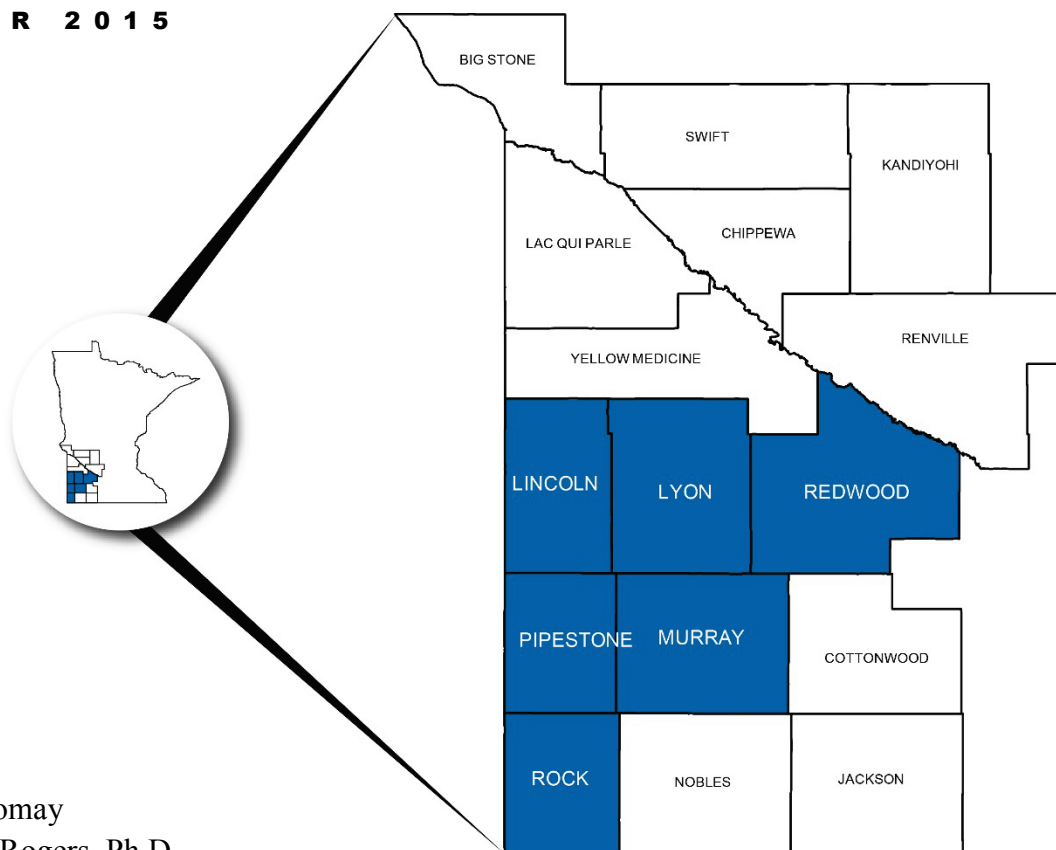


Data Book for Southwest Health and Human Services

2015 Southwest/South Central MN Adult Health Survey

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Contents

Introduction and methods	1
Sample.....	1
Data collection	1
Completed surveys.....	2
Data cleaning and analysis.....	3
How to use this data book.....	3
Data tables.....	4
Appendix.....	202
Survey instrument	202

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The following Wilder Research staff worked on this study.

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Introduction and methods

Staff from the public health agencies representing Big Stone, Chippewa, Cottonwood, Jackson, Kandiyohi, Lac qui Parle, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Renville, Rock, Swift, and Yellow Medicine counties developed the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavior Risk Factor Surveillance System (BRFSS) survey and from other recent surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the printing and mailing vendor, Survey Systems, Inc., of New Brighton, MN, as a scannable, self-administered English-language questionnaire. See the Appendix for the survey instrument.

Sample

A two-stage sampling strategy was used for obtaining a statistically representative sample of adults living in each of the 16 counties. A separate sample was drawn for each county. For the first stage of sampling, a random sample of county residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey, regardless of their phone status (cell-only, multiple lines, etc.) Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the “most recent birthday” method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

Data collection

An initial survey packet that included a cover letter, the survey instrument, and a postage-paid return envelope was mailed April 27-30, 2015, to 20,100 sampled households (1,200 for 13 of the counties and 1,500 for three of the counties). Approximately two weeks after the first survey packets were mailed (May 8), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (May 22), another full survey packet was sent to all households that still had not returned the survey. The remaining completed surveys were received over the next eight weeks, with the final date for the receipt of surveys being July 31, 2015.

Completed surveys

Completed surveys were received from 6,125 adult residents of the 16 counties; thus, the overall response rate was 30.5% (6,125/20,100). County-specific population, sample, and response rates can be found in Figure 1.

1. Southwest/South Central MN Adult Health Survey sample and respondents

Area No.	Reporting area (County)	Population of area ^a	Number of addresses sampled	Number of completed surveys	Response rate	Margin of error ^b
1	Big Stone	5,122	1,200	351	29.9%	7.0%
2	Chippewa	12,093	1,200	285	24.2%	8.1%
3	Cottonwood	11,616	1,500	456	31.0%	6.6%
4	Jackson	10,260	1,500	429	29.5%	6.4%
5	Kandiyohi	42,410	1,200	353	29.8%	6.9%
6	Lac qui Parle	7,027	1,200	381	32.1%	7.0%
7	Lincoln	5,830	1,200	412	34.8%	6.6%
8	Lyon	25,487	1,200	339	28.9%	7.2%
9	Murray	8,533	1,200	418	35.0%	6.4%
10	Nobles	21,617	1,500	448	30.4%	6.6%
11	Pipestone	9,270	1,200	328	27.8%	8.0%
12	Redwood	15,744	1,200	361	30.7%	6.9%
13	Renville	15,166	1,200	387	32.9%	7.0%
14	Rock	9,520	1,200	361	30.8%	7.4%
15	Swift	9,546	1,200	373	31.3%	7.2%
16	Yellow Medicine	10,143	1,200	337	28.8%	7.8%
All		219,284	20,100	6,019	30.5%	1.9%

^a Most recent data (2013) from MN Compass

^b The margins of error are adjusted due to the statistical weighting procedures used to adjust age and gender.

Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the survey results are representative of the adult population of each of the 16 counties, the data were weighted by the Minnesota Department of Health's Center for Health Statistics staff. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult populations of the 12 counties, according to U.S. Census Bureau 2010 estimates.

How to use this data book

The “area of focus” for this data book is the counties served by **Southwest Health and Human Services** – Lincoln, Lyon, Murray, Pipestone, Redwood, and Rock counties. Data books using this same format have been developed for each of the 16 reporting areas, as shown in Figure 1. Please see the other data books in this series for more detailed information about these other areas. For every table in this data book, results are displayed for sub-groups of respondents from the region served by Southwest Health and Human Services based on:

- Gender
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Highest level of education including less than high school diploma/GED, high school diploma/GED, some college, trade school, or Associate degree, and bachelor's degree or higher
- Annual household income ranges including less than \$20,000, \$20,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, \$75,000 or more.

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

Survey findings

[Data tables](#)

61. Gender (Unweighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Female	Male	N (Unweighted)
	%	%	
Overall results from 2010	68.1%	31.9%	2353
Overall results from 2015	63.6%	36.4%	2219
Results by age:			
18-34	71.3%	28.7%	209
35-44	73.8%	26.2%	195
45-54	68.5%	31.5%	270
55-64	56.3%	43.7%	503
65-74	56.2%	43.8%	468
75+	67.4%	32.6%	574
Results by education level:			
Less than HS diploma, no GED	53.8%	46.2%	156
High school diploma or GED	60.8%	39.2%	692
Some college, trade school, or Associate degree	66.0%	34.0%	801
Bachelor's degree or higher	66.3%	33.7%	549
Results by household income:			
Less than \$20,000	68.6%	31.4%	408
\$20,000 - \$34,999	65.9%	34.1%	369
\$35,000 - \$49,999	58.2%	41.8%	328
\$50,000 - \$74,999	59.0%	41.0%	437
\$75,000 or more	60.8%	39.2%	469

61. Gender (Weighted)

Southwest Health and Human Services (SWHHS)	Female	Male	N (Unweighted)
	%	%	
Overall results from 2010	52.4%	47.6%	2353
Overall results from 2015	52.1%	47.9%	2219
Results by age:			
18-34	52.6%	47.4%	209
35-44	49.4%	50.6%	195
45-54	49.7%	50.3%	270
55-64	49.5%	50.5%	503
65-74	51.4%	48.6%	468
75+	61.6%	38.4%	574
Results by education level:			
Less than HS diploma, no GED	41.9%	58.1%	156
High school diploma or GED	47.3%	52.7%	692
Some college, trade school, or Associate degree	54.6%	45.4%	801
Bachelor's degree or higher	54.6%	45.4%	549
Results by household income:			
Less than \$20,000	52.8%	47.2%	408
\$20,000 - \$34,999	54.7%	45.3%	369
\$35,000 - \$49,999	50.3%	49.7%	328
\$50,000 - \$74,999	49.7%	50.3%	437
\$75,000 or more	49.7%	50.3%	469

Demographics

62. Age group (Unweighted)

Southwest Health and Human Services (SWHHS)	18-34	35-44	45-54	55-64	65-74	75+	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2010	11.6%	11.1%	19.2%	19.8%	17.1%	21.2%	2331
Overall results from 2015	9.4%	8.8%	12.2%	22.7%	21.1%	25.9%	2219
Results by gender:							
Female	10.6%	10.2%	13.1%	20.1%	18.6%	27.4%	1411
Male	7.4%	6.3%	10.5%	27.2%	25.4%	23.1%	808
Results by education level:							
Less than HS diploma, no GED	1.3%	5.8%	2.6%	9.6%	17.9%	62.8%	156
High school diploma or GED	4.3%	4.2%	7.5%	22.1%	24.0%	37.9%	692
Some college, trade school, or Associate degree	8.9%	9.7%	16.5%	27.5%	20.8%	16.6%	801
Bachelor's degree or higher	19.3%	14.4%	14.6%	20.8%	18.8%	12.2%	549
Results by household income:							
Less than \$20,000	4.2%	5.4%	5.9%	16.2%	21.6%	46.8%	408
\$20,000 - \$34,999	7.3%	7.3%	8.9%	19.0%	24.4%	33.1%	369
\$35,000 - \$49,999	13.4%	8.5%	10.7%	22.6%	24.4%	20.4%	328
\$50,000 - \$74,999	14.4%	8.2%	17.4%	28.1%	18.8%	13.0%	437
\$75,000 or more	11.5%	16.0%	17.9%	29.4%	16.2%	9.0%	469

62. Age group (Weighted)

<i>Southwest Health and Human Services (SWHHS)</i>	18-34	35-44	45-54	55-64	65-74	75+	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2010	23.9%	14.9%	20.1%	15.8%	11.3%	13.9%	2331
Overall results from 2015	24.8%	14.6%	19.4%	16.5%	11.0%	13.5%	2219
Results by gender:							
Female	25.1%	13.9%	18.5%	15.7%	10.9%	16.0%	1411
Male	24.6%	15.5%	20.4%	17.4%	11.2%	10.8%	808
Results by education level:							
Less than HS diploma, no GED	4.9%	16.0%	7.8%	10.1%	13.5%	47.7%	156
High school diploma or GED	14.5%	8.2%	18.1%	18.8%	16.0%	24.3%	692
Some college, trade school, or Associate degree	25.2%	15.6%	21.6%	19.2%	10.2%	8.2%	801
Bachelor's degree or higher	35.8%	18.4%	19.8%	12.8%	7.8%	5.5%	549
Results by household income:							
Less than \$20,000	18.7%	13.9%	8.7%	14.4%	13.2%	31.1%	408
\$20,000 - \$34,999	22.2%	12.3%	14.3%	14.6%	14.1%	22.4%	369
\$35,000 - \$49,999	33.1%	8.9%	18.2%	14.6%	13.8%	11.4%	328
\$50,000 - \$74,999	31.8%	12.4%	22.3%	17.5%	8.8%	7.2%	437
\$75,000 or more	22.5%	23.1%	24.6%	18.6%	7.2%	4.0%	469

Demographics

64. Race / Ethnicity (Unweighted)

Southwest Health and Human Services (SWHHS)	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2010	0.9%	0.5%	0.4%	1.2%	98.3%	1.2%	2337
Overall results from 2015	1.1%	0.5%	0.1%	0.9%	98.7%	0.9%	2212
Results by gender:							
Female	1.2%	0.4%	0.1%	0.9%	98.7%	0.7%	1408
Male	0.9%	0.7%	0.1%	0.9%	98.6%	1.1%	804
Results by age:							
18-34	0.5%	1.4%	0.0%	0.0%	98.6%	0.0%	209
35-44	1.5%	1.0%	1.0%	1.0%	96.9%	1.0%	195
45-54	2.6%	1.5%	0.0%	1.5%	97.0%	0.4%	269
55-64	0.4%	0.2%	0.0%	1.2%	99.4%	1.4%	502
65-74	1.3%	0.2%	0.0%	0.6%	99.1%	1.3%	466
75+	0.9%	0.0%	0.0%	0.7%	99.1%	0.5%	571
Results by education level:							
Less than HS diploma, no GED	1.9%	1.3%	0.0%	3.2%	96.8%	1.3%	156
High school diploma or GED	0.6%	0.7%	0.0%	0.6%	98.6%	0.7%	690
Some college, trade school, or Associate degree	1.4%	0.1%	0.3%	0.9%	99.1%	0.8%	799
Bachelor's degree or higher	1.1%	0.5%	0.0%	0.4%	98.9%	0.9%	548
Results by household income:							
Less than \$20,000	1.7%	0.7%	0.0%	1.0%	98.0%	1.5%	407
\$20,000 - \$34,999	1.1%	0.8%	0.3%	1.1%	98.4%	0.5%	369
\$35,000 - \$49,999	1.2%	0.3%	0.3%	1.2%	98.5%	0.0%	328
\$50,000 - \$74,999	0.7%	0.2%	0.0%	0.2%	99.3%	0.5%	436
\$75,000 or more	1.1%	0.6%	0.0%	0.6%	98.7%	1.1%	468

Demographics

64. Race / Ethnicity (Weighted)

Southwest Health and Human Services (SWHHS)	American Indian	Asian or Pacific Islander	Black, African American, or African	Hispanic / Latino	White	Other	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2010	0.6%	0.9%	0.7%	1.5%	97.1%	1.7%	2337
Overall results from 2015	1.2%	1.1%	0.2%	0.8%	98.0%	0.8%	2212
Results by gender:							
Female	1.2%	0.4%	0.1%	1.2%	98.5%	0.5%	1408
Male	1.1%	1.8%	0.4%	0.5%	97.4%	1.2%	804
Results by age:							
18-34	0.2%	1.2%	0.0%	0.0%	99.1%	0.0%	209
35-44	1.9%	0.7%	1.7%	0.6%	97.1%	1.7%	195
45-54	2.6%	2.7%	0.0%	1.3%	95.8%	0.1%	269
55-64	0.4%	1.0%	0.0%	1.2%	98.5%	1.4%	502
65-74	1.2%	0.3%	0.0%	0.9%	98.2%	2.3%	466
75+	0.8%	0.0%	0.0%	1.5%	99.2%	0.4%	571
Results by education level:							
Less than HS diploma, no GED	3.8%	1.6%	0.0%	5.3%	91.5%	3.8%	156
High school diploma or GED	0.3%	2.5%	0.0%	0.5%	96.9%	1.0%	690
Some college, trade school, or Associate degree	1.6%	0.3%	0.7%	0.7%	99.2%	0.5%	799
Bachelor's degree or higher	0.8%	0.9%	0.0%	0.4%	98.5%	0.5%	548
Results by household income:							
Less than \$20,000	1.5%	2.6%	0.0%	2.1%	94.7%	2.6%	407
\$20,000 - \$34,999	0.7%	1.0%	0.4%	0.8%	98.6%	0.5%	369
\$35,000 - \$49,999	2.5%	0.3%	1.3%	1.1%	97.8%	0.0%	328
\$50,000 - \$74,999	1.0%	0.3%	0.0%	0.3%	99.4%	0.4%	436
\$75,000 or more	0.8%	2.0%	0.0%	0.6%	97.6%	0.9%	468

65. Sexual orientation / Gender identity (Unweighted)

Southwest Health and Human Services (SWHHS)	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N (Unweighted)
	%	%	%	%	
Overall results from 2015	99.1%	0.5%	0.5%	0.2%	2012
Results by gender:					
Female	99.3%	0.3%	0.5%	0.1%	1273
Male	98.8%	0.9%	0.7%	0.4%	739
Results by age:					
18-34	98.1%	1.0%	1.5%	0.0%	206
35-44	99.5%	0.0%	0.0%	0.5%	189
45-54	99.2%	0.0%	0.8%	0.0%	262
55-64	98.3%	1.5%	0.6%	0.0%	481
65-74	100.0%	0.0%	0.0%	0.0%	421
75+	99.3%	0.4%	0.7%	0.7%	453
Results by education level:					
Less than HS diploma, no GED	99.1%	0.0%	0.0%	0.9%	106
High school diploma or GED	99.3%	0.5%	0.5%	0.2%	599
Some college, trade school, or Associate degree	99.2%	0.5%	0.7%	0.1%	766
Bachelor's degree or higher	98.7%	0.8%	0.6%	0.2%	530
Results by household income:					
Less than \$20,000	99.4%	0.3%	0.3%	0.0%	339
\$20,000 - \$34,999	97.9%	1.2%	1.2%	0.9%	337
\$35,000 - \$49,999	99.0%	0.6%	0.3%	0.0%	311
\$50,000 - \$74,999	98.8%	0.2%	1.2%	0.2%	418
\$75,000 or more	99.8%	0.4%	0.0%	0.0%	447

65. Sexual orientation / Gender identity (Weighted)

Southwest Health and Human Services (SWHHS)	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Transgender	N (Unweighted)
	%	%	%	%	
Overall results from 2015	99.0%	0.6%	0.5%	0.2%	2012
Results by gender:					
Female	99.3%	0.2%	0.4%	0.1%	1273
Male	98.7%	1.1%	0.5%	0.4%	739
Results by age:					
18-34	98.2%	1.4%	0.5%	0.0%	206
35-44	99.6%	0.0%	0.0%	0.4%	189
45-54	99.3%	0.0%	0.7%	0.0%	262
55-64	99.0%	1.1%	0.2%	0.0%	481
65-74	100.0%	0.0%	0.0%	0.0%	421
75+	98.9%	0.7%	1.4%	1.5%	453
Results by education level:					
Less than HS diploma, no GED	99.1%	0.0%	0.0%	0.9%	106
High school diploma or GED	99.3%	0.5%	0.7%	0.3%	599
Some college, trade school, or Associate degree	99.4%	0.2%	0.5%	0.2%	766
Bachelor's degree or higher	98.3%	1.3%	0.3%	0.2%	530
Results by household income:					
Less than \$20,000	99.8%	0.1%	0.1%	0.0%	339
\$20,000 - \$34,999	97.5%	0.9%	1.8%	1.6%	337
\$35,000 - \$49,999	97.6%	2.3%	0.1%	0.0%	311
\$50,000 - \$74,999	99.2%	0.1%	0.8%	0.1%	418
\$75,000 or more	99.8%	0.3%	0.0%	0.0%	447

Demographics

BMI status (Unweighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
	%	%	%	
Overall results from 2010	31.9%	36.3%	31.7%	2292
Overall results from 2015	30.5%	33.3%	36.1%	2017
Results by gender:				
Female	36.7%	28.1%	35.2%	1280
Male	19.8%	42.3%	37.9%	737
Results by age:				
18-34	43.3%	29.6%	27.1%	203
35-44	36.7%	28.7%	34.6%	188
45-54	31.5%	28.4%	40.1%	257
55-64	25.5%	32.8%	41.6%	478
65-74	21.5%	35.7%	42.8%	423
75+	35.3%	37.8%	26.9%	468
Results by education level:				
Less than HS diploma, no GED	32.2%	32.2%	35.6%	118
High school diploma or GED	27.0%	33.9%	39.1%	611
Some college, trade school, or Associate degree	29.2%	31.7%	39.1%	744
Bachelor's degree or higher	36.0%	35.2%	28.8%	534
Results by household income:				
Less than \$20,000	25.5%	32.0%	42.5%	341
\$20,000 - \$34,999	29.8%	31.9%	38.3%	339
\$35,000 - \$49,999	29.5%	32.5%	38.0%	308
\$50,000 - \$74,999	29.7%	35.2%	35.2%	418
\$75,000 or more	34.8%	33.5%	31.7%	451

Demographics

BMI status (Weighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
	%	%	%	
Overall results from 2010	30.5%	38.0%	31.6%	2292
Overall results from 2015	30.3%	34.5%	35.2%	2017
Results by gender:				
Female	39.0%	28.1%	32.9%	1280
Male	21.2%	41.2%	37.6%	737
Results by age:				
18-34	37.3%	31.8%	30.9%	203
35-44	30.4%	36.7%	32.9%	188
45-54	27.5%	32.2%	40.4%	257
55-64	25.3%	35.2%	39.5%	478
65-74	22.1%	36.3%	41.6%	423
75+	34.4%	38.5%	27.1%	468
Results by education level:				
Less than HS diploma, no GED	29.5%	34.8%	35.6%	118
High school diploma or GED	27.3%	33.9%	38.8%	611
Some college, trade school, or Associate degree	26.5%	30.5%	43.0%	744
Bachelor's degree or higher	36.7%	39.3%	24.0%	534
Results by household income:				
Less than \$20,000	22.1%	34.0%	43.9%	341
\$20,000 - \$34,999	33.0%	36.3%	30.7%	339
\$35,000 - \$49,999	29.4%	31.7%	38.9%	308
\$50,000 - \$74,999	29.0%	33.4%	37.6%	418
\$75,000 or more	33.2%	36.5%	30.3%	451

68. Including yourself, how many adults live in your household? (Unweighted)

Southwest Health and Human Services (SWHHS)	1	2	3	4	5 or more	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	38.5%	52.3%	7.1%	2.0%	0.0%	2363
Overall results from 2015	35.8%	56.7%	5.9%	1.2%	0.4%	2219
Results by gender:						
Female	38.7%	53.7%	6.2%	1.0%	0.4%	1411
Male	30.7%	61.9%	5.4%	1.5%	0.5%	808
Results by age:						
18-34	22.0%	71.8%	3.3%	1.9%	1.0%	209
35-44	20.0%	72.3%	6.2%	0.5%	1.0%	195
45-54	25.9%	54.4%	16.3%	3.3%	0.0%	270
55-64	30.6%	59.0%	8.3%	1.6%	0.4%	503
65-74	31.0%	65.8%	2.8%	0.4%	0.0%	468
75+	59.2%	37.5%	2.4%	0.3%	0.5%	574
Results by education level:						
Less than HS diploma, no GED	51.9%	39.1%	5.1%	1.3%	2.6%	156
High school diploma or GED	41.9%	52.2%	4.6%	1.2%	0.1%	692
Some college, trade school, or Associate degree	32.3%	58.4%	7.7%	1.4%	0.1%	801
Bachelor's degree or higher	26.8%	66.3%	5.5%	0.9%	0.5%	549
Results by household income:						
Less than \$20,000	71.8%	23.8%	2.9%	0.7%	0.7%	408
\$20,000 - \$34,999	48.0%	48.2%	2.4%	1.1%	0.3%	369
\$35,000 - \$49,999	31.1%	61.0%	7.3%	0.0%	0.6%	328
\$50,000 - \$74,999	16.0%	72.3%	9.6%	1.6%	0.5%	437
\$75,000 or more	14.5%	75.9%	7.2%	2.3%	0.0%	469

68. Including yourself, how many adults live in your household? (Weighted)

Southwest Health and Human Services (SWHHS)	1	2	3	4	5 or more	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	24.2%	58.1%	12.3%	5.2%	0.1%	2363
Overall results from 2015	19.0%	65.2%	11.3%	3.6%	1.0%	2219
Results by gender:						
Female	19.7%	65.8%	10.9%	2.7%	0.9%	1411
Male	18.1%	64.5%	11.6%	4.7%	1.1%	808
Results by age:						
18-34	17.4%	71.1%	5.2%	5.2%	1.1%	209
35-44	11.3%	75.9%	8.5%	2.6%	1.7%	195
45-54	13.7%	53.1%	27.6%	5.6%	0.0%	270
55-64	18.1%	64.3%	12.8%	3.7%	1.1%	503
65-74	17.3%	76.3%	5.0%	1.4%	0.0%	468
75+	40.0%	52.2%	5.0%	0.8%	2.0%	574
Results by education level:						
Less than HS diploma, no GED	27.0%	50.4%	11.0%	3.7%	7.9%	156
High school diploma or GED	23.7%	56.5%	14.6%	5.0%	0.3%	692
Some college, trade school, or Associate degree	16.5%	67.1%	11.7%	4.4%	0.3%	801
Bachelor's degree or higher	16.1%	72.4%	8.4%	1.8%	1.2%	549
Results by household income:						
Less than \$20,000	49.9%	34.2%	10.2%	2.8%	2.9%	408
\$20,000 - \$34,999	30.4%	56.8%	5.9%	6.4%	0.5%	369
\$35,000 - \$49,999	19.9%	65.6%	13.4%	0.0%	1.1%	328
\$50,000 - \$74,999	7.5%	74.5%	12.3%	4.5%	1.2%	437
\$75,000 or more	8.2%	75.6%	12.0%	4.3%	0.0%	469

69. What is the highest level of education you have completed? (Unweighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
Overall results from 2010	9.3%	32.1%	35.6%	23.0%	2334
Overall results from 2015	7.1%	31.5%	36.4%	25.0%	2198
Results by gender:					
Female	6.0%	30.1%	37.8%	26.0%	1398
Male	9.0%	33.9%	34.0%	23.1%	800
Results by age:					
18-34	1.0%	14.4%	34.0%	50.7%	209
35-44	4.6%	14.9%	40.0%	40.5%	195
45-54	1.5%	19.4%	49.3%	29.9%	268
55-64	3.0%	30.5%	43.8%	22.7%	502
65-74	6.0%	35.8%	36.0%	22.2%	464
75+	17.5%	46.8%	23.8%	12.0%	560
Results by household income:					
Less than \$20,000	17.5%	43.6%	32.4%	6.5%	401
\$20,000 - \$34,999	9.6%	44.3%	33.1%	13.1%	366
\$35,000 - \$49,999	5.5%	27.7%	43.0%	23.8%	328
\$50,000 - \$74,999	1.8%	23.1%	44.6%	30.4%	437
\$75,000 or more	1.3%	15.4%	34.3%	49.0%	469

69. What is the highest level of education you have completed? (Weighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
Overall results from 2010	7.9%	29.4%	34.6%	28.1%	2334
Overall results from 2015	5.2%	24.9%	37.2%	32.8%	2198
Results by gender:					
Female	4.2%	22.6%	39.0%	34.3%	1398
Male	6.3%	27.4%	35.2%	31.1%	800
Results by age:					
18-34	1.0%	14.5%	37.5%	47.0%	209
35-44	5.7%	13.9%	39.4%	41.0%	195
45-54	2.1%	23.2%	41.3%	33.3%	268
55-64	3.2%	28.3%	43.2%	25.3%	502
65-74	6.4%	36.0%	34.6%	23.1%	464
75+	18.6%	45.3%	22.7%	13.4%	560
Results by household income:					
Less than \$20,000	20.7%	40.4%	29.8%	9.1%	401
\$20,000 - \$34,999	6.8%	41.9%	32.6%	18.7%	366
\$35,000 - \$49,999	4.9%	21.9%	38.4%	34.9%	328
\$50,000 - \$74,999	1.4%	21.0%	48.8%	28.8%	437
\$75,000 or more	0.6%	10.7%	33.7%	55.0%	469

70. Household income per year: (Unweighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	20.3%	18.3%	16.3%	21.7%	23.3%	2011
Results by gender:						
Female	22.3%	19.3%	15.2%	20.5%	22.7%	1257
Male	17.0%	16.7%	18.2%	23.7%	24.4%	754
Results by age:						
18-34	8.3%	13.2%	21.5%	30.7%	26.3%	205
35-44	11.7%	14.4%	14.9%	19.1%	39.9%	188
45-54	9.5%	13.1%	13.9%	30.2%	33.3%	252
55-64	14.0%	14.9%	15.7%	26.1%	29.3%	471
65-74	21.2%	21.6%	19.2%	19.7%	18.3%	416
75+	39.9%	25.5%	14.0%	11.9%	8.8%	479
Results by education level:						
Less than HS diploma, no GED	51.1%	25.5%	13.1%	5.8%	4.4%	137
High school diploma or GED	29.1%	27.0%	15.1%	16.8%	12.0%	601
Some college, trade school, or Associate degree	17.4%	16.2%	18.9%	26.1%	21.5%	748
Bachelor's degree or higher	5.0%	9.3%	15.1%	25.8%	44.7%	515

70. Household income per year: (Weighted)

<i>Southwest Health and Human Services (SWHHS)</i>	Less than \$20,000	\$20,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	13.0%	14.0%	16.1%	26.9%	29.9%	2011
Results by gender:						
Female	13.5%	15.1%	16.0%	26.3%	29.2%	1257
Male	12.5%	13.0%	16.3%	27.6%	30.6%	754
Results by age:						
18-34	9.3%	11.9%	20.4%	32.7%	25.7%	205
35-44	11.9%	11.4%	9.5%	21.9%	45.4%	188
45-54	5.9%	10.3%	15.1%	30.9%	37.8%	252
55-64	11.3%	12.4%	14.2%	28.5%	33.6%	471
65-74	16.5%	19.0%	21.3%	22.5%	20.7%	416
75+	33.2%	25.8%	15.2%	15.9%	9.9%	479
Results by education level:						
Less than HS diploma, no GED	53.8%	19.1%	15.9%	7.4%	3.8%	137
High school diploma or GED	22.2%	24.9%	15.1%	24.2%	13.6%	601
Some college, trade school, or Associate degree	10.2%	12.0%	16.4%	34.8%	26.7%	748
Bachelor's degree or higher	3.5%	7.7%	16.7%	23.1%	49.0%	515

Demographics

71. Are you currently... (Unweighted)

Southwest Health and Human Services (SWHHS)	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2010	46.1%	13.6%	2.6%	7.1%	2.0%	35.9%	6.3%	2345
Overall results from 2015	41.9%	15.0%	1.1%	5.3%	1.3%	41.9%	6.6%	2203
Results by gender:								
Female	43.5%	9.7%	1.1%	8.0%	1.7%	42.3%	5.7%	1403
Male	39.0%	24.4%	1.0%	0.5%	0.5%	41.4%	8.1%	800
Results by age:								
18-34	83.3%	14.4%	1.0%	9.6%	8.1%	0.5%	1.4%	209
35-44	76.7%	10.9%	2.6%	11.4%	3.6%	0.0%	4.7%	193
45-54	76.0%	19.9%	1.5%	3.0%	0.4%	1.5%	7.1%	267
55-64	59.0%	23.9%	1.0%	2.6%	0.0%	15.1%	9.6%	502
65-74	17.2%	14.7%	0.6%	4.1%	0.0%	72.2%	4.7%	464
75+	3.7%	6.9%	0.9%	6.0%	0.5%	89.4%	7.7%	568
Results by education level:								
Less than HS diploma, no GED	15.6%	9.1%	3.9%	5.8%	1.3%	66.2%	16.2%	154
High school diploma or GED	26.8%	14.9%	0.9%	6.1%	0.4%	54.6%	8.4%	690
Some college, trade school, or Associate degree	49.4%	17.3%	1.0%	4.5%	1.3%	33.2%	6.0%	797
Bachelor's degree or higher	58.2%	13.7%	0.7%	5.3%	2.4%	30.5%	2.4%	548
Results by household income:								
Less than \$20,000	17.2%	6.7%	4.4%	4.9%	1.0%	62.3%	23.2%	406
\$20,000 - \$34,999	35.0%	11.7%	0.8%	6.2%	1.1%	51.8%	5.7%	369
\$35,000 - \$49,999	44.5%	16.2%	0.0%	8.2%	1.2%	38.7%	3.4%	328
\$50,000 - \$74,999	57.5%	19.8%	0.2%	3.2%	1.4%	28.7%	1.1%	435
\$75,000 or more	61.2%	21.7%	0.2%	3.6%	1.5%	21.7%	0.4%	469

Demographics

71. Are you currently... (Weighted)

Southwest Health and Human Services (SWHHS)	Employed	Self-employed or farmer	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2010	56.1%	15.6%	2.6%	6.0%	5.3%	24.4%	5.1%	2345
Overall results from 2015	59.3%	16.6%	1.3%	4.9%	2.7%	22.5%	4.9%	2203
Results by gender:								
Female	59.8%	10.0%	1.0%	9.2%	4.2%	25.2%	3.5%	1403
Male	58.8%	23.9%	1.7%	0.1%	1.0%	19.6%	6.4%	800
Results by age:								
18-34	86.8%	11.3%	0.5%	6.9%	8.3%	0.5%	1.7%	209
35-44	78.7%	11.6%	3.4%	7.0%	3.2%	0.0%	3.7%	193
45-54	70.9%	27.2%	1.1%	1.9%	0.2%	1.6%	8.1%	267
55-64	60.3%	24.6%	1.8%	2.2%	0.0%	13.6%	7.2%	502
65-74	17.3%	15.1%	0.4%	3.7%	0.0%	72.3%	3.0%	464
75+	4.3%	8.4%	1.0%	7.3%	0.6%	87.6%	6.4%	568
Results by education level:								
Less than HS diploma, no GED	19.8%	12.8%	9.6%	5.6%	3.5%	50.1%	14.5%	154
High school diploma or GED	43.7%	15.9%	0.9%	5.3%	2.4%	35.7%	7.5%	690
Some college, trade school, or Associate degree	64.8%	19.2%	0.9%	4.4%	2.8%	17.1%	3.3%	797
Bachelor's degree or higher	71.8%	15.0%	0.8%	5.0%	2.5%	13.6%	3.2%	548
Results by household income:								
Less than \$20,000	30.7%	5.1%	8.4%	3.6%	3.7%	42.5%	22.8%	406
\$20,000 - \$34,999	51.8%	12.4%	1.5%	5.7%	4.7%	34.5%	6.0%	369
\$35,000 - \$49,999	53.4%	21.3%	0.0%	9.3%	2.0%	22.0%	4.8%	328
\$50,000 - \$74,999	69.6%	19.4%	0.0%	3.2%	2.3%	15.1%	0.6%	435
\$75,000 or more	75.8%	19.7%	0.2%	2.8%	2.0%	9.3%	0.2%	469

All Survey Items (weighted data)

1. In general, would you say your health is:

<i>Southwest Health and Human Services (SWHHS)</i>	Excellent	Very good	Good	Fair	Poor	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	10.3%	38.8%	37.9%	11.0%	2.0%	2238
Overall results from 2015	13.8%	39.8%	35.9%	9.2%	1.4%	2076
Results by gender:						
Female	14.4%	42.2%	34.8%	7.5%	1.1%	1322
Male	13.1%	37.2%	37.0%	11.0%	1.7%	754
Results by age:						
18-34	21.7%	48.0%	26.2%	3.7%	0.5%	204
35-44	16.6%	47.8%	30.1%	3.7%	1.7%	187
45-54	14.7%	40.4%	36.1%	6.8%	2.1%	254
55-64	10.7%	34.9%	40.0%	12.9%	1.5%	475
65-74	7.5%	36.3%	43.7%	11.6%	0.9%	448
75+	2.6%	22.4%	49.9%	23.2%	1.8%	508
Results by education level:						
Less than HS diploma, no GED	5.9%	18.8%	47.2%	24.7%	3.4%	133
High school diploma or GED	6.0%	32.9%	44.2%	13.7%	3.2%	642
Some college, trade school, or Associate degree	11.5%	41.9%	38.0%	7.9%	0.6%	759
Bachelor's degree or higher	23.4%	45.8%	25.7%	4.6%	0.4%	527
Results by household income:						
Less than \$20,000	7.2%	22.4%	39.2%	26.8%	4.4%	369
\$20,000 - \$34,999	8.0%	32.0%	42.9%	12.5%	4.6%	344
\$35,000 - \$49,999	8.9%	44.0%	36.9%	9.7%	0.5%	315
\$50,000 - \$74,999	16.4%	44.1%	33.4%	5.7%	0.5%	413
\$75,000 or more	21.0%	45.4%	31.6%	2.0%	0.0%	448

2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?

Southwest Health and Human Services (SWHHS)	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
Overall results from 2010	31.2%	1.7%	67.1%	2348
Overall results from 2015	30.8%	1.7%	67.5%	2211
Results by gender:				
Female	27.1%	3.2%	69.6%	1406
Male	34.9%	0.0%	65.1%	805
Results by age:				
18-34	8.5%	2.8%	88.7%	206
35-44	21.1%	2.9%	76.0%	194
45-54	23.9%	1.9%	74.2%	270
55-64	38.7%	0.7%	60.5%	502
65-74	58.4%	0.2%	41.3%	467
75+	60.0%	0.3%	39.7%	572
Results by education level:				
Less than HS diploma, no GED	51.4%	0.3%	48.3%	155
High school diploma or GED	38.7%	0.5%	60.9%	689
Some college, trade school, or Associate degree	30.8%	1.5%	67.7%	799
Bachelor's degree or higher	21.5%	3.1%	75.4%	547
Results by household income:				
Less than \$20,000	42.5%	1.0%	56.5%	406
\$20,000 - \$34,999	38.0%	0.4%	61.6%	369
\$35,000 - \$49,999	30.0%	2.6%	67.4%	325
\$50,000 - \$74,999	27.3%	1.7%	71.1%	435
\$75,000 or more	24.7%	2.4%	72.9%	469

2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?

