	2.0%	2.2%	0.0%	0.3%	69
\$75,000 or more	91.2%	6.3%	2.2%	0.3%	0.0%	80

All Survey Items (weighted data)

**25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	40.5%	8.7%	7.8%	11.1%	31.8%	443
Overall results from 2015	34.7%	10.8%	11.0%	14.4%	29.1%	338
<b>Results by gender:</b>						
Female	36.8%	10.9%	6.4%	11.6%	34.3%	198
Male	32.6%	10.7%	15.5%	17.1%	24.0%	140
<b>Results by age:</b>						
18-34	---	---	---	---	---	25
35-44	---	---	---	---	---	25
45-54	25.3%	8.6%	7.3%	14.4%	44.4%	47
55-64	22.3%	20.5%	13.2%	15.6%	28.4%	75
65-74	30.2%	7.4%	23.6%	8.7%	30.1%	69
75+	53.1%	7.9%	8.1%	10.6%	20.3%	97
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	35.6%	10.4%	12.0%	19.9%	22.0%	104
Some college, trade school, or Associate degree	34.2%	11.3%	8.1%	16.5%	29.9%	117
Bachelor's degree or higher	33.9%	10.4%	15.5%	9.6%	30.7%	90
<b>Results by household income:</b>						
Less than \$20,000	56.8%	11.0%	8.6%	5.9%	17.7%	51
\$20,000 - \$34,999	42.8%	3.3%	10.9%	11.8%	31.2%	61
\$35,000 - \$49,999	16.8%	11.5%	5.7%	20.9%	45.1%	53
\$50,000 - \$74,999	38.1%	5.0%	10.7%	14.1%	32.1%	72
\$75,000 or more	31.7%	17.4%	14.0%	15.8%	21.1%	81

26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

	Less than 2 miles	2-6 miles	7-10 miles	11-20 miles	21-30 miles	Over 30 miles	N
<i>Swift County</i>	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	40.2%	8.7%	10.9%	11.6%	15.2%	14.3%	364
Results by gender:							
Female	43.4%	7.3%	11.7%	10.6%	12.2%	15.6%	212
Male	37.1%	10.1%	10.1%	12.6%	18.1%	13.1%	152
Results by age:							
18-34	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	25
45-54	38.0%	9.1%	9.9%	8.1%	13.1%	21.7%	49
55-64	53.0%	4.0%	4.6%	19.0%	15.0%	5.2%	79
65-74	47.8%	7.1%	9.4%	14.3%	13.2%	10.5%	77
75+	68.5%	6.2%	4.7%	9.3%	8.5%	3.9%	109
Results by education level:							
Less than HS diploma, no GED	37.8%	16.8%	6.8%	12.1%	14.6%	14.3%	31
High school diploma or GED	57.1%	5.2%	10.9%	11.0%	6.5%	9.3%	112
Some college, trade school, or Associate degree	42.4%	7.4%	9.6%	8.2%	20.1%	13.9%	127
Bachelor's degree or higher	26.4%	11.3%	13.6%	15.6%	14.9%	18.6%	91
Results by household income:							
Less than \$20,000	56.0%	7.8%	3.4%	5.2%	17.9%	10.9%	62
\$20,000 - \$34,999	41.2%	1.9%	6.0%	22.3%	22.8%	5.8%	66
\$35,000 - \$49,999	47.6%	8.9%	8.8%	4.6%	16.0%	15.1%	58
\$50,000 - \$74,999	29.8%	9.6%	8.3%	17.8%	9.3%	26.1%	76
\$75,000 or more	37.9%	11.0%	18.4%	8.8%	15.8%	9.2%	81

**27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?**

	Never	Less than 1 day per week	1-2 days per week	3-4 days per week	5-6 days per week	Every day	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	
<b>Overall results from 2015</b>	0.4%	1.5%	6.2%	23.6%	33.8%	34.5%	358
<b>Results by gender:</b>							
Female	0.4%	2.7%	6.0%	24.4%	33.2%	33.2%	210
Male	0.4%	0.3%	6.4%	22.8%	34.3%	35.9%	148
<b>Results by age:</b>							
18-34	---	---	---	---	---	---	24
35-44	---	---	---	---	---	---	25
45-54	0.0%	0.0%	0.0%	28.9%	28.4%	42.7%	49
55-64	0.0%	0.0%	9.0%	23.4%	34.2%	33.5%	79
65-74	1.7%	5.0%	6.2%	13.6%	28.6%	44.9%	75
75+	1.5%	4.3%	19.9%	16.6%	15.8%	41.9%	106
<b>Results by education level:</b>							
Less than HS diploma, no GED	0.0%	5.0%	5.4%	19.4%	34.7%	35.5%	30
High school diploma or GED	0.8%	3.0%	9.2%	22.8%	15.8%	48.5%	109
Some college, trade school, or Associate degree	0.0%	0.5%	4.5%	33.1%	35.6%	26.3%	127
Bachelor's degree or higher	0.8%	1.2%	6.0%	12.8%	43.9%	35.3%	89
<b>Results by household income:</b>							
Less than \$20,000	2.3%	3.1%	8.9%	29.1%	20.1%	36.5%	61
\$20,000 - \$34,999	0.0%	3.8%	6.8%	22.6%	25.2%	41.7%	64
\$35,000 - \$49,999	0.0%	2.4%	3.6%	33.4%	34.7%	25.9%	57
\$50,000 - \$74,999	0.5%	0.4%	9.3%	22.4%	28.4%	39.0%	75
\$75,000 or more	0.0%	0.0%	3.5%	20.3%	45.8%	30.4%	81

28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	80.2%	15.4%	1.4%	2.9%	356
Results by gender:					
Female	91.3%	8.3%	0.2%	0.2%	211
Male	69.1%	22.6%	2.7%	5.7%	145
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	85.4%	12.1%	0.0%	2.5%	49
55-64	81.9%	11.8%	2.7%	3.6%	78
65-74	78.1%	13.5%	2.4%	5.9%	72
75+	71.4%	15.2%	5.0%	8.3%	107
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	79.3%	12.3%	1.8%	6.6%	108
Some college, trade school, or Associate degree	77.5%	20.1%	2.3%	0.2%	127
Bachelor's degree or higher	90.5%	6.9%	0.4%	2.1%	89
Results by household income:					
Less than \$20,000	59.9%	26.6%	0.0%	13.5%	60
\$20,000 - \$34,999	86.9%	10.4%	1.7%	0.9%	65
\$35,000 - \$49,999	81.5%	14.0%	3.5%	1.0%	58
\$50,000 - \$74,999	85.6%	10.8%	1.5%	2.0%	73
\$75,000 or more	79.8%	18.4%	1.0%	0.9%	81

28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	84.5%	12.2%	1.7%	1.7%	350
Results by gender:					
Female	94.8%	4.5%	0.5%	0.2%	207
Male	74.2%	19.7%	2.9%	3.1%	143
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	92.8%	7.2%	0.0%	0.0%	49
55-64	83.0%	10.7%	2.7%	3.6%	77
65-74	80.6%	11.5%	4.8%	3.0%	71
75+	71.8%	17.6%	5.3%	5.3%	103
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	80.0%	12.3%	2.1%	5.6%	104
Some college, trade school, or Associate degree	82.6%	14.7%	2.4%	0.3%	126
Bachelor's degree or higher	92.4%	6.3%	0.9%	0.3%	89
Results by household income:					
Less than \$20,000	66.1%	24.0%	1.4%	8.5%	57
\$20,000 - \$34,999	90.5%	6.5%	3.1%	0.0%	63
\$35,000 - \$49,999	81.0%	14.6%	3.5%	1.0%	58
\$50,000 - \$74,999	88.9%	9.1%	1.2%	0.9%	73
\$75,000 or more	87.2%	11.6%	1.0%	0.2%	81

28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	84.6%	11.8%	2.0%	1.7%	351
Results by gender:					
Female	95.7%	3.9%	0.2%	0.2%	207
Male	73.6%	19.6%	3.7%	3.1%	144
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	81.7%	15.8%	2.5%	0.0%	49
55-64	83.3%	10.6%	2.6%	3.5%	78
65-74	77.6%	13.9%	5.5%	3.0%	71
75+	71.5%	20.0%	3.1%	5.4%	103
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	77.5%	11.4%	5.5%	5.6%	103
Some college, trade school, or Associate degree	88.5%	10.0%	1.5%	0.0%	127
Bachelor's degree or higher	91.3%	7.2%	0.8%	0.7%	90
Results by household income:					
Less than \$20,000	50.6%	39.3%	1.4%	8.7%	56
\$20,000 - \$34,999	82.4%	16.6%	1.0%	0.0%	64
\$35,000 - \$49,999	82.6%	10.7%	5.8%	1.0%	58
\$50,000 - \$74,999	87.9%	9.5%	1.7%	0.9%	74
\$75,000 or more	95.8%	2.8%	1.2%	0.2%	81

**28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?**

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	78.1%	16.2%	3.8%	1.9%	354
<b>Results by gender:</b>					
Female	84.5%	12.7%	2.6%	0.2%	207
Male	71.9%	19.7%	4.9%	3.6%	147
<b>Results by age:</b>					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	86.4%	12.3%	1.2%	0.0%	49
55-64	74.5%	14.0%	6.2%	5.3%	78
65-74	73.2%	19.2%	4.7%	2.9%	74
75+	68.8%	20.3%	6.1%	4.8%	103
<b>Results by education level:</b>					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	71.8%	18.1%	5.0%	5.2%	105
Some college, trade school, or Associate degree	78.7%	17.1%	3.4%	0.8%	127
Bachelor's degree or higher	82.6%	12.5%	3.7%	1.2%	90
<b>Results by household income:</b>					
Less than \$20,000	64.7%	24.3%	2.4%	8.6%	56
\$20,000 - \$34,999	74.5%	22.7%	2.8%	0.0%	65
\$35,000 - \$49,999	73.4%	20.7%	2.8%	3.0%	58
\$50,000 - \$74,999	80.1%	14.6%	4.5%	0.8%	76
\$75,000 or more	85.5%	9.7%	4.9%	0.0%	81



29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

	Often	Sometimes	Rarely	Never	N
Swift County	%	%	%	%	(Unweighted)
Overall results from 2015	3.9%	10.6%	11.3%	74.3%	363
Results by gender:					
Female	3.7%	9.3%	14.4%	72.6%	211
Male	4.0%	11.8%	8.2%	75.9%	152
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	10.1%	16.3%	8.9%	64.7%	49
55-64	0.6%	6.7%	12.3%	80.4%	79
65-74	1.1%	6.6%	6.8%	85.5%	76
75+	3.6%	2.0%	9.3%	85.2%	109
Results by education level:					
Less than HS diploma, no GED	18.2%	12.0%	11.9%	57.9%	31
High school diploma or GED	3.2%	5.6%	21.8%	69.3%	110
Some college, trade school, or Associate degree	2.8%	13.1%	10.7%	73.3%	127
Bachelor's degree or higher	2.8%	10.4%	5.1%	81.7%	92
Results by household income:					
Less than \$20,000	16.7%	24.5%	12.9%	45.9%	61
\$20,000 - \$34,999	9.2%	6.6%	13.1%	71.1%	66
\$35,000 - \$49,999	0.0%	19.5%	15.9%	64.6%	58
\$50,000 - \$74,999	2.8%	12.2%	9.2%	75.8%	76
\$75,000 or more	0.0%	1.4%	9.7%	89.0%	82

30. During the past 12 months, have you used a community food shelf program?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	5.7%	94.3%	360
Results by gender:			
Female	5.4%	94.6%	210
Male	6.0%	94.0%	150
Results by age:			
18-34	---	---	24
35-44	---	---	25
45-54	5.4%	94.6%	50
55-64	2.4%	97.6%	77
65-74	3.3%	96.7%	77
75+	2.5%	97.5%	107
Results by education level:			
Less than HS diploma, no GED	15.1%	84.9%	30
High school diploma or GED	4.8%	95.2%	110
Some college, trade school, or Associate degree	8.4%	91.6%	125
Bachelor's degree or higher	1.0%	99.0%	92
Results by household income:			
Less than \$20,000	29.0%	71.0%	59
\$20,000 - \$34,999	5.1%	94.9%	66
\$35,000 - \$49,999	0.9%	99.1%	56
\$50,000 - \$74,999	4.2%	95.8%	76
\$75,000 or more	0.0%	100.0%	82

All Survey Items (weighted data)

31A. There is a large selection of fresh fruits and vegetables where I usually shop.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	28.4%	54.3%	16.5%	0.8%	453
Overall results from 2015	48.2%	45.4%	5.6%	0.7%	361
Results by gender:					
Female	42.1%	49.7%	6.9%	1.4%	212
Male	54.4%	41.2%	4.4%	0.0%	149
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	49.1%	39.3%	11.6%	0.0%	49
55-64	46.5%	46.0%	7.5%	0.0%	79
65-74	45.6%	48.7%	5.7%	0.0%	74
75+	47.8%	47.7%	4.5%	0.0%	109
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	53.7%	42.0%	4.2%	0.0%	110
Some college, trade school, or Associate degree	47.1%	43.7%	7.5%	1.7%	127
Bachelor's degree or higher	46.7%	50.0%	3.3%	0.0%	92
Results by household income:					
Less than \$20,000	40.7%	52.3%	7.0%	0.0%	60
\$20,000 - \$34,999	52.9%	46.3%	0.8%	0.0%	65
\$35,000 - \$49,999	41.0%	42.2%	12.1%	4.6%	58
\$50,000 - \$74,999	50.3%	41.8%	7.9%	0.0%	75
\$75,000 or more	50.4%	48.1%	1.5%	0.0%	82

31B. The fresh fruits and vegetables available where I usually shop are of high quality.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	17.0%	61.6%	20.1%	1.3%	447
Overall results from 2015	28.2%	56.3%	14.0%	1.5%	351
Results by gender:					
Female	20.4%	61.8%	14.8%	3.0%	205
Male	35.8%	50.9%	13.2%	0.0%	146
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	24.4%	64.1%	10.0%	1.5%	50
55-64	22.6%	63.8%	13.6%	0.0%	76
65-74	28.3%	62.5%	9.2%	0.0%	72
75+	38.7%	53.8%	6.8%	0.8%	103
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	33.2%	61.0%	5.9%	0.0%	106
Some college, trade school, or Associate degree	35.2%	48.8%	13.1%	2.9%	125
Bachelor's degree or higher	17.8%	61.2%	20.0%	1.0%	90
Results by household income:					
Less than \$20,000	23.5%	61.3%	15.2%	0.0%	53
\$20,000 - \$34,999	22.2%	74.2%	3.5%	0.0%	65
\$35,000 - \$49,999	14.1%	56.9%	22.1%	6.9%	58
\$50,000 - \$74,999	45.1%	36.1%	17.1%	1.7%	73
\$75,000 or more	25.4%	62.9%	11.6%	0.0%	82

All Survey Items (weighted data)

31C. The fresh fruits and vegetables where I usually shop are too expensive.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	19.0%	42.2%	37.5%	1.3%	446
Overall results from 2015	12.2%	47.3%	35.9%	4.6%	345
Results by gender:					
Female	14.8%	45.0%	38.3%	1.9%	204
Male	9.5%	49.5%	33.6%	7.4%	141
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	22.7%	37.5%	39.8%	0.0%	49
55-64	9.2%	50.2%	40.6%	0.0%	76
65-74	4.7%	50.7%	44.5%	0.0%	69
75+	9.6%	43.4%	40.8%	6.2%	101
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	15.9%	43.4%	37.2%	3.5%	104
Some college, trade school, or Associate degree	9.5%	55.5%	33.0%	2.0%	124
Bachelor's degree or higher	10.3%	38.2%	41.7%	9.8%	88
Results by household income:					
Less than \$20,000	23.5%	35.9%	39.6%	1.0%	50
\$20,000 - \$34,999	11.4%	53.7%	33.6%	1.3%	65
\$35,000 - \$49,999	16.1%	63.9%	19.0%	1.0%	58
\$50,000 - \$74,999	10.0%	37.0%	35.9%	17.1%	71
\$75,000 or more	9.3%	45.9%	44.8%	0.0%	81

