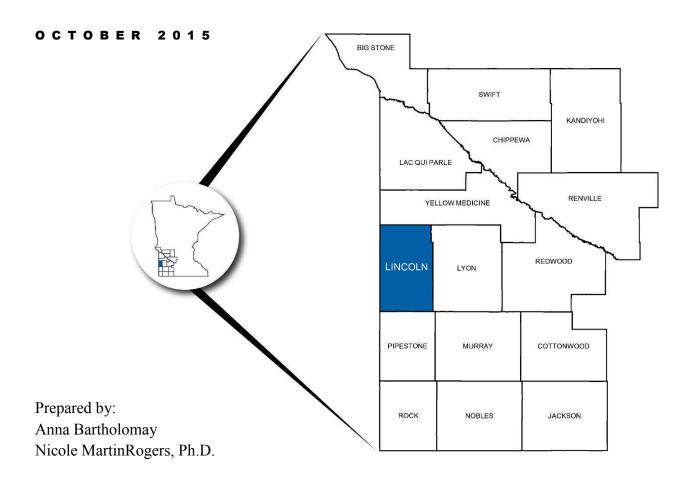
# **Data Book for Lincoln County**

2015 Southwest/South Central MN Adult Health Survey





Supported by the Statewide Health Improvement Program, Minnesota Department of Health

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Wilder Research

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# Acknowledgments

We would like to thank the residents of Southwest and South Central Minnesota who completed the survey upon which this data book is based.

In addition, we would like to thank the public health staff who contributed to the completion of this study, including: Carol Biren, Diane Madsen, Elizabeth Auch, Jill Bruns, Judy Pitzl, Katrina Henry, Krista Kopperud, Michelle Salfer, Leah Schueler, Pat Stewart, Shelly Aalfs, and Teri Janssen. We would also like to thank Ann Kinney, from the Minnesota Department of Health, for the technical assistance she provided.

The following Wilder Research staff worked on this study.

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This study was funded by the Minnesota Department of Health's Statewide Health Improvement Program (SHIP).

# Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered Englishlanguage questionnaire. See the Appendix for the survey instrument.

#### Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

#### Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

### **Completed surveys**

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

#### 1. Southwest/South Central MN Adult Health Survey sample and respondents

Area No.	Reporting area (County)	Population of area <sup>a</sup>	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error <sup>b</sup>
1	Big Stone	5,122	1,200	351	29.9%	7.0%
2	Chippewa	12,093	1,200	285	24.2%	8.1%
3	Cottonwood	11,616	1,500	456	31.0%	6.6%
4	Jackson	10,260	1,500	429	29.5%	6.4%
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%
7	Lincoln	5,830	1,200	412	34.8%	6.6%
8	Lyon	25,487	1,200	339	28.9%	7.2%
9	Murray	8,533	1,200	418	35.0%	6.4%
10	Nobles	21,617	1,500	448	30.4%	6.6%
11	Pipestone	9,270	1,200	328	27.8%	8.0%
12	Redwood	15,744	1,200	361	30.7%	6.9%
13	Renville	15,166	1,200	387	32.9%	7.0%
14	Rock	9,520	1,200	361	30.8%	7.4%
15	Swift	9,546	1,200	373	31.3%	7.2%
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%
All		219,284	20,100	6,019	30.5%	1.9%

<sup>&</sup>lt;sup>a</sup> Most recent data (2013) from MN Compass

<sup>&</sup>lt;sup>b</sup> The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.

#### Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

#### How to use this data book

The "area of focus" for this data book is **Lincoln County**. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from Lincoln County based on:

- Gender
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher
- Annual household income ranges including less than \$20,000, \$20,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, \$75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

# Survey findings

**Data tables** 

# 61. Gender (Unweighted)

	Female	Male	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	71.2%	28.8%	490
Overall results from 2015	64.3%	35.7%	412
Results by age:			
18-34	73.7%	26.3%	38
35-44	71.4%	28.6%	35
45-54	78.0%	22.0%	41
55-64	49.4%	50.6%	83
65-74	58.5%	41.5%	94
75+	69.4%	30.6%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	60.3%	39.7%	141
Some college, trade school, or Associate degree	67.5%	32.5%	151
Bachelor's degree or higher	68.1%	31.9%	91
Results by household income:			
Less than \$20,000	70.2%	29.8%	94
\$20,000 - \$34,999	62.3%	37.7%	69
\$35,000 - \$49,999	58.3%	41.7%	60
\$50,000 - \$74,999	59.5%	40.5%	74
\$75,000 or more	62.2%	37.8%	74

# 61. Gender (Weighted)

	Female	Male	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	50.8%	49.2%	490
Overall results from 2015	50.3%	49.7%	412
Results by age:			
18-34	47.5%	52.5%	38
35-44	47.5%	52.5%	35
45-54	44.8%	55.2%	41
55-64	51.0%	49.0%	83
65-74	51.9%	48.1%	94
75+	59.6%	40.4%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	47.8%	52.2%	141
Some college, trade school, or Associate degree	50.9%	49.1%	151
Bachelor's degree or higher	60.2%	39.8%	91
Results by household income:			
Less than \$20,000	49.0%	51.0%	94
\$20,000 - \$34,999	52.8%	47.2%	69
\$35,000 - \$49,999	45.5%	54.5%	60
\$50,000 - \$74,999	43.7%	56.3%	74
\$75,000 or more	51.5%	48.5%	74

# 62. Age group (Unweighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	11.2%	10.1%	17.4%	16.9%	19.6%	24.8%	484
Overall results from 2015	9.2%	8.5%	10.0%	20.1%	22.8%	29.4%	412
Results by gender:							
Female	10.6%	9.4%	12.1%	15.5%	20.8%	31.7%	265
Male	6.8%	6.8%	6.1%	28.6%	26.5%	25.2%	147
Results by education level:							
Less than HS diploma, no GED							24
High school diploma or GED	4.3%	4.3%	4.3%	17.0%	24.8%	45.4%	141
Some college, trade school, or Associate degree	7.3%	8.6%	16.6%	25.8%	21.9%	19.9%	151
Bachelor's degree or higher	22.0%	14.3%	9.9%	18.7%	23.1%	12.1%	91
Results by household income:							
Less than \$20,000	2.1%	3.2%	6.4%	16.0%	22.3%	50.0%	94
\$20,000 - \$34,999	10.1%	8.7%	4.3%	13.0%	26.1%	37.7%	69
\$35,000 - \$49,999	10.0%	16.7%	6.7%	23.3%	26.7%	16.7%	60
\$50,000 - \$74,999	14.9%	4.1%	21.6%	27.0%	18.9%	13.5%	74
\$75,000 or more	13.5%	17.6%	13.5%	25.7%	21.6%	8.1%	74

# 62. Age group (Weighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	21.1%	13.0%	18.4%	16.2%	14.0%	17.4%	484
Overall results from 2015	20.4%	13.3%	18.1%	16.6%	14.0%	17.5%	412
Results by gender:							
Female	19.3%	12.6%	16.1%	16.8%	14.5%	20.7%	265
Male	21.6%	14.1%	20.2%	16.3%	13.6%	14.2%	147
Results by education level:							
Less than HS diploma, no GED							24
High school diploma or GED	15.3%	7.3%	9.4%	16.0%	18.4%	33.5%	141
Some college, trade school, or Associate degree	13.0%	11.9%	31.2%	20.6%	11.7%	11.6%	151
Bachelor's degree or higher	39.8%	15.8%	9.5%	13.7%	14.8%	6.4%	91
Results by household income:							
Less than \$20,000	9.7%	13.6%	12.2%	13.8%	13.7%	37.0%	94
\$20,000 - \$34,999	19.5%	14.9%	4.1%	11.2%	21.6%	28.7%	69
\$35,000 - \$49,999	19.2%	22.5%	13.6%	18.8%	16.0%	9.9%	60
\$50,000 - \$74,999	23.7%	4.0%	36.8%	17.2%	9.8%	8.5%	74
\$75,000 or more	27.6%	19.6%	17.6%	19.1%	12.0%	4.1%	74

# 64. Race / Ethnicity (Unweighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	0.0%	0.2%	0.2%	1.0%	99.0%	1.4%	487
Overall results from 2015	0.7%	0.0%	0.0%	0.5%	99.8%	1.0%	409
Results by gender:							
Female	0.8%	0.0%	0.0%	0.4%	99.6%	1.1%	263
Male	0.7%	0.0%	0.0%	0.7%	100.0%	0.7%	146
Results by age:							
18-34	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	38
35-44	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	35
45-54	2.4%	0.0%	0.0%	2.4%	97.6%	0.0%	41
55-64	1.2%	0.0%	0.0%	0.0%	100.0%	2.4%	83
65-74	1.1%	0.0%	0.0%	1.1%	100.0%	2.1%	94
75+	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	118
Results by education level:							
Less than HS diploma, no GED							24
High school diploma or GED	0.7%	0.0%	0.0%	0.0%	99.3%	0.0%	139
Some college, trade school, or Associate degree	0.7%	0.0%	0.0%	0.0%	100.0%	1.3%	150
Bachelor's degree or higher	1.1%	0.0%	0.0%	0.0%	100.0%	1.1%	91
Results by household income:							
Less than \$20,000	0.0%	0.0%	0.0%	2.2%	100.0%	1.1%	93
\$20,000 - \$34,999	1.4%	0.0%	0.0%	0.0%	98.6%	0.0%	69
\$35,000 - \$49,999	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	60
\$50,000 - \$74,999	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	73
\$75,000 or more	1.4%	0.0%	0.0%	0.0%	100.0%	2.7%	74

# 64. Race / Ethnicity (Weighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	0.0%	0.3%	0.3%	1.0%	98.5%	1.5%	487
Overall results from 2015	0.5%	0.0%	0.0%	0.8%	99.9%	0.8%	409
Results by gender:							
Female	0.7%	0.0%	0.0%	0.2%	99.7%	1.3%	263
Male	0.2%	0.0%	0.0%	1.3%	100.0%	0.2%	146
Results by age:							
18-34	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	38
35-44	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	35
45-54	0.7%	0.0%	0.0%	3.7%	99.3%	0.0%	41
55-64	1.4%	0.0%	0.0%	0.0%	100.0%	3.5%	83
65-74	0.7%	0.0%	0.0%	0.6%	100.0%	1.3%	94
75+	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	118
Results by education level:							
Less than HS diploma, no GED							24
High school diploma or GED	0.5%	0.0%	0.0%	0.0%	99.5%	0.0%	139
Some college, trade school, or Associate degree	0.6%	0.0%	0.0%	0.0%	100.0%	1.5%	150
Bachelor's degree or higher	0.4%	0.0%	0.0%	0.0%	100.0%	0.4%	91
Results by household income:							
Less than \$20,000	0.0%	0.0%	0.0%	4.6%	100.0%	0.5%	93
\$20,000 - \$34,999	1.0%	0.0%	0.0%	0.0%	99.0%	0.0%	69
\$35,000 - \$49,999	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	60
\$50,000 - \$74,999	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	73
\$75,000 or more	0.4%	0.0%	0.0%	0.0%	100.0%	2.0%	74

# 65. Sexual orientation / Gender identity (Unweighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	99.2%	0.3%	1.1%	0.0%	372
Results by gender:					
Female	99.6%	0.0%	0.8%	0.0%	236
Male	98.5%	0.7%	1.5%	0.0%	136
Results by age:					
18-34	97.3%	0.0%	5.4%	0.0%	37
35-44	100.0%	0.0%	0.0%	0.0%	35
45-54	100.0%	0.0%	0.0%	0.0%	40
55-64	98.7%	1.3%	1.3%	0.0%	79
65-74	100.0%	0.0%	0.0%	0.0%	89
75+	98.9%	0.0%	1.1%	0.0%	92
Results by education level:					
Less than HS diploma, no GED					20
High school diploma or GED	100.0%	0.0%	0.0%	0.0%	120
Some college, trade school, or Associate degree	98.6%	0.7%	1.4%	0.0%	140
Bachelor's degree or higher	98.9%	0.0%	2.2%	0.0%	90
Results by household income:					
Less than \$20,000	100.0%	0.0%	0.0%	0.0%	81
\$20,000 - \$34,999	100.0%	0.0%	0.0%	0.0%	66
\$35,000 - \$49,999	98.2%	0.0%	1.8%	0.0%	55
\$50,000 - \$74,999	97.2%	0.0%	4.2%	0.0%	72
\$75,000 or more	100.0%	1.4%	0.0%	0.0%	69

# 65. Sexual orientation / Gender identity (Weighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	99.2%	0.5%	1.1%	0.0%	372
Results by gender:					
Female	99.3%	0.0%	1.4%	0.0%	236
Male	99.2%	0.9%	0.8%	0.0%	136
Results by age:					
18-34	98.3%	0.0%	3.5%	0.0%	37
35-44	100.0%	0.0%	0.0%	0.0%	35
45-54	100.0%	0.0%	0.0%	0.0%	40
55-64	99.3%	2.8%	0.7%	0.0%	79
65-74	100.0%	0.0%	0.0%	0.0%	89
75+	98.1%	0.0%	1.9%	0.0%	92
Results by education level:					
Less than HS diploma, no GED					20
High school diploma or GED	100.0%	0.0%	0.0%	0.0%	120
Some college, trade school, or Associate degree	98.4%	1.2%	1.6%	0.0%	140
Bachelor's degree or higher	99.5%	0.0%	1.9%	0.0%	90
Results by household income:					
Less than \$20,000	100.0%	0.0%	0.0%	0.0%	81
\$20,000 - \$34,999	100.0%	0.0%	0.0%	0.0%	66
\$35,000 - \$49,999	98.3%	0.0%	1.7%	0.0%	55
\$50,000 - \$74,999	98.1%	0.0%	3.3%	0.0%	72
\$75,000 or more	100.0%	2.1%	0.0%	0.0%	69

# **BMI status (Unweighted)**

	Not overweight	Overweight, but not obese	Obese	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	35.9%	36.8%	27.3%	473
Overall results from 2015	30.1%	34.4%	35.5%	369
Results by gender:				
Female	39.0%	30.1%	30.9%	236
Male	14.3%	42.1%	43.6%	133
Results by age:				
18-34	45.9%	32.4%	21.6%	37
35-44	37.1%	34.3%	28.6%	35
45-54	30.8%	35.9%	33.3%	39
55-64	23.1%	32.1%	44.9%	78
65-74	17.2%	39.1%	43.7%	87
75+	38.7%	32.3%	29.0%	93
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	22.5%	37.5%	40.0%	120
Some college, trade school, or Associate degree	31.7%	29.5%	38.8%	139
Bachelor's degree or higher	36.4%	39.8%	23.9%	88
Results by household income:				
Less than \$20,000	25.3%	38.0%	36.7%	79
\$20,000 - \$34,999	25.4%	30.2%	44.4%	63
\$35,000 - \$49,999	28.1%	40.4%	31.6%	57
\$50,000 - \$74,999	34.3%	31.4%	34.3%	70
\$75,000 or more	37.1%	32.9%	30.0%	70

# **BMI status (Weighted)**

	Not overweight	Overweight, but not obese	Obese	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	32.2%	40.4%	27.4%	473
Overall results from 2015	28.8%	34.9%	36.3%	369
Results by gender:				
Female	42.9%	29.0%	28.0%	236
Male	15.3%	40.6%	44.1%	133
Results by age:				
18-34	40.9%	27.4%	31.7%	37
35-44	26.3%	45.9%	27.9%	35
45-54	25.3%	33.6%	41.1%	39
55-64	24.0%	33.4%	42.6%	78
65-74	16.3%	38.5%	45.3%	87
75+	36.4%	35.2%	28.3%	93
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	16.5%	44.4%	39.1%	120
Some college, trade school, or Associate degree	32.5%	25.7%	41.8%	139
Bachelor's degree or higher	34.3%	39.7%	26.1%	88
Results by household income:				
Less than \$20,000	25.9%	43.5%	30.5%	79
\$20,000 - \$34,999	18.8%	41.0%	40.2%	63
\$35,000 - \$49,999	26.9%	31.2%	41.8%	57
\$50,000 - \$74,999	30.4%	35.3%	34.4%	70
\$75,000 or more	36.9%	27.5%	35.6%	70

### 68. Including yourself, how many adults live in your household? (Unweighted)

	1	2	3	4	5 or more	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	40.2%	52.1%	6.1%	1.6%	0.0%	493
Overall results from 2015	41.3%	53.2%	4.6%	0.5%	0.5%	412
Results by gender:						
Female	43.0%	51.3%	4.9%	0.4%	0.4%	265
Male	38.1%	56.5%	4.1%	0.7%	0.7%	147
Results by age:						
18-34	13.2%	81.6%	2.6%	0.0%	2.6%	38
35-44	20.0%	74.3%	2.9%	0.0%	2.9%	35
45-54	31.7%	53.7%	14.6%	0.0%	0.0%	41
55-64	34.9%	56.6%	7.2%	1.2%	0.0%	83
65-74	34.0%	62.8%	2.1%	1.1%	0.0%	94
75+	69.4%	28.1%	2.5%	0.0%	0.0%	121
Results by education level:						
Less than HS diploma, no GED						24
High school diploma or GED	48.2%	49.6%	1.4%	0.0%	0.7%	141
Some college, trade school, or Associate degree	37.1%	53.6%	7.9%	1.3%	0.0%	151
Bachelor's degree or higher	26.4%	68.1%	5.5%	0.0%	0.0%	91
Results by household income:						
Less than \$20,000	75.5%	20.2%	3.2%	0.0%	1.1%	94
\$20,000 - \$34,999	52.2%	46.4%	0.0%	1.4%	0.0%	69
\$35,000 - \$49,999	20.0%	70.0%	10.0%	0.0%	0.0%	60
\$50,000 - \$74,999	21.6%	71.6%	6.8%	0.0%	0.0%	74
\$75,000 or more	16.2%	78.4%	4.1%	1.4%	0.0%	74

### 68. Including yourself, how many adults live in your household? (Weighted)

	1	2	3	4	5 or more	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	28.3%	58.9%	8.1%	4.7%	0.0%	493
Overall results from 2015	22.1%	67.7%	6.9%	0.8%	2.6%	412
Results by gender:						
Female	23.2%	64.8%	9.7%	0.6%	1.7%	265
Male	20.9%	70.6%	4.1%	0.9%	3.5%	147
Results by age:						
18-34	10.9%	82.5%	2.5%	0.0%	4.1%	38
35-44	11.9%	71.9%	3.0%	0.0%	13.1%	35
45-54	18.5%	68.1%	13.4%	0.0%	0.0%	41
55-64	19.9%	65.1%	12.3%	2.7%	0.0%	83
65-74	19.5%	74.4%	3.8%	2.3%	0.0%	94
75+	50.7%	43.7%	5.6%	0.0%	0.0%	121
Results by education level:						
Less than HS diploma, no GED						24
High school diploma or GED	29.2%	65.7%	2.1%	0.0%	2.9%	141
Some college, trade school, or Associate degree	16.9%	70.1%	11.1%	1.9%	0.0%	151
Bachelor's degree or higher	17.5%	74.8%	7.7%	0.0%	0.0%	91
Results by household income:						
Less than \$20,000	52.3%	30.9%	6.1%	0.0%	10.6%	94
\$20,000 - \$34,999	39.9%	57.7%	0.0%	2.4%	0.0%	69
\$35,000 - \$49,999	12.0%	75.1%	13.0%	0.0%	0.0%	60
\$50,000 - \$74,999	10.0%	82.1%	7.9%	0.0%	0.0%	74
\$75,000 or more	5.9%	86.8%	5.2%	2.0%	0.0%	74

# 69. What is the highest level of education you have completed? (Unweighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	6.4%	33.3%	39.8%	20.5%	487
Overall results from 2015	5.9%	34.6%	37.1%	22.4%	407
Results by gender:					
Female	4.6%	32.6%	39.1%	23.8%	261
Male	8.2%	38.4%	33.6%	19.9%	146
Results by age:					
18-34	2.6%	15.8%	28.9%	52.6%	38
35-44	8.6%	17.1%	37.1%	37.1%	35
45-54	2.4%	14.6%	61.0%	22.0%	41
55-64	3.6%	28.9%	47.0%	20.5%	83
65-74	5.3%	37.2%	35.1%	22.3%	94
75+	9.5%	55.2%	25.9%	9.5%	116
Results by household income:					
Less than \$20,000	13.3%	42.2%	37.8%	6.7%	90
\$20,000 - \$34,999	7.2%	46.4%	30.4%	15.9%	69
\$35,000 - \$49,999	6.7%	33.3%	43.3%	16.7%	60
\$50,000 - \$74,999	0.0%	21.6%	45.9%	32.4%	74
\$75,000 or more	1.4%	17.6%	36.5%	44.6%	74

# 69. What is the highest level of education you have completed? (Weighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	5.2%	35.2%	39.6%	20.0%	487
Overall results from 2015	7.0%	28.6%	40.2%	24.2%	407
Results by gender:					
Female	2.9%	27.2%	40.8%	29.1%	261
Male	11.1%	29.9%	39.6%	19.4%	146
Results by age:					
18-34	6.2%	21.4%	25.5%	47.0%	38
35-44	20.4%	15.6%	35.6%	28.5%	35
45-54	3.7%	14.8%	68.9%	12.7%	41
55-64	2.8%	27.5%	49.8%	19.9%	83
65-74	4.1%	37.3%	33.3%	25.4%	94
75+	7.5%	56.1%	27.4%	9.0%	116
Results by household income:					
Less than \$20,000	30.2%	30.3%	31.9%	7.5%	90
\$20,000 - \$34,999	4.0%	39.8%	33.8%	22.4%	69
\$35,000 - \$49,999	7.5%	28.2%	45.4%	19.0%	60
\$50,000 - \$74,999	0.0%	28.6%	49.1%	22.4%	74
\$75,000 or more	0.4%	11.9%	43.3%	44.3%	74

# 70. Household income per year: (Unweighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	25.3%	18.6%	16.2%	19.9%	19.9%	371
Results by gender:						
Female	28.2%	18.4%	15.0%	18.8%	19.7%	234
Male	20.4%	19.0%	18.2%	21.9%	20.4%	137
Results by age:						
18-34	5.6%	19.4%	16.7%	30.6%	27.8%	36
35-44	8.6%	17.1%	28.6%	8.6%	37.1%	35
45-54	15.4%	7.7%	10.3%	41.0%	25.6%	39
55-64	19.5%	11.7%	18.2%	26.0%	24.7%	77
65-74	24.7%	21.2%	18.8%	16.5%	18.8%	85
75+	47.5%	26.3%	10.1%	10.1%	6.1%	99
Results by education level:						
Less than HS diploma, no GED						- 22
High school diploma or GED	31.9%	26.9%	16.8%	13.4%	10.9%	119
Some college, trade school, or Associate degree	23.9%	14.8%	18.3%	23.9%	19.0%	142
Bachelor's degree or higher	7.1%	13.1%	11.9%	28.6%	39.3%	84

# 70. Household income per year: (Weighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	17.7%	14.4%	18.1%	25.9%	23.9%	371
Results by gender:						
Female	18.0%	15.8%	17.1%	23.5%	25.6%	234
Male	17.5%	13.1%	19.0%	28.1%	22.4%	137
Results by age:						
18-34	8.3%	13.5%	16.8%	29.6%	31.8%	36
35-44	16.8%	14.9%	28.3%	7.3%	32.7%	35
45-54	11.4%	3.1%	13.0%	50.3%	22.2%	39
55-64	14.8%	9.8%	20.7%	27.0%	27.7%	77
65-74	17.6%	22.4%	20.9%	18.2%	20.8%	85
75+	42.0%	26.3%	11.4%	14.1%	6.2%	99
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	19.9%	21.8%	19.4%	28.1%	10.9%	119
Some college, trade school, or Associate degree	13.3%	11.7%	19.7%	30.5%	24.9%	142
Bachelor's degree or higher	5.4%	13.2%	14.1%	23.8%	43.6%	84

# 71. Are you currently... (Unweighted)

	Employed	Self- employed or farmer	Unemployed or out of work	A homemaker or stay-at- home parent	A student	Retired	Unable to work because of a disability	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	41.1%	13.4%	3.7%	8.4%	1.4%	39.5%	7.9%	491
Overall results from 2015	36.3%	13.6%	1.2%	6.3%	0.7%	47.4%	7.8%	411
Results by gender:								
Female	36.0%	10.2%	0.8%	9.5%	1.1%	48.5%	5.7%	264
Male	36.7%	19.7%	2.0%	0.7%	0.0%	45.6%	11.6%	147
Results by age:								
18-34	71.1%	10.5%	2.6%	18.4%	7.9%	0.0%	0.0%	38
35-44	77.1%	8.6%	2.9%	11.4%	0.0%	0.0%	2.9%	35
45-54	70.7%	19.5%	2.4%	2.4%	0.0%	0.0%	4.9%	41
55-64	49.4%	26.5%	0.0%	4.8%	0.0%	25.3%	14.5%	83
65-74	24.5%	14.9%	1.1%	5.3%	0.0%	66.0%	7.4%	94
75+	1.7%	4.2%	0.8%	4.2%	0.0%	93.3%	8.3%	120
Results by education level:								
Less than HS diploma, no GED								24
High school diploma or GED	20.7%	13.6%	0.0%	5.7%	0.7%	65.0%	7.1%	140
Some college, trade school, or Associate degree	47.0%	17.2%	1.3%	5.3%	0.0%	34.4%	9.3%	151
Bachelor's degree or higher	49.5%	11.0%	0.0%	8.8%	2.2%	38.5%	0.0%	91
Results by household income:								
Less than \$20,000	12.8%	10.6%	4.3%	6.4%	0.0%	62.8%	20.2%	94
\$20,000 - \$34,999	26.1%	13.0%	0.0%	10.1%	0.0%	58.0%	5.8%	69
\$35,000 - \$49,999	45.0%	11.7%	0.0%	8.3%	1.7%	40.0%	3.3%	60
\$50,000 - \$74,999	54.1%	17.6%	1.4%	4.1%	1.4%	28.4%	2.7%	74
\$75,000 or more	56.8%	20.3%	0.0%	2.7%	0.0%	31.1%	1.4%	74

# 71. Are you currently... (Weighted)

	Employed	Self- employed or farmer	Unemployed or out of work	A homemaker or stay-at- home parent	A student	Retired	Unable to work because of a disability	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	49.4%	17.6%	3.6%	6.6%	1.8%	28.6%	7.5%	491
Overall results from 2015	46.4%	17.4%	3.9%	6.1%	1.7%	29.0%	5.8%	411
Results by gender:								
Female	46.1%	12.3%	0.4%	11.9%	3.3%	33.5%	4.7%	264
Male	46.7%	22.4%	7.4%	0.2%	0.0%	24.4%	6.9%	147
Results by age:								
18-34	72.1%	11.1%	6.2%	11.5%	8.2%	0.0%	0.0%	38
35-44	64.6%	9.9%	13.1%	9.1%	0.0%	0.0%	5.3%	35
45-54	59.4%	31.0%	3.7%	1.5%	0.0%	0.0%	4.4%	41
55-64	51.5%	28.1%	0.0%	5.0%	0.0%	22.8%	12.5%	83
65-74	23.8%	17.0%	0.6%	4.7%	0.0%	66.6%	5.8%	94
75+	2.0%	6.1%	0.6%	4.5%	0.0%	90.9%	7.8%	120
Results by education level:								
Less than HS diploma, no GED								24
High school diploma or GED	30.6%	21.1%	0.0%	5.3%	2.9%	47.4%	5.0%	140
Some college, trade school, or Associate degree	55.1%	22.3%	1.9%	4.7%	0.0%	19.7%	5.9%	151
Bachelor's degree or higher	62.0%	9.6%	0.0%	10.0%	3.5%	23.4%	0.0%	91
Results by household income:								
Less than \$20,000	9.3%	14.0%	22.8%	6.9%	0.0%	42.6%	17.2%	94
\$20,000 - \$34,999	38.0%	10.0%	0.0%	11.3%	0.0%	46.4%	4.1%	69
\$35,000 - \$49,999	48.9%	16.2%	0.0%	8.9%	2.0%	26.2%	5.6%	60
\$50,000 - \$74,999	55.7%	27.2%	0.4%	3.8%	2.1%	15.9%	2.0%	74
\$75,000 or more	69.2%	17.4%	0.0%	2.7%	0.0%	16.8%	1.0%	74

# 1. In general, would you say your health is:

	Excellent	Very good	Good	Fair	Poor	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	7.3%	36.2%	43.7%	11.2%	1.6%	470
Overall results from 2015	12.2%	33.6%	37.6%	13.9%	2.7%	391
Results by gender:						
Female	11.6%	40.8%	36.6%	10.1%	0.9%	251
Male	12.8%	26.4%	38.5%	17.8%	4.5%	140
Results by age:						
18-34	21.4%	35.0%	37.4%	6.2%	0.0%	38
35-44	13.7%	38.8%	24.8%	8.5%	14.2%	33
45-54	17.7%	33.4%	31.9%	17.0%	0.0%	41
55-64	7.2%	41.3%	33.1%	16.9%	1.5%	80
65-74	9.1%	30.3%	43.8%	14.6%	2.2%	89
75+	0.6%	23.4%	53.2%	20.7%	2.0%	110
Results by education level:						
Less than HS diploma, no GED						24
High school diploma or GED	14.8%	24.5%	44.8%	15.0%	0.8%	131
Some college, trade school, or Associate degree	6.4%	35.7%	40.8%	15.5%	1.6%	143
Bachelor's degree or higher	22.0%	47.5%	26.1%	4.4%	0.0%	89
Results by household income:						
Less than \$20,000	2.3%	13.3%	38.8%	31.0%	14.5%	89
\$20,000 - \$34,999	7.6%	19.7%	58.8%	11.5%	2.5%	67
\$35,000 - \$49,999	8.0%	42.4%	26.7%	22.9%	0.0%	59
\$50,000 - \$74,999	24.1%	36.0%	32.2%	7.7%	0.0%	71
\$75,000 or more	12.2%	47.5%	38.7%	1.6%	0.0%	70

# 2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	38.8%	1.1%	60.1%	488
Overall results from 2015	47.1%	1.7%	51.1%	410
Results by gender:				
Female	38.6%	3.5%	57.9%	263
Male	55.6%	0.0%	44.4%	147
Results by age:				
18-34	28.5%	1.7%	69.9%	37
35-44	26.6%	2.1%	71.3%	34
45-54	45.8%	1.5%	52.7%	41
55-64	45.3%	2.8%	51.9%	83
65-74	63.8%	0.6%	35.7%	94
75+	73.6%	1.7%	24.7%	121
Results by education level:				
Less than HS diploma, no GED				24
High school diploma or GED	57.4%	0.0%	42.6%	141
Some college, trade school, or Associate degree	43.5%	1.8%	54.7%	150
Bachelor's degree or higher	35.7%	4.3%	60.0%	90
Results by household income:				
Less than \$20,000	67.1%	0.6%	32.3%	94
\$20,000 - \$34,999	44.4%	0.0%	55.6%	69
\$35,000 - \$49,999	47.4%	1.4%	51.2%	59
\$50,000 - \$74,999	45.3%	2.6%	52.1%	73
\$75,000 or more	35.8%	3.5%	60.7%	74

# 2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	11.2%	0.7%	88.1%	410
Results by gender:				
Female	6.1%	1.4%	92.5%	263
Male	16.3%	0.0%	83.7%	147
Results by age:				
18-34	14.2%	1.7%	84.1%	37
35-44	13.4%	0.0%	86.6%	34
45-54	8.1%	1.5%	90.4%	41
55-64	7.0%	0.0%	93.0%	83
65-74	11.5%	0.0%	88.5%	94
75+	12.8%	0.6%	86.6%	121
Results by education level:				
Less than HS diploma, no GED				24
High school diploma or GED	12.9%	0.0%	87.1%	141
Some college, trade school, or Associate degree	7.0%	0.7%	92.3%	150
Bachelor's degree or higher	10.4%	1.4%	88.2%	90
Results by household income:				
Less than \$20,000	18.3%	0.0%	81.7%	94
\$20,000 - \$34,999	10.0%	3.2%	86.7%	69
\$35,000 - \$49,999	5.7%	0.0%	94.3%	59
\$50,000 - \$74,999	13.9%	0.0%	86.1%	73
\$75,000 or more	7.6%	1.2%	91.2%	74

