Pipestone County
Data Book

2010 Southwest/South Central
Adult Health Survey

December 2010

Prepared by:

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*Pipestone County Data Book*  
*2010 Southwest/South Central Adult Health Survey*  
*Wilder Research, December 2010*
Acknowledgments

We would like to thank the residents of Southwest and South Central Minnesota who completed the survey upon which this data book is based.

In addition, we would like to thank the public health staff who contributed to the completion of this study, including: BobbiJo Berg, Carol Biren, Michelle Breidenbach, Roxanne Erickson, Bonnie Frisk, Bonnie Frederickson, Craig Miller, Karen Moritz, Cindy Skulstad, and Becky Weber. We would also like to thank Ann Kinney, from the Minnesota Department of Health, for the technical assistance she provided.

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Mary Ann Thoma

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Introduction

In April through July 2010, nearly 9,000 adults who live in Southwest and South Central Minnesota were surveyed about their general health status, chronic health conditions, nutrition, physical activity, tobacco use, and related topics. This survey was initiated by eight public health agencies in the region that represent 19 counties: Blue Earth County; Brown-Nicollet Community Health Board; Cottonwood-Jackson Community Health Service; Countryside Public Health (Big Stone, Chippewa, Lac qui Parle, Swift, and Yellow Medicine Counties); Kandiyohi County Public Health; Le Sueur-Waseca Community Health Board; Lincoln, Lyon, Murray, Pipestone Public Health Services; and Redwood-Renville Community Health Services.

This study was funded by the Minnesota Department of Health’s Statewide Health Improvement program (SHIP). Wilder Research was contracted to conduct the survey. Staff from the Minnesota Department of Health (MDH) provided technical assistance in design, administration, and analysis.

Methods

A total of 1,600 people in Pipestone County were invited to participate and 470 completed a survey, for a response rate of 29.4 percent, which results in a sampling error of less than +/-4.4 percent. The survey was conducted by mail; each potential respondent received up to two reminders following the initial mailing.

Survey respondents are representative of the adult population of Pipestone County. Post-stratification weighting was used, based on gender and age, to ensure representativeness. More detailed information about the study methods and the survey instrument are included in the Appendix.

How to use this data book

This data book provides the detailed survey results for the residents of Pipestone County. Each table includes the results for one survey question. In each table, the overall results for Pipestone County are reported, along with results for sub-groups in the population. The results are reported by gender, age, location, education, and income. For comparison purposes, the results for the Community Health Board (CHB) service area (Pipestone County is served by LLMP Public Health Services, along with Lincoln, Lyon, and Murray Counties) and the 19-county region are also reported. Cells that have fewer than 30 cases are suppressed and denoted with a “*.”
## Demographic characteristics of respondents

<table>
<thead>
<tr>
<th></th>
<th>Weighted Sample</th>
<th>Unweighted Sample</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N</td>
<td>Percent</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>470</td>
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</tr>
<tr>
<td><strong>Gender</strong></td>
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</tr>
<tr>
<td>Females</td>
<td>248</td>
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</tr>
<tr>
<td>Males</td>
<td>221</td>
<td>47.1%</td>
</tr>
<tr>
<td><strong>Age</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>103</td>
<td>22.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>69</td>
<td>14.9%</td>
</tr>
<tr>
<td>45-54</td>
<td>94</td>
<td>20.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>71</td>
<td>15.3%</td>
</tr>
<tr>
<td>65-74</td>
<td>52</td>
<td>11.3%</td>
</tr>
<tr>
<td>75+</td>
<td>74</td>
<td>16.0%</td>
</tr>
<tr>
<td><strong>Location</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>15</td>
<td>3.3%</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>309</td>
<td>66.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>138</td>
<td>29.8%</td>
</tr>
<tr>
<td><strong>Education level</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>56</td>
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</tr>
<tr>
<td>High school diploma or GED</td>
<td>139</td>
<td>29.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>168</td>
<td>36.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>101</td>
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<tr>
<td><strong>Household income</strong></td>
<td></td>
<td></td>
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<tr>
<td>Less than $15,000</td>
<td>65</td>
<td>15.1%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>132</td>
<td>30.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>139</td>
<td>32.3%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>94</td>
<td>21.8%</td>
</tr>
</tbody>
</table>
### Section A. General health

**A1. In general, would you say that your health is...**

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Very good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>11.6%</td>
<td>33.1%</td>
<td>41.9%</td>
<td>11.8%</td>
<td>1.4%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>9.2%</td>
<td>31.8%</td>
<td>43.2%</td>
<td>15.4%</td>
<td>.4%</td>
</tr>
<tr>
<td>Males</td>
<td>14.3%</td>
<td>34.8%</td>
<td>40.4%</td>
<td>8.0%</td>
<td>2.5%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>18-34</td>
<td>21.9%</td>
<td>40.6%</td>
<td>28.9%</td>
<td>8.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>18.8%</td>
<td>43.0%</td>
<td>32.5%</td>
<td>5.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>7.5%</td>
<td>37.9%</td>
<td>47.3%</td>
<td>5.3%</td>
<td>2.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>4.1%</td>
<td>33.8%</td>
<td>50.2%</td>
<td>10.4%</td>
<td>1.5%</td>
</tr>
<tr>
<td>65-74</td>
<td>13.9%</td>
<td>21.3%</td>
<td>45.5%</td>
<td>19.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>.0%</td>
<td>16.3%</td>
<td>50.9%</td>
<td>29.0%</td>
<td>3.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>10.4%</td>
<td>31.8%</td>
<td>44.0%</td>
<td>12.4%</td>
<td>1.4%</td>
</tr>
<tr>
<td>A rural area</td>
<td>16.4%</td>
<td>37.3%</td>
<td>36.6%</td>
<td>8.7%</td>
<td>1.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>.0%</td>
<td>10.3%</td>
<td>70.6%</td>
<td>19.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>6.1%</td>
<td>26.2%</td>
<td>44.5%</td>
<td>21.3%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>10.5%</td>
<td>43.3%</td>
<td>36.6%</td>
<td>8.2%</td>
<td>1.4%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>28.0%</td>
<td>39.6%</td>
<td>31.2%</td>
<td>.6%</td>
<td>.6%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>3.8%</td>
<td>31.2%</td>
<td>40.1%</td>
<td>24.4%</td>
<td>.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>11.8%</td>
<td>16.1%</td>
<td>54.4%</td>
<td>14.7%</td>
<td>3.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>14.4%</td>
<td>44.5%</td>
<td>32.8%</td>
<td>8.1%</td>
<td>.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>13.9%</td>
<td>43.7%</td>
<td>39.1%</td>
<td>2.2%</td>
<td>1.1%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>9.0%</td>
<td>39.4%</td>
<td>39.2%</td>
<td>10.8%</td>
<td>1.6%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>13.0%</td>
<td>38.3%</td>
<td>37.2%</td>
<td>9.7%</td>
<td>1.8%</td>
</tr>
</tbody>
</table>
A2a. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? Hypertension, also called high blood pressure

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Yes, but only during pregnancy</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>30.4%</td>
<td>69.2%</td>
<td>.4%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>33.4%</td>
<td>65.8%</td>
<td>.8%</td>
</tr>
<tr>
<td>Males</td>
<td>26.9%</td>
<td>73.1%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>2.4%</td>
<td>95.7%</td>
<td>1.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>4.9%</td>
<td>95.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>33.3%</td>
<td>66.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>47.8%</td>
<td>52.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>56.7%</td>
<td>43.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>58.7%</td>
<td>41.3%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>33.4%</td>
<td>66.3%</td>
<td>.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>24.1%</td>
<td>75.2%</td>
<td>.8%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>38.9%</td>
<td>61.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>33.4%</td>
<td>66.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>30.8%</td>
<td>68.7%</td>
<td>.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>22.0%</td>
<td>77.0%</td>
<td>1.1%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>40.2%</td>
<td>59.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>25.3%</td>
<td>74.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>28.7%</td>
<td>70.5%</td>
<td>.8%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>26.5%</td>
<td>72.6%</td>
<td>1.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>31.2%</td>
<td>67.1%</td>
<td>1.7%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>30.4%</td>
<td>68.4%</td>
<td>1.2%</td>
</tr>
</tbody>
</table>
A2b. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? Diabetes

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Yes, but only during pregnancy</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>8.4%</td>
<td>90.2%</td>
<td>1.4%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>8.1%</td>
<td>89.3%</td>
<td>2.6%</td>
</tr>
<tr>
<td>Males</td>
<td>8.8%</td>
<td>91.2%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
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<tr>
<td>18-34</td>
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<td>98.1%</td>
<td>1.9%</td>
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<td>35-44</td>
<td>1.5%</td>
<td>95.2%</td>
<td>3.3%</td>
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<td>45-54</td>
<td>8.3%</td>
<td>89.7%</td>
<td>2.0%</td>
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<tr>
<td>55-64</td>
<td>12.5%</td>
<td>87.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>19.6%</td>
<td>80.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>17.5%</td>
<td>82.5%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>10.2%</td>
<td>88.5%</td>
<td>1.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>4.6%</td>
<td>93.8%</td>
<td>1.7%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>6.2%</td>
<td>93.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>11.3%</td>
<td>87.8%</td>
<td>.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>8.5%</td>
<td>89.9%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>5.4%</td>
<td>92.3%</td>
<td>2.3%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>16.1%</td>
<td>83.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>10.5%</td>
<td>85.9%</td>
<td>3.5%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>7.3%</td>
<td>92.2%</td>
<td>.5%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>2.3%</td>
<td>97.7%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>8.2%</td>
<td>90.7%</td>
<td>1.1%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>8.1%</td>
<td>90.8%</td>
<td>1.0%</td>
</tr>
</tbody>
</table>
### A2c. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? Pre-diabetes or borderline diabetes

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Yes, but only during pregnancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>8.1%</td>
<td>91.5%</td>
<td>.4%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>7.9%</td>
<td>91.4%</td>
<td>.7%</td>
</tr>
<tr>
<td>Males</td>
<td>8.3%</td>
<td>91.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>100.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>3.4%</td>
<td>94.3%</td>
<td>2.3%</td>
</tr>
<tr>
<td>45-54</td>
<td>1.9%</td>
<td>98.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>14.3%</td>
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<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>20.7%</td>
<td>79.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>20.7%</td>
<td>79.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>9.1%</td>
<td>90.4%</td>
<td>.5%</td>
</tr>
<tr>
<td>A rural area</td>
<td>5.8%</td>
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<td>.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>10.0%</td>
<td>90.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>12.3%</td>
<td>87.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>5.2%</td>
<td>93.8%</td>
<td>1.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>5.9%</td>
<td>94.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Less than $15,000</td>
<td>7.5%</td>
<td>92.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>6.7%</td>
<td>93.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>9.6%</td>
<td>90.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>3.9%</td>
<td>94.4%</td>
<td>1.7%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>6.4%</td>
<td>92.7%</td>
<td>.9%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>8.6%</td>
<td>90.3%</td>
<td>1.0%</td>
</tr>
</tbody>
</table>
A2d. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? High blood cholesterol

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<th>No</th>
<th>Yes, but only during pregnancy</th>
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<tr>
<td>Results by gender:</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>30.7%</td>
<td>69.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>37.3%</td>
<td>61.7%</td>
<td>1.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>1.8%</td>
<td>98.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>15.0%</td>
<td>85.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>43.5%</td>
<td>54.1%</td>
<td>2.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>51.5%</td>
<td>48.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>56.9%</td>
<td>43.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>57.9%</td>
<td>42.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>35.9%</td>
<td>63.4%</td>
<td>.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>30.8%</td>
<td>69.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>36.8%</td>
<td>63.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>33.5%</td>
<td>66.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>37.7%</td>
<td>60.9%</td>
<td>1.4%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>27.6%</td>
<td>72.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>28.3%</td>
<td>71.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>31.2%</td>
<td>67.1%</td>
<td>1.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>30.4%</td>
<td>69.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>33.0%</td>
<td>67.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>30.6%</td>
<td>69.2%</td>
<td>.1%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>30.0%</td>
<td>69.9%</td>
<td>.1%</td>
</tr>
</tbody>
</table>
A2e. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? A heart attack, also called a myocardial infarction

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<th>Yes</th>
<th>No</th>
</tr>
</thead>
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<td>93.8%</td>
</tr>
<tr>
<td>Results by gender:</td>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>5.3%</td>
<td>94.7%</td>
</tr>
<tr>
<td>Males</td>
<td>7.3%</td>
<td>92.7%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>.7%</td>
<td>99.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>3.8%</td>
<td>96.2%</td>
</tr>
<tr>
<td>65-74</td>
<td>12.8%</td>
<td>87.2%</td>
</tr>
<tr>
<td>75+</td>
<td>30.6%</td>
<td>69.4%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>7.2%</td>
<td>92.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>2.6%</td>
<td>97.4%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>21.0%</td>
<td>79.0%</td>
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<tr>
<td>High school diploma or GED</td>
<td>5.2%</td>
<td>94.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>4.8%</td>
<td>95.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>2.7%</td>
<td>97.3%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>14.6%</td>
<td>85.4%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>8.6%</td>
<td>91.4%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>3.3%</td>
<td>96.7%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>.9%</td>
<td>99.1%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>4.3%</td>
<td>95.7%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>4.3%</td>
<td>95.7%</td>
</tr>
</tbody>
</table>
A2f. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? Angina, or coronary heart disease

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<th>Yes</th>
<th>No</th>
</tr>
</thead>
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<td><strong>Overall results</strong></td>
<td>5.5%</td>
<td>94.5%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>5.1%</td>
<td>94.9%</td>
</tr>
<tr>
<td>Males</td>
<td>5.8%</td>
<td>94.2%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>1.8%</td>
<td>98.2%</td>
</tr>
<tr>
<td>45-54</td>
<td>1.7%</td>
<td>98.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>6.0%</td>
<td>94.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>7.4%</td>
<td>92.6%</td>
</tr>
<tr>
<td>75+</td>
<td>23.8%</td>
<td>76.2%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>6.4%</td>
<td>93.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>3.7%</td>
<td>96.3%</td>
</tr>
<tr>
<td><strong>Results by respondent's education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>13.5%</td>
<td>86.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>6.2%</td>
<td>93.8%</td>
</tr>
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<td>Some college, trade school, or associate’s degree</td>
<td>5.8%</td>
<td>94.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>.3%</td>
<td>99.7%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>7.0%</td>
<td>93.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>8.1%</td>
<td>91.9%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>4.1%</td>
<td>95.9%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>2.3%</td>
<td>97.7%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>5.7%</td>
<td>94.3%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>5.2%</td>
<td>94.8%</td>
</tr>
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</table>
A2g. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following? A stroke

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<th>Yes</th>
<th>No</th>
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<tbody>
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<td>Overall results</td>
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<td>97.0%</td>
</tr>
<tr>
<td>Results by gender:</td>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>3.3%</td>
<td>96.7%</td>
</tr>
<tr>
<td>Males</td>
<td>2.7%</td>
<td>97.3%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>1.6%</td>
<td>98.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>.0%</td>
<td>100.0%</td>
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<tr>
<td>65-74</td>
<td>2.7%</td>
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</tr>
<tr>
<td>75+</td>
<td>17.0%</td>
<td>83.0%</td>
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</tr>
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<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>3.9%</td>
<td>96.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>.6%</td>
<td>99.4%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>6.7%</td>
<td>93.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>3.9%</td>
<td>96.1%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>2.7%</td>
<td>97.3%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>.6%</td>
<td>99.4%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
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<td>89.6%</td>
</tr>
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<td>$15,000 to $35,000</td>
<td>3.6%</td>
<td>96.4%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>1.6%</td>
<td>98.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>3.1%</td>
<td>96.9%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>2.8%</td>
<td>97.2%</td>
</tr>
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</table>
A2h. Have you ever been told by a doctor, nurse, or other health professional that you have had any of the following?  Asthma

<table>
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<th>No</th>
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<td>90.5%</td>
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<tr>
<td>Results by gender:</td>
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<tr>
<td>Females</td>
<td>11.8%</td>
<td>88.2%</td>
</tr>
<tr>
<td>Males</td>
<td>7.1%</td>
<td>92.9%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
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<tr>
<td>18-34</td>
<td>9.9%</td>
<td>90.1%</td>
</tr>
<tr>
<td>35-44</td>
<td>7.9%</td>
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<td>45-54</td>
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<td>55-64</td>
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<td>90.7%</td>
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<tr>
<td>65-74</td>
<td>8.3%</td>
<td>91.7%</td>
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<tr>
<td>75+</td>
<td>18.3%</td>
<td>81.7%</td>
</tr>
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<td>Results by location:</td>
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<tr>
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<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>9.4%</td>
<td>90.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>8.9%</td>
<td>91.1%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>11.9%</td>
<td>88.1%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>11.2%</td>
<td>88.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>8.3%</td>
<td>91.7%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>7.8%</td>
<td>92.2%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>7.3%</td>
<td>92.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>8.7%</td>
<td>91.3%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>12.1%</td>
<td>87.9%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>6.2%</td>
<td>93.8%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>11.9%</td>
<td>88.1%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>11.3%</td>
<td>88.7%</td>
</tr>
</tbody>
</table>
A3.  (Of those who answered “yes” to question A2h) Do you still have asthma?

<table>
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<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
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<tbody>
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<tr>
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<td></td>
</tr>
<tr>
<td>Males</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td></td>
<td></td>
</tr>
<tr>
<td>35-44</td>
<td></td>
<td></td>
</tr>
<tr>
<td>45-54</td>
<td></td>
<td></td>
</tr>
<tr>
<td>55-64</td>
<td></td>
<td></td>
</tr>
<tr>
<td>65-74</td>
<td></td>
<td></td>
</tr>
<tr>
<td>75+</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A rural area</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td></td>
<td></td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>More than $65,000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>60.8%</td>
<td>39.2%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>64.9%</td>
<td>35.1%</td>
</tr>
</tbody>
</table>
### A4. Do you consider yourself...

<table>
<thead>
<tr>
<th></th>
<th>Overweight</th>
<th>About the right weight</th>
<th>Underweight</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>42.8%</td>
<td>54.7%</td>
<td>2.5%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>45.0%</td>
<td>52.4%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Males</td>
<td>40.4%</td>
<td>57.2%</td>
<td>2.4%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>32.5%</td>
<td>66.6%</td>
<td>.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>38.6%</td>
<td>61.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>46.6%</td>
<td>50.9%</td>
<td>2.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>59.8%</td>
<td>39.4%</td>
<td>.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>63.0%</td>
<td>36.0%</td>
<td>1.0%</td>
</tr>
<tr>
<td>75+</td>
<td>29.2%</td>
<td>61.0%</td>
<td>9.8%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>42.7%</td>
<td>54.7%</td>
<td>2.5%</td>
</tr>
<tr>
<td>A rural area</td>
<td>42.9%</td>
<td>54.3%</td>
<td>2.7%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>43.6%</td>
<td>54.2%</td>
<td>2.1%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>41.7%</td>
<td>55.7%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>44.1%</td>
<td>52.1%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>42.7%</td>
<td>56.6%</td>
<td>7%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>39.6%</td>
<td>56.4%</td>
<td>4.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>40.3%</td>
<td>55.3%</td>
<td>4.4%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>42.3%</td>
<td>55.4%</td>
<td>2.3%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>54.1%</td>
<td>45.9%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Section B. Eating habits**

**B1. In a typical week, on how many days do you eat breakfast?**

<table>
<thead>
<tr>
<th>Overall results</th>
<th>0 days</th>
<th>1-2 days</th>
<th>3-4 days</th>
<th>5-6 days</th>
<th>7 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>4.2%</td>
<td>11.3%</td>
<td>10.7%</td>
<td>16.2%</td>
<td>57.6%</td>
</tr>
</tbody>
</table>

**Results by gender:**

- Females:
  - 0 days: 4.1%
  - 1-2 days: 8.5%
  - 3-4 days: 12.0%
  - 5-6 days: 15.9%
  - 7 days: 59.5%

- Males:
  - 0 days: 4.3%
  - 1-2 days: 14.4%
  - 3-4 days: 9.4%
  - 5-6 days: 16.5%
  - 7 days: 55.3%

**Results by age:**

- 18-34:
  - 0 days: 7.0%
  - 1-2 days: 17.1%
  - 3-4 days: 23.6%
  - 5-6 days: 13.4%
  - 7 days: 38.8%

- 35-44:
  - 0 days: 5.7%
  - 1-2 days: 15.9%
  - 3-4 days: 5.9%
  - 5-6 days: 24.6%
  - 7 days: 47.9%

- 45-54:
  - 0 days: 4.2%
  - 1-2 days: 14.3%
  - 3-4 days: 12.7%
  - 5-6 days: 27.7%
  - 7 days: 41.2%

- 55-64:
  - 0 days: 5.5%
  - 1-2 days: 11.9%
  - 3-4 days: 7.6%
  - 5-6 days: 8.5%
  - 7 days: 66.6%

- 65-74:
  - 0 days: 0.0%
  - 1-2 days: 2.2%
  - 3-4 days: 5.2%
  - 5-6 days: 15.4%
  - 7 days: 77.2%

- 75+:
  - 0 days: 9.0%
  - 1-2 days: 1.9%
  - 3-4 days: 2.8%
  - 5-6 days: 5.7%
  - 7 days: 88.7%

**Results by location:**

- A city (pop. 10,000+): *
- A town (pop. under 10,000): 5.0%
- A rural area: 2.6%

**Results by respondent’s education level:**

- Less than high school: 2.8%
- High school diploma or GED: 3.8%
- Some college, trade school, or associate’s degree: 5.5%
- Bachelor’s degree or higher: 3.7%

**Results by household income:**

- Less than $15,000: 9.9%
- $15,000 to $35,000: 3.1%
- $35,001 to $65,000: 2.8%
- More than $65,000: 4.9%

**Results for CHB service area:** 5.6%

**Results for 19-county region:** 5.7%
B2. A serving of vegetables is a cup of salad greens, or a half cup of any other vegetables, not including french fries. **Yesterday**, how many servings of vegetables did you eat?

<table>
<thead>
<tr>
<th>Overall results</th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10.8%</td>
<td>32.8%</td>
<td>38.7%</td>
<td>17.6%</td>
</tr>
</tbody>
</table>

**Results by gender:**

<table>
<thead>
<tr>
<th></th>
<th>Females</th>
<th>Males</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>11.6%</td>
<td>10.0%</td>
</tr>
<tr>
<td></td>
<td>23.6%</td>
<td>43.0%</td>
</tr>
<tr>
<td></td>
<td>41.0%</td>
<td>36.3%</td>
</tr>
<tr>
<td></td>
<td>23.8%</td>
<td>10.7%</td>
</tr>
</tbody>
</table>

**Results by age:**

<table>
<thead>
<tr>
<th></th>
<th>18-34</th>
<th>35-44</th>
<th>45-54</th>
<th>55-64</th>
<th>65-74</th>
<th>75+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall</td>
<td>12.6%</td>
<td>14.0%</td>
<td>13.0%</td>
<td>12.2%</td>
<td>5.9%</td>
<td>4.5%</td>
</tr>
<tr>
<td>0 servings</td>
<td>26.1%</td>
<td>36.7%</td>
<td>39.4%</td>
<td>29.2%</td>
<td>35.6%</td>
<td>32.3%</td>
</tr>
<tr>
<td>1 serving</td>
<td>47.3%</td>
<td>37.3%</td>
<td>33.1%</td>
<td>40.4%</td>
<td>40.5%</td>
<td>33.7%</td>
</tr>
<tr>
<td>2 servings</td>
<td>14.0%</td>
<td>12.1%</td>
<td>14.5%</td>
<td>18.2%</td>
<td>17.9%</td>
<td>29.4%</td>
</tr>
</tbody>
</table>

**Results by location:**

<table>
<thead>
<tr>
<th>Location</th>
<th>Overall</th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>11.7%</td>
<td>34.1%</td>
<td>38.2%</td>
<td>16.1%</td>
<td></td>
</tr>
<tr>
<td>A rural area</td>
<td>7.3%</td>
<td>30.8%</td>
<td>42.5%</td>
<td>19.5%</td>
<td></td>
</tr>
</tbody>
</table>

**Results by respondent's education level:**

<table>
<thead>
<tr>
<th>Education Level</th>
<th>Overall</th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>9.7%</td>
<td>31.3%</td>
<td>40.2%</td>
<td>18.8%</td>
<td></td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>16.3%</td>
<td>32.7%</td>
<td>31.6%</td>
<td>19.4%</td>
<td></td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>9.2%</td>
<td>37.7%</td>
<td>34.9%</td>
<td>18.2%</td>
<td></td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>5.4%</td>
<td>26.1%</td>
<td>55.3%</td>
<td>13.2%</td>
<td></td>
</tr>
</tbody>
</table>

**Results by household income:**

<table>
<thead>
<tr>
<th>Income Level</th>
<th>Overall</th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than $15,000</td>
<td>22.4%</td>
<td>23.3%</td>
<td>27.6%</td>
<td>26.7%</td>
<td></td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>8.5%</td>
<td>31.0%</td>
<td>42.6%</td>
<td>17.9%</td>
<td></td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>10.9%</td>
<td>30.8%</td>
<td>43.6%</td>
<td>14.7%</td>
<td></td>
</tr>
<tr>
<td>More than $65,000</td>
<td>6.7%</td>
<td>43.6%</td>
<td>36.3%</td>
<td>13.4%</td>
<td></td>
</tr>
</tbody>
</table>

**Results for CHB service area**

<table>
<thead>
<tr>
<th>Service Area</th>
<th>Overall</th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHB service area</td>
<td>12.5%</td>
<td>31.8%</td>
<td>33.4%</td>
<td>22.2%</td>
<td></td>
</tr>
</tbody>
</table>

**Results for 19-county region**

<table>
<thead>
<tr>
<th>County Region</th>
<th>Overall</th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>19-county region</td>
<td>13.7%</td>
<td>28.6%</td>
<td>33.0%</td>
<td>24.8%</td>
<td></td>
</tr>
</tbody>
</table>
**B3.** A serving of fruit is one medium sized fruit, a half cup of chopped, cut, or canned fruit, or 6 ounces of 100% fruit juice. *Yesterday,* how many servings of fruit did you eat?