Southwest Health and Human Services (SWHHS)	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
Overall results from 2015	6.7%	0.8%	92.5%	2211
Results by gender:				
Female	5.5%	1.6%	92.9%	1406
Male	8.1%	0.0%	91.9%	805
Results by age:				
18-34	1.3%	2.5%	96.2%	206
35-44	5.3%	1.0%	93.7%	194
45-54	6.8%	0.1%	93.1%	270
55-64	9.5%	0.0%	90.5%	502
65-74	11.5%	0.2%	88.3%	467
75+	10.8%	0.1%	89.1%	572
Results by education level:				
Less than HS diploma, no GED	8.6%	0.1%	91.3%	155
High school diploma or GED	8.8%	0.3%	90.9%	689
Some college, trade school, or Associate degree	5.8%	1.8%	92.4%	799
Bachelor's degree or higher	5.7%	0.2%	94.1%	547
Results by household income:				
Less than \$20,000	8.1%	0.8%	91.1%	406
\$20,000 - \$34,999	8.0%	3.4%	88.6%	369
\$35,000 - \$49,999	7.0%	0.0%	93.0%	325
\$50,000 - \$74,999	6.9%	0.0%	93.1%	435
\$75,000 or more	5.9%	0.9%	93.2%	469

2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?

Southwest Health and Human Services (SWHHS)	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
Overall results from 2010	8.4%	1.0%	90.6%	2348
Overall results from 2015	7.9%	1.4%	90.7%	2211
Results by gender:				
Female	6.3%	2.6%	91.1%	1406
Male	9.6%	0.0%	90.4%	805
Results by age:				
18-34	1.3%	1.9%	96.8%	206
35-44	4.0%	5.1%	90.9%	194
45-54	4.7%	0.3%	95.0%	270
55-64	9.7%	0.5%	89.8%	502
65-74	17.6%	0.0%	82.4%	467
75+	18.6%	0.1%	81.3%	572
Results by education level:				
Less than HS diploma, no GED	18.3%	0.8%	81.0%	155
High school diploma or GED	9.8%	0.2%	89.9%	689
Some college, trade school, or Associate degree	6.3%	1.8%	91.8%	799
Bachelor's degree or higher	6.5%	1.8%	91.7%	547
Results by household income:				
Less than \$20,000	16.3%	0.3%	83.5%	406
\$20,000 - \$34,999	10.7%	1.1%	88.2%	369
\$35,000 - \$49,999	7.7%	1.1%	91.3%	325
\$50,000 - \$74,999	5.4%	1.0%	93.6%	435
\$75,000 or more	4.7%	2.8%	92.5%	469

2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?

Southwest Health and Human Services (SWHHS)	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
Overall results from 2010	6.4%	0.7%	92.9%	2348
Overall results from 2015	6.9%	0.8%	92.3%	2211
Results by gender:				
Female	6.8%	1.6%	91.6%	1406
Male	7.0%	0.1%	93.0%	805
Results by age:				
18-34	1.9%	1.0%	97.1%	206
35-44	5.6%	1.0%	93.4%	194
45-54	7.5%	1.5%	91.0%	270
55-64	8.4%	0.4%	91.2%	502
65-74	12.0%	0.0%	88.0%	467
75+	10.2%	0.8%	89.0%	572
Results by education level:				
Less than HS diploma, no GED	5.3%	0.1%	94.6%	155
High school diploma or GED	7.1%	0.9%	92.0%	689
Some college, trade school, or Associate degree	7.0%	0.9%	92.1%	799
Bachelor's degree or higher	6.5%	0.8%	92.6%	547
Results by household income:				
Less than \$20,000	7.7%	0.5%	91.8%	406
\$20,000 - \$34,999	8.5%	0.8%	90.7%	369
\$35,000 - \$49,999	5.6%	1.4%	92.9%	325
\$50,000 - \$74,999	7.0%	1.1%	91.9%	435
\$75,000 or more	6.5%	0.7%	92.8%	469

2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	33.5%	66.5%	2211
Results by gender:			
Female	36.9%	63.1%	1406
Male	29.8%	70.2%	805
Results by age:			
18-34	25.7%	74.3%	206
35-44	31.4%	68.6%	194
45-54	38.9%	61.1%	270
55-64	38.1%	61.9%	502
65-74	41.2%	58.8%	467
75+	30.1%	69.9%	572
Results by education level:			
Less than HS diploma, no GED	28.1%	71.9%	155
High school diploma or GED	30.8%	69.2%	689
Some college, trade school, or Associate degree	38.1%	61.9%	799
Bachelor's degree or higher	31.2%	68.8%	547
Results by household income:			
Less than \$20,000	42.4%	57.6%	406
\$20,000 - \$34,999	34.0%	66.0%	369
\$35,000 - \$49,999	35.9%	64.1%	325
\$50,000 - \$74,999	28.4%	71.6%	435
\$75,000 or more	33.8%	66.2%	469

2F. Have you ever been told by a doctor or other health care professional that you had CANCER?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	9.2%	90.8%	2211
Results by gender:			
Female	9.2%	90.8%	1406
Male	9.1%	90.9%	805
Results by age:			
18-34	0.7%	99.3%	206
35-44	4.8%	95.2%	194
45-54	6.3%	93.7%	270
55-64	10.6%	89.4%	502
65-74	17.3%	82.7%	467
75+	25.3%	74.7%	572
Results by education level:			
Less than HS diploma, no GED	14.5%	85.5%	155
High school diploma or GED	12.8%	87.2%	689
Some college, trade school, or Associate degree	8.7%	91.3%	799
Bachelor's degree or higher	6.2%	93.8%	547
Results by household income:			
Less than \$20,000	13.3%	86.7%	406
\$20,000 - \$34,999	11.7%	88.3%	369
\$35,000 - \$49,999	7.9%	92.1%	325
\$50,000 - \$74,999	8.1%	91.9%	435
\$75,000 or more	7.1%	92.9%	469

All Survey Items (weighted data)

2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	5.6%	94.4%	2211
Results by gender:			
Female	4.1%	95.9%	1406
Male	7.2%	92.8%	805
Results by age:			
18-34	0.0%	100.0%	206
35-44	3.1%	96.9%	194
45-54	7.0%	93.0%	270
55-64	6.8%	93.2%	502
65-74	7.2%	92.8%	467
75+	13.9%	86.1%	572
Results by education level:			
Less than HS diploma, no GED	15.6%	84.4%	155
High school diploma or GED	7.7%	92.3%	689
Some college, trade school, or Associate degree	5.0%	95.0%	799
Bachelor's degree or higher	3.3%	96.7%	547
Results by household income:			
Less than \$20,000	12.8%	87.2%	406
\$20,000 - \$34,999	8.3%	91.7%	369
\$35,000 - \$49,999	7.3%	92.7%	325
\$50,000 - \$74,999	3.6%	96.4%	435
\$75,000 or more	1.8%	98.2%	469

2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	5.3%	94.7%	2348
Overall results from 2015	11.2%	88.8%	2211
Results by gender:			
Female	8.2%	91.8%	1406
Male	14.4%	85.6%	805
Results by age:			
18-34	2.5%	97.5%	206
35-44	6.1%	93.9%	194
45-54	7.0%	93.0%	270
55-64	12.2%	87.8%	502
65-74	19.8%	80.2%	467
75+	30.1%	69.9%	572
Results by education level:			
Less than HS diploma, no GED	28.0%	72.0%	155
High school diploma or GED	14.3%	85.7%	689
Some college, trade school, or Associate degree	8.9%	91.1%	799
Bachelor's degree or higher	8.8%	91.2%	547
Results by household income:			
Less than \$20,000	21.7%	78.3%	406
\$20,000 - \$34,999	15.0%	85.0%	369
\$35,000 - \$49,999	10.4%	89.6%	325
\$50,000 - \$74,999	9.4%	90.6%	435
\$75,000 or more	6.4%	93.6%	469

All Survey Items (weighted data)

2I. Have you ever been told by a doctor or other health care professional that you had a STROKE OR STROKE-RELATED HEALTH PROBLEMS?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	2.7%	97.3%	2348
Overall results from 2015	3.7%	96.3%	2211
Results by gender:			
Female	3.0%	97.0%	1406
Male	4.5%	95.5%	805
Results by age:			
18-34	0.0%	100.0%	206
35-44	2.2%	97.8%	194
45-54	1.6%	98.4%	270
55-64	4.6%	95.4%	502
65-74	7.4%	92.6%	467
75+	11.2%	88.8%	572
Results by education level:			
Less than HS diploma, no GED	11.6%	88.4%	155
High school diploma or GED	5.0%	95.0%	689
Some college, trade school, or Associate degree	2.6%	97.4%	799
Bachelor's degree or higher	2.9%	97.1%	547
Results by household income:			
Less than \$20,000	7.1%	92.9%	406
\$20,000 - \$34,999	4.1%	95.9%	369
\$35,000 - \$49,999	3.4%	96.6%	325
\$50,000 - \$74,999	2.8%	97.2%	435
\$75,000 or more	2.6%	97.4%	469

2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	30.6%	69.4%	2345
Overall results from 2015	29.4%	70.6%	2211
Results by gender:			
Female	26.5%	73.5%	1406
Male	32.5%	67.5%	805
Results by age:			
18-34	8.0%	92.0%	206
35-44	18.9%	81.1%	194
45-54	31.5%	68.5%	270
55-64	42.6%	57.4%	502
65-74	50.3%	49.7%	467
75+	43.6%	56.4%	572
Results by education level:			
Less than HS diploma, no GED	28.2%	71.8%	155
High school diploma or GED	35.2%	64.8%	689
Some college, trade school, or Associate degree	29.4%	70.6%	799
Bachelor's degree or higher	24.9%	75.1%	547
Results by household income:			
Less than \$20,000	37.7%	62.3%	406
\$20,000 - \$34,999	28.0%	72.0%	369
\$35,000 - \$49,999	29.9%	70.1%	325
\$50,000 - \$74,999	27.8%	72.2%	435
\$75,000 or more	26.4%	73.6%	469

2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	22.2%	77.8%	2211
Results by gender:			
Female	23.6%	76.4%	1406
Male	20.6%	79.4%	805
Results by age:			
18-34	3.4%	96.6%	206
35-44	7.3%	92.7%	194
45-54	20.2%	79.8%	270
55-64	27.3%	72.7%	502
65-74	40.6%	59.4%	467
75+	54.3%	45.7%	572
Results by education level:			
Less than HS diploma, no GED	44.4%	55.6%	155
High school diploma or GED	32.2%	67.8%	689
Some college, trade school, or Associate degree	20.1%	79.9%	799
Bachelor's degree or higher	12.6%	87.4%	547
Results by household income:			
Less than \$20,000	39.6%	60.4%	406
\$20,000 - \$34,999	28.4%	71.6%	369
\$35,000 - \$49,999	22.0%	78.0%	325
\$50,000 - \$74,999	18.1%	81.9%	435
\$75,000 or more	12.8%	87.2%	469

2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	16.1%	83.9%	2211
Results by gender:			
Female	20.6%	79.4%	1406
Male	11.3%	88.7%	805
Results by age:			
18-34	15.9%	84.1%	206
35-44	20.7%	79.3%	194
45-54	18.5%	81.5%	270
55-64	15.3%	84.7%	502
65-74	14.7%	85.3%	467
75+	10.6%	89.4%	572
Results by education level:			
Less than HS diploma, no GED	16.4%	83.6%	155
High school diploma or GED	20.6%	79.4%	689
Some college, trade school, or Associate degree	15.9%	84.1%	799
Bachelor's degree or higher	12.7%	87.3%	547
Results by household income:			
Less than \$20,000	32.7%	67.3%	406
\$20,000 - \$34,999	21.7%	78.3%	369
\$35,000 - \$49,999	15.0%	85.0%	325
\$50,000 - \$74,999	11.4%	88.6%	435
\$75,000 or more	12.5%	87.5%	469

2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	13.0%	87.0%	2211
Results by gender:			
Female	17.5%	82.5%	1406
Male	8.0%	92.0%	805
Results by age:			
18-34	14.8%	85.2%	206
35-44	18.4%	81.6%	194
45-54	13.0%	87.0%	270
55-64	10.4%	89.6%	502
65-74	9.2%	90.8%	467
75+	9.8%	90.2%	572
Results by education level:			
Less than HS diploma, no GED	11.8%	88.2%	155
High school diploma or GED	14.2%	85.8%	689
Some college, trade school, or Associate degree	11.7%	88.3%	799
Bachelor's degree or higher	13.5%	86.5%	547
Results by household income:			
Less than \$20,000	20.9%	79.1%	406
\$20,000 - \$34,999	15.8%	84.2%	369
\$35,000 - \$49,999	13.8%	86.2%	325
\$50,000 - \$74,999	9.0%	91.0%	435
\$75,000 or more	12.6%	87.4%	469

2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	3.3%	96.7%	2211
Results by gender:			
Female	2.9%	97.1%	1406
Male	3.7%	96.3%	805
Results by age:			
18-34	1.6%	98.4%	206
35-44	6.1%	93.9%	194
45-54	2.3%	97.7%	270
55-64	4.0%	96.0%	502
65-74	3.2%	96.8%	467
75+	4.1%	95.9%	572
Results by education level:			
Less than HS diploma, no GED	7.9%	92.1%	155
High school diploma or GED	4.3%	95.7%	689
Some college, trade school, or Associate degree	3.1%	96.9%	799
Bachelor's degree or higher	1.9%	98.1%	547
Results by household income:			
Less than \$20,000	10.7%	89.3%	406
\$20,000 - \$34,999	4.7%	95.3%	369
\$35,000 - \$49,999	2.7%	97.3%	325
\$50,000 - \$74,999	1.3%	98.7%	435
\$75,000 or more	1.5%	98.5%	469

All Survey Items (weighted data)

Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH CONDITION?
(2L, 2M, or 2N = Yes)

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	20.7%	79.3%	2211
Results by gender:			
Female	26.4%	73.6%	1406
Male	14.5%	85.5%	805
Results by age:			
18-34	19.9%	80.1%	206
35-44	24.5%	75.5%	194
45-54	23.3%	76.7%	270
55-64	20.0%	80.0%	502
65-74	18.1%	81.9%	467
75+	17.1%	82.9%	572
Results by education level:			
Less than HS diploma, no GED	20.7%	79.3%	155
High school diploma or GED	25.6%	74.4%	689
Some college, trade school, or Associate degree	20.7%	79.3%	799
Bachelor's degree or higher	16.6%	83.4%	547
Results by household income:			
Less than \$20,000	36.1%	63.9%	406
\$20,000 - \$34,999	29.0%	71.0%	369
\$35,000 - \$49,999	20.6%	79.4%	325
\$50,000 - \$74,999	13.4%	86.6%	435
\$75,000 or more	17.7%	82.3%	469

20. Have you ever been told by a doctor or other health care professional that you were OBESE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	10.9%	89.1%	2211
Results by gender:			
Female	13.1%	86.9%	1406
Male	8.5%	91.5%	805
Results by age:			
18-34	3.5%	96.5%	206
35-44	11.7%	88.3%	194
45-54	14.5%	85.5%	270
55-64	15.4%	84.6%	502
65-74	14.0%	86.0%	467
75+	9.9%	90.1%	572
Results by education level:			
Less than HS diploma, no GED	15.2%	84.8%	155
High school diploma or GED	11.9%	88.1%	689
Some college, trade school, or Associate degree	10.1%	89.9%	799
Bachelor's degree or higher	10.1%	89.9%	547
Results by household income:			
Less than \$20,000	16.7%	83.3%	406
\$20,000 - \$34,999	10.3%	89.7%	369
\$35,000 - \$49,999	11.1%	88.9%	325
\$50,000 - \$74,999	8.4%	91.6%	435
\$75,000 or more	10.4%	89.6%	469

2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	10.7%	89.3%	2348
Overall results from 2015	8.4%	91.6%	2211
Results by gender:			
Female	9.1%	90.9%	1406
Male	7.7%	92.3%	805
Results by age:			
18-34	4.8%	95.2%	206
35-44	11.4%	88.6%	194
45-54	8.9%	91.1%	270
55-64	10.1%	89.9%	502
65-74	7.9%	92.1%	467
75+	9.6%	90.4%	572
Results by education level:			
Less than HS diploma, no GED	13.2%	86.8%	155
High school diploma or GED	7.8%	92.2%	689
Some college, trade school, or Associate degree	8.8%	91.2%	799
Bachelor's degree or higher	7.4%	92.6%	547
Results by household income:			
Less than \$20,000	13.7%	86.3%	406
\$20,000 - \$34,999	14.3%	85.7%	369
\$35,000 - \$49,999	3.6%	96.4%	325
\$50,000 - \$74,999	6.9%	93.1%	435
\$75,000 or more	7.4%	92.6%	469

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Southwest Health and Human Services (SWHHS)	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	53.6%	35.7%	4.9%	1.7%	4.1%	1843
Results by gender:						
Female	51.2%	38.3%	6.2%	1.8%	2.4%	1179
Male	56.1%	33.0%	3.4%	1.5%	5.9%	664
Results by age:						
18-34	55.9%	36.6%	3.9%	1.3%	2.3%	186
35-44	62.2%	31.1%	2.5%	1.2%	3.1%	167
45-54	49.6%	40.5%	3.5%	0.8%	5.6%	236
55-64	55.7%	33.5%	5.9%	1.3%	3.7%	433
65-74	57.3%	31.2%	4.0%	3.8%	3.8%	394
75+	38.0%	39.1%	12.0%	3.2%	7.7%	427
Results by education level:						
Less than HS diploma, no GED	46.2%	26.1%	13.9%	3.2%	10.6%	100
High school diploma or GED	49.1%	33.4%	5.3%	3.4%	8.7%	572
Some college, trade school, or Associate degree	54.2%	36.2%	5.0%	1.8%	2.7%	666
Bachelor's degree or higher	57.1%	37.8%	3.4%	0.1%	1.5%	495
Results by household income:						
Less than \$20,000	44.4%	29.3%	8.1%	4.2%	14.0%	319
\$20,000 - \$34,999	42.4%	40.2%	8.3%	1.8%	7.3%	309
\$35,000 - \$49,999	48.3%	42.3%	3.0%	2.2%	4.1%	287
\$50,000 - \$74,999	57.4%	35.1%	4.0%	1.3%	2.1%	378
\$75,000 or more	62.7%	32.9%	3.4%	0.7%	0.4%	401

4A. When was the last time you had a FLU SHOT?

<i>Southwest Health and Human Services (SWHHS)</i>	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	60.7%	8.1%	6.5%	7.9%	16.8%	2198
Results by gender:						
Female	67.3%	8.5%	7.3%	6.7%	10.2%	1396
Male	53.5%	7.7%	5.7%	9.2%	23.9%	802
Results by age:						
18-34	45.8%	11.0%	10.6%	10.3%	22.3%	208
35-44	54.0%	13.6%	9.2%	7.5%	15.7%	195
45-54	60.0%	7.5%	5.8%	8.1%	18.6%	269
55-64	62.6%	4.7%	5.4%	8.9%	18.4%	500
65-74	75.5%	5.1%	2.3%	3.1%	14.0%	466
75+	82.4%	4.4%	1.9%	6.3%	5.0%	560
Results by education level:						
Less than HS diploma, no GED	60.7%	5.9%	9.6%	10.2%	13.6%	151
High school diploma or GED	63.9%	9.3%	4.6%	8.8%	13.4%	682
Some college, trade school, or Associate degree	56.5%	7.2%	9.0%	7.6%	19.8%	801
Bachelor's degree or higher	63.4%	8.7%	4.8%	7.1%	16.0%	546
Results by household income:						
Less than \$20,000	61.8%	5.5%	7.7%	13.1%	11.9%	402
\$20,000 - \$34,999	56.9%	14.7%	3.6%	10.2%	14.6%	365
\$35,000 - \$49,999	55.4%	6.9%	6.2%	10.2%	21.4%	325
\$50,000 - \$74,999	61.3%	6.3%	7.6%	4.3%	20.4%	435
\$75,000 or more	63.8%	8.8%	5.8%	6.5%	15.1%	467

4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	69.2%	12.5%	6.6%	10.4%	1.4%	2135
Results by gender:						
Female	73.7%	13.0%	5.0%	7.0%	1.3%	1355
Male	64.3%	11.9%	8.3%	14.0%	1.4%	780
Results by age:						
18-34	56.1%	20.7%	7.2%	15.5%	0.5%	207
35-44	77.2%	7.6%	4.7%	9.1%	1.3%	193
45-54	76.7%	10.1%	6.2%	6.8%	0.2%	267
55-64	76.9%	8.0%	7.1%	7.4%	0.7%	494
65-74	68.3%	10.9%	6.7%	11.9%	2.2%	447
75+	64.7%	12.9%	7.3%	9.9%	5.2%	527
Results by education level:						
Less than HS diploma, no GED	49.6%	7.2%	14.5%	16.6%	12.1%	140
High school diploma or GED	68.0%	10.1%	6.5%	13.5%	1.8%	654
Some college, trade school, or Associate degree	68.2%	14.1%	6.0%	11.1%	0.6%	781
Bachelor's degree or higher	74.0%	13.1%	6.3%	6.3%	0.3%	544
Results by household income:						
Less than \$20,000	50.9%	13.1%	13.0%	16.8%	6.1%	379
\$20,000 - \$34,999	51.3%	13.0%	12.9%	20.0%	2.8%	357
\$35,000 - \$49,999	59.2%	17.4%	9.0%	13.3%	1.1%	318
\$50,000 - \$74,999	74.9%	12.7%	3.8%	8.3%	0.4%	428
\$75,000 or more	84.9%	8.3%	2.8%	3.9%	0.0%	462

4C. When was the last time you had a HEARING TEST?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	19.5%	11.0%	10.2%	41.1%	18.2%	2097
Results by gender:						
Female	12.6%	7.6%	10.5%	46.3%	23.0%	1327
Male	26.7%	14.7%	9.9%	35.5%	13.2%	770
Results by age:						
18-34	17.4%	9.8%	9.6%	56.3%	6.9%	205
35-44	16.6%	6.9%	12.8%	50.9%	12.7%	191
45-54	17.1%	15.4%	7.7%	47.4%	12.4%	264
55-64	16.2%	12.2%	12.7%	35.1%	23.8%	481
65-74	21.4%	8.1%	10.3%	21.7%	38.5%	443
75+	33.4%	12.6%	8.9%	12.9%	32.2%	513
Results by education level:						
Less than HS diploma, no GED	25.3%	10.2%	19.0%	20.7%	24.7%	135
High school diploma or GED	23.0%	11.6%	11.6%	30.8%	22.9%	648
Some college, trade school, or Associate degree	20.0%	10.1%	9.8%	43.6%	16.5%	766
Bachelor's degree or higher	15.0%	11.6%	8.5%	49.0%	15.9%	531
Results by household income:						
Less than \$20,000	15.9%	14.1%	17.0%	26.3%	26.8%	373
\$20,000 - \$34,999	19.2%	12.1%	14.9%	35.7%	18.0%	356
\$35,000 - \$49,999	18.5%	8.1%	9.0%	45.0%	19.4%	310
\$50,000 - \$74,999	20.2%	12.6%	6.7%	43.3%	17.2%	421
\$75,000 or more	20.1%	9.6%	9.8%	47.7%	12.8%	449

4D. When was the last time you had an EYE EXAM?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	59.6%	18.1%	9.3%	11.2%	1.7%	2168
Results by gender:						
Female	63.9%	18.5%	8.4%	8.2%	0.9%	1383
Male	54.9%	17.7%	10.4%	14.5%	2.5%	785
Results by age:						
18-34	49.0%	16.5%	12.4%	20.9%	1.2%	209
35-44	54.8%	19.5%	10.9%	12.6%	2.2%	192
45-54	62.1%	16.1%	8.5%	10.2%	3.1%	267
55-64	60.7%	18.9%	9.1%	9.2%	2.1%	492
65-74	66.1%	23.7%	6.5%	2.9%	0.9%	461
75+	74.7%	17.1%	5.7%	2.3%	0.1%	547
Results by education level:						
Less than HS diploma, no GED	53.8%	16.7%	14.6%	11.3%	3.5%	147
High school diploma or GED	60.2%	18.4%	9.4%	9.4%	2.5%	672
Some college, trade school, or Associate degree	56.3%	19.2%	11.4%	12.0%	1.2%	788
Bachelor's degree or higher	63.3%	17.1%	6.3%	11.9%	1.4%	543
Results by household income:						
Less than \$20,000	62.0%	17.9%	9.3%	8.9%	1.9%	393
\$20,000 - \$34,999	64.5%	17.6%	8.8%	6.4%	2.6%	358
\$35,000 - \$49,999	53.4%	21.3%	8.5%	13.2%	3.6%	320
\$50,000 - \$74,999	56.5%	18.7%	11.2%	12.9%	0.7%	433
\$75,000 or more	60.1%	16.2%	8.9%	13.7%	1.1%	463

4E. When was the last time you had your BLOOD PRESSURE CHECKED?

<i>Southwest Health and Human Services (SWHHS)</i>	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	90.3%	4.3%	3.3%	1.1%	0.9%	2165
Results by gender:						
Female	93.7%	4.0%	1.2%	0.6%	0.5%	1376
Male	86.7%	4.7%	5.6%	1.6%	1.4%	789
Results by age:						
18-34	86.4%	5.0%	6.8%	0.5%	1.3%	204
35-44	89.1%	3.7%	1.5%	2.2%	3.4%	192
45-54	90.0%	4.7%	4.2%	0.8%	0.3%	265
55-64	91.3%	4.2%	2.3%	2.2%	0.0%	490
65-74	94.5%	3.8%	0.8%	0.9%	0.0%	461
75+	94.8%	3.8%	0.9%	0.3%	0.2%	553
Results by education level:						
Less than HS diploma, no GED	77.2%	6.7%	5.5%	5.5%	5.1%	147
High school diploma or GED	92.1%	3.4%	2.2%	0.5%	1.8%	670
Some college, trade school, or Associate degree	89.6%	4.9%	3.9%	1.2%	0.4%	790
Bachelor's degree or higher	91.6%	4.1%	3.2%	0.8%	0.3%	540
Results by household income:						
Less than \$20,000	87.3%	3.5%	2.8%	3.4%	3.1%	395
\$20,000 - \$34,999	85.7%	4.7%	4.7%	2.0%	2.9%	358
\$35,000 - \$49,999	92.8%	6.1%	0.4%	0.4%	0.3%	319
\$50,000 - \$74,999	91.4%	2.8%	5.1%	0.3%	0.5%	428
\$75,000 or more	91.5%	4.2%	3.4%	0.9%	0.0%	466

4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?

<i>Southwest Health and Human Services (SWHHS)</i>	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	61.9%	12.9%	8.9%	5.9%	10.3%	2163
Results by gender:						
Female	62.4%	15.8%	9.1%	4.5%	8.2%	1371
Male	61.4%	9.7%	8.8%	7.4%	12.6%	792
Results by age:						
18-34	35.9%	13.8%	14.6%	9.2%	26.6%	206
35-44	59.0%	13.2%	9.1%	8.1%	10.5%	192
45-54	65.2%	13.1%	10.0%	7.0%	4.8%	265
55-64	71.8%	14.2%	6.0%	4.6%	3.4%	497
65-74	84.3%	7.8%	5.1%	1.2%	1.6%	459
75+	78.5%	13.1%	3.4%	1.5%	3.6%	544
Results by education level:						
Less than HS diploma, no GED	67.3%	5.2%	10.7%	6.2%	10.6%	142
High school diploma or GED	65.9%	11.7%	6.4%	7.8%	8.2%	675
Some college, trade school, or Associate degree	59.5%	15.5%	8.0%	6.4%	10.6%	787
Bachelor's degree or higher	60.8%	11.9%	11.7%	3.9%	11.7%	543
Results by household income:						
Less than \$20,000	67.3%	10.4%	6.5%	4.4%	11.5%	389
\$20,000 - \$34,999	59.7%	12.3%	8.9%	8.9%	10.2%	360
\$35,000 - \$49,999	61.8%	11.0%	4.6%	5.3%	17.3%	326
\$50,000 - \$74,999	53.7%	10.5%	16.4%	7.5%	11.9%	428
\$75,000 or more	67.3%	15.4%	6.5%	4.2%	6.5%	464

4G. When was the last time you had your BLOOD SUGAR CHECKED?

<i>Southwest Health and Human Services (SWHHS)</i>	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	60.8%	11.0%	9.0%	6.4%	12.8%	2113
Results by gender:						
Female	62.8%	13.1%	9.1%	6.1%	8.9%	1337
Male	58.7%	8.8%	8.8%	6.7%	17.0%	776
Results by age:						
18-34	38.3%	10.8%	15.0%	10.2%	25.7%	205
35-44	58.0%	11.5%	9.9%	7.5%	13.1%	192
45-54	63.4%	11.2%	7.5%	7.5%	10.4%	267
55-64	67.9%	13.8%	7.1%	4.8%	6.4%	487
65-74	81.1%	8.4%	4.2%	1.4%	4.8%	446
75+	78.1%	9.1%	4.8%	2.2%	5.8%	516
Results by education level:						
Less than HS diploma, no GED	63.0%	7.1%	9.1%	6.5%	14.3%	137
High school diploma or GED	61.9%	9.1%	5.7%	6.9%	16.3%	651
Some college, trade school, or Associate degree	59.2%	12.7%	8.3%	7.3%	12.5%	774
Bachelor's degree or higher	61.2%	11.1%	12.2%	4.9%	10.5%	536
Results by household income:						
Less than \$20,000	65.4%	8.9%	4.9%	6.4%	14.3%	368
\$20,000 - \$34,999	60.9%	7.6%	8.3%	10.4%	12.8%	351
\$35,000 - \$49,999	58.4%	15.7%	5.9%	2.2%	17.9%	319
\$50,000 - \$74,999	56.5%	9.0%	14.7%	9.0%	10.8%	425
\$75,000 or more	64.6%	11.3%	8.4%	4.9%	10.7%	460

4H. When was the last time you had ANY SCREENING FOR SKIN CANCER?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	17.8%	7.7%	8.5%	6.9%	59.1%	2044
Results by gender:						
Female	19.4%	8.7%	9.0%	6.5%	56.3%	1296
Male	16.2%	6.6%	8.0%	7.3%	62.0%	748
Results by age:						
18-34	5.9%	3.8%	4.5%	6.9%	78.9%	204
35-44	17.3%	10.3%	10.4%	5.4%	56.5%	191
45-54	16.9%	5.1%	12.0%	7.9%	58.0%	262
55-64	21.9%	8.8%	8.9%	7.7%	52.6%	472
65-74	29.5%	10.2%	8.6%	5.9%	45.9%	436
75+	29.8%	13.2%	8.4%	6.8%	41.8%	479
Results by education level:						
Less than HS diploma, no GED	18.1%	4.0%	9.4%	16.3%	52.1%	122
High school diploma or GED	17.8%	8.5%	7.9%	5.6%	60.2%	626
Some college, trade school, or Associate degree	15.4%	8.9%	8.0%	7.2%	60.5%	751
Bachelor's degree or higher	20.6%	6.3%	9.5%	6.2%	57.5%	531
Results by household income:						
Less than \$20,000	15.4%	3.9%	7.3%	8.5%	64.9%	355
\$20,000 - \$34,999	14.3%	7.0%	6.7%	8.2%	63.7%	342
\$35,000 - \$49,999	13.4%	8.7%	10.1%	5.0%	62.8%	308
\$50,000 - \$74,999	16.4%	8.4%	7.5%	6.7%	61.0%	411
\$75,000 or more	22.9%	8.0%	10.4%	7.1%	51.7%	451

4I. When was the last time you had a ANY SCREENING FOR COLON CANCER?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	12.6%	10.7%	14.7%	11.6%	50.5%	2105
Results by gender:						
Female	12.3%	9.6%	14.0%	12.5%	51.5%	1332
Male	12.8%	11.8%	15.3%	10.6%	49.4%	773
Results by age:						
18-34	2.3%	1.8%	3.1%	2.7%	90.1%	206
35-44	2.8%	4.7%	3.7%	8.1%	80.7%	191
45-54	17.8%	15.3%	10.7%	8.8%	47.5%	264
55-64	19.3%	14.9%	24.1%	21.6%	20.1%	495
65-74	25.7%	19.9%	26.6%	15.8%	11.9%	445
75+	16.2%	14.6%	34.4%	21.2%	13.6%	504
Results by education level:						
Less than HS diploma, no GED	11.3%	11.0%	26.0%	20.7%	31.1%	131
High school diploma or GED	13.7%	9.7%	19.9%	16.7%	40.0%	650
Some college, trade school, or Associate degree	14.7%	10.8%	13.0%	10.1%	51.3%	773
Bachelor's degree or higher	9.3%	10.9%	11.2%	8.4%	60.3%	536
Results by household income:						
Less than \$20,000	12.6%	8.4%	17.2%	15.4%	46.5%	379
\$20,000 - \$34,999	15.2%	9.4%	15.5%	14.4%	45.5%	346
\$35,000 - \$49,999	13.6%	15.6%	13.5%	8.9%	48.4%	315
\$50,000 - \$74,999	10.5%	10.0%	15.8%	10.1%	53.6%	427
\$75,000 or more	12.3%	10.3%	11.3%	10.2%	55.9%	456

4J. When was the last time you had a PROSTATE EXAM (MEN ONLY)?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	25.6%	11.4%	12.6%	9.4%	41.0%	768
Results by gender:						
Female	---	---	---	---	---	0
Male	25.6%	11.4%	12.6%	9.4%	41.0%	768
Results by age:						
18-34	7.7%	2.7%	4.1%	4.5%	81.0%	60
35-44	10.5%	8.6%	13.4%	13.6%	53.9%	51
45-54	21.3%	13.6%	18.3%	10.1%	36.7%	83
55-64	40.7%	14.7%	13.5%	14.3%	16.9%	207
65-74	53.6%	13.9%	14.1%	7.3%	11.1%	196
75+	46.7%	24.3%	17.8%	8.0%	3.1%	171
Results by education level:						
Less than HS diploma, no GED	33.3%	11.9%	20.8%	14.9%	19.2%	63
High school diploma or GED	30.5%	13.0%	8.6%	13.1%	34.8%	257
Some college, trade school, or Associate degree	25.6%	12.2%	12.2%	7.5%	42.4%	261
Bachelor's degree or higher	20.2%	8.4%	14.7%	7.5%	49.1%	179
Results by household income:						
Less than \$20,000	38.0%	8.5%	7.1%	9.3%	37.1%	125
\$20,000 - \$34,999	29.3%	8.6%	7.9%	18.1%	36.2%	117
\$35,000 - \$49,999	25.4%	8.4%	17.3%	9.2%	39.6%	131
\$50,000 - \$74,999	22.4%	12.7%	12.9%	8.4%	43.5%	169
\$75,000 or more	21.0%	12.3%	14.3%	8.0%	44.4%	178

4K. When was the last time you had a PAP TEST (WOMEN ONLY)?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	40.3%	25.8%	14.4%	15.9%	3.6%	1310
Results by gender:						
Female	40.3%	25.8%	14.4%	15.9%	3.6%	1310
Male	---	---	---	---	---	0
Results by age:						
18-34	58.5%	27.6%	5.2%	1.0%	7.8%	147
35-44	48.1%	32.7%	8.8%	7.8%	2.5%	139
45-54	41.7%	29.1%	15.8%	10.8%	2.6%	178
55-64	40.8%	25.0%	16.7%	16.8%	0.8%	278
65-74	23.4%	24.9%	23.7%	27.0%	1.0%	245
75+	8.9%	12.7%	26.0%	48.9%	3.5%	323
Results by education level:						
Less than HS diploma, no GED	23.1%	15.9%	10.4%	37.5%	13.1%	70
High school diploma or GED	29.2%	19.5%	18.1%	27.0%	6.2%	383
Some college, trade school, or Associate degree	41.0%	28.2%	13.4%	14.5%	2.9%	496
Bachelor's degree or higher	48.7%	28.0%	13.8%	8.1%	1.5%	351
Results by household income:						
Less than \$20,000	23.9%	18.3%	13.4%	36.4%	8.0%	244
\$20,000 - \$34,999	33.0%	21.8%	14.0%	28.4%	2.7%	229
\$35,000 - \$49,999	49.3%	25.0%	13.1%	10.4%	2.2%	179
\$50,000 - \$74,999	46.7%	25.1%	13.7%	9.3%	5.2%	251
\$75,000 or more	46.4%	33.4%	13.0%	7.0%	0.2%	272

4L. When was the last time you had a MAMMOGRAM (WOMEN ONLY)?

Southwest Health and Human Services (SWHHS)	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	44.5%	11.0%	7.9%	5.3%	31.3%	1348
Results by gender:						
Female	44.5%	11.0%	7.9%	5.3%	31.3%	1348
Male	---	---	---	---	---	0
Results by age:						
18-34	9.5%	3.5%	1.5%	0.2%	85.2%	146
35-44	36.2%	6.0%	5.3%	2.3%	50.2%	142
45-54	62.8%	16.2%	12.5%	4.2%	4.2%	178
55-64	68.1%	12.8%	10.9%	3.8%	4.4%	276
65-74	72.1%	12.9%	4.8%	6.1%	4.1%	251
75+	44.2%	18.7%	14.4%	19.0%	3.8%	355
Results by education level:						
Less than HS diploma, no GED	36.4%	16.9%	8.6%	19.0%	19.1%	80
High school diploma or GED	55.1%	12.1%	8.1%	8.6%	16.1%	401
Some college, trade school, or Associate degree	48.7%	10.0%	6.3%	4.2%	30.8%	504
Bachelor's degree or higher	33.8%	10.8%	9.1%	2.9%	43.4%	354
Results by household income:						
Less than \$20,000	44.1%	10.9%	11.1%	16.0%	17.9%	260
\$20,000 - \$34,999	34.4%	18.7%	8.9%	7.5%	30.5%	233
\$35,000 - \$49,999	39.1%	8.3%	4.5%	4.3%	43.9%	184
\$50,000 - \$74,999	41.3%	10.8%	7.6%	3.4%	36.9%	251
\$75,000 or more	50.7%	9.0%	7.9%	1.6%	30.7%	276

4M. When was the last time you had a GENERAL HEALTH EXAM?