31D. Fruits and vegetables are difficult to prepare.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	1.1%	3.4%	55.9%	39.6%	346
Results by gender:					
Female	0.2%	2.8%	53.6%	43.4%	205
Male	2.1%	3.9%	58.2%	35.8%	141
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	24
45-54	4.9%	1.5%	64.2%	29.4%	49
55-64	0.0%	2.4%	58.0%	39.6%	76
65-74	0.0%	3.0%	70.2%	26.8%	70
75+	0.8%	8.7%	61.7%	28.9%	102
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	25
High school diploma or GED	0.0%	5.0%	60.3%	34.6%	106
Some college, trade school, or Associate degree	1.5%	1.6%	57.9%	39.0%	123
Bachelor's degree or higher	1.6%	2.3%	47.6%	48.5%	89
Results by household income:					
Less than \$20,000	0.0%	15.9%	73.0%	11.1%	51
\$20,000 - \$34,999	0.8%	3.7%	52.0%	43.5%	65
\$35,000 - \$49,999	0.0%	1.0%	79.8%	19.2%	56
\$50,000 - \$74,999	0.0%	0.9%	36.7%	62.5%	72
\$75,000 or more	3.1%	2.3%	56.4%	38.2%	82

31E. Fruits and vegetables spoil quickly.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	7.4%	46.4%	38.3%	7.9%	349
Results by gender:					
Female	10.8%	50.6%	31.5%	7.2%	206
Male	4.0%	42.3%	45.1%	8.6%	143
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	5.2%	43.9%	38.0%	12.8%	49
55-64	1.8%	57.2%	34.9%	6.2%	76
65-74	5.1%	46.9%	40.0%	8.0%	72
75+	11.6%	38.3%	45.1%	5.0%	102
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	3.6%	53.7%	34.8%	7.9%	104
Some college, trade school, or Associate degree	5.9%	53.0%	35.7%	5.3%	125
Bachelor's degree or higher	12.3%	32.8%	44.1%	10.8%	89
Results by household income:					
Less than \$20,000	9.4%	37.0%	51.2%	2.4%	52
\$20,000 - \$34,999	8.5%	36.2%	41.1%	14.3%	65
\$35,000 - \$49,999	10.5%	64.9%	20.0%	4.6%	58
\$50,000 - \$74,999	12.8%	42.2%	32.4%	12.7%	73
\$75,000 or more	0.9%	50.6%	44.8%	3.6%	81

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	79.7%	20.3%	455
Overall results from 2015	80.5%	19.5%	359
Results by gender:			
Female	79.0%	21.0%	208
Male	82.0%	18.0%	151
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	82.2%	17.8%	50
55-64	81.3%	18.7%	79
65-74	83.3%	16.7%	76
75+	59.4%	40.6%	104
Results by education level:			
Less than HS diploma, no GED	---	---	27
High school diploma or GED	74.3%	25.7%	111
Some college, trade school, or Associate degree	76.8%	23.2%	125
Bachelor's degree or higher	90.7%	9.3%	93
Results by household income:			
Less than \$20,000	58.2%	41.8%	59
\$20,000 - \$34,999	70.6%	29.4%	65
\$35,000 - \$49,999	87.0%	13.0%	57
\$50,000 - \$74,999	87.2%	12.8%	76
\$75,000 or more	84.9%	15.1%	83



All Survey Items (weighted data)

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

	0-4 days	5 or more days	N
Swift County	%	%	(Unweighted)
Overall results from 2015	66.6%	33.4%	359
Results by gender:			
Female	72.5%	27.5%	210
Male	60.8%	39.2%	149
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	81.2%	18.8%	50
55-64	70.5%	29.5%	79
65-74	72.4%	27.6%	74
75+	65.3%	34.7%	106
Results by education level:			
Less than HS diploma, no GED	90.4%	9.6%	31
High school diploma or GED	66.0%	34.0%	108
Some college, trade school, or Associate degree	62.7%	37.3%	124
Bachelor's degree or higher	66.8%	33.2%	94
Results by household income:			
Less than \$20,000	87.4%	12.6%	58
\$20,000 - \$34,999	64.0%	36.0%	66
\$35,000 - \$49,999	66.4%	33.6%	57
\$50,000 - \$74,999	62.4%	37.6%	76
\$75,000 or more	65.0%	35.0%	83

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

	0-2 days	3 or more days	N (Unweighted)
Swift County	%	%	
Overall results from 2015	73.0%	27.0%	353
Results by gender:			
Female	76.2%	23.8%	206
Male	70.0%	30.0%	147
Results by age:			
18-34	---	---	24
35-44	---	---	25
45-54	72.2%	27.8%	50
55-64	78.0%	22.0%	79
65-74	83.1%	16.9%	73
75+	72.4%	27.6%	102
Results by education level:			
Less than HS diploma, no GED	---	---	26
High school diploma or GED	74.4%	25.6%	107
Some college, trade school, or Associate degree	71.7%	28.3%	126
Bachelor's degree or higher	72.2%	27.8%	91
Results by household income:			
Less than \$20,000	83.1%	16.9%	58
\$20,000 - \$34,999	66.8%	33.2%	63
\$35,000 - \$49,999	70.0%	30.0%	56
\$50,000 - \$74,999	62.0%	38.0%	74
\$75,000 or more	81.4%	18.6%	83

All Survey Items (weighted data)

35. Where do you usually exercise or do physical activities? (Mark all that apply.)

	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	
<b>Overall results from 2015</b>	76.6%	15.1%	11.6%	5.2%	50.8%	3.9%	6.1%	361
<b>Results by gender:</b>								
Female	76.8%	10.8%	15.6%	2.8%	52.8%	5.2%	8.4%	212
Male	76.3%	19.4%	7.7%	7.6%	48.8%	2.7%	3.9%	149
<b>Results by age:</b>								
18-34	---	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	---	25
45-54	73.7%	15.1%	7.8%	4.9%	54.4%	5.4%	5.9%	50
55-64	79.2%	20.0%	4.6%	1.7%	54.4%	1.1%	3.2%	79
65-74	72.5%	9.6%	6.1%	8.5%	32.3%	6.2%	12.4%	74
75+	76.0%	1.8%	6.1%	8.3%	16.6%	5.1%	13.9%	108
<b>Results by education level:</b>								
Less than HS diploma, no GED	54.3%	5.9%	5.0%	13.2%	40.0%	6.6%	14.7%	30
High school diploma or GED	80.7%	11.5%	3.6%	5.3%	36.5%	5.3%	6.1%	108
Some college, trade school, or Associate degree	76.5%	17.6%	13.1%	3.6%	56.2%	4.0%	8.6%	127
Bachelor's degree or higher	78.3%	16.2%	16.6%	5.6%	56.2%	2.5%	1.0%	93
<b>Results by household income:</b>								
Less than \$20,000	54.5%	10.8%	4.8%	10.0%	40.5%	2.5%	10.1%	60
\$20,000 - \$34,999	74.6%	15.7%	13.4%	6.0%	26.9%	3.6%	14.0%	65
\$35,000 - \$49,999	89.6%	26.0%	16.3%	8.2%	55.0%	0.4%	2.6%	57
\$50,000 - \$74,999	80.7%	16.8%	13.7%	5.3%	63.0%	6.9%	6.6%	76
\$75,000 or more	75.5%	11.3%	10.7%	1.9%	53.6%	4.0%	2.1%	83

All Survey Items (weighted data)

36A. Please indicate if you have the following resource or facility in your community:  
WALKING PATHS OR TRAILS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Swift County	%	%	%	%	
Overall results from 2010	7.1%	13.0%	73.9%	5.9%	447
Overall results from 2015	3.4%	10.5%	81.6%	4.6%	348
Results by gender:					
Female	5.1%	9.6%	79.0%	6.2%	202
Male	1.7%	11.3%	84.0%	3.0%	146
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	3.1%	92.8%	4.1%	48
55-64	2.0%	7.9%	86.5%	3.5%	78
65-74	3.7%	14.3%	74.2%	7.8%	73
75+	8.6%	10.2%	69.3%	11.9%	99
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	7.8%	7.7%	77.5%	7.0%	105
Some college, trade school, or Associate degree	3.1%	13.3%	80.6%	3.1%	124
Bachelor's degree or higher	0.3%	6.7%	90.6%	2.4%	89
Results by household income:					
Less than \$20,000	8.9%	16.0%	64.0%	11.1%	56
\$20,000 - \$34,999	12.0%	9.3%	72.9%	5.8%	63
\$35,000 - \$49,999	0.7%	11.8%	83.3%	4.2%	57
\$50,000 - \$74,999	0.5%	10.0%	87.4%	2.1%	75
\$75,000 or more	0.0%	8.8%	87.3%	3.9%	81

36A. Do you use the WALKING PATHS OR TRAILS in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	38.3%	61.7%	333
Overall results from 2015	46.7%	53.3%	291
Results by gender:			
Female	50.5%	49.5%	169
Male	43.1%	56.9%	122
Results by age:			
18-34	---	---	18
35-44	---	---	21
45-54	65.4%	34.6%	46
55-64	52.4%	47.6%	69
65-74	31.0%	69.0%	58
75+	22.3%	77.7%	79
Results by education level:			
Less than HS diploma, no GED	---	---	19
High school diploma or GED	36.1%	63.9%	86
Some college, trade school, or Associate degree	45.2%	54.8%	108
Bachelor's degree or higher	56.1%	43.9%	76
Results by household income:			
Less than \$20,000	40.5%	59.5%	40
\$20,000 - \$34,999	11.7%	88.3%	49
\$35,000 - \$49,999	47.1%	52.9%	50
\$50,000 - \$74,999	53.6%	46.4%	65
\$75,000 or more	52.7%	47.3%	77

All Survey Items (weighted data)

36B. Please indicate if you have the following resource or facility in your community:  
BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Swift County	%	%	%	%	
Overall results from 2010	8.6%	20.8%	65.6%	5.0%	446
Overall results from 2015	5.0%	14.6%	75.1%	5.2%	340
Results by gender:					
Female	7.2%	14.2%	73.4%	5.1%	199
Male	2.9%	15.0%	76.8%	5.3%	141
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	2.6%	11.1%	82.2%	4.1%	48
55-64	3.8%	14.0%	75.1%	7.1%	77
65-74	4.9%	20.2%	64.5%	10.4%	71
75+	8.3%	12.8%	62.7%	16.2%	94
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	6.2%	10.3%	74.6%	8.9%	99
Some college, trade school, or Associate degree	4.6%	18.6%	73.7%	3.2%	123
Bachelor's degree or higher	5.0%	12.8%	79.4%	2.8%	89
Results by household income:					
Less than \$20,000	6.9%	11.5%	69.0%	12.6%	54
\$20,000 - \$34,999	13.6%	18.9%	60.2%	7.4%	63
\$35,000 - \$49,999	5.7%	18.0%	65.7%	10.6%	54
\$50,000 - \$74,999	2.1%	13.8%	81.6%	2.5%	73
\$75,000 or more	3.3%	13.2%	81.8%	1.7%	80

36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	35.0%	65.0%	297
Overall results from 2015	33.3%	66.7%	262
Results by gender:			
Female	36.1%	63.9%	154
Male	30.8%	69.2%	108
Results by age:			
18-34	---	---	16
35-44	---	---	19
45-54	43.9%	56.1%	41
55-64	23.0%	77.0%	62
65-74	18.0%	82.0%	53
75+	13.3%	86.7%	71
Results by education level:			
Less than HS diploma, no GED	---	---	19
High school diploma or GED	14.2%	85.8%	80
Some college, trade school, or Associate degree	36.9%	63.1%	96
Bachelor's degree or higher	43.9%	56.1%	65
Results by household income:			
Less than \$20,000	17.3%	82.7%	40
\$20,000 - \$34,999	5.8%	94.2%	39
\$35,000 - \$49,999	29.0%	71.0%	45
\$50,000 - \$74,999	39.0%	61.0%	59
\$75,000 or more	44.3%	55.7%	66

All Survey Items (weighted data)

36C. Please indicate if you have the following resource or facility in your community:  
PUBLIC SWIMMING POOLS OR WATER PARKS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Swift County	%	%	%	%	
Overall results from 2010	0.4%	3.6%	89.9%	6.0%	446
Overall results from 2015	0.0%	6.8%	88.9%	4.3%	339
Results by gender:					
Female	0.0%	5.6%	88.4%	6.0%	197
Male	0.0%	8.0%	89.3%	2.7%	142
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	4.6%	89.7%	5.7%	47
55-64	0.0%	6.6%	86.9%	6.5%	76
65-74	0.0%	8.6%	81.5%	9.9%	71
75+	0.0%	6.9%	85.5%	7.6%	95
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	24
High school diploma or GED	0.0%	4.9%	88.4%	6.7%	100
Some college, trade school, or Associate degree	0.0%	10.5%	87.5%	2.0%	123
Bachelor's degree or higher	0.0%	3.6%	93.3%	3.1%	90
Results by household income:					
Less than \$20,000	0.0%	8.8%	77.4%	13.7%	52
\$20,000 - \$34,999	0.0%	11.3%	85.3%	3.5%	61
\$35,000 - \$49,999	0.0%	4.4%	89.3%	6.3%	56
\$50,000 - \$74,999	0.0%	3.9%	94.9%	1.2%	74
\$75,000 or more	0.0%	8.0%	88.7%	3.3%	80



36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	21.3%	78.7%	408
Overall results from 2015	27.8%	72.2%	305
Results by gender:			
Female	26.4%	73.6%	178
Male	29.2%	70.8%	127
Results by age:			
18-34	---	---	22
35-44	---	---	23
45-54	30.3%	69.7%	44
55-64	17.9%	82.1%	71
65-74	2.1%	97.9%	63
75+	7.2%	92.8%	82
Results by education level:			
Less than HS diploma, no GED	---	---	23
High school diploma or GED	11.1%	88.9%	88
Some college, trade school, or Associate degree	31.6%	68.4%	111
Bachelor's degree or higher	35.6%	64.4%	82
Results by household income:			
Less than \$20,000	22.5%	77.5%	42
\$20,000 - \$34,999	7.8%	92.2%	52
\$35,000 - \$49,999	24.4%	75.6%	53
\$50,000 - \$74,999	22.3%	77.7%	69
\$75,000 or more	43.1%	56.9%	75

All Survey Items (weighted data)

**36D. Please indicate if you have the following resource or facility in your community:  
PUBLIC RECREATION OR COMMUNITY CENTERS**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
<b>Overall results from 2010</b>	16.7%	32.3%	49.4%	1.7%	425
<b>Overall results from 2015</b>	4.8%	32.0%	56.6%	6.6%	337
<b>Results by gender:</b>					
Female	8.0%	41.3%	46.4%	4.4%	195
Male	1.8%	23.3%	66.2%	8.6%	142
<b>Results by age:</b>					
18-34	---	---	---	---	24
35-44	---	---	---	---	25
45-54	3.9%	30.1%	63.4%	2.6%	47
55-64	4.4%	46.7%	43.9%	5.0%	77
65-74	4.3%	24.7%	59.4%	11.6%	71
75+	6.9%	18.0%	63.1%	12.0%	93
<b>Results by education level:</b>					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	7.9%	29.4%	56.1%	6.6%	99
Some college, trade school, or Associate degree	4.2%	32.2%	59.9%	3.7%	122
Bachelor's degree or higher	2.9%	36.7%	52.7%	7.7%	88
<b>Results by household income:</b>					
Less than \$20,000	10.2%	22.6%	56.3%	11.0%	52
\$20,000 - \$34,999	6.2%	27.0%	61.2%	5.6%	61
\$35,000 - \$49,999	8.1%	39.9%	39.2%	12.7%	53
\$50,000 - \$74,999	0.0%	25.4%	66.1%	8.5%	73
\$75,000 or more	5.0%	37.9%	55.3%	1.7%	82