<table>
<thead>
<tr>
<th></th>
<th>0 servings</th>
<th>1 serving</th>
<th>2 servings</th>
<th>3 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>14.0%</td>
<td>33.6%</td>
<td>28.8%</td>
<td>23.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>11.5%</td>
<td>31.5%</td>
<td>29.7%</td>
<td>27.3%</td>
</tr>
<tr>
<td>Males</td>
<td>16.9%</td>
<td>35.8%</td>
<td>27.8%</td>
<td>19.5%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>14.7%</td>
<td>29.5%</td>
<td>31.1%</td>
<td>24.8%</td>
</tr>
<tr>
<td>35-44</td>
<td>23.4%</td>
<td>41.1%</td>
<td>13.5%</td>
<td>22.1%</td>
</tr>
<tr>
<td>45-54</td>
<td>17.9%</td>
<td>40.3%</td>
<td>24.7%</td>
<td>17.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>12.3%</td>
<td>35.9%</td>
<td>29.1%</td>
<td>22.7%</td>
</tr>
<tr>
<td>65-74</td>
<td>12.3%</td>
<td>19.9%</td>
<td>41.6%</td>
<td>26.1%</td>
</tr>
<tr>
<td>75+</td>
<td>2.1%</td>
<td>31.7%</td>
<td>37.5%</td>
<td>28.8%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>13.5%</td>
<td>36.5%</td>
<td>29.8%</td>
<td>20.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>13.8%</td>
<td>29.2%</td>
<td>28.0%</td>
<td>29.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>16.3%</td>
<td>36.4%</td>
<td>29.6%</td>
<td>17.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>18.1%</td>
<td>35.8%</td>
<td>27.5%</td>
<td>18.7%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>13.9%</td>
<td>32.4%</td>
<td>27.7%</td>
<td>26.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>6.3%</td>
<td>32.5%</td>
<td>33.2%</td>
<td>28.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>12.6%</td>
<td>37.4%</td>
<td>28.2%</td>
<td>21.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>17.7%</td>
<td>26.8%</td>
<td>27.6%</td>
<td>27.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>13.0%</td>
<td>37.3%</td>
<td>30.3%</td>
<td>19.5%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>11.1%</td>
<td>32.4%</td>
<td>30.4%</td>
<td>26.1%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>18.2%</td>
<td>29.5%</td>
<td>28.8%</td>
<td>23.5%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>17.6%</td>
<td>28.4%</td>
<td>28.7%</td>
<td>25.3%</td>
</tr>
</tbody>
</table>
### Calc1. Total servings of fruit and vegetables yesterday (calculated variable based on responses to questions B2 and B3)

<table>
<thead>
<tr>
<th>Overall results</th>
<th>0 servings</th>
<th>1-2 servings</th>
<th>3-4 servings</th>
<th>5 or more servings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>3.8%</td>
<td>24.0%</td>
<td>40.2%</td>
<td>32.0%</td>
</tr>
<tr>
<td>Males</td>
<td>7.3%</td>
<td>31.8%</td>
<td>42.1%</td>
<td>18.8%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>7.8%</td>
<td>16.4%</td>
<td>51.3%</td>
<td>24.5%</td>
</tr>
<tr>
<td>35-44</td>
<td>8.7%</td>
<td>36.1%</td>
<td>32.0%</td>
<td>23.2%</td>
</tr>
<tr>
<td>45-54</td>
<td>4.2%</td>
<td>43.4%</td>
<td>32.5%</td>
<td>19.9%</td>
</tr>
<tr>
<td>55-64</td>
<td>5.5%</td>
<td>26.8%</td>
<td>42.8%</td>
<td>24.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>5.3%</td>
<td>18.1%</td>
<td>46.8%</td>
<td>29.7%</td>
</tr>
<tr>
<td>75+</td>
<td>.0%</td>
<td>25.1%</td>
<td>40.3%</td>
<td>34.6%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>5.9%</td>
<td>29.3%</td>
<td>40.1%</td>
<td>24.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>2.9%</td>
<td>24.7%</td>
<td>47.0%</td>
<td>25.5%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>7.2%</td>
<td>25.5%</td>
<td>43.9%</td>
<td>23.4%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>6.2%</td>
<td>37.7%</td>
<td>30.3%</td>
<td>25.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>4.2%</td>
<td>27.6%</td>
<td>43.1%</td>
<td>25.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>3.7%</td>
<td>16.7%</td>
<td>52.2%</td>
<td>27.4%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>9.6%</td>
<td>29.7%</td>
<td>31.3%</td>
<td>29.4%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>6.0%</td>
<td>24.3%</td>
<td>40.9%</td>
<td>28.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>4.5%</td>
<td>26.8%</td>
<td>46.5%</td>
<td>22.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>4.7%</td>
<td>25.9%</td>
<td>45.6%</td>
<td>23.8%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>6.7%</td>
<td>28.8%</td>
<td>36.5%</td>
<td>28.0%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>6.4%</td>
<td>28.4%</td>
<td>34.4%</td>
<td>30.8%</td>
</tr>
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</table>
### B4a. How many glasses of each of the following did you drink yesterday? Milk

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<th>5-6</th>
<th>7 or more</th>
</tr>
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<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>25.1%</td>
<td>58.8%</td>
<td>14.8%</td>
<td>1.1%</td>
<td>.1%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>31.9%</td>
<td>55.0%</td>
<td>12.3%</td>
<td>.5%</td>
<td>.3%</td>
</tr>
<tr>
<td>Males</td>
<td>17.5%</td>
<td>63.1%</td>
<td>17.5%</td>
<td>1.8%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>11.6%</td>
<td>65.6%</td>
<td>22.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>16.9%</td>
<td>54.0%</td>
<td>29.1%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>32.3%</td>
<td>60.2%</td>
<td>2.8%</td>
<td>4.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>29.3%</td>
<td>59.5%</td>
<td>11.2%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>37.6%</td>
<td>50.4%</td>
<td>10.0%</td>
<td>.7%</td>
<td>1.3%</td>
</tr>
<tr>
<td>75+</td>
<td>30.3%</td>
<td>56.1%</td>
<td>13.0%</td>
<td>.6%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>25.6%</td>
<td>60.8%</td>
<td>12.0%</td>
<td>1.3%</td>
<td>.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>22.9%</td>
<td>55.7%</td>
<td>20.5%</td>
<td>.8%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>18.6%</td>
<td>70.9%</td>
<td>7.7%</td>
<td>1.5%</td>
<td>1.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>28.6%</td>
<td>57.0%</td>
<td>14.4%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>27.1%</td>
<td>62.3%</td>
<td>9.9%</td>
<td>.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>18.7%</td>
<td>50.5%</td>
<td>27.5%</td>
<td>3.2%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>24.7%</td>
<td>60.9%</td>
<td>13.8%</td>
<td>.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>27.5%</td>
<td>59.6%</td>
<td>11.2%</td>
<td>1.2%</td>
<td>.5%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>26.2%</td>
<td>55.0%</td>
<td>18.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>23.4%</td>
<td>57.7%</td>
<td>15.4%</td>
<td>3.5%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31.8%</td>
<td>54.6%</td>
<td>11.5%</td>
<td>1.5%</td>
<td>.6%</td>
<td></td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31.7%</td>
<td>54.9%</td>
<td>11.6%</td>
<td>1.3%</td>
<td>.5%</td>
<td></td>
</tr>
</tbody>
</table>
### B4b. How many glasses of each of the following did you drink yesterday? Pop or soda (regular)

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<tr>
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<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
</thead>
<tbody>
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<td>Overall results</td>
<td>62.7%</td>
<td>29.6%</td>
<td>6.7%</td>
<td>.9%</td>
<td>.1%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>71.3%</td>
<td>22.4%</td>
<td>6.0%</td>
<td>.3%</td>
<td>.1%</td>
</tr>
<tr>
<td>Males</td>
<td>53.8%</td>
<td>37.1%</td>
<td>7.6%</td>
<td>1.5%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>28.2%</td>
<td>63.4%</td>
<td>6.6%</td>
<td>1.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>48.0%</td>
<td>34.5%</td>
<td>14.8%</td>
<td>2.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>71.1%</td>
<td>18.2%</td>
<td>10.4%</td>
<td>.0%</td>
<td>.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>82.2%</td>
<td>15.3%</td>
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<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>84.6%</td>
<td>13.9%</td>
<td>1.5%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>86.5%</td>
<td>12.1%</td>
<td>1.4%</td>
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<td>.0%</td>
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<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>66.5%</td>
<td>26.4%</td>
<td>5.7%</td>
<td>1.3%</td>
<td>.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>54.1%</td>
<td>39.1%</td>
<td>6.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>66.5%</td>
<td>32.8%</td>
<td>.7%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>64.5%</td>
<td>25.1%</td>
<td>9.4%</td>
<td>1.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>60.0%</td>
<td>29.9%</td>
<td>8.5%</td>
<td>1.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>62.6%</td>
<td>34.6%</td>
<td>2.4%</td>
<td>.0%</td>
<td>.3%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Less than $15,000</td>
<td>76.3%</td>
<td>13.7%</td>
<td>9.5%</td>
<td>.0%</td>
<td>.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>54.2%</td>
<td>39.4%</td>
<td>3.4%</td>
<td>3.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>59.5%</td>
<td>34.1%</td>
<td>6.4%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>66.3%</td>
<td>27.7%</td>
<td>6.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>64.1%</td>
<td>26.7%</td>
<td>7.1%</td>
<td>1.1%</td>
<td>.9%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>66.2%</td>
<td>26.0%</td>
<td>5.9%</td>
<td>1.5%</td>
<td>.5%</td>
</tr>
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</table>
## B4c. How many glasses of each of the following did you drink yesterday? Pop or soda (diet)

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<th>5-6</th>
<th>7 or more</th>
</tr>
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<td>75.0%</td>
<td>20.2%</td>
<td>3.6%</td>
<td>1.2%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>72.2%</td>
<td>23.2%</td>
<td>2.5%</td>
<td>2.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>78.0%</td>
<td>16.8%</td>
<td>4.8%</td>
<td>.3%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>89.2%</td>
<td>10.8%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>69.0%</td>
<td>25.4%</td>
<td>3.6%</td>
<td>2.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>65.5%</td>
<td>25.0%</td>
<td>8.8%</td>
<td>.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>62.6%</td>
<td>30.9%</td>
<td>4.9%</td>
<td>1.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>72.4%</td>
<td>22.5%</td>
<td>3.7%</td>
<td>1.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>89.2%</td>
<td>8.5%</td>
<td>.0%</td>
<td>2.4%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>72.8%</td>
<td>22.0%</td>
<td>4.2%</td>
<td>1.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>77.6%</td>
<td>17.7%</td>
<td>2.9%</td>
<td>1.9%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>89.0%</td>
<td>10.4%</td>
<td>.7%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>77.3%</td>
<td>19.1%</td>
<td>2.0%</td>
<td>1.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>67.8%</td>
<td>25.2%</td>
<td>4.7%</td>
<td>2.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>75.3%</td>
<td>19.0%</td>
<td>5.7%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>85.1%</td>
<td>8.8%</td>
<td>2.6%</td>
<td>3.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>78.7%</td>
<td>20.2%</td>
<td>.5%</td>
<td>.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>73.2%</td>
<td>23.2%</td>
<td>2.4%</td>
<td>1.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>66.9%</td>
<td>24.7%</td>
<td>8.4%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>69.4%</td>
<td>24.4%</td>
<td>4.3%</td>
<td>1.2%</td>
<td>.7%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>68.5%</td>
<td>24.5%</td>
<td>5.5%</td>
<td>1.2%</td>
<td>.4%</td>
</tr>
</tbody>
</table>
### B4d. How many glasses of each of the following did you drink yesterday?  Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>92.0%</td>
<td>7.1%</td>
<td>.9%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>94.0%</td>
<td>6.0%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>90.0%</td>
<td>8.3%</td>
<td>1.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>82.5%</td>
<td>13.8%</td>
<td>3.7%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>94.1%</td>
<td>5.9%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>93.4%</td>
<td>6.6%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>97.1%</td>
<td>2.9%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>95.8%</td>
<td>4.2%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>95.1%</td>
<td>4.9%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>93.8%</td>
<td>6.2%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>89.5%</td>
<td>7.7%</td>
<td>2.9%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>95.9%</td>
<td>4.1%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>91.9%</td>
<td>5.2%</td>
<td>2.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>88.4%</td>
<td>11.6%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>95.9%</td>
<td>4.1%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>96.0%</td>
<td>4.0%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>92.2%</td>
<td>4.8%</td>
<td>3.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>92.1%</td>
<td>7.9%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>86.3%</td>
<td>13.7%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>90.3%</td>
<td>8.7%</td>
<td>.9%</td>
<td>.1%</td>
<td>.1%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>89.8%</td>
<td>8.9%</td>
<td>1.2%</td>
<td>.1%</td>
<td>.0%</td>
</tr>
</tbody>
</table>
B5a. In an average week, how many times do you do the following? Eat out or order out a meal from a fast food place (McDonald’s, KFC, Taco Bell, pizza places, etc.)

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>40.5%</td>
<td>53.3%</td>
<td>5.5%</td>
<td>.5%</td>
<td>.1%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>42.2%</td>
<td>53.4%</td>
<td>3.7%</td>
<td>.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>38.7%</td>
<td>53.2%</td>
<td>7.6%</td>
<td>.2%</td>
<td>.3%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>32.5%</td>
<td>58.6%</td>
<td>8.9%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>41.1%</td>
<td>52.0%</td>
<td>4.3%</td>
<td>2.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>26.4%</td>
<td>64.9%</td>
<td>8.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>46.4%</td>
<td>50.3%</td>
<td>2.5%</td>
<td>.0%</td>
<td>.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>47.5%</td>
<td>49.4%</td>
<td>2.0%</td>
<td>1.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>59.9%</td>
<td>36.9%</td>
<td>3.2%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>40.3%</td>
<td>54.9%</td>
<td>4.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>43.2%</td>
<td>49.3%</td>
<td>7.1%</td>
<td>.4%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>47.0%</td>
<td>48.7%</td>
<td>4.3%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>35.7%</td>
<td>56.5%</td>
<td>6.5%</td>
<td>1.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>37.0%</td>
<td>56.9%</td>
<td>5.8%</td>
<td>.0%</td>
<td>.4%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>49.4%</td>
<td>45.4%</td>
<td>4.7%</td>
<td>.5%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>42.5%</td>
<td>50.6%</td>
<td>6.1%</td>
<td>.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>37.3%</td>
<td>60.2%</td>
<td>2.5%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>42.5%</td>
<td>54.1%</td>
<td>2.0%</td>
<td>1.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>33.9%</td>
<td>50.9%</td>
<td>14.5%</td>
<td>.0%</td>
<td>.6%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>39.4%</td>
<td>48.7%</td>
<td>8.5%</td>
<td>1.9%</td>
<td>1.6%</td>
<td></td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>39.3%</td>
<td>51.4%</td>
<td>7.1%</td>
<td>1.8%</td>
<td>.4%</td>
<td></td>
</tr>
</tbody>
</table>
B5b. In an average week, how many times do you do the following?

**Eat a meal out at a restaurant that is not a fast food place**

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>45.2%</td>
<td>51.5%</td>
<td>3.0%</td>
<td>.2%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>47.3%</td>
<td>51.0%</td>
<td>1.7%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>43.0%</td>
<td>52.0%</td>
<td>4.4%</td>
<td>.5%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>50.6%</td>
<td>45.9%</td>
<td>3.4%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>63.5%</td>
<td>34.7%</td>
<td>1.7%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>41.7%</td>
<td>55.4%</td>
<td>1.7%</td>
<td>1.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>39.3%</td>
<td>56.7%</td>
<td>4.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>30.9%</td>
<td>62.9%</td>
<td>6.2%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>42.0%</td>
<td>55.6%</td>
<td>2.5%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>47.5%</td>
<td>48.8%</td>
<td>3.3%</td>
<td>.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>43.5%</td>
<td>53.7%</td>
<td>2.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>56.8%</td>
<td>43.2%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>37.8%</td>
<td>60.1%</td>
<td>2.1%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>50.0%</td>
<td>47.0%</td>
<td>2.3%</td>
<td>.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>41.9%</td>
<td>51.1%</td>
<td>7.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>55.7%</td>
<td>44.3%</td>
<td>.0%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>48.1%</td>
<td>50.7%</td>
<td>1.2%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>47.5%</td>
<td>48.7%</td>
<td>2.9%</td>
<td>.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>34.3%</td>
<td>59.2%</td>
<td>6.5%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>43.0%</td>
<td>53.4%</td>
<td>2.6%</td>
<td>.9%</td>
<td>.1%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>43.7%</td>
<td>52.0%</td>
<td>3.2%</td>
<td>.9%</td>
<td>.2%</td>
</tr>
</tbody>
</table>
**B5c. In an average week, how many times do you do the following? Watch television during meal time**

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<tr>
<th></th>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
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<tbody>
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<td><strong>Overall results</strong></td>
<td>34.0%</td>
<td>20.6%</td>
<td>17.6%</td>
<td>13.3%</td>
<td>14.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>31.4%</td>
<td>24.5%</td>
<td>13.9%</td>
<td>14.6%</td>
<td>15.7%</td>
</tr>
<tr>
<td>Males</td>
<td>36.7%</td>
<td>16.4%</td>
<td>21.5%</td>
<td>11.9%</td>
<td>13.4%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>35.5%</td>
<td>22.8%</td>
<td>28.1%</td>
<td>4.4%</td>
<td>9.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>33.4%</td>
<td>22.2%</td>
<td>10.4%</td>
<td>15.5%</td>
<td>18.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>25.7%</td>
<td>16.5%</td>
<td>24.1%</td>
<td>14.8%</td>
<td>19.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>24.0%</td>
<td>14.5%</td>
<td>12.2%</td>
<td>25.1%</td>
<td>24.2%</td>
</tr>
<tr>
<td>65-74</td>
<td>36.6%</td>
<td>25.4%</td>
<td>15.3%</td>
<td>9.8%</td>
<td>12.9%</td>
</tr>
<tr>
<td>75+</td>
<td>49.9%</td>
<td>24.4%</td>
<td>7.8%</td>
<td>13.2%</td>
<td>4.6%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>36.4%</td>
<td>17.6%</td>
<td>18.5%</td>
<td>12.0%</td>
<td>15.5%</td>
</tr>
<tr>
<td>A rural area</td>
<td>28.2%</td>
<td>26.0%</td>
<td>17.6%</td>
<td>14.5%</td>
<td>13.7%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>49.0%</td>
<td>22.7%</td>
<td>19.2%</td>
<td>5.0%</td>
<td>4.1%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>33.0%</td>
<td>20.9%</td>
<td>13.5%</td>
<td>19.1%</td>
<td>13.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>26.6%</td>
<td>21.2%</td>
<td>23.0%</td>
<td>11.4%</td>
<td>17.9%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>39.2%</td>
<td>18.8%</td>
<td>14.3%</td>
<td>11.1%</td>
<td>16.5%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Less than $15,000</td>
<td>45.1%</td>
<td>23.8%</td>
<td>14.3%</td>
<td>7.0%</td>
<td>9.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>23.8%</td>
<td>22.5%</td>
<td>22.9%</td>
<td>12.0%</td>
<td>18.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>38.6%</td>
<td>15.5%</td>
<td>17.1%</td>
<td>18.6%</td>
<td>10.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>26.7%</td>
<td>28.1%</td>
<td>14.4%</td>
<td>12.2%</td>
<td>18.7%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>29.9%</td>
<td>24.5%</td>
<td>15.9%</td>
<td>15.0%</td>
<td>14.6%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>28.6%</td>
<td>23.7%</td>
<td>17.5%</td>
<td>16.5%</td>
<td>13.8%</td>
</tr>
</tbody>
</table>
B5d. In an average week, how many times do you do the following? Eat a home-cooked meal

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<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
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<tbody>
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<td>1.1%</td>
<td>7.3%</td>
<td>16.4%</td>
<td>32.5%</td>
<td>42.7%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>1.1%</td>
<td>6.1%</td>
<td>16.7%</td>
<td>34.3%</td>
<td>41.8%</td>
</tr>
<tr>
<td>Males</td>
<td>1.1%</td>
<td>8.5%</td>
<td>16.0%</td>
<td>30.6%</td>
<td>43.8%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>3.5%</td>
<td>27.2%</td>
<td>28.2%</td>
<td>41.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>.0%</td>
<td>8.2%</td>
<td>6.8%</td>
<td>30.8%</td>
<td>54.2%</td>
</tr>
<tr>
<td>45-54</td>
<td>2.0%</td>
<td>11.5%</td>
<td>19.1%</td>
<td>34.9%</td>
<td>32.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>.8%</td>
<td>9.1%</td>
<td>10.7%</td>
<td>37.8%</td>
<td>41.6%</td>
</tr>
<tr>
<td>65-74</td>
<td>1.1%</td>
<td>4.2%</td>
<td>12.4%</td>
<td>32.4%</td>
<td>50.0%</td>
</tr>
<tr>
<td>75+</td>
<td>2.9%</td>
<td>7.0%</td>
<td>16.1%</td>
<td>31.5%</td>
<td>42.4%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>1.5%</td>
<td>10.1%</td>
<td>15.1%</td>
<td>32.3%</td>
<td>41.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>.4%</td>
<td>1.3%</td>
<td>19.8%</td>
<td>30.1%</td>
<td>48.4%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>2.4%</td>
<td>10.2%</td>
<td>22.3%</td>
<td>23.1%</td>
<td>42.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>1.0%</td>
<td>6.9%</td>
<td>13.9%</td>
<td>43.6%</td>
<td>34.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>1.1%</td>
<td>9.7%</td>
<td>17.4%</td>
<td>28.9%</td>
<td>42.9%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>.5%</td>
<td>2.4%</td>
<td>14.8%</td>
<td>27.9%</td>
<td>54.3%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>3.8%</td>
<td>10.3%</td>
<td>13.8%</td>
<td>25.2%</td>
<td>46.9%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>1.4%</td>
<td>9.5%</td>
<td>23.3%</td>
<td>32.9%</td>
<td>32.9%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>.0%</td>
<td>6.7%</td>
<td>7.4%</td>
<td>34.1%</td>
<td>51.8%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>.8%</td>
<td>4.8%</td>
<td>21.5%</td>
<td>38.5%</td>
<td>34.4%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>1.5%</td>
<td>9.8%</td>
<td>16.8%</td>
<td>34.1%</td>
<td>37.8%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>1.1%</td>
<td>9.5%</td>
<td>19.4%</td>
<td>35.3%</td>
<td>34.6%</td>
</tr>
</tbody>
</table>
B6. How often are there fresh fruits and vegetables in your home?

<table>
<thead>
<tr>
<th></th>
<th>Always</th>
<th>Often</th>
<th>Sometimes</th>
<th>Never</th>
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</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>45.1%</td>
<td>35.4%</td>
<td>18.2%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>46.3%</td>
<td>33.8%</td>
<td>19.8%</td>
<td>.1%</td>
</tr>
<tr>
<td>Males</td>
<td>43.5%</td>
<td>37.5%</td>
<td>16.3%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>43.4%</td>
<td>37.0%</td>
<td>15.7%</td>
<td>3.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>46.1%</td>
<td>27.2%</td>
<td>26.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>40.3%</td>
<td>33.0%</td>
<td>25.2%</td>
<td>1.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>49.4%</td>
<td>38.6%</td>
<td>12.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>55.2%</td>
<td>29.2%</td>
<td>15.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>42.3%</td>
<td>44.8%</td>
<td>12.9%</td>
<td>.0%</td>
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<tr>
<td>Results by location:</td>
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</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>43.7%</td>
<td>33.4%</td>
<td>21.2%</td>
<td>1.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>47.9%</td>
<td>41.5%</td>
<td>10.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>29.3%</td>
<td>46.5%</td>
<td>18.1%</td>
<td>6.1%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>44.2%</td>
<td>34.1%</td>
<td>21.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>43.8%</td>
<td>37.2%</td>
<td>18.2%</td>
<td>.8%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>56.7%</td>
<td>29.4%</td>
<td>12.9%</td>
<td>.9%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>36.6%</td>
<td>28.7%</td>
<td>30.4%</td>
<td>4.3%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>37.1%</td>
<td>38.3%</td>
<td>23.5%</td>
<td>1.1%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>55.0%</td>
<td>27.7%</td>
<td>16.7%</td>
<td>.7%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>41.0%</td>
<td>47.2%</td>
<td>10.6%</td>
<td>1.1%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>47.7%</td>
<td>30.9%</td>
<td>20.0%</td>
<td>1.4%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>47.6%</td>
<td>32.4%</td>
<td>19.1%</td>
<td>.8%</td>
</tr>
</tbody>
</table>
B7a. During the growing season, how often do you or others in your household get food from the following places? Farmer’s market or fruit/vegetable stand

<table>
<thead>
<tr>
<th></th>
<th>Never or less than 1 time per month</th>
<th>About 1 time per month</th>
<th>About 2 or 3 times per month</th>
<th>About 1 time per week</th>
<th>2 or more times per week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>56.0%</td>
<td>18.5%</td>
<td>12.0%</td>
<td>11.8%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>54.7%</td>
<td>18.8%</td>
<td>12.0%</td>
<td>12.8%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Males</td>
<td>57.5%</td>
<td>18.1%</td>
<td>12.1%</td>
<td>10.7%</td>
<td>1.7%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>67.0%</td>
<td>14.6%</td>
<td>9.8%</td>
<td>8.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>62.2%</td>
<td>18.9%</td>
<td>9.2%</td>
<td>7.5%</td>
<td>2.2%</td>
</tr>
<tr>
<td>45-54</td>
<td>51.7%</td>
<td>26.2%</td>
<td>14.0%</td>
<td>8.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>48.7%</td>
<td>14.7%</td>
<td>17.1%</td>
<td>17.7%</td>
<td>1.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>42.6%</td>
<td>19.2%</td>
<td>16.0%</td>
<td>16.1%</td>
<td>6.2%</td>
</tr>
<tr>
<td>75+</td>
<td>54.8%</td>
<td>18.1%</td>
<td>7.8%</td>
<td>17.0%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>53.1%</td>
<td>17.8%</td>
<td>13.1%</td>
<td>14.3%</td>
<td>1.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>61.2%</td>
<td>21.2%</td>
<td>9.6%</td>
<td>6.1%</td>
<td>1.8%</td>
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<td>Results by respondent’s education level:</td>
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<td></td>
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<tr>
<td>Less than high school</td>
<td>68.2%</td>
<td>9.6%</td>
<td>5.8%</td>
<td>16.4%</td>
<td>.0%</td>
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<tr>
<td>High school diploma or GED</td>
<td>53.0%</td>
<td>14.7%</td>
<td>14.6%</td>
<td>14.3%</td>
<td>3.4%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>52.6%</td>
<td>24.7%</td>
<td>10.8%</td>
<td>10.6%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>57.5%</td>
<td>19.5%</td>
<td>14.4%</td>
<td>7.9%</td>
<td>.7%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>57.7%</td>
<td>5.9%</td>
<td>8.7%</td>
<td>26.1%</td>
<td>1.6%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>55.1%</td>
<td>18.2%</td>
<td>14.8%</td>
<td>8.5%</td>
<td>3.4%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>48.5%</td>
<td>24.6%</td>
<td>15.9%</td>
<td>10.5%</td>
<td>.5%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>68.7%</td>
<td>17.7%</td>
<td>6.3%</td>
<td>5.7%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>50.5%</td>
<td>19.9%</td>
<td>15.0%</td>
<td>11.6%</td>
<td>3.0%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>45.5%</td>
<td>22.3%</td>
<td>17.8%</td>
<td>10.8%</td>
<td>3.6%</td>
</tr>
</tbody>
</table>
B7b. During the growing season, how often do you/others in your household get food from the following places? Local farm or CSA (community supported agriculture)

