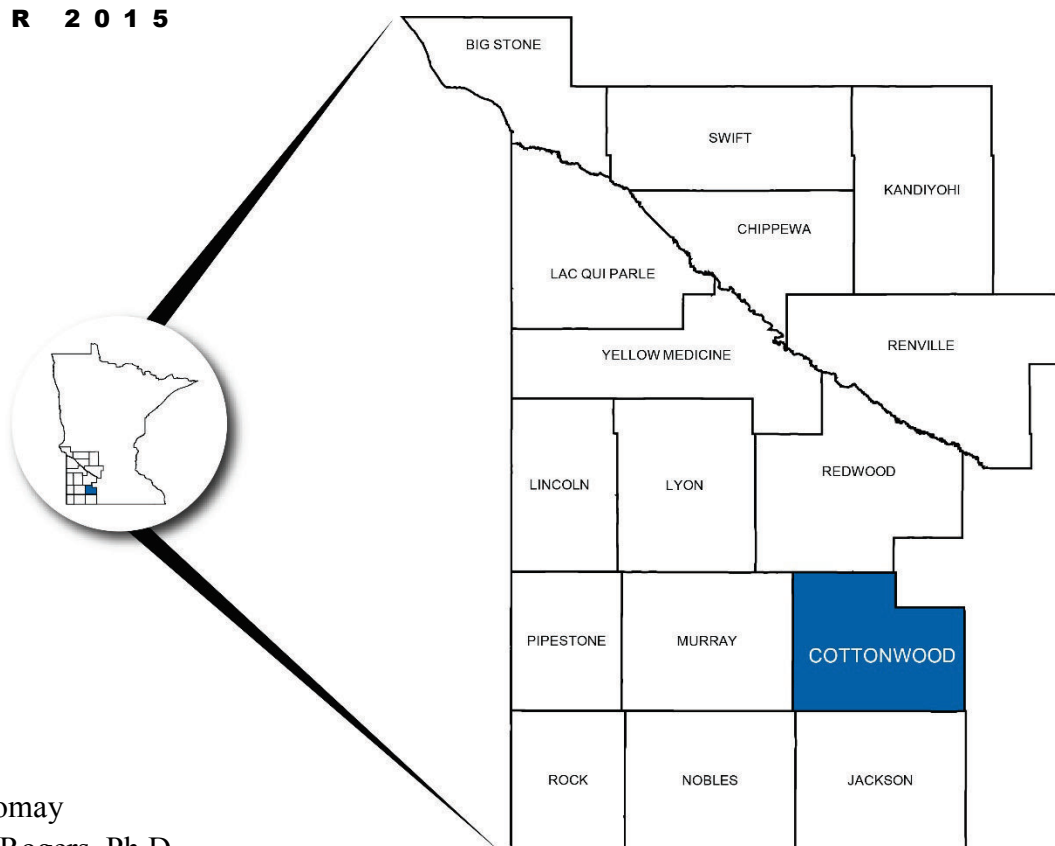


Data Book for Cottonwood County

2015 Southwest/South Central MN Adult Health Survey

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The following Wilder Research staff worked on this study.

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Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered English-language questionnaire. See the Appendix for the survey instrument.

Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the “most recent birthday” method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

Completed surveys

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

1. Southwest/South Central MN Adult Health Survey sample and respondents

Area No.	Reporting area (County)	Population of area ^a	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error ^b
1	Big Stone	5,122	1,200	351	29.9%	7.0%
2	Chippewa	12,093	1,200	285	24.2%	8.1%
3	Cottonwood	11,616	1,500	456	31.0%	6.6%
4	Jackson	10,260	1,500	429	29.5%	6.4%
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%
7	Lincoln	5,830	1,200	412	34.8%	6.6%
8	Lyon	25,487	1,200	339	28.9%	7.2%
9	Murray	8,533	1,200	418	35.0%	6.4%
10	Nobles	21,617	1,500	448	30.4%	6.6%
11	Pipestone	9,270	1,200	328	27.8%	8.0%
12	Redwood	15,744	1,200	361	30.7%	6.9%
13	Renville	15,166	1,200	387	32.9%	7.0%
14	Rock	9,520	1,200	361	30.8%	7.4%
15	Swift	9,546	1,200	373	31.3%	7.2%
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%
All		219,284	20,100	6,019	30.5%	1.9%

^a Most recent data (2013) from MN Compass

^b The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.

Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

How to use this data book

The “area of focus” for this data book is **Cottonwood County**. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from Cottonwood County based on:

- Gender
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher
- Annual household income ranges including less than \$20,000, \$20,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, \$75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

Survey findings

[Data tables](#)

Demographics

61. Gender (Unweighted)

	Female	Male	N (Unweighted)
<i>Cottonwood County</i>	%	%	
Overall results from 2010	66.5%	33.5%	498
Overall results from 2015	61.0%	39.0%	456
Results by age:			
18-34	---	---	28
35-44	86.5%	13.5%	37
45-54	67.4%	32.6%	46
55-64	50.0%	50.0%	116
65-74	57.8%	42.2%	109
75+	64.2%	35.8%	120
Results by education level:			
Less than HS diploma, no GED	63.6%	36.4%	33
High school diploma or GED	64.2%	35.8%	159
Some college, trade school, or Associate degree	60.3%	39.7%	156
Bachelor's degree or higher	55.2%	44.8%	105
Results by household income:			
Less than \$20,000	72.0%	28.0%	75
\$20,000 - \$34,999	61.3%	38.7%	93
\$35,000 - \$49,999	47.9%	52.1%	71
\$50,000 - \$74,999	57.6%	42.4%	85
\$75,000 or more	60.2%	39.8%	88

61. Gender (Weighted)

	Female	Male	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	52.7%	47.3%	498
Overall results from 2015	51.6%	48.4%	456
Results by age:			
18-34	---	---	28
35-44	51.3%	48.7%	37
45-54	48.8%	51.2%	46
55-64	50.0%	50.0%	116
65-74	52.1%	47.9%	109
75+	60.9%	39.1%	120
Results by education level:			
Less than HS diploma, no GED	48.5%	51.5%	33
High school diploma or GED	49.7%	50.3%	159
Some college, trade school, or Associate degree	56.0%	44.0%	156
Bachelor's degree or higher	48.4%	51.6%	105
Results by household income:			
Less than \$20,000	56.0%	44.0%	75
\$20,000 - \$34,999	57.1%	42.9%	93
\$35,000 - \$49,999	38.4%	61.6%	71
\$50,000 - \$74,999	44.3%	55.7%	85
\$75,000 or more	58.3%	41.7%	88

Demographics

62. Age group (Unweighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
<i>Cottonwood County</i>	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	10.7%	8.1%	18.8%	19.8%	18.0%	24.6%	495
Overall results from 2015	6.1%	8.1%	10.1%	25.4%	23.9%	26.3%	456
Results by gender:							
Female	6.1%	11.5%	11.2%	20.9%	22.7%	27.7%	278
Male	6.2%	2.8%	8.4%	32.6%	25.8%	24.2%	178
Results by education level:							
Less than HS diploma, no GED	0.0%	6.1%	0.0%	3.0%	39.4%	51.5%	33
High school diploma or GED	3.1%	3.8%	4.4%	23.9%	27.0%	37.7%	159
Some college, trade school, or Associate degree	8.3%	7.7%	14.7%	32.7%	19.9%	16.7%	156
Bachelor's degree or higher	9.5%	16.2%	15.2%	24.8%	21.0%	13.3%	105
Results by household income:							
Less than \$20,000	4.0%	5.3%	10.7%	17.3%	33.3%	29.3%	75
\$20,000 - \$34,999	4.3%	5.4%	7.5%	19.4%	24.7%	38.7%	93
\$35,000 - \$49,999	8.5%	5.6%	7.0%	25.4%	31.0%	22.5%	71
\$50,000 - \$74,999	9.4%	8.2%	14.1%	32.9%	16.5%	18.8%	85
\$75,000 or more	8.0%	18.2%	15.9%	35.2%	18.2%	4.5%	88

Demographics

62. Age group (Weighted)

	18-34	35-44	45-54	55-64	65-74	75+	N
<i>Cottonwood County</i>	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	19.3%	15.3%	21.1%	18.5%	11.0%	14.9%	495
Overall results from 2015	21.2%	14.3%	18.8%	17.6%	12.3%	15.7%	456
Results by gender:							
Female	20.0%	14.2%	17.8%	17.1%	12.4%	18.5%	278
Male	22.6%	14.4%	19.9%	18.2%	12.2%	12.7%	178
Results by education level:							
Less than HS diploma, no GED	0.0%	20.6%	0.0%	3.7%	30.8%	45.0%	33
High school diploma or GED	17.8%	13.2%	10.8%	17.3%	15.9%	25.0%	159
Some college, trade school, or Associate degree	23.9%	7.8%	25.7%	22.4%	10.1%	10.1%	156
Bachelor's degree or higher	25.4%	22.6%	22.8%	14.5%	8.2%	6.5%	105
Results by household income:							
Less than \$20,000	14.6%	8.4%	31.2%	11.9%	17.0%	16.9%	75
\$20,000 - \$34,999	17.0%	9.5%	12.5%	15.6%	16.1%	29.3%	93
\$35,000 - \$49,999	29.8%	19.2%	8.7%	15.6%	14.5%	12.1%	71
\$50,000 - \$74,999	28.7%	12.8%	19.4%	20.7%	7.3%	11.1%	85
\$75,000 or more	19.8%	21.4%	27.8%	20.2%	8.7%	2.1%	88

Demographics

64. Race / Ethnicity (Unweighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	
Overall results from 2010	0.4%	1.0%	0.2%	1.0%	98.2%	1.2%	497
Overall results from 2015	0.2%	0.9%	0.4%	0.0%	98.4%	0.4%	450
Results by gender:							
Female	0.0%	0.7%	0.0%	0.0%	99.3%	0.4%	276
Male	0.6%	1.1%	1.1%	0.0%	97.1%	0.6%	174
Results by age:							
18-34	---	---	---	---	---	---	28
35-44	0.0%	2.7%	0.0%	0.0%	94.6%	2.7%	37
45-54	2.2%	2.2%	2.2%	0.0%	95.7%	0.0%	46
55-64	0.0%	0.9%	0.9%	0.0%	98.2%	0.0%	113
65-74	0.0%	0.0%	0.0%	0.0%	100.0%	0.9%	109
75+	0.0%	0.9%	0.0%	0.0%	99.1%	0.0%	117
Results by education level:							
Less than HS diploma, no GED	0.0%	3.0%	0.0%	0.0%	93.9%	3.0%	33
High school diploma or GED	0.0%	0.6%	0.6%	0.0%	98.7%	0.0%	159
Some college, trade school, or Associate degree	0.7%	0.7%	0.0%	0.0%	99.3%	0.0%	152
Bachelor's degree or higher	0.0%	0.0%	1.0%	0.0%	99.0%	1.0%	103
Results by household income:							
Less than \$20,000	1.4%	2.7%	0.0%	0.0%	97.3%	1.4%	74
\$20,000 - \$34,999	0.0%	0.0%	1.1%	0.0%	97.8%	1.1%	92
\$35,000 - \$49,999	0.0%	1.4%	0.0%	0.0%	98.6%	0.0%	71
\$50,000 - \$74,999	0.0%	0.0%	1.2%	0.0%	98.8%	0.0%	84
\$75,000 or more	0.0%	1.1%	0.0%	0.0%	98.9%	0.0%	88

Demographics

64. Race / Ethnicity (Weighted)

	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	
Overall results from 2010	0.2%	2.3%	0.1%	1.3%	97.0%	1.2%	497
Overall results from 2015	0.4%	2.3%	1.0%	0.0%	95.8%	0.8%	450
Results by gender:							
Female	0.0%	0.7%	0.0%	0.0%	99.3%	0.1%	276
Male	0.8%	4.1%	2.2%	0.0%	92.1%	1.6%	174
Results by age:							
18-34	---	---	---	---	---	---	28
35-44	0.0%	5.4%	0.0%	0.0%	89.2%	5.4%	37
45-54	2.1%	6.4%	4.3%	0.0%	89.3%	0.0%	46
55-64	0.0%	0.9%	1.4%	0.0%	97.7%	0.0%	113
65-74	0.0%	0.0%	0.0%	0.0%	100.0%	0.5%	109
75+	0.0%	1.2%	0.0%	0.0%	98.8%	0.0%	117
Results by education level:							
Less than HS diploma, no GED	0.0%	3.7%	0.0%	0.0%	78.5%	17.9%	33
High school diploma or GED	0.0%	2.4%	0.7%	0.0%	96.9%	0.0%	159
Some college, trade school, or Associate degree	1.2%	3.6%	0.0%	0.0%	96.4%	0.0%	152
Bachelor's degree or higher	0.0%	0.0%	2.8%	0.0%	97.2%	0.2%	103
Results by household income:							
Less than \$20,000	2.9%	2.4%	0.0%	0.0%	97.6%	0.4%	74
\$20,000 - \$34,999	0.0%	0.0%	1.5%	0.0%	93.4%	5.0%	92
\$35,000 - \$49,999	0.0%	4.2%	0.0%	0.0%	95.8%	0.0%	71
\$50,000 - \$74,999	0.0%	0.0%	3.7%	0.0%	96.3%	0.0%	84
\$75,000 or more	0.0%	5.0%	0.0%	0.0%	95.0%	0.0%	88

Demographics

65. Sexual orientation / Gender identity (Unweighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2015	99.3%	0.5%	0.5%	0.2%	414
Results by gender:					
Female	99.6%	0.4%	0.4%	0.4%	249
Male	98.8%	0.6%	0.6%	0.0%	165
Results by age:					
18-34	---	---	---	---	28
35-44	100.0%	0.0%	0.0%	0.0%	37
45-54	97.8%	2.2%	0.0%	0.0%	45
55-64	99.1%	0.9%	0.0%	0.0%	108
65-74	99.0%	0.0%	1.0%	0.0%	99
75+	100.0%	0.0%	1.0%	1.0%	97
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	22
High school diploma or GED	99.3%	0.7%	0.0%	0.0%	140
Some college, trade school, or Associate degree	99.3%	0.0%	0.7%	0.0%	148
Bachelor's degree or higher	99.0%	1.0%	1.0%	1.0%	102
Results by household income:					
Less than \$20,000	100.0%	0.0%	0.0%	0.0%	65
\$20,000 - \$34,999	97.6%	1.2%	1.2%	0.0%	85
\$35,000 - \$49,999	100.0%	0.0%	1.5%	1.5%	67
\$50,000 - \$74,999	98.8%	1.2%	0.0%	0.0%	80
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	86

65. Sexual orientation / Gender identity (Weighted)

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2015	99.6%	0.3%	0.2%	0.1%	414
Results by gender:					
Female	99.7%	0.3%	0.2%	0.2%	249
Male	99.5%	0.2%	0.3%	0.0%	165
Results by age:					
18-34	---	---	---	---	28
35-44	100.0%	0.0%	0.0%	0.0%	37
45-54	99.1%	0.9%	0.0%	0.0%	45
55-64	99.5%	0.5%	0.0%	0.0%	108
65-74	98.8%	0.0%	1.2%	0.0%	99
75+	100.0%	0.0%	0.7%	0.7%	97
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	22
High school diploma or GED	99.7%	0.3%	0.0%	0.0%	140
Some college, trade school, or Associate degree	99.6%	0.0%	0.4%	0.0%	148
Bachelor's degree or higher	99.4%	0.6%	0.3%	0.3%	102
Results by household income:					
Less than \$20,000	100.0%	0.0%	0.0%	0.0%	65
\$20,000 - \$34,999	98.5%	0.5%	0.9%	0.0%	85
\$35,000 - \$49,999	100.0%	0.0%	0.5%	0.5%	67
\$50,000 - \$74,999	99.2%	0.8%	0.0%	0.0%	80
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	86

Demographics

BMI status (Unweighted)

	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	
Overall results from 2010	34.2%	34.6%	31.1%	482
Overall results from 2015	27.6%	35.1%	37.3%	399
Results by gender:				
Female	36.7%	23.6%	39.7%	237
Male	14.2%	51.9%	34.0%	162
Results by age:				
18-34	---	---	---	27
35-44	51.4%	17.1%	31.4%	35
45-54	31.8%	40.9%	27.3%	44
55-64	19.0%	36.2%	44.8%	105
65-74	20.8%	37.5%	41.7%	96
75+	30.4%	38.0%	31.5%	92
Results by education level:				
Less than HS diploma, no GED	---	---	---	20
High school diploma or GED	24.1%	32.1%	43.8%	137
Some college, trade school, or Associate degree	26.6%	37.8%	35.7%	143
Bachelor's degree or higher	34.0%	34.0%	32.0%	97
Results by household income:				
Less than \$20,000	21.2%	33.3%	45.5%	66
\$20,000 - \$34,999	21.0%	40.7%	38.3%	81
\$35,000 - \$49,999	17.7%	33.9%	48.4%	62
\$50,000 - \$74,999	31.6%	36.7%	31.6%	79
\$75,000 or more	35.3%	34.1%	30.6%	85

Demographics

BMI status (Weighted)

	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	
Overall results from 2010	33.2%	35.3%	31.5%	482
Overall results from 2015	30.8%	34.9%	34.3%	399
Results by gender:				
Female	38.8%	21.4%	39.9%	237
Male	22.9%	48.4%	28.7%	162
Results by age:				
18-34	---	---	---	27
35-44	33.1%	31.4%	35.5%	35
45-54	26.6%	42.9%	30.5%	44
55-64	21.7%	38.2%	40.0%	105
65-74	19.9%	41.6%	38.5%	96
75+	30.4%	36.0%	33.6%	92
Results by education level:				
Less than HS diploma, no GED	---	---	---	20
High school diploma or GED	30.0%	25.9%	44.2%	137
Some college, trade school, or Associate degree	29.6%	34.9%	35.5%	143
Bachelor's degree or higher	31.9%	44.2%	23.9%	97
Results by household income:				
Less than \$20,000	26.4%	31.4%	42.2%	66
\$20,000 - \$34,999	21.9%	35.0%	43.2%	81
\$35,000 - \$49,999	29.9%	20.0%	50.1%	62
\$50,000 - \$74,999	33.3%	43.0%	23.7%	79
\$75,000 or more	34.1%	41.9%	23.9%	85

68. Including yourself, how many adults live in your household? (Unweighted)

	1	2	3	4	5 or more	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	40.4%	52.5%	5.8%	1.2%	0.2%	503
Overall results from 2015	33.3%	58.8%	6.1%	1.1%	0.7%	456
Results by gender:						
Female	36.7%	56.8%	5.0%	0.7%	0.7%	278
Male	28.1%	61.8%	7.9%	1.7%	0.6%	178
Results by age:						
18-34	---	---	---	---	---	28
35-44	18.9%	73.0%	5.4%	0.0%	2.7%	37
45-54	39.1%	45.7%	15.2%	0.0%	0.0%	46
55-64	24.1%	61.2%	11.2%	3.4%	0.0%	116
65-74	31.2%	63.3%	4.6%	0.9%	0.0%	109
75+	49.2%	50.0%	0.0%	0.0%	0.8%	120
Results by education level:						
Less than HS diploma, no GED	54.5%	45.5%	0.0%	0.0%	0.0%	33
High school diploma or GED	35.8%	54.1%	6.3%	1.9%	1.9%	159
Some college, trade school, or Associate degree	30.1%	62.8%	6.4%	0.6%	0.0%	156
Bachelor's degree or higher	26.7%	64.8%	7.6%	1.0%	0.0%	105
Results by household income:						
Less than \$20,000	61.3%	28.0%	8.0%	1.3%	1.3%	75
\$20,000 - \$34,999	49.5%	44.1%	6.5%	0.0%	0.0%	93
\$35,000 - \$49,999	22.5%	69.0%	5.6%	1.4%	1.4%	71
\$50,000 - \$74,999	21.2%	72.9%	4.7%	1.2%	0.0%	85
\$75,000 or more	9.1%	80.7%	9.1%	1.1%	0.0%	88

68. Including yourself, how many adults live in your household? (Weighted)

	1	2	3	4	5 or more	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	23.3%	61.2%	10.8%	4.3%	0.4%	503
Overall results from 2015	19.5%	63.0%	12.4%	1.5%	3.5%	456
Results by gender:						
Female	18.0%	68.6%	10.2%	1.2%	2.0%	278
Male	21.1%	56.9%	14.9%	1.8%	5.2%	178
Results by age:						
18-34	---	---	---	---	---	28
35-44	14.9%	62.3%	18.7%	0.0%	4.1%	37
45-54	25.6%	48.7%	25.6%	0.0%	0.0%	46
55-64	12.4%	63.2%	17.3%	7.1%	0.0%	116
65-74	17.5%	72.3%	8.0%	2.2%	0.0%	109
75+	32.6%	64.6%	0.0%	0.0%	2.8%	120
Results by education level:						
Less than HS diploma, no GED	49.8%	50.2%	0.0%	0.0%	0.0%	33
High school diploma or GED	19.1%	50.0%	17.1%	2.8%	11.0%	159
Some college, trade school, or Associate degree	22.0%	64.2%	13.0%	0.9%	0.0%	156
Bachelor's degree or higher	12.1%	78.2%	8.6%	1.1%	0.0%	105
Results by household income:						
Less than \$20,000	34.6%	38.8%	20.5%	1.9%	4.2%	75
\$20,000 - \$34,999	41.0%	44.3%	14.7%	0.0%	0.0%	93
\$35,000 - \$49,999	17.0%	51.6%	16.0%	1.7%	13.6%	71
\$50,000 - \$74,999	13.9%	80.5%	4.3%	1.4%	0.0%	85
\$75,000 or more	2.5%	82.0%	14.1%	1.3%	0.0%	88

69. What is the highest level of education you have completed? (Unweighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	6.7%	36.3%	37.3%	19.8%	491
Overall results from 2015	7.3%	35.1%	34.4%	23.2%	453
Results by gender:					
Female	7.6%	37.1%	34.2%	21.1%	275
Male	6.7%	32.0%	34.8%	26.4%	178
Results by age:					
18-34	---	---	---	---	28
35-44	5.4%	16.2%	32.4%	45.9%	37
45-54	0.0%	15.2%	50.0%	34.8%	46
55-64	0.9%	32.8%	44.0%	22.4%	116
65-74	11.9%	39.4%	28.4%	20.2%	109
75+	14.5%	51.3%	22.2%	12.0%	117
Results by household income:					
Less than \$20,000	16.2%	52.7%	25.7%	5.4%	74
\$20,000 - \$34,999	8.6%	43.0%	35.5%	12.9%	93
\$35,000 - \$49,999	7.0%	39.4%	38.0%	15.5%	71
\$50,000 - \$74,999	3.5%	27.1%	41.2%	28.2%	85
\$75,000 or more	0.0%	9.1%	36.4%	54.5%	88

69. What is the highest level of education you have completed? (Weighted)

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	5.7%	30.8%	42.6%	20.9%	491
Overall results from 2015	4.3%	32.3%	34.6%	28.7%	453
Results by gender:					
Female	4.1%	31.2%	37.7%	27.0%	275
Male	4.6%	33.5%	31.4%	30.5%	178
Results by age:					
18-34	---	---	---	---	28
35-44	6.2%	29.8%	18.7%	45.3%	37
45-54	0.0%	18.4%	47.0%	34.6%	46
55-64	0.9%	31.6%	43.9%	23.5%	116
65-74	10.9%	41.6%	28.3%	19.2%	109
75+	12.7%	52.5%	22.7%	12.1%	117
Results by household income:					
Less than \$20,000	8.5%	56.3%	31.5%	3.7%	74
\$20,000 - \$34,999	10.2%	36.6%	41.6%	11.6%	93
\$35,000 - \$49,999	2.8%	50.8%	34.7%	11.8%	71
\$50,000 - \$74,999	2.2%	18.1%	37.6%	42.1%	85
\$75,000 or more	0.0%	9.4%	31.8%	58.8%	88

70. Household income per year: (Unweighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	18.2%	22.6%	17.2%	20.6%	21.4%	412
Results by gender:						
Female	21.9%	23.1%	13.8%	19.8%	21.5%	247
Male	12.7%	21.8%	22.4%	21.8%	21.2%	165
Results by age:						
18-34	---	---	---	---	---	28
35-44	11.1%	13.9%	11.1%	19.4%	44.4%	36
45-54	17.4%	15.2%	10.9%	26.1%	30.4%	46
55-64	12.0%	16.7%	16.7%	25.9%	28.7%	108
65-74	25.0%	23.0%	22.0%	14.0%	16.0%	100
75+	23.4%	38.3%	17.0%	17.0%	4.3%	94
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	28.3%	29.0%	20.3%	16.7%	5.8%	138
Some college, trade school, or Associate degree	13.0%	22.6%	18.5%	24.0%	21.9%	146
Bachelor's degree or higher	4.0%	12.1%	11.1%	24.2%	48.5%	99

70. Household income per year: (Weighted)

	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	14.8%	16.5%	19.7%	23.4%	25.6%	412
Results by gender:						
Female	16.4%	18.6%	15.0%	20.5%	29.5%	247
Male	13.2%	14.3%	24.5%	26.4%	21.6%	165
Results by age:						
18-34	---	---	---	---	---	28
35-44	8.2%	10.4%	25.1%	19.9%	36.4%	36
45-54	23.1%	10.3%	8.5%	22.7%	35.5%	46
55-64	10.1%	14.8%	17.7%	27.8%	29.6%	108
65-74	21.1%	22.2%	23.9%	14.4%	18.6%	100
75+	19.5%	37.6%	18.6%	20.2%	4.1%	94
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	26.6%	19.5%	32.3%	13.7%	7.7%	138
Some college, trade school, or Associate degree	13.1%	19.5%	19.4%	25.0%	23.1%	146
Bachelor's degree or higher	1.8%	6.5%	7.8%	33.2%	50.7%	99

Demographics

71. Are you currently... (Unweighted)

	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	
Overall results from 2010	45.1%	12.4%	3.0%	8.2%	2.2%	35.5%	5.8%	499
Overall results from 2015	39.6%	15.6%	1.1%	5.6%	0.4%	42.9%	6.0%	450
Results by gender:								
Female	42.5%	8.8%	0.7%	9.2%	0.7%	43.2%	6.6%	273
Male	35.0%	26.0%	1.7%	0.0%	0.0%	42.4%	5.1%	177
Results by age:								
18-34	---	---	---	---	---	---	---	28
35-44	81.1%	8.1%	2.7%	8.1%	0.0%	0.0%	2.7%	37
45-54	71.7%	15.2%	2.2%	8.7%	4.3%	0.0%	6.5%	46
55-64	64.0%	22.8%	1.8%	5.3%	0.0%	8.8%	5.3%	114
65-74	16.5%	18.3%	0.0%	1.8%	0.0%	73.4%	8.3%	109
75+	5.2%	7.8%	0.0%	6.0%	0.0%	88.8%	6.0%	116
Results by education level:								
Less than HS diploma, no GED	3.1%	9.4%	0.0%	6.2%	0.0%	90.6%	15.6%	32
High school diploma or GED	28.3%	14.5%	1.9%	6.3%	0.0%	52.8%	5.7%	159
Some college, trade school, or Associate degree	52.6%	18.2%	1.3%	6.5%	1.3%	28.6%	4.5%	154
Bachelor's degree or higher	49.0%	15.4%	0.0%	2.9%	0.0%	34.6%	4.8%	104
Results by household income:								
Less than \$20,000	22.7%	10.7%	2.7%	1.3%	1.3%	57.3%	22.7%	75
\$20,000 - \$34,999	30.4%	10.9%	1.1%	4.3%	1.1%	59.8%	3.3%	92
\$35,000 - \$49,999	40.8%	15.5%	1.4%	8.5%	0.0%	43.7%	2.8%	71
\$50,000 - \$74,999	54.2%	18.1%	1.2%	4.8%	0.0%	25.3%	1.2%	83
\$75,000 or more	59.1%	23.9%	0.0%	6.8%	0.0%	15.9%	1.1%	88

Demographics

71. Are you currently... (Weighted)

	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	
Overall results from 2010	55.2%	13.5%	3.4%	6.9%	4.7%	22.8%	6.4%	499
Overall results from 2015	52.5%	17.2%	2.6%	6.2%	0.3%	23.4%	4.6%	450
Results by gender:								
Female	55.4%	7.0%	0.5%	12.1%	0.6%	26.1%	6.6%	273
Male	49.4%	27.9%	4.8%	0.0%	0.0%	20.6%	2.6%	177
Results by age:								
18-34	---	---	---	---	---	---	---	28
35-44	86.4%	4.9%	5.4%	4.1%	0.0%	0.0%	0.8%	37
45-54	63.3%	23.5%	2.1%	7.7%	1.7%	0.0%	7.7%	46
55-64	63.3%	23.8%	1.4%	6.4%	0.0%	7.7%	5.5%	114
65-74	17.2%	20.5%	0.0%	2.0%	0.0%	69.0%	7.5%	109
75+	4.5%	8.8%	0.0%	6.3%	0.0%	87.7%	5.6%	116
Results by education level:								
Less than HS diploma, no GED	18.2%	6.4%	0.0%	5.0%	0.0%	75.3%	11.5%	32
High school diploma or GED	40.8%	15.8%	6.4%	6.1%	0.0%	32.9%	4.6%	159
Some college, trade school, or Associate degree	61.6%	16.6%	1.4%	8.7%	0.9%	15.5%	4.0%	154
Bachelor's degree or higher	60.1%	21.2%	0.0%	3.5%	0.0%	14.7%	3.8%	104
Results by household income:								
Less than \$20,000	30.7%	14.6%	10.9%	0.6%	1.2%	29.7%	21.2%	75
\$20,000 - \$34,999	35.1%	17.5%	1.0%	7.2%	1.0%	41.7%	5.0%	92
\$35,000 - \$49,999	64.1%	8.2%	4.2%	6.7%	0.0%	21.7%	1.4%	71
\$50,000 - \$74,999	59.4%	23.6%	0.4%	5.0%	0.0%	14.2%	0.7%	83
\$75,000 or more	69.6%	19.9%	0.0%	8.9%	0.0%	7.1%	0.6%	88

All Survey Items (weighted data)

1. In general, would you say your health is:

	Excellent	Very good	Good	Fair	Poor	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	11.0%	42.3%	29.8%	13.4%	3.4%	483
Overall results from 2015	9.3%	35.0%	45.5%	8.4%	1.8%	421
Results by gender:						
Female	8.9%	33.3%	46.3%	9.1%	2.4%	258
Male	9.7%	36.8%	44.7%	7.7%	1.1%	163
Results by age:						
18-34	---	---	---	---	---	24
35-44	9.6%	30.3%	55.4%	4.8%	0.0%	33
45-54	8.8%	48.7%	35.1%	4.8%	2.6%	44
55-64	14.3%	25.2%	45.1%	10.9%	4.5%	105
65-74	3.3%	24.8%	55.9%	14.8%	1.2%	103
75+	0.0%	23.3%	57.0%	18.0%	1.7%	112
Results by education level:						
Less than HS diploma, no GED	0.0%	11.5%	52.9%	33.3%	2.2%	30
High school diploma or GED	3.4%	26.3%	61.8%	7.9%	0.6%	152
Some college, trade school, or Associate degree	8.7%	35.1%	45.4%	6.8%	3.9%	137
Bachelor's degree or higher	17.9%	47.9%	27.1%	6.6%	0.6%	99
Results by household income:						
Less than \$20,000	1.7%	19.1%	57.1%	15.5%	6.6%	68
\$20,000 - \$34,999	5.5%	29.1%	47.6%	17.3%	0.6%	89
\$35,000 - \$49,999	7.5%	33.6%	52.8%	6.0%	0.0%	62
\$50,000 - \$74,999	14.1%	47.2%	32.4%	4.6%	1.7%	76
\$75,000 or more	15.4%	40.7%	40.6%	2.6%	0.7%	83