36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	27.7%	72.3%	222
Overall results from 2015	25.5%	74.5%	206
Results by gender:			
Female	31.9%	68.1%	107
Male	21.8%	78.2%	99
Results by age:			
18-34	---	---	10
35-44	---	---	12
45-54	---	---	26
55-64	23.5%	76.5%	41
65-74	13.6%	86.4%	51
75+	26.3%	73.7%	66
Results by education level:			
Less than HS diploma, no GED	---	---	16
High school diploma or GED	26.4%	73.6%	65
Some college, trade school, or Associate degree	28.3%	71.7%	79
Bachelor's degree or higher	23.9%	76.1%	45
Results by household income:			
Less than \$20,000	16.2%	83.8%	34
\$20,000 - \$34,999	22.6%	77.4%	38
\$35,000 - \$49,999	---	---	28
\$50,000 - \$74,999	24.7%	75.3%	51
\$75,000 or more	26.8%	73.2%	44

All Survey Items (weighted data)

36E. Please indicate if you have the following resource or facility in your community:  
PARKS OR SPORTS FIELDS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Swift County	%	%	%	%	
Overall results from 2010	1.1%	2.6%	94.0%	2.2%	440
Overall results from 2015	0.7%	5.9%	88.8%	4.5%	336
Results by gender:					
Female	0.9%	4.2%	88.7%	6.2%	198
Male	0.6%	7.6%	88.9%	2.9%	138
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	5.4%	89.0%	5.6%	48
55-64	0.0%	2.1%	92.5%	5.4%	75
65-74	1.3%	6.1%	83.3%	9.3%	70
75+	4.8%	7.1%	76.5%	11.7%	93
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	25
High school diploma or GED	1.1%	4.9%	85.1%	8.9%	99
Some college, trade school, or Associate degree	0.3%	7.3%	91.0%	1.5%	121
Bachelor's degree or higher	0.3%	5.6%	91.0%	3.1%	89
Results by household income:					
Less than \$20,000	2.1%	9.2%	73.9%	14.8%	49
\$20,000 - \$34,999	2.2%	11.4%	81.9%	4.5%	61
\$35,000 - \$49,999	1.4%	2.4%	89.3%	6.9%	54
\$50,000 - \$74,999	0.0%	2.6%	95.6%	1.8%	75
\$75,000 or more	0.0%	7.0%	90.3%	2.7%	81

36E. Do you use the PARKS OR SPORTS FIELDS in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	43.2%	56.8%	399
Overall results from 2015	37.4%	62.6%	301
Results by gender:			
Female	38.0%	62.0%	175
Male	36.7%	63.3%	126
Results by age:			
18-34	---	---	21
35-44	---	---	24
45-54	38.1%	61.9%	44
55-64	39.4%	60.6%	71
65-74	20.7%	79.3%	64
75+	27.2%	72.8%	77
Results by education level:			
Less than HS diploma, no GED	---	---	21
High school diploma or GED	25.3%	74.7%	88
Some college, trade school, or Associate degree	38.3%	61.7%	113
Bachelor's degree or higher	41.4%	58.6%	78
Results by household income:			
Less than \$20,000	41.5%	58.5%	41
\$20,000 - \$34,999	17.9%	82.1%	52
\$35,000 - \$49,999	36.8%	63.2%	49
\$50,000 - \$74,999	43.4%	56.6%	71
\$75,000 or more	37.8%	62.2%	73

All Survey Items (weighted data)

**36F. Please indicate if you have the following resource or facility in your community:  
SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR  
EXERCISE OR PHYSICAL ACTIVITY**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
<b>Overall results from 2010</b>	14.9%	38.9%	44.7%	1.5%	440
<b>Overall results from 2015</b>	10.9%	37.5%	45.6%	6.1%	340
<b>Results by gender:</b>					
Female	14.4%	41.1%	37.8%	6.7%	200
Male	7.3%	33.7%	53.6%	5.4%	140
<b>Results by age:</b>					
18-34	---	---	---	---	25
35-44	---	---	---	---	24
45-54	5.9%	32.8%	51.5%	9.9%	47
55-64	10.3%	44.1%	40.4%	5.2%	77
65-74	7.2%	42.4%	38.9%	11.4%	72
75+	14.2%	23.9%	48.5%	13.4%	95
<b>Results by education level:</b>					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	10.9%	35.2%	48.5%	5.4%	100
Some college, trade school, or Associate degree	13.5%	39.1%	42.5%	4.9%	122
Bachelor's degree or higher	8.7%	36.7%	51.0%	3.6%	89
<b>Results by household income:</b>					
Less than \$20,000	16.2%	38.7%	29.5%	15.6%	53
\$20,000 - \$34,999	21.3%	51.3%	23.2%	4.2%	62
\$35,000 - \$49,999	14.4%	32.9%	43.9%	8.8%	54
\$50,000 - \$74,999	7.6%	33.4%	52.8%	6.1%	74
\$75,000 or more	6.8%	37.2%	53.4%	2.7%	82

36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	12.7%	87.3%	207
Overall results from 2015	17.7%	82.3%	172
Results by gender:			
Female	20.5%	79.5%	102
Male	15.6%	84.4%	70
Results by age:			
18-34	---	---	8
35-44	---	---	6
45-54	---	---	29
55-64	9.0%	91.0%	37
65-74	0.0%	100.0%	38
75+	23.4%	76.6%	54
Results by education level:			
Less than HS diploma, no GED	---	---	17
High school diploma or GED	9.4%	90.6%	52
Some college, trade school, or Associate degree	18.9%	81.1%	59
Bachelor's degree or higher	24.3%	75.7%	43
Results by household income:			
Less than \$20,000	7.3%	92.7%	30
\$20,000 - \$34,999	---	---	24
\$35,000 - \$49,999	---	---	29
\$50,000 - \$74,999	24.6%	75.4%	40
\$75,000 or more	10.7%	89.3%	39

All Survey Items (weighted data)

36G. Please indicate if you have the following resource or facility in your community:  
SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Swift County	%	%	%	%	
Overall results from 2010	6.2%	73.4%	18.8%	1.6%	438
Overall results from 2015	3.1%	66.7%	28.1%	2.1%	342
Results by gender:					
Female	4.1%	72.2%	20.3%	3.4%	203
Male	2.1%	61.1%	36.0%	0.8%	139
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	72.5%	26.8%	0.7%	49
55-64	1.8%	75.1%	21.4%	1.7%	78
65-74	4.3%	49.8%	39.7%	6.1%	69
75+	12.7%	49.7%	29.7%	7.9%	96
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	7.3%	68.0%	21.6%	3.1%	100
Some college, trade school, or Associate degree	3.1%	64.9%	30.2%	1.8%	123
Bachelor's degree or higher	0.0%	73.1%	26.5%	0.4%	91
Results by household income:					
Less than \$20,000	3.6%	58.7%	31.4%	6.3%	52
\$20,000 - \$34,999	10.8%	70.9%	15.9%	2.4%	63
\$35,000 - \$49,999	0.7%	68.9%	26.2%	4.1%	55
\$50,000 - \$74,999	2.3%	65.9%	30.6%	1.2%	74
\$75,000 or more	0.9%	69.3%	29.8%	0.0%	82



36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	15.9%	84.1%	122
Overall results from 2015	21.4%	78.6%	105
Results by gender:			
Female	27.2%	72.8%	61
Male	17.5%	82.5%	44
Results by age:			
18-34	---	---	5
35-44	---	---	5
45-54	---	---	10
55-64	---	---	21
65-74	---	---	27
75+	25.7%	74.3%	37
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	21.2%	78.8%	30
Some college, trade school, or Associate degree	20.1%	79.9%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	14
\$35,000 - \$49,999	---	---	17
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	21

All Survey Items (weighted data)

36H. Please indicate if you have the following resource or facility in your community:  
HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP  
FITNESS, ANYTIME FITNESS, ETC.)

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Swift County	%	%	%	%	
Overall results from 2010	3.2%	10.3%	81.9%	4.6%	447
Overall results from 2015	0.6%	11.3%	83.4%	4.8%	340
Results by gender:					
Female	0.2%	8.9%	84.1%	6.8%	200
Male	0.9%	13.6%	82.7%	2.7%	140
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	9.5%	88.0%	2.5%	49
55-64	0.9%	12.2%	81.8%	5.2%	78
65-74	0.0%	21.1%	67.9%	11.0%	69
75+	3.4%	14.8%	70.3%	11.5%	94
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	26
High school diploma or GED	1.3%	13.4%	78.6%	6.6%	100
Some college, trade school, or Associate degree	0.0%	14.1%	82.1%	3.7%	121
Bachelor's degree or higher	0.5%	5.7%	91.7%	2.1%	91
Results by household income:					
Less than \$20,000	2.5%	15.8%	67.7%	14.0%	51
\$20,000 - \$34,999	1.2%	13.3%	81.4%	4.2%	62
\$35,000 - \$49,999	0.0%	12.0%	82.5%	5.5%	54
\$50,000 - \$74,999	0.0%	11.8%	86.3%	1.8%	75
\$75,000 or more	0.5%	8.4%	86.8%	4.3%	82

36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	18.3%	81.7%	366
Overall results from 2015	14.6%	85.4%	281
Results by gender:			
Female	16.8%	83.2%	174
Male	12.3%	87.7%	107
Results by age:			
18-34	---	---	21
35-44	---	---	23
45-54	14.4%	85.6%	44
55-64	4.7%	95.3%	66
65-74	11.6%	88.4%	54
75+	13.6%	86.4%	73
Results by education level:			
Less than HS diploma, no GED	---	---	16
High school diploma or GED	4.9%	95.1%	80
Some college, trade school, or Associate degree	15.3%	84.7%	104
Bachelor's degree or higher	20.9%	79.1%	79
Results by household income:			
Less than \$20,000	4.0%	96.0%	38
\$20,000 - \$34,999	12.5%	87.5%	46
\$35,000 - \$49,999	22.8%	77.2%	44
\$50,000 - \$74,999	14.1%	85.9%	64
\$75,000 or more	15.4%	84.6%	75

## All Survey Items (weighted data)

**36l. Please indicate if you have the following resource or facility in your community:  
NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED  
ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Swift County</i>	%	%	%	%	
<b>Overall results from 2010</b>	3.6%	13.3%	81.5%	1.6%	445
<b>Overall results from 2015</b>	2.3%	15.4%	77.8%	4.5%	342
<b>Results by gender:</b>					
Female	3.9%	12.8%	77.2%	6.2%	200
Male	0.8%	17.9%	78.4%	2.9%	142
<b>Results by age:</b>					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	7.8%	88.3%	3.9%	50
55-64	0.6%	22.2%	75.5%	1.7%	77
65-74	1.9%	20.1%	73.8%	4.3%	71
75+	4.5%	20.6%	63.0%	11.9%	94
<b>Results by education level:</b>					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	3.2%	17.2%	73.9%	5.6%	99
Some college, trade school, or Associate degree	1.8%	16.5%	78.1%	3.6%	123
Bachelor's degree or higher	2.6%	12.9%	81.4%	3.2%	91
<b>Results by household income:</b>					
Less than \$20,000	5.5%	17.0%	67.3%	10.1%	52
\$20,000 - \$34,999	7.7%	15.8%	74.1%	2.4%	63
\$35,000 - \$49,999	1.4%	19.4%	69.6%	9.6%	55
\$50,000 - \$74,999	1.6%	19.3%	77.3%	1.8%	74
\$75,000 or more	0.5%	11.0%	85.0%	3.5%	82

36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

	I use this	I do not use this	N
Swift County	%	%	(Unweighted)
Overall results from 2010	43.0%	57.0%	335
Overall results from 2015	36.0%	64.0%	270
Results by gender:			
Female	25.5%	74.5%	163
Male	46.7%	53.3%	107
Results by age:			
18-34	---	---	18
35-44	---	---	21
45-54	37.6%	62.4%	46
55-64	34.8%	65.2%	62
65-74	23.3%	76.7%	55
75+	9.4%	90.6%	68
Results by education level:			
Less than HS diploma, no GED	---	---	18
High school diploma or GED	8.1%	91.9%	78
Some college, trade school, or Associate degree	39.0%	61.0%	100
Bachelor's degree or higher	46.7%	53.3%	72
Results by household income:			
Less than \$20,000	23.8%	76.2%	37
\$20,000 - \$34,999	38.1%	61.9%	47
\$35,000 - \$49,999	38.3%	61.7%	43
\$50,000 - \$74,999	37.5%	62.5%	55
\$75,000 or more	36.8%	63.2%	73

All Survey Items (weighted data)

37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N (Unweighted)
Swift County	%	%	%	
Overall results from 2010	35.5%	41.0%	23.6%	446
Overall results from 2015	40.4%	34.7%	24.9%	328
Results by gender:				
Female	39.7%	33.8%	26.4%	190
Male	41.1%	35.5%	23.4%	138
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	32.2%	41.6%	26.2%	48
55-64	41.0%	32.2%	26.8%	79
65-74	75.2%	22.3%	2.5%	66
75+	82.2%	14.1%	3.8%	86
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	50.4%	34.8%	14.8%	91
Some college, trade school, or Associate degree	36.8%	41.6%	21.6%	122
Bachelor's degree or higher	35.0%	27.3%	37.7%	89
Results by household income:				
Less than \$20,000	67.4%	25.8%	6.8%	47
\$20,000 - \$34,999	47.6%	39.8%	12.6%	59
\$35,000 - \$49,999	35.0%	46.9%	18.1%	54
\$50,000 - \$74,999	43.0%	32.5%	24.5%	72
\$75,000 or more	27.0%	33.0%	40.0%	81

All Survey Items (weighted data)

**37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?**

	Not a problem	A small problem	A big problem	N
<i>Swift County</i>	%	%	%	(Unweighted)
<b>Overall results from 2010</b>	62.6%	28.0%	9.4%	438
<b>Overall results from 2015</b>	58.1%	34.0%	7.9%	316
<b>Results by gender:</b>				
Female	52.5%	35.4%	12.1%	183
Male	63.4%	32.7%	3.9%	133
<b>Results by age:</b>				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	63.9%	26.9%	9.2%	47
55-64	55.0%	32.3%	12.7%	75
65-74	63.3%	25.5%	11.2%	64
75+	65.1%	26.3%	8.6%	81
<b>Results by education level:</b>				
Less than HS diploma, no GED	---	---	---	24
High school diploma or GED	56.7%	33.8%	9.5%	89
Some college, trade school, or Associate degree	50.8%	39.6%	9.6%	118
Bachelor's degree or higher	69.6%	24.7%	5.7%	85
<b>Results by household income:</b>				
Less than \$20,000	64.1%	29.0%	7.0%	48
\$20,000 - \$34,999	65.5%	21.9%	12.6%	53
\$35,000 - \$49,999	32.6%	48.2%	19.2%	52
\$50,000 - \$74,999	69.8%	23.3%	6.9%	70
\$75,000 or more	56.8%	40.3%	2.9%	78

All Survey Items (weighted data)

**37C. How much of a problem for you is HAVING NO ONE TO EXERCISE WITH  
in terms of preventing you from being more physically active?**

