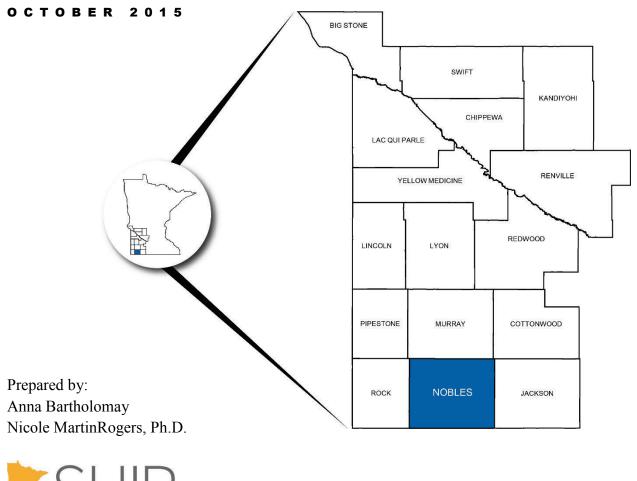
# **Data Book for Nobles County**

2015 Southwest/South Central MN Adult Health Survey





Supported by the Statewide Health Improvement Program, Minnesota Department of Health

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# Acknowledgments

We would like to thank the residents of Southwest and South Central Minnesota who completed the survey upon which this data book is based.

In addition, we would like to thank the public health staff who contributed to the completion of this study, including: Carol Biren, Diane Madsen, Elizabeth Auch, Jill Bruns, Judy Pitzl, Katrina Henry, Krista Kopperud, Michelle Salfer, Leah Schueler, Pat Stewart, Shelly Aalfs, and Teri Janssen. We would also like to thank Ann Kinney, from the Minnesota Department of Health, for the technical assistance she provided.

The following Wilder Research staff worked on this study.

Amanda Peterson Dawn Mueller Marilyn Conrad Mark Anton Phil Cooper Walker Bosch

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# Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered Englishlanguage questionnaire. See the Appendix for the survey instrument.

### Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

### Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postagepaid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

#### **Completed surveys**

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

1.	Southwest/South Central Min Adult Health Survey Sample and respondents								
Area No.	Reporting area (County)	Population of area <sup>a</sup>	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error <sup>b</sup>			
1	Big Stone	5,122	1,200	351	29.9%	7.0%			
2	Chippewa	12,093	1,200	285	24.2%	8.1%			
3	Cottonwood	11,616	1,500	456	31.0%	6.6%			
4	Jackson	10,260	1,500	429	29.5%	6.4%			
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%			
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%			
7	Lincoln	5,830	1,200	412	34.8%	6.6%			
8	Lyon	25,487	1,200	339	28.9%	7.2%			
9	Murray	8,533	1,200	418	35.0%	6.4%			
10	Nobles	21,617	1,500	448	30.4%	6.6%			
11	Pipestone	9,270	1,200	328	27.8%	8.0%			
12	Redwood	15,744	1,200	361	30.7%	6.9%			
13	Renville	15,166	1,200	387	32.9%	7.0%			
14	Rock	9,520	1,200	361	30.8%	7.4%			
15	Swift	9,546	1,200	373	31.3%	7.2%			
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%			
All		219,284	20,100	6,019	30.5%	1.9%			

#### 1. Southwest/South Central MN Adult Health Survey sample and respondents

<sup>a</sup> Most recent data (2013) from MN Compass

<sup>b</sup> The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.

#### Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

#### How to use this data book

The "area of focus" for this data book is **Nobles County**. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from Nobles County based on:

- Gender
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher
- Annual household income ranges including less than \$20,000, \$20,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, \$75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

# Survey findings

Data tables

# 61. Gender (Unweighted)

	Female	Male	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	59.2%	40.8%	448
Results by age:			
18-34	70.3%	29.7%	37
35-44	55.6%	44.4%	36
45-54	66.1%	33.9%	62
55-64	47.4%	52.6%	116
65-74	57.9%	42.1%	95
75+	66.7%	33.3%	102
Results by education level:			
Less than HS diploma, no GED	54.7%	45.3%	53
High school diploma or GED	54.4%	45.6%	136
Some college, trade school, or Associate degree	60.3%	39.7%	141
Bachelor's degree or higher	65.5%	34.5%	113
Results by household income:			
Less than \$20,000	53.6%	46.4%	84
\$20,000 - \$34,999	70.6%	29.4%	68
\$35,000 - \$49,999	52.5%	47.5%	80
\$50,000 - \$74,999	59.7%	40.3%	77
\$75,000 or more	56.7%	43.3%	90

# 61. Gender (Weighted)

	Female	Male	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	49.5%	50.5%	448
Results by age:			
18-34	47.0%	53.0%	37
35-44	46.8%	53.2%	36
45-54	47.8%	52.2%	62
55-64	48.5%	51.5%	116
65-74	51.3%	48.7%	95
75+	61.7%	38.3%	102
Results by education level:			
Less than HS diploma, no GED	40.4%	59.6%	53
High school diploma or GED	38.7%	61.3%	136
Some college, trade school, or Associate degree	54.1%	45.9%	141
Bachelor's degree or higher	57.5%	42.5%	113
Results by household income:			
Less than \$20,000	43.3%	56.7%	84
\$20,000 - \$34,999	62.5%	37.5%	68
\$35,000 - \$49,999	33.1%	66.9%	80
\$50,000 - \$74,999	57.3%	42.7%	77
\$75,000 or more	49.2%	50.8%	90

# 62. Age group (Unweighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	8.3%	8.0%	13.8%	25.9%	21.2%	22.8%	448
Results by gender:							
Female	9.8%	7.5%	15.5%	20.8%	20.8%	25.7%	265
Male	6.0%	8.7%	11.5%	33.3%	21.9%	18.6%	183
Results by education level:							
Less than HS diploma, no GED	3.8%	9.4%	13.2%	20.8%	17.0%	35.8%	53
High school diploma or GED	4.4%	6.6%	11.8%	26.5%	19.9%	30.9%	136
Some college, trade school, or Associate degree	10.6%	5.7%	13.5%	32.6%	20.6%	17.0%	141
Bachelor's degree or higher	12.4%	12.4%	16.8%	20.4%	25.7%	12.4%	113
Results by household income:							
Less than \$20,000	3.6%	6.0%	13.1%	27.4%	21.4%	28.6%	84
\$20,000 - \$34,999	7.4%	10.3%	5.9%	22.1%	25.0%	29.4%	68
\$35,000 - \$49,999	10.0%	8.8%	7.5%	28.7%	27.5%	17.5%	80
\$50,000 - \$74,999	14.3%	10.4%	14.3%	29.9%	19.5%	11.7%	77
\$75,000 or more	10.0%	8.9%	25.6%	27.8%	17.8%	10.0%	90

# 62. Age group (Weighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	28.0%	16.0%	18.8%	15.4%	10.0%	11.8%	448
Results by gender:							
Female	26.6%	15.1%	18.1%	15.1%	10.3%	14.8%	265
Male	29.4%	16.8%	19.4%	15.8%	9.6%	9.0%	183
Results by education level:							
Less than HS diploma, no GED	11.1%	24.8%	17.4%	13.7%	10.1%	22.9%	53
High school diploma or GED	21.7%	15.9%	21.1%	16.6%	9.5%	15.2%	136
Some college, trade school, or Associate degree	32.5%	12.0%	17.3%	19.3%	9.8%	9.2%	141
Bachelor's degree or higher	36.3%	17.7%	18.4%	10.7%	10.6%	6.3%	113
Results by household income:							
Less than \$20,000	11.6%	15.0%	25.4%	17.8%	12.0%	18.3%	84
\$20,000 - \$34,999	19.0%	20.7%	11.2%	17.7%	12.2%	19.1%	68
\$35,000 - \$49,999	38.6%	18.9%	10.2%	13.9%	11.1%	7.3%	80
\$50,000 - \$74,999	39.4%	13.8%	17.6%	14.9%	8.2%	6.2%	77
\$75,000 or more	28.3%	16.2%	27.2%	15.9%	7.8%	4.7%	90

# 64. Race / Ethnicity (Unweighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	0.2%	3.6%	2.0%	5.6%	91.7%	2.2%	445
Results by gender:							
Female	0.4%	2.3%	1.1%	5.7%	94.7%	1.5%	263
Male	0.0%	5.5%	3.3%	5.5%	87.4%	3.3%	182
Results by age:							
18-34	0.0%	5.4%	8.1%	16.2%	78.4%	5.4%	37
35-44	0.0%	11.1%	11.1%	11.1%	75.0%	0.0%	36
45-54	0.0%	6.6%	1.6%	8.2%	88.5%	3.3%	61
55-64	0.9%	2.6%	0.9%	6.9%	94.0%	2.6%	116
65-74	0.0%	2.1%	0.0%	1.1%	94.7%	2.1%	94
75+	0.0%	1.0%	0.0%	1.0%	99.0%	1.0%	101
Results by education level:							
Less than HS diploma, no GED	0.0%	20.8%	0.0%	15.1%	71.7%	5.7%	53
High school diploma or GED	0.0%	3.0%	3.0%	6.7%	92.5%	1.5%	134
Some college, trade school, or Associate degree	0.7%	0.0%	3.5%	2.1%	93.6%	2.8%	141
Bachelor's degree or higher	0.0%	0.9%	0.0%	3.6%	98.2%	0.9%	112
Results by household income:							
Less than \$20,000	0.0%	7.2%	4.8%	8.4%	84.3%	2.4%	83
\$20,000 - \$34,999	0.0%	7.5%	3.0%	10.4%	83.6%	4.5%	67
\$35,000 - \$49,999	0.0%	3.8%	2.5%	7.5%	91.2%	1.2%	80
\$50,000 - \$74,999	0.0%	1.3%	1.3%	2.6%	94.8%	2.6%	77
\$75,000 or more	1.1%	0.0%	0.0%	2.2%	98.9%	2.2%	89

# 64. Race / Ethnicity (Weighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	0.2%	7.2%	4.3%	9.6%	84.1%	3.1%	445
Results by gender:							
Female	0.3%	3.9%	3.5%	9.9%	88.1%	3.5%	263
Male	0.0%	10.3%	5.1%	9.2%	80.2%	2.8%	182
Results by age:							
18-34	0.0%	8.5%	6.1%	14.6%	78.4%	5.2%	37
35-44	0.0%	13.0%	12.4%	12.5%	69.2%	0.0%	36
45-54	0.0%	8.4%	2.8%	11.9%	83.6%	5.2%	61
55-64	1.0%	4.6%	0.4%	6.5%	92.2%	2.7%	116
65-74	0.0%	3.2%	0.0%	0.6%	94.3%	1.9%	94
75+	0.0%	0.6%	0.0%	1.4%	99.4%	0.7%	101
Results by education level:							
Less than HS diploma, no GED	0.0%	30.2%	0.0%	21.3%	55.2%	3.2%	53
High school diploma or GED	0.0%	12.6%	7.0%	12.2%	77.1%	3.4%	134
Some college, trade school, or Associate degree	0.5%	0.0%	7.2%	8.6%	87.9%	5.0%	141
Bachelor's degree or higher	0.0%	1.4%	0.0%	3.4%	97.9%	0.7%	112
Results by household income:							
Less than \$20,000	0.0%	12.8%	11.5%	11.8%	70.6%	1.1%	83
\$20,000 - \$34,999	0.0%	20.8%	6.0%	18.3%	61.3%	11.4%	67
\$35,000 - \$49,999	0.0%	10.1%	4.9%	17.7%	80.5%	0.6%	80
\$50,000 - \$74,999	0.0%	1.9%	4.8%	5.9%	87.4%	5.9%	77
\$75,000 or more	0.6%	0.0%	0.0%	2.2%	99.5%	0.8%	89

# 65. Sexual orientation / Gender identity (Unweighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	99.3%	0.7%	0.2%	0.7%	409
Results by gender:					
Female	99.2%	0.4%	0.0%	0.8%	243
Male	99.4%	1.2%	0.6%	0.6%	166
Results by age:					
18-34	94.4%	5.6%	2.8%	5.6%	36
35-44	100.0%	0.0%	0.0%	0.0%	35
45-54	100.0%	0.0%	0.0%	0.0%	57
55-64	99.1%	0.9%	0.0%	0.9%	111
65-74	100.0%	0.0%	0.0%	0.0%	86
75+	100.0%	0.0%	0.0%	0.0%	84
Results by education level:					
Less than HS diploma, no GED	97.6%	2.4%	2.4%	4.8%	42
High school diploma or GED	99.2%	0.0%	0.0%	0.8%	122
Some college, trade school, or Associate degree	99.2%	1.5%	0.0%	0.0%	130
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	111
Results by household income:					
Less than \$20,000	97.3%	1.4%	1.4%	4.1%	73
\$20,000 - \$34,999	100.0%	0.0%	0.0%	0.0%	60
\$35,000 - \$49,999	98.7%	2.6%	0.0%	0.0%	76
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	75
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	87

# 65. Sexual orientation / Gender identity (Weighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	98.1%	2.5%	0.8%	1.1%	409
Results by gender:					
Female	99.3%	0.3%	0.0%	0.7%	243
Male	96.9%	4.7%	1.6%	1.6%	166
Results by age:					
18-34	93.9%	7.9%	2.7%	3.6%	36
35-44	100.0%	0.0%	0.0%	0.0%	35
45-54	100.0%	0.0%	0.0%	0.0%	57
55-64	99.5%	1.1%	0.0%	0.5%	111
65-74	100.0%	0.0%	0.0%	0.0%	86
75+	100.0%	0.0%	0.0%	0.0%	84
Results by education level:					
Less than HS diploma, no GED	99.1%	8.7%	8.7%	9.6%	42
High school diploma or GED	99.0%	0.0%	0.0%	1.0%	122
Some college, trade school, or Associate degree	95.6%	4.9%	0.0%	0.0%	130
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	111
Results by household income:					
Less than \$20,000	97.1%	6.7%	6.7%	9.7%	73
\$20,000 - \$34,999	100.0%	0.0%	0.0%	0.0%	60
\$35,000 - \$49,999	93.1%	7.7%	0.0%	0.0%	76
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	75
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	87

# BMI status (Unweighted)

	Not overweight	Overweight, but not obese	Obese	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	25.6%	39.8%	34.6%	387
Results by gender:				
Female	30.9%	33.9%	35.2%	233
Male	17.5%	48.7%	33.8%	154
Results by age:				
18-34	50.0%	26.5%	23.5%	34
35-44	19.4%	41.9%	38.7%	31
45-54	30.6%	28.6%	40.8%	49
55-64	19.2%	43.3%	37.5%	104
65-74	18.6%	44.2%	37.2%	86
75+	30.1%	42.2%	27.7%	83
Results by education level:				
Less than HS diploma, no GED	26.2%	45.2%	28.6%	42
High school diploma or GED	18.4%	46.5%	35.1%	114
Some college, trade school, or Associate degree	31.1%	31.1%	37.7%	122
Bachelor's degree or higher	26.9%	40.7%	32.4%	108
Results by household income:				
Less than \$20,000	20.0%	47.7%	32.3%	65
\$20,000 - \$34,999	25.8%	37.1%	37.1%	62
\$35,000 - \$49,999	24.6%	30.4%	44.9%	69
\$50,000 - \$74,999	33.3%	30.6%	36.1%	72
\$75,000 or more	25.6%	43.9%	30.5%	82

# BMI status (Weighted)

	Not overweight	Overweight, but not obese	Obese	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	27.4%	39.1%	33.5%	387
Results by gender:				
Female	39.2%	29.2%	31.6%	233
Male	14.3%	50.0%	35.6%	154
Results by age:				
18-34	42.8%	27.7%	29.5%	34
35-44	16.8%	52.3%	30.9%	31
45-54	23.3%	38.4%	38.3%	49
55-64	19.1%	43.4%	37.5%	104
65-74	18.0%	44.3%	37.7%	86
75+	29.2%	39.6%	31.1%	83
Results by education level:				
Less than HS diploma, no GED	23.3%	43.7%	33.0%	42
High school diploma or GED	23.2%	47.9%	28.9%	114
Some college, trade school, or Associate degree	35.0%	23.9%	41.1%	122
Bachelor's degree or higher	24.0%	47.9%	28.1%	108
Results by household income:				
Less than \$20,000	14.3%	34.8%	50.9%	65
\$20,000 - \$34,999	32.3%	38.3%	29.5%	62
\$35,000 - \$49,999	19.4%	35.2%	45.5%	69
\$50,000 - \$74,999	42.9%	23.8%	33.3%	72
\$75,000 or more	23.2%	54.0%	22.7%	82

#### 68. Including yourself, how many adults live in your household? (Unweighted)

	1	2	3	4	5 or more	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	35.5%	52.5%	9.4%	2.5%	0.2%	448
Results by gender:						
Female	37.7%	51.7%	7.9%	2.3%	0.4%	265
Male	32.2%	53.6%	11.5%	2.7%	0.0%	183
Results by age:						
18-34	16.2%	70.3%	5.4%	8.1%	0.0%	37
35-44	27.8%	52.8%	19.4%	0.0%	0.0%	36
45-54	17.7%	54.8%	24.2%	3.2%	0.0%	62
55-64	34.5%	52.6%	9.5%	3.4%	0.0%	116
65-74	35.8%	58.9%	3.2%	2.1%	0.0%	95
75+	56.9%	38.2%	3.9%	0.0%	1.0%	102
Results by education level:						
Less than HS diploma, no GED	39.6%	41.5%	11.3%	5.7%	1.9%	53
High school diploma or GED	47.1%	43.4%	8.1%	1.5%	0.0%	136
Some college, trade school, or Associate degree	25.5%	61.0%	10.6%	2.8%	0.0%	141
Bachelor's degree or higher	31.9%	58.4%	8.0%	1.8%	0.0%	113
Results by household income:						
Less than \$20,000	69.0%	25.0%	4.8%	0.0%	1.2%	84
\$20,000 - \$34,999	41.2%	47.1%	5.9%	5.9%	0.0%	68
\$35,000 - \$49,999	30.0%	53.8%	13.8%	2.5%	0.0%	80
\$50,000 - \$74,999	26.0%	63.6%	7.8%	2.6%	0.0%	77
\$75,000 or more	6.7%	75.6%	14.4%	3.3%	0.0%	90

# 68. Including yourself, how many adults live in your household? (Weighted)

	1	2	3	4	5 or more	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	16.0%	61.4%	16.9%	5.3%	0.4%	448
Results by gender:						
Female	17.3%	59.8%	14.1%	8.1%	0.8%	265
Male	14.8%	63.0%	19.5%	2.6%	0.0%	183
Results by age:						
18-34	7.0%	74.9%	7.6%	10.5%	0.0%	37
35-44	15.4%	52.5%	32.1%	0.0%	0.0%	36
45-54	11.7%	53.6%	30.7%	4.1%	0.0%	62
55-64	19.0%	58.5%	15.1%	7.4%	0.0%	116
65-74	20.6%	68.8%	5.6%	5.1%	0.0%	95
75+	37.5%	51.4%	8.0%	0.0%	3.1%	102
Results by education level:						
Less than HS diploma, no GED	22.7%	47.6%	19.0%	7.2%	3.4%	53
High school diploma or GED	22.0%	53.8%	19.5%	4.7%	0.0%	136
Some college, trade school, or Associate degree	10.5%	61.4%	20.7%	7.4%	0.0%	141
Bachelor's degree or higher	14.0%	75.1%	8.1%	2.8%	0.0%	113
Results by household income:						
Less than \$20,000	48.6%	36.2%	12.2%	0.0%	2.9%	84
\$20,000 - \$34,999	22.2%	51.9%	11.9%	14.0%	0.0%	68
\$35,000 - \$49,999	8.8%	63.6%	25.3%	2.3%	0.0%	80
\$50,000 - \$74,999	12.5%	62.6%	15.3%	9.7%	0.0%	77
\$75,000 or more	1.9%	77.2%	16.7%	4.3%	0.0%	90

# 69. What is the highest level of education you have completed? (Unweighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	12.0%	30.7%	31.8%	25.5%	443
Results by gender:					
Female	11.1%	28.2%	32.4%	28.2%	262
Male	13.3%	34.3%	30.9%	21.5%	181
Results by age:					
18-34	5.4%	16.2%	40.5%	37.8%	37
35-44	13.9%	25.0%	22.2%	38.9%	36
45-54	11.5%	26.2%	31.1%	31.1%	61
55-64	9.5%	31.0%	39.7%	19.8%	116
65-74	9.6%	28.7%	30.9%	30.9%	94
75+	19.2%	42.4%	24.2%	14.1%	99
Results by household income:					
Less than \$20,000	31.0%	50.0%	16.7%	2.4%	84
\$20,000 - \$34,999	17.9%	32.8%	32.8%	16.4%	67
\$35,000 - \$49,999	9.0%	34.6%	38.5%	17.9%	78
\$50,000 - \$74,999	0.0%	21.1%	40.8%	38.2%	76
\$75,000 or more	2.2%	15.6%	28.9%	53.3%	90

# 69. What is the highest level of education you have completed? (Weighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	11.1%	27.5%	33.5%	27.8%	443
Results by gender:					
Female	9.1%	21.7%	36.8%	32.4%	262
Male	13.1%	33.3%	30.4%	23.3%	181
Results by age:					
18-34	4.4%	21.2%	38.6%	35.8%	37
35-44	17.2%	27.3%	25.0%	30.5%	36
45-54	10.4%	31.1%	31.0%	27.5%	61
55-64	9.8%	29.4%	41.7%	19.1%	116
65-74	11.3%	26.4%	32.8%	29.6%	94
75+	22.1%	36.2%	26.6%	15.1%	99
Results by household income:					
Less than \$20,000	37.5%	48.8%	12.0%	1.7%	84
\$20,000 - \$34,999	23.6%	35.1%	28.7%	12.6%	67
\$35,000 - \$49,999	9.9%	33.2%	41.5%	15.3%	78
\$50,000 - \$74,999	0.0%	19.6%	51.1%	29.4%	76
\$75,000 or more	0.8%	15.7%	22.5%	60.9%	90

# 70. Household income per year: (Unweighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	21.1%	17.0%	20.1%	19.3%	22.6%	399
Results by gender:						
Female	19.4%	20.7%	18.1%	19.8%	22.0%	232
Male	23.4%	12.0%	22.8%	18.6%	23.4%	167
Results by age:						
18-34	8.3%	13.9%	22.2%	30.6%	25.0%	36
35-44	14.3%	20.0%	20.0%	22.9%	22.9%	35
45-54	20.0%	7.3%	10.9%	20.0%	41.8%	55
55-64	21.1%	13.8%	21.1%	21.1%	22.9%	109
65-74	20.5%	19.3%	25.0%	17.0%	18.2%	88
75+	31.6%	26.3%	18.4%	11.8%	11.8%	76
Results by education level:						
Less than HS diploma, no GED	55.3%	25.5%	14.9%	0.0%	4.3%	47
High school diploma or GED	34.7%	18.2%	22.3%	13.2%	11.6%	121
Some college, trade school, or Associate degree	11.4%	17.9%	24.4%	25.2%	21.1%	123
Bachelor's degree or higher	1.9%	10.6%	13.5%	27.9%	46.2%	104

# 70. Household income per year: (Weighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	13.6%	13.8%	23.7%	21.7%	27.2%	399
Results by gender:						
Female	12.2%	17.9%	16.3%	25.8%	27.8%	232
Male	14.9%	10.0%	30.6%	17.8%	26.7%	167
Results by age:						
18-34	5.3%	8.9%	30.9%	28.9%	26.0%	36
35-44	12.1%	17.1%	26.8%	17.8%	26.2%	35
45-54	18.5%	8.3%	13.0%	20.4%	39.7%	55
55-64	15.4%	15.6%	21.0%	20.5%	27.6%	109
65-74	16.6%	17.1%	26.8%	18.0%	21.5%	88
75+	26.2%	27.9%	18.3%	14.2%	13.5%	76
Results by education level:						
Less than HS diploma, no GED	46.9%	29.9%	21.2%	0.0%	2.1%	47
High school diploma or GED	24.0%	17.4%	27.9%	15.2%	15.5%	121
Some college, trade school, or Associate degree	5.1%	12.2%	29.8%	33.9%	19.0%	123
Bachelor's degree or higher	0.8%	6.1%	12.6%	22.2%	58.3%	104

# 71. Are you currently... (Unweighted)

	Employed	Self- employed or farmer	Unemployed or out of work	A homemaker or stay-at- home parent	A student	Retired	Unable to work because of a disability	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	45.9%	13.7%	2.3%	4.3%	1.1%	37.6%	7.7%	444
Results by gender:								
Female	44.7%	10.6%	2.3%	6.1%	1.1%	41.7%	6.1%	264
Male	47.8%	18.3%	2.2%	1.7%	1.1%	31.7%	10.0%	180
Results by age:								
18-34	78.4%	21.6%	2.7%	10.8%	10.8%	0.0%	0.0%	37
35-44	85.7%	11.4%	2.9%	2.9%	2.9%	0.0%	2.9%	35
45-54	69.4%	21.0%	4.8%	4.8%	0.0%	0.0%	6.5%	62
55-64	64.3%	13.0%	2.6%	2.6%	0.0%	14.8%	11.3%	115
65-74	25.3%	16.8%	0.0%	4.2%	0.0%	66.3%	6.3%	95
75+	4.0%	5.0%	2.0%	4.0%	0.0%	87.0%	10.0%	100
Results by education level:								
Less than HS diploma, no GED	34.0%	3.8%	3.8%	1.9%	0.0%	45.3%	18.9%	53
High school diploma or GED	37.8%	8.9%	3.7%	2.2%	0.0%	47.4%	7.4%	135
Some college, trade school, or Associate degree	49.6%	24.5%	1.4%	5.8%	3.6%	28.8%	7.2%	139
Bachelor's degree or higher	56.6%	10.6%	0.9%	6.2%	0.0%	32.7%	3.5%	113
Results by household income:								
Less than \$20,000	31.3%	1.2%	10.8%	1.2%	1.2%	43.4%	25.3%	83
\$20,000 - \$34,999	44.1%	5.9%	0.0%	2.9%	1.5%	48.5%	8.8%	68
\$35,000 - \$49,999	50.6%	20.3%	0.0%	2.5%	1.3%	39.2%	1.3%	79
\$50,000 - \$74,999	54.5%	16.9%	1.3%	5.2%	2.6%	29.9%	2.6%	77
\$75,000 or more	61.1%	22.2%	0.0%	7.8%	0.0%	20.0%	2.2%	90

# 71. Are you currently... (Weighted)

	Employed	Self- employed or farmer	Unemployed or out of work	A homemaker or stay-at- home parent	A student	Retired	Unable to work because of a disability	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	62.4%	19.0%	1.6%	4.5%	3.7%	18.4%	5.6%	444
Results by gender:								
Female	60.6%	12.8%	1.7%	7.9%	3.9%	23.0%	4.0%	264
Male	64.1%	25.1%	1.6%	1.1%	3.4%	13.9%	7.2%	180
Results by age:								
18-34	80.4%	25.4%	0.9%	7.0%	12.0%	0.0%	0.0%	37
35-44	88.5%	12.2%	1.2%	2.4%	1.8%	0.0%	3.6%	35
45-54	67.3%	24.6%	3.3%	4.4%	0.0%	0.0%	9.8%	62
55-64	63.5%	15.3%	2.8%	2.8%	0.0%	13.0%	10.0%	115
65-74	27.0%	22.6%	0.0%	4.8%	0.0%	62.2%	4.3%	95
75+	4.7%	5.3%	1.3%	3.2%	0.0%	86.8%	10.6%	100
Results by education level:								
Less than HS diploma, no GED	51.4%	2.5%	3.2%	2.3%	0.0%	28.7%	16.3%	53
High school diploma or GED	56.3%	13.7%	3.2%	2.8%	0.0%	23.1%	8.2%	135
Some college, trade school, or Associate degree	66.5%	29.1%	1.0%	4.5%	11.0%	14.2%	3.0%	139
Bachelor's degree or higher	68.0%	18.4%	0.3%	7.1%	0.0%	14.1%	2.2%	113
Results by household income:								
Less than \$20,000	41.7%	1.5%	11.1%	1.1%	2.3%	26.4%	23.8%	83
\$20,000 - \$34,999	60.1%	7.3%	0.0%	3.6%	3.8%	28.0%	11.0%	68
\$35,000 - \$49,999	71.3%	26.3%	0.0%	2.9%	6.4%	15.0%	0.6%	79
\$50,000 - \$74,999	71.5%	16.1%	1.3%	6.9%	7.3%	13.4%	3.2%	77
\$75,000 or more	66.8%	30.4%	0.0%	4.8%	0.0%	9.4%	1.3%	90

# 1. In general, would you say your health is:

	Excellent	Very good	Good	Fair	Poor	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	14.5%	42.2%	31.7%	10.1%	1.6%	420
Results by gender:						
Female	12.2%	47.8%	31.5%	7.5%	1.1%	246
Male	16.8%	36.5%	32.0%	12.7%	2.1%	174
Results by age:						
18-34	37.3%	43.4%	15.4%	3.9%	0.0%	34
35-44	8.9%	61.4%	27.9%	1.8%	0.0%	36
45-54	8.0%	46.4%	25.5%	15.8%	4.5%	58
55-64	4.9%	35.9%	44.0%	13.7%	1.5%	111
65-74	5.0%	31.8%	50.6%	11.4%	1.3%	91
75+	2.2%	21.6%	52.1%	21.1%	3.1%	90
Results by education level:						
Less than HS diploma, no GED	10.2%	39.3%	31.5%	14.8%	4.2%	50
High school diploma or GED	14.7%	25.4%	32.9%	24.3%	2.6%	127
Some college, trade school, or Associate degree	10.6%	45.0%	40.2%	3.5%	0.7%	132
Bachelor's degree or higher	21.1%	57.3%	18.3%	2.5%	0.6%	107
Results by household income:						
Less than \$20,000	8.3%	24.4%	31.2%	26.7%	9.5%	78
\$20,000 - \$34,999	7.4%	33.5%	39.1%	18.5%	1.4%	63
\$35,000 - \$49,999	22.1%	34.7%	35.7%	7.5%	0.0%	74
\$50,000 - \$74,999	9.9%	54.9%	28.2%	7.0%	0.0%	72
\$75,000 or more	19.4%	56.4%	22.6%	0.9%	0.7%	87

# 2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	30.1%	2.9%	67.0%	446
Results by gender:				
Female	28.0%	5.9%	66.1%	263
Male	32.1%	0.0%	67.9%	183
Results by age:				
18-34	1.7%	5.2%	93.0%	37
35-44	14.2%	7.2%	78.6%	36
45-54	27.2%	1.0%	71.8%	62
55-64	54.2%	0.0%	45.8%	115
65-74	60.1%	1.2%	38.7%	95
75+	66.7%	0.0%	33.3%	101
Results by education level:				
Less than HS diploma, no GED	39.7%	0.0%	60.3%	52
High school diploma or GED	37.7%	0.0%	62.3%	136
Some college, trade school, or Associate degree	29.0%	3.2%	67.8%	140
Bachelor's degree or higher	18.9%	6.7%	74.3%	113
Results by household income:				
Less than \$20,000	59.0%	0.0%	41.0%	84
\$20,000 - \$34,999	31.8%	0.0%	68.2%	68
\$35,000 - \$49,999	21.2%	0.5%	78.2%	80
\$50,000 - \$74,999	26.6%	3.8%	69.6%	77
\$75,000 or more	23.5%	6.1%	70.4%	90

# 2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	6.5%	0.0%	93.5%	446
Results by gender:				
Female	5.3%	0.0%	94.7%	263
Male	7.6%	0.0%	92.4%	183
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	2.4%	0.0%	97.6%	36
45-54	6.9%	0.0%	93.1%	62
55-64	18.4%	0.0%	81.6%	115
65-74	7.9%	0.0%	92.1%	95
75+	10.0%	0.0%	90.0%	101
Results by education level:				
Less than HS diploma, no GED	6.3%	0.0%	93.7%	52
High school diploma or GED	8.5%	0.0%	91.5%	136
Some college, trade school, or Associate degree	5.4%	0.0%	94.6%	140
Bachelor's degree or higher	6.0%	0.0%	94.0%	113
Results by household income:				
Less than \$20,000	12.6%	0.0%	87.4%	84
\$20,000 - \$34,999	4.3%	0.0%	95.7%	68
\$35,000 - \$49,999	3.5%	0.0%	96.5%	80
\$50,000 - \$74,999	5.7%	0.0%	94.3%	77
\$75,000 or more	5.6%	0.0%	94.4%	90

# 2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

	Yes	Yes, but only during pregnancy	No	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	8.8%	0.5%	90.7%	446
Results by gender:				
Female	9.2%	1.0%	89.9%	263
Male	8.5%	0.0%	91.5%	183
Results by age:				
18-34	0.9%	0.0%	99.1%	37
35-44	2.4%	2.4%	95.2%	36
45-54	7.7%	0.5%	91.8%	62
55-64	16.8%	0.0%	83.2%	115
65-74	17.2%	0.0%	82.8%	95
75+	20.8%	0.0%	79.2%	101
Results by education level:				
Less than HS diploma, no GED	14.6%	0.0%	85.4%	52
High school diploma or GED	11.4%	1.4%	87.2%	136
Some college, trade school, or Associate degree	5.3%	0.0%	94.7%	140
Bachelor's degree or higher	6.9%	0.3%	92.8%	113
Results by household income:				
Less than \$20,000	21.8%	0.0%	78.2%	84
\$20,000 - \$34,999	13.0%	3.0%	84.0%	68
\$35,000 - \$49,999	9.6%	0.0%	90.4%	80
\$50,000 - \$74,999	3.9%	0.0%	96.1%	77
\$75,000 or more	2.6%	0.4%	97.0%	90

