

Art from the Inside Logic Model

This framework showcases that AFTI's programs are grounded in the belief that creativity, wellness, and community connection can foster personal and collective transformation. By providing opportunities for artistic expression, mentorship, exhibitions, and restorative practices, participants develop tools to navigate challenges, express their identities, and build confidence in their abilities. The combination of arts programming and wellness supports immediate improvements in emotional and spiritual well-being while creating pathways for long-term growth. Participants remain connected to creative communities after reentry, strengthening their sense of belonging and purpose. These individual changes contribute to stronger communities, reduced stigma, and increased support for restorative approaches to justice.

INPUTS	ACTIVITIES	OUTPUTS	SHORT-TERM OUTCOMES	LONG-TERM IMPACT
Government and philanthropic funding resources	Art & Wellness Fellowship Programming in the Department of Corrections (inside)	# of participants	Improved overall emotional, spiritual, and physical regulation	Sustained overall emotional, spiritual, and physical well-being
Partnerships with key stakeholders (i.e., correctional facilities)	Creative Pathways Fellowship (outside)	# of workshops facilitated	Increased mindfulness and self-awareness through use of mindfulness techniques and skills	Continued using art to express their identity after reentry
Community partnerships and cultural institutions (galleries, etc.)	Facilitating and supporting Youth Art Fellowship (outside)	# of film screenings/produced	Developed stronger self-expression, creativity, and artistic confidence	Strengthened social support networks
Guest artists and wellness practitioners	Exhibitions, galleries, showcases, and community events	# of artwork created by participants	Strengthened identity development	Successful community reintegration
Integrated creativity/mindfulness curriculum	Wellness rituals and restorative practices for individuals and families	# of money generated by participants artworks	Connected with the broader art community	Fostered collective healing, transformation, and community restoration
Organizational leadership, staffing (operation & support), and volunteers	Documentary and educational film production and screenings	# of facilities served (prisons)	Increased sense of belonging and being valued	Expanded public awareness for supportive arts programming and restorative practices
Community/physical spaces (i.e., libraries)	Arts-based advocacy through community dialogue	# of artists involved in programming upon returning home	Built trust, connection, and relationships with the community and participants families	Reducing stigma of justice-impacted people overall
Ritual 4 Return (affiliate education partnership)			Improved pro-social behavior	Strengthened positive interactions between correctional officers, staff and participants
			Enhanced emotional self-regulation and managing thoughts and responses	
			Improved critical thinking and decision making	

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This framework model centers collective responsibility, healing, and connection as pathways to transformation. AFTI creates opportunities for justice-impacted individuals to explore their identities, develop artistic skills, and engage in supportive communities through fellowship programming, exhibitions, mentorship, and wellness activities. Participants gain practical coping skills, strengthen emotional resilience, and develop confidence in their ability to contribute meaningfully to their communities. As participants share their stories and artwork with broader audiences, they help challenge stereotypes and increase public understanding of justice-impacted experiences. This process supports both individual growth and broader efforts to reduce stigma, strengthen community relationships, and advance narrative change.

Outcomes Participant outcomes produced as a result of the AFTI experience	Organizational and program elements [activities & outputs]	Foundational elements [inputs] Thematic threads integrated throughout every aspect of AFTI experience
Stronger relationships with family, peers, and community; improved pro-social behavior	Art & Wellness Fellowship Programming (inside correctional facilities)	Trauma-informed and person-centered approach
Enhanced emotional self-regulation and managing thoughts and responses	Creative Pathways Fellowship (outside)	Creative expression as healing and transformation
Improved emotional well-being, mindfulness, and self-regulation; Increased self-awareness and coping skills	Facilitating and supporting Youth Art Fellowship (outside)	Mindfulness and holistic wellness
Strengthened creative expression, artistic confidence, and identity development	Exhibitions, showcases, and community events	Community, belonging, and relationship-building
Participants produce self-portraits, watercolor canvases, acrylic canvases, and mixed media artwork	Documentary and educational film production and screenings	
Successful community reintegration and sustained creative engagement Increased public understanding and reduced stigma toward justice-impacted individuals	Graphite self-portraits, watercolor canvases, acrylic canvases, and collaborative art pieces	
	Reentry support, mentorship, and professional development	
	Creative skill-building, artistic expression and wellness practices	