	Not a problem	A small problem	A big problem	N (Unweighted)
<i>Swift County</i>	%	%	%	
<b>Overall results from 2010</b>	62.3%	27.4%	10.3%	438
<b>Overall results from 2015</b>	59.1%	32.4%	8.5%	319
<b>Results by gender:</b>				
Female	56.4%	31.7%	11.9%	186
Male	61.7%	33.2%	5.2%	133
<b>Results by age:</b>				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	65.0%	23.5%	11.5%	47
55-64	52.7%	39.7%	7.6%	77
65-74	65.0%	22.0%	13.0%	62
75+	69.2%	23.2%	7.6%	84
<b>Results by education level:</b>				
Less than HS diploma, no GED	---	---	---	25
High school diploma or GED	62.4%	31.4%	6.2%	92
Some college, trade school, or Associate degree	49.8%	39.0%	11.2%	118
Bachelor's degree or higher	69.9%	23.4%	6.7%	84
<b>Results by household income:</b>				
Less than \$20,000	68.8%	27.1%	4.0%	49
\$20,000 - \$34,999	65.3%	24.3%	10.3%	56
\$35,000 - \$49,999	41.6%	48.9%	9.5%	52
\$50,000 - \$74,999	71.8%	19.4%	8.9%	70
\$75,000 or more	54.1%	36.6%	9.3%	77



All Survey Items (weighted data)

37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2010	33.4%	26.4%	40.2%	435
Overall results from 2015	48.0%	23.4%	28.6%	315
Results by gender:				
Female	43.5%	23.0%	33.5%	184
Male	52.2%	23.8%	24.0%	131
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	44.8%	24.4%	30.7%	48
55-64	39.1%	33.0%	27.9%	76
65-74	57.2%	23.9%	19.0%	63
75+	71.1%	16.9%	12.1%	79
Results by education level:				
Less than HS diploma, no GED	---	---	---	23
High school diploma or GED	47.2%	30.1%	22.7%	86
Some college, trade school, or Associate degree	38.9%	19.9%	41.2%	119
Bachelor's degree or higher	64.7%	18.9%	16.4%	86
Results by household income:				
Less than \$20,000	27.1%	39.6%	33.3%	46
\$20,000 - \$34,999	40.0%	31.2%	28.7%	55
\$35,000 - \$49,999	27.1%	33.4%	39.4%	52
\$50,000 - \$74,999	62.7%	14.1%	23.2%	70
\$75,000 or more	56.4%	19.8%	23.8%	78

37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	54.5%	30.4%	15.1%	427
Overall results from 2015	66.9%	17.6%	15.4%	310
Results by gender:				
Female	66.2%	21.6%	12.2%	179
Male	67.6%	14.0%	18.4%	131
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	24
45-54	60.3%	28.3%	11.4%	46
55-64	55.6%	28.4%	16.0%	75
65-74	69.2%	22.0%	8.9%	63
75+	80.5%	13.3%	6.2%	78
Results by education level:				
Less than HS diploma, no GED	---	---	---	22
High school diploma or GED	58.9%	22.8%	18.3%	84
Some college, trade school, or Associate degree	63.5%	14.9%	21.6%	118
Bachelor's degree or higher	78.7%	14.4%	6.9%	86
Results by household income:				
Less than \$20,000	70.0%	27.1%	2.9%	43
\$20,000 - \$34,999	67.1%	17.8%	15.1%	53
\$35,000 - \$49,999	54.1%	28.4%	17.5%	53
\$50,000 - \$74,999	68.8%	18.7%	12.4%	69
\$75,000 or more	71.8%	9.7%	18.5%	77

All Survey Items (weighted data)

**37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?**

	Not a problem	A small problem	A big problem	N
<i>Swift County</i>	%	%	%	(Unweighted)
<b>Overall results from 2010</b>	63.5%	19.4%	17.1%	441
<b>Overall results from 2015</b>	72.3%	17.4%	10.2%	329
<b>Results by gender:</b>				
Female	69.7%	19.5%	10.8%	190
Male	74.9%	15.4%	9.7%	139
<b>Results by age:</b>				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	71.6%	18.5%	9.9%	48
55-64	64.0%	24.3%	11.6%	78
65-74	63.6%	20.3%	16.1%	64
75+	46.9%	26.2%	26.9%	90
<b>Results by education level:</b>				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	58.6%	29.3%	12.1%	92
Some college, trade school, or Associate degree	76.8%	15.4%	7.9%	122
Bachelor's degree or higher	82.6%	10.2%	7.2%	88
<b>Results by household income:</b>				
Less than \$20,000	35.5%	36.0%	28.6%	50
\$20,000 - \$34,999	52.3%	31.9%	15.8%	59
\$35,000 - \$49,999	75.1%	18.6%	6.2%	53
\$50,000 - \$74,999	79.9%	13.5%	6.6%	74
\$75,000 or more	87.1%	8.0%	4.9%	78

37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N (Unweighted)
<i>Swift County</i>	%	%	%	
Overall results from 2010	71.6%	17.3%	11.0%	433
Overall results from 2015	71.7%	16.0%	12.3%	320
Results by gender:				
Female	74.4%	15.4%	10.2%	186
Male	69.2%	16.5%	14.3%	134
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	68.8%	13.0%	18.2%	47
55-64	74.7%	17.0%	8.3%	77
65-74	73.9%	12.7%	13.4%	64
75+	75.8%	15.7%	8.6%	83
Results by education level:				
Less than HS diploma, no GED	---	---	---	23
High school diploma or GED	83.5%	12.0%	4.5%	92
Some college, trade school, or Associate degree	70.0%	13.7%	16.3%	118
Bachelor's degree or higher	71.3%	18.1%	10.6%	87
Results by household income:				
Less than \$20,000	70.4%	25.6%	4.0%	46
\$20,000 - \$34,999	69.4%	18.5%	12.1%	56
\$35,000 - \$49,999	68.3%	9.2%	22.5%	54
\$50,000 - \$74,999	67.9%	22.8%	9.4%	71
\$75,000 or more	77.3%	11.3%	11.5%	78

37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	90.7%	7.9%	1.4%	434
Overall results from 2015	87.5%	10.2%	2.3%	315
Results by gender:				
Female	88.8%	8.1%	3.2%	184
Male	86.3%	12.3%	1.4%	131
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	81.8%	16.6%	1.5%	47
55-64	90.3%	8.5%	1.2%	76
65-74	82.2%	12.0%	5.8%	61
75+	88.5%	8.2%	3.4%	82
Results by education level:				
Less than HS diploma, no GED	---	---	---	23
High school diploma or GED	88.3%	10.3%	1.4%	90
Some college, trade school, or Associate degree	86.6%	11.3%	2.1%	117
Bachelor's degree or higher	91.1%	6.8%	2.1%	85
Results by household income:				
Less than \$20,000	81.4%	17.5%	1.0%	46
\$20,000 - \$34,999	81.9%	16.9%	1.2%	55
\$35,000 - \$49,999	84.7%	9.3%	6.0%	50
\$50,000 - \$74,999	92.8%	4.4%	2.8%	72
\$75,000 or more	89.6%	9.7%	0.6%	77

37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	21.7%	46.8%	31.4%	437
Overall results from 2015	29.5%	45.8%	24.6%	320
Results by gender:				
Female	26.4%	44.9%	28.7%	187
Male	32.4%	46.7%	20.9%	133
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	19.4%	51.8%	28.8%	47
55-64	31.4%	42.5%	26.1%	77
65-74	38.4%	40.8%	20.8%	64
75+	47.9%	30.2%	22.0%	83
Results by education level:				
Less than HS diploma, no GED	---	---	---	23
High school diploma or GED	44.4%	35.7%	19.9%	91
Some college, trade school, or Associate degree	21.2%	53.8%	24.9%	119
Bachelor's degree or higher	31.6%	39.8%	28.6%	87
Results by household income:				
Less than \$20,000	28.3%	54.2%	17.5%	47
\$20,000 - \$34,999	32.1%	40.0%	27.8%	56
\$35,000 - \$49,999	18.8%	69.5%	11.7%	53
\$50,000 - \$74,999	33.9%	28.5%	37.6%	71
\$75,000 or more	28.7%	48.4%	22.8%	78

37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

	Not a problem	A small problem	A big problem	N (Unweighted)
<i>Swift County</i>	%	%	%	
Overall results from 2015	78.0%	16.5%	5.5%	319
Results by gender:				
Female	77.6%	14.9%	7.4%	186
Male	78.3%	17.9%	3.8%	133
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	73.1%	21.4%	5.5%	46
55-64	71.1%	25.9%	3.0%	77
65-74	75.5%	11.8%	12.7%	64
75+	81.7%	5.9%	12.4%	83
Results by education level:				
Less than HS diploma, no GED	---	---	---	24
High school diploma or GED	88.2%	7.4%	4.4%	91
Some college, trade school, or Associate degree	73.0%	23.3%	3.7%	119
Bachelor's degree or higher	79.8%	12.4%	7.7%	85
Results by household income:				
Less than \$20,000	87.2%	9.1%	3.7%	47
\$20,000 - \$34,999	69.4%	16.8%	13.9%	56
\$35,000 - \$49,999	74.6%	14.6%	10.8%	53
\$50,000 - \$74,999	82.3%	15.3%	2.5%	71
\$75,000 or more	77.5%	19.4%	3.1%	77

37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Swift County	%	%	%	(Unweighted)
Overall results from 2015	81.2%	14.8%	4.0%	319
Results by gender:				
Female	74.8%	21.2%	4.0%	187
Male	87.4%	8.6%	3.9%	132
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	24
45-54	82.4%	15.1%	2.6%	47
55-64	75.5%	20.9%	3.6%	77
65-74	69.0%	24.6%	6.3%	63
75+	70.3%	24.7%	5.0%	84
Results by education level:				
Less than HS diploma, no GED	---	---	---	22
High school diploma or GED	76.9%	19.2%	3.9%	91
Some college, trade school, or Associate degree	79.5%	15.6%	4.9%	119
Bachelor's degree or higher	87.1%	11.1%	1.9%	87
Results by household income:				
Less than \$20,000	81.2%	16.0%	2.7%	47
\$20,000 - \$34,999	75.3%	20.5%	4.2%	56
\$35,000 - \$49,999	69.5%	18.0%	12.5%	52
\$50,000 - \$74,999	85.8%	12.1%	2.1%	71
\$75,000 or more	89.0%	11.0%	0.0%	78



37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	74.7%	16.6%	8.8%	317
Results by gender:				
Female	67.7%	20.4%	11.9%	184
Male	81.3%	12.9%	5.9%	133
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	65.5%	26.6%	7.9%	47
55-64	63.4%	25.8%	10.7%	75
65-74	58.6%	21.0%	20.4%	64
75+	67.9%	18.3%	13.7%	82
Results by education level:				
Less than HS diploma, no GED	---	---	---	24
High school diploma or GED	67.2%	25.0%	7.8%	89
Some college, trade school, or Associate degree	76.8%	15.0%	8.2%	118
Bachelor's degree or higher	78.6%	12.3%	9.1%	86
Results by household income:				
Less than \$20,000	70.3%	21.7%	8.0%	47
\$20,000 - \$34,999	61.4%	26.3%	12.4%	56
\$35,000 - \$49,999	71.5%	13.2%	15.3%	53
\$50,000 - \$74,999	75.7%	17.2%	7.1%	70
\$75,000 or more	85.3%	10.3%	4.3%	77

37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Swift County	%	%	%	(Unweighted)
Overall results from 2010	73.2%	20.3%	6.4%	337
Overall results from 2015	82.7%	9.8%	7.5%	228
Results by gender:				
Female	75.8%	13.2%	11.0%	124
Male	88.5%	6.9%	4.6%	104
Results by age:				
18-34	---	---	---	20
35-44	---	---	---	20
45-54	75.0%	17.2%	7.8%	32
55-64	91.8%	5.6%	2.6%	52
65-74	73.0%	10.5%	16.5%	50
75+	72.2%	13.9%	13.9%	54
Results by education level:				
Less than HS diploma, no GED	---	---	---	17
High school diploma or GED	83.0%	9.6%	7.4%	63
Some college, trade school, or Associate degree	82.0%	10.6%	7.4%	82
Bachelor's degree or higher	87.6%	6.8%	5.6%	66
Results by household income:				
Less than \$20,000	74.5%	21.2%	4.3%	35
\$20,000 - \$34,999	76.0%	7.7%	16.3%	37
\$35,000 - \$49,999	78.2%	11.3%	10.5%	39
\$50,000 - \$74,999	83.3%	9.2%	7.6%	55
\$75,000 or more	90.3%	6.0%	3.7%	50

All Survey Items (weighted data)

**38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities**

	None	1 minute - 1 hour	> 1 hour - 2 hours	> 2 hours - 3 hours	> 3 hours - 5 hours	> 5 hours - 8 hours	> 8 hours	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	
<b>Overall results from 2010</b>	1.2%	7.0%	20.6%	20.9%	27.8%	17.5%	5.0%	448
<b>Overall results from 2015</b>	5.7%	17.8%	32.6%	18.1%	14.0%	6.7%	5.0%	331
<b>Results by gender:</b>								
Female	7.1%	14.5%	27.3%	21.8%	18.9%	4.5%	5.9%	193
Male	4.4%	21.0%	37.8%	14.5%	9.2%	8.9%	4.2%	138
<b>Results by age:</b>								
18-34	---	---	---	---	---	---	---	25
35-44	---	---	---	---	---	---	---	26
45-54	3.9%	10.0%	45.1%	16.8%	10.7%	4.1%	9.3%	50
55-64	6.1%	22.7%	24.8%	20.7%	17.1%	5.8%	2.7%	73
65-74	10.4%	17.2%	14.5%	15.1%	22.4%	12.2%	8.1%	68
75+	19.9%	20.3%	11.7%	15.9%	24.1%	7.5%	0.7%	89
<b>Results by education level:</b>								
Less than HS diploma, no GED	---	---	---	---	---	---	---	22
High school diploma or GED	10.8%	29.1%	18.2%	12.1%	17.4%	6.1%	6.3%	98
Some college, trade school, or Associate degree	4.8%	14.8%	32.2%	22.0%	16.0%	6.4%	3.8%	119
Bachelor's degree or higher	1.4%	17.0%	44.8%	15.1%	10.3%	7.2%	4.2%	89
<b>Results by household income:</b>								
Less than \$20,000	14.6%	13.1%	13.0%	27.1%	5.8%	12.4%	14.0%	53
\$20,000 - \$34,999	6.9%	20.8%	19.6%	15.5%	19.2%	10.0%	8.0%	56
\$35,000 - \$49,999	8.8%	13.4%	24.1%	18.8%	23.1%	3.0%	8.8%	54
\$50,000 - \$74,999	1.9%	18.7%	32.1%	19.5%	13.4%	10.8%	3.6%	71
\$75,000 or more	1.2%	19.7%	50.1%	16.0%	10.1%	2.5%	0.4%	80

39. Have you smoked at least 100 cigarettes in your entire life?  
(100 cigarettes = 5 packs)

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	45.5%	54.5%	449
Overall results from 2015	42.5%	57.5%	362
Results by gender:			
Female	35.3%	64.7%	211
Male	49.7%	50.3%	151
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	42.5%	57.5%	49
55-64	37.8%	62.2%	77
65-74	48.5%	51.5%	77
75+	32.0%	68.0%	108
Results by education level:			
Less than HS diploma, no GED	71.1%	28.9%	30
High school diploma or GED	43.3%	56.7%	109
Some college, trade school, or Associate degree	46.1%	53.9%	128
Bachelor's degree or higher	32.4%	67.6%	92
Results by household income:			
Less than \$20,000	43.6%	56.4%	59
\$20,000 - \$34,999	51.0%	49.0%	66
\$35,000 - \$49,999	46.9%	53.1%	56
\$50,000 - \$74,999	46.2%	53.8%	77
\$75,000 or more	36.4%	63.6%	83