<i>Southwest Health and Human Services (SWHHS)</i>	Within the past year	Within the past 2 years	Within the past 5 years	5 or more years ago	Never	Missing, but answered Q5	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	68.9%	13.5%	7.7%	7.0%	1.7%	1.1%	2152
Results by gender:							
Female	73.6%	15.5%	6.0%	3.3%	1.0%	0.6%	1372
Male	63.9%	11.4%	9.6%	11.0%	2.5%	1.7%	780
Results by age:							
18-34	59.9%	14.2%	10.4%	12.9%	1.2%	1.4%	208
35-44	69.3%	12.0%	5.2%	8.3%	4.8%	0.4%	192
45-54	65.7%	15.9%	12.0%	3.7%	2.0%	0.8%	266
55-64	72.2%	12.7%	6.7%	6.4%	0.9%	1.1%	493
65-74	83.0%	8.8%	3.3%	3.0%	0.4%	1.6%	450
75+	75.2%	15.5%	4.0%	3.1%	0.8%	1.5%	543
Results by education level:							
Less than HS diploma, no GED	60.0%	19.5%	4.4%	8.1%	5.0%	3.0%	144
High school diploma or GED	73.7%	12.6%	5.9%	3.1%	3.6%	1.0%	664
Some college, trade school, or Associate degree	70.3%	13.3%	8.3%	6.1%	0.4%	1.5%	786
Bachelor's degree or higher	64.9%	13.6%	9.0%	10.8%	1.3%	0.5%	541
Results by household income:							
Less than \$20,000	71.7%	11.4%	4.9%	7.7%	2.9%	1.4%	387
\$20,000 - \$34,999	70.7%	13.5%	6.9%	5.1%	3.1%	0.7%	362
\$35,000 - \$49,999	65.6%	15.0%	4.0%	13.8%	0.6%	1.0%	320
\$50,000 - \$74,999	73.6%	9.7%	9.1%	5.4%	0.7%	1.6%	425
\$75,000 or more	65.6%	15.9%	9.6%	6.1%	2.0%	0.8%	461

5. If you have not had a general health exam within the past 1 or 2 years, why not?

Southwest Health and Human Services (SWHHS)	I could not get an appointment	I had transportation problems	I did not need one	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	0.0%	0.3%	69.7%	7.6%	4.5%	3.8%	14.1%	215
Results by gender:								
Female	0.0%	0.7%	66.6%	6.8%	8.3%	3.3%	14.3%	115
Male	0.0%	0.1%	71.2%	8.1%	2.6%	4.0%	14.1%	100
Results by age:								
18-34	0.0%	0.0%	85.2%	4.3%	1.9%	2.2%	6.4%	37
35-44	---	---	---	---	---	---	---	25
45-54	0.0%	0.0%	62.5%	14.7%	4.2%	0.0%	18.7%	34
55-64	0.0%	0.0%	43.8%	14.0%	16.4%	1.7%	24.2%	64
65-74	---	---	---	---	---	---	---	28
75+	---	---	---	---	---	---	---	27
Results by education level:								
Less than HS diploma, no GED	---	---	---	---	---	---	---	13
High school diploma or GED	0.0%	0.5%	62.2%	9.1%	9.7%	12.2%	6.2%	57
Some college, trade school, or Associate degree	0.0%	0.6%	72.5%	6.9%	4.5%	3.9%	11.6%	80
Bachelor's degree or higher	0.0%	0.0%	71.0%	8.7%	2.6%	0.8%	16.8%	64
Results by household income:								
Less than \$20,000	0.0%	0.6%	68.6%	2.3%	9.3%	3.0%	16.2%	41
\$20,000 - \$34,999	0.0%	0.0%	50.3%	13.1%	13.0%	15.7%	8.0%	40
\$35,000 - \$49,999	0.0%	0.0%	73.3%	5.4%	3.7%	4.7%	12.8%	31
\$50,000 - \$74,999	0.0%	0.0%	63.1%	18.7%	4.4%	1.5%	12.4%	40
\$75,000 or more	0.0%	0.0%	80.7%	1.2%	0.0%	0.9%	17.1%	45

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	71.2%	28.8%	2328
Overall results from 2015	81.9%	18.1%	2158
Results by gender:			
Female	87.3%	12.7%	1376
Male	76.0%	24.0%	782
Results by age:			
18-34	76.0%	24.0%	208
35-44	79.6%	20.4%	193
45-54	76.8%	23.2%	267
55-64	83.4%	16.6%	494
65-74	89.3%	10.7%	457
75+	95.0%	5.0%	539
Results by education level:			
Less than HS diploma, no GED	85.9%	14.1%	147
High school diploma or GED	82.4%	17.6%	669
Some college, trade school, or Associate degree	81.7%	18.3%	782
Bachelor's degree or higher	80.8%	19.2%	542
Results by household income:			
Less than \$20,000	82.4%	17.6%	394
\$20,000 - \$34,999	83.3%	16.7%	358
\$35,000 - \$49,999	81.8%	18.2%	320
\$50,000 - \$74,999	85.5%	14.5%	429
\$75,000 or more	76.9%	23.1%	461

All Survey Items (weighted data)

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

Southwest Health and Human Services (SWHHS)	Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns	None of the above	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2010	52.1%	43.3%	40.0%	35.4%	0.0%	0.0%	31.3%	1832
Overall results from 2015	63.0%	50.8%	46.2%	43.5%	37.8%	33.7%	18.0%	1870
Results by gender:								
Female	61.7%	51.6%	46.6%	41.4%	40.9%	36.5%	18.7%	1207
Male	64.7%	49.9%	45.9%	46.1%	34.0%	30.3%	17.1%	663
Results by age:								
18-34	65.8%	56.2%	50.9%	55.2%	45.0%	42.3%	13.2%	162
35-44	64.9%	54.4%	46.4%	55.1%	47.8%	43.9%	17.4%	155
45-54	59.0%	50.2%	51.5%	42.0%	39.0%	33.0%	15.1%	219
55-64	60.5%	51.8%	47.5%	40.9%	35.5%	31.3%	19.2%	412
65-74	66.6%	51.2%	46.3%	35.3%	30.9%	28.2%	18.8%	413
75+	62.0%	38.7%	31.1%	25.7%	24.1%	18.8%	27.4%	509
Results by education level:								
Less than HS diploma, no GED	55.1%	41.1%	40.3%	30.3%	26.5%	26.0%	21.7%	135
High school diploma or GED	61.7%	42.2%	39.4%	41.5%	35.0%	28.8%	19.3%	586
Some college, trade school, or Associate degree	64.0%	53.7%	51.0%	44.7%	39.1%	33.3%	16.9%	671
Bachelor's degree or higher	64.6%	55.8%	47.1%	46.0%	40.7%	39.2%	17.2%	460
Results by household income:								
Less than \$20,000	61.8%	46.0%	41.6%	43.5%	33.4%	31.4%	14.7%	346
\$20,000 - \$34,999	62.5%	49.8%	41.8%	44.7%	39.1%	31.7%	20.2%	313
\$35,000 - \$49,999	58.1%	54.0%	41.7%	37.7%	33.6%	26.5%	18.8%	278
\$50,000 - \$74,999	65.9%	50.7%	47.6%	42.7%	42.1%	37.7%	16.7%	381
\$75,000 or more	67.3%	55.1%	55.8%	49.2%	39.1%	38.6%	15.9%	382

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	19.5%	80.5%	2149
Results by gender:			
Female	19.5%	80.5%	1368
Male	19.4%	80.6%	781
Results by age:			
18-34	19.5%	80.5%	208
35-44	26.6%	73.4%	193
45-54	21.8%	78.2%	267
55-64	19.7%	80.3%	491
65-74	11.2%	88.8%	456
75+	14.3%	85.7%	534
Results by education level:			
Less than HS diploma, no GED	17.4%	82.6%	145
High school diploma or GED	17.7%	82.3%	666
Some college, trade school, or Associate degree	20.9%	79.1%	781
Bachelor's degree or higher	19.1%	80.9%	541
Results by household income:			
Less than \$20,000	22.0%	78.0%	391
\$20,000 - \$34,999	24.1%	75.9%	356
\$35,000 - \$49,999	25.6%	74.4%	321
\$50,000 - \$74,999	18.7%	81.3%	427
\$75,000 or more	14.8%	85.2%	462

9. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply.)

Southwest Health and Human Services (SWHHS)	I could not get an appointment	I had transportation problems	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	5.3%	2.1%	52.8%	42.4%	9.4%	15.6%	12.1%	375
Results by gender:								
Female	3.4%	2.0%	52.1%	43.4%	6.9%	19.1%	9.3%	247
Male	7.4%	2.2%	53.5%	41.2%	12.2%	11.5%	15.2%	128
Results by age:								
18-34	8.8%	0.0%	41.8%	48.2%	8.8%	14.6%	8.5%	44
35-44	4.5%	3.9%	58.7%	43.6%	15.9%	11.9%	12.5%	49
45-54	2.5%	1.7%	45.1%	48.5%	4.0%	23.0%	10.4%	64
55-64	1.5%	1.4%	48.7%	49.2%	13.2%	18.8%	21.0%	105
65-74	7.1%	0.7%	76.7%	18.5%	4.4%	8.8%	14.0%	47
75+	9.6%	7.7%	82.7%	9.2%	4.7%	6.4%	6.5%	66
Results by education level:								
Less than HS diploma, no GED	18.5%	24.4%	50.7%	29.9%	34.5%	25.4%	25.4%	30
High school diploma or GED	2.5%	0.3%	59.0%	37.3%	6.8%	12.2%	19.3%	97
Some college, trade school, or Associate degree	4.2%	1.1%	49.2%	46.9%	9.7%	17.9%	11.8%	157
Bachelor's degree or higher	6.7%	1.5%	54.1%	41.4%	7.3%	13.6%	5.7%	88
Results by household income:								
Less than \$20,000	10.3%	10.2%	36.8%	20.9%	24.9%	13.7%	35.9%	75
\$20,000 - \$34,999	0.0%	3.0%	32.7%	60.6%	13.2%	19.7%	6.6%	67
\$35,000 - \$49,999	3.5%	0.0%	60.9%	43.3%	11.1%	14.9%	4.4%	77
\$50,000 - \$74,999	2.4%	0.0%	58.6%	51.0%	4.3%	20.5%	10.9%	75
\$75,000 or more	11.8%	0.8%	63.4%	32.7%	1.7%	9.9%	9.2%	59

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	23.6%	76.4%	2138
Results by gender:			
Female	20.7%	79.3%	1360
Male	26.8%	73.2%	778
Results by age:			
18-34	34.7%	65.3%	206
35-44	23.5%	76.5%	194
45-54	21.0%	79.0%	265
55-64	18.6%	81.4%	491
65-74	19.8%	80.2%	456
75+	15.9%	84.1%	526
Results by education level:			
Less than HS diploma, no GED	30.8%	69.2%	141
High school diploma or GED	20.5%	79.5%	664
Some college, trade school, or Associate degree	28.6%	71.4%	782
Bachelor's degree or higher	19.1%	80.9%	539
Results by household income:			
Less than \$20,000	35.3%	64.7%	388
\$20,000 - \$34,999	31.3%	68.7%	354
\$35,000 - \$49,999	29.9%	70.1%	317
\$50,000 - \$74,999	23.6%	76.4%	428
\$75,000 or more	13.5%	86.5%	462

All Survey Items (weighted data)

11. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply.)

Southwest Health and Human Services (SWHHS)	I could not get an appointment	I had transportation problems	I was too nervous or afraid	It cost too much	I did not have insurance	The dentist would not accept my insurance	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	7.6%	2.5%	15.5%	66.5%	42.2%	11.4%	6.7%	13.7%	438
Results by gender:									
Female	7.2%	2.0%	16.6%	70.8%	38.4%	13.8%	6.6%	13.4%	266
Male	7.8%	2.9%	14.5%	62.8%	45.3%	9.3%	6.8%	13.9%	172
Results by age:									
18-34	10.1%	0.0%	20.5%	62.9%	44.3%	9.8%	7.7%	8.4%	65
35-44	12.5%	8.0%	22.9%	61.8%	29.9%	25.4%	12.9%	18.6%	43
45-54	4.8%	2.5%	10.2%	77.7%	37.8%	10.9%	6.9%	12.8%	67
55-64	1.5%	2.3%	6.2%	63.8%	43.5%	8.8%	2.4%	21.3%	100
65-74	9.0%	0.0%	9.0%	75.6%	49.0%	4.5%	2.0%	12.9%	85
75+	0.9%	6.5%	11.8%	61.7%	54.7%	5.5%	2.6%	19.1%	78
Results by education level:									
Less than HS diploma, no GED	13.7%	12.3%	38.6%	41.5%	50.3%	13.7%	21.9%	24.4%	40
High school diploma or GED	16.5%	3.4%	22.0%	61.9%	38.5%	12.2%	3.4%	13.2%	125
Some college, trade school, or Associate degree	5.2%	1.6%	7.7%	64.0%	44.0%	12.8%	7.6%	15.0%	184
Bachelor's degree or higher	3.3%	1.0%	18.5%	79.3%	41.1%	8.2%	4.4%	9.7%	87
Results by household income:									
Less than \$20,000	18.9%	7.6%	18.9%	44.0%	39.2%	17.5%	11.2%	23.0%	127
\$20,000 - \$34,999	5.6%	1.7%	20.7%	81.2%	46.7%	17.1%	9.1%	8.4%	91
\$35,000 - \$49,999	0.7%	0.0%	3.6%	71.0%	50.6%	19.2%	1.2%	8.7%	81
\$50,000 - \$74,999	4.0%	1.0%	15.4%	63.0%	36.8%	2.7%	8.9%	9.4%	77
\$75,000 or more	8.1%	0.0%	21.9%	75.2%	36.4%	2.2%	0.0%	20.2%	44

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Southwest Health and Human Services (SWHHS)	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	63.7%	26.9%	4.6%	3.4%	1.4%	1952
Results by gender:						
Female	58.5%	32.5%	5.8%	1.9%	1.3%	1246
Male	69.3%	20.6%	3.3%	5.2%	1.6%	706
Results by age:						
18-34	52.4%	32.8%	7.8%	6.0%	1.0%	205
35-44	55.5%	36.7%	4.0%	2.3%	1.4%	191
45-54	63.2%	27.0%	3.4%	4.5%	1.8%	261
55-64	68.4%	23.4%	3.5%	2.4%	2.4%	480
65-74	80.8%	14.5%	3.1%	0.5%	1.1%	408
75+	79.7%	15.2%	3.1%	1.5%	0.6%	407
Results by education level:						
Less than HS diploma, no GED	67.3%	19.0%	6.9%	2.3%	4.5%	102
High school diploma or GED	68.6%	19.4%	6.5%	3.7%	1.7%	585
Some college, trade school, or Associate degree	63.2%	28.1%	4.7%	2.5%	1.5%	730
Bachelor's degree or higher	60.4%	31.5%	3.0%	4.5%	0.6%	525
Results by household income:						
Less than \$20,000	55.7%	22.4%	11.0%	6.8%	4.1%	326
\$20,000 - \$34,999	67.5%	26.1%	4.0%	1.4%	1.0%	315
\$35,000 - \$49,999	59.1%	29.6%	2.7%	7.4%	1.2%	303
\$50,000 - \$74,999	63.0%	26.7%	6.4%	2.8%	1.1%	415
\$75,000 or more	66.3%	29.2%	2.1%	1.4%	0.9%	441

All Survey Items (weighted data)

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	9.1%	90.9%	2133
Results by gender:			
Female	9.9%	90.1%	1357
Male	8.3%	91.7%	776
Results by age:			
18-34	12.4%	87.6%	206
35-44	8.7%	91.3%	192
45-54	9.9%	90.1%	266
55-64	8.2%	91.8%	495
65-74	4.9%	95.1%	450
75+	7.2%	92.8%	524
Results by education level:			
Less than HS diploma, no GED	8.9%	91.1%	139
High school diploma or GED	8.4%	91.6%	661
Some college, trade school, or Associate degree	9.2%	90.8%	779
Bachelor's degree or higher	9.1%	90.9%	540
Results by household income:			
Less than \$20,000	10.9%	89.1%	387
\$20,000 - \$34,999	11.2%	88.8%	351
\$35,000 - \$49,999	17.5%	82.5%	320
\$50,000 - \$74,999	7.9%	92.1%	428
\$75,000 or more	4.9%	95.1%	461

All Survey Items (weighted data)

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply.)

Southwest Health and Human Services (SWHHS)	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	%	
Overall results from 2015	6.3%	2.4%	33.3%	46.0%	37.5%	8.9%	15.2%	33.1%	19.6%	193
Results by gender:										
Female	0.3%	1.2%	26.3%	52.4%	33.3%	2.0%	21.6%	20.4%	17.7%	131
Male	14.3%	4.1%	42.6%	37.5%	43.1%	18.0%	6.6%	49.8%	22.1%	62
Results by age:										
18-34	---	---	---	---	---	---	---	---	---	26
35-44	---	---	---	---	---	---	---	---	---	24
45-54	0.0%	1.8%	43.1%	26.9%	35.1%	2.9%	3.9%	31.2%	16.4%	36
55-64	0.0%	0.7%	22.8%	45.9%	27.4%	1.9%	16.5%	25.6%	19.5%	45
65-74	---	---	---	---	---	---	---	---	---	22
75+	0.0%	1.3%	1.4%	80.2%	11.5%	4.2%	4.9%	8.4%	11.3%	40
Results by education level:										
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	---	12
High school diploma or GED	0.0%	0.5%	37.5%	40.4%	37.5%	25.1%	4.1%	27.7%	14.7%	52
Some college, trade school, or Associate degree	0.0%	1.0%	22.7%	47.1%	40.3%	3.6%	16.4%	22.2%	14.5%	79
Bachelor's degree or higher	14.3%	0.9%	43.1%	46.2%	29.9%	0.0%	17.5%	50.4%	25.6%	46
Results by household income:										
Less than \$20,000	11.8%	15.8%	35.5%	58.9%	25.2%	15.5%	16.8%	14.9%	18.3%	48
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	---	29
\$35,000 - \$49,999	15.6%	0.0%	44.4%	38.3%	48.2%	2.0%	11.7%	52.7%	18.6%	35
\$50,000 - \$74,999	0.0%	0.0%	24.7%	51.0%	24.4%	4.1%	23.8%	18.6%	25.8%	40
\$75,000 or more	0.0%	0.0%	18.4%	59.4%	32.7%	0.0%	12.4%	23.8%	14.2%	31

15. In the past 6 months, which statement best describes medications prescribed for you?

Southwest Health and Human Services (SWHHS)	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N (Unweighted)
	%	%	%	
Overall results from 2015	33.4%	60.9%	5.6%	2130
Results by gender:				
Female	27.8%	66.4%	5.8%	1356
Male	39.5%	55.0%	5.5%	774
Results by age:				
18-34	49.9%	43.1%	7.0%	207
35-44	39.8%	55.3%	4.9%	190
45-54	35.4%	58.0%	6.6%	266
55-64	27.3%	67.0%	5.7%	491
65-74	19.2%	78.1%	2.6%	451
75+	10.7%	84.3%	5.0%	525
Results by education level:				
Less than HS diploma, no GED	24.3%	72.2%	3.6%	140
High school diploma or GED	25.4%	68.4%	6.2%	662
Some college, trade school, or Associate degree	34.3%	59.9%	5.8%	774
Bachelor's degree or higher	39.8%	54.8%	5.4%	542
Results by household income:				
Less than \$20,000	20.0%	73.9%	6.1%	386
\$20,000 - \$34,999	30.4%	62.3%	7.3%	354
\$35,000 - \$49,999	32.2%	57.5%	10.3%	318
\$50,000 - \$74,999	34.6%	60.2%	5.2%	425
\$75,000 or more	41.8%	55.5%	2.6%	462

All Survey Items (weighted data)

16. Why did you not fill at least one prescription for medication? (Mark all that apply.)

Southwest Health and Human Services (SWHHS)	I did not have insurance	It cost too much	I do not like taking medications	I did not think I needed the medication	I did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	5.8%	45.2%	19.1%	16.1%	0.4%	0.4%	12.8%	20.0%	103
Results by gender:									
Female	2.7%	51.9%	9.2%	17.0%	0.7%	0.3%	19.4%	20.7%	61
Male	9.4%	37.7%	30.4%	15.2%	0.0%	0.4%	5.2%	19.3%	42
Results by age:									
18-34	---	---	---	---	---	---	---	---	13
35-44	---	---	---	---	---	---	---	---	9
45-54	---	---	---	---	---	---	---	---	13
55-64	27.0%	34.4%	12.5%	9.3%	0.0%	1.0%	7.8%	32.0%	32
65-74	---	---	---	---	---	---	---	---	13
75+	---	---	---	---	---	---	---	---	23
Results by education level:									
Less than HS diploma, no GED	---	---	---	---	---	---	---	---	7
High school diploma or GED	4.3%	44.8%	8.2%	12.8%	0.0%	0.7%	16.1%	25.7%	38
Some college, trade school, or Associate degree	2.2%	51.6%	29.0%	15.7%	0.0%	0.0%	15.5%	6.4%	35
Bachelor's degree or higher	---	---	---	---	---	---	---	---	22
Results by household income:									
Less than \$20,000	---	---	---	---	---	---	---	---	27
\$20,000 - \$34,999	---	---	---	---	---	---	---	---	20
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	19
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	17
\$75,000 or more	---	---	---	---	---	---	---	---	10

17A. Do you currently have the following type of health insurance:
HEALTH INSURANCE OR COVERAGE THROUGH YOUR
EMPLOYER OR YOUR SPOUSE/PARTNER, PARENT, OR
SOMEONE ELSE'S EMPLOYER?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	52.9%	47.1%	2148
Results by gender:			
Female	53.6%	46.4%	1370
Male	52.1%	47.9%	778
Results by age:			
18-34	67.7%	32.3%	206
35-44	70.4%	29.6%	193
45-54	68.3%	31.7%	265
55-64	60.9%	39.1%	487
65-74	10.2%	89.8%	457
75+	7.4%	92.6%	540
Results by education level:			
Less than HS diploma, no GED	8.0%	92.0%	141
High school diploma or GED	35.2%	64.8%	669
Some college, trade school, or Associate degree	58.2%	41.8%	782
Bachelor's degree or higher	66.9%	33.1%	540
Results by household income:			
Less than \$20,000	7.1%	92.9%	390
\$20,000 - \$34,999	28.3%	71.7%	357
\$35,000 - \$49,999	47.8%	52.2%	320
\$50,000 - \$74,999	67.9%	32.1%	429
\$75,000 or more	76.0%	24.0%	464

17B. Do you currently have the following type of health insurance:
HEALTH INSURANCE OR COVERAGE BOUGHT DIRECTLY BY
YOURSELF OR YOUR FAMILY (NOT THROUGH AN EMPLOYER)?

<i>Southwest Health and Human Services (SWHHS)</i>	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	26.6%	73.4%	2148
Results by gender:			
Female	29.6%	70.4%	1370
Male	23.4%	76.6%	778
Results by age:			
18-34	16.1%	83.9%	206
35-44	10.5%	89.5%	193
45-54	18.2%	81.8%	265
55-64	24.5%	75.5%	487
65-74	48.1%	51.9%	457
75+	62.1%	37.9%	540
Results by education level:			
Less than HS diploma, no GED	35.8%	64.2%	141
High school diploma or GED	32.9%	67.1%	669
Some college, trade school, or Associate degree	24.8%	75.2%	782
Bachelor's degree or higher	22.8%	77.2%	540
Results by household income:			
Less than \$20,000	29.6%	70.4%	390
\$20,000 - \$34,999	27.7%	72.3%	357
\$35,000 - \$49,999	32.5%	67.5%	320
\$50,000 - \$74,999	24.8%	75.2%	429
\$75,000 or more	19.8%	80.2%	464

17C. Do you currently have the following type of health insurance:
INDIAN OR TRIBAL HEALTH SERVICE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	0.9%	99.1%	2148
Results by gender:			
Female	1.2%	98.8%	1370
Male	0.5%	99.5%	778
Results by age:			
18-34	0.2%	99.8%	206
35-44	0.6%	99.4%	193
45-54	0.8%	99.2%	265
55-64	0.4%	99.6%	487
65-74	1.5%	98.5%	457
75+	2.6%	97.4%	540
Results by education level:			
Less than HS diploma, no GED	3.1%	96.9%	141
High school diploma or GED	0.5%	99.5%	669
Some college, trade school, or Associate degree	0.9%	99.1%	782
Bachelor's degree or higher	0.7%	99.3%	540
Results by household income:			
Less than \$20,000	1.6%	98.4%	390
\$20,000 - \$34,999	0.4%	99.6%	357
\$35,000 - \$49,999	1.0%	99.0%	320
\$50,000 - \$74,999	0.4%	99.6%	429
\$75,000 or more	0.9%	99.1%	464

17D. Do you currently have the following type of health insurance:
MEDICARE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	25.3%	74.7%	2148
Results by gender:			
Female	26.7%	73.3%	1370
Male	23.7%	76.3%	778
Results by age:			
18-34	2.7%	97.3%	206
35-44	2.8%	97.2%	193
45-54	6.4%	93.6%	265
55-64	7.8%	92.2%	487
65-74	91.1%	8.9%	457
75+	88.3%	11.7%	540
Results by education level:			
Less than HS diploma, no GED	64.3%	35.7%	141
High school diploma or GED	41.2%	58.8%	669
Some college, trade school, or Associate degree	18.8%	81.2%	782
Bachelor's degree or higher	14.6%	85.4%	540
Results by household income:			
Less than \$20,000	51.8%	48.2%	390
\$20,000 - \$34,999	37.4%	62.6%	357
\$35,000 - \$49,999	28.1%	71.9%	320
\$50,000 - \$74,999	15.5%	84.5%	429
\$75,000 or more	9.9%	90.1%	464

17E. Do you currently have the following type of health insurance:
MEDICAID, MEDICAL ASSISTANCE (MA), OR PREPAID MEDICAL
ASSISTANCE PROGRAM (PMAP)?

<i>Southwest Health and Human Services (SWHHS)</i>	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	9.3%	90.7%	2148
Results by gender:			
Female	7.7%	92.3%	1370
Male	11.0%	89.0%	778
Results by age:			
18-34	12.0%	88.0%	206
35-44	12.6%	87.4%	193
45-54	8.4%	91.6%	265
55-64	4.7%	95.3%	487
65-74	7.7%	92.3%	457
75+	8.9%	91.1%	540
Results by education level:			
Less than HS diploma, no GED	27.3%	72.7%	141
High school diploma or GED	14.6%	85.4%	669
Some college, trade school, or Associate degree	6.2%	93.8%	782
Bachelor's degree or higher	6.0%	94.0%	540
Results by household income:			
Less than \$20,000	41.3%	58.7%	390
\$20,000 - \$34,999	11.8%	88.2%	357
\$35,000 - \$49,999	10.7%	89.3%	320
\$50,000 - \$74,999	1.7%	98.3%	429
\$75,000 or more	0.3%	99.7%	464

17F. Do you currently have the following type of health insurance:
MINNESOTACARE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	5.1%	94.9%	2148
Results by gender:			
Female	5.5%	94.5%	1370
Male	4.7%	95.3%	778
Results by age:			
18-34	2.8%	97.2%	206
35-44	8.3%	91.7%	193
45-54	8.2%	91.8%	265
55-64	6.3%	93.7%	487
65-74	1.6%	98.4%	457
75+	3.0%	97.0%	540
Results by education level:			
Less than HS diploma, no GED	10.5%	89.5%	141
High school diploma or GED	8.4%	91.6%	669
Some college, trade school, or Associate degree	5.1%	94.9%	782
Bachelor's degree or higher	1.8%	98.2%	540
Results by household income:			
Less than \$20,000	14.1%	85.9%	390
\$20,000 - \$34,999	13.2%	86.8%	357
\$35,000 - \$49,999	6.1%	93.9%	320
\$50,000 - \$74,999	1.7%	98.3%	429
\$75,000 or more	0.1%	99.9%	464

17G. Do you currently have the following type of health insurance:
MINNESOTA COMPREHENSIVE HEALTH ASSOCIATION (MCHA)?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	0.7%	99.3%	2148
Results by gender:			
Female	0.8%	99.2%	1370
Male	0.6%	99.4%	778
Results by age:			
18-34	1.2%	98.8%	206
35-44	0.0%	100.0%	193
45-54	0.4%	99.6%	265
55-64	1.5%	98.5%	487
65-74	0.5%	99.5%	457
75+	0.3%	99.7%	540
Results by education level:			
Less than HS diploma, no GED	0.2%	99.8%	141
High school diploma or GED	0.3%	99.7%	669
Some college, trade school, or Associate degree	0.6%	99.4%	782
Bachelor's degree or higher	1.2%	98.8%	540
Results by household income:			
Less than \$20,000	2.0%	98.0%	390
\$20,000 - \$34,999	0.8%	99.2%	357
\$35,000 - \$49,999	1.9%	98.1%	320
\$50,000 - \$74,999	0.3%	99.7%	429
\$75,000 or more	0.0%	100.0%	464

17H. Do you currently have the following type of health insurance:
CHAMPUS, TRICARE, OR VETERANS' BENEFITS?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	4.1%	95.9%	2148
Results by gender:			
Female	2.2%	97.8%	1370
Male	6.1%	93.9%	778
Results by age:			
18-34	2.9%	97.1%	206
35-44	2.6%	97.4%	193
45-54	1.5%	98.5%	265
55-64	4.2%	95.8%	487
65-74	7.3%	92.7%	457
75+	8.9%	91.1%	540
Results by education level:			
Less than HS diploma, no GED	3.0%	97.0%	141
High school diploma or GED	5.1%	94.9%	669
Some college, trade school, or Associate degree	4.8%	95.2%	782
Bachelor's degree or higher	2.7%	97.3%	540
Results by household income:			
Less than \$20,000	2.6%	97.4%	390
\$20,000 - \$34,999	5.7%	94.3%	357
\$35,000 - \$49,999	5.5%	94.5%	320
\$50,000 - \$74,999	3.7%	96.3%	429
\$75,000 or more	3.3%	96.7%	464

17I. Do you currently have the following type of health insurance:
OTHER HEALTH INSURANCE COVERAGE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	9.2%	90.8%	2148
Results by gender:			
Female	8.9%	91.1%	1370
Male	9.6%	90.4%	778
Results by age:			
18-34	5.4%	94.6%	206
35-44	3.0%	97.0%	193
45-54	2.9%	97.1%	265
55-64	2.9%	97.1%	487
65-74	24.4%	75.6%	457
75+	28.2%	71.8%	540
Results by education level:			
Less than HS diploma, no GED	13.5%	86.5%	141
High school diploma or GED	12.7%	87.3%	669
Some college, trade school, or Associate degree	9.5%	90.5%	782
Bachelor's degree or higher	5.6%	94.4%	540
Results by household income:			
Less than \$20,000	16.7%	83.3%	390
\$20,000 - \$34,999	16.4%	83.6%	357
\$35,000 - \$49,999	9.2%	90.8%	320
\$50,000 - \$74,999	6.5%	93.5%	429
\$75,000 or more	4.6%	95.4%	464

17J. Do you currently have the following type of health insurance:
NO HEALTH INSURANCE COVERAGE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	1.7%	98.3%	2148
Results by gender:			
Female	1.0%	99.0%	1370
Male	2.6%	97.4%	778
Results by age:			
18-34	2.7%	97.3%	206
35-44	3.6%	96.4%	193
45-54	0.2%	99.8%	265
55-64	2.4%	97.6%	487
65-74	0.4%	99.6%	457
75+	0.1%	99.9%	540
Results by education level:			
Less than HS diploma, no GED	3.1%	96.9%	141
High school diploma or GED	2.7%	97.3%	669
Some college, trade school, or Associate degree	1.5%	98.5%	782
Bachelor's degree or higher	1.0%	99.0%	540
Results by household income:			
Less than \$20,000	3.8%	96.2%	390
\$20,000 - \$34,999	6.7%	93.3%	357
\$35,000 - \$49,999	2.2%	97.8%	320
\$50,000 - \$74,999	0.1%	99.9%	429
\$75,000 or more	0.0%	100.0%	464

All Survey Items (weighted data)

Current health insurance status

Southwest Health and Human Services (SWHHS)	Currently insured	Currently uninsured	N (Unweighted)
	%	%	
Overall results from 2015	98.3%	1.7%	2148
Results by gender:			
Female	99.0%	1.0%	1370
Male	97.4%	2.6%	778
Results by age:			
18-34	97.3%	2.7%	206
35-44	96.4%	3.6%	193
45-54	99.8%	0.2%	265
55-64	97.6%	2.4%	487
65-74	99.6%	0.4%	457
75+	99.9%	0.1%	540
Results by education level:			
Less than HS diploma, no GED	96.9%	3.1%	141
High school diploma or GED	97.3%	2.7%	669
Some college, trade school, or Associate degree	98.5%	1.5%	782
Bachelor's degree or higher	99.0%	1.0%	540
Results by household income:			
Less than \$20,000	96.2%	3.8%	390
\$20,000 - \$34,999	93.3%	6.7%	357
\$35,000 - \$49,999	97.8%	2.2%	320
\$50,000 - \$74,999	99.9%	0.1%	429
\$75,000 or more	100.0%	0.0%	464

18. Do you consider yourself:

Southwest Health and Human Services (SWHHS)	Overweight	About the right weight	Underweight	N (Unweighted)
	%	%	%	
Overall results from 2010	44.5%	53.4%	2.1%	2349
Overall results from 2015	42.1%	56.3%	1.6%	2147
Results by gender:				
Female	48.4%	50.0%	1.6%	1372
Male	35.1%	63.2%	1.7%	775
Results by age:				
18-34	35.5%	64.5%	0.0%	205
35-44	43.7%	55.8%	0.5%	193
45-54	49.5%	49.9%	0.6%	266
55-64	47.0%	50.3%	2.7%	493
65-74	48.3%	49.4%	2.3%	453
75+	30.1%	64.2%	5.7%	537
Results by education level:				
Less than HS diploma, no GED	23.1%	70.3%	6.5%	142
High school diploma or GED	42.2%	55.6%	2.1%	669
Some college, trade school, or Associate degree	46.5%	51.9%	1.7%	777
Bachelor's degree or higher	40.1%	59.4%	0.5%	541
Results by household income:				
Less than \$20,000	50.2%	46.5%	3.3%	392
\$20,000 - \$34,999	39.9%	57.4%	2.7%	357
\$35,000 - \$49,999	45.3%	52.2%	2.4%	316
\$50,000 - \$74,999	36.9%	63.0%	0.1%	429
\$75,000 or more	43.5%	55.0%	1.5%	465

19. How many servings of fruit did you have yesterday? (Do NOT include fruit juice)

Southwest Health and Human Services (SWHHS)	0 servings	1-2 servings	3-4 servings	5 or more servings	N (Unweighted)
	%	%	%	%	
Overall results from 2015	21.9%	60.7%	15.5%	1.8%	2119
Results by gender:					
Female	16.0%	60.0%	21.5%	2.5%	1355
Male	28.5%	61.5%	8.9%	1.1%	764
Results by age:					
18-34	20.6%	63.1%	14.4%	1.9%	208
35-44	25.9%	57.9%	13.1%	3.1%	194
45-54	27.5%	55.2%	17.1%	0.2%	265
55-64	27.0%	56.3%	15.5%	1.2%	490
65-74	16.7%	66.3%	14.4%	2.6%	439
75+	9.3%	69.0%	19.0%	2.7%	523
Results by education level:					
Less than HS diploma, no GED	25.8%	53.1%	19.6%	1.5%	134
High school diploma or GED	26.4%	60.5%	10.7%	2.5%	655
Some college, trade school, or Associate degree	22.7%	58.8%	17.3%	1.1%	775
Bachelor's degree or higher	17.5%	63.9%	16.4%	2.1%	540
Results by household income:					
Less than \$20,000	27.4%	58.6%	13.0%	1.0%	379
\$20,000 - \$34,999	25.1%	62.1%	11.5%	1.4%	351
\$35,000 - \$49,999	24.9%	55.9%	17.9%	1.3%	318
\$50,000 - \$74,999	22.6%	60.6%	14.4%	2.5%	425
\$75,000 or more	17.4%	64.4%	16.3%	1.8%	463

20. How many servings of 100% fruit juice did you have yesterday?

Southwest Health and Human Services (SWHHS)	0 servings	1-2 servings	3-4 servings	5 or more servings	N (Unweighted)
	%	%	%	%	
Overall results from 2015	62.8%	32.5%	3.2%	1.4%	2080
Results by gender:					
Female	68.4%	28.5%	2.0%	1.1%	1327
Male	56.7%	37.0%	4.6%	1.8%	753
Results by age:					
18-34	65.1%	27.2%	6.1%	1.5%	207
35-44	70.8%	22.1%	3.7%	3.5%	193
45-54	65.1%	32.4%	2.3%	0.2%	265
55-64	66.5%	31.5%	1.3%	0.6%	484
65-74	61.3%	36.6%	1.3%	0.7%	431
75+	41.3%	54.1%	2.0%	2.6%	500
Results by education level:					
Less than HS diploma, no GED	44.0%	45.0%	4.6%	6.4%	133
High school diploma or GED	59.7%	35.1%	3.4%	1.8%	642
Some college, trade school, or Associate degree	64.2%	30.6%	3.9%	1.3%	759
Bachelor's degree or higher	66.5%	30.8%	2.1%	0.6%	534
Results by household income:					
Less than \$20,000	66.9%	27.1%	2.5%	3.5%	366
\$20,000 - \$34,999	56.4%	38.4%	4.9%	0.2%	346
\$35,000 - \$49,999	53.4%	38.5%	6.3%	1.8%	310
\$50,000 - \$74,999	64.8%	29.2%	4.1%	1.9%	421
\$75,000 or more	69.6%	29.4%	0.7%	0.4%	460

How many combined servings of fruit and 100% fruit juice did you have yesterday?