# 2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

	Yes	Yes, but only during pregnancy	No	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	7.3%	0.5%	92.2%	488
Overall results from 2015	12.0%	1.9%	86.1%	410
Results by gender:				
Female	10.7%	3.9%	85.5%	263
Male	13.3%	0.0%	86.7%	147
Results by age:				
18-34	0.0%	3.3%	96.7%	37
35-44	18.8%	6.2%	75.0%	34
45-54	4.5%	0.0%	95.5%	41
55-64	13.1%	2.1%	84.8%	83
65-74	21.0%	0.0%	79.0%	94
75+	20.3%	0.6%	79.2%	121
Results by education level:				
Less than HS diploma, no GED				24
High school diploma or GED	12.9%	0.9%	86.2%	141
Some college, trade school, or Associate degree	8.0%	3.1%	88.9%	150
Bachelor's degree or higher	8.9%	1.4%	89.7%	90
Results by household income:				
Less than \$20,000	32.8%	0.0%	67.2%	94
\$20,000 - \$34,999	16.0%	2.8%	81.2%	69
\$35,000 - \$49,999	9.9%	3.7%	86.4%	59
\$50,000 - \$74,999	6.1%	1.4%	92.5%	73
\$75,000 or more	3.3%	2.8%	93.9%	74

# 2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

	Yes	Yes, but only during pregnancy	No	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	7.8%	0.8%	91.5%	488
Overall results from 2015	12.4%	1.4%	86.2%	410
Results by gender:				
Female	10.2%	2.1%	87.7%	263
Male	14.6%	0.7%	84.8%	147
Results by age:				
18-34	0.0%	0.0%	100.0%	37
35-44	20.8%	3.1%	76.1%	34
45-54	13.3%	3.0%	83.7%	41
55-64	13.9%	2.0%	84.1%	83
65-74	20.6%	0.0%	79.4%	94
75+	11.4%	0.6%	88.1%	121
Results by education level:				
Less than HS diploma, no GED				24
High school diploma or GED	12.2%	0.0%	87.8%	141
Some college, trade school, or Associate degree	10.7%	2.2%	87.1%	150
Bachelor's degree or higher	8.6%	1.7%	89.7%	90
Results by household income:				
Less than \$20,000	21.5%	0.0%	78.5%	94
\$20,000 - \$34,999	13.9%	0.7%	85.4%	69
\$35,000 - \$49,999	9.1%	4.5%	86.4%	59
\$50,000 - \$74,999	14.9%	1.1%	84.0%	73
\$75,000 or more	5.2%	1.2%	93.6%	74

# 2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	41.7%	58.3%	410
Results by gender:			
Female	36.6%	63.4%	263
Male	46.8%	53.2%	147
Results by age:			
18-34	31.0%	69.0%	37
35-44	48.0%	52.0%	34
45-54	41.4%	58.6%	41
55-64	47.6%	52.4%	83
65-74	56.6%	43.4%	94
75+	32.2%	67.8%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	33.2%	66.8%	141
Some college, trade school, or Associate degree	46.1%	53.9%	150
Bachelor's degree or higher	42.4%	57.6%	90
Results by household income:			
Less than \$20,000	48.0%	52.0%	94
\$20,000 - \$34,999	50.2%	49.8%	69
\$35,000 - \$49,999	43.8%	56.2%	59
\$50,000 - \$74,999	32.1%	67.9%	73
\$75,000 or more	43.7%	56.3%	74

# 2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	16.8%	83.2%	410
Results by gender:			
Female	13.7%	86.3%	263
Male	20.0%	80.0%	147
Results by age:			
18-34	1.7%	98.3%	37
35-44	26.2%	73.8%	34
45-54	20.0%	80.0%	41
55-64	13.2%	86.8%	83
65-74	21.0%	79.0%	94
75+	24.2%	75.8%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	16.1%	83.9%	141
Some college, trade school, or Associate degree	17.9%	82.1%	150
Bachelor's degree or higher	12.1%	87.9%	90
Results by household income:			
Less than \$20,000	28.6%	71.4%	94
\$20,000 - \$34,999	15.1%	84.9%	69
\$35,000 - \$49,999	13.5%	86.5%	59
\$50,000 - \$74,999	16.9%	83.1%	73
\$75,000 or more	11.4%	88.6%	74

# 2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	9.1%	90.9%	410
Results by gender:			
Female	7.4%	92.6%	263
Male	10.8%	89.2%	147
Results by age:			
18-34	0.0%	100.0%	37
35-44	20.8%	79.2%	34
45-54	2.2%	97.8%	41
55-64	10.3%	89.7%	83
65-74	9.8%	90.2%	94
75+	16.1%	83.9%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	7.6%	92.4%	141
Some college, trade school, or Associate degree	9.0%	91.0%	150
Bachelor's degree or higher	1.7%	98.3%	90
Results by household income:			
Less than \$20,000	22.5%	77.5%	94
\$20,000 - \$34,999	10.5%	89.5%	69
\$35,000 - \$49,999	9.0%	91.0%	59
\$50,000 - \$74,999	3.8%	96.2%	73
\$75,000 or more	3.4%	96.6%	74

# 2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	7.4%	92.6%	488
Overall results from 2015	12.5%	87.5%	410
Results by gender:			
Female	8.4%	91.6%	263
Male	16.5%	83.5%	147
Results by age:			
18-34	0.0%	100.0%	37
35-44	15.5%	84.5%	34
45-54	12.5%	87.5%	41
55-64	9.5%	90.5%	83
65-74	18.6%	81.4%	94
75+	22.3%	77.7%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	13.5%	86.5%	141
Some college, trade school, or Associate degree	11.4%	88.6%	150
Bachelor's degree or higher	1.6%	98.4%	90
Results by household income:			
Less than \$20,000	35.2%	64.8%	94
\$20,000 - \$34,999	14.9%	85.1%	69
\$35,000 - \$49,999	8.9%	91.1%	59
\$50,000 - \$74,999	8.1%	91.9%	73
\$75,000 or more	1.3%	98.7%	74

# 2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	4.0%	96.0%	488
Overall results from 2015	5.5%	94.5%	410
Results by gender:			
Female	4.7%	95.3%	263
Male	6.2%	93.8%	147
Results by age:			
18-34	0.0%	100.0%	37
35-44	13.4%	86.6%	34
45-54	0.0%	100.0%	41
55-64	3.4%	96.6%	83
65-74	10.8%	89.2%	94
75+	9.2%	90.8%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	6.5%	93.5%	141
Some college, trade school, or Associate degree	2.4%	97.6%	150
Bachelor's degree or higher	2.2%	97.8%	90
Results by household income:			
Less than \$20,000	18.9%	81.1%	94
\$20,000 - \$34,999	6.6%	93.4%	69
\$35,000 - \$49,999	0.0%	100.0%	59
\$50,000 - \$74,999	1.3%	98.7%	73
\$75,000 or more	2.0%	98.0%	74

# 2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	31.7%	68.3%	487
Overall results from 2015	35.5%	64.5%	410
Results by gender:			
Female	31.3%	68.7%	263
Male	39.7%	60.3%	147
Results by age:			
18-34	2.5%	97.5%	37
35-44	28.3%	71.7%	34
45-54	38.5%	61.5%	41
55-64	52.1%	47.9%	83
65-74	52.7%	47.3%	94
75+	46.3%	53.7%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	37.9%	62.1%	141
Some college, trade school, or Associate degree	36.6%	63.4%	150
Bachelor's degree or higher	25.2%	74.8%	90
Results by household income:			
Less than \$20,000	49.8%	50.2%	94
\$20,000 - \$34,999	32.8%	67.2%	69
\$35,000 - \$49,999	35.5%	64.5%	59
\$50,000 - \$74,999	35.5%	64.5%	73
\$75,000 or more	27.0%	73.0%	74

# 2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	29.5%	70.5%	410	
Results by gender:				
Female	31.5%	68.5%	263	
Male	27.4%	72.6%	147	
Results by age:				
18-34	9.4%	90.6%	37	
35-44	17.5%	82.5%	34	
45-54	19.3%	80.7%	41	
55-64	33.1%	66.9%	83	
65-74	50.3%	49.7%	94	
75+	51.8%	48.2%	121	
Results by education level:				
Less than HS diploma, no GED			24	
High school diploma or GED	39.1%	60.9%	141	
Some college, trade school, or Associate degree	26.1%	73.9%	150	
Bachelor's degree or higher	20.3%	79.7%	90	
Results by household income:				
Less than \$20,000	54.2%	45.8%	94	
\$20,000 - \$34,999	33.3%	66.7%	69	
\$35,000 - \$49,999	31.6%	68.4%	59	
\$50,000 - \$74,999	16.5%	83.5%	73	
\$75,000 or more	16.7%	83.3%	74	

# 2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	17.2%	82.8%	410
Results by gender:			
Female	19.8%	80.2%	263
Male	14.6%	85.4%	147
Results by age:			
18-34	20.2%	79.8%	37
35-44	27.0%	73.0%	34
45-54	14.9%	85.1%	41
55-64	18.0%	82.0%	83
65-74	14.3%	85.7%	94
75+	10.5%	89.5%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	12.2%	87.8%	141
Some college, trade school, or Associate degree	16.0%	84.0%	150
Bachelor's degree or higher	18.3%	81.7%	90
Results by household income:			
Less than \$20,000	32.4%	67.6%	94
\$20,000 - \$34,999	19.3%	80.7%	69
\$35,000 - \$49,999	10.7%	89.3%	59
\$50,000 - \$74,999	10.6%	89.4%	73
\$75,000 or more	18.0%	82.0%	74

### 2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	17.1%	82.9%	410
Results by gender:			
Female	15.6%	84.4%	263
Male	18.5%	81.5%	147
Results by age:			
18-34	27.4%	72.6%	37
35-44	32.4%	67.6%	34
45-54	14.8%	85.2%	41
55-64	14.6%	85.4%	83
65-74	6.1%	93.9%	94
75+	7.3%	92.7%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	8.4%	91.6%	141
Some college, trade school, or Associate degree	19.1%	80.9%	150
Bachelor's degree or higher	17.5%	82.5%	90
Results by household income:			
Less than \$20,000	30.5%	69.5%	94
\$20,000 - \$34,999	17.7%	82.3%	69
\$35,000 - \$49,999	18.3%	81.7%	59
\$50,000 - \$74,999	13.3%	86.7%	73
\$75,000 or more	11.5%	88.5%	74

# 2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	6.6%	93.4%	410
Results by gender:			
Female	3.3%	96.7%	263
Male	9.9%	90.1%	147
Results by age:			
18-34	3.1%	96.9%	37
35-44	21.9%	78.1%	34
45-54	5.2%	94.8%	41
55-64	4.8%	95.2%	83
65-74	2.0%	98.0%	94
75+	5.9%	94.1%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	4.4%	95.6%	141
Some college, trade school, or Associate degree	3.1%	96.9%	150
Bachelor's degree or higher	3.6%	96.4%	90
Results by household income:			
Less than \$20,000	18.7%	81.3%	94
\$20,000 - \$34,999	9.3%	90.7%	69
\$35,000 - \$49,999	9.6%	90.4%	59
\$50,000 - \$74,999	1.0%	99.0%	73
\$75,000 or more	1.2%	98.8%	74

# Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION? (2L, 2M, or 2N = Yes)

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	23.6%	76.4%	410	
Results by gender:				
Female	24.2%	75.8%	263	
Male	23.1%	76.9%	147	
Results by age:				
18-34	29.9%	70.1%	37	
35-44	37.7%	62.3%	34	
45-54	22.3%	77.7%	41	
55-64	21.5%	78.5%	83	
65-74	14.3%	85.7%	94	
75+	16.9%	83.1%	121	
Results by education level:				
Less than HS diploma, no GED			24	
High school diploma or GED	16.4%	83.6%	141	
Some college, trade school, or Associate degree	25.1%	74.9%	150	
Bachelor's degree or higher	21.5%	78.5%	90	
Results by household income:				
Less than \$20,000	38.4%	61.6%	94	
\$20,000 - \$34,999	25.4%	74.6%	69	
\$35,000 - \$49,999	28.2%	71.8%	59	
\$50,000 - \$74,999	16.1%	83.9%	73	
\$75,000 or more	19.1%	80.9%	74	

# 20. Have you ever been told by a doctor or other health care professional that you were OBESE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	15.1%	84.9%	410
Results by gender:			
Female	14.8%	85.2%	263
Male	15.5%	84.5%	147
Results by age:			
18-34	4.8%	95.2%	37
35-44	22.9%	77.1%	34
45-54	15.6%	84.4%	41
55-64	19.4%	80.6%	83
65-74	19.3%	80.7%	94
75+	13.4%	86.6%	121
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	13.0%	87.0%	141
Some college, trade school, or Associate degree	15.6%	84.4%	150
Bachelor's degree or higher	9.9%	90.1%	90
Results by household income:			
Less than \$20,000	26.0%	74.0%	94
\$20,000 - \$34,999	19.0%	81.0%	69
\$35,000 - \$49,999	14.4%	85.6%	59
\$50,000 - \$74,999	16.4%	83.6%	73
\$75,000 or more	4.7%	95.3%	74

# 2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

	Yes	No	N (Unweighted)	
Lincoln County	%	%		
Overall results from 2010	10.7%	89.3%	488	
Overall results from 2015	10.0%	90.0%	410	
Results by gender:				
Female	10.4%	89.6%	263	
Male	9.5%	90.5%	147	
Results by age:				
18-34	6.7%	93.3%	37	
35-44	26.0%	74.0%	34	
45-54	4.5%	95.5%	41	
55-64	11.0%	89.0%	83	
65-74	7.5%	92.5%	94	
75+	8.5%	91.5%	121	
Results by education level:				
Less than HS diploma, no GED			24	
High school diploma or GED	6.2%	93.8%	141	
Some college, trade school, or Associate degree	10.9%	89.1%	150	
Bachelor's degree or higher	5.4%	94.6%	90	
Results by household income:				
Less than \$20,000	24.2%	75.8%	94	
\$20,000 - \$34,999	17.3%	82.7%	69	
\$35,000 - \$49,999	10.9%	89.1%	59	
\$50,000 - \$74,999	5.2%	94.8%	73	
\$75,000 or more	1.0%	99.0%	74	

### 3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	51.1%	32.0%	8.5%	1.9%	6.6%	342
Results by gender:						
Female	52.0%	32.9%	9.7%	1.9%	3.5%	221
Male	50.1%	31.1%	7.3%	1.8%	9.7%	121
Results by age:						
18-34	65.0%	20.9%	10.6%	0.0%	3.5%	35
35-44	49.4%	25.7%	2.8%	2.2%	19.8%	33
45-54	46.3%	42.2%	9.8%	0.0%	1.6%	35
55-64	46.3%	42.4%	9.0%	0.0%	2.3%	72
65-74	54.2%	25.2%	9.9%	0.7%	10.0%	80
75+	41.8%	34.8%	7.3%	9.7%	6.3%	87
Results by education level:						
Less than HS diploma, no GED						15
High school diploma or GED	54.0%	32.1%	5.4%	4.8%	3.8%	113
Some college, trade school, or Associate degree	50.5%	34.2%	10.3%	1.0%	3.9%	129
Bachelor's degree or higher	53.0%	29.4%	10.6%	0.4%	6.5%	83
Results by household income:						
Less than \$20,000	29.6%	26.5%	18.8%	4.5%	20.5%	73
\$20,000 - \$34,999	37.0%	45.9%	3.3%	2.5%	11.3%	56
\$35,000 - \$49,999	52.9%	28.7%	10.1%	0.0%	8.3%	56
\$50,000 - \$74,999	54.6%	38.7%	5.8%	0.0%	0.9%	65
\$75,000 or more	67.5%	22.2%	7.6%	2.2%	0.5%	67

### 4A. When was the last time you had a FLU SHOT?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	65.4%	7.9%	3.5%	7.4%	15.8%	405
Results by gender:						
Female	69.3%	10.7%	2.5%	7.3%	10.1%	258
Male	61.5%	5.0%	4.6%	7.4%	21.5%	147
Results by age:						
18-34	53.2%	17.9%	7.9%	3.3%	17.6%	37
35-44	46.9%	9.7%	2.6%	14.5%	26.3%	35
45-54	69.7%	3.0%	3.0%	7.4%	17.0%	41
55-64	61.0%	7.5%	3.4%	10.4%	17.7%	83
65-74	80.0%	2.3%	2.4%	5.5%	9.9%	94
75+	82.3%	4.7%	0.6%	5.1%	7.3%	115
Results by education level:						
Less than HS diploma, no GED						23
High school diploma or GED	60.9%	14.5%	1.7%	7.2%	15.7%	138
Some college, trade school, or Associate degree	65.8%	5.2%	3.2%	7.9%	17.9%	151
Bachelor's degree or higher	79.3%	6.6%	1.0%	4.6%	8.5%	90
Results by household income:						
Less than \$20,000	55.0%	3.6%	12.0%	11.4%	17.9%	92
\$20,000 - \$34,999	81.9%	6.8%	0.0%	1.6%	9.7%	68
\$35,000 - \$49,999	57.5%	11.3%	2.4%	8.2%	20.6%	60
\$50,000 - \$74,999	60.2%	9.1%	1.7%	8.4%	20.6%	73
\$75,000 or more	75.7%	4.4%	2.7%	6.2%	11.0%	73

### 4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	60.5%	11.8%	8.5%	15.8%	3.3%	394
Results by gender:						
Female	66.5%	11.3%	9.1%	11.3%	1.9%	252
Male	54.5%	12.4%	8.0%	20.4%	4.7%	142
Results by age:						
18-34	51.3%	15.2%	14.8%	18.7%	0.0%	38
35-44	53.7%	15.8%	4.3%	12.4%	13.9%	34
45-54	63.8%	7.4%	3.0%	23.6%	2.2%	41
55-64	74.4%	6.8%	9.1%	7.7%	2.0%	82
65-74	64.5%	10.1%	9.4%	14.5%	1.4%	92
75+	56.2%	16.1%	8.9%	15.6%	3.2%	107
Results by education level:						
Less than HS diploma, no GED						24
High school diploma or GED	56.9%	12.4%	8.9%	19.1%	2.7%	130
Some college, trade school, or Associate degree	58.8%	13.6%	9.1%	16.7%	1.8%	148
Bachelor's degree or higher	79.0%	9.3%	4.0%	7.7%	0.0%	90
Results by household income:						
Less than \$20,000	28.5%	16.1%	21.6%	19.4%	14.5%	87
\$20,000 - \$34,999	57.3%	18.8%	7.6%	16.3%	0.0%	67
\$35,000 - \$49,999	62.7%	9.4%	5.8%	19.5%	2.6%	59
\$50,000 - \$74,999	59.6%	9.8%	5.5%	23.4%	1.7%	73
\$75,000 or more	83.5%	6.9%	6.6%	3.0%	0.0%	73

### 4C. When was the last time you had a HEARING TEST?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	15.4%	7.9%	11.3%	40.4%	24.9%	390
Results by gender:						
Female	11.9%	7.4%	8.8%	40.5%	31.4%	249
Male	18.8%	8.5%	13.7%	40.4%	18.7%	141
Results by age:						
18-34	9.2%	0.8%	16.1%	54.7%	19.2%	37
35-44	5.5%	7.5%	15.4%	47.1%	24.5%	34
45-54	17.6%	3.1%	10.8%	55.4%	13.2%	39
55-64	10.6%	14.9%	3.6%	41.2%	29.7%	79
65-74	18.3%	13.9%	8.8%	23.1%	35.9%	92
75+	31.1%	10.5%	12.4%	14.5%	31.4%	109
Results by education level:						
Less than HS diploma, no GED						- 23
High school diploma or GED	23.2%	7.1%	12.7%	27.3%	29.7%	131
Some college, trade school, or Associate degree	18.5%	8.8%	9.6%	42.1%	21.0%	145
Bachelor's degree or higher	5.1%	9.1%	11.9%	53.5%	20.4%	88
Results by household income:						
Less than \$20,000	13.1%	6.0%	5.0%	37.5%	38.3%	90
\$20,000 - \$34,999	16.6%	13.2%	24.0%	33.3%	12.8%	67
\$35,000 - \$49,999	20.1%	11.8%	8.1%	38.6%	21.4%	58
\$50,000 - \$74,999	13.0%	2.0%	11.8%	46.5%	26.7%	68
\$75,000 or more	12.2%	9.2%	10.8%	44.8%	23.0%	72

### 4D. When was the last time you had an EYE EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	50.9%	24.3%	9.8%	10.2%	4.8%	396
Results by gender:						
Female	60.7%	24.6%	7.5%	5.3%	2.0%	254
Male	41.1%	24.1%	12.2%	15.0%	7.6%	142
Results by age:						
18-34	35.5%	24.6%	15.6%	16.4%	7.8%	38
35-44	25.0%	27.7%	4.0%	20.8%	22.4%	35
45-54	49.0%	24.4%	11.8%	14.8%	0.0%	41
55-64	62.4%	26.2%	7.1%	4.3%	0.0%	80
65-74	63.3%	28.8%	6.0%	1.3%	0.6%	93
75+	72.4%	15.2%	11.1%	1.4%	0.0%	109
Results by education level:						
Less than HS diploma, no GED						24
High school diploma or GED	55.9%	19.8%	13.8%	10.2%	0.3%	132
Some college, trade school, or Associate degree	52.0%	26.5%	9.8%	8.3%	3.3%	147
Bachelor's degree or higher	49.2%	27.9%	2.8%	14.8%	5.2%	91
Results by household income:						
Less than \$20,000	49.1%	14.5%	17.9%	6.9%	11.5%	89
\$20,000 - \$34,999	58.7%	29.6%	5.0%	6.6%	0.0%	65
\$35,000 - \$49,999	49.3%	33.9%	9.6%	3.8%	3.4%	57
\$50,000 - \$74,999	49.4%	22.4%	13.1%	10.8%	4.3%	73
\$75,000 or more	45.3%	23.3%	4.4%	21.2%	5.7%	73

### 4E. When was the last time you had your BLOOD PRESSURE CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	86.7%	6.1%	3.2%	0.5%	3.4%	399
Results by gender:						
Female	92.9%	5.0%	0.8%	0.8%	0.6%	260
Male	80.3%	7.4%	5.6%	0.3%	6.4%	139
Results by age:						
18-34	70.6%	8.7%	13.8%	0.0%	6.9%	35
35-44	80.8%	4.0%	0.0%	0.0%	15.2%	35
45-54	91.6%	8.4%	0.0%	0.0%	0.0%	40
55-64	88.6%	7.8%	2.1%	1.5%	0.0%	80
65-74	91.7%	6.0%	1.1%	1.1%	0.0%	93
75+	98.0%	1.2%	0.0%	0.8%	0.0%	116
Results by education level:						
Less than HS diploma, no GED						- 23
High school diploma or GED	92.9%	1.3%	4.7%	1.1%	0.0%	134
Some college, trade school, or Associate degree	91.0%	7.7%	0.6%	0.0%	0.7%	149
Bachelor's degree or higher	82.7%	11.0%	6.3%	0.0%	0.0%	88
Results by household income:						
Less than \$20,000	75.1%	2.5%	0.7%	2.3%	19.3%	91
\$20,000 - \$34,999	95.8%	4.2%	0.0%	0.0%	0.0%	67
\$35,000 - \$49,999	93.7%	4.6%	0.0%	0.0%	1.7%	58
\$50,000 - \$74,999	87.5%	7.2%	5.4%	0.0%	0.0%	71
\$75,000 or more	83.1%	9.4%	7.5%	0.0%	0.0%	73

### 4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	66.6%	9.1%	5.3%	7.4%	11.6%	401
Results by gender:						
Female	67.4%	10.4%	6.8%	5.9%	9.5%	255
Male	65.8%	7.8%	3.8%	8.9%	13.7%	146
Results by age:						
18-34	35.7%	11.1%	1.6%	12.7%	38.8%	38
35-44	54.9%	8.8%	9.2%	5.1%	22.0%	34
45-54	69.8%	3.8%	9.8%	15.8%	0.8%	40
55-64	77.3%	10.9%	8.3%	3.5%	0.0%	83
65-74	84.7%	12.5%	1.7%	1.1%	0.0%	94
75+	84.6%	7.9%	1.8%	2.9%	2.8%	112
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	68.4%	8.9%	7.1%	3.5%	12.1%	137
Some college, trade school, or Associate degree	74.0%	6.9%	2.5%	11.9%	4.7%	148
Bachelor's degree or higher	59.0%	15.1%	7.3%	5.8%	12.7%	91
Results by household income:						
Less than \$20,000	68.8%	8.0%	1.5%	2.1%	19.6%	90
\$20,000 - \$34,999	80.1%	6.5%	2.0%	9.1%	2.2%	68
\$35,000 - \$49,999	63.2%	9.7%	4.6%	10.6%	11.8%	60
\$50,000 - \$74,999	59.3%	6.7%	10.7%	12.2%	11.0%	73
\$75,000 or more	67.9%	12.1%	4.2%	4.1%	11.6%	73

### 4G. When was the last time you had your BLOOD SUGAR CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	62.1%	11.8%	4.8%	5.9%	15.4%	392
Results by gender:						
Female	66.6%	13.5%	6.1%	5.7%	8.0%	251
Male	57.7%	10.1%	3.5%	6.0%	22.7%	141
Results by age:						
18-34	31.4%	13.5%	0.0%	4.9%	50.2%	38
35-44	52.3%	11.7%	11.1%	5.0%	19.8%	35
45-54	61.5%	10.6%	9.8%	16.6%	1.5%	40
55-64	70.8%	13.9%	5.7%	3.5%	6.1%	82
65-74	82.1%	12.4%	1.7%	1.7%	2.0%	92
75+	85.7%	8.3%	1.7%	1.5%	2.8%	105
Results by education level:						
Less than HS diploma, no GED						- 22
High school diploma or GED	59.2%	9.8%	6.0%	1.8%	23.2%	130
Some college, trade school, or Associate degree	69.5%	11.6%	3.9%	9.2%	5.8%	148
Bachelor's degree or higher	58.7%	16.9%	4.8%	5.6%	14.0%	90
Results by household income:						
Less than \$20,000	65.2%	10.2%	0.7%	2.7%	21.2%	85
\$20,000 - \$34,999	75.5%	4.7%	2.0%	5.6%	12.2%	68
\$35,000 - \$49,999	64.3%	8.5%	8.0%	0.0%	19.2%	60
\$50,000 - \$74,999	48.9%	13.0%	8.4%	13.7%	15.9%	72
\$75,000 or more	64.4%	16.9%	3.3%	5.2%	10.2%	70

### 4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	18.1%	9.0%	5.7%	5.1%	62.1%	372
Results by gender:						
Female	18.5%	7.0%	6.9%	7.3%	60.3%	236
Male	17.7%	11.0%	4.6%	2.9%	63.8%	136
Results by age:						
18-34	5.0%	8.8%	3.3%	0.0%	82.9%	37
35-44	8.5%	9.8%	4.3%	7.0%	70.4%	34
45-54	31.8%	7.5%	6.8%	10.6%	43.3%	40
55-64	17.9%	9.0%	4.5%	3.8%	64.8%	75
65-74	22.7%	14.0%	7.0%	1.8%	54.5%	90
75+	24.0%	5.7%	9.1%	8.0%	53.1%	96
Results by education level:						
Less than HS diploma, no GED						20
High school diploma or GED	20.4%	7.5%	4.6%	7.5%	60.1%	121
Some college, trade school, or Associate degree	20.3%	9.3%	6.9%	3.7%	59.8%	140
Bachelor's degree or higher	16.3%	12.3%	6.7%	5.2%	59.4%	89
Results by household income:						
Less than \$20,000	6.1%	2.8%	10.8%	3.4%	76.9%	80
\$20,000 - \$34,999	28.6%	10.0%	3.6%	2.6%	55.2%	64
\$35,000 - \$49,999	12.6%	19.0%	4.4%	4.3%	59.7%	57
\$50,000 - \$74,999	27.2%	2.1%	2.5%	5.8%	62.4%	69
\$75,000 or more	15.3%	13.3%	7.5%	6.7%	57.2%	71

### 4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	18.6%	13.1%	14.4%	10.6%	43.3%	381
Results by gender:						
Female	14.8%	14.7%	10.9%	13.9%	45.8%	244
Male	22.4%	11.5%	17.9%	7.2%	40.9%	137
Results by age:						
18-34	6.5%	6.3%	1.7%	1.7%	83.9%	37
35-44	0.0%	4.5%	1.1%	5.2%	89.2%	33
45-54	29.9%	7.7%	16.9%	3.1%	42.4%	40
55-64	28.6%	19.9%	19.5%	18.4%	13.6%	81
65-74	31.2%	26.6%	15.1%	16.8%	10.3%	91
75+	14.0%	16.1%	33.3%	22.0%	14.6%	99
Results by education level:						
Less than HS diploma, no GED						23
High school diploma or GED	16.4%	12.1%	21.3%	14.7%	35.5%	121
Some college, trade school, or Associate degree	22.4%	16.2%	14.3%	7.3%	39.8%	145
Bachelor's degree or higher	19.3%	11.7%	9.1%	12.4%	47.5%	90
Results by household income:						
Less than \$20,000	12.6%	9.7%	20.6%	14.6%	42.4%	87
\$20,000 - \$34,999	17.2%	17.3%	8.1%	14.2%	43.1%	61
\$35,000 - \$49,999	30.5%	16.0%	8.6%	6.1%	38.8%	57
\$50,000 - \$74,999	18.5%	7.8%	23.9%	5.3%	44.5%	72
\$75,000 or more	15.3%	17.7%	7.6%	12.5%	47.0%	71

### 4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	40.7%	13.3%	9.6%	5.8%	30.5%	138
Results by gender:						
Female						0
Male	40.7%	13.3%	9.6%	5.8%	30.5%	138
Results by age:						
18-34						10
35-44						10
45-54						8
55-64	47.8%	30.4%	11.6%	2.9%	7.2%	39
65-74	47.8%	31.3%	13.4%	4.5%	3.0%	38
75+	42.9%	20.4%	12.2%	20.4%	4.1%	33
Results by education level:						
Less than HS diploma, no GED						12
High school diploma or GED	47.6%	14.0%	8.0%	8.2%	22.2%	51
Some college, trade school, or Associate degree	42.0%	13.1%	17.3%	4.0%	23.6%	45
Bachelor's degree or higher						29
Results by household income:						
Less than \$20,000						28
\$20,000 - \$34,999						23
\$35,000 - \$49,999						24
\$50,000 - \$74,999						27
\$75,000 or more						28

### 4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	45.0%	19.8%	12.4%	20.4%	2.4%	240
Results by gender:						
Female	45.0%	19.8%	12.4%	20.4%	2.4%	240
Male						0
Results by age:						
18-34						27
35-44						23
45-54	55.9%	16.9%	16.9%	10.2%	0.0%	31
55-64	51.5%	17.6%	20.6%	10.3%	0.0%	39
65-74	23.5%	28.2%	15.3%	32.9%	0.0%	51
75+	16.5%	11.8%	18.8%	49.4%	3.5%	69
Results by education level:						
Less than HS diploma, no GED						11
High school diploma or GED	28.8%	13.7%	17.5%	32.0%	8.0%	74
Some college, trade school, or Associate degree	44.3%	24.2%	12.4%	18.6%	0.5%	94
Bachelor's degree or higher	61.4%	18.3%	8.9%	10.7%	0.7%	59
Results by household income:						
Less than \$20,000	15.1%	28.0%	8.7%	46.7%	1.4%	57
\$20,000 - \$34,999	43.9%	14.5%	14.0%	26.1%	1.5%	40
\$35,000 - \$49,999	45.4%	27.6%	5.9%	21.1%	0.0%	32
\$50,000 - \$74,999	55.9%	14.1%	20.2%	9.7%	0.0%	42
\$75,000 or more	66.8%	17.9%	9.2%	5.2%	0.9%	44