<table>
<thead>
<tr>
<th></th>
<th>Never or less than 1 time per month</th>
<th>About 1 time per month</th>
<th>About 2 or 3 times per month</th>
<th>About 1 time per week</th>
<th>2 or more times per week</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>86.8%</td>
<td>5.2%</td>
<td>2.0%</td>
<td>4.3%</td>
<td>1.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>86.1%</td>
<td>6.2%</td>
<td>2.0%</td>
<td>4.0%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Males</td>
<td>87.6%</td>
<td>4.1%</td>
<td>2.1%</td>
<td>4.6%</td>
<td>1.7%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>94.7%</td>
<td>2.3%</td>
<td>.5%</td>
<td>2.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>88.9%</td>
<td>6.7%</td>
<td>4.4%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>81.4%</td>
<td>6.7%</td>
<td>.9%</td>
<td>7.7%</td>
<td>3.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>81.3%</td>
<td>5.6%</td>
<td>2.3%</td>
<td>7.7%</td>
<td>3.1%</td>
</tr>
<tr>
<td>65-74</td>
<td>84.9%</td>
<td>5.9%</td>
<td>3.5%</td>
<td>3.5%</td>
<td>2.2%</td>
</tr>
<tr>
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<td>88.0%</td>
<td>5.3%</td>
<td>2.5%</td>
<td>2.8%</td>
<td>1.5%</td>
</tr>
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<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>88.0%</td>
<td>5.4%</td>
<td>1.3%</td>
<td>3.9%</td>
<td>1.4%</td>
</tr>
<tr>
<td>A rural area</td>
<td>85.6%</td>
<td>3.4%</td>
<td>3.8%</td>
<td>4.9%</td>
<td>2.4%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
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<tr>
<td>Less than high school</td>
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<td>2.9%</td>
<td>5.3%</td>
<td>.7%</td>
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<tr>
<td>High school diploma or GED</td>
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<td>1.9%</td>
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<td>.4%</td>
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<td><strong>Results by household income:</strong></td>
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<td>.6%</td>
</tr>
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<td>3.0%</td>
</tr>
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<td>$35,001 to $65,000</td>
<td>88.9%</td>
<td>5.0%</td>
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<td>.4%</td>
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<td><strong>Results for CHB service area</strong></td>
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<tr>
<td>83.1%</td>
<td>8.0%</td>
<td>4.0%</td>
<td>2.6%</td>
<td>2.4%</td>
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</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>83.5%</td>
<td>8.6%</td>
<td>3.2%</td>
<td>3.0%</td>
<td>1.8%</td>
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B7c. During the growing season, how often do you/others in your household get food from the following places? Food grown at home or in a community garden

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<th>Never or less than 1 time per month</th>
<th>About 1 time per month</th>
<th>About 2 or 3 times per month</th>
<th>About 1 time per week</th>
<th>2 or more times per week</th>
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<td>32.5%</td>
<td>8.7%</td>
<td>12.2%</td>
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<td>35.8%</td>
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<tr>
<td>Results by gender:</td>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>36.0%</td>
<td>7.5%</td>
<td>12.2%</td>
<td>10.8%</td>
<td>33.4%</td>
</tr>
<tr>
<td>Males</td>
<td>28.7%</td>
<td>10.0%</td>
<td>12.2%</td>
<td>10.8%</td>
<td>38.3%</td>
</tr>
<tr>
<td>Results by age:</td>
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<td></td>
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</tr>
<tr>
<td>18-34</td>
<td>23.7%</td>
<td>5.1%</td>
<td>19.0%</td>
<td>10.6%</td>
<td>41.6%</td>
</tr>
<tr>
<td>35-44</td>
<td>35.7%</td>
<td>14.4%</td>
<td>7.4%</td>
<td>4.6%</td>
<td>37.9%</td>
</tr>
<tr>
<td>45-54</td>
<td>31.7%</td>
<td>8.3%</td>
<td>14.6%</td>
<td>13.1%</td>
<td>32.2%</td>
</tr>
<tr>
<td>55-64</td>
<td>34.3%</td>
<td>12.3%</td>
<td>8.6%</td>
<td>15.1%</td>
<td>29.6%</td>
</tr>
<tr>
<td>65-74</td>
<td>24.8%</td>
<td>7.8%</td>
<td>9.4%</td>
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<td>46.7%</td>
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<tr>
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<td>49.4%</td>
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<td>27.6%</td>
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<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>39.0%</td>
<td>8.8%</td>
<td>10.8%</td>
<td>12.6%</td>
<td>28.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>17.6%</td>
<td>8.4%</td>
<td>14.8%</td>
<td>6.8%</td>
<td>52.3%</td>
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<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>34.1%</td>
<td>9.5%</td>
<td>27.3%</td>
<td>9.2%</td>
<td>20.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>35.1%</td>
<td>6.6%</td>
<td>9.5%</td>
<td>12.2%</td>
<td>36.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>28.1%</td>
<td>13.2%</td>
<td>11.5%</td>
<td>9.7%</td>
<td>37.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
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<td>4.2%</td>
<td>9.3%</td>
<td>11.6%</td>
<td>40.3%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>58.9%</td>
<td>4.9%</td>
<td>9.7%</td>
<td>4.8%</td>
<td>21.8%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>30.5%</td>
<td>12.8%</td>
<td>15.7%</td>
<td>8.3%</td>
<td>32.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>21.4%</td>
<td>9.9%</td>
<td>7.3%</td>
<td>15.9%</td>
<td>45.4%</td>
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<tr>
<td>More than $65,000</td>
<td>32.7%</td>
<td>6.6%</td>
<td>12.2%</td>
<td>14.4%</td>
<td>34.1%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>33.6%</td>
<td>10.3%</td>
<td>10.0%</td>
<td>10.5%</td>
<td>35.5%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>38.2%</td>
<td>9.6%</td>
<td>10.9%</td>
<td>10.1%</td>
<td>31.2%</td>
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### Section C. Physical activity

C1a. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Lack of time

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<th>A big problem</th>
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<td>17.1%</td>
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<tr>
<td>Results by gender:</td>
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</tr>
<tr>
<td>Females</td>
<td>40.3%</td>
<td>39.8%</td>
<td>19.9%</td>
</tr>
<tr>
<td>Males</td>
<td>38.6%</td>
<td>47.5%</td>
<td>13.9%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
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</tr>
<tr>
<td>18-34</td>
<td>18.4%</td>
<td>59.1%</td>
<td>22.5%</td>
</tr>
<tr>
<td>35-44</td>
<td>31.3%</td>
<td>36.2%</td>
<td>32.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>25.7%</td>
<td>48.0%</td>
<td>26.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>48.0%</td>
<td>43.6%</td>
<td>8.4%</td>
</tr>
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<td>65-74</td>
<td>61.1%</td>
<td>38.9%</td>
<td>.0%</td>
</tr>
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<td>75+</td>
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<td>2.2%</td>
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<tr>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>43.6%</td>
<td>42.6%</td>
<td>13.8%</td>
</tr>
<tr>
<td>A rural area</td>
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<td>25.7%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>56.8%</td>
<td>39.5%</td>
<td>3.7%</td>
</tr>
<tr>
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<td>49.5%</td>
<td>37.3%</td>
<td>13.2%</td>
</tr>
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<td>48.4%</td>
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</tr>
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<td>27.3%</td>
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<td>27.6%</td>
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<tr>
<td>Results by household income:</td>
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<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>54.3%</td>
<td>39.1%</td>
<td>6.6%</td>
</tr>
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<td>45.1%</td>
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<td>48.2%</td>
<td>11.0%</td>
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<tr>
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<td>25.0%</td>
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<tr>
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<td>39.1%</td>
<td>37.5%</td>
<td>23.4%</td>
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C1b. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Lack of programs, leaders, or facilities

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<th>A big problem</th>
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<td>9.6%</td>
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<tr>
<td>Results by gender:</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>56.9%</td>
<td>30.2%</td>
<td>12.9%</td>
</tr>
<tr>
<td>Males</td>
<td>65.1%</td>
<td>28.9%</td>
<td>6.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>58.4%</td>
<td>30.9%</td>
<td>10.6%</td>
</tr>
<tr>
<td>35-44</td>
<td>70.3%</td>
<td>23.4%</td>
<td>6.3%</td>
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<td>45-54</td>
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<td>12.1%</td>
</tr>
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<td>55-64</td>
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<td>7.6%</td>
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<tr>
<td>65-74</td>
<td>67.5%</td>
<td>21.8%</td>
<td>10.6%</td>
</tr>
<tr>
<td>75+</td>
<td>68.6%</td>
<td>24.6%</td>
<td>6.9%</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>62.9%</td>
<td>27.7%</td>
<td>9.5%</td>
</tr>
<tr>
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<td>33.3%</td>
<td>9.7%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
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<td></td>
<td></td>
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<tr>
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<td>25.3%</td>
<td>5.3%</td>
</tr>
<tr>
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<td>25.1%</td>
<td>13.4%</td>
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<tr>
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<td>35.9%</td>
<td>8.4%</td>
</tr>
<tr>
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<td>28.8%</td>
<td>6.6%</td>
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<tr>
<td>Results by household income:</td>
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<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>67.0%</td>
<td>25.8%</td>
<td>7.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>30.4%</td>
<td>10.8%</td>
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<td>$35,001 to $65,000</td>
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<td>11.0%</td>
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<tr>
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<td>56.2%</td>
<td>34.4%</td>
<td>9.5%</td>
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<td>9.5%</td>
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<tr>
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<td>8.6%</td>
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C1c. How much of a problem are the following factors for you in terms of preventing you from being more physically active? No one to exercise with

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<th>A small problem</th>
<th>A big problem</th>
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<td>11.8%</td>
</tr>
<tr>
<td>Results by gender:</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>56.3%</td>
<td>31.3%</td>
<td>12.4%</td>
</tr>
<tr>
<td>Males</td>
<td>59.2%</td>
<td>29.7%</td>
<td>11.1%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
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<tr>
<td>18-34</td>
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<td>42.6%</td>
<td>6.7%</td>
</tr>
<tr>
<td>35-44</td>
<td>67.4%</td>
<td>23.3%</td>
<td>9.3%</td>
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<td>55-64</td>
<td>54.8%</td>
<td>30.3%</td>
<td>14.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>60.5%</td>
<td>26.5%</td>
<td>13.0%</td>
</tr>
<tr>
<td>75+</td>
<td>51.4%</td>
<td>39.2%</td>
<td>9.4%</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>59.2%</td>
<td>30.4%</td>
<td>10.4%</td>
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<tr>
<td>A rural area</td>
<td>54.2%</td>
<td>30.7%</td>
<td>15.0%</td>
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<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
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<tr>
<td>Less than high school</td>
<td>65.1%</td>
<td>26.0%</td>
<td>8.9%</td>
</tr>
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<td>36.4%</td>
<td>12.1%</td>
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<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>32.2%</td>
<td>13.8%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
<td>68.5%</td>
<td>23.5%</td>
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</tr>
<tr>
<td>Results by household income:</td>
<td></td>
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</tr>
<tr>
<td>Less than $15,000</td>
<td>53.7%</td>
<td>35.7%</td>
<td>10.6%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>51.6%</td>
<td>37.2%</td>
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</tr>
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<td>62.1%</td>
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<td>14.5%</td>
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<tr>
<td>More than $65,000</td>
<td>59.8%</td>
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<td>10.1%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>60.3%</td>
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<td>10.6%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>58.9%</td>
<td>29.1%</td>
<td>12.0%</td>
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### C1d. How much of a problem are the following factors for you in terms of preventing you from being more physically active? The cost of fitness programs, gym memberships, or admission fees

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<td><strong>Results by gender:</strong></td>
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<tr>
<td>Females</td>
<td>36.0%</td>
<td>23.4%</td>
<td>40.6%</td>
</tr>
<tr>
<td>Males</td>
<td>42.9%</td>
<td>27.2%</td>
<td>29.9%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>26.2%</td>
<td>35.2%</td>
<td>38.5%</td>
</tr>
<tr>
<td>35-44</td>
<td>49.3%</td>
<td>16.8%</td>
<td>33.9%</td>
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<tr>
<td>45-54</td>
<td>40.7%</td>
<td>24.0%</td>
<td>35.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>34.7%</td>
<td>27.8%</td>
<td>37.5%</td>
</tr>
<tr>
<td>65-74</td>
<td>50.5%</td>
<td>16.8%</td>
<td>32.6%</td>
</tr>
<tr>
<td>75+</td>
<td>43.1%</td>
<td>25.4%</td>
<td>31.5%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>37.9%</td>
<td>25.5%</td>
<td>36.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>42.7%</td>
<td>27.5%</td>
<td>29.8%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>31.5%</td>
<td>21.3%</td>
<td>47.2%</td>
</tr>
<tr>
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<td>41.9%</td>
<td>16.2%</td>
<td>41.8%</td>
</tr>
<tr>
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<td>26.5%</td>
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<td>38.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>59.9%</td>
<td>24.6%</td>
<td>15.5%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>33.1%</td>
<td>15.7%</td>
<td>51.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>34.2%</td>
<td>20.1%</td>
<td>45.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>40.9%</td>
<td>26.4%</td>
<td>32.7%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>54.3%</td>
<td>29.0%</td>
<td>16.7%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>44.6%</td>
<td>25.3%</td>
<td>30.0%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>41.2%</td>
<td>25.3%</td>
<td>33.6%</td>
</tr>
</tbody>
</table>
### C1e. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them

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<th>A big problem</th>
</tr>
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<td>16.4%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>61.0%</td>
<td>22.8%</td>
<td>16.3%</td>
</tr>
<tr>
<td>Males</td>
<td>52.5%</td>
<td>31.0%</td>
<td>16.5%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>44.3%</td>
<td>36.3%</td>
<td>19.4%</td>
</tr>
<tr>
<td>35-44</td>
<td>61.4%</td>
<td>17.3%</td>
<td>21.4%</td>
</tr>
<tr>
<td>45-54</td>
<td>52.2%</td>
<td>31.2%</td>
<td>16.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>61.0%</td>
<td>26.6%</td>
<td>12.4%</td>
</tr>
<tr>
<td>65-74</td>
<td>69.0%</td>
<td>20.1%</td>
<td>11.0%</td>
</tr>
<tr>
<td>75+</td>
<td>65.9%</td>
<td>21.4%</td>
<td>12.7%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>59.2%</td>
<td>23.6%</td>
<td>17.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>53.0%</td>
<td>32.7%</td>
<td>14.3%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>50.6%</td>
<td>37.8%</td>
<td>11.6%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>63.9%</td>
<td>17.5%</td>
<td>18.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>52.7%</td>
<td>27.0%</td>
<td>20.3%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>57.6%</td>
<td>34.5%</td>
<td>7.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>64.9%</td>
<td>21.9%</td>
<td>13.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>52.9%</td>
<td>26.2%</td>
<td>20.9%</td>
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<tr>
<td>$35,001 to $65,000</td>
<td>64.7%</td>
<td>25.4%</td>
<td>9.9%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>52.4%</td>
<td>31.8%</td>
<td>15.8%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>66.3%</td>
<td>21.4%</td>
<td>12.2%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>65.0%</td>
<td>22.3%</td>
<td>12.7%</td>
</tr>
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</table>
C1f. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Long-term illness, injury, or disability

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<th>A big problem</th>
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<td><strong>Overall results</strong></td>
<td>73.4%</td>
<td>15.1%</td>
<td>11.5%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>72.0%</td>
<td>17.5%</td>
<td>10.5%</td>
</tr>
<tr>
<td>Males</td>
<td>74.8%</td>
<td>12.5%</td>
<td>12.7%</td>
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<tr>
<td><strong>Results by age:</strong></td>
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<tr>
<td>18-34</td>
<td>94.6%</td>
<td>5.4%</td>
<td>0.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>84.1%</td>
<td>13.3%</td>
<td>2.6%</td>
</tr>
<tr>
<td>45-54</td>
<td>71.3%</td>
<td>15.0%</td>
<td>13.7%</td>
</tr>
<tr>
<td>55-64</td>
<td>63.2%</td>
<td>17.1%</td>
<td>19.6%</td>
</tr>
<tr>
<td>65-74</td>
<td>59.4%</td>
<td>24.2%</td>
<td>16.3%</td>
</tr>
<tr>
<td>75+</td>
<td>50.5%</td>
<td>23.5%</td>
<td>26.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>71.4%</td>
<td>15.5%</td>
<td>13.1%</td>
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<tr>
<td>A rural area</td>
<td>78.7%</td>
<td>12.9%</td>
<td>8.4%</td>
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<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>72.0%</td>
<td>17.9%</td>
<td>10.1%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>63.9%</td>
<td>20.9%</td>
<td>15.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>73.1%</td>
<td>11.2%</td>
<td>15.7%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
<td>86.7%</td>
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<td><strong>Results by household income:</strong></td>
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<tr>
<td>Less than $15,000</td>
<td>69.7%</td>
<td>15.0%</td>
<td>15.3%</td>
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<tr>
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<td>19.1%</td>
<td>12.7%</td>
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<td>16.0%</td>
<td>13.0%</td>
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<tr>
<td>More than $65,000</td>
<td>84.9%</td>
<td>10.1%</td>
<td>5.1%</td>
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<tr>
<td><strong>Results for CHB service area</strong></td>
<td>73.1%</td>
<td>15.2%</td>
<td>11.7%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>74.2%</td>
<td>15.4%</td>
<td>10.3%</td>
</tr>
</tbody>
</table>
C1g. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Distance I have to travel to a place where I can be physically active

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<th></th>
<th>Not a problem</th>
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<th>A big problem</th>
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</thead>
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<td>Overall results</td>
<td>70.7%</td>
<td>21.9%</td>
<td>7.4%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>67.8%</td>
<td>22.1%</td>
<td>10.0%</td>
</tr>
<tr>
<td>Males</td>
<td>73.8%</td>
<td>21.6%</td>
<td>4.6%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>71.7%</td>
<td>22.1%</td>
<td>6.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>70.1%</td>
<td>18.3%</td>
<td>11.6%</td>
</tr>
<tr>
<td>45-54</td>
<td>69.7%</td>
<td>25.7%</td>
<td>4.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>65.9%</td>
<td>27.6%</td>
<td>6.4%</td>
</tr>
<tr>
<td>65-74</td>
<td>72.0%</td>
<td>16.7%</td>
<td>11.3%</td>
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<tr>
<td>75+</td>
<td>75.2%</td>
<td>19.1%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
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<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>79.4%</td>
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<td>5.6%</td>
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<tr>
<td>A rural area</td>
<td>51.1%</td>
<td>38.1%</td>
<td>10.8%</td>
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<tr>
<td>Results by respondent's education level:</td>
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<td></td>
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<tr>
<td>Less than high school</td>
<td>73.7%</td>
<td>23.6%</td>
<td>2.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>66.1%</td>
<td>21.3%</td>
<td>12.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>65.1%</td>
<td>28.3%</td>
<td>6.6%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
<td>85.3%</td>
<td>12.6%</td>
<td>2.1%</td>
</tr>
<tr>
<td>Results by household income:</td>
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<td></td>
</tr>
<tr>
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<td>75.3%</td>
<td>13.5%</td>
<td>11.2%</td>
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<td>$15,000 to $35,000</td>
<td>71.1%</td>
<td>21.4%</td>
<td>7.5%</td>
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<td>$35,001 to $65,000</td>
<td>69.0%</td>
<td>23.1%</td>
<td>7.9%</td>
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<tr>
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<td>75.6%</td>
<td>19.5%</td>
<td>4.9%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>72.6%</td>
<td>16.6%</td>
<td>10.8%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>74.1%</td>
<td>17.6%</td>
<td>8.3%</td>
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</table>
C1h. How much of a problem are the following factors for you in terms of preventing you from being more physically active? No safe place to exercise

<table>
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<th>A small problem</th>
<th>A big problem</th>
</tr>
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<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>85.2%</td>
<td>12.3%</td>
<td>2.5%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>84.8%</td>
<td>12.7%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Males</td>
<td>85.6%</td>
<td>11.9%</td>
<td>2.6%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
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<td></td>
</tr>
<tr>
<td>18-34</td>
<td>82.7%</td>
<td>17.3%</td>
<td>.0%</td>
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<tr>
<td>35-44</td>
<td>83.3%</td>
<td>12.7%</td>
<td>4.0%</td>
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<td>45-54</td>
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<td>10.3%</td>
<td>.0%</td>
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<td>55-64</td>
<td>84.4%</td>
<td>11.3%</td>
<td>4.3%</td>
</tr>
<tr>
<td>65-74</td>
<td>91.0%</td>
<td>5.3%</td>
<td>3.7%</td>
</tr>
<tr>
<td>75+</td>
<td>81.3%</td>
<td>13.8%</td>
<td>4.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>88.9%</td>
<td>9.1%</td>
<td>2.0%</td>
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<tr>
<td>A rural area</td>
<td>76.8%</td>
<td>20.7%</td>
<td>2.5%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>82.5%</td>
<td>12.1%</td>
<td>5.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>84.3%</td>
<td>12.6%</td>
<td>3.1%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>81.5%</td>
<td>17.4%</td>
<td>1.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>94.8%</td>
<td>4.3%</td>
<td>.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>85.4%</td>
<td>11.4%</td>
<td>3.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>82.5%</td>
<td>15.8%</td>
<td>1.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>86.7%</td>
<td>10.4%</td>
<td>2.9%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>88.3%</td>
<td>10.3%</td>
<td>1.5%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>90.2%</td>
<td>8.3%</td>
<td>1.5%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>89.7%</td>
<td>8.3%</td>
<td>1.9%</td>
</tr>
</tbody>
</table>
C1i. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Lack of self-discipline or willpower

<table>
<thead>
<tr>
<th></th>
<th>Not a problem</th>
<th>A small problem</th>
<th>A big problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>26.3%</td>
<td>43.2%</td>
<td>30.5%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>27.3%</td>
<td>39.1%</td>
<td>33.5%</td>
</tr>
<tr>
<td>Males</td>
<td>25.2%</td>
<td>47.5%</td>
<td>27.3%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>22.4%</td>
<td>42.1%</td>
<td>35.6%</td>
</tr>
<tr>
<td>35-44</td>
<td>20.6%</td>
<td>44.7%</td>
<td>34.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>24.2%</td>
<td>53.0%</td>
<td>22.9%</td>
</tr>
<tr>
<td>55-64</td>
<td>19.7%</td>
<td>36.7%</td>
<td>43.6%</td>
</tr>
<tr>
<td>65-74</td>
<td>30.0%</td>
<td>47.8%</td>
<td>22.3%</td>
</tr>
<tr>
<td>75+</td>
<td>43.9%</td>
<td>32.2%</td>
<td>23.9%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>28.9%</td>
<td>41.7%</td>
<td>29.4%</td>
</tr>
<tr>
<td>A rural area</td>
<td>20.0%</td>
<td>43.9%</td>
<td>36.1%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>34.3%</td>
<td>44.6%</td>
<td>21.1%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>33.1%</td>
<td>39.3%</td>
<td>27.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>20.8%</td>
<td>46.8%</td>
<td>32.4%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>20.7%</td>
<td>41.8%</td>
<td>37.5%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>46.9%</td>
<td>32.0%</td>
<td>21.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>25.7%</td>
<td>54.3%</td>
<td>20.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>26.2%</td>
<td>32.4%</td>
<td>41.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>14.8%</td>
<td>43.7%</td>
<td>41.5%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>25.8%</td>
<td>46.2%</td>
<td>28.1%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>27.1%</td>
<td>42.6%</td>
<td>30.3%</td>
</tr>
</tbody>
</table>
C1j. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Other reasons

<table>
<thead>
<tr>
<th></th>
<th>Not a problem</th>
<th>A small problem</th>
<th>A big problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>70.8%</td>
<td>19.5%</td>
<td>9.7%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>67.4%</td>
<td>20.9%</td>
<td>11.7%</td>
</tr>
<tr>
<td>Males</td>
<td>74.3%</td>
<td>18.1%</td>
<td>7.6%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>88.0%</td>
<td>3.7%</td>
<td>8.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>77.0%</td>
<td>14.9%</td>
<td>8.1%</td>
</tr>
<tr>
<td>45-54</td>
<td>66.0%</td>
<td>25.3%</td>
<td>8.7%</td>
</tr>
<tr>
<td>55-64</td>
<td>58.1%</td>
<td>32.6%</td>
<td>9.3%</td>
</tr>
<tr>
<td>65-74</td>
<td>65.3%</td>
<td>27.1%</td>
<td>7.5%</td>
</tr>
<tr>
<td>75+</td>
<td>59.9%</td>
<td>23.1%</td>
<td>17.0%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>72.8%</td>
<td>19.6%</td>
<td>7.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>67.1%</td>
<td>18.1%</td>
<td>14.8%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>74.5%</td>
<td>21.0%</td>
<td>4.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>61.8%</td>
<td>22.3%</td>
<td>15.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>66.7%</td>
<td>22.2%</td>
<td>11.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>85.0%</td>
<td>12.3%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>68.1%</td>
<td>16.1%</td>
<td>15.9%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>69.4%</td>
<td>15.7%</td>
<td>14.9%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>72.9%</td>
<td>19.9%</td>
<td>7.2%</td>
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<tr>
<td>More than $65,000</td>
<td>80.2%</td>
<td>14.3%</td>
<td>5.5%</td>
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<tr>
<td>Results for CHB service area</td>
<td>72.7%</td>
<td>20.7%</td>
<td>6.6%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>71.8%</td>
<td>20.0%</td>
<td>8.2%</td>
</tr>
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</table>
C2. On average, how many hours or minutes per day do you use your TV to watch programs or movies, or play video games?

<table>
<thead>
<tr>
<th></th>
<th>1 hour or less</th>
<th>Over 1 hour to 2 hours</th>
<th>Over 2 hours to 3 hours</th>
<th>Over 3 hours to 4 hours</th>
<th>More than 4 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>21.3%</td>
<td>22.0%</td>
<td>23.6%</td>
<td>13.8%</td>
<td>19.4%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>17.3%</td>
<td>25.7%</td>
<td>20.2%</td>
<td>15.2%</td>
<td>21.6%</td>
</tr>
<tr>
<td>Males</td>
<td>25.8%</td>
<td>17.8%</td>
<td>27.4%</td>
<td>12.2%</td>
<td>16.8%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>24.1%</td>
<td>26.5%</td>
<td>24.6%</td>
<td>14.9%</td>
<td>9.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>39.5%</td>
<td>22.5%</td>
<td>14.3%</td>
<td>7.7%</td>
<td>16.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>21.2%</td>
<td>27.8%</td>
<td>29.0%</td>
<td>6.6%</td>
<td>15.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>15.2%</td>
<td>21.9%</td>
<td>28.8%</td>
<td>17.4%</td>
<td>16.7%</td>
</tr>
<tr>
<td>65-74</td>
<td>18.0%</td>
<td>16.0%</td>
<td>21.5%</td>
<td>19.4%</td>
<td>25.1%</td>
</tr>
<tr>
<td>75+</td>
<td>7.1%</td>
<td>11.2%</td>
<td>19.6%</td>
<td>20.9%</td>
<td>41.2%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>16.8%</td>
<td>22.1%</td>
<td>20.7%</td>
<td>17.5%</td>
<td>22.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>33.8%</td>
<td>21.9%</td>
<td>28.6%</td>
<td>7.1%</td>
<td>8.7%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>14.8%</td>
<td>14.0%</td>
<td>15.3%</td>
<td>34.2%</td>
<td>21.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>19.4%</td>
<td>15.1%</td>
<td>26.3%</td>
<td>16.9%</td>
<td>22.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>17.8%</td>
<td>24.1%</td>
<td>25.9%</td>
<td>11.6%</td>
<td>20.7%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>32.4%</td>
<td>32.2%</td>
<td>20.7%</td>
<td>3.8%</td>
<td>10.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>10.4%</td>
<td>8.1%</td>
<td>23.6%</td>
<td>25.6%</td>
<td>32.3%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>19.9%</td>
<td>18.9%</td>
<td>23.6%</td>
<td>17.4%</td>
<td>20.3%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>31.1%</td>
<td>23.6%</td>
<td>18.7%</td>
<td>10.6%</td>
<td>16.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>19.9%</td>
<td>33.5%</td>
<td>27.3%</td>
<td>5.0%</td>
<td>14.3%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22.9%</td>
<td>27.9%</td>
<td>20.1%</td>
<td>13.7%</td>
<td>15.5%</td>
<td></td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22.5%</td>
<td>29.4%</td>
<td>20.0%</td>
<td>13.2%</td>
<td>14.9%</td>
<td></td>
</tr>
</tbody>
</table>
C3. On average, how many hours or minutes per day do you use a computer for reading, playing games, surfing the Internet, or watching programs or movies while not at work or school?

