



System of Care

October 2022

Background

In 2017, the Minnesota Department of Human Services (DHS) received a four-year System of Care Expansion Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to strengthen the state's children's mental health system.

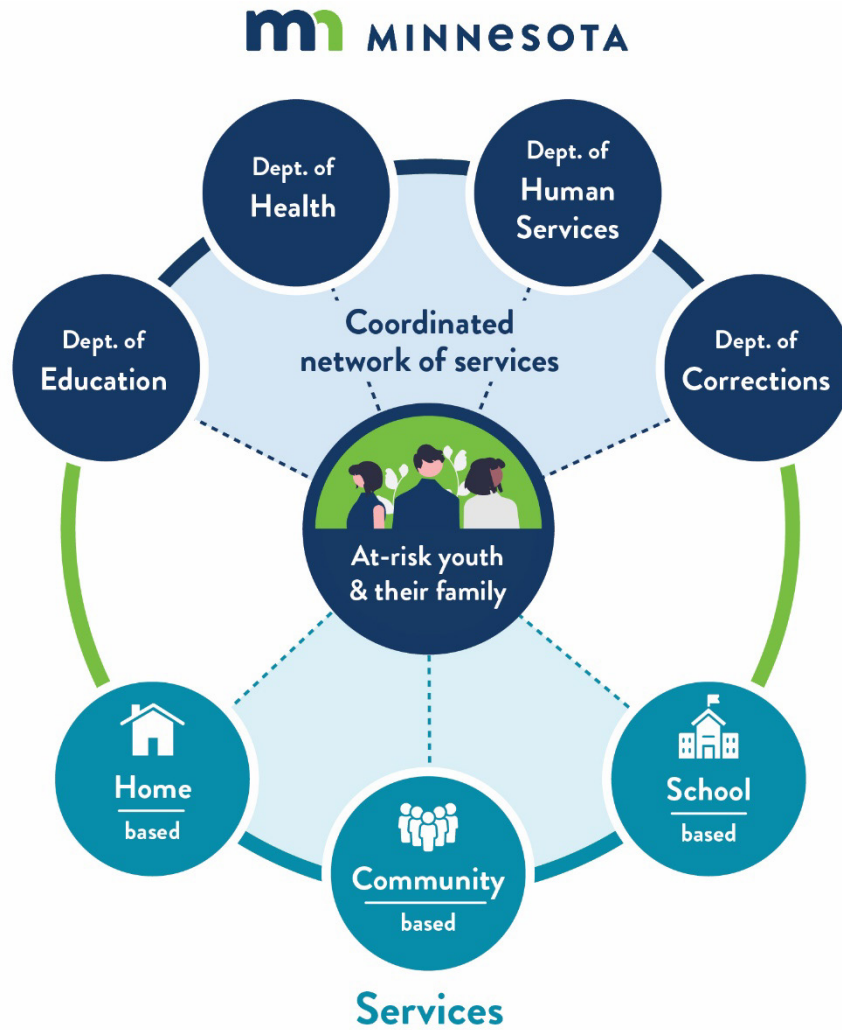
DHS gave sub-awards to 13 communities (counties, regions, and one tribal nation) to pilot new services and adopt system of care principles.

"I think the long-term impact will come community-wide if you have families who are functioning better. You will have kids missing less days of school, not getting in trouble with the law, having more success individually, which, of course, impacts the community you live in. You have less maladaptive behaviors, which can lead to other issues with getting in trouble with the law and into the criminal justice system."

– Project team member

What is System of Care?

The Minnesota System of Care for children’s mental health is a coordinated network of community-based supports and services designed to meet the needs of children, youth, and young adults with serious mental health challenges, and their parents and caregivers.



Mission

Building new partnerships, creating community supports and services, to advance health equity and improve the lives of children and youth with serious mental illnesses and their families.

Guiding values



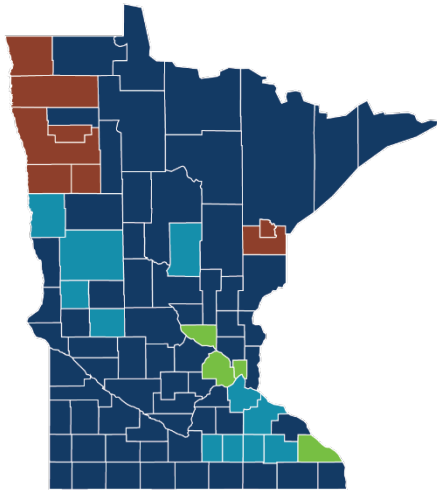
Programs and services

WrapMN is an individualized care planning process with these guiding principles:

- Grounded in a strengths perspective
- Driven by underlying needs
- Determined by families
- Supported by an effective team process

Collaborative Intensive Bridging Services (CIBS) is a treatment program with goals to:

- Stabilize a child’s behavior so they can live in their home and access community-based services.
- Help develop parenting, communication, and relational skills that support youth and promote families’ ability to function and manage crises.
- Provide seamless coordination of care to families to minimize multiple service providers across differing stages of treatment.