### 4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	45.9%	10.7%	8.9%	9.6%	25.0%	254
Results by gender:						
Female	45.9%	10.7%	8.9%	9.6%	25.0%	254
Male						0
Results by age:						
18-34						27
35-44						25
45-54	70.0%	15.0%	6.7%	3.3%	5.0%	32
55-64	68.1%	11.1%	9.7%	8.3%	2.8%	41
65-74	58.1%	18.6%	8.1%	8.1%	7.0%	52
75+	43.7%	15.6%	14.6%	20.8%	5.2%	77
Results by education level:						
Less than HS diploma, no GED						12
High school diploma or GED	44.0%	9.1%	12.7%	12.9%	21.3%	81
Some college, trade school, or Associate degree	54.7%	10.4%	5.0%	6.7%	23.2%	98
Bachelor's degree or higher	37.5%	11.0%	7.7%	9.9%	33.8%	61
Results by household income:						
Less than \$20,000	35.8%	21.2%	9.3%	20.2%	13.4%	62
\$20,000 - \$34,999	33.4%	12.1%	14.8%	17.3%	22.4%	42
\$35,000 - \$49,999	47.2%	6.6%	6.7%	11.7%	27.8%	34
\$50,000 - \$74,999	60.9%	3.5%	7.8%	1.3%	26.4%	42
\$75,000 or more	49.8%	10.7%	7.8%	2.3%	29.5%	45

### 4M. When was the last time you had a GENERAL HEALTH EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Missing, but answered Q5	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	71.7%	13.0%	8.3%	2.7%	2.3%	2.0%	396
Results by gender:							
Female	74.0%	15.9%	5.2%	2.9%	0.5%	1.4%	258
Male	69.3%	10.0%	11.6%	2.4%	4.1%	2.6%	138
Results by age:							
18-34	66.2%	9.2%	16.7%	1.7%	0.0%	6.3%	37
35-44	60.2%	11.0%	5.4%	7.9%	15.6%	0.0%	34
45-54	69.7%	16.3%	12.5%	0.0%	0.0%	1.5%	41
55-64	74.3%	12.9%	6.5%	4.9%	1.4%	0.0%	80
65-74	80.5%	14.5%	3.2%	0.0%	0.0%	1.8%	89
75+	80.0%	14.3%	1.8%	2.7%	0.0%	1.2%	115
Results by education level:							
Less than HS diploma, no GED							23
High school diploma or GED	70.4%	11.8%	12.7%	3.9%	0.8%	0.3%	132
Some college, trade school, or Associate degree	74.8%	13.5%	7.9%	2.1%	0.7%	1.1%	147
Bachelor's degree or higher	76.0%	15.1%	6.8%	1.7%	0.0%	0.4%	90
Results by household income:							
Less than \$20,000	60.4%	15.1%	1.5%	3.6%	11.0%	8.4%	90
\$20,000 - \$34,999	77.2%	12.5%	1.7%	7.8%	0.0%	0.7%	69
\$35,000 - \$49,999	81.1%	10.0%	1.5%	4.8%	1.7%	1.0%	57
\$50,000 - \$74,999	71.0%	10.2%	16.7%	1.0%	0.0%	1.2%	69
\$75,000 or more	74.2%	13.1%	11.7%	0.0%	1.0%	0.0%	73

### 5. If you have not had a general health exam within the past 1 or 2 years, why not?

	I could not get an appointment	I had transportation problems	I did not need one	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015								28
Results by gender:								
Female								14
Male								14
Results by age:								
18-34								3
35-44								6
45-54								3
55-64								8
65-74								3
75+								5
Results by education level:								
Less than HS diploma, no GED								3
High school diploma or GED								12
Some college, trade school, or Associate degree								9
Bachelor's degree or higher								4
Results by household income:								
Less than \$20,000								5
\$20,000 - \$34,999								6
\$35,000 - \$49,999								5
\$50,000 - \$74,999								4
\$75,000 or more								6

### 6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	73.2%	26.8%	484
Overall results from 2015	82.8%	17.2%	404
Results by gender:			
Female	85.6%	14.4%	259
Male	79.9%	20.1%	145
Results by age:			
18-34	64.6%	35.4%	38
35-44	79.4%	20.6%	35
45-54	87.4%	12.6%	41
55-64	81.3%	18.7%	82
65-74	92.2%	7.8%	93
75+	96.1%	3.9%	115
Results by education level:			
Less than HS diploma, no GED			22
High school diploma or GED	81.9%	18.1%	141
Some college, trade school, or Associate degree	82.0%	18.0%	147
Bachelor's degree or higher	87.1%	12.9%	90
Results by household income:			
Less than \$20,000	87.1%	12.9%	91
\$20,000 - \$34,999	88.6%	11.4%	68
\$35,000 - \$49,999	91.1%	8.9%	59
\$50,000 - \$74,999	84.9%	15.1%	73
\$75,000 or more	71.4%	28.6%	73

### 7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

	Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns	None of the above	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	55.6%	45.0%	40.4%	34.8%	0.0%	0.0%	29.2%	397
Overall results from 2015	67.3%	52.6%	47.0%	38.2%	36.3%	24.5%	20.1%	356
Results by gender:								
Female	68.6%	57.4%	43.0%	39.1%	40.3%	26.9%	17.4%	230
Male	65.9%	47.5%	51.4%	37.3%	32.0%	22.0%	23.1%	126
Results by age:								
18-34								29
35-44								27
45-54	63.6%	47.6%	39.9%	33.1%	28.9%	21.2%	27.9%	37
55-64	68.6%	53.8%	54.6%	39.0%	41.2%	27.2%	14.5%	68
65-74	73.1%	50.2%	51.4%	39.6%	23.3%	18.3%	13.5%	86
75+	56.9%	42.1%	33.9%	27.1%	20.7%	15.9%	26.4%	109
Results by education level:								
Less than HS diploma, no GED								18
High school diploma or GED	62.8%	44.7%	36.5%	35.6%	24.1%	18.7%	21.9%	122
Some college, trade school, or Associate degree	68.6%	50.0%	44.8%	37.6%	34.5%	21.3%	21.3%	130
Bachelor's degree or higher	69.9%	62.3%	57.0%	40.7%	50.0%	31.5%	17.1%	82
Results by household income:								
Less than \$20,000	66.3%	62.2%	52.1%	42.2%	39.7%	38.2%	22.6%	86
\$20,000 - \$34,999	71.3%	52.1%	54.6%	46.9%	39.0%	26.8%	15.6%	60
\$35,000 - \$49,999	65.2%	50.2%	42.6%	34.6%	32.0%	20.1%	22.6%	53
\$50,000 - \$74,999	62.0%	44.2%	38.9%	33.2%	31.9%	15.3%	26.9%	67
\$75,000 or more	78.7%	60.0%	56.6%	40.8%	44.1%	29.3%	8.1%	58

# 8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	22.2%	77.8%	404
Results by gender:			
Female	17.1%	82.9%	260
Male	27.3%	72.7%	144
Results by age:			
18-34	29.8%	70.2%	38
35-44	32.9%	67.1%	35
45-54	24.4%	75.6%	41
55-64	22.5%	77.5%	80
65-74	8.2%	91.8%	93
75+	13.0%	87.0%	117
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	11.9%	88.1%	139
Some college, trade school, or Associate degree	25.5%	74.5%	147
Bachelor's degree or higher	17.0%	83.0%	90
Results by household income:			
Less than \$20,000	36.3%	63.7%	91
\$20,000 - \$34,999	7.0%	93.0%	69
\$35,000 - \$49,999	28.3%	71.7%	59
\$50,000 - \$74,999	27.2%	72.8%	73
\$75,000 or more	13.8%	86.2%	73

#### 9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	l did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	9.7%	9.1%	57.7%	39.8%	25.0%	16.3%	15.5%	66
Results by gender:								
Female	0.0%	1.4%	65.3%	34.7%	8.2%	18.9%	9.5%	39
Male								27
Results by age:								
18-34								8
35-44								7
45-54								8
55-64								20
65-74								8
75+								15
Results by education level:								
Less than HS diploma, no GED								8
High school diploma or GED								18
Some college, trade school, or Associate degree								27
Bachelor's degree or higher								12
Results by household income:								
Less than \$20,000								20
\$20,000 - \$34,999								7
\$35,000 - \$49,999								12
\$50,000 - \$74,999								15
\$75,000 or more								7

### 10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	25.1%	74.9%	398
Results by gender:			
Female	22.9%	77.1%	254
Male	27.2%	72.8%	144
Results by age:			
18-34	28.5%	71.5%	38
35-44	29.5%	70.5%	35
45-54	31.8%	68.2%	41
55-64	26.6%	73.4%	81
65-74	17.6%	82.4%	92
75+	14.4%	85.6%	111
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	20.4%	79.6%	138
Some college, trade school, or Associate degree	25.1%	74.9%	147
Bachelor's degree or higher	16.2%	83.8%	89
Results by household income:			
Less than \$20,000	45.2%	54.8%	89
\$20,000 - \$34,999	21.7%	78.3%	67
\$35,000 - \$49,999	27.7%	72.3%	58
\$50,000 - \$74,999	34.3%	65.7%	73
\$75,000 or more	5.6%	94.4%	73

#### All Survey Items (weighted data)

#### 11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	It cost too much	I did not have insurance	The dentist would not accept my insurance	I did not know where to go	Other reason	N
Lincoln County	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	9.5%	8.1%	19.8%	68.1%	42.5%	11.2%	13.7%	20.7%	88
Results by gender:									
Female	3.0%	1.9%	9.8%	67.9%	29.5%	6.7%	6.2%	12.4%	59
Male									29
Results by age:									
18-34									11
35-44									8
45-54									12
55-64									23
65-74									17
75+									17
Results by education level:									
Less than HS diploma, no GED									13
High school diploma or GED									27
Some college, trade school, or Associate degree	5.7%	0.0%	1.0%	72.7%	33.4%	6.6%	2.3%	15.5%	34
Bachelor's degree or higher									14
Results by household income:									
Less than \$20,000									27
\$20,000 - \$34,999									14
\$35,000 - \$49,999									15
\$50,000 - \$74,999									23
\$75,000 or more									6

### 12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	59.3%	31.0%	3.8%	2.3%	3.6%	362
Results by gender:						
Female	55.9%	35.6%	6.3%	0.4%	1.8%	232
Male	62.7%	26.3%	1.3%	4.2%	5.5%	130
Results by age:						
18-34	43.7%	43.7%	1.6%	6.2%	4.7%	38
35-44	44.0%	39.2%	3.6%	0.0%	13.1%	35
45-54	61.5%	27.3%	7.2%	4.0%	0.0%	40
55-64	61.3%	31.5%	5.8%	0.7%	0.7%	80
65-74	82.9%	12.5%	3.2%	0.6%	0.6%	82
75+	72.0%	23.9%	0.8%	0.0%	3.3%	87
Results by education level:						
Less than HS diploma, no GED						19
High school diploma or GED	58.4%	32.7%	3.9%	3.2%	1.8%	114
Some college, trade school, or Associate degree	62.0%	31.5%	5.1%	0.3%	1.1%	141
Bachelor's degree or higher	57.7%	31.6%	2.1%	5.4%	3.2%	87
Results by household income:						
Less than \$20,000	55.2%	23.0%	7.7%	1.4%	12.8%	77
\$20,000 - \$34,999	64.0%	34.2%	0.8%	0.0%	0.9%	62
\$35,000 - \$49,999	65.1%	24.4%	4.7%	0.0%	5.8%	55
\$50,000 - \$74,999	53.7%	37.9%	3.9%	3.0%	1.5%	70
\$75,000 or more	56.9%	34.5%	2.9%	5.7%	0.0%	73

# 13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	10.1%	89.9%	400
Results by gender:			
Female	8.9%	91.1%	256
Male	11.4%	88.6%	144
Results by age:			
18-34	9.5%	90.5%	38
35-44	17.8%	82.2%	35
45-54	6.7%	93.3%	41
55-64	13.2%	86.8%	82
65-74	3.9%	96.1%	93
75+	10.7%	89.3%	111
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	7.6%	92.4%	139
Some college, trade school, or Associate degree	7.6%	92.4%	145
Bachelor's degree or higher	11.2%	88.8%	89
Results by household income:			
Less than \$20,000	20.9%	79.1%	92
\$20,000 - \$34,999	9.2%	90.8%	68
\$35,000 - \$49,999	10.8%	89.2%	58
\$50,000 - \$74,999	7.5%	92.5%	72
\$75,000 or more	5.2%	94.8%	74

#### All Survey Items (weighted data)

#### 14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N
Lincoln County	%	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	17.6%	19.8%	32.9%	57.5%	54.6%	23.9%	30.8%	32.0%	29.9%	40
Results by gender:										
Female										22
Male										18
Results by age:										
18-34										4
35-44										3
45-54										5
55-64										12
65-74										4
75+										12
Results by education level:										
Less than HS diploma, no GED										4
High school diploma or GED										12
Some college, trade school, or Associate degree										15
Bachelor's degree or higher										8
Results by household income:										
Less than \$20,000										13
\$20,000 - \$34,999										5
\$35,000 - \$49,999										5
\$50,000 - \$74,999										7
\$75,000 or more										6

### 15. In the past 6 months, which statement best describes medications prescribed for you?

	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	27.8%	66.9%	5.3%	398
Results by gender:				
Female	23.9%	71.4%	4.6%	257
Male	31.7%	62.3%	6.0%	141
Results by age:				
18-34	41.7%	51.9%	6.4%	38
35-44	35.4%	56.8%	7.9%	35
45-54	38.2%	61.8%	0.0%	40
55-64	22.5%	67.0%	10.5%	81
65-74	18.9%	77.5%	3.6%	93
75+	5.1%	90.8%	4.1%	111
Results by education level:				
Less than HS diploma, no GED				24
High school diploma or GED	21.1%	69.8%	9.2%	137
Some college, trade school, or Associate degree	34.1%	61.7%	4.2%	144
Bachelor's degree or higher	26.4%	70.1%	3.5%	90
Results by household income:				
Less than \$20,000	16.1%	77.0%	6.9%	90
\$20,000 - \$34,999	23.2%	74.9%	1.9%	68
\$35,000 - \$49,999	10.5%	78.9%	10.5%	57
\$50,000 - \$74,999	30.6%	63.2%	6.1%	72
\$75,000 or more	46.9%	53.1%	0.0%	74

#### All Survey Items (weighted data)

#### 16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

	I did not have insurance	It cost too much	I do not like taking medications	I did not think I needed the medication	I did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N
Lincoln County	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015									21
Results by gender:									
Female									10
Male									11
Results by age:									
18-34									3
35-44									2
45-54									0
55-64									9
65-74									3
75+									4
Results by education level:									
Less than HS diploma, no GED									2
High school diploma or GED									10
Some college, trade school, or Associate degree									7
Bachelor's degree or higher									2
Results by household income:									
Less than \$20,000									6
\$20,000 - \$34,999									2
\$35,000 - \$49,999									4
\$50,000 - \$74,999									6
\$75,000 or more									0

17A. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE THROUGH YOUR EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR SOMEONE ELSE'S EMPLOYER?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	46.5%	53.5%	402
Results by gender:			
Female	45.1%	54.9%	258
Male	47.8%	52.2%	144
Results by age:			
18-34	75.5%	24.5%	38
35-44	71.5%	28.5%	35
45-54	51.8%	48.2%	41
55-64	64.0%	36.0%	79
65-74	4.9%	95.1%	93
75+	3.5%	96.5%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	30.2%	69.8%	138
Some college, trade school, or Associate degree	54.1%	45.9%	147
Bachelor's degree or higher	63.5%	36.5%	90
Results by household income:			
Less than \$20,000	1.3%	98.7%	91
\$20,000 - \$34,999	28.5%	71.5%	69
\$35,000 - \$49,999	44.7%	55.3%	58
\$50,000 - \$74,999	59.5%	40.5%	74
\$75,000 or more	77.5%	22.5%	74

# 17B. Do you currently have the following type of health insurance: HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	28.4%	71.6%	402
Results by gender:			
Female	33.9%	66.1%	258
Male	22.8%	77.2%	144
Results by age:			
18-34	19.7%	80.3%	38
35-44	5.3%	94.7%	35
45-54	25.3%	74.7%	41
55-64	21.7%	78.3%	79
65-74	41.7%	58.3%	93
75+	55.7%	44.3%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	44.6%	55.4%	138
Some college, trade school, or Associate degree	25.7%	74.3%	147
Bachelor's degree or higher	14.8%	85.2%	90
Results by household income:			
Less than \$20,000	26.8%	73.2%	91
\$20,000 - \$34,999	30.6%	69.4%	69
\$35,000 - \$49,999	40.7%	59.3%	58
\$50,000 - \$74,999	27.5%	72.5%	74
\$75,000 or more	14.5%	85.5%	74

# 17C. Do you currently have the following type of health insurance: INDIAN OR TRIBAL HEALTH SERVICE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	0.6%	99.4%	402
Results by gender:			
Female	0.9%	99.1%	258
Male	0.2%	99.8%	144
Results by age:			
18-34	0.0%	100.0%	38
35-44	0.0%	100.0%	35
45-54	0.7%	99.3%	41
55-64	0.7%	99.3%	79
65-74	0.7%	99.3%	93
75+	1.2%	98.8%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	1.3%	98.7%	138
Some college, trade school, or Associate degree	0.2%	99.8%	147
Bachelor's degree or higher	0.0%	100.0%	90
Results by household income:			
Less than \$20,000	0.0%	100.0%	91
\$20,000 - \$34,999	1.8%	98.2%	69
\$35,000 - \$49,999	0.0%	100.0%	58
\$50,000 - \$74,999	0.4%	99.6%	74
\$75,000 or more	0.0%	100.0%	74

### 17D. Do you currently have the following type of health insurance: MEDICARE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	30.3%	69.7%	402
Results by gender:			
Female	31.4%	68.6%	258
Male	29.2%	70.8%	144
Results by age:			
18-34	0.0%	100.0%	38
35-44	5.3%	94.7%	35
45-54	0.0%	100.0%	41
55-64	8.6%	91.4%	79
65-74	91.1%	8.9%	93
75+	89.8%	10.2%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	47.6%	52.4%	138
Some college, trade school, or Associate degree	23.6%	76.4%	147
Bachelor's degree or higher	19.3%	80.7%	90
Results by household income:			
Less than \$20,000	51.2%	48.8%	91
\$20,000 - \$34,999	48.1%	51.9%	69
\$35,000 - \$49,999	25.9%	74.1%	58
\$50,000 - \$74,999	17.8%	82.2%	74
\$75,000 or more	16.2%	83.8%	74

# 17E. Do you currently have the following type of health insurance: MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL ASSISTANCE PROGRAM (PMAP)?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	8.8%	91.2%	402	
Results by gender:				
Female	10.6%	89.4%	258	
Male	6.9%	93.1%	144	
Results by age:				
18-34	12.7%	87.3%	38	
35-44	5.0%	95.0%	35	
45-54	3.0%	97.0%	41	
55-64	9.3%	90.7%	79	
65-74	11.1%	88.9%	93	
75+	10.8%	89.2%	116	
Results by education level:				
Less than HS diploma, no GED			23	
High school diploma or GED	11.0%	89.0%	138	
Some college, trade school, or Associate degree	6.7%	93.3%	147	
Bachelor's degree or higher	6.6%	93.4%	90	
Results by household income:				
Less than \$20,000	27.4%	72.6%	91	
\$20,000 - \$34,999	18.2%	81.8%	69	
\$35,000 - \$49,999	4.4%	95.6%	58	
\$50,000 - \$74,999	0.0%	100.0%	74	
\$75,000 or more	0.9%	99.1%	74	

### 17F. Do you currently have the following type of health insurance: MINNESOTACARE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	5.8%	94.2%	402
Results by gender:			
Female	5.9%	94.1%	258
Male	5.7%	94.3%	144
Results by age:			
18-34	2.5%	97.5%	38
35-44	14.3%	85.7%	35
45-54	8.9%	91.1%	41
55-64	5.1%	94.9%	79
65-74	3.3%	96.7%	93
75+	2.5%	97.5%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	6.7%	93.3%	138
Some college, trade school, or Associate degree	4.5%	95.5%	147
Bachelor's degree or higher	4.3%	95.7%	90
Results by household income:			
Less than \$20,000	16.8%	83.2%	91
\$20,000 - \$34,999	7.9%	92.1%	69
\$35,000 - \$49,999	9.9%	90.1%	58
\$50,000 - \$74,999	0.0%	100.0%	74
\$75,000 or more	0.0%	100.0%	74

### 17G. Do you currently have the following type of health insurance: MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	0.2%	99.8%	402	
Results by gender:				
Female	0.4%	99.6%	258	
Male	0.0%	100.0%	144	
Results by age:				
18-34	0.0%	100.0%	38	
35-44	0.0%	100.0%	35	
45-54	0.0%	100.0%	41	
55-64	0.7%	99.3%	79	
65-74	0.0%	100.0%	93	
75+	0.6%	99.4%	116	
Results by education level:				
Less than HS diploma, no GED			23	
High school diploma or GED	0.0%	100.0%	138	
Some college, trade school, or Associate degree	0.3%	99.7%	147	
Bachelor's degree or higher	0.4%	99.6%	90	
Results by household income:				
Less than \$20,000	1.3%	98.7%	91	
\$20,000 - \$34,999	0.0%	100.0%	69	
\$35,000 - \$49,999	0.0%	100.0%	58	
\$50,000 - \$74,999	0.0%	100.0%	74	
\$75,000 or more	0.0%	100.0%	74	

# 17H. Do you currently have the following type of health insurance: CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	5.4%	94.6%	402
Results by gender:			
Female	4.4%	95.6%	258
Male	6.4%	93.6%	144
Results by age:			
18-34	1.6%	98.4%	38
35-44	0.0%	100.0%	35
45-54	1.5%	98.5%	41
55-64	2.1%	97.9%	79
65-74	11.1%	88.9%	93
75+	16.6%	83.4%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	7.1%	92.9%	138
Some college, trade school, or Associate degree	4.8%	95.2%	147
Bachelor's degree or higher	5.5%	94.5%	90
Results by household income:			
Less than \$20,000	6.2%	93.8%	91
\$20,000 - \$34,999	10.1%	89.9%	69
\$35,000 - \$49,999	6.6%	93.4%	58
\$50,000 - \$74,999	4.1%	95.9%	74
\$75,000 or more	0.9%	99.1%	74

# 17I. Do you currently have the following type of health insurance: OTHER HEALTH INSURANCE COVERAGE?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	12.5%	87.5%	402	
Results by gender:				
Female	12.7%	87.3%	258	
Male	12.2%	87.8%	144	
Results by age:				
18-34	0.0%	100.0%	38	
35-44	0.0%	100.0%	35	
45-54	8.9%	91.1%	41	
55-64	6.5%	93.5%	79	
65-74	24.7%	75.3%	93	
75+	36.9%	63.1%	116	
Results by education level:				
Less than HS diploma, no GED			23	
High school diploma or GED	14.5%	85.5%	138	
Some college, trade school, or Associate degree	13.8%	86.2%	147	
Bachelor's degree or higher	6.5%	93.5%	90	
Results by household income:				
Less than \$20,000	19.4%	80.6%	91	
\$20,000 - \$34,999	26.4%	73.6%	69	
\$35,000 - \$49,999	4.4%	95.6%	58	
\$50,000 - \$74,999	13.2%	86.8%	74	
\$75,000 or more	5.6%	94.4%	74	

### 17J. Do you currently have the following type of health insurance: NO HEALTH INSURANCE COVERAGE?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	2.8%	97.2%	402	
Results by gender:				
Female	0.3%	99.7%	258	
Male	5.3%	94.7%	144	
Results by age:				
18-34	3.1%	96.9%	38	
35-44	13.1%	86.9%	35	
45-54	0.7%	99.3%	41	
55-64	1.4%	98.6%	79	
65-74	0.0%	100.0%	93	
75+	0.0%	100.0%	116	
Results by education level:				
Less than HS diploma, no GED			23	
High school diploma or GED	0.8%	99.2%	138	
Some college, trade school, or Associate degree	0.3%	99.7%	147	
Bachelor's degree or higher	2.6%	97.4%	90	
Results by household income:				
Less than \$20,000	11.8%	88.2%	91	
\$20,000 - \$34,999	4.7%	95.3%	69	
\$35,000 - \$49,999	1.4%	98.6%	58	
\$50,000 - \$74,999	0.0%	100.0%	74	
\$75,000 or more	0.0%	100.0%	74	

#### All Survey Items (weighted data)

#### **Current health insurance status**

	Currently insured	Currently uninsured	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	97.2%	2.8%	402
Results by gender:			
Female	99.7%	0.3%	258
Male	94.7%	5.3%	144
Results by age:			
18-34	96.9%	3.1%	38
35-44	86.9%	13.1%	35
45-54	99.3%	0.7%	41
55-64	98.6%	1.4%	79
65-74	100.0%	0.0%	93
75+	100.0%	0.0%	116
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	99.2%	0.8%	138
Some college, trade school, or Associate degree	99.7%	0.3%	147
Bachelor's degree or higher	97.4%	2.6%	90
Results by household income:			
Less than \$20,000	88.2%	11.8%	91
\$20,000 - \$34,999	95.3%	4.7%	69
\$35,000 - \$49,999	98.6%	1.4%	58
\$50,000 - \$74,999	100.0%	0.0%	74
\$75,000 or more	100.0%	0.0%	74

#### 18. Do you consider yourself:

	Overweight	About the right weight	Underweight	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	39.1%	59.0%	1.9%	491
Overall results from 2015	45.3%	53.8%	0.9%	405
Results by gender:				
Female	42.6%	56.0%	1.4%	261
Male	48.0%	51.5%	0.5%	144
Results by age:				
18-34	40.1%	59.9%	0.0%	38
35-44	50.1%	49.9%	0.0%	35
45-54	44.4%	54.8%	0.7%	41
55-64	56.2%	43.8%	0.0%	82
65-74	54.0%	44.7%	1.3%	93
75+	30.9%	65.4%	3.7%	116
Results by education level:				
Less than HS diploma, no GED				23
High school diploma or GED	45.6%	53.9%	0.5%	139
Some college, trade school, or Associate degree	49.1%	49.6%	1.3%	148
Bachelor's degree or higher	45.7%	53.9%	0.4%	90
Results by household income:				
Less than \$20,000	33.5%	64.5%	2.0%	91
\$20,000 - \$34,999	52.1%	46.3%	1.6%	69
\$35,000 - \$49,999	55.1%	44.9%	0.0%	59
\$50,000 - \$74,999	41.4%	57.8%	0.8%	74
\$75,000 or more	48.6%	51.4%	0.0%	74

#### 19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	23.7%	61.9%	13.5%	0.9%	391
Results by gender:					
Female	17.5%	60.7%	21.1%	0.7%	255
Male	30.2%	63.1%	5.6%	1.1%	136
Results by age:					
18-34	23.4%	59.4%	17.2%	0.0%	38
35-44	32.5%	55.2%	12.3%	0.0%	35
45-54	40.0%	52.0%	8.1%	0.0%	40
55-64	22.1%	62.4%	13.5%	2.0%	81
65-74	14.2%	68.7%	14.4%	2.7%	88
75+	9.0%	75.0%	14.8%	1.2%	109
Results by education level:					
Less than HS diploma, no GED					22
High school diploma or GED	21.8%	64.0%	13.3%	1.0%	132
Some college, trade school, or Associate degree	26.7%	59.0%	13.4%	0.9%	144
Bachelor's degree or higher	15.6%	65.7%	17.4%	1.2%	90
Results by household income:					
Less than \$20,000	27.6%	66.1%	6.3%	0.0%	88
\$20,000 - \$34,999	16.4%	71.0%	10.5%	2.0%	66
\$35,000 - \$49,999	18.2%	71.3%	7.9%	2.7%	57
\$50,000 - \$74,999	35.6%	47.9%	16.6%	0.0%	73
\$75,000 or more	20.4%	61.8%	16.9%	0.9%	73

#### 20. How many servings of 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	57.9%	38.4%	2.0%	1.7%	382
Results by gender:					
Female	60.3%	36.1%	2.1%	1.5%	246
Male	55.4%	40.8%	1.8%	2.0%	136
Results by age:					
18-34	73.5%	20.9%	5.5%	0.0%	38
35-44	84.8%	15.2%	0.0%	0.0%	35
45-54	45.9%	49.9%	1.7%	2.5%	39
55-64	56.7%	41.3%	0.0%	2.0%	81
65-74	54.8%	40.9%	2.8%	1.5%	87
75+	29.8%	65.1%	0.6%	4.5%	102
Results by education level:					
Less than HS diploma, no GED					22
High school diploma or GED	49.2%	48.8%	0.8%	1.3%	129
Some college, trade school, or Associate degree	56.5%	39.5%	1.8%	2.2%	141
Bachelor's degree or higher	64.2%	30.9%	4.1%	0.8%	88
Results by household income:					
Less than \$20,000	58.1%	36.8%	0.7%	4.4%	86
\$20,000 - \$34,999	38.4%	51.7%	9.9%	0.0%	65
\$35,000 - \$49,999	47.1%	48.0%	1.0%	3.9%	54
\$50,000 - \$74,999	57.1%	42.9%	0.0%	0.0%	71
\$75,000 or more	83.8%	13.8%	1.5%	0.9%	73

#### How many combined servings of fruit and 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	15.9%	54.2%	23.0%	6.9%	378
Results by gender:					
Female	13.1%	49.7%	28.9%	8.3%	245
Male	18.9%	58.9%	16.8%	5.4%	133
Results by age:					
18-34	21.8%	45.2%	29.7%	3.3%	38
35-44	29.9%	56.8%	8.1%	5.3%	35
45-54	10.1%	73.2%	6.7%	10.1%	39
55-64	16.6%	51.2%	26.7%	5.5%	81
65-74	9.9%	60.4%	22.1%	7.6%	86
75+	6.0%	41.5%	41.5%	11.0%	99
Results by education level:					
Less than HS diploma, no GED					20
High school diploma or GED	14.2%	55.0%	26.2%	4.6%	127
Some college, trade school, or Associate degree	15.9%	57.4%	16.7%	10.0%	141
Bachelor's degree or higher	12.4%	48.9%	33.6%	5.0%	88
Results by household income:					
Less than \$20,000	21.7%	50.7%	20.7%	6.9%	85
\$20,000 - \$34,999	12.3%	49.3%	32.9%	5.5%	63
\$35,000 - \$49,999	11.1%	54.2%	27.1%	7.7%	54
\$50,000 - \$74,999	16.7%	60.0%	16.5%	6.8%	71
\$75,000 or more	20.4%	54.1%	19.5%	6.0%	73

#### 21. How many servings of vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	10.8%	68.1%	19.7%	1.4%	488
Overall results from 2015	16.0%	64.5%	16.2%	3.3%	380
Results by gender:					
Female	8.4%	67.2%	21.1%	3.2%	246
Male	23.9%	61.7%	11.1%	3.3%	134
Results by age:					
18-34	36.6%	44.0%	14.6%	4.8%	37
35-44	19.8%	58.8%	19.4%	2.0%	35
45-54	8.0%	84.7%	5.6%	1.6%	40
55-64	11.8%	61.2%	20.1%	7.0%	81
65-74	9.9%	62.8%	24.7%	2.5%	86
75+	3.8%	79.5%	15.9%	0.9%	101
Results by education level:					
Less than HS diploma, no GED					22
High school diploma or GED	17.9%	68.2%	13.4%	0.5%	127
Some college, trade school, or Associate degree	9.9%	69.7%	16.0%	4.4%	140
Bachelor's degree or higher	12.1%	58.6%	23.9%	5.4%	89
Results by household income:					
Less than \$20,000	28.3%	58.6%	11.4%	1.8%	87
\$20,000 - \$34,999	9.5%	62.0%	20.2%	8.3%	65
\$35,000 - \$49,999	18.0%	67.9%	9.3%	4.9%	55
\$50,000 - \$74,999	10.5%	71.5%	15.2%	2.8%	69
\$75,000 or more	16.7%	57.7%	25.6%	0.0%	71

#### All Survey Items (weighted data)

#### How many combined servings of fruit (including fruit juice) and vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	9.0%	19.6%	40.9%	26.5%	3.9%	368
Results by gender:						
Female	3.3%	20.7%	39.0%	32.5%	4.5%	238
Male	15.0%	18.6%	42.9%	20.4%	3.2%	130
Results by age:						
18-34	22.2%	14.6%	29.9%	31.7%	1.7%	37
35-44	15.2%	24.4%	41.0%	17.4%	2.0%	35
45-54	1.7%	24.9%	59.1%	11.7%	2.5%	39
55-64	6.2%	21.9%	34.9%	32.1%	4.9%	80
65-74	2.7%	18.9%	43.5%	27.8%	7.1%	83
75+	1.6%	14.1%	40.5%	37.4%	6.3%	94
Results by education level:						
Less than HS diploma, no GED						20
High school diploma or GED	9.0%	18.8%	42.6%	26.5%	3.2%	123
Some college, trade school, or Associate degree	7.6%	20.6%	46.3%	20.7%	4.8%	137
Bachelor's degree or higher	5.9%	15.3%	34.5%	41.5%	2.9%	87
Results by household income:						
Less than \$20,000	14.2%	24.9%	32.9%	21.6%	6.4%	82
\$20,000 - \$34,999	5.2%	5.8%	46.3%	36.9%	5.8%	63
\$35,000 - \$49,999	7.9%	14.5%	55.7%	14.2%	7.7%	54
\$50,000 - \$74,999	8.4%	31.8%	34.5%	23.8%	1.5%	69
\$75,000 or more	10.7%	17.4%	39.5%	31.4%	0.9%	71