2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	33.4%	1.7%	64.9%	502
Overall results from 2015	34.0%	2.0%	64.0%	454
Results by gender:				
Female	30.9%	3.9%	65.2%	276
Male	37.2%	0.0%	62.8%	178
Results by age:				
18-34	---	---	---	28
35-44	17.1%	2.4%	80.5%	37
45-54	28.6%	0.9%	70.5%	46
55-64	47.1%	0.0%	52.9%	114
65-74	57.6%	1.5%	40.9%	109
75+	59.7%	0.6%	39.7%	120
Results by education level:				
Less than HS diploma, no GED	46.0%	0.0%	54.0%	33
High school diploma or GED	44.2%	2.3%	53.5%	158
Some college, trade school, or Associate degree	34.5%	3.3%	62.2%	155
Bachelor's degree or higher	19.9%	0.4%	79.7%	105
Results by household income:				
Less than \$20,000	49.9%	4.8%	45.3%	75
\$20,000 - \$34,999	42.5%	1.8%	55.7%	92
\$35,000 - \$49,999	41.3%	1.9%	56.8%	71
\$50,000 - \$74,999	19.4%	3.2%	77.5%	84
\$75,000 or more	22.5%	0.0%	77.5%	88

2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

	Yes	Yes, but only during pregnancy	No	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	5.2%	0.4%	94.4%	454
Results by gender:				
Female	4.4%	0.8%	94.8%	276
Male	5.9%	0.0%	94.1%	178
Results by age:				
18-34	---	---	---	28
35-44	0.0%	2.4%	97.6%	37
45-54	9.0%	0.0%	91.0%	46
55-64	6.8%	0.0%	93.2%	114
65-74	10.7%	0.5%	88.8%	109
75+	6.1%	0.0%	93.9%	120
Results by education level:				
Less than HS diploma, no GED	11.9%	0.0%	88.1%	33
High school diploma or GED	2.9%	0.0%	97.1%	158
Some college, trade school, or Associate degree	5.9%	0.9%	93.3%	155
Bachelor's degree or higher	5.9%	0.4%	93.7%	105
Results by household income:				
Less than \$20,000	8.1%	0.4%	91.5%	75
\$20,000 - \$34,999	5.0%	0.8%	94.3%	92
\$35,000 - \$49,999	4.0%	1.3%	94.8%	71
\$50,000 - \$74,999	7.3%	0.0%	92.7%	84
\$75,000 or more	3.1%	0.0%	96.9%	88

2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

	Yes	Yes, but only during pregnancy	No	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	9.5%	1.1%	89.4%	502
Overall results from 2015	10.9%	2.1%	87.0%	454
Results by gender:				
Female	8.5%	4.0%	87.5%	276
Male	13.5%	0.0%	86.5%	178
Results by age:				
18-34	---	---	---	28
35-44	13.3%	3.3%	83.5%	37
45-54	0.0%	6.8%	93.2%	46
55-64	14.9%	0.9%	84.2%	114
65-74	29.3%	0.5%	70.2%	109
75+	18.0%	0.6%	81.5%	120
Results by education level:				
Less than HS diploma, no GED	22.1%	2.0%	75.9%	33
High school diploma or GED	15.1%	0.0%	84.9%	158
Some college, trade school, or Associate degree	7.1%	2.3%	90.6%	155
Bachelor's degree or higher	9.3%	4.2%	86.5%	105
Results by household income:				
Less than \$20,000	12.3%	0.4%	87.2%	75
\$20,000 - \$34,999	15.0%	1.6%	83.3%	92
\$35,000 - \$49,999	7.2%	0.0%	92.8%	71
\$50,000 - \$74,999	15.1%	3.3%	81.6%	84
\$75,000 or more	4.2%	4.3%	91.5%	88

2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

	Yes	Yes, but only during pregnancy	No	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	11.8%	0.9%	87.3%	502
Overall results from 2015	5.7%	0.4%	93.9%	454
Results by gender:				
Female	4.5%	0.7%	94.8%	276
Male	7.0%	0.0%	93.0%	178
Results by age:				
18-34	---	---	---	28
35-44	0.0%	0.0%	100.0%	37
45-54	3.0%	1.7%	95.3%	46
55-64	11.3%	0.0%	88.7%	114
65-74	10.8%	0.5%	88.7%	109
75+	11.8%	0.0%	88.2%	120
Results by education level:				
Less than HS diploma, no GED	10.7%	0.0%	89.3%	33
High school diploma or GED	5.7%	0.0%	94.3%	158
Some college, trade school, or Associate degree	6.1%	1.1%	92.8%	155
Bachelor's degree or higher	4.7%	0.0%	95.3%	105
Results by household income:				
Less than \$20,000	6.4%	0.4%	93.2%	75
\$20,000 - \$34,999	9.3%	0.0%	90.7%	92
\$35,000 - \$49,999	6.7%	0.0%	93.3%	71
\$50,000 - \$74,999	4.0%	1.5%	94.5%	84
\$75,000 or more	4.0%	0.0%	96.0%	88

2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	27.8%	72.2%	454
Results by gender:			
Female	34.0%	66.0%	276
Male	21.3%	78.7%	178
Results by age:			
18-34	---	---	28
35-44	11.4%	88.6%	37
45-54	22.2%	77.8%	46
55-64	42.2%	57.8%	114
65-74	42.2%	57.8%	109
75+	30.0%	70.0%	120
Results by education level:			
Less than HS diploma, no GED	22.0%	78.0%	33
High school diploma or GED	27.6%	72.4%	158
Some college, trade school, or Associate degree	35.0%	65.0%	155
Bachelor's degree or higher	20.4%	79.6%	105
Results by household income:			
Less than \$20,000	23.5%	76.5%	75
\$20,000 - \$34,999	37.8%	62.2%	92
\$35,000 - \$49,999	34.8%	65.2%	71
\$50,000 - \$74,999	29.0%	71.0%	84
\$75,000 or more	19.5%	80.5%	88

2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	10.8%	89.2%	454
Results by gender:			
Female	11.4%	88.6%	276
Male	10.1%	89.9%	178
Results by age:			
18-34	---	---	28
35-44	0.8%	99.2%	37
45-54	3.4%	96.6%	46
55-64	21.7%	78.3%	114
65-74	21.6%	78.4%	109
75+	22.8%	77.2%	120
Results by education level:			
Less than HS diploma, no GED	14.4%	85.6%	33
High school diploma or GED	10.9%	89.1%	158
Some college, trade school, or Associate degree	10.8%	89.2%	155
Bachelor's degree or higher	9.8%	90.2%	105
Results by household income:			
Less than \$20,000	9.9%	90.1%	75
\$20,000 - \$34,999	12.6%	87.4%	92
\$35,000 - \$49,999	13.3%	86.7%	71
\$50,000 - \$74,999	10.9%	89.1%	84
\$75,000 or more	7.5%	92.5%	88

All Survey Items (weighted data)

2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	4.3%	95.7%	454
Results by gender:			
Female	4.8%	95.2%	276
Male	3.8%	96.2%	178
Results by age:			
18-34	---	---	28
35-44	0.8%	99.2%	37
45-54	2.6%	97.4%	46
55-64	7.3%	92.7%	114
65-74	7.9%	92.1%	109
75+	9.2%	90.8%	120
Results by education level:			
Less than HS diploma, no GED	13.2%	86.8%	33
High school diploma or GED	5.0%	95.0%	158
Some college, trade school, or Associate degree	5.6%	94.4%	155
Bachelor's degree or higher	0.6%	99.4%	105
Results by household income:			
Less than \$20,000	6.7%	93.3%	75
\$20,000 - \$34,999	5.8%	94.2%	92
\$35,000 - \$49,999	4.9%	95.1%	71
\$50,000 - \$74,999	2.4%	97.6%	84
\$75,000 or more	1.2%	98.8%	88

2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	7.7%	92.3%	502
Overall results from 2015	7.5%	92.5%	454
Results by gender:			
Female	7.0%	93.0%	276
Male	8.1%	91.9%	178
Results by age:			
18-34	---	---	28
35-44	1.6%	98.4%	37
45-54	2.6%	97.4%	46
55-64	9.9%	90.1%	114
65-74	9.5%	90.5%	109
75+	24.7%	75.3%	120
Results by education level:			
Less than HS diploma, no GED	9.6%	90.4%	33
High school diploma or GED	9.7%	90.3%	158
Some college, trade school, or Associate degree	10.0%	90.0%	155
Bachelor's degree or higher	1.8%	98.2%	105
Results by household income:			
Less than \$20,000	8.6%	91.4%	75
\$20,000 - \$34,999	11.1%	88.9%	92
\$35,000 - \$49,999	11.5%	88.5%	71
\$50,000 - \$74,999	3.8%	96.2%	84
\$75,000 or more	3.3%	96.7%	88

2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	4.6%	95.4%	502
Overall results from 2015	3.4%	96.6%	454
Results by gender:			
Female	3.6%	96.4%	276
Male	3.1%	96.9%	178
Results by age:			
18-34	---	---	28
35-44	0.0%	100.0%	37
45-54	2.6%	97.4%	46
55-64	0.0%	100.0%	114
65-74	10.0%	90.0%	109
75+	8.6%	91.4%	120
Results by education level:			
Less than HS diploma, no GED	14.6%	85.4%	33
High school diploma or GED	2.9%	97.1%	158
Some college, trade school, or Associate degree	3.0%	97.0%	155
Bachelor's degree or higher	2.7%	97.3%	105
Results by household income:			
Less than \$20,000	9.0%	91.0%	75
\$20,000 - \$34,999	4.7%	95.3%	92
\$35,000 - \$49,999	0.7%	99.3%	71
\$50,000 - \$74,999	4.2%	95.8%	84
\$75,000 or more	1.1%	98.9%	88

2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	30.9%	69.1%	501
Overall results from 2015	29.2%	70.8%	454
Results by gender:			
Female	29.1%	70.9%	276
Male	29.3%	70.7%	178
Results by age:			
18-34	---	---	28
35-44	10.6%	89.4%	37
45-54	23.9%	76.1%	46
55-64	43.4%	56.6%	114
65-74	58.8%	41.2%	109
75+	53.1%	46.9%	120
Results by education level:			
Less than HS diploma, no GED	41.9%	58.1%	33
High school diploma or GED	33.2%	66.8%	158
Some college, trade school, or Associate degree	28.9%	71.1%	155
Bachelor's degree or higher	23.1%	76.9%	105
Results by household income:			
Less than \$20,000	28.3%	71.7%	75
\$20,000 - \$34,999	38.6%	61.4%	92
\$35,000 - \$49,999	28.2%	71.8%	71
\$50,000 - \$74,999	25.0%	75.0%	84
\$75,000 or more	26.2%	73.8%	88

All Survey Items (weighted data)

2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	22.4%	77.6%	454
Results by gender:			
Female	27.7%	72.3%	276
Male	16.8%	83.2%	178
Results by age:			
18-34	---	---	28
35-44	3.3%	96.7%	37
45-54	12.0%	88.0%	46
55-64	26.8%	73.2%	114
65-74	43.9%	56.1%	109
75+	55.1%	44.9%	120
Results by education level:			
Less than HS diploma, no GED	35.1%	64.9%	33
High school diploma or GED	29.7%	70.3%	158
Some college, trade school, or Associate degree	20.4%	79.6%	155
Bachelor's degree or higher	14.1%	85.9%	105
Results by household income:			
Less than \$20,000	37.5%	62.5%	75
\$20,000 - \$34,999	34.7%	65.3%	92
\$35,000 - \$49,999	16.5%	83.5%	71
\$50,000 - \$74,999	18.0%	82.0%	84
\$75,000 or more	11.7%	88.3%	88

2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	15.8%	84.2%	454
Results by gender:			
Female	19.7%	80.3%	276
Male	11.7%	88.3%	178
Results by age:			
18-34	---	---	28
35-44	17.1%	82.9%	37
45-54	18.0%	82.0%	46
55-64	15.5%	84.5%	114
65-74	15.7%	84.3%	109
75+	5.0%	95.0%	120
Results by education level:			
Less than HS diploma, no GED	9.8%	90.2%	33
High school diploma or GED	21.0%	79.0%	158
Some college, trade school, or Associate degree	15.3%	84.7%	155
Bachelor's degree or higher	11.8%	88.2%	105
Results by household income:			
Less than \$20,000	34.9%	65.1%	75
\$20,000 - \$34,999	18.7%	81.3%	92
\$35,000 - \$49,999	16.7%	83.3%	71
\$50,000 - \$74,999	9.9%	90.1%	84
\$75,000 or more	10.4%	89.6%	88

2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	11.2%	88.8%	454
Results by gender:			
Female	12.0%	88.0%	276
Male	10.5%	89.5%	178
Results by age:			
18-34	---	---	28
35-44	9.8%	90.2%	37
45-54	18.0%	82.0%	46
55-64	10.9%	89.1%	114
65-74	10.1%	89.9%	109
75+	4.9%	95.1%	120
Results by education level:			
Less than HS diploma, no GED	9.3%	90.7%	33
High school diploma or GED	12.2%	87.8%	158
Some college, trade school, or Associate degree	12.9%	87.1%	155
Bachelor's degree or higher	8.6%	91.4%	105
Results by household income:			
Less than \$20,000	11.3%	88.7%	75
\$20,000 - \$34,999	14.8%	85.2%	92
\$35,000 - \$49,999	15.6%	84.4%	71
\$50,000 - \$74,999	11.5%	88.5%	84
\$75,000 or more	6.4%	93.6%	88

2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	7.2%	92.8%	454
Results by gender:			
Female	4.1%	95.9%	276
Male	10.4%	89.6%	178
Results by age:			
18-34	---	---	28
35-44	0.8%	99.2%	37
45-54	7.3%	92.7%	46
55-64	3.2%	96.8%	114
65-74	4.7%	95.3%	109
75+	3.7%	96.3%	120
Results by education level:			
Less than HS diploma, no GED	10.4%	89.6%	33
High school diploma or GED	13.4%	86.6%	158
Some college, trade school, or Associate degree	4.1%	95.9%	155
Bachelor's degree or higher	3.5%	96.5%	105
Results by household income:			
Less than \$20,000	20.3%	79.7%	75
\$20,000 - \$34,999	4.3%	95.7%	92
\$35,000 - \$49,999	15.3%	84.7%	71
\$50,000 - \$74,999	2.4%	97.6%	84
\$75,000 or more	0.6%	99.4%	88

All Survey Items (weighted data)

Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION?
(2L, 2M, or 2N = Yes)

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	19.9%	80.1%	454
Results by gender:			
Female	23.6%	76.4%	276
Male	16.0%	84.0%	178
Results by age:			
18-34	---	---	28
35-44	18.7%	81.3%	37
45-54	23.9%	76.1%	46
55-64	20.0%	80.0%	114
65-74	23.5%	76.5%	109
75+	11.4%	88.6%	120
Results by education level:			
Less than HS diploma, no GED	21.3%	78.7%	33
High school diploma or GED	26.0%	74.0%	158
Some college, trade school, or Associate degree	17.7%	82.3%	155
Bachelor's degree or higher	15.9%	84.1%	105
Results by household income:			
Less than \$20,000	37.5%	62.5%	75
\$20,000 - \$34,999	24.4%	75.6%	92
\$35,000 - \$49,999	19.8%	80.2%	71
\$50,000 - \$74,999	17.6%	82.4%	84
\$75,000 or more	11.0%	89.0%	88

20. Have you ever been told by a doctor or other health care professional that you were OBESE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	10.1%	89.9%	454
Results by gender:			
Female	16.0%	84.0%	276
Male	3.9%	96.1%	178
Results by age:			
18-34	---	---	28
35-44	9.8%	90.2%	37
45-54	9.4%	90.6%	46
55-64	18.2%	81.8%	114
65-74	13.0%	87.0%	109
75+	6.0%	94.0%	120
Results by education level:			
Less than HS diploma, no GED	2.7%	97.3%	33
High school diploma or GED	7.3%	92.7%	158
Some college, trade school, or Associate degree	14.8%	85.2%	155
Bachelor's degree or higher	8.9%	91.1%	105
Results by household income:			
Less than \$20,000	10.0%	90.0%	75
\$20,000 - \$34,999	16.3%	83.7%	92
\$35,000 - \$49,999	12.6%	87.4%	71
\$50,000 - \$74,999	7.7%	92.3%	84
\$75,000 or more	8.0%	92.0%	88

2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	13.8%	86.2%	502
Overall results from 2015	5.8%	94.2%	454
Results by gender:			
Female	7.6%	92.4%	276
Male	3.9%	96.1%	178
Results by age:			
18-34	---	---	28
35-44	3.3%	96.7%	37
45-54	2.6%	97.4%	46
55-64	10.5%	89.5%	114
65-74	6.1%	93.9%	109
75+	7.0%	93.0%	120
Results by education level:			
Less than HS diploma, no GED	11.0%	89.0%	33
High school diploma or GED	3.2%	96.8%	158
Some college, trade school, or Associate degree	9.6%	90.4%	155
Bachelor's degree or higher	3.4%	96.6%	105
Results by household income:			
Less than \$20,000	5.0%	95.0%	75
\$20,000 - \$34,999	11.6%	88.4%	92
\$35,000 - \$49,999	3.9%	96.1%	71
\$50,000 - \$74,999	4.6%	95.4%	84
\$75,000 or more	4.2%	95.8%	88

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	60.4%	30.1%	2.8%	3.5%	3.2%	385
Results by gender:						
Female	51.8%	36.9%	2.7%	4.5%	4.2%	234
Male	69.3%	23.2%	2.9%	2.5%	2.2%	151
Results by age:						
18-34	---	---	---	---	---	22
35-44	74.4%	17.4%	1.7%	6.6%	0.0%	35
45-54	64.3%	28.1%	0.0%	2.2%	5.4%	43
55-64	56.8%	32.1%	2.0%	3.0%	6.1%	102
65-74	54.2%	33.0%	6.3%	0.6%	5.9%	89
75+	47.8%	34.0%	9.5%	6.8%	2.0%	94
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	59.4%	31.6%	3.8%	3.7%	1.5%	136
Some college, trade school, or Associate degree	62.4%	25.4%	2.8%	4.8%	4.6%	131
Bachelor's degree or higher	59.5%	34.5%	1.4%	1.4%	3.3%	93
Results by household income:						
Less than \$20,000	49.3%	31.6%	4.5%	6.7%	7.9%	60
\$20,000 - \$34,999	57.6%	28.1%	4.4%	3.7%	6.2%	79
\$35,000 - \$49,999	62.7%	26.1%	3.0%	7.8%	0.4%	59
\$50,000 - \$74,999	54.7%	36.6%	3.5%	2.0%	3.2%	73
\$75,000 or more	73.0%	25.2%	0.0%	1.0%	0.7%	80

4A. When was the last time you had a FLU SHOT?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	59.1%	9.8%	8.0%	10.8%	12.3%	451
Results by gender:						
Female	63.4%	6.0%	10.3%	6.5%	13.8%	274
Male	54.6%	13.8%	5.5%	15.2%	10.8%	177
Results by age:						
18-34	---	---	---	---	---	28
35-44	57.2%	2.4%	13.0%	21.1%	6.2%	37
45-54	60.3%	8.5%	12.0%	4.3%	15.0%	46
55-64	63.4%	5.0%	2.3%	11.0%	18.4%	112
65-74	69.0%	6.9%	5.2%	7.3%	11.7%	109
75+	82.3%	4.5%	2.7%	2.1%	8.3%	119
Results by education level:						
Less than HS diploma, no GED	77.0%	13.2%	1.9%	0.0%	8.0%	33
High school diploma or GED	53.3%	15.2%	4.5%	16.3%	10.8%	154
Some college, trade school, or Associate degree	66.0%	2.7%	9.5%	7.5%	14.3%	156
Bachelor's degree or higher	54.1%	12.1%	10.9%	10.4%	12.5%	105
Results by household income:						
Less than \$20,000	72.2%	7.6%	4.6%	3.3%	12.2%	74
\$20,000 - \$34,999	61.8%	4.5%	10.5%	12.3%	10.9%	91
\$35,000 - \$49,999	37.0%	16.8%	7.2%	23.7%	15.3%	69
\$50,000 - \$74,999	61.7%	7.6%	10.4%	12.4%	7.8%	85
\$75,000 or more	58.8%	12.1%	8.6%	4.8%	15.7%	88

4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	75.0%	8.8%	8.4%	6.6%	1.2%	442
Results by gender:						
Female	77.0%	10.8%	3.5%	7.7%	1.0%	270
Male	73.0%	6.7%	13.5%	5.4%	1.4%	172
Results by age:						
18-34	---	---	---	---	---	28
35-44	88.7%	8.0%	0.8%	2.5%	0.0%	36
45-54	77.3%	5.1%	11.1%	6.4%	0.0%	46
55-64	72.5%	7.3%	10.6%	6.4%	3.2%	112
65-74	82.8%	8.7%	0.5%	6.4%	1.6%	108
75+	78.4%	9.0%	3.4%	6.3%	2.9%	112
Results by education level:						
Less than HS diploma, no GED	48.3%	27.6%	6.8%	10.1%	7.2%	31
High school diploma or GED	70.3%	8.0%	12.8%	6.6%	2.3%	150
Some college, trade school, or Associate degree	71.1%	9.2%	10.3%	9.1%	0.5%	154
Bachelor's degree or higher	88.9%	6.4%	1.6%	3.1%	0.0%	104
Results by household income:						
Less than \$20,000	55.0%	10.5%	21.7%	10.0%	2.8%	71
\$20,000 - \$34,999	55.5%	18.4%	3.1%	18.9%	4.1%	91
\$35,000 - \$49,999	74.8%	2.3%	14.3%	7.7%	0.9%	69
\$50,000 - \$74,999	77.5%	14.1%	6.9%	1.5%	0.0%	84
\$75,000 or more	95.8%	2.0%	1.6%	0.7%	0.0%	86

4C. When was the last time you had a HEARING TEST?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	21.4%	6.4%	12.9%	42.4%	16.9%	434
Results by gender:						
Female	21.7%	4.3%	11.2%	41.7%	21.1%	263
Male	21.1%	8.6%	14.6%	43.1%	12.6%	171
Results by age:						
18-34	---	---	---	---	---	26
35-44	11.1%	4.1%	2.4%	72.9%	9.5%	37
45-54	20.1%	10.5%	9.2%	51.5%	8.7%	45
55-64	24.1%	5.4%	14.5%	31.8%	24.1%	113
65-74	22.1%	9.3%	15.0%	29.4%	24.2%	103
75+	39.6%	7.2%	10.0%	11.6%	31.6%	110
Results by education level:						
Less than HS diploma, no GED	37.7%	10.5%	8.3%	10.8%	32.7%	31
High school diploma or GED	20.4%	3.7%	12.1%	44.8%	19.0%	148
Some college, trade school, or Associate degree	21.3%	9.8%	16.5%	31.3%	21.0%	150
Bachelor's degree or higher	20.0%	4.8%	10.3%	57.5%	7.5%	103
Results by household income:						
Less than \$20,000	26.2%	3.5%	24.9%	37.6%	7.7%	71
\$20,000 - \$34,999	28.7%	6.8%	7.1%	31.1%	26.3%	92
\$35,000 - \$49,999	17.7%	3.7%	15.3%	46.8%	16.5%	65
\$50,000 - \$74,999	18.2%	6.9%	14.4%	44.4%	16.0%	85
\$75,000 or more	18.9%	8.0%	6.5%	52.5%	14.2%	85

4D. When was the last time you had an EYE EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	54.4%	22.3%	12.8%	8.9%	1.6%	444
Results by gender:						
Female	62.4%	23.7%	8.3%	4.1%	1.5%	268
Male	46.1%	20.8%	17.5%	13.9%	1.6%	176
Results by age:						
18-34	---	---	---	---	---	28
35-44	41.9%	24.8%	19.8%	13.5%	0.0%	36
45-54	52.6%	36.5%	6.5%	2.2%	2.2%	45
55-64	52.6%	24.0%	13.8%	6.4%	3.2%	112
65-74	65.3%	23.2%	6.4%	5.2%	0.0%	107
75+	81.9%	9.5%	7.6%	1.1%	0.0%	116
Results by education level:						
Less than HS diploma, no GED	64.5%	8.3%	24.2%	2.9%	0.0%	31
High school diploma or GED	53.4%	29.2%	12.7%	3.5%	1.2%	153
Some college, trade school, or Associate degree	52.3%	25.1%	11.2%	8.5%	3.0%	154
Bachelor's degree or higher	56.3%	13.5%	13.3%	16.4%	0.5%	104
Results by household income:						
Less than \$20,000	54.2%	29.3%	12.3%	4.3%	0.0%	72
\$20,000 - \$34,999	60.9%	17.1%	10.8%	9.6%	1.6%	90
\$35,000 - \$49,999	47.1%	24.4%	18.3%	3.7%	6.5%	69
\$50,000 - \$74,999	53.4%	13.4%	19.2%	14.0%	0.0%	85
\$75,000 or more	54.7%	27.8%	5.5%	11.3%	0.6%	87

4E. When was the last time you had your BLOOD PRESSURE CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	87.2%	9.8%	2.6%	0.3%	0.1%	448
Results by gender:						
Female	86.5%	8.4%	4.4%	0.6%	0.2%	272
Male	88.0%	11.2%	0.8%	0.0%	0.0%	176
Results by age:						
18-34	---	---	---	---	---	28
35-44	76.4%	21.9%	0.0%	1.6%	0.0%	37
45-54	88.5%	9.4%	2.1%	0.0%	0.0%	46
55-64	89.7%	6.1%	3.8%	0.0%	0.5%	111
65-74	92.2%	6.8%	0.5%	0.5%	0.0%	109
75+	100.0%	0.0%	0.0%	0.0%	0.0%	117
Results by education level:						
Less than HS diploma, no GED	93.7%	6.3%	0.0%	0.0%	0.0%	31
High school diploma or GED	80.2%	14.4%	5.1%	0.0%	0.3%	155
Some college, trade school, or Associate degree	90.5%	8.7%	0.7%	0.2%	0.0%	154
Bachelor's degree or higher	90.0%	6.5%	2.7%	0.8%	0.0%	105
Results by household income:						
Less than \$20,000	86.9%	5.7%	6.4%	0.4%	0.6%	73
\$20,000 - \$34,999	86.5%	7.1%	6.4%	0.0%	0.0%	91
\$35,000 - \$49,999	77.6%	19.1%	3.3%	0.0%	0.0%	68
\$50,000 - \$74,999	91.0%	9.0%	0.0%	0.0%	0.0%	84
\$75,000 or more	88.5%	9.8%	0.7%	1.0%	0.0%	88

4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	66.4%	16.3%	5.0%	5.2%	7.0%	445
Results by gender:						
Female	66.3%	12.1%	6.3%	7.1%	8.2%	269
Male	66.5%	20.8%	3.7%	3.3%	5.6%	176
Results by age:						
18-34	---	---	---	---	---	28
35-44	50.7%	31.4%	6.5%	4.9%	6.5%	37
45-54	73.1%	15.0%	0.0%	8.1%	3.8%	46
55-64	81.7%	6.4%	7.4%	1.4%	3.2%	113
65-74	85.1%	8.6%	5.8%	0.5%	0.0%	107
75+	83.7%	12.3%	2.3%	0.0%	1.7%	114
Results by education level:						
Less than HS diploma, no GED	63.3%	29.7%	0.0%	0.0%	7.0%	30
High school diploma or GED	65.5%	26.7%	2.3%	2.9%	2.6%	153
Some college, trade school, or Associate degree	69.7%	9.8%	4.4%	5.9%	10.2%	155
Bachelor's degree or higher	63.7%	10.9%	9.6%	7.8%	8.0%	104
Results by household income:						
Less than \$20,000	76.4%	6.9%	6.2%	4.0%	6.5%	74
\$20,000 - \$34,999	59.1%	23.8%	6.9%	7.6%	2.6%	90
\$35,000 - \$49,999	57.5%	31.8%	3.4%	0.9%	6.5%	67
\$50,000 - \$74,999	59.5%	10.8%	8.0%	8.7%	13.1%	85
\$75,000 or more	72.2%	13.1%	3.0%	5.8%	5.9%	88

4G. When was the last time you had your BLOOD SUGAR CHECKED?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	62.8%	15.1%	5.7%	7.0%	9.5%	432
Results by gender:						
Female	62.0%	15.8%	7.3%	5.1%	9.8%	258
Male	63.6%	14.4%	4.0%	8.9%	9.1%	174
Results by age:						
18-34	---	---	---	---	---	27
35-44	53.6%	26.8%	9.0%	1.6%	9.0%	37
45-54	61.1%	21.4%	0.0%	14.5%	3.0%	46
55-64	78.0%	7.0%	5.6%	2.3%	7.0%	110
65-74	81.4%	8.5%	6.9%	0.5%	2.7%	106
75+	82.2%	11.0%	0.6%	1.8%	4.4%	106
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	60.3%	15.7%	4.3%	10.4%	9.3%	146
Some college, trade school, or Associate degree	60.6%	17.4%	4.5%	8.1%	9.4%	151
Bachelor's degree or higher	65.2%	11.6%	9.3%	3.1%	10.9%	103
Results by household income:						
Less than \$20,000	60.2%	7.8%	7.6%	10.7%	13.7%	69
\$20,000 - \$34,999	60.6%	13.8%	5.3%	7.7%	12.6%	86
\$35,000 - \$49,999	55.2%	16.9%	9.5%	13.9%	4.4%	68
\$50,000 - \$74,999	62.5%	11.8%	5.2%	3.3%	17.2%	83
\$75,000 or more	66.7%	23.1%	3.5%	3.7%	3.0%	87

4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	17.7%	6.6%	7.5%	6.7%	61.5%	422
Results by gender:						
Female	22.6%	7.1%	8.1%	8.3%	53.8%	254
Male	12.7%	6.0%	6.9%	5.1%	69.3%	168
Results by age:						
18-34	---	---	---	---	---	27
35-44	13.0%	0.0%	4.1%	3.3%	79.7%	37
45-54	12.5%	10.7%	6.2%	8.0%	62.6%	44
55-64	28.8%	7.1%	6.2%	5.7%	52.1%	107
65-74	24.2%	10.1%	12.0%	5.8%	47.9%	105
75+	29.0%	9.8%	9.8%	12.1%	39.3%	102
Results by education level:						
Less than HS diploma, no GED	19.9%	1.5%	4.3%	12.4%	61.9%	31
High school diploma or GED	12.3%	6.5%	6.7%	3.7%	70.8%	143
Some college, trade school, or Associate degree	21.1%	5.9%	7.9%	9.8%	55.3%	145
Bachelor's degree or higher	19.3%	7.6%	8.5%	5.6%	59.0%	101
Results by household income:						
Less than \$20,000	13.9%	7.3%	6.1%	8.8%	64.0%	70
\$20,000 - \$34,999	11.7%	6.8%	2.2%	11.5%	67.7%	83
\$35,000 - \$49,999	16.6%	2.3%	5.1%	6.5%	69.5%	67
\$50,000 - \$74,999	15.6%	7.9%	5.1%	4.1%	67.4%	79
\$75,000 or more	23.5%	6.7%	15.3%	5.8%	48.8%	86

4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	10.9%	8.6%	18.0%	11.7%	50.8%	430
Results by gender:						
Female	12.7%	9.7%	17.1%	12.1%	48.3%	256
Male	9.1%	7.5%	18.8%	11.3%	53.2%	174
Results by age:						
18-34	---	---	---	---	---	27
35-44	1.6%	0.0%	7.3%	3.3%	87.8%	37
45-54	5.8%	5.3%	36.7%	7.5%	44.7%	44
55-64	14.9%	11.2%	30.0%	23.8%	20.1%	110
65-74	36.5%	21.2%	13.9%	10.4%	18.0%	104
75+	17.0%	20.7%	20.1%	29.9%	12.3%	108
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	13.2%	9.1%	23.0%	9.8%	45.0%	147
Some college, trade school, or Associate degree	9.7%	12.5%	18.2%	14.0%	45.5%	148
Bachelor's degree or higher	7.2%	3.8%	14.5%	9.3%	65.2%	103
Results by household income:						
Less than \$20,000	20.0%	6.4%	26.4%	11.6%	35.6%	69
\$20,000 - \$34,999	8.9%	12.8%	16.7%	15.6%	45.9%	87
\$35,000 - \$49,999	10.8%	9.6%	11.8%	9.1%	58.7%	66
\$50,000 - \$74,999	7.6%	7.9%	13.7%	10.1%	60.7%	84
\$75,000 or more	8.8%	4.7%	20.9%	10.8%	54.9%	86

4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	27.7%	5.9%	11.5%	10.7%	44.2%	176
Results by gender:						
Female	---	---	---	---	---	0
Male	27.7%	5.9%	11.5%	10.7%	44.2%	176
Results by age:						
18-34	---	---	---	---	---	11
35-44	---	---	---	---	---	5
45-54	---	---	---	---	---	15
55-64	51.8%	11.4%	11.4%	18.4%	7.0%	58
65-74	53.6%	19.0%	10.7%	8.3%	8.3%	44
75+	49.3%	12.0%	25.3%	10.7%	2.7%	43
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	12
High school diploma or GED	34.2%	4.7%	8.3%	8.3%	44.5%	57
Some college, trade school, or Associate degree	25.0%	7.7%	11.8%	11.8%	43.6%	61
Bachelor's degree or higher	22.9%	4.6%	14.0%	13.3%	45.2%	46
Results by household income:						
Less than \$20,000	---	---	---	---	---	21
\$20,000 - \$34,999	17.2%	17.8%	12.8%	8.0%	44.1%	36
\$35,000 - \$49,999	25.7%	0.7%	4.0%	9.0%	60.6%	37
\$50,000 - \$74,999	28.1%	5.4%	6.1%	11.1%	49.3%	36
\$75,000 or more	21.9%	6.8%	31.7%	3.6%	36.0%	34

4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	38.7%	27.3%	10.9%	19.1%	4.0%	252
Results by gender:						
Female	38.7%	27.3%	10.9%	19.1%	4.0%	252
Male	---	---	---	---	---	0
Results by age:						
18-34	---	---	---	---	---	16
35-44	39.7%	38.1%	7.9%	11.1%	3.2%	32
45-54	49.1%	20.0%	7.3%	23.6%	0.0%	30
55-64	32.0%	18.0%	19.0%	29.0%	2.0%	52
65-74	41.3%	29.3%	15.2%	14.1%	0.0%	56
75+	25.0%	17.4%	19.6%	38.0%	0.0%	66
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	16
High school diploma or GED	32.9%	20.7%	13.6%	26.2%	6.5%	92
Some college, trade school, or Associate degree	37.7%	29.9%	10.6%	18.5%	3.3%	88
Bachelor's degree or higher	46.3%	31.6%	9.5%	10.8%	1.7%	54
Results by household income:						
Less than \$20,000	18.2%	34.7%	10.0%	34.7%	2.3%	49
\$20,000 - \$34,999	26.4%	19.7%	20.3%	22.8%	10.8%	53
\$35,000 - \$49,999	---	---	---	---	---	27
\$50,000 - \$74,999	57.2%	23.9%	2.6%	16.3%	0.0%	47
\$75,000 or more	47.3%	30.8%	10.0%	10.1%	1.7%	49

4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	46.3%	12.1%	7.4%	8.4%	25.8%	268
Results by gender:						
Female	46.3%	12.1%	7.4%	8.4%	25.8%	268
Male	---	---	---	---	---	0
Results by age:						
18-34	---	---	---	---	---	16
35-44	25.4%	20.6%	11.1%	3.2%	39.7%	32
45-54	70.9%	9.1%	7.3%	9.1%	3.6%	30
55-64	50.5%	16.5%	12.6%	15.5%	4.9%	55
65-74	71.8%	20.4%	4.9%	1.9%	1.0%	62
75+	66.7%	11.4%	9.5%	12.4%	0.0%	73
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	18
High school diploma or GED	57.0%	9.4%	13.4%	9.4%	10.8%	98
Some college, trade school, or Associate degree	33.6%	15.6%	5.4%	13.8%	31.7%	91
Bachelor's degree or higher	47.6%	9.9%	4.6%	1.3%	36.7%	58
Results by household income:						
Less than \$20,000	47.8%	7.1%	12.3%	15.0%	17.9%	50
\$20,000 - \$34,999	44.7%	16.0%	7.8%	7.5%	23.9%	56
\$35,000 - \$49,999	34.8%	8.4%	7.2%	6.1%	43.5%	32
\$50,000 - \$74,999	51.2%	17.9%	3.6%	14.3%	13.0%	46
\$75,000 or more	43.5%	8.4%	7.4%	2.3%	38.4%	53

4M. When was the last time you had a GENERAL HEALTH EXAM?