# 2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

	Yes	Yes, but only during pregnancy	No	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	6.9%	0.1%	93.0%	446
Results by gender:				
Female	6.7%	0.2%	93.0%	263
Male	7.1%	0.0%	92.9%	183
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	7.7%	0.0%	92.3%	36
45-54	4.1%	0.0%	95.9%	62
55-64	13.1%	0.0%	86.9%	115
65-74	16.5%	1.2%	82.3%	95
75+	10.6%	0.0%	89.4%	101
Results by education level:				
Less than HS diploma, no GED	4.3%	0.0%	95.7%	52
High school diploma or GED	10.7%	0.0%	89.3%	136
Some college, trade school, or Associate degree	7.4%	0.0%	92.6%	140
Bachelor's degree or higher	3.8%	0.4%	95.7%	113
Results by household income:				
Less than \$20,000	9.8%	0.0%	90.2%	84
\$20,000 - \$34,999	5.4%	0.0%	94.6%	68
\$35,000 - \$49,999	6.0%	0.5%	93.5%	80
\$50,000 - \$74,999	5.5%	0.0%	94.5%	77
\$75,000 or more	6.5%	0.0%	93.5%	90

# 2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	33.3%	66.7%	446
Results by gender:			
Female	32.7%	67.3%	263
Male	34.0%	66.0%	183
Results by age:			
18-34	24.5%	75.5%	37
35-44	28.0%	72.0%	36
45-54	40.5%	59.5%	62
55-64	46.9%	53.1%	115
65-74	41.3%	58.7%	95
75+	25.5%	74.5%	101
Results by education level:			
Less than HS diploma, no GED	18.3%	81.7%	52
High school diploma or GED	27.8%	72.2%	136
Some college, trade school, or Associate degree	37.2%	62.8%	140
Bachelor's degree or higher	39.9%	60.1%	113
Results by household income:			
Less than \$20,000	35.7%	64.3%	84
\$20,000 - \$34,999	30.0%	70.0%	68
\$35,000 - \$49,999	34.6%	65.4%	80
\$50,000 - \$74,999	28.5%	71.5%	77
\$75,000 or more	33.4%	66.6%	90

# 2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	7.7%	92.3%	446
Results by gender:			
Female	7.7%	92.3%	263
Male	7.6%	92.4%	183
Results by age:			
18-34	1.7%	98.3%	37
35-44	0.0%	100.0%	36
45-54	7.0%	93.0%	62
55-64	8.8%	91.2%	115
65-74	14.9%	85.1%	95
75+	25.8%	74.2%	101
Results by education level:			
Less than HS diploma, no GED	10.9%	89.1%	52
High school diploma or GED	9.2%	90.8%	136
Some college, trade school, or Associate degree	7.2%	92.8%	140
Bachelor's degree or higher	5.7%	94.3%	113
Results by household income:			
Less than \$20,000	11.9%	88.1%	84
\$20,000 - \$34,999	12.1%	87.9%	68
\$35,000 - \$49,999	9.2%	90.8%	80
\$50,000 - \$74,999	1.8%	98.2%	77
\$75,000 or more	6.5%	93.5%	90

# 2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	3.4%	96.6%	446
Results by gender:			
Female	2.4%	97.6%	263
Male	4.4%	95.6%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	0.0%	100.0%	36
45-54	1.4%	98.6%	62
55-64	5.9%	94.1%	115
65-74	10.4%	89.6%	95
75+	10.1%	89.9%	101
Results by education level:			
Less than HS diploma, no GED	5.0%	95.0%	52
High school diploma or GED	6.0%	94.0%	136
Some college, trade school, or Associate degree	3.0%	97.0%	140
Bachelor's degree or higher	0.7%	99.3%	113
Results by household income:			
Less than \$20,000	12.3%	87.7%	84
\$20,000 - \$34,999	2.8%	97.2%	68
\$35,000 - \$49,999	2.2%	97.8%	80
\$50,000 - \$74,999	1.3%	98.7%	77
\$75,000 or more	1.3%	98.7%	90

# 2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	9.7%	90.3%	446
Results by gender:			
Female	6.7%	93.3%	263
Male	12.7%	87.3%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	2.4%	97.6%	36
45-54	11.3%	88.7%	62
55-64	14.5%	85.5%	115
65-74	22.3%	77.7%	95
75+	23.3%	76.7%	101
Results by education level:			
Less than HS diploma, no GED	13.8%	86.2%	52
High school diploma or GED	12.5%	87.5%	136
Some college, trade school, or Associate degree	9.8%	90.2%	140
Bachelor's degree or higher	4.4%	95.6%	113
Results by household income:			
Less than \$20,000	19.2%	80.8%	84
\$20,000 - \$34,999	9.0%	91.0%	68
\$35,000 - \$49,999	7.1%	92.9%	80
\$50,000 - \$74,999	9.4%	90.6%	77
\$75,000 or more	7.3%	92.7%	90

# 2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	4.3%	95.7%	446
Results by gender:			
Female	3.9%	96.1%	263
Male	4.6%	95.4%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	1.2%	98.8%	36
45-54	6.9%	93.1%	62
55-64	2.7%	97.3%	115
65-74	5.4%	94.6%	95
75+	15.7%	84.3%	101
Results by education level:			
Less than HS diploma, no GED	1.4%	98.6%	52
High school diploma or GED	9.2%	90.8%	136
Some college, trade school, or Associate degree	2.7%	97.3%	140
Bachelor's degree or higher	2.1%	97.9%	113
Results by household income:			
Less than \$20,000	9.9%	90.1%	84
\$20,000 - \$34,999	5.1%	94.9%	68
\$35,000 - \$49,999	2.4%	97.6%	80
\$50,000 - \$74,999	3.9%	96.1%	77
\$75,000 or more	2.3%	97.7%	90

# 2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	28.4%	71.6%	446
Results by gender:			
Female	24.0%	76.0%	263
Male	32.7%	67.3%	183
Results by age:			
18-34	5.9%	94.1%	37
35-44	14.9%	85.1%	36
45-54	31.8%	68.2%	62
55-64	50.2%	49.8%	115
65-74	56.2%	43.8%	95
75+	42.5%	57.5%	101
Results by education level:			
Less than HS diploma, no GED	24.2%	75.8%	52
High school diploma or GED	38.8%	61.2%	136
Some college, trade school, or Associate degree	27.0%	73.0%	140
Bachelor's degree or higher	21.3%	78.7%	113
Results by household income:			
Less than \$20,000	47.6%	52.4%	84
\$20,000 - \$34,999	34.6%	65.4%	68
\$35,000 - \$49,999	20.9%	79.1%	80
\$50,000 - \$74,999	23.7%	76.3%	77
\$75,000 or more	25.5%	74.5%	90

# 2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

	Yes	No	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	16.7%	83.3%	446	
Results by gender:				
Female	20.2%	79.8%	263	
Male	13.3%	86.7%	183	
Results by age:				
18-34	0.0%	100.0%	37	
35-44	4.2%	95.8%	36	
45-54	18.9%	81.1%	62	
55-64	26.7%	73.3%	115	
65-74	29.8%	70.2%	95	
75+	45.8%	54.2%	101	
Results by education level:				
Less than HS diploma, no GED	27.8%	72.2%	52	
High school diploma or GED	18.5%	81.5%	136	
Some college, trade school, or Associate degree	17.7%	82.3%	140	
Bachelor's degree or higher	9.8%	90.2%	113	
Results by household income:				
Less than \$20,000	31.4%	68.6%	84	
\$20,000 - \$34,999	23.4%	76.6%	68	
\$35,000 - \$49,999	8.7%	91.3%	80	
\$50,000 - \$74,999	12.2%	87.8%	77	
\$75,000 or more	10.4%	89.6%	90	

## 2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

	Yes	No	N (Unweighted)	
Nobles County	%	%		
Overall results from 2015	11.7%	88.3%	446	
Results by gender:				
Female	14.1%	85.9%	263	
Male	9.3%	90.7%	183	
Results by age:				
18-34	7.6%	92.4%	37	
35-44	10.7%	89.3%	36	
45-54	12.9%	87.1%	62	
55-64	18.6%	81.4%	115	
65-74	12.0%	88.0%	95	
75+	11.2%	88.8%	101	
Results by education level:				
Less than HS diploma, no GED	10.2%	89.8%	52	
High school diploma or GED	10.6%	89.4%	136	
Some college, trade school, or Associate degree	15.8%	84.2%	140	
Bachelor's degree or higher	8.1%	91.9%	113	
Results by household income:				
Less than \$20,000	25.7%	74.3%	84	
\$20,000 - \$34,999	12.8%	87.2%	68	
\$35,000 - \$49,999	10.4%	89.6%	80	
\$50,000 - \$74,999	11.5%	88.5%	77	
\$75,000 or more	4.5%	95.5%	90	

## 2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

	Yes	No	N (Unweighted)	
Nobles County	%	%		
Overall results from 2015	10.1%	89.9%	446	
Results by gender:				
Female	12.8%	87.2%	263	
Male	7.6%	92.4%	183	
Results by age:				
18-34	9.4%	90.6%	37	
35-44	10.7%	89.3%	36	
45-54	6.5%	93.5%	62	
55-64	14.0%	86.0%	115	
65-74	10.2%	89.8%	95	
75+	11.9%	88.1%	101	
Results by education level:				
Less than HS diploma, no GED	4.8%	95.2%	52	
High school diploma or GED	10.2%	89.8%	136	
Some college, trade school, or Associate degree	14.6%	85.4%	140	
Bachelor's degree or higher	6.5%	93.5%	113	
Results by household income:				
Less than \$20,000	20.8%	79.2%	84	
\$20,000 - \$34,999	10.1%	89.9%	68	
\$35,000 - \$49,999	10.5%	89.5%	80	
\$50,000 - \$74,999	12.0%	88.0%	77	
\$75,000 or more	3.1%	96.9%	90	

## 2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

	Yes	No	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	5.7%	94.3%	446	
Results by gender:				
Female	3.2%	96.8%	263	
Male	8.0%	92.0%	183	
Results by age:				
18-34	6.8%	93.2%	37	
35-44	4.7%	95.3%	36	
45-54	5.1%	94.9%	62	
55-64	6.8%	93.2%	115	
65-74	6.7%	93.3%	95	
75+	2.7%	97.3%	101	
Results by education level:				
Less than HS diploma, no GED	11.9%	88.1%	52	
High school diploma or GED	9.9%	90.1%	136	
Some college, trade school, or Associate degree	1.8%	98.2%	140	
Bachelor's degree or higher	3.8%	96.2%	113	
Results by household income:				
Less than \$20,000	21.6%	78.4%	84	
\$20,000 - \$34,999	1.0%	99.0%	68	
\$35,000 - \$49,999	4.4%	95.6%	80	
\$50,000 - \$74,999	7.0%	93.0%	77	
\$75,000 or more	0.7%	99.3%	90	

#### Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION? (2L, 2M, or 2N = Yes)

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	17.6%	82.4%	446
Results by gender:			
Female	20.5%	79.5%	263
Male	14.8%	85.2%	183
Results by age:			
18-34	16.2%	83.8%	37
35-44	13.1%	86.9%	36
45-54	16.7%	83.3%	62
55-64	23.0%	77.0%	115
65-74	21.2%	78.8%	95
75+	18.4%	81.6%	101
Results by education level:			
Less than HS diploma, no GED	19.8%	80.2%	52
High school diploma or GED	19.2%	80.8%	136
Some college, trade school, or Associate degree	19.4%	80.6%	140
Bachelor's degree or higher	12.9%	87.1%	113
Results by household income:			
Less than \$20,000	36.8%	63.2%	84
\$20,000 - \$34,999	17.5%	82.5%	68
\$35,000 - \$49,999	14.9%	85.1%	80
\$50,000 - \$74,999	22.3%	77.7%	77
\$75,000 or more	5.5%	94.5%	90

## 20. Have you ever been told by a doctor or other health care professional that you were OBESE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	8.9%	91.1%	446
Results by gender:			
Female	12.7%	87.3%	263
Male	5.2%	94.8%	183
Results by age:			
18-34	0.0%	100.0%	37
35-44	11.4%	88.6%	36
45-54	11.0%	89.0%	62
55-64	18.6%	81.4%	115
65-74	13.6%	86.4%	95
75+	6.7%	93.3%	101
Results by education level:			
Less than HS diploma, no GED	3.5%	96.5%	52
High school diploma or GED	8.6%	91.4%	136
Some college, trade school, or Associate degree	10.4%	89.6%	140
Bachelor's degree or higher	8.7%	91.3%	113
Results by household income:			
Less than \$20,000	11.0%	89.0%	84
\$20,000 - \$34,999	10.5%	89.5%	68
\$35,000 - \$49,999	7.7%	92.3%	80
\$50,000 - \$74,999	7.4%	92.6%	77
\$75,000 or more	7.9%	92.1%	90

# 2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

	Yes	No	N (Unweighted)	
Nobles County	%	%		
Overall results from 2015	8.4%	91.6%	446	
Results by gender:				
Female	7.4%	92.6%	263	
Male	9.3%	90.7%	183	
Results by age:				
18-34	15.3%	84.7%	37	
35-44	4.2%	95.8%	36	
45-54	6.7%	93.3%	62	
55-64	3.4%	96.6%	115	
65-74	8.0%	92.0%	95	
75+	7.1%	92.9%	101	
Results by education level:				
Less than HS diploma, no GED	4.9%	95.1%	52	
High school diploma or GED	10.2%	89.8%	136	
Some college, trade school, or Associate degree	12.3%	87.7%	140	
Bachelor's degree or higher	2.8%	97.2%	113	
Results by household income:				
Less than \$20,000	9.0%	91.0%	84	
\$20,000 - \$34,999	5.0%	95.0%	68	
\$35,000 - \$49,999	19.6%	80.4%	80	
\$50,000 - \$74,999	6.2%	93.8%	77	
\$75,000 or more	2.8%	97.2%	90	

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	53.7%	37.2%	3.3%	3.3%	2.6%	367
Results by gender:						
Female	56.5%	34.0%	4.3%	2.7%	2.5%	220
Male	50.5%	40.9%	2.0%	3.9%	2.7%	147
Results by age:						
18-34	55.2%	42.9%	1.9%	0.0%	0.0%	35
35-44	65.2%	27.7%	2.9%	4.2%	0.0%	32
45-54	58.8%	26.6%	1.5%	6.9%	6.2%	46
55-64	43.9%	47.3%	5.2%	1.0%	2.6%	101
65-74	47.5%	36.9%	2.9%	5.2%	7.4%	77
75+	44.7%	35.5%	7.8%	7.7%	4.3%	76
Results by education level:						
Less than HS diploma, no GED	55.1%	28.3%	2.1%	7.9%	6.7%	37
High school diploma or GED	56.9%	30.0%	4.4%	4.6%	4.1%	109
Some college, trade school, or Associate degree	53.2%	37.9%	4.6%	2.2%	2.1%	115
Bachelor's degree or higher	51.9%	43.8%	1.3%	2.1%	0.9%	103
Results by household income:						
Less than \$20,000	37.6%	36.7%	6.4%	11.8%	7.6%	65
\$20,000 - \$34,999	38.2%	44.6%	4.6%	10.4%	2.1%	54
\$35,000 - \$49,999	52.7%	45.5%	0.0%	0.8%	1.1%	62
\$50,000 - \$74,999	63.7%	28.6%	4.0%	1.0%	2.7%	69
\$75,000 or more	61.0%	36.9%	1.5%	0.6%	0.0%	79

### 4A. When was the last time you had a FLU SHOT?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	63.2%	10.6%	2.6%	7.4%	16.2%	438
Results by gender:						
Female	70.5%	11.2%	1.1%	4.9%	12.3%	260
Male	56.1%	9.9%	4.0%	9.8%	20.2%	178
Results by age:						
18-34	45.6%	15.5%	0.0%	17.7%	21.2%	37
35-44	69.1%	14.9%	3.0%	0.0%	13.0%	36
45-54	59.0%	10.6%	8.3%	2.7%	19.5%	59
55-64	64.8%	8.5%	2.8%	6.8%	17.2%	116
65-74	80.6%	4.0%	1.4%	4.0%	10.0%	90
75+	88.7%	0.7%	0.0%	3.3%	7.4%	100
Results by education level:						
Less than HS diploma, no GED	61.7%	14.1%	3.7%	5.5%	15.0%	49
High school diploma or GED	66.6%	5.9%	1.0%	2.6%	23.9%	132
Some college, trade school, or Associate degree	64.2%	11.6%	4.7%	8.5%	10.9%	140
Bachelor's degree or higher	59.3%	12.6%	1.0%	10.9%	16.2%	113
Results by household income:						
Less than \$20,000	69.5%	10.6%	1.6%	4.8%	13.5%	81
\$20,000 - \$34,999	77.0%	10.8%	2.5%	0.0%	9.8%	67
\$35,000 - \$49,999	54.3%	16.9%	0.7%	12.2%	15.8%	77
\$50,000 - \$74,999	66.0%	8.3%	6.0%	0.8%	18.8%	75
\$75,000 or more	55.0%	9.7%	2.6%	14.5%	18.3%	90

### 4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	62.6%	12.1%	7.5%	10.3%	7.4%	432
Results by gender:						
Female	65.3%	14.3%	7.1%	8.1%	5.2%	256
Male	59.9%	9.9%	8.0%	12.6%	9.6%	176
Results by age:						
18-34	59.5%	10.1%	9.0%	12.4%	9.0%	36
35-44	64.3%	11.3%	6.0%	7.2%	11.3%	36
45-54	62.9%	21.5%	5.3%	4.4%	5.9%	60
55-64	71.1%	6.4%	7.2%	11.1%	4.3%	115
65-74	61.5%	10.4%	9.9%	14.3%	3.9%	89
75+	56.6%	12.4%	8.4%	15.0%	7.6%	96
Results by education level:						
Less than HS diploma, no GED	27.0%	15.6%	14.7%	17.9%	24.9%	50
High school diploma or GED	56.0%	8.3%	11.4%	11.7%	12.5%	126
Some college, trade school, or Associate degree	68.3%	15.1%	4.6%	9.4%	2.6%	140
Bachelor's degree or higher	75.4%	11.2%	4.6%	7.3%	1.5%	111
Results by household income:						
Less than \$20,000	40.2%	14.4%	7.7%	19.9%	17.8%	79
\$20,000 - \$34,999	51.3%	12.5%	8.9%	13.6%	13.8%	66
\$35,000 - \$49,999	58.3%	8.8%	11.6%	11.4%	9.9%	76
\$50,000 - \$74,999	77.8%	8.2%	7.1%	3.0%	3.9%	75
\$75,000 or more	72.7%	15.3%	2.9%	9.1%	0.0%	88

### 4C. When was the last time you had a HEARING TEST?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	28.6%	8.8%	9.7%	38.6%	14.3%	411
Results by gender:						
Female	19.0%	7.0%	9.7%	44.9%	19.4%	241
Male	37.4%	10.5%	9.8%	32.7%	9.6%	170
Results by age:						
18-34	29.1%	5.4%	4.6%	60.9%	0.0%	35
35-44	41.9%	12.8%	7.6%	26.8%	10.8%	33
45-54	27.5%	7.7%	11.3%	38.2%	15.3%	60
55-64	16.6%	9.3%	11.7%	39.0%	23.4%	113
65-74	21.0%	11.6%	15.9%	20.8%	30.8%	86
75+	34.3%	10.7%	15.1%	12.7%	27.2%	84
Results by education level:						
Less than HS diploma, no GED	49.0%	2.6%	10.5%	11.8%	26.1%	49
High school diploma or GED	45.4%	14.2%	9.5%	15.7%	15.3%	119
Some college, trade school, or Associate degree	20.1%	10.3%	10.8%	44.6%	14.2%	130
Bachelor's degree or higher	15.2%	4.8%	8.8%	62.5%	8.8%	108
Results by household income:						
Less than \$20,000	41.9%	10.8%	4.8%	18.5%	24.0%	76
\$20,000 - \$34,999	36.6%	6.8%	21.0%	17.4%	18.1%	61
\$35,000 - \$49,999	28.5%	11.7%	7.3%	43.6%	9.0%	70
\$50,000 - \$74,999	33.9%	4.2%	14.3%	37.3%	10.4%	73
\$75,000 or more	16.4%	7.9%	6.1%	59.3%	10.4%	87

### 4D. When was the last time you had an EYE EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	49.9%	24.6%	9.4%	12.1%	4.0%	437
Results by gender:						
Female	59.5%	21.7%	5.0%	13.2%	0.6%	259
Male	40.5%	27.4%	13.8%	10.9%	7.4%	178
Results by age:						
18-34	32.9%	18.6%	16.8%	31.6%	0.0%	37
35-44	37.0%	27.4%	8.9%	9.0%	17.7%	36
45-54	66.1%	20.6%	5.9%	1.6%	5.9%	58
55-64	45.1%	39.7%	8.5%	6.6%	0.0%	113
65-74	60.0%	34.3%	2.6%	2.6%	0.6%	93
75+	80.9%	13.7%	4.8%	0.6%	0.0%	100
Results by education level:						
Less than HS diploma, no GED	36.5%	28.1%	12.5%	1.9%	21.0%	49
High school diploma or GED	48.7%	28.1%	13.7%	6.6%	3.0%	134
Some college, trade school, or Associate degree	54.4%	22.4%	7.3%	13.2%	2.8%	137
Bachelor's degree or higher	49.8%	23.0%	6.8%	20.4%	0.0%	113
Results by household income:						
Less than \$20,000	51.9%	27.3%	12.4%	2.2%	6.2%	80
\$20,000 - \$34,999	54.9%	25.3%	0.6%	14.7%	4.5%	66
\$35,000 - \$49,999	32.8%	27.4%	14.6%	14.8%	10.4%	78
\$50,000 - \$74,999	58.2%	15.4%	16.8%	9.7%	0.0%	76
\$75,000 or more	49.4%	27.7%	4.6%	18.3%	0.0%	90

### 4E. When was the last time you had your BLOOD PRESSURE CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	90.5%	5.7%	1.4%	1.6%	0.9%	436
Results by gender:						
Female	95.1%	4.4%	0.5%	0.0%	0.0%	259
Male	86.0%	6.9%	2.3%	3.2%	1.7%	177
Results by age:						
18-34	86.0%	8.8%	0.0%	5.2%	0.0%	36
35-44	85.2%	5.9%	5.3%	0.0%	3.5%	36
45-54	91.2%	6.2%	1.1%	0.0%	1.5%	59
55-64	93.7%	4.9%	0.9%	0.4%	0.0%	115
65-74	94.3%	3.1%	1.9%	0.6%	0.0%	93
75+	100.0%	0.0%	0.0%	0.0%	0.0%	97
Results by education level:						
Less than HS diploma, no GED	76.8%	14.9%	0.0%	0.6%	7.7%	51
High school diploma or GED	93.9%	0.8%	5.3%	0.0%	0.0%	130
Some college, trade school, or Associate degree	92.8%	2.8%	0.0%	4.4%	0.0%	137
Bachelor's degree or higher	89.6%	10.1%	0.0%	0.2%	0.0%	113
Results by household income:						
Less than \$20,000	93.9%	4.5%	1.0%	0.6%	0.0%	82
\$20,000 - \$34,999	85.7%	9.5%	0.0%	0.0%	4.8%	66
\$35,000 - \$49,999	98.8%	0.9%	0.0%	0.3%	0.0%	78
\$50,000 - \$74,999	89.3%	2.6%	0.7%	7.3%	0.0%	75
\$75,000 or more	84.3%	11.6%	4.1%	0.0%	0.0%	89

### 4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Ν
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	59.6%	14.3%	5.4%	3.9%	16.8%	437
Results by gender:						
Female	67.8%	8.3%	6.2%	4.5%	13.2%	259
Male	51.6%	20.1%	4.6%	3.4%	20.4%	178
Results by age:						
18-34	35.3%	16.8%	2.6%	6.8%	38.4%	37
35-44	31.7%	14.3%	20.8%	6.0%	27.2%	36
45-54	66.8%	25.0%	2.1%	2.1%	4.0%	59
55-64	83.2%	8.7%	2.9%	1.9%	3.3%	115
65-74	85.0%	9.5%	2.5%	0.6%	2.4%	94
75+	93.9%	2.0%	1.4%	2.7%	0.0%	96
Results by education level:						
Less than HS diploma, no GED	63.6%	9.1%	0.0%	0.6%	26.6%	51
High school diploma or GED	66.9%	8.3%	7.3%	3.8%	13.7%	133
Some college, trade school, or Associate degree	57.9%	14.6%	5.5%	6.7%	15.3%	137
Bachelor's degree or higher	51.9%	22.1%	5.6%	2.1%	18.3%	112
Results by household income:						
Less than \$20,000	76.6%	10.1%	0.5%	0.6%	12.3%	81
\$20,000 - \$34,999	71.3%	12.8%	1.2%	4.3%	10.5%	66
\$35,000 - \$49,999	59.3%	7.0%	5.3%	3.2%	25.3%	80
\$50,000 - \$74,999	48.1%	14.8%	3.7%	9.5%	23.9%	76
\$75,000 or more	50.4%	24.9%	12.0%	2.1%	10.6%	89

### 4G. When was the last time you had your BLOOD SUGAR CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	57.1%	16.5%	8.0%	4.5%	13.8%	421
Results by gender:						
Female	65.1%	14.8%	8.2%	5.7%	6.2%	245
Male	49.6%	18.2%	7.8%	3.4%	21.1%	176
Results by age:						
18-34	35.5%	28.8%	11.1%	6.8%	17.7%	37
35-44	23.3%	25.1%	18.4%	8.4%	24.8%	36
45-54	68.6%	12.7%	2.1%	4.2%	12.5%	59
55-64	82.2%	3.6%	4.0%	1.4%	8.7%	110
65-74	85.2%	7.2%	3.9%	0.0%	3.8%	91
75+	87.7%	3.1%	3.0%	1.6%	4.7%	88
Results by education level:						
Less than HS diploma, no GED	63.7%	0.0%	1.5%	0.0%	34.8%	47
High school diploma or GED	59.3%	15.3%	10.2%	3.4%	11.7%	129
Some college, trade school, or Associate degree	55.3%	16.5%	10.2%	8.0%	10.0%	132
Bachelor's degree or higher	53.7%	24.3%	5.7%	3.3%	12.9%	109
Results by household income:						
Less than \$20,000	70.1%	8.9%	1.6%	0.6%	18.9%	79
\$20,000 - \$34,999	70.6%	5.9%	3.1%	3.7%	16.6%	63
\$35,000 - \$49,999	53.7%	7.0%	12.1%	2.7%	24.5%	75
\$50,000 - \$74,999	54.0%	24.1%	3.8%	12.6%	5.5%	73
\$75,000 or more	44.4%	29.6%	14.7%	2.1%	9.3%	88

### 4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	17.8%	4.3%	6.9%	5.6%	65.4%	410
Results by gender:						
Female	21.4%	6.4%	6.1%	4.7%	61.5%	237
Male	14.5%	2.4%	7.6%	6.5%	69.1%	173
Results by age:						
18-34	9.6%	0.0%	6.8%	6.8%	76.9%	37
35-44	14.4%	3.6%	0.0%	0.0%	82.0%	36
45-54	18.5%	7.4%	10.3%	6.8%	57.0%	59
55-64	19.1%	7.8%	11.8%	0.5%	60.9%	107
65-74	29.4%	4.1%	8.6%	6.7%	51.2%	85
75+	33.3%	7.3%	3.2%	15.5%	40.8%	86
Results by education level:						
Less than HS diploma, no GED	3.6%	3.6%	0.7%	7.2%	84.9%	47
High school diploma or GED	12.3%	4.5%	6.2%	3.6%	73.3%	121
Some college, trade school, or Associate degree	22.5%	4.8%	6.9%	7.1%	58.8%	127
Bachelor's degree or higher	22.5%	4.0%	8.8%	5.3%	59.4%	111
Results by household income:						
Less than \$20,000	8.1%	4.9%	1.8%	1.8%	83.4%	75
\$20,000 - \$34,999	18.1%	2.5%	4.6%	5.5%	69.3%	63
\$35,000 - \$49,999	15.0%	1.4%	7.8%	2.7%	73.1%	68
\$50,000 - \$74,999	17.4%	2.4%	7.7%	8.0%	64.5%	76
\$75,000 or more	21.1%	6.3%	8.5%	7.4%	56.7%	87

### 4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	11.0%	8.7%	12.5%	9.7%	58.1%	422
Results by gender:						
Female	12.0%	8.3%	17.3%	9.0%	53.4%	245
Male	10.0%	9.1%	8.0%	10.3%	62.6%	177
Results by age:						
18-34	1.7%	1.7%	0.0%	5.0%	91.5%	37
35-44	2.5%	3.1%	2.5%	0.0%	91.9%	35
45-54	18.0%	12.7%	8.5%	3.6%	57.2%	61
55-64	18.1%	14.3%	34.4%	15.9%	17.4%	112
65-74	22.3%	20.6%	24.0%	18.0%	15.0%	89
75+	15.8%	9.9%	27.0%	31.2%	16.2%	88
Results by education level:						
Less than HS diploma, no GED	1.8%	10.3%	11.3%	6.7%	69.9%	50
High school diploma or GED	8.0%	8.6%	14.6%	8.7%	60.2%	123
Some college, trade school, or Associate degree	16.9%	10.3%	11.4%	12.4%	48.9%	134
Bachelor's degree or higher	9.3%	6.5%	12.8%	8.0%	63.4%	110
Results by household income:						
Less than \$20,000	12.5%	7.1%	13.8%	6.2%	60.4%	76
\$20,000 - \$34,999	6.1%	16.0%	13.5%	13.2%	51.1%	67
\$35,000 - \$49,999	8.5%	3.8%	11.8%	4.3%	71.7%	71
\$50,000 - \$74,999	13.8%	8.8%	10.2%	13.2%	54.0%	75
\$75,000 or more	8.5%	9.2%	11.4%	9.6%	61.3%	88

### 4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	18.7%	8.3%	9.1%	7.4%	56.5%	174
Results by gender:						
Female						0
Male	18.7%	8.3%	9.1%	7.4%	56.5%	174
Results by age:						
18-34						11
35-44						16
45-54						21
55-64	32.5%	18.4%	15.8%	6.1%	27.2%	60
65-74	45.8%	25.0%	12.5%	5.6%	11.1%	37
75+						29
Results by education level:						
Less than HS diploma, no GED						23
High school diploma or GED	16.4%	7.9%	9.4%	3.2%	63.1%	61
Some college, trade school, or Associate degree	23.3%	11.4%	10.4%	6.5%	48.5%	51
Bachelor's degree or higher	20.5%	7.8%	7.8%	14.7%	49.2%	37
Results by household income:						
Less than \$20,000	17.9%	7.2%	3.9%	3.1%	67.9%	37
\$20,000 - \$34,999						18
\$35,000 - \$49,999	17.4%	3.9%	2.8%	1.6%	74.3%	36
\$50,000 - \$74,999	23.1%	7.4%	27.0%	1.0%	41.5%	30
\$75,000 or more	12.3%	13.2%	3.4%	21.3%	49.8%	38

### 4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	47.9%	22.3%	11.2%	12.4%	6.2%	238
Results by gender:						
Female	47.9%	22.3%	11.2%	12.4%	6.2%	238
Male						0
Results by age:						
18-34						26
35-44						18
45-54	57.5%	21.8%	10.3%	10.3%	0.0%	37
55-64	51.6%	22.0%	9.9%	14.3%	2.2%	53
65-74	26.0%	17.8%	28.8%	26.0%	1.4%	48
75+	22.0%	9.8%	17.1%	43.9%	7.3%	56
Results by education level:						
Less than HS diploma, no GED						25
High school diploma or GED	32.3%	22.2%	14.9%	18.7%	11.9%	62
Some college, trade school, or Associate degree	54.0%	20.7%	9.7%	8.9%	6.6%	77
Bachelor's degree or higher	55.2%	25.5%	9.6%	8.0%	1.6%	71
Results by household income:						
Less than \$20,000	53.1%	14.1%	8.1%	12.5%	12.2%	37
\$20,000 - \$34,999	44.2%	10.1%	15.3%	13.6%	16.8%	46
\$35,000 - \$49,999	47.2%	13.8%	22.4%	16.6%	0.0%	39
\$50,000 - \$74,999	46.9%	29.1%	6.9%	7.5%	9.6%	40
\$75,000 or more	51.8%	31.5%	6.3%	10.4%	0.0%	50