40. Do you now smoke cigarettes every day, some days, or not at all?

	Every day	Some days	Not at all	Missing, but responded to follow-up	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	31.0%	12.4%	56.7%	0.0%	187
Overall results from 2015	29.2%	5.1%	65.7%	0.0%	144
Results by gender:					
Female	31.5%	4.3%	64.2%	0.0%	66
Male	27.7%	5.6%	66.7%	0.0%	78
Results by age:					
18-34	---	---	---	---	10
35-44	---	---	---	---	12
45-54	---	---	---	---	19
55-64	36.6%	4.6%	58.8%	0.0%	32
65-74	22.8%	2.6%	74.7%	0.0%	39
75+	1.8%	2.4%	95.8%	0.0%	32
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	16
High school diploma or GED	11.5%	2.7%	85.8%	0.0%	41
Some college, trade school, or Associate degree	41.4%	6.0%	52.6%	0.0%	62
Bachelor's degree or higher	---	---	---	---	25
Results by household income:					
Less than \$20,000	---	---	---	---	24
\$20,000 - \$34,999	34.0%	0.0%	66.0%	0.0%	32
\$35,000 - \$49,999	---	---	---	---	26
\$50,000 - \$74,999	16.2%	3.7%	80.1%	0.0%	34
\$75,000 or more	---	---	---	---	25

All Survey Items (weighted data)

Smoking status

	Current smoker	Former smoker	Never smoked	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2010	19.7%	25.8%	54.5%	449
Overall results from 2015	14.3%	27.4%	58.4%	355
Results by gender:				
Female	12.0%	21.6%	66.4%	206
Male	16.4%	33.0%	50.6%	149
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	20.6%	21.1%	58.4%	48
55-64	15.6%	22.3%	62.2%	77
65-74	11.6%	34.1%	54.4%	74
75+	1.3%	29.3%	69.5%	106
Results by education level:				
Less than HS diploma, no GED	48.0%	23.1%	28.9%	30
High school diploma or GED	6.0%	36.0%	58.1%	106
Some college, trade school, or Associate degree	21.4%	23.8%	54.8%	125
Bachelor's degree or higher	4.0%	27.7%	68.4%	91
Results by household income:				
Less than \$20,000	29.9%	13.1%	57.0%	58
\$20,000 - \$34,999	17.1%	33.0%	49.9%	65
\$35,000 - \$49,999	8.4%	36.0%	55.6%	54
\$50,000 - \$74,999	9.1%	36.6%	54.4%	76
\$75,000 or more	14.1%	21.7%	64.2%	81

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	46.5%	53.5%	65
Overall results from 2015	34.6%	65.4%	40
Results by gender:			
Female	---	---	21
Male	---	---	19
Results by age:			
18-34	---	---	4
35-44	---	---	4
45-54	---	---	9
55-64	---	---	12
65-74	---	---	9
75+	---	---	2
Results by education level:			
Less than HS diploma, no GED	---	---	6
High school diploma or GED	---	---	6
Some college, trade school, or Associate degree	---	---	24
Bachelor's degree or higher	---	---	4
Results by household income:			
Less than \$20,000	---	---	11
\$20,000 - \$34,999	---	---	7
\$35,000 - \$49,999	---	---	6
\$50,000 - \$74,999	---	---	7
\$75,000 or more	---	---	8

42. If you have tried to quit smoking cigarettes, why hasn't it worked?

	Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	I don't want to quit	I haven't tried to quit	Other reason	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	
Overall results from 2015	20.0%	23.2%	21.3%	25.4%	18.7%	19.3%	37
Results by gender:							
Female	---	---	---	---	---	---	19
Male	---	---	---	---	---	---	18
Results by age:							
18-34	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	5
45-54	---	---	---	---	---	---	8
55-64	---	---	---	---	---	---	11
65-74	---	---	---	---	---	---	8
75+	---	---	---	---	---	---	2
Results by education level:							
Less than HS diploma, no GED	---	---	---	---	---	---	5
High school diploma or GED	---	---	---	---	---	---	7
Some college, trade school, or Associate degree	---	---	---	---	---	---	21
Bachelor's degree or higher	---	---	---	---	---	---	4
Results by household income:							
Less than \$20,000	---	---	---	---	---	---	10
\$20,000 - \$34,999	---	---	---	---	---	---	8
\$35,000 - \$49,999	---	---	---	---	---	---	6
\$50,000 - \$74,999	---	---	---	---	---	---	4
\$75,000 or more	---	---	---	---	---	---	8



All Survey Items (weighted data)

43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

	Yes	No	N (Unweighted)
<i>Swift County</i>	%	%	
Overall results from 2010	13.4%	86.6%	99
Overall results from 2015	17.8%	82.2%	107
Results by gender:			
Female	13.5%	86.5%	46
Male	20.6%	79.4%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	3.4%	96.6%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	4.1%	95.9%	35
Some college, trade school, or Associate degree	22.3%	77.7%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	18.0%	82.0%	99
Overall results from 2015	12.6%	87.4%	107
Results by gender:			
Female	12.5%	87.5%	46
Male	12.7%	87.3%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	6.9%	93.1%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	5.7%	94.3%	35
Some college, trade school, or Associate degree	12.5%	87.5%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2010	0.4%	99.6%	99
Overall results from 2015	8.1%	91.9%	107
Results by gender:			
Female	5.3%	94.7%	46
Male	9.9%	90.1%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	3.4%	96.6%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	0.0%	100.0%	35
Some college, trade school, or Associate degree	12.6%	87.4%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	0.0%	100.0%	99
Overall results from 2015	8.7%	91.3%	107
Results by gender:			
Female	6.7%	93.3%	46
Male	10.1%	89.9%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	0.0%	100.0%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	3.5%	96.5%	35
Some college, trade school, or Associate degree	9.9%	90.1%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	0.0%	100.0%	99
Overall results from 2015	1.1%	98.9%	107
Results by gender:			
Female	2.6%	97.4%	46
Male	0.0%	100.0%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	0.0%	100.0%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	0.0%	100.0%	35
Some college, trade school, or Associate degree	2.7%	97.3%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2010	0.4%	99.6%	99
Overall results from 2015	0.0%	100.0%	107
Results by gender:			
Female	0.0%	100.0%	46
Male	0.0%	100.0%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	0.0%	100.0%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	0.0%	100.0%	35
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2010	0.4%	99.6%	99
Overall results from 2015	3.3%	96.7%	107
Results by gender:			
Female	5.3%	94.7%	46
Male	2.0%	98.0%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	5.2%	94.8%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	2.1%	97.9%	35
Some college, trade school, or Associate degree	6.5%	93.5%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17

43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	71.8%	28.2%	99
Overall results from 2015	75.5%	24.5%	107
Results by gender:			
Female	77.1%	22.9%	46
Male	74.4%	25.6%	61
Results by age:			
18-34	---	---	5
35-44	---	---	8
45-54	---	---	15
55-64	---	---	22
65-74	84.5%	15.5%	30
75+	---	---	27
Results by education level:			
Less than HS diploma, no GED	---	---	9
High school diploma or GED	91.6%	8.4%	35
Some college, trade school, or Associate degree	70.7%	29.3%	42
Bachelor's degree or higher	---	---	21
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	21
\$50,000 - \$74,999	---	---	27
\$75,000 or more	---	---	17



44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

	Every day	Some days	Not at all	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	2.3%	5.2%	92.5%	342
Results by gender:				
Female	3.0%	0.4%	96.6%	195
Male	1.6%	9.8%	88.6%	147
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	5.7%	0.0%	94.3%	47
55-64	2.4%	2.1%	95.5%	74
65-74	0.0%	0.0%	100.0%	69
75+	0.0%	0.6%	99.4%	103
Results by education level:				
Less than HS diploma, no GED	---	---	---	29
High school diploma or GED	2.1%	1.2%	96.8%	98
Some college, trade school, or Associate degree	2.5%	10.2%	87.3%	123
Bachelor's degree or higher	1.0%	0.0%	99.0%	90
Results by household income:				
Less than \$20,000	5.3%	7.4%	87.3%	55
\$20,000 - \$34,999	0.0%	0.0%	100.0%	59
\$35,000 - \$49,999	2.1%	15.4%	82.5%	53
\$50,000 - \$74,999	0.0%	0.0%	100.0%	75
\$75,000 or more	4.1%	6.5%	89.4%	80

All Survey Items (weighted data)

Cigar smoking status

	Current smoker	Non-smoker	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	7.5%	92.5%	342
Results by gender:			
Female	3.4%	96.6%	195
Male	11.4%	88.6%	147
Results by age:			
18-34	---	---	24
35-44	---	---	25
45-54	5.7%	94.3%	47
55-64	4.5%	95.5%	74
65-74	0.0%	100.0%	69
75+	0.6%	99.4%	103
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	3.2%	96.8%	98
Some college, trade school, or Associate degree	12.7%	87.3%	123
Bachelor's degree or higher	1.0%	99.0%	90
Results by household income:			
Less than \$20,000	12.7%	87.3%	55
\$20,000 - \$34,999	0.0%	100.0%	59
\$35,000 - \$49,999	17.5%	82.5%	53
\$50,000 - \$74,999	0.0%	100.0%	75
\$75,000 or more	10.6%	89.4%	80

44B. How often do you use PIPES?

	Every day	Some days	Not at all	N
Swift County	%	%	%	(Unweighted)
Overall results from 2015	0.1%	0.9%	99.0%	338
Results by gender:				
Female	0.0%	0.0%	100.0%	195
Male	0.3%	1.7%	98.0%	143
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	0.0%	3.9%	96.1%	47
55-64	0.0%	0.0%	100.0%	73
65-74	1.2%	0.0%	98.8%	70
75+	0.0%	0.6%	99.4%	98
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	0.0%	0.4%	99.6%	97
Some college, trade school, or Associate degree	0.0%	0.0%	100.0%	123
Bachelor's degree or higher	0.4%	2.4%	97.2%	90
Results by household income:				
Less than \$20,000	0.0%	0.8%	99.2%	48
\$20,000 - \$34,999	0.0%	6.1%	93.9%	59
\$35,000 - \$49,999	0.0%	0.0%	100.0%	53
\$50,000 - \$74,999	0.0%	0.0%	100.0%	76
\$75,000 or more	0.4%	0.0%	99.6%	82

Pipe smoking status

	Current smoker	Non-smoker	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	1.0%	99.0%	338
Results by gender:			
Female	0.0%	100.0%	195
Male	2.0%	98.0%	143
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	3.9%	96.1%	47
55-64	0.0%	100.0%	73
65-74	1.2%	98.8%	70
75+	0.6%	99.4%	98
Results by education level:			
Less than HS diploma, no GED	---	---	26
High school diploma or GED	0.4%	99.6%	97
Some college, trade school, or Associate degree	0.0%	100.0%	123
Bachelor's degree or higher	2.8%	97.2%	90
Results by household income:			
Less than \$20,000	0.8%	99.2%	48
\$20,000 - \$34,999	6.1%	93.9%	59
\$35,000 - \$49,999	0.0%	100.0%	53
\$50,000 - \$74,999	0.0%	100.0%	76
\$75,000 or more	0.4%	99.6%	82

44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

	Every day	Some days	Not at all	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	1.3%	3.2%	95.5%	340
Results by gender:				
Female	0.0%	0.0%	100.0%	193
Male	2.4%	6.3%	91.2%	147
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	25
45-54	5.1%	0.0%	94.9%	48
55-64	0.0%	0.0%	100.0%	72
65-74	1.2%	1.2%	97.6%	72
75+	0.6%	1.2%	98.2%	99
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	1.1%	0.0%	98.9%	98
Some college, trade school, or Associate degree	2.5%	5.6%	91.9%	121
Bachelor's degree or higher	0.0%	0.5%	99.5%	90
Results by household income:				
Less than \$20,000	0.0%	7.3%	92.7%	50
\$20,000 - \$34,999	0.6%	1.2%	98.2%	59
\$35,000 - \$49,999	0.0%	0.0%	100.0%	53
\$50,000 - \$74,999	0.0%	0.5%	99.5%	75
\$75,000 or more	3.5%	6.4%	90.1%	83

All Survey Items (weighted data)

Smokeless tobacco status

	Current user	Non-user	N (Unweighted)
<i>Swift County</i>	%	%	
Overall results from 2015	4.5%	95.5%	340
Results by gender:			
Female	0.0%	100.0%	193
Male	8.8%	91.2%	147
Results by age:			
18-34	---	---	24
35-44	---	---	25
45-54	5.1%	94.9%	48
55-64	0.0%	100.0%	72
65-74	2.4%	97.6%	72
75+	1.8%	98.2%	99
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	1.1%	98.9%	98
Some college, trade school, or Associate degree	8.1%	91.9%	121
Bachelor's degree or higher	0.5%	99.5%	90
Results by household income:			
Less than \$20,000	7.3%	92.7%	50
\$20,000 - \$34,999	1.8%	98.2%	59
\$35,000 - \$49,999	0.0%	100.0%	53
\$50,000 - \$74,999	0.5%	99.5%	75
\$75,000 or more	9.9%	90.1%	83

44D. How often do you use E-CIGARETTES?