	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Missing, but answered Q5	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	
Overall results from 2015	70.9%	13.2%	8.6%	5.8%	1.1%	0.5%	436
Results by gender:							
Female	72.8%	17.0%	6.3%	2.5%	0.9%	0.5%	268
Male	68.8%	9.1%	11.0%	9.4%	1.2%	0.5%	168
Results by age:							
18-34	---	---	---	---	---	---	28
35-44	60.3%	18.2%	19.8%	1.7%	0.0%	0.0%	36
45-54	64.1%	17.1%	9.8%	6.8%	2.1%	0.0%	46
55-64	71.0%	13.8%	7.8%	4.1%	2.8%	0.5%	112
65-74	83.4%	11.1%	3.9%	1.6%	0.0%	0.0%	106
75+	82.7%	9.0%	3.0%	1.1%	1.1%	3.0%	108
Results by education level:							
Less than HS diploma, no GED	82.4%	7.5%	0.0%	2.0%	4.0%	4.1%	30
High school diploma or GED	61.1%	14.0%	12.8%	9.3%	1.8%	1.1%	152
Some college, trade school, or Associate degree	74.0%	12.6%	8.2%	5.1%	0.0%	0.0%	150
Bachelor's degree or higher	76.1%	13.8%	5.5%	3.4%	1.1%	0.0%	101
Results by household income:							
Less than \$20,000	73.4%	12.4%	2.4%	7.1%	4.2%	0.6%	70
\$20,000 - \$34,999	69.0%	15.7%	9.1%	6.3%	0.0%	0.0%	88
\$35,000 - \$49,999	60.2%	5.4%	19.0%	14.1%	0.9%	0.4%	71
\$50,000 - \$74,999	79.9%	15.8%	1.8%	1.8%	0.0%	0.7%	84
\$75,000 or more	69.2%	15.6%	10.4%	3.4%	1.4%	0.0%	84

5. If you have not had a general health exam within the past 1 or 2 years, why not?

	I could not get an appointment	I had transportation problems	I did not need one	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	
Overall results from 2015	0.0%	0.0%	64.8%	20.5%	7.3%	1.7%	5.7%	33
Results by gender:								
Female	---	---	---	---	---	---	---	15
Male	---	---	---	---	---	---	---	18
Results by age:								
18-34	---	---	---	---	---	---	---	4
35-44	---	---	---	---	---	---	---	4
45-54	---	---	---	---	---	---	---	5
55-64	---	---	---	---	---	---	---	13
65-74	---	---	---	---	---	---	---	6
75+	---	---	---	---	---	---	---	1
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	0
High school diploma or GED	---	---	---	---	---	---	---	11
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	13
Bachelor's degree or higher	---	---	---	---	---	---	---	9
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	7
\$20,000 - \$34,999	---	---	---	---	---	---	---	6
\$35,000 - \$49,999	---	---	---	---	---	---	---	6
\$50,000 - \$74,999	---	---	---	---	---	---	---	4
\$75,000 or more	---	---	---	---	---	---	---	9

All Survey Items (weighted data)

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	72.6%	27.4%	494
Overall results from 2015	79.9%	20.1%	444
Results by gender:			
Female	83.6%	16.4%	270
Male	76.1%	23.9%	174
Results by age:			
18-34	---	---	27
35-44	75.0%	25.0%	35
45-54	64.8%	35.2%	45
55-64	81.5%	18.5%	115
65-74	92.8%	7.2%	107
75+	96.1%	3.9%	115
Results by education level:			
Less than HS diploma, no GED	90.8%	9.2%	30
High school diploma or GED	78.1%	21.9%	154
Some college, trade school, or Associate degree	71.9%	28.1%	153
Bachelor's degree or higher	89.8%	10.2%	104
Results by household income:			
Less than \$20,000	78.5%	21.5%	71
\$20,000 - \$34,999	84.6%	15.4%	92
\$35,000 - \$49,999	76.7%	23.3%	69
\$50,000 - \$74,999	78.7%	21.3%	82
\$75,000 or more	77.6%	22.4%	87

All Survey Items (weighted data)

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

	Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns	None of the above	N
<i>Cottonwood County</i>	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	61.5%	53.0%	47.8%	31.5%	0.0%	0.0%	22.7%	394
Overall results from 2015	67.6%	52.2%	43.0%	36.4%	45.2%	34.4%	15.7%	385
Results by gender:								
Female	63.1%	52.2%	44.5%	31.4%	39.1%	30.6%	21.0%	235
Male	72.8%	52.3%	41.2%	42.1%	52.2%	38.8%	9.5%	150
Results by age:								
18-34	---	---	---	---	---	---	---	20
35-44	---	---	---	---	---	---	---	29
45-54	75.1%	72.5%	54.4%	52.3%	49.7%	45.6%	8.1%	33
55-64	61.5%	50.0%	40.2%	43.3%	38.6%	35.2%	24.2%	94
65-74	71.7%	44.3%	40.4%	35.8%	33.9%	33.4%	14.9%	100
75+	62.5%	38.5%	23.6%	14.1%	24.2%	19.3%	25.6%	109
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	27
High school diploma or GED	71.6%	59.6%	49.4%	22.5%	45.1%	37.7%	14.6%	134
Some college, trade school, or Associate degree	63.3%	52.4%	38.4%	37.3%	37.7%	29.5%	16.7%	128
Bachelor's degree or higher	67.6%	48.4%	45.7%	48.3%	54.8%	36.3%	15.1%	93
Results by household income:								
Less than \$20,000	77.4%	54.7%	47.9%	22.3%	40.1%	32.9%	11.6%	60
\$20,000 - \$34,999	58.6%	55.7%	36.0%	30.7%	33.2%	31.5%	19.9%	82
\$35,000 - \$49,999	69.6%	62.5%	59.6%	29.0%	50.8%	42.9%	17.5%	61
\$50,000 - \$74,999	78.4%	44.9%	39.1%	46.2%	61.7%	35.9%	8.2%	69
\$75,000 or more	61.0%	52.2%	42.4%	47.2%	42.1%	33.4%	17.3%	73

All Survey Items (weighted data)

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	17.4%	82.6%	439
Results by gender:			
Female	19.9%	80.1%	267
Male	14.8%	85.2%	172
Results by age:			
18-34	---	---	27
35-44	9.5%	90.5%	35
45-54	15.0%	85.0%	46
55-64	21.3%	78.7%	112
65-74	17.3%	82.7%	106
75+	6.3%	93.7%	113
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	17.7%	82.3%	152
Some college, trade school, or Associate degree	19.4%	80.6%	150
Bachelor's degree or higher	15.2%	84.8%	105
Results by household income:			
Less than \$20,000	17.1%	82.9%	70
\$20,000 - \$34,999	16.9%	83.1%	91
\$35,000 - \$49,999	29.1%	70.9%	65
\$50,000 - \$74,999	9.5%	90.5%	82
\$75,000 or more	16.7%	83.3%	88

All Survey Items (weighted data)

9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	
Overall results from 2015	1.8%	1.4%	46.8%	27.4%	6.7%	12.2%	29.8%	73
Results by gender:								
Female	0.0%	0.0%	60.9%	36.4%	4.9%	11.1%	17.3%	50
Male	---	---	---	---	---	---	---	23
Results by age:								
18-34	---	---	---	---	---	---	---	7
35-44	---	---	---	---	---	---	---	7
45-54	---	---	---	---	---	---	---	10
55-64	---	---	---	---	---	---	---	27
65-74	---	---	---	---	---	---	---	16
75+	---	---	---	---	---	---	---	6
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	6
High school diploma or GED	---	---	---	---	---	---	---	21
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	29
Bachelor's degree or higher	---	---	---	---	---	---	---	17
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	14
\$20,000 - \$34,999	---	---	---	---	---	---	---	16
\$35,000 - \$49,999	---	---	---	---	---	---	---	11
\$50,000 - \$74,999	---	---	---	---	---	---	---	11
\$75,000 or more	---	---	---	---	---	---	---	13

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	19.5%	80.5%	438
Results by gender:			
Female	19.0%	81.0%	264
Male	19.9%	80.1%	174
Results by age:			
18-34	---	---	27
35-44	11.2%	88.8%	35
45-54	22.3%	77.7%	44
55-64	17.2%	82.8%	114
65-74	8.8%	91.2%	105
75+	6.8%	93.2%	113
Results by education level:			
Less than HS diploma, no GED	---	---	26
High school diploma or GED	23.4%	76.6%	154
Some college, trade school, or Associate degree	22.4%	77.6%	150
Bachelor's degree or higher	13.4%	86.6%	105
Results by household income:			
Less than \$20,000	37.8%	62.2%	69
\$20,000 - \$34,999	24.0%	76.0%	89
\$35,000 - \$49,999	23.3%	76.7%	68
\$50,000 - \$74,999	12.4%	87.6%	81
\$75,000 or more	14.2%	85.8%	88

All Survey Items (weighted data)

11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	It cost too much	I did not have insurance	The dentist would not accept my insurance	I did not know where to go	Other reason	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	%	
Overall results from 2015	25.9%	0.0%	17.8%	41.8%	22.2%	16.7%	23.6%	17.2%	58
Results by gender:									
Female	11.0%	0.0%	32.4%	47.9%	33.1%	3.9%	7.2%	26.5%	41
Male	---	---	---	---	---	---	---	---	17
Results by age:									
18-34	---	---	---	---	---	---	---	---	9
35-44	---	---	---	---	---	---	---	---	7
45-54	---	---	---	---	---	---	---	---	7
55-64	---	---	---	---	---	---	---	---	18
65-74	---	---	---	---	---	---	---	---	11
75+	---	---	---	---	---	---	---	---	6
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	2
High school diploma or GED	---	---	---	---	---	---	---	---	20
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	22
Bachelor's degree or higher	---	---	---	---	---	---	---	---	14
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	19
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	13
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	8
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	7
\$75,000 or more	---	---	---	---	---	---	---	---	9

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	62.6%	27.0%	4.2%	2.6%	3.6%	397
Results by gender:						
Female	57.5%	36.2%	2.4%	2.2%	1.6%	236
Male	67.5%	18.0%	6.0%	2.9%	5.6%	161
Results by age:						
18-34	---	---	---	---	---	28
35-44	69.0%	26.6%	3.5%	0.9%	0.0%	34
45-54	50.0%	36.4%	0.9%	9.2%	3.5%	44
55-64	66.0%	26.6%	4.2%	3.3%	0.0%	111
65-74	74.8%	21.0%	3.0%	0.0%	1.2%	92
75+	87.5%	12.5%	0.0%	0.0%	0.0%	88
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	20
High school diploma or GED	67.8%	18.6%	4.4%	0.0%	9.2%	133
Some college, trade school, or Associate degree	68.7%	22.5%	4.0%	2.9%	2.0%	144
Bachelor's degree or higher	48.2%	41.9%	4.8%	4.7%	0.2%	98
Results by household income:						
Less than \$20,000	52.0%	25.3%	11.3%	6.7%	4.8%	55
\$20,000 - \$34,999	67.9%	24.1%	4.2%	3.4%	0.5%	83
\$35,000 - \$49,999	67.6%	16.8%	1.3%	0.0%	14.2%	65
\$50,000 - \$74,999	58.2%	28.9%	7.6%	4.5%	0.8%	80
\$75,000 or more	61.0%	38.3%	0.0%	0.7%	0.0%	82

All Survey Items (weighted data)

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	12.5%	87.5%	443
Results by gender:			
Female	12.8%	87.2%	268
Male	12.2%	87.8%	175
Results by age:			
18-34	---	---	28
35-44	9.5%	90.5%	35
45-54	16.7%	83.3%	46
55-64	13.6%	86.4%	114
65-74	3.0%	97.0%	108
75+	5.4%	94.6%	112
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	16.6%	83.4%	152
Some college, trade school, or Associate degree	10.1%	89.9%	154
Bachelor's degree or higher	12.3%	87.7%	105
Results by household income:			
Less than \$20,000	22.0%	78.0%	70
\$20,000 - \$34,999	9.9%	90.1%	90
\$35,000 - \$49,999	14.8%	85.2%	70
\$50,000 - \$74,999	12.0%	88.0%	82
\$75,000 or more	9.7%	90.3%	88

All Survey Items (weighted data)

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	%	%	
Overall results from 2015	2.7%	0.0%	43.9%	34.6%	7.7%	3.8%	1.9%	12.9%	43.4%	44
Results by gender:										
Female	5.3%	0.0%	19.3%	45.2%	12.4%	3.6%	3.8%	22.6%	24.9%	34
Male	---	---	---	---	---	---	---	---	---	10
Results by age:										
18-34	---	---	---	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	---	---	---	6
45-54	---	---	---	---	---	---	---	---	---	9
55-64	---	---	---	---	---	---	---	---	---	16
65-74	---	---	---	---	---	---	---	---	---	4
75+	---	---	---	---	---	---	---	---	---	6
Results by education level:										
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	2
High school diploma or GED	---	---	---	---	---	---	---	---	---	12
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	---	18
Bachelor's degree or higher	---	---	---	---	---	---	---	---	---	12
Results by household income:										
Less than \$20,000	---	---	---	---	---	---	---	---	---	11
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	---	10
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	---	3
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	---	10
\$75,000 or more	---	---	---	---	---	---	---	---	---	8

All Survey Items (weighted data)

15. In the past 6 months, which statement best describes medications prescribed for you?

	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	
Overall results from 2015	29.0%	64.5%	6.5%	436
Results by gender:				
Female	24.0%	69.8%	6.2%	265
Male	34.2%	59.0%	6.9%	171
Results by age:				
18-34	---	---	---	26
35-44	43.4%	51.4%	5.2%	35
45-54	29.9%	70.1%	0.0%	46
55-64	20.8%	75.1%	4.1%	114
65-74	13.5%	82.8%	3.7%	107
75+	5.0%	90.6%	4.4%	108
Results by education level:				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	27.6%	62.3%	10.1%	150
Some college, trade school, or Associate degree	31.9%	61.4%	6.7%	151
Bachelor's degree or higher	27.9%	68.5%	3.6%	105
Results by household income:				
Less than \$20,000	12.1%	82.7%	5.2%	69
\$20,000 - \$34,999	26.9%	69.5%	3.6%	88
\$35,000 - \$49,999	32.7%	50.7%	16.6%	67
\$50,000 - \$74,999	35.2%	60.2%	4.6%	82
\$75,000 or more	34.4%	61.6%	4.1%	88

All Survey Items (weighted data)

16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

	I did not have insurance	It cost too much	I do not like taking medications	I did not think I needed the medication	I did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	%	
Overall results from 2015	---	---	---	---	---	---	---	---	19
Results by gender:									
Female	---	---	---	---	---	---	---	---	14
Male	---	---	---	---	---	---	---	---	5
Results by age:									
18-34	---	---	---	---	---	---	---	---	3
35-44	---	---	---	---	---	---	---	---	3
45-54	---	---	---	---	---	---	---	---	0
55-64	---	---	---	---	---	---	---	---	4
65-74	---	---	---	---	---	---	---	---	4
75+	---	---	---	---	---	---	---	---	5
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	0
High school diploma or GED	---	---	---	---	---	---	---	---	4
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	---	11
Bachelor's degree or higher	---	---	---	---	---	---	---	---	4
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	4
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	4
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	3
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	3
\$75,000 or more	---	---	---	---	---	---	---	---	3

17A. Do you currently have the following type of health insurance:
HEALTH INSURANCE OR COVERAGE THROUGH YOUR
EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR
SOMEONE ELSE'S EMPLOYER?

	Yes	No	N (Unweighted)
<i>Cottonwood County</i>	%	%	
Overall results from 2015	48.3%	51.7%	435
Results by gender:			
Female	55.7%	44.3%	263
Male	40.4%	59.6%	172
Results by age:			
18-34	---	---	28
35-44	66.5%	33.5%	34
45-54	64.1%	35.9%	46
55-64	65.5%	34.5%	111
65-74	17.5%	82.5%	105
75+	18.3%	81.7%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	23.4%	76.6%	149
Some college, trade school, or Associate degree	54.0%	46.0%	153
Bachelor's degree or higher	72.2%	27.8%	104
Results by household income:			
Less than \$20,000	13.9%	86.1%	66
\$20,000 - \$34,999	21.2%	78.8%	91
\$35,000 - \$49,999	40.8%	59.2%	67
\$50,000 - \$74,999	63.6%	36.4%	82
\$75,000 or more	78.6%	21.4%	88

17B. Do you currently have the following type of health insurance:
HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY
YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	27.9%	72.1%	435
Results by gender:			
Female	21.8%	78.2%	263
Male	34.2%	65.8%	172
Results by age:			
18-34	---	---	28
35-44	21.9%	78.1%	34
45-54	18.4%	81.6%	46
55-64	25.3%	74.7%	111
65-74	40.2%	59.8%	105
75+	51.5%	48.5%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	34.0%	66.0%	149
Some college, trade school, or Associate degree	28.4%	71.6%	153
Bachelor's degree or higher	18.7%	81.3%	104
Results by household income:			
Less than \$20,000	24.1%	75.9%	66
\$20,000 - \$34,999	30.4%	69.6%	91
\$35,000 - \$49,999	34.1%	65.9%	67
\$50,000 - \$74,999	28.9%	71.1%	82
\$75,000 or more	19.6%	80.4%	88

17C. Do you currently have the following type of health insurance:
INDIAN OR TRIBAL HEALTH SERVICE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	0.1%	99.9%	435
Results by gender:			
Female	0.0%	100.0%	263
Male	0.3%	99.7%	172
Results by age:			
18-34	---	---	28
35-44	0.0%	100.0%	34
45-54	0.0%	100.0%	46
55-64	0.0%	100.0%	111
65-74	1.1%	98.9%	105
75+	0.0%	100.0%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	0.5%	99.5%	149
Some college, trade school, or Associate degree	0.0%	100.0%	153
Bachelor's degree or higher	0.0%	100.0%	104
Results by household income:			
Less than \$20,000	0.0%	100.0%	66
\$20,000 - \$34,999	0.9%	99.1%	91
\$35,000 - \$49,999	0.0%	100.0%	67
\$50,000 - \$74,999	0.0%	100.0%	82
\$75,000 or more	0.0%	100.0%	88

17D. Do you currently have the following type of health insurance:
MEDICARE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	27.4%	72.6%	435
Results by gender:			
Female	31.2%	68.8%	263
Male	23.4%	76.6%	172
Results by age:			
18-34	---	---	28
35-44	0.9%	99.1%	34
45-54	10.7%	89.3%	46
55-64	5.1%	94.9%	111
65-74	92.5%	7.5%	105
75+	85.8%	14.2%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	38.0%	62.0%	149
Some college, trade school, or Associate degree	23.2%	76.8%	153
Bachelor's degree or higher	15.9%	84.1%	104
Results by household income:			
Less than \$20,000	48.3%	51.7%	66
\$20,000 - \$34,999	44.1%	55.9%	91
\$35,000 - \$49,999	23.6%	76.4%	67
\$50,000 - \$74,999	16.4%	83.6%	82
\$75,000 or more	10.0%	90.0%	88

All Survey Items (weighted data)

**17E. Do you currently have the following type of health insurance:
MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL
ASSISTANCE PROGRAM (PMAP)?**

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	11.9%	88.1%	435
Results by gender:			
Female	11.6%	88.4%	263
Male	12.3%	87.7%	172
Results by age:			
18-34	---	---	28
35-44	4.6%	95.4%	34
45-54	14.5%	85.5%	46
55-64	1.4%	98.6%	111
65-74	11.7%	88.3%	105
75+	8.7%	91.3%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	17.8%	82.2%	149
Some college, trade school, or Associate degree	15.1%	84.9%	153
Bachelor's degree or higher	1.5%	98.5%	104
Results by household income:			
Less than \$20,000	42.8%	57.2%	66
\$20,000 - \$34,999	10.2%	89.8%	91
\$35,000 - \$49,999	17.8%	82.2%	67
\$50,000 - \$74,999	6.2%	93.8%	82
\$75,000 or more	0.0%	100.0%	88

17F. Do you currently have the following type of health insurance:
MINNESOTACARE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	9.3%	90.7%	435
Results by gender:			
Female	7.3%	92.7%	263
Male	11.5%	88.5%	172
Results by age:			
18-34	---	---	28
35-44	10.7%	89.3%	34
45-54	14.1%	85.9%	46
55-64	4.6%	95.4%	111
65-74	5.4%	94.6%	105
75+	2.3%	97.7%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	12.9%	87.1%	149
Some college, trade school, or Associate degree	11.7%	88.3%	153
Bachelor's degree or higher	1.1%	98.9%	104
Results by household income:			
Less than \$20,000	33.6%	66.4%	66
\$20,000 - \$34,999	21.0%	79.0%	91
\$35,000 - \$49,999	3.3%	96.7%	67
\$50,000 - \$74,999	3.4%	96.6%	82
\$75,000 or more	0.4%	99.6%	88

17G. Do you currently have the following type of health insurance:
MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	0.2%	99.8%	435
Results by gender:			
Female	0.0%	100.0%	263
Male	0.3%	99.7%	172
Results by age:			
18-34	---	---	28
35-44	0.0%	100.0%	34
45-54	0.0%	100.0%	46
55-64	0.9%	99.1%	111
65-74	0.0%	100.0%	105
75+	0.0%	100.0%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	0.5%	99.5%	149
Some college, trade school, or Associate degree	0.0%	100.0%	153
Bachelor's degree or higher	0.0%	100.0%	104
Results by household income:			
Less than \$20,000	1.3%	98.7%	66
\$20,000 - \$34,999	0.0%	100.0%	91
\$35,000 - \$49,999	0.0%	100.0%	67
\$50,000 - \$74,999	0.0%	100.0%	82
\$75,000 or more	0.0%	100.0%	88

All Survey Items (weighted data)

17H. Do you currently have the following type of health insurance:
CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	2.8%	97.2%	435
Results by gender:			
Female	1.4%	98.6%	263
Male	4.3%	95.7%	172
Results by age:			
18-34	---	---	28
35-44	0.0%	100.0%	34
45-54	0.0%	100.0%	46
55-64	2.3%	97.7%	111
65-74	5.6%	94.4%	105
75+	11.5%	88.5%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	3.0%	97.0%	149
Some college, trade school, or Associate degree	3.5%	96.5%	153
Bachelor's degree or higher	1.2%	98.8%	104
Results by household income:			
Less than \$20,000	0.7%	99.3%	66
\$20,000 - \$34,999	4.6%	95.4%	91
\$35,000 - \$49,999	5.4%	94.6%	67
\$50,000 - \$74,999	1.8%	98.2%	82
\$75,000 or more	1.3%	98.7%	88

17I. Do you currently have the following type of health insurance:
OTHER HEALTH INSURANCE COVERAGE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	8.8%	91.2%	435
Results by gender:			
Female	8.4%	91.6%	263
Male	9.3%	90.7%	172
Results by age:			
18-34	---	---	28
35-44	6.1%	93.9%	34
45-54	0.0%	100.0%	46
55-64	3.7%	96.3%	111
65-74	18.8%	81.2%	105
75+	29.9%	70.1%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	11.1%	88.9%	149
Some college, trade school, or Associate degree	8.0%	92.0%	153
Bachelor's degree or higher	4.2%	95.8%	104
Results by household income:			
Less than \$20,000	9.4%	90.6%	66
\$20,000 - \$34,999	24.9%	75.1%	91
\$35,000 - \$49,999	7.7%	92.3%	67
\$50,000 - \$74,999	4.3%	95.7%	82
\$75,000 or more	1.8%	98.2%	88

17J. Do you currently have the following type of health insurance:
NO HEALTH INSURANCE COVERAGE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	0.7%	99.3%	435
Results by gender:			
Female	0.0%	100.0%	263
Male	1.4%	98.6%	172
Results by age:			
18-34	---	---	28
35-44	0.0%	100.0%	34
45-54	2.1%	97.9%	46
55-64	1.4%	98.6%	111
65-74	0.0%	100.0%	105
75+	0.0%	100.0%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	2.1%	97.9%	149
Some college, trade school, or Associate degree	0.0%	100.0%	153
Bachelor's degree or higher	0.0%	100.0%	104
Results by household income:			
Less than \$20,000	3.3%	96.7%	66
\$20,000 - \$34,999	1.5%	98.5%	91
\$35,000 - \$49,999	0.0%	100.0%	67
\$50,000 - \$74,999	0.0%	100.0%	82
\$75,000 or more	0.0%	100.0%	88

All Survey Items (weighted data)

Current health insurance status

	Currently insured	Currently uninsured	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	99.3%	0.7%	435
Results by gender:			
Female	100.0%	0.0%	263
Male	98.6%	1.4%	172
Results by age:			
18-34	---	---	28
35-44	100.0%	0.0%	34
45-54	97.9%	2.1%	46
55-64	98.6%	1.4%	111
65-74	100.0%	0.0%	105
75+	100.0%	0.0%	111
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	97.9%	2.1%	149
Some college, trade school, or Associate degree	100.0%	0.0%	153
Bachelor's degree or higher	100.0%	0.0%	104
Results by household income:			
Less than \$20,000	96.7%	3.3%	66
\$20,000 - \$34,999	98.5%	1.5%	91
\$35,000 - \$49,999	100.0%	0.0%	67
\$50,000 - \$74,999	100.0%	0.0%	82
\$75,000 or more	100.0%	0.0%	88

18. Do you consider yourself:

	Overweight	About the right weight	Underweight	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	43.6%	54.9%	1.5%	497
Overall results from 2015	40.5%	55.3%	4.2%	439
Results by gender:				
Female	46.7%	52.2%	1.2%	265
Male	34.2%	58.5%	7.2%	174
Results by age:				
18-34	---	---	---	27
35-44	34.5%	58.0%	7.5%	35
45-54	43.1%	56.9%	0.0%	45
55-64	54.4%	45.6%	0.0%	113
65-74	55.2%	44.8%	0.0%	106
75+	27.2%	69.3%	3.5%	113
Results by education level:				
Less than HS diploma, no GED	---	---	---	29
High school diploma or GED	40.1%	51.1%	8.8%	151
Some college, trade school, or Associate degree	49.6%	49.7%	0.7%	152
Bachelor's degree or higher	33.0%	66.1%	0.8%	104
Results by household income:				
Less than \$20,000	35.5%	63.8%	0.7%	68
\$20,000 - \$34,999	37.7%	55.5%	6.8%	91
\$35,000 - \$49,999	51.2%	34.6%	14.2%	69
\$50,000 - \$74,999	42.4%	57.6%	0.0%	82
\$75,000 or more	38.2%	60.9%	1.0%	87

19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	30.9%	49.3%	18.3%	1.5%	426
Results by gender:					
Female	22.7%	51.8%	24.6%	0.9%	259
Male	39.3%	46.8%	11.9%	2.0%	167
Results by age:					
18-34	---	---	---	---	28
35-44	48.2%	37.7%	14.0%	0.0%	34
45-54	39.9%	54.8%	5.3%	0.0%	45
55-64	24.8%	56.8%	15.2%	3.2%	111
65-74	21.6%	61.2%	12.6%	4.6%	102
75+	11.3%	64.9%	21.4%	2.3%	106
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	38.9%	44.9%	15.0%	1.2%	141
Some college, trade school, or Associate degree	28.1%	52.5%	17.9%	1.5%	150
Bachelor's degree or higher	24.0%	50.6%	23.5%	1.8%	104
Results by household income:					
Less than \$20,000	40.7%	35.7%	20.6%	3.0%	66
\$20,000 - \$34,999	38.1%	46.8%	14.7%	0.5%	86
\$35,000 - \$49,999	41.6%	45.0%	11.4%	2.0%	67
\$50,000 - \$74,999	30.3%	51.1%	17.1%	1.5%	80
\$75,000 or more	19.2%	53.1%	26.6%	1.2%	88

20. How many servings of 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	48.3%	46.2%	4.3%	1.2%	424
Results by gender:					
Female	54.2%	39.1%	6.1%	0.5%	258
Male	42.3%	53.5%	2.4%	1.8%	166
Results by age:					
18-34	---	---	---	---	28
35-44	51.5%	46.8%	1.8%	0.0%	34
45-54	57.0%	35.5%	5.3%	2.2%	45
55-64	57.9%	38.4%	2.8%	0.9%	111
65-74	49.8%	47.9%	1.1%	1.2%	100
75+	35.9%	57.9%	3.1%	3.0%	106
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	37.9%	56.4%	5.8%	0.0%	143
Some college, trade school, or Associate degree	52.2%	39.9%	5.3%	2.5%	150
Bachelor's degree or higher	57.5%	41.1%	1.1%	0.3%	100
Results by household income:					
Less than \$20,000	39.9%	50.2%	8.8%	1.1%	66
\$20,000 - \$34,999	46.2%	48.2%	1.8%	3.8%	86
\$35,000 - \$49,999	36.0%	62.6%	0.0%	1.4%	68
\$50,000 - \$74,999	59.8%	32.6%	7.6%	0.0%	79
\$75,000 or more	55.6%	39.7%	4.7%	0.0%	87

All Survey Items (weighted data)

How many combined servings of fruit and 100% fruit juice did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	17.1%	45.9%	27.9%	9.0%	418
Results by gender:					
Female	15.5%	40.7%	37.6%	6.2%	253
Male	18.8%	51.2%	18.1%	11.9%	165
Results by age:					
18-34	---	---	---	---	28
35-44	19.6%	57.0%	19.9%	3.5%	34
45-54	24.6%	46.1%	26.3%	3.1%	45
55-64	14.6%	52.9%	25.5%	7.0%	109
65-74	16.0%	49.1%	26.8%	8.1%	99
75+	8.0%	36.3%	45.1%	10.6%	103
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	11.1%	51.5%	30.6%	6.7%	139
Some college, trade school, or Associate degree	19.5%	46.4%	26.9%	7.2%	149
Bachelor's degree or higher	20.7%	39.5%	26.7%	13.0%	100
Results by household income:					
Less than \$20,000	23.4%	28.7%	30.4%	17.5%	64
\$20,000 - \$34,999	20.4%	48.4%	22.3%	9.0%	84
\$35,000 - \$49,999	10.1%	64.4%	22.9%	2.5%	66
\$50,000 - \$74,999	28.6%	35.9%	23.9%	11.6%	79
\$75,000 or more	9.6%	47.6%	34.7%	8.1%	87

21. How many servings of vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5 or more servings	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	10.5%	68.3%	19.1%	2.1%	501
Overall results from 2015	13.1%	63.4%	19.7%	3.8%	424
Results by gender:					
Female	10.3%	61.2%	24.4%	4.1%	258
Male	16.1%	65.6%	14.9%	3.4%	166
Results by age:					
18-34	---	---	---	---	27
35-44	11.1%	79.2%	9.7%	0.0%	34
45-54	16.4%	60.2%	23.5%	0.0%	44
55-64	10.6%	64.4%	17.5%	7.4%	111
65-74	6.6%	76.8%	13.4%	3.2%	104
75+	7.9%	70.2%	20.6%	1.3%	104
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	19.3%	65.2%	13.4%	2.0%	142
Some college, trade school, or Associate degree	11.2%	65.0%	20.6%	3.2%	147
Bachelor's degree or higher	5.5%	61.9%	26.8%	5.8%	104
Results by household income:					
Less than \$20,000	15.3%	68.9%	12.3%	3.5%	66
\$20,000 - \$34,999	21.0%	59.9%	14.9%	4.2%	85
\$35,000 - \$49,999	20.7%	64.4%	14.2%	0.7%	67
\$50,000 - \$74,999	6.0%	57.4%	30.6%	6.0%	80
\$75,000 or more	8.2%	65.9%	21.6%	4.4%	88

How many combined servings of fruit (including fruit juice) and vegetables did you have yesterday?