#### 22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	31.2%	59.0%	8.8%	0.6%	0.4%	473
Overall results from 2015	39.0%	55.3%	5.7%	0.0%	0.0%	389
Results by gender:						
Female	43.0%	49.4%	7.6%	0.0%	0.0%	254
Male	34.8%	61.5%	3.7%	0.0%	0.0%	135
Results by age:						
18-34	32.5%	60.2%	7.4%	0.0%	0.0%	38
35-44	47.8%	52.2%	0.0%	0.0%	0.0%	34
45-54	38.6%	59.0%	2.4%	0.0%	0.0%	39
55-64	45.3%	49.7%	4.9%	0.0%	0.0%	79
65-74	39.1%	51.6%	9.3%	0.0%	0.0%	92
75+	34.1%	56.3%	9.6%	0.0%	0.0%	107
Results by education level:						
Less than HS diploma, no GED						- 20
High school diploma or GED	38.6%	56.6%	4.8%	0.0%	0.0%	136
Some college, trade school, or Associate degree	45.4%	49.2%	5.4%	0.0%	0.0%	141
Bachelor's degree or higher	29.3%	62.5%	8.2%	0.0%	0.0%	90
Results by household income:						
Less than \$20,000	41.3%	54.4%	4.3%	0.0%	0.0%	88
\$20,000 - \$34,999	39.3%	50.9%	9.7%	0.0%	0.0%	67
\$35,000 - \$49,999	34.2%	63.1%	2.7%	0.0%	0.0%	56
\$50,000 - \$74,999	43.6%	47.6%	8.8%	0.0%	0.0%	72
\$75,000 or more	35.0%	62.2%	2.7%	0.0%	0.0%	73

#### 22B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	61.8%	29.3%	6.2%	2.7%	0.0%	430
Overall results from 2015	67.2%	21.4%	10.8%	0.5%	0.0%	345
Results by gender:						
Female	80.2%	18.2%	1.6%	0.0%	0.0%	226
Male	53.7%	24.9%	20.4%	1.0%	0.0%	119
Results by age:						
18-34	57.6%	22.2%	20.2%	0.0%	0.0%	38
35-44	56.3%	20.2%	23.5%	0.0%	0.0%	34
45-54	63.2%	27.2%	9.6%	0.0%	0.0%	36
55-64	64.5%	29.3%	4.7%	1.6%	0.0%	70
65-74	80.4%	16.4%	1.6%	1.6%	0.0%	82
75+	89.6%	10.4%	0.0%	0.0%	0.0%	85
Results by education level:						
Less than HS diploma, no GED						- 18
High school diploma or GED	60.7%	24.5%	13.2%	1.7%	0.0%	117
Some college, trade school, or Associate degree	67.7%	22.3%	10.0%	0.0%	0.0%	124
Bachelor's degree or higher	83.0%	15.8%	1.2%	0.0%	0.0%	84
Results by household income:						
Less than \$20,000	55.3%	24.5%	20.3%	0.0%	0.0%	70
\$20,000 - \$34,999	73.3%	25.0%	1.8%	0.0%	0.0%	64
\$35,000 - \$49,999	71.8%	11.5%	15.5%	1.3%	0.0%	50
\$50,000 - \$74,999	59.0%	22.1%	17.9%	1.0%	0.0%	65
\$75,000 or more	78.0%	19.7%	2.3%	0.0%	0.0%	67

#### 22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	72.9%	22.6%	3.1%	0.8%	0.6%	445
Overall results from 2015	75.6%	18.2%	2.7%	3.5%	0.0%	358
Results by gender:						
Female	79.5%	18.1%	2.4%	0.0%	0.0%	232
Male	71.5%	18.4%	3.1%	7.0%	0.0%	126
Results by age:						
18-34	82.7%	11.1%	0.0%	6.2%	0.0%	38
35-44	64.7%	18.9%	2.2%	14.3%	0.0%	33
45-54	73.4%	21.1%	5.5%	0.0%	0.0%	39
55-64	71.0%	22.1%	6.2%	0.7%	0.0%	75
65-74	75.1%	24.9%	0.0%	0.0%	0.0%	84
75+	83.0%	14.3%	2.7%	0.0%	0.0%	89
Results by education level:						
Less than HS diploma, no GED						. 19
High school diploma or GED	84.5%	10.0%	5.0%	0.4%	0.0%	119
Some college, trade school, or Associate degree	75.2%	21.8%	3.0%	0.0%	0.0%	134
Bachelor's degree or higher	70.7%	23.3%	0.6%	5.5%	0.0%	85
Results by household income:						
Less than \$20,000	66.2%	16.4%	3.4%	14.0%	0.0%	75
\$20,000 - \$34,999	87.8%	9.9%	2.3%	0.0%	0.0%	58
\$35,000 - \$49,999	81.7%	16.8%	1.5%	0.0%	0.0%	56
\$50,000 - \$74,999	79.3%	15.1%	5.6%	0.0%	0.0%	68
\$75,000 or more	65.5%	27.6%	1.1%	5.8%	0.0%	71

### 22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	94.8%	4.8%	0.4%	0.0%	0.0%	438
Overall results from 2015	89.8%	7.6%	0.0%	0.0%	2.6%	352
Results by gender:						
Female	94.9%	5.1%	0.0%	0.0%	0.0%	228
Male	84.7%	10.0%	0.0%	0.0%	5.3%	124
Results by age:						
18-34	80.5%	16.4%	0.0%	0.0%	3.1%	38
35-44	79.0%	7.5%	0.0%	0.0%	13.5%	34
45-54	96.2%	3.8%	0.0%	0.0%	0.0%	40
55-64	93.7%	6.3%	0.0%	0.0%	0.0%	72
65-74	94.9%	5.1%	0.0%	0.0%	0.0%	81
75+	97.5%	2.5%	0.0%	0.0%	0.0%	87
Results by education level:						
Less than HS diploma, no GED						- 21
High school diploma or GED	89.8%	10.2%	0.0%	0.0%	0.0%	117
Some college, trade school, or Associate degree	95.6%	4.4%	0.0%	0.0%	0.0%	130
Bachelor's degree or higher	91.8%	5.4%	0.0%	0.0%	2.8%	83
Results by household income:						
Less than \$20,000	71.6%	16.0%	0.0%	0.0%	12.3%	77
\$20,000 - \$34,999	98.6%	1.4%	0.0%	0.0%	0.0%	62
\$35,000 - \$49,999	83.8%	12.1%	0.0%	0.0%	4.1%	53
\$50,000 - \$74,999	94.1%	5.9%	0.0%	0.0%	0.0%	65
\$75,000 or more	97.9%	2.1%	0.0%	0.0%	0.0%	67

### 23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	51.4%	39.3%	8.0%	1.4%	0.0%	467
Overall results from 2015	49.1%	46.5%	2.5%	0.0%	1.8%	382
Results by gender:						
Female	59.9%	39.5%	0.6%	0.0%	0.0%	246
Male	38.2%	53.6%	4.5%	0.0%	3.7%	136
Results by age:						
18-34	44.7%	54.4%	0.8%	0.0%	0.0%	38
35-44	23.0%	63.8%	0.0%	0.0%	13.1%	35
45-54	47.0%	45.4%	7.6%	0.0%	0.0%	40
55-64	55.8%	40.7%	3.6%	0.0%	0.0%	78
65-74	57.5%	42.5%	0.0%	0.0%	0.0%	91
75+	66.8%	30.7%	2.5%	0.0%	0.0%	100
Results by education level:						
Less than HS diploma, no GED						20
High school diploma or GED	62.0%	31.2%	6.8%	0.0%	0.0%	130
Some college, trade school, or Associate degree	48.0%	50.5%	1.6%	0.0%	0.0%	141
Bachelor's degree or higher	44.0%	56.0%	0.0%	0.0%	0.0%	89
Results by household income:						
Less than \$20,000	63.2%	23.0%	1.5%	0.0%	12.3%	82
\$20,000 - \$34,999	64.2%	32.8%	3.0%	0.0%	0.0%	67
\$35,000 - \$49,999	31.9%	65.9%	2.3%	0.0%	0.0%	57
\$50,000 - \$74,999	44.4%	50.1%	5.6%	0.0%	0.0%	74
\$75,000 or more	45.1%	54.9%	0.0%	0.0%	0.0%	71

### 23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	48.7%	47.5%	2.0%	1.5%	0.3%	460
Overall results from 2015	41.2%	53.2%	2.9%	0.8%	1.9%	381
Results by gender:						
Female	49.5%	48.2%	2.2%	0.0%	0.0%	247
Male	32.7%	58.3%	3.6%	1.6%	3.7%	134
Results by age:						
18-34	37.6%	62.4%	0.0%	0.0%	0.0%	38
35-44	42.0%	42.8%	2.0%	0.0%	13.1%	35
45-54	37.0%	59.1%	3.8%	0.0%	0.0%	40
55-64	41.1%	50.9%	8.0%	0.0%	0.0%	79
65-74	47.3%	47.5%	1.5%	3.7%	0.0%	89
75+	45.4%	50.4%	2.5%	1.8%	0.0%	100
Results by education level:						
Less than HS diploma, no GED						21
High school diploma or GED	52.2%	41.9%	3.9%	2.1%	0.0%	127
Some college, trade school, or Associate degree	38.3%	59.2%	2.0%	0.5%	0.0%	145
Bachelor's degree or higher	35.2%	61.7%	3.2%	0.0%	0.0%	87
Results by household income:						
Less than \$20,000	49.0%	37.0%	1.6%	0.0%	12.4%	81
\$20,000 - \$34,999	45.9%	50.2%	1.6%	2.2%	0.0%	67
\$35,000 - \$49,999	46.2%	52.3%	0.0%	1.6%	0.0%	58
\$50,000 - \$74,999	29.9%	66.8%	3.3%	0.0%	0.0%	70
\$75,000 or more	37.3%	54.6%	7.2%	0.9%	0.0%	71

#### 23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	96.4%	0.2%	0.3%	1.0%	2.1%	368
Results by gender:						
Female	97.4%	0.4%	0.6%	1.2%	0.4%	235
Male	95.4%	0.0%	0.0%	0.8%	3.8%	133
Results by age:						
18-34	99.1%	0.0%	0.0%	0.0%	0.9%	37
35-44	86.9%	0.0%	0.0%	0.0%	13.1%	35
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	40
55-64	100.0%	0.0%	0.0%	0.0%	0.0%	77
65-74	98.2%	0.0%	0.0%	1.8%	0.0%	87
75+	91.3%	1.5%	2.2%	5.0%	0.0%	92
Results by education level:						
Less than HS diploma, no GED						23
High school diploma or GED	96.2%	0.8%	1.2%	1.8%	0.0%	122
Some college, trade school, or Associate degree	98.6%	0.0%	0.0%	1.0%	0.5%	137
Bachelor's degree or higher	100.0%	0.0%	0.0%	0.0%	0.0%	84
Results by household income:						
Less than \$20,000	82.5%	1.3%	1.9%	2.9%	11.5%	83
\$20,000 - \$34,999	96.6%	0.0%	0.0%	2.1%	1.3%	63
\$35,000 - \$49,999	100.0%	0.0%	0.0%	0.0%	0.0%	54
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	69
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	69

#### 23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	93.2%	3.2%	0.7%	0.6%	2.4%	376
Results by gender:						
Female	94.4%	3.0%	0.6%	0.9%	1.0%	240
Male	92.0%	3.3%	0.8%	0.3%	3.7%	136
Results by age:						
18-34	99.2%	0.0%	0.0%	0.0%	0.8%	37
35-44	86.5%	0.0%	0.0%	0.0%	13.5%	34
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	38
55-64	98.5%	0.0%	0.0%	1.5%	0.0%	78
65-74	96.3%	2.4%	1.3%	0.0%	0.0%	90
75+	74.4%	18.2%	3.1%	2.3%	2.0%	99
Results by education level:						
Less than HS diploma, no GED						- 22
High school diploma or GED	90.6%	5.7%	2.1%	0.9%	0.8%	126
Some college, trade school, or Associate degree	94.8%	3.6%	0.0%	0.9%	0.7%	141
Bachelor's degree or higher	99.2%	0.4%	0.4%	0.0%	0.0%	85
Results by household income:						
Less than \$20,000	76.3%	5.9%	1.9%	2.9%	13.1%	86
\$20,000 - \$34,999	85.3%	10.3%	2.0%	1.0%	1.3%	65
\$35,000 - \$49,999	98.4%	1.6%	0.0%	0.0%	0.0%	56
\$50,000 - \$74,999	99.0%	0.6%	0.4%	0.0%	0.0%	68
\$75,000 or more	99.5%	0.0%	0.0%	0.0%	0.5%	70

### 23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	89.8%	6.0%	0.4%	0.9%	3.0%	370
Results by gender:						
Female	92.7%	5.7%	0.2%	0.9%	0.6%	237
Male	86.9%	6.3%	0.5%	0.9%	5.3%	133
Results by age:						
18-34	86.8%	12.4%	0.0%	0.0%	0.8%	38
35-44	84.8%	2.0%	0.0%	0.0%	13.1%	35
45-54	99.2%	0.8%	0.0%	0.0%	0.0%	39
55-64	92.5%	4.6%	0.0%	1.4%	1.4%	77
65-74	94.7%	3.3%	0.6%	1.5%	0.0%	89
75+	79.2%	11.4%	1.9%	2.9%	4.6%	92
Results by education level:						
Less than HS diploma, no GED						20
High school diploma or GED	86.9%	7.3%	0.3%	3.2%	2.3%	123
Some college, trade school, or Associate degree	92.9%	5.3%	0.7%	0.0%	1.1%	140
Bachelor's degree or higher	93.6%	6.4%	0.0%	0.0%	0.0%	86
Results by household income:						
Less than \$20,000	75.7%	9.3%	0.6%	0.7%	13.8%	83
\$20,000 - \$34,999	92.3%	4.3%	2.0%	0.0%	1.3%	63
\$35,000 - \$49,999	97.0%	0.0%	0.0%	0.0%	3.0%	55
\$50,000 - \$74,999	92.9%	6.5%	0.0%	0.0%	0.6%	70
\$75,000 or more	87.7%	10.3%	0.0%	2.0%	0.0%	70

#### 23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	0.3%	5.6%	15.9%	33.2%	44.9%	478
Overall results from 2015	2.9%	5.5%	12.0%	25.4%	54.2%	391
Results by gender:						
Female	1.1%	3.8%	9.4%	26.4%	59.3%	254
Male	4.7%	7.2%	14.8%	24.4%	49.0%	137
Results by age:						
18-34	0.0%	7.0%	12.5%	27.1%	53.4%	38
35-44	13.1%	8.9%	6.1%	17.6%	54.3%	35
45-54	0.7%	3.7%	14.0%	30.4%	51.1%	41
55-64	1.4%	2.8%	12.5%	32.6%	50.8%	80
65-74	0.0%	2.2%	11.9%	20.4%	65.5%	91
75+	4.3%	8.5%	13.9%	20.6%	52.7%	106
Results by education level:						
Less than HS diploma, no GED						- 23
High school diploma or GED	2.5%	9.4%	15.1%	19.1%	53.9%	131
Some college, trade school, or Associate degree	0.9%	5.5%	7.5%	32.8%	53.4%	143
Bachelor's degree or higher	0.0%	1.0%	11.5%	24.4%	63.1%	90
Results by household income:						
Less than \$20,000	13.2%	8.2%	16.8%	17.2%	44.5%	88
\$20,000 - \$34,999	1.0%	9.4%	14.6%	15.6%	59.3%	67
\$35,000 - \$49,999	0.0%	0.0%	12.4%	28.6%	59.0%	56
\$50,000 - \$74,999	0.0%	8.9%	13.1%	30.5%	47.4%	71
\$75,000 or more	1.5%	2.3%	6.1%	28.0%	62.1%	73

#### 23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	29.2%	17.7%	15.1%	18.4%	19.6%	466
Overall results from 2015	28.6%	20.6%	17.1%	12.7%	21.0%	391
Results by gender:						
Female	29.0%	21.5%	17.6%	15.1%	16.9%	252
Male	28.1%	19.7%	16.6%	10.4%	25.1%	139
Results by age:						
18-34	35.5%	16.9%	25.9%	12.9%	8.8%	37
35-44	34.7%	14.7%	12.9%	2.0%	35.6%	35
45-54	12.6%	22.9%	14.8%	20.8%	28.9%	41
55-64	21.1%	24.0%	23.9%	11.2%	19.7%	81
65-74	23.7%	24.9%	11.5%	15.9%	23.9%	91
75+	45.0%	20.4%	9.7%	11.2%	13.8%	106
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	25.9%	21.1%	24.4%	14.4%	14.2%	133
Some college, trade school, or Associate degree	24.9%	20.7%	19.0%	10.5%	25.0%	145
Bachelor's degree or higher	34.1%	24.3%	9.4%	16.3%	15.8%	89
Results by household income:						
Less than \$20,000	27.7%	16.8%	10.9%	8.7%	36.0%	87
\$20,000 - \$34,999	28.6%	16.7%	8.8%	14.1%	31.8%	69
\$35,000 - \$49,999	21.1%	30.4%	19.3%	9.4%	19.8%	57
\$50,000 - \$74,999	20.0%	23.4%	20.9%	18.4%	17.3%	71
\$75,000 or more	42.7%	15.1%	20.7%	11.6%	9.9%	72

### 24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	5.2%	16.8%	37.7%	31.0%	9.3%	383
Results by gender:						
Female	5.0%	17.1%	42.3%	25.5%	10.0%	244
Male	5.4%	16.4%	33.2%	36.5%	8.5%	139
Results by age:						
18-34	0.0%	24.3%	53.4%	18.3%	4.1%	38
35-44	0.0%	6.0%	25.2%	42.2%	26.7%	34
45-54	0.8%	4.5%	45.5%	45.4%	3.8%	39
55-64	6.2%	18.9%	36.4%	23.2%	15.3%	81
65-74	10.3%	22.6%	28.0%	29.8%	9.2%	92
75+	16.2%	22.6%	28.1%	31.8%	1.3%	99
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	11.0%	19.3%	35.3%	29.2%	5.2%	130
Some college, trade school, or Associate degree	4.3%	16.6%	38.8%	33.7%	6.5%	139
Bachelor's degree or higher	1.3%	13.1%	40.3%	33.2%	12.1%	90
Results by household income:						
Less than \$20,000	15.3%	25.9%	25.2%	11.2%	22.4%	83
\$20,000 - \$34,999	8.4%	14.6%	33.9%	36.2%	6.8%	68
\$35,000 - \$49,999	1.0%	10.7%	50.6%	28.8%	8.9%	55
\$50,000 - \$74,999	0.0%	13.2%	40.8%	41.7%	4.4%	71
\$75,000 or more	4.0%	20.1%	36.8%	33.3%	5.9%	74

### 24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	7.8%	13.2%	25.8%	33.6%	19.6%	385
Results by gender:						
Female	12.8%	13.7%	23.9%	29.4%	20.3%	248
Male	2.8%	12.8%	27.7%	37.8%	18.9%	137
Results by age:						
18-34	8.2%	11.1%	35.7%	44.2%	0.8%	38
35-44	3.2%	31.1%	15.8%	33.9%	16.0%	34
45-54	10.5%	7.5%	32.8%	25.4%	23.8%	40
55-64	8.4%	17.4%	16.7%	22.4%	35.1%	81
65-74	8.7%	4.4%	21.9%	37.4%	27.5%	90
75+	6.5%	11.3%	25.5%	37.6%	19.1%	102
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	12.1%	10.2%	29.1%	28.5%	20.1%	130
Some college, trade school, or Associate degree	8.2%	11.7%	18.8%	38.2%	23.1%	138
Bachelor's degree or higher	4.3%	12.3%	28.9%	39.3%	15.2%	91
Results by household income:						
Less than \$20,000	8.9%	18.5%	30.2%	23.2%	19.1%	89
\$20,000 - \$34,999	9.0%	22.2%	7.3%	39.4%	22.0%	68
\$35,000 - \$49,999	5.5%	12.9%	30.6%	35.0%	16.1%	55
\$50,000 - \$74,999	4.3%	8.5%	39.1%	30.9%	17.3%	69
\$75,000 or more	9.4%	9.8%	19.7%	38.1%	22.9%	74

### 24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	61.9%	17.0%	11.8%	5.4%	3.9%	352
Results by gender:						
Female	69.6%	14.5%	7.0%	3.1%	5.9%	228
Male	54.0%	19.6%	16.7%	7.8%	2.0%	124
Results by age:						
18-34	45.4%	37.6%	5.5%	3.3%	8.2%	38
35-44	43.2%	13.8%	24.3%	14.3%	4.4%	33
45-54	71.7%	7.6%	19.9%	0.0%	0.8%	37
55-64	67.5%	12.5%	7.8%	7.9%	4.3%	77
65-74	72.7%	12.4%	4.5%	6.2%	4.1%	85
75+	76.7%	8.9%	11.3%	3.2%	0.0%	82
Results by education level:						
Less than HS diploma, no GED						21
High school diploma or GED	65.8%	16.6%	8.0%	4.1%	5.5%	113
Some college, trade school, or Associate degree	66.2%	12.2%	14.9%	2.9%	3.7%	131
Bachelor's degree or higher	54.6%	23.8%	13.4%	4.2%	4.0%	87
Results by household income:						
Less than \$20,000	59.0%	17.4%	3.0%	15.5%	5.1%	74
\$20,000 - \$34,999	67.4%	8.0%	10.9%	7.7%	6.0%	63
\$35,000 - \$49,999	57.4%	22.0%	12.5%	6.9%	1.2%	52
\$50,000 - \$74,999	70.2%	18.3%	9.9%	0.0%	1.6%	67
\$75,000 or more	52.6%	17.5%	20.2%	2.5%	7.3%	69

### 24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	95.4%	3.0%	0.9%	0.5%	0.1%	357
Results by gender:						
Female	94.5%	2.6%	1.9%	0.9%	0.2%	230
Male	96.4%	3.4%	0.0%	0.2%	0.0%	127
Results by age:						
18-34	98.4%	0.0%	1.6%	0.0%	0.0%	38
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	33
45-54	92.4%	7.7%	0.0%	0.0%	0.0%	38
55-64	95.5%	2.9%	1.5%	0.0%	0.0%	77
65-74	97.4%	1.9%	0.0%	0.8%	0.0%	87
75+	88.1%	5.5%	2.4%	3.2%	0.8%	84
Results by education level:						
Less than HS diploma, no GED						20
High school diploma or GED	91.3%	7.9%	0.0%	0.4%	0.4%	115
Some college, trade school, or Associate degree	97.6%	0.7%	0.9%	0.8%	0.0%	133
Bachelor's degree or higher	97.2%	0.9%	1.8%	0.0%	0.0%	87
Results by household income:						
Less than \$20,000	90.8%	4.9%	1.6%	2.0%	0.7%	79
\$20,000 - \$34,999	98.4%	0.8%	0.0%	0.8%	0.0%	61
\$35,000 - \$49,999	97.8%	0.0%	2.2%	0.0%	0.0%	51
\$50,000 - \$74,999	92.9%	7.1%	0.0%	0.0%	0.0%	67
\$75,000 or more	98.5%	1.1%	0.5%	0.0%	0.0%	69

### 24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	93.5%	4.2%	0.1%	0.3%	1.9%	361
Results by gender:						
Female	95.9%	3.6%	0.0%	0.5%	0.0%	231
Male	91.3%	4.7%	0.2%	0.0%	3.8%	130
Results by age:						
18-34	91.4%	8.6%	0.0%	0.0%	0.0%	38
35-44	85.7%	0.0%	0.0%	0.0%	14.3%	33
45-54	94.6%	5.4%	0.0%	0.0%	0.0%	37
55-64	95.6%	2.2%	0.7%	1.5%	0.0%	79
65-74	98.1%	1.9%	0.0%	0.0%	0.0%	87
75+	95.9%	4.1%	0.0%	0.0%	0.0%	87
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	97.9%	2.1%	0.0%	0.0%	0.0%	115
Some college, trade school, or Associate degree	97.2%	2.5%	0.3%	0.0%	0.0%	136
Bachelor's degree or higher	98.9%	1.1%	0.0%	0.0%	0.0%	87
Results by household income:						
Less than \$20,000	61.9%	24.2%	0.7%	1.6%	11.6%	84
\$20,000 - \$34,999	98.6%	1.4%	0.0%	0.0%	0.0%	63
\$35,000 - \$49,999	100.0%	0.0%	0.0%	0.0%	0.0%	51
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	67
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	68

### 24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	87.3%	7.5%	2.6%	0.2%	2.4%	340
Results by gender:						
Female	90.2%	8.2%	0.6%	0.4%	0.6%	223
Male	84.3%	6.8%	4.7%	0.0%	4.2%	117
Results by age:						
18-34	93.6%	6.4%	0.0%	0.0%	0.0%	38
35-44	82.6%	2.3%	0.0%	0.0%	15.1%	32
45-54	76.6%	12.6%	10.8%	0.0%	0.0%	33
55-64	92.7%	5.1%	1.4%	0.0%	0.8%	76
65-74	85.1%	9.2%	3.1%	1.3%	1.3%	83
75+	90.2%	9.8%	0.0%	0.0%	0.0%	78
Results by education level:						
Less than HS diploma, no GED						18
High school diploma or GED	93.8%	6.2%	0.0%	0.0%	0.0%	109
Some college, trade school, or Associate degree	83.2%	10.4%	5.5%	0.5%	0.5%	130
Bachelor's degree or higher	92.7%	5.9%	0.9%	0.0%	0.5%	83
Results by household income:						
Less than \$20,000	76.2%	6.4%	1.7%	0.0%	15.7%	72
\$20,000 - \$34,999	84.4%	15.6%	0.0%	0.0%	0.0%	60
\$35,000 - \$49,999	81.4%	15.9%	2.6%	0.0%	0.0%	51
\$50,000 - \$74,999	93.3%	4.6%	1.3%	0.8%	0.0%	64
\$75,000 or more	92.6%	1.1%	6.4%	0.0%	0.0%	68

# 25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	43.0%	21.5%	17.9%	15.8%	1.8%	454
Overall results from 2015	42.5%	22.5%	20.4%	12.4%	2.2%	384
Results by gender:						
Female	44.5%	22.0%	18.9%	12.8%	1.8%	246
Male	40.5%	23.1%	21.8%	12.1%	2.5%	138
Results by age:						
18-34	53.0%	14.4%	26.3%	6.4%	0.0%	38
35-44	51.8%	16.6%	15.4%	10.7%	5.5%	34
45-54	34.4%	28.3%	12.7%	21.6%	3.0%	40
55-64	37.7%	26.2%	23.9%	10.8%	1.5%	79
65-74	35.5%	23.3%	20.2%	17.5%	3.5%	93
75+	41.5%	27.3%	22.3%	8.2%	0.7%	100
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	48.0%	18.3%	21.8%	11.0%	0.9%	127
Some college, trade school, or Associate degree	38.0%	24.3%	20.8%	15.5%	1.4%	142
Bachelor's degree or higher	35.7%	27.6%	20.2%	11.2%	5.3%	91
Results by household income:						
Less than \$20,000	54.1%	26.7%	12.7%	4.7%	1.8%	90
\$20,000 - \$34,999	52.3%	14.9%	14.5%	17.5%	0.8%	66
\$35,000 - \$49,999	44.2%	25.5%	22.3%	8.0%	0.0%	55
\$50,000 - \$74,999	37.4%	21.1%	26.2%	14.2%	1.2%	69
\$75,000 or more	35.8%	24.9%	19.8%	15.4%	4.1%	73 Wilde

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### 25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	79.5%	11.8%	3.7%	3.3%	1.7%	414
Overall results from 2015	82.6%	7.0%	6.3%	2.4%	1.7%	360
Results by gender:						
Female	85.1%	3.9%	5.1%	3.3%	2.5%	233
Male	80.0%	10.1%	7.6%	1.5%	0.8%	127
Results by age:						
18-34	79.1%	2.5%	12.7%	1.6%	4.1%	38
35-44	89.8%	1.1%	4.3%	4.9%	0.0%	34
45-54	73.8%	17.2%	7.5%	1.5%	0.0%	39
55-64	85.8%	8.9%	2.2%	1.5%	1.5%	75
65-74	91.0%	6.3%	1.2%	1.5%	0.0%	88
75+	80.9%	4.4%	6.7%	4.2%	3.9%	86
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	83.6%	3.7%	3.6%	5.0%	4.0%	113
Some college, trade school, or Associate degree	78.0%	10.6%	9.4%	0.7%	1.3%	136
Bachelor's degree or higher	85.7%	4.7%	6.1%	3.0%	0.4%	88
Results by household income:						
Less than \$20,000	92.5%	3.2%	0.0%	3.4%	0.9%	81
\$20,000 - \$34,999	74.6%	10.3%	9.6%	4.7%	0.8%	65
\$35,000 - \$49,999	92.9%	1.3%	3.6%	2.3%	0.0%	51
\$50,000 - \$74,999	78.4%	16.3%	3.2%	0.9%	1.2%	65
\$75,000 or more	79.8%	3.1%	15.3%	1.8%	0.0%	71 Wilde

Lincoln County Data Book 102 Wilder Research, October 2015

### 25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2010	22.4%	9.9%	9.1%	16.1%	42.5%	453
Overall results from 2015	32.8%	6.5%	13.1%	14.0%	33.5%	383
Results by gender:						
Female	31.6%	7.0%	11.6%	9.8%	40.0%	249
Male	34.1%	6.0%	14.7%	18.3%	26.9%	134
Results by age:						
18-34	29.4%	3.3%	25.3%	13.2%	28.9%	38
35-44	29.0%	7.7%	6.4%	12.4%	44.6%	34
45-54	41.8%	3.0%	11.2%	16.3%	27.7%	40
55-64	27.1%	8.5%	13.5%	19.8%	31.1%	79
65-74	27.2%	8.9%	10.0%	13.9%	40.1%	93
75+	41.7%	9.8%	7.0%	7.4%	34.1%	99
Results by education level:						
Less than HS diploma, no GED						22
High school diploma or GED	27.9%	8.0%	19.3%	16.4%	28.3%	128
Some college, trade school, or Associate degree	34.7%	3.9%	6.7%	18.5%	36.2%	142
Bachelor's degree or higher	24.5%	6.6%	19.3%	6.8%	42.8%	90
Results by household income:						
Less than \$20,000	59.0%	8.6%	3.4%	9.4%	19.6%	84
\$20,000 - \$34,999	41.9%	6.5%	5.5%	7.9%	38.1%	68
\$35,000 - \$49,999	25.8%	11.6%	16.4%	8.9%	37.3%	57
\$50,000 - \$74,999	25.5%	4.1%	21.4%	23.0%	25.9%	71
\$75,000 or more	24.0%	4.8%	12.4%	15.7%	43.0%	73 Wilde