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<th>No computer time</th>
<th>1 to 30 minutes</th>
<th>Over 30 minutes to 1 hour</th>
<th>Over 1 hour to 2 hours</th>
<th>More than 2 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>27.2%</td>
<td>24.8%</td>
<td>22.3%</td>
<td>17.0%</td>
<td>8.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>24.1%</td>
<td>22.1%</td>
<td>29.6%</td>
<td>14.4%</td>
<td>9.7%</td>
</tr>
<tr>
<td>Males</td>
<td>30.6%</td>
<td>27.7%</td>
<td>14.6%</td>
<td>19.8%</td>
<td>7.3%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>13.5%</td>
<td>22.8%</td>
<td>30.9%</td>
<td>25.0%</td>
<td>7.8%</td>
</tr>
<tr>
<td>35-44</td>
<td>20.1%</td>
<td>35.2%</td>
<td>12.7%</td>
<td>23.0%</td>
<td>9.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>19.1%</td>
<td>35.6%</td>
<td>22.7%</td>
<td>12.1%</td>
<td>10.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>28.1%</td>
<td>22.1%</td>
<td>24.7%</td>
<td>18.1%</td>
<td>7.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>37.7%</td>
<td>14.4%</td>
<td>30.0%</td>
<td>14.5%</td>
<td>3.4%</td>
</tr>
<tr>
<td>75+</td>
<td>63.3%</td>
<td>10.2%</td>
<td>8.7%</td>
<td>4.9%</td>
<td>12.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>29.1%</td>
<td>23.0%</td>
<td>22.2%</td>
<td>15.5%</td>
<td>10.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>23.1%</td>
<td>29.0%</td>
<td>23.5%</td>
<td>18.1%</td>
<td>6.3%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>57.1%</td>
<td>8.2%</td>
<td>22.6%</td>
<td>8.3%</td>
<td>3.8%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>37.2%</td>
<td>17.6%</td>
<td>23.7%</td>
<td>14.9%</td>
<td>6.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>21.2%</td>
<td>26.5%</td>
<td>25.4%</td>
<td>16.0%</td>
<td>10.8%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>11.3%</td>
<td>38.7%</td>
<td>15.7%</td>
<td>24.5%</td>
<td>9.8%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>58.6%</td>
<td>9.1%</td>
<td>11.2%</td>
<td>8.6%</td>
<td>12.6%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>34.0%</td>
<td>20.2%</td>
<td>23.7%</td>
<td>17.0%</td>
<td>5.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>15.9%</td>
<td>30.4%</td>
<td>20.8%</td>
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<td><strong>Results for CHB service area</strong></td>
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<td><strong>Results for 19-county region</strong></td>
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Calc2. “Screen time” calculated as total minutes of TV (question C2) and computer time (question C3) per day combined

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<th>No screen time</th>
<th>1 hour or less</th>
<th>Over 1 hour to 2 hours</th>
<th>Over 2 hours to 3 hours</th>
<th>Over 3 hours to 4 hours</th>
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<tr>
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<td>11.7%</td>
<td>4.8%</td>
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</tr>
<tr>
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<td>*</td>
<td>*</td>
<td>*</td>
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<td>*</td>
<td>*</td>
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<td>5.4%</td>
<td>14.9%</td>
<td>17.9%</td>
<td>17.9%</td>
<td>14.9%</td>
<td>11.4%</td>
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<td>1.9%</td>
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<tr>
<td>A rural area</td>
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<td>23.7%</td>
<td>20.1%</td>
<td>17.7%</td>
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<td><strong>Results by respondent’s education level:</strong></td>
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<tr>
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<tr>
<td>High school diploma or GED</td>
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<td>7.0%</td>
<td>15.8%</td>
<td>16.0%</td>
<td>19.9%</td>
<td>14.9%</td>
<td>7.5%</td>
<td>13.3%</td>
<td>2.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>.9%</td>
<td>8.4%</td>
<td>10.2%</td>
<td>24.4%</td>
<td>16.2%</td>
<td>15.6%</td>
<td>10.9%</td>
<td>11.3%</td>
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<td>33.9%</td>
<td>18.1%</td>
<td>20.0%</td>
<td>4.2%</td>
<td>7.4%</td>
<td>8.7%</td>
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</table>
Calc2. “Screen time” calculated as total minutes of TV (question C2) and computer time (question C3) per day combined (continued)

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<th>Results by household income:</th>
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<th>1 hour or less</th>
<th>Over 1 hour to 2 hours</th>
<th>Over 2 hours to 3 hours</th>
<th>Over 3 hours to 4 hours</th>
<th>Over 4 hours to 5 hours</th>
<th>Over 5 hours to 6 hours</th>
<th>Over 6 hours to 10 hours</th>
<th>More than 10 hours</th>
</tr>
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<tbody>
<tr>
<td>Less than $15,000</td>
<td>6.6%</td>
<td>5.0%</td>
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<td>12.9%</td>
<td>16.3%</td>
<td>10.4%</td>
<td>20.3%</td>
<td>2.1%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>8.1%</td>
<td>18.3%</td>
<td>15.4%</td>
<td>18.6%</td>
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<td>7.4%</td>
<td>10.0%</td>
<td>2.9%</td>
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<td>$35,001 to $65,000</td>
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<td>11.0%</td>
<td>24.2%</td>
<td>15.7%</td>
<td>16.0%</td>
<td>8.5%</td>
<td>11.0%</td>
<td>12.1%</td>
<td>.7%</td>
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<tr>
<td>More than $65,000</td>
<td>3.8%</td>
<td>5.7%</td>
<td>15.7%</td>
<td>25.2%</td>
<td>20.4%</td>
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<td>11.6%</td>
<td>5.5%</td>
<td>.3%</td>
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<tr>
<td>Results for CHB service area</td>
<td>2.2%</td>
<td>7.3%</td>
<td>17.7%</td>
<td>23.7%</td>
<td>18.8%</td>
<td>13.0%</td>
<td>7.5%</td>
<td>7.5%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>1.2%</td>
<td>7.4%</td>
<td>18.4%</td>
<td>24.8%</td>
<td>18.3%</td>
<td>11.2%</td>
<td>7.3%</td>
<td>8.7%</td>
<td>2.7%</td>
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</table>
C4. During the past 30 days, other than your regular job, did you participate in any physical activities such as running, aerobics, golf, gardening, or walking for exercise?

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<th>Yes</th>
<th>No</th>
</tr>
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<td>Females</td>
<td>75.1%</td>
<td>24.9%</td>
</tr>
<tr>
<td>Males</td>
<td>74.8%</td>
<td>25.2%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>82.2%</td>
<td>17.8%</td>
</tr>
<tr>
<td>35-44</td>
<td>75.3%</td>
<td>24.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>75.4%</td>
<td>24.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>76.2%</td>
<td>23.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>78.3%</td>
<td>21.7%</td>
</tr>
<tr>
<td>75+</td>
<td>60.3%</td>
<td>39.7%</td>
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<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>76.2%</td>
<td>23.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>70.6%</td>
<td>29.4%</td>
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<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
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<tr>
<td>Less than high school</td>
<td>68.7%</td>
<td>31.3%</td>
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<td>27.5%</td>
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<td>88.7%</td>
<td>11.3%</td>
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<tr>
<td><strong>Results by household income:</strong></td>
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<td>50.2%</td>
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<tr>
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<td>77.3%</td>
<td>22.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>76.8%</td>
<td>23.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>88.3%</td>
<td>11.7%</td>
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<tr>
<td><strong>Results for CHB service area</strong></td>
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<td>22.4%</td>
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<td><strong>Results for 19-county region</strong></td>
<td>80.4%</td>
<td>19.6%</td>
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</table>
**C5.** In a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

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<tr>
<td><strong>Results by age:</strong></td>
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<td>18-34</td>
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<td>11.1%</td>
</tr>
<tr>
<td>35-44</td>
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<td>45-54</td>
<td>84.0%</td>
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<td>14.1%</td>
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<tr>
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<td>*</td>
<td>*</td>
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<tr>
<td>A town (pop. under 10,000)</td>
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<td>18.3%</td>
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<td>16.0%</td>
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<td>87.5%</td>
<td>12.5%</td>
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C6. (Of those who answered “yes” to question C5) How many days per week do you do these moderate activities for at least 10 minutes at a time?

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<td>18.8%</td>
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<tr>
<td><strong>Results by gender:</strong></td>
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<td>20.6%</td>
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<td>29.3%</td>
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<td>25.0%</td>
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<td>10.7%</td>
<td>16.9%</td>
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<td>75+</td>
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<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
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<tr>
<td>A town (pop. under 10,000)</td>
<td>3.2%</td>
<td>10.3%</td>
<td>21.6%</td>
<td>16.5%</td>
<td>20.8%</td>
<td>10.5%</td>
<td>17.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>2.2%</td>
<td>14.3%</td>
<td>15.1%</td>
<td>19.3%</td>
<td>14.7%</td>
<td>12.2%</td>
<td>22.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>2.6%</td>
<td>3.9%</td>
<td>21.5%</td>
<td>5.5%</td>
<td>33.6%</td>
<td>9.3%</td>
<td>23.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>1.9%</td>
<td>15.6%</td>
<td>19.8%</td>
<td>18.6%</td>
<td>15.9%</td>
<td>9.6%</td>
<td>18.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>1.7%</td>
<td>10.5%</td>
<td>24.6%</td>
<td>24.4%</td>
<td>12.8%</td>
<td>8.8%</td>
<td>17.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>5.7%</td>
<td>11.0%</td>
<td>13.3%</td>
<td>9.7%</td>
<td>23.6%</td>
<td>18.1%</td>
<td>18.5%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>Less than $15,000</td>
<td>4.4%</td>
<td>.8%</td>
<td>24.1%</td>
<td>26.1%</td>
<td>9.5%</td>
<td>6.2%</td>
<td>28.9%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>3.0%</td>
<td>12.5%</td>
<td>24.9%</td>
<td>15.7%</td>
<td>20.1%</td>
<td>11.8%</td>
<td>12.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>4.1%</td>
<td>10.5%</td>
<td>19.8%</td>
<td>10.9%</td>
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<td>21.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>1.1%</td>
<td>20.1%</td>
<td>8.6%</td>
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<td>16.7%</td>
<td>12.8%</td>
<td>20.3%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>3.6%</td>
<td>10.5%</td>
<td>17.9%</td>
<td>17.7%</td>
<td>19.5%</td>
<td>9.1%</td>
<td>21.6%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>2.7%</td>
<td>9.0%</td>
<td>18.5%</td>
<td>17.1%</td>
<td>20.0%</td>
<td>10.0%</td>
<td>22.5%</td>
</tr>
</tbody>
</table>
C7. (Of those who answered “yes” to question C5) On days when you do **moderate activities** for at least 10 minutes at a time, how much total time (minutes) per day do you spend doing these activities?

<table>
<thead>
<tr>
<th></th>
<th>10-29 minutes</th>
<th>30-59 minutes</th>
<th>60-119 minutes</th>
<th>120 or more minutes</th>
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<tbody>
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<td><strong>Overall results</strong></td>
<td>12.2%</td>
<td>32.2%</td>
<td>31.7%</td>
<td>24.0%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>12.4%</td>
<td>37.8%</td>
<td>28.5%</td>
<td>21.4%</td>
</tr>
<tr>
<td>Males</td>
<td>11.9%</td>
<td>25.7%</td>
<td>35.4%</td>
<td>26.9%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>10.0%</td>
<td>28.4%</td>
<td>38.9%</td>
<td>22.7%</td>
</tr>
<tr>
<td>35-44</td>
<td>9.4%</td>
<td>34.5%</td>
<td>31.3%</td>
<td>24.8%</td>
</tr>
<tr>
<td>45-54</td>
<td>10.6%</td>
<td>30.5%</td>
<td>34.3%</td>
<td>24.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>14.2%</td>
<td>34.2%</td>
<td>28.1%</td>
<td>23.5%</td>
</tr>
<tr>
<td>65-74</td>
<td>12.5%</td>
<td>31.7%</td>
<td>34.4%</td>
<td>21.4%</td>
</tr>
<tr>
<td>75+</td>
<td>19.9%</td>
<td>38.8%</td>
<td>13.4%</td>
<td>28.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>13.0%</td>
<td>35.7%</td>
<td>30.5%</td>
<td>20.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>11.5%</td>
<td>25.6%</td>
<td>31.4%</td>
<td>31.5%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>14.9%</td>
<td>18.2%</td>
<td>37.5%</td>
<td>29.4%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>12.8%</td>
<td>28.7%</td>
<td>32.2%</td>
<td>26.3%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>9.1%</td>
<td>30.8%</td>
<td>35.2%</td>
<td>25.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>15.4%</td>
<td>43.1%</td>
<td>22.9%</td>
<td>18.6%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>13.3%</td>
<td>25.4%</td>
<td>22.7%</td>
<td>38.6%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>16.8%</td>
<td>28.4%</td>
<td>39.7%</td>
<td>15.1%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>12.6%</td>
<td>36.4%</td>
<td>23.9%</td>
<td>27.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>4.4%</td>
<td>37.3%</td>
<td>41.5%</td>
<td>16.8%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>12.4%</td>
<td>33.6%</td>
<td>31.1%</td>
<td>22.9%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>13.7%</td>
<td>33.2%</td>
<td>30.5%</td>
<td>22.6%</td>
</tr>
</tbody>
</table>
### Calc3. Calculated variable based on responses to questions C5-C7: Does respondent meet CDC recommendations for a minimum of 30 or more minutes of moderate activity per day five or more days per week?

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<th>Meets recommendations (30 or more minutes per day and five or more days per week)</th>
<th>Insufficient activity (Less than 30 minutes per day or less than five days per week)</th>
<th>No moderate physical activity</th>
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<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>36.3%</td>
<td>45.4%</td>
<td>18.4%</td>
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<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>39.3%</td>
<td>43.5%</td>
<td>17.2%</td>
</tr>
<tr>
<td>Males</td>
<td>32.9%</td>
<td>47.5%</td>
<td>19.7%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>37.4%</td>
<td>51.5%</td>
<td>11.1%</td>
</tr>
<tr>
<td>35-44</td>
<td>40.2%</td>
<td>36.4%</td>
<td>23.4%</td>
</tr>
<tr>
<td>45-54</td>
<td>30.1%</td>
<td>53.9%</td>
<td>16.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>41.9%</td>
<td>44.2%</td>
<td>13.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>38.4%</td>
<td>47.3%</td>
<td>14.3%</td>
</tr>
<tr>
<td>75+</td>
<td>30.7%</td>
<td>35.9%</td>
<td>33.4%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>36.1%</td>
<td>45.5%</td>
<td>18.4%</td>
</tr>
<tr>
<td>A rural area</td>
<td>36.5%</td>
<td>47.0%</td>
<td>16.5%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>44.5%</td>
<td>30.4%</td>
<td>25.2%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>28.6%</td>
<td>45.2%</td>
<td>26.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>52.9%</td>
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</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>49.9%</td>
<td>42.1%</td>
<td>8.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Less than $15,000</td>
<td>27.6%</td>
<td>37.9%</td>
<td>34.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>30.9%</td>
<td>51.1%</td>
<td>18.1%</td>
</tr>
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<td>44.0%</td>
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<td>15.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>42.1%</td>
<td>46.8%</td>
<td>11.1%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>38.3%</td>
<td>46.9%</td>
<td>14.9%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>41.0%</td>
<td>46.2%</td>
<td>12.8%</td>
</tr>
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</table>
C8. In a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

<table>
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<tr>
<th></th>
<th>Yes</th>
<th>No</th>
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<td>50.0%</td>
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<td><strong>Results by gender:</strong></td>
<td></td>
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</tr>
<tr>
<td>Females</td>
<td>48.3%</td>
<td>51.7%</td>
</tr>
<tr>
<td>Males</td>
<td>52.0%</td>
<td>48.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>70.1%</td>
<td>29.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>50.9%</td>
<td>49.1%</td>
</tr>
<tr>
<td>45-54</td>
<td>51.7%</td>
<td>48.3%</td>
</tr>
<tr>
<td>55-64</td>
<td>45.2%</td>
<td>54.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>45.1%</td>
<td>54.9%</td>
</tr>
<tr>
<td>75+</td>
<td>25.5%</td>
<td>74.5%</td>
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<td><strong>Results by location:</strong></td>
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</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>48.4%</td>
<td>51.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>52.9%</td>
<td>47.1%</td>
</tr>
<tr>
<td><strong>Results by respondent's education level:</strong></td>
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<tr>
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<td>42.4%</td>
<td>57.6%</td>
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<td>61.8%</td>
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<td>47.8%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>66.1%</td>
<td>33.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>21.6%</td>
<td>78.4%</td>
</tr>
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<td>58.7%</td>
<td>41.3%</td>
</tr>
<tr>
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<td>53.1%</td>
<td>46.9%</td>
</tr>
<tr>
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<td><strong>Results for CHB service area</strong></td>
<td>50.5%</td>
<td>49.5%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>54.4%</td>
<td>45.6%</td>
</tr>
</tbody>
</table>
**C9.** (Of those who said “yes” to question C8) How many days per week do you do these vigorous activities for at least 10 minutes at a time?

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<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
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<th>7</th>
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<td>25.1%</td>
<td>28.6%</td>
<td>15.0%</td>
<td>9.5%</td>
<td>12.2%</td>
<td>4.4%</td>
<td>5.2%</td>
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<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>16.7%</td>
<td>31.3%</td>
<td>21.5%</td>
<td>10.9%</td>
<td>8.1%</td>
<td>4.0%</td>
<td>7.5%</td>
</tr>
<tr>
<td>Males</td>
<td>33.8%</td>
<td>25.8%</td>
<td>8.1%</td>
<td>8.0%</td>
<td>16.6%</td>
<td>4.8%</td>
<td>2.9%</td>
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<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>33.1%</td>
<td>40.2%</td>
<td>9.1%</td>
<td>7.3%</td>
<td>10.2%</td>
<td>.0%</td>
<td>.0%</td>
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<td>35-44</td>
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<td>7.3%</td>
<td>18.4%</td>
<td>3.7%</td>
<td>6.9%</td>
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<td>45-54</td>
<td>27.3%</td>
<td>26.9%</td>
<td>16.2%</td>
<td>10.0%</td>
<td>10.8%</td>
<td>6.4%</td>
<td>2.4%</td>
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<tr>
<td>55-64</td>
<td>14.5%</td>
<td>20.7%</td>
<td>21.8%</td>
<td>4.2%</td>
<td>17.9%</td>
<td>7.1%</td>
<td>13.7%</td>
</tr>
<tr>
<td>65-74</td>
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<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
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<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
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<td><strong>Results by location:</strong></td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>30.2%</td>
<td>31.7%</td>
<td>13.8%</td>
<td>6.7%</td>
<td>9.5%</td>
<td>4.2%</td>
<td>3.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>16.8%</td>
<td>22.0%</td>
<td>16.2%</td>
<td>13.8%</td>
<td>17.6%</td>
<td>5.6%</td>
<td>8.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>17.6%</td>
<td>13.6%</td>
<td>23.2%</td>
<td>25.0%</td>
<td>6.3%</td>
<td>7.1%</td>
<td>7.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>25.8%</td>
<td>38.6%</td>
<td>16.5%</td>
<td>4.4%</td>
<td>9.5%</td>
<td>3.8%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>33.8%</td>
<td>19.7%</td>
<td>8.3%</td>
<td>5.6%</td>
<td>22.3%</td>
<td>3.6%</td>
<td>6.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>23.6%</td>
<td>31.4%</td>
<td>11.2%</td>
<td>10.5%</td>
<td>12.7%</td>
<td>5.1%</td>
<td>5.5%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>26.3%</td>
<td>25.7%</td>
<td>20.0%</td>
<td>12.1%</td>
<td>6.9%</td>
<td>2.3%</td>
<td>6.7%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>30.7%</td>
<td>39.2%</td>
<td>9.3%</td>
<td>3.5%</td>
<td>13.8%</td>
<td>2.3%</td>
<td>1.3%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>18.2%</td>
<td>25.4%</td>
<td>25.0%</td>
<td>11.2%</td>
<td>9.9%</td>
<td>5.0%</td>
<td>5.4%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>18.0%</td>
<td>24.0%</td>
<td>23.0%</td>
<td>12.5%</td>
<td>11.0%</td>
<td>4.5%</td>
<td>7.0%</td>
</tr>
</tbody>
</table>
C10. (Of those who said “yes” to question C8) On days when you do vigorous activities for at least 10 minutes at a time, how much total time (minutes) per day do you spend doing these activities?

<table>
<thead>
<tr>
<th></th>
<th>10-19 minutes</th>
<th>20-30 minutes</th>
<th>31 minutes to 1 hour</th>
<th>More than 1 hour</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>38.3%</td>
<td>45.7%</td>
<td>15.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>34.8%</td>
<td>47.6%</td>
<td>17.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>42.2%</td>
<td>43.7%</td>
<td>14.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>37.5%</td>
<td>57.8%</td>
<td>4.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>26.5%</td>
<td>54.2%</td>
<td>19.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>48.1%</td>
<td>31.4%</td>
<td>20.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>41.9%</td>
<td>36.6%</td>
<td>21.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>41.1%</td>
<td>47.7%</td>
<td>11.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>37.0%</td>
<td>39.9%</td>
<td>23.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>22.4%</td>
<td>46.6%</td>
<td>31.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>36.6%</td>
<td>51.2%</td>
<td>12.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>63.1%</td>
<td>28.0%</td>
<td>8.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>35.2%</td>
<td>51.9%</td>
<td>12.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>36.1%</td>
<td>45.6%</td>
<td>18.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>51.2%</td>
<td>39.8%</td>
<td>9.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Calc4. Calculated variable based on responses to questions C8-C10: Does respondent meet CDC recommendations for a minimum of 20 or more minutes of vigorous activity per day three or more days per week?

<table>
<thead>
<tr>
<th></th>
<th>Meets recommendations (20 or more minutes per day and 3 or more days per week)</th>
<th>Insufficient activity (Less than 20 minutes per day or less than 3 days per week)</th>
<th>No vigorous physical activity</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>20.4%</td>
<td>28.6%</td>
<td>51.0%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>21.7%</td>
<td>25.3%</td>
<td>53.0%</td>
</tr>
<tr>
<td>Males</td>
<td>18.9%</td>
<td>32.3%</td>
<td>48.8%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>18.2%</td>
<td>51.8%</td>
<td>29.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>17.8%</td>
<td>30.7%</td>
<td>51.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>21.0%</td>
<td>29.0%</td>
<td>50.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>28.0%</td>
<td>16.3%</td>
<td>55.7%</td>
</tr>
<tr>
<td>65-74</td>
<td>23.3%</td>
<td>20.7%</td>
<td>55.9%</td>
</tr>
<tr>
<td>75+</td>
<td>14.9%</td>
<td>9.2%</td>
<td>75.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>16.7%</td>
<td>31.0%</td>
<td>52.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>28.7%</td>
<td>23.1%</td>
<td>48.2%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>13.7%</td>
<td>27.9%</td>
<td>58.4%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>22.9%</td>
<td>13.3%</td>
<td>63.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>15.2%</td>
<td>35.8%</td>
<td>49.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>28.6%</td>
<td>37.3%</td>
<td>34.1%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>12.7%</td>
<td>8.9%</td>
<td>78.4%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>23.8%</td>
<td>34.6%</td>
<td>41.6%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>22.3%</td>
<td>29.4%</td>
<td>48.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>16.2%</td>
<td>39.8%</td>
<td>44.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>26.1%</td>
<td>23.3%</td>
<td>50.6%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>29.7%</td>
<td>24.1%</td>
<td>46.2%</td>
</tr>
</tbody>
</table>
## Section D. Your local area

D1. Overall, how would you rate the area around your home as a place to walk?

<table>
<thead>
<tr>
<th>Overall results</th>
<th>Very pleasant</th>
<th>Somewhat pleasant</th>
<th>Not very pleasant</th>
<th>Not at all pleasant</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>57.1%</td>
<td>39.2%</td>
<td>3.0%</td>
<td>.7%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Results by gender:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Females</td>
<td>53.2%</td>
<td>40.9%</td>
<td>4.7%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Males</td>
<td>61.3%</td>
<td>37.5%</td>
<td>1.2%</td>
<td>.0%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Results by age:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>18-34</td>
<td>42.7%</td>
<td>49.1%</td>
<td>5.8%</td>
<td>2.5%</td>
</tr>
<tr>
<td>35-44</td>
<td>50.1%</td>
<td>47.5%</td>
<td>2.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>60.0%</td>
<td>38.3%</td>
<td>1.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>62.0%</td>
<td>34.6%</td>
<td>3.4%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>65.6%</td>
<td>30.2%</td>
<td>3.2%</td>
<td>1.0%</td>
</tr>
<tr>
<td>75+</td>
<td>69.5%</td>
<td>30.5%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Results by location:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>59.0%</td>
<td>37.9%</td>
<td>2.3%</td>
<td>.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>50.9%</td>
<td>44.0%</td>
<td>4.8%</td>
<td>.4%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Results by respondent’s education level:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>63.9%</td>
<td>34.6%</td>
<td>1.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>59.0%</td>
<td>33.7%</td>
<td>5.1%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>52.2%</td>
<td>44.3%</td>
<td>3.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>59.0%</td>
<td>40.7%</td>
<td>.3%</td>
<td>.0%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Results by household income:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than $15,000</td>
<td>54.7%</td>
<td>32.3%</td>
<td>8.1%</td>
<td>4.9%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>57.6%</td>
<td>41.1%</td>
<td>1.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>64.7%</td>
<td>32.1%</td>
<td>3.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>48.0%</td>
<td>49.8%</td>
<td>2.2%</td>
<td>.0%</td>
</tr>
</tbody>
</table>

| Results for CHB service area              | 58.8%| 37.2%             | 3.5%              | .6%                |

| Results for 19-county region              | 60.0%| 34.1%             | 4.7%              | 1.1%               |
D2. For walking in the area around your home, would you say your sidewalks are...

