NATIVE AMERICANS LIVING IN RAMSEY COUNTY

The Native American population in Ramsey County represents all age groups. A significant proportion of the population is living in poverty.

3,723 Native Americans in Ramsey County

Ages of Native American residents

2,314 1,068 341
0-17 18-64 65+

Number of Native Americans living below the poverty level in Ramsey County, by age group

40% of all Native Americans in Ramsey County are living in poverty in the past 12 months

DIW FOOD SHELF

1,401 Native American households for whom public assistance participation is determined in Ramsey County

438 received food stamps/SNAP in the last 12 months

131,847 pounds of food provided in 2020

63% of clients who used DIW food shelf also used SNAP/EBT in the last 12 months

300% increase in food shelf during Covid-19 pandemic

Clients want healthier foods. However, these foods are not always available.

Top 5 foods clients want

1. Fresh fruits and vegetables
2. Meat, poultry, fish
3. Dairy
4. Eggs
5. Cooking and baking

Clients rely on food shelves for a large portion of their food and they still experience food insecurity.

73% visited their food shelf once a month or more

88% still remain food insecure, worried that food will run out and/or food didn’t last and didn’t have money to buy more

Percentage of clients that have been told by their doctors that they...

- Have one or more health condition: 68%
- Have high blood pressure: 45%
- Have diabetes: 41%
- Should lose weight: 38%
- Have high cholesterol: 31%
When asked how they felt about things before and after attending the program, many students said they have more enjoyment in these things since starting AIYE than they did before.

Since joining the AIYE program, students were more likely to report positive feelings about how they are doing at being a good student and solving problems.

I feel more comfortable about my culture.

It improves my self-confidence.

It gave me ideas to be creative.

Thank you for giving me something fun to do in the summer and to create art with my sister. It gave us a reason to play and work together.

I liked learning about the earth and American Indian culture, and beliefs.

I learned a lot about Native American values and culture.

I like the flute and doing the art projects helps me be better at drawing.