Southwest Health and Human Services (SWHHS)	0 servings	1-2 servings	3-4 servings	5 or more servings	N (Unweighted)
	%	%	%	%	
Overall results from 2015	15.4%	51.3%	25.9%	7.3%	2063
Results by gender:					
Female	12.8%	48.8%	31.8%	6.6%	1317
Male	18.3%	54.2%	19.4%	8.1%	746
Results by age:					
18-34	11.7%	52.8%	26.9%	8.7%	207
35-44	19.7%	55.8%	13.3%	11.2%	193
45-54	19.1%	50.1%	25.5%	5.3%	264
55-64	21.3%	49.0%	25.6%	4.1%	483
65-74	11.8%	55.3%	28.0%	4.8%	426
75+	7.1%	44.7%	38.7%	9.6%	490
Results by education level:					
Less than HS diploma, no GED	18.9%	42.2%	23.1%	15.9%	125
High school diploma or GED	19.4%	48.7%	24.5%	7.4%	635
Some college, trade school, or Associate degree	16.1%	48.3%	29.2%	6.4%	758
Bachelor's degree or higher	11.5%	58.1%	23.3%	7.1%	533
Results by household income:					
Less than \$20,000	23.6%	49.3%	19.0%	8.1%	362
\$20,000 - \$34,999	17.3%	49.5%	26.7%	6.6%	341
\$35,000 - \$49,999	16.7%	43.8%	28.0%	11.5%	309
\$50,000 - \$74,999	13.9%	52.6%	26.9%	6.6%	420
\$75,000 or more	12.7%	57.7%	24.1%	5.6%	458

21. How many servings of vegetables did you have yesterday?

<i>Southwest Health and Human Services (SWHHS)</i>	0 servings	1-2 servings	3-4 servings	5 or more servings	N (Unweighted)
	%	%	%	%	
Overall results from 2010	13.0%	64.4%	19.7%	2.8%	2345
Overall results from 2015	16.0%	58.5%	20.8%	4.6%	2089
Results by gender:					
Female	9.7%	59.8%	24.8%	5.6%	1337
Male	22.9%	57.1%	16.4%	3.5%	752
Results by age:					
18-34	25.0%	46.2%	23.6%	5.2%	206
35-44	13.2%	60.0%	21.6%	5.2%	193
45-54	18.7%	56.7%	19.9%	4.7%	265
55-64	13.5%	63.9%	18.9%	3.8%	488
65-74	8.5%	68.1%	19.0%	4.5%	434
75+	6.9%	69.3%	20.0%	3.8%	503
Results by education level:					
Less than HS diploma, no GED	21.6%	55.4%	14.2%	8.9%	131
High school diploma or GED	16.5%	63.6%	14.7%	5.2%	645
Some college, trade school, or Associate degree	17.9%	54.9%	22.8%	4.4%	764
Bachelor's degree or higher	12.9%	59.0%	24.2%	3.9%	535
Results by household income:					
Less than \$20,000	21.5%	55.8%	19.7%	3.0%	373
\$20,000 - \$34,999	18.3%	60.1%	13.7%	7.9%	350
\$35,000 - \$49,999	18.0%	53.5%	24.3%	4.2%	313
\$50,000 - \$74,999	18.1%	57.1%	19.9%	4.9%	414
\$75,000 or more	11.9%	61.2%	22.8%	4.1%	459

How many combined servings of fruit (including fruit juice) and vegetables did you have yesterday?

Southwest Health and Human Services (SWHHS)	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	5.8%	24.5%	34.0%	31.3%	4.4%	2029
Results by gender:						
Female	3.3%	20.7%	34.2%	37.9%	3.9%	1297
Male	8.5%	28.7%	33.7%	24.1%	4.9%	732
Results by age:						
18-34	5.6%	27.2%	33.7%	26.9%	6.6%	205
35-44	6.8%	22.7%	33.2%	29.5%	7.8%	192
45-54	7.5%	25.1%	37.1%	28.7%	1.6%	263
55-64	6.4%	27.4%	30.8%	33.7%	1.7%	479
65-74	3.4%	27.1%	32.4%	32.9%	4.2%	418
75+	3.4%	13.8%	36.3%	42.5%	4.0%	472
Results by education level:						
Less than HS diploma, no GED	10.7%	27.1%	25.1%	26.8%	10.4%	121
High school diploma or GED	7.3%	27.1%	33.6%	27.0%	5.0%	624
Some college, trade school, or Associate degree	5.7%	23.9%	35.2%	31.3%	3.8%	748
Bachelor's degree or higher	4.1%	23.0%	34.4%	34.8%	3.8%	526
Results by household income:						
Less than \$20,000	8.2%	35.7%	26.9%	25.0%	4.3%	356
\$20,000 - \$34,999	7.5%	27.5%	29.5%	29.8%	5.7%	339
\$35,000 - \$49,999	9.0%	20.2%	33.1%	28.7%	9.1%	306
\$50,000 - \$74,999	5.3%	21.2%	39.2%	30.2%	4.0%	410
\$75,000 or more	3.4%	24.8%	34.8%	35.1%	1.9%	451

22A. How many glasses of MILK did you drink yesterday? (1 glass = 12 oz.)

<i>Southwest Health and Human Services (SWHHS)</i>	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	30.1%	56.4%	11.9%	1.2%	0.4%	2280
Overall results from 2015	39.9%	52.3%	7.5%	0.3%	0.0%	2114
Results by gender:						
Female	43.7%	51.2%	4.8%	0.3%	0.0%	1347
Male	35.7%	53.6%	10.4%	0.3%	0.0%	767
Results by age:						
18-34	40.4%	49.2%	10.0%	0.4%	0.0%	208
35-44	41.7%	52.6%	5.7%	0.0%	0.0%	193
45-54	37.1%	54.8%	7.7%	0.4%	0.0%	265
55-64	43.8%	50.4%	5.7%	0.2%	0.0%	488
65-74	42.1%	51.6%	6.1%	0.2%	0.0%	447
75+	34.4%	57.5%	7.7%	0.4%	0.0%	513
Results by education level:						
Less than HS diploma, no GED	41.1%	46.4%	11.8%	0.7%	0.0%	132
High school diploma or GED	38.3%	50.4%	10.7%	0.5%	0.0%	654
Some college, trade school, or Associate degree	40.3%	53.1%	6.3%	0.4%	0.0%	773
Bachelor's degree or higher	40.3%	53.9%	5.8%	0.0%	0.0%	540
Results by household income:						
Less than \$20,000	48.3%	46.0%	4.6%	1.1%	0.0%	378
\$20,000 - \$34,999	38.1%	48.0%	12.6%	1.3%	0.0%	352
\$35,000 - \$49,999	40.6%	55.1%	4.3%	0.0%	0.0%	318
\$50,000 - \$74,999	38.2%	51.1%	10.7%	0.0%	0.0%	426
\$75,000 or more	41.2%	53.8%	5.0%	0.0%	0.0%	456

22B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday? (1 glass = 12 oz.)

<i>Southwest Health and Human Services (SWHHS)</i>	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	65.4%	26.0%	7.0%	0.9%	0.7%	2104
Overall results from 2015	67.7%	28.2%	2.7%	0.9%	0.5%	1928
Results by gender:						
Female	76.6%	21.3%	1.7%	0.3%	0.2%	1238
Male	57.9%	35.9%	3.9%	1.6%	0.8%	690
Results by age:						
18-34	53.5%	43.7%	2.2%	0.0%	0.6%	202
35-44	66.9%	23.1%	5.3%	3.3%	1.4%	186
45-54	69.7%	26.0%	3.4%	0.9%	0.0%	251
55-64	73.4%	23.4%	2.5%	0.7%	0.0%	463
65-74	72.8%	24.3%	1.2%	1.0%	0.7%	406
75+	84.7%	14.3%	0.9%	0.1%	0.0%	420
Results by education level:						
Less than HS diploma, no GED	60.9%	27.1%	10.4%	0.0%	1.6%	107
High school diploma or GED	64.8%	30.8%	3.0%	0.6%	0.7%	590
Some college, trade school, or Associate degree	66.0%	28.4%	3.0%	2.0%	0.6%	713
Bachelor's degree or higher	72.5%	26.3%	1.1%	0.1%	0.0%	508
Results by household income:						
Less than \$20,000	63.2%	28.4%	4.1%	1.1%	3.2%	329
\$20,000 - \$34,999	62.5%	32.2%	4.1%	0.6%	0.6%	318
\$35,000 - \$49,999	64.7%	32.1%	2.1%	1.0%	0.0%	288
\$50,000 - \$74,999	62.5%	33.9%	3.1%	0.5%	0.0%	403
\$75,000 or more	75.5%	21.1%	1.9%	1.5%	0.0%	430

22C. How many glasses of POP OR SODA (DIET) did you drink yesterday? (1 glass = 12 oz.)

Southwest Health and Human Services (SWHHS)	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	70.1%	23.9%	4.4%	1.1%	0.5%	2145
Overall results from 2015	75.1%	21.3%	3.0%	0.4%	0.2%	1944
Results by gender:						
Female	75.3%	21.4%	2.9%	0.3%	0.1%	1247
Male	74.8%	21.3%	3.1%	0.6%	0.3%	697
Results by age:						
18-34	85.6%	13.3%	0.7%	0.4%	0.0%	203
35-44	66.8%	26.3%	5.5%	1.0%	0.4%	184
45-54	64.3%	29.0%	6.1%	0.6%	0.0%	256
55-64	75.4%	20.5%	3.4%	0.2%	0.4%	460
65-74	71.7%	26.4%	1.2%	0.1%	0.7%	411
75+	83.9%	15.8%	0.3%	0.0%	0.0%	430
Results by education level:						
Less than HS diploma, no GED	77.8%	11.2%	6.0%	3.3%	1.6%	112
High school diploma or GED	77.7%	18.4%	3.5%	0.1%	0.3%	582
Some college, trade school, or Associate degree	75.6%	22.6%	1.8%	0.1%	0.0%	731
Bachelor's degree or higher	72.2%	23.4%	3.6%	0.7%	0.2%	511
Results by household income:						
Less than \$20,000	81.7%	13.6%	2.7%	1.4%	0.6%	345
\$20,000 - \$34,999	79.6%	16.8%	2.7%	0.0%	0.9%	310
\$35,000 - \$49,999	82.2%	14.4%	3.3%	0.2%	0.0%	293
\$50,000 - \$74,999	78.6%	20.1%	0.7%	0.5%	0.1%	395
\$75,000 or more	62.8%	31.3%	5.6%	0.4%	0.0%	442

22D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday? (1 glass = 12 oz.)

Southwest Health and Human Services (SWHHS)	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	89.3%	9.5%	1.1%	0.1%	0.1%	2131
Overall results from 2015	90.0%	8.8%	0.9%	0.1%	0.3%	1940
Results by gender:						
Female	90.5%	7.9%	1.4%	0.2%	0.0%	1240
Male	89.4%	9.7%	0.3%	0.0%	0.6%	700
Results by age:						
18-34	78.3%	19.3%	1.7%	0.4%	0.2%	206
35-44	93.2%	5.1%	0.8%	0.0%	0.9%	189
45-54	92.5%	6.6%	0.9%	0.0%	0.0%	256
55-64	94.2%	5.6%	0.2%	0.0%	0.0%	461
65-74	95.0%	3.6%	0.7%	0.0%	0.7%	408
75+	97.4%	2.5%	0.1%	0.0%	0.0%	420
Results by education level:						
Less than HS diploma, no GED	87.2%	7.9%	0.0%	0.0%	4.9%	116
High school diploma or GED	93.0%	6.0%	0.9%	0.0%	0.0%	581
Some college, trade school, or Associate degree	87.5%	11.6%	0.9%	0.0%	0.0%	726
Bachelor's degree or higher	90.9%	7.8%	0.9%	0.3%	0.2%	510
Results by household income:						
Less than \$20,000	90.5%	6.6%	1.1%	0.0%	1.8%	344
\$20,000 - \$34,999	91.1%	7.5%	1.3%	0.0%	0.0%	311
\$35,000 - \$49,999	86.2%	11.8%	1.7%	0.0%	0.4%	290
\$50,000 - \$74,999	89.3%	10.3%	0.5%	0.0%	0.0%	401
\$75,000 or more	91.2%	7.8%	0.7%	0.4%	0.0%	434

All Survey Items (weighted data)

23A. In an average week, how many times do you EAT OUT OR ORDER OUT A MEAL FROM A FAST FOOD PLACE (MCDONALD'S, KFC, TACO BELL, PIZZA PLACES, ETC.)?

Southwest Health and Human Services (SWHHS)	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	40.2%	48.4%	8.1%	2.1%	1.2%	2268
Overall results from 2015	43.0%	50.7%	5.0%	1.0%	0.2%	2090
Results by gender:						
Female	45.5%	49.4%	4.4%	0.7%	0.0%	1332
Male	40.3%	52.2%	5.8%	1.3%	0.4%	758
Results by age:						
18-34	31.8%	57.4%	8.9%	2.0%	0.0%	207
35-44	34.9%	58.2%	5.8%	0.1%	0.9%	193
45-54	43.9%	52.0%	2.8%	1.1%	0.2%	265
55-64	50.3%	44.5%	4.8%	0.4%	0.0%	488
65-74	50.0%	45.1%	3.4%	1.4%	0.1%	449
75+	58.8%	39.3%	1.6%	0.3%	0.0%	488
Results by education level:						
Less than HS diploma, no GED	42.4%	49.5%	5.1%	0.0%	2.9%	130
High school diploma or GED	48.2%	48.2%	2.9%	0.6%	0.0%	644
Some college, trade school, or Associate degree	40.1%	53.9%	4.7%	1.3%	0.0%	766
Bachelor's degree or higher	42.2%	49.7%	7.0%	1.0%	0.1%	536
Results by household income:						
Less than \$20,000	56.2%	37.3%	4.4%	0.9%	1.2%	367
\$20,000 - \$34,999	43.9%	52.5%	2.8%	0.9%	0.0%	345
\$35,000 - \$49,999	42.3%	50.4%	4.7%	2.6%	0.1%	317
\$50,000 - \$74,999	38.0%	56.3%	4.5%	1.0%	0.2%	426
\$75,000 or more	40.4%	51.8%	7.3%	0.5%	0.0%	459

23B. In an average week, how many times do you EAT A MEAL OUT AT A RESTAURANT THAT IS NOT A FAST FOOD PLACE?

Southwest Health and Human Services (SWHHS)	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	44.2%	52.2%	2.4%	0.9%	0.3%	2251
Overall results from 2015	46.3%	50.6%	2.2%	0.6%	0.2%	2083
Results by gender:						
Female	47.7%	50.4%	1.7%	0.0%	0.1%	1328
Male	44.8%	50.8%	2.8%	1.2%	0.4%	755
Results by age:						
18-34	41.4%	57.5%	1.0%	0.0%	0.0%	207
35-44	54.1%	43.0%	0.6%	1.4%	0.9%	195
45-54	51.0%	45.2%	3.5%	0.4%	0.0%	263
55-64	45.8%	50.7%	2.9%	0.3%	0.2%	484
65-74	38.5%	56.9%	2.2%	2.3%	0.1%	439
75+	46.8%	49.0%	3.7%	0.2%	0.4%	495
Results by education level:						
Less than HS diploma, no GED	54.7%	39.6%	1.8%	0.9%	3.0%	129
High school diploma or GED	53.0%	44.2%	2.2%	0.6%	0.1%	640
Some college, trade school, or Associate degree	45.3%	52.2%	2.1%	0.3%	0.1%	769
Bachelor's degree or higher	41.2%	55.4%	2.5%	0.8%	0.1%	531
Results by household income:						
Less than \$20,000	64.5%	32.8%	0.9%	0.6%	1.2%	365
\$20,000 - \$34,999	50.1%	46.9%	2.0%	1.0%	0.1%	344
\$35,000 - \$49,999	44.0%	53.5%	2.1%	0.4%	0.0%	318
\$50,000 - \$74,999	42.5%	55.4%	2.1%	0.0%	0.0%	420
\$75,000 or more	41.1%	55.2%	2.3%	1.2%	0.3%	454

23C. In an average week, how many times do you EAT A MEAL FROM MEALS ON WHEELS?

<i>Southwest Health and Human Services (SWHHS)</i>	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	98.3%	0.6%	0.2%	0.6%	0.4%	2018
Results by gender:						
Female	98.7%	0.5%	0.1%	0.6%	0.1%	1285
Male	97.8%	0.7%	0.2%	0.6%	0.7%	733
Results by age:						
18-34	99.9%	0.0%	0.0%	0.0%	0.1%	202
35-44	99.1%	0.0%	0.0%	0.0%	0.9%	192
45-54	98.4%	0.0%	0.0%	0.7%	0.9%	263
55-64	99.0%	0.5%	0.2%	0.2%	0.1%	473
65-74	98.0%	0.6%	0.2%	0.9%	0.2%	429
75+	93.0%	3.6%	1.0%	2.5%	0.0%	459
Results by education level:						
Less than HS diploma, no GED	95.4%	0.0%	0.0%	1.5%	3.1%	120
High school diploma or GED	96.6%	1.5%	0.3%	0.9%	0.6%	625
Some college, trade school, or Associate degree	98.9%	0.1%	0.1%	0.6%	0.2%	737
Bachelor's degree or higher	99.6%	0.2%	0.1%	0.2%	0.0%	522
Results by household income:						
Less than \$20,000	92.2%	1.9%	0.7%	2.5%	2.8%	362
\$20,000 - \$34,999	98.7%	0.2%	0.0%	1.0%	0.1%	325
\$35,000 - \$49,999	99.0%	0.5%	0.4%	0.0%	0.1%	309
\$50,000 - \$74,999	99.6%	0.1%	0.1%	0.2%	0.0%	409
\$75,000 or more	99.5%	0.3%	0.0%	0.1%	0.0%	442

23D. In an average week, how many times do you EAT A MEAL FROM SENIOR DINING / SENIOR MEALS?

Southwest Health and Human Services (SWHHS)	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	97.0%	2.0%	0.3%	0.3%	0.5%	2044
Results by gender:						
Female	96.5%	2.4%	0.3%	0.3%	0.5%	1301
Male	97.5%	1.5%	0.3%	0.3%	0.5%	743
Results by age:						
18-34	99.9%	0.0%	0.0%	0.0%	0.1%	203
35-44	98.8%	0.0%	0.2%	0.0%	0.9%	193
45-54	99.7%	0.0%	0.0%	0.3%	0.0%	260
55-64	99.6%	0.2%	0.0%	0.1%	0.1%	477
65-74	94.7%	4.5%	0.6%	0.1%	0.1%	433
75+	82.2%	11.9%	1.4%	1.9%	2.5%	478
Results by education level:						
Less than HS diploma, no GED	91.1%	2.0%	0.0%	1.3%	5.5%	125
High school diploma or GED	93.7%	4.5%	0.6%	0.6%	0.6%	632
Some college, trade school, or Associate degree	97.8%	1.4%	0.3%	0.3%	0.3%	748
Bachelor's degree or higher	99.3%	0.6%	0.1%	0.0%	0.0%	525
Results by household income:						
Less than \$20,000	90.0%	5.4%	0.7%	1.5%	2.4%	368
\$20,000 - \$34,999	95.6%	2.9%	0.5%	0.2%	0.8%	332
\$35,000 - \$49,999	97.0%	2.8%	0.1%	0.1%	0.0%	313
\$50,000 - \$74,999	99.0%	0.5%	0.2%	0.1%	0.1%	410
\$75,000 or more	99.0%	0.5%	0.2%	0.2%	0.1%	445

23E. In an average week, how many times do you EAT A MEAL AT A COMMUNITY SETTING SUCH AS A CHURCH?

Southwest Health and Human Services (SWHHS)	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	92.9%	6.0%	0.4%	0.4%	0.3%	2008
Results by gender:						
Female	93.5%	5.6%	0.4%	0.4%	0.1%	1277
Male	92.4%	6.5%	0.4%	0.3%	0.4%	731
Results by age:						
18-34	93.0%	6.3%	0.3%	0.3%	0.1%	203
35-44	95.5%	3.5%	0.0%	0.0%	0.9%	190
45-54	91.2%	8.4%	0.4%	0.0%	0.0%	260
55-64	96.6%	2.6%	0.4%	0.1%	0.3%	475
65-74	93.4%	5.9%	0.2%	0.6%	0.0%	427
75+	86.5%	9.6%	1.1%	1.9%	0.8%	453
Results by education level:						
Less than HS diploma, no GED	87.3%	7.5%	1.5%	0.6%	3.1%	122
High school diploma or GED	91.4%	7.2%	0.1%	0.9%	0.5%	615
Some college, trade school, or Associate degree	94.9%	4.1%	0.8%	0.1%	0.1%	740
Bachelor's degree or higher	92.6%	7.2%	0.0%	0.3%	0.0%	520
Results by household income:						
Less than \$20,000	92.9%	5.1%	0.1%	0.5%	1.4%	357
\$20,000 - \$34,999	89.4%	9.5%	0.8%	0.3%	0.1%	325
\$35,000 - \$49,999	93.1%	5.9%	0.5%	0.1%	0.3%	305
\$50,000 - \$74,999	94.2%	5.3%	0.1%	0.2%	0.1%	407
\$75,000 or more	93.9%	5.1%	0.6%	0.5%	0.0%	445

23F. In an average week, how many times do you EAT A HOME-COOKED MEAL?

<i>Southwest Health and Human Services (SWHHS)</i>	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	1.3%	9.7%	16.8%	33.6%	38.5%	2319
Overall results from 2015	1.6%	5.1%	12.9%	28.1%	52.2%	2116
Results by gender:						
Female	2.0%	4.7%	14.6%	29.4%	49.4%	1352
Male	1.3%	5.6%	11.1%	26.6%	55.3%	764
Results by age:						
18-34	0.1%	4.6%	13.1%	31.5%	50.7%	205
35-44	3.3%	3.1%	11.0%	27.0%	55.5%	194
45-54	1.3%	4.0%	13.7%	33.1%	47.8%	268
55-64	1.8%	5.8%	14.0%	27.5%	50.9%	488
65-74	1.5%	4.6%	11.1%	23.8%	59.0%	445
75+	3.0%	9.8%	13.9%	19.1%	54.1%	516
Results by education level:						
Less than HS diploma, no GED	6.4%	14.6%	13.1%	19.9%	46.1%	138
High school diploma or GED	2.2%	6.7%	13.4%	27.9%	49.8%	649
Some college, trade school, or Associate degree	1.2%	3.9%	15.5%	30.8%	48.5%	777
Bachelor's degree or higher	1.0%	3.8%	9.7%	26.2%	59.3%	536
Results by household income:						
Less than \$20,000	4.0%	11.2%	16.4%	18.1%	50.5%	382
\$20,000 - \$34,999	2.7%	5.8%	14.6%	23.4%	53.5%	350
\$35,000 - \$49,999	1.4%	7.4%	9.3%	29.0%	52.9%	312
\$50,000 - \$74,999	0.5%	3.8%	15.2%	30.8%	49.7%	426
\$75,000 or more	1.4%	2.3%	11.8%	31.7%	52.9%	457

23G. In an average week, how many times do you WATCH TELEVISION DURING MEAL TIME?

Southwest Health and Human Services (SWHHS)	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	30.5%	24.0%	16.7%	15.4%	13.3%	2274
Overall results from 2015	27.4%	24.5%	18.0%	13.2%	16.9%	2116
Results by gender:						
Female	29.2%	25.8%	15.3%	12.8%	17.0%	1350
Male	25.5%	23.2%	21.1%	13.6%	16.7%	766
Results by age:						
18-34	24.7%	24.8%	25.9%	12.7%	11.9%	206
35-44	33.8%	30.5%	11.9%	12.7%	11.1%	195
45-54	19.8%	26.7%	17.9%	11.6%	24.0%	268
55-64	20.3%	22.4%	18.2%	18.4%	20.7%	487
65-74	32.8%	23.5%	15.5%	11.1%	17.1%	448
75+	41.6%	17.2%	11.9%	12.0%	17.3%	512
Results by education level:						
Less than HS diploma, no GED	37.6%	16.1%	12.8%	15.9%	17.6%	139
High school diploma or GED	28.3%	23.1%	17.8%	9.7%	21.1%	651
Some college, trade school, or Associate degree	24.9%	26.3%	18.5%	15.6%	14.8%	774
Bachelor's degree or higher	28.3%	24.9%	18.5%	12.6%	15.8%	538
Results by household income:						
Less than \$20,000	27.2%	18.5%	16.5%	11.0%	26.8%	383
\$20,000 - \$34,999	24.0%	15.3%	17.0%	15.2%	28.4%	346
\$35,000 - \$49,999	22.2%	30.1%	12.6%	15.9%	19.2%	319
\$50,000 - \$74,999	27.9%	27.7%	18.9%	13.5%	12.0%	423
\$75,000 or more	29.1%	25.8%	21.4%	12.1%	11.7%	458

24A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	4.3%	10.8%	25.5%	39.1%	20.2%	2121
Results by gender:						
Female	4.5%	10.6%	26.8%	38.6%	19.7%	1344
Male	4.2%	11.2%	24.1%	39.7%	20.8%	777
Results by age:						
18-34	2.1%	10.5%	37.3%	40.3%	9.7%	206
35-44	3.2%	12.2%	18.7%	34.3%	31.6%	194
45-54	2.9%	8.7%	24.1%	40.1%	24.2%	264
55-64	5.3%	9.9%	24.1%	37.4%	23.3%	495
65-74	5.0%	13.0%	19.3%	40.9%	21.8%	455
75+	10.3%	12.6%	19.4%	41.6%	16.1%	507
Results by education level:						
Less than HS diploma, no GED	12.6%	11.7%	21.1%	33.6%	21.1%	141
High school diploma or GED	5.9%	10.9%	25.1%	43.2%	14.9%	656
Some college, trade school, or Associate degree	4.1%	12.7%	25.6%	38.7%	18.9%	773
Bachelor's degree or higher	2.3%	8.6%	26.0%	37.5%	25.6%	538
Results by household income:						
Less than \$20,000	8.5%	16.8%	24.6%	30.2%	19.9%	375
\$20,000 - \$34,999	8.2%	8.5%	25.4%	43.0%	14.8%	350
\$35,000 - \$49,999	4.3%	11.9%	27.4%	37.1%	19.3%	317
\$50,000 - \$74,999	1.9%	12.3%	27.9%	42.2%	15.7%	432
\$75,000 or more	2.5%	7.9%	22.4%	40.0%	27.2%	463

24B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	37.8%	14.2%	13.4%	23.5%	11.0%	2049
Results by gender:						
Female	40.0%	14.1%	13.9%	22.8%	9.2%	1305
Male	35.5%	14.3%	13.0%	24.3%	13.0%	744
Results by age:						
18-34	40.4%	14.5%	15.5%	24.0%	5.6%	206
35-44	28.6%	13.8%	14.7%	26.8%	16.0%	194
45-54	32.4%	18.3%	16.7%	21.1%	11.5%	266
55-64	38.0%	13.9%	9.1%	21.5%	17.5%	478
65-74	42.3%	12.4%	11.1%	23.1%	11.1%	432
75+	49.4%	8.6%	10.0%	25.6%	6.4%	473
Results by education level:						
Less than HS diploma, no GED	36.3%	15.8%	15.6%	26.7%	5.6%	122
High school diploma or GED	41.0%	14.7%	11.2%	23.5%	9.5%	636
Some college, trade school, or Associate degree	28.1%	16.9%	16.2%	25.4%	13.4%	749
Bachelor's degree or higher	46.6%	10.3%	11.6%	21.3%	10.2%	528
Results by household income:						
Less than \$20,000	47.6%	11.0%	13.8%	20.2%	7.4%	365
\$20,000 - \$34,999	36.3%	14.5%	8.6%	29.4%	11.1%	332
\$35,000 - \$49,999	42.3%	15.6%	14.2%	21.3%	6.5%	309
\$50,000 - \$74,999	33.7%	13.7%	17.5%	23.9%	11.1%	417
\$75,000 or more	35.0%	15.3%	12.3%	23.3%	14.2%	456

24C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	63.7%	18.2%	9.0%	5.9%	3.2%	1955
Results by gender:						
Female	68.4%	16.3%	7.2%	5.1%	3.0%	1247
Male	58.7%	20.1%	10.9%	6.9%	3.5%	708
Results by age:						
18-34	56.6%	22.9%	7.9%	9.2%	3.4%	207
35-44	50.6%	20.5%	15.4%	6.4%	7.1%	190
45-54	62.9%	15.7%	13.6%	5.4%	2.4%	254
55-64	69.9%	19.1%	5.3%	3.1%	2.7%	467
65-74	75.3%	13.3%	5.5%	3.0%	2.8%	410
75+	80.7%	11.2%	2.7%	5.5%	0.0%	427
Results by education level:						
Less than HS diploma, no GED	64.0%	8.8%	4.0%	16.4%	6.8%	114
High school diploma or GED	67.6%	16.9%	8.6%	4.3%	2.7%	600
Some college, trade school, or Associate degree	60.4%	19.4%	9.3%	6.9%	4.1%	715
Bachelor's degree or higher	64.6%	19.1%	9.4%	4.7%	2.2%	518
Results by household income:						
Less than \$20,000	70.0%	11.7%	5.5%	10.1%	2.6%	328
\$20,000 - \$34,999	61.7%	16.2%	10.7%	5.3%	6.0%	316
\$35,000 - \$49,999	62.2%	20.8%	8.4%	6.3%	2.3%	301
\$50,000 - \$74,999	64.5%	21.7%	3.9%	6.7%	3.1%	409
\$75,000 or more	59.4%	18.0%	14.9%	4.3%	3.3%	437

24D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	97.1%	1.8%	0.9%	0.2%	0.1%	1975
Results by gender:						
Female	96.7%	1.8%	1.1%	0.3%	0.1%	1261
Male	97.5%	1.7%	0.7%	0.0%	0.1%	714
Results by age:						
18-34	98.9%	1.0%	0.1%	0.0%	0.0%	207
35-44	96.6%	0.2%	3.2%	0.0%	0.0%	190
45-54	96.9%	2.3%	0.8%	0.0%	0.0%	259
55-64	95.6%	3.5%	0.6%	0.1%	0.2%	472
65-74	97.2%	1.6%	0.7%	0.1%	0.5%	418
75+	95.9%	2.3%	0.6%	1.2%	0.1%	429
Results by education level:						
Less than HS diploma, no GED	98.8%	0.6%	0.6%	0.0%	0.0%	110
High school diploma or GED	98.0%	1.6%	0.1%	0.2%	0.2%	601
Some college, trade school, or Associate degree	97.6%	1.6%	0.6%	0.2%	0.1%	729
Bachelor's degree or higher	95.7%	2.3%	1.9%	0.1%	0.0%	523
Results by household income:						
Less than \$20,000	96.6%	1.7%	0.8%	0.8%	0.1%	333
\$20,000 - \$34,999	98.0%	1.6%	0.1%	0.3%	0.0%	316
\$35,000 - \$49,999	98.9%	0.5%	0.3%	0.2%	0.0%	306
\$50,000 - \$74,999	97.8%	2.0%	0.1%	0.0%	0.1%	411
\$75,000 or more	95.0%	2.5%	2.5%	0.0%	0.0%	443

24E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	95.4%	4.1%	0.2%	0.1%	0.2%	1983
Results by gender:						
Female	96.4%	3.2%	0.1%	0.2%	0.1%	1260
Male	94.3%	5.0%	0.4%	0.0%	0.3%	723
Results by age:						
18-34	94.5%	4.9%	0.3%	0.3%	0.0%	206
35-44	93.3%	5.7%	0.0%	0.0%	0.9%	191
45-54	96.5%	3.5%	0.0%	0.0%	0.0%	258
55-64	97.0%	2.6%	0.3%	0.1%	0.0%	474
65-74	96.1%	3.1%	0.3%	0.0%	0.5%	422
75+	95.3%	4.1%	0.6%	0.0%	0.0%	432
Results by education level:						
Less than HS diploma, no GED	80.6%	15.7%	0.0%	0.4%	3.3%	116
High school diploma or GED	93.4%	6.5%	0.1%	0.0%	0.0%	604
Some college, trade school, or Associate degree	96.5%	2.8%	0.4%	0.2%	0.1%	732
Bachelor's degree or higher	97.5%	2.3%	0.2%	0.0%	0.0%	522
Results by household income:						
Less than \$20,000	80.0%	17.2%	0.8%	0.8%	1.2%	346
\$20,000 - \$34,999	90.9%	9.0%	0.1%	0.0%	0.0%	315
\$35,000 - \$49,999	96.5%	3.0%	0.6%	0.0%	0.0%	302
\$50,000 - \$74,999	99.7%	0.3%	0.0%	0.0%	0.0%	412
\$75,000 or more	99.4%	0.6%	0.0%	0.0%	0.0%	442

24F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	89.1%	6.6%	2.3%	1.4%	0.6%	1916
Results by gender:						
Female	90.6%	5.1%	2.3%	1.3%	0.7%	1223
Male	87.6%	8.1%	2.3%	1.4%	0.5%	693
Results by age:						
18-34	90.2%	4.8%	2.4%	2.4%	0.1%	204
35-44	90.9%	6.2%	1.9%	0.0%	1.0%	185
45-54	86.0%	9.4%	3.2%	0.8%	0.6%	247
55-64	90.3%	5.6%	2.0%	1.4%	0.6%	465
65-74	87.0%	8.2%	2.0%	2.0%	0.8%	401
75+	90.1%	6.1%	1.7%	1.5%	0.6%	414
Results by education level:						
Less than HS diploma, no GED	79.5%	13.3%	1.4%	1.8%	3.9%	107
High school diploma or GED	89.8%	5.5%	1.7%	3.0%	0.1%	580
Some college, trade school, or Associate degree	87.8%	8.6%	2.5%	0.5%	0.6%	712
Bachelor's degree or higher	91.4%	4.3%	2.5%	1.2%	0.5%	509
Results by household income:						
Less than \$20,000	85.7%	5.8%	1.0%	5.7%	1.8%	325
\$20,000 - \$34,999	90.6%	4.9%	2.4%	0.7%	1.4%	311
\$35,000 - \$49,999	89.0%	5.4%	4.3%	0.9%	0.5%	295
\$50,000 - \$74,999	87.6%	9.3%	1.9%	1.0%	0.3%	400
\$75,000 or more	91.1%	6.8%	1.3%	0.7%	0.0%	432

All Survey Items (weighted data)

25A. During the growing season, how often do you or others in your household buy or get food from a FARMER'S MARKET OR FRUIT/VEGETABLE STAND?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	50.0%	19.9%	16.1%	10.5%	3.5%	2211
Overall results from 2015	45.6%	24.8%	18.6%	10.0%	1.0%	2102
Results by gender:						
Female	43.0%	24.1%	20.2%	11.3%	1.3%	1333
Male	48.4%	25.4%	16.9%	8.5%	0.7%	769
Results by age:						
18-34	52.5%	26.5%	14.1%	6.4%	0.4%	207
35-44	47.6%	27.8%	18.8%	5.2%	0.6%	193
45-54	38.5%	25.4%	25.4%	10.3%	0.4%	265
55-64	40.5%	24.2%	17.7%	15.1%	2.5%	488
65-74	46.7%	20.7%	16.7%	13.9%	2.0%	447
75+	46.2%	20.7%	19.8%	12.3%	1.1%	502
Results by education level:						
Less than HS diploma, no GED	62.2%	16.7%	14.5%	4.6%	2.0%	135
High school diploma or GED	50.9%	20.1%	16.8%	10.7%	1.5%	649
Some college, trade school, or Associate degree	44.3%	27.4%	17.3%	10.4%	0.6%	769
Bachelor's degree or higher	41.0%	25.9%	22.2%	9.8%	1.0%	539
Results by household income:						
Less than \$20,000	59.5%	20.5%	10.5%	9.1%	0.4%	379
\$20,000 - \$34,999	54.1%	23.0%	11.5%	10.4%	1.0%	347
\$35,000 - \$49,999	43.9%	21.2%	21.3%	12.5%	1.1%	318
\$50,000 - \$74,999	44.0%	29.0%	16.7%	9.0%	1.3%	423
\$75,000 or more	36.7%	27.9%	25.4%	9.2%	0.8%	456

All Survey Items (weighted data)

25B. During the growing season, how often do you or others in your household buy or get food from a LOCAL FARM OR CSA (COMMUNITY SUPPORTED AGRICULTURE)?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	81.9%	8.8%	3.7%	2.4%	3.2%	2075
Overall results from 2015	90.1%	5.6%	2.9%	1.0%	0.4%	2001
Results by gender:						
Female	89.5%	5.5%	3.4%	1.1%	0.6%	1271
Male	90.7%	5.7%	2.5%	0.9%	0.2%	730
Results by age:						
18-34	88.2%	6.8%	4.6%	0.1%	0.3%	206
35-44	90.5%	6.4%	1.5%	1.5%	0.0%	191
45-54	92.0%	5.1%	1.8%	0.7%	0.4%	262
55-64	89.4%	4.3%	3.6%	2.1%	0.6%	474
65-74	89.2%	4.9%	3.4%	1.5%	0.9%	426
75+	91.9%	5.0%	1.6%	1.1%	0.4%	442
Results by education level:						
Less than HS diploma, no GED	96.2%	3.5%	0.0%	0.3%	0.0%	119
High school diploma or GED	89.9%	5.9%	2.5%	1.2%	0.5%	616
Some college, trade school, or Associate degree	87.5%	6.3%	4.7%	1.2%	0.4%	738
Bachelor's degree or higher	92.2%	4.9%	1.7%	0.8%	0.4%	521
Results by household income:						
Less than \$20,000	94.5%	1.9%	2.4%	1.0%	0.2%	353
\$20,000 - \$34,999	94.1%	2.4%	2.5%	0.9%	0.1%	328
\$35,000 - \$49,999	89.3%	6.9%	2.5%	0.8%	0.5%	304
\$50,000 - \$74,999	87.2%	9.0%	1.9%	1.4%	0.6%	407
\$75,000 or more	89.5%	4.9%	4.7%	0.9%	0.0%	444

25C. During the growing season, how often do you or others in your household buy or get food from a FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?

