School-based mental health services allow students to access clinical supports in their school. These services not only prevent them from missing school, but also increase access for students who are uninsured or underinsured. This is a summary of services provided by six providers in Hennepin County, Minnesota, based on data from the MN Kids database.

**Top 5 presenting problems**

- Adjustment issues: 24%
- Anxiety: 17%
- Disruptive disorder: 12%
- Depression: 11%
- ADHD/ADHD symptoms: 8%

**Grade of students served**

- Early childhood: 1%
- K-5: 51%
- 6-8: 21%
- 9-12: 21%
- 12+: 2%
- Missing: 4%

**1st time receiving mental health services**

49%

**Who received mental health services?**

Six agencies provided school-based mental health services to nearly 2,500 students in Hennepin County during the 2017-18 school year. These agencies served students up to the age of 24. Over half (53%) were male, 45% female and 2% identified as transgender or other. The race/ethnicity of students served were white (34%), black (24%), bi-racial or multiracial (9%), and/or Hispanic or Latinx (20%).

**Students receiving school-based mental health services in Hennepin County are more likely than their peers to . . .**

- be diagnosed with Severe Emotional Disturbance: 17%
- have an Individualized Education Plan (IEP): 24%

**Students are referred mostly by . . .**

- School Social Worker: 28%
- Self or Family Member: 17%
- Guidance Counselor: 11%

**MN Kids**

The Minnesota Kids Database (MKD) is a collaborative project to collect a common set of data related to clinical services provided in schools with the goal of better understanding the potential benefits of school-based mental health services and identifying strategies for enhancing programming. MKD is managed and owned by the partners that financially contributed to its creation and is not a government run website. Wilder Research serves as project manager, providing training to users, managing user agreements and fees, and preparing reports. Learn more about MKD at www.mnkidsdata.org.

**NATIONALLY**

In 2015, six percent of parents reported that their child ages 4–17 displayed serious difficulties with emotions, concentration, behavior, or getting along with other people. 5% of special education students have a severe emotional disturbance. 13% of students in public schools are in special education.
The Strengths and Difficulties Questionnaire (SDQ) is a brief questionnaire given to parents and/or teachers every 90 days during treatment to assess the student in several areas.

SDQ assessment results

972 students had more than one parent SDQ completed during the school year. Of those, 57% improved in at least 1 area.

731 students had more than one teacher SDQ completed during the school year. Of those, 66% improved in at least 1 area.


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