<table>
<thead>
<tr>
<th></th>
<th>Very well maintained</th>
<th>Somewhat maintained</th>
<th>Not very well maintained</th>
<th>Not at all maintained</th>
<th>There are no sidewalks in the area around my home</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>26.6%</td>
<td>31.9%</td>
<td>5.5%</td>
<td>1.1%</td>
<td>34.8%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>22.3%</td>
<td>34.3%</td>
<td>8.0%</td>
<td>.9%</td>
<td>34.5%</td>
</tr>
<tr>
<td>Males</td>
<td>31.2%</td>
<td>29.4%</td>
<td>2.7%</td>
<td>1.4%</td>
<td>35.2%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>27.4%</td>
<td>31.9%</td>
<td>6.9%</td>
<td>.0%</td>
<td>33.8%</td>
</tr>
<tr>
<td>35-44</td>
<td>13.9%</td>
<td>23.6%</td>
<td>8.4%</td>
<td>1.7%</td>
<td>52.3%</td>
</tr>
<tr>
<td>45-54</td>
<td>22.3%</td>
<td>35.1%</td>
<td>3.7%</td>
<td>.8%</td>
<td>38.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>22.0%</td>
<td>29.2%</td>
<td>6.8%</td>
<td>3.2%</td>
<td>38.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>33.0%</td>
<td>28.2%</td>
<td>7.5%</td>
<td>2.0%</td>
<td>29.3%</td>
</tr>
<tr>
<td>75+</td>
<td>42.3%</td>
<td>40.9%</td>
<td>.8%</td>
<td>.0%</td>
<td>15.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>36.7%</td>
<td>41.6%</td>
<td>7.6%</td>
<td>1.0%</td>
<td>13.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>4.8%</td>
<td>7.1%</td>
<td>.5%</td>
<td>.9%</td>
<td>86.7%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>32.7%</td>
<td>44.2%</td>
<td>4.7%</td>
<td>4.4%</td>
<td>13.9%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>27.3%</td>
<td>28.2%</td>
<td>5.0%</td>
<td>1.9%</td>
<td>37.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>23.3%</td>
<td>31.3%</td>
<td>6.1%</td>
<td>.2%</td>
<td>39.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>27.8%</td>
<td>32.1%</td>
<td>4.8%</td>
<td>.0%</td>
<td>35.3%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>40.3%</td>
<td>38.6%</td>
<td>3.2%</td>
<td>1.7%</td>
<td>16.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>19.3%</td>
<td>39.6%</td>
<td>10.0%</td>
<td>.0%</td>
<td>31.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>34.6%</td>
<td>24.2%</td>
<td>5.0%</td>
<td>2.5%</td>
<td>33.6%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>16.7%</td>
<td>34.3%</td>
<td>2.0%</td>
<td>.7%</td>
<td>46.2%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21.5%</td>
<td>27.8%</td>
<td>6.8%</td>
<td>1.0%</td>
<td></td>
<td>42.8%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22.1%</td>
<td>26.6%</td>
<td>6.8%</td>
<td>1.4%</td>
<td></td>
<td>43.1%</td>
</tr>
</tbody>
</table>
### D3. For walking in the area around your home, would you say the trails or walking paths are...

<table>
<thead>
<tr>
<th></th>
<th>Very well maintained</th>
<th>Somewhat maintained</th>
<th>Not very well maintained</th>
<th>Not at all maintained</th>
<th>There are no trails or walking paths in the area around my home</th>
<th>I don’t know if there are trails or walking paths in the area around my home</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>23.0%</td>
<td>22.1%</td>
<td>2.4%</td>
<td>1.0%</td>
<td>44.4%</td>
<td>7.1%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>21.2%</td>
<td>19.8%</td>
<td>4.5%</td>
<td>1.6%</td>
<td>45.8%</td>
<td>7.2%</td>
</tr>
<tr>
<td>Males</td>
<td>24.9%</td>
<td>24.7%</td>
<td>.0%</td>
<td>.4%</td>
<td>43.1%</td>
<td>7.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>23.2%</td>
<td>26.9%</td>
<td>3.3%</td>
<td>.0%</td>
<td>36.4%</td>
<td>10.1%</td>
</tr>
<tr>
<td>35-44</td>
<td>16.6%</td>
<td>14.9%</td>
<td>.7%</td>
<td>2.3%</td>
<td>62.0%</td>
<td>3.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>21.2%</td>
<td>23.1%</td>
<td>1.0%</td>
<td>.0%</td>
<td>49.6%</td>
<td>5.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>25.0%</td>
<td>25.3%</td>
<td>2.5%</td>
<td>2.5%</td>
<td>38.2%</td>
<td>6.5%</td>
</tr>
<tr>
<td>65-74</td>
<td>31.0%</td>
<td>14.7%</td>
<td>4.4%</td>
<td>.0%</td>
<td>41.8%</td>
<td>8.1%</td>
</tr>
<tr>
<td>75+</td>
<td>22.4%</td>
<td>20.8%</td>
<td>2.9%</td>
<td>2.0%</td>
<td>42.8%</td>
<td>9.2%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>28.6%</td>
<td>27.5%</td>
<td>3.4%</td>
<td>.3%</td>
<td>32.2%</td>
<td>8.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>7.6%</td>
<td>8.6%</td>
<td>.0%</td>
<td>2.4%</td>
<td>76.5%</td>
<td>5.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>27.6%</td>
<td>33.7%</td>
<td>2.6%</td>
<td>2.0%</td>
<td>27.4%</td>
<td>6.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>24.7%</td>
<td>8.8%</td>
<td>5.1%</td>
<td>1.2%</td>
<td>48.5%</td>
<td>11.7%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>21.9%</td>
<td>24.6%</td>
<td>1.1%</td>
<td>.0%</td>
<td>46.9%</td>
<td>5.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>19.7%</td>
<td>29.6%</td>
<td>.6%</td>
<td>2.1%</td>
<td>44.3%</td>
<td>3.8%</td>
</tr>
</tbody>
</table>
D3. For walking in the area around your home, would you say the trails or walking paths are… (continued)

<table>
<thead>
<tr>
<th>Results by household income:</th>
<th>Very well maintained</th>
<th>Somewhat maintained</th>
<th>Not very well maintained</th>
<th>Not at all maintained</th>
<th>There are no trails or walking paths in the area around my home</th>
<th>I don't know if there are trails or walking paths in the area around my home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than $15,000</td>
<td>31.2%</td>
<td>14.3%</td>
<td>7.7%</td>
<td>0%</td>
<td>33.1%</td>
<td>13.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>20.2%</td>
<td>22.7%</td>
<td>2.5%</td>
<td>4%</td>
<td>47.4%</td>
<td>6.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>24.5%</td>
<td>28.9%</td>
<td>0.9%</td>
<td>1.2%</td>
<td>38.7%</td>
<td>5.8%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>24.0%</td>
<td>17.3%</td>
<td>0.7%</td>
<td>1.8%</td>
<td>50.6%</td>
<td>5.7%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>19.7%</td>
<td>20.7%</td>
<td>3.9%</td>
<td>0.7%</td>
<td>46.7%</td>
<td>8.4%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>28.2%</td>
<td>20.2%</td>
<td>2.2%</td>
<td>0.8%</td>
<td>42.6%</td>
<td>6.1%</td>
</tr>
</tbody>
</table>
D4. In general, would you say the traffic in the area around your home is...

<table>
<thead>
<tr>
<th></th>
<th>Heavy</th>
<th>Moderate</th>
<th>Light</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>8.4%</td>
<td>42.0%</td>
<td>49.6%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>9.4%</td>
<td>42.6%</td>
<td>47.9%</td>
</tr>
<tr>
<td>Males</td>
<td>7.3%</td>
<td>41.0%</td>
<td>51.6%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>7.9%</td>
<td>46.8%</td>
<td>45.4%</td>
</tr>
<tr>
<td>35-44</td>
<td>8.7%</td>
<td>38.6%</td>
<td>52.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>8.5%</td>
<td>42.5%</td>
<td>49.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>11.1%</td>
<td>40.8%</td>
<td>48.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>5.2%</td>
<td>34.2%</td>
<td>60.5%</td>
</tr>
<tr>
<td>75+</td>
<td>9.3%</td>
<td>43.8%</td>
<td>47.0%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>9.3%</td>
<td>43.3%</td>
<td>47.4%</td>
</tr>
<tr>
<td>A rural area</td>
<td>6.8%</td>
<td>37.6%</td>
<td>55.6%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>6.7%</td>
<td>58.0%</td>
<td>35.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>7.9%</td>
<td>45.0%</td>
<td>47.1%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>9.5%</td>
<td>43.9%</td>
<td>46.6%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>8.7%</td>
<td>26.0%</td>
<td>65.3%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>15.3%</td>
<td>47.0%</td>
<td>37.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>5.8%</td>
<td>42.7%</td>
<td>51.5%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>7.9%</td>
<td>36.6%</td>
<td>55.5%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>9.9%</td>
<td>35.2%</td>
<td>54.9%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>6.3%</td>
<td>43.6%</td>
<td>50.1%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>7.6%</td>
<td>43.0%</td>
<td>49.4%</td>
</tr>
</tbody>
</table>
D5. In general, is the speed of the vehicles traveling on the streets or roads in the area around your home so fast that makes it difficult or unsafe to walk?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>18.7%</td>
<td>81.3%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>21.3%</td>
<td>78.7%</td>
</tr>
<tr>
<td>Males</td>
<td>15.6%</td>
<td>84.4%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>18.3%</td>
<td>81.7%</td>
</tr>
<tr>
<td>35-44</td>
<td>30.7%</td>
<td>69.3%</td>
</tr>
<tr>
<td>45-54</td>
<td>12.4%</td>
<td>87.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>26.7%</td>
<td>73.3%</td>
</tr>
<tr>
<td>65-74</td>
<td>14.3%</td>
<td>85.7%</td>
</tr>
<tr>
<td>75+</td>
<td>10.3%</td>
<td>89.7%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>11.1%</td>
<td>88.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>36.8%</td>
<td>63.2%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>9.5%</td>
<td>90.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>18.4%</td>
<td>81.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>23.9%</td>
<td>76.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>15.8%</td>
<td>84.2%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>15.2%</td>
<td>84.8%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>16.3%</td>
<td>83.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>19.6%</td>
<td>80.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>19.1%</td>
<td>80.9%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>18.2%</td>
<td>81.8%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>17.8%</td>
<td>82.2%</td>
</tr>
</tbody>
</table>
D6. In general, how easy is it to safely cross the streets or roads in the area around your home?

<table>
<thead>
<tr>
<th></th>
<th>Very easy to cross safely</th>
<th>Somewhat easy to cross safely</th>
<th>Not very easy to cross safely</th>
<th>Not at all easy to cross safely</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>65.3%</td>
<td>30.2%</td>
<td>3.9%</td>
<td>.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>60.7%</td>
<td>33.6%</td>
<td>5.2%</td>
<td>.5%</td>
</tr>
<tr>
<td>Males</td>
<td>70.5%</td>
<td>26.3%</td>
<td>2.5%</td>
<td>.7%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>67.5%</td>
<td>26.3%</td>
<td>6.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>59.6%</td>
<td>37.1%</td>
<td>3.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>65.7%</td>
<td>32.3%</td>
<td>.3%</td>
<td>1.7%</td>
</tr>
<tr>
<td>55-64</td>
<td>61.3%</td>
<td>33.0%</td>
<td>4.7%</td>
<td>1.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>77.4%</td>
<td>17.4%</td>
<td>5.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>61.7%</td>
<td>32.8%</td>
<td>4.7%</td>
<td>.8%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>66.7%</td>
<td>28.0%</td>
<td>5.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>64.8%</td>
<td>32.7%</td>
<td>.4%</td>
<td>2.1%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>65.6%</td>
<td>30.4%</td>
<td>4.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>65.5%</td>
<td>26.9%</td>
<td>6.7%</td>
<td>.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>62.2%</td>
<td>34.1%</td>
<td>2.8%</td>
<td>.9%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>69.8%</td>
<td>27.9%</td>
<td>2.3%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>58.3%</td>
<td>30.8%</td>
<td>10.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>67.7%</td>
<td>29.7%</td>
<td>2.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>65.8%</td>
<td>30.4%</td>
<td>2.7%</td>
<td>1.1%</td>
</tr>
<tr>
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</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
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<td>66.3%</td>
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<tr>
<td><strong>Results for 19-county region</strong></td>
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<tr>
<td>64.7%</td>
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<td>4.1%</td>
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</table>
D7a. There is a large selection of fresh fruits and vegetables where I usually shop.

<table>
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<th>Disagree</th>
<th>Strongly disagree</th>
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<td><strong>Results by gender:</strong></td>
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<tr>
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<td>59.8%</td>
<td>4.8%</td>
<td>1.4%</td>
</tr>
<tr>
<td>Males</td>
<td>33.7%</td>
<td>60.0%</td>
<td>5.7%</td>
<td>.6%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>18-34</td>
<td>16.4%</td>
<td>77.0%</td>
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<td>2.3%</td>
</tr>
<tr>
<td>35-44</td>
<td>29.5%</td>
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<td>1.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>42.2%</td>
<td>48.7%</td>
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<td>.6%</td>
</tr>
<tr>
<td>55-64</td>
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<td>58.2%</td>
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<td>.0%</td>
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<tr>
<td>65-74</td>
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<td>45.1%</td>
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<td>.6%</td>
</tr>
<tr>
<td>75+</td>
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<td>1.4%</td>
<td>.0%</td>
</tr>
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<td><strong>Results by location:</strong></td>
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<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>35.0%</td>
<td>58.5%</td>
<td>5.6%</td>
<td>1.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>32.0%</td>
<td>62.6%</td>
<td>4.3%</td>
<td>1.1%</td>
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<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Less than high school</td>
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<td>71.2%</td>
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<td>.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>39.9%</td>
<td>53.9%</td>
<td>4.9%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>56.3%</td>
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<td>.2%</td>
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<td><strong>Results by household income:</strong></td>
<td></td>
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<tr>
<td>Less than $15,000</td>
<td>42.7%</td>
<td>49.5%</td>
<td>7.3%</td>
<td>.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>5.5%</td>
<td>.5%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>32.1%</td>
<td>60.6%</td>
<td>5.7%</td>
<td>1.6%</td>
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<tr>
<td>More than $65,000</td>
<td>36.7%</td>
<td>58.4%</td>
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<tr>
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<td>1.2%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>46.8%</td>
<td>47.1%</td>
<td>5.4%</td>
<td>.7%</td>
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</table>
D7b. The fresh fruits and vegetables available where I usually shop are of high quality.

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<th>Disagree</th>
<th>Strongly disagree</th>
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<td>60.0%</td>
<td>12.2%</td>
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</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>25.8%</td>
<td>60.2%</td>
<td>12.9%</td>
<td>1.1%</td>
</tr>
<tr>
<td>Males</td>
<td>27.4%</td>
<td>59.8%</td>
<td>11.4%</td>
<td>1.4%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>14.9%</td>
<td>62.5%</td>
<td>22.5%</td>
<td>0.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>22.4%</td>
<td>64.2%</td>
<td>9.1%</td>
<td>4.3%</td>
</tr>
<tr>
<td>45-54</td>
<td>28.0%</td>
<td>57.3%</td>
<td>14.0%</td>
<td>0.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>27.9%</td>
<td>62.0%</td>
<td>8.3%</td>
<td>1.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>40.8%</td>
<td>49.7%</td>
<td>7.6%</td>
<td>1.9%</td>
</tr>
<tr>
<td>75+</td>
<td>34.6%</td>
<td>60.7%</td>
<td>4.7%</td>
<td>0.0%</td>
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<tr>
<td><strong>Results by location:</strong></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>24.5%</td>
<td>60.6%</td>
<td>14.3%</td>
<td>0.6%</td>
</tr>
<tr>
<td>A rural area</td>
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<td>58.5%</td>
<td>9.5%</td>
<td>1.9%</td>
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<td>18.7%</td>
<td>1.4%</td>
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<td>1.8%</td>
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<tr>
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<td>54.4%</td>
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<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
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<tr>
<td></td>
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<td>58.8%</td>
<td>13.0%</td>
<td>1.0%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
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</tr>
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<td>58.8%</td>
<td>12.1%</td>
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D7c. The fresh fruits and vegetables where I usually shop are too expensive.

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<td>2.2%</td>
</tr>
<tr>
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<td>2.6%</td>
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<tr>
<td>Results by age:</td>
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<td></td>
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<td>18-34</td>
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<td>32.8%</td>
<td>2.1%</td>
</tr>
<tr>
<td>35-44</td>
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<td>1.7%</td>
</tr>
<tr>
<td>45-54</td>
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<tr>
<td>55-64</td>
<td>15.9%</td>
<td>53.0%</td>
<td>29.7%</td>
<td>1.4%</td>
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<tr>
<td>65-74</td>
<td>6.4%</td>
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<td>3.6%</td>
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<td>*</td>
<td>*</td>
<td>*</td>
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<tr>
<td>A town (pop. under 10,000)</td>
<td>16.8%</td>
<td>48.5%</td>
<td>32.2%</td>
<td>2.5%</td>
</tr>
<tr>
<td>A rural area</td>
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<td>39.4%</td>
<td>2.4%</td>
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<tr>
<td>Results by respondent’s education level:</td>
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<td>1.1%</td>
</tr>
<tr>
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<tr>
<td>Results by household income:</td>
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<td>2.8%</td>
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<td>1.3%</td>
</tr>
<tr>
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<td>13.8%</td>
<td>46.1%</td>
<td>38.3%</td>
<td>1.8%</td>
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### D8a. Does your community have this? Walking trails

<table>
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<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
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<td>Results by gender:</td>
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<td>3.4%</td>
</tr>
<tr>
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<td>20.1%</td>
<td>76.2%</td>
<td>3.7%</td>
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<td>3.3%</td>
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<td>77.2%</td>
<td>2.1%</td>
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<td>65-74</td>
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<td>71.6%</td>
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<td>12.8%</td>
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<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>17.9%</td>
<td>79.9%</td>
<td>2.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>19.1%</td>
<td>75.8%</td>
<td>5.1%</td>
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<tr>
<td>Results by respondent’s education level:</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>22.2%</td>
<td>63.0%</td>
<td>14.8%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>17.8%</td>
<td>77.2%</td>
<td>5.0%</td>
</tr>
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<tr>
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<td>20.3%</td>
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<tr>
<td>Results by household income:</td>
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<tr>
<td>Less than $15,000</td>
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<td>70.3%</td>
<td>15.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>76.2%</td>
<td>4.2%</td>
</tr>
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<td>$35,001 to $65,000</td>
<td>18.5%</td>
<td>80.2%</td>
<td>1.3%</td>
</tr>
<tr>
<td>More than $65,000</td>
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<td>89.0%</td>
<td>.0%</td>
</tr>
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<td>2.9%</td>
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<tr>
<td>Results for 19-county region</td>
<td>19.7%</td>
<td>77.9%</td>
<td>2.3%</td>
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</table>
D8a. (Of those who said “My community has this” to question D8a) Do you use it? Walking trails

<table>
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</tr>
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<td>Results by gender:</td>
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</tr>
<tr>
<td>Females</td>
<td>34.4%</td>
<td>65.6%</td>
</tr>
<tr>
<td>Males</td>
<td>26.8%</td>
<td>73.2%</td>
</tr>
<tr>
<td>Results by age:</td>
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<td></td>
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<tr>
<td>18-34</td>
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</tr>
<tr>
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<td>78.5%</td>
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<tr>
<td>Results by location:</td>
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<tr>
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<tr>
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<td>A rural area</td>
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<td>45.7%</td>
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### D8b. Does your community have this? Bicycle paths, shared use paths, or bike lanes

<table>
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<td>2.4%</td>
</tr>
<tr>
<td>Males</td>
<td>24.5%</td>
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<td>3.0%</td>
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<td>65-74</td>
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<tr>
<td>75+</td>
<td>25.2%</td>
<td>62.6%</td>
<td>12.2%</td>
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<tr>
<td>A town (pop. under 10,000)</td>
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<td>1.7%</td>
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<tr>
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<td>72.7%</td>
<td>4.4%</td>
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<tr>
<td>Results by respondent’s education level:</td>
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<tr>
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</tr>
<tr>
<td>High school diploma or GED</td>
<td>25.1%</td>
<td>71.0%</td>
<td>3.9%</td>
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<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>79.5%</td>
<td>1.5%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
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<tr>
<td>Results by household income:</td>
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<tr>
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<td>23.1%</td>
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<td>11.7%</td>
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<tr>
<td>$15,000 to $35,000</td>
<td>28.0%</td>
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<td>3.3%</td>
</tr>
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<td>$35,001 to $65,000</td>
<td>24.3%</td>
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<td>6.0%</td>
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<td>2.0%</td>
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<tr>
<td>Results for 19-county region</td>
<td>23.8%</td>
<td>74.3%</td>
<td>1.9%</td>
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</table>
### D8b. (Of those who said “My community has this” to question D8b) Do you use it? Bicycle paths, shared use paths, or bike lanes

<table>
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<th>I do not use this</th>
</tr>
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<tr>
<td><strong>Results by gender:</strong></td>
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<tr>
<td>Females</td>
<td>23.6%</td>
<td>76.4%</td>
</tr>
<tr>
<td>Males</td>
<td>32.9%</td>
<td>67.1%</td>
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<tr>
<td><strong>Results by age:</strong></td>
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<td>29.4%</td>
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</tr>
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<td>65-74</td>
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<td>76.4%</td>
</tr>
<tr>
<td>75+</td>
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<td>93.2%</td>
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<tr>
<td>A city (pop. 10,000+)</td>
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<td>*</td>
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<tr>
<td>A town (pop. under 10,000)</td>
<td>31.5%</td>
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<td>A rural area</td>
<td>16.6%</td>
<td>83.4%</td>
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<td><strong>Results by respondent’s education level:</strong></td>
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<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
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<td>13.3%</td>
<td>86.7%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>73.7%</td>
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<tr>
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<td>57.6%</td>
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<td><strong>Results by household income:</strong></td>
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<tr>
<td>Less than $15,000</td>
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<td>94.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>73.8%</td>
</tr>
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<td>$35,001 to $65,000</td>
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<td>57.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>23.4%</td>
<td>76.6%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>31.2%</td>
<td>68.8%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>39.4%</td>
<td>60.6%</td>
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</table>
### D8c. Does your community have this? Public swimming pools or water parks

<table>
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<tr>
<td><strong>Results by gender:</strong></td>
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</tr>
<tr>
<td>Females</td>
<td>4.6%</td>
<td>92.1%</td>
<td>3.3%</td>
</tr>
<tr>
<td>Males</td>
<td>4.6%</td>
<td>90.8%</td>
<td>4.7%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>98.1%</td>
<td>1.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>9.7%</td>
<td>86.2%</td>
<td>4.1%</td>
</tr>
<tr>
<td>45-54</td>
<td>.8%</td>
<td>95.7%</td>
<td>3.5%</td>
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<tr>
<td>55-64</td>
<td>4.7%</td>
<td>94.8%</td>
<td>.5%</td>
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<tr>
<td>65-74</td>
<td>10.8%</td>
<td>88.6%</td>
<td>.6%</td>
</tr>
<tr>
<td>75+</td>
<td>6.7%</td>
<td>79.6%</td>
<td>13.7%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
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<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>4.3%</td>
<td>92.7%</td>
<td>3.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>5.1%</td>
<td>90.8%</td>
<td>4.1%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Less than high school</td>
<td>8.8%</td>
<td>81.6%</td>
<td>9.6%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>5.5%</td>
<td>90.7%</td>
<td>3.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>4.8%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
<td>2.8%</td>
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<td>.0%</td>
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<td><strong>Results by household income:</strong></td>
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<tr>
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<td>12.4%</td>
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<td>4.2%</td>
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<tr>
<td><strong>Results for CHB service area</strong></td>
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<td>2.0%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>12.2%</td>
<td>85.6%</td>
<td>2.2%</td>
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</table>
D8c. (Of those who said “My community has this” to question D8c) Do you use it? Public swimming pools or water parks

<table>
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<td><strong>Results by gender:</strong></td>
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<tr>
<td>Females</td>
<td>27.0%</td>
<td>73.0%</td>
</tr>
<tr>
<td>Males</td>
<td>20.7%</td>
<td>79.3%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
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<tr>
<td>18-34</td>
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<td>55-64</td>
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<tr>
<td>65-74</td>
<td>10.5%</td>
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<tr>
<td>75+</td>
<td>7.5%</td>
<td>92.5%</td>
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<td><strong>Results by location:</strong></td>
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<td>A rural area</td>
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<td><strong>Results by respondent’s education level:</strong></td>
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<td>75.3%</td>
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<tr>
<td><strong>Results for 19-county region</strong></td>
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### D8d. Does your community have this? Public recreation centers

<table>
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<td><strong>Results by gender:</strong></td>
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<tr>
<td>Females</td>
<td>13.3%</td>
<td>83.3%</td>
<td>3.5%</td>
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<tr>
<td>Males</td>
<td>15.6%</td>
<td>81.1%</td>
<td>3.2%</td>
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<tr>
<td><strong>Results by age:</strong></td>
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<td>4.4%</td>
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<td>65-74</td>
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<td>*</td>
<td>*</td>
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<tr>
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<tr>
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<td>4.3%</td>
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<tr>
<td><strong>Results by respondent’s education level:</strong></td>
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<tr>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>10.9%</td>
<td>71.4%</td>
<td>17.8%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>12.7%</td>
<td>84.4%</td>
<td>2.9%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>15.8%</td>
<td>83.3%</td>
<td>.9%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>8.9%</td>
<td>91.1%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>28.8%</td>
<td>69.2%</td>
<td>2.0%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>30.7%</td>
<td>67.2%</td>
<td>2.2%</td>
</tr>
</tbody>
</table>
D8d. (Of those who said “My community has this” to question D8d) Do you use it? Public recreation centers

<table>
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<tr>
<th></th>
<th>I use this</th>
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</tr>
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<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>29.2%</td>
<td>70.8%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>25.7%</td>
<td>74.3%</td>
</tr>
<tr>
<td>Males</td>
<td>33.2%</td>
<td>66.8%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>47.5%</td>
<td>52.5%</td>
</tr>
<tr>
<td>35-44</td>
<td>31.0%</td>
<td>69.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>27.1%</td>
<td>72.9%</td>
</tr>
<tr>
<td>55-64</td>
<td>21.0%</td>
<td>79.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>18.4%</td>
<td>81.6%</td>
</tr>
<tr>
<td>75+</td>
<td>16.0%</td>
<td>84.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>30.1%</td>
<td>69.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>23.4%</td>
<td>76.6%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>35.7%</td>
<td>64.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>23.7%</td>
<td>76.3%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>24.9%</td>
<td>75.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>39.9%</td>
<td>60.1%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>12.3%</td>
<td>87.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>30.9%</td>
<td>69.1%</td>
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<td>$35,001 to $65,000</td>
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<td>65.6%</td>
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<td>64.8%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>36.5%</td>
<td>63.5%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>30.3%</td>
<td>69.7%</td>
</tr>
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D8e. Does your community have this? Parks or sports fields