### 4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	48.4%	7.6%	4.1%	7.3%	32.6%	250
Results by gender:						
Female	48.4%	7.6%	4.1%	7.3%	32.6%	250
Male						0
Results by age:						
18-34						24
35-44						20
45-54	73.9%	7.6%	4.3%	9.8%	4.3%	40
55-64	77.4%	12.9%	4.3%	5.4%	0.0%	54
65-74	73.2%	12.2%	3.7%	2.4%	8.5%	53
75+	58.3%	6.0%	7.1%	26.2%	2.4%	59
Results by education level:						
Less than HS diploma, no GED						26
High school diploma or GED	66.4%	11.6%	6.7%	4.8%	10.5%	67
Some college, trade school, or Associate degree	38.7%	7.8%	6.7%	3.4%	43.4%	80
Bachelor's degree or higher	50.7%	5.7%	0.0%	5.7%	37.9%	74
Results by household income:						
Less than \$20,000	56.8%	9.7%	1.5%	12.0%	20.0%	40
\$20,000 - \$34,999	52.9%	6.7%	4.7%	12.5%	23.2%	45
\$35,000 - \$49,999	58.4%	4.6%	5.8%	5.5%	25.7%	40
\$50,000 - \$74,999	29.2%	5.3%	3.1%	3.4%	59.0%	44
\$75,000 or more	51.0%	11.3%	6.1%	5.8%	25.8%	51

### 4M. When was the last time you had a GENERAL HEALTH EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Missing, but answered Q5	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	63.2%	15.2%	5.6%	9.2%	6.2%	0.7%	429
Results by gender:							
Female	73.0%	10.4%	4.8%	8.6%	2.4%	0.8%	255
Male	53.8%	19.8%	6.3%	9.8%	9.9%	0.5%	174
Results by age:							
18-34	45.8%	19.5%	5.9%	17.0%	11.8%	0.0%	37
35-44	45.8%	23.7%	14.6%	7.9%	5.5%	2.5%	35
45-54	74.3%	9.5%	2.1%	10.3%	3.8%	0.0%	61
55-64	76.7%	11.2%	3.5%	2.3%	6.3%	0.0%	111
65-74	80.2%	6.3%	3.9%	5.0%	1.9%	2.6%	90
75+	80.5%	14.7%	2.0%	2.0%	0.7%	0.0%	95
Results by education level:							
Less than HS diploma, no GED	49.4%	20.8%	4.0%	10.6%	12.9%	2.4%	49
High school diploma or GED	55.6%	10.4%	8.8%	9.5%	15.8%	0.0%	128
Some college, trade school, or Associate degree	70.5%	14.9%	2.1%	11.2%	1.2%	0.0%	138
Bachelor's degree or higher	66.2%	18.4%	7.4%	6.2%	0.4%	1.4%	110
Results by household income:							
Less than \$20,000	64.6%	10.7%	5.3%	3.8%	15.6%	0.0%	82
\$20,000 - \$34,999	54.4%	9.7%	5.6%	28.2%	2.2%	0.0%	66
\$35,000 - \$49,999	54.2%	24.6%	3.4%	8.4%	8.2%	1.2%	75
\$50,000 - \$74,999	67.7%	12.2%	1.6%	8.9%	7.7%	1.9%	76
\$75,000 or more	67.0%	16.9%	11.4%	4.7%	0.0%	0.0%	86

#### 5. If you have not had a general health exam within the past 1 or 2 years, why not?

	l could not get an appointment	I had transportation problems	l did not need one	It cost too much	l did not have insurance	My insurance did not cover it	Other reason	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	0.0%	1.6%	53.1%	9.2%	17.6%	3.3%	15.3%	50
Results by gender:								
Female								27
Male								23
Results by age:								
18-34								8
35-44								8
45-54								9
55-64								10
65-74								10
75+								5
Results by education level:								
Less than HS diploma, no GED								11
High school diploma or GED								19
Some college, trade school, or Associate degree								9
Bachelor's degree or higher								11
Results by household income:								
Less than \$20,000								11
\$20,000 - \$34,999								11
\$35,000 - \$49,999								8
\$50,000 - \$74,999								6
\$75,000 or more								8

### 6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	83.8%	16.2%	435
Results by gender:			
Female	86.5%	13.5%	257
Male	81.0%	19.0%	178
Results by age:			
18-34	80.0%	20.0%	36
35-44	72.7%	27.3%	36
45-54	82.3%	17.7%	60
55-64	90.6%	9.4%	114
65-74	89.5%	10.5%	91
75+	96.7%	3.3%	98
Results by education level:			
Less than HS diploma, no GED	69.1%	30.9%	53
High school diploma or GED	81.0%	19.0%	131
Some college, trade school, or Associate degree	83.3%	16.7%	137
Bachelor's degree or higher	93.0%	7.0%	110
Results by household income:			
Less than \$20,000	81.5%	18.5%	83
\$20,000 - \$34,999	84.0%	16.0%	68
\$35,000 - \$49,999	80.6%	19.4%	76
\$50,000 - \$74,999	83.0%	17.0%	75
\$75,000 or more	86.7%	13.3%	88

### 7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

	Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns	None of the above	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	68.9%	50.3%	47.3%	47.0%	38.3%	34.6%	14.8%	385
Results by gender:								
Female	64.0%	53.7%	50.3%	39.7%	41.8%	34.6%	19.9%	232
Male	74.3%	46.6%	44.2%	54.9%	34.4%	34.6%	9.2%	153
Results by age:								
18-34	65.2%	48.8%	39.6%	58.3%	39.6%	40.5%	14.6%	30
35-44								27
45-54	71.9%	49.7%	45.0%	40.7%	32.5%	23.3%	12.5%	50
55-64	69.3%	58.8%	59.3%	47.7%	40.8%	38.2%	8.7%	103
65-74	72.9%	53.3%	57.0%	40.5%	40.9%	35.9%	17.2%	82
75+	58.5%	27.7%	26.3%	27.3%	22.2%	24.2%	28.8%	93
Results by education level:								
Less than HS diploma, no GED	68.8%	40.2%	45.1%	44.1%	37.5%	27.0%	18.3%	40
High school diploma or GED	73.3%	41.6%	36.8%	39.3%	26.4%	31.6%	18.2%	113
Some college, trade school, or Associate degree	64.5%	54.2%	51.5%	49.1%	43.2%	42.1%	11.1%	125
Bachelor's degree or higher	69.2%	56.5%	52.4%	51.8%	42.2%	30.6%	15.0%	103
Results by household income:								
Less than \$20,000	63.9%	36.5%	37.5%	40.8%	32.1%	30.4%	17.9%	71
\$20,000 - \$34,999	78.9%	56.6%	46.9%	35.6%	28.8%	32.0%	7.7%	60
\$35,000 - \$49,999	71.1%	57.2%	55.2%	52.7%	52.4%	43.2%	14.1%	68
\$50,000 - \$74,999	67.4%	46.4%	46.3%	51.6%	31.0%	40.2%	12.8%	66
\$75,000 or more	64.3%	51.6%	44.8%	52.6%	40.2%	31.2%	17.3%	79

## 8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	23.3%	76.7%	433
Results by gender:			
Female	24.6%	75.4%	254
Male	22.0%	78.0%	179
Results by age:			
18-34	24.2%	75.8%	36
35-44	21.1%	78.9%	35
45-54	33.1%	66.9%	59
55-64	25.8%	74.2%	114
65-74	16.7%	83.3%	92
75+	10.8%	89.2%	97
Results by education level:			
Less than HS diploma, no GED	17.2%	82.8%	50
High school diploma or GED	26.9%	73.1%	131
Some college, trade school, or Associate degree	25.3%	74.7%	136
Bachelor's degree or higher	20.3%	79.7%	112
Results by household income:			
Less than \$20,000	38.8%	61.2%	81
\$20,000 - \$34,999	24.8%	75.2%	67
\$35,000 - \$49,999	19.1%	80.9%	76
\$50,000 - \$74,999	19.2%	80.8%	74
\$75,000 or more	24.5%	75.5%	89

### 9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

	l could not get an appointment	l had transportation problems	l did not think it was serious enough	It cost too much	l did not have insurance	My insurance did not cover it	Other reason	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	3.5%	7.2%	55.2%	39.2%	21.7%	17.9%	8.5%	85
Results by gender:								
Female	4.4%	9.3%	43.7%	42.2%	18.2%	20.6%	10.3%	46
Male	2.5%	5.2%	66.5%	36.3%	25.1%	15.2%	6.8%	39
Results by age:								
18-34								7
35-44								7
45-54								19
55-64								27
65-74								15
75+								10
Results by education level:								
Less than HS diploma, no GED								9
High school diploma or GED								28
Some college, trade school, or Associate degree								26
Bachelor's degree or higher								22
Results by household income:								
Less than \$20,000								20
\$20,000 - \$34,999								13
\$35,000 - \$49,999								14
\$50,000 - \$74,999								10
\$75,000 or more								22

## 10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	23.1%	76.9%	427
Results by gender:			
Female	24.1%	75.9%	250
Male	22.1%	77.9%	177
Results by age:			
18-34	26.8%	73.2%	36
35-44	26.2%	73.8%	36
45-54	28.7%	71.3%	59
55-64	20.5%	79.5%	111
65-74	14.2%	85.8%	87
75+	11.1%	88.9%	98
Results by education level:			
Less than HS diploma, no GED	23.3%	76.7%	53
High school diploma or GED	31.7%	68.3%	127
Some college, trade school, or Associate degree	21.8%	78.2%	134
Bachelor's degree or higher	16.7%	83.3%	108
Results by household income:			
Less than \$20,000	46.3%	53.7%	81
\$20,000 - \$34,999	39.3%	60.7%	66
\$35,000 - \$49,999	22.9%	77.1%	73
\$50,000 - \$74,999	7.6%	92.4%	72
\$75,000 or more	16.0%	84.0%	89

#### 11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

	l could not get an appointment	l had transportation problems	l was too nervous or afraid	It cost too much	l did not have insurance	The dentist would not accept my insurance	l did not know where to go	Other reason	N
Nobles County	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	4.0%	3.5%	11.5%	52.7%	54.6%	12.8%	8.9%	6.2%	79
Results by gender:									
Female	3.1%	7.0%	14.3%	65.5%	52.9%	2.3%	13.1%	3.2%	45
Male	5.0%	0.0%	8.7%	40.0%	56.3%	23.1%	4.6%	9.1%	34
Results by age:									
18-34									10
35-44									9
45-54									16
55-64									22
65-74									13
75+									9
Results by education level:									
Less than HS diploma, no GED									11
High school diploma or GED									29
Some college, trade school, or Associate degree									22
Bachelor's degree or higher									17
Results by household income:									
Less than \$20,000									21
\$20,000 - \$34,999									19
\$35,000 - \$49,999									15
\$50,000 - \$74,999									5
\$75,000 or more									13

12. Thinking about your mental health, which includes stress, depression, and problems with emotions,
for how many days during the past 30 days was your mental health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	59.8%	31.4%	5.4%	1.6%	1.8%	383
Results by gender:						
Female	57.0%	29.4%	9.4%	1.1%	3.1%	229
Male	62.7%	33.4%	1.3%	2.1%	0.5%	154
Results by age:						
18-34	49.6%	41.8%	6.7%	0.0%	1.9%	35
35-44	57.1%	30.9%	5.1%	6.9%	0.0%	34
45-54	60.4%	31.5%	4.1%	1.7%	2.3%	55
55-64	61.6%	27.3%	10.2%	0.5%	0.5%	108
65-74	74.2%	20.3%	1.4%	0.0%	4.1%	83
75+	77.7%	18.4%	0.0%	0.0%	3.9%	68
Results by education level:						
Less than HS diploma, no GED	71.0%	27.0%	0.0%	2.0%	0.0%	43
High school diploma or GED	59.9%	32.3%	3.0%	3.5%	1.3%	110
Some college, trade school, or Associate degree	59.0%	27.1%	9.1%	1.2%	3.6%	120
Bachelor's degree or higher	57.4%	35.9%	5.6%	0.0%	1.1%	107
Results by household income:						
Less than \$20,000	54.8%	31.2%	2.6%	10.6%	0.7%	65
\$20,000 - \$34,999	46.8%	47.2%	4.4%	0.0%	1.6%	60
\$35,000 - \$49,999	65.1%	31.3%	2.0%	0.0%	1.6%	66
\$50,000 - \$74,999	50.5%	32.5%	13.6%	0.0%	3.4%	71
\$75,000 or more	70.6%	24.0%	4.2%	0.0%	1.2%	83

#### 13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	9.2%	90.8%	428
Results by gender:			
Female	10.5%	89.5%	249
Male	7.9%	92.1%	179
Results by age:			
18-34	13.7%	86.3%	37
35-44	7.7%	92.3%	36
45-54	6.9%	93.1%	57
55-64	10.4%	89.6%	112
65-74	6.9%	93.1%	91
75+	3.5%	96.5%	95
Results by education level:			
Less than HS diploma, no GED	4.8%	95.2%	51
High school diploma or GED	12.5%	87.5%	127
Some college, trade school, or Associate degree	7.9%	92.1%	134
Bachelor's degree or higher	9.4%	90.6%	111
Results by household income:			
Less than \$20,000	19.4%	80.6%	79
\$20,000 - \$34,999	10.9%	89.1%	67
\$35,000 - \$49,999	10.9%	89.1%	74
\$50,000 - \$74,999	6.4%	93.6%	75
\$75,000 or more	3.6%	96.4%	88

#### 14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

	l could not get an appointment	l had transportation problems	l was too nervous or afraid	l did not think it was serious enough	It cost too much	l did not have insurance	My insurance did not cover it	l did not know where to go	Other reason	N
Nobles County	%	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	2.8%	2.5%	20.7%	47.5%	30.1%	11.0%	18.2%	18.1%	28.0%	32
Results by gender:										
Female										20
Male										12
Results by age:										
18-34										3
35-44										2
45-54										4
55-64										13
65-74										6
75+										4
Results by education level:										
Less than HS diploma, no GED										5
High school diploma or GED										12
Some college, trade school, or Associate degree										10
Bachelor's degree or higher										5
Results by household income:										
Less than \$20,000										12
\$20,000 - \$34,999										4
\$35,000 - \$49,999										5
\$50,000 - \$74,999										3
\$75,000 or more										4

15. In the past 6 months, which statement best describes medications prescribed for you?

	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	35.7%	57.1%	7.2%	422
Results by gender:				
Female	35.6%	61.6%	2.8%	251
Male	35.9%	52.6%	11.6%	171
Results by age:				
18-34	42.9%	44.7%	12.3%	35
35-44	55.5%	35.9%	8.6%	35
45-54	45.6%	48.0%	6.4%	57
55-64	20.3%	75.4%	4.4%	110
65-74	15.2%	82.8%	2.0%	89
75+	13.9%	83.9%	2.2%	96
Results by education level:				
Less than HS diploma, no GED	52.7%	39.2%	8.2%	50
High school diploma or GED	28.8%	63.5%	7.6%	122
Some college, trade school, or Associate degree	30.7%	68.7%	0.6%	135
Bachelor's degree or higher	42.1%	43.8%	14.2%	111
Results by household income:				
Less than \$20,000	23.3%	57.1%	19.6%	79
\$20,000 - \$34,999	40.0%	55.4%	4.6%	65
\$35,000 - \$49,999	36.2%	62.3%	1.4%	73
\$50,000 - \$74,999	40.5%	58.8%	0.7%	75
\$75,000 or more	36.1%	49.9%	14.0%	87

#### 16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

	l did not have insurance	It cost too much	l do not like taking medications	I did not think I needed the medication	l did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N
Nobles County	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015									20
Results by gender:									
Female									8
Male									12
Results by age:									
18-34									3
35-44									3
45-54									3
55-64									6
65-74									3
75+									2
Results by education level:									
Less than HS diploma, no GED									3
High school diploma or GED									8
Some college, trade school, or Associate degree									2
Bachelor's degree or higher									7
Results by household income:									
Less than \$20,000									9
\$20,000 - \$34,999									3
\$35,000 - \$49,999									2
\$50,000 - \$74,999									1
\$75,000 or more									4

#### 17A. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE THROUGH YOUR EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR SOMEONE ELSE'S EMPLOYER?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	55.1%	44.9%	434
Results by gender:			
Female	57.4%	42.6%	256
Male	52.8%	47.2%	178
Results by age:			
18-34	65.3%	34.7%	36
35-44	70.8%	29.2%	36
45-54	76.5%	23.5%	58
55-64	59.6%	40.4%	113
65-74	12.6%	87.4%	93
75+	5.5%	94.5%	98
Results by education level:			
Less than HS diploma, no GED	38.3%	61.7%	51
High school diploma or GED	53.2%	46.8%	129
Some college, trade school, or Associate degree	56.1%	43.9%	137
Bachelor's degree or higher	62.1%	37.9%	112
Results by household income:			
Less than \$20,000	12.4%	87.6%	81
\$20,000 - \$34,999	50.9%	49.1%	67
\$35,000 - \$49,999	54.9%	45.1%	78
\$50,000 - \$74,999	67.8%	32.2%	75
\$75,000 or more	71.9%	28.1%	89

#### 17B. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	27.0%	73.0%	434
Results by gender:			
Female	26.8%	73.2%	256
Male	27.1%	72.9%	178
Results by age:			
18-34	21.8%	78.2%	36
35-44	23.2%	76.8%	36
45-54	8.3%	91.7%	58
55-64	24.7%	75.3%	113
65-74	54.4%	45.6%	93
75+	53.0%	47.0%	98
Results by education level:			
Less than HS diploma, no GED	36.8%	63.2%	51
High school diploma or GED	18.8%	81.2%	129
Some college, trade school, or Associate degree	30.8%	69.2%	137
Bachelor's degree or higher	25.6%	74.4%	112
Results by household income:			
Less than \$20,000	31.3%	68.7%	81
\$20,000 - \$34,999	21.7%	78.3%	67
\$35,000 - \$49,999	29.7%	70.3%	78
\$50,000 - \$74,999	26.3%	73.7%	75
\$75,000 or more	22.5%	77.5%	89

# 17C. Do you currently have the following type of health insurance: INDIAN OR TRIBAL HEALTH SERVICE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	1.2%	98.8%	434
Results by gender:			
Female	0.6%	99.4%	256
Male	1.9%	98.1%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	5.3%	94.7%	36
45-54	0.0%	100.0%	58
55-64	0.0%	100.0%	113
65-74	0.7%	99.3%	93
75+	2.6%	97.4%	98
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	51
High school diploma or GED	4.3%	95.7%	129
Some college, trade school, or Associate degree	0.0%	100.0%	137
Bachelor's degree or higher	0.2%	99.8%	112
Results by household income:			
Less than \$20,000	7.7%	92.3%	81
\$20,000 - \$34,999	0.6%	99.4%	67
\$35,000 - \$49,999	0.3%	99.7%	78
\$50,000 - \$74,999	0.0%	100.0%	75
\$75,000 or more	0.6%	99.4%	89

# 17D. Do you currently have the following type of health insurance: MEDICARE?

	Yes	No	N (Unweighted)	
Nobles County	%	%		
Overall results from 2015	24.9%	75.1%	434	
Results by gender:				
Female	26.7%	73.3%	256	
Male	23.2%	76.8%	178	
Results by age:				
18-34	0.9%	99.1%	36	
35-44	13.6%	86.4%	36	
45-54	8.5%	91.5%	58	
55-64	10.1%	89.9%	113	
65-74	90.3%	9.7%	93	
75+	88.2%	11.8%	98	
Results by education level:				
Less than HS diploma, no GED	42.4%	57.6%	51	
High school diploma or GED	36.7%	63.3%	129	
Some college, trade school, or Associate degree	17.5%	82.5%	137	
Bachelor's degree or higher	15.2%	84.8%	112	
Results by household income:				
Less than \$20,000	60.4%	39.6%	81	
\$20,000 - \$34,999	35.5%	64.5%	67	
\$35,000 - \$49,999	15.9%	84.1%	78	
\$50,000 - \$74,999	15.1%	84.9%	75	
\$75,000 or more	10.9%	89.1%	89	

#### 17E. Do you currently have the following type of health insurance: MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL ASSISTANCE PROGRAM (PMAP)?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	9.8%	90.2%	434
Results by gender:			
Female	7.3%	92.7%	256
Male	12.3%	87.7%	178
Results by age:			
18-34	10.4%	89.6%	36
35-44	10.7%	89.3%	36
45-54	9.2%	90.8%	58
55-64	11.6%	88.4%	113
65-74	3.7%	96.3%	93
75+	10.7%	89.3%	98
Results by education level:			
Less than HS diploma, no GED	25.0%	75.0%	51
High school diploma or GED	10.5%	89.5%	129
Some college, trade school, or Associate degree	6.4%	93.6%	137
Bachelor's degree or higher	7.6%	92.4%	112
Results by household income:			
Less than \$20,000	39.9%	60.1%	81
\$20,000 - \$34,999	11.5%	88.5%	67
\$35,000 - \$49,999	10.5%	89.5%	78
\$50,000 - \$74,999	2.8%	97.2%	75
\$75,000 or more	1.2%	98.8%	89

# 17F. Do you currently have the following type of health insurance: MINNESOTACARE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	8.5%	91.5%	434
Results by gender:			
Female	6.9%	93.1%	256
Male	10.1%	89.9%	178
Results by age:			
18-34	12.2%	87.8%	36
35-44	13.6%	86.4%	36
45-54	6.7%	93.3%	58
55-64	6.7%	93.3%	113
65-74	2.5%	97.5%	93
75+	2.7%	97.3%	98
Results by education level:			
Less than HS diploma, no GED	22.6%	77.4%	51
High school diploma or GED	11.5%	88.5%	129
Some college, trade school, or Associate degree	6.7%	93.3%	137
Bachelor's degree or higher	2.7%	97.3%	112
Results by household income:			
Less than \$20,000	26.4%	73.6%	81
\$20,000 - \$34,999	11.7%	88.3%	67
\$35,000 - \$49,999	15.4%	84.6%	78
\$50,000 - \$74,999	0.0%	100.0%	75
\$75,000 or more	0.5%	99.5%	89

#### 17G. Do you currently have the following type of health insurance: MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	0.7%	99.3%	434
Results by gender:			
Female	0.6%	99.4%	256
Male	0.8%	99.2%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	0.0%	100.0%	36
45-54	2.6%	97.4%	58
55-64	1.0%	99.0%	113
65-74	0.7%	99.3%	93
75+	0.0%	100.0%	98
Results by education level:			
Less than HS diploma, no GED	2.6%	97.4%	51
High school diploma or GED	1.2%	98.8%	129
Some college, trade school, or Associate degree	0.0%	100.0%	137
Bachelor's degree or higher	0.2%	99.8%	112
Results by household income:			
Less than \$20,000	4.4%	95.6%	81
\$20,000 - \$34,999	0.0%	100.0%	67
\$35,000 - \$49,999	0.3%	99.7%	78
\$50,000 - \$74,999	0.0%	100.0%	75
\$75,000 or more	0.0%	100.0%	89

#### 17H. Do you currently have the following type of health insurance: CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	3.0%	97.0%	434
Results by gender:			
Female	1.3%	98.7%	256
Male	4.8%	95.2%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	0.0%	100.0%	36
45-54	1.1%	98.9%	58
55-64	6.5%	93.5%	113
65-74	4.5%	95.5%	93
75+	11.6%	88.4%	98
Results by education level:			
Less than HS diploma, no GED	3.5%	96.5%	51
High school diploma or GED	3.5%	96.5%	129
Some college, trade school, or Associate degree	3.5%	96.5%	137
Bachelor's degree or higher	1.9%	98.1%	112
Results by household income:			
Less than \$20,000	3.4%	96.6%	81
\$20,000 - \$34,999	4.8%	95.2%	67
\$35,000 - \$49,999	2.5%	97.5%	78
\$50,000 - \$74,999	1.6%	98.4%	75
\$75,000 or more	2.2%	97.8%	89

#### 17I. Do you currently have the following type of health insurance: OTHER HEALTH INSURANCE COVERAGE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	9.4%	90.6%	434
Results by gender:			
Female	9.9%	90.1%	256
Male	8.8%	91.2%	178
Results by age:			
18-34	5.1%	94.9%	36
35-44	2.4%	97.6%	36
45-54	6.3%	93.7%	58
55-64	2.5%	97.5%	113
65-74	23.4%	76.6%	93
75+	31.3%	68.7%	98
Results by education level:			
Less than HS diploma, no GED	19.5%	80.5%	51
High school diploma or GED	6.9%	93.1%	129
Some college, trade school, or Associate degree	11.0%	89.0%	137
Bachelor's degree or higher	6.2%	93.8%	112
Results by household income:			
Less than \$20,000	18.1%	81.9%	81
\$20,000 - \$34,999	14.0%	86.0%	67
\$35,000 - \$49,999	11.3%	88.7%	78
\$50,000 - \$74,999	2.4%	97.6%	75
\$75,000 or more	5.1%	94.9%	89

#### 17J. Do you currently have the following type of health insurance: NO HEALTH INSURANCE COVERAGE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	0.5%	99.5%	434
Results by gender:			
Female	0.8%	99.2%	256
Male	0.3%	99.7%	178
Results by age:			
18-34	0.0%	100.0%	36
35-44	2.4%	97.6%	36
45-54	0.0%	100.0%	58
55-64	0.5%	99.5%	113
65-74	0.7%	99.3%	93
75+	0.0%	100.0%	98
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	51
High school diploma or GED	1.7%	98.3%	129
Some college, trade school, or Associate degree	0.2%	99.8%	137
Bachelor's degree or higher	0.0%	100.0%	112
Results by household income:			
Less than \$20,000	1.1%	98.9%	81
\$20,000 - \$34,999	3.0%	97.0%	67
\$35,000 - \$49,999	0.0%	100.0%	78
\$50,000 - \$74,999	0.0%	100.0%	75
\$75,000 or more	0.0%	100.0%	89

#### Current health insurance status

	Currently insured	Currently uninsured	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	99.5%	0.5%	434
Results by gender:			
Female	99.2%	0.8%	256
Male	99.7%	0.3%	178
Results by age:			
18-34	100.0%	0.0%	36
35-44	97.6%	2.4%	36
45-54	100.0%	0.0%	58
55-64	99.5%	0.5%	113
65-74	99.3%	0.7%	93
75+	100.0%	0.0%	98
Results by education level:			
Less than HS diploma, no GED	100.0%	0.0%	51
High school diploma or GED	98.3%	1.7%	129
Some college, trade school, or Associate degree	99.8%	0.2%	137
Bachelor's degree or higher	100.0%	0.0%	112
Results by household income:			
Less than \$20,000	98.9%	1.1%	81
\$20,000 - \$34,999	97.0%	3.0%	67
\$35,000 - \$49,999	100.0%	0.0%	78
\$50,000 - \$74,999	100.0%	0.0%	75
\$75,000 or more	100.0%	0.0%	89

### 18. Do you consider yourself:

	Overweight	About the right weight	Underweight	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	41.9%	54.8%	3.3%	432
Results by gender:				
Female	44.9%	54.2%	0.9%	252
Male	39.0%	55.4%	5.6%	180
Results by age:				
18-34	28.1%	66.7%	5.2%	35
35-44	41.2%	53.5%	5.3%	36
45-54	57.8%	40.5%	1.6%	60
55-64	56.1%	43.4%	0.5%	113
65-74	44.7%	52.7%	2.6%	91
75+	29.3%	67.7%	2.9%	97
Results by education level:				
Less than HS diploma, no GED	22.6%	65.2%	12.1%	53
High school diploma or GED	40.9%	53.0%	6.0%	127
Some college, trade school, or Associate degree	45.3%	54.0%	0.7%	137
Bachelor's degree or higher	46.7%	53.1%	0.2%	110
Results by household income:				
Less than \$20,000	43.7%	52.0%	4.2%	82
\$20,000 - \$34,999	39.5%	59.2%	1.3%	67
\$35,000 - \$49,999	38.8%	56.4%	4.8%	77
\$50,000 - \$74,999	39.6%	52.6%	7.8%	74
\$75,000 or more	45.2%	54.8%	0.0%	86

### 19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	22.1%	60.5%	11.1%	6.3%	421
Results by gender:					
Female	16.1%	65.1%	15.7%	3.0%	251
Male	28.2%	55.7%	6.4%	9.6%	170
Results by age:					
18-34	18.3%	56.9%	10.3%	14.5%	35
35-44	31.8%	54.9%	6.4%	7.0%	33
45-54	23.0%	62.2%	9.3%	5.5%	59
55-64	29.7%	59.7%	10.6%	0.0%	114
65-74	13.4%	76.4%	10.2%	0.0%	91
75+	13.1%	61.1%	25.1%	0.7%	89
Results by education level:					
Less than HS diploma, no GED	22.0%	58.6%	17.6%	1.9%	49
High school diploma or GED	24.6%	64.4%	5.4%	5.5%	126
Some college, trade school, or Associate degree	30.9%	56.8%	9.1%	3.2%	133
Bachelor's degree or higher	8.9%	62.2%	16.0%	12.9%	108
Results by household income:					
Less than \$20,000	20.3%	56.0%	10.5%	13.1%	78
\$20,000 - \$34,999	17.0%	73.3%	9.6%	0.0%	65
\$35,000 - \$49,999	13.1%	77.4%	9.2%	0.4%	76
\$50,000 - \$74,999	31.1%	53.4%	8.8%	6.6%	73
\$75,000 or more	26.6%	48.6%	12.8%	12.0%	87

### 20. How many servings of 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	59.6%	32.6%	3.5%	4.3%	414
Results by gender:					
Female	66.9%	30.3%	2.1%	0.7%	244
Male	52.1%	34.9%	5.0%	8.0%	170
Results by age:					
18-34	54.3%	28.6%	6.3%	10.8%	35
35-44	70.5%	23.9%	0.0%	5.6%	34
45-54	78.7%	17.0%	3.2%	1.1%	59
55-64	55.8%	41.8%	2.4%	0.0%	113
65-74	51.0%	45.6%	3.4%	0.0%	89
75+	37.6%	57.0%	3.9%	1.5%	84
Results by education level:					
Less than HS diploma, no GED	44.1%	54.0%	0.0%	1.9%	45
High school diploma or GED	53.7%	34.3%	2.8%	9.2%	122
Some college, trade school, or Associate degree	69.9%	29.1%	0.7%	0.2%	135
Bachelor's degree or higher	58.6%	27.0%	8.8%	5.5%	107
Results by household income:					
Less than \$20,000	43.3%	42.2%	5.5%	9.0%	76
\$20,000 - \$34,999	48.3%	47.9%	2.6%	1.2%	64
\$35,000 - \$49,999	54.7%	38.0%	0.7%	6.7%	76
\$50,000 - \$74,999	78.8%	20.5%	0.7%	0.0%	73
\$75,000 or more	59.8%	27.4%	6.7%	6.1%	85

### How many combined servings of fruit and 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	18.0%	47.4%	22.0%	12.7%	409
Results by gender:					
Female	13.4%	50.1%	29.9%	6.7%	242
Male	22.7%	44.6%	14.0%	18.7%	167
Results by age:					
18-34	18.3%	34.9%	21.3%	25.6%	35
35-44	29.9%	52.3%	7.0%	10.8%	33
45-54	19.1%	59.4%	12.6%	8.9%	58
55-64	18.9%	50.6%	28.3%	2.3%	113
65-74	8.5%	54.1%	34.1%	3.4%	89
75+	4.2%	40.8%	42.6%	12.4%	81
Results by education level:					
Less than HS diploma, no GED	17.3%	54.2%	9.2%	19.4%	43
High school diploma or GED	22.0%	36.6%	25.7%	15.8%	122
Some college, trade school, or Associate degree	24.4%	53.6%	16.8%	5.2%	133
Bachelor's degree or higher	6.9%	47.9%	29.0%	16.2%	106
Results by household income:					
Less than \$20,000	14.7%	39.0%	18.2%	28.2%	74
\$20,000 - \$34,999	13.0%	45.4%	37.7%	3.8%	63
\$35,000 - \$49,999	9.8%	62.1%	15.8%	12.3%	76
\$50,000 - \$74,999	27.1%	50.4%	11.7%	10.7%	72
\$75,000 or more	22.5%	37.6%	27.1%	12.8%	85

21. How many servings of vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	14.4%	52.7%	22.8%	10.1%	418
Results by gender:					
Female	13.4%	52.9%	23.9%	9.9%	250
Male	15.4%	52.6%	21.7%	10.3%	168
Results by age:					
18-34	11.0%	32.3%	42.9%	13.8%	35
35-44	28.3%	48.4%	5.1%	18.2%	34
45-54	12.5%	59.0%	17.6%	11.0%	58
55-64	14.1%	62.0%	19.3%	4.5%	111
65-74	13.0%	67.6%	16.3%	3.2%	89
75+	7.3%	73.6%	17.7%	1.4%	91
Results by education level:					
Less than HS diploma, no GED	20.4%	60.0%	11.4%	8.2%	46
High school diploma or GED	18.4%	51.4%	22.5%	7.7%	124
Some college, trade school, or Associate degree	16.6%	55.3%	15.3%	12.8%	134
Bachelor's degree or higher	4.9%	47.6%	37.5%	10.1%	109
Results by household income:					
Less than \$20,000	20.9%	52.8%	18.7%	7.7%	79
\$20,000 - \$34,999	17.8%	67.3%	8.2%	6.7%	66
\$35,000 - \$49,999	11.2%	48.2%	35.2%	5.4%	73
\$50,000 - \$74,999	17.1%	55.1%	16.1%	11.7%	74
\$75,000 or more	6.7%	46.8%	28.1%	18.4%	86