	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	2.7%	30.6%	29.3%	32.4%	4.9%	414
Results by gender:						
Female	3.1%	20.2%	28.1%	44.1%	4.5%	251
Male	2.2%	41.5%	30.6%	20.3%	5.4%	163
Results by age:						
18-34	---	---	---	---	---	27
35-44	2.6%	43.0%	27.5%	26.9%	0.0%	34
45-54	2.7%	37.6%	32.3%	24.3%	3.1%	44
55-64	4.3%	26.2%	36.1%	29.1%	4.3%	108
65-74	2.4%	31.0%	34.5%	26.3%	5.8%	99
75+	0.6%	13.5%	28.3%	55.1%	2.5%	102
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	1.4%	40.0%	23.4%	33.0%	2.1%	138
Some college, trade school, or Associate degree	5.3%	23.8%	33.7%	30.7%	6.6%	146
Bachelor's degree or higher	0.7%	27.0%	32.2%	33.9%	6.2%	100
Results by household income:						
Less than \$20,000	4.1%	38.0%	27.7%	25.9%	4.2%	62
\$20,000 - \$34,999	7.6%	25.8%	29.2%	31.4%	6.0%	83
\$35,000 - \$49,999	1.8%	46.1%	26.0%	24.0%	2.1%	65
\$50,000 - \$74,999	1.1%	33.2%	27.3%	28.8%	9.7%	79
\$75,000 or more	1.2%	19.8%	35.0%	40.3%	3.6%	87

22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	31.4%	52.9%	11.6%	4.1%	0.1%	486
Overall results from 2015	32.1%	59.9%	7.1%	0.9%	0.0%	431
Results by gender:						
Female	36.1%	55.0%	7.5%	1.4%	0.0%	261
Male	28.1%	64.8%	6.6%	0.5%	0.0%	170
Results by age:						
18-34	---	---	---	---	---	28
35-44	40.6%	50.0%	9.4%	0.0%	0.0%	34
45-54	40.6%	53.0%	3.8%	2.6%	0.0%	46
55-64	33.9%	54.7%	10.5%	0.9%	0.0%	113
65-74	34.5%	58.0%	6.9%	0.6%	0.0%	101
75+	27.8%	63.7%	7.3%	1.2%	0.0%	109
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	27
High school diploma or GED	34.5%	60.9%	4.7%	0.0%	0.0%	147
Some college, trade school, or Associate degree	38.1%	53.1%	8.3%	0.5%	0.0%	150
Bachelor's degree or higher	23.3%	68.6%	6.2%	1.9%	0.0%	105
Results by household income:						
Less than \$20,000	32.9%	58.1%	7.5%	1.4%	0.0%	67
\$20,000 - \$34,999	22.2%	56.6%	17.9%	3.3%	0.0%	88
\$35,000 - \$49,999	34.6%	63.2%	2.2%	0.0%	0.0%	67
\$50,000 - \$74,999	28.3%	65.6%	6.1%	0.0%	0.0%	81
\$75,000 or more	37.8%	56.4%	5.1%	0.6%	0.0%	88

22B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	69.4%	21.6%	5.1%	3.9%	0.0%	447
Overall results from 2015	57.8%	38.5%	3.1%	0.5%	0.2%	393
Results by gender:						
Female	69.3%	29.2%	0.3%	0.7%	0.4%	243
Male	45.5%	48.3%	5.9%	0.2%	0.0%	150
Results by age:						
18-34	---	---	---	---	---	28
35-44	36.6%	60.8%	0.0%	2.6%	0.0%	34
45-54	53.5%	37.9%	8.6%	0.0%	0.0%	45
55-64	72.6%	23.4%	3.5%	0.5%	0.0%	103
65-74	71.9%	25.5%	0.7%	0.0%	1.9%	90
75+	87.4%	12.6%	0.0%	0.0%	0.0%	93
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	52.1%	44.4%	3.2%	0.3%	0.0%	130
Some college, trade school, or Associate degree	58.6%	36.9%	4.5%	0.0%	0.0%	138
Bachelor's degree or higher	62.7%	34.3%	1.7%	1.3%	0.0%	100
Results by household income:						
Less than \$20,000	53.5%	34.5%	10.5%	0.0%	1.6%	60
\$20,000 - \$34,999	64.5%	34.5%	0.5%	0.6%	0.0%	80
\$35,000 - \$49,999	49.2%	48.6%	2.3%	0.0%	0.0%	60
\$50,000 - \$74,999	46.6%	47.8%	5.6%	0.0%	0.0%	74
\$75,000 or more	68.0%	30.5%	0.0%	1.5%	0.0%	84

22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	71.5%	22.6%	2.6%	0.6%	2.7%	452
Overall results from 2015	81.3%	15.8%	2.4%	0.2%	0.2%	390
Results by gender:						
Female	82.8%	14.2%	2.5%	0.2%	0.4%	239
Male	79.7%	17.7%	2.3%	0.3%	0.0%	151
Results by age:						
18-34	---	---	---	---	---	26
35-44	80.7%	16.7%	1.7%	0.0%	0.9%	35
45-54	83.2%	14.4%	2.3%	0.0%	0.0%	43
55-64	68.9%	24.9%	5.7%	0.5%	0.0%	102
65-74	64.7%	28.3%	5.1%	1.3%	0.6%	91
75+	87.9%	11.3%	0.7%	0.0%	0.0%	93
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	84.6%	13.1%	2.2%	0.0%	0.0%	129
Some college, trade school, or Associate degree	83.7%	11.9%	3.3%	0.7%	0.4%	142
Bachelor's degree or higher	76.0%	22.3%	1.7%	0.0%	0.0%	95
Results by household income:						
Less than \$20,000	88.1%	8.2%	3.2%	0.0%	0.5%	62
\$20,000 - \$34,999	80.4%	13.0%	4.7%	1.0%	0.9%	78
\$35,000 - \$49,999	83.6%	16.4%	0.0%	0.0%	0.0%	61
\$50,000 - \$74,999	71.5%	25.4%	3.1%	0.0%	0.0%	73
\$75,000 or more	83.5%	14.3%	2.3%	0.0%	0.0%	84

22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	95.3%	4.6%	0.1%	0.0%	0.0%	450
Overall results from 2015	93.9%	2.4%	3.6%	0.0%	0.0%	388
Results by gender:						
Female	97.8%	0.6%	1.6%	0.0%	0.0%	237
Male	90.0%	4.3%	5.7%	0.0%	0.0%	151
Results by age:						
18-34	---	---	---	---	---	27
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	34
45-54	99.1%	0.9%	0.0%	0.0%	0.0%	45
55-64	94.9%	5.1%	0.0%	0.0%	0.0%	102
65-74	98.7%	0.0%	1.3%	0.0%	0.0%	86
75+	99.3%	0.7%	0.0%	0.0%	0.0%	94
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	23
High school diploma or GED	90.4%	0.3%	9.3%	0.0%	0.0%	127
Some college, trade school, or Associate degree	92.8%	5.3%	1.9%	0.0%	0.0%	139
Bachelor's degree or higher	98.8%	1.2%	0.0%	0.0%	0.0%	97
Results by household income:						
Less than \$20,000	99.0%	0.0%	1.0%	0.0%	0.0%	60
\$20,000 - \$34,999	93.6%	6.4%	0.0%	0.0%	0.0%	79
\$35,000 - \$49,999	84.0%	0.5%	15.5%	0.0%	0.0%	57
\$50,000 - \$74,999	93.4%	3.6%	3.0%	0.0%	0.0%	72
\$75,000 or more	98.0%	2.0%	0.0%	0.0%	0.0%	84

All Survey Items (weighted data)

23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	39.7%	49.8%	7.2%	3.3%	0.0%	482
Overall results from 2015	40.4%	49.0%	8.7%	1.4%	0.5%	433
Results by gender:						
Female	48.1%	45.3%	4.9%	0.8%	0.9%	262
Male	32.5%	52.8%	12.6%	1.9%	0.1%	171
Results by age:						
18-34	---	---	---	---	---	27
35-44	15.2%	60.6%	21.5%	1.7%	0.9%	35
45-54	45.7%	40.6%	13.7%	0.0%	0.0%	46
55-64	49.2%	40.3%	4.6%	4.1%	1.9%	112
65-74	47.6%	46.1%	4.6%	1.1%	0.6%	104
75+	54.1%	41.7%	2.4%	1.7%	0.0%	109
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	44.3%	52.7%	0.8%	1.0%	1.1%	147
Some college, trade school, or Associate degree	41.6%	42.2%	13.7%	2.5%	0.0%	151
Bachelor's degree or higher	34.4%	55.4%	9.6%	0.0%	0.6%	104
Results by household income:						
Less than \$20,000	50.0%	40.4%	9.7%	0.0%	0.0%	67
\$20,000 - \$34,999	44.5%	45.5%	8.0%	1.5%	0.4%	90
\$35,000 - \$49,999	33.8%	61.8%	1.3%	1.4%	1.8%	68
\$50,000 - \$74,999	42.2%	45.8%	8.9%	2.6%	0.5%	81
\$75,000 or more	33.7%	50.6%	14.5%	1.2%	0.0%	86

23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	50.3%	47.5%	1.9%	0.2%	0.2%	477
Overall results from 2015	45.6%	49.9%	3.2%	1.3%	0.0%	424
Results by gender:						
Female	49.0%	50.0%	1.0%	0.0%	0.0%	257
Male	42.1%	49.8%	5.4%	2.6%	0.0%	167
Results by age:						
18-34	---	---	---	---	---	28
35-44	44.8%	55.2%	0.0%	0.0%	0.0%	35
45-54	50.9%	36.3%	12.8%	0.0%	0.0%	46
55-64	42.7%	52.6%	1.9%	2.8%	0.0%	109
65-74	41.6%	56.0%	1.2%	1.2%	0.0%	100
75+	53.7%	44.4%	1.3%	0.6%	0.0%	106
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	46.5%	49.6%	0.6%	3.3%	0.0%	140
Some college, trade school, or Associate degree	47.6%	46.3%	5.6%	0.5%	0.0%	149
Bachelor's degree or higher	42.7%	53.4%	3.4%	0.5%	0.0%	104
Results by household income:						
Less than \$20,000	53.4%	36.9%	9.7%	0.0%	0.0%	65
\$20,000 - \$34,999	45.4%	51.9%	2.8%	0.0%	0.0%	86
\$35,000 - \$49,999	44.8%	52.2%	1.7%	1.3%	0.0%	69
\$50,000 - \$74,999	58.6%	35.9%	0.8%	4.8%	0.0%	78
\$75,000 or more	27.0%	68.9%	4.0%	0.0%	0.0%	87

23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	98.9%	0.4%	0.1%	0.5%	0.0%	403
Results by gender:						
Female	99.2%	0.1%	0.0%	0.7%	0.0%	242
Male	98.6%	0.7%	0.3%	0.4%	0.0%	161
Results by age:						
18-34	---	---	---	---	---	28
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	33
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	46
55-64	100.0%	0.0%	0.0%	0.0%	0.0%	102
65-74	97.7%	0.5%	1.2%	0.5%	0.0%	100
75+	93.8%	2.7%	0.0%	3.5%	0.0%	94
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	99.1%	0.6%	0.0%	0.3%	0.0%	130
Some college, trade school, or Associate degree	99.4%	0.0%	0.4%	0.2%	0.0%	144
Bachelor's degree or higher	99.4%	0.0%	0.0%	0.6%	0.0%	103
Results by household income:						
Less than \$20,000	97.6%	0.5%	1.1%	0.7%	0.0%	62
\$20,000 - \$34,999	97.3%	1.1%	0.0%	1.6%	0.0%	83
\$35,000 - \$49,999	100.0%	0.0%	0.0%	0.0%	0.0%	64
\$50,000 - \$74,999	98.4%	0.8%	0.0%	0.9%	0.0%	77
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	84

23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	97.0%	1.7%	0.5%	0.5%	0.3%	413
Results by gender:						
Female	97.1%	1.6%	0.7%	0.5%	0.2%	250
Male	96.9%	1.9%	0.4%	0.5%	0.4%	163
Results by age:						
18-34	---	---	---	---	---	28
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	34
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	46
55-64	99.5%	0.5%	0.0%	0.0%	0.0%	108
65-74	96.6%	2.3%	0.5%	0.5%	0.0%	98
75+	81.1%	10.1%	3.4%	3.4%	2.0%	99
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	95.1%	2.9%	0.9%	0.8%	0.3%	138
Some college, trade school, or Associate degree	97.4%	1.4%	0.5%	0.3%	0.5%	145
Bachelor's degree or higher	99.2%	0.0%	0.2%	0.6%	0.0%	103
Results by household income:						
Less than \$20,000	97.4%	1.9%	0.0%	0.7%	0.0%	63
\$20,000 - \$34,999	92.6%	3.4%	1.8%	2.2%	0.0%	86
\$35,000 - \$49,999	96.2%	2.6%	0.3%	0.0%	0.9%	66
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	78
\$75,000 or more	99.3%	0.7%	0.0%	0.0%	0.0%	85

23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	94.8%	4.8%	0.0%	0.3%	0.1%	401
Results by gender:						
Female	96.4%	3.4%	0.0%	0.0%	0.1%	243
Male	93.1%	6.2%	0.0%	0.7%	0.0%	158
Results by age:						
18-34	---	---	---	---	---	27
35-44	98.2%	1.8%	0.0%	0.0%	0.0%	34
45-54	88.9%	11.1%	0.0%	0.0%	0.0%	46
55-64	96.1%	3.0%	0.0%	1.0%	0.0%	103
65-74	94.8%	4.6%	0.0%	0.0%	0.5%	99
75+	89.3%	9.3%	0.0%	1.4%	0.0%	92
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	26
High school diploma or GED	92.9%	5.9%	0.0%	1.1%	0.0%	130
Some college, trade school, or Associate degree	96.5%	3.5%	0.0%	0.0%	0.0%	140
Bachelor's degree or higher	95.5%	4.5%	0.0%	0.0%	0.0%	103
Results by household income:						
Less than \$20,000	96.2%	3.8%	0.0%	0.0%	0.0%	61
\$20,000 - \$34,999	94.2%	5.8%	0.0%	0.0%	0.0%	83
\$35,000 - \$49,999	96.7%	2.4%	0.0%	0.9%	0.0%	64
\$50,000 - \$74,999	91.3%	7.9%	0.0%	0.8%	0.0%	77
\$75,000 or more	96.0%	4.0%	0.0%	0.0%	0.0%	83

23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	1.4%	9.7%	15.9%	34.7%	38.4%	497
Overall results from 2015	1.6%	9.0%	18.1%	23.7%	47.7%	432
Results by gender:						
Female	2.1%	5.0%	16.5%	27.0%	49.4%	263
Male	1.0%	13.2%	19.7%	20.2%	45.9%	169
Results by age:						
18-34	---	---	---	---	---	28
35-44	0.0%	2.6%	26.7%	27.9%	42.8%	35
45-54	4.7%	15.4%	23.9%	24.4%	31.6%	46
55-64	0.9%	4.2%	10.7%	27.6%	56.5%	111
65-74	1.1%	5.5%	13.5%	19.9%	60.1%	105
75+	2.5%	11.1%	12.9%	19.1%	54.5%	107
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	29
High school diploma or GED	3.1%	11.9%	22.8%	23.9%	38.4%	145
Some college, trade school, or Associate degree	1.6%	13.0%	17.8%	22.4%	45.3%	151
Bachelor's degree or higher	0.2%	1.4%	14.2%	24.9%	59.3%	104
Results by household income:						
Less than \$20,000	5.8%	14.6%	23.8%	20.3%	35.5%	70
\$20,000 - \$34,999	4.6%	4.8%	19.5%	24.0%	47.0%	88
\$35,000 - \$49,999	0.0%	18.0%	22.9%	26.4%	32.8%	66
\$50,000 - \$74,999	0.0%	3.7%	14.7%	14.8%	66.7%	79
\$75,000 or more	0.0%	5.0%	16.3%	31.1%	47.6%	88

23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2010	32.5%	24.4%	14.1%	14.5%	14.6%	487
Overall results from 2015	23.9%	27.8%	18.4%	13.2%	16.8%	432
Results by gender:						
Female	29.9%	18.1%	19.4%	15.3%	17.3%	265
Male	17.6%	38.0%	17.3%	10.9%	16.2%	167
Results by age:						
18-34	---	---	---	---	---	28
35-44	16.4%	35.9%	32.5%	1.7%	13.5%	35
45-54	20.1%	35.5%	14.1%	12.0%	18.4%	46
55-64	23.7%	17.3%	17.4%	23.3%	18.3%	112
65-74	27.0%	19.4%	18.5%	9.8%	25.3%	105
75+	40.7%	21.2%	12.0%	10.6%	15.5%	106
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	22.0%	21.4%	25.1%	15.2%	16.3%	145
Some college, trade school, or Associate degree	21.5%	25.2%	18.3%	17.2%	17.7%	152
Bachelor's degree or higher	28.3%	38.4%	12.5%	8.2%	12.6%	105
Results by household income:						
Less than \$20,000	19.1%	17.4%	13.6%	21.0%	28.9%	66
\$20,000 - \$34,999	23.2%	17.8%	17.6%	12.2%	29.2%	90
\$35,000 - \$49,999	20.1%	27.1%	32.9%	10.0%	9.9%	68
\$50,000 - \$74,999	13.0%	39.5%	14.7%	13.6%	19.2%	81
\$75,000 or more	34.7%	29.5%	16.5%	13.9%	5.5%	88

24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	6.7%	17.2%	22.1%	34.4%	19.6%	433
Results by gender:						
Female	9.9%	10.5%	18.5%	41.8%	19.3%	263
Male	3.5%	24.2%	25.8%	26.6%	19.9%	170
Results by age:						
18-34	---	---	---	---	---	27
35-44	3.3%	12.3%	23.8%	45.3%	15.3%	36
45-54	5.1%	17.9%	38.0%	21.8%	17.1%	46
55-64	12.4%	7.4%	23.4%	36.9%	19.8%	112
65-74	3.2%	11.5%	21.6%	37.6%	26.0%	104
75+	9.7%	8.4%	15.3%	50.9%	15.7%	108
Results by education level:						
Less than HS diploma, no GED	15.5%	4.8%	11.4%	30.6%	37.7%	31
High school diploma or GED	4.2%	12.9%	23.1%	40.1%	19.6%	150
Some college, trade school, or Associate degree	9.7%	17.4%	21.3%	32.1%	19.5%	148
Bachelor's degree or higher	4.9%	23.1%	23.6%	31.4%	17.0%	101
Results by household income:						
Less than \$20,000	1.6%	33.0%	27.5%	30.8%	7.2%	70
\$20,000 - \$34,999	6.8%	14.4%	21.1%	39.2%	18.5%	84
\$35,000 - \$49,999	3.9%	7.6%	17.8%	40.0%	30.6%	69
\$50,000 - \$74,999	5.6%	20.8%	21.7%	31.6%	20.3%	84
\$75,000 or more	10.8%	15.2%	24.2%	31.6%	18.2%	86

24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	37.1%	16.5%	13.7%	20.1%	12.5%	408
Results by gender:						
Female	36.5%	15.2%	15.9%	22.2%	10.2%	243
Male	37.7%	17.9%	11.5%	18.1%	14.9%	165
Results by age:						
18-34	---	---	---	---	---	28
35-44	55.5%	15.7%	7.6%	17.9%	3.4%	35
45-54	29.6%	11.7%	17.4%	20.4%	20.8%	45
55-64	27.1%	9.2%	22.6%	23.2%	17.9%	107
65-74	41.6%	14.0%	13.9%	20.3%	10.2%	95
75+	52.2%	6.7%	7.3%	28.0%	5.8%	98
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	51.2%	12.4%	10.4%	19.7%	6.4%	138
Some college, trade school, or Associate degree	23.5%	24.2%	17.1%	20.4%	14.8%	143
Bachelor's degree or higher	35.5%	12.6%	14.2%	21.2%	16.5%	101
Results by household income:						
Less than \$20,000	39.7%	18.6%	6.5%	21.0%	14.1%	66
\$20,000 - \$34,999	37.7%	25.4%	13.5%	18.5%	5.0%	83
\$35,000 - \$49,999	47.0%	19.9%	16.4%	9.4%	7.2%	65
\$50,000 - \$74,999	34.2%	23.3%	14.5%	18.5%	9.6%	78
\$75,000 or more	29.9%	2.5%	14.5%	30.2%	22.8%	83

24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	61.6%	20.8%	8.1%	4.2%	5.3%	394
Results by gender:						
Female	62.2%	23.2%	7.3%	4.3%	3.0%	235
Male	60.9%	18.4%	8.9%	4.2%	7.6%	159
Results by age:						
18-34	---	---	---	---	---	26
35-44	50.4%	18.5%	17.9%	3.4%	9.8%	35
45-54	65.9%	26.8%	4.1%	3.2%	0.0%	44
55-64	68.1%	18.5%	6.0%	6.4%	1.0%	102
65-74	64.0%	14.8%	11.6%	8.4%	1.3%	94
75+	82.0%	10.4%	5.5%	2.2%	0.0%	93
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	62.1%	22.9%	1.8%	3.5%	9.6%	125
Some college, trade school, or Associate degree	56.6%	25.9%	9.3%	5.9%	2.3%	144
Bachelor's degree or higher	67.8%	14.1%	12.5%	3.0%	2.6%	98
Results by household income:						
Less than \$20,000	63.7%	24.4%	2.9%	9.0%	0.0%	60
\$20,000 - \$34,999	66.2%	14.9%	5.0%	5.9%	8.1%	75
\$35,000 - \$49,999	45.0%	23.6%	13.3%	3.5%	14.6%	64
\$50,000 - \$74,999	74.4%	18.3%	3.3%	1.5%	2.5%	75
\$75,000 or more	54.9%	23.6%	14.2%	4.1%	3.2%	86

24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	98.9%	0.8%	0.2%	0.1%	0.0%	400
Results by gender:						
Female	98.3%	1.2%	0.4%	0.2%	0.0%	240
Male	99.5%	0.5%	0.0%	0.0%	0.0%	160
Results by age:						
18-34	---	---	---	---	---	27
35-44	98.3%	1.7%	0.0%	0.0%	0.0%	33
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	45
55-64	98.6%	1.0%	0.5%	0.0%	0.0%	106
65-74	98.2%	1.8%	0.0%	0.0%	0.0%	93
75+	97.2%	1.4%	0.7%	0.7%	0.0%	96
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	25
High school diploma or GED	99.5%	0.2%	0.3%	0.0%	0.0%	130
Some college, trade school, or Associate degree	99.0%	0.5%	0.3%	0.3%	0.0%	145
Bachelor's degree or higher	98.8%	1.2%	0.0%	0.0%	0.0%	99
Results by household income:						
Less than \$20,000	97.0%	1.6%	0.7%	0.7%	0.0%	63
\$20,000 - \$34,999	99.3%	0.7%	0.0%	0.0%	0.0%	77
\$35,000 - \$49,999	99.5%	0.5%	0.0%	0.0%	0.0%	64
\$50,000 - \$74,999	99.6%	0.0%	0.4%	0.0%	0.0%	80
\$75,000 or more	98.3%	1.7%	0.0%	0.0%	0.0%	83

24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	89.7%	9.8%	0.3%	0.2%	0.0%	401
Results by gender:						
Female	95.1%	4.5%	0.0%	0.4%	0.0%	240
Male	84.2%	15.2%	0.7%	0.0%	0.0%	161
Results by age:						
18-34	---	---	---	---	---	27
35-44	84.6%	15.4%	0.0%	0.0%	0.0%	35
45-54	85.7%	14.3%	0.0%	0.0%	0.0%	45
55-64	100.0%	0.0%	0.0%	0.0%	0.0%	105
65-74	96.4%	2.4%	1.3%	0.0%	0.0%	94
75+	94.4%	2.9%	1.3%	1.4%	0.0%	95
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	26
High school diploma or GED	80.9%	17.9%	0.6%	0.6%	0.0%	129
Some college, trade school, or Associate degree	91.5%	8.1%	0.4%	0.0%	0.0%	146
Bachelor's degree or higher	98.0%	2.0%	0.0%	0.0%	0.0%	99
Results by household income:						
Less than \$20,000	66.8%	32.1%	1.1%	0.0%	0.0%	63
\$20,000 - \$34,999	87.6%	11.1%	0.0%	1.3%	0.0%	77
\$35,000 - \$49,999	78.6%	20.5%	0.9%	0.0%	0.0%	64
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	81
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	84

24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N
<i>Cottonwood County</i>	%	%	%	%	%	(Unweighted)
Overall results from 2015	92.7%	4.2%	1.8%	0.3%	1.0%	385
Results by gender:						
Female	90.8%	5.6%	1.7%	0.5%	1.4%	229
Male	94.6%	2.8%	1.9%	0.0%	0.7%	156
Results by age:						
18-34	---	---	---	---	---	25
35-44	83.5%	11.5%	3.4%	1.7%	0.0%	35
45-54	98.1%	1.9%	0.0%	0.0%	0.0%	43
55-64	89.5%	4.0%	2.5%	0.0%	4.0%	103
65-74	90.5%	3.7%	5.8%	0.0%	0.0%	91
75+	92.2%	6.5%	1.4%	0.0%	0.0%	88
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	24
High school diploma or GED	89.9%	8.3%	1.9%	0.0%	0.0%	128
Some college, trade school, or Associate degree	94.6%	2.8%	1.8%	0.0%	0.8%	135
Bachelor's degree or higher	93.7%	1.1%	1.8%	0.8%	2.5%	97
Results by household income:						
Less than \$20,000	85.7%	7.9%	3.0%	0.0%	3.5%	58
\$20,000 - \$34,999	96.5%	3.5%	0.0%	0.0%	0.0%	74
\$35,000 - \$49,999	92.8%	7.2%	0.0%	0.0%	0.0%	61
\$50,000 - \$74,999	94.0%	3.0%	1.9%	0.0%	1.1%	77
\$75,000 or more	92.5%	2.1%	3.0%	1.0%	1.4%	82

All Survey Items (weighted data)

25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2010	45.5%	15.6%	20.0%	14.2%	4.7%	464
Overall results from 2015	39.8%	21.8%	20.8%	11.8%	5.7%	425
Results by gender:						
Female	42.9%	19.7%	16.1%	17.6%	3.8%	257
Male	36.6%	24.0%	25.8%	5.8%	7.7%	168
Results by age:						
18-34	---	---	---	---	---	27
35-44	52.3%	21.2%	12.7%	8.3%	5.5%	36
45-54	39.0%	25.4%	20.6%	13.2%	1.8%	44
55-64	32.8%	21.0%	22.4%	11.5%	12.3%	112
65-74	42.2%	19.0%	18.7%	13.1%	7.0%	100
75+	38.7%	24.4%	16.9%	17.4%	2.6%	106
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	38.3%	20.4%	25.7%	8.4%	7.2%	146
Some college, trade school, or Associate degree	50.1%	20.2%	16.0%	8.3%	5.3%	148
Bachelor's degree or higher	28.5%	26.9%	22.0%	19.8%	2.8%	102
Results by household income:						
Less than \$20,000	43.8%	21.5%	16.4%	6.9%	11.4%	69
\$20,000 - \$34,999	49.5%	23.2%	5.4%	12.8%	9.2%	86
\$35,000 - \$49,999	43.2%	13.9%	32.2%	5.5%	5.2%	65
\$50,000 - \$74,999	42.3%	22.1%	23.6%	10.2%	1.8%	82
\$75,000 or more	26.3%	26.2%	23.6%	18.8%	5.1%	86