Lincoln County Data Book Wilder Research, October 2015

#### 26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

	Less than 2 miles	2-6 miles	7-10 miles	11-20 miles	21-30 miles	Over 30 miles	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	28.0%	8.4%	5.2%	10.6%	39.7%	12.6%	396
Results by gender:							
Female	26.4%	6.8%	4.5%	8.9%	42.0%	13.9%	252
Male	29.5%	9.9%	5.9%	12.4%	37.4%	11.4%	144
Results by age:							
18-34	17.3%	6.2%	6.2%	14.0%	49.6%	19.1%	38
35-44	14.7%	2.1%	0.0%	3.2%	53.1%	26.9%	34
45-54	12.7%	8.9%	1.5%	10.4%	56.7%	9.8%	40
55-64	31.8%	14.0%	4.9%	14.1%	33.2%	6.3%	82
65-74	44.4%	7.8%	6.8%	7.0%	29.2%	9.1%	94
75+	51.1%	10.1%	11.2%	12.0%	13.2%	6.1%	108
Results by education level:							
Less than HS diploma, no GED							23
High school diploma or GED	30.9%	3.9%	6.6%	18.6%	36.2%	8.4%	135
Some college, trade school, or Associate degree	27.0%	14.5%	1.9%	10.0%	40.7%	7.4%	144
Bachelor's degree or higher	25.0%	4.9%	4.8%	3.7%	41.2%	20.5%	91
Results by household income:							
Less than \$20,000	46.3%	3.6%	12.9%	8.0%	33.6%	16.9%	89
\$20,000 - \$34,999	37.5%	5.0%	6.1%	5.0%	36.0%	13.4%	68
\$35,000 - \$49,999	30.4%	12.7%	3.4%	6.5%	30.8%	18.6%	57
\$50,000 - \$74,999	8.8%	6.1%	3.4%	20.8%	52.5%	8.4%	72
\$75,000 or more	25.0%	13.7%	1.3%	8.6%	41.9%	9.5%	74

### 27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

	Never	Less than 1 day per week	1-2 days per week	3-4 days per week	5-6 days per week	Every day	N
Lincoln County	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	2.7%	1.1%	8.2%	20.4%	28.7%	38.9%	398
Results by gender:							
Female	0.6%	0.9%	5.6%	17.8%	30.8%	44.4%	256
Male	4.9%	1.2%	11.0%	23.1%	26.5%	33.3%	142
Results by age:							
18-34	0.0%	0.0%	16.4%	23.6%	39.6%	20.3%	38
35-44	14.7%	0.0%	7.0%	14.7%	35.2%	28.4%	33
45-54	0.0%	0.8%	4.5%	20.9%	30.7%	43.2%	40
55-64	0.0%	2.1%	6.3%	22.9%	22.7%	46.1%	81
65-74	0.7%	0.0%	4.9%	18.6%	24.2%	51.5%	94
75+	4.9%	3.4%	7.7%	19.1%	17.8%	47.1%	112
Results by education level:							
Less than HS diploma, no GED							23
High school diploma or GED	1.7%	0.8%	15.6%	20.8%	23.0%	38.2%	134
Some college, trade school, or Associate degree	1.2%	0.8%	4.1%	17.0%	30.1%	46.9%	146
Bachelor's degree or higher	0.0%	1.0%	3.1%	23.6%	37.2%	35.0%	91
Results by household income:							
Less than \$20,000	13.0%	4.1%	13.4%	18.6%	12.2%	38.7%	92
\$20,000 - \$34,999	2.7%	0.9%	8.3%	23.1%	18.6%	46.4%	67
\$35,000 - \$49,999	0.0%	0.0%	4.9%	20.8%	33.9%	40.4%	56
\$50,000 - \$74,999	0.0%	1.1%	8.3%	23.1%	20.9%	46.6%	72
\$75,000 or more	0.4%	0.0%	5.4%	18.3%	50.3%	25.6%	74

#### 28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	79.3%	14.9%	3.0%	2.8%	387
Results by gender:					
Female	93.3%	5.6%	0.8%	0.3%	252
Male	64.8%	24.6%	5.2%	5.4%	135
Results by age:					
18-34	71.8%	28.2%	0.0%	0.0%	38
35-44	78.5%	7.7%	0.0%	13.9%	34
45-54	85.1%	8.9%	5.2%	0.8%	40
55-64	80.3%	16.3%	3.4%	0.0%	81
65-74	89.3%	7.8%	0.7%	2.1%	92
75+	73.1%	15.2%	8.3%	3.4%	102
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	77.8%	16.3%	3.7%	2.2%	132
Some college, trade school, or Associate degree	81.0%	15.4%	2.9%	0.7%	143
Bachelor's degree or higher	87.9%	10.0%	1.7%	0.4%	90
Results by household income:					
Less than \$20,000	56.6%	23.8%	8.1%	11.5%	86
\$20,000 - \$34,999	81.0%	12.5%	2.0%	4.5%	67
\$35,000 - \$49,999	78.9%	19.7%	1.3%	0.0%	57
\$50,000 - \$74,999	86.8%	12.1%	0.0%	1.1%	72
\$75,000 or more	84.6%	12.2%	2.8%	0.4%	73

#### 28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	82.7%	11.8%	2.5%	3.0%	387
Results by gender:					
Female	95.5%	3.8%	0.8%	0.0%	250
Male	69.8%	20.0%	4.2%	6.0%	137
Results by age:					
18-34	78.6%	21.4%	0.0%	0.0%	36
35-44	81.2%	4.9%	0.0%	13.9%	34
45-54	92.5%	2.3%	1.5%	3.7%	40
55-64	83.0%	10.9%	6.1%	0.0%	81
65-74	86.0%	11.9%	0.7%	1.4%	94
75+	73.8%	17.9%	6.6%	1.7%	102
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	78.2%	17.3%	3.8%	0.7%	131
Some college, trade school, or Associate degree	84.9%	10.4%	2.4%	2.4%	144
Bachelor's degree or higher	93.9%	4.6%	1.6%	0.0%	89
Results by household income:					
Less than \$20,000	62.6%	17.9%	3.8%	15.7%	87
\$20,000 - \$34,999	79.0%	16.5%	1.0%	3.5%	66
\$35,000 - \$49,999	83.5%	13.1%	3.5%	0.0%	55
\$50,000 - \$74,999	90.6%	8.3%	1.1%	0.0%	72
\$75,000 or more	89.8%	7.6%	2.6%	0.0%	74

#### 28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	80.5%	14.1%	2.8%	2.6%	381
Results by gender:					
Female	94.0%	4.7%	1.3%	0.0%	248
Male	66.7%	23.7%	4.3%	5.3%	133
Results by age:					
18-34	80.5%	19.5%	0.0%	0.0%	37
35-44	82.4%	2.9%	0.0%	14.7%	33
45-54	79.2%	15.6%	5.2%	0.0%	40
55-64	83.6%	11.6%	4.8%	0.0%	81
65-74	86.6%	12.0%	0.0%	1.4%	92
75+	71.6%	19.0%	5.9%	3.5%	98
Results by education level:					
Less than HS diploma, no GED					18
High school diploma or GED	81.9%	14.1%	2.3%	1.7%	128
Some college, trade school, or Associate degree	79.4%	15.8%	4.2%	0.7%	144
Bachelor's degree or higher	91.1%	7.3%	1.5%	0.0%	90
Results by household income:					
Less than \$20,000	58.3%	19.3%	10.9%	11.5%	86
\$20,000 - \$34,999	77.6%	17.9%	1.0%	3.5%	65
\$35,000 - \$49,999	80.8%	17.8%	1.4%	0.0%	54
\$50,000 - \$74,999	83.3%	15.6%	0.0%	1.1%	72
\$75,000 or more	93.6%	4.2%	2.2%	0.0%	74

### 28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	75.3%	19.5%	2.8%	2.4%	392
Results by gender:					
Female	85.4%	12.6%	1.8%	0.2%	251
Male	65.3%	26.2%	3.8%	4.6%	141
Results by age:					
18-34	74.5%	23.8%	1.7%	0.0%	37
35-44	71.4%	12.6%	2.1%	13.9%	34
45-54	80.6%	17.8%	1.5%	0.0%	40
55-64	80.9%	13.7%	5.4%	0.0%	82
65-74	83.0%	11.3%	2.1%	3.5%	93
75+	60.9%	34.5%	4.1%	0.6%	106
Results by education level:					
Less than HS diploma, no GED					22
High school diploma or GED	69.9%	26.4%	3.0%	0.7%	132
Some college, trade school, or Associate degree	79.0%	17.5%	2.8%	0.8%	145
Bachelor's degree or higher	83.3%	13.3%	3.0%	0.4%	90
Results by household income:					
Less than \$20,000	62.8%	23.5%	2.9%	10.8%	92
\$20,000 - \$34,999	76.9%	15.8%	4.2%	3.1%	64
\$35,000 - \$49,999	70.7%	25.3%	3.4%	0.6%	57
\$50,000 - \$74,999	70.7%	28.8%	0.5%	0.0%	72
\$75,000 or more	90.0%	5.5%	4.0%	0.4%	74

# 29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

	Often	Sometimes	Rarely	Never	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	5.0%	11.9%	11.2%	71.8%	400
Results by gender:					
Female	2.3%	8.9%	11.8%	77.0%	257
Male	7.8%	15.0%	10.6%	66.6%	143
Results by age:					
18-34	4.7%	22.6%	4.9%	67.7%	38
35-44	20.5%	17.5%	15.6%	46.5%	34
45-54	0.0%	9.0%	13.4%	77.6%	40
55-64	0.7%	8.2%	19.4%	71.7%	82
65-74	4.6%	4.9%	9.2%	81.2%	94
75+	3.7%	7.3%	6.9%	82.1%	112
Results by education level:					
Less than HS diploma, no GED					23
High school diploma or GED	5.0%	8.8%	9.5%	76.7%	138
Some college, trade school, or Associate degree	2.0%	11.5%	15.2%	71.3%	145
Bachelor's degree or higher	2.6%	6.1%	8.2%	83.1%	90
Results by household income:					
Less than \$20,000	16.9%	29.1%	17.3%	36.8%	92
\$20,000 - \$34,999	2.5%	10.8%	13.9%	72.8%	68
\$35,000 - \$49,999	9.3%	15.6%	14.4%	60.8%	57
\$50,000 - \$74,999	1.4%	11.2%	12.1%	75.3%	72
\$75,000 or more	0.0%	1.2%	3.9%	94.9%	74

# 30. During the past 12 months, have you used a community food shelf program?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	8.7%	91.3%	395
Results by gender:			
Female	6.2%	93.8%	254
Male	11.2%	88.8%	141
Results by age:			
18-34	7.8%	92.2%	38
35-44	19.4%	80.6%	34
45-54	9.0%	91.0%	40
55-64	8.3%	91.7%	81
65-74	2.9%	97.1%	93
75+	6.3%	93.7%	109
Results by education level:			
Less than HS diploma, no GED			22
High school diploma or GED	4.5%	95.5%	136
Some college, trade school, or Associate degree	5.4%	94.6%	144
Bachelor's degree or higher	1.1%	98.9%	91
Results by household income:			
Less than \$20,000	43.0%	57.0%	90
\$20,000 - \$34,999	3.4%	96.6%	67
\$35,000 - \$49,999	6.7%	93.3%	57
\$50,000 - \$74,999	0.0%	100.0%	72
\$75,000 or more	0.0%	100.0%	74

#### 31A. There is a large selection of fresh fruits and vegetables where I usually shop.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	33.5%	52.6%	12.3%	1.6%	477
Overall results from 2015	38.6%	49.4%	9.6%	2.3%	399
Results by gender:					
Female	40.4%	51.7%	7.5%	0.4%	257
Male	36.7%	47.1%	11.8%	4.3%	142
Results by age:					
18-34	33.8%	50.5%	15.6%	0.0%	38
35-44	35.6%	40.7%	7.0%	16.6%	34
45-54	42.5%	49.3%	8.2%	0.0%	40
55-64	41.2%	47.2%	11.0%	0.7%	81
65-74	39.2%	53.3%	6.9%	0.6%	94
75+	39.4%	53.8%	6.7%	0.0%	112
Results by education level:					
Less than HS diploma, no GED					- 23
High school diploma or GED	37.9%	52.7%	9.4%	0.0%	138
Some college, trade school, or Associate degree	38.5%	50.6%	9.5%	1.4%	144
Bachelor's degree or higher	49.7%	40.8%	9.5%	0.0%	91
Results by household income:					
Less than \$20,000	27.5%	46.7%	13.6%	12.2%	89
\$20,000 - \$34,999	35.1%	55.9%	6.4%	2.6%	69
\$35,000 - \$49,999	40.4%	41.9%	17.7%	0.0%	57
\$50,000 - \$74,999	49.1%	44.1%	6.7%	0.0%	72
\$75,000 or more	34.5%	56.8%	8.7%	0.0%	74

#### 31B. The fresh fruits and vegetables available where I usually shop are of high quality.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	18.3%	62.6%	16.2%	3.0%	477
Overall results from 2015	25.5%	60.8%	11.2%	2.6%	394
Results by gender:					
Female	26.8%	62.2%	10.2%	0.8%	255
Male	24.1%	59.4%	12.2%	4.4%	139
Results by age:					
18-34	16.8%	65.9%	17.3%	0.0%	38
35-44	20.5%	49.3%	13.6%	16.6%	34
45-54	28.3%	60.5%	9.0%	2.3%	40
55-64	26.2%	64.6%	9.2%	0.0%	80
65-74	28.4%	63.9%	7.7%	0.0%	94
75+	34.0%	57.1%	8.9%	0.0%	108
Results by education level:					
Less than HS diploma, no GED					- 23
High school diploma or GED	27.0%	59.9%	13.0%	0.0%	134
Some college, trade school, or Associate degree	30.2%	54.3%	13.6%	2.0%	144
Bachelor's degree or higher	22.8%	71.5%	5.7%	0.0%	91
Results by household income:					
Less than \$20,000	21.0%	56.0%	11.8%	11.2%	88
\$20,000 - \$34,999	27.8%	59.5%	10.0%	2.7%	68
\$35,000 - \$49,999	25.0%	59.6%	12.9%	2.5%	57
\$50,000 - \$74,999	26.2%	59.0%	14.8%	0.0%	72
\$75,000 or more	23.5%	68.9%	7.6%	0.0%	74

#### 31C. The fresh fruits and vegetables where I usually shop are too expensive.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	13.8%	42.5%	42.9%	0.8%	470
Overall results from 2015	11.7%	45.1%	40.5%	2.7%	387
Results by gender:					
Female	10.2%	51.1%	37.7%	0.9%	248
Male	13.1%	39.1%	43.3%	4.4%	139
Results by age:					
18-34	8.0%	47.0%	38.8%	6.2%	38
35-44	21.5%	57.4%	21.1%	0.0%	34
45-54	10.8%	32.4%	56.9%	0.0%	38
55-64	11.5%	45.6%	40.8%	2.1%	79
65-74	11.9%	41.9%	42.1%	4.0%	92
75+	9.5%	49.3%	38.4%	2.7%	106
Results by education level:					
Less than HS diploma, no GED					- 23
High school diploma or GED	7.6%	47.6%	42.4%	2.5%	130
Some college, trade school, or Associate degree	11.0%	43.2%	45.3%	0.5%	142
Bachelor's degree or higher	8.4%	49.5%	35.3%	6.8%	90
Results by household income:					
Less than \$20,000	22.7%	47.7%	27.4%	2.1%	86
\$20,000 - \$34,999	17.1%	36.3%	45.8%	0.7%	68
\$35,000 - \$49,999	13.8%	49.1%	35.7%	1.4%	54
\$50,000 - \$74,999	10.5%	49.2%	40.2%	0.0%	72
\$75,000 or more	3.7%	41.2%	46.3%	8.8%	73

#### 31D. Fruits and vegetables are difficult to prepare.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	2.7%	5.2%	61.1%	30.9%	384
Results by gender:					
Female	0.7%	4.7%	57.7%	36.8%	247
Male	4.7%	5.8%	64.7%	24.8%	137
Results by age:					
18-34	0.0%	6.6%	55.1%	38.3%	37
35-44	16.0%	7.0%	40.7%	36.2%	34
45-54	0.0%	2.3%	76.0%	21.7%	40
55-64	2.1%	3.6%	68.1%	26.3%	80
65-74	0.6%	2.0%	65.0%	32.4%	92
75+	0.8%	10.3%	57.1%	31.8%	101
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	0.8%	4.8%	67.8%	26.6%	132
Some college, trade school, or Associate degree	1.6%	4.3%	57.5%	36.6%	140
Bachelor's degree or higher	0.0%	7.8%	56.7%	35.5%	89
Results by household income:					
Less than \$20,000	12.1%	5.4%	59.1%	23.4%	83
\$20,000 - \$34,999	1.0%	2.5%	60.1%	36.4%	67
\$35,000 - \$49,999	2.3%	6.0%	58.5%	33.3%	53
\$50,000 - \$74,999	0.0%	2.0%	75.8%	22.3%	72
\$75,000 or more	1.2%	9.8%	52.8%	36.2%	74

#### 31E. Fruits and vegetables spoil quickly.

	Strongly agree	Agree	Disagree	Strongly disagree	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	8.7%	47.6%	38.1%	5.5%	387
Results by gender:					
Female	9.2%	49.4%	34.2%	7.1%	249
Male	8.2%	45.8%	42.1%	3.9%	138
Results by age:					
18-34	8.0%	51.7%	38.6%	1.6%	38
35-44	24.1%	49.0%	24.7%	2.1%	34
45-54	5.3%	46.3%	46.2%	2.3%	40
55-64	7.9%	51.0%	31.9%	9.2%	80
65-74	4.7%	44.4%	40.2%	10.7%	92
75+	5.5%	41.9%	43.7%	8.9%	103
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	7.1%	43.2%	42.2%	7.5%	132
Some college, trade school, or Associate degree	7.1%	45.2%	41.6%	6.1%	142
Bachelor's degree or higher	7.1%	52.9%	36.5%	3.5%	90
Results by household income:					
Less than \$20,000	17.0%	52.2%	25.1%	5.6%	87
\$20,000 - \$34,999	4.8%	39.7%	47.0%	8.5%	66
\$35,000 - \$49,999	14.4%	51.1%	29.5%	5.0%	54
\$50,000 - \$74,999	7.4%	47.8%	43.0%	1.7%	72
\$75,000 or more	3.8%	47.9%	42.2%	6.1%	74

# 32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	79.8%	20.2%	475
Overall results from 2015	75.5%	24.5%	394
Results by gender:			
Female	75.6%	24.4%	254
Male	75.4%	24.6%	140
Results by age:			
18-34	77.2%	22.8%	38
35-44	78.5%	21.5%	34
45-54	82.8%	17.2%	40
55-64	83.4%	16.6%	82
65-74	73.3%	26.7%	94
75+	56.2%	43.8%	106
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	67.0%	33.0%	134
Some college, trade school, or Associate degree	80.8%	19.2%	144
Bachelor's degree or higher	89.5%	10.5%	90
Results by household income:			
Less than \$20,000	59.3%	40.7%	91
\$20,000 - \$34,999	71.9%	28.1%	67
\$35,000 - \$49,999	75.0%	25.0%	57
\$50,000 - \$74,999	83.6%	16.4%	72
\$75,000 or more	87.9%	12.1%	74

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

	0-4 days	5 or more days	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	69.7%	30.3%	392
Results by gender:			
Female	65.1%	34.9%	252
Male	74.5%	25.5%	140
Results by age:			
18-34	74.8%	25.2%	38
35-44	62.5%	37.5%	34
45-54	72.8%	27.2%	39
55-64	65.8%	34.2%	82
65-74	64.0%	36.0%	92
75+	74.7%	25.3%	107
Results by education level:			
Less than HS diploma, no GED			22
High school diploma or GED	68.3%	31.7%	136
Some college, trade school, or Associate degree	68.7%	31.3%	143
Bachelor's degree or higher	71.8%	28.2%	90
Results by household income:			
Less than \$20,000	78.9%	21.1%	86
\$20,000 - \$34,999	73.3%	26.7%	69
\$35,000 - \$49,999	58.9%	41.1%	56
\$50,000 - \$74,999	68.5%	31.5%	72
\$75,000 or more	70.6%	29.4%	74

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

	0-2 days	3 or more days	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	70.3%	29.7%	385
Results by gender:			
Female	65.8%	34.2%	251
Male	75.0%	25.0%	134
Results by age:			
18-34	79.7%	20.3%	38
35-44	64.8%	35.2%	34
45-54	51.5%	48.5%	38
55-64	68.5%	31.5%	79
65-74	73.8%	26.2%	92
75+	81.9%	18.1%	104
Results by education level:			
Less than HS diploma, no GED			21
High school diploma or GED	70.0%	30.0%	133
Some college, trade school, or Associate degree	67.8%	32.2%	139
Bachelor's degree or higher	69.8%	30.2%	90
Results by household income:			
Less than \$20,000	80.4%	19.6%	86
\$20,000 - \$34,999	78.7%	21.3%	67
\$35,000 - \$49,999	62.2%	37.8%	56
\$50,000 - \$74,999	62.6%	37.4%	70
\$75,000 or more	74.5%	25.5%	73

#### 35. Where do you usually exercise or do physical activities? (Mark all that apply.)

	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	69.8%	17.1%	10.4%	2.6%	40.0%	4.5%	8.3%	389
Results by gender:								
Female	78.4%	9.8%	11.1%	3.1%	43.4%	2.7%	10.4%	254
Male	60.9%	24.6%	9.7%	2.0%	36.6%	6.5%	6.0%	135
Results by age:								
18-34	62.4%	26.7%	13.5%	0.0%	52.1%	7.8%	1.6%	38
35-44	61.2%	13.6%	19.4%	5.5%	62.3%	0.0%	13.9%	34
45-54	73.8%	23.2%	12.4%	3.1%	28.7%	0.0%	0.8%	39
55-64	77.5%	23.2%	4.3%	1.5%	45.8%	2.8%	5.6%	78
65-74	73.5%	7.9%	9.5%	1.1%	34.7%	8.4%	11.9%	93
75+	71.2%	2.4%	4.1%	5.3%	18.2%	7.1%	20.0%	107
Results by education level:								
Less than HS diploma, no GED								19
High school diploma or GED	61.6%	21.3%	6.7%	2.3%	31.9%	3.4%	6.5%	137
Some college, trade school, or Associate degree	76.0%	23.4%	7.1%	1.0%	39.0%	5.6%	6.8%	142
Bachelor's degree or higher	77.1%	6.3%	22.8%	6.2%	50.5%	5.2%	5.0%	89
Results by household income:								
Less than \$20,000	54.3%	5.3%	5.4%	2.6%	29.2%	3.5%	22.2%	88
\$20,000 - \$34,999	70.1%	14.0%	11.9%	4.2%	39.3%	5.3%	7.9%	65
\$35,000 - \$49,999	69.9%	23.6%	10.6%	1.9%	48.1%	3.0%	9.3%	57
\$50,000 - \$74,999	70.1%	20.4%	13.0%	1.2%	35.5%	2.6%	2.0%	72
\$75,000 or more	78.4%	18.1%	12.8%	3.2%	44.4%	8.8%	2.3%	73

36A. Please indicate if you have the following resource or facility in your community: WALKING PATHS OR TRAILS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	10.5%	53.1%	34.6%	1.8%	473
Overall results from 2015	7.2%	40.2%	50.9%	1.6%	377
Results by gender:					
Female	9.0%	41.6%	48.6%	0.8%	243
Male	5.4%	38.9%	53.3%	2.5%	134
Results by age:					
18-34	3.3%	42.7%	54.0%	0.0%	38
35-44	0.0%	55.4%	44.6%	0.0%	34
45-54	3.7%	49.3%	47.0%	0.0%	40
55-64	12.5%	26.6%	58.1%	2.7%	82
65-74	8.8%	39.5%	47.2%	4.5%	88
75+	16.2%	27.8%	52.2%	3.8%	95
Results by education level:					
Less than HS diploma, no GED					22
High school diploma or GED	11.5%	25.8%	60.8%	2.0%	127
Some college, trade school, or Associate degree	6.1%	44.3%	48.0%	1.6%	142
Bachelor's degree or higher	0.7%	43.2%	54.7%	1.4%	86
Results by household income:					
Less than \$20,000	19.2%	43.4%	34.5%	2.9%	85
\$20,000 - \$34,999	7.6%	31.0%	57.8%	3.7%	69
\$35,000 - \$49,999	7.9%	38.6%	53.5%	0.0%	56
\$50,000 - \$74,999	3.0%	38.7%	57.0%	1.3%	68
\$75,000 or more	0.9%	47.3%	50.9%	0.9%	71

# 36A. Do you use the WALKING PATHS OR TRAILS in your community?

	I do not use		
Lincoln County	%	%	N (Unweighted)
Overall results from 2010	21.1%	78.9%	173
Overall results from 2015	34.9%	65.1%	198
	34.9 /6	03.1 /6	190
Results by gender:	40.40/	<b>50.00</b> /	400
Female	40.1%	59.9%	120
Male	30.2%	69.8%	78
Results by age:			
18-34			19
35-44			16
45-54			15
55-64	24.9%	75.1%	51
65-74	28.0%	72.0%	44
75+	26.7%	73.3%	53
Results by education level:			
Less than HS diploma, no GED			10
High school diploma or GED	27.5%	72.5%	69
Some college, trade school, or Associate degree	29.2%	70.8%	69
Bachelor's degree or higher	52.9%	47.1%	50
Results by household income:			
Less than \$20,000	27.9%	72.1%	41
\$20,000 - \$34,999	34.2%	65.8%	41
\$35,000 - \$49,999			28
\$50,000 - \$74,999	26.1%	73.9%	39
\$75,000 or more	58.7%	41.3%	36

36B. Please indicate if you have the following resource or facility in your community: **BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES** 

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	13.1%	60.6%	25.4%	0.9%	469
Overall results from 2015	9.1%	55.1%	33.1%	2.7%	367
Results by gender:					
Female	9.4%	57.8%	30.6%	2.2%	234
Male	8.8%	52.3%	35.6%	3.2%	133
Results by age:					
18-34	4.9%	68.0%	27.1%	0.0%	38
35-44	0.0%	68.4%	31.6%	0.0%	34
45-54	12.0%	52.6%	35.4%	0.0%	39
55-64	9.9%	48.3%	38.4%	3.4%	81
65-74	9.3%	47.9%	37.4%	5.4%	89
75+	19.8%	40.8%	29.9%	9.5%	86
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	11.5%	50.2%	32.4%	5.9%	121
Some college, trade school, or Associate degree	10.0%	51.3%	36.8%	1.9%	141
Bachelor's degree or higher	1.4%	62.9%	34.2%	1.4%	84
Results by household income:					
Less than \$20,000	21.5%	49.6%	22.9%	6.0%	82
\$20,000 - \$34,999	11.5%	50.4%	32.1%	6.0%	65
\$35,000 - \$49,999	3.5%	55.8%	39.7%	1.0%	55
\$50,000 - \$74,999	11.0%	59.7%	27.9%	1.4%	68
\$75,000 or more  Lincoln County Data Book	0.9%	59.3%	38.6%	1.2%	70

# 36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

	I use this	I do not use this	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	20.3%	79.7%	125
Overall results from 2015	20.6%	79.4%	131
Results by gender:			
Female	14.8%	85.2%	75
Male	25.6%	74.4%	56
Results by age:			
18-34			9
35-44			11
45-54			10
55-64	19.9%	80.1%	36
65-74	18.6%	81.4%	33
75+	4.9%	95.1%	32
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	13.6%	86.4%	45
Some college, trade school, or Associate degree	18.6%	81.4%	49
Bachelor's degree or higher	31.1%	68.9%	31
Results by household income:			
Less than \$20,000	2.6%	97.4%	30
\$20,000 - \$34,999			23
\$35,000 - \$49,999			20
\$50,000 - \$74,999			23
\$75,000 or more			24

36C. Please indicate if you have the following resource or facility in your community: PUBLIC SWIMMING POOLS OR WATER PARKS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	0.6%	25.6%	73.0%	0.8%	470
Overall results from 2015	2.7%	35.8%	59.9%	1.6%	366
Results by gender:					
Female	3.4%	30.1%	64.6%	1.8%	233
Male	1.9%	41.5%	55.1%	1.5%	133
Results by age:					
18-34	3.3%	34.5%	62.2%	0.0%	38
35-44	0.0%	28.4%	69.5%	2.1%	34
45-54	0.0%	34.0%	66.0%	0.0%	39
55-64	4.3%	37.0%	57.2%	1.4%	78
65-74	1.5%	43.3%	51.9%	3.3%	88
75+	7.0%	38.4%	50.3%	4.3%	89
Results by education level:					
Less than HS diploma, no GED					20
High school diploma or GED	2.9%	40.1%	54.8%	2.2%	124
Some college, trade school, or Associate degree	2.6%	35.3%	60.6%	1.5%	138
Bachelor's degree or higher	1.4%	29.9%	67.0%	1.7%	84
Results by household income:					
Less than \$20,000	6.4%	37.8%	53.8%	2.0%	81
\$20,000 - \$34,999	0.0%	41.2%	56.5%	2.3%	66
\$35,000 - \$49,999	2.8%	44.5%	51.8%	1.0%	54
\$50,000 - \$74,999	2.9%	43.4%	53.7%	0.0%	69
\$75,000 or more	0.9%	18.0%	78.0%	3.1%	68

### 36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

	I use this	use this I do not use this	
Lincoln County	%	%	N (Unweighted)
Overall results from 2010	18.2%	81.8%	321
Overall results from 2015	18.9%	81.1%	216
Results by gender:			
Female	26.0%	74.0%	143
Male	10.9%	89.1%	73
Results by age:			
18-34			25
35-44			25
45-54			27
55-64	10.5%	89.5%	44
65-74	12.8%	87.2%	49
75+	8.9%	91.1%	46
Results by education level:			
Less than HS diploma, no GED			10
High school diploma or GED	18.3%	81.7%	71
Some college, trade school, or Associate degree	18.1%	81.9%	80
Bachelor's degree or higher	22.7%	77.3%	55
Results by household income:			
Less than \$20,000	11.5%	88.5%	39
\$20,000 - \$34,999	21.4%	78.6%	42
\$35,000 - \$49,999	24.7%	75.3%	30
\$50,000 - \$74,999	23.4%	76.6%	39
\$75,000 or more	18.7%	81.3%	49

36D. Please indicate if you have the following resource or facility in your community: PUBLIC RECREATION OR COMMUNITY CENTERS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	7.3%	51.7%	40.6%	0.4%	448
Overall results from 2015	5.6%	45.1%	46.8%	2.4%	358
Results by gender:					
Female	5.0%	44.8%	47.2%	3.0%	228
Male	6.2%	45.4%	46.5%	1.9%	130
Results by age:					
18-34	9.5%	25.5%	65.1%	0.0%	38
35-44	6.6%	68.0%	21.1%	4.3%	34
45-54	0.0%	52.0%	48.0%	0.0%	36
55-64	4.9%	43.4%	49.6%	2.1%	79
65-74	5.8%	50.3%	40.3%	3.6%	87
75+	6.4%	41.8%	44.9%	6.9%	84
Results by education level:					
Less than HS diploma, no GED					20
High school diploma or GED	4.2%	49.1%	42.9%	3.8%	118
Some college, trade school, or Associate degree	3.4%	47.6%	47.0%	2.0%	136
Bachelor's degree or higher	4.4%	37.4%	55.9%	2.3%	84
Results by household income:					
Less than \$20,000	18.5%	42.4%	37.0%	2.1%	76
\$20,000 - \$34,999	4.6%	49.3%	42.2%	3.9%	64
\$35,000 - \$49,999	2.8%	50.7%	46.6%	0.0%	54
\$50,000 - \$74,999	1.5%	53.2%	44.0%	1.3%	69
\$75,000 or more	5.8%	32.8%	57.6%	3.8%	68

# 36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

	I use this	I do not use this	
Lincoln County	%	%	N (Unweighted)
Overall results from 2010	35.7%	64.3%	161
Overall results from 2015	23.0%	77.0%	170
Results by gender:			
Female	24.9%	75.1%	107
Male	20.9%	79.1%	63
Results by age:			
18-34			23
35-44			10
45-54			18
55-64	16.5%	83.5%	39
65-74	21.6%	78.4%	35
75+	19.3%	80.7%	45
Results by education level:			
Less than HS diploma, no GED			11
High school diploma or GED	9.6%	90.4%	58
Some college, trade school, or Associate degree	21.6%	78.4%	56
Bachelor's degree or higher	38.7%	61.3%	45
Results by household income:			
Less than \$20,000	28.0%	72.0%	38
\$20,000 - \$34,999			28
\$35,000 - \$49,999			22
\$50,000 - \$74,999	26.1%	73.9%	34
\$75,000 or more	35.1%	64.9%	35