How many combined servings of	of fruit (including fruit juice) a	Ind vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	6.4%	23.5%	27.4%	32.4%	10.4%	405
Results by gender:						
Female	4.9%	21.8%	27.2%	42.2%	3.9%	240
Male	8.0%	25.2%	27.6%	22.2%	17.0%	165
Results by age:						
18-34	7.3%	13.8%	12.9%	46.1%	19.9%	35
35-44	12.1%	31.2%	33.1%	12.8%	10.8%	33
45-54	5.1%	30.2%	27.8%	25.1%	11.7%	57
55-64	5.4%	32.0%	29.3%	30.5%	2.8%	111
65-74	3.9%	18.5%	49.3%	26.4%	1.9%	88
75+	1.7%	17.5%	33.4%	46.6%	0.8%	81
Results by education level:						
Less than HS diploma, no GED	8.7%	26.4%	37.2%	14.8%	12.9%	42
High school diploma or GED	7.6%	28.6%	22.2%	29.5%	12.1%	120
Some college, trade school, or Associate degree	9.0%	22.5%	30.0%	31.8%	6.8%	132
Bachelor's degree or higher	1.5%	17.7%	25.3%	43.1%	12.4%	106
Results by household income:						
Less than \$20,000	5.1%	27.3%	25.2%	25.9%	16.4%	73
\$20,000 - \$34,999	7.8%	25.1%	29.0%	35.3%	2.9%	63
\$35,000 - \$49,999	1.0%	20.9%	36.3%	31.3%	10.5%	73
\$50,000 - \$74,999	11.1%	32.9%	23.6%	27.2%	5.3%	72
\$75,000 or more	6.3%	16.9%	20.4%	39.2%	17.1%	85

### 22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	39.5%	53.9%	5.1%	1.5%	0.0%	420
Results by gender:						
Female	39.8%	53.8%	6.4%	0.0%	0.0%	248
Male	39.3%	54.0%	3.8%	3.0%	0.0%	172
Results by age:						
18-34	34.1%	52.4%	8.5%	5.0%	0.0%	37
35-44	50.6%	49.4%	0.0%	0.0%	0.0%	34
45-54	35.6%	57.4%	7.0%	0.0%	0.0%	60
55-64	42.2%	53.3%	4.5%	0.0%	0.0%	114
65-74	46.5%	48.7%	4.8%	0.0%	0.0%	86
75+	35.0%	64.2%	0.7%	0.0%	0.0%	89
Results by education level:						
Less than HS diploma, no GED	34.5%	62.0%	3.4%	0.0%	0.0%	48
High school diploma or GED	51.7%	40.8%	2.0%	5.4%	0.0%	126
Some college, trade school, or Associate degree	29.0%	67.5%	3.6%	0.0%	0.0%	130
Bachelor's degree or higher	42.2%	47.4%	10.4%	0.0%	0.0%	111
Results by household income:						
Less than \$20,000	47.3%	47.1%	5.6%	0.0%	0.0%	77
\$20,000 - \$34,999	52.6%	41.6%	5.8%	0.0%	0.0%	66
\$35,000 - \$49,999	36.2%	55.6%	1.3%	6.9%	0.0%	74
\$50,000 - \$74,999	24.4%	73.6%	2.1%	0.0%	0.0%	74
\$75,000 or more	45.4%	44.7%	10.0%	0.0%	0.0%	87

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	67.8%	27.9%	3.5%	0.4%	0.4%	387
Results by gender:						
Female	73.1%	25.3%	0.6%	0.9%	0.2%	231
Male	62.5%	30.5%	6.4%	0.0%	0.6%	156
Results by age:						
18-34	66.6%	27.5%	5.0%	0.9%	0.0%	37
35-44	65.5%	29.1%	5.4%	0.0%	0.0%	35
45-54	55.7%	42.2%	0.6%	0.0%	1.5%	58
55-64	73.8%	20.0%	4.5%	1.1%	0.6%	103
65-74	74.0%	26.0%	0.0%	0.0%	0.0%	81
75+	85.0%	13.0%	2.0%	0.0%	0.0%	73
Results by education level:						
Less than HS diploma, no GED	68.5%	31.5%	0.0%	0.0%	0.0%	42
High school diploma or GED	64.3%	31.8%	1.9%	1.0%	1.1%	113
Some college, trade school, or Associate degree	64.0%	31.0%	4.2%	0.5%	0.3%	123
Bachelor's degree or higher	74.7%	19.9%	5.3%	0.0%	0.0%	104
Results by household income:						
Less than \$20,000	55.7%	38.3%	1.5%	2.2%	2.3%	69
\$20,000 - \$34,999	76.1%	18.9%	5.0%	0.0%	0.0%	61
\$35,000 - \$49,999	61.8%	33.7%	4.1%	0.0%	0.4%	69
\$50,000 - \$74,999	71.7%	27.5%	0.8%	0.0%	0.0%	67
\$75,000 or more	70.2%	23.5%	5.7%	0.6%	0.0%	87

### 22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	76.7%	19.0%	2.4%	1.8%	0.0%	372
Results by gender:						
Female	79.6%	17.7%	2.1%	0.5%	0.0%	226
Male	73.8%	20.2%	2.8%	3.2%	0.0%	146
Results by age:						
18-34	80.2%	13.8%	0.9%	5.1%	0.0%	36
35-44	86.7%	11.4%	1.9%	0.0%	0.0%	35
45-54	69.0%	25.9%	5.0%	0.0%	0.0%	53
55-64	67.9%	26.8%	4.1%	1.1%	0.0%	101
65-74	76.8%	20.9%	1.5%	0.8%	0.0%	74
75+	76.6%	21.6%	1.8%	0.0%	0.0%	73
Results by education level:						
Less than HS diploma, no GED	94.4%	5.6%	0.0%	0.0%	0.0%	42
High school diploma or GED	75.1%	20.6%	3.5%	0.9%	0.0%	110
Some college, trade school, or Associate degree	79.2%	12.3%	3.4%	5.0%	0.0%	112
Bachelor's degree or higher	69.9%	28.7%	1.5%	0.0%	0.0%	104
Results by household income:						
Less than \$20,000	80.6%	15.0%	3.9%	0.6%	0.0%	65
\$20,000 - \$34,999	76.4%	17.8%	4.4%	1.4%	0.0%	59
\$35,000 - \$49,999	82.7%	8.8%	1.3%	7.2%	0.0%	67
\$50,000 - \$74,999	66.0%	30.3%	3.7%	0.0%	0.0%	66
\$75,000 or more	76.8%	22.7%	0.6%	0.0%	0.0%	83

# 22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	87.8%	10.5%	1.6%	0.0%	0.0%	375
Results by gender:						
Female	95.6%	4.4%	0.0%	0.0%	0.0%	226
Male	80.0%	16.7%	3.3%	0.0%	0.0%	149
Results by age:						
18-34	89.8%	5.1%	5.1%	0.0%	0.0%	36
35-44	79.3%	20.7%	0.0%	0.0%	0.0%	35
45-54	82.8%	17.2%	0.0%	0.0%	0.0%	56
55-64	91.9%	8.1%	0.0%	0.0%	0.0%	103
65-74	94.5%	4.7%	0.8%	0.0%	0.0%	75
75+	94.1%	5.9%	0.0%	0.0%	0.0%	70
Results by education level:						
Less than HS diploma, no GED	71.6%	28.4%	0.0%	0.0%	0.0%	40
High school diploma or GED	74.0%	20.3%	5.7%	0.0%	0.0%	112
Some college, trade school, or Associate degree	93.6%	6.2%	0.2%	0.0%	0.0%	115
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	0.0%	103
Results by household income:						
Less than \$20,000	78.6%	20.8%	0.6%	0.0%	0.0%	66
\$20,000 - \$34,999	79.6%	20.4%	0.0%	0.0%	0.0%	60
\$35,000 - \$49,999	84.9%	15.1%	0.0%	0.0%	0.0%	67
\$50,000 - \$74,999	90.7%	1.5%	7.8%	0.0%	0.0%	67
\$75,000 or more	94.0%	6.0%	0.0%	0.0%	0.0%	84

# 23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	40.0%	52.1%	4.8%	2.7%	0.3%	425
Results by gender:						
Female	42.0%	51.8%	4.1%	1.9%	0.2%	253
Male	38.0%	52.5%	5.6%	3.5%	0.4%	172
Results by age:						
18-34	39.1%	54.1%	0.0%	6.8%	0.0%	37
35-44	38.3%	58.5%	3.1%	0.0%	0.0%	35
45-54	38.4%	50.0%	10.5%	1.1%	0.0%	60
55-64	44.1%	48.2%	4.9%	1.8%	1.0%	113
65-74	33.9%	57.4%	7.3%	0.0%	1.4%	88
75+	47.1%	42.7%	8.1%	2.1%	0.0%	92
Results by education level:						
Less than HS diploma, no GED	65.2%	28.8%	1.5%	4.5%	0.0%	50
High school diploma or GED	43.5%	48.8%	5.5%	1.5%	0.7%	126
Some college, trade school, or Associate degree	30.8%	60.0%	4.3%	4.6%	0.3%	132
Bachelor's degree or higher	38.0%	54.7%	6.2%	1.0%	0.0%	112
Results by household income:						
Less than \$20,000	40.5%	48.8%	6.1%	4.0%	0.6%	77
\$20,000 - \$34,999	49.4%	44.5%	5.5%	0.6%	0.0%	67
\$35,000 - \$49,999	44.7%	51.5%	2.9%	0.0%	1.0%	76
\$50,000 - \$74,999	34.9%	53.5%	2.8%	8.8%	0.0%	75
\$75,000 or more	32.8%	61.7%	4.1%	1.3%	0.0%	86

# 23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	45.1%	52.8%	1.5%	0.2%	0.4%	418
Results by gender:						
Female	49.3%	48.7%	1.5%	0.0%	0.5%	251
Male	40.8%	56.9%	1.5%	0.4%	0.3%	167
Results by age:						
18-34	50.4%	48.7%	0.0%	0.0%	0.9%	37
35-44	54.6%	45.4%	0.0%	0.0%	0.0%	33
45-54	34.3%	60.5%	5.2%	0.0%	0.0%	58
55-64	35.7%	61.3%	2.9%	0.0%	0.0%	112
65-74	44.0%	52.1%	1.3%	1.4%	1.4%	88
75+	49.7%	49.5%	0.0%	0.8%	0.0%	90
Results by education level:						
Less than HS diploma, no GED	59.2%	40.8%	0.0%	0.0%	0.0%	50
High school diploma or GED	55.9%	42.2%	0.5%	0.0%	1.4%	124
Some college, trade school, or Associate degree	35.6%	60.8%	3.3%	0.3%	0.0%	129
Bachelor's degree or higher	39.7%	58.6%	1.2%	0.5%	0.0%	110
Results by household income:						
Less than \$20,000	53.9%	43.5%	0.6%	0.0%	2.1%	74
\$20,000 - \$34,999	59.9%	39.6%	0.5%	0.0%	0.0%	66
\$35,000 - \$49,999	47.7%	50.4%	1.2%	0.0%	0.6%	73
\$50,000 - \$74,999	46.7%	53.3%	0.0%	0.0%	0.0%	74
\$75,000 or more	31.4%	64.1%	4.0%	0.5%	0.0%	89

### 23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	97.8%	1.2%	0.3%	0.6%	0.1%	391
Results by gender:						
Female	98.7%	0.5%	0.2%	0.5%	0.2%	236
Male	97.0%	1.9%	0.4%	0.7%	0.0%	155
Results by age:						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	37
35-44	94.0%	6.0%	0.0%	0.0%	0.0%	33
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	57
55-64	98.4%	0.0%	0.5%	1.1%	0.0%	106
65-74	100.0%	0.0%	0.0%	0.0%	0.0%	79
75+	90.3%	2.5%	1.8%	4.5%	0.8%	79
Results by education level:						
Less than HS diploma, no GED	94.9%	1.6%	0.0%	2.6%	0.8%	43
High school diploma or GED	97.9%	1.4%	0.3%	0.3%	0.0%	116
Some college, trade school, or Associate degree	96.7%	1.9%	0.6%	0.8%	0.0%	121
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	0.0%	106
Results by household income:						
Less than \$20,000	95.7%	0.0%	0.8%	2.9%	0.7%	69
\$20,000 - \$34,999	95.8%	2.8%	0.0%	1.3%	0.0%	64
\$35,000 - \$49,999	96.6%	3.0%	0.4%	0.0%	0.0%	69
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	69
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	86

23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?
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	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	96.6%	1.5%	0.7%	0.9%	0.3%	399
Results by gender:						
Female	95.4%	2.1%	0.9%	1.1%	0.5%	242
Male	97.8%	0.8%	0.4%	0.7%	0.2%	157
Results by age:						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	36
35-44	98.0%	2.0%	0.0%	0.0%	0.0%	33
45-54	98.5%	0.0%	0.0%	1.5%	0.0%	58
55-64	99.5%	0.5%	0.0%	0.0%	0.0%	108
65-74	95.8%	0.0%	2.8%	1.4%	0.0%	83
75+	77.7%	10.4%	4.0%	4.8%	3.3%	81
Results by education level:						
Less than HS diploma, no GED	91.2%	4.0%	0.0%	4.0%	0.8%	44
High school diploma or GED	94.9%	2.6%	0.6%	1.3%	0.6%	119
Some college, trade school, or Associate degree	97.6%	0.3%	1.4%	0.4%	0.3%	123
Bachelor's degree or higher	98.9%	0.9%	0.2%	0.0%	0.0%	108
Results by household income:						
Less than \$20,000	90.4%	1.9%	0.0%	7.0%	0.6%	73
\$20,000 - \$34,999	96.5%	3.5%	0.0%	0.0%	0.0%	63
\$35,000 - \$49,999	97.8%	0.8%	1.4%	0.0%	0.0%	70
\$50,000 - \$74,999	98.8%	0.8%	0.0%	0.0%	0.4%	70
\$75,000 or more	99.7%	0.0%	0.3%	0.0%	0.0%	86

# 23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	92.0%	5.9%	0.4%	0.7%	1.1%	391
Results by gender:						
Female	94.4%	4.1%	0.6%	1.0%	0.0%	237
Male	89.5%	7.8%	0.2%	0.4%	2.2%	154
Results by age:						
18-34	98.3%	1.7%	0.0%	0.0%	0.0%	37
35-44	76.1%	15.2%	0.0%	2.7%	6.0%	33
45-54	92.4%	6.4%	1.2%	0.0%	0.0%	56
55-64	93.6%	5.5%	0.0%	0.0%	0.9%	107
65-74	97.2%	2.2%	0.0%	0.7%	0.0%	83
75+	89.1%	7.1%	1.8%	1.9%	0.0%	75
Results by education level:						
Less than HS diploma, no GED	92.7%	5.0%	2.3%	0.0%	0.0%	42
High school diploma or GED	87.9%	10.0%	0.0%	1.5%	0.6%	114
Some college, trade school, or Associate degree	93.2%	3.1%	0.3%	0.6%	2.9%	122
Bachelor's degree or higher	94.0%	5.5%	0.3%	0.2%	0.0%	108
Results by household income:						
Less than \$20,000	79.9%	17.7%	2.4%	0.0%	0.0%	69
\$20,000 - \$34,999	91.5%	5.3%	0.0%	3.2%	0.0%	62
\$35,000 - \$49,999	85.4%	9.9%	0.0%	0.3%	4.3%	72
\$50,000 - \$74,999	98.3%	1.7%	0.0%	0.0%	0.0%	70
\$75,000 or more	98.0%	1.5%	0.0%	0.0%	0.6%	83

### 23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	0.9%	7.7%	14.7%	31.2%	45.5%	425
Results by gender:						
Female	0.5%	4.9%	13.0%	33.1%	48.5%	252
Male	1.4%	10.5%	16.4%	29.2%	42.5%	173
Results by age:						
18-34	0.0%	10.3%	3.5%	40.2%	46.1%	37
35-44	0.0%	13.7%	15.8%	31.0%	39.5%	33
45-54	0.0%	3.6%	24.9%	25.3%	46.2%	60
55-64	1.8%	6.2%	19.6%	30.8%	41.6%	111
65-74	3.3%	3.9%	15.0%	19.8%	57.9%	91
75+	2.9%	5.3%	18.5%	27.9%	45.3%	93
Results by education level:						
Less than HS diploma, no GED	0.7%	22.3%	8.6%	20.0%	48.4%	50
High school diploma or GED	1.6%	11.4%	15.3%	33.2%	38.6%	127
Some college, trade school, or Associate degree	0.7%	6.4%	14.6%	40.5%	37.7%	134
Bachelor's degree or higher	0.7%	0.0%	15.9%	22.3%	61.1%	109
Results by household income:						
Less than \$20,000	1.1%	21.8%	19.4%	17.3%	40.4%	80
\$20,000 - \$34,999	0.6%	12.1%	15.2%	23.2%	48.9%	64
\$35,000 - \$49,999	1.2%	4.5%	9.9%	44.0%	40.5%	77
\$50,000 - \$74,999	0.4%	8.1%	7.9%	41.0%	42.6%	74
\$75,000 or more	0.5%	1.4%	21.8%	25.9%	50.4%	86

### 23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	34.5%	20.5%	17.1%	10.3%	17.6%	419
Results by gender:						
Female	34.3%	20.2%	19.7%	10.1%	15.6%	250
Male	34.7%	20.7%	14.5%	10.4%	19.7%	169
Results by age:						
18-34	46.1%	15.5%	15.5%	11.1%	11.8%	37
35-44	37.7%	26.0%	14.3%	3.9%	18.1%	33
45-54	25.4%	28.6%	24.0%	7.8%	14.1%	60
55-64	21.7%	15.7%	12.8%	19.5%	30.4%	111
65-74	32.7%	13.5%	15.6%	13.5%	24.7%	88
75+	34.5%	25.0%	21.2%	5.2%	14.1%	90
Results by education level:						
Less than HS diploma, no GED	41.6%	30.8%	14.0%	1.6%	12.0%	47
High school diploma or GED	34.8%	21.2%	15.1%	8.1%	20.9%	125
Some college, trade school, or Associate degree	27.0%	15.8%	21.8%	11.2%	24.2%	132
Bachelor's degree or higher	39.9%	21.2%	14.3%	14.8%	9.8%	110
Results by household income:						
Less than \$20,000	48.9%	14.1%	11.2%	5.0%	20.8%	76
\$20,000 - \$34,999	27.3%	29.9%	18.0%	6.8%	18.1%	66
\$35,000 - \$49,999	34.0%	21.6%	12.9%	5.1%	26.4%	75
\$50,000 - \$74,999	32.5%	13.8%	24.6%	15.4%	13.7%	73
\$75,000 or more	31.9%	23.9%	16.0%	15.3%	12.9%	87

# 24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	3.5%	5.7%	20.6%	45.7%	24.5%	433
Results by gender:						
Female	4.7%	7.5%	16.9%	45.9%	25.0%	255
Male	2.4%	3.9%	24.2%	45.5%	24.0%	178
Results by age:						
18-34	3.5%	3.6%	29.4%	46.0%	17.5%	36
35-44	5.3%	7.2%	26.1%	36.9%	24.4%	36
45-54	3.0%	5.4%	16.6%	45.6%	29.4%	60
55-64	3.0%	5.3%	15.8%	50.5%	25.4%	114
65-74	0.0%	6.3%	12.0%	49.1%	32.5%	90
75+	5.2%	9.4%	12.1%	47.8%	25.4%	97
Results by education level:						
Less than HS diploma, no GED	6.5%	12.3%	16.9%	48.2%	16.1%	49
High school diploma or GED	8.5%	3.7%	24.3%	43.8%	19.6%	132
Some college, trade school, or Associate degree	0.9%	8.0%	24.1%	42.3%	24.7%	135
Bachelor's degree or higher	0.6%	2.0%	14.5%	51.4%	31.5%	112
Results by household income:						
Less than \$20,000	8.0%	11.9%	18.1%	47.4%	14.6%	81
\$20,000 - \$34,999	13.6%	4.6%	6.4%	46.2%	29.1%	66
\$35,000 - \$49,999	1.7%	3.3%	31.0%	35.1%	28.9%	77
\$50,000 - \$74,999	0.0%	3.5%	38.3%	37.3%	20.9%	76
\$75,000 or more	0.0%	5.2%	9.2%	60.1%	25.6%	88

24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	48.4%	17.4%	12.0%	16.4%	5.8%	395
Results by gender:						
Female	52.6%	13.2%	12.7%	15.0%	6.6%	235
Male	44.2%	21.7%	11.4%	17.7%	5.1%	160
Results by age:						
18-34	41.1%	26.7%	14.0%	18.2%	0.0%	36
35-44	44.9%	18.4%	12.2%	13.6%	11.0%	33
45-54	43.8%	15.7%	14.3%	15.9%	10.3%	59
55-64	56.4%	11.8%	11.5%	16.3%	4.1%	107
65-74	61.4%	11.7%	4.7%	11.1%	11.1%	84
75+	59.6%	6.0%	9.3%	21.1%	4.1%	76
Results by education level:						
Less than HS diploma, no GED	32.1%	27.2%	10.6%	26.2%	3.9%	45
High school diploma or GED	53.0%	10.4%	22.8%	10.4%	3.4%	116
Some college, trade school, or Associate degree	46.2%	19.6%	8.0%	15.5%	10.7%	125
Bachelor's degree or higher	52.5%	17.6%	7.1%	19.4%	3.3%	108
Results by household income:						
Less than \$20,000	58.7%	18.3%	12.1%	9.8%	1.1%	73
\$20,000 - \$34,999	47.0%	12.7%	7.2%	32.1%	1.0%	60
\$35,000 - \$49,999	30.6%	37.6%	18.3%	10.1%	3.4%	68
\$50,000 - \$74,999	53.6%	9.2%	10.3%	16.4%	10.5%	69
\$75,000 or more	51.4%	11.3%	11.0%	19.2%	7.2%	89

# 24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	70.8%	14.3%	9.1%	2.6%	3.2%	392
Results by gender:						
Female	72.6%	15.5%	6.2%	2.9%	2.7%	233
Male	69.1%	13.1%	12.0%	2.2%	3.7%	159
Results by age:						
18-34	63.3%	24.4%	9.6%	0.9%	1.8%	36
35-44	68.3%	8.2%	14.8%	2.0%	6.7%	33
45-54	66.8%	13.9%	11.8%	3.1%	4.4%	60
55-64	75.3%	9.5%	5.8%	5.6%	3.9%	109
65-74	82.2%	8.8%	3.4%	4.1%	1.4%	83
75+	88.7%	6.3%	4.0%	1.0%	0.0%	71
Results by education level:						
Less than HS diploma, no GED	72.2%	14.3%	8.3%	2.2%	3.0%	44
High school diploma or GED	76.8%	8.1%	8.4%	2.6%	4.1%	116
Some college, trade school, or Associate degree	69.6%	15.4%	8.6%	2.8%	3.6%	124
Bachelor's degree or higher	66.6%	18.3%	10.7%	2.5%	1.9%	107
Results by household income:						
Less than \$20,000	72.8%	16.7%	3.4%	3.2%	3.9%	69
\$20,000 - \$34,999	65.9%	9.5%	12.3%	7.8%	4.5%	61
\$35,000 - \$49,999	77.3%	13.2%	7.5%	1.3%	0.7%	71
\$50,000 - \$74,999	68.0%	19.3%	10.1%	0.0%	2.5%	69
\$75,000 or more	65.5%	15.2%	10.8%	3.2%	5.3%	88

24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	98.2%	0.8%	0.8%	0.2%	0.0%	388
Results by gender:						
Female	99.0%	1.0%	0.0%	0.0%	0.0%	234
Male	97.4%	0.7%	1.6%	0.3%	0.0%	154
Results by age:						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	35
35-44	93.2%	2.7%	4.1%	0.0%	0.0%	33
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	58
55-64	97.2%	0.9%	0.9%	0.9%	0.0%	109
65-74	99.3%	0.7%	0.0%	0.0%	0.0%	82
75+	98.0%	2.0%	0.0%	0.0%	0.0%	71
Results by education level:						
Less than HS diploma, no GED	93.8%	0.0%	6.2%	0.0%	0.0%	44
High school diploma or GED	98.6%	0.3%	0.6%	0.6%	0.0%	112
Some college, trade school, or Associate degree	99.0%	1.0%	0.0%	0.0%	0.0%	123
Bachelor's degree or higher	98.6%	1.4%	0.0%	0.0%	0.0%	109
Results by household income:						
Less than \$20,000	99.5%	0.5%	0.0%	0.0%	0.0%	69
\$20,000 - \$34,999	95.3%	0.0%	4.7%	0.0%	0.0%	60
\$35,000 - \$49,999	97.5%	0.9%	0.8%	0.8%	0.0%	70
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	69
\$75,000 or more	97.9%	2.1%	0.0%	0.0%	0.0%	86

# 24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	91.4%	7.7%	0.9%	0.0%	0.0%	392
Results by gender:						
Female	96.0%	4.0%	0.0%	0.0%	0.0%	237
Male	86.5%	11.6%	1.9%	0.0%	0.0%	155
Results by age:						
18-34	93.7%	6.3%	0.0%	0.0%	0.0%	35
35-44	80.3%	15.6%	4.1%	0.0%	0.0%	33
45-54	93.0%	7.0%	0.0%	0.0%	0.0%	59
55-64	92.1%	7.9%	0.0%	0.0%	0.0%	108
65-74	93.2%	4.0%	2.8%	0.0%	0.0%	85
75+	96.1%	3.9%	0.0%	0.0%	0.0%	72
Results by education level:						
Less than HS diploma, no GED	76.4%	14.6%	9.0%	0.0%	0.0%	44
High school diploma or GED	80.9%	19.1%	0.0%	0.0%	0.0%	115
Some college, trade school, or Associate degree	97.8%	2.2%	0.0%	0.0%	0.0%	124
Bachelor's degree or higher	98.1%	1.9%	0.0%	0.0%	0.0%	109
Results by household income:						
Less than \$20,000	72.2%	27.8%	0.0%	0.0%	0.0%	74
\$20,000 - \$34,999	87.6%	7.3%	5.1%	0.0%	0.0%	59
\$35,000 - \$49,999	84.5%	14.1%	1.4%	0.0%	0.0%	69
\$50,000 - \$74,999	98.0%	2.0%	0.0%	0.0%	0.0%	69
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	87

24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	90.6%	3.2%	3.8%	1.6%	0.7%	379
Results by gender:						
Female	89.3%	3.6%	3.3%	2.8%	1.0%	230
Male	92.1%	2.8%	4.4%	0.3%	0.4%	149
Results by age:						
18-34	93.5%	0.0%	1.9%	3.7%	0.9%	35
35-44	83.7%	9.5%	6.8%	0.0%	0.0%	33
45-54	89.0%	1.2%	8.6%	0.0%	1.2%	56
55-64	92.3%	4.6%	1.9%	1.1%	0.0%	105
65-74	93.6%	2.2%	2.8%	1.5%	0.0%	79
75+	90.6%	5.6%	0.0%	1.8%	2.0%	71
Results by education level:						
Less than HS diploma, no GED	84.3%	0.9%	13.0%	0.0%	1.8%	45
High school diploma or GED	89.0%	4.3%	0.0%	5.6%	1.1%	107
Some college, trade school, or Associate degree	93.2%	3.1%	3.5%	0.3%	0.0%	119
Bachelor's degree or higher	91.3%	3.3%	4.2%	0.5%	0.7%	108
Results by household income:						
Less than \$20,000	92.6%	3.8%	0.6%	0.7%	2.3%	67
\$20,000 - \$34,999	75.4%	4.2%	10.2%	8.8%	1.5%	57
\$35,000 - \$49,999	92.8%	7.2%	0.0%	0.0%	0.0%	67
\$50,000 - \$74,999	89.6%	2.4%	7.4%	0.7%	0.0%	65
\$75,000 or more	96.4%	1.2%	2.5%	0.0%	0.0%	87

### 25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	40.3%	22.4%	17.1%	17.4%	2.8%	426
Results by gender:						
Female	40.1%	24.3%	19.7%	14.7%	1.3%	252
Male	40.5%	20.6%	14.6%	20.1%	4.2%	174
Results by age:						
18-34	44.4%	26.2%	1.8%	25.8%	1.8%	36
35-44	45.8%	26.8%	20.3%	7.1%	0.0%	36
45-54	34.9%	19.6%	22.8%	15.7%	7.0%	61
55-64	31.4%	22.3%	30.2%	13.9%	2.3%	113
65-74	41.6%	18.5%	18.1%	19.3%	2.6%	90
75+	42.2%	14.3%	22.6%	17.7%	3.2%	90
Results by education level:						
Less than HS diploma, no GED	42.9%	20.3%	19.9%	10.8%	6.2%	49
High school diploma or GED	50.5%	23.1%	10.1%	12.2%	4.1%	129
Some college, trade school, or Associate degree	43.5%	18.7%	19.1%	16.4%	2.2%	134
Bachelor's degree or higher	25.3%	27.3%	20.6%	26.0%	0.9%	111
Results by household income:						
Less than \$20,000	52.4%	19.5%	9.2%	14.0%	4.8%	78
\$20,000 - \$34,999	29.1%	22.5%	20.8%	23.6%	3.9%	65
\$35,000 - \$49,999	44.5%	22.2%	7.3%	21.4%	4.6%	76
\$50,000 - \$74,999	48.4%	20.1%	21.5%	9.7%	0.3%	75
\$75,000 or more	31.3%	27.0%	19.9%	19.4%	2.2%	89

### 25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	80.9%	7.6%	4.6%	5.5%	1.5%	399
Results by gender:						
Female	89.5%	5.8%	2.4%	2.1%	0.2%	235
Male	72.7%	9.3%	6.6%	8.7%	2.7%	164
Results by age:						
18-34	71.9%	8.8%	8.8%	10.4%	0.0%	35
35-44	81.8%	15.7%	0.0%	2.5%	0.0%	35
45-54	75.9%	5.9%	7.0%	4.3%	7.0%	61
55-64	93.8%	2.3%	1.9%	1.5%	0.5%	110
65-74	85.7%	6.0%	1.3%	7.0%	0.0%	83
75+	91.4%	3.8%	2.0%	2.9%	0.0%	75
Results by education level:						
Less than HS diploma, no GED	79.2%	6.3%	0.0%	8.0%	6.6%	45
High school diploma or GED	85.7%	5.2%	3.0%	3.0%	3.0%	118
Some college, trade school, or Associate degree	86.4%	6.7%	5.1%	1.9%	0.0%	126
Bachelor's degree or higher	70.5%	11.4%	7.0%	11.1%	0.0%	109
Results by household income:						
Less than \$20,000	78.9%	8.4%	0.0%	7.5%	5.2%	72
\$20,000 - \$34,999	70.1%	13.5%	10.0%	6.4%	0.0%	63
\$35,000 - \$49,999	83.3%	3.2%	0.0%	9.6%	3.9%	70
\$50,000 - \$74,999	91.1%	1.2%	7.7%	0.0%	0.0%	71
\$75,000 or more	74.3%	13.5%	6.1%	6.1%	0.0%	88

### 25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	47.9%	11.8%	10.1%	9.6%	20.5%	413
Results by gender:						
Female	50.3%	7.8%	5.7%	12.2%	24.0%	244
Male	45.5%	15.7%	14.4%	7.2%	17.2%	169
Results by age:						
18-34	48.0%	16.5%	12.9%	8.7%	14.0%	36
35-44	52.8%	15.7%	8.2%	6.3%	17.0%	35
45-54	48.0%	9.2%	10.6%	7.8%	24.3%	60
55-64	47.7%	7.6%	10.4%	13.2%	21.0%	111
65-74	39.7%	6.5%	7.1%	11.7%	35.0%	88
75+	47.7%	9.0%	6.8%	13.6%	22.9%	83
Results by education level:						
Less than HS diploma, no GED	39.2%	22.0%	11.8%	10.0%	17.0%	48
High school diploma or GED	52.8%	14.4%	8.0%	6.0%	18.8%	123
Some college, trade school, or Associate degree	49.2%	13.3%	5.4%	9.9%	22.1%	130
Bachelor's degree or higher	44.3%	4.2%	17.2%	12.9%	21.4%	110
Results by household income:						
Less than \$20,000	50.5%	20.3%	7.9%	12.0%	9.2%	77
\$20,000 - \$34,999	47.0%	11.9%	18.3%	8.1%	14.8%	62
\$35,000 - \$49,999	50.6%	9.7%	7.8%	7.7%	24.2%	73
\$50,000 - \$74,999	48.7%	14.2%	9.4%	10.1%	17.5%	73
\$75,000 or more	46.4%	9.2%	10.1%	10.9%	23.4%	90

### 26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

	Less than 2 miles	2-6 miles	7-10 miles	11-20 miles	21-30 miles	Over 30 miles	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	41.1%	26.7%	10.6%	15.2%	4.4%	3.2%	436
Results by gender:							
Female	35.5%	29.3%	12.8%	15.6%	5.6%	3.6%	255
Male	46.4%	24.2%	8.6%	14.9%	3.1%	2.8%	181
Results by age:							
18-34	32.0%	35.8%	13.1%	13.1%	1.8%	6.9%	36
35-44	42.8%	26.8%	10.1%	17.8%	0.0%	2.4%	36
45-54	42.2%	21.4%	7.9%	19.6%	7.9%	1.0%	61
55-64	46.4%	20.5%	13.8%	13.0%	5.3%	2.0%	116
65-74	40.0%	27.0%	7.5%	16.0%	8.2%	3.7%	91
75+	52.1%	21.4%	8.1%	12.1%	6.3%	0.0%	96
Results by education level:							
Less than HS diploma, no GED	52.6%	32.7%	5.3%	6.0%	3.4%	0.0%	50
High school diploma or GED	45.4%	27.4%	9.9%	9.2%	2.9%	5.8%	132
Some college, trade school, or Associate degree	31.4%	26.4%	11.6%	27.1%	4.8%	1.8%	138
Bachelor's degree or higher	43.6%	24.4%	12.0%	11.2%	5.3%	3.6%	112
Results by household income:							
Less than \$20,000	68.5%	13.0%	6.9%	9.0%	3.5%	1.0%	80
\$20,000 - \$34,999	47.3%	39.5%	0.6%	8.5%	4.1%	1.2%	66
\$35,000 - \$49,999	42.3%	27.6%	7.1%	17.8%	2.1%	6.4%	79
\$50,000 - \$74,999	26.7%	30.9%	14.7%	22.7%	1.9%	3.0%	76
\$75,000 or more	35.2%	25.2%	16.4%	12.1%	8.8%	2.3%	90