Southwest Health and Human Services (SWHHS)	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
Overall results from 2010	32.7%	9.5%	10.6%	10.5%	36.7%	2246
Overall results from 2015	36.4%	9.9%	10.7%	11.8%	31.2%	2068
Results by gender:						
Female	36.7%	9.2%	11.7%	10.7%	31.6%	1320
Male	36.0%	10.6%	9.6%	13.0%	30.7%	748
Results by age:						
18-34	38.4%	12.0%	13.3%	10.0%	26.3%	203
35-44	40.6%	9.7%	8.4%	10.6%	30.7%	193
45-54	28.6%	10.5%	13.0%	14.6%	33.3%	267
55-64	33.3%	9.3%	9.0%	14.9%	33.5%	486
65-74	31.4%	7.0%	10.0%	11.8%	39.8%	444
75+	49.0%	7.9%	7.3%	8.1%	27.6%	475
Results by education level:						
Less than HS diploma, no GED	57.7%	13.4%	4.8%	4.0%	20.1%	123
High school diploma or GED	40.7%	8.6%	7.9%	12.8%	29.9%	648
Some college, trade school, or Associate degree	35.4%	8.6%	12.8%	12.4%	30.9%	759
Bachelor's degree or higher	31.5%	11.6%	11.4%	11.7%	33.8%	527
Results by household income:						
Less than \$20,000	62.4%	7.9%	8.1%	4.6%	16.9%	369
\$20,000 - \$34,999	48.3%	5.9%	9.4%	6.0%	30.5%	333
\$35,000 - \$49,999	34.3%	12.3%	12.5%	11.4%	29.6%	313
\$50,000 - \$74,999	31.3%	10.2%	14.8%	15.3%	28.5%	420
\$75,000 or more	27.4%	11.7%	8.9%	14.5%	37.4%	456

26. How far do you usually go (one way) to get your groceries? (Mark all that apply.)

Southwest Health and Human Services (SWHHS)	Less than 2 miles	2-6 miles	7-10 miles	11-20 miles	21-30 miles	Over 30 miles	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	40.8%	12.8%	9.0%	16.6%	15.3%	6.5%	2170
Results by gender:							
Female	40.9%	14.7%	8.0%	15.5%	14.3%	7.8%	1378
Male	40.8%	10.8%	10.2%	17.8%	16.3%	5.1%	792
Results by age:							
18-34	36.7%	13.0%	10.2%	16.8%	18.5%	5.6%	209
35-44	44.6%	10.1%	7.0%	11.0%	16.9%	10.3%	194
45-54	33.5%	13.5%	11.7%	18.4%	15.6%	8.1%	268
55-64	41.7%	13.4%	6.9%	17.9%	16.2%	5.8%	498
65-74	42.5%	14.4%	10.1%	16.7%	12.6%	6.1%	463
75+	52.8%	12.7%	6.8%	18.0%	7.6%	3.1%	538
Results by education level:							
Less than HS diploma, no GED	44.7%	19.2%	8.2%	13.7%	9.8%	11.4%	149
High school diploma or GED	42.2%	12.8%	7.1%	17.8%	15.7%	6.3%	677
Some college, trade school, or Associate degree	36.4%	12.7%	9.4%	17.0%	18.7%	6.1%	788
Bachelor's degree or higher	44.3%	12.1%	10.0%	15.6%	12.0%	6.5%	542
Results by household income:							
Less than \$20,000	50.6%	16.8%	6.2%	10.4%	12.1%	6.6%	394
\$20,000 - \$34,999	48.5%	9.2%	7.0%	9.3%	18.1%	8.5%	359
\$35,000 - \$49,999	40.9%	11.8%	8.1%	21.2%	13.6%	5.7%	321
\$50,000 - \$74,999	33.4%	12.7%	9.6%	20.5%	18.5%	6.0%	433
\$75,000 or more	40.5%	13.6%	10.1%	16.9%	14.1%	5.7%	466

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

Southwest Health and Human Services (SWHHS)	Never	Less than 1 day per week	1-2 days per week	3-4 days per week	5-6 days per week	Every day	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	1.2%	1.9%	9.3%	20.7%	29.3%	37.7%	2153
Results by gender:							
Female	1.0%	2.1%	9.1%	20.3%	31.2%	36.3%	1366
Male	1.4%	1.6%	9.5%	21.0%	27.2%	39.2%	787
Results by age:							
18-34	0.5%	0.8%	10.5%	20.6%	32.8%	34.8%	209
35-44	1.1%	1.4%	8.9%	24.2%	30.7%	33.8%	192
45-54	0.4%	2.1%	9.2%	21.9%	29.1%	37.3%	265
55-64	0.8%	1.7%	9.2%	21.3%	30.8%	36.1%	493
65-74	1.8%	2.4%	8.3%	18.3%	26.1%	43.2%	459
75+	3.9%	3.9%	8.8%	16.1%	21.7%	45.7%	535
Results by education level:							
Less than HS diploma, no GED	7.3%	7.8%	7.6%	15.0%	18.7%	43.5%	141
High school diploma or GED	2.1%	3.2%	9.8%	17.9%	22.4%	44.6%	669
Some college, trade school, or Associate degree	0.5%	1.1%	9.1%	24.0%	29.8%	35.5%	786
Bachelor's degree or higher	0.4%	0.8%	9.4%	19.5%	35.6%	34.2%	540
Results by household income:							
Less than \$20,000	4.6%	5.3%	10.4%	21.2%	14.0%	44.5%	394
\$20,000 - \$34,999	1.4%	2.9%	9.9%	17.9%	22.1%	45.7%	354
\$35,000 - \$49,999	0.7%	3.0%	9.4%	19.2%	28.5%	39.2%	319
\$50,000 - \$74,999	0.5%	0.8%	8.5%	27.1%	29.1%	34.0%	433
\$75,000 or more	0.6%	0.3%	9.8%	17.7%	40.0%	31.7%	459

28A. How comfortable are you with your skills in FOLLOWING A RECIPE?

<i>Southwest Health and Human Services (SWHHS)</i>	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N (Unweighted)
	%	%	%	%	
Overall results from 2015	79.6%	15.5%	2.9%	1.9%	2139
Results by gender:					
Female	91.8%	6.8%	1.0%	0.4%	1370
Male	66.3%	25.1%	5.0%	3.7%	769
Results by age:					
18-34	76.1%	21.6%	2.3%	0.0%	206
35-44	83.1%	13.8%	2.2%	0.9%	194
45-54	83.1%	12.3%	1.5%	3.2%	268
55-64	82.4%	14.1%	2.7%	0.8%	496
65-74	77.8%	16.4%	4.1%	1.7%	450
75+	74.9%	11.8%	6.6%	6.8%	525
Results by education level:					
Less than HS diploma, no GED	65.3%	13.2%	7.2%	14.2%	139
High school diploma or GED	74.3%	16.1%	5.7%	3.9%	668
Some college, trade school, or Associate degree	78.9%	18.3%	2.1%	0.7%	782
Bachelor's degree or higher	86.3%	12.4%	1.2%	0.2%	540
Results by household income:					
Less than \$20,000	70.4%	17.3%	5.2%	7.0%	384
\$20,000 - \$34,999	83.5%	12.1%	2.7%	1.7%	355
\$35,000 - \$49,999	76.2%	20.9%	1.7%	1.2%	321
\$50,000 - \$74,999	77.8%	17.9%	3.8%	0.5%	429
\$75,000 or more	84.8%	12.4%	1.4%	1.4%	463

28B. How comfortable are you with your skills in MEASURING INGREDIENTS?

<i>Southwest Health and Human Services (SWHHS)</i>	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N (Unweighted)
	%	%	%	%	
Overall results from 2015	83.6%	12.7%	2.2%	1.5%	2129
Results by gender:					
Female	94.1%	4.8%	0.8%	0.3%	1362
Male	72.3%	21.2%	3.7%	2.7%	767
Results by age:					
18-34	81.6%	15.5%	2.9%	0.0%	205
35-44	86.6%	11.1%	1.4%	0.9%	193
45-54	87.2%	9.9%	1.4%	1.4%	267
55-64	86.0%	11.6%	1.7%	0.6%	491
65-74	82.4%	14.9%	1.4%	1.3%	452
75+	76.8%	12.7%	4.4%	6.1%	521
Results by education level:					
Less than HS diploma, no GED	59.3%	21.7%	4.3%	14.7%	136
High school diploma or GED	78.2%	17.1%	2.8%	1.9%	664
Some college, trade school, or Associate degree	83.3%	14.2%	1.9%	0.6%	783
Bachelor's degree or higher	91.6%	6.4%	1.9%	0.2%	535
Results by household income:					
Less than \$20,000	72.1%	14.8%	6.0%	7.1%	378
\$20,000 - \$34,999	86.6%	9.9%	1.9%	1.6%	352
\$35,000 - \$49,999	84.9%	12.9%	1.4%	0.8%	316
\$50,000 - \$74,999	83.3%	13.5%	2.8%	0.4%	429
\$75,000 or more	87.1%	12.2%	0.6%	0.0%	463

28C. How comfortable are you with your skills in CUTTING AND MIXING INGREDIENTS?

<i>Southwest Health and Human Services (SWHHS)</i>	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N (Unweighted)
	%	%	%	%	
Overall results from 2015	83.3%	12.4%	2.5%	1.7%	2111
Results by gender:					
Female	93.1%	5.6%	0.6%	0.7%	1357
Male	72.4%	20.0%	4.7%	2.9%	754
Results by age:					
18-34	82.6%	13.8%	3.6%	0.0%	206
35-44	85.3%	12.3%	1.0%	1.3%	193
45-54	86.0%	10.8%	0.9%	2.3%	265
55-64	86.3%	10.1%	2.2%	1.3%	490
65-74	82.6%	14.0%	2.3%	1.1%	446
75+	74.8%	13.9%	5.4%	5.9%	511
Results by education level:					
Less than HS diploma, no GED	62.7%	16.3%	4.2%	16.8%	127
High school diploma or GED	78.4%	16.1%	3.1%	2.5%	659
Some college, trade school, or Associate degree	82.3%	14.4%	2.6%	0.7%	778
Bachelor's degree or higher	90.8%	6.9%	1.9%	0.3%	537
Results by household income:					
Less than \$20,000	72.9%	12.4%	7.0%	7.6%	377
\$20,000 - \$34,999	84.0%	12.1%	1.7%	2.2%	345
\$35,000 - \$49,999	82.1%	15.9%	1.1%	0.9%	316
\$50,000 - \$74,999	83.0%	12.6%	3.9%	0.5%	427
\$75,000 or more	88.7%	10.4%	0.9%	0.0%	460

28D. How comfortable are you with your skills in USING DIFFERENT METHODS TO COOK FOODS, SUCH AS BOILING, BAKING, STIR-FRYING, OR GRILLING?

<i>Southwest Health and Human Services (SWHHS)</i>	Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable	N (Unweighted)
	%	%	%	%	
Overall results from 2015	76.6%	16.8%	4.3%	2.3%	2137
Results by gender:					
Female	84.1%	12.0%	3.0%	0.9%	1366
Male	68.4%	22.0%	5.9%	3.7%	771
Results by age:					
18-34	72.8%	19.9%	5.8%	1.6%	208
35-44	78.4%	17.8%	2.5%	1.3%	193
45-54	81.8%	12.8%	2.8%	2.6%	268
55-64	81.0%	14.1%	4.3%	0.5%	493
65-74	77.0%	15.7%	4.3%	3.0%	450
75+	67.8%	20.0%	6.2%	6.0%	525
Results by education level:					
Less than HS diploma, no GED	56.9%	21.9%	8.0%	13.2%	139
High school diploma or GED	74.1%	16.8%	5.8%	3.4%	665
Some college, trade school, or Associate degree	78.4%	16.8%	3.9%	1.0%	781
Bachelor's degree or higher	79.2%	16.2%	3.2%	1.4%	540
Results by household income:					
Less than \$20,000	69.9%	15.5%	5.8%	8.8%	385
\$20,000 - \$34,999	78.9%	16.0%	3.1%	2.0%	350
\$35,000 - \$49,999	72.2%	22.6%	2.9%	2.2%	321
\$50,000 - \$74,999	75.3%	16.6%	7.1%	1.0%	430
\$75,000 or more	83.2%	14.1%	2.5%	0.2%	459

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

Southwest Health and Human Services (SWHHS)	Often	Sometimes	Rarely	Never	N (Unweighted)
	%	%	%	%	
Overall results from 2015	3.4%	9.5%	11.8%	75.3%	2169
Results by gender:					
Female	3.4%	9.0%	13.2%	74.4%	1377
Male	3.3%	10.0%	10.3%	76.3%	792
Results by age:					
18-34	3.7%	9.8%	13.6%	72.8%	209
35-44	8.2%	13.2%	10.4%	68.3%	193
45-54	3.2%	11.2%	12.6%	73.1%	268
55-64	1.8%	8.7%	10.0%	79.5%	496
65-74	1.9%	5.5%	9.8%	82.9%	461
75+	0.7%	6.6%	12.8%	79.9%	542
Results by education level:					
Less than HS diploma, no GED	9.9%	21.4%	14.7%	54.0%	146
High school diploma or GED	5.9%	9.9%	15.0%	69.3%	679
Some college, trade school, or Associate degree	2.5%	11.6%	11.3%	74.6%	788
Bachelor's degree or higher	1.5%	4.9%	9.5%	84.2%	540
Results by household income:					
Less than \$20,000	11.0%	20.9%	17.3%	50.8%	395
\$20,000 - \$34,999	8.1%	18.6%	13.2%	60.2%	361
\$35,000 - \$49,999	4.6%	11.7%	19.0%	64.7%	321
\$50,000 - \$74,999	0.8%	7.1%	10.1%	82.0%	432
\$75,000 or more	0.2%	2.0%	5.2%	92.6%	464

30. During the past 12 months, have you used a community food shelf program?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	6.0%	94.0%	2153
Results by gender:			
Female	4.4%	95.6%	1367
Male	7.7%	92.3%	786
Results by age:			
18-34	7.0%	93.0%	207
35-44	11.0%	89.0%	194
45-54	5.7%	94.3%	266
55-64	3.9%	96.1%	495
65-74	4.0%	96.0%	456
75+	3.2%	96.8%	535
Results by education level:			
Less than HS diploma, no GED	22.1%	77.9%	143
High school diploma or GED	9.5%	90.5%	674
Some college, trade school, or Associate degree	4.6%	95.4%	784
Bachelor's degree or higher	2.5%	97.5%	539
Results by household income:			
Less than \$20,000	28.0%	72.0%	387
\$20,000 - \$34,999	13.9%	86.1%	357
\$35,000 - \$49,999	2.8%	97.2%	321
\$50,000 - \$74,999	0.1%	99.9%	430
\$75,000 or more	0.4%	99.6%	466

31A. There is a large selection of fresh fruits and vegetables where I usually shop.

<i>Southwest Health and Human Services (SWHHS)</i>	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
Overall results from 2010	38.5%	53.7%	6.5%	1.2%	2321
Overall results from 2015	50.6%	45.4%	3.6%	0.4%	2158
Results by gender:					
Female	53.6%	42.0%	4.3%	0.2%	1372
Male	47.4%	49.2%	2.8%	0.6%	786
Results by age:					
18-34	46.5%	48.0%	5.2%	0.3%	207
35-44	42.6%	49.4%	6.9%	1.1%	194
45-54	53.9%	43.9%	1.9%	0.4%	268
55-64	54.8%	42.7%	2.3%	0.3%	494
65-74	55.9%	40.6%	3.4%	0.1%	458
75+	53.0%	45.9%	1.0%	0.0%	537
Results by education level:					
Less than HS diploma, no GED	35.8%	59.1%	2.0%	3.1%	142
High school diploma or GED	49.8%	47.4%	2.3%	0.5%	679
Some college, trade school, or Associate degree	50.9%	44.8%	4.1%	0.2%	783
Bachelor's degree or higher	53.0%	42.6%	4.3%	0.1%	539
Results by household income:					
Less than \$20,000	38.4%	54.4%	5.1%	2.2%	389
\$20,000 - \$34,999	48.4%	48.8%	2.3%	0.5%	358
\$35,000 - \$49,999	42.8%	53.4%	3.7%	0.1%	321
\$50,000 - \$74,999	54.5%	42.7%	2.6%	0.2%	430
\$75,000 or more	56.1%	39.2%	4.7%	0.0%	463

31B. The fresh fruits and vegetables available where I usually shop are of high quality.

<i>Southwest Health and Human Services (SWHHS)</i>	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
Overall results from 2010	25.0%	59.4%	13.8%	1.8%	2314
Overall results from 2015	32.7%	56.2%	10.2%	0.9%	2152
Results by gender:					
Female	30.9%	58.5%	9.9%	0.6%	1368
Male	34.7%	53.7%	10.4%	1.2%	784
Results by age:					
18-34	24.8%	57.0%	16.2%	2.0%	209
35-44	24.9%	56.2%	17.5%	1.5%	194
45-54	35.0%	57.5%	6.6%	0.9%	268
55-64	37.7%	56.1%	6.1%	0.2%	492
65-74	39.8%	52.5%	7.6%	0.0%	457
75+	41.5%	55.6%	2.8%	0.0%	532
Results by education level:					
Less than HS diploma, no GED	20.7%	71.8%	4.6%	2.9%	141
High school diploma or GED	35.7%	54.1%	10.1%	0.1%	675
Some college, trade school, or Associate degree	31.5%	57.0%	10.7%	0.8%	785
Bachelor's degree or higher	33.5%	54.7%	10.5%	1.3%	537
Results by household income:					
Less than \$20,000	28.4%	52.7%	13.4%	5.5%	387
\$20,000 - \$34,999	29.2%	55.0%	15.3%	0.5%	358
\$35,000 - \$49,999	31.3%	58.6%	9.6%	0.6%	322
\$50,000 - \$74,999	33.3%	58.3%	8.2%	0.2%	429
\$75,000 or more	35.5%	55.0%	9.2%	0.2%	463

31C. The fresh fruits and vegetables where I usually shop are too expensive.

Southwest Health and Human Services (SWHHS)	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
Overall results from 2010	17.5%	46.0%	34.9%	1.6%	2295
Overall results from 2015	12.9%	46.1%	39.7%	1.4%	2118
Results by gender:					
Female	13.8%	47.6%	37.0%	1.7%	1338
Male	11.9%	44.5%	42.6%	1.0%	780
Results by age:					
18-34	12.9%	37.9%	48.8%	0.4%	206
35-44	15.8%	46.8%	36.8%	0.6%	193
45-54	13.5%	48.4%	37.8%	0.4%	262
55-64	12.8%	48.8%	35.6%	2.8%	488
65-74	10.2%	49.9%	38.6%	1.4%	451
75+	10.8%	51.0%	34.4%	3.8%	518
Results by education level:					
Less than HS diploma, no GED	24.0%	52.6%	21.3%	2.1%	140
High school diploma or GED	14.1%	50.6%	33.5%	1.9%	663
Some college, trade school, or Associate degree	14.0%	44.1%	41.1%	0.9%	771
Bachelor's degree or higher	8.9%	44.3%	45.4%	1.4%	531
Results by household income:					
Less than \$20,000	27.5%	51.6%	19.4%	1.5%	379
\$20,000 - \$34,999	20.4%	44.7%	32.2%	2.7%	354
\$35,000 - \$49,999	12.5%	44.0%	43.0%	0.4%	316
\$50,000 - \$74,999	10.7%	47.3%	41.9%	0.1%	428
\$75,000 or more	6.1%	42.8%	49.4%	1.6%	458

31D. Fruits and vegetables are difficult to prepare.

Southwest Health and Human Services (SWHHS)	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
Overall results from 2015	1.3%	7.3%	58.7%	32.8%	2108
Results by gender:					
Female	1.6%	5.2%	53.6%	39.6%	1343
Male	1.0%	9.5%	64.3%	25.2%	765
Results by age:					
18-34	0.3%	9.4%	54.9%	35.5%	205
35-44	1.1%	5.6%	60.2%	33.0%	192
45-54	0.9%	6.3%	64.8%	28.0%	263
55-64	2.1%	6.4%	53.8%	37.7%	492
65-74	1.3%	4.0%	61.2%	33.5%	448
75+	3.1%	10.4%	59.4%	27.1%	508
Results by education level:					
Less than HS diploma, no GED	6.4%	18.3%	51.7%	23.6%	135
High school diploma or GED	2.1%	7.2%	61.4%	29.4%	662
Some college, trade school, or Associate degree	0.9%	8.1%	56.6%	34.3%	772
Bachelor's degree or higher	0.4%	4.8%	59.8%	35.0%	530
Results by household income:					
Less than \$20,000	2.8%	10.6%	57.8%	28.8%	373
\$20,000 - \$34,999	1.4%	4.5%	63.4%	30.7%	352
\$35,000 - \$49,999	2.3%	7.5%	52.5%	37.8%	316
\$50,000 - \$74,999	0.4%	9.2%	62.3%	28.1%	424
\$75,000 or more	0.8%	5.9%	57.4%	35.9%	461

31E. Fruits and vegetables spoil quickly.

<i>Southwest Health and Human Services (SWHHS)</i>	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
Overall results from 2015	9.1%	50.0%	36.1%	4.9%	2120
Results by gender:					
Female	9.8%	51.7%	33.1%	5.4%	1346
Male	8.3%	48.1%	39.3%	4.3%	774
Results by age:					
18-34	10.3%	50.0%	34.9%	4.7%	207
35-44	13.9%	44.5%	35.1%	6.5%	194
45-54	9.9%	58.0%	29.5%	2.5%	267
55-64	8.8%	47.4%	38.1%	5.8%	490
65-74	4.3%	47.5%	43.6%	4.6%	447
75+	3.9%	49.1%	40.7%	6.2%	515
Results by education level:					
Less than HS diploma, no GED	6.7%	58.7%	32.3%	2.3%	137
High school diploma or GED	10.6%	43.6%	40.7%	5.0%	663
Some college, trade school, or Associate degree	8.2%	53.5%	32.6%	5.7%	773
Bachelor's degree or higher	9.4%	49.4%	37.2%	4.0%	536
Results by household income:					
Less than \$20,000	11.8%	49.7%	34.0%	4.5%	380
\$20,000 - \$34,999	12.4%	45.2%	38.0%	4.4%	349
\$35,000 - \$49,999	12.6%	49.6%	32.0%	5.8%	318
\$50,000 - \$74,999	9.1%	55.6%	30.6%	4.7%	427
\$75,000 or more	5.2%	46.5%	43.6%	4.7%	461

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	77.5%	22.5%	2310
Overall results from 2015	81.0%	19.0%	2140
Results by gender:			
Female	84.1%	15.9%	1359
Male	77.6%	22.4%	781
Results by age:			
18-34	89.5%	10.5%	209
35-44	82.7%	17.3%	191
45-54	80.5%	19.5%	266
55-64	78.3%	21.7%	493
65-74	80.7%	19.3%	454
75+	66.7%	33.3%	527
Results by education level:			
Less than HS diploma, no GED	57.2%	42.8%	144
High school diploma or GED	71.3%	28.7%	665
Some college, trade school, or Associate degree	84.1%	15.9%	780
Bachelor's degree or higher	88.5%	11.5%	538
Results by household income:			
Less than \$20,000	68.7%	31.3%	390
\$20,000 - \$34,999	77.4%	22.6%	355
\$35,000 - \$49,999	80.6%	19.4%	315
\$50,000 - \$74,999	80.6%	19.4%	430
\$75,000 or more	89.8%	10.2%	460

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

<i>Southwest Health and Human Services (SWHHS)</i>	0-4 days	5 or more days	N (Unweighted)
	%	%	
Overall results from 2015	71.1%	28.9%	2140
Results by gender:			
Female	69.7%	30.3%	1355
Male	72.6%	27.4%	785
Results by age:			
18-34	73.7%	26.3%	208
35-44	69.2%	30.8%	194
45-54	76.4%	23.6%	265
55-64	65.8%	34.2%	494
65-74	68.5%	31.5%	452
75+	69.0%	31.0%	527
Results by education level:			
Less than HS diploma, no GED	69.8%	30.2%	143
High school diploma or GED	71.8%	28.2%	668
Some college, trade school, or Associate degree	70.5%	29.5%	781
Bachelor's degree or higher	71.4%	28.6%	536
Results by household income:			
Less than \$20,000	75.2%	24.8%	384
\$20,000 - \$34,999	79.1%	20.9%	356
\$35,000 - \$49,999	69.1%	30.9%	317
\$50,000 - \$74,999	72.3%	27.7%	432
\$75,000 or more	68.1%	31.9%	463

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

Southwest Health and Human Services (SWHHS)	0-2 days	3 or more days	N (Unweighted)
	%	%	
Overall results from 2015	70.6%	29.4%	2081
Results by gender:			
Female	70.3%	29.7%	1323
Male	71.0%	29.0%	758
Results by age:			
18-34	67.3%	32.7%	208
35-44	63.0%	37.0%	191
45-54	72.9%	27.1%	257
55-64	69.8%	30.2%	484
65-74	74.1%	25.9%	442
75+	81.0%	19.0%	499
Results by education level:			
Less than HS diploma, no GED	77.8%	22.2%	129
High school diploma or GED	78.5%	21.5%	650
Some college, trade school, or Associate degree	71.4%	28.6%	759
Bachelor's degree or higher	63.0%	37.0%	533
Results by household income:			
Less than \$20,000	79.4%	20.6%	369
\$20,000 - \$34,999	81.3%	18.7%	349
\$35,000 - \$49,999	78.3%	21.7%	313
\$50,000 - \$74,999	66.1%	33.9%	422
\$75,000 or more	60.1%	39.9%	456

35. Where do you usually exercise or do physical activities? (Mark all that apply.)

Southwest Health and Human Services (SWHHS)	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	72.4%	16.0%	15.2%	5.0%	46.1%	5.5%	6.6%	2147
Results by gender:								
Female	77.2%	13.1%	17.2%	5.1%	51.4%	4.7%	5.5%	1367
Male	67.2%	19.3%	13.0%	4.9%	40.3%	6.3%	7.7%	780
Results by age:								
18-34	76.8%	20.7%	18.5%	5.0%	65.7%	4.3%	3.5%	209
35-44	66.7%	17.0%	23.1%	6.8%	51.2%	5.7%	5.1%	194
45-54	73.3%	18.8%	13.2%	1.6%	42.3%	6.4%	3.6%	266
55-64	72.7%	19.7%	11.1%	3.3%	46.0%	3.8%	8.9%	490
65-74	69.6%	9.1%	12.5%	7.6%	35.0%	7.3%	8.2%	460
75+	70.9%	3.0%	10.2%	8.2%	17.3%	6.8%	14.7%	528
Results by education level:								
Less than HS diploma, no GED	61.1%	10.0%	8.2%	5.5%	17.2%	3.2%	20.8%	139
High school diploma or GED	69.2%	14.5%	8.7%	3.1%	36.5%	5.8%	9.9%	674
Some college, trade school, or Associate degree	73.9%	20.1%	15.8%	4.2%	46.9%	6.3%	5.5%	781
Bachelor's degree or higher	74.7%	13.5%	20.7%	7.3%	56.7%	4.7%	3.4%	538
Results by household income:								
Less than \$20,000	62.0%	9.7%	7.7%	4.2%	37.1%	7.0%	15.6%	387
\$20,000 - \$34,999	71.3%	15.3%	11.5%	3.0%	44.0%	7.6%	8.1%	353
\$35,000 - \$49,999	76.3%	21.5%	12.2%	5.2%	52.2%	5.1%	8.6%	322
\$50,000 - \$74,999	72.4%	20.3%	13.8%	6.1%	45.2%	3.6%	4.9%	429
\$75,000 or more	74.7%	12.4%	22.9%	5.2%	51.9%	4.2%	2.8%	462

All Survey Items (weighted data)

36A. Please indicate if you have the following resource or facility in your community:
WALKING PATHS OR TRAILS

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	6.8%	26.0%	64.6%	2.6%	2286
Overall results from 2015	3.5%	21.1%	73.0%	2.5%	2100
Results by gender:					
Female	2.8%	20.2%	74.7%	2.3%	1335
Male	4.3%	22.0%	71.1%	2.6%	765
Results by age:					
18-34	1.2%	21.4%	77.4%	0.0%	209
35-44	1.2%	26.9%	71.5%	0.4%	192
45-54	4.9%	23.2%	69.4%	2.6%	267
55-64	4.4%	16.4%	77.0%	2.2%	490
65-74	5.2%	19.2%	71.9%	3.6%	448
75+	6.1%	17.8%	66.9%	9.2%	494
Results by education level:					
Less than HS diploma, no GED	8.8%	15.0%	72.0%	4.2%	137
High school diploma or GED	3.2%	20.1%	72.2%	4.5%	644
Some college, trade school, or Associate degree	2.9%	22.2%	72.8%	2.1%	771
Bachelor's degree or higher	3.5%	21.5%	74.0%	1.0%	534
Results by household income:					
Less than \$20,000	6.5%	16.2%	72.8%	4.5%	372
\$20,000 - \$34,999	2.7%	20.8%	71.5%	5.0%	351
\$35,000 - \$49,999	4.2%	24.3%	68.9%	2.7%	318
\$50,000 - \$74,999	1.5%	23.5%	73.8%	1.3%	423
\$75,000 or more	3.5%	20.1%	76.1%	0.4%	459

36A. Do you use the WALKING PATHS OR TRAILS in your community?

Southwest Health and Human Services (SWHHS)	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	34.0%	66.0%	1312
Overall results from 2015	50.5%	49.5%	1452
Results by gender:			
Female	55.3%	44.7%	917
Male	45.0%	55.0%	535
Results by age:			
18-34	62.9%	37.1%	148
35-44	63.8%	36.2%	128
45-54	52.1%	47.9%	177
55-64	43.5%	56.5%	357
65-74	40.2%	59.8%	303
75+	23.7%	76.3%	339
Results by education level:			
Less than HS diploma, no GED	33.1%	66.9%	94
High school diploma or GED	38.3%	61.7%	444
Some college, trade school, or Associate degree	50.7%	49.3%	527
Bachelor's degree or higher	61.7%	38.3%	379
Results by household income:			
Less than \$20,000	32.6%	67.4%	248
\$20,000 - \$34,999	48.7%	51.3%	249
\$35,000 - \$49,999	56.4%	43.6%	203
\$50,000 - \$74,999	47.2%	52.8%	300
\$75,000 or more	60.0%	40.0%	333

All Survey Items (weighted data)

36B. Please indicate if you have the following resource or facility in your community:
BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	8.1%	30.7%	59.4%	1.8%	2274
Overall results from 2015	3.6%	23.8%	69.0%	3.6%	2066
Results by gender:					
Female	3.8%	23.1%	69.1%	3.9%	1306
Male	3.3%	24.5%	68.9%	3.3%	760
Results by age:					
18-34	1.5%	24.1%	72.0%	2.5%	208
35-44	2.3%	30.4%	66.7%	0.6%	193
45-54	4.0%	24.2%	70.4%	1.4%	264
55-64	3.4%	20.3%	73.1%	3.2%	489
65-74	6.5%	21.5%	67.0%	5.0%	445
75+	6.7%	21.3%	59.4%	12.6%	467
Results by education level:					
Less than HS diploma, no GED	8.0%	16.0%	68.0%	8.0%	131
High school diploma or GED	4.2%	26.5%	64.6%	4.7%	631
Some college, trade school, or Associate degree	3.8%	24.2%	68.2%	3.8%	767
Bachelor's degree or higher	2.0%	22.5%	73.7%	1.8%	524
Results by household income:					
Less than \$20,000	7.3%	19.1%	68.7%	4.9%	365
\$20,000 - \$34,999	4.1%	26.1%	63.8%	6.0%	345
\$35,000 - \$49,999	3.1%	27.2%	65.3%	4.3%	314
\$50,000 - \$74,999	2.9%	24.9%	69.2%	3.0%	419
\$75,000 or more	1.0%	22.8%	75.0%	1.3%	455

36B. Do you use the BICYCLE PATHS, SHARED USE PATHS, OR BIKE LANES in your community?

Southwest Health and Human Services (SWHHS)	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	30.1%	69.9%	1167
Overall results from 2015	38.5%	61.5%	1322
Results by gender:			
Female	39.0%	61.0%	828
Male	37.8%	62.2%	494
Results by age:			
18-34	50.4%	49.6%	127
35-44	55.2%	44.8%	114
45-54	40.2%	59.8%	167
55-64	30.8%	69.2%	333
65-74	25.9%	74.1%	283
75+	11.5%	88.5%	298
Results by education level:			
Less than HS diploma, no GED	21.7%	78.3%	85
High school diploma or GED	29.2%	70.8%	395
Some college, trade school, or Associate degree	37.8%	62.2%	492
Bachelor's degree or higher	47.7%	52.3%	344
Results by household income:			
Less than \$20,000	28.4%	71.6%	224
\$20,000 - \$34,999	39.5%	60.5%	215
\$35,000 - \$49,999	34.6%	65.4%	191
\$50,000 - \$74,999	35.4%	64.6%	271
\$75,000 or more	49.0%	51.0%	311

All Survey Items (weighted data)

36C. Please indicate if you have the following resource or facility in your community:
PUBLIC SWIMMING POOLS OR WATER PARKS

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	0.7%	13.1%	84.3%	1.8%	2290
Overall results from 2015	1.4%	16.3%	78.7%	3.6%	2068
Results by gender:					
Female	1.2%	12.2%	82.8%	3.7%	1311
Male	1.6%	20.6%	74.4%	3.4%	757
Results by age:					
18-34	2.2%	15.9%	80.9%	1.1%	208
35-44	0.4%	17.6%	78.8%	3.2%	192
45-54	0.5%	16.1%	81.0%	2.4%	262
55-64	0.5%	14.4%	81.5%	3.6%	483
65-74	2.1%	17.5%	76.8%	3.6%	440
75+	3.3%	17.0%	68.7%	11.1%	483
Results by education level:					
Less than HS diploma, no GED	4.5%	12.9%	74.1%	8.6%	131
High school diploma or GED	0.9%	19.4%	75.1%	4.7%	639
Some college, trade school, or Associate degree	2.2%	16.8%	77.5%	3.5%	760
Bachelor's degree or higher	0.3%	13.8%	83.8%	2.0%	525
Results by household income:					
Less than \$20,000	3.3%	14.0%	77.1%	5.5%	370
\$20,000 - \$34,999	0.9%	17.6%	76.9%	4.5%	344
\$35,000 - \$49,999	1.7%	19.6%	74.0%	4.7%	312
\$50,000 - \$74,999	1.9%	15.8%	79.5%	2.8%	417
\$75,000 or more	0.1%	16.3%	82.4%	1.3%	452

36C. Do you use the PUBLIC SWIMMING POOLS OR WATER PARKS in your community?

Southwest Health and Human Services (SWHHS)	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	26.1%	73.9%	1851
Overall results from 2015	28.7%	71.3%	1614
Results by gender:			
Female	35.1%	64.9%	1047
Male	21.2%	78.8%	567
Results by age:			
18-34	49.4%	50.6%	167
35-44	44.1%	55.9%	160
45-54	23.4%	76.6%	218
55-64	14.3%	85.7%	386
65-74	12.8%	87.2%	333
75+	6.7%	93.3%	350
Results by education level:			
Less than HS diploma, no GED	14.0%	86.0%	97
High school diploma or GED	22.3%	77.7%	488
Some college, trade school, or Associate degree	28.2%	71.8%	590
Bachelor's degree or higher	35.8%	64.2%	431
Results by household income:			
Less than \$20,000	23.4%	76.6%	263
\$20,000 - \$34,999	22.2%	77.8%	259
\$35,000 - \$49,999	31.7%	68.3%	243
\$50,000 - \$74,999	27.0%	73.0%	335
\$75,000 or more	36.0%	64.0%	378

All Survey Items (weighted data)

36D. Please indicate if you have the following resource or facility in your community:
PUBLIC RECREATION OR COMMUNITY CENTERS

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	6.1%	27.6%	64.6%	1.7%	2231
Overall results from 2015	5.3%	22.8%	68.5%	3.3%	2045
Results by gender:					
Female	4.2%	24.5%	67.8%	3.5%	1292
Male	6.5%	21.0%	69.3%	3.1%	753
Results by age:					
18-34	4.5%	21.6%	73.2%	0.7%	207
35-44	8.8%	31.4%	57.1%	2.7%	188
45-54	5.1%	24.0%	69.3%	1.5%	259
55-64	4.6%	20.5%	70.8%	4.1%	482
65-74	5.0%	22.5%	68.5%	3.9%	438
75+	4.4%	16.6%	68.0%	10.9%	471
Results by education level:					
Less than HS diploma, no GED	7.9%	10.9%	73.8%	7.5%	129
High school diploma or GED	7.4%	20.7%	66.8%	5.1%	628
Some college, trade school, or Associate degree	4.4%	23.8%	69.0%	2.9%	757
Bachelor's degree or higher	4.4%	25.1%	68.6%	1.9%	521
Results by household income:					
Less than \$20,000	9.0%	17.8%	65.7%	7.4%	357
\$20,000 - \$34,999	5.4%	26.1%	64.3%	4.2%	340
\$35,000 - \$49,999	4.5%	23.0%	69.6%	2.9%	311
\$50,000 - \$74,999	5.2%	27.2%	65.3%	2.3%	418
\$75,000 or more	3.8%	21.3%	73.6%	1.3%	449

36D. Do you use the PUBLIC RECREATION OR COMMUNITY CENTERS in your community?