36E. Please indicate if you have the following resource or facility in your community: PARKS OR SPORTS FIELDS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	1.1%	5.2%	92.7%	1.0%	466
Overall results from 2015	3.8%	7.5%	85.5%	3.2%	360
Results by gender:					
Female	2.3%	5.8%	90.1%	1.8%	227
Male	5.3%	9.1%	81.2%	4.5%	133
Results by age:					
18-34	8.8%	6.3%	83.3%	1.7%	37
35-44	0.0%	7.7%	90.2%	2.1%	34
45-54	3.8%	1.5%	87.2%	7.5%	39
55-64	2.9%	7.2%	89.1%	0.7%	78
65-74	2.3%	4.1%	90.4%	3.1%	85
75+	2.5%	20.7%	73.3%	3.5%	87
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	1.7%	10.8%	80.5%	7.0%	120
Some college, trade school, or Associate degree	3.1%	7.8%	88.0%	1.1%	137
Bachelor's degree or higher	0.0%	4.6%	92.7%	2.7%	81
Results by household income:					
Less than \$20,000	13.8%	8.5%	75.4%	2.3%	80
\$20,000 - \$34,999	3.8%	6.5%	87.4%	2.3%	65
\$35,000 - \$49,999	0.7%	2.1%	97.2%	0.0%	53
\$50,000 - \$74,999	3.1%	11.2%	78.9%	6.8%	68
\$75,000 or more	0.9%	6.8%	89.4%	2.9%	66

# 36E. Do you use the PARKS OR SPORTS FIELDS in your community?

	I use this	I do not use this	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	43.9%	56.1%	407
Overall results from 2015	31.9%	68.1%	310
Results by gender:			
Female	34.3%	65.7%	199
Male	29.3%	70.7%	111
Results by age:			
18-34	35.1%	64.9%	33
35-44	52.2%	47.8%	32
45-54	33.3%	66.7%	36
55-64	19.3%	80.7%	70
65-74	23.4%	76.6%	77
75+	27.5%	72.5%	62
Results by education level:			
Less than HS diploma, no GED			15
High school diploma or GED	15.5%	84.5%	103
Some college, trade school, or Associate degree	37.0%	63.0%	115
Bachelor's degree or higher	39.4%	60.6%	76
Results by household income:			
Less than \$20,000	22.7%	77.3%	63
\$20,000 - \$34,999	39.5%	60.5%	56
\$35,000 - \$49,999	42.1%	57.9%	51
\$50,000 - \$74,999	33.3%	66.7%	58
\$75,000 or more	26.6%	73.4%	59

36F. Please indicate if you have the following resource or facility in your community: SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	8.4%	49.1%	41.9%	0.6%	466
Overall results from 2015	11.2%	50.6%	35.7%	2.5%	368
Results by gender:					
Female	12.3%	45.2%	38.6%	3.9%	237
Male	10.1%	56.0%	32.8%	1.1%	131
Results by age:					
18-34	14.4%	57.4%	28.3%	0.0%	38
35-44	7.0%	56.5%	32.2%	4.3%	34
45-54	9.0%	58.2%	32.8%	0.0%	40
55-64	10.0%	46.7%	40.4%	2.9%	78
65-74	10.2%	47.0%	36.3%	6.5%	88
75+	15.6%	32.6%	47.9%	3.9%	90
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	14.3%	42.4%	39.7%	3.6%	124
Some college, trade school, or Associate degree	8.1%	57.6%	32.2%	2.1%	138
Bachelor's degree or higher	9.7%	52.7%	34.8%	2.8%	85
Results by household income:					
Less than \$20,000	19.0%	38.8%	38.6%	3.6%	83
\$20,000 - \$34,999	9.0%	35.1%	54.4%	1.5%	65
\$35,000 - \$49,999	10.9%	57.0%	30.1%	2.0%	53
\$50,000 - \$74,999	14.7%	51.3%	32.7%	1.3%	70
\$75,000 or more  Lincoln County Data Book	5.0%	62.2%	29.7%	3.0%	70

36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

	I use this	I do not use this	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	18.8%	81.2%	194
Overall results from 2015	13.9%	86.1%	149
Results by gender:			
Female	14.2%	85.8%	98
Male	13.5%	86.5%	51
Results by age:			
18-34			16
35-44			11
45-54			12
55-64	8.3%	91.7%	35
65-74	13.6%	86.4%	36
75+	13.5%	86.5%	39
Results by education level:			
Less than HS diploma, no GED			9
High school diploma or GED	12.2%	87.8%	54
Some college, trade school, or Associate degree	11.4%	88.6%	49
Bachelor's degree or higher	20.9%	79.1%	37
Results by household income:			
Less than \$20,000	9.0%	91.0%	34
\$20,000 - \$34,999			29
\$35,000 - \$49,999			18
\$50,000 - \$74,999			28
\$75,000 or more			28

36G. Please indicate if you have the following resource or facility in your community: SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	1.4%	88.3%	9.8%	0.4%	466
Overall results from 2015	3.2%	88.5%	7.1%	1.2%	376
Results by gender:					
Female	3.1%	85.2%	9.5%	2.2%	242
Male	3.3%	91.8%	4.6%	0.2%	134
Results by age:					
18-34	1.6%	96.7%	1.6%	0.0%	38
35-44	0.0%	93.6%	2.1%	4.3%	34
45-54	3.7%	92.5%	3.8%	0.0%	40
55-64	2.8%	85.9%	9.9%	1.4%	81
65-74	3.6%	84.6%	11.2%	0.6%	88
75+	7.6%	73.6%	16.6%	2.1%	95
Results by education level:					
Less than HS diploma, no GED					23
High school diploma or GED	3.4%	85.6%	10.3%	0.7%	125
Some college, trade school, or Associate degree	3.6%	88.7%	6.9%	0.8%	143
Bachelor's degree or higher	0.0%	94.2%	3.0%	2.8%	85
Results by household income:					
Less than \$20,000	8.6%	83.4%	6.0%	1.9%	86
\$20,000 - \$34,999	3.0%	86.5%	10.5%	0.0%	66
\$35,000 - \$49,999	1.9%	90.3%	7.2%	0.6%	56
\$50,000 - \$74,999	3.0%	90.5%	6.1%	0.4%	70
\$75,000 or more  Lincoin County Data Book	0.9%	92.0%	4.0%	3.1%	69

### 36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

	I use this	I do not use this	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	28.9%	71.1%	48
Overall results from 2015	37.6%	62.4%	42
Results by gender:			
Female	26.3%	73.7%	32
Male			10
Results by age:			
18-34			1
35-44			3
45-54			3
55-64			10
65-74			10
75+			15
Results by education level:			
Less than HS diploma, no GED			4
High school diploma or GED			14
Some college, trade school, or Associate degree			18
Bachelor's degree or higher			6
Results by household income:			
Less than \$20,000			10
\$20,000 - \$34,999			7
\$35,000 - \$49,999			7
\$50,000 - \$74,999			6
\$75,000 or more			7

36H. Please indicate if you have the following resource or facility in your community: HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.)

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	1.4%	34.5%	63.5%	0.7%	475
Overall results from 2015	2.3%	44.5%	50.7%	2.5%	372
Results by gender:					
Female	3.3%	41.3%	51.8%	3.7%	235
Male	1.4%	47.7%	49.6%	1.3%	137
Results by age:					
18-34	1.6%	44.4%	52.4%	1.6%	38
35-44	1.1%	44.4%	52.4%	2.1%	34
45-54	0.0%	35.7%	64.3%	0.0%	39
55-64	4.2%	46.2%	48.9%	0.7%	80
65-74	3.3%	46.0%	48.3%	2.4%	88
75+	4.2%	52.5%	33.9%	9.3%	93
Results by education level:					
Less than HS diploma, no GED					20
High school diploma or GED	2.4%	53.4%	39.8%	4.4%	126
Some college, trade school, or Associate degree	3.3%	40.0%	55.5%	1.2%	140
Bachelor's degree or higher	0.8%	34.1%	62.5%	2.6%	85
Results by household income:					
Less than \$20,000	4.1%	52.7%	37.8%	5.4%	84
\$20,000 - \$34,999	3.8%	51.6%	43.1%	1.5%	64
\$35,000 - \$49,999	2.7%	47.5%	46.1%	3.7%	55
\$50,000 - \$74,999	2.3%	44.2%	53.1%	0.4%	69
\$75,000 or more <i>Lincoln County Data Book</i>	0.0%	31.6%	66.0%	2.4%	71

36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

	I use this	I do not use this	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	21.2%	78.8%	273
Overall results from 2015	19.6%	80.4%	185
Results by gender:			
Female	17.4%	82.6%	122
Male	21.9%	78.1%	63
Results by age:			
18-34			21
35-44			22
45-54			24
55-64	13.1%	86.9%	35
65-74	22.5%	77.5%	46
75+	14.4%	85.6%	37
Results by education level:			
Less than HS diploma, no GED			8
High school diploma or GED	8.2%	91.8%	56
Some college, trade school, or Associate degree	18.2%	81.8%	68
Bachelor's degree or higher	29.3%	70.7%	52
Results by household income:			
Less than \$20,000	14.0%	86.0%	37
\$20,000 - \$34,999			26
\$35,000 - \$49,999			27
\$50,000 - \$74,999	22.7%	77.3%	39
\$75,000 or more	14.6%	85.4%	42

36l. Please indicate if you have the following resource or facility in your community: NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED **ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)** 

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	1.3%	14.2%	83.4%	1.2%	478
Overall results from 2015	3.1%	20.7%	74.3%	1.9%	377
Results by gender:					
Female	3.0%	20.7%	74.3%	2.0%	241
Male	3.3%	20.6%	74.3%	1.7%	136
Results by age:					
18-34	1.6%	31.6%	66.7%	0.0%	38
35-44	0.0%	16.2%	81.7%	2.1%	34
45-54	3.7%	7.5%	88.8%	0.0%	40
55-64	4.1%	15.8%	79.4%	0.7%	82
65-74	3.2%	20.2%	72.1%	4.4%	90
75+	6.2%	31.9%	56.0%	5.9%	93
Results by education level:					
Less than HS diploma, no GED					21
High school diploma or GED	3.5%	20.9%	72.8%	2.8%	127
Some college, trade school, or Associate degree	3.6%	16.1%	78.6%	1.7%	143
Bachelor's degree or higher	0.0%	21.1%	77.7%	1.2%	85
Results by household income:					
Less than \$20,000	7.4%	23.0%	65.8%	3.8%	87
\$20,000 - \$34,999	5.4%	25.5%	69.1%	0.0%	65
\$35,000 - \$49,999	2.7%	26.0%	70.3%	1.0%	56
\$50,000 - \$74,999	2.5%	12.9%	83.3%	1.3%	70
\$75,000 or more  Lincoln County Data Book	0.5%	17.0%	80.2%	2.4%	71

36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

	l use this	I do not use this	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	52.8%	47.2%	364
Overall results from 2015	49.6%	50.4%	271
Results by gender:			
Female	43.8%	56.2%	175
Male	55.3%	44.7%	96
Results by age:			
18-34			27
35-44			27
45-54	71.4%	28.6%	32
55-64	39.5%	60.5%	63
65-74	31.1%	68.9%	67
75+	16.5%	83.5%	55
Results by education level:			
Less than HS diploma, no GED			10
High school diploma or GED	36.8%	63.2%	88
Some college, trade school, or Associate degree	58.8%	41.2%	107
Bachelor's degree or higher	53.3%	46.7%	65
Results by household income:			
Less than \$20,000	27.0%	73.0%	58
\$20,000 - \$34,999	36.9%	63.1%	40
\$35,000 - \$49,999	58.7%	41.3%	42
\$50,000 - \$74,999	54.4%	45.6%	53
\$75,000 or more	62.2%	37.8%	56

### 37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	41.9%	36.0%	22.1%	459
Overall results from 2015	33.2%	38.1%	28.7%	358
Results by gender:				
Female	33.7%	37.5%	28.8%	230
Male	32.7%	38.7%	28.6%	128
Results by age:				
18-34	4.9%	39.8%	55.3%	38
35-44	8.7%	41.6%	49.7%	34
45-54	37.9%	45.1%	17.1%	36
55-64	30.3%	44.4%	25.3%	77
65-74	59.3%	34.0%	6.7%	88
75+	73.2%	19.4%	7.4%	85
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	45.2%	33.2%	21.6%	117
Some college, trade school, or Associate degree	34.2%	37.8%	27.9%	134
Bachelor's degree or higher	21.4%	41.6%	37.0%	86
Results by household income:				
Less than \$20,000	58.0%	20.2%	21.9%	73
\$20,000 - \$34,999	44.9%	35.9%	19.2%	61
\$35,000 - \$49,999	25.2%	49.3%	25.5%	56
\$50,000 - \$74,999	26.3%	45.2%	28.5%	70
\$75,000 or more	23.0%	37.6%	39.4%	69

### 37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	56.7%	27.6%	15.6%	446
Overall results from 2015	47.6%	33.7%	18.7%	347
Results by gender:				
Female	43.9%	39.0%	17.1%	223
Male	51.4%	28.3%	20.3%	124
Results by age:				
18-34	53.2%	26.5%	20.4%	38
35-44	40.7%	40.1%	19.2%	34
45-54	59.4%	28.1%	12.4%	35
55-64	43.7%	42.7%	13.6%	76
65-74	40.7%	28.1%	31.2%	85
75+	41.8%	41.0%	17.2%	79
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	37.8%	50.6%	11.5%	113
Some college, trade school, or Associate degree	53.0%	27.4%	19.5%	128
Bachelor's degree or higher	53.9%	31.1%	15.0%	86
Results by household income:				
Less than \$20,000	32.1%	22.3%	45.6%	71
\$20,000 - \$34,999	36.9%	49.5%	13.7%	58
\$35,000 - \$49,999	45.6%	42.6%	11.8%	53
\$50,000 - \$74,999	57.2%	27.1%	15.7%	68
\$75,000 or more	57.8%	26.6%	15.7%	69

### 37C. How much of a problem for you is HAVING NO ONE TO EXERCISE WITH in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	55.8%	33.4%	10.8%	446
Overall results from 2015	54.2%	30.9%	15.0%	346
Results by gender:				
Female	49.8%	35.8%	14.3%	223
Male	58.6%	25.8%	15.6%	123
Results by age:				
18-34	55.7%	30.5%	13.8%	37
35-44	43.7%	37.5%	18.8%	34
45-54	70.0%	17.8%	12.1%	36
55-64	61.7%	27.6%	10.8%	75
65-74	48.5%	35.6%	15.9%	84
75+	37.5%	41.6%	20.9%	80
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	52.8%	32.0%	15.2%	111
Some college, trade school, or Associate degree	56.1%	31.6%	12.3%	130
Bachelor's degree or higher	63.6%	23.5%	12.8%	85
Results by household income:				
Less than \$20,000	37.6%	30.2%	32.2%	72
\$20,000 - \$34,999	38.4%	42.2%	19.4%	58
\$35,000 - \$49,999	51.3%	35.1%	13.5%	52
\$50,000 - \$74,999	70.3%	23.2%	6.5%	69
\$75,000 or more	60.2%	27.6%	12.3%	69

37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	45.2%	22.9%	31.9%	449
Overall results from 2015	43.8%	32.4%	23.7%	341
Results by gender:				
Female	40.3%	35.5%	24.2%	219
Male	47.4%	29.4%	23.3%	122
Results by age:				
18-34	46.6%	34.3%	19.1%	38
35-44	33.1%	27.0%	39.9%	33
45-54	45.8%	37.7%	16.5%	35
55-64	43.6%	29.9%	26.4%	76
65-74	50.1%	23.9%	26.0%	84
75+	40.9%	40.3%	18.8%	75
Results by education level:				
Less than HS diploma, no GED				21
High school diploma or GED	40.6%	38.2%	21.1%	109
Some college, trade school, or Associate degree	42.4%	33.1%	24.4%	126
Bachelor's degree or higher	57.2%	31.0%	11.8%	84
Results by household income:				
Less than \$20,000	26.2%	20.6%	53.3%	70
\$20,000 - \$34,999	39.5%	31.1%	29.5%	58
\$35,000 - \$49,999	44.0%	28.9%	27.1%	52
\$50,000 - \$74,999	47.3%	35.0%	17.7%	68
\$75,000 or more	51.6%	38.7%	9.7%	68

# 37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	62.8%	20.6%	16.7%	444
Overall results from 2015	57.7%	24.0%	18.3%	339
Results by gender:				
Female	58.3%	23.4%	18.3%	215
Male	57.2%	24.6%	18.2%	124
Results by age:				
18-34	66.9%	22.0%	11.1%	38
35-44	39.2%	37.1%	23.7%	34
45-54	66.2%	15.1%	18.8%	33
55-64	59.3%	23.3%	17.4%	76
65-74	53.6%	24.8%	21.6%	82
75+	53.8%	24.2%	22.0%	76
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	57.2%	28.6%	14.2%	106
Some college, trade school, or Associate degree	54.5%	22.8%	22.7%	129
Bachelor's degree or higher	73.2%	22.5%	4.3%	83
Results by household income:				
Less than \$20,000	40.5%	11.0%	48.5%	70
\$20,000 - \$34,999	63.2%	25.0%	11.8%	57
\$35,000 - \$49,999	45.8%	44.0%	10.2%	51
\$50,000 - \$74,999	68.7%	19.7%	11.6%	66
\$75,000 or more	63.0%	23.0%	13.9%	69

### 37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?

	Not a	A small	A big	
	problem	problem	problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	68.7%	19.1%	12.2%	456
Overall results from 2015	64.1%	20.3%	15.6%	358
Results by gender:				
Female	67.6%	17.2%	15.2%	230
Male	60.6%	23.4%	16.0%	128
Results by age:				
18-34	72.6%	21.8%	5.5%	38
35-44	64.2%	14.3%	21.5%	34
45-54	85.2%	11.5%	3.3%	35
55-64	63.9%	22.4%	13.7%	79
65-74	51.8%	25.8%	22.5%	88
75+	35.4%	27.0%	37.6%	84
Results by education level:				
Less than HS diploma, no GED				19
High school diploma or GED	59.2%	26.4%	14.4%	115
Some college, trade school, or Associate degree	65.1%	19.8%	15.1%	136
Bachelor's degree or higher	79.1%	9.4%	11.5%	87
Results by household income:				
Less than \$20,000	28.6%	37.7%	33.7%	75
\$20,000 - \$34,999	55.1%	23.6%	21.3%	61
\$35,000 - \$49,999	48.5%	34.0%	17.5%	55
\$50,000 - \$74,999	79.1%	14.3%	6.6%	69
\$75,000 or more	88.9%	4.4%	6.7%	69

37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	67.8%	20.0%	12.2%	453
Overall results from 2015	59.7%	20.8%	19.5%	341
Results by gender:				
Female	55.2%	19.8%	25.0%	219
Male	64.2%	21.8%	14.0%	122
Results by age:				
18-34	68.0%	23.0%	9.0%	38
35-44	51.4%	21.7%	26.9%	34
45-54	65.4%	18.5%	16.1%	35
55-64	57.8%	19.4%	22.8%	76
65-74	63.5%	18.0%	18.5%	84
75+	43.7%	24.2%	32.1%	74
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	52.6%	28.6%	18.9%	109
Some college, trade school, or Associate degree	59.7%	17.6%	22.7%	125
Bachelor's degree or higher	76.6%	13.2%	10.1%	86
Results by household income:				
Less than \$20,000	49.7%	20.0%	30.2%	70
\$20,000 - \$34,999	57.8%	29.9%	12.2%	57
\$35,000 - \$49,999	56.7%	17.6%	25.7%	52
\$50,000 - \$74,999	54.9%	30.4%	14.7%	67
\$75,000 or more	74.6%	6.7%	18.7%	69

### 37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	89.0%	8.8%	2.1%	440
Overall results from 2015	80.2%	11.9%	7.8%	335
Results by gender:				
Female	80.9%	13.2%	5.9%	214
Male	79.5%	10.7%	9.8%	121
Results by age:				
18-34	87.3%	8.6%	4.1%	38
35-44	77.0%	7.0%	16.0%	34
45-54	90.8%	4.6%	4.6%	34
55-64	78.0%	13.8%	8.2%	75
65-74	73.6%	20.6%	5.8%	84
75+	66.9%	21.4%	11.6%	70
Results by education level:				
Less than HS diploma, no GED				18
High school diploma or GED	72.9%	16.3%	10.9%	104
Some college, trade school, or Associate degree	81.5%	11.7%	6.8%	128
Bachelor's degree or higher	95.1%	4.2%	0.7%	84
Results by household income:				
Less than \$20,000	55.0%	19.1%	26.0%	66
\$20,000 - \$34,999	80.9%	13.3%	5.8%	57
\$35,000 - \$49,999	81.5%	13.5%	5.0%	52
\$50,000 - \$74,999	90.9%	6.1%	2.9%	65
\$75,000 or more	85.7%	12.5%	1.8%	69

## 37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	27.2%	45.3%	27.4%	456
Overall results from 2015	28.5%	48.6%	22.9%	348
Results by gender:				
Female	22.0%	52.1%	25.8%	224
Male	34.9%	45.1%	20.0%	124
Results by age:				
18-34	29.8%	38.9%	31.3%	38
35-44	24.9%	44.1%	30.9%	34
45-54	27.0%	60.2%	12.8%	37
55-64	23.7%	59.0%	17.3%	76
65-74	27.3%	48.0%	24.7%	87
75+	40.0%	40.4%	19.7%	76
Results by education level:				
Less than HS diploma, no GED				19
High school diploma or GED	35.6%	41.6%	22.9%	111
Some college, trade school, or Associate degree	29.1%	55.4%	15.5%	131
Bachelor's degree or higher	22.2%	46.0%	31.8%	86
Results by household income:				
Less than \$20,000	31.8%	39.3%	28.9%	69
\$20,000 - \$34,999	26.3%	46.2%	27.4%	58
\$35,000 - \$49,999	36.2%	51.7%	12.2%	55
\$50,000 - \$74,999	29.8%	49.6%	20.6%	70
\$75,000 or more	23.4%	49.6%	26.9%	69

### 37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	64.1%	23.7%	12.2%	344
Results by gender:				
Female	60.2%	25.5%	14.4%	222
Male	68.2%	21.8%	10.0%	122
Results by age:				
18-34	69.2%	18.5%	12.4%	38
35-44	63.1%	27.3%	9.6%	34
45-54	65.5%	27.8%	6.8%	35
55-64	65.8%	20.3%	13.8%	75
65-74	60.3%	20.0%	19.8%	83
75+	56.6%	31.3%	12.1%	79
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	66.7%	21.5%	11.8%	109
Some college, trade school, or Associate degree	62.7%	27.8%	9.5%	130
Bachelor's degree or higher	65.8%	14.0%	20.2%	84
Results by household income:				
Less than \$20,000	56.5%	34.2%	9.3%	70
\$20,000 - \$34,999	58.7%	27.8%	13.5%	58
\$35,000 - \$49,999	57.8%	28.8%	13.4%	53
\$50,000 - \$74,999	71.7%	22.9%	5.4%	69
\$75,000 or more	65.1%	15.4%	19.5%	69

# 37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	62.6%	23.3%	14.1%	337
Results by gender:				
Female	58.8%	27.0%	14.2%	216
Male	66.4%	19.6%	14.0%	121
Results by age:				
18-34	69.0%	13.5%	17.5%	38
35-44	60.6%	11.5%	27.9%	34
45-54	67.5%	30.8%	1.7%	34
55-64	64.2%	28.1%	7.7%	75
65-74	51.5%	31.0%	17.5%	83
75+	56.3%	29.2%	14.5%	73
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	61.9%	17.4%	20.6%	105
Some college, trade school, or Associate degree	65.2%	28.5%	6.3%	128
Bachelor's degree or higher	69.8%	15.0%	15.2%	83
Results by household income:				
Less than \$20,000	32.8%	39.1%	28.1%	71
\$20,000 - \$34,999	50.0%	31.5%	18.5%	57
\$35,000 - \$49,999	68.4%	21.6%	10.0%	51
\$50,000 - \$74,999	73.6%	23.5%	2.9%	67
\$75,000 or more	72.1%	11.6%	16.3%	67

# 37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	57.2%	25.7%	17.1%	337
Results by gender:				
Female	55.4%	26.8%	17.9%	219
Male	59.2%	24.5%	16.3%	118
Results by age:				
18-34	69.8%	16.6%	13.5%	38
35-44	50.7%	23.5%	25.8%	34
45-54	63.8%	31.1%	5.1%	35
55-64	56.9%	27.0%	16.2%	73
65-74	48.8%	32.5%	18.6%	83
75+	42.0%	27.6%	30.5%	74
Results by education level:				
Less than HS diploma, no GED				19
High school diploma or GED	52.8%	18.8%	28.5%	105
Some college, trade school, or Associate degree	62.8%	27.9%	9.3%	129
Bachelor's degree or higher	62.1%	25.7%	12.1%	83
Results by household income:				
Less than \$20,000	35.8%	32.1%	32.1%	69
\$20,000 - \$34,999	50.8%	29.4%	19.8%	57
\$35,000 - \$49,999	60.1%	20.2%	19.8%	51
\$50,000 - \$74,999	66.9%	28.6%	4.5%	68
\$75,000 or more	64.8%	22.0%	13.2%	67

# 37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	73.5%	18.7%	7.9%	332
Overall results from 2015	71.9%	17.8%	10.2%	256
Results by gender:				
Female	72.3%	16.7%	11.0%	160
Male	71.6%	18.8%	9.6%	96
Results by age:				
18-34				29
35-44				27
45-54	75.2%	20.2%	4.6%	30
55-64	70.3%	24.0%	5.7%	60
65-74	67.9%	22.7%	9.4%	59
75+	54.2%	26.7%	19.0%	51
Results by education level:				
Less than HS diploma, no GED				12
High school diploma or GED	70.1%	22.7%	7.2%	83
Some college, trade school, or Associate degree	68.3%	23.0%	8.7%	98
Bachelor's degree or higher	85.0%	7.9%	7.0%	63
Results by household income:				
Less than \$20,000	47.1%	18.8%	34.1%	48
\$20,000 - \$34,999	55.0%	24.2%	20.8%	46
\$35,000 - \$49,999	74.3%	16.9%	8.8%	40
\$50,000 - \$74,999	82.9%	16.7%	0.4%	51
\$75,000 or more	80.7%	15.5%	3.8%	54

### 38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities

	None	1 minute - 1 hour	> 1 hour - 2 hours	> 2 hours - 3 hours	> 3 hours - 5 hours	> 5 hours - 8 hours	> 8 hours	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	2.4%	6.7%	20.8%	23.5%	30.7%	12.3%	3.6%	478
Overall results from 2015	4.6%	17.9%	22.7%	15.8%	20.9%	8.0%	10.0%	368
Results by gender:								
Female	4.9%	20.7%	22.4%	12.1%	23.7%	7.7%	8.5%	242
Male	4.4%	15.0%	23.0%	19.7%	17.9%	8.4%	11.6%	126
Results by age:								
18-34	0.0%	12.7%	30.2%	15.0%	23.2%	9.5%	9.5%	38
35-44	0.0%	24.1%	32.0%	12.6%	2.1%	8.7%	20.5%	34
45-54	0.0%	17.4%	24.8%	19.8%	20.7%	4.9%	12.4%	38
55-64	4.3%	19.4%	18.0%	20.1%	24.5%	7.2%	6.5%	78
65-74	9.1%	16.4%	12.0%	13.5%	34.4%	12.0%	2.7%	78
75+	16.8%	19.9%	15.8%	12.6%	19.2%	6.6%	9.0%	102
Results by education level:								
Less than HS diploma, no GED								19
High school diploma or GED	7.8%	14.0%	21.4%	23.3%	17.3%	9.2%	7.0%	124
Some college, trade school, or Associate degree	3.6%	21.8%	26.0%	15.2%	21.8%	6.0%	5.7%	136
Bachelor's degree or higher	1.1%	17.9%	24.0%	13.1%	22.3%	11.9%	9.7%	86
Results by household income:								
Less than \$20,000	9.6%	15.2%	8.0%	8.5%	24.0%	11.7%	23.0%	81
\$20,000 - \$34,999	7.6%	10.3%	18.5%	21.8%	27.9%	5.7%	8.1%	62
\$35,000 - \$49,999	7.3%	13.5%	27.1%	19.8%	18.1%	3.8%	10.4%	55
\$50,000 - \$74,999	0.9%	15.2%	25.6%	18.8%	28.4%	7.2%	3.9%	71
\$75,000 or more	0.5%	30.4%	27.1%	12.4%	9.7%	11.0%	8.8%	67

# 39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	45.1%	54.9%	483
Overall results from 2015	38.9%	61.1%	406
Results by gender:			
Female	31.3%	68.7%	260
Male	46.5%	53.5%	146
Results by age:			
18-34	33.3%	66.7%	38
35-44	54.3%	45.7%	35
45-54	23.5%	76.5%	40
55-64	40.6%	59.4%	82
65-74	48.7%	51.3%	94
75+	39.8%	60.2%	117
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	42.9%	57.1%	141
Some college, trade school, or Associate degree	36.9%	63.1%	146
Bachelor's degree or higher	27.8%	72.2%	91
Results by household income:			
Less than \$20,000	58.5%	41.5%	92
\$20,000 - \$34,999	37.3%	62.7%	68
\$35,000 - \$49,999	32.2%	67.8%	60
\$50,000 - \$74,999	38.1%	61.9%	73
\$75,000 or more	31.9%	68.1%	74

#### 40. Do you now smoke cigarettes every day, some days, or not at all?

	Every day	Some days	Not at all	Missing, but responded to follow-up	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2010	28.2%	4.9%	66.9%	0.0%	197
Overall results from 2015	20.9%	9.4%	69.8%	0.0%	153
Results by gender:					
Female	25.1%	10.1%	64.8%	0.0%	79
Male	18.1%	8.9%	73.0%	0.0%	74
Results by age:					
18-34					12
35-44					14
45-54					9
55-64	25.6%	8.0%	66.4%	0.0%	33
65-74	25.9%	10.5%	63.5%	0.0%	42
75+	0.0%	8.1%	91.9%	0.0%	43
Results by education level:					
Less than HS diploma, no GED					12
High school diploma or GED	14.2%	8.4%	77.4%	0.0%	57
Some college, trade school, or Associate degree	21.9%	5.7%	72.4%	0.0%	58
Bachelor's degree or higher					25
Results by household income:					
Less than \$20,000	34.3%	22.2%	43.5%	0.0%	43
\$20,000 - \$34,999					24
\$35,000 - \$49,999					22
\$50,000 - \$74,999					27
\$75,000 or more					22

#### **Smoking status**

	Current smoker	Former smoker	Never smoked	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2010	14.9%	30.1%	55.0%	481
Overall results from 2015	11.3%	26.0%	62.7%	395
Results by gender:				
Female	10.4%	19.2%	70.4%	254
Male	12.1%	32.9%	55.0%	141
Results by age:				
18-34	9.5%	23.8%	66.7%	38
35-44	28.6%	23.8%	47.6%	33
45-54	2.4%	17.4%	80.2%	38
55-64	12.5%	24.6%	62.9%	77
65-74	17.4%	30.3%	52.2%	92
75+	3.2%	36.6%	60.2%	117
Results by education level:				
Less than HS diploma, no GED				22
High school diploma or GED	9.4%	32.2%	58.4%	137
Some college, trade school, or Associate degree	9.8%	25.9%	64.3%	143
Bachelor's degree or higher	4.4%	22.3%	73.3%	89
Results by household income:				
Less than \$20,000	32.0%	24.7%	43.3%	91
\$20,000 - \$34,999	15.2%	20.9%	63.9%	66
\$35,000 - \$49,999	5.3%	25.1%	69.7%	58
\$50,000 - \$74,999	4.6%	33.2%	62.2%	72
\$75,000 or more	6.8%	22.5%	70.7%	70

### 41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	55.8%	44.2%	54
Overall results from 2015	37.5%	62.5%	44
Results by gender:			
Female			27
Male			17
Results by age:			
18-34			3
35-44			7
45-54			3
55-64			12
65-74			15
75+			4
Results by education level:			
Less than HS diploma, no GED			5
High school diploma or GED			16
Some college, trade school, or Associate degree			18
Bachelor's degree or higher			5
Results by household income:			
Less than \$20,000			17
\$20,000 - \$34,999			8
\$35,000 - \$49,999			4
\$50,000 - \$74,999			6
\$75,000 or more			6