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

	Never	Less than 1 day per week	1-2 days per week	3-4 days per week	5-6 days per week	Every day	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	1.2%	2.7%	6.8%	19.5%	27.4%	42.3%	427
Results by gender:							
Female	1.4%	1.1%	8.0%	19.9%	30.2%	39.4%	251
Male	1.0%	4.2%	5.6%	19.2%	24.7%	45.2%	176
Results by age:							
18-34	0.0%	5.4%	5.6%	11.9%	37.0%	40.1%	35
35-44	1.8%	4.3%	6.8%	21.0%	23.5%	42.5%	35
45-54	0.0%	0.0%	7.5%	27.5%	19.6%	45.4%	61
55-64	0.9%	1.4%	9.2%	22.1%	28.3%	38.1%	112
65-74	0.0%	2.0%	5.6%	17.1%	25.9%	49.5%	91
75+	6.9%	0.7%	6.4%	20.9%	23.6%	41.5%	93
Results by education level:							
Less than HS diploma, no GED	5.1%	0.0%	9.0%	11.6%	20.0%	54.4%	48
High school diploma or GED	2.0%	1.9%	7.7%	17.3%	22.0%	49.1%	133
Some college, trade school, or Associate degree	0.2%	6.1%	4.8%	19.0%	34.3%	35.5%	130
Bachelor's degree or higher	0.3%	0.5%	7.7%	24.7%	26.7%	40.2%	111
Results by household income:							
Less than \$20,000	7.0%	3.9%	8.3%	10.3%	27.8%	42.7%	82
\$20,000 - \$34,999	0.6%	3.1%	8.5%	24.0%	28.2%	35.6%	63
\$35,000 - \$49,999	0.3%	0.4%	9.6%	10.3%	20.2%	59.3%	77
\$50,000 - \$74,999	0.4%	7.6%	4.3%	18.0%	32.1%	37.5%	73
\$75,000 or more	0.0%	0.5%	5.5%	32.1%	30.5%	31.5%	90

### 28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	72.5%	18.4%	5.1%	4.0%	435
Results by gender:					
Female	87.8%	7.4%	3.9%	0.8%	256
Male	57.4%	29.2%	6.3%	7.1%	179
Results by age:					
18-34	68.9%	26.7%	3.5%	0.9%	36
35-44	59.3%	25.0%	10.0%	5.6%	35
45-54	78.2%	8.0%	8.2%	5.6%	60
55-64	79.8%	15.3%	1.8%	3.1%	115
65-74	80.6%	10.3%	3.3%	5.9%	91
75+	72.8%	17.4%	3.5%	6.3%	98
Results by education level:					
Less than HS diploma, no GED	65.7%	10.8%	11.1%	12.4%	50
High school diploma or GED	54.1%	29.0%	10.1%	6.8%	133
Some college, trade school, or Associate degree	77.3%	19.7%	2.1%	0.9%	137
Bachelor's degree or higher	86.8%	9.7%	1.6%	1.9%	111
Results by household income:					
Less than \$20,000	56.4%	21.9%	6.4%	15.3%	81
\$20,000 - \$34,999	61.0%	15.8%	23.3%	0.0%	66
\$35,000 - \$49,999	69.2%	25.2%	0.0%	5.7%	77
\$50,000 - \$74,999	72.5%	20.8%	4.5%	2.2%	75
\$75,000 or more	86.1%	12.0%	1.0%	0.8%	90

### 28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	75.5%	17.2%	3.6%	3.7%	428
Results by gender:					
Female	89.7%	5.5%	3.8%	1.0%	255
Male	60.9%	29.1%	3.5%	6.5%	173
Results by age:					
18-34	72.6%	22.7%	3.7%	0.9%	35
35-44	57.6%	32.3%	6.4%	3.8%	34
45-54	81.6%	9.5%	3.1%	5.8%	59
55-64	79.9%	13.7%	2.4%	4.0%	115
65-74	84.2%	7.8%	2.0%	6.0%	90
75+	83.1%	8.9%	3.7%	4.3%	95
Results by education level:					
Less than HS diploma, no GED	61.6%	28.4%	3.0%	7.0%	47
High school diploma or GED	62.0%	23.6%	5.4%	9.1%	132
Some college, trade school, or Associate degree	77.4%	18.0%	3.9%	0.6%	135
Bachelor's degree or higher	89.9%	6.8%	2.0%	1.3%	111
Results by household income:					
Less than \$20,000	57.6%	26.0%	2.8%	13.5%	82
\$20,000 - \$34,999	66.7%	17.4%	11.0%	4.8%	64
\$35,000 - \$49,999	72.8%	21.1%	2.9%	3.2%	76
\$50,000 - \$74,999	75.1%	18.5%	5.0%	1.4%	75
\$75,000 or more	87.5%	10.9%	0.5%	1.0%	88

### 28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	77.3%	14.5%	4.6%	3.6%	425
Results by gender:					
Female	88.5%	6.8%	4.2%	0.6%	250
Male	66.4%	22.0%	5.1%	6.5%	175
Results by age:					
18-34	79.1%	16.5%	4.4%	0.0%	36
35-44	63.1%	26.9%	4.4%	5.6%	35
45-54	79.2%	9.6%	5.6%	5.6%	60
55-64	81.7%	11.4%	3.8%	3.1%	115
65-74	82.2%	7.3%	3.3%	7.3%	88
75+	78.8%	11.0%	6.3%	3.8%	91
Results by education level:					
Less than HS diploma, no GED	69.7%	21.4%	2.5%	6.3%	47
High school diploma or GED	71.6%	11.8%	10.3%	6.2%	132
Some college, trade school, or Associate degree	74.6%	20.4%	2.4%	2.6%	132
Bachelor's degree or higher	88.1%	8.2%	2.5%	1.3%	111
Results by household income:					
Less than \$20,000	67.6%	13.5%	4.5%	14.3%	79
\$20,000 - \$34,999	64.2%	16.1%	19.2%	0.5%	65
\$35,000 - \$49,999	75.4%	18.9%	0.0%	5.7%	75
\$50,000 - \$74,999	77.8%	15.5%	6.0%	0.7%	74
\$75,000 or more	86.7%	11.4%	0.9%	1.0%	89

# 28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	69.1%	23.3%	5.3%	2.3%	429
Results by gender:					
Female	79.3%	16.4%	3.8%	0.5%	252
Male	59.0%	30.1%	6.8%	4.2%	177
Results by age:					
18-34	67.0%	28.3%	4.7%	0.0%	35
35-44	60.0%	27.9%	12.1%	0.0%	34
45-54	69.3%	20.9%	4.2%	5.6%	60
55-64	78.6%	16.5%	3.2%	1.8%	114
65-74	77.0%	16.6%	1.9%	4.5%	92
75+	65.9%	24.4%	5.3%	4.4%	94
Results by education level:					
Less than HS diploma, no GED	68.8%	25.9%	1.7%	3.7%	48
High school diploma or GED	53.7%	29.5%	11.6%	5.2%	131
Some college, trade school, or Associate degree	69.7%	26.7%	2.9%	0.8%	135
Bachelor's degree or higher	82.1%	13.2%	3.6%	1.1%	110
Results by household income:					
Less than \$20,000	59.8%	22.6%	6.1%	11.4%	80
\$20,000 - \$34,999	55.3%	31.4%	13.3%	0.0%	65
\$35,000 - \$49,999	73.9%	24.6%	0.3%	1.2%	76
\$50,000 - \$74,999	61.1%	32.4%	5.1%	1.4%	74
\$75,000 or more	80.3%	12.9%	5.8%	1.0%	90

29. During the past 12 months, how often did you worry that your food would run out before
you had money to buy more?

	Often	Sometimes	Rarely	Never	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	1.4%	14.5%	18.0%	66.2%	442
Results by gender:					
Female	1.9%	15.1%	13.2%	69.9%	261
Male	0.9%	13.9%	22.6%	62.6%	181
Results by age:					
18-34	0.0%	14.0%	23.3%	62.7%	36
35-44	2.5%	27.2%	17.3%	53.1%	35
45-54	2.4%	14.9%	25.0%	57.8%	62
55-64	2.4%	12.6%	9.9%	75.1%	116
65-74	1.8%	6.4%	12.1%	79.7%	92
75+	0.0%	7.4%	10.5%	82.1%	101
Results by education level:					
Less than HS diploma, no GED	1.8%	23.3%	14.1%	60.8%	51
High school diploma or GED	2.4%	20.8%	22.3%	54.5%	135
Some college, trade school, or Associate degree	0.5%	15.9%	18.6%	64.9%	139
Bachelor's degree or higher	1.4%	3.5%	14.8%	80.4%	112
Results by household income:					
Less than \$20,000	7.9%	35.5%	17.3%	39.3%	83
\$20,000 - \$34,999	0.0%	31.5%	17.1%	51.4%	67
\$35,000 - \$49,999	0.0%	12.5%	28.8%	58.8%	78
\$50,000 - \$74,999	1.9%	9.0%	11.4%	77.7%	76
\$75,000 or more	0.0%	2.1%	15.3%	82.6%	90

# 30. During the past 12 months, have you used a community food shelf program?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	7.0%	93.0%	435
Results by gender:			
Female	3.6%	96.4%	257
Male	10.3%	89.7%	178
Results by age:			
18-34	5.4%	94.6%	35
35-44	11.1%	88.9%	35
45-54	8.1%	91.9%	61
55-64	8.7%	91.3%	116
65-74	3.8%	96.2%	91
75+	3.5%	96.5%	97
Results by education level:			
Less than HS diploma, no GED	22.0%	78.0%	52
High school diploma or GED	13.8%	86.2%	130
Some college, trade school, or Associate degree	2.0%	98.0%	137
Bachelor's degree or higher	0.5%	99.5%	111
Results by household income:			
Less than \$20,000	26.9%	73.1%	82
\$20,000 - \$34,999	10.9%	89.1%	66
\$35,000 - \$49,999	9.9%	90.1%	77
\$50,000 - \$74,999	0.0%	100.0%	75
\$75,000 or more	0.0%	100.0%	90

	Strongly agree	Agree	Disagree	Strongly disagree	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	62.4%	36.2%	1.4%	0.1%	436
Results by gender:					
Female	61.9%	36.4%	1.4%	0.3%	258
Male	62.8%	35.9%	1.3%	0.0%	178
Results by age:					
18-34	66.9%	33.1%	0.0%	0.0%	36
35-44	40.3%	53.4%	6.3%	0.0%	35
45-54	70.1%	28.9%	1.0%	0.0%	60
55-64	64.2%	35.4%	0.5%	0.0%	115
65-74	62.7%	35.5%	1.2%	0.6%	92
75+	65.4%	34.0%	0.0%	0.6%	98
Results by education level:					
Less than HS diploma, no GED	55.3%	39.1%	5.7%	0.0%	49
High school diploma or GED	55.6%	44.2%	0.3%	0.0%	133
Some college, trade school, or Associate degree	52.4%	46.9%	0.6%	0.2%	137
Bachelor's degree or higher	83.1%	14.8%	1.8%	0.3%	112
Results by household income:					
Less than \$20,000	56.3%	43.7%	0.0%	0.0%	80
\$20,000 - \$34,999	53.1%	42.0%	4.4%	0.5%	67
\$35,000 - \$49,999	50.7%	49.3%	0.0%	0.0%	78
\$50,000 - \$74,999	65.0%	32.7%	1.9%	0.4%	76
\$75,000 or more	75.4%	23.4%	1.2%	0.0%	90

### 31B. The fresh fruits and vegetables available where I usually shop are of high quality.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	39.6%	52.1%	7.7%	0.5%	436
Results by gender:					
Female	36.8%	53.7%	8.5%	0.9%	256
Male	42.3%	50.6%	7.0%	0.2%	180
Results by age:					
18-34	33.8%	57.5%	8.7%	0.0%	36
35-44	23.3%	58.5%	15.8%	2.5%	35
45-54	47.9%	46.0%	6.2%	0.0%	61
55-64	41.9%	49.3%	8.8%	0.0%	115
65-74	41.4%	56.8%	1.2%	0.6%	92
75+	57.5%	40.4%	1.3%	0.7%	97
Results by education level:					
Less than HS diploma, no GED	50.7%	46.2%	3.2%	0.0%	49
High school diploma or GED	37.6%	52.5%	10.0%	0.0%	134
Some college, trade school, or Associate degree	30.2%	56.1%	13.3%	0.4%	138
Bachelor's degree or higher	48.4%	49.5%	0.7%	1.4%	111
Results by household income:					
Less than \$20,000	44.3%	43.8%	11.9%	0.0%	81
\$20,000 - \$34,999	30.4%	64.9%	4.2%	0.5%	67
\$35,000 - \$49,999	35.2%	46.7%	18.1%	0.0%	77
\$50,000 - \$74,999	29.3%	62.6%	6.2%	1.9%	74
\$75,000 or more	50.1%	48.7%	1.2%	0.0%	90

31C. The fresh fruits and vegetables where I usually shop are too expensive.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	16.7%	43.0%	39.2%	1.1%	429
Results by gender:					
Female	14.0%	45.2%	39.6%	1.2%	254
Male	19.5%	40.8%	38.8%	0.9%	175
Results by age:					
18-34	17.4%	39.4%	43.3%	0.0%	35
35-44	33.9%	29.0%	37.1%	0.0%	34
45-54	16.0%	47.3%	36.7%	0.0%	60
55-64	10.8%	50.6%	37.6%	1.0%	115
65-74	13.1%	41.7%	42.6%	2.6%	91
75+	4.3%	54.2%	35.8%	5.7%	94
Results by education level:					
Less than HS diploma, no GED	28.7%	43.6%	25.4%	2.2%	49
High school diploma or GED	17.0%	44.6%	37.3%	1.1%	132
Some college, trade school, or Associate degree	20.0%	46.3%	33.0%	0.7%	133
Bachelor's degree or higher	8.4%	37.3%	53.3%	1.0%	110
Results by household income:					
Less than \$20,000	22.9%	42.6%	33.8%	0.7%	78
\$20,000 - \$34,999	18.5%	59.1%	21.9%	0.5%	66
\$35,000 - \$49,999	30.7%	34.8%	32.2%	2.2%	74
\$50,000 - \$74,999	6.9%	42.8%	49.9%	0.4%	76
\$75,000 or more	10.1%	39.2%	50.8%	0.0%	89

**31D.** Fruits and vegetables are difficult to prepare.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	2.7%	9.6%	57.6%	30.2%	429
Results by gender:					
Female	1.6%	9.5%	53.8%	35.1%	253
Male	3.7%	9.7%	61.2%	25.3%	176
Results by age:					
18-34	0.0%	9.7%	61.6%	28.7%	36
35-44	3.8%	8.9%	67.5%	19.8%	34
45-54	4.7%	10.7%	47.2%	37.4%	60
55-64	2.4%	8.3%	57.9%	31.4%	113
65-74	3.2%	7.0%	54.2%	35.7%	91
75+	4.2%	12.3%	54.0%	29.5%	95
Results by education level:					
Less than HS diploma, no GED	0.0%	35.1%	29.6%	35.3%	47
High school diploma or GED	5.3%	13.0%	62.4%	19.3%	132
Some college, trade school, or Associate degree	0.6%	5.2%	63.9%	30.3%	137
Bachelor's degree or higher	3.4%	2.9%	55.6%	38.1%	109
Results by household income:					
Less than \$20,000	1.4%	24.0%	47.7%	27.0%	78
\$20,000 - \$34,999	3.9%	23.8%	44.2%	28.2%	64
\$35,000 - \$49,999	4.0%	4.7%	63.8%	27.4%	76
\$50,000 - \$74,999	1.2%	5.9%	59.7%	33.2%	75
\$75,000 or more	2.8%	2.6%	66.3%	28.3%	90

### 31E. Fruits and vegetables spoil quickly.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	11.7%	52.3%	30.2%	5.9%	431
Results by gender:					
Female	13.8%	49.5%	29.6%	7.1%	255
Male	9.5%	55.1%	30.8%	4.6%	176
Results by age:					
18-34	11.0%	58.8%	21.1%	9.1%	35
35-44	12.7%	57.7%	27.1%	2.5%	35
45-54	18.1%	50.9%	27.9%	3.1%	60
55-64	9.1%	55.1%	32.3%	3.4%	116
65-74	12.6%	36.1%	43.7%	7.6%	91
75+	3.7%	41.7%	45.4%	9.2%	94
Results by education level:					
Less than HS diploma, no GED	7.0%	51.3%	38.6%	3.1%	49
High school diploma or GED	18.9%	52.8%	24.3%	4.0%	131
Some college, trade school, or Associate degree	12.0%	51.5%	32.0%	4.5%	136
Bachelor's degree or higher	6.3%	52.6%	30.8%	10.3%	111
Results by household income:					
Less than \$20,000	17.9%	56.5%	23.8%	1.8%	79
\$20,000 - \$34,999	8.3%	44.1%	37.5%	10.0%	65
\$35,000 - \$49,999	14.5%	47.5%	35.0%	3.0%	76
\$50,000 - \$74,999	13.1%	58.1%	24.5%	4.3%	76
\$75,000 or more	6.3%	57.1%	28.4%	8.1%	90

# 32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	73.7%	26.3%	436
Results by gender:			
Female	74.5%	25.5%	256
Male	73.1%	26.9%	180
Results by age:			
18-34	81.9%	18.1%	37
35-44	66.2%	33.8%	36
45-54	73.8%	26.2%	62
55-64	76.0%	24.0%	115
65-74	76.6%	23.4%	91
75+	58.6%	41.4%	95
Results by education level:			
Less than HS diploma, no GED	50.0%	50.0%	50
High school diploma or GED	60.2%	39.8%	133
Some college, trade school, or Associate degree	79.6%	20.4%	138
Bachelor's degree or higher	89.5%	10.5%	111
Results by household income:			
Less than \$20,000	42.9%	57.1%	82
\$20,000 - \$34,999	61.0%	39.0%	66
\$35,000 - \$49,999	75.7%	24.3%	75
\$50,000 - \$74,999	87.5%	12.5%	75
\$75,000 or more	82.6%	17.4%	90

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

	0-4 days	5 or more days	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	80.0%	20.0%	435
Results by gender:			
Female	80.4%	19.6%	256
Male	79.6%	20.4%	179
Results by age:			
18-34	84.7%	15.3%	37
35-44	92.9%	7.1%	36
45-54	75.4%	24.6%	60
55-64	72.3%	27.7%	115
65-74	72.7%	27.3%	91
75+	73.8%	26.2%	96
Results by education level:			
Less than HS diploma, no GED	82.7%	17.3%	49
High school diploma or GED	84.1%	15.9%	133
Some college, trade school, or Associate degree	76.1%	23.9%	137
Bachelor's degree or higher	79.2%	20.8%	112
Results by household income:			
Less than \$20,000	76.5%	23.5%	78
\$20,000 - \$34,999	81.9%	18.1%	67
\$35,000 - \$49,999	86.8%	13.2%	77
\$50,000 - \$74,999	82.5%	17.5%	76
\$75,000 or more	75.1%	24.9%	90

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

	3 or more 0-2 days days		Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	77.5%	22.5%	417
Results by gender:			
Female	78.5%	21.5%	243
Male	76.6%	23.4%	174
Results by age:			
18-34	74.7%	25.3%	35
35-44	80.5%	19.5%	35
45-54	70.9%	29.1%	59
55-64	79.6%	20.4%	114
65-74	78.6%	21.4%	87
75+	88.4%	11.6%	87
Results by education level:			
Less than HS diploma, no GED	86.8%	13.2%	44
High school diploma or GED	86.9%	13.1%	126
Some college, trade school, or Associate degree	72.3%	27.7%	132
Bachelor's degree or higher	71.1%	28.9%	111
Results by household income:			
Less than \$20,000	78.0%	22.0%	74
\$20,000 - \$34,999	87.1%	12.9%	62
\$35,000 - \$49,999	73.6%	26.4%	76
\$50,000 - \$74,999	79.7%	20.3%	76
\$75,000 or more	71.8%	28.2%	87

### 35. Where do you usually exercise or do physical activities? (Mark all that apply.)

	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	61.5%	12.3%	16.6%	4.4%	41.3%	4.8%	13.8%	435
Results by gender:								
Female	65.9%	14.7%	19.1%	5.0%	41.5%	3.2%	12.7%	258
Male	57.1%	9.8%	14.0%	3.8%	41.2%	6.3%	14.9%	177
Results by age:								
18-34	63.3%	14.8%	25.6%	1.7%	47.8%	0.0%	12.9%	37
35-44	55.4%	7.5%	13.9%	1.3%	47.3%	8.2%	15.7%	35
45-54	52.9%	12.4%	13.9%	11.8%	44.1%	4.3%	16.4%	60
55-64	65.0%	16.9%	13.7%	2.6%	52.2%	10.1%	9.9%	115
65-74	69.4%	16.8%	14.8%	5.7%	22.3%	5.8%	7.5%	91
75+	67.7%	2.6%	7.5%	4.8%	14.9%	4.8%	19.9%	97
Results by education level:								
Less than HS diploma, no GED	44.6%	6.5%	3.2%	5.7%	17.7%	0.7%	38.8%	50
High school diploma or GED	56.3%	10.3%	5.8%	2.8%	26.5%	7.8%	19.8%	132
Some college, trade school, or Associate degree	66.3%	21.2%	20.9%	3.4%	46.8%	5.5%	9.0%	137
Bachelor's degree or higher	67.7%	4.9%	27.3%	6.9%	58.3%	2.5%	4.9%	111
Results by household income:								
Less than \$20,000	38.8%	10.5%	3.8%	8.0%	23.9%	16.6%	35.6%	79
\$20,000 - \$34,999	52.6%	8.7%	9.0%	1.9%	32.2%	1.6%	21.5%	67
\$35,000 - \$49,999	65.8%	16.4%	19.4%	3.6%	46.0%	1.3%	11.8%	77
\$50,000 - \$74,999	73.5%	13.3%	24.4%	5.8%	45.6%	7.4%	3.6%	76
\$75,000 or more	62.2%	9.3%	20.9%	3.7%	49.8%	1.2%	10.4%	89

### 36A. Please indicate if you have the following resource or facility in your community: WALKING PATHS OR TRAILS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	4.9%	21.5%	69.3%	4.3%	429
Results by gender:					
Female	3.5%	22.0%	68.9%	5.6%	255
Male	6.4%	20.9%	69.7%	3.0%	174
Results by age:					
18-34	4.4%	23.8%	65.7%	6.1%	37
35-44	5.6%	32.2%	62.2%	0.0%	35
45-54	9.5%	15.9%	70.2%	4.3%	61
55-64	2.5%	19.5%	75.7%	2.4%	113
65-74	1.9%	18.1%	74.7%	5.3%	89
75+	3.5%	15.6%	73.1%	7.8%	94
Results by education level:					
Less than HS diploma, no GED	23.0%	15.7%	50.9%	10.4%	46
High school diploma or GED	6.5%	26.5%	58.2%	8.8%	131
Some college, trade school, or Associate degree	1.2%	22.0%	75.6%	1.2%	136
Bachelor's degree or higher	1.8%	17.9%	78.8%	1.5%	111
Results by household income:					
Less than \$20,000	15.8%	17.9%	55.1%	11.2%	78
\$20,000 - \$34,999	9.7%	20.0%	61.6%	8.7%	67
\$35,000 - \$49,999	2.5%	14.8%	80.5%	2.2%	77
\$50,000 - \$74,999	3.1%	30.6%	63.8%	2.6%	76
\$75,000 or more	0.8%	22.8%	74.8%	1.6%	88

# 36A. Do you use the WALKING PATHS OR TRAILS in your community?

	I do not use I use this this		N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	55.9%	44.1%	315	
Results by gender:				
Female	55.6%	44.4%	185	
Male	56.2%	43.8%	130	
Results by age:				
18-34			26	
35-44			20	
45-54	65.0%	35.0%	45	
55-64	53.0%	47.0%	83	
65-74	38.4%	61.6%	68	
75+	20.2%	79.8%	73	
Results by education level:				
Less than HS diploma, no GED	44.1%	55.9%	31	
High school diploma or GED	37.4%	62.6%	87	
Some college, trade school, or Associate degree	52.9%	47.1%	102	
Bachelor's degree or higher	77.5%	22.5%	91	
Results by household income:				
Less than \$20,000	47.9%	52.1%	53	
\$20,000 - \$34,999	50.0%	50.0%	47	
\$35,000 - \$49,999	57.7%	42.3%	56	
\$50,000 - \$74,999	42.9%	57.1%	52	
\$75,000 or more	71.4%	28.6%	74	

### 36B. Please indicate if you have the following resource or facility in your community: BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	5.7%	23.4%	64.9%	6.0%	426
Results by gender:					
Female	1.7%	24.9%	64.5%	8.9%	253
Male	9.8%	21.9%	65.3%	3.1%	173
Results by age:					
18-34	2.6%	25.6%	62.2%	9.6%	37
35-44	11.5%	36.6%	51.9%	0.0%	34
45-54	11.0%	19.3%	66.9%	2.8%	60
55-64	3.7%	19.2%	72.8%	4.3%	115
65-74	2.5%	18.7%	72.2%	6.6%	89
75+	2.8%	16.4%	68.7%	12.0%	91
Results by education level:					
Less than HS diploma, no GED	33.2%	18.2%	34.7%	13.9%	46
High school diploma or GED	8.1%	29.2%	53.3%	9.4%	131
Some college, trade school, or Associate degree	0.4%	21.3%	73.4%	4.9%	133
Bachelor's degree or higher	0.2%	22.0%	76.7%	1.0%	111
Results by household income:					
Less than \$20,000	16.9%	17.1%	51.3%	14.7%	78
\$20,000 - \$34,999	13.6%	22.0%	54.4%	10.1%	66
\$35,000 - \$49,999	5.5%	14.9%	77.1%	2.6%	76
\$50,000 - \$74,999	0.7%	30.8%	60.4%	8.1%	75
\$75,000 or more	0.8%	28.3%	70.4%	0.5%	88

# 36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

	I do not use I use this this		N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	42.6%	57.4%	303	
Results by gender:				
Female	41.9%	58.1%	179	
Male	43.4%	56.6%	124	
Results by age:				
18-34			26	
35-44			18	
45-54	49.2%	50.8%	39	
55-64	45.3%	54.7%	84	
65-74	33.2%	66.8%	67	
75+	11.6%	88.4%	69	
Results by education level:				
Less than HS diploma, no GED	32.7%	67.3%	30	
High school diploma or GED	29.9%	70.1%	83	
Some college, trade school, or Associate degree	29.3%	70.7%	99	
Bachelor's degree or higher	71.2%	28.8%	87	
Results by household income:				
Less than \$20,000	35.3%	64.7%	54	
\$20,000 - \$34,999	37.8%	62.2%	45	
\$35,000 - \$49,999	41.1%	58.9%	54	
\$50,000 - \$74,999	27.2%	72.8%	52	
\$75,000 or more	67.2%	32.8%	68	

### 36C. Please indicate if you have the following resource or facility in your community: PUBLIC SWIMMING POOLS OR WATER PARKS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	6.3%	23.3%	65.6%	4.8%	415
Results by gender:					
Female	4.4%	27.9%	62.0%	5.7%	249
Male	8.2%	18.6%	69.3%	3.9%	166
Results by age:					
18-34	7.9%	23.1%	64.7%	4.4%	37
35-44	9.7%	27.5%	61.4%	1.3%	34
45-54	9.1%	20.9%	66.0%	4.1%	58
55-64	2.9%	21.9%	71.2%	4.0%	110
65-74	0.6%	26.4%	64.1%	8.8%	88
75+	2.3%	21.0%	66.7%	10.0%	88
Results by education level:					
Less than HS diploma, no GED	38.8%	13.3%	37.7%	10.2%	42
High school diploma or GED	6.5%	27.2%	56.0%	10.2%	126
Some college, trade school, or Associate degree	3.0%	20.6%	74.7%	1.7%	132
Bachelor's degree or higher	0.0%	25.9%	72.6%	1.6%	110
Results by household income:					
Less than \$20,000	20.8%	15.0%	52.9%	11.3%	71
\$20,000 - \$34,999	14.6%	21.2%	51.9%	12.3%	66
\$35,000 - \$49,999	2.6%	21.3%	73.8%	2.3%	73
\$50,000 - \$74,999	4.9%	27.5%	64.1%	3.5%	76
\$75,000 or more	0.0%	26.6%	72.9%	0.5%	88

# 36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

	l use this	I do not use I use this this		
Nobles County	%	%	N (Unweighted)	
Overall results from 2015	21.1%	78.9%	288	
Results by gender:				
Female	24.2%	75.8%	169	
Male	18.2%	81.8%	119	
Results by age:				
18-34			24	
35-44			21	
45-54	33.5%	66.5%	39	
55-64	9.0%	91.0%	78	
65-74	6.6%	93.4%	62	
75+	4.3%	95.7%	64	
Results by education level:				
Less than HS diploma, no GED			27	
High school diploma or GED	14.8%	85.2%	83	
Some college, trade school, or Associate degree	22.9%	77.1%	89	
Bachelor's degree or higher	24.1%	75.9%	86	
Results by household income:				
Less than \$20,000	21.4%	78.6%	49	
\$20,000 - \$34,999	19.8%	80.2%	43	
\$35,000 - \$49,999	20.9%	79.1%	49	
\$50,000 - \$74,999	25.0%	75.0%	51	
\$75,000 or more	17.3%	82.7%	69	

### 36D. Please indicate if you have the following resource or facility in your community: PUBLIC RECREATION OR COMMUNITY CENTERS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	8.0%	23.8%	61.4%	6.8%	411
Results by gender:					
Female	5.1%	28.1%	58.7%	8.1%	248
Male	11.1%	19.2%	64.3%	5.4%	163
Results by age:					
18-34	6.4%	29.7%	53.8%	10.1%	36
35-44	13.8%	34.7%	51.5%	0.0%	35
45-54	11.6%	19.8%	59.7%	8.9%	59
55-64	5.5%	20.0%	71.5%	3.0%	106
65-74	7.5%	15.1%	72.6%	4.7%	87
75+	1.5%	12.0%	74.9%	11.5%	88
Results by education level:					
Less than HS diploma, no GED	44.0%	8.4%	37.1%	10.6%	45
High school diploma or GED	8.0%	19.4%	59.3%	13.3%	123
Some college, trade school, or Associate degree	4.0%	23.4%	67.6%	5.1%	130
Bachelor's degree or higher	0.4%	34.3%	64.5%	0.8%	108
Results by household income:					
Less than \$20,000	19.7%	12.4%	58.1%	9.7%	71
\$20,000 - \$34,999	22.7%	13.3%	46.5%	17.5%	65
\$35,000 - \$49,999	7.4%	23.8%	66.6%	2.2%	75
\$50,000 - \$74,999	0.7%	27.5%	61.0%	10.8%	70
\$75,000 or more	2.0%	32.1%	65.9%	0.0%	87

# 36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

	I use this		N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	18.6%	81.4%	287	
Results by gender:				
Female	13.7%	86.3%	169	
Male	23.4%	76.6%	118	
Results by age:				
18-34			21	
35-44			19	
45-54	20.6%	79.4%	37	
55-64	23.5%	76.5%	75	
65-74	18.8%	81.2%	65	
75+	15.5%	84.5%	70	
Results by education level:				
Less than HS diploma, no GED			29	
High school diploma or GED	15.8%	84.2%	88	
Some college, trade school, or Associate degree	13.6%	86.4%	86	
Bachelor's degree or higher	28.4%	71.6%	81	
Results by household income:				
Less than \$20,000	23.7%	76.3%	53	
\$20,000 - \$34,999	12.8%	87.2%	42	
\$35,000 - \$49,999	5.9%	94.1%	49	
\$50,000 - \$74,999	18.0%	82.0%	49	
\$75,000 or more	32.3%	67.7%	63	

