

Overview of Managed Care Organization Services for Youth with Autism

The following provides information on diagnostic assessments and services provided to youth aged 0-6 with autism spectrum disorder (ASD) by managed care organizations (MCOs). DHS contracts with MCOs to provide health care services for Minnesota Health Care Program (MHCP) members. The ASD services are covered under the Families and Children contract, which includes Medical Assistance and MinnesotaCare.

Services provided by Managed Care Organizations

- children aged 1-3
- children aged 4-6

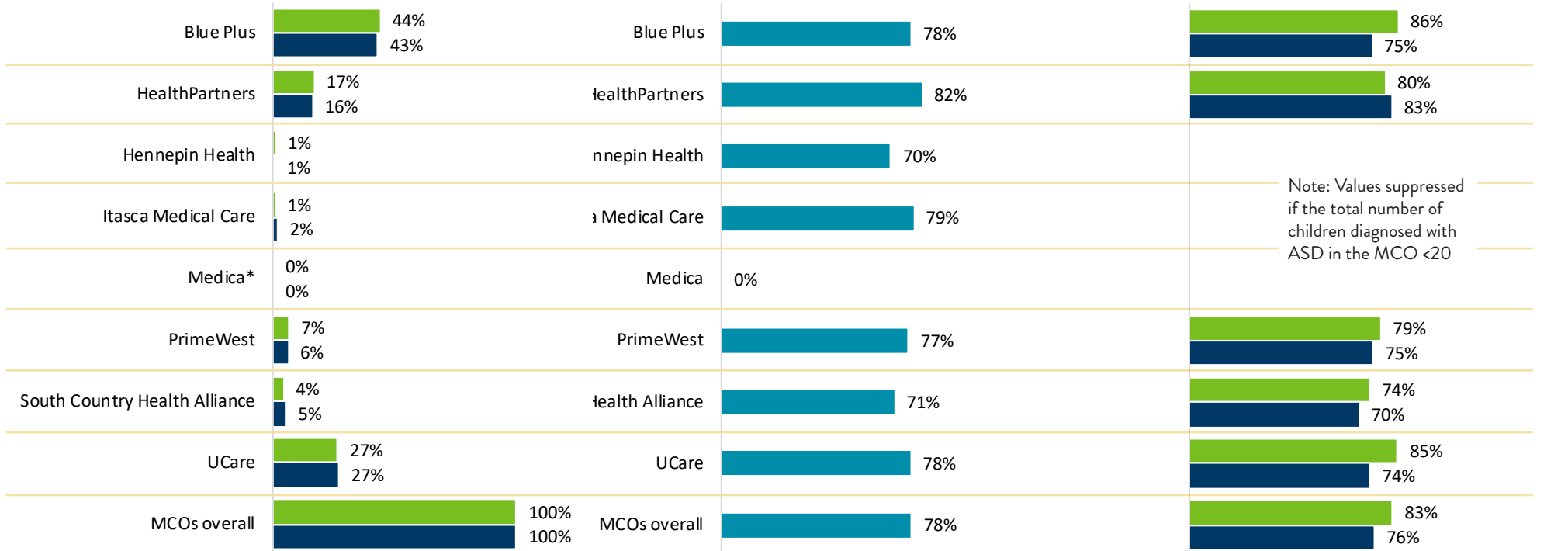
Percent of children age 1-6 who received a **DIAGNOSTIC ASSESSMENT**, by MCO (N=6,889)



Percent of children age 1-6 with an **ASD diagnosis** who received **TREATMENT(S)**, by MCO (N=2,076)















Percent of children age 1-3 and 4-6 with an **ASD diagnosis** who received **TREATMENT(S)**, by MCO (N=2,076)








Small sample sizes may be due to small enrollment in those service areas.

* Medica does not have a Families and Children contract with DHS.

Top 3 most frequently provided types of treatment, by unduplicated number of children who receive service and by procedure code.

BluePlus	HealthPartners	PrimeWest	Ucare
			
			
			

-  Family Psychotherapy - Without Patient Present
-  Family Psychotherapy - With Patient Present
-  Psychotherapy, 60 min
-  Behavioral Health Day Treatment
-  Sign language or oral interpreter services

Note: treatment types only provided for MCOs with >20 youth served.

Number of children served in physical therapy, speech therapy and occupational therapy

	Physical Therapy	Speech Therapy	Occupational Therapy
BluePlus	132	422	414
HealthPartners	32	193	189
Hennepin Health	1	11	9
Itasca Medical Care	3	5	6
Medica	0	0	0
PrimeWest	12	43	51
South Country Health Alliance	7	39	40
Ucare	46	372	336
All MCOs	233	1,085	1,045

Recommendations for improving access to screening and services for young children, ages 1-3

MCOs were asked to report on barriers to screening, diagnosis, and treatment of the youngest children who can receive services for their autism spectrum disorder. MCOs were also asked to provide recommendations as to what will help them provide better services. Their recommendations included:



More training and education for...

Providers:

Best practices in screening and diagnostic tools

Parents and caregivers:

Typical developmental milestones and the early warning signs of Autism Spectrum Disorder



Culturally meaningful training and education on the early signs of autism spectrum disorder (ASD) to parents and providers in their preferred language



Building **provider capacity** to reduce wait times and improve timely access to services



Increase coordination across education, health care, mental, and behavioral health resources

For complete data, please visit: <https://mn.gov/dhs/partners-and-providers/news-initiatives-reports-workgroups/long-term-services-and-supports/eidbi/asd-data.jsp>