	Every day	Some days	Not at all	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	0.8%	2.6%	96.7%	343
Results by gender:				
Female	0.0%	1.6%	98.4%	198
Male	1.5%	3.5%	95.0%	145
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	3.8%	5.3%	90.9%	48
55-64	0.0%	1.8%	98.2%	73
65-74	0.0%	1.8%	98.2%	72
75+	0.0%	0.0%	100.0%	100
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	0.0%	1.1%	98.9%	98
Some college, trade school, or Associate degree	1.9%	1.0%	97.1%	124
Bachelor's degree or higher	0.0%	2.6%	97.4%	90
Results by household income:				
Less than \$20,000	0.0%	10.0%	90.0%	51
\$20,000 - \$34,999	0.0%	8.2%	91.8%	60
\$35,000 - \$49,999	0.0%	3.0%	97.0%	54
\$50,000 - \$74,999	3.2%	0.0%	96.8%	75
\$75,000 or more	0.0%	0.0%	100.0%	83

All Survey Items (weighted data)

E-cigarette status

	Current user	Non-user	N (Unweighted)
<i>Swift County</i>	%	%	
Overall results from 2015	3.3%	96.7%	343
Results by gender:			
Female	1.6%	98.4%	198
Male	5.0%	95.0%	145
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	9.1%	90.9%	48
55-64	1.8%	98.2%	73
65-74	1.8%	98.2%	72
75+	0.0%	100.0%	100
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	1.1%	98.9%	98
Some college, trade school, or Associate degree	2.9%	97.1%	124
Bachelor's degree or higher	2.6%	97.4%	90
Results by household income:			
Less than \$20,000	10.0%	90.0%	51
\$20,000 - \$34,999	8.2%	91.8%	60
\$35,000 - \$49,999	3.0%	97.0%	54
\$50,000 - \$74,999	3.2%	96.8%	75
\$75,000 or more	0.0%	100.0%	83



44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

	Every day	Some days	Not at all	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	7.1%	1.5%	91.4%	334
Results by gender:				
Female	5.8%	1.4%	92.7%	190
Male	8.4%	1.5%	90.1%	144
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	1.5%	1.5%	96.9%	47
55-64	11.2%	0.0%	88.8%	70
65-74	9.8%	0.0%	90.2%	68
75+	0.0%	0.0%	100.0%	99
Results by education level:				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	2.0%	0.0%	98.0%	95
Some college, trade school, or Associate degree	13.0%	0.7%	86.3%	122
Bachelor's degree or higher	1.6%	1.2%	97.2%	88
Results by household income:				
Less than \$20,000	1.9%	7.7%	90.4%	47
\$20,000 - \$34,999	4.0%	0.0%	96.0%	59
\$35,000 - \$49,999	4.9%	2.5%	92.6%	53
\$50,000 - \$74,999	8.6%	1.3%	90.1%	74
\$75,000 or more	10.6%	0.0%	89.4%	81

All Survey Items (weighted data)

Other tobacco status

	Current user	Non-user	N (Unweighted)
<i>Swift County</i>	%	%	
Overall results from 2015	8.6%	91.4%	334
Results by gender:			
Female	7.3%	92.7%	190
Male	9.9%	90.1%	144
Results by age:			
18-34	---	---	25
35-44	---	---	25
45-54	3.1%	96.9%	47
55-64	11.2%	88.8%	70
65-74	9.8%	90.2%	68
75+	0.0%	100.0%	99
Results by education level:			
Less than HS diploma, no GED	---	---	27
High school diploma or GED	2.0%	98.0%	95
Some college, trade school, or Associate degree	13.7%	86.3%	122
Bachelor's degree or higher	2.8%	97.2%	88
Results by household income:			
Less than \$20,000	9.6%	90.4%	47
\$20,000 - \$34,999	4.0%	96.0%	59
\$35,000 - \$49,999	7.4%	92.6%	53
\$50,000 - \$74,999	9.9%	90.1%	74
\$75,000 or more	10.6%	89.4%	81

All Survey Items (weighted data)

Any tobacco use status

	Current user of tobacco	Current non- user of tobacco	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	21.2%	78.8%	364
Results by gender:			
Female	14.1%	85.9%	211
Male	28.2%	71.8%	153
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	31.5%	68.5%	50
55-64	15.6%	84.4%	77
65-74	15.3%	84.7%	77
75+	2.9%	97.1%	109
Results by education level:			
Less than HS diploma, no GED	47.4%	52.6%	31
High school diploma or GED	7.6%	92.4%	109
Some college, trade school, or Associate degree	36.3%	63.7%	128
Bachelor's degree or higher	5.9%	94.1%	93
Results by household income:			
Less than \$20,000	29.4%	70.6%	60
\$20,000 - \$34,999	18.4%	81.6%	66
\$35,000 - \$49,999	26.5%	73.5%	56
\$50,000 - \$74,999	13.6%	86.4%	77
\$75,000 or more	23.5%	76.5%	84

44F. How often do you use MARIJUANA?

	Every day	Some days	Not at all	N
Swift County	%	%	%	(Unweighted)
Overall results from 2015	1.1%	1.0%	97.9%	337
Results by gender:				
Female	0.0%	1.7%	98.3%	194
Male	2.2%	0.3%	97.6%	143
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	0.0%	1.5%	98.5%	48
55-64	1.9%	3.0%	95.1%	72
65-74	0.0%	1.2%	98.8%	69
75+	0.0%	0.0%	100.0%	98
Results by education level:				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	0.0%	1.6%	98.4%	96
Some college, trade school, or Associate degree	1.9%	0.8%	97.4%	122
Bachelor's degree or higher	1.0%	0.7%	98.3%	89
Results by household income:				
Less than \$20,000	0.0%	0.0%	100.0%	51
\$20,000 - \$34,999	0.0%	0.0%	100.0%	57
\$35,000 - \$49,999	5.2%	2.9%	91.9%	53
\$50,000 - \$74,999	0.0%	0.0%	100.0%	75
\$75,000 or more	1.0%	1.6%	97.5%	81

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2010	10.4%	89.6%	448
Overall results from 2015	7.1%	92.9%	362
Results by gender:			
Female	7.2%	92.8%	211
Male	7.1%	92.9%	151
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	20.3%	79.7%	49
55-64	3.5%	96.5%	77
65-74	8.3%	91.7%	75
75+	2.0%	98.0%	110
Results by education level:			
Less than HS diploma, no GED	34.5%	65.5%	31
High school diploma or GED	4.6%	95.4%	108
Some college, trade school, or Associate degree	9.2%	90.8%	128
Bachelor's degree or higher	0.8%	99.2%	92
Results by household income:			
Less than \$20,000	21.1%	78.9%	60
\$20,000 - \$34,999	3.5%	96.5%	66
\$35,000 - \$49,999	6.5%	93.5%	57
\$50,000 - \$74,999	10.3%	89.7%	76
\$75,000 or more	0.9%	99.1%	84

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	23.1%	76.9%	448
Overall results from 2015	20.5%	79.5%	361
Results by gender:			
Female	19.5%	80.5%	212
Male	21.5%	78.5%	149
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	23.8%	76.2%	48
55-64	11.7%	88.3%	77
65-74	12.9%	87.1%	74
75+	5.5%	94.5%	111
Results by education level:			
Less than HS diploma, no GED	36.1%	63.9%	31
High school diploma or GED	6.9%	93.1%	108
Some college, trade school, or Associate degree	38.6%	61.4%	128
Bachelor's degree or higher	2.9%	97.1%	91
Results by household income:			
Less than \$20,000	36.9%	63.1%	60
\$20,000 - \$34,999	21.4%	78.6%	66
\$35,000 - \$49,999	32.3%	67.7%	57
\$50,000 - \$74,999	16.7%	83.3%	76
\$75,000 or more	12.2%	87.8%	83

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	24.4%	75.6%	447
Overall results from 2015	28.2%	71.8%	365
Results by gender:			
Female	28.0%	72.0%	212
Male	28.3%	71.7%	153
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	31.5%	68.5%	50
55-64	21.4%	78.6%	77
65-74	25.0%	75.0%	75
75+	12.4%	87.6%	112
Results by education level:			
Less than HS diploma, no GED	39.5%	60.5%	31
High school diploma or GED	18.8%	81.2%	109
Some college, trade school, or Associate degree	32.2%	67.8%	128
Bachelor's degree or higher	27.3%	72.7%	94
Results by household income:			
Less than \$20,000	33.8%	66.2%	61
\$20,000 - \$34,999	27.6%	72.4%	65
\$35,000 - \$49,999	37.5%	62.5%	57
\$50,000 - \$74,999	30.7%	69.3%	77
\$75,000 or more	20.7%	79.3%	85

All Survey Items (weighted data)

48. The last time this happened in Minnesota, where were you?

	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N (Unweighted)
Swift County	%	%	%	%	%	%	%	%	
Overall results from 2015	19.9%	3.1%	3.1%	22.5%	1.8%	18.0%	33.0%	29.3%	87
Results by gender:									
Female	16.2%	4.3%	4.0%	25.7%	1.4%	31.2%	31.3%	22.7%	52
Male	23.5%	1.9%	2.2%	19.4%	2.2%	5.2%	34.7%	35.8%	35
Results by age:									
18-34	---	---	---	---	---	---	---	---	10
35-44	---	---	---	---	---	---	---	---	12
45-54	---	---	---	---	---	---	---	---	14
55-64	---	---	---	---	---	---	---	---	21
65-74	---	---	---	---	---	---	---	---	16
75+	---	---	---	---	---	---	---	---	14
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	7
High school diploma or GED	---	---	---	---	---	---	---	---	14
Some college, trade school, or Associate degree	15.7%	0.0%	0.0%	23.4%	0.0%	12.5%	29.6%	28.1%	38
Bachelor's degree or higher	---	---	---	---	---	---	---	---	28
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	14
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	13
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	18
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	19
\$75,000 or more	---	---	---	---	---	---	---	---	19



49. In Minnesota, have you ever seen anyone smoke an e-cigarette?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	55.9%	44.1%	349
Results by gender:			
Female	50.0%	50.0%	206
Male	61.7%	38.3%	143
Results by age:			
18-34	---	---	25
35-44	---	---	24
45-54	52.6%	47.4%	49
55-64	56.3%	43.7%	74
65-74	42.7%	57.3%	72
75+	22.0%	78.0%	105
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	41.6%	58.4%	106
Some college, trade school, or Associate degree	61.3%	38.7%	120
Bachelor's degree or higher	58.5%	41.5%	92
Results by household income:			
Less than \$20,000	44.9%	55.1%	58
\$20,000 - \$34,999	55.1%	44.9%	61
\$35,000 - \$49,999	59.1%	40.9%	52
\$50,000 - \$74,999	64.8%	35.2%	74
\$75,000 or more	54.8%	45.2%	85

All Survey Items (weighted data)

50. Where have you seen people smoke e-cigarettes in Minnesota?

	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N (Unweighted)
Swift County	%	%	%	%	%	%	%	%	%	%	
Overall results from 2015	37.8%	9.0%	38.1%	20.1%	18.8%	35.3%	9.4%	22.0%	22.4%	35.5%	151
Results by gender:											
Female	44.6%	7.9%	34.0%	19.0%	25.2%	26.4%	8.8%	27.2%	19.3%	33.6%	87
Male	32.3%	10.0%	41.4%	20.9%	13.6%	42.5%	10.0%	17.8%	24.9%	37.0%	64
Results by age:											
18-34	---	---	---	---	---	---	---	---	---	---	18
35-44	---	---	---	---	---	---	---	---	---	---	15
45-54	---	---	---	---	---	---	---	---	---	---	26
55-64	23.5%	9.0%	42.4%	6.6%	16.7%	24.0%	8.8%	11.1%	14.6%	34.1%	42
65-74	---	---	---	---	---	---	---	---	---	---	29
75+	---	---	---	---	---	---	---	---	---	---	21
Results by education level:											
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	---	12
High school diploma or GED	25.7%	7.8%	30.2%	5.0%	21.7%	29.4%	7.6%	15.7%	14.3%	49.6%	36
Some college, trade school, or Associate degree	53.2%	15.9%	36.4%	20.0%	21.4%	31.6%	14.3%	22.7%	32.3%	38.6%	60
Bachelor's degree or higher	23.4%	1.9%	45.5%	29.9%	16.9%	46.3%	5.2%	26.7%	13.6%	24.7%	43
Results by household income:											
Less than \$20,000	---	---	---	---	---	---	---	---	---	---	21
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	---	---	22
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	---	---	27
\$50,000 - \$74,999	40.8%	4.7%	39.3%	25.4%	5.4%	38.6%	1.1%	21.0%	22.4%	13.8%	36
\$75,000 or more	25.6%	14.8%	44.0%	19.4%	23.6%	36.5%	20.1%	21.9%	18.7%	44.5%	42

All Survey Items (weighted data)

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	70.7%	29.3%	364
Results by gender:			
Female	63.6%	36.4%	211
Male	77.6%	22.4%	153
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	72.4%	27.6%	50
55-64	73.4%	26.6%	76
65-74	61.4%	38.6%	75
75+	38.1%	61.9%	112
Results by education level:			
Less than HS diploma, no GED	62.3%	37.7%	30
High school diploma or GED	51.2%	48.8%	111
Some college, trade school, or Associate degree	76.2%	23.8%	126
Bachelor's degree or higher	79.0%	21.0%	94
Results by household income:			
Less than \$20,000	39.0%	61.0%	62
\$20,000 - \$34,999	59.1%	40.9%	65
\$35,000 - \$49,999	71.3%	28.7%	55
\$50,000 - \$74,999	79.2%	20.8%	77
\$75,000 or more	81.8%	18.2%	85

**52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?**

	1-2 days	3-5 days	6-10 days	11-20 days	21-30 days	N
<i>Swift County</i>	%	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	25.9%	29.8%	16.7%	18.7%	8.9%	205
<b>Results by gender:</b>						
Female	27.4%	44.1%	15.8%	9.5%	3.2%	112
Male	24.6%	18.0%	17.5%	26.3%	13.7%	93
<b>Results by age:</b>						
18-34	---	---	---	---	---	19
35-44	---	---	---	---	---	18
45-54	27.3%	40.7%	16.5%	12.1%	3.4%	36
55-64	20.7%	32.7%	14.9%	16.3%	15.4%	53
65-74	42.7%	25.7%	3.0%	10.0%	18.6%	44
75+	53.3%	17.3%	22.0%	0.0%	7.5%	35
<b>Results by education level:</b>						
Less than HS diploma, no GED	---	---	---	---	---	12
High school diploma or GED	33.5%	21.9%	13.9%	19.1%	11.7%	45
Some college, trade school, or Associate degree	16.7%	26.5%	19.7%	22.9%	14.2%	86
Bachelor's degree or higher	34.9%	32.5%	16.0%	14.4%	2.2%	62
<b>Results by household income:</b>						
Less than \$20,000	---	---	---	---	---	17
\$20,000 - \$34,999	46.0%	38.6%	1.9%	6.5%	7.0%	32
\$35,000 - \$49,999	10.9%	33.3%	20.2%	25.7%	9.9%	30
\$50,000 - \$74,999	27.5%	14.6%	25.0%	27.9%	5.0%	55
\$75,000 or more	22.8%	33.4%	16.3%	16.4%	11.1%	60

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

	One	Two	Three	Four or more	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	33.0%	31.8%	21.4%	13.7%	212
Results by gender:					
Female	41.9%	29.2%	18.9%	10.0%	117
Male	25.9%	33.9%	23.4%	16.7%	95
Results by age:					
18-34	---	---	---	---	20
35-44	---	---	---	---	18
45-54	35.4%	19.2%	27.9%	17.5%	36
55-64	36.8%	46.9%	7.6%	8.8%	52
65-74	53.7%	36.7%	3.9%	5.8%	45
75+	76.6%	18.3%	1.5%	3.6%	41
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	14
High school diploma or GED	42.0%	45.7%	6.3%	6.0%	46
Some college, trade school, or Associate degree	25.2%	29.7%	30.6%	14.5%	88
Bachelor's degree or higher	42.6%	31.5%	15.0%	10.9%	64
Results by household income:					
Less than \$20,000	---	---	---	---	19
\$20,000 - \$34,999	50.1%	35.7%	9.9%	4.3%	34
\$35,000 - \$49,999	20.3%	40.9%	31.8%	7.1%	32
\$50,000 - \$74,999	27.2%	32.3%	28.7%	11.8%	55
\$75,000 or more	37.4%	31.6%	14.1%	16.8%	62

All Survey Items (weighted data)

Number of drinks in past 30 days

	1-2 drinks	3-4 drinks	5-9 drinks	10-19 drinks	20-29 drinks	30-59 drinks	60 or more drinks	N
<i>Swift County</i>	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	15.0%	11.8%	16.0%	17.9%	16.7%	14.3%	8.2%	197
Results by gender:								
Female	21.2%	14.4%	25.1%	16.4%	11.5%	6.8%	4.6%	108
Male	9.9%	9.8%	8.5%	19.1%	21.1%	20.5%	11.1%	89
Results by age:								
18-34	---	---	---	---	---	---	---	19
35-44	---	---	---	---	---	---	---	18
45-54	21.2%	8.8%	14.5%	30.6%	7.4%	7.1%	10.4%	36
55-64	15.2%	12.7%	21.3%	8.1%	17.1%	17.5%	8.1%	51
65-74	31.0%	19.7%	17.9%	2.0%	16.2%	7.2%	6.0%	42
75+	51.2%	11.9%	13.9%	11.7%	5.9%	2.7%	2.7%	31
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	12
High school diploma or GED	29.8%	4.2%	18.3%	7.9%	11.1%	24.4%	4.3%	39
Some college, trade school, or Associate degree	9.8%	5.9%	16.0%	12.7%	26.5%	13.7%	15.5%	85
Bachelor's degree or higher	16.2%	22.9%	17.8%	21.2%	8.4%	12.2%	1.2%	61
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	15
\$20,000 - \$34,999	31.0%	19.6%	31.7%	1.1%	7.7%	7.2%	1.7%	30
\$35,000 - \$49,999	---	---	---	---	---	---	---	29
\$50,000 - \$74,999	18.8%	8.6%	16.9%	13.0%	5.3%	21.7%	15.7%	54
\$75,000 or more	10.0%	16.2%	7.4%	19.9%	31.9%	12.2%	2.5%	60