<table>
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<td>Overall results</td>
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<tr>
<td>Results by gender:</td>
<td></td>
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</tr>
<tr>
<td>Females</td>
<td>3.0%</td>
<td>93.8%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Males</td>
<td>3.0%</td>
<td>92.8%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>.0%</td>
<td>100.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>.0%</td>
<td>96.5%</td>
<td>3.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>2.5%</td>
<td>93.1%</td>
<td>4.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>4.8%</td>
<td>95.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>6.0%</td>
<td>93.4%</td>
<td>.6%</td>
</tr>
<tr>
<td>75+</td>
<td>6.9%</td>
<td>79.0%</td>
<td>14.1%</td>
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<tr>
<td>Results by location:</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>2.4%</td>
<td>95.0%</td>
<td>2.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>3.3%</td>
<td>92.6%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>4.8%</td>
<td>85.9%</td>
<td>9.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>4.9%</td>
<td>91.6%</td>
<td>3.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>2.3%</td>
<td>93.3%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>.8%</td>
<td>99.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>6.1%</td>
<td>77.5%</td>
<td>16.4%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>1.7%</td>
<td>95.6%</td>
<td>2.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>4.1%</td>
<td>93.8%</td>
<td>2.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>.0%</td>
<td>100.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>4.7%</td>
<td>93.1%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>3.7%</td>
<td>94.5%</td>
<td>1.8%</td>
</tr>
</tbody>
</table>
D8e. (Of those who said “My community has this” to question D8e) Do you use it? Parks or sports fields

<table>
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<tr>
<th></th>
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</tr>
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<tbody>
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<td><strong>Overall results</strong></td>
<td>39.4%</td>
<td>60.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>37.9%</td>
<td>62.1%</td>
</tr>
<tr>
<td>Males</td>
<td>41.1%</td>
<td>58.9%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>43.9%</td>
<td>56.1%</td>
</tr>
<tr>
<td>35-44</td>
<td>60.2%</td>
<td>39.8%</td>
</tr>
<tr>
<td>45-54</td>
<td>42.2%</td>
<td>57.8%</td>
</tr>
<tr>
<td>55-64</td>
<td>26.0%</td>
<td>74.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>39.7%</td>
<td>60.3%</td>
</tr>
<tr>
<td>75+</td>
<td>18.3%</td>
<td>81.7%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>39.2%</td>
<td>60.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>39.7%</td>
<td>60.3%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>14.6%</td>
<td>85.4%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>31.7%</td>
<td>68.3%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>45.4%</td>
<td>54.6%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>51.1%</td>
<td>48.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>18.2%</td>
<td>81.8%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>35.3%</td>
<td>64.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>50.8%</td>
<td>49.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>43.9%</td>
<td>56.1%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>44.7%</td>
<td>55.3%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>48.8%</td>
<td>51.2%</td>
</tr>
</tbody>
</table>
### D8f. Does your community have this? Schools, colleges, or universities that are open for public use for exercise or physical activity

<table>
<thead>
<tr>
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<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
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<td>Overall results</td>
<td>41.1%</td>
<td>55.3%</td>
<td>3.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>35.7%</td>
<td>59.8%</td>
<td>4.5%</td>
</tr>
<tr>
<td>Males</td>
<td>47.3%</td>
<td>50.2%</td>
<td>2.5%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>53.1%</td>
<td>46.9%</td>
<td>0.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>51.7%</td>
<td>48.3%</td>
<td>0.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>38.7%</td>
<td>59.0%</td>
<td>2.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>42.4%</td>
<td>57.0%</td>
<td>0.6%</td>
</tr>
<tr>
<td>65-74</td>
<td>35.8%</td>
<td>63.4%</td>
<td>0.8%</td>
</tr>
<tr>
<td>75+</td>
<td>21.3%</td>
<td>58.8%</td>
<td>19.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>40.9%</td>
<td>55.6%</td>
<td>3.5%</td>
</tr>
<tr>
<td>A rural area</td>
<td>43.5%</td>
<td>53.3%</td>
<td>3.2%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>25.1%</td>
<td>64.2%</td>
<td>10.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>39.6%</td>
<td>56.5%</td>
<td>3.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>43.6%</td>
<td>52.9%</td>
<td>3.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>48.0%</td>
<td>52.0%</td>
<td>0.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>27.5%</td>
<td>56.4%</td>
<td>16.1%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>35.1%</td>
<td>60.5%</td>
<td>4.4%</td>
</tr>
<tr>
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<tr>
<td>More than $65,000</td>
<td>43.2%</td>
<td>56.8%</td>
<td>0.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>28.4%</td>
<td>69.2%</td>
<td>2.4%</td>
</tr>
</tbody>
</table>
**D8f.** (Of those who said “My community has this” to question D8f) Do you use it? Schools, colleges, or universities that are open for public use for exercise or physical activity

<table>
<thead>
<tr>
<th></th>
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<th>I do not use this</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>18.9%</td>
<td>81.1%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>17.7%</td>
<td>82.3%</td>
</tr>
<tr>
<td>Males</td>
<td>20.6%</td>
<td>79.4%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>12.1%</td>
<td>87.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>45-54</td>
<td>29.5%</td>
<td>70.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>17.1%</td>
<td>82.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>23.1%</td>
<td>76.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>16.1%</td>
<td>83.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>23.7%</td>
<td>76.3%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
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</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>8.9%</td>
<td>91.1%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>74.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>19.5%</td>
<td>80.5%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>20.0%</td>
<td>80.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>21.6%</td>
<td>78.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>13.9%</td>
<td>86.1%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>17.3%</td>
<td>82.7%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>18.7%</td>
<td>81.3%</td>
</tr>
</tbody>
</table>
D8g. Does your community have this? A shopping mall or store for physical activity or walking

<table>
<thead>
<tr>
<th>My community does not have this</th>
<th>My community has this</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>85.0%</td>
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Results by gender:

<table>
<thead>
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<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
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<tr>
<td>Females</td>
<td>81.1%</td>
<td>16.7%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Males</td>
<td>89.4%</td>
<td>9.4%</td>
<td>1.2%</td>
</tr>
</tbody>
</table>

Results by age:

<table>
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<tr>
<th>Age Group</th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-34</td>
<td>89.7%</td>
<td>10.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>91.9%</td>
<td>8.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>87.7%</td>
<td>12.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>88.1%</td>
<td>11.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>84.9%</td>
<td>14.4%</td>
<td>.7%</td>
</tr>
<tr>
<td>75+</td>
<td>63.9%</td>
<td>24.6%</td>
<td>11.6%</td>
</tr>
</tbody>
</table>

Results by location:

<table>
<thead>
<tr>
<th>Location</th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>83.0%</td>
<td>15.7%</td>
<td>1.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>90.2%</td>
<td>7.9%</td>
<td>1.9%</td>
</tr>
</tbody>
</table>

Results by respondent’s education level:

<table>
<thead>
<tr>
<th>Education Level</th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>74.1%</td>
<td>15.2%</td>
<td>10.8%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>81.8%</td>
<td>16.3%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Some college, trade school, or</td>
<td>86.5%</td>
<td>13.3%</td>
<td>.2%</td>
</tr>
<tr>
<td>associate’s degree</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>92.0%</td>
<td>8.0%</td>
<td>.0%</td>
</tr>
</tbody>
</table>

Results by household income:

<table>
<thead>
<tr>
<th>Household Income</th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than $15,000</td>
<td>68.4%</td>
<td>25.5%</td>
<td>6.1%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>78.2%</td>
<td>19.8%</td>
<td>2.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>88.6%</td>
<td>10.8%</td>
<td>.6%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>95.3%</td>
<td>4.7%</td>
<td>.0%</td>
</tr>
</tbody>
</table>

Results for CHB service area

<table>
<thead>
<tr>
<th></th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>53.9%</td>
<td>44.6%</td>
<td>1.5%</td>
<td></td>
</tr>
</tbody>
</table>

Results for 19-county region

<table>
<thead>
<tr>
<th></th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded ‘I do not use this’ to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>47.0%</td>
<td>51.5%</td>
<td>1.6%</td>
<td></td>
</tr>
</tbody>
</table>
D8g. (Of those who said “My community has this” to question D8g) Do you use it? A shopping mall or store for physical activity or walking

<table>
<thead>
<tr>
<th></th>
<th>I use this</th>
<th>I do not use this</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>34.5%</td>
<td>65.5%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>27.1%</td>
<td>72.9%</td>
</tr>
<tr>
<td>Males</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>45-54</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>55-64</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>42.9%</td>
<td>57.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>17.8%</td>
<td>82.2%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>29.9%</td>
<td>70.1%</td>
</tr>
</tbody>
</table>
**D8h. Does your community have this? Health club, fitness/wellness center, or gym**

<table>
<thead>
<tr>
<th></th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded 'I do not use this' to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>9.7%</td>
<td>87.4%</td>
<td>2.9%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>7.2%</td>
<td>90.1%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Males</td>
<td>12.7%</td>
<td>84.2%</td>
<td>3.1%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>3.2%</td>
<td>96.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>15.4%</td>
<td>84.6%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>9.2%</td>
<td>86.4%</td>
<td>4.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>3.4%</td>
<td>96.1%</td>
<td>.5%</td>
</tr>
<tr>
<td>65-74</td>
<td>15.2%</td>
<td>84.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>75+</td>
<td>15.8%</td>
<td>71.4%</td>
<td>12.8%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>8.5%</td>
<td>89.2%</td>
<td>2.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>12.4%</td>
<td>85.6%</td>
<td>2.1%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>16.9%</td>
<td>74.4%</td>
<td>8.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>16.5%</td>
<td>81.4%</td>
<td>2.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>6.0%</td>
<td>90.2%</td>
<td>3.7%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>3.2%</td>
<td>96.8%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>25.1%</td>
<td>64.4%</td>
<td>10.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>6.7%</td>
<td>91.3%</td>
<td>2.0%</td>
</tr>
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<td>8.4%</td>
<td>88.6%</td>
<td>3.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>2.8%</td>
<td>97.2%</td>
<td>.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
D8h. (Of those who said “My community has this” to question D8h) Do you use it? Health club, fitness/wellness center, or gym

<table>
<thead>
<tr>
<th></th>
<th>I use this</th>
<th>I do not use this</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>19.1%</td>
<td>80.9%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>20.1%</td>
<td>79.9%</td>
</tr>
<tr>
<td>Males</td>
<td>17.8%</td>
<td>82.2%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>20.3%</td>
<td>79.7%</td>
</tr>
<tr>
<td>35-44</td>
<td>12.0%</td>
<td>88.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>25.2%</td>
<td>74.8%</td>
</tr>
<tr>
<td>55-64</td>
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</tr>
<tr>
<td>65-74</td>
<td>20.5%</td>
<td>79.5%</td>
</tr>
<tr>
<td>75+</td>
<td>15.1%</td>
<td>84.9%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>20.0%</td>
<td>80.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>17.0%</td>
<td>83.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>13.5%</td>
<td>86.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>13.5%</td>
<td>86.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>20.2%</td>
<td>79.8%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>25.2%</td>
<td>74.8%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>6.4%</td>
<td>93.6%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>11.2%</td>
<td>88.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>23.7%</td>
<td>76.3%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>27.5%</td>
<td>72.5%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### D8i. Does your community have this? Nearby waterways, such as creeks, rivers, and lakes for water-related activities

<table>
<thead>
<tr>
<th></th>
<th>My community does not have this</th>
<th>My community has this</th>
<th>Missing, but responded 'I do not use this' to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>44.5%</td>
<td>53.4%</td>
<td>2.2%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>44.2%</td>
<td>53.6%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Males</td>
<td>44.8%</td>
<td>53.1%</td>
<td>2.1%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>42.1%</td>
<td>57.9%</td>
<td>0.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>24.1%</td>
<td>75.9%</td>
<td>0.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>50.0%</td>
<td>47.9%</td>
<td>2.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>47.7%</td>
<td>52.3%</td>
<td>0.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>51.4%</td>
<td>47.9%</td>
<td>0.7%</td>
</tr>
<tr>
<td>75+</td>
<td>51.7%</td>
<td>37.2%</td>
<td>11.1%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>44.4%</td>
<td>53.6%</td>
<td>2.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>45.3%</td>
<td>52.9%</td>
<td>1.8%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>34.6%</td>
<td>55.0%</td>
<td>10.4%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>46.0%</td>
<td>52.2%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>44.8%</td>
<td>53.9%</td>
<td>1.4%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>46.0%</td>
<td>54.0%</td>
<td>0.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>43.5%</td>
<td>49.2%</td>
<td>7.3%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>39.5%</td>
<td>57.7%</td>
<td>2.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>41.8%</td>
<td>57.0%</td>
<td>1.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>50.1%</td>
<td>49.9%</td>
<td>0.0%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>29.2%</td>
<td>68.6%</td>
<td>2.2%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>18.4%</td>
<td>79.9%</td>
<td>1.7%</td>
</tr>
</tbody>
</table>
**D8i.** (Of those who said “My community has this” to question D8i) Do you use it? Nearby waterways, such as creeks, rivers, and lakes for water-related activities

<table>
<thead>
<tr>
<th>Overall results</th>
<th>I use this</th>
<th>I do not use this</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>38.7%</td>
<td>61.3%</td>
</tr>
</tbody>
</table>

| Results by gender:    |            |                  |
|                       | Females    | Males            |
|                       | 40.2%      | 37.0%            |

| Results by age:       |            |                  |
|                       | 18-34      | 35-44            |
|                       | 52.7%      | 56.2%            |
|                       | 47.3%      | 43.8%            |
|                       | 41.0%      | 31.2%            |
|                       | 69.0%      | 68.8%            |
|                       | 63.0%      |                  |
| 65-74                 | *          |                  |
| 75+                   | 10.0%      | 90.0%            |

| Results by location:  |            |                  |
|                       | A city (pop. 10,000+) | *
|                       | A town (pop. under 10,000) | 32.8% 67.2%
|                       | A rural area              | 51.3% 48.7%

| Results by respondent's education level: |            |                  |
|                                          | Less than high school | *
|                                          | High school diploma or GED | 35.5% 64.5%
|                                          | Some college, trade school, or associate's degree | 42.3% 57.7%
|                                          | Bachelor's degree or higher | 32.5% 67.5%

| Results by household income: |            |                  |
|                            | Less than $15,000 | *
|                            | $15,000 to $35,000 | 50.5% 49.5%
|                            | $35,001 to $65,000 | 37.4% 62.6%
|                            | More than $65,000  | 31.0% 69.0%

| Results for CHB service area |            |                  |
|                            | 38.2%      | 61.8%            |

| Results for 19-county region |            |                  |
|                            | 37.4%      | 62.6%            |
Section E. Tobacco use

E1. Have you smoked at least 100 cigarettes in your entire life?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>42.5%</td>
<td>57.5%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>33.1%</td>
<td>66.9%</td>
</tr>
<tr>
<td>Males</td>
<td>53.0%</td>
<td>47.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>46.4%</td>
<td>53.6%</td>
</tr>
<tr>
<td>35-44</td>
<td>49.3%</td>
<td>50.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>44.9%</td>
<td>55.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>46.9%</td>
<td>53.1%</td>
</tr>
<tr>
<td>65-74</td>
<td>36.1%</td>
<td>63.9%</td>
</tr>
<tr>
<td>75+</td>
<td>28.9%</td>
<td>71.1%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>46.4%</td>
<td>53.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>32.0%</td>
<td>68.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>24.4%</td>
<td>75.6%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>49.5%</td>
<td>50.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>52.1%</td>
<td>47.9%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>26.2%</td>
<td>73.8%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>51.5%</td>
<td>48.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>38.2%</td>
<td>61.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>43.5%</td>
<td>56.5%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>41.8%</td>
<td>58.2%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>42.3%</td>
<td>57.7%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>43.5%</td>
<td>56.5%</td>
</tr>
</tbody>
</table>
E2. (Of those who answered “yes” to question E1) Do you now smoke cigarettes every day, some days, or not at all?

<table>
<thead>
<tr>
<th></th>
<th>Every day</th>
<th>Some days</th>
<th>Not at all</th>
<th>Missing, but responded to follow-up</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>28.0%</td>
<td>6.8%</td>
<td>63.9%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>32.5%</td>
<td>6.7%</td>
<td>57.7%</td>
<td>3.1%</td>
</tr>
<tr>
<td>Males</td>
<td>24.8%</td>
<td>6.9%</td>
<td>68.3%</td>
<td>0.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>47.3%</td>
<td>13.9%</td>
<td>33.5%</td>
<td>5.3%</td>
</tr>
<tr>
<td>35-44</td>
<td>30.4%</td>
<td>1.5%</td>
<td>68.1%</td>
<td>0.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>43.0%</td>
<td>3.7%</td>
<td>53.3%</td>
<td>0.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>6.1%</td>
<td>9.9%</td>
<td>84.0%</td>
<td>0.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>23.3%</td>
<td>8.4%</td>
<td>66.5%</td>
<td>1.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>31.2%</td>
<td>2.4%</td>
<td>66.4%</td>
<td>0.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>26.5%</td>
<td>13.7%</td>
<td>56.0%</td>
<td>3.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>37.1%</td>
<td>.0%</td>
<td>62.9%</td>
<td>0.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>27.2%</td>
<td>14.7%</td>
<td>58.1%</td>
<td>0.0%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>36.1%</td>
<td>2.8%</td>
<td>61.1%</td>
<td>0.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>21.6%</td>
<td>7.8%</td>
<td>66.4%</td>
<td>4.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>28.6%</td>
<td>4.0%</td>
<td>67.4%</td>
<td>0.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>24.3%</td>
<td>8.0%</td>
<td>67.4%</td>
<td>.3%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>26.8%</td>
<td>7.9%</td>
<td>65.1%</td>
<td>.1%</td>
</tr>
</tbody>
</table>
Calc5. Calculated smoking status based on response to questions E1 and E2

<table>
<thead>
<tr>
<th></th>
<th>Current smoker</th>
<th>Former smoker</th>
<th>Never smoked</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>14.8%</td>
<td>27.3%</td>
<td>57.9%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>13.1%</td>
<td>19.3%</td>
<td>67.6%</td>
</tr>
<tr>
<td>Males</td>
<td>16.8%</td>
<td>36.1%</td>
<td>47.1%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>29.1%</td>
<td>15.9%</td>
<td>55.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>15.7%</td>
<td>33.6%</td>
<td>50.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>21.0%</td>
<td>23.9%</td>
<td>55.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>7.4%</td>
<td>39.0%</td>
<td>53.6%</td>
</tr>
<tr>
<td>65-74</td>
<td>5.9%</td>
<td>30.1%</td>
<td>63.9%</td>
</tr>
<tr>
<td>75+</td>
<td>.0%</td>
<td>28.9%</td>
<td>71.1%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>14.8%</td>
<td>31.0%</td>
<td>54.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>10.8%</td>
<td>21.2%</td>
<td>68.0%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>2.9%</td>
<td>21.4%</td>
<td>75.6%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>20.2%</td>
<td>28.1%</td>
<td>51.7%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>19.4%</td>
<td>32.8%</td>
<td>47.9%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>5.8%</td>
<td>20.5%</td>
<td>73.8%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>21.5%</td>
<td>29.9%</td>
<td>48.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>14.9%</td>
<td>23.3%</td>
<td>61.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>13.0%</td>
<td>29.4%</td>
<td>57.5%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>13.6%</td>
<td>28.1%</td>
<td>58.2%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>13.7%</td>
<td>28.5%</td>
<td>57.8%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>15.1%</td>
<td>28.3%</td>
<td>56.6%</td>
</tr>
</tbody>
</table>
### E3. (Of those who answered “some days” or “every day” to question E2)
During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>66.1%</td>
<td>33.9%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>67.7%</td>
<td>32.3%</td>
</tr>
<tr>
<td>Males</td>
<td>64.4%</td>
<td>35.6%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>45-54</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>55-64</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>64.7%</td>
<td>35.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>70.2%</td>
<td>29.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>56.5%</td>
<td>43.5%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>51.8%</td>
<td>48.2%</td>
</tr>
</tbody>
</table>
### E4a. (Of those who answered “yes” to question E3 plus all “former smokers”)
The last time you tried to quit smoking, did you use: Any nicotine replacement product, such as gum, a patch, a nasal spray, an inhaler, or lozenges

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>15.3%</td>
<td>84.7%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>15.5%</td>
<td>84.5%</td>
</tr>
<tr>
<td>Males</td>
<td>15.2%</td>
<td>84.8%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>45-54</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>55-64</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>17.1%</td>
<td>82.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>15.2%</td>
<td>84.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>20.0%</td>
<td>80.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>11.6%</td>
<td>88.4%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>5.7%</td>
<td>94.3%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>20.7%</td>
<td>79.3%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>17.4%</td>
<td>82.6%</td>
</tr>
</tbody>
</table>
E4b. (Of those who answered “yes” to question E3 plus all “former smokers”)  
The last time you tried to quit smoking, did you use: A prescription medication like Zyban, Wellbutrin, or Chantix to help you quit smoking

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>18.2%</td>
<td>81.8%</td>
</tr>
<tr>
<td>Results by gender:</td>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>33.4%</td>
<td>66.6%</td>
</tr>
<tr>
<td>Males</td>
<td>7.9%</td>
<td>92.1%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>45-54</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>55-64</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
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<td>78.3%</td>
</tr>
<tr>
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<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>14.9%</td>
<td>85.1%</td>
</tr>
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<td>Some college, trade school, or associate’s degree</td>
<td>24.5%</td>
<td>75.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>17.4%</td>
<td>82.6%</td>
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<td>30.1%</td>
<td>69.9%</td>
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<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>15.6%</td>
<td>84.4%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>14.7%</td>
<td>85.3%</td>
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E4c. (Of those who answered “yes” to question E3 plus all “former smokers”)  
The last time you tried to quit smoking, did you use: A quit-smoking clinic or class

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<th>No</th>
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<td>Results by gender:</td>
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</tr>
<tr>
<td>Females</td>
<td>1.1%</td>
<td>98.9%</td>
</tr>
<tr>
<td>Males</td>
<td>.9%</td>
<td>99.1%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
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<tr>
<td>45-54</td>
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<td>*</td>
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<tr>
<td>55-64</td>
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<tr>
<td>65-74</td>
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<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>1.4%</td>
<td>98.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
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<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>98.9%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
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<td>*</td>
</tr>
<tr>
<td>Results by household income:</td>
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<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
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<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>1.8%</td>
<td>98.2%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>1.6%</td>
<td>98.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>3.7%</td>
<td>96.3%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>2.2%</td>
<td>97.8%</td>
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E4d. (Of those who answered “yes” to question E3 plus all “former smokers”)
The last time you tried to quit smoking, did you use: A quit-smoking telephone help line

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<td>8.7%</td>
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</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
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<tr>
<td>35-44</td>
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<td>45-54</td>
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<td>55-64</td>
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<td>65-74</td>
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<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
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<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>3.2%</td>
<td>96.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
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<td>*</td>
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<td>92.2%</td>
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<td>*</td>
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<tr>
<td>Results by household income:</td>
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<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>100.0%</td>
</tr>
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<td>10.4%</td>
<td>89.6%</td>
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<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>3.9%</td>
<td>96.1%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>2.3%</td>
<td>97.7%</td>
</tr>
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E4e. (Of those who answered “yes” to question E3 plus all “former smokers”) The last time you tried to quit smoking, did you use: An on-line or web-based counseling service

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<tr>
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<td>4.3%</td>
<td>95.7%</td>
</tr>
<tr>
<td>Males</td>
<td>0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
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<tr>
<td>35-44</td>
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<tr>
<td>45-54</td>
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<td>65-74</td>
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</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>1.3%</td>
<td>98.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>98.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
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<td>*</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>5.9%</td>
<td>94.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>2.0%</td>
<td>98.0%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>1.4%</td>
<td>98.6%</td>
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E4f. (Of those who answered “yes” to question E3 plus all “former smokers”)
The last time you tried to quit smoking, did you use: Face-to-face counseling

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<th>No</th>
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<tbody>
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<td>98.7%</td>
</tr>
<tr>
<td>Results by gender:</td>
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</tr>
<tr>
<td>Females</td>
<td>1.1%</td>
<td>98.9%</td>
</tr>
<tr>
<td>Males</td>
<td>1.4%</td>
<td>98.6%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>*</td>
<td>*</td>
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<tr>
<td>35-44</td>
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<td>45-54</td>
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<td>55-64</td>
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<td>65-74</td>
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</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>1.4%</td>
<td>98.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
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<td>100.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>1.1%</td>
<td>98.9%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>1.8%</td>
<td>98.2%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>1.6%</td>
<td>98.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>2.2%</td>
<td>97.8%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>1.6%</td>
<td>98.4%</td>
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</table>
**E4g.** (Of those who answered “yes” to question E3 plus all “former smokers”)
The last time you tried to quit smoking, did you use: Some other program or service

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<th>No</th>
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<td>3.3%</td>
<td>96.7%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
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</tr>
<tr>
<td>Females</td>
<td>4.1%</td>
<td>95.9%</td>
</tr>
<tr>
<td>Males</td>
<td>2.8%</td>
<td>97.2%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
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<td>*</td>
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<td>35-44</td>
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<td>55-64</td>
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<tr>
<td>65-74</td>
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<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>4.0%</td>
<td>96.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
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</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
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<td>100.0%</td>
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<td>Some college, trade school, or associate’s degree</td>
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<td>95.4%</td>
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<td><strong>Results by household income:</strong></td>
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<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
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<td>*</td>
</tr>
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<td>5.7%</td>
<td>94.3%</td>
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<td>3.0%</td>
<td>97.0%</td>
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<tr>
<td>More than $65,000</td>
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<td>*</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>2.3%</td>
<td>97.7%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>2.4%</td>
<td>97.6%</td>
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E4h. (Of those who answered “yes” to question E3 plus all “former smokers”) The last time you tried to quit smoking, did you use: I quit without any help from any of these

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<th>No</th>
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<td>55.4%</td>
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<tr>
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<td>75.3%</td>
<td>24.7%</td>
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<td></td>
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<tr>
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<td>*</td>
<td>*</td>
</tr>
<tr>
<td>35-44</td>
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<td>45-54</td>
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<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>61.0%</td>
<td>39.0%</td>
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<td>*</td>
</tr>
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<td><strong>Results by respondent’s education level:</strong></td>
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</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
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<tr>
<td>High school diploma or GED</td>
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<td>33.1%</td>
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<td>46.1%</td>
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</tr>
<tr>
<td>Less than $15,000</td>
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<td>*</td>
</tr>
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<td>35.9%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>68.6%</td>
<td>31.4%</td>
</tr>
</tbody>
</table>
E5. During the past 12 months have you used other tobacco products such as snuff, chewing tobacco, cigars, pipes, or any other type of tobacco product?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>10.2%</td>
<td>89.8%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>2.9%</td>
<td>97.1%</td>
</tr>
<tr>
<td>Males</td>
<td>18.4%</td>
<td>81.6%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>20.5%</td>
<td>79.5%</td>
</tr>
<tr>
<td>35-44</td>
<td>5.6%</td>
<td>94.4%</td>
</tr>
<tr>
<td>45-54</td>
<td>14.5%</td>
<td>85.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>5.2%</td>
<td>94.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>5.1%</td>
<td>94.9%</td>
</tr>
<tr>
<td>75+</td>
<td>2.9%</td>
<td>97.1%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>11.4%</td>
<td>88.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>5.6%</td>
<td>94.4%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>4.7%</td>
<td>95.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>12.7%</td>
<td>87.3%</td>
</tr>
<tr>
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<td>86.5%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
<td>3.9%</td>
<td>96.1%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>14.5%</td>
<td>85.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>8.0%</td>
<td>92.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>6.8%</td>
<td>93.2%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>12.8%</td>
<td>87.2%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>9.8%</td>
<td>90.2%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>10.3%</td>
<td>89.7%</td>
</tr>
</tbody>
</table>
### E6. Does anyone, including yourself, smoke regularly inside your home?