25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2010	79.9%	8.9%	4.6%	3.8%	2.8%	429
Overall results from 2015	80.5%	12.9%	4.5%	1.2%	0.9%	408
Results by gender:						
Female	84.6%	8.3%	4.1%	2.4%	0.7%	248
Male	76.2%	17.7%	5.0%	0.0%	1.0%	160
Results by age:						
18-34	---	---	---	---	---	27
35-44	73.6%	12.1%	12.7%	1.7%	0.0%	36
45-54	87.9%	6.0%	2.6%	1.7%	1.7%	45
55-64	85.3%	5.9%	5.9%	0.0%	2.9%	104
65-74	89.9%	5.5%	1.8%	2.9%	0.0%	96
75+	88.7%	7.9%	1.3%	2.0%	0.0%	100
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	28
High school diploma or GED	84.0%	15.5%	0.4%	0.0%	0.0%	133
Some college, trade school, or Associate degree	83.4%	6.4%	7.1%	1.2%	1.9%	146
Bachelor's degree or higher	74.6%	16.9%	5.5%	2.4%	0.6%	101
Results by household income:						
Less than \$20,000	87.3%	7.3%	3.3%	2.0%	0.0%	66
\$20,000 - \$34,999	85.3%	13.6%	1.1%	0.0%	0.0%	80
\$35,000 - \$49,999	73.3%	21.3%	3.9%	0.7%	0.9%	65
\$50,000 - \$74,999	85.9%	8.1%	4.0%	0.6%	1.5%	79
\$75,000 or more	71.7%	15.6%	9.0%	2.4%	1.3%	83

All Survey Items (weighted data)

25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2010	29.7%	8.7%	12.1%	12.0%	37.5%	474
Overall results from 2015	48.9%	5.7%	10.3%	7.0%	28.1%	423
Results by gender:						
Female	45.2%	7.9%	9.5%	8.5%	29.0%	258
Male	52.9%	3.4%	11.2%	5.4%	27.1%	165
Results by age:						
18-34	---	---	---	---	---	28
35-44	53.0%	4.1%	19.1%	9.0%	14.8%	36
45-54	61.3%	0.0%	3.5%	7.8%	27.4%	44
55-64	39.7%	7.4%	16.3%	4.6%	32.0%	110
65-74	47.3%	5.2%	10.2%	12.3%	24.9%	101
75+	48.1%	8.8%	7.0%	4.5%	31.7%	104
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	27
High school diploma or GED	48.6%	1.6%	9.3%	6.1%	34.4%	142
Some college, trade school, or Associate degree	52.8%	9.9%	7.0%	6.4%	23.9%	150
Bachelor's degree or higher	44.9%	4.5%	13.5%	9.1%	28.0%	101
Results by household income:						
Less than \$20,000	62.2%	1.1%	7.1%	4.2%	25.4%	69
\$20,000 - \$34,999	61.2%	4.6%	11.5%	8.5%	14.2%	82
\$35,000 - \$49,999	40.9%	7.0%	14.7%	1.9%	35.5%	68
\$50,000 - \$74,999	45.6%	5.8%	4.1%	15.4%	29.2%	80
\$75,000 or more	44.5%	7.5%	13.4%	4.2%	30.5%	87

All Survey Items (weighted data)

26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

	Less than 2 miles	2-6 miles	7-10 miles	11-20 miles	21-30 miles	Over 30 miles	N
<i>Cottonwood County</i>	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	48.1%	11.3%	9.3%	11.9%	9.7%	11.2%	444
Results by gender:							
Female	44.2%	12.0%	8.7%	13.4%	11.4%	12.0%	270
Male	52.3%	10.7%	9.9%	10.3%	8.0%	10.4%	174
Results by age:							
18-34	---	---	---	---	---	---	28
35-44	55.8%	8.1%	14.1%	4.1%	9.0%	9.0%	37
45-54	42.3%	11.1%	12.8%	9.0%	9.8%	14.9%	46
55-64	39.7%	15.2%	7.2%	17.4%	12.5%	9.8%	115
65-74	42.1%	19.5%	9.9%	15.3%	8.6%	10.0%	106
75+	58.1%	15.8%	7.6%	11.5%	5.8%	5.9%	112
Results by education level:							
Less than HS diploma, no GED	59.0%	12.4%	3.0%	9.8%	6.2%	9.7%	32
High school diploma or GED	52.1%	10.0%	7.0%	12.4%	8.4%	13.4%	154
Some college, trade school, or Associate degree	42.1%	14.2%	5.0%	14.9%	13.3%	11.7%	153
Bachelor's degree or higher	49.8%	9.1%	18.1%	8.2%	7.5%	7.9%	103
Results by household income:							
Less than \$20,000	54.4%	7.1%	3.6%	5.5%	15.2%	14.2%	71
\$20,000 - \$34,999	46.8%	6.5%	12.7%	6.2%	12.4%	15.4%	90
\$35,000 - \$49,999	63.6%	11.5%	2.5%	11.4%	7.5%	5.6%	70
\$50,000 - \$74,999	38.5%	7.8%	16.4%	19.0%	13.0%	7.9%	85
\$75,000 or more	43.1%	18.4%	10.6%	11.8%	3.2%	14.2%	88

All Survey Items (weighted data)

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

	Never	Less than 1 day per week	1-2 days per week	3-4 days per week	5-6 days per week	Every day	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	
Overall results from 2015	2.2%	1.8%	10.5%	22.0%	27.4%	36.0%	441
Results by gender:							
Female	0.9%	2.2%	7.3%	25.2%	23.7%	40.6%	269
Male	3.7%	1.3%	13.9%	18.6%	31.4%	31.1%	172
Results by age:							
18-34	---	---	---	---	---	---	28
35-44	0.0%	0.0%	21.9%	32.5%	23.8%	21.7%	37
45-54	0.0%	3.4%	20.5%	24.4%	29.0%	22.7%	46
55-64	2.6%	2.2%	8.0%	14.7%	30.6%	41.9%	116
65-74	2.1%	3.9%	4.3%	22.6%	26.7%	40.4%	106
75+	6.4%	1.8%	5.3%	14.8%	19.4%	52.2%	108
Results by education level:							
Less than HS diploma, no GED	4.5%	0.0%	3.5%	24.5%	11.5%	56.0%	31
High school diploma or GED	3.9%	1.2%	16.0%	12.4%	25.4%	41.1%	151
Some college, trade school, or Associate degree	1.9%	1.7%	14.0%	22.6%	29.6%	30.2%	155
Bachelor's degree or higher	0.5%	2.8%	1.2%	31.7%	29.5%	34.3%	103
Results by household income:							
Less than \$20,000	2.0%	0.6%	15.6%	18.4%	32.8%	30.7%	74
\$20,000 - \$34,999	3.2%	6.8%	10.4%	24.6%	20.3%	34.6%	86
\$35,000 - \$49,999	0.9%	1.3%	18.1%	23.2%	20.3%	36.2%	70
\$50,000 - \$74,999	4.1%	1.0%	3.6%	15.1%	38.5%	37.8%	84
\$75,000 or more	0.6%	0.0%	9.4%	31.2%	24.9%	33.9%	88

28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	80.4%	14.6%	3.6%	1.4%	443
Results by gender:					
Female	94.0%	5.9%	0.2%	0.0%	271
Male	66.0%	23.8%	7.3%	3.0%	172
Results by age:					
18-34	---	---	---	---	27
35-44	82.9%	6.2%	10.8%	0.0%	37
45-54	76.1%	21.8%	0.0%	2.1%	46
55-64	83.6%	11.5%	4.0%	0.9%	115
65-74	74.9%	16.1%	7.4%	1.7%	106
75+	82.0%	10.7%	2.8%	4.5%	112
Results by education level:					
Less than HS diploma, no GED	61.2%	27.8%	7.0%	4.0%	31
High school diploma or GED	81.8%	14.1%	3.0%	1.2%	155
Some college, trade school, or Associate degree	76.6%	19.2%	1.6%	2.6%	153
Bachelor's degree or higher	85.9%	7.8%	6.3%	0.0%	102
Results by household income:					
Less than \$20,000	82.3%	12.1%	5.1%	0.5%	73
\$20,000 - \$34,999	73.5%	22.3%	3.2%	1.1%	89
\$35,000 - \$49,999	83.8%	9.4%	2.9%	3.9%	70
\$50,000 - \$74,999	73.5%	17.3%	8.5%	0.7%	84
\$75,000 or more	86.3%	13.0%	0.0%	0.7%	87

28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	86.0%	11.0%	1.5%	1.4%	438
Results by gender:					
Female	96.4%	3.5%	0.0%	0.1%	269
Male	75.0%	19.1%	3.2%	2.7%	169
Results by age:					
18-34	---	---	---	---	28
35-44	78.3%	21.7%	0.0%	0.0%	37
45-54	88.9%	9.0%	0.0%	2.1%	46
55-64	84.9%	11.9%	3.2%	0.0%	112
65-74	80.2%	13.5%	4.6%	1.7%	105
75+	85.4%	6.5%	2.9%	5.2%	110
Results by education level:					
Less than HS diploma, no GED	58.2%	28.6%	7.7%	5.5%	31
High school diploma or GED	83.5%	12.9%	2.3%	1.2%	152
Some college, trade school, or Associate degree	88.0%	8.5%	1.4%	2.1%	152
Bachelor's degree or higher	90.7%	9.3%	0.0%	0.0%	101
Results by household income:					
Less than \$20,000	81.8%	14.2%	3.6%	0.5%	72
\$20,000 - \$34,999	75.1%	22.1%	1.1%	1.7%	87
\$35,000 - \$49,999	85.1%	10.2%	0.9%	3.8%	70
\$50,000 - \$74,999	83.2%	13.6%	2.4%	0.7%	84
\$75,000 or more	98.2%	1.1%	0.0%	0.7%	87

28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	82.6%	13.1%	3.2%	1.1%	433
Results by gender:					
Female	92.6%	7.2%	0.2%	0.0%	262
Male	72.3%	19.1%	6.4%	2.3%	171
Results by age:					
18-34	---	---	---	---	27
35-44	76.5%	23.5%	0.0%	0.0%	36
45-54	86.5%	4.8%	8.7%	0.0%	45
55-64	85.3%	11.1%	3.6%	0.0%	114
65-74	76.7%	15.8%	4.6%	2.9%	104
75+	78.2%	14.0%	2.4%	5.4%	107
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	78.6%	14.6%	5.4%	1.5%	150
Some college, trade school, or Associate degree	84.1%	10.9%	4.1%	1.0%	151
Bachelor's degree or higher	89.4%	10.6%	0.0%	0.0%	101
Results by household income:					
Less than \$20,000	80.9%	15.0%	2.6%	1.5%	71
\$20,000 - \$34,999	73.8%	20.8%	3.8%	1.6%	88
\$35,000 - \$49,999	79.4%	14.6%	4.4%	1.7%	69
\$50,000 - \$74,999	81.4%	15.8%	2.1%	0.8%	82
\$75,000 or more	91.7%	4.2%	3.4%	0.7%	87

28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?

	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	76.0%	17.7%	5.3%	0.9%	433
Results by gender:					
Female	83.9%	12.9%	3.0%	0.3%	265
Male	67.6%	23.0%	7.7%	1.7%	168
Results by age:					
18-34	---	---	---	---	26
35-44	76.4%	23.6%	0.0%	0.0%	37
45-54	70.6%	25.0%	4.5%	0.0%	45
55-64	77.8%	15.7%	6.0%	0.5%	110
65-74	73.1%	15.5%	8.6%	2.8%	105
75+	67.9%	21.6%	7.1%	3.5%	110
Results by education level:					
Less than HS diploma, no GED	59.3%	31.9%	4.0%	4.8%	31
High school diploma or GED	76.0%	16.6%	6.0%	1.3%	148
Some college, trade school, or Associate degree	74.1%	17.0%	7.9%	1.0%	150
Bachelor's degree or higher	80.4%	18.0%	1.7%	0.0%	101
Results by household income:					
Less than \$20,000	69.4%	22.3%	6.7%	1.5%	72
\$20,000 - \$34,999	62.2%	25.7%	11.6%	0.5%	88
\$35,000 - \$49,999	76.5%	16.1%	5.8%	1.6%	70
\$50,000 - \$74,999	78.6%	17.8%	2.8%	0.8%	81
\$75,000 or more	85.7%	10.1%	3.5%	0.7%	86

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

	Often	Sometimes	Rarely	Never	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	5.9%	10.0%	13.4%	70.7%	447
Results by gender:					
Female	4.2%	10.9%	13.6%	71.3%	272
Male	7.8%	9.0%	13.2%	70.1%	175
Results by age:					
18-34	---	---	---	---	28
35-44	6.5%	11.1%	24.4%	58.0%	37
45-54	5.1%	12.8%	16.7%	65.4%	46
55-64	1.8%	11.1%	5.8%	81.3%	115
65-74	0.0%	7.3%	7.5%	85.2%	106
75+	0.0%	6.2%	9.6%	84.2%	115
Results by education level:					
Less than HS diploma, no GED	0.0%	32.2%	4.3%	63.5%	31
High school diploma or GED	12.9%	10.0%	18.6%	58.4%	156
Some college, trade school, or Associate degree	5.1%	10.7%	15.3%	69.0%	155
Bachelor's degree or higher	0.0%	5.4%	6.8%	87.8%	103
Results by household income:					
Less than \$20,000	17.5%	27.5%	19.9%	35.0%	72
\$20,000 - \$34,999	2.6%	15.3%	20.8%	61.3%	90
\$35,000 - \$49,999	13.6%	5.9%	20.1%	60.3%	71
\$50,000 - \$74,999	2.5%	7.7%	8.5%	81.4%	85
\$75,000 or more	0.0%	2.5%	6.3%	91.2%	88

30. During the past 12 months, have you used a community food shelf program?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	7.6%	92.4%	443
Results by gender:			
Female	5.5%	94.5%	269
Male	9.7%	90.3%	174
Results by age:			
18-34	---	---	27
35-44	5.7%	94.3%	37
45-54	5.8%	94.2%	44
55-64	2.2%	97.8%	114
65-74	5.8%	94.2%	107
75+	5.2%	94.8%	114
Results by education level:			
Less than HS diploma, no GED	12.1%	87.9%	31
High school diploma or GED	14.6%	85.4%	157
Some college, trade school, or Associate degree	5.2%	94.8%	151
Bachelor's degree or higher	1.1%	98.9%	102
Results by household income:			
Less than \$20,000	23.7%	76.3%	73
\$20,000 - \$34,999	5.5%	94.5%	88
\$35,000 - \$49,999	16.5%	83.5%	69
\$50,000 - \$74,999	0.0%	100.0%	84
\$75,000 or more	1.0%	99.0%	88

31A. There is a large selection of fresh fruits and vegetables where I usually shop.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	30.3%	60.1%	8.2%	1.4%	497
Overall results from 2015	35.6%	56.6%	6.5%	1.3%	446
Results by gender:					
Female	42.1%	50.3%	6.6%	1.1%	272
Male	28.8%	63.3%	6.5%	1.5%	174
Results by age:					
18-34	---	---	---	---	27
35-44	20.9%	72.6%	6.5%	0.0%	37
45-54	23.5%	71.8%	4.7%	0.0%	46
55-64	42.6%	50.2%	5.5%	1.8%	115
65-74	49.9%	48.5%	0.5%	1.0%	106
75+	41.5%	53.9%	2.8%	1.8%	115
Results by education level:					
Less than HS diploma, no GED	48.2%	51.8%	0.0%	0.0%	32
High school diploma or GED	38.2%	51.5%	9.5%	0.8%	156
Some college, trade school, or Associate degree	35.8%	55.6%	5.7%	3.0%	153
Bachelor's degree or higher	30.9%	64.0%	5.1%	0.0%	103
Results by household income:					
Less than \$20,000	37.1%	54.5%	6.5%	1.9%	73
\$20,000 - \$34,999	43.4%	55.6%	0.0%	1.0%	90
\$35,000 - \$49,999	36.1%	47.9%	16.0%	0.0%	69
\$50,000 - \$74,999	36.0%	56.1%	4.0%	3.8%	85
\$75,000 or more	32.9%	61.1%	6.1%	0.0%	88

31B. The fresh fruits and vegetables available where I usually shop are of high quality.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	19.7%	65.1%	12.5%	2.6%	497
Overall results from 2015	27.5%	55.7%	14.8%	2.1%	442
Results by gender:					
Female	27.6%	56.1%	13.4%	2.9%	267
Male	27.3%	55.3%	16.2%	1.2%	175
Results by age:					
18-34	---	---	---	---	27
35-44	14.5%	59.3%	24.6%	1.6%	36
45-54	17.5%	67.5%	14.1%	0.9%	46
55-64	26.8%	59.9%	12.4%	0.9%	113
65-74	33.8%	60.4%	4.8%	1.0%	105
75+	37.6%	56.7%	4.5%	1.2%	115
Results by education level:					
Less than HS diploma, no GED	41.7%	55.3%	3.0%	0.0%	31
High school diploma or GED	28.6%	47.2%	23.6%	0.6%	152
Some college, trade school, or Associate degree	26.7%	60.4%	10.0%	3.0%	153
Bachelor's degree or higher	24.8%	59.6%	12.7%	2.9%	103
Results by household income:					
Less than \$20,000	25.8%	53.7%	19.2%	1.3%	73
\$20,000 - \$34,999	28.8%	70.6%	0.6%	0.0%	89
\$35,000 - \$49,999	30.1%	31.6%	38.4%	0.0%	70
\$50,000 - \$74,999	31.2%	52.6%	11.7%	4.6%	85
\$75,000 or more	24.8%	63.7%	8.0%	3.5%	87

31C. The fresh fruits and vegetables where I usually shop are too expensive.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	16.2%	45.7%	36.0%	2.2%	494
Overall results from 2015	18.4%	53.7%	27.2%	0.7%	437
Results by gender:					
Female	17.4%	51.8%	29.9%	1.0%	265
Male	19.5%	55.7%	24.3%	0.4%	172
Results by age:					
18-34	---	---	---	---	28
35-44	16.1%	70.2%	13.7%	0.0%	36
45-54	9.4%	72.2%	18.4%	0.0%	46
55-64	13.2%	49.4%	37.0%	0.4%	114
65-74	11.8%	45.6%	40.4%	2.2%	106
75+	13.6%	47.0%	36.8%	2.5%	107
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	26.6%	44.4%	27.5%	1.5%	149
Some college, trade school, or Associate degree	11.9%	60.2%	27.7%	0.2%	154
Bachelor's degree or higher	14.9%	60.2%	24.4%	0.5%	103
Results by household income:					
Less than \$20,000	37.2%	45.0%	16.4%	1.3%	72
\$20,000 - \$34,999	17.2%	49.2%	32.4%	1.2%	86
\$35,000 - \$49,999	20.7%	48.0%	30.5%	0.7%	69
\$50,000 - \$74,999	9.9%	60.0%	30.1%	0.0%	84
\$75,000 or more	16.0%	60.2%	23.2%	0.6%	88

31D. Fruits and vegetables are difficult to prepare.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	0.9%	10.3%	63.0%	25.8%	438
Results by gender:					
Female	1.6%	7.1%	63.5%	27.9%	266
Male	0.3%	13.5%	62.4%	23.7%	172
Results by age:					
18-34	---	---	---	---	27
35-44	1.6%	17.3%	65.0%	16.0%	37
45-54	1.7%	16.2%	50.4%	31.6%	46
55-64	0.0%	5.4%	61.4%	33.2%	113
65-74	1.6%	8.4%	56.9%	33.1%	106
75+	1.2%	9.7%	68.9%	20.3%	109
Results by education level:					
Less than HS diploma, no GED	0.0%	9.5%	50.6%	39.9%	30
High school diploma or GED	0.8%	11.5%	62.7%	25.0%	152
Some college, trade school, or Associate degree	2.0%	9.5%	59.5%	29.0%	152
Bachelor's degree or higher	0.0%	10.0%	68.8%	21.3%	103
Results by household income:					
Less than \$20,000	1.2%	27.5%	49.3%	22.0%	70
\$20,000 - \$34,999	2.1%	10.1%	62.6%	25.1%	89
\$35,000 - \$49,999	1.8%	3.4%	66.3%	28.5%	69
\$50,000 - \$74,999	0.0%	10.2%	61.0%	28.8%	84
\$75,000 or more	0.5%	6.2%	67.1%	26.1%	88

31E. Fruits and vegetables spoil quickly.

	Strongly agree	Agree	Disagree	Strongly disagree	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	13.6%	46.5%	37.6%	2.3%	441
Results by gender:					
Female	11.8%	49.5%	35.9%	2.8%	268
Male	15.5%	43.2%	39.4%	1.9%	173
Results by age:					
18-34	---	---	---	---	27
35-44	19.0%	51.5%	29.5%	0.0%	37
45-54	12.0%	52.1%	34.2%	1.7%	46
55-64	6.8%	45.5%	42.3%	5.4%	114
65-74	8.4%	50.7%	36.5%	4.3%	106
75+	9.0%	38.5%	49.0%	3.5%	111
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	20.8%	50.6%	27.2%	1.5%	154
Some college, trade school, or Associate degree	9.7%	49.4%	37.8%	3.1%	153
Bachelor's degree or higher	11.0%	37.9%	48.7%	2.4%	103
Results by household income:					
Less than \$20,000	23.5%	54.2%	22.4%	0.0%	71
\$20,000 - \$34,999	5.6%	50.9%	41.5%	2.0%	89
\$35,000 - \$49,999	22.8%	50.6%	25.4%	1.2%	69
\$50,000 - \$74,999	6.6%	37.3%	54.4%	1.7%	84
\$75,000 or more	13.2%	48.2%	33.4%	5.2%	88

All Survey Items (weighted data)

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	75.5%	24.5%	487
Overall results from 2015	75.1%	24.9%	445
Results by gender:			
Female	80.4%	19.6%	271
Male	69.5%	30.5%	174
Results by age:			
18-34	---	---	27
35-44	64.3%	35.7%	37
45-54	75.6%	24.4%	46
55-64	64.6%	35.4%	113
65-74	76.3%	23.7%	107
75+	72.9%	27.1%	115
Results by education level:			
Less than HS diploma, no GED	45.7%	54.3%	31
High school diploma or GED	68.2%	31.8%	155
Some college, trade school, or Associate degree	77.4%	22.6%	153
Bachelor's degree or higher	84.0%	16.0%	103
Results by household income:			
Less than \$20,000	73.1%	26.9%	72
\$20,000 - \$34,999	73.0%	27.0%	92
\$35,000 - \$49,999	73.7%	26.3%	68
\$50,000 - \$74,999	66.7%	33.3%	85
\$75,000 or more	84.8%	15.2%	88

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

	0-4 days	5 or more days	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	68.4%	31.6%	442
Results by gender:			
Female	72.4%	27.6%	268
Male	64.2%	35.8%	174
Results by age:			
18-34	---	---	27
35-44	85.6%	14.4%	37
45-54	69.2%	30.8%	46
55-64	74.8%	25.2%	114
65-74	65.1%	34.9%	108
75+	65.8%	34.2%	110
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	62.8%	37.2%	154
Some college, trade school, or Associate degree	69.0%	31.0%	153
Bachelor's degree or higher	73.1%	26.9%	104
Results by household income:			
Less than \$20,000	64.2%	35.8%	72
\$20,000 - \$34,999	68.0%	32.0%	90
\$35,000 - \$49,999	58.1%	41.9%	68
\$50,000 - \$74,999	75.1%	24.9%	84
\$75,000 or more	73.8%	26.2%	88

All Survey Items (weighted data)

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

	0-2 days	3 or more days	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	71.8%	28.2%	427
Results by gender:			
Female	72.6%	27.4%	259
Male	71.0%	29.0%	168
Results by age:			
18-34	---	---	26
35-44	65.3%	34.7%	36
45-54	70.9%	29.1%	45
55-64	72.2%	27.8%	113
65-74	81.7%	18.3%	104
75+	86.8%	13.2%	103
Results by education level:			
Less than HS diploma, no GED	---	---	26
High school diploma or GED	70.7%	29.3%	148
Some college, trade school, or Associate degree	76.8%	23.2%	150
Bachelor's degree or higher	65.4%	34.6%	101
Results by household income:			
Less than \$20,000	77.8%	22.2%	71
\$20,000 - \$34,999	77.9%	22.1%	86
\$35,000 - \$49,999	56.6%	43.4%	65
\$50,000 - \$74,999	74.0%	26.0%	82
\$75,000 or more	72.3%	27.7%	87

35. Where do you usually exercise or do physical activities? (Mark all that apply.)

	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	
Overall results from 2015	68.5%	15.6%	13.6%	3.3%	47.7%	4.2%	7.4%	446
Results by gender:								
Female	70.4%	12.1%	16.8%	2.0%	50.9%	4.4%	8.9%	272
Male	66.3%	19.3%	10.1%	4.7%	44.3%	3.9%	5.9%	174
Results by age:								
18-34	---	---	---	---	---	---	---	26
35-44	80.2%	10.6%	24.4%	0.0%	56.6%	0.0%	6.2%	37
45-54	65.8%	23.1%	6.8%	0.0%	54.7%	0.0%	6.8%	46
55-64	64.8%	14.9%	10.5%	0.0%	30.7%	7.8%	12.8%	113
65-74	71.8%	3.9%	17.0%	3.6%	37.3%	5.8%	7.7%	108
75+	75.2%	5.5%	10.3%	7.3%	19.3%	7.7%	9.1%	116
Results by education level:								
Less than HS diploma, no GED	49.8%	0.0%	4.1%	3.9%	19.9%	3.2%	37.0%	32
High school diploma or GED	67.4%	10.8%	9.6%	5.8%	28.9%	7.3%	7.1%	155
Some college, trade school, or Associate degree	69.1%	20.2%	14.1%	3.0%	54.4%	3.3%	8.2%	152
Bachelor's degree or higher	71.8%	18.2%	18.5%	0.9%	64.7%	2.0%	2.4%	104
Results by household income:								
Less than \$20,000	61.7%	13.1%	3.4%	9.3%	32.4%	6.1%	9.3%	74
\$20,000 - \$34,999	59.2%	18.5%	13.4%	4.2%	40.3%	8.3%	12.7%	91
\$35,000 - \$49,999	61.5%	9.4%	14.1%	2.0%	43.8%	3.1%	6.0%	67
\$50,000 - \$74,999	71.6%	17.4%	6.5%	4.0%	54.8%	1.5%	9.1%	85
\$75,000 or more	74.9%	20.6%	27.4%	0.0%	63.3%	3.5%	3.6%	88

All Survey Items (weighted data)

**36A. Please indicate if you have the following resource or facility in your community:
WALKING PATHS OR TRAILS**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	11.4%	34.5%	50.5%	3.6%	479
Overall results from 2015	6.8%	33.0%	57.3%	2.9%	437
Results by gender:					
Female	6.3%	37.8%	53.2%	2.7%	267
Male	7.4%	27.7%	61.6%	3.3%	170
Results by age:					
18-34	---	---	---	---	28
35-44	1.6%	23.6%	74.8%	0.0%	37
45-54	3.1%	34.9%	59.8%	2.2%	45
55-64	5.1%	33.2%	60.3%	1.4%	112
65-74	11.1%	28.6%	53.7%	6.6%	105
75+	13.5%	30.7%	45.8%	10.0%	110
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	8.5%	22.8%	66.5%	2.2%	150
Some college, trade school, or Associate degree	9.1%	37.7%	48.7%	4.4%	152
Bachelor's degree or higher	0.2%	40.9%	58.9%	0.0%	104
Results by household income:					
Less than \$20,000	11.3%	20.5%	61.3%	6.9%	72
\$20,000 - \$34,999	13.0%	29.1%	51.8%	6.2%	89
\$35,000 - \$49,999	6.1%	25.1%	67.8%	0.9%	67
\$50,000 - \$74,999	3.7%	39.6%	56.7%	0.0%	84
\$75,000 or more	2.5%	40.3%	56.0%	1.3%	87

36A. Do you use the WALKING PATHS OR TRAILS in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	28.8%	71.2%	236
Overall results from 2015	43.9%	56.1%	244
Results by gender:			
Female	49.9%	50.1%	145
Male	38.4%	61.6%	99
Results by age:			
18-34	---	---	13
35-44	---	---	18
45-54	---	---	25
55-64	43.3%	56.7%	68
65-74	36.4%	63.6%	58
75+	16.8%	83.2%	62
Results by education level:			
Less than HS diploma, no GED	---	---	15
High school diploma or GED	35.5%	64.5%	90
Some college, trade school, or Associate degree	45.1%	54.9%	82
Bachelor's degree or higher	54.9%	45.1%	56
Results by household income:			
Less than \$20,000	37.6%	62.4%	38
\$20,000 - \$34,999	38.7%	61.3%	53
\$35,000 - \$49,999	30.6%	69.4%	37
\$50,000 - \$74,999	40.1%	59.9%	49
\$75,000 or more	68.9%	31.1%	48

All Survey Items (weighted data)

36B. Please indicate if you have the following resource or facility in your community:
BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
Cottonwood County	%	%	%	%	
Overall results from 2010	13.4%	50.8%	34.6%	1.2%	476
Overall results from 2015	6.8%	52.4%	35.5%	5.4%	426
Results by gender:					
Female	7.2%	49.3%	36.0%	7.6%	258
Male	6.3%	55.7%	34.9%	3.0%	168
Results by age:					
18-34	---	---	---	---	28
35-44	3.3%	59.5%	35.5%	1.7%	36
45-54	5.3%	58.2%	33.5%	2.9%	41
55-64	1.9%	43.4%	49.7%	5.1%	112
65-74	12.2%	32.6%	43.7%	11.5%	105
75+	15.5%	35.6%	37.7%	11.3%	104
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	8.8%	51.3%	34.6%	5.4%	145
Some college, trade school, or Associate degree	8.0%	53.3%	30.6%	8.1%	149
Bachelor's degree or higher	0.5%	57.6%	40.7%	1.2%	102
Results by household income:					
Less than \$20,000	13.3%	40.1%	43.0%	3.6%	69
\$20,000 - \$34,999	16.4%	37.1%	36.4%	10.1%	85
\$35,000 - \$49,999	5.2%	66.2%	26.0%	2.6%	67
\$50,000 - \$74,999	0.8%	63.0%	34.4%	1.8%	83
\$75,000 or more	2.4%	50.8%	40.5%	6.3%	84

36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	28.7%	71.3%	155
Overall results from 2015	30.5%	69.5%	194
Results by gender:			
Female	32.0%	68.0%	113
Male	28.7%	71.3%	81
Results by age:			
18-34	---	---	7
35-44	---	---	13
45-54	---	---	13
55-64	37.9%	62.1%	56
65-74	19.3%	80.7%	55
75+	2.8%	97.2%	50
Results by education level:			
Less than HS diploma, no GED	---	---	13
High school diploma or GED	7.6%	92.4%	71
Some college, trade school, or Associate degree	27.7%	72.3%	62
Bachelor's degree or higher	56.9%	43.1%	47
Results by household income:			
Less than \$20,000	---	---	26
\$20,000 - \$34,999	17.8%	82.2%	43
\$35,000 - \$49,999	30.8%	69.2%	30
\$50,000 - \$74,999	31.0%	69.0%	37
\$75,000 or more	54.0%	46.0%	40

All Survey Items (weighted data)

36C. Please indicate if you have the following resource or facility in your community:
PUBLIC SWIMMING POOLS OR WATER PARKS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	1.4%	14.8%	82.0%	1.8%	488
Overall results from 2015	1.5%	10.0%	83.9%	4.5%	427
Results by gender:					
Female	1.3%	11.1%	82.2%	5.4%	259
Male	1.8%	8.9%	85.7%	3.7%	168
Results by age:					
18-34	---	---	---	---	28
35-44	0.0%	12.7%	80.2%	7.2%	36
45-54	0.0%	9.3%	89.0%	1.8%	44
55-64	2.8%	14.3%	79.7%	3.2%	111
65-74	5.0%	10.9%	76.9%	7.2%	104
75+	3.1%	8.8%	80.6%	7.5%	104
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	29
High school diploma or GED	1.8%	8.0%	84.9%	5.3%	143
Some college, trade school, or Associate degree	0.5%	8.2%	86.4%	4.9%	152
Bachelor's degree or higher	0.0%	15.0%	83.3%	1.7%	101
Results by household income:					
Less than \$20,000	5.6%	7.4%	84.7%	2.3%	70
\$20,000 - \$34,999	2.1%	7.0%	87.5%	3.4%	87
\$35,000 - \$49,999	1.4%	8.4%	85.8%	4.3%	66
\$50,000 - \$74,999	0.0%	13.2%	85.0%	1.8%	80
\$75,000 or more	0.0%	10.3%	83.9%	5.8%	87