<i>Southwest Health and Human Services (SWHHS)</i>	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	37.2%	62.8%	1281
Overall results from 2015	30.0%	70.0%	1344
Results by gender:			
Female	33.7%	66.3%	831
Male	26.0%	74.0%	513
Results by age:			
18-34	41.1%	58.9%	136
35-44	43.1%	56.9%	102
45-54	23.8%	76.2%	170
55-64	19.1%	80.9%	329
65-74	25.8%	74.2%	280
75+	21.5%	78.5%	327
Results by education level:			
Less than HS diploma, no GED	28.8%	71.2%	96
High school diploma or GED	25.1%	74.9%	419
Some college, trade school, or Associate degree	27.1%	72.9%	483
Bachelor's degree or higher	37.3%	62.7%	340
Results by household income:			
Less than \$20,000	31.4%	68.6%	225
\$20,000 - \$34,999	25.4%	74.6%	215
\$35,000 - \$49,999	27.0%	73.0%	201
\$50,000 - \$74,999	31.4%	68.6%	265
\$75,000 or more	32.5%	67.5%	315

All Survey Items (weighted data)

36E. Please indicate if you have the following resource or facility in your community:
PARKS OR SPORTS FIELDS

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	0.8%	4.9%	92.3%	2.0%	2259
Overall results from 2015	1.4%	4.1%	91.6%	2.9%	2048
Results by gender:					
Female	1.6%	3.9%	91.5%	3.1%	1291
Male	1.1%	4.4%	91.8%	2.8%	757
Results by age:					
18-34	0.6%	1.3%	97.7%	0.4%	206
35-44	1.6%	3.6%	94.3%	0.5%	190
45-54	1.0%	4.5%	92.4%	2.2%	262
55-64	1.1%	4.6%	91.0%	3.3%	482
65-74	2.7%	5.5%	89.2%	2.5%	435
75+	2.5%	8.0%	77.3%	12.2%	473
Results by education level:					
Less than HS diploma, no GED	6.4%	4.5%	79.6%	9.5%	130
High school diploma or GED	1.4%	7.3%	86.3%	5.1%	627
Some college, trade school, or Associate degree	1.0%	3.9%	92.7%	2.3%	754
Bachelor's degree or higher	0.8%	1.9%	96.2%	1.0%	525
Results by household income:					
Less than \$20,000	3.2%	5.9%	85.1%	5.9%	364
\$20,000 - \$34,999	2.2%	3.8%	89.9%	4.0%	343
\$35,000 - \$49,999	1.3%	5.5%	90.4%	2.8%	310
\$50,000 - \$74,999	0.2%	2.5%	94.9%	2.3%	412
\$75,000 or more	0.7%	3.6%	94.8%	0.9%	449

36E. Do you use the PARKS OR SPORTS FIELDS in your community?

Southwest Health and Human Services (SWHHS)	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	46.0%	54.0%	2009
Overall results from 2015	45.2%	54.8%	1806
Results by gender:			
Female	46.2%	53.8%	1138
Male	44.2%	55.8%	668
Results by age:			
18-34	60.9%	39.1%	194
35-44	64.0%	36.0%	172
45-54	39.6%	60.4%	243
55-64	33.5%	66.5%	441
65-74	33.0%	67.0%	379
75+	20.6%	79.4%	377
Results by education level:			
Less than HS diploma, no GED	29.3%	70.7%	102
High school diploma or GED	38.4%	61.6%	542
Some college, trade school, or Associate degree	40.6%	59.4%	664
Bachelor's degree or higher	57.1%	42.9%	489
Results by household income:			
Less than \$20,000	34.0%	66.0%	297
\$20,000 - \$34,999	36.1%	63.9%	299
\$35,000 - \$49,999	47.1%	52.9%	273
\$50,000 - \$74,999	45.0%	55.0%	384
\$75,000 or more	54.0%	46.0%	412

All Survey Items (weighted data)

**36F. Please indicate if you have the following resource or facility in your community:
SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR
EXERCISE OR PHYSICAL ACTIVITY**

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	14.1%	27.0%	57.2%	1.7%	2270
Overall results from 2015	11.4%	35.5%	46.3%	6.9%	2061
Results by gender:					
Female	12.7%	33.9%	46.5%	7.0%	1307
Male	10.0%	37.1%	46.1%	6.8%	754
Results by age:					
18-34	14.3%	38.6%	42.7%	4.4%	207
35-44	8.1%	41.6%	47.3%	3.0%	193
45-54	11.3%	35.3%	47.6%	5.9%	266
55-64	10.9%	34.9%	47.2%	7.0%	480
65-74	10.6%	30.3%	48.6%	10.5%	442
75+	10.8%	26.8%	47.2%	15.2%	473
Results by education level:					
Less than HS diploma, no GED	11.0%	21.0%	51.9%	16.1%	128
High school diploma or GED	11.9%	37.9%	40.8%	9.3%	634
Some college, trade school, or Associate degree	12.9%	36.5%	44.9%	5.8%	758
Bachelor's degree or higher	9.3%	34.5%	51.3%	4.9%	530
Results by household income:					
Less than \$20,000	14.5%	32.2%	43.5%	9.7%	363
\$20,000 - \$34,999	14.5%	34.4%	43.1%	8.0%	340
\$35,000 - \$49,999	11.8%	37.2%	46.1%	4.9%	312
\$50,000 - \$74,999	12.9%	38.6%	43.4%	5.2%	424
\$75,000 or more	5.4%	35.2%	52.9%	6.5%	455

36F. Do you use the SCHOOLS, COLLEGES, OR UNIVERSITIES THAT ARE OPEN FOR PUBLIC USE FOR EXERCISE OR PHYSICAL ACTIVITY in your community?

<i>Southwest Health and Human Services (SWHHS)</i>	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	18.8%	81.2%	1140
Overall results from 2015	15.1%	84.9%	1028
Results by gender:			
Female	16.0%	84.0%	645
Male	14.2%	85.8%	383
Results by age:			
18-34	19.7%	80.3%	92
35-44	23.0%	77.0%	88
45-54	12.8%	87.2%	120
55-64	15.5%	84.5%	236
65-74	10.4%	89.6%	231
75+	6.1%	93.9%	261
Results by education level:			
Less than HS diploma, no GED	12.4%	87.6%	72
High school diploma or GED	8.8%	91.2%	318
Some college, trade school, or Associate degree	15.9%	84.1%	363
Bachelor's degree or higher	18.9%	81.1%	270
Results by household income:			
Less than \$20,000	13.7%	86.3%	175
\$20,000 - \$34,999	5.7%	94.3%	170
\$35,000 - \$49,999	13.2%	86.8%	149
\$50,000 - \$74,999	18.6%	81.4%	198
\$75,000 or more	18.2%	81.8%	246

All Survey Items (weighted data)

**36G. Please indicate if you have the following resource or facility in your community:
SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING**

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	3.2%	59.1%	36.3%	1.4%	2269
Overall results from 2015	4.2%	61.9%	31.2%	2.7%	2084
Results by gender:					
Female	3.2%	60.5%	33.5%	2.8%	1321
Male	5.2%	63.4%	28.8%	2.6%	763
Results by age:					
18-34	2.9%	58.2%	38.1%	0.7%	209
35-44	0.8%	71.1%	26.1%	2.0%	191
45-54	5.8%	64.1%	28.9%	1.1%	265
55-64	5.8%	64.7%	26.4%	3.1%	487
65-74	4.7%	61.2%	30.5%	3.7%	446
75+	5.5%	51.7%	33.9%	9.0%	486
Results by education level:					
Less than HS diploma, no GED	7.2%	53.0%	30.9%	8.9%	130
High school diploma or GED	4.7%	60.1%	31.6%	3.6%	646
Some college, trade school, or Associate degree	3.4%	65.5%	28.4%	2.6%	767
Bachelor's degree or higher	4.0%	60.9%	33.9%	1.2%	530
Results by household income:					
Less than \$20,000	5.1%	55.9%	33.8%	5.1%	372
\$20,000 - \$34,999	7.3%	57.8%	29.7%	5.2%	344
\$35,000 - \$49,999	5.6%	64.1%	28.5%	1.9%	317
\$50,000 - \$74,999	3.7%	63.4%	32.0%	0.9%	421
\$75,000 or more	1.9%	65.6%	31.0%	1.5%	456

36G. Do you use SHOPPING MALLS OR STORES FOR PHYSICAL ACTIVITY OR WALKING in your community?

<i>Southwest Health and Human Services (SWHHS)</i>	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	19.0%	81.0%	552
Overall results from 2015	21.0%	79.0%	524
Results by gender:			
Female	23.6%	76.4%	341
Male	17.7%	82.3%	183
Results by age:			
18-34	14.1%	85.9%	56
35-44	13.2%	86.8%	38
45-54	21.5%	78.5%	55
55-64	15.5%	84.5%	108
65-74	39.3%	60.7%	113
75+	32.4%	67.6%	154
Results by education level:			
Less than HS diploma, no GED	26.9%	73.1%	43
High school diploma or GED	21.6%	78.4%	163
Some college, trade school, or Associate degree	20.0%	80.0%	189
Bachelor's degree or higher	19.7%	80.3%	123
Results by household income:			
Less than \$20,000	29.0%	71.0%	100
\$20,000 - \$34,999	12.5%	87.5%	84
\$35,000 - \$49,999	31.2%	68.8%	79
\$50,000 - \$74,999	19.5%	80.5%	100
\$75,000 or more	16.7%	83.3%	98

All Survey Items (weighted data)

36H. Please indicate if you have the following resource or facility in your community:
HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP
FITNESS, ANYTIME FITNESS, ETC.)

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	1.3%	16.9%	80.1%	1.6%	2298
Overall results from 2015	1.2%	18.5%	77.4%	3.0%	2084
Results by gender:					
Female	1.3%	16.5%	79.5%	2.8%	1319
Male	1.1%	20.6%	75.1%	3.2%	765
Results by age:					
18-34	0.1%	15.7%	84.1%	0.1%	208
35-44	0.5%	21.7%	74.9%	2.8%	193
45-54	0.9%	16.1%	81.6%	1.4%	262
55-64	2.0%	18.7%	76.2%	3.1%	487
65-74	2.4%	20.1%	73.4%	4.1%	444
75+	2.4%	22.4%	65.0%	10.2%	490
Results by education level:					
Less than HS diploma, no GED	3.9%	22.4%	66.1%	7.6%	129
High school diploma or GED	1.4%	20.9%	72.7%	5.0%	644
Some college, trade school, or Associate degree	1.3%	18.4%	77.3%	3.0%	765
Bachelor's degree or higher	0.3%	16.2%	82.8%	0.7%	532
Results by household income:					
Less than \$20,000	3.0%	22.5%	67.7%	6.8%	373
\$20,000 - \$34,999	1.4%	19.1%	75.4%	4.1%	343
\$35,000 - \$49,999	1.4%	17.7%	77.3%	3.6%	318
\$50,000 - \$74,999	0.5%	17.2%	80.9%	1.4%	418
\$75,000 or more	0.7%	18.4%	80.5%	0.4%	458

36H. Do you use the HEALTH CLUBS, FITNESS CENTERS, OR WELLNESS CENTERS (YMCA, CURVES, SNAP FITNESS, ANYTIME FITNESS, ETC.) in your community?

<i>Southwest Health and Human Services (SWHHS)</i>	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	28.6%	71.4%	1713
Overall results from 2015	25.8%	74.2%	1526
Results by gender:			
Female	30.9%	69.1%	977
Male	20.1%	79.9%	549
Results by age:			
18-34	33.5%	66.5%	163
35-44	38.5%	61.5%	153
45-54	21.0%	79.0%	214
55-64	14.9%	85.1%	357
65-74	21.2%	78.8%	317
75+	19.8%	80.2%	322
Results by education level:			
Less than HS diploma, no GED	23.4%	76.6%	84
High school diploma or GED	14.9%	85.1%	449
Some college, trade school, or Associate degree	25.6%	74.4%	571
Bachelor's degree or higher	33.9%	66.1%	415
Results by household income:			
Less than \$20,000	26.7%	73.3%	232
\$20,000 - \$34,999	21.8%	78.2%	239
\$35,000 - \$49,999	17.4%	82.6%	238
\$50,000 - \$74,999	24.3%	75.7%	328
\$75,000 or more	33.4%	66.6%	359

All Survey Items (weighted data)

**36l. Please indicate if you have the following resource or facility in your community:
NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED
ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC)**

Southwest Health and Human Services (SWHHS)	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	5.6%	28.4%	64.2%	1.7%	2301
Overall results from 2015	3.0%	27.6%	65.4%	3.9%	2087
Results by gender:					
Female	3.2%	25.7%	66.5%	4.6%	1323
Male	2.8%	29.6%	64.4%	3.2%	764
Results by age:					
18-34	2.4%	22.3%	74.6%	0.7%	209
35-44	1.9%	28.1%	68.9%	1.1%	194
45-54	2.7%	29.6%	64.7%	3.0%	267
55-64	2.9%	27.4%	65.0%	4.7%	489
65-74	2.7%	33.9%	58.4%	5.1%	443
75+	6.8%	29.6%	50.0%	13.5%	485
Results by education level:					
Less than HS diploma, no GED	4.9%	25.8%	59.9%	9.3%	129
High school diploma or GED	2.8%	30.8%	60.4%	6.0%	647
Some college, trade school, or Associate degree	3.0%	27.4%	65.9%	3.7%	769
Bachelor's degree or higher	2.8%	26.0%	69.5%	1.7%	530
Results by household income:					
Less than \$20,000	7.9%	28.1%	57.5%	6.5%	373
\$20,000 - \$34,999	6.6%	26.5%	61.9%	4.9%	346
\$35,000 - \$49,999	2.5%	26.4%	67.6%	3.6%	317
\$50,000 - \$74,999	1.1%	26.1%	70.1%	2.7%	424
\$75,000 or more	0.6%	30.5%	66.9%	2.0%	459

36I. Do you use the NEARBY WATERWAYS, SUCH AS CREEKS, RIVERS, AND LAKES FOR WATER-RELATED ACTIVITIES (CANOEING, SWIMMING, KAYAKING, ETC) in your community?

<i>Southwest Health and Human Services (SWHHS)</i>	I use this	I do not use this	N (Unweighted)
	%	%	
Overall results from 2010	35.2%	64.8%	1482
Overall results from 2015	35.6%	64.4%	1352
Results by gender:			
Female	28.4%	71.6%	858
Male	43.7%	56.3%	494
Results by age:			
18-34	52.5%	47.5%	153
35-44	45.7%	54.3%	135
45-54	30.9%	69.1%	166
55-64	26.1%	73.9%	333
65-74	29.9%	70.1%	272
75+	5.5%	94.5%	293
Results by education level:			
Less than HS diploma, no GED	35.1%	64.9%	78
High school diploma or GED	26.2%	73.8%	416
Some college, trade school, or Associate degree	37.7%	62.3%	503
Bachelor's degree or higher	40.0%	60.0%	346
Results by household income:			
Less than \$20,000	31.5%	68.5%	215
\$20,000 - \$34,999	27.8%	72.2%	217
\$35,000 - \$49,999	43.4%	56.6%	203
\$50,000 - \$74,999	36.7%	63.3%	285
\$75,000 or more	39.3%	60.7%	312

37A. How much of a problem for you is LACK OF TIME in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	37.1%	38.0%	24.8%	2248
Overall results from 2015	33.3%	41.2%	25.4%	2033
Results by gender:				
Female	31.0%	40.1%	29.0%	1290
Male	35.9%	42.5%	21.6%	743
Results by age:				
18-34	16.3%	46.7%	37.0%	208
35-44	20.1%	41.8%	38.1%	193
45-54	23.1%	51.4%	25.5%	261
55-64	36.6%	42.2%	21.2%	485
65-74	60.2%	29.9%	9.9%	437
75+	77.6%	19.4%	3.0%	449
Results by education level:				
Less than HS diploma, no GED	62.3%	24.9%	12.7%	123
High school diploma or GED	42.9%	37.1%	20.0%	615
Some college, trade school, or Associate degree	32.0%	44.1%	23.9%	751
Bachelor's degree or higher	23.6%	43.5%	32.9%	531
Results by household income:				
Less than \$20,000	66.3%	18.2%	15.4%	350
\$20,000 - \$34,999	44.5%	35.3%	20.2%	332
\$35,000 - \$49,999	27.9%	49.9%	22.1%	315
\$50,000 - \$74,999	28.8%	42.7%	28.5%	415
\$75,000 or more	19.7%	48.8%	31.5%	456

37B. How much of a problem for you is LACK OF PROGRAMS, LEADERS, OR FACILITIES in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	62.7%	27.4%	9.9%	2203
Overall results from 2015	65.5%	26.4%	8.2%	1986
Results by gender:				
Female	63.9%	27.0%	9.1%	1263
Male	67.2%	25.7%	7.1%	723
Results by age:				
18-34	70.4%	21.2%	8.4%	205
35-44	62.2%	30.0%	7.8%	192
45-54	60.9%	33.1%	6.0%	258
55-64	65.8%	25.2%	9.0%	478
65-74	66.3%	23.9%	9.7%	430
75+	65.5%	25.3%	9.1%	423
Results by education level:				
Less than HS diploma, no GED	69.7%	17.0%	13.3%	118
High school diploma or GED	63.9%	28.1%	8.0%	595
Some college, trade school, or Associate degree	63.2%	29.2%	7.6%	734
Bachelor's degree or higher	68.7%	23.0%	8.3%	529
Results by household income:				
Less than \$20,000	69.5%	15.0%	15.5%	336
\$20,000 - \$34,999	66.3%	24.4%	9.3%	320
\$35,000 - \$49,999	61.1%	31.6%	7.3%	306
\$50,000 - \$74,999	65.1%	28.1%	6.8%	412
\$75,000 or more	67.0%	27.1%	5.9%	453

37C. How much of a problem for you is **HAVING NO ONE TO EXERCISE WITH** in terms of preventing you from being more physically active?

<i>Southwest Health and Human Services (SWHHS)</i>	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	59.6%	29.4%	11.0%	2210
Overall results from 2015	58.8%	31.1%	10.1%	1978
Results by gender:				
Female	54.5%	32.9%	12.6%	1258
Male	63.3%	29.2%	7.4%	720
Results by age:				
18-34	55.6%	37.5%	6.9%	207
35-44	62.6%	28.0%	9.4%	193
45-54	53.8%	32.1%	14.1%	259
55-64	57.5%	33.0%	9.5%	474
65-74	66.4%	24.1%	9.6%	422
75+	64.3%	22.7%	13.0%	423
Results by education level:				
Less than HS diploma, no GED	58.2%	29.5%	12.4%	115
High school diploma or GED	53.9%	33.5%	12.6%	588
Some college, trade school, or Associate degree	58.2%	32.1%	9.7%	734
Bachelor's degree or higher	63.0%	28.6%	8.4%	530
Results by household income:				
Less than \$20,000	54.7%	30.5%	14.8%	331
\$20,000 - \$34,999	52.8%	35.6%	11.7%	323
\$35,000 - \$49,999	47.0%	36.8%	16.1%	301
\$50,000 - \$74,999	62.1%	29.9%	8.0%	411
\$75,000 or more	66.4%	28.0%	5.5%	453

All Survey Items (weighted data)

37D. How much of a problem for you is THE COST OF FITNESS PROGRAMS, GYM MEMBERSHIPS, OR ADMISSION FEES in terms of preventing you from being more physically active?

<i>Southwest Health and Human Services (SWHHS)</i>	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	44.2%	25.7%	30.2%	2205
Overall results from 2015	41.5%	32.0%	26.5%	1975
Results by gender:				
Female	40.8%	30.8%	28.4%	1255
Male	42.3%	33.4%	24.4%	720
Results by age:				
18-34	34.3%	34.4%	31.3%	209
35-44	31.3%	36.7%	32.0%	191
45-54	39.2%	33.9%	26.9%	258
55-64	45.5%	32.2%	22.3%	474
65-74	55.1%	24.8%	20.0%	422
75+	58.2%	23.0%	18.8%	421
Results by education level:				
Less than HS diploma, no GED	41.5%	19.9%	38.6%	118
High school diploma or GED	40.7%	28.9%	30.4%	588
Some college, trade school, or Associate degree	35.5%	35.7%	28.7%	735
Bachelor's degree or higher	48.6%	32.0%	19.4%	523
Results by household income:				
Less than \$20,000	33.9%	24.0%	42.1%	337
\$20,000 - \$34,999	28.3%	31.8%	39.8%	323
\$35,000 - \$49,999	32.6%	28.0%	39.4%	306
\$50,000 - \$74,999	36.2%	38.9%	24.8%	410
\$75,000 or more	58.6%	31.3%	10.1%	446

37E. How much of a problem for you is PUBLIC FACILITIES THAT ARE NOT OPEN OR AVAILABLE AT THE TIMES YOU WANT TO USE THEM in terms of preventing you from being more physically active?

<i>Southwest Health and Human Services (SWHHS)</i>	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	67.0%	21.0%	12.0%	2182
Overall results from 2015	68.2%	20.7%	11.1%	1947
Results by gender:				
Female	68.3%	19.2%	12.5%	1231
Male	68.2%	22.2%	9.6%	716
Results by age:				
18-34	70.8%	20.3%	8.8%	209
35-44	69.4%	17.9%	12.8%	194
45-54	61.8%	26.1%	12.1%	254
55-64	69.4%	21.1%	9.5%	467
65-74	73.6%	17.2%	9.3%	420
75+	65.0%	18.2%	16.8%	403
Results by education level:				
Less than HS diploma, no GED	66.1%	15.1%	18.8%	109
High school diploma or GED	64.4%	24.6%	11.0%	576
Some college, trade school, or Associate degree	67.6%	20.8%	11.6%	725
Bachelor's degree or higher	71.8%	18.4%	9.7%	524
Results by household income:				
Less than \$20,000	65.9%	17.5%	16.5%	324
\$20,000 - \$34,999	63.3%	18.3%	18.4%	321
\$35,000 - \$49,999	59.7%	29.1%	11.2%	298
\$50,000 - \$74,999	68.9%	20.9%	10.2%	409
\$75,000 or more	75.6%	18.4%	6.1%	447

37F. How much of a problem for you is LONG-TERM ILLNESS, INJURY, OR DISABILITY in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	72.9%	15.5%	11.5%	2230
Overall results from 2015	73.1%	14.6%	12.2%	2019
Results by gender:				
Female	74.8%	15.4%	9.9%	1284
Male	71.4%	13.8%	14.8%	735
Results by age:				
18-34	84.2%	7.4%	8.4%	209
35-44	86.4%	7.9%	5.7%	193
45-54	74.2%	13.9%	11.9%	260
55-64	71.1%	16.8%	12.1%	485
65-74	61.1%	23.3%	15.7%	431
75+	42.1%	30.4%	27.5%	441
Results by education level:				
Less than HS diploma, no GED	44.7%	23.3%	32.0%	115
High school diploma or GED	62.1%	18.8%	19.0%	611
Some college, trade school, or Associate degree	73.8%	15.1%	11.1%	749
Bachelor's degree or higher	84.0%	9.8%	6.1%	532
Results by household income:				
Less than \$20,000	43.2%	20.4%	36.4%	348
\$20,000 - \$34,999	59.8%	19.7%	20.5%	337
\$35,000 - \$49,999	70.3%	16.9%	12.8%	309
\$50,000 - \$74,999	79.4%	12.9%	7.7%	415
\$75,000 or more	89.8%	8.0%	2.1%	450

37G. How much of a problem for you is THE DISTANCE YOU HAVE TO TRAVEL TO GET TO A PLACE WHERE YOU CAN BE PHYSICALLY ACTIVE in terms of preventing you from being more physically active?

<i>Southwest Health and Human Services (SWHHS)</i>	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	71.4%	18.1%	10.5%	2205
Overall results from 2015	71.7%	18.6%	9.8%	1973
Results by gender:				
Female	70.5%	18.6%	10.9%	1256
Male	73.0%	18.5%	8.5%	717
Results by age:				
18-34	74.8%	15.9%	9.3%	208
35-44	72.8%	15.8%	11.4%	193
45-54	68.1%	24.7%	7.2%	258
55-64	72.0%	18.5%	9.5%	475
65-74	74.3%	16.1%	9.6%	424
75+	66.0%	20.4%	13.6%	415
Results by education level:				
Less than HS diploma, no GED	75.9%	11.7%	12.4%	111
High school diploma or GED	66.4%	21.8%	11.8%	589
Some college, trade school, or Associate degree	70.8%	21.5%	7.7%	732
Bachelor's degree or higher	75.6%	14.0%	10.5%	528
Results by household income:				
Less than \$20,000	69.1%	19.6%	11.2%	331
\$20,000 - \$34,999	69.7%	15.3%	15.0%	323
\$35,000 - \$49,999	68.4%	17.9%	13.7%	304
\$50,000 - \$74,999	69.6%	21.8%	8.5%	411
\$75,000 or more	78.0%	16.7%	5.3%	449

37H. How much of a problem for you is NOT HAVING A SAFE PLACE TO EXERCISE in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	89.9%	8.3%	1.8%	2174
Overall results from 2015	91.3%	6.4%	2.2%	1949
Results by gender:				
Female	90.6%	6.8%	2.6%	1239
Male	92.1%	6.1%	1.9%	710
Results by age:				
18-34	96.1%	2.9%	0.9%	207
35-44	92.5%	4.6%	2.9%	193
45-54	93.0%	5.3%	1.6%	256
55-64	88.5%	9.2%	2.2%	476
65-74	87.6%	9.8%	2.6%	420
75+	82.4%	12.0%	5.5%	397
Results by education level:				
Less than HS diploma, no GED	82.6%	8.6%	8.8%	105
High school diploma or GED	89.0%	8.1%	2.9%	575
Some college, trade school, or Associate degree	90.4%	7.4%	2.1%	734
Bachelor's degree or higher	94.9%	4.0%	1.1%	524
Results by household income:				
Less than \$20,000	82.7%	10.6%	6.7%	321
\$20,000 - \$34,999	86.3%	10.2%	3.6%	316
\$35,000 - \$49,999	90.3%	8.1%	1.6%	303
\$50,000 - \$74,999	94.6%	4.5%	0.9%	408
\$75,000 or more	95.4%	3.6%	1.0%	450

37I. How much of a problem for you is LACK OF SELF-DISCIPLINE OR WILLPOWER in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	25.2%	46.5%	28.3%	2209
Overall results from 2015	31.9%	45.1%	23.0%	1984
Results by gender:				
Female	28.1%	44.7%	27.2%	1266
Male	35.9%	45.6%	18.5%	718
Results by age:				
18-34	32.3%	43.5%	24.2%	208
35-44	31.1%	46.0%	22.9%	192
45-54	25.3%	47.7%	27.0%	257
55-64	31.0%	46.0%	23.0%	481
65-74	35.6%	43.0%	21.5%	424
75+	41.5%	43.7%	14.8%	422
Results by education level:				
Less than HS diploma, no GED	51.0%	30.6%	18.4%	111
High school diploma or GED	30.7%	45.0%	24.3%	595
Some college, trade school, or Associate degree	31.0%	46.6%	22.4%	743
Bachelor's degree or higher	31.0%	45.5%	23.5%	523
Results by household income:				
Less than \$20,000	38.4%	45.3%	16.3%	332
\$20,000 - \$34,999	33.1%	42.7%	24.2%	325
\$35,000 - \$49,999	30.0%	46.4%	23.5%	310
\$50,000 - \$74,999	28.4%	45.8%	25.9%	413
\$75,000 or more	31.5%	45.1%	23.4%	446

37J. How much of a problem for you is NOT HAVING SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more ...

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2015	80.0%	13.8%	6.1%	1968
Results by gender:				
Female	77.9%	14.6%	7.5%	1249
Male	82.3%	13.0%	4.7%	719
Results by age:				
18-34	82.6%	13.4%	4.0%	207
35-44	79.7%	11.3%	8.9%	192
45-54	78.6%	16.2%	5.1%	258
55-64	82.1%	11.8%	6.1%	475
65-74	78.5%	14.5%	6.9%	421
75+	75.2%	16.2%	8.6%	415
Results by education level:				
Less than HS diploma, no GED	78.0%	14.1%	7.9%	111
High school diploma or GED	78.4%	14.6%	7.1%	587
Some college, trade school, or Associate degree	81.8%	12.2%	6.0%	737
Bachelor's degree or higher	79.7%	14.9%	5.4%	523
Results by household income:				
Less than \$20,000	80.9%	11.8%	7.3%	329
\$20,000 - \$34,999	73.7%	15.2%	11.1%	325
\$35,000 - \$49,999	77.1%	19.5%	3.3%	305
\$50,000 - \$74,999	81.6%	14.1%	4.2%	412
\$75,000 or more	84.2%	10.1%	5.6%	446

37K. How much of a problem for you is POOR MAINTENANCE OF SIDEWALKS OR WALKING PATHS/TRAILS in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2015	77.7%	16.1%	6.1%	1957
Results by gender:				
Female	75.5%	17.2%	7.3%	1239
Male	80.1%	15.0%	4.9%	718
Results by age:				
18-34	81.2%	13.4%	5.4%	207
35-44	76.0%	17.3%	6.7%	191
45-54	79.8%	15.6%	4.6%	256
55-64	81.2%	15.0%	3.8%	476
65-74	73.6%	19.0%	7.4%	423
75+	66.4%	21.2%	12.5%	404
Results by education level:				
Less than HS diploma, no GED	71.6%	15.8%	12.6%	107
High school diploma or GED	75.7%	16.0%	8.3%	581
Some college, trade school, or Associate degree	79.8%	15.9%	4.2%	733
Bachelor's degree or higher	77.7%	16.4%	5.9%	524
Results by household income:				
Less than \$20,000	68.1%	21.8%	10.1%	328
\$20,000 - \$34,999	70.7%	20.9%	8.4%	320
\$35,000 - \$49,999	77.2%	15.4%	7.4%	302
\$50,000 - \$74,999	82.1%	15.6%	2.4%	409
\$75,000 or more	82.9%	12.6%	4.5%	448

All Survey Items (weighted data)

37L. How much of a problem for you is SIDEWALKS/PATHS/TRAILS BEING ICY OR NOT SHOVELED in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
%	%	%		
Overall results from 2015	70.9%	21.0%	8.1%	1960
Results by gender:				
Female	67.8%	22.7%	9.5%	1248
Male	74.3%	19.1%	6.6%	712
Results by age:				
18-34	80.2%	15.9%	3.9%	206
35-44	71.8%	19.3%	8.9%	191
45-54	69.3%	23.7%	7.0%	258
55-64	70.7%	21.5%	7.8%	475
65-74	64.4%	24.5%	11.1%	421
75+	56.9%	26.4%	16.7%	409
Results by education level:				
Less than HS diploma, no GED	66.5%	18.2%	15.4%	111
High school diploma or GED	64.5%	24.8%	10.7%	583
Some college, trade school, or Associate degree	70.3%	23.6%	6.1%	729
Bachelor's degree or higher	76.3%	16.1%	7.7%	526
Results by household income:				
Less than \$20,000	64.0%	19.6%	16.3%	326
\$20,000 - \$34,999	61.8%	29.2%	9.0%	322
\$35,000 - \$49,999	68.4%	21.4%	10.2%	302
\$50,000 - \$74,999	75.0%	22.0%	3.0%	411
\$75,000 or more	77.8%	16.6%	5.7%	449

37M. How much of a problem for you are OTHER REASONS in terms of preventing you from being more physically active?

Southwest Health and Human Services (SWHHS)	Not a problem	A small problem	A big problem	N (Unweighted)
	%	%	%	
Overall results from 2010	72.0%	20.7%	7.2%	1655
Overall results from 2015	79.1%	13.1%	7.8%	1470
Results by gender:				
Female	79.9%	12.1%	8.0%	910
Male	78.3%	14.1%	7.6%	560
Results by age:				
18-34	79.9%	13.5%	6.5%	171
35-44	82.6%	9.6%	7.8%	158
45-54	84.0%	11.8%	4.2%	205
55-64	78.2%	16.4%	5.4%	349
65-74	76.4%	14.2%	9.3%	299
75+	64.2%	14.3%	21.5%	288
Results by education level:				
Less than HS diploma, no GED	71.4%	12.0%	16.6%	82
High school diploma or GED	70.8%	18.2%	11.0%	432
Some college, trade school, or Associate degree	78.3%	13.5%	8.1%	547
Bachelor's degree or higher	86.1%	9.6%	4.3%	403
Results by household income:				
Less than \$20,000	76.0%	12.3%	11.8%	248
\$20,000 - \$34,999	70.1%	18.9%	11.0%	240
\$35,000 - \$49,999	79.2%	13.6%	7.2%	233
\$50,000 - \$74,999	78.6%	13.6%	7.8%	301
\$75,000 or more	85.9%	11.0%	3.1%	345

38. On average, while you are NOT at work or school, how many TOTAL hours per day do you spend using or watching: computer, tablet, smartphone, tv/movies, video/computer games, texting/emailing/messaging, other screen activities

Southwest Health and Human Services (SWHHS)	None	1 minute - 1 hour	> 1 hour - 2 hours	> 2 hours - 3 hours	> 3 hours - 5 hours	> 5 hours - 8 hours	> 8 hours	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2010	2.1%	8.2%	17.9%	23.8%	30.8%	11.9%	5.2%	2319
Overall results from 2015	3.2%	20.1%	25.7%	19.3%	16.9%	9.1%	5.7%	1988
Results by gender:								
Female	3.5%	19.8%	25.5%	18.9%	20.0%	6.8%	5.6%	1264
Male	2.9%	20.4%	25.9%	19.8%	13.5%	11.6%	5.9%	724
Results by age:								
18-34	0.0%	19.6%	32.0%	19.7%	14.8%	9.2%	4.8%	205
35-44	0.9%	22.7%	30.7%	15.7%	13.1%	11.7%	5.0%	193
45-54	1.0%	18.6%	24.5%	26.6%	14.6%	7.5%	7.2%	258
55-64	2.6%	19.1%	25.6%	20.7%	20.3%	7.7%	3.9%	475
65-74	7.1%	22.1%	15.3%	14.4%	22.6%	9.8%	8.8%	408
75+	14.7%	19.7%	16.3%	13.3%	20.7%	9.3%	6.0%	449
Results by education level:								
Less than HS diploma, no GED	8.7%	27.7%	9.7%	7.7%	10.1%	19.0%	17.0%	126
High school diploma or GED	6.2%	19.1%	20.8%	20.4%	18.8%	8.7%	5.9%	601
Some college, trade school, or Associate degree	2.1%	20.1%	29.3%	14.9%	19.5%	8.4%	5.7%	723
Bachelor's degree or higher	1.5%	19.6%	27.4%	25.3%	13.4%	8.7%	4.1%	526
Results by household income:								
Less than \$20,000	7.2%	14.2%	12.7%	14.8%	19.8%	19.4%	11.8%	343
\$20,000 - \$34,999	7.5%	16.7%	18.1%	13.2%	28.8%	8.6%	7.1%	328
\$35,000 - \$49,999	3.1%	18.6%	26.2%	22.5%	12.9%	10.0%	6.8%	299
\$50,000 - \$74,999	2.0%	21.5%	33.2%	18.0%	15.7%	7.4%	2.2%	410
\$75,000 or more	0.9%	22.2%	28.9%	23.6%	13.1%	6.2%	5.0%	446

39. Have you smoked at least 100 cigarettes in your entire life?
(100 cigarettes = 5 packs)

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	41.8%	58.2%	2315
Overall results from 2015	36.3%	63.7%	2182
Results by gender:			
Female	29.0%	71.0%	1387
Male	44.2%	55.8%	795
Results by age:			
18-34	33.8%	66.2%	208
35-44	36.9%	63.1%	194
45-54	31.5%	68.5%	268
55-64	40.8%	59.2%	499
65-74	47.6%	52.4%	464
75+	31.9%	68.1%	549
Results by education level:			
Less than HS diploma, no GED	46.7%	53.3%	147
High school diploma or GED	44.2%	55.8%	683
Some college, trade school, or Associate degree	36.9%	63.1%	789
Bachelor's degree or higher	27.8%	72.2%	545
Results by household income:			
Less than \$20,000	46.3%	53.7%	400
\$20,000 - \$34,999	46.7%	53.3%	362
\$35,000 - \$49,999	35.2%	64.8%	323
\$50,000 - \$74,999	32.6%	67.4%	433
\$75,000 or more	32.4%	67.6%	466

40. Do you now smoke cigarettes every day, some days, or not at all?

Southwest Health and Human Services (SWHHS)	Every day	Some days	Not at all	Missing, but responded to follow-up	N (Unweighted)
	%	%	%	%	
Overall results from 2010	24.0%	8.2%	67.6%	0.3%	956
Overall results from 2015	18.9%	9.5%	71.0%	0.6%	777
Results by gender:					
Female	22.7%	7.8%	69.3%	0.1%	408
Male	15.9%	10.8%	72.2%	1.0%	369
Results by age:					
18-34	9.9%	19.9%	69.1%	1.1%	60
35-44	25.6%	9.6%	64.8%	0.0%	61
45-54	32.2%	3.8%	62.1%	1.9%	87
55-64	20.0%	6.8%	73.2%	0.0%	201
65-74	14.1%	8.4%	77.0%	0.4%	205
75+	12.2%	4.0%	83.8%	0.0%	163
Results by education level:					
Less than HS diploma, no GED	31.2%	9.8%	58.9%	0.0%	63
High school diploma or GED	25.1%	8.3%	64.7%	1.9%	257
Some college, trade school, or Associate degree	19.3%	9.1%	71.6%	0.0%	297
Bachelor's degree or higher	8.3%	11.6%	79.9%	0.2%	154
Results by household income:					
Less than \$20,000	31.8%	8.7%	59.5%	0.0%	157
\$20,000 - \$34,999	33.6%	12.9%	51.5%	1.9%	154
\$35,000 - \$49,999	19.6%	19.2%	59.6%	1.6%	107
\$50,000 - \$74,999	12.0%	4.3%	83.8%	0.0%	153
\$75,000 or more	5.8%	8.4%	85.8%	0.0%	146

Smoking status

<i>Southwest Health and Human Services (SWHHS)</i>	Current smoker	Former smoker	Never smoked	N (Unweighted)
	%	%	%	
Overall results from 2010	13.4%	28.2%	58.3%	2307
Overall results from 2015	9.9%	24.7%	65.4%	2138
Results by gender:				
Female	8.7%	19.8%	71.5%	1372
Male	11.3%	30.4%	58.3%	766
Results by age:				
18-34	9.6%	22.2%	68.2%	203
35-44	11.8%	21.8%	66.4%	188
45-54	11.3%	19.6%	69.1%	265
55-64	10.6%	28.9%	60.6%	486
65-74	10.4%	35.7%	53.9%	454
75+	5.0%	26.0%	69.0%	542
Results by education level:				
Less than HS diploma, no GED	18.4%	26.4%	55.2%	142
High school diploma or GED	14.3%	27.6%	58.1%	666
Some college, trade school, or Associate degree	10.1%	25.6%	64.3%	779
Bachelor's degree or higher	5.3%	21.3%	73.4%	534
Results by household income:				
Less than \$20,000	17.9%	26.3%	55.8%	397
\$20,000 - \$34,999	21.4%	23.7%	54.9%	352
\$35,000 - \$49,999	13.3%	20.4%	66.3%	315
\$50,000 - \$74,999	5.1%	26.2%	68.8%	425
\$75,000 or more	4.3%	26.4%	69.3%	456