- **WrapMN** – Hennepin, Ramsey, Sherburne, and Winona counties
- **CIBS** – Crow Wing, Dakota, Goodhue, MN Prairie, and Olmsted counties, Region IV
- **Other** – Carlton, Fond du Lac, Kittson, Mahnommen, Marshall, Norman, Polk, and Red Lake counties

Other supports and services

Three other grantees provided youth-guided, culturally responsive, and/or family-driven services and supports.

- **Fond du Lac Band of Lake Superior Chippewa** designed an innovative service pilot to support children with significant mental illnesses who are experiencing or at-risk of out-of-home placement. “Family Reunification Therapy” provides parents and caregivers with psychoeducation, as well as offers enhanced skill-building opportunities and support, so that, instead of experiencing multiple placements, children and youth will have stability in their family homes or adoptive homes.
- **Carlton County** partners started a Youth MOVE MN chapter, elevated youth voice through a podcast club, and re-engaged students with summer credit recovery classes. The county passed a policy requiring diversity, equity, and inclusion (DEI) training for all staff. Several DEI trainings were held for both youth and adults.
- The **Northwest region** initiated a pilot to increase access to supports for parents and caregivers navigating the children’s mental health system. Family Peers, who have lived experience, received Certified Family Peer Specialist training so that some services can be reimbursed, which can offset the costs of non-reimbursable supports.

“With me having issues when I’m depressed. They let me come to them. They don’t push me or shove things at me like you need to do this or that. They help me learn how to ask for help and manage my resources and better myself. And help me understand that it is okay not to be okay.”

– CIBS Parent/Caregiver

Youth enrolled in CIBS or WrapMN

Dec. 2018 – June 2022 (N = 317)

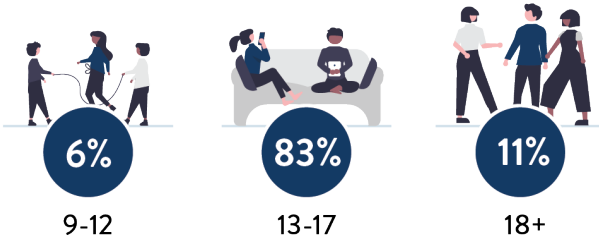
Gender



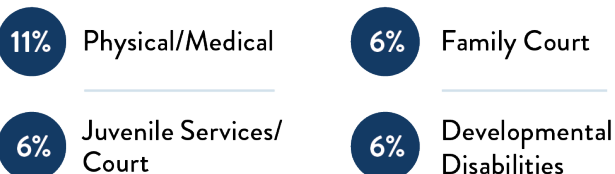
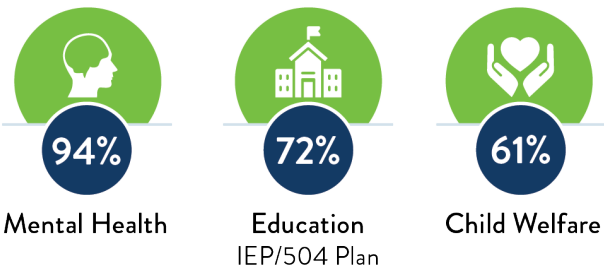
Race



Age



System Involvement at Enrollment



Considerations for future work

- Continue to create a stronger array of services in the community with more culturally responsive providers.
- Prioritize collaboration making sure to establish clear roles and expectations.
- Improve communication between DHS, state partners, and grantees.

Partners

DHS system of Care Team

- Comprised of Department of Human Services Staff

Counties & Fond du Lac

- County and Regions
- Fond du Lac Band of Lake Superior Chippewa

Key Partners

- NAMI Minnesota/National Alliance on Mental Illness Minnesota
- MACMH/Minnesota Association for Children’s Mental Health
- University of Minnesota Institute for Translational Research in Children’s Mental Health
- Wilder Research

State Agency Partners

- DOC/Department of Corrections
- MDE/Department of Education
- MDH/Department of Health
- DHS/Department of Human Services
- Minnesota Children’s Cabinet



For more information

Visit [the System of Care evaluation page to access reports](#)

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