36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	20.5%	79.5%	398
Overall results from 2015	25.8%	74.2%	359
Results by gender:			
Female	24.7%	75.3%	215
Male	26.9%	73.1%	144
Results by age:			
18-34	---	---	26
35-44	48.5%	51.5%	32
45-54	20.4%	79.6%	38
55-64	9.5%	90.5%	91
65-74	6.9%	93.1%	85
75+	7.2%	92.8%	87
Results by education level:			
Less than HS diploma, no GED	---	---	19
High school diploma or GED	20.8%	79.2%	115
Some college, trade school, or Associate degree	21.6%	78.4%	136
Bachelor's degree or higher	38.9%	61.1%	88
Results by household income:			
Less than \$20,000	14.9%	85.1%	52
\$20,000 - \$34,999	18.7%	81.3%	76
\$35,000 - \$49,999	18.2%	81.8%	57
\$50,000 - \$74,999	32.2%	67.8%	66
\$75,000 or more	38.3%	61.7%	79

All Survey Items (weighted data)

36D. Please indicate if you have the following resource or facility in your community:
PUBLIC RECREATION OR COMMUNITY CENTERS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	8.6%	37.6%	51.8%	2.0%	468
Overall results from 2015	4.4%	20.1%	72.0%	3.4%	421
Results by gender:					
Female	6.5%	21.0%	69.9%	2.6%	257
Male	2.2%	19.3%	74.3%	4.2%	164
Results by age:					
18-34	---	---	---	---	28
35-44	2.5%	31.9%	60.1%	5.5%	36
45-54	4.4%	20.5%	75.1%	0.0%	45
55-64	6.6%	22.9%	67.3%	3.3%	109
65-74	5.2%	14.5%	71.0%	9.3%	101
75+	5.8%	9.7%	78.0%	6.5%	102
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	4.3%	11.6%	78.3%	5.8%	142
Some college, trade school, or Associate degree	5.9%	15.5%	76.3%	2.3%	148
Bachelor's degree or higher	1.1%	36.3%	62.0%	0.5%	101
Results by household income:					
Less than \$20,000	9.5%	8.0%	79.7%	2.8%	70
\$20,000 - \$34,999	8.9%	13.5%	75.8%	1.8%	82
\$35,000 - \$49,999	1.4%	10.1%	83.3%	5.1%	68
\$50,000 - \$74,999	3.8%	31.7%	64.5%	0.0%	79
\$75,000 or more	1.3%	30.1%	65.8%	2.7%	87

36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	27.1%	72.9%	225
Overall results from 2015	29.5%	70.5%	307
Results by gender:			
Female	29.3%	70.7%	181
Male	29.7%	70.3%	126
Results by age:			
18-34	---	---	20
35-44	---	---	24
45-54	16.9%	83.1%	32
55-64	14.5%	85.5%	75
65-74	23.0%	77.0%	77
75+	22.3%	77.7%	79
Results by education level:			
Less than HS diploma, no GED	---	---	17
High school diploma or GED	18.0%	82.0%	105
Some college, trade school, or Associate degree	34.5%	65.5%	109
Bachelor's degree or higher	39.6%	60.4%	75
Results by household income:			
Less than \$20,000	22.0%	78.0%	48
\$20,000 - \$34,999	15.4%	84.6%	64
\$35,000 - \$49,999	19.7%	80.3%	52
\$50,000 - \$74,999	47.6%	52.4%	54
\$75,000 or more	41.8%	58.2%	60

All Survey Items (weighted data)

36E. Please indicate if you have the following resource or facility in your community:
PARKS OR SPORTS FIELDS

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	1.2%	4.5%	92.5%	1.8%	477
Overall results from 2015	1.6%	4.1%	89.7%	4.6%	423
Results by gender:					
Female	2.2%	3.7%	89.8%	4.4%	258
Male	1.1%	4.5%	89.6%	4.8%	165
Results by age:					
18-34	---	---	---	---	28
35-44	0.9%	0.0%	97.4%	1.7%	35
45-54	1.7%	3.1%	93.4%	1.7%	45
55-64	2.4%	5.3%	89.0%	3.4%	108
65-74	4.0%	3.2%	85.5%	7.3%	103
75+	1.9%	6.9%	81.8%	9.4%	104
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	2.2%	8.1%	82.6%	7.1%	140
Some college, trade school, or Associate degree	1.2%	3.3%	92.8%	2.6%	151
Bachelor's degree or higher	0.0%	1.4%	96.9%	1.7%	102
Results by household income:					
Less than \$20,000	3.1%	2.7%	81.1%	13.1%	66
\$20,000 - \$34,999	1.6%	5.4%	89.1%	3.9%	88
\$35,000 - \$49,999	1.4%	5.8%	92.7%	0.0%	66
\$50,000 - \$74,999	1.5%	6.6%	90.7%	1.1%	79
\$75,000 or more	0.0%	0.0%	96.8%	3.2%	88

36E. Do you use the PARKS OR SPORTS FIELDS in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	43.1%	56.9%	427
Overall results from 2015	40.8%	59.2%	376
Results by gender:			
Female	39.2%	60.8%	225
Male	42.3%	57.7%	151
Results by age:			
18-34	---	---	26
35-44	65.8%	34.2%	33
45-54	36.4%	63.6%	41
55-64	29.3%	70.7%	98
65-74	26.1%	73.9%	93
75+	14.9%	85.1%	85
Results by education level:			
Less than HS diploma, no GED	---	---	22
High school diploma or GED	29.9%	70.1%	116
Some college, trade school, or Associate degree	39.7%	60.3%	139
Bachelor's degree or higher	54.3%	45.7%	98
Results by household income:			
Less than \$20,000	34.2%	65.8%	53
\$20,000 - \$34,999	19.4%	80.6%	81
\$35,000 - \$49,999	35.3%	64.7%	57
\$50,000 - \$74,999	48.6%	51.4%	70
\$75,000 or more	58.4%	41.6%	85

All Survey Items (weighted data)

**36F. Please indicate if you have the following resource or facility in your community:
SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR
EXERCISE OR PHYSICAL ACTIVITY**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	12.5%	34.0%	51.4%	2.1%	483
Overall results from 2015	11.6%	32.7%	49.5%	6.2%	427
Results by gender:					
Female	7.8%	35.5%	49.8%	6.9%	261
Male	15.6%	29.7%	49.2%	5.5%	166
Results by age:					
18-34	---	---	---	---	27
35-44	13.3%	36.6%	48.5%	1.6%	37
45-54	6.6%	29.7%	59.8%	3.9%	45
55-64	7.8%	35.6%	53.4%	3.2%	112
65-74	8.6%	33.2%	48.5%	9.7%	102
75+	10.0%	22.6%	56.0%	11.4%	104
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	15.9%	28.7%	49.8%	5.6%	143
Some college, trade school, or Associate degree	7.4%	30.3%	55.9%	6.4%	151
Bachelor's degree or higher	11.4%	42.6%	41.9%	4.1%	103
Results by household income:					
Less than \$20,000	9.7%	24.4%	53.5%	12.4%	69
\$20,000 - \$34,999	17.8%	22.3%	51.9%	8.0%	87
\$35,000 - \$49,999	16.2%	46.9%	32.7%	4.2%	68
\$50,000 - \$74,999	9.7%	35.4%	54.6%	0.3%	79
\$75,000 or more	6.0%	33.9%	54.3%	5.8%	88

All Survey Items (weighted data)

36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	19.7%	80.3%	259
Overall results from 2015	19.4%	80.6%	238
Results by gender:			
Female	13.4%	86.6%	144
Male	26.1%	73.9%	94
Results by age:			
18-34	---	---	13
35-44	---	---	18
45-54	---	---	26
55-64	5.9%	94.1%	61
65-74	10.1%	89.9%	57
75+	10.4%	89.6%	63
Results by education level:			
Less than HS diploma, no GED	---	---	17
High school diploma or GED	24.4%	75.6%	82
Some college, trade school, or Associate degree	20.8%	79.2%	87
Bachelor's degree or higher	13.9%	86.1%	51
Results by household income:			
Less than \$20,000	14.6%	85.4%	36
\$20,000 - \$34,999	11.0%	89.0%	52
\$35,000 - \$49,999	26.4%	73.6%	31
\$50,000 - \$74,999	17.8%	82.2%	47
\$75,000 or more	28.8%	71.2%	49

All Survey Items (weighted data)

**36G. Please indicate if you have the following resource or facility in your community:
SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	4.8%	84.2%	9.6%	1.4%	483
Overall results from 2015	3.3%	79.6%	13.6%	3.6%	429
Results by gender:					
Female	4.9%	81.1%	11.9%	2.1%	261
Male	1.6%	77.9%	15.4%	5.1%	168
Results by age:					
18-34	---	---	---	---	28
35-44	2.4%	92.7%	4.9%	0.0%	37
45-54	0.0%	83.0%	17.0%	0.0%	45
55-64	3.2%	87.7%	7.7%	1.4%	111
65-74	5.5%	71.8%	16.6%	6.1%	104
75+	7.6%	65.8%	16.5%	10.0%	104
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	3.6%	72.0%	18.2%	6.2%	144
Some college, trade school, or Associate degree	3.6%	79.8%	14.3%	2.2%	153
Bachelor's degree or higher	0.8%	89.8%	8.6%	0.8%	103
Results by household income:					
Less than \$20,000	5.8%	58.2%	26.3%	9.7%	69
\$20,000 - \$34,999	6.3%	80.9%	9.8%	3.0%	87
\$35,000 - \$49,999	2.3%	76.6%	19.8%	1.3%	68
\$50,000 - \$74,999	0.0%	91.4%	8.6%	0.0%	81
\$75,000 or more	1.5%	86.4%	10.1%	1.9%	88

36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	28.4%	71.6%	61
Overall results from 2015	25.8%	74.2%	67
Results by gender:			
Female	37.2%	62.8%	35
Male	18.4%	81.6%	32
Results by age:			
18-34	---	---	4
35-44	---	---	2
45-54	---	---	6
55-64	---	---	10
65-74	---	---	21
75+	---	---	24
Results by education level:			
Less than HS diploma, no GED	---	---	7
High school diploma or GED	---	---	25
Some college, trade school, or Associate degree	---	---	22
Bachelor's degree or higher	---	---	12
Results by household income:			
Less than \$20,000	---	---	15
\$20,000 - \$34,999	---	---	15
\$35,000 - \$49,999	---	---	10
\$50,000 - \$74,999	---	---	7
\$75,000 or more	---	---	12

All Survey Items (weighted data)

36H. Please indicate if you have the following resource or facility in your community:
HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP
FITNESS, ANYTIME FITNESS, ETC.)

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	3.5%	14.2%	79.9%	2.4%	487
Overall results from 2015	3.2%	17.1%	74.6%	5.0%	430
Results by gender:					
Female	4.0%	12.9%	78.9%	4.3%	263
Male	2.5%	21.7%	70.2%	5.7%	167
Results by age:					
18-34	---	---	---	---	27
35-44	0.8%	16.5%	81.0%	1.6%	37
45-54	6.1%	20.1%	69.9%	3.9%	45
55-64	0.9%	13.0%	82.8%	3.3%	110
65-74	4.9%	8.7%	79.8%	6.6%	105
75+	3.8%	22.7%	63.6%	9.9%	106
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	28
High school diploma or GED	3.5%	11.6%	78.6%	6.4%	148
Some college, trade school, or Associate degree	4.3%	15.3%	75.9%	4.5%	149
Bachelor's degree or higher	0.0%	25.4%	72.9%	1.7%	103
Results by household income:					
Less than \$20,000	7.5%	9.6%	67.1%	15.9%	70
\$20,000 - \$34,999	8.5%	18.0%	68.4%	5.1%	88
\$35,000 - \$49,999	1.5%	9.8%	88.7%	0.0%	67
\$50,000 - \$74,999	1.5%	34.6%	62.8%	1.1%	80
\$75,000 or more	0.0%	9.9%	86.9%	3.2%	88

36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	16.9%	83.1%	379
Overall results from 2015	21.6%	78.4%	340
Results by gender:			
Female	23.3%	76.7%	211
Male	19.7%	80.3%	129
Results by age:			
18-34	---	---	20
35-44	33.7%	66.3%	30
45-54	8.3%	91.7%	33
55-64	15.1%	84.9%	94
65-74	24.9%	75.1%	89
75+	19.8%	80.2%	74
Results by education level:			
Less than HS diploma, no GED	---	---	16
High school diploma or GED	16.7%	83.3%	117
Some college, trade school, or Associate degree	17.8%	82.2%	120
Bachelor's degree or higher	33.6%	66.4%	86
Results by household income:			
Less than \$20,000	10.9%	89.1%	49
\$20,000 - \$34,999	21.2%	78.8%	69
\$35,000 - \$49,999	19.9%	80.1%	56
\$50,000 - \$74,999	9.7%	90.3%	61
\$75,000 or more	36.2%	63.8%	77

All Survey Items (weighted data)

36l. Please indicate if you have the following resource or facility in your community:
NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED
ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	
Overall results from 2010	4.0%	18.9%	75.4%	1.8%	488
Overall results from 2015	3.1%	11.9%	81.9%	3.2%	430
Results by gender:					
Female	3.7%	16.7%	75.5%	4.0%	263
Male	2.5%	6.7%	88.6%	2.2%	167
Results by age:					
18-34	---	---	---	---	28
35-44	0.8%	5.7%	91.9%	1.6%	37
45-54	3.9%	11.4%	82.9%	1.7%	45
55-64	3.3%	20.5%	74.4%	1.9%	110
65-74	5.0%	18.3%	70.5%	6.2%	103
75+	7.4%	16.8%	65.3%	10.5%	107
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	27
High school diploma or GED	4.3%	15.2%	77.2%	3.3%	147
Some college, trade school, or Associate degree	3.2%	7.6%	86.7%	2.6%	152
Bachelor's degree or higher	0.0%	13.1%	85.2%	1.7%	102
Results by household income:					
Less than \$20,000	5.0%	14.7%	76.1%	4.1%	71
\$20,000 - \$34,999	6.0%	11.3%	78.6%	4.1%	88
\$35,000 - \$49,999	2.3%	8.4%	89.2%	0.0%	67
\$50,000 - \$74,999	1.5%	12.3%	86.1%	0.0%	80
\$75,000 or more	0.0%	10.3%	86.5%	3.2%	88

36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

	I use this	I do not use this	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	36.2%	63.8%	360
Overall results from 2015	30.8%	69.2%	327
Results by gender:			
Female	36.2%	63.8%	190
Male	25.8%	74.2%	137
Results by age:			
18-34	---	---	26
35-44	41.3%	58.7%	31
45-54	27.3%	72.7%	35
55-64	29.4%	70.6%	83
65-74	21.6%	78.4%	77
75+	9.2%	90.8%	75
Results by education level:			
Less than HS diploma, no GED	---	---	16
High school diploma or GED	18.7%	81.3%	104
Some college, trade school, or Associate degree	31.2%	68.8%	125
Bachelor's degree or higher	44.3%	55.7%	81
Results by household income:			
Less than \$20,000	18.5%	81.5%	46
\$20,000 - \$34,999	26.0%	74.0%	68
\$35,000 - \$49,999	23.4%	76.6%	55
\$50,000 - \$74,999	34.0%	66.0%	60
\$75,000 or more	44.1%	55.9%	75

All Survey Items (weighted data)

37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	46.3%	39.0%	14.8%	478
Overall results from 2015	38.7%	37.9%	23.4%	421
Results by gender:				
Female	42.3%	32.9%	24.8%	256
Male	34.8%	43.2%	22.0%	165
Results by age:				
18-34	---	---	---	26
35-44	10.3%	39.0%	50.7%	37
45-54	27.5%	54.6%	17.9%	45
55-64	36.6%	37.4%	26.0%	112
65-74	58.7%	30.4%	10.9%	104
75+	75.0%	21.0%	4.0%	97
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	57.4%	21.2%	21.4%	142
Some college, trade school, or Associate degree	29.3%	45.5%	25.2%	147
Bachelor's degree or higher	25.8%	47.6%	26.7%	103
Results by household income:				
Less than \$20,000	60.9%	29.5%	9.6%	66
\$20,000 - \$34,999	56.0%	33.5%	10.5%	84
\$35,000 - \$49,999	45.1%	26.4%	28.5%	66
\$50,000 - \$74,999	24.6%	47.6%	27.8%	81
\$75,000 or more	20.6%	45.7%	33.7%	88

All Survey Items (weighted data)

37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	63.4%	24.1%	12.5%	471
Overall results from 2015	57.8%	31.7%	10.4%	412
Results by gender:				
Female	55.6%	33.2%	11.2%	251
Male	60.2%	30.2%	9.6%	161
Results by age:				
18-34	---	---	---	27
35-44	48.2%	40.4%	11.4%	37
45-54	58.7%	29.8%	11.5%	44
55-64	57.0%	31.8%	11.2%	109
65-74	69.2%	22.6%	8.2%	99
75+	62.3%	21.6%	16.1%	96
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	63.2%	25.1%	11.8%	138
Some college, trade school, or Associate degree	55.7%	31.4%	12.9%	145
Bachelor's degree or higher	55.8%	37.2%	7.0%	102
Results by household income:				
Less than \$20,000	65.2%	15.7%	19.1%	66
\$20,000 - \$34,999	52.7%	40.3%	7.0%	84
\$35,000 - \$49,999	49.9%	38.1%	12.0%	65
\$50,000 - \$74,999	74.8%	19.4%	5.8%	80
\$75,000 or more	46.9%	43.6%	9.5%	85

37C. How much of a problem for you is **HAVING NO ONE TO EXERCISE WITH** in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	64.2%	20.1%	15.7%	468
Overall results from 2015	58.2%	30.6%	11.2%	404
Results by gender:				
Female	53.3%	32.7%	14.0%	247
Male	63.4%	28.4%	8.3%	157
Results by age:				
18-34	---	---	---	27
35-44	60.7%	31.2%	8.1%	37
45-54	60.1%	31.4%	8.5%	44
55-64	47.6%	32.9%	19.5%	108
65-74	59.6%	30.1%	10.4%	98
75+	61.3%	30.8%	7.9%	90
Results by education level:				
Less than HS diploma, no GED	---	---	---	24
High school diploma or GED	70.6%	23.2%	6.2%	134
Some college, trade school, or Associate degree	42.2%	36.7%	21.1%	143
Bachelor's degree or higher	61.0%	33.2%	5.8%	102
Results by household income:				
Less than \$20,000	55.1%	34.4%	10.4%	64
\$20,000 - \$34,999	58.1%	27.1%	14.8%	81
\$35,000 - \$49,999	68.1%	17.3%	14.6%	65
\$50,000 - \$74,999	48.3%	45.3%	6.5%	79
\$75,000 or more	62.4%	26.9%	10.7%	84

All Survey Items (weighted data)

37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	
Overall results from 2010	47.5%	22.7%	29.8%	468
Overall results from 2015	44.2%	31.2%	24.5%	404
Results by gender:				
Female	39.5%	30.4%	30.1%	243
Male	49.1%	32.1%	18.8%	161
Results by age:				
18-34	---	---	---	27
35-44	34.7%	37.7%	27.6%	36
45-54	34.4%	52.1%	13.5%	43
55-64	39.5%	29.9%	30.5%	108
65-74	67.6%	18.1%	14.3%	98
75+	61.3%	26.6%	12.1%	92
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	44.2%	26.3%	29.5%	134
Some college, trade school, or Associate degree	35.1%	35.5%	29.4%	144
Bachelor's degree or higher	54.0%	32.2%	13.8%	99
Results by household income:				
Less than \$20,000	46.8%	21.7%	31.5%	64
\$20,000 - \$34,999	32.0%	40.7%	27.2%	83
\$35,000 - \$49,999	32.1%	40.4%	27.5%	64
\$50,000 - \$74,999	50.7%	26.2%	23.1%	78
\$75,000 or more	50.4%	31.3%	18.3%	86

37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	58.0%	24.1%	17.9%	466
Overall results from 2015	62.1%	29.0%	8.9%	405
Results by gender:				
Female	62.9%	28.1%	9.0%	243
Male	61.3%	29.9%	8.8%	162
Results by age:				
18-34	---	---	---	27
35-44	42.3%	49.6%	8.1%	37
45-54	64.6%	22.0%	13.4%	43
55-64	59.2%	28.1%	12.8%	108
65-74	66.6%	22.9%	10.5%	99
75+	78.0%	15.6%	6.4%	91
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	60.2%	28.4%	11.3%	132
Some college, trade school, or Associate degree	57.1%	33.3%	9.6%	146
Bachelor's degree or higher	70.9%	23.4%	5.7%	100
Results by household income:				
Less than \$20,000	71.2%	10.0%	18.8%	66
\$20,000 - \$34,999	66.9%	25.8%	7.2%	82
\$35,000 - \$49,999	43.9%	46.9%	9.2%	66
\$50,000 - \$74,999	73.9%	20.8%	5.3%	78
\$75,000 or more	57.6%	36.4%	5.9%	84

37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	
Overall results from 2010	67.5%	17.4%	15.1%	476
Overall results from 2015	70.2%	19.5%	10.3%	414
Results by gender:				
Female	68.8%	16.4%	14.7%	252
Male	71.7%	22.9%	5.5%	162
Results by age:				
18-34	---	---	---	28
35-44	79.4%	19.0%	1.6%	37
45-54	74.0%	12.3%	13.7%	44
55-64	66.8%	23.5%	9.6%	108
65-74	61.2%	21.6%	17.2%	99
75+	44.4%	35.8%	19.8%	98
Results by education level:				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	58.7%	27.0%	14.3%	131
Some college, trade school, or Associate degree	73.9%	16.3%	9.8%	152
Bachelor's degree or higher	78.4%	16.2%	5.3%	102
Results by household income:				
Less than \$20,000	48.2%	21.1%	30.7%	65
\$20,000 - \$34,999	66.3%	15.9%	17.8%	83
\$35,000 - \$49,999	63.8%	26.2%	10.0%	67
\$50,000 - \$74,999	72.3%	24.3%	3.4%	82
\$75,000 or more	89.3%	8.0%	2.7%	85

37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	71.2%	19.1%	9.7%	467
Overall results from 2015	70.6%	20.7%	8.7%	411
Results by gender:				
Female	75.6%	17.8%	6.6%	250
Male	65.2%	23.9%	10.9%	161
Results by age:				
18-34	---	---	---	27
35-44	59.9%	28.5%	11.6%	37
45-54	63.8%	32.3%	3.9%	45
55-64	66.0%	23.5%	10.5%	107
65-74	77.3%	16.6%	6.1%	100
75+	71.9%	15.1%	13.0%	95
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	70.9%	23.7%	5.4%	136
Some college, trade school, or Associate degree	68.7%	24.0%	7.4%	146
Bachelor's degree or higher	70.8%	15.2%	14.0%	101
Results by household income:				
Less than \$20,000	64.5%	33.0%	2.5%	66
\$20,000 - \$34,999	78.3%	11.6%	10.1%	82
\$35,000 - \$49,999	70.5%	20.5%	9.1%	66
\$50,000 - \$74,999	68.6%	14.7%	16.7%	80
\$75,000 or more	71.1%	26.7%	2.2%	86

37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	88.4%	9.2%	2.3%	469
Overall results from 2015	90.2%	7.5%	2.3%	410
Results by gender:				
Female	90.5%	7.4%	2.1%	248
Male	89.8%	7.6%	2.6%	162
Results by age:				
18-34	---	---	---	28
35-44	92.7%	7.3%	0.0%	37
45-54	88.5%	7.1%	4.4%	44
55-64	83.6%	14.0%	2.4%	109
65-74	83.1%	13.4%	3.4%	98
75+	88.2%	6.9%	4.9%	94
Results by education level:				
Less than HS diploma, no GED	---	---	---	25
High school diploma or GED	84.0%	10.4%	5.6%	136
Some college, trade school, or Associate degree	90.2%	8.6%	1.3%	148
Bachelor's degree or higher	96.7%	3.3%	0.0%	100
Results by household income:				
Less than \$20,000	79.1%	12.9%	8.0%	66
\$20,000 - \$34,999	86.3%	9.8%	3.9%	82
\$35,000 - \$49,999	90.6%	7.0%	2.5%	67
\$50,000 - \$74,999	94.2%	5.8%	0.0%	80
\$75,000 or more	96.4%	3.6%	0.0%	85

All Survey Items (weighted data)

37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	31.4%	39.2%	29.4%	476
Overall results from 2015	30.3%	41.1%	28.7%	411
Results by gender:				
Female	32.6%	37.4%	30.0%	247
Male	27.8%	44.9%	27.3%	164
Results by age:				
18-34	---	---	---	28
35-44	13.6%	34.4%	52.0%	37
45-54	32.0%	40.6%	27.4%	44
55-64	29.1%	31.0%	40.0%	108
65-74	23.9%	52.6%	23.5%	98
75+	47.4%	39.0%	13.7%	96
Results by education level:				
Less than HS diploma, no GED	---	---	---	27
High school diploma or GED	41.5%	32.8%	25.6%	137
Some college, trade school, or Associate degree	24.1%	42.0%	33.9%	147
Bachelor's degree or higher	25.2%	50.3%	24.4%	99
Results by household income:				
Less than \$20,000	36.0%	48.4%	15.5%	66
\$20,000 - \$34,999	34.9%	35.1%	30.0%	85
\$35,000 - \$49,999	41.6%	28.1%	30.2%	67
\$50,000 - \$74,999	21.6%	40.5%	37.9%	77
\$75,000 or more	20.7%	51.3%	28.0%	85

37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	68.0%	21.6%	10.4%	413
Results by gender:				
Female	68.0%	20.5%	11.4%	253
Male	68.0%	22.8%	9.2%	160
Results by age:				
18-34	---	---	---	27
35-44	61.0%	34.1%	4.9%	37
45-54	63.3%	24.0%	12.7%	45
55-64	68.9%	19.6%	11.5%	107
65-74	72.2%	18.7%	9.1%	100
75+	76.1%	12.7%	11.3%	97
Results by education level:				
Less than HS diploma, no GED	---	---	---	26
High school diploma or GED	69.3%	22.0%	8.7%	137
Some college, trade school, or Associate degree	63.9%	24.7%	11.4%	149
Bachelor's degree or higher	69.7%	18.7%	11.6%	100
Results by household income:				
Less than \$20,000	70.3%	19.9%	9.8%	65
\$20,000 - \$34,999	71.3%	19.7%	9.1%	85
\$35,000 - \$49,999	65.0%	26.9%	8.1%	67
\$50,000 - \$74,999	72.1%	22.4%	5.5%	80
\$75,000 or more	64.8%	20.1%	15.1%	86

All Survey Items (weighted data)

37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	70.6%	23.0%	6.3%	408
Results by gender:				
Female	70.8%	19.1%	10.1%	248
Male	70.5%	27.1%	2.4%	160
Results by age:				
18-34	---	---	---	28
35-44	46.4%	51.2%	2.4%	37
45-54	73.3%	23.0%	3.7%	42
55-64	73.9%	19.8%	6.3%	107
65-74	77.8%	14.9%	7.3%	100
75+	66.9%	23.3%	9.8%	94
Results by education level:				
Less than HS diploma, no GED	---	---	---	25
High school diploma or GED	67.2%	23.2%	9.6%	136
Some college, trade school, or Associate degree	68.8%	26.8%	4.4%	146
Bachelor's degree or higher	78.7%	15.9%	5.4%	100
Results by household income:				
Less than \$20,000	70.3%	17.1%	12.7%	67
\$20,000 - \$34,999	70.0%	23.4%	6.6%	84
\$35,000 - \$49,999	65.0%	32.0%	3.0%	66
\$50,000 - \$74,999	71.3%	25.3%	3.4%	80
\$75,000 or more	77.3%	15.8%	6.9%	83

37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	64.7%	25.8%	9.5%	403
Results by gender:				
Female	59.9%	26.7%	13.4%	243
Male	69.7%	24.9%	5.4%	160
Results by age:				
18-34	---	---	---	28
35-44	75.7%	19.4%	4.9%	36
45-54	50.2%	41.9%	7.8%	42
55-64	63.2%	29.7%	7.2%	108
65-74	59.3%	26.3%	14.4%	98
75+	57.4%	22.6%	20.1%	91
Results by education level:				
Less than HS diploma, no GED	---	---	---	25
High school diploma or GED	65.1%	22.5%	12.4%	133
Some college, trade school, or Associate degree	60.5%	32.3%	7.2%	145
Bachelor's degree or higher	71.0%	21.1%	7.9%	99
Results by household income:				
Less than \$20,000	52.7%	28.2%	19.1%	65
\$20,000 - \$34,999	52.7%	33.0%	14.3%	81
\$35,000 - \$49,999	69.9%	25.2%	5.0%	66
\$50,000 - \$74,999	73.2%	19.8%	7.0%	81
\$75,000 or more	66.3%	27.2%	6.5%	84

37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	66.7%	22.9%	10.5%	346
Overall results from 2015	72.1%	15.4%	12.5%	291
Results by gender:				
Female	73.4%	18.4%	8.3%	172
Male	70.8%	12.5%	16.7%	119
Results by age:				
18-34	---	---	---	20
35-44	---	---	---	28
45-54	76.0%	6.5%	17.5%	31
55-64	73.8%	16.4%	9.8%	77
65-74	70.7%	21.9%	7.4%	69
75+	57.5%	20.4%	22.1%	66
Results by education level:				
Less than HS diploma, no GED	---	---	---	17
High school diploma or GED	62.4%	17.4%	20.2%	99
Some college, trade school, or Associate degree	71.5%	15.7%	12.8%	102
Bachelor's degree or higher	86.4%	10.1%	3.6%	73
Results by household income:				
Less than \$20,000	55.5%	22.6%	21.9%	44
\$20,000 - \$34,999	72.2%	21.3%	6.4%	60
\$35,000 - \$49,999	56.3%	17.5%	26.2%	51
\$50,000 - \$74,999	82.4%	14.2%	3.4%	59
\$75,000 or more	87.5%	7.9%	4.6%	55

38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities

	None	1 minute - 1 hour	> 1 hour - 2 hours	> 2 hours - 3 hours	> 3 hours - 5 hours	> 5 hours - 8 hours	> 8 hours	N
<i>Cottonwood County</i>	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2010	1.4%	8.6%	15.7%	22.4%	28.2%	18.2%	5.5%	488
Overall results from 2015	3.2%	17.4%	23.5%	16.2%	16.5%	8.3%	15.0%	404
Results by gender:								
Female	4.0%	19.2%	24.8%	16.1%	18.2%	9.7%	8.0%	243
Male	2.3%	15.5%	22.0%	16.3%	14.7%	6.9%	22.2%	161
Results by age:								
18-34	---	---	---	---	---	---	---	26
35-44	0.0%	20.4%	18.9%	6.8%	18.1%	9.0%	26.8%	34
45-54	0.0%	11.0%	30.8%	29.0%	10.6%	4.4%	14.1%	44
55-64	2.3%	19.1%	21.0%	22.0%	18.2%	10.3%	7.0%	109
65-74	4.8%	18.7%	16.4%	13.2%	26.5%	10.1%	10.3%	99
75+	11.1%	15.1%	21.2%	13.8%	21.2%	10.4%	7.2%	92
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	27
High school diploma or GED	5.0%	12.2%	16.9%	7.9%	15.7%	15.3%	26.9%	135
Some college, trade school, or Associate degree	3.0%	18.1%	18.6%	26.2%	17.2%	8.3%	8.5%	141
Bachelor's degree or higher	0.6%	22.3%	37.9%	13.8%	17.3%	1.7%	6.5%	100
Results by household income:								
Less than \$20,000	6.3%	7.9%	3.9%	24.1%	21.9%	3.9%	32.0%	63
\$20,000 - \$34,999	3.9%	17.5%	11.6%	10.3%	18.8%	24.4%	13.4%	86
\$35,000 - \$49,999	3.6%	7.3%	10.5%	18.6%	18.3%	8.5%	33.1%	63
\$50,000 - \$74,999	1.1%	23.2%	28.1%	12.7%	21.9%	5.0%	8.1%	77
\$75,000 or more	2.5%	25.5%	40.3%	18.0%	7.2%	4.6%	1.9%	87