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	57.9%	42.1%	271
Overall results from 2015	50.4%	49.6%	206
Results by gender:			
Female	45.3%	54.7%	120
Male	54.5%	45.5%	86
Results by age:			
18-34	---	---	19
35-44	---	---	25
45-54	63.6%	36.4%	35
55-64	40.1%	59.9%	56
65-74	39.2%	60.8%	47
75+	---	---	24
Results by education level:			
Less than HS diploma, no GED	---	---	21
High school diploma or GED	58.3%	41.7%	72
Some college, trade school, or Associate degree	54.0%	46.0%	86
Bachelor's degree or higher	---	---	27
Results by household income:			
Less than \$20,000	40.3%	59.7%	62
\$20,000 - \$34,999	74.3%	25.7%	57
\$35,000 - \$49,999	---	---	29
\$50,000 - \$74,999	---	---	26
\$75,000 or more	---	---	21

42. If you have tried to quit smoking cigarettes, why hasn't it worked?

<i>Southwest Health and Human Services (SWHHS)</i>	Not sure how to quit or where to go for help	Quit aids such as gum, lozenges, prescriptions, etc are too expensive	I live with someone who also smokes and who doesn't want to quit	I don't want to quit	I haven't tried to quit	Other reason	N (Unweighted)
	%	%	%	%	%	%	
Overall results from 2015	7.4%	21.5%	16.1%	38.0%	26.5%	21.8%	185
Results by gender:							
Female	2.9%	17.2%	14.4%	32.9%	28.4%	34.5%	110
Male	11.0%	24.9%	17.6%	42.1%	25.0%	11.5%	75
Results by age:							
18-34	---	---	---	---	---	---	18
35-44	---	---	---	---	---	---	25
45-54	2.5%	40.4%	10.9%	18.1%	23.7%	23.2%	35
55-64	6.5%	14.7%	12.3%	37.5%	34.9%	32.6%	50
65-74	6.3%	5.5%	18.8%	52.9%	28.1%	20.1%	38
75+	---	---	---	---	---	---	19
Results by education level:							
Less than HS diploma, no GED	---	---	---	---	---	---	17
High school diploma or GED	3.3%	32.7%	18.1%	41.0%	23.8%	10.5%	64
Some college, trade school, or Associate degree	11.2%	14.5%	16.3%	31.2%	24.7%	34.4%	81
Bachelor's degree or higher	---	---	---	---	---	---	23
Results by household income:							
Less than \$20,000	17.4%	21.1%	13.6%	47.8%	16.9%	26.8%	53
\$20,000 - \$34,999	2.8%	33.5%	28.8%	37.2%	20.4%	19.7%	53
\$35,000 - \$49,999	---	---	---	---	---	---	27
\$50,000 - \$74,999	---	---	---	---	---	---	25
\$75,000 or more	---	---	---	---	---	---	17

All Survey Items (weighted data)

43A. The last time you tried to quit smoking (or when you quit for good) did you use A NICOTINE REPLACEMENT PRODUCT, SUCH AS GUM, A PATCH, A NASAL SPRAY, AN INHALER, OR LOZENGES?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	20.6%	79.4%	507
Overall results from 2015	14.7%	85.3%	584
Results by gender:			
Female	15.0%	85.0%	303
Male	14.4%	85.6%	281
Results by age:			
18-34	3.3%	96.7%	47
35-44	17.3%	82.7%	42
45-54	24.3%	75.7%	64
55-64	23.5%	76.5%	154
65-74	12.3%	87.7%	158
75+	9.4%	90.6%	119
Results by education level:			
Less than HS diploma, no GED	24.8%	75.2%	38
High school diploma or GED	19.0%	81.0%	184
Some college, trade school, or Associate degree	14.2%	85.8%	232
Bachelor's degree or higher	9.2%	90.8%	127
Results by household income:			
Less than \$20,000	20.2%	79.8%	101
\$20,000 - \$34,999	17.4%	82.6%	111
\$35,000 - \$49,999	11.5%	88.5%	82
\$50,000 - \$74,999	17.0%	83.0%	126
\$75,000 or more	9.0%	91.0%	121

43B. The last time you tried to quit smoking (or when you quit for good) did you use A PRESCRIPTION MEDICATION LIKE ZYBAN, WELLBUTRIN, OR CHANTIX TO HELP YOU QUIT SMOKING?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	14.7%	85.3%	507
Overall results from 2015	11.8%	88.2%	584
Results by gender:			
Female	15.2%	84.8%	303
Male	9.2%	90.8%	281
Results by age:			
18-34	7.1%	92.9%	47
35-44	6.9%	93.1%	42
45-54	24.7%	75.3%	64
55-64	15.6%	84.4%	154
65-74	9.3%	90.7%	158
75+	3.2%	96.8%	119
Results by education level:			
Less than HS diploma, no GED	7.0%	93.0%	38
High school diploma or GED	19.0%	81.0%	184
Some college, trade school, or Associate degree	10.1%	89.9%	232
Bachelor's degree or higher	7.0%	93.0%	127
Results by household income:			
Less than \$20,000	10.6%	89.4%	101
\$20,000 - \$34,999	19.4%	80.6%	111
\$35,000 - \$49,999	11.5%	88.5%	82
\$50,000 - \$74,999	12.2%	87.8%	126
\$75,000 or more	7.2%	92.8%	121

43C. The last time you tried to quit smoking (or when you quit for good) did you use A STOP-SMOKING CLINIC OR CLASS?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	3.7%	96.3%	507
Overall results from 2015	2.5%	97.5%	584
Results by gender:			
Female	3.6%	96.4%	303
Male	1.7%	98.3%	281
Results by age:			
18-34	0.0%	100.0%	47
35-44	0.0%	100.0%	42
45-54	1.9%	98.1%	64
55-64	3.8%	96.2%	154
65-74	4.7%	95.3%	158
75+	6.4%	93.6%	119
Results by education level:			
Less than HS diploma, no GED	4.1%	95.9%	38
High school diploma or GED	2.4%	97.6%	184
Some college, trade school, or Associate degree	1.2%	98.8%	232
Bachelor's degree or higher	4.5%	95.5%	127
Results by household income:			
Less than \$20,000	4.6%	95.4%	101
\$20,000 - \$34,999	1.5%	98.5%	111
\$35,000 - \$49,999	1.2%	98.8%	82
\$50,000 - \$74,999	1.9%	98.1%	126
\$75,000 or more	3.0%	97.0%	121

43D. The last time you tried to quit smoking (or when you quit for good) did you use A QUIT-SMOKING TELEPHONE HELP LINE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	3.8%	96.2%	507
Overall results from 2015	2.7%	97.3%	584
Results by gender:			
Female	1.5%	98.5%	303
Male	3.6%	96.4%	281
Results by age:			
18-34	0.0%	100.0%	47
35-44	10.3%	89.7%	42
45-54	2.5%	97.5%	64
55-64	2.7%	97.3%	154
65-74	3.0%	97.0%	158
75+	0.9%	99.1%	119
Results by education level:			
Less than HS diploma, no GED	8.8%	91.2%	38
High school diploma or GED	5.2%	94.8%	184
Some college, trade school, or Associate degree	2.1%	97.9%	232
Bachelor's degree or higher	0.0%	100.0%	127
Results by household income:			
Less than \$20,000	4.8%	95.2%	101
\$20,000 - \$34,999	4.3%	95.7%	111
\$35,000 - \$49,999	2.4%	97.6%	82
\$50,000 - \$74,999	3.7%	96.3%	126
\$75,000 or more	0.5%	99.5%	121

43E. The last time you tried to quit smoking (or when you quit for good) did you use AN ON-LINE OR WEB-BASED COUNSELING SERVICE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	1.6%	98.4%	507
Overall results from 2015	0.8%	99.2%	584
Results by gender:			
Female	0.8%	99.2%	303
Male	0.8%	99.2%	281
Results by age:			
18-34	3.1%	96.9%	47
35-44	0.0%	100.0%	42
45-54	0.0%	100.0%	64
55-64	0.2%	99.8%	154
65-74	0.0%	100.0%	158
75+	0.0%	100.0%	119
Results by education level:			
Less than HS diploma, no GED	0.0%	100.0%	38
High school diploma or GED	0.0%	100.0%	184
Some college, trade school, or Associate degree	2.0%	98.0%	232
Bachelor's degree or higher	0.0%	100.0%	127
Results by household income:			
Less than \$20,000	0.0%	100.0%	101
\$20,000 - \$34,999	0.0%	100.0%	111
\$35,000 - \$49,999	2.0%	98.0%	82
\$50,000 - \$74,999	1.9%	98.1%	126
\$75,000 or more	0.2%	99.8%	121

43F. The last time you tried to quit smoking (or when you quit for good) did you use FACE-TO-FACE COUNSELING?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	2.1%	97.9%	507
Overall results from 2015	1.3%	98.7%	584
Results by gender:			
Female	0.6%	99.4%	303
Male	1.9%	98.1%	281
Results by age:			
18-34	0.0%	100.0%	47
35-44	0.0%	100.0%	42
45-54	5.0%	95.0%	64
55-64	0.0%	100.0%	154
65-74	0.6%	99.4%	158
75+	3.0%	97.0%	119
Results by education level:			
Less than HS diploma, no GED	3.6%	96.4%	38
High school diploma or GED	3.0%	97.0%	184
Some college, trade school, or Associate degree	0.2%	99.8%	232
Bachelor's degree or higher	0.8%	99.2%	127
Results by household income:			
Less than \$20,000	0.9%	99.1%	101
\$20,000 - \$34,999	5.1%	94.9%	111
\$35,000 - \$49,999	0.9%	99.1%	82
\$50,000 - \$74,999	0.5%	99.5%	126
\$75,000 or more	0.4%	99.6%	121

43G. The last time you tried to quit smoking (or when you quit for good) did you use SOME OTHER PROGRAM OR SERVICE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	2.5%	97.5%	507
Overall results from 2015	0.7%	99.3%	584
Results by gender:			
Female	1.1%	98.9%	303
Male	0.5%	99.5%	281
Results by age:			
18-34	0.0%	100.0%	47
35-44	0.0%	100.0%	42
45-54	1.2%	98.8%	64
55-64	0.7%	99.3%	154
65-74	0.4%	99.6%	158
75+	2.7%	97.3%	119
Results by education level:			
Less than HS diploma, no GED	1.0%	99.0%	38
High school diploma or GED	0.7%	99.3%	184
Some college, trade school, or Associate degree	0.5%	99.5%	232
Bachelor's degree or higher	1.0%	99.0%	127
Results by household income:			
Less than \$20,000	0.9%	99.1%	101
\$20,000 - \$34,999	0.4%	99.6%	111
\$35,000 - \$49,999	0.9%	99.1%	82
\$50,000 - \$74,999	1.1%	98.9%	126
\$75,000 or more	0.5%	99.5%	121

43H. The last time you tried to quit smoking (or when you quit for good) did you QUIT WITHOUT ANY HELP FROM ANY OF THESE?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	67.0%	33.0%	507
Overall results from 2015	77.7%	22.3%	584
Results by gender:			
Female	72.8%	27.2%	303
Male	81.5%	18.5%	281
Results by age:			
18-34	89.0%	11.0%	47
35-44	77.6%	22.4%	42
45-54	61.0%	39.0%	64
55-64	69.1%	30.9%	154
65-74	83.2%	16.8%	158
75+	87.2%	12.8%	119
Results by education level:			
Less than HS diploma, no GED	70.6%	29.4%	38
High school diploma or GED	73.1%	26.9%	184
Some college, trade school, or Associate degree	77.4%	22.6%	232
Bachelor's degree or higher	84.2%	15.8%	127
Results by household income:			
Less than \$20,000	70.8%	29.2%	101
\$20,000 - \$34,999	71.5%	28.5%	111
\$35,000 - \$49,999	82.2%	17.8%	82
\$50,000 - \$74,999	76.9%	23.1%	126
\$75,000 or more	83.9%	16.1%	121

44A. How often do you use CIGARS, CIGARILLOS, OR LITTLE CIGARS?

Southwest Health and Human Services (SWHHS)	Every day	Some days	Not at all	N (Unweighted)
	%	%	%	
Overall results from 2015	1.6%	4.0%	94.4%	2059
Results by gender:				
Female	0.9%	1.0%	98.1%	1303
Male	2.3%	7.2%	90.5%	756
Results by age:				
18-34	0.6%	6.3%	93.1%	201
35-44	1.0%	2.7%	96.3%	187
45-54	3.3%	4.4%	92.4%	260
55-64	1.8%	4.1%	94.0%	471
65-74	1.4%	3.7%	94.9%	439
75+	1.3%	0.6%	98.1%	501
Results by education level:				
Less than HS diploma, no GED	5.7%	8.2%	86.1%	128
High school diploma or GED	2.6%	3.5%	93.9%	642
Some college, trade school, or Associate degree	1.6%	3.0%	95.4%	756
Bachelor's degree or higher	0.2%	4.9%	94.9%	521
Results by household income:				
Less than \$20,000	2.7%	6.1%	91.1%	370
\$20,000 - \$34,999	3.0%	2.5%	94.5%	343
\$35,000 - \$49,999	2.8%	7.4%	89.8%	311
\$50,000 - \$74,999	0.5%	2.0%	97.4%	418
\$75,000 or more	0.8%	4.4%	94.8%	443

Cigar smoking status

<i>Southwest Health and Human Services (SWHHS)</i>	Current smoker	Non-smoker	N (Unweighted)
	%	%	
Overall results from 2015	5.6%	94.4%	2059
Results by gender:			
Female	1.9%	98.1%	1303
Male	9.5%	90.5%	756
Results by age:			
18-34	6.9%	93.1%	201
35-44	3.7%	96.3%	187
45-54	7.6%	92.4%	260
55-64	6.0%	94.0%	471
65-74	5.1%	94.9%	439
75+	1.9%	98.1%	501
Results by education level:			
Less than HS diploma, no GED	13.9%	86.1%	128
High school diploma or GED	6.1%	93.9%	642
Some college, trade school, or Associate degree	4.6%	95.4%	756
Bachelor's degree or higher	5.1%	94.9%	521
Results by household income:			
Less than \$20,000	8.9%	91.1%	370
\$20,000 - \$34,999	5.5%	94.5%	343
\$35,000 - \$49,999	10.2%	89.8%	311
\$50,000 - \$74,999	2.6%	97.4%	418
\$75,000 or more	5.2%	94.8%	443

44B. How often do you use PIPES?

Southwest Health and Human Services (SWHHS)	Every day	Some days	Not at all	N (Unweighted)
	%	%	%	
Overall results from 2015	0.2%	0.5%	99.3%	2017
Results by gender:				
Female	0.0%	0.0%	100.0%	1270
Male	0.5%	1.0%	98.6%	747
Results by age:				
18-34	0.0%	0.0%	100.0%	198
35-44	1.0%	0.6%	98.4%	182
45-54	0.0%	0.0%	100.0%	250
55-64	0.3%	0.6%	99.1%	467
65-74	0.2%	1.2%	98.6%	433
75+	0.0%	1.2%	98.8%	487
Results by education level:				
Less than HS diploma, no GED	3.0%	0.0%	97.0%	128
High school diploma or GED	0.1%	0.4%	99.5%	630
Some college, trade school, or Associate degree	0.1%	0.5%	99.4%	737
Bachelor's degree or higher	0.1%	0.6%	99.3%	512
Results by household income:				
Less than \$20,000	1.2%	0.4%	98.4%	361
\$20,000 - \$34,999	0.0%	0.7%	99.3%	338
\$35,000 - \$49,999	0.3%	1.0%	98.7%	300
\$50,000 - \$74,999	0.0%	0.5%	99.5%	408
\$75,000 or more	0.1%	0.2%	99.7%	440

All Survey Items (weighted data)

Pipe smoking status

Southwest Health and Human Services (SWHHS)	Current smoker	Non-smoker	N (Unweighted)
	%	%	
Overall results from 2015	0.7%	99.3%	2017
Results by gender:			
Female	0.0%	100.0%	1270
Male	1.4%	98.6%	747
Results by age:			
18-34	0.0%	100.0%	198
35-44	1.6%	98.4%	182
45-54	0.0%	100.0%	250
55-64	0.9%	99.1%	467
65-74	1.4%	98.6%	433
75+	1.2%	98.8%	487
Results by education level:			
Less than HS diploma, no GED	3.0%	97.0%	128
High school diploma or GED	0.5%	99.5%	630
Some college, trade school, or Associate degree	0.6%	99.4%	737
Bachelor's degree or higher	0.7%	99.3%	512
Results by household income:			
Less than \$20,000	1.6%	98.4%	361
\$20,000 - \$34,999	0.7%	99.3%	338
\$35,000 - \$49,999	1.3%	98.7%	300
\$50,000 - \$74,999	0.5%	99.5%	408
\$75,000 or more	0.3%	99.7%	440

44C. How often do you use SNUFF, SNUS, OR CHEWING TOBACCO?

Southwest Health and Human Services (SWHHS)	Every day	Some days	Not at all	N (Unweighted)
	%	%	%	
Overall results from 2015	4.0%	1.7%	94.3%	2019
Results by gender:				
Female	0.2%	0.1%	99.7%	1273
Male	8.2%	3.3%	88.5%	746
Results by age:				
18-34	6.3%	2.0%	91.7%	199
35-44	8.8%	3.7%	87.6%	187
45-54	3.6%	1.2%	95.1%	252
55-64	1.0%	0.6%	98.4%	463
65-74	1.3%	1.5%	97.2%	432
75+	0.7%	0.8%	98.5%	486
Results by education level:				
Less than HS diploma, no GED	10.4%	0.0%	89.6%	126
High school diploma or GED	2.9%	1.5%	95.6%	632
Some college, trade school, or Associate degree	4.8%	2.9%	92.4%	738
Bachelor's degree or higher	3.1%	0.7%	96.2%	515
Results by household income:				
Less than \$20,000	5.3%	0.4%	94.4%	359
\$20,000 - \$34,999	2.5%	1.4%	96.1%	335
\$35,000 - \$49,999	1.9%	1.6%	96.5%	304
\$50,000 - \$74,999	3.9%	1.9%	94.2%	411
\$75,000 or more	5.4%	2.5%	92.2%	442

Smokeless tobacco status

Southwest Health and Human Services (SWHHS)	Current user	Non-user	N (Unweighted)
	%	%	
Overall results from 2015	5.7%	94.3%	2019
Results by gender:			
Female	0.3%	99.7%	1273
Male	11.5%	88.5%	746
Results by age:			
18-34	8.3%	91.7%	199
35-44	12.4%	87.6%	187
45-54	4.9%	95.1%	252
55-64	1.6%	98.4%	463
65-74	2.8%	97.2%	432
75+	1.5%	98.5%	486
Results by education level:			
Less than HS diploma, no GED	10.4%	89.6%	126
High school diploma or GED	4.4%	95.6%	632
Some college, trade school, or Associate degree	7.6%	92.4%	738
Bachelor's degree or higher	3.8%	96.2%	515
Results by household income:			
Less than \$20,000	5.6%	94.4%	359
\$20,000 - \$34,999	3.9%	96.1%	335
\$35,000 - \$49,999	3.5%	96.5%	304
\$50,000 - \$74,999	5.8%	94.2%	411
\$75,000 or more	7.8%	92.2%	442

44D. How often do you use E-CIGARETTES?

Southwest Health and Human Services (SWHHS)	Every day	Some days	Not at all	N (Unweighted)
	%	%	%	
Overall results from 2015	0.5%	2.5%	97.0%	2019
Results by gender:				
Female	0.2%	1.7%	98.0%	1275
Male	0.7%	3.3%	96.0%	744
Results by age:				
18-34	0.0%	3.1%	96.9%	200
35-44	1.0%	4.5%	94.5%	185
45-54	0.2%	2.4%	97.4%	250
55-64	0.8%	2.2%	96.9%	467
65-74	1.0%	1.4%	97.7%	432
75+	0.3%	0.4%	99.3%	485
Results by education level:				
Less than HS diploma, no GED	3.3%	8.4%	88.3%	125
High school diploma or GED	0.1%	4.1%	95.8%	626
Some college, trade school, or Associate degree	0.4%	2.6%	97.0%	739
Bachelor's degree or higher	0.4%	0.2%	99.4%	517
Results by household income:				
Less than \$20,000	1.9%	7.8%	90.3%	364
\$20,000 - \$34,999	0.4%	5.4%	94.2%	334
\$35,000 - \$49,999	0.3%	2.3%	97.4%	301
\$50,000 - \$74,999	0.2%	1.4%	98.3%	409
\$75,000 or more	0.2%	0.5%	99.3%	441

All Survey Items (weighted data)

E-cigarette status

Southwest Health and Human Services (SWHHS)	Current user	Non-user	N (Unweighted)
	%	%	
Overall results from 2015	3.0%	97.0%	2019
Results by gender:			
Female	2.0%	98.0%	1275
Male	4.0%	96.0%	744
Results by age:			
18-34	3.1%	96.9%	200
35-44	5.5%	94.5%	185
45-54	2.6%	97.4%	250
55-64	3.1%	96.9%	467
65-74	2.3%	97.7%	432
75+	0.7%	99.3%	485
Results by education level:			
Less than HS diploma, no GED	11.7%	88.3%	125
High school diploma or GED	4.2%	95.8%	626
Some college, trade school, or Associate degree	3.0%	97.0%	739
Bachelor's degree or higher	0.6%	99.4%	517
Results by household income:			
Less than \$20,000	9.7%	90.3%	364
\$20,000 - \$34,999	5.8%	94.2%	334
\$35,000 - \$49,999	2.6%	97.4%	301
\$50,000 - \$74,999	1.7%	98.3%	409
\$75,000 or more	0.7%	99.3%	441

44E. How often do you use ANY OTHER TYPE OF TOBACCO PRODUCT?

Southwest Health and Human Services (SWHHS)	Every day	Some days	Not at all	N (Unweighted)
	%	%	%	
Overall results from 2015	3.3%	2.2%	94.5%	2016
Results by gender:				
Female	3.2%	0.6%	96.2%	1274
Male	3.5%	3.9%	92.6%	742
Results by age:				
18-34	2.2%	5.1%	92.7%	199
35-44	7.0%	2.5%	90.5%	182
45-54	2.6%	1.2%	96.2%	247
55-64	3.9%	1.0%	95.0%	468
65-74	4.0%	0.6%	95.4%	431
75+	1.0%	0.1%	98.9%	489
Results by education level:				
Less than HS diploma, no GED	8.7%	0.8%	90.5%	123
High school diploma or GED	4.3%	4.2%	91.5%	628
Some college, trade school, or Associate degree	3.7%	1.1%	95.1%	738
Bachelor's degree or higher	1.2%	2.1%	96.7%	515
Results by household income:				
Less than \$20,000	5.7%	4.6%	89.7%	363
\$20,000 - \$34,999	7.0%	5.7%	87.3%	336
\$35,000 - \$49,999	2.5%	3.4%	94.2%	301
\$50,000 - \$74,999	2.3%	0.1%	97.6%	408
\$75,000 or more	1.7%	1.2%	97.1%	441

All Survey Items (weighted data)

Other tobacco status

<i>Southwest Health and Human Services (SWHHS)</i>	Current user	Non-user	N (Unweighted)
	%	%	
Overall results from 2015	5.5%	94.5%	2016
Results by gender:			
Female	3.8%	96.2%	1274
Male	7.4%	92.6%	742
Results by age:			
18-34	7.3%	92.7%	199
35-44	9.5%	90.5%	182
45-54	3.8%	96.2%	247
55-64	5.0%	95.0%	468
65-74	4.6%	95.4%	431
75+	1.1%	98.9%	489
Results by education level:			
Less than HS diploma, no GED	9.5%	90.5%	123
High school diploma or GED	8.5%	91.5%	628
Some college, trade school, or Associate degree	4.9%	95.1%	738
Bachelor's degree or higher	3.3%	96.7%	515
Results by household income:			
Less than \$20,000	10.3%	89.7%	363
\$20,000 - \$34,999	12.7%	87.3%	336
\$35,000 - \$49,999	5.8%	94.2%	301
\$50,000 - \$74,999	2.4%	97.6%	408
\$75,000 or more	2.9%	97.1%	441

All Survey Items (weighted data)

Any tobacco use status

Southwest Health and Human Services (SWHHS)	Current user of tobacco	Current non-user of tobacco	N (Unweighted)
	%	%	
Overall results from 2015	18.2%	81.8%	2189
Results by gender:			
Female	9.8%	90.2%	1393
Male	27.4%	72.6%	796
Results by age:			
18-34	23.0%	77.0%	208
35-44	22.8%	77.2%	194
45-54	20.1%	79.9%	267
55-64	15.2%	84.8%	500
65-74	15.9%	84.1%	466
75+	7.0%	93.0%	554
Results by education level:			
Less than HS diploma, no GED	30.7%	69.3%	150
High school diploma or GED	22.7%	77.3%	684
Some college, trade school, or Associate degree	18.6%	81.4%	791
Bachelor's degree or higher	12.4%	87.6%	546
Results by household income:			
Less than \$20,000	30.6%	69.4%	403
\$20,000 - \$34,999	25.6%	74.4%	363
\$35,000 - \$49,999	17.3%	82.7%	325
\$50,000 - \$74,999	13.0%	87.0%	433
\$75,000 or more	16.0%	84.0%	467

44F. How often do you use MARIJUANA?

<i>Southwest Health and Human Services (SWHHS)</i>	Every day	Some days	Not at all	N (Unweighted)
	%	%	%	
Overall results from 2015	0.3%	1.7%	98.0%	2009
Results by gender:				
Female	0.2%	0.7%	99.1%	1269
Male	0.4%	2.8%	96.8%	740
Results by age:				
18-34	0.0%	3.1%	96.9%	199
35-44	1.6%	1.8%	96.6%	183
45-54	0.0%	1.0%	99.0%	249
55-64	0.3%	2.4%	97.3%	465
65-74	0.2%	0.5%	99.4%	426
75+	0.0%	0.0%	100.0%	487
Results by education level:				
Less than HS diploma, no GED	3.1%	3.9%	93.0%	125
High school diploma or GED	0.0%	3.3%	96.7%	628
Some college, trade school, or Associate degree	0.4%	1.2%	98.4%	739
Bachelor's degree or higher	0.1%	0.8%	99.2%	507
Results by household income:				
Less than \$20,000	1.3%	2.6%	96.1%	363
\$20,000 - \$34,999	0.7%	7.3%	92.0%	338
\$35,000 - \$49,999	0.3%	0.0%	99.7%	299
\$50,000 - \$74,999	0.0%	0.9%	99.1%	410
\$75,000 or more	0.0%	0.7%	99.3%	433

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	7.9%	92.1%	2288
Overall results from 2015	6.1%	93.9%	2167
Results by gender:			
Female	4.9%	95.1%	1374
Male	7.4%	92.6%	793
Results by age:			
18-34	5.9%	94.1%	208
35-44	4.4%	95.6%	193
45-54	6.5%	93.5%	266
55-64	8.6%	91.4%	494
65-74	7.7%	92.3%	465
75+	3.0%	97.0%	541
Results by education level:			
Less than HS diploma, no GED	17.8%	82.2%	142
High school diploma or GED	9.8%	90.2%	679
Some college, trade school, or Associate degree	5.9%	94.1%	784
Bachelor's degree or higher	1.7%	98.3%	546
Results by household income:			
Less than \$20,000	13.0%	87.0%	390
\$20,000 - \$34,999	14.0%	86.0%	361
\$35,000 - \$49,999	5.9%	94.1%	326
\$50,000 - \$74,999	4.6%	95.4%	432
\$75,000 or more	1.4%	98.6%	465

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	17.7%	82.3%	2289
Overall results from 2015	12.0%	88.0%	2177
Results by gender:			
Female	9.9%	90.1%	1383
Male	14.3%	85.7%	794
Results by age:			
18-34	14.7%	85.3%	208
35-44	13.4%	86.6%	193
45-54	15.9%	84.1%	267
55-64	12.3%	87.7%	495
65-74	7.8%	92.2%	464
75+	2.6%	97.4%	550
Results by education level:			
Less than HS diploma, no GED	25.1%	74.9%	147
High school diploma or GED	16.1%	83.9%	681
Some college, trade school, or Associate degree	13.0%	87.0%	785
Bachelor's degree or higher	5.4%	94.6%	546
Results by household income:			
Less than \$20,000	20.8%	79.2%	396
\$20,000 - \$34,999	21.2%	78.8%	361
\$35,000 - \$49,999	14.8%	85.2%	326
\$50,000 - \$74,999	9.2%	90.8%	432
\$75,000 or more	6.1%	93.9%	465

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	33.1%	66.9%	2303
Overall results from 2015	24.5%	75.5%	2172
Results by gender:			
Female	21.4%	78.6%	1379
Male	27.8%	72.2%	793
Results by age:			
18-34	32.4%	67.6%	207
35-44	29.4%	70.6%	194
45-54	18.0%	82.0%	269
55-64	28.6%	71.4%	496
65-74	20.6%	79.4%	461
75+	11.8%	88.2%	545
Results by education level:			
Less than HS diploma, no GED	32.9%	67.1%	146
High school diploma or GED	24.8%	75.2%	676
Some college, trade school, or Associate degree	27.9%	72.1%	786
Bachelor's degree or higher	19.3%	80.7%	546
Results by household income:			
Less than \$20,000	30.3%	69.7%	390
\$20,000 - \$34,999	29.2%	70.8%	363
\$35,000 - \$49,999	31.8%	68.2%	322
\$50,000 - \$74,999	25.2%	74.8%	435
\$75,000 or more	17.7%	82.3%	464

48. The last time this happened in Minnesota, where were you?

Southwest Health and Human Services (SWHHS)	A restaurant's or bar's outdoor area	An outdoor shopping mall or strip mall	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else outdoors	Other	N (Unweighted)
	%	%	%	%	%	%	%	%	
Overall results from 2015	18.6%	4.7%	7.5%	27.4%	1.9%	20.0%	35.5%	21.6%	468
Results by gender:									
Female	20.1%	7.0%	12.5%	31.2%	3.7%	25.1%	33.1%	24.7%	268
Male	17.3%	2.8%	3.3%	24.1%	0.3%	15.8%	37.5%	19.1%	200
Results by age:									
18-34	30.2%	6.4%	11.6%	29.4%	3.0%	13.5%	32.7%	18.4%	69
35-44	11.3%	2.4%	1.2%	35.6%	0.7%	21.4%	43.4%	20.7%	51
45-54	8.8%	7.0%	7.2%	22.3%	0.0%	19.9%	50.7%	14.6%	50
55-64	13.8%	1.7%	6.5%	23.2%	2.8%	23.0%	29.0%	24.3%	142
65-74	18.4%	5.9%	5.5%	27.3%	1.4%	25.9%	31.1%	30.2%	93
75+	15.5%	4.8%	10.6%	17.8%	1.1%	33.3%	20.4%	36.9%	63
Results by education level:									
Less than HS diploma, no GED	25.2%	0.0%	8.6%	41.5%	0.5%	25.3%	18.6%	26.5%	39
High school diploma or GED	15.3%	6.0%	7.4%	29.1%	0.9%	23.4%	32.5%	32.2%	145
Some college, trade school, or Associate degree	17.1%	4.2%	7.1%	26.3%	3.5%	14.6%	39.6%	19.0%	189
Bachelor's degree or higher	22.6%	5.4%	7.9%	23.9%	0.5%	24.5%	35.5%	14.7%	92
Results by household income:									
Less than \$20,000	8.9%	2.7%	11.3%	26.2%	1.1%	23.1%	24.5%	38.9%	92
\$20,000 - \$34,999	28.9%	3.1%	7.0%	28.6%	2.9%	24.4%	32.9%	17.6%	95
\$35,000 - \$49,999	28.4%	5.1%	11.9%	25.3%	5.7%	16.1%	37.9%	18.7%	82
\$50,000 - \$74,999	15.6%	2.9%	2.4%	26.1%	0.4%	15.1%	31.5%	16.6%	93
\$75,000 or more	13.7%	7.9%	5.6%	27.8%	0.0%	20.4%	48.2%	18.2%	79

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	50.3%	49.7%	2025
Results by gender:			
Female	45.8%	54.2%	1300
Male	55.3%	44.7%	725
Results by age:			
18-34	67.6%	32.4%	198
35-44	60.4%	39.6%	184
45-54	49.5%	50.5%	255
55-64	48.9%	51.1%	466
65-74	35.8%	64.2%	424
75+	20.7%	79.3%	498
Results by education level:			
Less than HS diploma, no GED	44.6%	55.4%	128
High school diploma or GED	43.0%	57.0%	631
Some college, trade school, or Associate degree	56.9%	43.1%	728
Bachelor's degree or higher	49.4%	50.6%	527
Results by household income:			
Less than \$20,000	44.8%	55.2%	353
\$20,000 - \$34,999	57.9%	42.1%	326
\$35,000 - \$49,999	51.8%	48.2%	306
\$50,000 - \$74,999	53.7%	46.3%	416
\$75,000 or more	48.3%	51.7%	444

All Survey Items (weighted data)

50. Where have you seen people smoke e-cigarettes in Minnesota?

Southwest Health and Human Services (SWHHS)	Someone's home or car (including your own)	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	A parking lot	An outdoor community sports event	A sidewalk or building entrance	Somewhere else indoors	Somewhere else outdoors	N (Unweighted)
	%	%	%	%	%	%	%	%	%	%	
Overall results from 2015	32.9%	15.9%	36.2%	17.4%	21.8%	28.4%	9.0%	26.0%	19.9%	30.6%	806
Results by gender:											
Female	32.0%	17.9%	40.1%	15.8%	23.3%	28.7%	11.5%	23.5%	20.7%	26.7%	487
Male	33.7%	14.1%	32.5%	18.8%	20.5%	28.1%	6.6%	28.2%	19.2%	34.2%	319
Results by age:											
18-34	35.6%	18.4%	48.9%	14.6%	28.8%	34.5%	11.4%	24.9%	22.5%	34.0%	132
35-44	42.0%	19.7%	35.2%	20.4%	24.7%	25.0%	12.4%	31.2%	23.6%	29.8%	102
45-54	32.2%	18.6%	30.3%	23.4%	18.9%	27.1%	7.8%	29.9%	10.9%	24.1%	113
55-64	28.8%	11.4%	24.0%	14.9%	11.8%	21.9%	4.4%	18.8%	19.3%	30.0%	219
65-74	21.2%	6.1%	30.5%	14.6%	16.9%	26.2%	4.4%	18.8%	24.8%	34.0%	150
75+	15.8%	4.3%	25.3%	12.9%	16.5%	29.0%	6.4%	32.0%	20.1%	33.3%	90
Results by education level:											
Less than HS diploma, no GED	37.7%	25.1%	36.6%	29.7%	33.3%	39.9%	24.4%	42.0%	25.3%	28.7%	41
High school diploma or GED	36.6%	17.0%	29.6%	18.1%	22.3%	32.3%	5.0%	22.4%	28.8%	42.6%	203
Some college, trade school, or Associate degree	37.3%	16.8%	39.1%	14.3%	23.5%	24.7%	11.4%	23.2%	20.2%	30.4%	335
Bachelor's degree or higher	23.9%	13.2%	36.9%	19.4%	18.2%	29.3%	6.7%	30.1%	13.3%	23.4%	224
Results by household income:											
Less than \$20,000	56.0%	17.2%	29.4%	22.2%	28.1%	34.1%	15.8%	28.6%	22.8%	22.1%	116
\$20,000 - \$34,999	42.0%	30.8%	35.0%	17.7%	24.7%	44.3%	13.1%	27.7%	27.6%	43.2%	140
\$35,000 - \$49,999	29.3%	7.5%	48.0%	14.4%	31.5%	31.7%	5.4%	30.9%	19.2%	36.7%	120
\$50,000 - \$74,999	22.7%	15.9%	32.6%	15.7%	14.9%	21.2%	6.5%	22.5%	22.9%	23.2%	183
\$75,000 or more	32.0%	12.6%	37.7%	19.7%	18.5%	24.1%	9.5%	26.7%	11.6%	29.0%	188

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	67.7%	32.3%	2160
Results by gender:			
Female	63.2%	36.8%	1376
Male	72.8%	27.2%	784
Results by age:			
18-34	79.8%	20.2%	207
35-44	72.1%	27.9%	192
45-54	73.0%	27.0%	266
55-64	66.4%	33.6%	495
65-74	59.1%	40.9%	457
75+	41.3%	58.7%	543
Results by education level:			
Less than HS diploma, no GED	46.2%	53.8%	148
High school diploma or GED	58.9%	41.1%	673
Some college, trade school, or Associate degree	72.9%	27.1%	785
Bachelor's degree or higher	72.1%	27.9%	539
Results by household income:			
Less than \$20,000	46.7%	53.3%	389
\$20,000 - \$34,999	54.2%	45.8%	360
\$35,000 - \$49,999	69.7%	30.3%	322
\$50,000 - \$74,999	73.6%	26.4%	432
\$75,000 or more	79.0%	21.0%	456

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage?