#### 42. If you have tried to quit smoking cigarettes, why hasn't it worked?

Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	I don't want to quit	I haven't tried to quit	Other reason	N
%	%	%	%	%	%	(Unweighted)
20.3%	47.8%	31.2%	35.8%	23.4%	21.0%	38
						24
						14
						3
						7
						3
						9
						12
						4
						5
						14
						15
						4
						16
						6
						3
						6
						4
	how to quit or where to go for help  % 20.3%	Not sure how to quit or where to go for help  % %  20.3% 47.8%	Not sure how to quit or where to go for help  % % % %  20.3% 47.8% 31.2%	Not sure how to quit or where to go for help  % % % % % %  20.3% 47.8% 31.2% 35.8%	Not sure how to quit or where to go for help         as gum, lozenges, prescriptions, etc are too expensive         someone who also smokes and who doesn't want to quit         I don't want to quit         I haven't tried to quit           %         %         %         %         %           20.3%         47.8%         31.2%         35.8%         23.4%           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —           —         —         —         —         —	Not sure how to quit or where to go for help how to quit or where to go for help or where to go for help how to quit or where to go for help who doesn't want to quit want to quit want to quit want to quit tried to qui

43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	14.0%	86.0%	97
Overall results from 2015	8.6%	91.4%	114
Results by gender:			
Female	12.1%	87.9%	55
Male	6.2%	93.8%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	10.1%	89.9%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	6.1%	93.9%	40
Some college, trade school, or Associate degree	12.9%	87.1%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

Lincoln County Data Book Wilder Research, October 2015

43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	14.7%	85.3%	97
Overall results from 2015	7.2%	92.8%	114
Results by gender:			
Female	11.4%	88.6%	55
Male	4.4%	95.6%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	0.0%	100.0%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	5.9%	94.1%	40
Some college, trade school, or Associate degree	7.2%	92.8%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

## 43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	6.1%	93.9%	97
Overall results from 2015	2.0%	98.0%	114
Results by gender:			
Female	0.0%	100.0%	55
Male	3.3%	96.7%	59
Results by age:			
18-34	-		 10
35-44	-		 9
45-54	-		 7
55-64	-		 28
65-74	-		 29
75+	0.0%	100.0%	31
Results by education level:			
Less than HS diploma, no GED	-		 6
High school diploma or GED	2.5%	97.5%	40
Some college, trade school, or Associate degree	1.0%	99.0%	46
Bachelor's degree or higher	-		 22
Results by household income:			
Less than \$20,000	-		 28
\$20,000 - \$34,999	-		 16
\$35,000 - \$49,999	-		 19
\$50,000 - \$74,999	-		 22
\$75,000 or more	-		 19

# 43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	2.1%	97.9%	97
Overall results from 2015	1.1%	98.9%	114
Results by gender:			
Female	0.0%	100.0%	55
Male	1.9%	98.1%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	0.0%	100.0%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	0.0%	100.0%	40
Some college, trade school, or Associate degree	1.0%	99.0%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

# 43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	2.1%	97.9%	97
Overall results from 2015	0.0%	100.0%	114
Results by gender:			
Female	0.0%	100.0%	55
Male	0.0%	100.0%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	0.0%	100.0%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	0.0%	100.0%	40
Some college, trade school, or Associate degree	0.0%	100.0%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

# 43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	2.2%	97.8%	97
Overall results from 2015	0.4%	99.6%	114
Results by gender:			
Female	0.9%	99.1%	55
Male	0.0%	100.0%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	1.9%	98.1%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	0.0%	100.0%	40
Some college, trade school, or Associate degree	0.9%	99.1%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

# 43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	2.1%	97.9%	97
Overall results from 2015	0.0%	100.0%	114
Results by gender:			
Female	0.0%	100.0%	55
Male	0.0%	100.0%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	0.0%	100.0%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	0.0%	100.0%	40
Some college, trade school, or Associate degree	0.0%	100.0%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

# 43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	67.4%	32.6%	97
Overall results from 2015	86.8%	13.2%	114
Results by gender:			
Female	82.0%	18.0%	55
Male	90.0%	10.0%	59
Results by age:			
18-34			10
35-44			9
45-54			7
55-64			28
65-74			29
75+	92.4%	7.6%	31
Results by education level:			
Less than HS diploma, no GED			6
High school diploma or GED	88.1%	11.9%	40
Some college, trade school, or Associate degree	84.2%	15.8%	46
Bachelor's degree or higher			22
Results by household income:			
Less than \$20,000			28
\$20,000 - \$34,999			16
\$35,000 - \$49,999			19
\$50,000 - \$74,999			22
\$75,000 or more			19

#### 44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

	Every day	Some days	Not at all	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	2.7%	3.3%	94.0%	379
Results by gender:				
Female	0.5%	0.7%	98.8%	243
Male	4.9%	5.9%	89.2%	136
Results by age:				
18-34	0.0%	3.1%	96.9%	38
35-44	14.2%	11.3%	74.5%	33
45-54	0.0%	0.8%	99.2%	39
55-64	3.5%	3.5%	93.0%	80
65-74	1.9%	2.1%	96.0%	88
75+	0.0%	0.9%	99.1%	101
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	0.9%	3.5%	95.6%	122
Some college, trade school, or Associate degree	0.5%	4.2%	95.4%	146
Bachelor's degree or higher	0.7%	2.7%	96.6%	88
Results by household income:				
Less than \$20,000	13.8%	1.5%	84.7%	83
\$20,000 - \$34,999	0.9%	11.6%	87.5%	64
\$35,000 - \$49,999	0.0%	2.6%	97.4%	58
\$50,000 - \$74,999	1.0%	3.0%	96.0%	70
\$75,000 or more	0.7%	0.0%	99.3%	71

#### All Survey Items (weighted data)

#### Cigar smoking status

	Current smoker	Non-smoker	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	6.0%	94.0%	379
Results by gender:			
Female	1.2%	98.8%	243
Male	10.8%	89.2%	136
Results by age:			
18-34	3.1%	96.9%	38
35-44	25.5%	74.5%	33
45-54	0.8%	99.2%	39
55-64	7.0%	93.0%	80
65-74	4.0%	96.0%	88
75+	0.9%	99.1%	101
Results by education level:			
Less than HS diploma, no GED			20
High school diploma or GED	4.4%	95.6%	122
Some college, trade school, or Associate degree	4.6%	95.4%	146
Bachelor's degree or higher	3.4%	96.6%	88
Results by household income:			
Less than \$20,000	15.3%	84.7%	83
\$20,000 - \$34,999	12.5%	87.5%	64
\$35,000 - \$49,999	2.6%	97.4%	58
\$50,000 - \$74,999	4.0%	96.0%	70
\$75,000 or more	0.7%	99.3%	71

#### 44B. How often do you use PIPES?

	Every day	Some days	Not at all	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	2.2%	0.0%	97.8%	372
Results by gender:				
Female	0.0%	0.0%	100.0%	237
Male	4.3%	0.0%	95.7%	135
Results by age:				
18-34	0.0%	0.0%	100.0%	36
35-44	14.5%	0.0%	85.5%	32
45-54	0.0%	0.0%	100.0%	38
55-64	0.0%	0.0%	100.0%	79
65-74	2.3%	0.0%	97.7%	87
75+	0.0%	0.0%	100.0%	100
Results by education level:				
Less than HS diploma, no GED				21
High school diploma or GED	0.8%	0.0%	99.2%	123
Some college, trade school, or Associate degree	0.0%	0.0%	100.0%	140
Bachelor's degree or higher	0.4%	0.0%	99.6%	85
Results by household income:				
Less than \$20,000	11.7%	0.0%	88.3%	83
\$20,000 - \$34,999	0.0%	0.0%	100.0%	66
\$35,000 - \$49,999	1.3%	0.0%	98.7%	55
\$50,000 - \$74,999	0.4%	0.0%	99.6%	68
\$75,000 or more	0.0%	0.0%	100.0%	70

#### All Survey Items (weighted data)

#### Pipe smoking status

	Current smoker	Non-smoker	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	2.2%	97.8%	372
Results by gender:			
Female	0.0%	100.0%	237
Male	4.3%	95.7%	135
Results by age:			
18-34	0.0%	100.0%	36
35-44	14.5%	85.5%	32
45-54	0.0%	100.0%	38
55-64	0.0%	100.0%	79
65-74	2.3%	97.7%	87
75+	0.0%	100.0%	100
Results by education level:			
Less than HS diploma, no GED			21
High school diploma or GED	0.8%	99.2%	123
Some college, trade school, or Associate degree	0.0%	100.0%	140
Bachelor's degree or higher	0.4%	99.6%	85
Results by household income:			
Less than \$20,000	11.7%	88.3%	83
\$20,000 - \$34,999	0.0%	100.0%	66
\$35,000 - \$49,999	1.3%	98.7%	55
\$50,000 - \$74,999	0.4%	99.6%	68
\$75,000 or more	0.0%	100.0%	70

#### 44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

	Every day	Some days	Not at all	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	7.4%	1.6%	91.0%	375
Results by gender:				
Female	0.0%	0.0%	100.0%	239
Male	14.7%	3.1%	82.2%	136
Results by age:				
18-34	18.8%	6.3%	74.9%	37
35-44	19.8%	0.0%	80.2%	33
45-54	0.0%	0.0%	100.0%	38
55-64	3.5%	0.0%	96.5%	80
65-74	0.0%	1.5%	98.5%	87
75+	0.9%	0.0%	99.1%	100
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	7.1%	0.8%	92.1%	123
Some college, trade school, or Associate degree	3.6%	0.0%	96.4%	144
Bachelor's degree or higher	8.6%	5.6%	85.8%	85
Results by household income:				
Less than \$20,000	12.7%	0.0%	87.3%	82
\$20,000 - \$34,999	0.0%	0.0%	100.0%	65
\$35,000 - \$49,999	9.6%	0.0%	90.4%	57
\$50,000 - \$74,999	5.6%	0.9%	93.6%	69
\$75,000 or more	10.2%	5.9%	83.9%	70

#### All Survey Items (weighted data)

#### **Smokeless tobacco status**

	Current user	Non-user	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	9.0%	91.0%	375
Results by gender:			
Female	0.0%	100.0%	239
Male	17.8%	82.2%	136
Results by age:			
18-34	25.1%	74.9%	37
35-44	19.8%	80.2%	33
45-54	0.0%	100.0%	38
55-64	3.5%	96.5%	80
65-74	1.5%	98.5%	87
75+	0.9%	99.1%	100
Results by education level:			
Less than HS diploma, no GED			20
High school diploma or GED	7.9%	92.1%	123
Some college, trade school, or Associate degree	3.6%	96.4%	144
Bachelor's degree or higher	14.2%	85.8%	85
Results by household income:			
Less than \$20,000	12.7%	87.3%	82
\$20,000 - \$34,999	0.0%	100.0%	65
\$35,000 - \$49,999	9.6%	90.4%	57
\$50,000 - \$74,999	6.4%	93.6%	69
\$75,000 or more	16.1%	83.9%	70

#### 44D. How often do you use E-CIGARETTES?

	Every day	Some days	Not at all	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	1.9%	2.4%	95.7%	371
Results by gender:				
Female	0.0%	1.3%	98.7%	237
Male	3.7%	3.5%	92.7%	134
Results by age:				
18-34	0.0%	6.3%	93.7%	37
35-44	14.2%	0.0%	85.8%	33
45-54	0.0%	0.0%	100.0%	37
55-64	0.0%	1.4%	98.6%	79
65-74	0.0%	6.0%	94.0%	87
75+	0.0%	0.0%	100.0%	98
Results by education level:				
Less than HS diploma, no GED				19
High school diploma or GED	0.0%	1.2%	98.8%	120
Some college, trade school, or Associate degree	0.0%	1.2%	98.8%	143
Bachelor's degree or higher	0.0%	0.0%	100.0%	86
Results by household income:				
Less than \$20,000	11.7%	10.3%	78.0%	83
\$20,000 - \$34,999	0.0%	3.2%	96.8%	63
\$35,000 - \$49,999	0.0%	1.3%	98.7%	56
\$50,000 - \$74,999	0.0%	0.0%	100.0%	67
\$75,000 or more	0.0%	0.5%	99.5%	71

#### All Survey Items (weighted data)

#### E-cigarette status

	Current user	Non-user	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	4.3%	95.7%	371
Results by gender:			
Female	1.3%	98.7%	237
Male	7.3%	92.7%	134
Results by age:			
18-34	6.3%	93.7%	37
35-44	14.2%	85.8%	33
45-54	0.0%	100.0%	37
55-64	1.4%	98.6%	79
65-74	6.0%	94.0%	87
75+	0.0%	100.0%	98
Results by education level:			
Less than HS diploma, no GED			19
High school diploma or GED	1.2%	98.8%	120
Some college, trade school, or Associate degree	1.2%	98.8%	143
Bachelor's degree or higher	0.0%	100.0%	86
Results by household income:			
Less than \$20,000	22.0%	78.0%	83
\$20,000 - \$34,999	3.2%	96.8%	63
\$35,000 - \$49,999	1.3%	98.7%	56
\$50,000 - \$74,999	0.0%	100.0%	67
\$75,000 or more	0.5%	99.5%	71

#### 44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

	Every day	Some days	Not at all	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	5.1%	0.6%	94.3%	365
Results by gender:				
Female	4.9%	0.3%	94.9%	236
Male	5.3%	0.9%	93.8%	129
Results by age:				
18-34	1.7%	0.0%	98.3%	37
35-44	17.7%	0.0%	82.3%	31
45-54	5.5%	0.0%	94.5%	37
55-64	3.0%	2.1%	94.9%	79
65-74	7.0%	1.6%	91.4%	85
75+	0.0%	0.0%	100.0%	96
Results by education level:				
Less than HS diploma, no GED				18
High school diploma or GED	1.6%	1.2%	97.2%	119
Some college, trade school, or Associate degree	4.0%	0.6%	95.4%	141
Bachelor's degree or higher	0.4%	0.0%	99.6%	84
Results by household income:				
Less than \$20,000	19.2%	1.5%	79.3%	80
\$20,000 - \$34,999	4.0%	1.6%	94.4%	63
\$35,000 - \$49,999	1.5%	0.0%	98.5%	57
\$50,000 - \$74,999	2.4%	0.0%	97.6%	68
\$75,000 or more	1.3%	0.0%	98.7%	69

#### All Survey Items (weighted data)

#### Other tobacco status

	Current user	Non-user	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	5.7%	94.3%	365
Results by gender:			
Female	5.1%	94.9%	236
Male	6.2%	93.8%	129
Results by age:			
18-34	1.7%	98.3%	37
35-44	17.7%	82.3%	31
45-54	5.5%	94.5%	37
55-64	5.1%	94.9%	79
65-74	8.6%	91.4%	85
75+	0.0%	100.0%	96
Results by education level:			
Less than HS diploma, no GED			18
High school diploma or GED	2.8%	97.2%	119
Some college, trade school, or Associate degree	4.6%	95.4%	141
Bachelor's degree or higher	0.4%	99.6%	84
Results by household income:			
Less than \$20,000	20.7%	79.3%	80
\$20,000 - \$34,999	5.6%	94.4%	63
\$35,000 - \$49,999	1.5%	98.5%	57
\$50,000 - \$74,999	2.4%	97.6%	68
\$75,000 or more	1.3%	98.7%	69

#### Any tobacco use status

	Current user of tobacco	Current non- user of tobacco	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	20.2%	79.8%	408
Results by gender:			
Female	10.6%	89.4%	262
Male	29.8%	70.2%	146
Results by age:			
18-34	37.3%	62.7%	38
35-44	38.0%	62.0%	35
45-54	6.8%	93.2%	40
55-64	17.2%	82.8%	82
65-74	19.2%	80.8%	94
75+	3.9%	96.1%	119
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	17.2%	82.8%	141
Some college, trade school, or Associate degree	15.2%	84.8%	148
Bachelor's degree or higher	20.7%	79.3%	91
Results by household income:			
Less than \$20,000	35.3%	64.7%	93
\$20,000 - \$34,999	21.4%	78.6%	69
\$35,000 - \$49,999	13.9%	86.1%	60
\$50,000 - \$74,999	14.1%	85.9%	73
\$75,000 or more	22.6%	77.4%	74

#### 44F. How often do you use MARIJUANA?

	Every day	Some days	Not at all	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	1.9%	3.1%	95.0%	369
Results by gender:				
Female	0.0%	0.6%	99.4%	237
Male	3.8%	5.5%	90.7%	132
Results by age:				
18-34	0.0%	9.6%	90.4%	36
35-44	14.2%	2.8%	83.0%	33
45-54	0.0%	0.0%	100.0%	38
55-64	0.0%	2.8%	97.2%	80
65-74	0.0%	1.3%	98.7%	83
75+	0.0%	0.0%	100.0%	99
Results by education level:				
Less than HS diploma, no GED				20
High school diploma or GED	0.0%	1.1%	98.9%	120
Some college, trade school, or Associate degree	0.0%	1.8%	98.2%	143
Bachelor's degree or higher	0.0%	2.8%	97.2%	83
Results by household income:				
Less than \$20,000	11.8%	12.6%	75.6%	83
\$20,000 - \$34,999	0.0%	7.8%	92.2%	64
\$35,000 - \$49,999	0.0%	0.0%	100.0%	55
\$50,000 - \$74,999	0.0%	0.0%	100.0%	68
\$75,000 or more	0.0%	0.0%	100.0%	69

## 45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2010	7.1%	92.9%	479	
Overall results from 2015	8.7%	91.3%	401	
Results by gender:				
Female	5.8%	94.2%	256	
Male	11.5%	88.5%	145	
Results by age:				
18-34	9.5%	90.5%	38	
35-44	21.4%	78.6%	35	
45-54	4.5%	95.5%	40	
55-64	11.1%	88.9%	82	
65-74	7.3%	92.7%	93	
75+	0.6%	99.4%	113	
Results by education level:				
Less than HS diploma, no GED			21	
High school diploma or GED	5.6%	94.4%	138	
Some college, trade school, or Associate degree	5.0%	95.0%	147	
Bachelor's degree or higher	0.7%	99.3%	91	
Results by household income:				
Less than \$20,000	28.7%	71.3%	90	
\$20,000 - \$34,999	2.4%	97.6%	68	
\$35,000 - \$49,999	8.1%	91.9%	60	
\$50,000 - \$74,999	4.4%	95.6%	73	
\$75,000 or more	5.5%	94.5%	74	

## 46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	19.0%	81.0%	480
Overall results from 2015	13.9%	86.1%	407
Results by gender:			
Female	8.5%	91.5%	262
Male	19.3%	80.7%	145
Results by age:			
18-34	9.5%	90.5%	38
35-44	34.3%	65.7%	35
45-54	12.8%	87.2%	40
55-64	19.1%	80.9%	82
65-74	7.8%	92.2%	93
75+	4.2%	95.8%	119
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	8.9%	91.1%	139
Some college, trade school, or Associate degree	13.6%	86.4%	148
Bachelor's degree or higher	2.0%	98.0%	91
Results by household income:			
Less than \$20,000	34.2%	65.8%	93
\$20,000 - \$34,999	19.8%	80.2%	69
\$35,000 - \$49,999	12.7%	87.3%	60
\$50,000 - \$74,999	9.5%	90.5%	72
\$75,000 or more	3.0%	97.0%	74

# 47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	33.2%	66.8%	481
Overall results from 2015	26.7%	73.3%	405
Results by gender:			
Female	20.0%	80.0%	261
Male	33.5%	66.5%	144
Results by age:			
18-34	39.4%	60.6%	38
35-44	36.4%	63.6%	35
45-54	20.7%	79.3%	41
55-64	28.3%	71.7%	82
65-74	21.2%	78.8%	93
75+	13.3%	86.7%	116
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	19.5%	80.5%	140
Some college, trade school, or Associate degree	29.0%	71.0%	147
Bachelor's degree or higher	17.5%	82.5%	91
Results by household income:			
Less than \$20,000	37.1%	62.9%	91
\$20,000 - \$34,999	26.6%	73.4%	69
\$35,000 - \$49,999	25.0%	75.0%	60
\$50,000 - \$74,999	28.7%	71.3%	74
\$75,000 or more	22.8%	77.2%	74

### All Survey Items (weighted data)

### 48. The last time this happened in Minnesota, where were you?

	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N
Lincoln County	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	18.4%	7.6%	8.4%	27.9%	0.8%	30.0%	30.2%	29.1%	94
Results by gender:									
Female	13.8%	4.3%	5.1%	19.9%	0.0%	28.4%	29.2%	29.8%	53
Male	21.2%	9.5%	10.4%	32.8%	1.4%	30.9%	30.7%	28.8%	41
Results by age:									
18-34									13
35-44									9
45-54									7
55-64									28
65-74									21
75+									16
Results by education level:									
Less than HS diploma, no GED									13
High school diploma or GED									26
Some college, trade school, or Associate degree	16.6%	13.3%	2.9%	29.2%	0.0%	15.5%	35.1%	30.0%	35
Bachelor's degree or higher									20
Results by household income:									
Less than \$20,000									23
\$20,000 - \$34,999									18
\$35,000 - \$49,999									12
\$50,000 - \$74,999									17
\$75,000 or more									18

# 49. In Minnesota, have you ever seen anyone smoke an ecigarette?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	46.6%	53.4%	373
Results by gender:			
Female	38.8%	61.2%	243
Male	54.9%	45.1%	130
Results by age:			
18-34	69.6%	30.4%	36
35-44	63.2%	36.8%	35
45-54	37.5%	62.5%	39
55-64	52.4%	47.6%	79
65-74	37.8%	62.2%	81
75+	16.1%	83.9%	103
Results by education level:			
Less than HS diploma, no GED			18
High school diploma or GED	43.1%	56.9%	130
Some college, trade school, or Associate degree	47.3%	52.7%	135
Bachelor's degree or higher	45.9%	54.1%	88
Results by household income:			
Less than \$20,000	42.3%	57.7%	78
\$20,000 - \$34,999	56.2%	43.8%	59
\$35,000 - \$49,999	39.3%	60.7%	58
\$50,000 - \$74,999	51.0%	49.0%	71
\$75,000 or more	47.4%	52.6%	71

### All Survey Items (weighted data)

### 50. Where have you seen people smoke e-cigarettes in Minnesota?

	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N
Lincoln County	%	%	%	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	34.6%	13.2%	44.0%	17.0%	27.6%	28.5%	15.5%	29.0%	23.5%	31.7%	145
Results by gender:											
Female	28.7%	10.1%	37.0%	5.1%	19.4%	16.7%	8.7%	17.4%	14.1%	25.6%	87
Male	39.0%	15.6%	49.3%	25.8%	33.6%	37.3%	20.6%	37.6%	30.5%	36.2%	58
Results by age:											
18-34											24
35-44											19
45-54											13
55-64	20.5%	13.7%	39.8%	18.7%	35.6%	32.7%	13.7%	12.5%	9.4%	27.1%	44
65-74											29
75+											16
Results by education level:											
Less than HS diploma, no GED											7
High school diploma or GED	10.9%	9.7%	34.0%	5.8%	10.5%	9.7%	3.1%	16.3%	24.1%	27.5%	47
Some college, trade school, or Associate degree	50.8%	10.2%	43.7%	21.4%	39.8%	35.6%	20.3%	31.8%	20.0%	39.0%	53
Bachelor's degree or higher	26.9%	5.2%	48.0%	7.6%	14.8%	26.5%	8.4%	28.6%	9.3%	13.8%	38
Results by household income:											
Less than \$20,000											22
\$20,000 - \$34,999											26
\$35,000 - \$49,999											24
\$50,000 - \$74,999											28
\$75,000 or more	27.2%	6.5%	47.0%	9.0%	40.1%	37.5%	13.5%	26.3%	13.3%	44.2%	31

## 51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

	Yes	No	N	
Lincoln County	%	%	(Unweighted)	
Overall results from 2015	69.9%	30.1%	404	
Results by gender:				
Female	64.4%	35.6%	261	
Male	75.6%	24.4%	143	
Results by age:				
18-34	72.5%	27.5%	38	
35-44	88.7%	11.3%	35	
45-54	79.1%	20.9%	39	
55-64	77.2%	22.8%	82	
65-74	55.3%	44.7%	94	
75+	47.5%	52.5%	116	
Results by education level:				
Less than HS diploma, no GED			23	
High school diploma or GED	64.4%	35.6%	139	
Some college, trade school, or Associate degree	71.3%	28.7%	148	
Bachelor's degree or higher	75.7%	24.3%	91	
Results by household income:				
Less than \$20,000	48.1%	51.9%	90	
\$20,000 - \$34,999	59.9%	40.1%	67	
\$35,000 - \$49,999	75.1%	24.9%	60	
\$50,000 - \$74,999	76.6%	23.4%	74	
\$75,000 or more	84.1%	15.9%	73	

# 52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

	1-2 days	3-5 days	6-10 days	11-20 days	21-30 days	N
Lincoln County	%	%	%	%	%	(Unweighted)
Overall results from 2015	29.5%	23.5%	21.5%	12.2%	13.3%	226
Results by gender:						
Female	40.0%	24.8%	20.4%	9.3%	5.6%	141
Male	20.1%	22.3%	22.5%	14.9%	20.2%	85
Results by age:						
18-34						26
35-44	21.1%	17.8%	32.2%	11.3%	17.6%	30
45-54						27
55-64	34.8%	17.6%	25.0%	12.7%	9.9%	59
65-74	35.1%	22.2%	16.1%	10.8%	15.7%	44
75+	43.6%	36.8%	10.8%	3.9%	4.9%	40
Results by education level:						
Less than HS diploma, no GED						9
High school diploma or GED	30.9%	26.2%	16.6%	15.9%	10.4%	69
Some college, trade school, or Associate degree	30.7%	21.1%	29.2%	10.6%	8.3%	83
Bachelor's degree or higher	31.5%	22.7%	14.7%	14.5%	16.6%	65
Results by household income:						
Less than \$20,000	27.6%	27.8%	13.0%	3.0%	28.7%	31
\$20,000 - \$34,999	29.7%	41.4%	3.9%	13.3%	11.6%	33
\$35,000 - \$49,999	46.6%	25.8%	15.2%	7.0%	5.4%	37
\$50,000 - \$74,999	27.5%	22.8%	26.1%	8.0%	15.6%	55
\$75,000 or more	16.7%	16.7%	33.6%	21.5%	11.5%	55

## 53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

	One	Two	Three	Four or more	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	38.3%	31.8%	13.8%	16.1%	237
Results by gender:					
Female	53.1%	30.8%	7.8%	8.3%	146
Male	25.6%	32.7%	18.9%	22.8%	91
Results by age:					
18-34					26
35-44	23.5%	19.0%	27.9%	29.6%	30
45-54					26
55-64	49.3%	28.7%	9.2%	12.8%	59
65-74	44.5%	37.1%	10.8%	7.6%	49
75+	79.3%	15.7%	1.7%	3.3%	47
Results by education level:					
Less than HS diploma, no GED					9
High school diploma or GED	40.5%	37.7%	10.3%	11.4%	78
Some college, trade school, or Associate degree	35.5%	37.2%	14.2%	13.1%	85
Bachelor's degree or higher	49.1%	21.9%	19.6%	9.5%	65
Results by household income:					
Less than \$20,000	33.8%	10.0%	3.1%	53.2%	33
\$20,000 - \$34,999	41.4%	18.8%	24.4%	15.4%	32
\$35,000 - \$49,999	52.7%	27.3%	9.4%	10.5%	40
\$50,000 - \$74,999	26.7%	57.8%	5.2%	10.3%	55
\$75,000 or more	34.2%	25.0%	26.8%	14.0%	56

### All Survey Items (weighted data)

## Number of drinks in past 30 days

	1-2 drinks	3-4 drinks	5-9 drinks	10-19 drinks	20-29 drinks	30-59 drinks	60 or more drinks	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	17.9%	14.3%	19.0%	12.4%	11.7%	13.4%	11.3%	222
Results by gender:								
Female	29.3%	15.4%	21.9%	13.6%	8.0%	5.7%	6.1%	137
Male	7.9%	13.4%	16.5%	11.4%	14.9%	20.1%	15.8%	85
Results by age:								
18-34								26
35-44	15.3%	7.0%	14.3%	7.0%	17.6%	14.6%	24.2%	30
45-54								25
55-64	22.4%	16.0%	19.0%	6.6%	14.8%	9.2%	12.0%	58
65-74	24.5%	11.8%	12.9%	26.0%	6.2%	8.4%	10.2%	44
75+	36.8%	20.0%	31.3%	5.5%	1.5%	5.0%	0.0%	39
Results by education level:								
Less than HS diploma, no GED								9
High school diploma or GED	17.0%	18.5%	14.8%	11.6%	14.0%	16.6%	7.5%	67
Some college, trade school, or Associate degree	17.2%	11.9%	27.2%	12.1%	15.0%	12.8%	3.9%	81
Bachelor's degree or higher	23.7%	16.0%	14.0%	8.5%	7.6%	14.7%	15.5%	65
Results by household income:								
Less than \$20,000	24.3%	2.7%	7.3%	23.0%	7.3%	6.1%	29.3%	31
\$20,000 - \$34,999	12.3%	22.7%	29.2%	9.7%	7.9%	1.8%	16.5%	32
\$35,000 - \$49,999	26.3%	20.4%	26.1%	7.5%	2.0%	10.1%	7.7%	37
\$50,000 - \$74,999	9.6%	20.0%	18.4%	10.8%	16.2%	20.3%	4.6%	53
\$75,000 or more	13.8%	7.1%	18.3%	13.6%	18.9%	16.3%	11.9%	55

# Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

	Heavy drinking	No drinking or not heavy	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	9.5%	90.5%	381
Results by gender:			
Female	7.4%	92.6%	246
Male	11.7%	88.3%	135
Results by age:			
18-34	12.5%	87.5%	38
35-44	23.4%	76.6%	34
45-54	3.5%	96.5%	35
55-64	11.4%	88.6%	79
65-74	5.4%	94.6%	89
75+	1.3%	98.7%	106
Results by education level:			
Less than HS diploma, no GED			22
High school diploma or GED	8.6%	91.4%	125
Some college, trade school, or Associate degree	4.5%	95.5%	141
Bachelor's degree or higher	11.7%	88.3%	90
Results by household income:			
Less than \$20,000	15.9%	84.1%	88
\$20,000 - \$34,999	10.8%	89.2%	64
\$35,000 - \$49,999	7.4%	92.6%	56
\$50,000 - \$74,999	3.4%	96.6%	69
\$75,000 or more	12.9%	87.1%	72

## Type of drinking behavior

	Heavy drinking	Drinking, but not heavy	No drinking	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	9.5%	58.8%	31.7%	381
Results by gender:				
Female	7.4%	55.2%	37.4%	246
Male	11.7%	62.4%	25.8%	135
Results by age:				
18-34	12.5%	60.0%	27.5%	38
35-44	23.4%	64.9%	11.6%	34
45-54	3.5%	72.8%	23.7%	35
55-64	11.4%	65.2%	23.4%	79
65-74	5.4%	47.4%	47.2%	89
75+	1.3%	41.0%	57.7%	106
Results by education level:				
Less than HS diploma, no GED				22
High school diploma or GED	8.6%	50.5%	41.0%	125
Some college, trade school, or Associate degree	4.5%	66.0%	29.6%	141
Bachelor's degree or higher	11.7%	63.8%	24.5%	90
Results by household income:				
Less than \$20,000	15.9%	31.5%	52.6%	88
\$20,000 - \$34,999	10.8%	47.9%	41.4%	64
\$35,000 - \$49,999	7.4%	66.5%	26.1%	56
\$50,000 - \$74,999	3.4%	70.8%	25.8%	69
\$75,000 or more	12.9%	71.2%	15.9%	72

# 54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

	Any binge drinking	No binge drinking	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	38.3%	61.7%	201
Results by gender:			
Female	30.0%	70.0%	130
Male	46.3%	53.7%	71
Results by age:			
18-34			22
35-44			29
45-54			28
55-64	31.7%	68.3%	51
65-74	21.4%	78.6%	39
75+	21.1%	78.9%	32
Results by education level:			
Less than HS diploma, no GED			7
High school diploma or GED	38.3%	61.7%	62
Some college, trade school, or Associate degree	30.4%	69.6%	80
Bachelor's degree or higher	43.0%	57.0%	52
Results by household income:			
Less than \$20,000			24
\$20,000 - \$34,999			29
\$35,000 - \$49,999	23.3%	76.7%	35
\$50,000 - \$74,999	32.2%	67.8%	53
\$75,000 or more	50.6%	49.4%	47