<table>
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<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
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<td>90.4%</td>
</tr>
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<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>10.7%</td>
<td>89.3%</td>
</tr>
<tr>
<td>Males</td>
<td>8.4%</td>
<td>91.6%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>25.0%</td>
<td>75.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>11.5%</td>
<td>88.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>6.4%</td>
<td>93.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>4.3%</td>
<td>95.7%</td>
</tr>
<tr>
<td>65-74</td>
<td>3.2%</td>
<td>96.8%</td>
</tr>
<tr>
<td>75+</td>
<td>.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>8.4%</td>
<td>91.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>10.6%</td>
<td>89.4%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>4.0%</td>
<td>96.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>16.0%</td>
<td>84.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>8.4%</td>
<td>91.6%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>4.5%</td>
<td>95.5%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>19.9%</td>
<td>80.1%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>11.7%</td>
<td>88.3%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>7.2%</td>
<td>92.8%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>6.3%</td>
<td>93.7%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>8.2%</td>
<td>91.8%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>9.1%</td>
<td>90.9%</td>
</tr>
</tbody>
</table>
E7. In the past 7 days, have you been in a car or other vehicle with someone who was smoking?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>21.2%</td>
<td>78.8%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>23.7%</td>
<td>76.3%</td>
</tr>
<tr>
<td>Males</td>
<td>18.5%</td>
<td>81.5%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>42.6%</td>
<td>57.4%</td>
</tr>
<tr>
<td>35-44</td>
<td>26.1%</td>
<td>73.9%</td>
</tr>
<tr>
<td>45-54</td>
<td>23.6%</td>
<td>76.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>9.9%</td>
<td>90.1%</td>
</tr>
<tr>
<td>65-74</td>
<td>8.9%</td>
<td>91.1%</td>
</tr>
<tr>
<td>75+</td>
<td>2.5%</td>
<td>97.5%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>20.2%</td>
<td>79.8%</td>
</tr>
<tr>
<td>A rural area</td>
<td>21.6%</td>
<td>78.4%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>9.8%</td>
<td>90.2%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>31.8%</td>
<td>68.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>23.8%</td>
<td>76.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>6.7%</td>
<td>93.3%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>32.9%</td>
<td>67.1%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>24.8%</td>
<td>75.2%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>20.6%</td>
<td>79.4%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>12.3%</td>
<td>87.7%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>19.1%</td>
<td>80.9%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>18.5%</td>
<td>81.5%</td>
</tr>
</tbody>
</table>
E8. In Minnesota, in the past 7 days, has anyone smoked near you at any place besides your home, workplace, or car?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>32.8%</td>
<td>67.2%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>31.3%</td>
<td>68.7%</td>
</tr>
<tr>
<td>Males</td>
<td>34.4%</td>
<td>65.6%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>41.8%</td>
<td>58.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>32.9%</td>
<td>67.1%</td>
</tr>
<tr>
<td>45-54</td>
<td>29.1%</td>
<td>70.9%</td>
</tr>
<tr>
<td>55-64</td>
<td>43.0%</td>
<td>57.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>31.5%</td>
<td>68.5%</td>
</tr>
<tr>
<td>75+</td>
<td>15.7%</td>
<td>84.3%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>33.9%</td>
<td>66.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>28.4%</td>
<td>71.6%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>41.3%</td>
<td>58.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>33.8%</td>
<td>66.2%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>36.9%</td>
<td>63.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>20.1%</td>
<td>79.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>33.3%</td>
<td>66.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>33.7%</td>
<td>66.3%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>31.0%</td>
<td>69.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>32.3%</td>
<td>67.7%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>32.0%</td>
<td>68.0%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>35.9%</td>
<td>64.1%</td>
</tr>
</tbody>
</table>
E9. (Of those who answered “yes” to question E8) The last time this happened in Minnesota, where were you?

<table>
<thead>
<tr>
<th>A restaurant’s or bar’s outdoor area</th>
<th>A park or outdoor recreation area</th>
<th>An outdoor community sports event</th>
<th>A sidewalk or building entrance</th>
<th>Some other place</th>
<th>Multiple responses checked</th>
</tr>
</thead>
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<tr>
<td><strong>Overall results</strong></td>
<td>12.1%</td>
<td>5.9%</td>
<td>.7%</td>
<td>20.5%</td>
<td>33.6%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>9.2%</td>
<td>8.8%</td>
<td>1.4%</td>
<td>24.2%</td>
<td>32.0%</td>
</tr>
<tr>
<td>Males</td>
<td>14.9%</td>
<td>2.9%</td>
<td>.0%</td>
<td>16.7%</td>
<td>35.2%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>7.8%</td>
<td>4.6%</td>
<td>1.1%</td>
<td>6.0%</td>
<td>30.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
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<td>45-54</td>
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<td>*</td>
<td>*</td>
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<td>*</td>
</tr>
<tr>
<td>55-64</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
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<td><strong>Results by location:</strong></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>12.0%</td>
<td>6.0%</td>
<td>.0%</td>
<td>16.9%</td>
<td>38.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>14.7%</td>
<td>4.1%</td>
<td>2.7%</td>
<td>29.9%</td>
<td>22.2%</td>
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<tr>
<td><strong>Results by respondent’s education level:</strong></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>12.0%</td>
<td>.0%</td>
<td>.0%</td>
<td>20.4%</td>
<td>30.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>13.2%</td>
<td>11.6%</td>
<td>.7%</td>
<td>23.7%</td>
<td>23.5%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>8.2%</td>
<td>9.3%</td>
<td>2.4%</td>
<td>21.2%</td>
<td>37.2%</td>
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<tr>
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<td>12.2%</td>
<td>1.2%</td>
<td>.0%</td>
<td>30.9%</td>
<td>26.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>10.7%</td>
<td>3.9%</td>
<td>.3%</td>
<td>28.4%</td>
<td>34.3%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>11.9%</td>
<td>3.4%</td>
<td>1.4%</td>
<td>26.5%</td>
<td>31.2%</td>
</tr>
</tbody>
</table>
### Section F. Health concerns

**F1. Are you now trying to lose weight?**

<table>
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<th>No</th>
</tr>
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<tbody>
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</tr>
<tr>
<td><strong>Results by gender:</strong></td>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>59.5%</td>
<td>40.5%</td>
</tr>
<tr>
<td>Males</td>
<td>42.1%</td>
<td>57.9%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>45.3%</td>
<td>54.7%</td>
</tr>
<tr>
<td>35-44</td>
<td>44.7%</td>
<td>55.3%</td>
</tr>
<tr>
<td>45-54</td>
<td>52.4%</td>
<td>47.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>71.2%</td>
<td>28.8%</td>
</tr>
<tr>
<td>65-74</td>
<td>69.6%</td>
<td>30.4%</td>
</tr>
<tr>
<td>75+</td>
<td>31.3%</td>
<td>68.7%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>51.3%</td>
<td>48.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>50.0%</td>
<td>50.0%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
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<tr>
<td>Less than high school</td>
<td>38.3%</td>
<td>61.7%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>45.0%</td>
<td>55.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
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<td>44.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>59.1%</td>
<td>40.9%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
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<tr>
<td>Less than $15,000</td>
<td>49.3%</td>
<td>50.7%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>52.0%</td>
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<td>$35,001 to $65,000</td>
<td>42.9%</td>
<td>57.1%</td>
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<tr>
<td>More than $65,000</td>
<td>70.2%</td>
<td>29.8%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>55.9%</td>
<td>44.1%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>55.5%</td>
<td>44.5%</td>
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</table>
F2. During the *past 12 months*, have you seen a doctor, nurse, or other health professional about your own health?

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<td>27.3%</td>
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<tr>
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<td></td>
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<tr>
<td>18-34</td>
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<tr>
<td>35-44</td>
<td>50.4%</td>
<td>49.6%</td>
</tr>
<tr>
<td>45-54</td>
<td>69.4%</td>
<td>30.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>82.7%</td>
<td>17.3%</td>
</tr>
<tr>
<td>65-74</td>
<td>91.3%</td>
<td>8.7%</td>
</tr>
<tr>
<td>75+</td>
<td>93.5%</td>
<td>6.5%</td>
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<tr>
<td>Results by location:</td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>70.9%</td>
<td>29.1%</td>
</tr>
<tr>
<td>A rural area</td>
<td>75.3%</td>
<td>24.7%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
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<tr>
<td>Less than high school</td>
<td>82.5%</td>
<td>17.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>68.5%</td>
<td>31.5%</td>
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<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>70.7%</td>
<td>29.3%</td>
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<tr>
<td>Bachelor’s degree or higher</td>
<td>73.4%</td>
<td>26.6%</td>
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<tr>
<td>Results by household income:</td>
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<tr>
<td>Less than $15,000</td>
<td>62.8%</td>
<td>37.2%</td>
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<td>28.9%</td>
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<tr>
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<td>69.2%</td>
<td>30.8%</td>
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<tr>
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<td>23.4%</td>
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<tr>
<td>Results for CHB service area</td>
<td>70.0%</td>
<td>30.0%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>70.6%</td>
<td>29.4%</td>
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</table>
F3a. (Of those who answered “yes” to question F2) Did the doctor, nurse, or other health professional discuss or ask you about your: Physical activity

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<th>No</th>
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<tr>
<td>Females</td>
<td>55.4%</td>
<td>44.6%</td>
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<tr>
<td>Males</td>
<td>68.9%</td>
<td>31.1%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
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<tr>
<td>18-34</td>
<td>67.3%</td>
<td>32.7%</td>
</tr>
<tr>
<td>35-44</td>
<td>55.9%</td>
<td>44.1%</td>
</tr>
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<td>45-54</td>
<td>61.6%</td>
<td>38.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>59.0%</td>
<td>41.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>64.0%</td>
<td>36.0%</td>
</tr>
<tr>
<td>75+</td>
<td>61.3%</td>
<td>38.7%</td>
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<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>60.4%</td>
<td>39.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>62.8%</td>
<td>37.2%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>56.2%</td>
<td>43.8%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>55.3%</td>
<td>44.7%</td>
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<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>64.2%</td>
<td>35.8%</td>
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<tr>
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<td>69.5%</td>
<td>30.5%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
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<tr>
<td>Less than $15,000</td>
<td>67.1%</td>
<td>32.9%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>39.9%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
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<tr>
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<td>39.5%</td>
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<tr>
<td><strong>Results for CHB service area</strong></td>
<td>53.8%</td>
<td>46.2%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>61.0%</td>
<td>39.0%</td>
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</table>
F3b. (Of those who answered “yes” to question F2) Did the doctor, nurse, or other health professional discuss or ask you about your: Diet or nutrition

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<th>No</th>
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<td></td>
</tr>
<tr>
<td>Females</td>
<td>51.2%</td>
<td>48.8%</td>
</tr>
<tr>
<td>Males</td>
<td>56.9%</td>
<td>43.1%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>57.8%</td>
<td>42.2%</td>
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<td>35-44</td>
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<td>51.5%</td>
<td>48.5%</td>
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<tr>
<td>55-64</td>
<td>63.2%</td>
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<tr>
<td>65-74</td>
<td>46.4%</td>
<td>53.6%</td>
</tr>
<tr>
<td>75+</td>
<td>49.0%</td>
<td>51.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>52.7%</td>
<td>47.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>55.6%</td>
<td>44.4%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>40.5%</td>
<td>59.5%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>41.2%</td>
<td>58.8%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>62.5%</td>
<td>37.5%</td>
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<tr>
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<td>63.6%</td>
<td>36.4%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>52.1%</td>
<td>47.9%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
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<td>48.1%</td>
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<td>46.9%</td>
<td>53.1%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>45.2%</td>
<td>54.8%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>52.6%</td>
<td>47.4%</td>
</tr>
</tbody>
</table>
### F3c. (Of those who answered “yes” to question F2) Did the doctor, nurse, or other health professional discuss or ask you about your: Weight

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<th></th>
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<th>No</th>
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<td><strong>Results by gender:</strong></td>
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</tr>
<tr>
<td>Females</td>
<td>53.1%</td>
<td>46.9%</td>
</tr>
<tr>
<td>Males</td>
<td>45.7%</td>
<td>54.3%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>28.4%</td>
<td>71.6%</td>
</tr>
<tr>
<td>35-44</td>
<td>63.3%</td>
<td>36.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>56.6%</td>
<td>43.4%</td>
</tr>
<tr>
<td>55-64</td>
<td>60.0%</td>
<td>40.0%</td>
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<tr>
<td>65-74</td>
<td>46.3%</td>
<td>53.7%</td>
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<tr>
<td>75+</td>
<td>47.3%</td>
<td>52.7%</td>
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<td><strong>Results by location:</strong></td>
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<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>52.7%</td>
<td>47.3%</td>
</tr>
<tr>
<td>A rural area</td>
<td>43.1%</td>
<td>56.9%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
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<tr>
<td>Less than high school</td>
<td>44.9%</td>
<td>55.1%</td>
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<td>53.1%</td>
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<tr>
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<td>57.7%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
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<td></td>
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<tr>
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<td>55.7%</td>
<td>44.3%</td>
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<td>55.2%</td>
</tr>
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<td>$35,001 to $65,000</td>
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<td>49.5%</td>
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<tr>
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<td>49.2%</td>
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<tr>
<td><strong>Results for CHB service area</strong></td>
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<tr>
<td><strong>Results for 19-county region</strong></td>
<td>49.1%</td>
<td>50.9%</td>
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</table>
F3d. (Of those who answered “yes” to question F2) Did the doctor, nurse, or other health professional discuss or ask you about your: Smoking or other tobacco use

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<td>74.6%</td>
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<td>44.4%</td>
</tr>
<tr>
<td>Results by age:</td>
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<tr>
<td>18-34</td>
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<td>27.9%</td>
</tr>
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<td>35-44</td>
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<td>45.1%</td>
<td>54.9%</td>
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<tr>
<td>55-64</td>
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<td>71.1%</td>
</tr>
<tr>
<td>65-74</td>
<td>17.5%</td>
<td>82.5%</td>
</tr>
<tr>
<td>75+</td>
<td>24.3%</td>
<td>75.7%</td>
</tr>
<tr>
<td>Results by location:</td>
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<td></td>
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<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
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<tr>
<td>A town (pop. under 10,000)</td>
<td>41.3%</td>
<td>58.7%</td>
</tr>
<tr>
<td>A rural</td>
<td>38.1%</td>
<td>61.9%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
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<td>52.0%</td>
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<tr>
<td>Results by household income:</td>
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<td></td>
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<tr>
<td>Less than $15,000</td>
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<td>72.5%</td>
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<td>43.9%</td>
<td>56.1%</td>
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<tr>
<td>$35,001 to $65,000</td>
<td>41.9%</td>
<td>58.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
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<td>54.8%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>37.2%</td>
<td>62.8%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>45.5%</td>
<td>54.5%</td>
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</tbody>
</table>
### Section G. About you

**Calc6. Weight status according to Body Mass Index (BMI), calculated based on questions G3 (respondent’s weight) and G4 (respondent’s height)**

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<tr>
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<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
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<tbody>
<tr>
<td>Overall results</td>
<td>31.5%</td>
<td>38.4%</td>
<td>30.1%</td>
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</tbody>
</table>

**Results by gender:**

<table>
<thead>
<tr>
<th></th>
<th>Not overweight</th>
<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>Females</td>
<td>38.5%</td>
<td>31.6%</td>
<td>29.9%</td>
</tr>
<tr>
<td>Males</td>
<td>23.5%</td>
<td>46.0%</td>
<td>30.5%</td>
</tr>
</tbody>
</table>

**Results by age:**

<table>
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<th>Age range</th>
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<th>Obese</th>
</tr>
</thead>
<tbody>
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<td>18-34</td>
<td>46.2%</td>
<td>39.6%</td>
<td>14.2%</td>
</tr>
<tr>
<td>35-44</td>
<td>29.3%</td>
<td>40.6%</td>
<td>30.2%</td>
</tr>
<tr>
<td>45-54</td>
<td>31.7%</td>
<td>35.7%</td>
<td>32.6%</td>
</tr>
<tr>
<td>55-64</td>
<td>19.3%</td>
<td>30.6%</td>
<td>50.1%</td>
</tr>
<tr>
<td>65-74</td>
<td>13.1%</td>
<td>41.9%</td>
<td>45.0%</td>
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<tr>
<td>75+</td>
<td>36.4%</td>
<td>43.3%</td>
<td>20.3%</td>
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**Results by location:**

<table>
<thead>
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<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>33.1%</td>
<td>35.4%</td>
<td>31.5%</td>
</tr>
<tr>
<td>A rural area</td>
<td>29.1%</td>
<td>47.7%</td>
<td>23.2%</td>
</tr>
</tbody>
</table>

**Results by respondent’s education level:**

<table>
<thead>
<tr>
<th>Education Level</th>
<th>Not overweight</th>
<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>32.3%</td>
<td>38.9%</td>
<td>28.9%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>35.0%</td>
<td>38.0%</td>
<td>27.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>28.4%</td>
<td>42.3%</td>
<td>29.3%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>31.7%</td>
<td>32.6%</td>
<td>35.6%</td>
</tr>
</tbody>
</table>

**Results by household income:**

<table>
<thead>
<tr>
<th>Household Income</th>
<th>Not overweight</th>
<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than $15,000</td>
<td>43.4%</td>
<td>29.0%</td>
<td>27.5%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>37.5%</td>
<td>34.8%</td>
<td>27.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>29.7%</td>
<td>37.8%</td>
<td>32.6%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>16.7%</td>
<td>49.5%</td>
<td>33.8%</td>
</tr>
</tbody>
</table>

**Results for CHB service area**

<table>
<thead>
<tr>
<th></th>
<th>Not overweight</th>
<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>32.4%</td>
<td>36.7%</td>
<td>31.0%</td>
<td></td>
</tr>
</tbody>
</table>

**Results for 19-county region**

<table>
<thead>
<tr>
<th></th>
<th>Not overweight</th>
<th>Overweight but not obese</th>
<th>Obese</th>
</tr>
</thead>
<tbody>
<tr>
<td>33.7%</td>
<td>35.7%</td>
<td>30.5%</td>
<td></td>
</tr>
</tbody>
</table>
Respondent's race/ethnicity, based on their response to questions G5
(Hispanic/Latino ethnicity) and G6 (race)

<table>
<thead>
<tr>
<th></th>
<th>White, non-</th>
<th>All others</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Hispanic</td>
<td></td>
</tr>
<tr>
<td>Overall results</td>
<td>97.3%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>97.2%</td>
<td>2.8%</td>
</tr>
<tr>
<td>Males</td>
<td>97.5%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>99.1%</td>
<td>.9%</td>
</tr>
<tr>
<td>35-44</td>
<td>94.9%</td>
<td>5.1%</td>
</tr>
<tr>
<td>45-54</td>
<td>97.8%</td>
<td>2.2%</td>
</tr>
<tr>
<td>55-64</td>
<td>96.8%</td>
<td>3.2%</td>
</tr>
<tr>
<td>65-74</td>
<td>94.5%</td>
<td>5.5%</td>
</tr>
<tr>
<td>75+</td>
<td>99.1%</td>
<td>.9%</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>96.3%</td>
<td>3.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>99.7%</td>
<td>.3%</td>
</tr>
<tr>
<td>Results by respondent's education level:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>96.7%</td>
<td>3.3%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>97.4%</td>
<td>2.6%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>97.8%</td>
<td>2.2%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>96.9%</td>
<td>3.1%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>94.7%</td>
<td>5.3%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>98.8%</td>
<td>1.2%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>96.3%</td>
<td>3.7%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>100.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>95.9%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>96.5%</td>
<td>3.5%</td>
</tr>
</tbody>
</table>
### G10. Respondent’s current employment status*

<table>
<thead>
<tr>
<th>Overall results</th>
<th>Employed</th>
<th>Self-employed or farmer</th>
<th>Unemployed or out of work</th>
<th>A homemaker or stay at home parent</th>
<th>A student</th>
<th>Retired</th>
<th>Unable to work because of a disability</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Overall results</strong></td>
<td>54.9%</td>
<td>14.6%</td>
<td>4.3%</td>
<td>6.6%</td>
<td>4.3%</td>
<td>25.5%</td>
<td>5.3%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>51.3%</td>
<td>9.2%</td>
<td>5.1%</td>
<td>12.1%</td>
<td>4.5%</td>
<td>29.3%</td>
<td>5.5%</td>
</tr>
<tr>
<td>Males</td>
<td>59.1%</td>
<td>20.7%</td>
<td>3.5%</td>
<td>.5%</td>
<td>4.0%</td>
<td>21.2%</td>
<td>5.0%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>72.2%</td>
<td>14.1%</td>
<td>9.8%</td>
<td>10.8%</td>
<td>16.8%</td>
<td>.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>68.6%</td>
<td>21.5%</td>
<td>4.9%</td>
<td>4.6%</td>
<td>2.4%</td>
<td>.9%</td>
<td>3.3%</td>
</tr>
<tr>
<td>45-54</td>
<td>80.7%</td>
<td>18.4%</td>
<td>2.8%</td>
<td>2.4%</td>
<td>1.2%</td>
<td>.0%</td>
<td>6.1%</td>
</tr>
<tr>
<td>55-64</td>
<td>60.6%</td>
<td>20.0%</td>
<td>1.6%</td>
<td>4.6%</td>
<td>.0%</td>
<td>14.3%</td>
<td>5.1%</td>
</tr>
<tr>
<td>65-74</td>
<td>26.9%</td>
<td>10.7%</td>
<td>.6%</td>
<td>3.1%</td>
<td>.0%</td>
<td>68.0%</td>
<td>11.9%</td>
</tr>
<tr>
<td>75+</td>
<td>3.2%</td>
<td>1.1%</td>
<td>2.5%</td>
<td>12.8%</td>
<td>.0%</td>
<td>92.5%</td>
<td>9.2%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>54.2%</td>
<td>8.0%</td>
<td>5.0%</td>
<td>6.1%</td>
<td>4.1%</td>
<td>29.3%</td>
<td>7.2%</td>
</tr>
<tr>
<td>A rural area</td>
<td>58.9%</td>
<td>30.9%</td>
<td>1.3%</td>
<td>8.1%</td>
<td>4.3%</td>
<td>13.4%</td>
<td>.6%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>34.5%</td>
<td>4.6%</td>
<td>.0%</td>
<td>9.3%</td>
<td>14.3%</td>
<td>56.2%</td>
<td>7.0%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>43.8%</td>
<td>11.1%</td>
<td>7.6%</td>
<td>9.2%</td>
<td>3.7%</td>
<td>32.5%</td>
<td>6.7%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>63.1%</td>
<td>23.6%</td>
<td>3.6%</td>
<td>5.7%</td>
<td>2.7%</td>
<td>13.5%</td>
<td>5.1%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>70.9%</td>
<td>9.5%</td>
<td>1.6%</td>
<td>3.4%</td>
<td>1.2%</td>
<td>16.2%</td>
<td>3.0%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>19.7%</td>
<td>6.1%</td>
<td>13.1%</td>
<td>12.5%</td>
<td>1.5%</td>
<td>49.6%</td>
<td>14.3%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>54.3%</td>
<td>11.2%</td>
<td>5.2%</td>
<td>6.8%</td>
<td>12.1%</td>
<td>28.2%</td>
<td>7.8%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>63.8%</td>
<td>16.4%</td>
<td>2.3%</td>
<td>4.9%</td>
<td>2.2%</td>
<td>19.5%</td>
<td>3.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>72.6%</td>
<td>24.3%</td>
<td>1.1%</td>
<td>3.5%</td>
<td>.0%</td>
<td>9.6%</td>
<td>.3%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>57.0%</td>
<td>13.9%</td>
<td>2.5%</td>
<td>6.0%</td>
<td>4.7%</td>
<td>24.0%</td>
<td>5.2%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>57.5%</td>
<td>13.4%</td>
<td>4.5%</td>
<td>5.7%</td>
<td>6.1%</td>
<td>21.8%</td>
<td>4.1%</td>
</tr>
</tbody>
</table>

* Respondents were allowed to provide multiple responses so totals do not add up to 100%.
G11. (Of those who answered “employed” or “self-employed or farmer” on question G10) When you are at work, which of the following best describes what you do?

<table>
<thead>
<tr>
<th></th>
<th>Mostly sitting or standing</th>
<th>Mostly walking</th>
<th>Mostly heavy labor or physically demanding work</th>
<th>Marked multiple boxes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>48.3%</td>
<td>25.7%</td>
<td>17.4%</td>
<td>8.6%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>56.8%</td>
<td>24.9%</td>
<td>9.1%</td>
<td>9.1%</td>
</tr>
<tr>
<td>Males</td>
<td>41.1%</td>
<td>26.3%</td>
<td>24.3%</td>
<td>8.2%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>47.5%</td>
<td>23.5%</td>
<td>17.8%</td>
<td>11.3%</td>
</tr>
<tr>
<td>35-44</td>
<td>31.6%</td>
<td>33.9%</td>
<td>25.8%</td>
<td>8.7%</td>
</tr>
<tr>
<td>45-54</td>
<td>53.1%</td>
<td>22.2%</td>
<td>19.2%</td>
<td>5.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>56.7%</td>
<td>23.7%</td>
<td>9.6%</td>
<td>10.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>54.9%</td>
<td>25.7%</td>
<td>13.8%</td>
<td>5.6%</td>
</tr>
<tr>
<td>A rural area</td>
<td>39.3%</td>
<td>24.0%</td>
<td>23.0%</td>
<td>13.7%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>45.8%</td>
<td>20.6%</td>
<td>28.5%</td>
<td>5.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>42.2%</td>
<td>26.8%</td>
<td>17.2%</td>
<td>13.8%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>68.3%</td>
<td>17.6%</td>
<td>11.1%</td>
<td>3.0%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>45.0%</td>
<td>26.6%</td>
<td>22.5%</td>
<td>5.9%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>49.6%</td>
<td>25.2%</td>
<td>15.2%</td>
<td>10.1%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>61.0%</td>
<td>26.6%</td>
<td>3.2%</td>
<td>9.3%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>53.2%</td>
<td>23.0%</td>
<td>16.2%</td>
<td>7.6%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>57.2%</td>
<td>22.8%</td>
<td>15.0%</td>
<td>5.1%</td>
</tr>
</tbody>
</table>
G12. (Of those who answered “employed” or “self-employed or farmer” on question G10) While working at your job, are you indoors most of the time?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Marked both yes and no</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>72.7%</td>
<td>27.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>92.8%</td>
<td>7.2%</td>
<td>.0%</td>
</tr>
<tr>
<td>Males</td>
<td>55.7%</td>
<td>44.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>69.2%</td>
<td>30.8%</td>
<td>.0%</td>
</tr>
<tr>
<td>35-44</td>
<td>79.1%</td>
<td>20.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>45-54</td>
<td>69.1%</td>
<td>30.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>75.5%</td>
<td>24.5%</td>
<td>.0%</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>83.1%</td>
<td>16.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>A rural area</td>
<td>55.0%</td>
<td>45.0%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>69.1%</td>
<td>30.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>64.7%</td>
<td>35.3%</td>
<td>.0%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>87.3%</td>
<td>12.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>73.1%</td>
<td>26.9%</td>
<td>.0%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>77.3%</td>
<td>22.7%</td>
<td>.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>70.9%</td>
<td>29.1%</td>
<td>.0%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>76.2%</td>
<td>22.8%</td>
<td>1.0%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>79.2%</td>
<td>20.3%</td>
<td>.4%</td>
</tr>
</tbody>
</table>
G13.1. (Of those who answered “employed” or “self-employed or farmer” on question G10) At your workplace, does anyone smoke in any of the following areas?