39. Have you smoked at least 100 cigarettes in your entire life?
(100 cigarettes = 5 packs)

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	40.7%	59.3%	488
Overall results from 2015	31.8%	68.2%	445
Results by gender:			
Female	30.9%	69.1%	271
Male	32.9%	67.1%	174
Results by age:			
18-34	---	---	26
35-44	46.6%	53.4%	37
45-54	23.9%	76.1%	46
55-64	36.3%	63.7%	113
65-74	46.4%	53.6%	107
75+	24.8%	75.2%	116
Results by education level:			
Less than HS diploma, no GED	69.7%	30.3%	31
High school diploma or GED	35.9%	64.1%	155
Some college, trade school, or Associate degree	35.9%	64.1%	152
Bachelor's degree or higher	17.7%	82.3%	104
Results by household income:			
Less than \$20,000	36.6%	63.4%	71
\$20,000 - \$34,999	32.7%	67.3%	92
\$35,000 - \$49,999	48.7%	51.3%	68
\$50,000 - \$74,999	29.7%	70.3%	83
\$75,000 or more	19.8%	80.2%	88

40. Do you now smoke cigarettes every day, some days, or not at all?

	Every day	Some days	Not at all	Missing, but responded to follow-up	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2010	36.3%	8.3%	55.3%	0.0%	178
Overall results from 2015	29.2%	2.9%	68.0%	0.0%	148
Results by gender:					
Female	26.8%	2.9%	70.3%	0.0%	78
Male	31.4%	2.8%	65.8%	0.0%	70
Results by age:					
18-34	---	---	---	---	6
35-44	---	---	---	---	14
45-54	---	---	---	---	12
55-64	30.8%	5.1%	64.1%	0.0%	42
65-74	10.0%	5.2%	84.8%	0.0%	47
75+	---	---	---	---	27
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	19
High school diploma or GED	39.7%	2.7%	57.6%	0.0%	50
Some college, trade school, or Associate degree	22.5%	3.7%	73.8%	0.0%	54
Bachelor's degree or higher	---	---	---	---	25
Results by household income:					
Less than \$20,000	---	---	---	---	29
\$20,000 - \$34,999	33.9%	6.4%	59.8%	0.0%	32
\$35,000 - \$49,999	40.3%	1.7%	58.0%	0.0%	31
\$50,000 - \$74,999	---	---	---	---	29
\$75,000 or more	---	---	---	---	15

Smoking status

	Current smoker	Former smoker	Never smoked	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2010	18.2%	22.5%	59.3%	488
Overall results from 2015	9.8%	20.7%	69.5%	437
Results by gender:				
Female	8.6%	20.3%	71.1%	267
Male	11.0%	21.2%	67.8%	170
Results by age:				
18-34	---	---	---	25
35-44	31.4%	15.2%	53.4%	37
45-54	5.8%	15.5%	78.8%	44
55-64	12.8%	22.9%	64.3%	112
65-74	6.8%	37.7%	55.5%	104
75+	1.2%	23.2%	75.6%	115
Results by education level:				
Less than HS diploma, no GED	29.8%	39.9%	30.3%	31
High school diploma or GED	14.8%	20.1%	65.1%	153
Some college, trade school, or Associate degree	9.0%	25.4%	65.6%	148
Bachelor's degree or higher	2.1%	13.6%	84.3%	102
Results by household income:				
Less than \$20,000	13.2%	23.4%	63.4%	71
\$20,000 - \$34,999	13.2%	19.6%	67.3%	92
\$35,000 - \$49,999	19.5%	26.9%	53.5%	66
\$50,000 - \$74,999	3.4%	25.7%	70.9%	82
\$75,000 or more	4.8%	11.8%	83.4%	84

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	49.9%	50.1%	60
Overall results from 2015	40.8%	59.2%	35
Results by gender:			
Female	---	---	20
Male	---	---	15
Results by age:			
18-34	---	---	1
35-44	---	---	7
45-54	---	---	4
55-64	---	---	14
65-74	---	---	7
75+	---	---	2
Results by education level:			
Less than HS diploma, no GED	---	---	5
High school diploma or GED	---	---	13
Some college, trade school, or Associate degree	---	---	15
Bachelor's degree or higher	---	---	2
Results by household income:			
Less than \$20,000	---	---	9
\$20,000 - \$34,999	---	---	11
\$35,000 - \$49,999	---	---	6
\$50,000 - \$74,999	---	---	3
\$75,000 or more	---	---	3

42. If you have tried to quit smoking cigarettes, why hasn't it worked?

	Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	I don't want to quit	I haven't tried to quit	Other reason	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	
Overall results from 2015	0.0%	18.0%	10.9%	41.4%	28.2%	23.6%	32
Results by gender:							
Female	---	---	---	---	---	---	19
Male	---	---	---	---	---	---	13
Results by age:							
18-34	---	---	---	---	---	---	1
35-44	---	---	---	---	---	---	7
45-54	---	---	---	---	---	---	4
55-64	---	---	---	---	---	---	13
65-74	---	---	---	---	---	---	5
75+	---	---	---	---	---	---	2
Results by education level:							
Less than HS diploma, no GED	---	---	---	---	---	---	4
High school diploma or GED	---	---	---	---	---	---	12
Some college, trade school, or Associate degree	---	---	---	---	---	---	14
Bachelor's degree or higher	---	---	---	---	---	---	2
Results by household income:							
Less than \$20,000	---	---	---	---	---	---	9
\$20,000 - \$34,999	---	---	---	---	---	---	10
\$35,000 - \$49,999	---	---	---	---	---	---	5
\$50,000 - \$74,999	---	---	---	---	---	---	3
\$75,000 or more	---	---	---	---	---	---	2

All Survey Items (weighted data)

43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	19.7%	80.3%	93
Overall results from 2015	9.1%	90.9%	111
Results by gender:			
Female	4.3%	95.7%	62
Male	15.9%	84.1%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	15.4%	84.6%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	16.1%	83.9%	39
Some college, trade school, or Associate degree	7.2%	92.8%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	16.3%	83.7%	93
Overall results from 2015	12.8%	87.2%	111
Results by gender:			
Female	15.0%	85.0%	62
Male	9.6%	90.4%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	11.9%	88.1%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	5.2%	94.8%	39
Some college, trade school, or Associate degree	22.2%	77.8%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	2.9%	97.1%	93
Overall results from 2015	0.8%	99.2%	111
Results by gender:			
Female	1.4%	98.6%	62
Male	0.0%	100.0%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	0.0%	100.0%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	0.0%	100.0%	39
Some college, trade school, or Associate degree	1.9%	98.1%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	1.8%	98.2%	93
Overall results from 2015	0.0%	100.0%	111
Results by gender:			
Female	0.0%	100.0%	62
Male	0.0%	100.0%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	0.0%	100.0%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	0.0%	100.0%	39
Some college, trade school, or Associate degree	0.0%	100.0%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	0.9%	99.1%	93
Overall results from 2015	0.0%	100.0%	111
Results by gender:			
Female	0.0%	100.0%	62
Male	0.0%	100.0%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	0.0%	100.0%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	0.0%	100.0%	39
Some college, trade school, or Associate degree	0.0%	100.0%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	0.5%	99.5%	93
Overall results from 2015	0.0%	100.0%	111
Results by gender:			
Female	0.0%	100.0%	62
Male	0.0%	100.0%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	0.0%	100.0%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	0.0%	100.0%	39
Some college, trade school, or Associate degree	0.0%	100.0%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	1.4%	98.6%	93
Overall results from 2015	0.9%	99.1%	111
Results by gender:			
Female	1.6%	98.4%	62
Male	0.0%	100.0%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	4.4%	95.6%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	1.9%	98.1%	39
Some college, trade school, or Associate degree	0.7%	99.3%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	63.5%	36.5%	93
Overall results from 2015	83.6%	16.4%	111
Results by gender:			
Female	82.3%	17.7%	62
Male	85.4%	14.6%	49
Results by age:			
18-34	---	---	5
35-44	---	---	9
45-54	---	---	9
55-64	---	---	28
65-74	71.2%	28.8%	37
75+	---	---	23
Results by education level:			
Less than HS diploma, no GED	---	---	11
High school diploma or GED	90.8%	9.2%	39
Some college, trade school, or Associate degree	73.8%	26.2%	41
Bachelor's degree or higher	---	---	20
Results by household income:			
Less than \$20,000	---	---	21
\$20,000 - \$34,999	---	---	22
\$35,000 - \$49,999	---	---	23
\$50,000 - \$74,999	---	---	24
\$75,000 or more	---	---	13

44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

	Every day	Some days	Not at all	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	1.0%	1.6%	97.4%	415
Results by gender:				
Female	0.8%	1.0%	98.1%	254
Male	1.1%	2.2%	96.7%	161
Results by age:				
18-34	---	---	---	26
35-44	0.8%	0.0%	99.2%	36
45-54	0.0%	4.0%	96.0%	43
55-64	2.0%	2.0%	96.0%	101
65-74	4.0%	2.3%	93.6%	102
75+	0.0%	1.2%	98.8%	107
Results by education level:				
Less than HS diploma, no GED	3.1%	0.0%	96.9%	30
High school diploma or GED	1.8%	2.0%	96.2%	139
Some college, trade school, or Associate degree	0.8%	1.5%	97.7%	144
Bachelor's degree or higher	0.0%	1.4%	98.6%	100
Results by household income:				
Less than \$20,000	1.6%	0.0%	98.4%	66
\$20,000 - \$34,999	2.9%	1.0%	96.1%	82
\$35,000 - \$49,999	0.9%	0.0%	99.1%	65
\$50,000 - \$74,999	0.0%	6.7%	93.3%	78
\$75,000 or more	0.6%	0.0%	99.4%	85

All Survey Items (weighted data)

Cigar smoking status

	Current smoker	Non-smoker	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	2.6%	97.4%	415
Results by gender:			
Female	1.9%	98.1%	254
Male	3.3%	96.7%	161
Results by age:			
18-34	---	---	26
35-44	0.8%	99.2%	36
45-54	4.0%	96.0%	43
55-64	4.0%	96.0%	101
65-74	6.4%	93.6%	102
75+	1.2%	98.8%	107
Results by education level:			
Less than HS diploma, no GED	3.1%	96.9%	30
High school diploma or GED	3.8%	96.2%	139
Some college, trade school, or Associate degree	2.3%	97.7%	144
Bachelor's degree or higher	1.4%	98.6%	100
Results by household income:			
Less than \$20,000	1.6%	98.4%	66
\$20,000 - \$34,999	3.9%	96.1%	82
\$35,000 - \$49,999	0.9%	99.1%	65
\$50,000 - \$74,999	6.7%	93.3%	78
\$75,000 or more	0.6%	99.4%	85

44B. How often do you use PIPES?

	Every day	Some days	Not at all	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	0.3%	0.5%	99.2%	412
Results by gender:				
Female	0.3%	0.0%	99.7%	251
Male	0.3%	1.0%	98.7%	161
Results by age:				
18-34	---	---	---	26
35-44	0.0%	0.0%	100.0%	36
45-54	0.0%	0.0%	100.0%	44
55-64	1.0%	0.0%	99.0%	100
65-74	1.1%	2.3%	96.6%	103
75+	0.0%	1.2%	98.8%	103
Results by education level:				
Less than HS diploma, no GED	3.1%	0.0%	96.9%	30
High school diploma or GED	0.0%	0.5%	99.5%	134
Some college, trade school, or Associate degree	0.5%	0.9%	98.6%	146
Bachelor's degree or higher	0.0%	0.0%	100.0%	100
Results by household income:				
Less than \$20,000	1.0%	1.1%	98.0%	67
\$20,000 - \$34,999	0.0%	0.0%	100.0%	82
\$35,000 - \$49,999	0.9%	0.0%	99.1%	65
\$50,000 - \$74,999	0.0%	0.7%	99.3%	78
\$75,000 or more	0.0%	0.7%	99.3%	83

All Survey Items (weighted data)

Pipe smoking status

	Current smoker	Non-smoker	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	0.8%	99.2%	412
Results by gender:			
Female	0.3%	99.7%	251
Male	1.3%	98.7%	161
Results by age:			
18-34	---	---	26
35-44	0.0%	100.0%	36
45-54	0.0%	100.0%	44
55-64	1.0%	99.0%	100
65-74	3.4%	96.6%	103
75+	1.2%	98.8%	103
Results by education level:			
Less than HS diploma, no GED	3.1%	96.9%	30
High school diploma or GED	0.5%	99.5%	134
Some college, trade school, or Associate degree	1.4%	98.6%	146
Bachelor's degree or higher	0.0%	100.0%	100
Results by household income:			
Less than \$20,000	2.0%	98.0%	67
\$20,000 - \$34,999	0.0%	100.0%	82
\$35,000 - \$49,999	0.9%	99.1%	65
\$50,000 - \$74,999	0.7%	99.3%	78
\$75,000 or more	0.7%	99.3%	83

44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

	Every day	Some days	Not at all	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	3.6%	3.4%	93.0%	408
Results by gender:				
Female	0.0%	0.0%	100.0%	248
Male	7.3%	7.0%	85.7%	160
Results by age:				
18-34	---	---	---	27
35-44	11.4%	0.0%	88.6%	35
45-54	0.0%	4.5%	95.5%	42
55-64	3.0%	0.5%	96.5%	101
65-74	1.2%	0.0%	98.8%	100
75+	0.0%	0.0%	100.0%	103
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	1.6%	1.7%	96.7%	136
Some college, trade school, or Associate degree	3.6%	0.0%	96.4%	143
Bachelor's degree or higher	6.1%	9.6%	84.4%	99
Results by household income:				
Less than \$20,000	0.0%	4.1%	95.9%	63
\$20,000 - \$34,999	4.1%	0.0%	95.9%	80
\$35,000 - \$49,999	0.0%	0.0%	100.0%	66
\$50,000 - \$74,999	13.0%	7.7%	79.2%	77
\$75,000 or more	0.6%	4.8%	94.7%	85

Smokeless tobacco status

	Current user	Non-user	N (Unweighted)
<i>Cottonwood County</i>	%	%	
Overall results from 2015	7.0%	93.0%	408
Results by gender:			
Female	0.0%	100.0%	248
Male	14.3%	85.7%	160
Results by age:			
18-34	---	---	27
35-44	11.4%	88.6%	35
45-54	4.5%	95.5%	42
55-64	3.5%	96.5%	101
65-74	1.2%	98.8%	100
75+	0.0%	100.0%	103
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	3.3%	96.7%	136
Some college, trade school, or Associate degree	3.6%	96.4%	143
Bachelor's degree or higher	15.6%	84.4%	99
Results by household income:			
Less than \$20,000	4.1%	95.9%	63
\$20,000 - \$34,999	4.1%	95.9%	80
\$35,000 - \$49,999	0.0%	100.0%	66
\$50,000 - \$74,999	20.8%	79.2%	77
\$75,000 or more	5.3%	94.7%	85

44D. How often do you use E-CIGARETTES?

	Every day	Some days	Not at all	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	1.6%	1.1%	97.2%	413
Results by gender:				
Female	1.5%	1.9%	96.6%	252
Male	1.7%	0.3%	98.0%	161
Results by age:				
18-34	---	---	---	26
35-44	5.7%	1.7%	92.5%	35
45-54	0.0%	0.0%	100.0%	43
55-64	0.0%	0.0%	100.0%	102
65-74	1.1%	1.7%	97.2%	101
75+	0.0%	0.0%	100.0%	106
Results by education level:				
Less than HS diploma, no GED	---	---	---	29
High school diploma or GED	3.1%	0.0%	96.9%	137
Some college, trade school, or Associate degree	1.9%	3.3%	94.8%	146
Bachelor's degree or higher	0.0%	0.0%	100.0%	99
Results by household income:				
Less than \$20,000	0.0%	0.5%	99.5%	65
\$20,000 - \$34,999	0.9%	0.0%	99.1%	84
\$35,000 - \$49,999	4.5%	1.3%	94.2%	65
\$50,000 - \$74,999	3.1%	0.0%	96.9%	78
\$75,000 or more	0.0%	3.2%	96.8%	84

All Survey Items (weighted data)

E-cigarette status

	Current user	Non-user	N (Unweighted)
<i>Cottonwood County</i>	%	%	
Overall results from 2015	2.8%	97.2%	413
Results by gender:			
Female	3.4%	96.6%	252
Male	2.0%	98.0%	161
Results by age:			
18-34	---	---	26
35-44	7.5%	92.5%	35
45-54	0.0%	100.0%	43
55-64	0.0%	100.0%	102
65-74	2.8%	97.2%	101
75+	0.0%	100.0%	106
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	3.1%	96.9%	137
Some college, trade school, or Associate degree	5.2%	94.8%	146
Bachelor's degree or higher	0.0%	100.0%	99
Results by household income:			
Less than \$20,000	0.5%	99.5%	65
\$20,000 - \$34,999	0.9%	99.1%	84
\$35,000 - \$49,999	5.8%	94.2%	65
\$50,000 - \$74,999	3.1%	96.9%	78
\$75,000 or more	3.2%	96.8%	84

44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

	Every day	Some days	Not at all	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	3.2%	0.3%	96.5%	416
Results by gender:				
Female	4.9%	0.5%	94.6%	257
Male	1.3%	0.0%	98.7%	159
Results by age:				
18-34	---	---	---	27
35-44	8.1%	0.0%	91.9%	37
45-54	0.0%	0.0%	100.0%	43
55-64	5.5%	1.0%	93.5%	103
65-74	2.4%	0.0%	97.6%	100
75+	0.6%	0.6%	98.7%	106
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	5.0%	0.5%	94.5%	137
Some college, trade school, or Associate degree	3.4%	0.3%	96.3%	149
Bachelor's degree or higher	1.3%	0.0%	98.7%	99
Results by household income:				
Less than \$20,000	5.8%	0.7%	93.5%	66
\$20,000 - \$34,999	3.2%	1.1%	95.7%	85
\$35,000 - \$49,999	1.3%	0.0%	98.7%	66
\$50,000 - \$74,999	2.4%	0.0%	97.6%	79
\$75,000 or more	4.7%	0.0%	95.3%	83

All Survey Items (weighted data)

Other tobacco status

	Current user	Non-user	N (Unweighted)
<i>Cottonwood County</i>	%	%	
Overall results from 2015	3.5%	96.5%	416
Results by gender:			
Female	5.4%	94.6%	257
Male	1.3%	98.7%	159
Results by age:			
18-34	---	---	27
35-44	8.1%	91.9%	37
45-54	0.0%	100.0%	43
55-64	6.5%	93.5%	103
65-74	2.4%	97.6%	100
75+	1.3%	98.7%	106
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	5.5%	94.5%	137
Some college, trade school, or Associate degree	3.7%	96.3%	149
Bachelor's degree or higher	1.3%	98.7%	99
Results by household income:			
Less than \$20,000	6.5%	93.5%	66
\$20,000 - \$34,999	4.3%	95.7%	85
\$35,000 - \$49,999	1.3%	98.7%	66
\$50,000 - \$74,999	2.4%	97.6%	79
\$75,000 or more	4.7%	95.3%	83

All Survey Items (weighted data)

Any tobacco use status

	Current user of tobacco	Current non- user of tobacco	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	19.9%	80.1%	448
Results by gender:			
Female	11.6%	88.4%	274
Male	28.9%	71.1%	174
Results by age:			
18-34	---	---	27
35-44	49.3%	50.7%	37
45-54	11.5%	88.5%	46
55-64	18.8%	81.2%	114
65-74	15.7%	84.3%	108
75+	3.3%	96.7%	116
Results by education level:			
Less than HS diploma, no GED	31.8%	68.2%	32
High school diploma or GED	23.1%	76.9%	155
Some college, trade school, or Associate degree	17.7%	82.3%	154
Bachelor's degree or higher	17.2%	82.8%	104
Results by household income:			
Less than \$20,000	18.4%	81.6%	72
\$20,000 - \$34,999	19.6%	80.4%	92
\$35,000 - \$49,999	24.4%	75.6%	69
\$50,000 - \$74,999	30.4%	69.6%	84
\$75,000 or more	11.7%	88.3%	88

44F. How often do you use MARIJUANA?

	Every day	Some days	Not at all	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	0.1%	3.6%	96.3%	408
Results by gender:				
Female	0.0%	1.0%	99.0%	248
Male	0.2%	6.2%	93.6%	160
Results by age:				
18-34	---	---	---	26
35-44	0.0%	0.0%	100.0%	36
45-54	0.0%	2.7%	97.3%	43
55-64	0.5%	1.0%	98.5%	101
65-74	0.0%	1.2%	98.8%	98
75+	0.0%	0.0%	100.0%	104
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	0.3%	8.7%	91.0%	136
Some college, trade school, or Associate degree	0.0%	0.9%	99.1%	145
Bachelor's degree or higher	0.0%	1.8%	98.2%	98
Results by household income:				
Less than \$20,000	0.6%	0.0%	99.4%	63
\$20,000 - \$34,999	0.0%	4.4%	95.6%	82
\$35,000 - \$49,999	0.0%	15.5%	84.5%	65
\$50,000 - \$74,999	0.0%	0.0%	100.0%	77
\$75,000 or more	0.0%	0.0%	100.0%	84

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	13.1%	86.9%	487
Overall results from 2015	4.5%	95.5%	444
Results by gender:			
Female	4.9%	95.1%	272
Male	4.1%	95.9%	172
Results by age:			
18-34	---	---	27
35-44	3.3%	96.7%	37
45-54	3.4%	96.6%	46
55-64	13.1%	86.9%	113
65-74	7.9%	92.1%	106
75+	0.6%	99.4%	115
Results by education level:			
Less than HS diploma, no GED	2.1%	97.9%	31
High school diploma or GED	4.6%	95.4%	152
Some college, trade school, or Associate degree	5.7%	94.3%	154
Bachelor's degree or higher	3.4%	96.6%	104
Results by household income:			
Less than \$20,000	3.2%	96.8%	70
\$20,000 - \$34,999	10.7%	89.3%	92
\$35,000 - \$49,999	4.5%	95.5%	68
\$50,000 - \$74,999	5.3%	94.7%	84
\$75,000 or more	1.7%	98.3%	88

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	22.0%	78.0%	487
Overall results from 2015	13.0%	87.0%	444
Results by gender:			
Female	12.8%	87.2%	273
Male	13.3%	86.7%	171
Results by age:			
18-34	---	---	26
35-44	35.5%	64.5%	37
45-54	8.5%	91.5%	46
55-64	19.5%	80.5%	113
65-74	8.7%	91.3%	107
75+	2.2%	97.8%	115
Results by education level:			
Less than HS diploma, no GED	24.6%	75.4%	32
High school diploma or GED	16.8%	83.2%	153
Some college, trade school, or Associate degree	13.4%	86.6%	152
Bachelor's degree or higher	7.0%	93.0%	104
Results by household income:			
Less than \$20,000	15.6%	84.4%	71
\$20,000 - \$34,999	18.1%	81.9%	92
\$35,000 - \$49,999	21.0%	79.0%	67
\$50,000 - \$74,999	8.1%	91.9%	84
\$75,000 or more	8.9%	91.1%	88

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	39.6%	60.4%	486
Overall results from 2015	26.2%	73.8%	441
Results by gender:			
Female	20.5%	79.5%	269
Male	32.4%	67.6%	172
Results by age:			
18-34	---	---	27
35-44	27.1%	72.9%	37
45-54	25.2%	74.8%	46
55-64	30.7%	69.3%	113
65-74	17.6%	82.4%	106
75+	7.4%	92.6%	112
Results by education level:			
Less than HS diploma, no GED	42.6%	57.4%	31
High school diploma or GED	26.9%	73.1%	151
Some college, trade school, or Associate degree	30.6%	69.4%	153
Bachelor's degree or higher	18.2%	81.8%	104
Results by household income:			
Less than \$20,000	22.4%	77.6%	71
\$20,000 - \$34,999	24.8%	75.2%	90
\$35,000 - \$49,999	37.1%	62.9%	68
\$50,000 - \$74,999	31.3%	68.7%	84
\$75,000 or more	21.1%	78.9%	88

All Survey Items (weighted data)

48. The last time this happened in Minnesota, where were you?

	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	%	
Overall results from 2015	16.8%	9.5%	3.9%	21.3%	4.5%	18.9%	45.6%	20.0%	90
Results by gender:									
Female	15.6%	22.3%	6.1%	26.1%	0.0%	19.5%	54.8%	20.8%	47
Male	17.5%	1.1%	2.5%	18.1%	7.5%	18.5%	39.6%	19.5%	43
Results by age:									
18-34	---	---	---	---	---	---	---	---	9
35-44	---	---	---	---	---	---	---	---	12
45-54	---	---	---	---	---	---	---	---	9
55-64	14.5%	3.0%	1.5%	13.1%	2.9%	19.1%	35.5%	35.3%	36
65-74	---	---	---	---	---	---	---	---	17
75+	---	---	---	---	---	---	---	---	7
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	9
High school diploma or GED	---	---	---	---	---	---	---	---	25
Some college, trade school, or Associate degree	21.1%	11.7%	9.4%	24.1%	1.7%	20.2%	53.2%	26.8%	39
Bachelor's degree or higher	---	---	---	---	---	---	---	---	17
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	14
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	22
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	16
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	21
\$75,000 or more	---	---	---	---	---	---	---	---	13

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	47.8%	52.2%	421
Results by gender:			
Female	44.3%	55.7%	260
Male	51.5%	48.5%	161
Results by age:			
18-34	---	---	26
35-44	66.9%	33.1%	36
45-54	44.4%	55.6%	45
55-64	51.5%	48.5%	106
65-74	32.1%	67.9%	99
75+	24.0%	76.0%	109
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	53.2%	46.8%	148
Some college, trade school, or Associate degree	46.3%	53.7%	141
Bachelor's degree or higher	45.5%	54.5%	100
Results by household income:			
Less than \$20,000	58.3%	41.7%	71
\$20,000 - \$34,999	38.8%	61.2%	87
\$35,000 - \$49,999	68.1%	31.9%	62
\$50,000 - \$74,999	50.6%	49.4%	80
\$75,000 or more	34.4%	65.6%	83

All Survey Items (weighted data)

50. Where have you seen people smoke e-cigarettes in Minnesota?

	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	%	%	%	
Overall results from 2015	35.5%	12.7%	26.5%	17.6%	27.4%	26.6%	7.7%	19.3%	18.9%	33.8%	174
Results by gender:											
Female	30.2%	12.9%	22.4%	13.1%	23.0%	27.7%	4.8%	19.7%	15.9%	18.0%	103
Male	40.5%	12.5%	30.3%	21.6%	31.5%	25.7%	10.4%	18.9%	21.7%	48.3%	71
Results by age:											
18-34	---	---	---	---	---	---	---	---	---	---	15
35-44	---	---	---	---	---	---	---	---	---	---	23
45-54	---	---	---	---	---	---	---	---	---	---	23
55-64	18.8%	24.5%	15.0%	6.6%	11.3%	35.7%	2.8%	21.7%	17.9%	32.1%	56
65-74	42.1%	8.9%	25.6%	7.2%	23.7%	34.1%	7.3%	14.1%	14.3%	24.5%	33
75+	---	---	---	---	---	---	---	---	---	---	24
Results by education level:											
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	---	9
High school diploma or GED	45.9%	8.5%	21.4%	19.1%	31.9%	23.4%	5.1%	26.8%	27.3%	55.2%	51
Some college, trade school, or Associate degree	29.9%	18.6%	27.5%	14.7%	30.0%	35.4%	11.2%	20.7%	18.2%	32.0%	67
Bachelor's degree or higher	30.4%	12.8%	30.3%	19.4%	18.7%	21.8%	8.0%	8.9%	10.1%	9.0%	46
Results by household income:											
Less than \$20,000	36.5%	16.4%	26.8%	21.9%	17.7%	30.0%	17.1%	19.7%	28.5%	47.9%	30
\$20,000 - \$34,999	45.9%	14.7%	22.7%	16.7%	34.2%	44.7%	2.1%	44.3%	15.5%	10.0%	30
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	---	---	29
\$50,000 - \$74,999	36.9%	18.3%	38.8%	27.6%	24.6%	27.9%	5.0%	13.4%	7.6%	14.5%	36
\$75,000 or more	24.1%	15.7%	30.6%	4.1%	25.9%	30.6%	9.0%	14.4%	16.1%	14.0%	38

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	56.6%	43.4%	437
Results by gender:			
Female	48.9%	51.1%	266
Male	64.9%	35.1%	171
Results by age:			
18-34	---	---	27
35-44	79.7%	20.3%	37
45-54	63.3%	36.7%	44
55-64	54.9%	45.1%	112
65-74	53.2%	46.8%	105
75+	27.4%	72.6%	112
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	45.6%	54.4%	150
Some college, trade school, or Associate degree	53.7%	46.3%	152
Bachelor's degree or higher	74.5%	25.5%	103
Results by household income:			
Less than \$20,000	22.6%	77.4%	71
\$20,000 - \$34,999	54.7%	45.3%	91
\$35,000 - \$49,999	59.0%	41.0%	68
\$50,000 - \$74,999	67.9%	32.1%	81
\$75,000 or more	74.1%	25.9%	86

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

	1-2 days	3-5 days	6-10 days	11-20 days	21-30 days	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	
Overall results from 2015	31.5%	26.9%	16.5%	15.5%	9.6%	204
Results by gender:						
Female	41.2%	27.4%	18.4%	7.1%	5.9%	112
Male	23.6%	26.5%	14.9%	22.3%	12.6%	92
Results by age:						
18-34	---	---	---	---	---	17
35-44	---	---	---	---	---	22
45-54	---	---	---	---	---	27
55-64	36.1%	32.0%	16.3%	6.9%	8.7%	61
65-74	37.6%	17.9%	15.0%	16.6%	12.8%	48
75+	---	---	---	---	---	29
Results by education level:						
Less than HS diploma, no GED	---	---	---	---	---	10
High school diploma or GED	26.0%	26.2%	12.1%	29.6%	6.2%	58
Some college, trade school, or Associate degree	28.2%	27.8%	20.6%	9.8%	13.6%	76
Bachelor's degree or higher	37.1%	28.3%	17.2%	12.2%	5.2%	60
Results by household income:						
Less than \$20,000	---	---	---	---	---	16
\$20,000 - \$34,999	44.0%	18.9%	10.2%	4.6%	22.3%	44
\$35,000 - \$49,999	23.6%	16.6%	12.6%	40.2%	7.0%	38
\$50,000 - \$74,999	35.9%	28.4%	13.9%	10.7%	11.0%	40
\$75,000 or more	19.8%	38.5%	26.5%	9.8%	5.4%	58

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

	One	Two	Three	Four or more	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	41.9%	27.7%	16.1%	14.3%	205
Results by gender:					
Female	44.4%	34.5%	13.9%	7.2%	110
Male	39.9%	22.4%	17.8%	19.9%	95
Results by age:					
18-34	---	---	---	---	17
35-44	---	---	---	---	22
45-54	---	---	---	---	28
55-64	49.6%	29.1%	12.8%	8.5%	61
65-74	52.8%	35.1%	8.8%	3.3%	49
75+	---	---	---	---	28
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	9
High school diploma or GED	35.2%	18.6%	27.3%	19.0%	59
Some college, trade school, or Associate degree	39.1%	34.1%	17.6%	9.2%	77
Bachelor's degree or higher	49.7%	28.4%	5.1%	16.8%	60
Results by household income:					
Less than \$20,000	---	---	---	---	15
\$20,000 - \$34,999	41.0%	32.5%	14.1%	12.4%	44
\$35,000 - \$49,999	23.0%	31.0%	33.3%	12.8%	40
\$50,000 - \$74,999	49.6%	10.3%	19.5%	20.6%	42
\$75,000 or more	47.4%	40.1%	0.9%	11.5%	57