### 36E. Please indicate if you have the following resource or facility in your community: PARKS OR SPORTS FIELDS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	4.2%	5.7%	84.5%	5.6%	411
Results by gender:					
Female	0.6%	6.6%	86.9%	5.9%	244
Male	7.7%	4.9%	82.0%	5.3%	167
Results by age:					
18-34	2.6%	9.4%	82.8%	5.2%	37
35-44	9.9%	0.0%	86.0%	4.0%	34
45-54	7.3%	3.8%	81.7%	7.3%	58
55-64	1.1%	4.8%	91.3%	2.9%	109
65-74	0.6%	8.6%	85.3%	5.5%	87
75+	2.4%	6.1%	81.4%	10.2%	86
Results by education level:					
Less than HS diploma, no GED	24.2%	1.3%	63.0%	11.5%	43
High school diploma or GED	6.1%	10.5%	68.2%	15.2%	123
Some college, trade school, or Associate degree	0.0%	7.0%	92.1%	0.9%	130
Bachelor's degree or higher	0.6%	1.0%	98.1%	0.3%	110
Results by household income:					
Less than \$20,000	14.3%	6.9%	67.7%	11.1%	67
\$20,000 - \$34,999	12.4%	6.0%	71.9%	9.8%	66
\$35,000 - \$49,999	2.5%	9.7%	79.1%	8.7%	75
\$50,000 - \$74,999	0.8%	6.2%	90.4%	2.6%	76
\$75,000 or more	0.0%	1.7%	97.9%	0.3%	88

# 36E. Do you use the PARKS OR SPORTS FIELDS in your community?

	I use this	l do not use this	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	48.5%	51.5%	356
Results by gender:			
Female	50.1%	49.9%	211
Male	46.8%	53.2%	145
Results by age:			
18-34	71.0%	29.0%	32
35-44			29
45-54	35.7%	64.3%	50
55-64	42.3%	57.7%	97
65-74	21.9%	78.1%	76
75+	18.3%	81.7%	72
Results by education level:			
Less than HS diploma, no GED	19.0%	81.0%	34
High school diploma or GED	37.2%	62.8%	102
Some college, trade school, or Associate degree	49.7%	50.3%	112
Bachelor's degree or higher	62.8%	37.2%	105
Results by household income:			
Less than \$20,000	20.7%	79.3%	57
\$20,000 - \$34,999	45.7%	54.3%	55
\$35,000 - \$49,999	51.0%	49.0%	59
\$50,000 - \$74,999	52.4%	47.6%	68
\$75,000 or more	55.7%	44.3%	85

# 36F. Please indicate if you have the following resource or facility in your community: SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	15.9%	35.2%	41.1%	7.8%	412
Results by gender:					
Female	12.6%	39.7%	35.8%	11.8%	244
Male	19.1%	30.7%	46.3%	4.0%	168
Results by age:					
18-34	9.8%	40.7%	38.9%	10.6%	36
35-44	29.4%	39.2%	30.1%	1.3%	35
45-54	16.8%	38.7%	41.1%	3.3%	58
55-64	12.3%	34.7%	44.7%	8.2%	108
65-74	22.5%	25.4%	44.0%	8.1%	88
75+	9.7%	17.0%	55.9%	17.3%	87
Results by education level:					
Less than HS diploma, no GED	52.9%	13.0%	25.8%	8.3%	44
High school diploma or GED	16.6%	34.7%	36.9%	11.8%	126
Some college, trade school, or Associate degree	12.2%	29.3%	50.1%	8.5%	127
Bachelor's degree or higher	7.7%	49.9%	39.2%	3.2%	110
Results by household income:					
Less than \$20,000	31.9%	20.3%	39.2%	8.6%	72
\$20,000 - \$34,999	31.6%	20.7%	34.1%	13.6%	67
\$35,000 - \$49,999	20.9%	22.9%	47.9%	8.3%	75
\$50,000 - \$74,999	8.1%	43.3%	41.7%	7.0%	72
\$75,000 or more	4.6%	55.0%	37.7%	2.8%	88

#### 36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

	I do not use I use this this		N
Nobles County	%	%	(Unweighted)
Overall results from 2015	15.6%	84.4%	211
Results by gender:			
Female	11.3%	88.7%	120
Male	19.5%	80.5%	91
Results by age:			
18-34			16
35-44			10
45-54			25
55-64	6.5%	93.5%	54
65-74	8.0%	92.0%	45
75+	10.0%	90.0%	61
Results by education level:			
Less than HS diploma, no GED			19
High school diploma or GED	7.8%	92.2%	66
Some college, trade school, or Associate degree	14.7%	85.3%	68
Bachelor's degree or higher	21.8%	78.2%	54
Results by household income:			
Less than \$20,000	29.4%	70.6%	36
\$20,000 - \$34,999	7.7%	92.3%	37
\$35,000 - \$49,999	26.0%	74.0%	39
\$50,000 - \$74,999	5.6%	94.4%	34
\$75,000 or more	13.5%	86.5%	41

### 36G. Please indicate if you have the following resource or facility in your community: SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	10.2%	53.9%	31.8%	4.1%	410
Results by gender:					
Female	5.6%	55.0%	33.4%	6.0%	245
Male	14.8%	52.7%	30.2%	2.3%	165
Results by age:					
18-34	7.9%	67.3%	19.6%	5.2%	37
35-44	22.5%	48.5%	27.7%	1.3%	35
45-54	9.2%	52.0%	38.3%	0.6%	57
55-64	7.0%	52.5%	37.1%	3.5%	109
65-74	9.0%	39.4%	41.9%	9.7%	85
75+	5.6%	42.4%	44.3%	7.7%	87
Results by education level:					
Less than HS diploma, no GED	38.7%	28.4%	22.4%	10.5%	44
High school diploma or GED	7.8%	50.1%	33.7%	8.5%	124
Some college, trade school, or Associate degree	10.3%	56.4%	32.5%	0.8%	127
Bachelor's degree or higher	3.1%	63.3%	31.9%	1.7%	110
Results by household income:					
Less than \$20,000	25.8%	31.2%	33.4%	9.5%	72
\$20,000 - \$34,999	12.5%	42.7%	36.0%	8.8%	65
\$35,000 - \$49,999	13.8%	53.9%	30.0%	2.3%	72
\$50,000 - \$74,999	8.1%	63.9%	25.7%	2.3%	75
\$75,000 or more	2.0%	64.6%	32.4%	1.0%	87

# 36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

	I use this	l do not use this	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	23.6%	76.4%	176	
Results by gender:				
Female	13.2%	86.8%	108	
Male	36.5%	63.5%	68	
Results by age:				
18-34			10	
35-44			11	
45-54			20	
55-64	19.4%	80.6%	46	
65-74	16.0%	84.0%	42	
75+	30.0%	70.0%	47	
Results by education level:				
Less than HS diploma, no GED			18	
High school diploma or GED	37.5%	62.5%	54	
Some college, trade school, or Associate degree	24.1%	75.9%	54	
Bachelor's degree or higher	5.9%	94.1%	47	
Results by household income:				
Less than \$20,000	40.6%	59.4%	35	
\$20,000 - \$34,999			29	
\$35,000 - \$49,999			27	
\$50,000 - \$74,999			23	
\$75,000 or more	3.6%	96.4%	38	

#### 36H. Please indicate if you have the following resource or facility in your community: HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.)

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	5.7%	14.2%	75.6%	4.5%	423
Results by gender:					
Female	0.8%	16.7%	76.8%	5.7%	253
Male	10.6%	11.7%	74.3%	3.3%	170
Results by age:					
18-34	2.6%	11.1%	81.0%	5.2%	37
35-44	13.1%	27.1%	59.8%	0.0%	35
45-54	11.5%	8.6%	76.6%	3.4%	60
55-64	2.7%	11.9%	80.9%	4.4%	113
65-74	0.0%	13.1%	78.8%	8.1%	88
75+	2.3%	18.1%	71.4%	8.2%	90
Results by education level:					
Less than HS diploma, no GED	36.0%	12.0%	39.6%	12.5%	45
High school diploma or GED	6.9%	20.7%	62.9%	9.5%	129
Some college, trade school, or Associate degree	0.4%	13.1%	85.2%	1.3%	133
Bachelor's degree or higher	0.6%	10.0%	88.9%	0.6%	111
Results by household income:					
Less than \$20,000	18.6%	12.7%	57.6%	11.2%	75
\$20,000 - \$34,999	13.2%	11.1%	63.5%	12.2%	67
\$35,000 - \$49,999	5.9%	13.3%	78.6%	2.2%	76
\$50,000 - \$74,999	0.8%	15.0%	81.4%	2.9%	76
\$75,000 or more	0.0%	16.8%	82.9%	0.3%	88

#### 36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

	I use this	l do not use this	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	33.2%	66.8%	333
Results by gender:			
Female	27.6%	72.4%	205
Male	39.5%	60.5%	128
Results by age:			
18-34	41.3%	58.7%	31
35-44			22
45-54	42.0%	58.0%	45
55-64	24.4%	75.6%	92
65-74	22.8%	77.2%	74
75+	11.2%	88.8%	69
Results by education level:			
Less than HS diploma, no GED			27
High school diploma or GED	24.8%	75.2%	95
Some college, trade school, or Associate degree	31.6%	68.4%	108
Bachelor's degree or higher	44.0%	56.0%	99
Results by household income:			
Less than \$20,000	23.7%	76.3%	56
\$20,000 - \$34,999	22.4%	77.6%	51
\$35,000 - \$49,999	39.2%	60.8%	57
\$50,000 - \$74,999	31.4%	68.6%	62
\$75,000 or more	43.8%	56.2%	77

#### 36I. Please indicate if you have the following resource or facility in your community: NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	7.9%	22.0%	65.1%	5.0%	424
Results by gender:					
Female	3.4%	25.6%	65.0%	6.0%	252
Male	12.3%	18.5%	65.3%	3.9%	172
Results by age:					
18-34	6.1%	24.7%	64.0%	5.2%	37
35-44	18.7%	34.7%	46.6%	0.0%	35
45-54	11.5%	12.1%	73.1%	3.4%	60
55-64	3.8%	18.3%	73.5%	4.4%	113
65-74	3.4%	18.3%	72.2%	6.1%	88
75+	0.7%	22.3%	63.0%	14.1%	91
Results by education level:					
Less than HS diploma, no GED	36.8%	10.1%	40.5%	12.5%	46
High school diploma or GED	8.0%	28.8%	53.1%	10.1%	129
Some college, trade school, or Associate degree	6.3%	20.5%	71.2%	2.0%	133
Bachelor's degree or higher	0.0%	21.3%	78.0%	0.7%	111
Results by household income:					
Less than \$20,000	20.2%	12.5%	55.3%	12.0%	75
\$20,000 - \$34,999	14.4%	19.4%	53.7%	12.5%	66
\$35,000 - \$49,999	10.7%	17.7%	69.0%	2.6%	76
\$50,000 - \$74,999	4.9%	32.7%	59.8%	2.6%	76
\$75,000 or more	0.0%	23.0%	76.5%	0.5%	89

#### 36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

	I use this	l do not use this	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	32.5%	67.5%	308	
Results by gender:				
Female	27.3%	72.7%	182	
Male	38.0%	62.0%	126	
Results by age:				
18-34			25	
35-44			17	
45-54	31.5%	68.5%	46	
55-64	27.3%	72.7%	84	
65-74	28.8%	71.2%	67	
75+	5.2%	94.8%	69	
Results by education level:				
Less than HS diploma, no GED	21.7%	78.3%	31	
High school diploma or GED	30.5%	69.5%	86	
Some college, trade school, or Associate degree	28.8%	71.2%	95	
Bachelor's degree or higher	41.4%	58.6%	92	
Results by household income:				
Less than \$20,000	18.8%	81.2%	54	
\$20,000 - \$34,999	29.0%	71.0%	45	
\$35,000 - \$49,999	35.8%	64.2%	52	
\$50,000 - \$74,999	25.5%	74.5%	52	
\$75,000 or more	42.5%	57.5%	74	

# 37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	28.8%	38.2%	32.9%	405
Results by gender:				
Female	26.9%	39.1%	34.0%	236
Male	30.8%	37.4%	31.9%	169
Results by age:				
18-34	13.8%	36.8%	49.4%	35
35-44	16.8%	31.4%	51.8%	35
45-54	19.8%	54.8%	25.4%	59
55-64	32.5%	43.5%	24.0%	110
65-74	51.1%	37.2%	11.7%	88
75+	82.3%	14.1%	3.5%	78
Results by education level:				
Less than HS diploma, no GED	50.9%	20.5%	28.5%	42
High school diploma or GED	49.3%	28.6%	22.1%	121
Some college, trade school, or Associate degree	17.6%	53.3%	29.1%	130
Bachelor's degree or higher	14.8%	35.3%	49.9%	107
Results by household income:				
Less than \$20,000	65.2%	15.1%	19.7%	68
\$20,000 - \$34,999	45.2%	32.5%	22.3%	65
\$35,000 - \$49,999	27.8%	31.2%	40.9%	74
\$50,000 - \$74,999	14.5%	47.7%	37.8%	72
\$75,000 or more	12.9%	49.2%	37.9%	88

# 37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	61.0%	26.9%	12.2%	393
Results by gender:				
Female	60.2%	24.3%	15.5%	227
Male	61.6%	29.3%	9.0%	166
Results by age:				
18-34	59.1%	28.7%	12.2%	36
35-44	47.1%	36.3%	16.6%	34
45-54	65.8%	21.0%	13.2%	58
55-64	58.2%	30.9%	10.9%	108
65-74	78.8%	13.9%	7.3%	86
75+	66.9%	23.7%	9.4%	71
Results by education level:				
Less than HS diploma, no GED	61.7%	23.3%	15.0%	38
High school diploma or GED	70.2%	18.9%	10.9%	116
Some college, trade school, or Associate degree	55.8%	34.9%	9.3%	124
Bachelor's degree or higher	57.3%	27.1%	15.7%	110
Results by household income:				
Less than \$20,000	57.8%	21.0%	21.1%	64
\$20,000 - \$34,999	63.1%	24.9%	12.0%	64
\$35,000 - \$49,999	66.6%	22.5%	10.9%	70
\$50,000 - \$74,999	63.6%	31.0%	5.4%	73
\$75,000 or more	54.0%	30.2%	15.7%	88

# 37C. How much of a problem for you is HAVING NO ONE TO EXERCISE WITH in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	59.2%	29.4%	11.4%	398
Results by gender:				
Female	55.7%	31.9%	12.4%	234
Male	62.6%	27.0%	10.4%	164
Results by age:				
18-34	63.3%	27.3%	9.4%	37
35-44	58.5%	32.1%	9.4%	35
45-54	55.6%	28.7%	15.7%	58
55-64	53.6%	34.7%	11.7%	106
65-74	60.9%	26.6%	12.5%	87
75+	62.1%	27.3%	10.6%	75
Results by education level:				
Less than HS diploma, no GED	71.9%	15.8%	12.3%	37
High school diploma or GED	64.2%	24.2%	11.6%	119
Some college, trade school, or Associate degree	57.2%	30.7%	12.1%	126
Bachelor's degree or higher	52.8%	36.9%	10.3%	111
Results by household income:				
Less than \$20,000	53.5%	24.7%	21.9%	65
\$20,000 - \$34,999	77.5%	11.7%	10.8%	66
\$35,000 - \$49,999	61.9%	26.6%	11.5%	72
\$50,000 - \$74,999	55.7%	38.2%	6.1%	75
\$75,000 or more	53.1%	35.5%	11.4%	86

## 37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	40.2%	29.2%	30.6%	400
Results by gender:				
Female	33.4%	32.8%	33.7%	234
Male	46.9%	25.6%	27.5%	166
Results by age:				
18-34	43.5%	33.4%	23.1%	37
35-44	37.6%	25.8%	36.5%	35
45-54	31.5%	25.2%	43.3%	58
55-64	29.2%	41.5%	29.3%	109
65-74	48.1%	24.0%	27.9%	88
75+	62.5%	13.6%	23.9%	73
Results by education level:				
Less than HS diploma, no GED	43.2%	25.4%	31.4%	38
High school diploma or GED	49.3%	17.9%	32.8%	116
Some college, trade school, or Associate degree	28.8%	33.3%	37.9%	129
Bachelor's degree or higher	44.7%	34.9%	20.5%	112
Results by household income:				
Less than \$20,000	37.0%	15.6%	47.4%	64
\$20,000 - \$34,999	32.4%	25.6%	42.1%	66
\$35,000 - \$49,999	52.0%	26.8%	21.3%	74
\$50,000 - \$74,999	25.0%	43.7%	31.3%	75
\$75,000 or more	48.2%	29.5%	22.2%	85

### 37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	60.8%	24.5%	14.7%	394
Results by gender:				
Female	61.3%	24.2%	14.5%	231
Male	60.3%	24.8%	15.0%	163
Results by age:				
18-34	62.6%	23.8%	13.6%	37
35-44	65.5%	17.9%	16.6%	34
45-54	47.5%	35.6%	16.9%	59
55-64	60.1%	24.2%	15.7%	105
65-74	60.9%	24.6%	14.5%	87
75+	75.5%	15.1%	9.3%	72
Results by education level:				
Less than HS diploma, no GED	63.4%	18.1%	18.5%	40
High school diploma or GED	74.3%	14.8%	10.9%	118
Some college, trade school, or Associate degree	54.6%	32.7%	12.7%	122
Bachelor's degree or higher	53.8%	26.3%	19.9%	109
Results by household income:				
Less than \$20,000	61.6%	11.9%	26.4%	68
\$20,000 - \$34,999	65.4%	21.6%	13.0%	63
\$35,000 - \$49,999	56.4%	25.9%	17.7%	70
\$50,000 - \$74,999	72.7%	16.1%	11.2%	72
\$75,000 or more	51.9%	36.6%	11.5%	87

### 37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	Ν
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	78.2%	14.7%	7.0%	406
Results by gender:				
Female	75.0%	16.9%	8.1%	236
Male	81.3%	12.7%	6.0%	170
Results by age:				
18-34	94.8%	5.2%	0.0%	37
35-44	94.3%	5.7%	0.0%	34
45-54	67.5%	23.3%	9.3%	59
55-64	67.7%	19.5%	12.8%	109
65-74	74.5%	15.1%	10.4%	87
75+	43.3%	33.8%	22.9%	80
Results by education level:				
Less than HS diploma, no GED	65.4%	19.6%	15.0%	40
High school diploma or GED	76.6%	15.2%	8.2%	121
Some college, trade school, or Associate degree	78.9%	16.5%	4.6%	130
Bachelor's degree or higher	84.3%	10.0%	5.7%	110
Results by household income:				
Less than \$20,000	59.3%	21.0%	19.7%	69
\$20,000 - \$34,999	75.6%	13.7%	10.7%	66
\$35,000 - \$49,999	83.7%	12.2%	4.1%	72
\$50,000 - \$74,999	77.6%	19.7%	2.7%	74
\$75,000 or more	86.4%	10.0%	3.6%	87

### 37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	66.3%	21.5%	12.2%	402
Results by gender:				
Female	61.9%	19.7%	18.4%	236
Male	70.6%	23.2%	6.2%	166
Results by age:				
18-34	66.8%	29.7%	3.5%	37
35-44	59.0%	26.5%	14.5%	35
45-54	72.2%	12.3%	15.6%	60
55-64	62.3%	19.7%	18.0%	108
65-74	67.9%	13.3%	18.8%	88
75+	70.2%	17.4%	12.4%	74
Results by education level:				
Less than HS diploma, no GED	74.8%	12.8%	12.3%	40
High school diploma or GED	60.6%	25.2%	14.2%	119
Some college, trade school, or Associate degree	63.3%	22.6%	14.1%	127
Bachelor's degree or higher	72.1%	19.5%	8.4%	111
Results by household income:				
Less than \$20,000	58.0%	19.3%	22.7%	68
\$20,000 - \$34,999	74.0%	17.0%	8.9%	65
\$35,000 - \$49,999	73.1%	17.1%	9.7%	72
\$50,000 - \$74,999	62.9%	30.8%	6.4%	74
\$75,000 or more	65.7%	23.1%	11.2%	87

## 37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	90.2%	7.6%	2.2%	399
Results by gender:				
Female	87.4%	10.1%	2.5%	234
Male	92.8%	5.2%	1.9%	165
Results by age:				
18-34	100.0%	0.0%	0.0%	37
35-44	89.7%	10.3%	0.0%	34
45-54	83.4%	12.6%	4.0%	58
55-64	85.6%	9.4%	5.0%	109
65-74	83.6%	13.2%	3.2%	88
75+	87.8%	8.6%	3.6%	73
Results by education level:				
Less than HS diploma, no GED	94.3%	3.9%	1.8%	39
High school diploma or GED	85.7%	8.3%	6.1%	119
Some college, trade school, or Associate degree	89.1%	10.2%	0.7%	127
Bachelor's degree or higher	94.1%	5.4%	0.4%	110
Results by household income:				
Less than \$20,000	82.0%	9.8%	8.3%	66
\$20,000 - \$34,999	88.3%	9.5%	2.2%	66
\$35,000 - \$49,999	92.8%	5.1%	2.1%	73
\$50,000 - \$74,999	86.9%	12.4%	0.7%	72
\$75,000 or more	95.9%	3.5%	0.6%	87

## 37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	Ν
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	34.0%	44.1%	21.9%	405
Results by gender:				
Female	27.3%	45.0%	27.7%	239
Male	40.6%	43.3%	16.1%	166
Results by age:				
18-34	39.3%	47.8%	12.9%	37
35-44	38.2%	29.0%	32.8%	35
45-54	23.6%	51.0%	25.4%	58
55-64	27.2%	50.4%	22.3%	111
65-74	33.0%	39.1%	27.9%	89
75+	43.9%	38.9%	17.2%	75
Results by education level:				
Less than HS diploma, no GED	68.7%	23.6%	7.6%	38
High school diploma or GED	47.6%	31.2%	21.3%	119
Some college, trade school, or Associate degree	25.0%	54.5%	20.5%	132
Bachelor's degree or higher	21.5%	49.6%	28.9%	111
Results by household income:				
Less than \$20,000	49.2%	28.7%	22.1%	67
\$20,000 - \$34,999	50.2%	35.0%	14.8%	66
\$35,000 - \$49,999	36.0%	44.4%	19.6%	74
\$50,000 - \$74,999	28.6%	42.8%	28.6%	75
\$75,000 or more	23.3%	56.3%	20.3%	86

## 37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	75.5%	17.9%	6.7%	403
Results by gender:				
Female	71.8%	21.2%	6.9%	236
Male	79.0%	14.6%	6.4%	167
Results by age:				
18-34	76.9%	14.6%	8.5%	37
35-44	71.1%	26.4%	2.5%	35
45-54	76.1%	13.3%	10.6%	59
55-64	68.2%	25.8%	6.0%	110
65-74	77.1%	17.0%	5.9%	88
75+	88.3%	9.9%	1.8%	74
Results by education level:				
Less than HS diploma, no GED	78.0%	19.8%	2.2%	40
High school diploma or GED	72.9%	17.3%	9.8%	118
Some college, trade school, or Associate degree	74.6%	17.1%	8.3%	129
Bachelor's degree or higher	77.3%	19.1%	3.6%	111
Results by household income:				
Less than \$20,000	79.2%	11.4%	9.4%	68
\$20,000 - \$34,999	71.2%	18.8%	10.0%	66
\$35,000 - \$49,999	84.2%	12.7%	3.1%	73
\$50,000 - \$74,999	73.9%	14.9%	11.2%	73
\$75,000 or more	68.5%	27.0%	4.6%	88

#### 37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	75.0%	18.2%	6.8%	397
Results by gender:				
Female	74.4%	22.1%	3.5%	231
Male	75.6%	14.4%	10.0%	166
Results by age:				
18-34	73.6%	21.4%	5.0%	37
35-44	79.0%	14.7%	6.4%	34
45-54	74.7%	14.0%	11.3%	58
55-64	69.6%	21.0%	9.4%	110
65-74	73.7%	21.1%	5.3%	87
75+	84.8%	14.3%	0.9%	71
Results by education level:				
Less than HS diploma, no GED	79.0%	10.9%	10.1%	38
High school diploma or GED	66.5%	19.7%	13.9%	118
Some college, trade school, or Associate degree	74.9%	19.3%	5.8%	126
Bachelor's degree or higher	81.2%	18.3%	0.5%	110
Results by household income:				
Less than \$20,000	74.8%	15.5%	9.7%	65
\$20,000 - \$34,999	76.8%	9.8%	13.4%	65
\$35,000 - \$49,999	73.1%	21.0%	5.9%	73
\$50,000 - \$74,999	72.3%	19.0%	8.6%	72
\$75,000 or more	76.2%	21.2%	2.6%	87

## 37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	76.8%	15.2%	8.0%	394
Results by gender:				
Female	76.4%	15.7%	7.8%	231
Male	77.1%	14.7%	8.2%	163
Results by age:				
18-34	87.3%	5.9%	6.8%	37
35-44	79.0%	14.7%	6.4%	34
45-54	73.7%	15.8%	10.6%	58
55-64	67.2%	25.2%	7.6%	110
65-74	68.3%	18.0%	13.7%	87
75+	70.2%	26.0%	3.8%	68
Results by education level:				
Less than HS diploma, no GED	82.8%	7.1%	10.1%	37
High school diploma or GED	74.5%	10.1%	15.3%	118
Some college, trade school, or Associate degree	73.9%	18.1%	8.0%	126
Bachelor's degree or higher	79.8%	19.3%	0.9%	110
Results by household income:				
Less than \$20,000	72.2%	13.2%	14.6%	65
\$20,000 - \$34,999	69.2%	13.5%	17.3%	66
\$35,000 - \$49,999	78.0%	16.2%	5.8%	74
\$50,000 - \$74,999	76.4%	14.0%	9.5%	71
\$75,000 or more	82.2%	15.5%	2.4%	85

## 37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	78.5%	14.2%	7.4%	311
Results by gender:				
Female	78.2%	11.8%	10.0%	178
Male	78.8%	16.3%	4.9%	133
Results by age:				
18-34	93.7%	4.2%	2.1%	32
35-44				24
45-54	74.0%	14.8%	11.2%	46
55-64	71.7%	17.1%	11.1%	83
65-74	73.7%	16.6%	9.7%	68
75+	72.0%	12.2%	15.8%	58
Results by education level:				
Less than HS diploma, no GED	77.3%	10.4%	12.3%	34
High school diploma or GED	71.4%	18.9%	9.7%	88
Some college, trade school, or Associate degree	77.9%	15.3%	6.8%	101
Bachelor's degree or higher	85.1%	10.3%	4.6%	84
Results by household income:				
Less than \$20,000	57.2%	21.9%	20.9%	59
\$20,000 - \$34,999	77.1%	20.8%	2.2%	47
\$35,000 - \$49,999	79.9%	17.1%	3.0%	56
\$50,000 - \$74,999	85.1%	12.9%	2.0%	51
\$75,000 or more	86.1%	6.9%	7.0%	64

38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities

	None	1 minute - 1 hour	> 1 hour - 2 hours	> 2 hours - 3 hours	> 3 hours - 5 hours	> 5 hours - 8 hours	> 8 hours	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	5.7%	21.2%	24.6%	17.5%	16.7%	6.0%	8.3%	387
Results by gender:								
Female	3.0%	19.4%	28.3%	16.8%	20.3%	5.5%	6.8%	227
Male	8.4%	23.0%	20.9%	18.2%	13.2%	6.5%	9.8%	160
Results by age:								
18-34	9.9%	25.1%	26.4%	16.1%	11.0%	6.2%	5.3%	36
35-44	0.0%	15.1%	29.0%	12.6%	25.7%	0.0%	17.6%	34
45-54	3.5%	18.2%	34.6%	17.4%	11.9%	7.9%	6.6%	59
55-64	2.8%	23.6%	14.3%	22.0%	21.9%	7.0%	8.4%	107
65-74	2.9%	22.2%	25.7%	19.6%	14.2%	7.0%	8.5%	80
75+	15.3%	20.8%	6.8%	21.0%	22.8%	9.5%	3.8%	71
Results by education level:								
Less than HS diploma, no GED	10.1%	34.7%	25.5%	6.4%	11.5%	2.2%	9.6%	47
High school diploma or GED	12.5%	20.9%	11.2%	20.9%	15.7%	6.4%	12.2%	113
Some college, trade school, or Associate degree	2.8%	16.2%	30.7%	15.7%	16.6%	7.4%	10.5%	120
Bachelor's degree or higher	0.6%	21.9%	30.4%	19.9%	20.3%	5.5%	1.4%	105
Results by household income:								
Less than \$20,000	16.4%	15.8%	15.1%	10.2%	17.8%	4.6%	20.1%	73
\$20,000 - \$34,999	6.9%	26.4%	31.4%	12.9%	12.3%	2.9%	7.1%	55
\$35,000 - \$49,999	10.4%	29.5%	19.2%	10.6%	14.3%	10.1%	5.8%	63
\$50,000 - \$74,999	0.0%	7.4%	37.1%	27.1%	11.2%	3.5%	13.8%	71
\$75,000 or more	1.3%	24.8%	23.2%	20.2%	22.3%	6.2%	1.9%	85

## 39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	32.3%	67.7%	437
Results by gender:			
Female	24.8%	75.2%	258
Male	39.9%	60.1%	179
Results by age:			
18-34	20.5%	79.5%	36
35-44	34.0%	66.0%	35
45-54	29.0%	71.0%	62
55-64	44.6%	55.4%	115
65-74	45.6%	54.4%	95
75+	34.5%	65.5%	94
Results by education level:			
Less than HS diploma, no GED	30.4%	69.6%	52
High school diploma or GED	44.5%	55.5%	130
Some college, trade school, or Associate degree	39.2%	60.8%	140
Bachelor's degree or higher	12.5%	87.5%	110
Results by household income:			
Less than \$20,000	38.2%	61.8%	79
\$20,000 - \$34,999	27.6%	72.4%	68
\$35,000 - \$49,999	34.9%	65.1%	79
\$50,000 - \$74,999	37.4%	62.6%	75
\$75,000 or more	24.6%	75.4%	89

### 40. Do you now smoke cigarettes every day, some days, or not at all?

	Every day	Some days	Not at all	Missing, but responded to follow-up	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	12.9%	16.7%	70.4%	0.0%	151
Results by gender:					
Female	15.3%	2.2%	82.5%	0.0%	70
Male	11.4%	25.3%	63.3%	0.0%	81
Results by age:					
18-34					6
35-44					8
45-54					17
55-64	22.7%	7.2%	70.1%	0.0%	52
65-74	5.7%	0.0%	94.3%	0.0%	41
75+					27
Results by education level:					
Less than HS diploma, no GED					16
High school diploma or GED	8.9%	26.1%	65.1%	0.0%	60
Some college, trade school, or Associate degree	17.8%	5.1%	77.0%	0.0%	56
Bachelor's degree or higher					18
Results by household income:					
Less than \$20,000	32.2%	17.9%	50.0%	0.0%	35
\$20,000 - \$34,999					21
\$35,000 - \$49,999					24
\$50,000 - \$74,999	9.2%	19.6%	71.1%	0.0%	32
\$75,000 or more					25

### Smoking status

	Current smoker	Former smoker	Never smoked	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	9.2%	21.9%	68.9%	428
Results by gender:				
Female	4.0%	19.0%	76.9%	254
Male	14.4%	24.8%	60.8%	174
Results by age:				
18-34	11.5%	9.0%	79.5%	36
35-44	15.4%	14.1%	70.5%	33
45-54	5.1%	23.9%	71.0%	62
55-64	13.1%	30.8%	56.1%	113
65-74	2.5%	41.4%	56.1%	92
75+	3.0%	30.5%	66.5%	92
Results by education level:				
Less than HS diploma, no GED	17.5%	12.4%	70.1%	51
High school diploma or GED	15.4%	28.7%	55.8%	128
Some college, trade school, or Associate degree	8.5%	28.6%	62.8%	137
Bachelor's degree or higher	0.5%	10.9%	88.6%	107
Results by household income:				
Less than \$20,000	18.6%	18.6%	62.9%	77
\$20,000 - \$34,999	10.2%	16.7%	73.1%	67
\$35,000 - \$49,999	12.9%	22.0%	65.1%	79
\$50,000 - \$74,999	10.6%	26.0%	63.5%	72
\$75,000 or more	1.5%	21.3%	77.3%	88

### 41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	71.5%	28.5%	32
Results by gender:			
Female			11
Male			21
Results by age:			
18-34			3
35-44			4
45-54			3
55-64			15
65-74			4
75+			3
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED			13
Some college, trade school, or Associate degree			11
Bachelor's degree or higher			2
Results by household income:			
Less than \$20,000			14
\$20,000 - \$34,999			4
\$35,000 - \$49,999			5
\$50,000 - \$74,999			5
\$75,000 or more			2

### 42. If you have tried to quit smoking cigarettes, why hasn't it worked?

	Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	l don't want to quit	I haven't tried to quit	Other reason	N
Nobles County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	8.9%	12.6%	9.2%	18.1%	23.1%	40.8%	31
Results by gender:							
Female							11
Male							20
Results by age:							
18-34							3
35-44							4
45-54							3
55-64							14
65-74							4
75+							3
Results by education level:							
Less than HS diploma, no GED							6
High school diploma or GED							13
Some college, trade school, or Associate degree							10
Bachelor's degree or higher							2
Results by household income:							
Less than \$20,000							13
\$20,000 - \$34,999							4
\$35,000 - \$49,999							5
\$50,000 - \$74,999							5
\$75,000 or more							2

# 43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	13.9%	86.1%	116
Results by gender:			
Female	13.0%	87.0%	58
Male	14.6%	85.4%	58
Results by age:			
18-34		-	4
35-44		-	7
45-54		-	15
55-64	20.0%	80.0%	37
65-74	20.8%	79.2%	30
75+		-	23
Results by education level:			
Less than HS diploma, no GED		-	13
High school diploma or GED	22.1%	77.9%	46
Some college, trade school, or Associate degree	6.1%	93.9%	42
Bachelor's degree or higher		-	15
Results by household income:			
Less than \$20,000		-	22
\$20,000 - \$34,999		-	17
\$35,000 - \$49,999		-	16
\$50,000 - \$74,999		-	28
\$75,000 or more		-	22