<table>
<thead>
<tr>
<th></th>
<th>In outdoor smoking areas at least 20 feet from doors</th>
<th>Just outside the door(s)</th>
<th>In designated indoor smoking areas</th>
<th>In company vehicles</th>
<th>In your indoor work area</th>
<th>None of the above – No one smokes anywhere at my worksite</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall results</td>
<td>26.0%</td>
<td>15.2%</td>
<td>2.5%</td>
<td>3.1%</td>
<td>1.7%</td>
<td>53.8%</td>
</tr>
<tr>
<td>Results by gender:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>22.5%</td>
<td>20.3%</td>
<td>1.1%</td>
<td>.4%</td>
<td>.4%</td>
<td>55.8%</td>
</tr>
<tr>
<td>Males</td>
<td>29.0%</td>
<td>10.8%</td>
<td>3.6%</td>
<td>5.4%</td>
<td>2.8%</td>
<td>52.0%</td>
</tr>
<tr>
<td>Results by age:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>26.8%</td>
<td>10.3%</td>
<td>.0%</td>
<td>.0%</td>
<td>2.3%</td>
<td>61.3%</td>
</tr>
<tr>
<td>35-44</td>
<td>24.4%</td>
<td>14.2%</td>
<td>.0%</td>
<td>6.8%</td>
<td>.8%</td>
<td>49.5%</td>
</tr>
<tr>
<td>45-54</td>
<td>30.8%</td>
<td>15.5%</td>
<td>6.9%</td>
<td>2.5%</td>
<td>2.5%</td>
<td>50.5%</td>
</tr>
<tr>
<td>55-64</td>
<td>18.3%</td>
<td>23.4%</td>
<td>1.2%</td>
<td>5.7%</td>
<td>1.2%</td>
<td>53.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>75+</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Results by location:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>30.6%</td>
<td>17.4%</td>
<td>2.7%</td>
<td>3.1%</td>
<td>2.8%</td>
<td>46.9%</td>
</tr>
<tr>
<td>A rural area</td>
<td>16.3%</td>
<td>8.1%</td>
<td>2.3%</td>
<td>3.3%</td>
<td>.0%</td>
<td>70.5%</td>
</tr>
<tr>
<td>Results by respondent’s education level:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>25.8%</td>
<td>28.3%</td>
<td>3.5%</td>
<td>1.6%</td>
<td>.0%</td>
<td>38.0%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>17.7%</td>
<td>10.0%</td>
<td>3.8%</td>
<td>5.8%</td>
<td>3.6%</td>
<td>66.3%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>34.6%</td>
<td>11.4%</td>
<td>.0%</td>
<td>.7%</td>
<td>.6%</td>
<td>54.4%</td>
</tr>
<tr>
<td>Results by household income:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>48.1%</td>
<td>20.4%</td>
<td>3.8%</td>
<td>5.5%</td>
<td>4.9%</td>
<td>30.7%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>14.8%</td>
<td>17.6%</td>
<td>4.3%</td>
<td>2.4%</td>
<td>1.1%</td>
<td>61.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>24.7%</td>
<td>7.9%</td>
<td>.0%</td>
<td>2.9%</td>
<td>.0%</td>
<td>57.9%</td>
</tr>
<tr>
<td>Results for CHB service area</td>
<td>28.4%</td>
<td>24.4%</td>
<td>3.4%</td>
<td>6.4%</td>
<td>3.1%</td>
<td>47.9%</td>
</tr>
<tr>
<td>Results for 19-county region</td>
<td>30.1%</td>
<td>27.3%</td>
<td>2.9%</td>
<td>4.2%</td>
<td>2.4%</td>
<td>43.6%</td>
</tr>
</tbody>
</table>
G15. How many children under age 18 live in your household?

<table>
<thead>
<tr>
<th></th>
<th>Number of adults in household</th>
<th>Number of children in household</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Overall results</td>
<td>24.3%</td>
<td>58.2%</td>
</tr>
<tr>
<td><strong>Results by gender:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Females</td>
<td>26.0%</td>
<td>57.5%</td>
</tr>
<tr>
<td>Males</td>
<td>22.3%</td>
<td>59.1%</td>
</tr>
<tr>
<td><strong>Results by age:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-34</td>
<td>12.2%</td>
<td>66.4%</td>
</tr>
<tr>
<td>35-44</td>
<td>20.7%</td>
<td>62.4%</td>
</tr>
<tr>
<td>45-54</td>
<td>14.1%</td>
<td>47.0%</td>
</tr>
<tr>
<td>55-64</td>
<td>19.6%</td>
<td>70.9%</td>
</tr>
<tr>
<td>65-74</td>
<td>25.8%</td>
<td>72.2%</td>
</tr>
<tr>
<td>75+</td>
<td>60.3%</td>
<td>35.0%</td>
</tr>
<tr>
<td><strong>Results by location:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A city (pop. 10,000+)</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>A town (pop. under 10,000)</td>
<td>27.5%</td>
<td>57.7%</td>
</tr>
<tr>
<td>A rural area</td>
<td>15.4%</td>
<td>59.7%</td>
</tr>
<tr>
<td><strong>Results by respondent’s education level:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than high school</td>
<td>44.1%</td>
<td>35.4%</td>
</tr>
<tr>
<td>High school diploma or GED</td>
<td>26.4%</td>
<td>60.5%</td>
</tr>
<tr>
<td>Some college, trade school, or associate’s degree</td>
<td>23.0%</td>
<td>53.8%</td>
</tr>
<tr>
<td>Bachelor’s degree or higher</td>
<td>13.1%</td>
<td>73.7%</td>
</tr>
<tr>
<td><strong>Results by household income:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than $15,000</td>
<td>54.7%</td>
<td>36.2%</td>
</tr>
<tr>
<td>$15,000 to $35,000</td>
<td>28.4%</td>
<td>50.5%</td>
</tr>
<tr>
<td>$35,001 to $65,000</td>
<td>14.9%</td>
<td>70.0%</td>
</tr>
<tr>
<td>More than $65,000</td>
<td>12.8%</td>
<td>67.6%</td>
</tr>
<tr>
<td><strong>Results for CHB service area</strong></td>
<td>24.1%</td>
<td>58.9%</td>
</tr>
<tr>
<td><strong>Results for 19-county region</strong></td>
<td>22.0%</td>
<td>59.6%</td>
</tr>
</tbody>
</table>
Appendix

Detailed study methodology

Survey instrument
Detailed study methodology

Southwest/South Central Adult Health Survey Methodology

Study design

Wilder Research conducted self-administered and telephone surveys with a random sample of adult residents in Big Stone, Blue Earth, Brown, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Le Sueur, Lincoln, Lyon, Murray, Nicollet, Pipestone, Redwood, Renville, Swift, Waseca, and Yellow Medicine Counties. This study was designed to obtain data on health risk behaviors and the health status of adults in the study area to: help participating agencies set priorities for new initiatives; assess the needs of specific populations; provide evidence to support policies, legislative actions, and environmental and systems changes; provide county-level data to support future grant applications; and increase public awareness of health issues.

Sample

An address-based sample of 38,000 residents (2,000 per county) was purchased from Marketing Systems Group, a national sampling vendor. An address-based sample was chosen so that all households have an equal chance of being sampled for the study regardless of their cell phone or landline phone status. Marketing Systems Group obtained the list of addresses from the U.S. Postal Service. The “most recent birthday” method of within-household respondent selection was used to ensure that every adult in sampled households had an equal chance of being surveyed.

Survey instrument

Representatives of the participating public health agencies developed a survey instrument that addressed the research questions. Technical assistance was provided by a research scientist from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) and other Minnesota statewide surveys were used to design some of the items on this new survey. The survey was formatted as a self-administered questionnaire. The survey was not translated into any other languages. It was only conducted in English.

Data collection protocol

An initial survey packet was sent to all sampled households that included a cover letter, survey instrument, and a postage-paid return envelope. Respondents who were mailed a survey were also given the option to call Wilder Research and complete the survey over
the phone. The first 30,400 (1,600 per county) survey packets were mailed on April 19, 2010. We received 4,032 completes within the first two weeks.

Two weeks after the first survey packets went out a reminder postcard was sent to those who had not completed and returned a survey. The reminder postcards were sent to 26,368 households on May 3, 2010. We received 1,706 completes in the following two weeks.

Two weeks after the reminder postcard (and one month after the initial mailing) another full survey packet was sent to all respondents who had not completed and returned the survey. We sent 24,662 full survey packets to households who had still not completed the survey on May 17, 2010. The remaining 3,085 completes were received over the next six weeks with the final cut off date for surveys being June 30, 2010.

**Incentives**

Respondents who completed the survey were entered into a drawing for a $25 grocery gift card. Four winners from each county were randomly selected to receive a gift card. Information for the winners was provided to the client and they distributed the gift cards.

**Completed surveys and other final dispositions**

We received completed surveys from 8,823 households. The overall response rate was 29 percent. See Figure 1 for response rate by county.

**Data cleaning and analysis**

Surveys were coded and scanned electronically by Adapt, Inc., in Minnetonka, Minnesota. The scanned data was transferred to the data analysis staff at Wilder Research for further verification and cleaning. Completed surveys were coded and checked for completion and accuracy. Only project coordinators, research assistants, and interviewers trained by the project manager worked on the proofing and coding for this study.

To ensure that the survey data are representative of the population of adults living in the participating counties, the data were adjusted using post-stratification weighting based on age and gender (i.e., the survey data were corrected so that the gender and age of the survey respondents mirrors the gender and age of the adult population). The data were weighted against U.S. census bureau 3-year estimates (2006-2008) for each county. The number of adults in the household and the total number of households in each county were also accounted for using “design weighting” (i.e., to reflect each individual adult’s chances of being sampled for the survey).
## 1. Final number of completed surveys and response rates by county

<table>
<thead>
<tr>
<th>County</th>
<th>Surveys Mailed</th>
<th>Undeliverable</th>
<th>Surveys Returned</th>
<th>Duplicates/Incomplete</th>
<th>Completes</th>
<th>Not Returned</th>
<th>Response Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Big Stone</td>
<td>1,600</td>
<td>3</td>
<td>518</td>
<td>14</td>
<td>504</td>
<td>1,079</td>
<td>31.6%</td>
</tr>
<tr>
<td>Blue Earth</td>
<td>1,600</td>
<td>1</td>
<td>421</td>
<td>9</td>
<td>412</td>
<td>1,178</td>
<td>25.8%</td>
</tr>
<tr>
<td>Brown</td>
<td>1,600</td>
<td>5</td>
<td>526</td>
<td>5</td>
<td>521</td>
<td>1,069</td>
<td>32.7%</td>
</tr>
<tr>
<td>Chippewa</td>
<td>1,600</td>
<td>6</td>
<td>444</td>
<td>2</td>
<td>442</td>
<td>1,150</td>
<td>27.7%</td>
</tr>
<tr>
<td>Cottonwood</td>
<td>1,600</td>
<td>0</td>
<td>508</td>
<td>5</td>
<td>503</td>
<td>1,092</td>
<td>31.4%</td>
</tr>
<tr>
<td>Jackson</td>
<td>1,600</td>
<td>0</td>
<td>481</td>
<td>7</td>
<td>474</td>
<td>1,119</td>
<td>29.6%</td>
</tr>
<tr>
<td>Kandiyohi</td>
<td>1,600</td>
<td>1</td>
<td>436</td>
<td>10</td>
<td>426</td>
<td>1,163</td>
<td>26.6%</td>
</tr>
<tr>
<td>Lac qui Parle</td>
<td>1,600</td>
<td>0</td>
<td>536</td>
<td>6</td>
<td>530</td>
<td>1,064</td>
<td>33.1%</td>
</tr>
<tr>
<td>Le Sueur</td>
<td>1,600</td>
<td>0</td>
<td>404</td>
<td>4</td>
<td>400</td>
<td>1,196</td>
<td>25.0%</td>
</tr>
<tr>
<td>Lincoln</td>
<td>1,600</td>
<td>0</td>
<td>501</td>
<td>8</td>
<td>493</td>
<td>1,099</td>
<td>30.8%</td>
</tr>
<tr>
<td>Lyon</td>
<td>1,600</td>
<td>0</td>
<td>409</td>
<td>3</td>
<td>406</td>
<td>1,191</td>
<td>25.4%</td>
</tr>
<tr>
<td>Murray</td>
<td>1,600</td>
<td>1</td>
<td>512</td>
<td>6</td>
<td>506</td>
<td>1,087</td>
<td>31.6%</td>
</tr>
<tr>
<td>Nicollet</td>
<td>1,600</td>
<td>0</td>
<td>466</td>
<td>3</td>
<td>463</td>
<td>1,134</td>
<td>28.9%</td>
</tr>
<tr>
<td>Pipestone</td>
<td>1,600</td>
<td>0</td>
<td>472</td>
<td>2</td>
<td>470</td>
<td>1,128</td>
<td>29.4%</td>
</tr>
<tr>
<td>Redwood</td>
<td>1,600</td>
<td>0</td>
<td>493</td>
<td>5</td>
<td>488</td>
<td>1,107</td>
<td>30.5%</td>
</tr>
<tr>
<td>Renville</td>
<td>1,600</td>
<td>0</td>
<td>475</td>
<td>7</td>
<td>468</td>
<td>1,125</td>
<td>29.3%</td>
</tr>
<tr>
<td>Swift</td>
<td>1,600</td>
<td>1</td>
<td>465</td>
<td>6</td>
<td>459</td>
<td>1,134</td>
<td>28.7%</td>
</tr>
<tr>
<td>Waseca</td>
<td>1,600</td>
<td>0</td>
<td>410</td>
<td>2</td>
<td>408</td>
<td>1,190</td>
<td>25.5%</td>
</tr>
<tr>
<td>Yellow Medicine</td>
<td>1,600</td>
<td>0</td>
<td>455</td>
<td>5</td>
<td>450</td>
<td>1,145</td>
<td>28.1%</td>
</tr>
<tr>
<td>Total</td>
<td>30,400</td>
<td>18</td>
<td>8,932</td>
<td>109</td>
<td>8,823</td>
<td>21,450</td>
<td>29.0%</td>
</tr>
</tbody>
</table>
### INSTRUCTIONS: Please give the survey to the adult (age 18 or over) in your household who most recently had a birthday. Mark an “X” in the box that matches your answer.

### SECTION A. GENERAL HEALTH

**A1. In general, would you say that your health is:**
- [ ] Excellent
- [ ] Very good
- [ ] Good
- [ ] Fair
- [ ] Poor

**A2. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following?**

<table>
<thead>
<tr>
<th></th>
<th>No</th>
<th>Yes</th>
<th>Yes, but only during pregnancy</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Hypertension, also called high blood pressure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Diabetes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Pre-diabetes or borderline diabetes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. High blood cholesterol</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. A heart attack, also called a myocardial infarction</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Angina or coronary heart disease</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. A stroke</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Asthma</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**A3. Do you still have asthma?**
- [ ] Yes
- [ ] No

**A4. Do you consider yourself:**
- [ ] Overweight
- [ ] About the right weight
- [ ] Underweight

### SECTION B. EATING HABITS

**B1. In a typical week, on how many days do you eat breakfast?**
- [ ] 0 days
- [ ] 1 day
- [ ] 2 days
- [ ] 3 days
- [ ] 4 days
- [ ] 5 days
- [ ] 6 days
- [ ] 7 days

**B2. A serving of vegetables is a cup of salad greens, or a half cup of any other vegetables, not including french fries. Yesterday, how many servings of vegetables did you eat?**

[ ] Number of servings

**B3. A serving of fruit is one medium sized fruit, a half cup of chopped, cut, or canned fruit, or 6 ounces of 100% fruit juice. Yesterday, how many servings of fruit did you eat?**

[ ] Number of servings
B4. How many glasses of each of the following did you drink yesterday? Think of a “glass” as a 12-oz. serving.

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Milk</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Pop or soda (regular)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. Pop or soda (diet)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

B5. In an average week, how many times do you do the following?

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1-2</th>
<th>3-4</th>
<th>5-6</th>
<th>7 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Eat out or order out a meal from a fast food place (McDonald’s, KFC, Taco Bell, pizza places, etc.)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Eat a meal out at a restaurant that is not a fast food place</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. Watch television during meal time</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d. Eat a home-cooked meal</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

B6. How often are there fresh fruits and vegetables in your home?

☐ Always ☐ Often ☐ Sometimes ☐ Never

B7. During the growing season, how often do you or others in your household get food from the following places?

<table>
<thead>
<tr>
<th></th>
<th>Never or less than one time per month</th>
<th>About one time per month</th>
<th>About two or three times per month</th>
<th>About one time per week</th>
<th>Two or more times per week</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Farmer’s market or fruit/vegetable stand</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Local farm or CSA (community supported agriculture)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. Food grown at home or in a community garden</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

SECTION C. PHYSICAL ACTIVITY

C1. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

<table>
<thead>
<tr>
<th></th>
<th>Not a problem</th>
<th>A small problem</th>
<th>A big problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Lack of time</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Lack of programs, leaders, or facilities</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. No one to exercise with</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d. The cost of fitness programs, gym memberships, or admission fees</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>e. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>f. Long-term illness, injury, or disability</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>g. Distance I have to travel to a place where I can be physically active</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>h. No safe place to exercise</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>i. Lack of self-discipline or willpower</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>j. Other reasons</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Now we have a couple of questions about how you spend your time. One question is about TV use and the next is about computer use.

C2. On average, how many hours or minutes per day do you use your TV to watch programs or movies, or play video games?

☐ Hours per day OR ☐ Minutes per day

C3. On average, how many hours or minutes per day do you use a computer for reading, playing games, surfing the Internet, or watching programs or movies while not at work or school?

☐ Hours per day OR ☐ Minutes per day

C4. During the past 30 days, other than your regular job, did you participate in any physical activities or exercises such as running, aerobics, golf, gardening, or walking for exercise?

☐ Yes ☐ No

*We are interested in two types of physical activity - vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.*

C5. Now, think about the moderate activities you do when you are not working. In a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

☐ Yes ☐ No ➔ IF NO, GO TO QUESTION C8

C6. How many days per week do you do these moderate activities for at least 10 minutes at a time?

☐ ☐ ☐ ☐ ☐ ☐ ☐ days

C7. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

☐ Hours per day OR ☐ Minutes per day

C8. Now, think about the vigorous activities you do when you are not working. In a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

☐ Yes ☐ No ➔ IF NO, GO TO SECTION D, NEXT PAGE

C9. How many days per week do you do these vigorous activities for at least 10 minutes at a time?

☐ ☐ ☐ ☐ ☐ ☐ ☐ days

C10. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

☐ Hours per day OR ☐ Minutes per day
SECTION D. YOUR LOCAL AREA

D1. Overall, how would you rate the area around your home as a place to walk?

☐ Very pleasant
☐ Somewhat pleasant
☐ Not very pleasant
☐ Not at all pleasant

D2. For walking in the area around your home, would you say your sidewalks are:

☐ Very well maintained
☐ Somewhat maintained
☐ Not very well maintained
☐ Not at all maintained
☐ There are no sidewalks in the area around my home

D3. For walking in the area around your home, would you say the trails or walking paths are:

☐ Very well maintained
☐ Somewhat maintained
☐ Not very well maintained
☐ Not at all maintained
☐ There are no trails or walking paths in the area around my home
☐ I don’t know if there are trails or walking paths in the area around my home

D4. In general, would you say the traffic in the area around your home is:

☐ Heavy
☐ Moderate
☐ Light

D5. In general, is the speed of the vehicles traveling on the streets or roads in the area around your home so fast that it makes it difficult or unsafe to walk?

☐ Yes
☐ No

D6. In general, how easy is it to safely cross the streets or roads in the area around your home?

☐ Very easy to cross safely
☐ Somewhat easy to cross safely
☐ Not very easy to cross safely
☐ Not at all easy to cross safely

D7. Please mark the extent to which you agree or disagree with each of the following statements.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. There is a large selection of fresh fruits and vegetables where I usually shop.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. The fresh fruits and vegetables available where I usually shop are of high quality.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. The fresh fruits and vegetables where I usually shop are too expensive.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
D8. Think of your community as the area within 10 miles or a 15 to 20 minute drive from your home. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

<table>
<thead>
<tr>
<th>Does your community have this?</th>
<th>If yes, do you use it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Don't know</td>
<td>My community does not have this</td>
</tr>
<tr>
<td>a. Walking trails</td>
<td>☐</td>
</tr>
<tr>
<td>b. Bicycle paths, shared use paths, or bike lanes</td>
<td>☐</td>
</tr>
<tr>
<td>c. Public swimming pools or water parks</td>
<td>☐</td>
</tr>
<tr>
<td>d. Public recreation centers</td>
<td>☐</td>
</tr>
<tr>
<td>e. Parks or sports fields</td>
<td>☐</td>
</tr>
<tr>
<td>f. Schools, colleges, or universities that are open for public use for exercise or physical activity</td>
<td>☐</td>
</tr>
<tr>
<td>g. A shopping mall or store for physical activity or walking</td>
<td>☐</td>
</tr>
<tr>
<td>h. Health club, fitness/wellness center, or gym (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)</td>
<td>☐</td>
</tr>
<tr>
<td>i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)</td>
<td>☐</td>
</tr>
</tbody>
</table>

SECTION E. TOBACCO USE

E1. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)
☐ Yes  ☐ No  ⇒ IF NO, GO TO QUESTION E5, NEXT PAGE

Ε2. Do you now smoke cigarettes every day, some days, or not at all?
☐ Every day  ☐ Some days  ☐ Not at all  ⇒ GO TO QUESTION E4

Ε3. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?
☐ Yes  ☐ No  ⇒ IF NO, GO TO QUESTION E5, NEXT PAGE

Ε4. The last time you tried to quit smoking (or when you quit for good), did you use:

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐</td>
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</tbody>
</table>

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Pipestone County Data Book
2010 Southwest/South Central Adult Health Survey
E5. During the past 12 months have you used other tobacco products such as snuff, chewing tobacco, cigars, pipes, or any other type of tobacco product?  
☑ Yes ☐ No

E6. Does anyone, including yourself, smoke regularly inside your home?  
☑ Yes ☐ No

E7. In the past 7 days, have you been in a car or other vehicle with someone who was smoking?  
☑ Yes ☐ No

E8. In Minnesota, in the past 7 days, has anyone smoked near you at any place besides your home, workplace, or car?  
☑ Yes ☐ No ➔ IF NO, GO TO SECTION F

E9. The last time this happened in Minnesota, where were you? Check one box.  
☐ A restaurant’s or bar’s outdoor area  
☐ A park or outdoor recreation area  
☐ An outdoor community sports event  
☐ A sidewalk or building entrance  
☐ Some other place

SECTION F. HEALTH CONCERNS

F1. Are you now trying to lose weight?  
☑ Yes ☐ No

F2. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?  
☑ Yes ☐ No ➔ IF NO, GO TO SECTION G

F3. Did the doctor, nurse, or other health professional discuss or ask you about your:  

<table>
<thead>
<tr>
<th>Topic</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Physical activity</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>b. Diet or nutrition</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>c. Weight</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>d. Smoking or other tobacco use</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

SECTION G. ABOUT YOU

Finally, we have a few questions to help us to compare your answers with others in your community. Remember, your answers are confidential.

G1. Are you:  
☑ Male ☐ Female
G2. What is your age?
[ ] ____________ years

G3. About how much do you weigh (without shoes)?
[ ] ____________ pounds OR [ ] ____________ kilograms

G4. About how tall are you (without shoes)?
[ ] ____________ feet and [ ] ____________ inches OR [ ] ____________ meters and [ ] ____________ centimeters

G5. Are you Hispanic or Latino?
[ ] Yes  [ ] No

G6. Which of the following best describes you? Check all that apply.
[ ] White
[ ] Black or African American or African
[ ] Asian
[ ] Native Hawaiian or other Pacific Islander
[ ] American Indian or Native American ▶ Tribe: ________________________________
[ ] Other (specify) ___________________________________________________________________________

G7. What county do you live in?
[ ] Big Stone  [ ] Jackson  [ ] Lyon  [ ] Renville
[ ] Blue Earth  [ ] Kandiyohi  [ ] Murray  [ ] Swift
[ ] Brown  [ ] Lac qui Parle  [ ] Nicollet  [ ] Waseca
[ ] Chippewa  [ ] Le Sueur  [ ] Pipestone  [ ] Le Sueur/Waseca
[ ] Cottonwood  [ ] Lincoln  [ ] Redwood  [ ] Other (specify): __________________________

G8. Is your home located in:
[ ] A city (population 10,000+)
[ ] A town (population under 10,000)
[ ] A rural area, not inside a city or town

G9. What is the highest grade or year of school you have completed? Check one box.
[ ] 8th grade or less
[ ] Some high school
[ ] High school graduate or GED
[ ] Trade school (Vocational, Technical, or Business School)
[ ] Some college or Associate’s degree (including Community College)
[ ] Bachelor’s degree
[ ] Graduate or professional degree
[ ] Other
G10. Are you currently... Check all that apply.
- Employed
- Self-employed or farmer
- Unemployed or out of work
- A homemaker or stay at home parent
- A student
- Retired
- Unable to work because of a disability

G11. When you are at work, which of the following best describes what you do?
- Mostly sitting or standing
- Mostly walking
- Mostly heavy labor or physically demanding work

G12. While working at your job, are you indoors most of the time?
- Yes
- No

G13. At your workplace, does anyone smoke in any of the following areas? Check all that apply.
- In outdoor smoking areas that are at least 20 feet from doors
- Just outside the door(s)
- In designated indoor smoking areas
- In company vehicles
- In your indoor work area
- None of the above – no one smokes anywhere at my worksite

G14. How many adults age 18 or older, including yourself, live in your household?
- Number of adults

G15. How many children under age 18 live in your household?
- Number of children

G16. Which of the following best describes the telephone service in your home? Check one box.
- Land-line telephone only (traditional phone line)
- Cell phone only
- Both land-line and cell phone
- No phone service (land-line or cell)

G17. Income data is used to group survey respondents. We would like to know your total (gross) household income from all sources in 2009. Was it...
- Less than $15,000
- $15,001 - $20,000
- $20,001 - $25,000
- $25,001 - $35,000
- $35,001 - $45,000
- $45,001 - $65,000
- $65,001 - $85,000
- $85,001 - $100,000
- $100,001 - $150,000
- $150,001 - $200,000
- Over $200,000

Please complete the following information to be entered into a drawing for one of four $25 grocery gift cards that will be given away in each county. Your contact information is voluntary and you will not be entered in the drawing if you do not fill out this form. Your contact information will not be linked with your survey responses and will never be used for any purpose other than this drawing.

Name:
Address:
City: State: Zip:
Telephone:

THANK YOU FOR YOUR TIME!