### 55. Do you ever drive a car or other vehicle?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	93.5%	6.5%	403
Results by gender:			
Female	94.9%	5.1%	260
Male	92.0%	8.0%	143
Results by age:			
18-34	93.8%	6.2%	38
35-44	100.0%	0.0%	35
45-54	94.8%	5.2%	41
55-64	92.3%	7.7%	82
65-74	96.6%	3.4%	93
75+	84.9%	15.1%	114
Results by education level:			
Less than HS diploma, no GED			21
High school diploma or GED	93.4%	6.6%	139
Some college, trade school, or Associate degree	95.4%	4.6%	147
Bachelor's degree or higher	98.7%	1.3%	91
Results by household income:			
Less than \$20,000	77.1%	22.9%	90
\$20,000 - \$34,999	97.5%	2.5%	68
\$35,000 - \$49,999	94.7%	5.3%	60
\$50,000 - \$74,999	97.9%	2.1%	74
\$75,000 or more	98.5%	1.5%	74

## 56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	3.7%	33.6%	57.2%	5.5%	359
Results by gender:					
Female	0.7%	35.8%	57.7%	5.8%	232
Male	6.8%	31.4%	56.6%	5.2%	127
Results by age:					
18-34	8.3%	58.6%	33.0%	0.0%	37
35-44	13.4%	39.8%	46.8%	0.0%	34
45-54	0.0%	49.6%	49.7%	0.8%	37
55-64	0.0%	24.4%	71.7%	3.9%	72
65-74	0.0%	10.4%	82.7%	6.9%	90
75+	0.0%	3.8%	70.3%	25.9%	89
Results by education level:					
Less than HS diploma, no GED					17
High school diploma or GED	5.1%	21.2%	62.5%	11.1%	118
Some college, trade school, or Associate degree	0.9%	35.6%	60.5%	3.0%	134
Bachelor's degree or higher	0.0%	48.6%	48.8%	2.6%	89
Results by household income:					
Less than \$20,000	14.5%	7.1%	62.5%	15.8%	73
\$20,000 - \$34,999	0.0%	12.0%	75.6%	12.4%	63
\$35,000 - \$49,999	0.0%	23.3%	73.7%	3.1%	55
\$50,000 - \$74,999	7.0%	43.0%	49.0%	1.0%	69
\$75,000 or more	0.0%	62.8%	34.6%	2.5%	70

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	
Lincoln County	%	%	%	%	N (Unweighted)
Overall results from 2015	3.3%	19.5%	72.0%	5.2%	359
Results by gender:					
Female	0.0%	18.0%	76.7%	5.3%	233
Male	6.8%	21.1%	67.0%	5.1%	126
Results by age:					
18-34	6.6%	41.6%	51.8%	0.0%	37
35-44	13.4%	26.6%	60.0%	0.0%	34
45-54	0.0%	28.2%	71.0%	0.8%	37
55-64	0.0%	7.9%	88.2%	3.9%	71
65-74	0.0%	0.0%	92.7%	7.3%	89
75+	0.0%	1.5%	75.8%	22.7%	91
Results by education level:					
Less than HS diploma, no GED					17
High school diploma or GED	5.0%	11.8%	71.9%	11.3%	120
Some college, trade school, or Associate degree	0.0%	18.9%	79.2%	1.9%	132
Bachelor's degree or higher	0.0%	32.3%	65.1%	2.6%	89
Results by household income:					
Less than \$20,000	14.7%	1.7%	69.7%	13.9%	72
\$20,000 - \$34,999	0.0%	3.7%	85.8%	10.5%	63
\$35,000 - \$49,999	0.0%	14.4%	81.3%	4.3%	55
\$50,000 - \$74,999	5.5%	35.0%	58.5%	1.0%	70
\$75,000 or more	0.0%	26.8%	70.7%	2.6%	69

56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
Lincoln County	%	%	%	%	(Unweighted)
Overall results from 2015	23.7%	50.6%	20.7%	5.0%	357
Results by gender:					
Female	15.9%	52.1%	26.8%	5.3%	230
Male	31.8%	49.1%	14.5%	4.6%	127
Results by age:					
18-34	38.1%	55.8%	6.1%	0.0%	37
35-44	33.7%	53.5%	12.8%	0.0%	33
45-54	44.7%	48.9%	5.6%	0.8%	37
55-64	12.4%	71.3%	12.4%	3.9%	72
65-74	1.8%	51.5%	40.9%	5.8%	89
75+	0.0%	17.7%	59.1%	23.2%	89
Results by education level:					
Less than HS diploma, no GED					16
High school diploma or GED	25.3%	31.1%	33.0%	10.5%	120
Some college, trade school, or Associate degree	21.7%	60.1%	16.2%	1.9%	132
Bachelor's degree or higher	22.0%	63.9%	11.4%	2.6%	88
Results by household income:					
Less than \$20,000	17.8%	24.8%	43.2%	14.2%	70
\$20,000 - \$34,999	9.1%	48.9%	31.3%	10.6%	62
\$35,000 - \$49,999	14.6%	60.2%	22.2%	3.0%	56
\$50,000 - \$74,999	41.8%	46.6%	10.5%	1.0%	70
\$75,000 or more	26.4%	64.0%	7.0%	2.6%	69

# 56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

	Often	Sometimes	Never	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	3.6%	37.4%	59.0%	359
Results by gender:				
Female	2.1%	36.7%	61.2%	234
Male	5.3%	38.1%	56.7%	125
Results by age:				
18-34	1.7%	46.4%	51.8%	37
35-44	13.4%	41.4%	45.2%	34
45-54	0.0%	44.1%	55.9%	37
55-64	6.2%	38.3%	55.6%	72
65-74	0.6%	32.6%	66.8%	90
75+	1.5%	14.6%	83.9%	89
Results by education level:				
Less than HS diploma, no GED				17
High school diploma or GED	2.2%	42.1%	55.7%	120
Some college, trade school, or Associate degree	1.4%	39.7%	58.8%	132
Bachelor's degree or higher	1.9%	33.6%	64.5%	89
Results by household income:				
Less than \$20,000	16.3%	10.1%	73.5%	72
\$20,000 - \$34,999	1.0%	25.4%	73.6%	63
\$35,000 - \$49,999	2.6%	40.0%	57.3%	56
\$50,000 - \$74,999	0.0%	56.5%	43.5%	70
\$75,000 or more	3.7%	41.1%	55.2%	69

## 56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

	Often	Sometimes	Never	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	2.0%	11.6%	86.4%	356
Results by gender:				
Female	0.0%	5.8%	94.2%	232
Male	4.0%	17.7%	78.3%	124
Results by age:				
18-34	0.0%	27.4%	72.6%	37
35-44	13.4%	11.5%	75.0%	34
45-54	0.0%	10.2%	89.8%	37
55-64	0.0%	9.2%	90.8%	73
65-74	0.0%	4.1%	95.9%	90
75+	0.0%	0.0%	100.0%	85
Results by education level:				
Less than HS diploma, no GED				17
High school diploma or GED	0.0%	8.9%	91.1%	117
Some college, trade school, or Associate degree	0.0%	10.8%	89.2%	132
Bachelor's degree or higher	0.0%	16.6%	83.4%	89
Results by household income:				
Less than \$20,000	14.8%	3.6%	81.6%	72
\$20,000 - \$34,999	0.0%	6.6%	93.4%	62
\$35,000 - \$49,999	0.0%	10.0%	90.0%	56
\$50,000 - \$74,999	0.0%	7.5%	92.5%	69
\$75,000 or more	0.0%	25.2%	74.8%	69

## 57. Do you own or rent your home?

	Own	Rent	Other arrangement	N
Lincoln County	%	%	%	(Unweighted)
Overall results from 2015	81.9%	13.2%	4.9%	400
Results by gender:				
Female	86.8%	7.2%	6.0%	254
Male	77.0%	19.1%	3.8%	146
Results by age:				
18-34	67.7%	24.1%	8.2%	38
35-44	84.2%	13.1%	2.6%	35
45-54	85.6%	6.8%	7.5%	39
55-64	91.7%	7.6%	0.7%	83
65-74	87.6%	8.3%	4.1%	94
75+	78.6%	16.5%	4.8%	111
Results by education level:				
Less than HS diploma, no GED				22
High school diploma or GED	80.7%	12.7%	6.6%	135
Some college, trade school, or Associate degree	83.5%	11.7%	4.8%	149
Bachelor's degree or higher	91.5%	5.1%	3.5%	91
Results by household income:				
Less than \$20,000	46.6%	48.6%	4.9%	91
\$20,000 - \$34,999	85.5%	11.2%	3.3%	67
\$35,000 - \$49,999	88.4%	8.9%	2.7%	60
\$50,000 - \$74,999	85.4%	6.5%	8.1%	73
\$75,000 or more	99.1%	0.4%	0.4%	74

## 58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	9.4%	90.6%	389
Results by gender:			
Female	6.0%	94.0%	247
Male	12.6%	87.4%	142
Results by age:			
18-34	9.3%	90.7%	38
35-44	13.1%	86.9%	35
45-54	6.1%	93.9%	39
55-64	4.4%	95.6%	78
65-74	6.0%	94.0%	90
75+	17.9%	82.1%	109
Results by education level:			
Less than HS diploma, no GED			21
High school diploma or GED	8.6%	91.4%	131
Some college, trade school, or Associate degree	5.8%	94.2%	145
Bachelor's degree or higher	3.1%	96.9%	87
Results by household income:			
Less than \$20,000	41.3%	58.7%	89
\$20,000 - \$34,999	9.4%	90.6%	64
\$35,000 - \$49,999	2.4%	97.6%	59
\$50,000 - \$74,999	0.4%	99.6%	69
\$75,000 or more	0.9%	99.1%	73

### 59. Does anyone ever smoke tobacco in any of the following areas in your building?

	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above checked	N
Lincoln County	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	49.0%	23.3%	22.6%	21.8%	20.7%	37.4%	35.8%	44
Results by gender:								
Female								25
Male								19
Results by age:								
18-34								2
35-44								1
45-54								4
55-64								5
65-74								8
75+								24
Results by education level:								
Less than HS diploma, no GED								6
High school diploma or GED								20
Some college, trade school, or Associate degree								13
Bachelor's degree or higher								2
Results by household income:								
Less than \$20,000								27
\$20,000 - \$34,999								5
\$35,000 - \$49,999								3
\$50,000 - \$74,999								1
\$75,000 or more								2

## 60. Do you have access to at least one working car or other vehicle to use when you need to?

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2015	97.7%	2.3%	409
Results by gender:			
Female	96.5%	3.5%	262
Male	99.0%	1.0%	147
Results by age:			
18-34	100.0%	0.0%	38
35-44	100.0%	0.0%	35
45-54	99.3%	0.7%	41
55-64	97.9%	2.1%	83
65-74	100.0%	0.0%	94
75+	89.8%	10.2%	118
Results by education level:			
Less than HS diploma, no GED			23
High school diploma or GED	97.5%	2.5%	140
Some college, trade school, or Associate degree	96.9%	3.1%	151
Bachelor's degree or higher	100.0%	0.0%	91
Results by household income:			
Less than \$20,000	92.3%	7.7%	93
\$20,000 - \$34,999	100.0%	0.0%	68
\$35,000 - \$49,999	97.9%	2.1%	60
\$50,000 - \$74,999	100.0%	0.0%	74
\$75,000 or more	99.6%	0.4%	74

## 71. Employment status

	Yes	No	N
Lincoln County	%	%	(Unweighted)
Overall results from 2010	61.8%	38.2%	491
Overall results from 2015	61.5%	38.5%	411
Results by gender:			
Female	56.4%	43.6%	264
Male	66.7%	33.3%	147
Results by age:			
18-34	81.5%	18.5%	38
35-44	72.5%	27.5%	35
45-54	90.4%	9.6%	41
55-64	71.5%	28.5%	83
65-74	39.0%	61.0%	94
75+	8.2%	91.8%	120
Results by education level:			
Less than HS diploma, no GED			24
High school diploma or GED	49.6%	50.4%	140
Some college, trade school, or Associate degree	75.9%	24.1%	151
Bachelor's degree or higher	67.9%	32.1%	91
Results by household income:			
Less than \$20,000	22.3%	77.7%	94
\$20,000 - \$34,999	47.2%	52.8%	69
\$35,000 - \$49,999	65.0%	35.0%	60
\$50,000 - \$74,999	80.6%	19.4%	74
\$75,000 or more	82.0%	18.0%	74

# Appendix

**Survey instrument** 

## Southwest Minnesota Healthy Communities Survey

### **SURVEY INSTRUCTIONS**





- Please use #2 pencil or blue or black pen to complete this survey.
- Do not use red pencil or ink.
- Do not use X's or check marks to indicate your responses.
- Fill response ovals completely with heavy, dark marks.

Please give this survey to the adult (age 18 or over) in the household who has most recently had a hirthday

_		say that your heal		0	0 -			
	Excellent	O Very good	O Good	O Fair	O Poor			
		old by a doctor or one following health		rofessional	N	o Y	only	, but during nancy
a.	High blood press	ure/hypertension				) (		
b.	Pre-hypertension	,,					$\sim$	$\supset$
c.	Diabetes					) (		$\supset$
d.	Pre-diabetes					) (		$\supset$
e.	Overweight					) (	$\supset$	
f.	Cancer					) (	C	
g.	Chronic lung dise	ease (including COP	D, chronic bronchi	tis or emphysema)		$\overline{}$	C	
	Heart trouble or a					) (	C	
i.	Stroke or stroke-re	elated health proble	ms			) (		
j.	High cholesterol	or triglycerides				) (	C	
k.	Arthritis					) (	C	
l.	Depression					) (	C	
m.	Anxiety or panic a						C	
n.	Other mental hea	lth problems					C	
	Obesity							
p.	Asthma					) (	$\supset$	
. Thi		physical health, wh r physical health <u>no</u>		al illness and injur	y, for how m	any days d	uring the	
. Thii	30 days was you	r physical health <u>no</u>	ot good?	20 20 23 24 25 26 Within	22 28 29 30 (Within	days Within	uring the Five or more	
. Thii	30 days was your	r physical health <u>no</u>	ot good?	<b>9</b> 9 9 9 9 9 9	₩ithin	days	Five or	Never
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a. b. c. d. e. f. g.	en was the last tin a flu shot? a dental exam a hearing test? an eye exam? your blood pre your blood sug	r physical health no () (7 (8 (9 (10 to 10	ot good? 3 (4) (5) (6) (7) (8) (9) (	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	0
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a. b. c. d. e. f. g. h.	en was the last tin  a flu shot?  a dental exam  a hearing test?  an eye exam?  your blood pre  your blood sug  any screening f  proctoscopic ex  a prostate exam	r physical health no r physical health no r physical health no r color (a mark) (a mark) (a mark) (a mark) r checked? sar checked? for skin cancer? for colon cancer? Examo, sigmoidoscopy, n (men only)?	et good?  3 (4) (5) (6) (7) (8) (9) (9)  ed?	Within the past year  O O O O O O O O O O O O O O O O O O	Within the past 2 years	Within the past 5 years	Five or more years ago	0
a. b. c. d. e. f. g. h.	en was the last tin  a flu shot?  a dental exam  a hearing test?  an eye exam?  your blood pre  your blood sug  any screening f  proctoscopic ex  a prostate exan  a Pap test (wor	r physical health no r physical health no r physical health no r color (and the same ssure checked? sor your teeth cleaned ssure checked? for skin cancer? for skin cancer? for colon cancer? Exam, sigmoidoscopy, n (men only)? men only)?	et good?  3 (4) (5) (6) (7) (8) (9) (9)  ed?	Within the past year  O O O O O O O O O O O O O O O O O O	Within the past 2 years	Within the past 5 years	Five or more years ago	0
a. b. c. d. e. f. g. h. i.	en was the last tin  a flu shot?  a dental exam  a hearing test?  your blood pre  your blood cho  your blood sug  any screening f  proctoscopic ex  a prostate exam  a Pap test (wor  a mammogram	r physical health no.  7 (a) (b) (c) (c) (d) (c) (d) (d) (d) (d) (d) (d) (d) (d) (d) (d	et good?  3 (4) (5) (6) (7) (8) (9) (9)  ed?	Within the past year  O O O O O O O O O O O O O O O O O O	Within the past 2 years  O O O O O O O O O O O O O O O O O O O	Within the past 5 years	Five or more years ago	000000000000000000000000000000000000000
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5.	If you have not had a general health exam within the past 1 or 2 years, why not?  I could not get an appointment I had transportation problems I did not need one It cost too much I did not have insurance My insurance did not cover it Other reason	12. Thinking about your mental health, which includes s depression, and problems with emotions, for how m days during the past 30 days was your mental health not good?  Number of days my mental health was not good  Write the number in the boxes, then fill in 4				
6.	During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?  ○ Yes ○ No ▶ IF NO, GO TO QUESTION 8 ▼	the appropriate circle beneath each box.  5  6  7  8  9				
8.	Did the doctor, nurse, or other health professional discuss with you or ask you about your:  (Mark ALL that apply)  Physical activity Diet or nutrition Weight Smoking or other tobacco use Stress Mental health concerns  During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?  Yes No ► IF NO, GO TO QUESTION 10  Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply)  I could not get an appointment I had transportation problems I did not think it was serious enough It cost too much I did not have insurance My insurance did not cover it Other reason	<ul> <li>13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?  Yes No IF NO, GO TO QUESTION  14. Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply)  I could not get an appointment  I had transportation problems  I was too nervous or afraid  I did not think it was serious enough  It cost too much  I did not have insurance  My insurance did not cover it  I did not know where to go  Other reason  15. In the past 6 months, which statement best describes medications prescribed for you?  I had no medications prescribed for me and I filled All of the prescriptions. GO TO QUESTION 17</li> </ul>				
10.	During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?  ○ Yes ○ No ► IF NO, GO TO QUESTION 12	<ul> <li>I had medications prescribed for me and I did not fill at least one of them.</li> <li>16. Why did you not fill at least one prescription for medication? (Mark ALL that apply)</li> <li>I did not have insurance</li> </ul>				
11.	Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)  I could not get an appointment  I had transportation problems  I was too nervous or afraid  It cost too much  I did not have insurance  The dentist would not accept my insurance  I did not know where to go	It cost too much I do not like taking medications I did not think I needed the medication I did not know where to go I had transportation problems I did not like the side effects Other reason				

77. Do you currently have any of the following types of health insurances				
(Please mark yes or no for each.)			Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or so	meone else'	s employer	0	0
b. Health insurance or coverage bought directly by yourself or your family (not through a			ŏ	ŏ
c. Indian or Tribal Health Service	1 / /		Ŏ	Ŏ
d. Medicare			Ŏ	0
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)			Ŏ	Ŏ
f. MinnesotaCare			Ō	0
g. Minnesota Comprehensive Health Association (MCHA)			0000	0
h. CHAMPUS, TRICARE, or Veterans' benefits			0	0
i. Other health insurance or coverage (please specify):			0	0
j. NO health insurance coverage			0	0
19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. How many servings of fruit did you have vesterday?  20. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have vesterday?	s one cup of	vegetables g french frie f salad green of any othe How many	es-	rvings
		yesterday?		3 4 5 6 7 8 9
22. How many glasses of each of the following did you drink <u>yesterday</u> ?  Think of a "glass" as a 12-oz. serving.  0 1-2	3-4	5-6		7 or more
a. Milk	$\circ$	$\bigcirc$		$\bigcirc$
b. Pop or soda (regular)	Ŏ	Ŏ		Ŏ
c. Pop or soda (diet)	Ŏ	Ŏ		Ŏ
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	Ŏ	Ö		Ŏ
24. In an average week, how many times do you do the following?  0 times	1-2	3-4 5- times tim		7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell,				
pizza places, etc.)	0	0 0		0
b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	O	0 0	)	O
c. Eat a meal from Meals on Wheels	0	0 0	)	0
d. Eat a meal from Senior dining/Senior meals	0	0 0	)	0 0 0
e. Eat a meal at a community setting such as a church	Ō	0 0	)	Ŏ
f. Eat a home-cooked meal	0	0 0	)	$\circ$
g. Watch television during meal time	0	0 0	)	0

24.	In a typical month, how often do you or others in your household buy or get food from the following places?		Never or less than one time per month	About one time per	About two or three times per month	About one time	Two or more times per week
	a. Supermarket or large grocery store		0	0	0	0	$\circ$
	b. Small grocery store		0	0	0	0	0
	c. Convenience store or gas station		0	0	0	0	0
	d. Grocery delivery service		$\circ$	$\circ$	0	0	0
	e. Food shelf or food pantry		0	0	0	0	O
	f. Some other place		0	0	0	0	0
25.	During the growing season, how often do you or other your household buy or get food from the following pla		Never or less than one time per month	About one time per	About two or three times per month	About	Two or more times per week
	a. Farmer's market, fruit/vegetable stand		O	O	O	O	O
	b. Local farm or CSA (community supported agriculture)		O	0	O	0	0
	c. Food grown at home or in a community garden		0	0	0	0	$\circ$
26	How far do you usually go (one way) to get your	27 LI	ow often de v	VOLUMENTA NO SEC	moal co	akad at ba	ma fram
20.	groceries?		ow often do y asic ingredien				
			_	its, sucii as	•	-	
	O Less than 2 miles O 11-20 miles	C	Every day	_	_	ys per wee	
	○ 2-6 miles ○ 21-30 miles	C	) 5-6 days pe		_	nan 1 day p	er week
	7-10 miles Over 30 miles	C	) 3-4 days pe	r week	Never	•	
28.	How comfortable are you with your skills in  afollowing a recipe? bmeasuring ingredients? ccutting and mixing ingredients? dusing different methods to cook foods, such as boiling stir-frying or grilling?	, baking,	0	Some able comfo	ortable cor	lot very mfortable	Not at all comfortable
29.	During the past 12 months, how often did you worry to your food would run out before you had money to buy to Often		30. During commo	unity food s	shelf progra		sed a
31.	Please mark the extent to which you agree or disagree with the following statements.			Strongly agree	Agree	Disagree	Strongly disagree
	a. There is a large selection of fresh fruits and vegetables w			O	O	O	O
	b. The fresh fruits and vegetables available where I usually				O	0	0
	c. The fresh fruits and vegetables where I usually shop are	too expe	ensive.	O	O	O	0
_	d. Fruits and vegetables are difficult to prepare.			0	0	0	0
	e. Fruits and vegetables spoil quickly.					$\circ$	0

32.		ring the <u>past 50 days,</u> other than your regular job, did you ming, calisthenics, golf, gardening or walking for exercise?		iny physicai	activity or	exerc	ise su	ich as
		Yes O No						
33.	hor mo on hea	ring an average week, other than your regular job, w many days do you get at least 30 minutes of oderate physical activity? Moderate activities cause ly light sweating and a small increase in breathing or art rate.  0 days	vigorous p	days do yo hysical acti eating and a	wiget at lead vity? Vigoro large increadys 4	st 20 pous accuse in days	minu tivitie breat	tes of es cause
	O O Ple	At home At a health club, fitness center, or gym At work At a public recreation facility or common Not applicable—I do not do or I am unable to do physical at resource or facility.	unity center activities	O Somew O Some o	·			
			Does you	r community	have this?	If ye	s, do	you use it?
	Reso	ources and Facilities	Don't know	My community does not have this	My community has this	ı	use this	I do not use this
	a.	Walking paths or trails	Ö	0	$\circ$ —	•	0	0
		Bicycle paths, shared use paths or bike lanes	O	O	0—	•	Ö	O
		Public swimming pools or water parks	Ŏ	Ŏ	$\tilde{\circ}$ —		Ŏ	
		Public recreation or community centers	Ŏ	Ŏ	$\tilde{\circ}$ —		Ŏ	$\tilde{\circ}$
		Parks or sports fields	Ŏ	Ŏ	$\check{\circ}$ —		ŏ	0
		Schools, colleges or universities that are open	Ŏ	Ŏ	$\tilde{\circ}$ —		ŏ	$\tilde{}$
	••	for public use for exercise or physical activity	<u> </u>	<u> </u>	O			
	g.	A shopping mall or store for physical activity or walking	0	0	O —		0	0
		Health club, fitness center, or wellness center (YMCA,	Ö	Ö	$\tilde{\circ}$		ŏ	Ö
	11.	Curves, Snap Fitness, Anytime Fitness, etc.)						
	i.	Nearby waterways, such as creeks, rivers, and lakes for water-		$\circ$	0-		$\bigcirc$	
	1.	related activities (canoeing, swimming, kayaking, etc.)		0	O		0	
37.	of	ow much of a problem are the following factors for <u>you</u> in preventing you from being more physically active?	terms	Not prob	lem pro	small oblem		A big problem
		Lack of time		C		$\circ$		0
		Lack of programs, leaders or facilities		C		$\mathcal{O}$		
		No one to exercise with	an faas	C		$\mathcal{O}$		
		The cost of fitness programs, gym memberships or admission		times				
	e.	Public facilities (schools, sports fields, etc.) are not open or want to use them	available at the	times I	)	O		O
	f.	Long-term illness, injury or disability		С	)	0		0
	g.	Distance I have to travel to a place where I can be physical	lly active	Č	)	0		0 0 0
	h.	No safe place to exercise		Č		0		O
		Lack of self-discipline or willpower		Č		Ŏ		Õ
	j.	Not having sidewalks or walking paths/trails		C		Ŏ		$\widetilde{\mathcal{C}}$
	,	Poor maintenance of sidewalks or walking paths/trails		Č		$\tilde{c}$		$\sim$
	Ι.	Sidewalks/paths/trails are icy or not shoveled						
	n.	Other reasons		C				
	111.	Other reasons						

38.	We are interested in how much "screen time" people get. On average, while	e you are <u>not</u> at wor	k or school, ho	w
 	many TOTAL hours <u>or</u> minutes per day do you spend:	Total hours C	OR To	tal
l	Using a computer, tablet or smart phone	per day	mi	nutes
I	Watching TV or movies	D (1)	① ① pe	r day
l		2 2	22	
1	Playing online, video or computer games or games on a smart phone	3	33	
1	Texting, emailing or messaging other ways	4	44	
1	Any other screen activities	(5) (6)	66	
· 		Ø Ø	99	
I		8	88	
		9	99	
39.	Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes  ○ Yes  ○ No ► GO TO QUESTION 44	= 5 packs)		
40.	Do you now smoke cigarettes every day, some days, or not at all?			
1	<ul><li>○ Every day</li><li>○ Some days</li><li>○ Not at all ► GO TO QUEST</li></ul>	ION 43		
41.	During the past 12 months, have you stopped smoking for one day or longe	r because vou were t	rving to quit?	
	O Yes O No	. seeduse you were	arying to quite	
42.	If you have tried to quit smoking cigarettes, why hasn't it worked? (Mark A.	II that apply )		
	I am not sure how to quit or where to go for help	LE triat appry.)		
	Quit aids such as gum, lozenges, prescriptions, etc. are too expensive			
I	I live with someone who also smokes and who doesn't want to quit			
	I don't want to quit			
l	☐ I haven't tried to quit ► GO TO QUESTION 44			
I	Other reason			
43.	The last time you tried to quit smoking (or when you quit for good), did you	ı use	Yes	No
l	a any nicotine replacement product, such as gum, a patch, a nasal spray, an		0	0
1	<ul><li>b a prescription medication like Zyban, Wellbutrin, or Chantix to help you q</li><li>c a stop-smoking clinic or class?</li></ul>	uit smoking?	0	
 	d a quit-smoking telephone help line?			
' 	e an on-line or web-based counseling service?		0	
· 	f face-to-face counseling?		Ö	Ö
	g some other program or service?		Ŏ	Ŏ
	h. I quit without any help from any of these.		Ö	Ŏ
11	How often do you use any of the following products?			
44.	a. Cigars, cigarillos, or little cigars	Every day	Some days	Neve
' 	b. Pipes	0	0	0
· 	c. Snuff, snus or chewing tobacco	Ö	Ö	Ö
	d. E-cigarettes	Ŏ	Ŏ	Õ
I	e. Any other type of tobacco product	Ö	Ö	0
	f. Marijuana	0	0	0
·   				
45.	Does anyone, including yourself, regularly smoke tobacco (not including e-	cigarettes) <u>inside</u> you	r home?	
 	○ Yes ○ No			
			, , , , , ,	ı•
46.	In the past 7 days, have you been in a car or other vehicle with someone w e-cigarettes)?	no was smoking toba	cco (not includ	ling
, I	○ Yes ○ No			
I	6			

47.	In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?  ○ Yes ○ No ▶ IF NO, GO TO QUESTION 49 ▼	49. In Minnesota, have you ever seen anyone smoke an e-cigarette?  ○ Yes ○ No ► IF NO, GO TO QUESTION 51 ▼
48.	The last time this happened in Minnesota, where were you? (Please mark only ONE)  A restaurant's or bar's outdoor area  An outdoor shopping mall or strip mall  A park or outdoor recreation area  A parking lot  An outdoor community sports event  A sidewalk or building entrance  Somewhere else outdoors  Some other place	50. Where have you seen people smoke e-cigarettes in Minnesota? (Mark ALL that apply)  Someone's home or car (including your own) Your workplace A restaurant or bar A business or shopping area A park or outdoor recreation area A parking lot An outdoor community sports event A sidewalk or building entrance Somewhere else indoors Somewhere else outdoors
51.	During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?	54. Considering all types of alcoholic beverages, how many times during the past 30 days did you have?
	Yes ○ No ► IF NO, GO TO QUESTION 55	FOR FEMALES: FOR MALES:
	During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?  During the past 30 days, on the days when you drank, about how many drinks did you drink on average?  (A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)  1 drink  2 drinks  7 drinks  3 drinks  9 drinks  10 drinks or more	4 or more drinks on an occasion  Times  Times  O O O O O O O O O O O O O O O O O O O
	Do you ever <u>drive</u> a car or other vehicle?  ○ Yes ○ No ► IF NO, GO TO QUESTION 57  When DRIVING a car or other vehicle, how often do	Not applicables I don't have a you Often Sometimes Never cell phone
30.	When DRIVING a car or other vehicle, how often do aread incoming text messages or emails?	
	bsend text messages or emails?	0 0 0
	<ul><li>cmake or answer a phone call?</li><li>ddo other activities such as eat, read, apply makeup of</li></ul>	or shave?
	edrive when you have perhaps had too much to drin	

57.	Do you own or rent your home?	66. How tall are you	67. Approximately how
•	Own Rent Other arrangement	without shoes?	much do you weigh?
	Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?  Yes  No ► GO TO QUESTION 60  Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)  Apartments  Lobby or lounge areas  Hallways  Party rooms  Laundry rooms  On patios or balconies	Feet	Pounds    O   O   O     O   O     O   O     O   O
60.	Do you have access to at least one <i>working</i> car or other vehicle to use when you need to?	68. <u>Including yourself</u> , how m household?	any adults live in your
	○ Yes ○ No	Number of Adults:	
•		123456780	9 (1) (1) or more
61.	Are you:		
		69. What is the highest level of completed? (Please mark	
62.	Your age group:	Oid not complete 8th	grade
	<ul><li>○ 18-24</li><li>○ 35-44</li><li>○ 55-64</li><li>○ 75+</li><li>○ 25-34</li><li>○ 45-54</li><li>○ 65-74</li></ul>	<ul><li>Did not complete high</li><li>High school diploma/O</li><li>Trade/Vocational scho</li><li>Some college</li></ul>	GED
63.	Are you of Hispanic or Latino origin?	Associate degree	
	○ Yes ○ No	<ul><li>Bachelor's degree</li><li>Graduate/Professional</li></ul>	degree
64.	Which of the following best describes you?	70. Household income per year	יאכ
	(Mark ALL that apply)  American Indian	Less than \$20,000	ш.•
•	Asian or Pacific Islander	\$20,000 - \$34,999	
•	<ul><li>Black or African American or African</li><li>White</li></ul>	\$35,000 - \$49,999 \$50,000 - \$74,999	
•	Other	\$75,000 - \$99,999	
		\$100,000 or more	
65.	<b>Do you think of your as?</b> (Mark ALL that apply)  O Heterosexual or straight	71. Are you currently (Mark	ALL that apply)
	Gay, lesbian, or homosexual Bisexual	<ul><li>Employed</li><li>Self-employed or farm</li></ul>	or
•	O Bisexual O Transgender	<ul><li>Unemployed or out of</li></ul>	
•		<ul><li>A homemaker or stay-</li></ul>	
		<ul><li>○ A student</li><li>○ Retired</li></ul>	
		<ul><li>Unable to work becau</li></ul>	se of a disability

Thank you for completing this survey!