## 43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	11.5%	88.5%	116
Results by gender:			
Female	12.3%	87.7%	58
Male	11.0%	89.0%	58
Results by age:			
18-34			- 4
35-44			- 7
45-54			- 15
55-64	25.4%	74.6%	37
65-74	3.7%	96.3%	30
75+			- 23
Results by education level:			
Less than HS diploma, no GED			- 13
High school diploma or GED	11.6%	88.4%	46
Some college, trade school, or Associate degree	13.0%	87.0%	42
Bachelor's degree or higher			- 15
Results by household income:			
Less than \$20,000			- 22
\$20,000 - \$34,999			- 17
\$35,000 - \$49,999			- 16
\$50,000 - \$74,999			- 28
\$75,000 or more			- 22

## 43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	1.0%	99.0%	116
Results by gender:			
Female	1.6%	98.4%	58
Male	0.5%	99.5%	58
Results by age:			
18-34			4
35-44			7
45-54			15
55-64	5.0%	95.0%	37
65-74	0.0%	100.0%	30
75+			23
Results by education level:			
Less than HS diploma, no GED			13
High school diploma or GED	0.8%	99.2%	46
Some college, trade school, or Associate degree	1.7%	98.3%	42
Bachelor's degree or higher			15
Results by household income:			
Less than \$20,000			22
\$20,000 - \$34,999			17
\$35,000 - \$49,999			16
\$50,000 - \$74,999			28
\$75,000 or more			22

## 43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	1.8%	98.2%	116
Results by gender:			
Female	3.6%	96.4%	58
Male	0.5%	99.5%	58
Results by age:			
18-34			- 4
35-44			- 7
45-54			- 15
55-64	5.0%	95.0%	37
65-74	0.0%	100.0%	30
75+			- 23
Results by education level:			
Less than HS diploma, no GED			- 13
High school diploma or GED	2.6%	97.4%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher			- 15
Results by household income:			
Less than \$20,000			- 22
\$20,000 - \$34,999			- 17
\$35,000 - \$49,999			- 16
\$50,000 - \$74,999			- 28
\$75,000 or more			- 22

## 43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	0.0%	100.0%	116
Results by gender:			
Female	0.0%	100.0%	58
Male	0.0%	100.0%	58
Results by age:			
18-34			4
35-44			7
45-54			15
55-64	0.0%	100.0%	37
65-74	0.0%	100.0%	30
75+			23
Results by education level:			
Less than HS diploma, no GED			13
High school diploma or GED	0.0%	100.0%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher			15
Results by household income:			
Less than \$20,000			22
\$20,000 - \$34,999			17
\$35,000 - \$49,999			16
\$50,000 - \$74,999			28
\$75,000 or more			22

## 43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	0.7%	99.3%	116
Results by gender:			
Female	0.0%	100.0%	58
Male	1.3%	98.7%	58
Results by age:			
18-34			4
35-44			7
45-54			15
55-64	0.0%	100.0%	37
65-74	0.0%	100.0%	30
75+			23
Results by education level:			
Less than HS diploma, no GED			13
High school diploma or GED	1.9%	98.1%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher			15
Results by household income:			
Less than \$20,000			22
\$20,000 - \$34,999			17
\$35,000 - \$49,999			16
\$50,000 - \$74,999			28
\$75,000 or more			22

## 43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	0.8%	99.2%	116
Results by gender:			
Female	2.0%	98.0%	58
Male	0.0%	100.0%	58
Results by age:			
18-34			4
35-44			7
45-54			15
55-64	0.0%	100.0%	37
65-74	0.0%	100.0%	30
75+			23
Results by education level:			
Less than HS diploma, no GED			13
High school diploma or GED	0.0%	100.0%	46
Some college, trade school, or Associate degree	0.0%	100.0%	42
Bachelor's degree or higher			15
Results by household income:			
Less than \$20,000			22
\$20,000 - \$34,999			17
\$35,000 - \$49,999			16
\$50,000 - \$74,999			28
\$75,000 or more			22

## 43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	81.4%	18.6%	116
Results by gender:			
Female	82.3%	17.7%	58
Male	80.8%	19.2%	58
Results by age:			
18-34			- 4
35-44			- 7
45-54			- 15
55-64	67.8%	32.2%	37
65-74	79.4%	20.6%	30
75+			- 23
Results by education level:			
Less than HS diploma, no GED			- 13
High school diploma or GED	77.1%	22.9%	46
Some college, trade school, or Associate degree	80.9%	19.1%	42
Bachelor's degree or higher			- 15
Results by household income:			
Less than \$20,000			- 22
\$20,000 - \$34,999			- 17
\$35,000 - \$49,999			- 16
\$50,000 - \$74,999			- 28
\$75,000 or more			- 22

### 44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

	Every day	Some days	Not at all	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	1.4%	1.2%	97.4%	402
Results by gender:				
Female	0.8%	0.8%	98.4%	239
Male	2.0%	1.6%	96.4%	163
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	0.0%	2.8%	97.2%	31
45-54	1.1%	3.0%	95.9%	59
55-64	4.3%	1.4%	94.2%	106
65-74	3.4%	0.0%	96.6%	84
75+	1.7%	0.0%	98.3%	85
Results by education level:				
Less than HS diploma, no GED	2.2%	0.0%	97.8%	46
High school diploma or GED	3.8%	1.3%	94.9%	119
Some college, trade school, or Associate degree	0.2%	0.4%	99.3%	127
Bachelor's degree or higher	0.2%	2.4%	97.4%	106
Results by household income:				
Less than \$20,000	6.5%	2.9%	90.5%	75
\$20,000 - \$34,999	0.0%	0.0%	100.0%	61
\$35,000 - \$49,999	0.4%	0.0%	99.6%	66
\$50,000 - \$74,999	1.5%	3.5%	95.0%	71
\$75,000 or more	0.5%	0.5%	98.9%	88

### Cigar smoking status

	Current smoker	Non-smoker	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	2.6%	97.4%	402
Results by gender:			
Female	1.6%	98.4%	239
Male	3.6%	96.4%	163
Results by age:			
18-34	0.0%	100.0%	37
35-44	2.8%	97.2%	31
45-54	4.1%	95.9%	59
55-64	5.8%	94.2%	106
65-74	3.4%	96.6%	84
75+	1.7%	98.3%	85
Results by education level:			
Less than HS diploma, no GED	2.2%	97.8%	46
High school diploma or GED	5.1%	94.9%	119
Some college, trade school, or Associate degree	0.7%	99.3%	127
Bachelor's degree or higher	2.6%	97.4%	106
Results by household income:			
Less than \$20,000	9.5%	90.5%	75
\$20,000 - \$34,999	0.0%	100.0%	61
\$35,000 - \$49,999	0.4%	99.6%	66
\$50,000 - \$74,999	5.0%	95.0%	71
\$75,000 or more	1.1%	98.9%	88

### 44B. How often do you use PIPES?

	Every day	Some days	Not at all	Ν
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	0.0%	0.5%	99.5%	395
Results by gender:				
Female	0.0%	0.0%	100.0%	236
Male	0.0%	1.0%	99.0%	159
Results by age:				
18-34	0.0%	0.0%	100.0%	36
35-44	0.0%	0.0%	100.0%	32
45-54	0.0%	1.5%	98.5%	58
55-64	0.0%	1.5%	98.5%	105
65-74	0.0%	0.0%	100.0%	83
75+	0.0%	0.0%	100.0%	81
Results by education level:				
Less than HS diploma, no GED	0.0%	0.0%	100.0%	46
High school diploma or GED	0.0%	0.9%	99.1%	114
Some college, trade school, or Associate degree	0.0%	0.0%	100.0%	126
Bachelor's degree or higher	0.0%	1.0%	99.0%	105
Results by household income:				
Less than \$20,000	0.0%	0.6%	99.4%	72
\$20,000 - \$34,999	0.0%	0.0%	100.0%	61
\$35,000 - \$49,999	0.0%	0.0%	100.0%	67
\$50,000 - \$74,999	0.0%	2.2%	97.8%	69
\$75,000 or more	0.0%	0.0%	100.0%	86

### Pipe smoking status

	Current smoker	Non-smoker	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	0.5%	99.5%	395
Results by gender:			
Female	0.0%	100.0%	236
Male	1.0%	99.0%	159
Results by age:			
18-34	0.0%	100.0%	36
35-44	0.0%	100.0%	32
45-54	1.5%	98.5%	58
55-64	1.5%	98.5%	105
65-74	0.0%	100.0%	83
75+	0.0%	100.0%	81
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	46
High school diploma or GED	0.9%	99.1%	114
Some college, trade school, or Associate degree	0.0%	100.0%	126
Bachelor's degree or higher	1.0%	99.0%	105
Results by household income:			
Less than \$20,000	0.6%	99.4%	72
\$20,000 - \$34,999	0.0%	100.0%	61
\$35,000 - \$49,999	0.0%	100.0%	67
\$50,000 - \$74,999	2.2%	97.8%	69
\$75,000 or more	0.0%	100.0%	86

### 44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

	Every day	Some days	Not at all	Ν
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	3.2%	2.0%	94.7%	392
Results by gender:				
Female	0.0%	0.0%	100.0%	235
Male	6.7%	4.2%	89.1%	157
Results by age:				
18-34	5.6%	5.6%	88.8%	35
35-44	4.0%	0.0%	96.0%	32
45-54	1.5%	1.5%	97.0%	58
55-64	1.0%	1.0%	98.0%	104
65-74	3.6%	0.0%	96.4%	82
75+	1.8%	0.0%	98.2%	81
Results by education level:				
Less than HS diploma, no GED	6.2%	0.0%	93.8%	45
High school diploma or GED	2.4%	6.1%	91.5%	114
Some college, trade school, or Associate degree	1.0%	0.5%	98.5%	125
Bachelor's degree or higher	5.6%	1.0%	93.3%	104
Results by household income:				
Less than \$20,000	3.9%	0.0%	96.1%	72
\$20,000 - \$34,999	0.0%	0.0%	100.0%	59
\$35,000 - \$49,999	4.1%	0.0%	95.9%	65
\$50,000 - \$74,999	1.0%	9.8%	89.2%	71
\$75,000 or more	6.3%	0.0%	93.7%	86

#### Smokeless tobacco status

	Current user	Non-user	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	5.3%	94.7%	392
Results by gender:			
Female	0.0%	100.0%	235
Male	10.9%	89.1%	157
Results by age:			
18-34	11.2%	88.8%	35
35-44	4.0%	96.0%	32
45-54	3.0%	97.0%	58
55-64	2.0%	98.0%	104
65-74	3.6%	96.4%	82
75+	1.8%	98.2%	81
Results by education level:			
Less than HS diploma, no GED	6.2%	93.8%	45
High school diploma or GED	8.5%	91.5%	114
Some college, trade school, or Associate degree	1.5%	98.5%	125
Bachelor's degree or higher	6.7%	93.3%	104
Results by household income:			
Less than \$20,000	3.9%	96.1%	72
\$20,000 - \$34,999	0.0%	100.0%	59
\$35,000 - \$49,999	4.1%	95.9%	65
\$50,000 - \$74,999	10.8%	89.2%	71
\$75,000 or more	6.3%	93.7%	86

### 44D. How often do you use E-CIGARETTES?

	Every day	Some days	Not at all	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	0.2%	1.1%	98.6%	392
Results by gender:				
Female	0.4%	0.7%	98.9%	236
Male	0.0%	1.6%	98.4%	156
Results by age:				
18-34	0.0%	0.0%	100.0%	36
35-44	0.0%	4.3%	95.7%	30
45-54	1.1%	0.0%	98.9%	59
55-64	0.0%	3.2%	96.8%	105
65-74	0.0%	0.0%	100.0%	81
75+	0.0%	0.0%	100.0%	81
Results by education level:				
Less than HS diploma, no GED	2.2%	6.5%	91.3%	45
High school diploma or GED	0.0%	1.2%	98.8%	115
Some college, trade school, or Associate degree	0.0%	0.5%	99.5%	125
Bachelor's degree or higher	0.0%	0.0%	100.0%	103
Results by household income:				
Less than \$20,000	1.7%	0.6%	97.7%	72
\$20,000 - \$34,999	0.0%	4.9%	95.1%	60
\$35,000 - \$49,999	0.0%	1.2%	98.8%	67
\$50,000 - \$74,999	0.0%	0.9%	99.1%	67
\$75,000 or more	0.0%	0.0%	100.0%	86

### E-cigarette status

	Current user	Non-user	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	1.4%	98.6%	392
Results by gender:			
Female	1.1%	98.9%	236
Male	1.6%	98.4%	156
Results by age:			
18-34	0.0%	100.0%	36
35-44	4.3%	95.7%	30
45-54	1.1%	98.9%	59
55-64	3.2%	96.8%	105
65-74	0.0%	100.0%	81
75+	0.0%	100.0%	81
Results by education level:			
Less than HS diploma, no GED	8.7%	91.3%	45
High school diploma or GED	1.2%	98.8%	115
Some college, trade school, or Associate degree	0.5%	99.5%	125
Bachelor's degree or higher	0.0%	100.0%	103
Results by household income:			
Less than \$20,000	2.3%	97.7%	72
\$20,000 - \$34,999	4.9%	95.1%	60
\$35,000 - \$49,999	1.2%	98.8%	67
\$50,000 - \$74,999	0.9%	99.1%	67
\$75,000 or more	0.0%	100.0%	86

### 44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

	Every day	Some days	Not at all	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	2.1%	2.4%	95.5%	387
Results by gender:				
Female	2.3%	0.7%	97.0%	235
Male	1.9%	4.3%	93.8%	152
Results by age:				
18-34	0.0%	6.6%	93.4%	35
35-44	2.8%	0.0%	97.2%	31
45-54	4.1%	1.5%	94.4%	58
55-64	4.9%	1.0%	94.2%	102
65-74	0.0%	0.7%	99.3%	82
75+	0.8%	0.0%	99.2%	79
Results by education level:				
Less than HS diploma, no GED	9.4%	0.0%	90.6%	45
High school diploma or GED	1.2%	6.0%	92.7%	112
Some college, trade school, or Associate degree	2.2%	1.3%	96.5%	125
Bachelor's degree or higher	0.0%	1.1%	98.9%	101
Results by household income:				
Less than \$20,000	9.5%	0.6%	90.0%	69
\$20,000 - \$34,999	3.9%	0.0%	96.1%	61
\$35,000 - \$49,999	0.0%	9.7%	90.3%	66
\$50,000 - \$74,999	0.9%	1.4%	97.7%	68
\$75,000 or more	0.9%	0.0%	99.1%	85

#### Other tobacco status

	Current user	Non-user	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	4.5%	95.5%	387
Results by gender:			
Female	3.0%	97.0%	235
Male	6.2%	93.8%	152
Results by age:			
18-34	6.6%	93.4%	35
35-44	2.8%	97.2%	31
45-54	5.6%	94.4%	58
55-64	5.8%	94.2%	102
65-74	0.7%	99.3%	82
75+	0.8%	99.2%	79
Results by education level:			
Less than HS diploma, no GED	9.4%	90.6%	45
High school diploma or GED	7.3%	92.7%	112
Some college, trade school, or Associate degree	3.5%	96.5%	125
Bachelor's degree or higher	1.1%	98.9%	101
Results by household income:			
Less than \$20,000	10.0%	90.0%	69
\$20,000 - \$34,999	3.9%	96.1%	61
\$35,000 - \$49,999	9.7%	90.3%	66
\$50,000 - \$74,999	2.3%	97.7%	68
\$75,000 or more	0.9%	99.1%	85

### Any tobacco use status

	Current user of tobacco	Current non- user of tobacco	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	13.3%	86.7%	443
Results by gender:			
Female	5.4%	94.6%	260
Male	21.1%	78.9%	183
Results by age:			
18-34	16.0%	84.0%	37
35-44	19.6%	80.4%	36
45-54	8.9%	91.1%	62
55-64	17.3%	82.7%	116
65-74	7.4%	92.6%	95
75+	5.0%	95.0%	97
Results by education level:			
Less than HS diploma, no GED	24.2%	75.8%	53
High school diploma or GED	18.9%	81.1%	132
Some college, trade school, or Associate degree	10.0%	90.0%	141
Bachelor's degree or higher	7.9%	92.1%	112
Results by household income:			
Less than \$20,000	22.7%	77.3%	82
\$20,000 - \$34,999	10.1%	89.9%	68
\$35,000 - \$49,999	17.0%	83.0%	79
\$50,000 - \$74,999	16.3%	83.7%	76
\$75,000 or more	8.0%	92.0%	90

### 44F. How often do you use MARIJUANA?

	Every day	Some days	Not at all	Ν
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	0.1%	0.0%	99.9%	389
Results by gender:				
Female	0.0%	0.0%	100.0%	233
Male	0.2%	0.0%	99.8%	156
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	0.0%	0.0%	100.0%	30
45-54	0.0%	0.0%	100.0%	60
55-64	0.5%	0.0%	99.5%	104
65-74	0.0%	0.0%	100.0%	80
75+	0.0%	0.0%	100.0%	78
Results by education level:				
Less than HS diploma, no GED	0.0%	0.0%	100.0%	43
High school diploma or GED	0.3%	0.0%	99.7%	114
Some college, trade school, or Associate degree	0.0%	0.0%	100.0%	124
Bachelor's degree or higher	0.0%	0.0%	100.0%	104
Results by household income:				
Less than \$20,000	0.6%	0.0%	99.4%	71
\$20,000 - \$34,999	0.0%	0.0%	100.0%	59
\$35,000 - \$49,999	0.0%	0.0%	100.0%	65
\$50,000 - \$74,999	0.0%	0.0%	100.0%	70
\$75,000 or more	0.0%	0.0%	100.0%	85

# 45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

	Yes	No	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	3.5%	96.5%	430	
Results by gender:				
Female	4.2%	95.8%	252	
Male	2.7%	97.3%	178	
Results by age:				
18-34	0.0%	100.0%	36	
35-44	1.8%	98.2%	36	
45-54	4.7%	95.3%	60	
55-64	10.0%	90.0%	115	
65-74	4.9%	95.1%	93	
75+	1.6%	98.4%	90	
Results by education level:				
Less than HS diploma, no GED	6.5%	93.5%	50	
High school diploma or GED	5.3%	94.7%	131	
Some college, trade school, or Associate degree	3.3%	96.7%	139	
Bachelor's degree or higher	0.5%	99.5%	107	
Results by household income:				
Less than \$20,000	10.4%	89.6%	80	
\$20,000 - \$34,999	4.5%	95.5%	66	
\$35,000 - \$49,999	3.7%	96.3%	77	
\$50,000 - \$74,999	2.7%	97.3%	73	
\$75,000 or more	0.0%	100.0%	88	

# 46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

	Yes	No	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	8.9%	91.1%	434	
Results by gender:				
Female	7.3%	92.7%	253	
Male	10.4%	89.6%	181	
Results by age:				
18-34	10.1%	89.9%	37	
35-44	10.0%	90.0%	35	
45-54	7.2%	92.8%	61	
55-64	12.0%	88.0%	115	
65-74	6.1%	93.9%	92	
75+	5.0%	95.0%	94	
Results by education level:				
Less than HS diploma, no GED	4.0%	96.0%	49	
High school diploma or GED	11.8%	88.2%	131	
Some college, trade school, or Associate degree	14.1%	85.9%	139	
Bachelor's degree or higher	1.6%	98.4%	110	
Results by household income:				
Less than \$20,000	11.1%	88.9%	80	
\$20,000 - \$34,999	7.2%	92.8%	67	
\$35,000 - \$49,999	14.5%	85.5%	76	
\$50,000 - \$74,999	12.8%	87.2%	75	
\$75,000 or more	1.6%	98.4%	90	

#### 47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	23.1%	76.9%	437
Results by gender:			
Female	23.3%	76.7%	255
Male	22.9%	77.1%	182
Results by age:			
18-34	24.0%	76.0%	37
35-44	21.5%	78.5%	36
45-54	25.6%	74.4%	61
55-64	33.1%	66.9%	115
65-74	17.8%	82.2%	94
75+	9.6%	90.4%	94
Results by education level:			
Less than HS diploma, no GED	15.6%	84.4%	52
High school diploma or GED	22.4%	77.6%	130
Some college, trade school, or Associate degree	34.8%	65.2%	139
Bachelor's degree or higher	13.3%	86.7%	111
Results by household income:			
Less than \$20,000	25.2%	74.8%	81
\$20,000 - \$34,999	26.4%	73.6%	68
\$35,000 - \$49,999	28.2%	71.8%	78
\$50,000 - \$74,999	21.8%	78.2%	75
\$75,000 or more	19.4%	80.6%	90

#### 48. The last time this happened in Minnesota, where were you?

	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N
Nobles County	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	23.1%	8.0%	8.7%	26.5%	6.0%	31.0%	28.2%	28.8%	95
Results by gender:									
Female	30.9%	10.4%	15.8%	22.2%	11.5%	30.7%	39.5%	24.2%	48
Male	15.6%	5.7%	1.8%	30.6%	0.6%	31.3%	17.2%	33.2%	47
Results by age:									
18-34									9
35-44									8
45-54									16
55-64	19.8%	1.4%	4.1%	14.3%	1.4%	20.0%	39.5%	27.3%	38
65-74									16
75+									8
Results by education level:									
Less than HS diploma, no GED									8
High school diploma or GED									26
Some college, trade school, or Associate degree	20.0%	2.2%	5.3%	21.2%	1.7%	26.8%	21.9%	28.5%	43
Bachelor's degree or higher									18
Results by household income:									
Less than \$20,000									20
\$20,000 - \$34,999									14
\$35,000 - \$49,999									19
\$50,000 - \$74,999									19
\$75,000 or more									19

#### 49. In Minnesota, have you ever seen anyone smoke an ecigarette?

	Yes	No	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	39.1%	60.9%	415	
Results by gender:				
Female	37.2%	62.8%	246	
Male	40.9%	59.1%	169	
Results by age:				
18-34	52.9%	47.1%	36	
35-44	40.7%	59.3%	34	
45-54	36.1%	63.9%	59	
55-64	34.5%	65.5%	108	
65-74	36.3%	63.7%	91	
75+	13.4%	86.6%	87	
Results by education level:				
Less than HS diploma, no GED	22.8%	77.2%	51	
High school diploma or GED	42.8%	57.2%	120	
Some college, trade school, or Associate degree	37.2%	62.8%	134	
Bachelor's degree or higher	44.4%	55.6%	106	
Results by household income:				
Less than \$20,000	42.1%	57.9%	76	
\$20,000 - \$34,999	39.6%	60.4%	65	
\$35,000 - \$49,999	35.3%	64.7%	74	
\$50,000 - \$74,999	44.0%	56.0%	73	
\$75,000 or more	42.3%	57.7%	85	

50. Where have you seen people smoke e-cigarettes in Minnesota?

	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N
Nobles County	%	%	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	36.3%	21.9%	31.6%	24.1%	32.4%	38.4%	11.5%	28.2%	14.8%	34.4%	134
Results by gender:											
Female	29.1%	11.5%	26.9%	16.3%	25.8%	26.8%	11.2%	30.1%	17.3%	31.5%	76
Male	42.6%	31.0%	35.8%	31.0%	38.1%	48.6%	11.7%	26.6%	12.6%	37.0%	58
Results by age:											
18-34											19
35-44											14
45-54											22
55-64	43.8%	22.4%	18.6%	14.4%	33.6%	22.0%	17.2%	28.0%	23.8%	21.4%	36
65-74	25.3%	3.8%	13.7%	14.0%	13.8%	27.8%	6.1%	14.1%	13.8%	33.6%	32
75+											11
Results by education level:											
Less than HS diploma, no GED											10
High school diploma or GED	27.2%	42.5%	31.7%	26.7%	49.4%	35.6%	20.6%	33.7%	6.5%	26.8%	37
Some college, trade school, or Associate degree	43.5%	25.6%	42.8%	26.4%	35.6%	30.0%	8.1%	35.5%	26.1%	31.6%	44
Bachelor's degree or higher	35.7%	1.0%	24.2%	23.2%	19.6%	45.0%	7.9%	19.3%	11.8%	43.0%	41
Results by household income:											
Less than \$20,000											28
\$20,000 - \$34,999											20
\$35,000 - \$49,999											22
\$50,000 - \$74,999											28
\$75,000 or more	28.1%	13.6%	40.0%	26.4%	14.7%	31.9%	11.6%	15.4%	7.0%	30.0%	31

# 51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

	Yes	No	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	58.9%	41.1%	436	
Results by gender:				
Female	50.5%	49.5%	256	
Male	67.1%	32.9%	180	
Results by age:				
18-34	64.5%	35.5%	37	
35-44	61.1%	38.9%	35	
45-54	59.4%	40.6%	62	
55-64	68.5%	31.5%	116	
65-74	54.3%	45.7%	92	
75+	30.2%	69.8%	94	
Results by education level:				
Less than HS diploma, no GED	33.0%	67.0%	50	
High school diploma or GED	49.4%	50.6%	131	
Some college, trade school, or Associate degree	62.9%	37.1%	139	
Bachelor's degree or higher	74.7%	25.3%	111	
Results by household income:				
Less than \$20,000	30.5%	69.5%	83	
\$20,000 - \$34,999	30.4%	69.6%	67	
\$35,000 - \$49,999	68.1%	31.9%	76	
\$50,000 - \$74,999	68.5%	31.5%	76	
\$75,000 or more	78.9%	21.1%	89	

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

	1-2 days	3-5 days	6-10 days	11-20 days	21-30 days	N
Nobles County	%	%	%	%	%	(Unweighted)
Overall results from 2015	29.4%	36.1%	13.7%	10.7%	10.0%	206
Results by gender:						
Female	29.2%	43.8%	14.6%	6.6%	5.8%	112
Male	29.6%	30.1%	13.0%	13.9%	13.3%	94
Results by age:						
18-34						19
35-44						17
45-54	23.7%	36.8%	17.7%	17.7%	4.2%	36
55-64	27.8%	21.9%	19.4%	13.4%	17.4%	70
65-74	29.2%	21.9%	22.2%	14.6%	12.1%	45
75+						19
Results by education level:						
Less than HS diploma, no GED						13
High school diploma or GED	39.9%	38.6%	7.0%	1.9%	12.7%	50
Some college, trade school, or Associate degree	33.2%	37.2%	11.6%	10.9%	7.2%	74
Bachelor's degree or higher	13.3%	34.8%	20.9%	18.5%	12.5%	69
Results by household income:						
Less than \$20,000						20
\$20,000 - \$34,999						22
\$35,000 - \$49,999	45.5%	38.7%	7.4%	4.5%	3.9%	40
\$50,000 - \$74,999	31.8%	36.5%	10.2%	13.4%	8.1%	48
\$75,000 or more	11.7%	35.2%	24.3%	14.9%	14.0%	63

### 53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

	One	Two	Three	Four or more	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	51.2%	23.1%	16.8%	8.9%	224
Results by gender:					
Female	53.5%	26.8%	13.7%	6.0%	119
Male	49.5%	20.5%	19.0%	10.9%	105
Results by age:					
18-34					19
35-44					19
45-54	42.6%	27.5%	9.1%	20.7%	37
55-64	46.6%	27.4%	20.0%	6.1%	72
65-74	62.6%	21.9%	14.3%	1.2%	48
75+					29
Results by education level:					
Less than HS diploma, no GED					14
High school diploma or GED	58.5%	23.7%	7.6%	10.3%	55
Some college, trade school, or Associate degree	42.4%	25.8%	20.8%	11.1%	81
Bachelor's degree or higher	59.2%	17.1%	18.9%	4.8%	74
Results by household income:					
Less than \$20,000					22
\$20,000 - \$34,999					22
\$35,000 - \$49,999	54.4%	33.7%	8.7%	3.3%	48
\$50,000 - \$74,999	55.8%	12.9%	28.1%	3.3%	52
\$75,000 or more	42.4%	21.8%	19.0%	16.8%	66

### Number of drinks in past 30 days

	1-2 drinks	3-4 drinks	5-9 drinks	10-19 drinks	20-29 drinks	30-59 drinks	60 or more drinks	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	25.5%	11.0%	18.5%	16.3%	8.8%	17.0%	2.9%	203
Results by gender:								
Female	22.9%	16.1%	26.7%	12.0%	10.4%	8.8%	3.2%	109
Male	27.4%	7.1%	12.5%	19.4%	7.7%	23.1%	2.7%	94
Results by age:								
18-34								18
35-44								17
45-54	22.8%	1.8%	13.4%	30.3%	12.0%	15.6%	4.2%	36
55-64	23.4%	11.0%	11.6%	18.3%	9.0%	16.9%	9.7%	68
65-74	21.7%	12.3%	23.1%	13.8%	18.2%	8.6%	2.4%	45
75+								19
Results by education level:								
Less than HS diploma, no GED								13
High school diploma or GED	37.9%	6.6%	25.1%	6.5%	9.5%	12.3%	2.1%	49
Some college, trade school, or Associate degree	30.1%	5.5%	16.3%	23.4%	7.8%	13.0%	4.0%	73
Bachelor's degree or higher	8.1%	20.7%	17.0%	17.4%	8.0%	25.8%	3.0%	68
Results by household income:								
Less than \$20,000								20
\$20,000 - \$34,999								21
\$35,000 - \$49,999	41.2%	24.2%	19.1%	4.4%	2.9%	6.3%	1.9%	39
\$50,000 - \$74,999	26.5%	7.9%	15.0%	30.5%	5.3%	8.7%	6.1%	48
\$75,000 or more	9.6%	4.3%	20.7%	18.5%	14.3%	30.8%	1.8%	62

Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

	Heavy drinking	No drinking or not heavy	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	3.7%	96.3%	409
Results by gender:			
Female	5.7%	94.3%	241
Male	1.8%	98.2%	168
Results by age:			
18-34	0.0%	100.0%	35
35-44	6.5%	93.5%	33
45-54	4.5%	95.5%	60
55-64	9.7%	90.3%	109
65-74	2.5%	97.5%	89
75+	0.0%	100.0%	83
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	48
High school diploma or GED	1.4%	98.6%	123
Some college, trade school, or Associate degree	6.4%	93.6%	129
Bachelor's degree or higher	4.4%	95.6%	104
Results by household income:			
Less than \$20,000	1.1%	98.9%	80
\$20,000 - \$34,999	0.0%	100.0%	64
\$35,000 - \$49,999	4.3%	95.7%	66
\$50,000 - \$74,999	6.9%	93.1%	72
\$75,000 or more	5.0%	95.0%	84

### Type of drinking behavior

	Heavy drinking	Drinking, but not heavy	No drinking	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	3.7%	52.5%	43.8%	409
Results by gender:				
Female	5.7%	42.1%	52.1%	241
Male	1.8%	62.9%	35.4%	168
Results by age:				
18-34	0.0%	61.5%	38.5%	35
35-44	6.5%	52.6%	40.9%	33
45-54	4.5%	53.8%	41.6%	60
55-64	9.7%	56.8%	33.4%	109
65-74	2.5%	50.6%	46.9%	89
75+	0.0%	19.5%	80.5%	83
Results by education level:				
Less than HS diploma, no GED	0.0%	31.4%	68.6%	48
High school diploma or GED	1.4%	46.2%	52.4%	123
Some college, trade school, or Associate degree	6.4%	53.5%	40.1%	129
Bachelor's degree or higher	4.4%	67.9%	27.6%	104
Results by household income:				
Less than \$20,000	1.1%	27.7%	71.2%	80
\$20,000 - \$34,999	0.0%	27.7%	72.3%	64
\$35,000 - \$49,999	4.3%	60.1%	35.6%	66
\$50,000 - \$74,999	6.9%	60.9%	32.2%	72
\$75,000 or more	5.0%	72.1%	22.9%	84

# 54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

	Any binge drinking	No binge drinking	N	
Nobles County	%	%	(Unweighted)	
Overall results from 2015	39.5%	60.5%	181	
Results by gender:				
Female	25.9%	74.1%	102	
Male	51.0%	49.0%	79	
Results by age:				
18-34			16	
35-44			16	
45-54	51.5%	48.5%	33	
55-64	26.4%	73.6%	61	
65-74	21.3%	78.7%	39	
75+			16	
Results by education level:				
Less than HS diploma, no GED			12	
High school diploma or GED	45.8%	54.2%	39	
Some college, trade school, or Associate degree	41.9%	58.1%	64	
Bachelor's degree or higher	35.3%	64.7%	66	
Results by household income:				
Less than \$20,000			13	
\$20,000 - \$34,999			19	
\$35,000 - \$49,999	27.0%	73.0%	36	
\$50,000 - \$74,999	32.2%	67.8%	45	
\$75,000 or more	55.7%	44.3%	59	

### 55. Do you ever drive a car or other vehicle?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	91.0%	9.0%	443
Results by gender:			
Female	92.4%	7.6%	261
Male	89.7%	10.3%	182
Results by age:			
18-34	92.4%	7.6%	37
35-44	89.9%	10.1%	36
45-54	90.4%	9.6%	62
55-64	91.0%	9.0%	115
65-74	95.7%	4.3%	94
75+	86.0%	14.0%	99
Results by education level:			
Less than HS diploma, no GED	71.4%	28.6%	53
High school diploma or GED	86.2%	13.8%	133
Some college, trade school, or Associate degree	94.0%	6.0%	140
Bachelor's degree or higher	100.0%	0.0%	112
Results by household income:			
Less than \$20,000	66.9%	33.1%	84
\$20,000 - \$34,999	94.9%	5.1%	68
\$35,000 - \$49,999	90.6%	9.4%	78
\$50,000 - \$74,999	98.4%	1.6%	76
\$75,000 or more	96.9%	3.1%	90