All Survey Items (weighted data)

Number of drinks in past 30 days

	1-2 drinks	3-4 drinks	5-9 drinks	10-19 drinks	20-29 drinks	30-59 drinks	60 or more drinks	N
<i>Cottonwood County</i>	%	%	%	%	%	%	%	(Unweighted)
Overall results from 2015	21.2%	15.7%	13.0%	18.6%	11.5%	7.9%	12.1%	199
Results by gender:								
Female	29.4%	22.2%	13.4%	15.0%	9.4%	7.2%	3.4%	108
Male	14.7%	10.5%	12.7%	21.5%	13.2%	8.4%	19.0%	91
Results by age:								
18-34	---	---	---	---	---	---	---	17
35-44	---	---	---	---	---	---	---	22
45-54	---	---	---	---	---	---	---	27
55-64	25.2%	20.9%	18.2%	12.2%	11.3%	7.0%	5.2%	60
65-74	29.4%	14.3%	13.0%	15.2%	16.0%	6.1%	6.1%	46
75+	---	---	---	---	---	---	---	27
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	9
High school diploma or GED	20.9%	6.3%	18.8%	12.7%	11.2%	2.4%	27.7%	55
Some college, trade school, or Associate degree	17.4%	30.2%	3.7%	14.3%	8.1%	19.0%	7.4%	75
Bachelor's degree or higher	23.5%	10.7%	18.2%	26.4%	14.8%	2.7%	3.7%	60
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	14
\$20,000 - \$34,999	35.1%	16.0%	2.8%	3.2%	17.0%	15.6%	10.3%	43
\$35,000 - \$49,999	9.0%	20.4%	10.1%	6.0%	5.2%	15.2%	34.0%	38
\$50,000 - \$74,999	23.2%	6.0%	17.5%	35.7%	6.3%	1.2%	10.0%	40
\$75,000 or more	15.3%	18.7%	17.6%	23.0%	18.8%	3.8%	2.7%	57

All Survey Items (weighted data)

Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

	Heavy drinking	No drinking or not heavy	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	8.5%	91.5%	420
Results by gender:			
Female	5.0%	95.0%	258
Male	12.1%	87.9%	162
Results by age:			
18-34	---	---	27
35-44	28.2%	71.8%	36
45-54	7.7%	92.3%	43
55-64	4.7%	95.3%	108
65-74	3.6%	96.4%	97
75+	2.4%	97.6%	109
Results by education level:			
Less than HS diploma, no GED	---	---	28
High school diploma or GED	12.2%	87.8%	141
Some college, trade school, or Associate degree	8.5%	91.5%	146
Bachelor's degree or higher	2.7%	97.3%	102
Results by household income:			
Less than \$20,000	0.5%	99.5%	67
\$20,000 - \$34,999	9.3%	90.7%	89
\$35,000 - \$49,999	23.2%	76.8%	66
\$50,000 - \$74,999	7.5%	92.5%	77
\$75,000 or more	3.4%	96.6%	83

All Survey Items (weighted data)

Type of drinking behavior

	Heavy drinking	Drinking, but not heavy	No drinking	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	8.5%	46.9%	44.6%	420
Results by gender:				
Female	5.0%	42.5%	52.5%	258
Male	12.1%	51.7%	36.2%	162
Results by age:				
18-34	---	---	---	27
35-44	28.2%	50.6%	21.2%	36
45-54	7.7%	54.7%	37.6%	43
55-64	4.7%	49.0%	46.3%	108
65-74	3.6%	45.8%	50.6%	97
75+	2.4%	22.8%	74.8%	109
Results by education level:				
Less than HS diploma, no GED	---	---	---	28
High school diploma or GED	12.2%	29.9%	57.8%	141
Some college, trade school, or Associate degree	8.5%	44.2%	47.3%	146
Bachelor's degree or higher	2.7%	71.6%	25.7%	102
Results by household income:				
Less than \$20,000	0.5%	15.1%	84.4%	67
\$20,000 - \$34,999	9.3%	45.0%	45.8%	89
\$35,000 - \$49,999	23.2%	35.2%	41.6%	66
\$50,000 - \$74,999	7.5%	59.5%	32.9%	77
\$75,000 or more	3.4%	70.2%	26.4%	83

54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

	Any binge drinking	No binge drinking	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	43.9%	56.1%	175
Results by gender:			
Female	35.3%	64.7%	95
Male	50.5%	49.5%	80
Results by age:			
18-34	---	---	16
35-44	---	---	23
45-54	---	---	26
55-64	19.2%	80.8%	57
65-74	11.0%	89.0%	36
75+	---	---	17
Results by education level:			
Less than HS diploma, no GED	---	---	7
High school diploma or GED	53.4%	46.6%	47
Some college, trade school, or Associate degree	38.0%	62.0%	67
Bachelor's degree or higher	41.6%	58.4%	54
Results by household income:			
Less than \$20,000	---	---	14
\$20,000 - \$34,999	---	---	27
\$35,000 - \$49,999	62.6%	37.4%	35
\$50,000 - \$74,999	42.2%	57.8%	39
\$75,000 or more	31.0%	69.0%	55

55. Do you ever drive a car or other vehicle?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	94.0%	6.0%	445
Results by gender:			
Female	93.3%	6.7%	271
Male	94.6%	5.4%	174
Results by age:			
18-34	---	---	27
35-44	94.6%	5.4%	37
45-54	93.6%	6.4%	46
55-64	96.4%	3.6%	115
65-74	91.9%	8.1%	106
75+	84.5%	15.5%	114
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	92.7%	7.3%	156
Some college, trade school, or Associate degree	95.2%	4.8%	153
Bachelor's degree or higher	97.9%	2.1%	104
Results by household income:			
Less than \$20,000	86.5%	13.5%	71
\$20,000 - \$34,999	88.5%	11.5%	91
\$35,000 - \$49,999	98.3%	1.7%	69
\$50,000 - \$74,999	97.3%	2.7%	84
\$75,000 or more	98.7%	1.3%	88

56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	1.2%	27.3%	67.0%	4.5%	396
Results by gender:					
Female	2.3%	28.1%	64.0%	5.6%	239
Male	0.0%	26.4%	70.2%	3.4%	157
Results by age:					
18-34	---	---	---	---	26
35-44	3.4%	52.4%	44.1%	0.0%	36
45-54	0.0%	35.3%	63.7%	0.9%	42
55-64	0.0%	27.7%	65.2%	7.2%	107
65-74	0.0%	7.3%	85.7%	6.9%	92
75+	0.0%	0.7%	83.3%	16.0%	93
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	22
High school diploma or GED	0.0%	13.9%	78.0%	8.1%	137
Some college, trade school, or Associate degree	0.8%	36.0%	60.6%	2.7%	137
Bachelor's degree or higher	3.0%	34.4%	60.3%	2.2%	98
Results by household income:					
Less than \$20,000	0.0%	19.1%	73.3%	7.6%	54
\$20,000 - \$34,999	0.0%	9.1%	82.9%	8.0%	84
\$35,000 - \$49,999	1.4%	23.2%	71.4%	4.0%	61
\$50,000 - \$74,999	3.0%	28.2%	65.9%	2.8%	77
\$75,000 or more	1.0%	46.2%	51.4%	1.4%	85

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	1.2%	18.6%	75.6%	4.6%	396
Results by gender:					
Female	2.3%	20.3%	71.8%	5.6%	238
Male	0.0%	16.9%	79.5%	3.6%	158
Results by age:					
18-34	---	---	---	---	25
35-44	3.4%	43.0%	53.6%	0.0%	36
45-54	0.0%	20.9%	78.1%	0.9%	42
55-64	0.0%	17.0%	75.9%	7.1%	108
65-74	0.0%	1.8%	91.3%	6.9%	92
75+	0.0%	0.0%	83.2%	16.8%	93
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	22
High school diploma or GED	0.0%	9.2%	82.4%	8.4%	138
Some college, trade school, or Associate degree	0.8%	24.1%	72.4%	2.7%	137
Bachelor's degree or higher	3.0%	24.2%	70.6%	2.2%	98
Results by household income:					
Less than \$20,000	0.0%	6.4%	85.2%	8.4%	54
\$20,000 - \$34,999	0.0%	2.7%	88.9%	8.4%	83
\$35,000 - \$49,999	1.4%	19.9%	74.8%	4.0%	62
\$50,000 - \$74,999	3.0%	14.8%	79.4%	2.8%	77
\$75,000 or more	1.0%	36.8%	60.8%	1.4%	85

56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N
<i>Cottonwood County</i>	%	%	%	%	(Unweighted)
Overall results from 2015	16.7%	56.2%	22.7%	4.4%	397
Results by gender:					
Female	13.7%	56.3%	24.7%	5.4%	239
Male	19.9%	56.2%	20.6%	3.4%	158
Results by age:					
18-34	---	---	---	---	27
35-44	16.3%	73.6%	10.0%	0.0%	36
45-54	33.5%	49.0%	16.5%	1.0%	41
55-64	13.4%	66.4%	13.0%	7.2%	106
65-74	3.7%	59.6%	31.1%	5.5%	93
75+	0.0%	27.4%	56.6%	16.0%	94
Results by education level:					
Less than HS diploma, no GED	---	---	---	---	23
High school diploma or GED	8.7%	46.3%	37.0%	8.1%	138
Some college, trade school, or Associate degree	19.7%	60.3%	17.3%	2.7%	137
Bachelor's degree or higher	23.4%	64.1%	10.3%	2.2%	98
Results by household income:					
Less than \$20,000	1.4%	38.9%	51.7%	8.0%	53
\$20,000 - \$34,999	5.0%	46.7%	40.9%	7.4%	84
\$35,000 - \$49,999	11.0%	68.4%	16.8%	3.8%	65
\$50,000 - \$74,999	21.7%	61.4%	14.0%	2.8%	77
\$75,000 or more	31.7%	58.6%	8.4%	1.4%	85

56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

	Often	Sometimes	Never	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	1.6%	43.3%	55.1%	395
Results by gender:				
Female	2.0%	38.6%	59.4%	240
Male	1.1%	48.4%	50.5%	155
Results by age:				
18-34	---	---	---	27
35-44	3.4%	65.9%	30.7%	36
45-54	2.8%	50.2%	47.0%	42
55-64	2.9%	42.1%	55.0%	105
65-74	0.0%	35.7%	64.3%	92
75+	0.0%	16.6%	83.4%	93
Results by education level:				
Less than HS diploma, no GED	---	---	---	22
High school diploma or GED	0.5%	30.1%	69.4%	137
Some college, trade school, or Associate degree	0.5%	45.5%	54.0%	137
Bachelor's degree or higher	4.0%	57.2%	38.9%	97
Results by household income:				
Less than \$20,000	0.0%	22.9%	77.1%	55
\$20,000 - \$34,999	3.6%	28.4%	68.0%	84
\$35,000 - \$49,999	0.0%	47.9%	52.1%	61
\$50,000 - \$74,999	1.4%	50.5%	48.2%	77
\$75,000 or more	2.8%	55.6%	41.7%	85

56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

	Often	Sometimes	Never	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	0.0%	5.3%	94.7%	394
Results by gender:				
Female	0.0%	3.2%	96.8%	238
Male	0.0%	7.5%	92.5%	156
Results by age:				
18-34	---	---	---	26
35-44	0.0%	0.0%	100.0%	36
45-54	0.0%	10.2%	89.8%	42
55-64	0.0%	5.8%	94.2%	106
65-74	0.0%	0.6%	99.4%	92
75+	0.0%	6.8%	93.2%	92
Results by education level:				
Less than HS diploma, no GED	---	---	---	22
High school diploma or GED	0.0%	4.0%	96.0%	135
Some college, trade school, or Associate degree	0.0%	3.9%	96.1%	137
Bachelor's degree or higher	0.0%	7.4%	92.6%	98
Results by household income:				
Less than \$20,000	0.0%	1.4%	98.6%	56
\$20,000 - \$34,999	0.0%	10.1%	89.9%	84
\$35,000 - \$49,999	0.0%	1.4%	98.6%	61
\$50,000 - \$74,999	0.0%	8.1%	91.9%	76
\$75,000 or more	0.0%	5.5%	94.5%	85

57. Do you own or rent your home?

	Own	Rent	Other arrangement	N
<i>Cottonwood County</i>	%	%	%	(Unweighted)
Overall results from 2015	79.4%	13.8%	6.9%	450
Results by gender:				
Female	82.8%	12.2%	5.0%	273
Male	75.8%	15.4%	8.9%	177
Results by age:				
18-34	---	---	---	27
35-44	83.2%	13.6%	3.3%	37
45-54	76.1%	17.1%	6.8%	46
55-64	90.1%	5.0%	4.9%	114
65-74	94.1%	2.5%	3.4%	107
75+	80.8%	17.0%	2.2%	119
Results by education level:				
Less than HS diploma, no GED	71.4%	28.6%	0.0%	32
High school diploma or GED	69.5%	15.1%	15.4%	156
Some college, trade school, or Associate degree	77.3%	20.7%	2.0%	154
Bachelor's degree or higher	94.4%	2.0%	3.6%	105
Results by household income:				
Less than \$20,000	54.1%	35.7%	10.3%	71
\$20,000 - \$34,999	70.0%	21.6%	8.4%	93
\$35,000 - \$49,999	78.7%	7.2%	14.1%	70
\$50,000 - \$74,999	82.5%	12.0%	5.5%	84
\$75,000 or more	96.8%	2.9%	0.3%	88

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	8.1%	91.9%	437
Results by gender:			
Female	7.3%	92.7%	263
Male	8.8%	91.2%	174
Results by age:			
18-34	---	---	27
35-44	7.2%	92.8%	36
45-54	4.4%	95.6%	45
55-64	4.1%	95.9%	112
65-74	6.4%	93.6%	103
75+	19.0%	81.0%	114
Results by education level:			
Less than HS diploma, no GED	---	---	29
High school diploma or GED	15.7%	84.3%	152
Some college, trade school, or Associate degree	4.1%	95.9%	150
Bachelor's degree or higher	0.6%	99.4%	104
Results by household income:			
Less than \$20,000	25.2%	74.8%	70
\$20,000 - \$34,999	18.3%	81.7%	90
\$35,000 - \$49,999	3.3%	96.7%	69
\$50,000 - \$74,999	1.5%	98.5%	83
\$75,000 or more	0.3%	99.7%	87

59. Does anyone ever smoke tobacco in any of the following areas in your building?

	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above checked	N (Unweighted)
<i>Cottonwood County</i>	%	%	%	%	%	%	%	
Overall results from 2015	9.2%	7.2%	4.2%	4.2%	4.2%	32.4%	62.6%	42
Results by gender:								
Female	---	---	---	---	---	---	---	27
Male	---	---	---	---	---	---	---	15
Results by age:								
18-34	---	---	---	---	---	---	---	2
35-44	---	---	---	---	---	---	---	3
45-54	---	---	---	---	---	---	---	2
55-64	---	---	---	---	---	---	---	5
65-74	---	---	---	---	---	---	---	7
75+	---	---	---	---	---	---	---	23
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	6
High school diploma or GED	---	---	---	---	---	---	---	27
Some college, trade school, or Associate degree	---	---	---	---	---	---	---	7
Bachelor's degree or higher	---	---	---	---	---	---	---	2
Results by household income:								
Less than \$20,000	---	---	---	---	---	---	---	16
\$20,000 - \$34,999	---	---	---	---	---	---	---	15
\$35,000 - \$49,999	---	---	---	---	---	---	---	4
\$50,000 - \$74,999	---	---	---	---	---	---	---	2
\$75,000 or more	---	---	---	---	---	---	---	1

60. Do you have access to at least one working car or other vehicle to use when you need to?

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2015	97.9%	2.1%	450
Results by gender:			
Female	96.2%	3.8%	273
Male	99.7%	0.3%	177
Results by age:			
18-34	---	---	27
35-44	100.0%	0.0%	37
45-54	100.0%	0.0%	44
55-64	97.3%	2.7%	115
65-74	97.5%	2.5%	109
75+	91.6%	8.4%	118
Results by education level:			
Less than HS diploma, no GED	93.0%	7.0%	32
High school diploma or GED	97.1%	2.9%	158
Some college, trade school, or Associate degree	97.8%	2.2%	152
Bachelor's degree or higher	99.5%	0.5%	105
Results by household income:			
Less than \$20,000	95.3%	4.7%	73
\$20,000 - \$34,999	97.8%	2.2%	92
\$35,000 - \$49,999	97.1%	2.9%	70
\$50,000 - \$74,999	99.6%	0.4%	84
\$75,000 or more	100.0%	0.0%	88

71. Employment status

	Yes	No	N
<i>Cottonwood County</i>	%	%	(Unweighted)
Overall results from 2010	67.2%	32.8%	499
Overall results from 2015	68.4%	31.6%	450
Results by gender:			
Female	61.7%	38.3%	273
Male	75.5%	24.5%	177
Results by age:			
18-34	---	---	28
35-44	91.3%	8.7%	37
45-54	86.7%	13.3%	46
55-64	80.8%	19.2%	114
65-74	36.7%	63.3%	109
75+	13.3%	86.7%	116
Results by education level:			
Less than HS diploma, no GED	24.7%	75.3%	32
High school diploma or GED	56.1%	43.9%	159
Some college, trade school, or Associate degree	75.8%	24.2%	154
Bachelor's degree or higher	80.4%	19.6%	104
Results by household income:			
Less than \$20,000	43.6%	56.4%	75
\$20,000 - \$34,999	51.1%	48.9%	92
\$35,000 - \$49,999	71.1%	28.9%	71
\$50,000 - \$74,999	81.9%	18.1%	83
\$75,000 or more	88.3%	11.7%	88

Appendix

Survey instrument

Southwest Minnesota Healthy Communities Survey

SURVEY INSTRUCTIONS



Correct marks



Incorrect marks

- Please use #2 pencil or blue or black pen to complete this survey.
- Do not use red pencil or ink.
- Do not use X's or check marks to indicate your responses.
- Fill response ovals completely with heavy, dark marks.

Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

1. In general, would you say that your health is:

☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

2. Have you ever been told by a doctor or other health care professional that you had any of the following health conditions?

No	Yes	Yes, but only during pregnancy
1	2	3

- | | Yes | No | Don't know |
|---|-----------------------|-----------------------|-----------------------|
| a. High blood pressure/hypertension | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pre-hypertension | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Diabetes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Pre-diabetes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Overweight | <input type="radio"/> | <input type="radio"/> | |
| f. Cancer | <input type="radio"/> | <input type="radio"/> | |
| g. Chronic lung disease (including COPD, chronic bronchitis or emphysema) | <input type="radio"/> | <input type="radio"/> | |
| h. Heart trouble or angina | <input type="radio"/> | <input type="radio"/> | |
| i. Stroke or stroke-related health problems | <input type="radio"/> | <input type="radio"/> | |
| j. High cholesterol or triglycerides | <input type="radio"/> | <input type="radio"/> | |
| k. Arthritis | <input type="radio"/> | <input type="radio"/> | |
| l. Depression | <input type="radio"/> | <input type="radio"/> | |
| m. Anxiety or panic attacks | <input type="radio"/> | <input type="radio"/> | |
| n. Other mental health problems | <input type="radio"/> | <input type="radio"/> | |
| o. Obesity | <input type="radio"/> | <input type="radio"/> | |
| p. Asthma | <input type="radio"/> | <input type="radio"/> | |

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 days

4. When was the last time you had...

Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
----------------------------	-------------------------------	-------------------------------	------------------------------	-------

- | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. ... a flu shot? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. ... a dental exam or your teeth cleaned? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. ... a hearing test? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. ... an eye exam? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. ... your blood pressure checked? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. ... your blood cholesterol checked? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. ... your blood sugar checked? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. ... any screening for skin cancer? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. ... any screening for colon cancer? <i>Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema</i> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. ... a prostate exam (men only)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. ... a Pap test (women only)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| l. ... a mammogram (women only)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| m. ... a general health exam? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

GO TO QUESTION 6

GO TO QUESTION 5

DO NOT WRITE IN THIS BOX



5. If you have not had a general health exam within the past 1 or 2 years, why not?

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I did not need one
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ Other reason _____

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 8

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:
(Mark ALL that apply)

- ☐ Physical activity
- ☐ Diet or nutrition
- ☐ Weight
- ☐ Smoking or other tobacco use
- ☐ Stress
- ☐ Mental health concerns

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 10

9. Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I did not think it was serious enough
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ Other reason _____

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 12

11. Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I was too nervous or afraid
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ The dentist would not accept my insurance
- ☐ I did not know where to go
- ☐ Other reason _____

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Number of days
my mental
health was not
good

Write the number in
the boxes, then fill in
the appropriate circle
beneath each box. ►

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 15

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I was too nervous or afraid
- ☐ I did not think it was serious enough
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ I did not know where to go
- ☐ Other reason _____

15. In the past 6 months, which statement best describes medications prescribed for you?

- ☐ I had no medications prescribed for me. ► GO TO QUESTION 17
- ☐ I had medications prescribed for me and I filled ALL of the prescriptions. ► GO TO QUESTION 17
- ☐ I had medications prescribed for me and I did not fill at least one of them.

16. Why did you not fill at least one prescription for medication? (Mark ALL that apply)

- ☐ I did not have insurance
- ☐ It cost too much
- ☐ I do not like taking medications
- ☐ I did not think I needed the medication
- ☐ I did not know where to go
- ☐ I had transportation problems
- ☐ I did not like the side effects
- ☐ Other reason _____

17. Do you currently have any of the following types of health insurance?

(Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	<input type="radio"/>	<input type="radio"/>
b. Health insurance or coverage bought directly by yourself or your family (<u>not</u> through an employer)	<input type="radio"/>	<input type="radio"/>
c. Indian or Tribal Health Service	<input type="radio"/>	<input type="radio"/>
d. Medicare	<input type="radio"/>	<input type="radio"/>
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	<input type="radio"/>	<input type="radio"/>
f. MinnesotaCare	<input type="radio"/>	<input type="radio"/>
g. Minnesota Comprehensive Health Association (MCHA)	<input type="radio"/>	<input type="radio"/>
h. CHAMPUS, TRICARE, or Veterans' benefits	<input type="radio"/>	<input type="radio"/>
i. Other health insurance or coverage (<i>please specify</i>): _____	<input type="radio"/>	<input type="radio"/>
j. NO health insurance coverage	<input type="radio"/>	<input type="radio"/>

18. Do you consider yourself:

☐ Overweight

☐ About the right weight

☐ Underweight

19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do NOT include fruit juice.)

Write the number in the boxes, then fill in the appropriate circle beneath each box. ►

Servings

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

20. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have yesterday?

Servings

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

21. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have yesterday?

Servings

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

22. How many glasses of each of the following did you drink yesterday? Think of a "glass" as a 12-oz. serving.

	0	1-2	3-4	5-6	7 or more
a. Milk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Pop or soda (regular)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Pop or soda (diet)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

24. In an average week, how many times do you do the following?

	0 times	1-2 times	3-4 times	5-6 times	7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell, pizza places, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Eat a meal from Meals on Wheels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Eat a meal from Senior dining/Senior meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Eat a meal at a community setting such as a church	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Eat a home-cooked meal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Watch television during meal time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

24. In a <u>typical month</u> , how often do you or others in your household buy or get food from the following places?	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Supermarket or large grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Small grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Convenience store or gas station	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Grocery delivery service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Food shelf or food pantry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Some other place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

25. During the <u>growing season</u> , how often do you or others in your household buy or get food from the following places?	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Farmer's market, fruit/vegetable stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Local farm or CSA (community supported agriculture)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Food grown at home or in a community garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

26. How far do you usually go (one way) to get your groceries?

- ☐ Less than 2 miles ☐ 11-20 miles
☐ 2-6 miles ☐ 21-30 miles
☐ 7-10 miles ☐ Over 30 miles

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

- ☐ Every day ☐ 1-2 days per week
☐ 5-6 days per week ☐ Less than 1 day per week
☐ 3-4 days per week ☐ Never

28. How comfortable are you with your skills in ...

- a. ...following a recipe?
 b. ...measuring ingredients?
 c. ...cutting and mixing ingredients?
 d. ...using different methods to cook foods, such as boiling, baking, stir-frying or grilling?

Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

- ☐ Often ☐ Rarely
☐ Sometimes ☐ Never

30. During the past 12 months, have you used a community food shelf program?

- ☐ Yes ☐ No

31. Please mark the extent to which you agree or disagree with the following statements.

- a. There is a large selection of fresh fruits and vegetables where I usually shop.
 b. The fresh fruits and vegetables available where I usually shop are of high quality.
 c. The fresh fruits and vegetables where I usually shop are too expensive.
 d. Fruits and vegetables are difficult to prepare.
 e. Fruits and vegetables spoil quickly.

Strongly agree	Agree	Disagree	Strongly disagree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

☐ Yes ☐ No

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

35. Where do you usually exercise or do physical activities? (Mark ALL that apply.)

☐ At home ☐ At a health club, fitness center, or gym ☐ Somewhere outdoors (park, trails, etc.)
☐ At work ☐ At a public recreation facility or community center ☐ Some other place
☐ Not applicable—I do not do or I am unable to do physical activities

36. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

Resources and Facilities	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a. Walking paths or trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Bicycle paths, shared use paths or bike lanes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Public swimming pools or water parks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Public recreation or community centers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Parks or sports fields	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Schools, colleges or universities that are open for public use for exercise or physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. A shopping mall or store for physical activity or walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Health club, fitness center, or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
a. Lack of time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Lack of programs, leaders or facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. No one to exercise with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. The cost of fitness programs, gym memberships or admission fees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Long-term illness, injury or disability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Distance I have to travel to a place where I can be physically active	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. No safe place to exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Lack of self-discipline or willpower	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. Not having sidewalks or walking paths/trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. Poor maintenance of sidewalks or walking paths/trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. Sidewalks/paths/trails are icy or not shoveled	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. Other reasons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38. We are interested in how much “screen time” people get. On average, while you are not at work or school, how many TOTAL hours or minutes per day do you spend: →

- Using a computer, tablet or smart phone
- Watching TV or movies
- Reading using a tablet such as a Kindle®
- Playing online, video or computer games or games on a smart phone
- Texting, emailing or messaging other ways
- Any other screen activities

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Total hours OR per day

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Total minutes per day

39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

- ☐ Yes ☐ No ► GO TO QUESTION 44

40. Do you now smoke cigarettes every day, some days, or not at all?

- ☐ Every day ☐ Some days ☐ Not at all ► GO TO QUESTION 43

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

- ☐ Yes ☐ No

42. If you have tried to quit smoking cigarettes, why hasn't it worked? (Mark ALL that apply.)

- ☐ I am not sure how to quit or where to go for help
☐ Quit aids such as gum, lozenges, prescriptions, etc. are too expensive
☐ I live with someone who also smokes and who doesn't want to quit
☐ I don't want to quit
☐ I haven't tried to quit ► GO TO QUESTION 44
☐ Other reason _____

43. The last time you tried to quit smoking (or when you quit for good), did you use...

Yes No

- | | | |
|---|-----------------------|-----------------------|
| a. ... any nicotine replacement product, such as gum, a patch, a nasal spray, an inhaler or lozenges? | <input type="radio"/> | <input type="radio"/> |
| b. ... a prescription medication like Zyban, Wellbutrin, or Chantix to help you quit smoking? | <input type="radio"/> | <input type="radio"/> |
| c. ... a stop-smoking clinic or class? | <input type="radio"/> | <input type="radio"/> |
| d. ... a quit-smoking telephone help line? | <input type="radio"/> | <input type="radio"/> |
| e. ... an on-line or web-based counseling service? | <input type="radio"/> | <input type="radio"/> |
| f. ... face-to-face counseling? | <input type="radio"/> | <input type="radio"/> |
| g. ... some other program or service? | <input type="radio"/> | <input type="radio"/> |
| h. I quit without any help from any of these. | <input type="radio"/> | <input type="radio"/> |

44. How often do you use any of the following products?

Every day Some days Never

- | | | | |
|---|-----------------------|-----------------------|-----------------------|
| a. Cigars, cigarillos, or little cigars | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pipes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Snuff, snus or chewing tobacco | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. E-cigarettes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Any other type of tobacco product | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Marijuana | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

- ☐ Yes ☐ No

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

- ☐ Yes ☐ No

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 49 ▼

48. The last time this happened in Minnesota, where were you? (Please mark only ONE)
☐ A restaurant's or bar's outdoor area
☐ An outdoor shopping mall or strip mall
☐ A park or outdoor recreation area
☐ A parking lot
☐ An outdoor community sports event
☐ A sidewalk or building entrance
☐ Somewhere else outdoors
☐ Some other place

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 51 ▼

50. Where have you seen people smoke e-cigarettes in Minnesota? (Mark ALL that apply)
☐ Someone's home or car (including your own)
☐ Your workplace
☐ A restaurant or bar
☐ A business or shopping area
☐ A park or outdoor recreation area
☐ A parking lot
☐ An outdoor community sports event
☐ A sidewalk or building entrance
☐ Somewhere else indoors
☐ Somewhere else outdoors

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 55 ▼

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage? →

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Days

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average? (A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)
☐ 1 drink ☐ 6 drinks
☐ 2 drinks ☐ 7 drinks
☐ 3 drinks ☐ 8 drinks
☐ 4 drinks ☐ 9 drinks
☐ 5 drinks ☐ 10 drinks or more

54. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

FOR FEMALES:
4 or more drinks
on an occasion

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Times

FOR MALES:
5 or more drinks
on an occasion

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Times

55. Do you ever drive a car or other vehicle?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 57

56. When DRIVING a car or other vehicle, how often do you...

	Often	Sometimes	Never	Not applicable: I don't have a cell phone
a. ...read incoming text messages or emails?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. ...send text messages or emails?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. ...make or answer a phone call?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. ...do other activities such as eat, read, apply makeup or shave?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
e. ...drive when you have perhaps had too much to drink?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

57. Do you own or rent your home?
☐ Own ☐ Rent ☐ Other arrangement
58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?
☐ Yes
☐ No ► **GO TO QUESTION 60**
59. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)
☐ Apartments ☐ Lobby or lounge areas
☐ Hallways ☐ Party rooms
☐ Laundry rooms ☐ On patios or balconies
60. Do you have access to at least one *working* car or other vehicle to use when you need to?
☐ Yes ☐ No
61. Are you:
☐ Male ☐ Female
62. Your age group:
☐ 18-24 ☐ 35-44 ☐ 55-64 ☐ 75 +
☐ 25-34 ☐ 45-54 ☐ 65-74
63. Are you of Hispanic or Latino origin?
☐ Yes ☐ No
64. Which of the following best describes you? (Mark ALL that apply)
☐ American Indian
☐ Asian or Pacific Islander
☐ Black or African American or African
☐ White
☐ Other _____
65. Do you think of your as...? (Mark ALL that apply)
☐ Heterosexual or straight
☐ Gay, lesbian, or homosexual
☐ Bisexual
☐ Transgender

66. How tall are you without shoes?

Feet	Inches
0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
	8
	9
	10
	11

67. Approximately how much do you weigh?

Pounds
0
1
2
3
4
5
6
7
8
9
10
11

68. Including yourself, how many adults live in your household?

Number of Adults:

1 2 3 4 5 6 7 8 9 10 11 12 or more

69. What is the highest level of education you have completed? (Please mark only ONE)

- ☐ Did not complete 8th grade
☐ Did not complete high school
☐ High school diploma/GED
☐ Trade/Vocational school
☐ Some college
☐ Associate degree
☐ Bachelor's degree
☐ Graduate/Professional degree

70. Household income per year:

- ☐ Less than \$20,000
☐ \$20,000 - \$34,999
☐ \$35,000 - \$49,999
☐ \$50,000 - \$74,999
☐ \$75,000 - \$99,999
☐ \$100,000 or more

71. Are you currently... (Mark ALL that apply)

- ☐ Employed
☐ Self-employed or farmer
☐ Unemployed or out of work
☐ A homemaker or stay-at-home parent
☐ A student
☐ Retired
☐ Unable to work because of a disability

Thank you for completing this survey!