All Survey Items (weighted data)

Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

	Heavy drinking	No drinking or not heavy	N
Swift County	%	%	(Unweighted)
Overall results from 2015	7.8%	92.2%	340
Results by gender:			
Female	7.1%	92.9%	197
Male	8.5%	91.5%	143
Results by age:			
18-34	---	---	24
35-44	---	---	26
45-54	9.0%	91.0%	50
55-64	10.1%	89.9%	72
65-74	3.6%	96.4%	70
75+	1.6%	98.4%	98
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	3.1%	96.9%	97
Some college, trade school, or Associate degree	13.2%	86.8%	122
Bachelor's degree or higher	4.1%	95.9%	90
Results by household income:			
Less than \$20,000	1.5%	98.5%	56
\$20,000 - \$34,999	2.6%	97.4%	59
\$35,000 - \$49,999	7.6%	92.4%	50
\$50,000 - \$74,999	14.9%	85.1%	75
\$75,000 or more	5.9%	94.1%	83

All Survey Items (weighted data)

Type of drinking behavior

	Heavy drinking	Drinking, but not heavy	No drinking	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	7.8%	61.3%	30.9%	340
Results by gender:				
Female	7.1%	55.0%	37.9%	197
Male	8.5%	67.7%	23.8%	143
Results by age:				
18-34	---	---	---	24
35-44	---	---	---	26
45-54	9.0%	63.4%	27.6%	50
55-64	10.1%	62.2%	27.7%	72
65-74	3.6%	55.7%	40.7%	70
75+	1.6%	28.4%	70.0%	98
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	3.1%	42.9%	54.0%	97
Some college, trade school, or Associate degree	13.2%	62.7%	24.0%	122
Bachelor's degree or higher	4.1%	73.2%	22.7%	90
Results by household income:				
Less than \$20,000	1.5%	33.8%	64.7%	56
\$20,000 - \$34,999	2.6%	54.3%	43.1%	59
\$35,000 - \$49,999	7.6%	62.1%	30.2%	50
\$50,000 - \$74,999	14.9%	63.9%	21.1%	75
\$75,000 or more	5.9%	74.5%	19.5%	83



54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

	Any binge drinking	No binge drinking	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	56.5%	43.5%	184
Results by gender:			
Female	42.7%	57.3%	102
Male	67.2%	32.8%	82
Results by age:			
18-34	---	---	19
35-44	---	---	17
45-54	48.5%	51.5%	32
55-64	29.1%	70.9%	49
65-74	22.3%	77.7%	38
75+	---	---	29
Results by education level:			
Less than HS diploma, no GED	---	---	8
High school diploma or GED	39.1%	60.9%	39
Some college, trade school, or Associate degree	67.9%	32.1%	75
Bachelor's degree or higher	47.0%	53.0%	62
Results by household income:			
Less than \$20,000	---	---	13
\$20,000 - \$34,999	---	---	26
\$35,000 - \$49,999	---	---	29
\$50,000 - \$74,999	58.7%	41.3%	49
\$75,000 or more	67.0%	33.0%	58

55. Do you ever drive a car or other vehicle?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	94.9%	5.1%	365
Results by gender:			
Female	94.3%	5.7%	212
Male	95.4%	4.6%	153
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	92.9%	7.1%	50
55-64	93.5%	6.5%	77
65-74	92.5%	7.5%	77
75+	90.1%	9.9%	110
Results by education level:			
Less than HS diploma, no GED	95.8%	4.2%	31
High school diploma or GED	90.4%	9.6%	111
Some college, trade school, or Associate degree	95.3%	4.7%	126
Bachelor's degree or higher	96.9%	3.1%	94
Results by household income:			
Less than \$20,000	75.6%	24.4%	60
\$20,000 - \$34,999	95.4%	4.6%	66
\$35,000 - \$49,999	100.0%	0.0%	57
\$50,000 - \$74,999	98.0%	2.0%	76
\$75,000 or more	96.4%	3.6%	85

All Survey Items (weighted data)

56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
Swift County	%	%	%	%	(Unweighted)
Overall results from 2015	4.7%	40.5%	49.8%	5.0%	333
Results by gender:					
Female	2.3%	41.8%	51.7%	4.1%	193
Male	7.0%	39.2%	47.9%	5.9%	140
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	43.9%	55.3%	0.8%	45
55-64	1.9%	20.3%	72.1%	5.7%	72
65-74	0.0%	11.7%	78.3%	10.0%	68
75+	0.0%	0.0%	78.4%	21.6%	98
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	8.3%	10.1%	70.1%	11.5%	98
Some college, trade school, or Associate degree	0.9%	58.7%	36.6%	3.7%	116
Bachelor's degree or higher	8.2%	43.9%	45.8%	2.1%	88
Results by household income:					
Less than \$20,000	0.0%	15.8%	73.2%	11.1%	43
\$20,000 - \$34,999	2.9%	26.1%	64.7%	6.3%	62
\$35,000 - \$49,999	0.0%	42.4%	50.8%	6.7%	56
\$50,000 - \$74,999	7.9%	34.7%	54.9%	2.5%	73
\$75,000 or more	6.9%	59.6%	31.8%	1.7%	81

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
Swift County	%	%	%	%	(Unweighted)
Overall results from 2015	0.7%	28.6%	65.5%	5.2%	334
Results by gender:					
Female	0.8%	24.5%	70.7%	3.9%	192
Male	0.6%	32.5%	60.5%	6.4%	142
Results by age:					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	0.0%	26.9%	72.3%	0.8%	45
55-64	1.9%	6.6%	85.8%	5.7%	72
65-74	0.0%	5.4%	82.2%	12.4%	69
75+	0.0%	0.0%	79.2%	20.8%	98
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	0.0%	1.6%	85.5%	12.9%	99
Some college, trade school, or Associate degree	0.9%	37.3%	58.3%	3.4%	116
Bachelor's degree or higher	1.0%	39.2%	57.3%	2.5%	89
Results by household income:					
Less than \$20,000	0.0%	12.2%	78.5%	9.3%	43
\$20,000 - \$34,999	2.9%	11.2%	79.5%	6.3%	62
\$35,000 - \$49,999	0.0%	30.3%	62.0%	7.7%	56
\$50,000 - \$74,999	0.0%	32.9%	64.0%	3.0%	73
\$75,000 or more	1.0%	38.1%	59.2%	1.7%	81

All Survey Items (weighted data)

**56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?**

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
<i>Swift County</i>	%	%	%	%	(Unweighted)
<b>Overall results from 2015</b>	25.1%	52.6%	17.4%	5.0%	333
<b>Results by gender:</b>					
Female	21.2%	55.2%	19.6%	3.9%	191
Male	28.8%	50.1%	15.2%	6.0%	142
<b>Results by age:</b>					
18-34	---	---	---	---	25
35-44	---	---	---	---	25
45-54	21.8%	69.8%	7.6%	0.8%	46
55-64	4.4%	69.3%	20.7%	5.7%	72
65-74	7.3%	47.0%	34.6%	11.1%	69
75+	0.8%	21.1%	57.5%	20.5%	96
<b>Results by education level:</b>					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	3.4%	51.8%	32.3%	12.5%	99
Some college, trade school, or Associate degree	29.9%	57.0%	9.7%	3.4%	116
Bachelor's degree or higher	34.4%	54.5%	9.1%	2.1%	88
<b>Results by household income:</b>					
Less than \$20,000	7.3%	31.8%	51.4%	9.5%	41
\$20,000 - \$34,999	16.7%	44.1%	32.3%	6.9%	62
\$35,000 - \$49,999	26.9%	44.1%	22.3%	6.7%	56
\$50,000 - \$74,999	25.5%	63.9%	8.0%	2.5%	73
\$75,000 or more	34.5%	57.4%	6.5%	1.7%	82

56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

	Often	Sometimes	Never	N
Swift County	%	%	%	(Unweighted)
Overall results from 2015	9.7%	28.9%	61.4%	328
Results by gender:				
Female	5.1%	28.3%	66.5%	191
Male	14.2%	29.4%	56.4%	137
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	4.2%	43.6%	52.2%	46
55-64	4.4%	28.6%	67.0%	72
65-74	2.4%	29.0%	68.5%	67
75+	0.0%	11.7%	88.3%	93
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	0.0%	27.3%	72.7%	94
Some college, trade school, or Associate degree	20.4%	27.4%	52.2%	117
Bachelor's degree or higher	3.8%	36.2%	60.0%	87
Results by household income:				
Less than \$20,000	0.0%	13.2%	86.8%	40
\$20,000 - \$34,999	3.0%	11.2%	85.8%	61
\$35,000 - \$49,999	11.6%	36.2%	52.2%	57
\$50,000 - \$74,999	13.3%	30.7%	56.0%	73
\$75,000 or more	11.9%	37.0%	51.0%	80

56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

	Often	Sometimes	Never	N
Swift County	%	%	%	(Unweighted)
Overall results from 2015	0.5%	7.9%	91.6%	327
Results by gender:				
Female	0.0%	6.2%	93.8%	191
Male	1.1%	9.5%	89.4%	136
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	25
45-54	2.7%	7.3%	90.0%	44
55-64	0.0%	13.8%	86.2%	72
65-74	0.0%	3.9%	96.1%	67
75+	0.0%	0.6%	99.4%	94
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	0.0%	2.2%	97.8%	94
Some college, trade school, or Associate degree	0.0%	12.6%	87.4%	117
Bachelor's degree or higher	0.0%	6.4%	93.6%	87
Results by household income:				
Less than \$20,000	6.1%	0.0%	93.9%	40
\$20,000 - \$34,999	0.0%	1.3%	98.7%	61
\$35,000 - \$49,999	0.0%	6.9%	93.1%	57
\$50,000 - \$74,999	0.0%	15.6%	84.4%	73
\$75,000 or more	0.0%	8.0%	92.0%	79

57. Do you own or rent your home?

	Own	Rent	Other arrangement	N
<i>Swift County</i>	%	%	%	(Unweighted)
Overall results from 2015	83.6%	13.6%	2.8%	367
Results by gender:				
Female	77.9%	18.3%	3.9%	215
Male	89.3%	9.0%	1.7%	152
Results by age:				
18-34	---	---	---	25
35-44	---	---	---	26
45-54	87.7%	10.0%	2.3%	48
55-64	84.9%	10.7%	4.4%	79
65-74	92.9%	1.7%	5.4%	75
75+	75.0%	23.1%	1.9%	114
Results by education level:				
Less than HS diploma, no GED	63.7%	35.1%	1.2%	30
High school diploma or GED	81.9%	13.4%	4.7%	114
Some college, trade school, or Associate degree	79.8%	17.1%	3.1%	126
Bachelor's degree or higher	93.5%	5.2%	1.4%	94
Results by household income:				
Less than \$20,000	40.7%	49.3%	10.0%	63
\$20,000 - \$34,999	67.5%	23.8%	8.7%	66
\$35,000 - \$49,999	86.0%	14.0%	0.0%	58
\$50,000 - \$74,999	93.1%	5.1%	1.9%	76
\$75,000 or more	96.8%	3.2%	0.0%	84



58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

	Yes	No	N
Swift County	%	%	(Unweighted)
Overall results from 2015	12.0%	88.0%	353
Results by gender:			
Female	11.0%	89.0%	207
Male	13.0%	87.0%	146
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	8.8%	91.2%	48
55-64	4.5%	95.5%	76
65-74	3.4%	96.6%	73
75+	23.1%	76.9%	105
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	12.3%	87.7%	105
Some college, trade school, or Associate degree	14.2%	85.8%	124
Bachelor's degree or higher	3.5%	96.5%	93
Results by household income:			
Less than \$20,000	56.4%	43.6%	55
\$20,000 - \$34,999	12.8%	87.2%	65
\$35,000 - \$49,999	4.8%	95.2%	56
\$50,000 - \$74,999	0.9%	99.1%	74
\$75,000 or more	7.4%	92.6%	83

59. Does anyone ever smoke tobacco in any of the following areas in your building?

	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above checked	N (Unweighted)
<i>Swift County</i>	%	%	%	%	%	%	%	
Overall results from 2015	16.9%	1.3%	0.0%	6.4%	0.0%	34.8%	47.6%	44
Results by gender:								
Female	---	---	---	---	---	---	---	29
Male	---	---	---	---	---	---	---	15
Results by age:								
18-34	---	---	---	---	---	---	---	5
35-44	---	---	---	---	---	---	---	4
45-54	---	---	---	---	---	---	---	5
55-64	---	---	---	---	---	---	---	5
65-74	---	---	---	---	---	---	---	3
75+	---	---	---	---	---	---	---	22
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	9
High school diploma or GED	---	---	---	---	---	---	---	15
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	14
Bachelor's degree or higher	---	---	---	---	---	---	---	5
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	25
\$20,000 - \$34,999	---	---	---	---	---	---	---	10
\$35,000 - \$49,999	---	---	---	---	---	---	---	2
\$50,000 - \$74,999	---	---	---	---	---	---	---	2
\$75,000 or more	---	---	---	---	---	---	---	3

60. Do you have access to at least one working car or other vehicle to use when you need to?

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2015	98.0%	2.0%	370
Results by gender:			
Female	96.2%	3.8%	217
Male	99.9%	0.1%	153
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	98.5%	1.5%	50
55-64	98.3%	1.7%	79
65-74	98.9%	1.1%	77
75+	91.2%	8.8%	113
Results by education level:			
Less than HS diploma, no GED	100.0%	0.0%	31
High school diploma or GED	95.4%	4.6%	114
Some college, trade school, or Associate degree	98.9%	1.1%	127
Bachelor's degree or higher	98.2%	1.8%	95
Results by household income:			
Less than \$20,000	86.0%	14.0%	63
\$20,000 - \$34,999	100.0%	0.0%	65
\$35,000 - \$49,999	100.0%	0.0%	58
\$50,000 - \$74,999	100.0%	0.0%	77
\$75,000 or more	99.3%	0.7%	85

71. Employment status

	Yes	No	N
<i>Swift County</i>	%	%	(Unweighted)
Overall results from 2010	67.8%	32.2%	458
Overall results from 2015	65.8%	34.2%	373
Results by gender:			
Female	60.3%	39.7%	218
Male	71.3%	28.7%	155
Results by age:			
18-34	---	---	25
35-44	---	---	26
45-54	85.1%	14.9%	50
55-64	79.1%	20.9%	79
65-74	33.9%	66.1%	78
75+	5.6%	94.4%	115
Results by education level:			
Less than HS diploma, no GED	17.4%	82.6%	31
High school diploma or GED	44.5%	55.5%	116
Some college, trade school, or Associate degree	71.9%	28.1%	128
Bachelor's degree or higher	82.8%	17.2%	95
Results by household income:			
Less than \$20,000	21.8%	78.2%	64
\$20,000 - \$34,999	49.9%	50.1%	67
\$35,000 - \$49,999	72.2%	27.8%	58
\$50,000 - \$74,999	79.7%	20.3%	77
\$75,000 or more	82.2%	17.8%	85

# Appendix

## Survey instrument

# Southwest Minnesota Healthy Communities Survey

## SURVEY INSTRUCTIONS



### Correct marks



### Incorrect marks

- Please use #2 pencil or blue or black pen to complete this survey.
- Do not use red pencil or ink.
- Do not use X's or check marks to indicate your responses.
- Fill response ovals completely with heavy, dark marks.

***Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.***

**1. In general, would you say that your health is:**

☐ Excellent      ☐ Very good      ☐ Good      ☐ Fair      ☐ Poor

**2. Have you ever been told by a doctor or other health care professional that you had any of the following health conditions?**

No	Yes	Yes, but only during pregnancy
1	2	3

- |   | Yes                   | No                    | Don't know            |
|---|-----------------------|-----------------------|-----------------------|
| a. High blood pressure/hypertension                                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pre-hypertension   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Diabetes   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Pre-diabetes   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Overweight   | <input type="radio"/> | <input type="radio"/> |                       |
| f. Cancer   | <input type="radio"/> | <input type="radio"/> |                       |
| g. Chronic lung disease (including COPD, chronic bronchitis or emphysema) | <input type="radio"/> | <input type="radio"/> |                       |
| h. Heart trouble or angina  | <input type="radio"/> | <input type="radio"/> |                       |
| i. Stroke or stroke-related health problems                               | <input type="radio"/> | <input type="radio"/> |                       |
| j. High cholesterol or triglycerides                                      | <input type="radio"/> | <input type="radio"/> |                       |
| k. Arthritis  | <input type="radio"/> | <input type="radio"/> |                       |
| l. Depression   | <input type="radio"/> | <input type="radio"/> |                       |
| m. Anxiety or panic attacks   | <input type="radio"/> | <input type="radio"/> |                       |
| n. Other mental health problems   | <input type="radio"/> | <input type="radio"/> |                       |
| o. Obesity  | <input type="radio"/> | <input type="radio"/> |                       |
| p. Asthma   | <input type="radio"/> | <input type="radio"/> |                       |

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 days

#### 4. When was the last time you had...

Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
----------------------	-------------------------	-------------------------	------------------------	-------

- |   |                       |                       |                       |                       |                       |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. ... a flu shot?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. ... a dental exam or your teeth cleaned?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. ... a hearing test?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. ... an eye exam?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. ... your blood pressure checked?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. ... your blood cholesterol checked?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. ... your blood sugar checked?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. ... any screening for skin cancer?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. ... any screening for colon cancer? <i>Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema</i> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. ... a prostate exam (men only)?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. ... a Pap test (women only)?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| l. ... a mammogram (women only)?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| m. ... a general health exam?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**GO TO QUESTION 6**

**GO TO QUESTION 5**

DO NOT WRITE IN THIS BOX



5. If you have not had a general health exam within the past 1 or 2 years, why not?

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I did not need one
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ Other reason \_\_\_\_\_

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

- ☐ Yes      ☐ No ► IF NO, GO TO QUESTION 8

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:  
(Mark ALL that apply)

- ☐ Physical activity
- ☐ Diet or nutrition
- ☐ Weight
- ☐ Smoking or other tobacco use
- ☐ Stress
- ☐ Mental health concerns

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

- ☐ Yes      ☐ No ► IF NO, GO TO QUESTION 10

9. Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I did not think it was serious enough
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ Other reason \_\_\_\_\_

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

- ☐ Yes      ☐ No ► IF NO, GO TO QUESTION 12

11. Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I was too nervous or afraid
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ The dentist would not accept my insurance
- ☐ I did not know where to go
- ☐ Other reason \_\_\_\_\_

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Number of days  
my mental  
health was not  
good

Write the number in  
the boxes, then fill in  
the appropriate circle  
beneath each box. ►

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

- ☐ Yes      ☐ No ► IF NO, GO TO QUESTION 15

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I was too nervous or afraid
- ☐ I did not think it was serious enough
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ I did not know where to go
- ☐ Other reason \_\_\_\_\_

15. In the past 6 months, which statement best describes medications prescribed for you?

- ☐ I had no medications prescribed for me. ► GO TO QUESTION 17
- ☐ I had medications prescribed for me and I filled ALL of the prescriptions. ► GO TO QUESTION 17
- ☐ I had medications prescribed for me and I did not fill at least one of them.

16. Why did you not fill at least one prescription for medication? (Mark ALL that apply)

- ☐ I did not have insurance
- ☐ It cost too much
- ☐ I do not like taking medications
- ☐ I did not think I needed the medication
- ☐ I did not know where to go
- ☐ I had transportation problems
- ☐ I did not like the side effects
- ☐ Other reason \_\_\_\_\_

**17. Do you currently have any of the following types of health insurance?**

(Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	<input type="radio"/>	<input type="radio"/>
b. Health insurance or coverage bought directly by yourself or your family ( <u>not</u> through an employer)	<input type="radio"/>	<input type="radio"/>
c. Indian or Tribal Health Service	<input type="radio"/>	<input type="radio"/>
d. Medicare	<input type="radio"/>	<input type="radio"/>
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	<input type="radio"/>	<input type="radio"/>
f. MinnesotaCare	<input type="radio"/>	<input type="radio"/>
g. Minnesota Comprehensive Health Association (MCHA)	<input type="radio"/>	<input type="radio"/>
h. CHAMPUS, TRICARE, or Veterans' benefits	<input type="radio"/>	<input type="radio"/>
i. Other health insurance or coverage ( <i>please specify</i> ): _____	<input type="radio"/>	<input type="radio"/>
j. NO health insurance coverage	<input type="radio"/>	<input type="radio"/>

**18. Do you consider yourself:** ☐ Overweight ☐ About the right weight ☐ Underweight

**19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do NOT include fruit juice.)**

Write the number in the boxes, then fill in the appropriate circle beneath each box. ►

**Servings**

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

**20. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have yesterday?**

**Servings**

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

**21. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have yesterday?**

**Servings**

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

**22. How many glasses of each of the following did you drink yesterday? Think of a "glass" as a 12-oz. serving.**

	0	1-2	3-4	5-6	7 or more
a. Milk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Pop or soda (regular)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Pop or soda (diet)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**24. In an average week, how many times do you do the following?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell, pizza places, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Eat a meal from Meals on Wheels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Eat a meal from Senior dining/Senior meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Eat a meal at a community setting such as a church	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Eat a home-cooked meal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Watch television during meal time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



24. In a <u>typical month</u> , how often do you or others in your household buy or get food from the following places?	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Supermarket or large grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Small grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Convenience store or gas station	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Grocery delivery service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Food shelf or food pantry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Some other place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

25. During the <u>growing season</u> , how often do you or others in your household buy or get food from the following places?	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Farmer's market, fruit/vegetable stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Local farm or CSA (community supported agriculture)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Food grown at home or in a community garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

26. How far do you usually go (one way) to get your groceries?

- ☐ Less than 2 miles      ☐ 11-20 miles  
☐ 2-6 miles      ☐ 21-30 miles  
☐ 7-10 miles      ☐ Over 30 miles

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

- ☐ Every day      ☐ 1-2 days per week  
☐ 5-6 days per week      ☐ Less than 1 day per week  
☐ 3-4 days per week      ☐ Never

28. How comfortable are you with your skills in ...

- a. ...following a recipe?  
 b. ...measuring ingredients?  
 c. ...cutting and mixing ingredients?  
 d. ...using different methods to cook foods, such as boiling, baking, stir-frying or grilling?

Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

- ☐ Often      ☐ Rarely  
☐ Sometimes      ☐ Never

30. During the past 12 months, have you used a community food shelf program?

- ☐ Yes      ☐ No

31. Please mark the extent to which you agree or disagree with the following statements.

- a. There is a large selection of fresh fruits and vegetables where I usually shop.  
 b. The fresh fruits and vegetables available where I usually shop are of high quality.  
 c. The fresh fruits and vegetables where I usually shop are too expensive.  
 d. Fruits and vegetables are difficult to prepare.  
 e. Fruits and vegetables spoil quickly.

Strongly agree	Agree	Disagree	Strongly disagree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

☐ Yes ☐ No

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days  
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days  
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

35. Where do you usually exercise or do physical activities? (Mark ALL that apply.)

☐ At home ☐ At a health club, fitness center, or gym ☐ Somewhere outdoors (park, trails, etc.)  
☐ At work ☐ At a public recreation facility or community center ☐ Some other place  
☐ Not applicable—I do not do or I am unable to do physical activities

36. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

Resources and Facilities	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a. Walking paths or trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Bicycle paths, shared use paths or bike lanes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Public swimming pools or water parks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Public recreation or community centers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Parks or sports fields	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Schools, colleges or universities that are open for public use for exercise or physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. A shopping mall or store for physical activity or walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Health club, fitness center, or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
a. Lack of time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Lack of programs, leaders or facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. No one to exercise with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. The cost of fitness programs, gym memberships or admission fees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Long-term illness, injury or disability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Distance I have to travel to a place where I can be physically active	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. No safe place to exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Lack of self-discipline or willpower	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. Not having sidewalks or walking paths/trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. Poor maintenance of sidewalks or walking paths/trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. Sidewalks/paths/trails are icy or not shoveled	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. Other reasons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38. We are interested in how much “screen time” people get. On average, while you are not at work or school, how many TOTAL hours or minutes per day do you spend: →

- Using a computer, tablet or smart phone
- Watching TV or movies
- Reading using a tablet such as a Kindle®
- Playing online, video or computer games or games on a smart phone
- Texting, emailing or messaging other ways
- Any other screen activities

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Total hours OR per day

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Total minutes per day

39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

- ☐ Yes ☐ No ► GO TO QUESTION 44

40. Do you now smoke cigarettes every day, some days, or not at all?

- ☐ Every day ☐ Some days ☐ Not at all ► GO TO QUESTION 43

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

- ☐ Yes ☐ No

42. If you have tried to quit smoking cigarettes, why hasn't it worked? (Mark ALL that apply.)

- ☐ I am not sure how to quit or where to go for help  
☐ Quit aids such as gum, lozenges, prescriptions, etc. are too expensive  
☐ I live with someone who also smokes and who doesn't want to quit  
☐ I don't want to quit  
☐ I haven't tried to quit ► GO TO QUESTION 44  
☐ Other reason \_\_\_\_\_

43. The last time you tried to quit smoking (or when you quit for good), did you use...

Yes No

- |   |                       |                       |
|---|-----------------------|-----------------------|
| a. ... any nicotine replacement product, such as gum, a patch, a nasal spray, an inhaler or lozenges? | <input type="radio"/> | <input type="radio"/> |
| b. ... a prescription medication like Zyban, Wellbutrin, or Chantix to help you quit smoking?         | <input type="radio"/> | <input type="radio"/> |
| c. ... a stop-smoking clinic or class?  | <input type="radio"/> | <input type="radio"/> |
| d. ... a quit-smoking telephone help line?  | <input type="radio"/> | <input type="radio"/> |
| e. ... an on-line or web-based counseling service?  | <input type="radio"/> | <input type="radio"/> |
| f. ... face-to-face counseling?   | <input type="radio"/> | <input type="radio"/> |
| g. ... some other program or service?   | <input type="radio"/> | <input type="radio"/> |
| h. I quit without any help from any of these.   | <input type="radio"/> | <input type="radio"/> |

44. How often do you use any of the following products?

Every day Some days Never

- |   |                       |                       |                       |
|---|-----------------------|-----------------------|-----------------------|
| a. Cigars, cigarillos, or little cigars | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pipes                                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Snuff, snus or chewing tobacco       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. E-cigarettes                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Any other type of tobacco product    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Marijuana                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

- ☐ Yes ☐ No

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

- ☐ Yes ☐ No

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?  
☐ Yes ☐ No ► IF NO, GO TO QUESTION 49 ▼

48. The last time this happened in Minnesota, where were you? (Please mark only ONE)  
☐ A restaurant's or bar's outdoor area  
☐ An outdoor shopping mall or strip mall  
☐ A park or outdoor recreation area  
☐ A parking lot  
☐ An outdoor community sports event  
☐ A sidewalk or building entrance  
☐ Somewhere else outdoors  
☐ Some other place

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?  
☐ Yes ☐ No ► IF NO, GO TO QUESTION 51 ▼

50. Where have you seen people smoke e-cigarettes in Minnesota? (Mark ALL that apply)  
☐ Someone's home or car (including your own)  
☐ Your workplace  
☐ A restaurant or bar  
☐ A business or shopping area  
☐ A park or outdoor recreation area  
☐ A parking lot  
☐ An outdoor community sports event  
☐ A sidewalk or building entrance  
☐ Somewhere else indoors  
☐ Somewhere else outdoors

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?  
☐ Yes ☐ No ► IF NO, GO TO QUESTION 55 ▼

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage? →

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Days

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?  
 (A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)  
☐ 1 drink ☐ 6 drinks  
☐ 2 drinks ☐ 7 drinks  
☐ 3 drinks ☐ 8 drinks  
☐ 4 drinks ☐ 9 drinks  
☐ 5 drinks ☐ 10 drinks or more

54. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

**FOR FEMALES:**  
4 or more drinks  
 on an occasion

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Times

**FOR MALES:**  
5 or more drinks  
 on an occasion

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Times

55. Do you ever drive a car or other vehicle?  
☐ Yes ☐ No ► IF NO, GO TO QUESTION 57

56. When DRIVING a car or other vehicle, how often do you...

	Often	Sometimes	Never	Not applicable: I don't have a cell phone
a. ...read incoming text messages or emails?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. ...send text messages or emails?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. ...make or answer a phone call?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. ...do other activities such as eat, read, apply makeup or shave?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
e. ...drive when you have perhaps had too much to drink?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

57. Do you own or rent your home?

- ☐ Own ☐ Rent ☐ Other arrangement

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

- ☐ Yes  
☐ No ► GO TO QUESTION 60

59. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)

- ☐ Apartments ☐ Lobby or lounge areas  
☐ Hallways ☐ Party rooms  
☐ Laundry rooms ☐ On patios or balconies

60. Do you have access to at least one *working* car or other vehicle to use when you need to?

- ☐ Yes ☐ No

61. Are you:

- ☐ Male ☐ Female

62. Your age group:

- ☐ 18-24 ☐ 35-44 ☐ 55-64 ☐ 75 +  
☐ 25-34 ☐ 45-54 ☐ 65-74

63. Are you of Hispanic or Latino origin?

- ☐ Yes ☐ No

64. Which of the following best describes you? (Mark ALL that apply)

- ☐ American Indian  
☐ Asian or Pacific Islander  
☐ Black or African American or African  
☐ White  
☐ Other \_\_\_\_\_

65. Do you think of your as...? (Mark ALL that apply)

- ☐ Heterosexual or straight  
☐ Gay, lesbian, or homosexual  
☐ Bisexual  
☐ Transgender

66. How tall are you without shoes?

Feet Inches

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
	8
	9
	10
	11

67. Approximately how much do you weigh?

Pounds

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

68. Including yourself, how many adults live in your household?

Number of Adults:

- 1 2 3 4 5 6 7 8 9 10 11 12 or more

69. What is the highest level of education you have completed? (Please mark only ONE)

- ☐ Did not complete 8th grade  
☐ Did not complete high school  
☐ High school diploma/GED  
☐ Trade/Vocational school  
☐ Some college  
☐ Associate degree  
☐ Bachelor's degree  
☐ Graduate/Professional degree

70. Household income per year:

- ☐ Less than \$20,000  
☐ \$20,000 - \$34,999  
☐ \$35,000 - \$49,999  
☐ \$50,000 - \$74,999  
☐ \$75,000 - \$99,999  
☐ \$100,000 or more

71. Are you currently... (Mark ALL that apply)

- ☐ Employed  
☐ Self-employed or farmer  
☐ Unemployed or out of work  
☐ A homemaker or stay-at-home parent  
☐ A student  
☐ Retired  
☐ Unable to work because of a disability

*Thank you for completing this survey!*