# 56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	
Nobles County	%	%	%	%	N (Unweighted)
Overall results from 2015	3.7%	38.2%	53.8%	4.2%	384
Results by gender:					
Female	0.8%	39.4%	54.3%	5.5%	225
Male	6.7%	37.0%	53.3%	3.0%	159
Results by age:					
18-34	10.9%	61.9%	27.2%	0.0%	34
35-44	1.4%	55.9%	42.7%	0.0%	30
45-54	0.0%	34.0%	62.1%	3.9%	55
55-64	1.6%	20.9%	71.1%	6.5%	99
65-74	0.0%	17.2%	78.1%	4.7%	86
75+	0.8%	0.0%	80.2%	19.0%	80
Results by education level:					
Less than HS diploma, no GED					28
High school diploma or GED	0.9%	24.2%	67.5%	7.4%	117
Some college, trade school, or Associate degree	0.0%	44.5%	53.5%	2.1%	124
Bachelor's degree or higher	11.3%	53.8%	32.9%	2.0%	111
Results by household income:					
Less than \$20,000	0.9%	1.8%	87.4%	9.9%	55
\$20,000 - \$34,999	1.6%	8.7%	81.8%	7.9%	60
\$35,000 - \$49,999	0.7%	46.1%	50.3%	2.9%	71
\$50,000 - \$74,999	0.0%	63.7%	33.7%	2.7%	72
\$75,000 or more	11.5%	46.0%	41.5%	1.0%	87

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	1.6%	25.1%	69.4%	4.0%	384
Results by gender:					
Female	0.0%	24.1%	71.0%	5.0%	225
Male	3.2%	26.1%	67.8%	3.0%	159
Results by age:					
18-34	5.5%	48.0%	46.5%	0.0%	34
35-44	0.0%	28.4%	71.6%	0.0%	30
45-54	0.0%	24.0%	73.2%	2.8%	55
55-64	0.0%	12.1%	82.1%	5.9%	99
65-74	0.0%	2.0%	92.0%	6.0%	86
75+	0.0%	0.0%	81.8%	18.2%	80
Results by education level:					
Less than HS diploma, no GED					28
High school diploma or GED	0.0%	15.4%	77.9%	6.7%	117
Some college, trade school, or Associate degree	0.0%	27.6%	71.2%	1.2%	124
Bachelor's degree or higher	5.1%	37.4%	54.7%	2.7%	111
Results by household income:					
Less than \$20,000	0.0%	1.0%	91.5%	7.6%	55
\$20,000 - \$34,999	0.0%	11.3%	82.0%	6.7%	59
\$35,000 - \$49,999	0.0%	33.4%	63.1%	3.5%	72
\$50,000 - \$74,999	0.0%	32.2%	65.1%	2.7%	72
\$75,000 or more	5.7%	30.7%	62.6%	1.0%	87

56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
Nobles County	%	%	%	%	(Unweighted)
Overall results from 2015	23.5%	51.2%	21.4%	3.8%	382
Results by gender:					
Female	17.0%	61.4%	16.8%	4.7%	223
Male	30.0%	41.0%	26.0%	3.0%	159
Results by age:					
18-34	48.5%	41.3%	10.2%	0.0%	34
35-44	32.5%	49.0%	18.5%	0.0%	30
45-54	15.6%	62.0%	19.5%	2.8%	54
55-64	4.7%	72.0%	17.4%	5.9%	99
65-74	4.7%	58.2%	32.4%	4.7%	86
75+	0.8%	25.3%	55.5%	18.3%	79
Results by education level:					
Less than HS diploma, no GED					28
High school diploma or GED	8.9%	43.2%	40.7%	7.2%	115
Some college, trade school, or Associate degree	26.6%	59.7%	12.4%	1.2%	124
Bachelor's degree or higher	38.8%	51.3%	7.9%	2.0%	111
Results by household income:					
Less than \$20,000	0.8%	35.0%	56.6%	7.6%	55
\$20,000 - \$34,999	7.4%	50.0%	35.9%	6.7%	59
\$35,000 - \$49,999	27.2%	45.3%	24.6%	2.9%	72
\$50,000 - \$74,999	31.0%	60.2%	6.2%	2.7%	72
\$75,000 or more	32.5%	56.7%	9.9%	1.0%	86

# 56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

	Often	Sometimes	Never	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	2.8%	39.7%	57.4%	379
Results by gender:				
Female	2.5%	37.3%	60.2%	223
Male	3.2%	42.2%	54.6%	156
Results by age:				
18-34	5.5%	52.5%	42.0%	34
35-44	4.2%	40.1%	55.7%	30
45-54	1.7%	36.5%	61.8%	55
55-64	0.0%	43.9%	56.1%	100
65-74	2.6%	24.9%	72.5%	84
75+	0.0%	16.7%	83.3%	76
Results by education level:				
Less than HS diploma, no GED				29
High school diploma or GED	0.0%	37.7%	62.3%	114
Some college, trade school, or Associate degree	0.2%	46.5%	53.3%	123
Bachelor's degree or higher	9.0%	41.8%	49.2%	110
Results by household income:				
Less than \$20,000	0.0%	23.8%	76.2%	55
\$20,000 - \$34,999	0.0%	48.1%	51.9%	60
\$35,000 - \$49,999	2.9%	29.6%	67.6%	70
\$50,000 - \$74,999	0.3%	52.7%	47.0%	70
\$75,000 or more	7.8%	40.5%	51.7%	87

# 56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

	Often	Sometimes	Never	Ν
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	0.0%	5.5%	94.5%	384
Results by gender:				
Female	0.0%	4.3%	95.7%	225
Male	0.0%	6.7%	93.3%	159
Results by age:				
18-34	0.0%	5.5%	94.5%	34
35-44	0.0%	8.3%	91.7%	30
45-54	0.0%	4.2%	95.8%	54
55-64	0.0%	8.9%	91.1%	101
65-74	0.0%	4.0%	96.0%	86
75+	0.0%	0.0%	100.0%	79
Results by education level:				
Less than HS diploma, no GED	0.0%	0.9%	99.1%	30
High school diploma or GED	0.0%	3.1%	96.9%	116
Some college, trade school, or Associate degree	0.0%	7.5%	92.5%	124
Bachelor's degree or higher	0.0%	6.6%	93.4%	110
Results by household income:				
Less than \$20,000	0.0%	4.7%	95.3%	56
\$20,000 - \$34,999	0.0%	3.2%	96.8%	61
\$35,000 - \$49,999	0.0%	1.9%	98.1%	71
\$50,000 - \$74,999	0.0%	4.3%	95.7%	71
\$75,000 or more	0.0%	10.5%	89.5%	87

### 57. Do you own or rent your home?

	Own	Rent	Other arrangement	N
Nobles County	%	%	%	(Unweighted)
Overall results from 2015	83.0%	13.2%	3.8%	442
Results by gender:				
Female	84.0%	11.3%	4.7%	260
Male	81.9%	15.1%	2.9%	182
Results by age:				
18-34	77.7%	20.5%	1.7%	37
35-44	68.0%	19.6%	12.5%	36
45-54	96.2%	2.8%	1.0%	61
55-64	86.1%	11.9%	2.1%	114
65-74	90.8%	7.4%	1.8%	95
75+	84.2%	10.6%	5.2%	99
Results by education level:				
Less than HS diploma, no GED	82.1%	12.4%	5.5%	52
High school diploma or GED	78.8%	18.8%	2.4%	134
Some college, trade school, or Associate degree	76.9%	16.5%	6.6%	140
Bachelor's degree or higher	94.5%	4.3%	1.2%	112
Results by household income:				
Less than \$20,000	54.7%	38.9%	6.4%	82
\$20,000 - \$34,999	83.9%	15.4%	0.6%	67
\$35,000 - \$49,999	75.1%	18.1%	6.8%	79
\$50,000 - \$74,999	89.1%	8.1%	2.8%	77
\$75,000 or more	96.2%	1.5%	2.2%	89

# 58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	10.0%	90.0%	424
Results by gender:			
Female	7.8%	92.2%	245
Male	12.1%	87.9%	179
Results by age:			
18-34	8.5%	91.5%	37
35-44	17.7%	82.3%	36
45-54	2.8%	97.2%	60
55-64	9.1%	90.9%	109
65-74	5.1%	94.9%	89
75+	20.8%	79.2%	93
Results by education level:			
Less than HS diploma, no GED	19.5%	80.5%	51
High school diploma or GED	13.4%	86.6%	130
Some college, trade school, or Associate degree	11.1%	88.9%	130
Bachelor's degree or higher	1.9%	98.1%	110
Results by household income:			
Less than \$20,000	42.3%	57.7%	83
\$20,000 - \$34,999	13.0%	87.0%	65
\$35,000 - \$49,999	10.2%	89.8%	74
\$50,000 - \$74,999	0.8%	99.2%	74
\$75,000 or more	0.0%	100.0%	85

#### 59. Does anyone ever smoke tobacco in any of the following areas in your building?

	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above checked	N
Nobles County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	29.3%	0.0%	0.0%	0.0%	0.0%	52.1%	38.2%	57
Results by gender:								
Female	16.3%	0.0%	0.0%	0.0%	0.0%	33.9%	52.0%	33
Male								24
Results by age:								
18-34								4
35-44								6
45-54								2
55-64								15
65-74								8
75+								22
Results by education level:								
Less than HS diploma, no GED								12
High school diploma or GED								24
Some college, trade school, or Associate degree								16
Bachelor's degree or higher								5
Results by household income:								
Less than \$20,000	22.7%	0.0%	0.0%	0.0%	0.0%	46.5%	35.7%	34
\$20,000 - \$34,999								11
\$35,000 - \$49,999								5
\$50,000 - \$74,999								2
\$75,000 or more								0

### 60. Do you have access to at least one working car or other vehicle to use when you need to?

	Yes	No	Ν
Nobles County	%	%	(Unweighted)
Overall results from 2015	93.1%	6.9%	439
Results by gender:			
Female	96.1%	3.9%	260
Male	90.1%	9.9%	179
Results by age:			
18-34	95.0%	5.0%	37
35-44	86.4%	13.6%	36
45-54	91.9%	8.1%	61
55-64	95.1%	4.9%	112
65-74	98.2%	1.8%	95
75+	92.4%	7.6%	98
Results by education level:			
Less than HS diploma, no GED	76.9%	23.1%	51
High school diploma or GED	88.0%	12.0%	133
Some college, trade school, or Associate degree	96.7%	3.3%	140
Bachelor's degree or higher	99.7%	0.3%	111
Results by household income:			
Less than \$20,000	77.7%	22.3%	82
\$20,000 - \$34,999	91.6%	8.4%	68
\$35,000 - \$49,999	88.2%	11.8%	77
\$50,000 - \$74,999	100.0%	0.0%	75
\$75,000 or more	100.0%	0.0%	90

### 71. Employment status

	Yes	No	N
Nobles County	%	%	(Unweighted)
Overall results from 2015	74.1%	25.9%	444
Results by gender:			
Female	68.0%	32.0%	264
Male	80.1%	19.9%	180
Results by age:			
18-34	92.2%	7.8%	37
35-44	90.9%	9.1%	35
45-54	85.3%	14.7%	62
55-64	77.9%	22.1%	115
65-74	44.6%	55.4%	95
75+	10.0%	90.0%	100
Results by education level:			
Less than HS diploma, no GED	53.9%	46.1%	53
High school diploma or GED	68.0%	32.0%	135
Some college, trade school, or Associate degree	80.9%	19.1%	139
Bachelor's degree or higher	79.8%	20.2%	113
Results by household income:			
Less than \$20,000	43.3%	56.7%	83
\$20,000 - \$34,999	64.5%	35.5%	68
\$35,000 - \$49,999	83.5%	16.5%	79
\$50,000 - \$74,999	80.1%	19.9%	77
\$75,000 or more	88.4%	11.6%	90



Survey instrument

Southwest Minnesota Healthy Communities Survey										
				-		-				
		<u>SUR</u>	VEY INSTRU	<b>ICTIONS</b>						
Corr	<ul> <li>Please use #2 pencil or blue or black pen to complete this survey.</li> <li>Do not use red pencil or ink.</li> <li>Do not use X's or check marks to indicate your responses.</li> <li>Fill response ovals completely with heavy, dark marks.</li> </ul>									
Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.										
1. In ger	neral, would you	ı say that your health	is:							
O E	xcellent	○ Very good	O Good	O Fair	O Poor					
that y	ou had any of t	old by a doctor or ot he following health c	•	rofessional	No	Yes	Yes, but only during pregnancy			
		ure/hypertension			0	$\bigcirc$	0			
	Pre-hypertension				0	0	0			
	Diabetes				0	0	0			
	Pre-diabetes				0	0	0			
	Overweight Cancer				0	0				
		ease (including COPD	chronic bronchi	tis or emphysema)	0	0				
	Heart trouble or a		, enfonce bronem	tis of emphysema)	Ŏ	Ö				
		elated health problem	S		Ŏ	ŏ				
	ligh cholesterol				Ŏ	Ŏ				
k. A	Arthritis	01			Ō	Ō				
I. D	Depression				0	0				
	Anxiety or panic				0	0				
	Other mental hea	alth problems			0	0				
	Dbesity				0	0				
р. А	Asthma				0	O				

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the <u>past 30 days</u> was your physical health <u>not good</u>?

#### 

4.	Wh	en was the last time you had	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
	a.	a flu shot?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
	b.	a dental exam or your teeth cleaned?	0	0	0	0	0
	с.	a hearing test?	0	0	0	0	0
	d.	an eye exam?	0	0	0	0	0
	e.	your blood pressure checked?	0	$\bigcirc$	0	$\bigcirc$	0
	f.	your blood cholesterol checked?	0	0	0	0	0
	g.	your blood sugar checked?	0	$\bigcirc$	0	$\bigcirc$	0
	h.	any screening for skin cancer?	0	0	0	0	0
	i.	any screening for colon cancer? Examples are fecal occult blood to	est,				
		proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema	0	$\bigcirc$	0	$\bigcirc$	0
	j.	a prostate exam (men only)?	Ó	Õ	Ō	Õ	Ó
	k.	a Pap test (women only)?	0	$\bigcirc$	0	$\bigcirc$	0
	Ι.	a mammogram (women only)?	0	0	0	0	0
	m.	a general health exam?	Ó	0	Ō	0	Ō

GO TO QUESTION 6

GO TO QUESTION 5

DO NOT WRITE IN THIS BOX

5.	If you have <u>not</u> had a <u>general health exam</u> within the past 1 or 2 years, why not? I could not get an appointment I had transportation problems I did not need one It cost too much I did not have insurance My insurance did not cover it Other reason	12.	Thinking about your depression, and prot days during the <u>past</u> <u>not good</u> ? Write the number in the boxes, then fill in
6.	During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health? ○ Yes ○ No ► IF NO, GO TO QUESTION 8 ▼		the appropriate circle <b>b</b> eneath each box.
7.	<ul> <li>Did the doctor, nurse, or other health professional discuss with you or ask you about your: (Mark ALL that apply)</li> <li>Physical activity</li> <li>Diet or nutrition</li> <li>Weight</li> <li>Smoking or other tobacco use</li> <li>Stress</li> </ul>		During the past 12 m you wanted to talk w professional about m go, or delayed talking Yes ON Why did you not get
	O Mental health concerns	14.	<ul> <li><u>care</u> you thought you</li> <li>I could not get a</li> <li>I had transportat</li> </ul>
	During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it? ○ Yes ○ No ▶ IF NO, GO TO QUESTION 10 ▼		<ul> <li>I was too nervou</li> <li>I did not think it</li> <li>It cost too much</li> <li>I did not have ir</li> <li>My insurance di</li> <li>I did not know v</li> </ul>
9.	Why did you not get or delay getting the <u>medical</u> <u>care</u> you thought you needed? ( <i>Mark ALL that apply</i> ) O I could not get an appointment	15	O Other reason
	<ul> <li>I had transportation problems</li> <li>I did not think it was serious enough</li> <li>It cost too much</li> <li>I did not have insurance</li> <li>My insurance did not cover it</li> <li>Other reason</li> </ul>	15.	<ul> <li>I had no medications prescribt</li> <li>I had no medication for me. ► GO I</li> <li>I had medication of the prescription</li> <li>I had medication fill at least one of the prescription</li> </ul>
10.	During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?         ○ Yes       ○ No ► IF NO, GO TO QUESTION 12	16.	Why did you not fill medication? (Mark A
11.	<ul> <li>Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)</li> <li>I could not get an appointment</li> <li>I had transportation problems</li> <li>I was too nervous or afraid</li> <li>It cost too much</li> <li>I did not have insurance</li> <li>The dentist would not accept my insurance</li> <li>I did not know where to go</li> <li>Other reason</li> </ul>	2	<ul> <li>I did not have in</li> <li>It cost too much</li> <li>I do not like taki</li> <li>I did not think I</li> <li>I did not know v</li> <li>I had transportat</li> <li>I did not like the</li> <li>Other reason</li> </ul>

mental health, which includes stress, plems with emotions, for how many 30 days was your mental health Number of days

my mental

- $\odot$ health was not  $\bigcirc$ good 22 33 (4) (5) (6) Õ 8 (9) nonths, was there a time when ith or seek help from a health ental health issues, but did not g with someone? ○ ▶ IF NO, GO TO QUESTION 15
- or delay getting the mental health **u needed?** (Mark ALL that apply)
  - an appointment
  - tion problems
  - us or afraid
  - was serious enough

  - isurance
  - d not cover it
  - where to go
- , which statement best describes bed for you?
  - tions prescribed O QUESTION 17
  - ns prescribed for me and I filled ALL ons. **GO TO QUESTION 17**

- ns prescribed for me and I did not of them.
- at least one prescription for LL that apply)
  - nsurance

  - ing medications
  - needed the medication
  - where to go
  - tion problems
  - side effects

#### 17. Do you currently have any of the following types of health insurance? (Please mark yes or no for each.)

	(rease mark yes of no for each.)	Yes	No
ć	a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	0	0
	b. Health insurance or coverage bought directly by yourself or your family ( <u>not</u> through an employer)	0	0
(	c. Indian or Tribal Health Service	0	0
	d. Medicare	0	0
•	e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	0	0
	f. MinnesotaCare	0	0
	g. Minnesota Comprehensive Health Association (MCHA)	0	0
	h. CHAMPUS, TRICARE, or Veterans' benefits	0	0
	i. Other health insurance or coverage (please specify):	0	0
j	j. NO health insurance coverage	0	0

18. Do you consider yourself:

Overweight

O About the right weight

O Underweight

<ul> <li>19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. How many servings of fruit did you have <u>yesterday</u>?</li> <li>(Do NOT include fruit juice.)</li> <li>Write the number in the boxes, then fill in the appropriate circle beneath each box.</li> </ul>	Servings (0) (0) (1) (1) (2) (2) (3) (4) (5) (6) (7) (8) (9)	20. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have <u>yesterday</u> ?	Servings 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	21. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have <u>yesterday</u> ?	ervings 0 0 1 1 2 2 3 4 5 6 7 8 9
--	--	---	--	--	---

How many glasses of each of the following did you drink <u>yesterday</u>	γ?				7 or
Think of a "glass" as a 12-oz. serving.	0	1-2	3-4	5-6	more
a. Milk	0	0	0	0	0
b. Pop or soda (regular)	Õ	0	0	Ó	Ó
c. Pop or soda (diet)	0	0	Ó	0	0
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	Ō	Ó	Ó	Ō	0

In an average week, how many <u>times</u> do you do the following?	0 times	1-2 times	3-4 times	5-6 times	7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell,					
pizza places, etc.)	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
p. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	0	0	0	0	0
c. Eat a meal from Meals on Wheels	0	0	0	0	0
d. Eat a meal from Senior dining/Senior meals	0	0	0	0	0
e. Eat a meal at a community setting such as a church	0	0	0	0	0
f. Eat a home-cooked meal	0	0	0	0	0
g. Watch television during meal time	0	0	0	0	0

24.	In a <u>typical month</u> , how often do you or others in your household buy or get food from the following places?		Never or less than one time per month	About one time per	About two or three times per month	About one time	Two or more times per week
	a. Supermarket or large grocery store		0	0	0	0	0
	b. Small grocery store		Õ	Õ	Õ	Ō	Õ
	c. Convenience store or gas station		$\bigcirc$	0	0	0	$\bigcirc$
	d. Grocery delivery service		0	0	0	0	0
	e. Food shelf or food pantry		$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$
	f. Some other place		0	0	0	0	0
25.	During the <u>growing season</u> , how often do you or other your household buy or get food from the following plac		Never or less than one time per month	About one time per	About two or three times per month	About one time	Two or more times per week
	a. Farmer's market, fruit/vegetable stand		$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
	b. Local farm or CSA (community supported agriculture)		0	0	0	0	0
	c. Food grown at home or in a community garden		$\bigcirc$	$\bigcirc$	0	0	$\bigcirc$
	<ul> <li>How far do you usually go (one way) to get your groceries?</li> <li>Less than 2 miles</li> <li>2-6 miles</li> <li>2-6 miles</li> <li>21-30 miles</li> <li>7-10 miles</li> <li>Over 30 miles</li> </ul> How comfortable are you with your skills in afollowing a recipe? bmeasuring ingredients? ccutting and mixing ingredients? dusing different methods to cook foods, such as boiling, stir-frying or grilling?		w often do y sic ingredien Every day 5-6 days per 3-4 days per Very comforta	r week r week Some	pasta, rice, 1-2 da Less th Never what N ortable cor	vegetables nys per wee nan 1 day p	<b>, or meats?</b> k
	During the past 12 months, how often did you worry the your food would run out before you had money to buy it offen       Offen	more?	⊖ Yes Jally shop.	Strongly	helf progra No Agree	nm? Disagree	ed a Strongly disagree
	b. The fresh fruits and vegetables available where I usually				0	0	0
	c. The fresh fruits and vegetables where I usually shop are	too exper	nsive.	0	0	0	0
	d. Fruits and vegetables are difficult to prepare.			0	0	0	0
	e. Fruits and vegetables spoil quickly.			$\bigcirc$	$\bigcirc$	0	0

32. During the <u>past 30 days</u>, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

O Yes O No

33.	how many d moderate pl	ays do you ge nysical activity	<b>t at least 30 m</b> / <b>?</b> Moderate ad	<b>ur regular job,</b> <b>ninutes of</b> ctivities cause in breathing or	<b>34.</b> During an <u>average week</u> , other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.
	<ul><li>○ 0 days</li><li>○ 1 day</li></ul>	<ul><li>2 days</li><li>3 days</li></ul>	<ul><li>○ 4 days</li><li>○ 5 days</li></ul>	<ul><li>○ 6 days</li><li>○ 7 days</li></ul>	<ul> <li>0 days</li> <li>2 days</li> <li>4 days</li> <li>6 days</li> <li>1 day</li> <li>3 days</li> <li>5 days</li> <li>7 days</li> </ul>

#### 35. Where do you usually exercise or do physical activities? (Mark ALL that apply.)

O At home O At a health club, fitness center, or gym

O At work O At a public recreation facility or community center

O Not applicable–I do not do or I am unable to do physical activities

Somewhere outdoors (park, trails, etc.)Some other place

### 36. Please indicate if you <u>have</u> the following resources and facilities in your community, and if so, whether or not you <u>use</u> that resource or facility.

		Does yo	our communit	ty have this?	lf y	yes, do '	you use it?
<u>Res</u>	sources and Facilities	Don't know	My community does not have this	My community has this		l use this	I do not use this
a.	Walking paths or trails	0	0	O —		0	0
b.	Bicycle paths, shared use paths or bike lanes	$\bigcirc$	$\bigcirc$	O ——		$\bigcirc$	0
с.	Public swimming pools or water parks	0	0	O —		0	0
d.	Public recreation or community centers	$\bigcirc$	$\bigcirc$	O ——		$\bigcirc$	0
e.	Parks or sports fields	0	0	0—		0	0
f.	Schools, colleges or universities that are open	0	$\bigcirc$	O ——		$\bigcirc$	0
	for public use for exercise or physical activity						
g.	A shopping mall or store for physical activity or walking	0	0	0—		0	0
h.	Health club, fitness center, or wellness center (YMCA,	$\bigcirc$	$\bigcirc$	O ——		$\bigcirc$	0
	Curves, Snap Fitness, Anytime Fitness, etc.)						
i.	Nearby waterways, such as creeks, rivers, and lakes for water- related activities (canoeing, swimming, kayaking, etc.)	0	0	0 —	•	0	0

#### 37. How much of a problem are the following factors for <u>you</u> in terms

0	f preventing you from being more physically active?	Not a problem	A small problem	A big problem
a	Lack of time	0	0	$\bigcirc$
b	. Lack of programs, leaders or facilities	0	0	0
C	No one to exercise with	$\bigcirc$	$\bigcirc$	$\bigcirc$
d	. The cost of fitness programs, gym memberships or admission fees	0	0	0
е	Public facilities (schools, sports fields, etc.) are not open or available at the times	I ()	$\bigcirc$	$\bigcirc$
	want to use them			
f.	Long-term illness, injury or disability	0	0	0
g	Distance I have to travel to a place where I can be physically active	0	0	$\bigcirc$
h	No safe place to exercise	0	0	0
i.	Lack of self-discipline or willpower	0	$\bigcirc$	$\bigcirc$
j.	Not having sidewalks or walking paths/trails	0	0	0
k	Poor maintenance of sidewalks or walking paths/trails	0	0	$\bigcirc$
١.	Sidewalks/paths/trails are icy or not shoveled	0	0	0
m	. Other reasons	0	$\bigcirc$	$\bigcirc$

_	38.	We are interested in how much "screen time" people get. On average, we many TOTAL hours <u>or</u> minutes per day do you spend:	vhile	yo	1	ork or s OR		how Total
		<ul> <li>Using a computer, tablet or smart phone</li> <li>Watching TV or movies</li> <li>Reading using a tablet such as a Kindle<sup>®</sup></li> <li>Playing online, video or computer games or games on a smart phone</li> <li>Texting, emailing or messaging other ways</li> <li>Any other screen activities</li> </ul>	$\overline{\mathbb{O}}$	0 1 2 3 4 5 6 7 8 9	per day			minutes per day
	39.	Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes)         Yes       No > GO TO QUESTION 44	tes =	: 5	packs)			
	40.	Do you now smoke cigarettes every day, some days, or not at all?						
		○ Every day ○ Some days ○ Not at all ► GO TO QUE	ESTIC	DN	43			
	41.	During the past 12 months, have you stopped smoking for one day or lo         O Yes       O No	nger	be	cause you wer	e trying	g to qui	t?
	42.	If you have tried to quit smoking cigarettes, why hasn't it worked? (Mark ○ I am not sure how to quit or where to go for help ○ Quit aids such as gum, lozenges, prescriptions, etc. are too expensive ○ I live with someone who also smokes and who doesn't want to quit ○ I don't want to quit ○ I haven't tried to quit ► GO TO QUESTION 44 ○ Other reason	< ALL	. th	at apply.)			
	43.	The last time you tried to quit smoking (or when you quit for good), did	you ı	ıse	•••		Yes	No
		a any nicotine replacement product, such as gum, a patch, a nasal spray,	an in	hal	er or lozenges?		0	0
		b a prescription medication like Zyban, Wellbutrin, or Chantix to help yo	u qui	t sr	noking?		0	0
		c a stop-smoking clinic or class?					0	0
		d a quit-smoking telephone help line?					0	0
		e an on-line or web-based counseling service?					0	0
		<ul><li>f face-to-face counseling?</li><li>g some other program or service?</li></ul>					0 0	0
		h. I quit without any help from any of these.					0	
		in r quit without any help nom any of these.					U	U
	44.	How often do you use any of the following products?			Every day	/ So	me day	-
		a. Cigars, cigarillos, or little cigars			0		0	0
		b. Pipes			0		0	0
		c. Snuff, snus or chewing tobacco d. E-cigarettes			0		0	
_		e. Any other type of tobacco product			0		0	0
		f. Marijuana			0		0	0
		······································			$\bigcirc$		$\bigcirc$	Ŭ
	45.	Does anyone, including yourself, regularly smoke tobacco (not including	g e-ci	gar	rettes) <u>inside</u> y	our hoi	me?	
		O Yes O No						
	46.	In the past 7 days, have you been in a car or other vehicle with someone-cigarettes)?	e who	0 W	as smoking to	bacco (	(not inc	luding
		O Yes O No 6						

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	In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car? Yes No ► IF NO, GO TO QUESTION 49 The last time this happened in Minnesota, where were you? ( <i>Please mark only ONE</i> ) A restaurant's or bar's outdoor area An outdoor shopping mall or strip mall A park or outdoor recreation area A parking lot An outdoor community sports event A sidewalk or building entrance Somewhere else outdoors Some other place	e-cigan ○ Yes ▼ 50. Where Minne ○ Sor ○ You ○ A r ○ A p ○ A p ○ A p ○ A s ○ Sor		<b>NO, GO TO</b> <b>people smoke</b> <i>that apply)</i> r car (includin oing area ecreation are unity sports ev ling entrance doors	D QUEST e e-cigare ng your o a	ION 51
51.	During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor? ○ Yes ○ No ► IF NO, GO TO QUESTION 55	times	dering all types of during the past of	<u>30 days</u> did y	ou have	
52.	<ul> <li>During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?</li> <li>Days</li> </ul>	4	FOR FEMALES: f or more drinks on an occasion Times ©  ()	5 or mo on an o s	Time	S
53.	During the past 30 days, on the days when you drank, about how many drinks did you drink on average? (A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)223333345566768			() () (3)	02	
	<ul> <li>1 drink</li> <li>2 drinks</li> <li>3 drinks</li> <li>4 drinks</li> <li>5 drinks</li> <li>10 drinks or more</li> </ul>		8		0	
	Do you ever drive a car or other vehicle?         ○ Yes       ○ No         ▶ IF NO, GO TO QUESTION 57		Often	Sometimes	Never	Not applicable I don't have a cell phone
56.	When DRIVING a car or other vehicle, how often do	you	_	~	~	
	<ul><li>aread incoming text messages or emails?</li><li>bsend text messages or emails?</li></ul>		0		0	0
	cmake or answer a phone call?		0	0	0	0
	ddo other activities such as eat, read, apply makeup of		0	ŏ	ŏ	
	edrive when you have perhaps had too much to drink?					

<b>57. Do you own or rent your home?</b> Own <b>O</b> Rent <b>O</b> Other arrangement	66. How tall are you67. Approximately howwithout shoes?much do you weigh?
<ul> <li>58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?</li> <li>○ Yes</li> <li>○ No ► GO TO QUESTION 60</li> </ul>	Feet       Inches       Pounds         0
<ul> <li>59. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)</li> <li>Apartments</li> <li>Hallways</li> <li>Laundry rooms</li> <li>On patios or balconies</li> </ul>	3       3       535         6       6       666         7       7       777         8       888       9       999         10       10       10       10
<ul> <li>60. Do you have access to at least one <i>working</i> car or other vehicle to use when you need to?</li> <li>Yes</li> <li>No</li> </ul>	68. <u>Including yourself</u> , how many adults live in your household? <u>Number of Adults:</u>
61. Are you: Male Female	<ol> <li>(1) (2) (3) (4) (5) (6) (7) (8) (9) (10) (10) (10) (10) (10) (10) (10) (10</li></ol>
<b>62. Your age group:</b> ○ 18-24 ○ 35-44 ○ 55-64 ○ 75 + ○ 25-34 ○ 45-54 ○ 65-74	<ul> <li>completed? (Please mark only ONE)</li> <li>Did not complete 8th grade</li> <li>Did not complete high school</li> <li>High school diploma/GED</li> <li>Trade/Vocational school</li> <li>Some college</li> </ul>
63. Are you of Hispanic or Latino origin?	<ul> <li>Associate degree</li> <li>Bachelor's degree</li> <li>Graduate/Professional degree</li> </ul>
<ul> <li>64. Which of the following best describes you? (Mark ALL that apply)</li> <li>American Indian</li> <li>Asian or Pacific Islander</li> <li>Black or African American or African</li> <li>White</li> <li>Other</li> </ul>	<ul> <li>70. Household income per year:</li> <li>○ Less than \$20,000</li> <li>○ \$20,000 - \$34,999</li> <li>○ \$35,000 - \$49,999</li> <li>○ \$50,000 - \$74,999</li> <li>○ \$75,000 - \$99,999</li> <li>○ \$100,000 or more</li> </ul>
<ul> <li>65. Do you think of your as? (Mark ALL that apply)</li> <li>Heterosexual or straight</li> <li>Gay, lesbian, or homosexual</li> <li>Bisexual</li> <li>Transgender</li> </ul>	<ul> <li>71. Are you currently (Mark ALL that apply)</li> <li>Employed</li> <li>Self-employed or farmer</li> <li>Unemployed or out of work</li> <li>A homemaker or stay-at-home parent</li> <li>A student</li> <li>Retired</li> <li>Unable to work because of a disability</li> </ul>

Thank you for completing this survey!