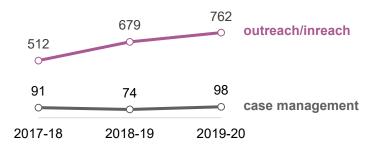
## **Project Recovery**



Project Recovery serves individuals experiencing chronic homelessness and substance use disorders in Ramsey County through a drop-in day shelter and case management services, linking people to appropriate housing, treatment, and health care supports. Project Recovery provides trauma-informed and culturally-appropriate services to the increasingly diverse clientele who utilize the services.

The number of people Project Recovery serves has increased in the past 3 years.





In 2019-2020, **49%** of **case management** clients were referred to substance use treatment



**46%** accessed transitional or permanent housing



At different times each service has been exactly what I needed.

– PR client

I am eating better, my hygiene is better, I am now sober minded. – PR client I can come in from the cold and get warm. It's very nice to be social. – PR client

#### Project Recovery primarily serves:

- People who are not connected to emergency shelters or other services
- People who are living on the streets or in camps
- People with co-occurring mental and physical health issues

# Project Recovery follows a harm reduction model, this means...

- Project Recovery case managers create a space where drug and alcohol use are not stigmatized. This enables staff to engage with an otherwise hard-to-reach subset of the homeless population, build trusting relationships, and create pathways to treatment and housing.
- Acknowledging that not all client success will look the same
- Celebrating incremental successes

### Most commonly used services:



Housing support



Meals/food assistance



Basic supplies



PEOPLE
INCORPORATED
MENTAL HEALTH SERVICES

### Since starting case management at Project Recovery\*



84% of clients have a better ability to manage hygiene and access water



76% of clients have better access to nutritious food

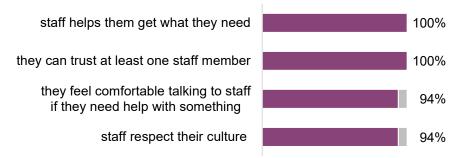


65% of clients have a better quality of life



59% of clients are more hopeful about the future

People who use Project Recovery report high praise for staff. People agree that...



66

Thanks to PR for everything they've tried, from the beginning to today, to help me.

— PR client

Wilder Research<sub>®</sub> Information. Insight. Impact.

**AUGUST 2020** 

<sup>\*</sup>Responses are for 68 clients receiving Project Recovery case management in February 2020