Southwest Health and Human Services (SWHHS)	1-2 days	3-5 days	6-10 days	11-20 days	21-30 days	N (Unweighted)
	%	%	%	%	%	
Overall results from 2015	32.2%	26.0%	16.1%	13.6%	12.1%	1208
Results by gender:						
Female	38.6%	28.6%	17.4%	8.7%	6.7%	730
Male	26.2%	23.5%	14.9%	18.3%	17.1%	478
Results by age:						
18-34	26.3%	30.5%	17.5%	17.5%	8.2%	153
35-44	36.4%	21.8%	13.3%	15.0%	13.6%	134
45-54	34.1%	25.0%	16.5%	8.4%	16.0%	184
55-64	31.2%	27.0%	17.2%	14.4%	10.2%	322
65-74	32.7%	21.4%	16.0%	12.8%	17.0%	234
75+	43.8%	22.7%	13.0%	9.3%	11.3%	181
Results by education level:						
Less than HS diploma, no GED	42.7%	26.7%	12.6%	5.2%	12.8%	55
High school diploma or GED	34.4%	26.2%	12.4%	12.9%	14.1%	312
Some college, trade school, or Associate degree	33.7%	27.3%	17.2%	12.1%	9.7%	476
Bachelor's degree or higher	28.2%	24.2%	17.5%	16.7%	13.4%	359
Results by household income:						
Less than \$20,000	39.2%	29.5%	10.6%	5.0%	15.8%	135
\$20,000 - \$34,999	27.3%	31.0%	11.1%	17.5%	13.1%	167
\$35,000 - \$49,999	35.4%	22.8%	15.4%	17.7%	8.7%	191
\$50,000 - \$74,999	31.1%	26.6%	18.4%	8.6%	15.4%	293
\$75,000 or more	27.9%	25.5%	18.8%	17.4%	10.4%	328

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

Southwest Health and Human Services (SWHHS)	One	Two	Three	Four or more	N (Unweighted)
	%	%	%	%	
Overall results from 2015	42.4%	32.3%	13.1%	12.2%	1249
Results by gender:					
Female	49.8%	32.5%	10.3%	7.4%	757
Male	35.4%	32.2%	15.6%	16.8%	492
Results by age:					
18-34	29.8%	30.9%	23.0%	16.3%	151
35-44	37.7%	33.5%	11.5%	17.3%	134
45-54	45.2%	34.2%	8.9%	11.8%	182
55-64	42.7%	38.7%	9.9%	8.7%	327
65-74	53.2%	32.6%	8.7%	5.5%	250
75+	77.6%	17.0%	2.1%	3.3%	205
Results by education level:					
Less than HS diploma, no GED	44.7%	10.3%	20.7%	24.3%	57
High school diploma or GED	45.4%	28.8%	12.2%	13.5%	335
Some college, trade school, or Associate degree	34.4%	37.3%	14.7%	13.7%	488
Bachelor's degree or higher	49.5%	31.1%	10.9%	8.5%	362
Results by household income:					
Less than \$20,000	33.7%	17.0%	22.8%	26.6%	147
\$20,000 - \$34,999	45.2%	29.8%	16.2%	8.7%	170
\$35,000 - \$49,999	42.1%	37.7%	10.0%	10.3%	206
\$50,000 - \$74,999	40.2%	29.8%	17.6%	12.3%	291
\$75,000 or more	41.3%	38.3%	8.5%	11.8%	334

All Survey Items (weighted data)

Number of drinks in past 30 days

<i>Southwest Health and Human Services (SWHHS)</i>	1-2 drinks	3-4 drinks	5-9 drinks	10-19 drinks	20-29 drinks	30-59 drinks	60 or more drinks	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	21.1%	14.4%	17.4%	13.0%	13.1%	13.0%	7.9%	1184
Results by gender:								
Female	28.0%	18.9%	16.6%	14.0%	11.6%	8.6%	2.2%	718
Male	14.7%	10.2%	18.2%	12.1%	14.4%	17.1%	13.3%	466
Results by age:								
18-34	14.8%	12.3%	20.2%	11.2%	14.5%	19.6%	7.4%	150
35-44	20.8%	15.6%	13.6%	15.7%	12.3%	10.0%	12.0%	133
45-54	23.3%	15.4%	17.8%	9.8%	16.1%	8.0%	9.6%	178
55-64	20.5%	15.6%	18.7%	15.8%	8.4%	14.5%	6.5%	317
65-74	25.2%	15.2%	13.2%	15.7%	14.0%	10.9%	5.9%	231
75+	38.6%	13.9%	16.2%	14.6%	9.0%	5.8%	1.8%	175
Results by education level:								
Less than HS diploma, no GED	26.7%	10.8%	21.4%	11.6%	9.6%	8.9%	10.9%	50
High school diploma or GED	23.4%	11.9%	16.2%	13.0%	15.5%	11.5%	8.5%	304
Some college, trade school, or Associate degree	18.3%	17.8%	17.9%	14.5%	11.3%	12.9%	7.2%	469
Bachelor's degree or higher	22.3%	12.4%	17.5%	11.3%	14.1%	14.4%	8.0%	355
Results by household income:								
Less than \$20,000	26.6%	6.6%	30.8%	5.4%	10.6%	9.0%	10.9%	133
\$20,000 - \$34,999	18.5%	13.1%	23.1%	10.1%	12.2%	15.3%	7.7%	164
\$35,000 - \$49,999	23.9%	17.1%	13.8%	8.8%	15.5%	13.0%	7.9%	190
\$50,000 - \$74,999	18.2%	15.0%	18.7%	12.8%	15.4%	11.5%	8.5%	284
\$75,000 or more	17.5%	15.0%	14.7%	17.4%	12.5%	15.4%	7.4%	325

All Survey Items (weighted data)

Heavy drinking status (60+ drinks in past 30 days for males, 30+ for females)

Southwest Health and Human Services (SWHHS)	Heavy drinking	No drinking or not heavy	N (Unweighted)
	%	%	
Overall results from 2015	8.1%	91.9%	2057
Results by gender:			
Female	6.7%	93.3%	1316
Male	9.6%	90.4%	741
Results by age:			
18-34	9.5%	90.5%	203
35-44	11.8%	88.2%	189
45-54	9.8%	90.2%	253
55-64	7.1%	92.9%	476
65-74	5.4%	94.6%	433
75+	1.6%	98.4%	503
Results by education level:			
Less than HS diploma, no GED	6.1%	93.9%	135
High school diploma or GED	6.6%	93.4%	629
Some college, trade school, or Associate degree	8.1%	91.9%	753
Bachelor's degree or higher	9.3%	90.7%	526
Results by household income:			
Less than \$20,000	8.1%	91.9%	372
\$20,000 - \$34,999	6.6%	93.4%	348
\$35,000 - \$49,999	7.7%	92.3%	304
\$50,000 - \$74,999	9.3%	90.7%	412
\$75,000 or more	8.6%	91.4%	441

All Survey Items (weighted data)

Type of drinking behavior

<i>Southwest Health and Human Services (SWHHS)</i>	Heavy drinking	Drinking, but not heavy	No drinking	N (Unweighted)
	%	%	%	
Overall results from 2015	8.1%	58.6%	33.4%	2057
Results by gender:				
Female	6.7%	55.1%	38.2%	1316
Male	9.6%	62.3%	28.1%	741
Results by age:				
18-34	9.5%	69.9%	20.6%	203
35-44	11.8%	60.1%	28.2%	189
45-54	9.8%	62.1%	28.1%	253
55-64	7.1%	58.0%	34.9%	476
65-74	5.4%	51.8%	42.7%	433
75+	1.6%	35.2%	63.2%	503
Results by education level:				
Less than HS diploma, no GED	6.1%	34.9%	59.0%	135
High school diploma or GED	6.6%	50.2%	43.2%	629
Some college, trade school, or Associate degree	8.1%	64.1%	27.8%	753
Bachelor's degree or higher	9.3%	62.1%	28.6%	526
Results by household income:				
Less than \$20,000	8.1%	36.8%	55.0%	372
\$20,000 - \$34,999	6.6%	46.7%	46.7%	348
\$35,000 - \$49,999	7.7%	60.6%	31.7%	304
\$50,000 - \$74,999	9.3%	63.2%	27.4%	412
\$75,000 or more	8.6%	70.0%	21.5%	441

54. Considering all types of alcoholic beverages, how many times during the past 30 days have you engaged in binge drinking? (4+ drinks on an occasion for females, 5+ for males)

<i>Southwest Health and Human Services (SWHHS)</i>	Any binge drinking	No binge drinking	N (Unweighted)
	%	%	
Overall results from 2015	35.4%	64.6%	1074
Results by gender:			
Female	30.2%	69.8%	663
Male	40.5%	59.5%	411
Results by age:			
18-34	43.1%	56.9%	143
35-44	49.2%	50.8%	126
45-54	34.1%	65.9%	172
55-64	26.4%	73.6%	287
65-74	18.7%	81.3%	208
75+	12.5%	87.5%	138
Results by education level:			
Less than HS diploma, no GED	49.5%	50.5%	45
High school diploma or GED	39.3%	60.7%	265
Some college, trade school, or Associate degree	36.0%	64.0%	433
Bachelor's degree or higher	31.0%	69.0%	329
Results by household income:			
Less than \$20,000	47.2%	52.8%	119
\$20,000 - \$34,999	43.7%	56.3%	145
\$35,000 - \$49,999	33.5%	66.5%	177
\$50,000 - \$74,999	34.8%	65.2%	263
\$75,000 or more	33.1%	66.9%	300

55. Do you ever drive a car or other vehicle?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	94.3%	5.7%	2174
Results by gender:			
Female	94.5%	5.5%	1386
Male	94.1%	5.9%	788
Results by age:			
18-34	96.7%	3.3%	207
35-44	94.0%	6.0%	195
45-54	93.3%	6.7%	269
55-64	96.0%	4.0%	494
65-74	96.3%	3.7%	462
75+	87.7%	12.3%	547
Results by education level:			
Less than HS diploma, no GED	69.5%	30.5%	143
High school diploma or GED	92.5%	7.5%	682
Some college, trade school, or Associate degree	97.0%	3.0%	784
Bachelor's degree or higher	96.3%	3.7%	545
Results by household income:			
Less than \$20,000	78.9%	21.1%	393
\$20,000 - \$34,999	93.5%	6.5%	362
\$35,000 - \$49,999	96.5%	3.5%	324
\$50,000 - \$74,999	97.4%	2.6%	434
\$75,000 or more	98.2%	1.8%	464

56A. When driving a car or other vehicle, how often do you READ INCOMING TEXT MESSAGES OR EMAILS?

Southwest Health and Human Services (SWHHS)	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
Overall results from 2015	3.7%	37.2%	55.6%	3.5%	1977
Results by gender:					
Female	2.7%	39.2%	54.1%	4.0%	1253
Male	4.8%	35.0%	57.3%	3.0%	724
Results by age:					
18-34	8.8%	58.6%	32.3%	0.3%	195
35-44	6.2%	55.1%	38.6%	0.0%	180
45-54	1.4%	43.6%	54.0%	1.1%	247
55-64	0.3%	24.9%	71.4%	3.4%	469
65-74	1.2%	10.9%	82.8%	5.1%	435
75+	0.8%	2.2%	79.9%	17.0%	451
Results by education level:					
Less than HS diploma, no GED	5.5%	7.9%	74.3%	12.4%	105
High school diploma or GED	1.0%	20.3%	71.9%	6.8%	603
Some college, trade school, or Associate degree	3.0%	42.0%	52.1%	2.8%	738
Bachelor's degree or higher	6.2%	47.2%	45.8%	0.8%	520
Results by household income:					
Less than \$20,000	1.5%	12.6%	72.8%	13.1%	314
\$20,000 - \$34,999	1.2%	33.5%	57.0%	8.3%	333
\$35,000 - \$49,999	5.8%	33.3%	59.5%	1.4%	302
\$50,000 - \$74,999	3.9%	40.8%	54.4%	0.9%	416
\$75,000 or more	4.7%	49.7%	44.5%	1.1%	444

56B. When driving a car or other vehicle, how often do you SEND TEXT MESSAGES OR EMAILS?

Southwest Health and Human Services (SWHHS)	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
Overall results from 2015	2.3%	22.8%	71.2%	3.6%	1969
Results by gender:					
Female	2.1%	22.2%	71.4%	4.4%	1248
Male	2.6%	23.5%	71.0%	2.9%	721
Results by age:					
18-34	6.2%	43.4%	50.1%	0.3%	196
35-44	3.0%	33.5%	63.5%	0.0%	179
45-54	1.1%	24.9%	72.5%	1.5%	247
55-64	0.3%	10.1%	86.2%	3.4%	465
65-74	0.0%	2.5%	92.1%	5.4%	429
75+	0.6%	0.4%	81.7%	17.3%	453
Results by education level:					
Less than HS diploma, no GED	4.3%	8.0%	75.1%	12.5%	101
High school diploma or GED	0.6%	10.5%	82.0%	6.9%	601
Some college, trade school, or Associate degree	1.9%	25.9%	69.2%	3.1%	734
Bachelor's degree or higher	3.9%	30.0%	65.3%	0.8%	522
Results by household income:					
Less than \$20,000	1.5%	6.2%	79.5%	12.7%	308
\$20,000 - \$34,999	0.5%	14.7%	76.0%	8.8%	333
\$35,000 - \$49,999	1.8%	24.8%	71.8%	1.7%	303
\$50,000 - \$74,999	4.2%	28.5%	66.6%	0.8%	415
\$75,000 or more	2.5%	28.0%	68.5%	1.1%	445

56C. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?

Southwest Health and Human Services (SWHHS)	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
Overall results from 2015	20.3%	59.6%	16.7%	3.3%	1961
Results by gender:					
Female	18.5%	59.8%	17.8%	3.8%	1236
Male	22.3%	59.4%	15.5%	2.8%	725
Results by age:					
18-34	36.2%	61.5%	2.0%	0.3%	193
35-44	26.9%	65.6%	7.5%	0.0%	178
45-54	21.5%	66.4%	11.0%	1.1%	246
55-64	13.9%	70.6%	12.2%	3.3%	463
65-74	3.9%	58.4%	32.7%	5.0%	430
75+	2.2%	23.5%	58.7%	15.6%	451
Results by education level:					
Less than HS diploma, no GED	9.5%	29.8%	48.0%	12.8%	101
High school diploma or GED	12.8%	52.4%	28.8%	6.0%	600
Some college, trade school, or Associate degree	19.2%	66.4%	11.6%	2.8%	729
Bachelor's degree or higher	28.3%	60.7%	10.2%	0.8%	520
Results by household income:					
Less than \$20,000	7.9%	42.9%	37.6%	11.6%	308
\$20,000 - \$34,999	17.3%	51.2%	23.3%	8.2%	330
\$35,000 - \$49,999	16.3%	63.6%	18.5%	1.6%	298
\$50,000 - \$74,999	23.3%	64.9%	11.1%	0.8%	417
\$75,000 or more	26.1%	66.4%	6.4%	1.1%	442

56D. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?

Southwest Health and Human Services (SWHHS)	Often	Sometimes	Never	N (Unweighted)
	%	%	%	
Overall results from 2015	4.0%	41.2%	54.8%	1950
Results by gender:				
Female	3.5%	40.2%	56.3%	1234
Male	4.4%	42.3%	53.3%	716
Results by age:				
18-34	6.1%	43.5%	50.4%	195
35-44	6.1%	46.2%	47.7%	179
45-54	4.3%	50.3%	45.4%	247
55-64	2.2%	46.7%	51.1%	463
65-74	1.0%	31.3%	67.7%	430
75+	1.3%	16.3%	82.4%	436
Results by education level:				
Less than HS diploma, no GED	4.4%	20.8%	74.8%	98
High school diploma or GED	1.2%	33.5%	65.3%	594
Some college, trade school, or Associate degree	5.0%	46.5%	48.4%	728
Bachelor's degree or higher	4.7%	43.3%	52.0%	520
Results by household income:				
Less than \$20,000	4.8%	25.8%	69.4%	302
\$20,000 - \$34,999	1.6%	35.5%	63.0%	328
\$35,000 - \$49,999	4.8%	42.9%	52.3%	303
\$50,000 - \$74,999	2.9%	44.2%	52.9%	414
\$75,000 or more	5.7%	46.8%	47.6%	443

56E. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?

Southwest Health and Human Services (SWHHS)	Often	Sometimes	Never	N (Unweighted)
	%	%	%	
Overall results from 2015	0.3%	7.4%	92.2%	1958
Results by gender:				
Female	0.1%	4.5%	95.4%	1240
Male	0.6%	10.6%	88.8%	718
Results by age:				
18-34	0.2%	10.1%	89.7%	195
35-44	1.4%	6.7%	91.8%	180
45-54	0.0%	9.9%	90.1%	246
55-64	0.0%	8.9%	91.1%	468
65-74	0.0%	1.8%	98.2%	430
75+	0.6%	1.9%	97.6%	439
Results by education level:				
Less than HS diploma, no GED	4.4%	2.2%	93.3%	95
High school diploma or GED	0.0%	7.9%	92.1%	597
Some college, trade school, or Associate degree	0.2%	9.3%	90.6%	734
Bachelor's degree or higher	0.3%	5.6%	94.0%	522
Results by household income:				
Less than \$20,000	1.5%	3.9%	94.6%	306
\$20,000 - \$34,999	0.3%	7.7%	91.9%	328
\$35,000 - \$49,999	0.0%	4.3%	95.7%	304
\$50,000 - \$74,999	0.5%	9.4%	90.1%	415
\$75,000 or more	0.0%	9.1%	90.9%	443

57. Do you own or rent your home?

Southwest Health and Human Services (SWHHS)	Own	Rent	Other arrangement	N (Unweighted)
	%	%	%	
Overall results from 2015	80.6%	13.7%	5.7%	2181
Results by gender:				
Female	82.3%	13.1%	4.6%	1384
Male	78.8%	14.4%	6.8%	797
Results by age:				
18-34	65.1%	25.2%	9.6%	208
35-44	77.9%	16.5%	5.7%	195
45-54	90.3%	6.1%	3.7%	267
55-64	88.1%	7.7%	4.2%	500
65-74	90.6%	7.6%	1.8%	462
75+	81.0%	12.9%	6.1%	549
Results by education level:				
Less than HS diploma, no GED	56.9%	26.2%	16.9%	147
High school diploma or GED	76.8%	15.6%	7.6%	681
Some college, trade school, or Associate degree	84.1%	12.2%	3.7%	790
Bachelor's degree or higher	83.2%	12.3%	4.5%	547
Results by household income:				
Less than \$20,000	41.4%	45.8%	12.8%	399
\$20,000 - \$34,999	69.7%	15.6%	14.7%	362
\$35,000 - \$49,999	79.8%	16.7%	3.5%	327
\$50,000 - \$74,999	89.7%	7.2%	3.0%	432
\$75,000 or more	93.7%	4.7%	1.6%	468

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	8.7%	91.3%	2113
Results by gender:			
Female	9.8%	90.2%	1341
Male	7.5%	92.5%	772
Results by age:			
18-34	11.3%	88.7%	208
35-44	6.3%	93.7%	194
45-54	4.9%	95.1%	262
55-64	5.8%	94.2%	489
65-74	7.7%	92.3%	440
75+	16.7%	83.3%	520
Results by education level:			
Less than HS diploma, no GED	24.9%	75.1%	139
High school diploma or GED	10.4%	89.6%	658
Some college, trade school, or Associate degree	8.2%	91.8%	773
Bachelor's degree or higher	5.6%	94.4%	528
Results by household income:			
Less than \$20,000	30.1%	69.9%	384
\$20,000 - \$34,999	12.4%	87.6%	351
\$35,000 - \$49,999	9.2%	90.8%	313
\$50,000 - \$74,999	4.9%	95.1%	419
\$75,000 or more	1.5%	98.5%	461

59. Does anyone ever smoke tobacco in any of the following areas in your building?

Southwest Health and Human Services (SWHHS)	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above checked	N (Unweighted)
	%	%	%	%	%	%	%	
Overall results from 2015	29.3%	12.0%	3.8%	4.9%	3.5%	42.2%	44.9%	220
Results by gender:								
Female	26.0%	9.3%	3.1%	2.4%	2.7%	40.6%	45.9%	151
Male	34.1%	15.8%	4.8%	8.3%	4.5%	44.5%	43.4%	69
Results by age:								
18-34	---	---	---	---	---	---	---	22
35-44	---	---	---	---	---	---	---	12
45-54	---	---	---	---	---	---	---	19
55-64	35.0%	5.5%	2.4%	2.4%	2.4%	72.0%	7.2%	33
65-74	21.5%	8.5%	10.2%	5.0%	0.0%	34.2%	47.3%	39
75+	12.2%	3.9%	3.9%	3.4%	3.9%	28.3%	64.4%	95
Results by education level:								
Less than HS diploma, no GED	38.6%	17.5%	18.1%	19.0%	17.5%	36.9%	42.4%	39
High school diploma or GED	37.2%	9.4%	0.2%	1.6%	0.0%	57.4%	32.6%	87
Some college, trade school, or Associate degree	18.6%	8.3%	3.3%	1.7%	2.9%	34.9%	51.9%	63
Bachelor's degree or higher	---	---	---	---	---	---	---	28
Results by household income:								
Less than \$20,000	37.8%	5.0%	4.9%	7.3%	4.5%	49.4%	32.9%	124
\$20,000 - \$34,999	26.9%	7.7%	3.8%	7.5%	7.3%	40.9%	47.1%	35
\$35,000 - \$49,999	---	---	---	---	---	---	---	22
\$50,000 - \$74,999	---	---	---	---	---	---	---	14
\$75,000 or more	---	---	---	---	---	---	---	9

60. Do you have access to at least one working car or other vehicle to use when you need to?

Southwest Health and Human Services (SWHHS)	Yes	No	N (Unweighted)
	%	%	
Overall results from 2015	96.8%	3.2%	2197
Results by gender:			
Female	96.8%	3.2%	1394
Male	96.9%	3.1%	803
Results by age:			
18-34	98.6%	1.4%	207
35-44	97.4%	2.6%	193
45-54	98.7%	1.3%	268
55-64	97.7%	2.3%	502
65-74	96.7%	3.3%	464
75+	89.5%	10.5%	563
Results by education level:			
Less than HS diploma, no GED	87.5%	12.5%	148
High school diploma or GED	93.1%	6.9%	687
Some college, trade school, or Associate degree	98.4%	1.6%	799
Bachelor's degree or higher	99.4%	0.6%	544
Results by household income:			
Less than \$20,000	82.5%	17.5%	404
\$20,000 - \$34,999	97.0%	3.0%	362
\$35,000 - \$49,999	99.1%	0.9%	326
\$50,000 - \$74,999	99.9%	0.1%	436
\$75,000 or more	99.4%	0.6%	469

71. Employment status

<i>Southwest Health and Human Services (SWHHS)</i>	Yes	No	N (Unweighted)
	%	%	
Overall results from 2010	67.4%	32.6%	2345
Overall results from 2015	71.6%	28.4%	2203
Results by gender:			
Female	66.9%	33.1%	1403
Male	76.8%	23.2%	800
Results by age:			
18-34	92.4%	7.6%	209
35-44	87.5%	12.5%	193
45-54	92.5%	7.5%	267
55-64	79.0%	21.0%	502
65-74	30.1%	69.9%	464
75+	11.2%	88.8%	568
Results by education level:			
Less than HS diploma, no GED	30.0%	70.0%	154
High school diploma or GED	57.8%	42.2%	690
Some college, trade school, or Associate degree	78.2%	21.8%	797
Bachelor's degree or higher	81.9%	18.1%	548
Results by household income:			
Less than \$20,000	34.8%	65.2%	406
\$20,000 - \$34,999	59.3%	40.7%	369
\$35,000 - \$49,999	70.2%	29.8%	328
\$50,000 - \$74,999	84.4%	15.6%	435
\$75,000 or more	89.5%	10.5%	469

Appendix

Survey instrument

Southwest Minnesota Healthy Communities Survey

SURVEY INSTRUCTIONS



Correct marks



Incorrect marks

- Please use #2 pencil or blue or black pen to complete this survey.
- Do not use red pencil or ink.
- Do not use X's or check marks to indicate your responses.
- Fill response ovals completely with heavy, dark marks.

Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

1. In general, would you say that your health is:

☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

2. Have you ever been told by a doctor or other health care professional that you had any of the following health conditions?

No	Yes	Yes, but only during pregnancy
----	-----	--------------------------------

- | | Yes | No | Not sure |
|---|-----------------------|-----------------------|-----------------------|
| a. High blood pressure/hypertension | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pre-hypertension | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Diabetes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. Pre-diabetes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Overweight | <input type="radio"/> | <input type="radio"/> | |
| f. Cancer | <input type="radio"/> | <input type="radio"/> | |
| g. Chronic lung disease (including COPD, chronic bronchitis or emphysema) | <input type="radio"/> | <input type="radio"/> | |
| h. Heart trouble or angina | <input type="radio"/> | <input type="radio"/> | |
| i. Stroke or stroke-related health problems | <input type="radio"/> | <input type="radio"/> | |
| j. High cholesterol or triglycerides | <input type="radio"/> | <input type="radio"/> | |
| k. Arthritis | <input type="radio"/> | <input type="radio"/> | |
| l. Depression | <input type="radio"/> | <input type="radio"/> | |
| m. Anxiety or panic attacks | <input type="radio"/> | <input type="radio"/> | |
| n. Other mental health problems | <input type="radio"/> | <input type="radio"/> | |
| o. Obesity | <input type="radio"/> | <input type="radio"/> | |
| p. Asthma | <input type="radio"/> | <input type="radio"/> | |

3. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 days

4. When was the last time you had...

Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
----------------------------	-------------------------------	-------------------------------	------------------------------	-------

- | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| a. ... a flu shot? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. ... a dental exam or your teeth cleaned? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. ... a hearing test? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. ... an eye exam? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. ... your blood pressure checked? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. ... your blood cholesterol checked? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| g. ... your blood sugar checked? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| h. ... any screening for skin cancer? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| i. ... any screening for colon cancer? <i>Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema</i> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| j. ... a prostate exam (men only)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| k. ... a Pap test (women only)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| l. ... a mammogram (women only)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| m. ... a general health exam? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

GO TO QUESTION 6

GO TO QUESTION 5

DO NOT WRITE IN THIS BOX

[illegible]

5. If you have not had a general health exam within the past 1 or 2 years, why not?

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I did not need one
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ Other reason _____

6. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 8

7. Did the doctor, nurse, or other health professional discuss with you or ask you about your:
(Mark ALL that apply)

- ☐ Physical activity
- ☐ Diet or nutrition
- ☐ Weight
- ☐ Smoking or other tobacco use
- ☐ Stress
- ☐ Mental health concerns

8. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 10

9. Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I did not think it was serious enough
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ Other reason _____

10. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 12

11. Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I was too nervous or afraid
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ The dentist would not accept my insurance
- ☐ I did not know where to go
- ☐ Other reason _____

12. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Number of days
my mental
health was not
good

Write the number in
the boxes, then fill in
the appropriate circle
beneath each box. ►

13. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

- ☐ Yes ☐ No ► IF NO, GO TO QUESTION 15

14. Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply)

- ☐ I could not get an appointment
- ☐ I had transportation problems
- ☐ I was too nervous or afraid
- ☐ I did not think it was serious enough
- ☐ It cost too much
- ☐ I did not have insurance
- ☐ My insurance did not cover it
- ☐ I did not know where to go
- ☐ Other reason _____

15. In the past 6 months, which statement best describes medications prescribed for you?

- ☐ I had no medications prescribed for me. ► GO TO QUESTION 17
- ☐ I had medications prescribed for me and I filled ALL of the prescriptions. ► GO TO QUESTION 17
- ☐ I had medications prescribed for me and I did not fill at least one of them.

16. Why did you not fill at least one prescription for medication? (Mark ALL that apply)

- ☐ I did not have insurance
- ☐ It cost too much
- ☐ I do not like taking medications
- ☐ I did not think I needed the medication
- ☐ I did not know where to go
- ☐ I had transportation problems
- ☐ I did not like the side effects
- ☐ Other reason _____

17. Do you currently have any of the following types of health insurance?

(Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	<input type="radio"/>	<input type="radio"/>
b. Health insurance or coverage bought directly by yourself or your family (<u>not</u> through an employer)	<input type="radio"/>	<input type="radio"/>
c. Indian or Tribal Health Service	<input type="radio"/>	<input type="radio"/>
d. Medicare	<input type="radio"/>	<input type="radio"/>
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	<input type="radio"/>	<input type="radio"/>
f. MinnesotaCare	<input type="radio"/>	<input type="radio"/>
g. Minnesota Comprehensive Health Association (MCHA)	<input type="radio"/>	<input type="radio"/>
h. CHAMPUS, TRICARE, or Veterans' benefits	<input type="radio"/>	<input type="radio"/>
i. Other health insurance or coverage (<i>please specify</i>): _____	<input type="radio"/>	<input type="radio"/>
j. NO health insurance coverage	<input type="radio"/>	<input type="radio"/>

18. Do you consider yourself: ☐ Overweight ☐ About the right weight ☐ Underweight

19. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut or canned fruit. How many servings of fruit did you have yesterday? (Do NOT include fruit juice.)

Write the number in the boxes, then fill in the appropriate circle beneath each box. ►

Servings

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

20. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have yesterday?

Servings

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

21. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have yesterday?

Servings

0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

22. How many glasses of each of the following did you drink yesterday? Think of a "glass" as a 12-oz. serving.

	0	1-2	3-4	5-6	7 or more
a. Milk	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Pop or soda (regular)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Pop or soda (diet)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

24. In an average week, how many times do you do the following?

	0 times	1-2 times	3-4 times	5-6 times	7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell, pizza places, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Eat a meal from Meals on Wheels	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Eat a meal from Senior dining/Senior meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Eat a meal at a community setting such as a church	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Eat a home-cooked meal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Watch television during meal time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

24. In a <u>typical month</u> , how often do you or others in your household buy or get food from the following places?	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Supermarket or large grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Small grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Convenience store or gas station	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Grocery delivery service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Food shelf or food pantry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Some other place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

25. During the <u>growing season</u> , how often do you or others in your household buy or get food from the following places?	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Farmer's market, fruit/vegetable stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Local farm or CSA (community supported agriculture)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Food grown at home or in a community garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

26. How far do you usually go (one way) to get your groceries?

- ☐ Less than 2 miles ☐ 11-20 miles
☐ 2-6 miles ☐ 21-30 miles
☐ 7-10 miles ☐ Over 30 miles

27. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables, or meats?

- ☐ Every day ☐ 1-2 days per week
☐ 5-6 days per week ☐ Less than 1 day per week
☐ 3-4 days per week ☐ Never

28. How comfortable are you with your skills in ...

- a. ...following a recipe?
 b. ...measuring ingredients?
 c. ...cutting and mixing ingredients?
 d. ...using different methods to cook foods, such as boiling, baking, stir-frying or grilling?

Very comfortable	Somewhat comfortable	Not very comfortable	Not at all comfortable
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

29. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

- ☐ Often ☐ Rarely
☐ Sometimes ☐ Never

30. During the past 12 months, have you used a community food shelf program?

- ☐ Yes ☐ No

31. Please mark the extent to which you agree or disagree with the following statements.

- a. There is a large selection of fresh fruits and vegetables where I usually shop.
 b. The fresh fruits and vegetables available where I usually shop are of high quality.
 c. The fresh fruits and vegetables where I usually shop are too expensive.
 d. Fruits and vegetables are difficult to prepare.
 e. Fruits and vegetables spoil quickly.

Strongly agree	Agree	Disagree	Strongly disagree
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

32. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

☐ Yes ☐ No

33. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? *Moderate activities cause only light sweating and a small increase in breathing or heart rate.*

☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

34. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? *Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.*

☐ 0 days ☐ 2 days ☐ 4 days ☐ 6 days
☐ 1 day ☐ 3 days ☐ 5 days ☐ 7 days

35. Where do you usually exercise or do physical activities? (Mark ALL that apply.)

☐ At home ☐ At a health club, fitness center, or gym ☐ Somewhere outdoors (park, trails, etc.)
☐ At work ☐ At a public recreation facility or community center ☐ Some other place
☐ Not applicable—I do not do or I am unable to do physical activities

36. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

Resources and Facilities	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a. Walking paths or trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Bicycle paths, shared use paths or bike lanes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Public swimming pools or water parks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Public recreation or community centers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Parks or sports fields	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Schools, colleges or universities that are open for public use for exercise or physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. A shopping mall or store for physical activity or walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Health club, fitness center, or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

37. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
a. Lack of time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Lack of programs, leaders or facilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. No one to exercise with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. The cost of fitness programs, gym memberships or admission fees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Long-term illness, injury or disability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Distance I have to travel to a place where I can be physically active	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. No safe place to exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Lack of self-discipline or willpower	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. Not having sidewalks or walking paths/trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. Poor maintenance of sidewalks or walking paths/trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. Sidewalks/paths/trails are icy or not shoveled	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. Other reasons	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

38. We are interested in how much “screen time” people get. On average, while you are not at work or school, how many TOTAL hours or minutes per day do you spend: 

- Using a computer, tablet or smart phone
- Watching TV or movies
- Reading using a tablet such as a Kindle®
- Playing online, video or computer games or games on a smart phone
- Texting, emailing or messaging other ways
- Any other screen activities

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Total hours OR per day

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Total minutes per day

39. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

- ☐ Yes ☐ No ► GO TO QUESTION 44

40. Do you now smoke cigarettes every day, some days, or not at all?

- ☐ Every day ☐ Some days ☐ Not at all ► GO TO QUESTION 43

41. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

- ☐ Yes ☐ No

42. If you have tried to quit smoking cigarettes, why hasn't it worked? (Mark ALL that apply.)

- ☐ I am not sure how to quit or where to go for help
☐ Quit aids such as gum, lozenges, prescriptions, etc. are too expensive
☐ I live with someone who also smokes and who doesn't want to quit
☐ I don't want to quit
☐ I haven't tried to quit ► GO TO QUESTION 44
☐ Other reason _____

43. The last time you tried to quit smoking (or when you quit for good), did you use...

Yes No

- | | | |
|---|-----------------------|-----------------------|
| a. ... any nicotine replacement product, such as gum, a patch, a nasal spray, an inhaler or lozenges? | <input type="radio"/> | <input type="radio"/> |
| b. ... a prescription medication like Zyban, Wellbutrin, or Chantix to help you quit smoking? | <input type="radio"/> | <input type="radio"/> |
| c. ... a stop-smoking clinic or class? | <input type="radio"/> | <input type="radio"/> |
| d. ... a quit-smoking telephone help line? | <input type="radio"/> | <input type="radio"/> |
| e. ... an on-line or web-based counseling service? | <input type="radio"/> | <input type="radio"/> |
| f. ... face-to-face counseling? | <input type="radio"/> | <input type="radio"/> |
| g. ... some other program or service? | <input type="radio"/> | <input type="radio"/> |
| h. I quit without any help from any of these. | <input type="radio"/> | <input type="radio"/> |

44. How often do you use any of the following products?

Every day Some days Never

- | | | | |
|---|-----------------------|-----------------------|-----------------------|
| a. Cigars, cigarillos, or little cigars | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b. Pipes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c. Snuff, snus or chewing tobacco | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d. E-cigarettes | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e. Any other type of tobacco product | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f. Marijuana | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

45. Does anyone, including yourself, regularly smoke tobacco (not including e-cigarettes) inside your home?

- ☐ Yes ☐ No

46. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

- ☐ Yes ☐ No

47. In Minnesota, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 49 ▼

48. The last time this happened in Minnesota, where were you? (Please mark only ONE)
☐ A restaurant's or bar's outdoor area
☐ An outdoor shopping mall or strip mall
☐ A park or outdoor recreation area
☐ A parking lot
☐ An outdoor community sports event
☐ A sidewalk or building entrance
☐ Somewhere else outdoors
☐ Some other place

49. In Minnesota, have you ever seen anyone smoke an e-cigarette?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 51 ▼

50. Where have you seen people smoke e-cigarettes in Minnesota? (Mark ALL that apply)
☐ Someone's home or car (including your own)
☐ Your workplace
☐ A restaurant or bar
☐ A business or shopping area
☐ A park or outdoor recreation area
☐ A parking lot
☐ An outdoor community sports event
☐ A sidewalk or building entrance
☐ Somewhere else indoors
☐ Somewhere else outdoors

51. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 55 ▼

52. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage? →

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Days

53. During the past 30 days, on the days when you drank, about how many drinks did you drink on average? (A drink is one can of beer, one glass of wine, or a drink with one shot of liquor.)
☐ 1 drink ☐ 6 drinks
☐ 2 drinks ☐ 7 drinks
☐ 3 drinks ☐ 8 drinks
☐ 4 drinks ☐ 9 drinks
☐ 5 drinks ☐ 10 drinks or more

54. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

FOR FEMALES:
4 or more drinks
on an occasion

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Times

FOR MALES:
5 or more drinks
on an occasion

0	0
1	1
2	2
3	3
	4
	5
	6
	7
	8
	9

Times

55. Do you ever drive a car or other vehicle?
☐ Yes ☐ No ► IF NO, GO TO QUESTION 57

56. When DRIVING a car or other vehicle, how often do you...

	Often	Sometimes	Never	Not applicable: I don't have a cell phone
a. ...read incoming text messages or emails?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. ...send text messages or emails?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. ...make or answer a phone call?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. ...do other activities such as eat, read, apply makeup or shave?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
e. ...drive when you have perhaps had too much to drink?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

57. Do you own or rent your home?

- ☐ Own ☐ Rent ☐ Other arrangement

58. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

- ☐ Yes
☐ No ► GO TO QUESTION 60

59. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)

- ☐ Apartments ☐ Lobby or lounge areas
☐ Hallways ☐ Party rooms
☐ Laundry rooms ☐ On patios or balconies

60. Do you have access to at least one *working* car or other vehicle to use when you need to?

- ☐ Yes ☐ No

61. Are you:

- ☐ Male ☐ Female

62. Your age group:

- ☐ 18-24 ☐ 35-44 ☐ 55-64 ☐ 75 +
☐ 25-34 ☐ 45-54 ☐ 65-74

63. Are you of Hispanic or Latino origin?

- ☐ Yes ☐ No

64. Which of the following best describes you? (Mark ALL that apply)

- ☐ American Indian
☐ Asian or Pacific Islander
☐ Black or African American or African
☐ White
☐ Other _____

65. Do you think of your as...? (Mark ALL that apply)

- ☐ Heterosexual or straight
☐ Gay, lesbian, or homosexual
☐ Bisexual
☐ Transgender

66. How tall are you without shoes?

Feet Inches

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
	8
	9
	10
	11

67. Approximately how much do you weigh?

Pounds

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

68. Including yourself, how many adults live in your household?

Number of Adults:

- 1 2 3 4 5 6 7 8 9 10 11 12 or more

69. What is the highest level of education you have completed? (Please mark only ONE)

- ☐ Did not complete 8th grade
☐ Did not complete high school
☐ High school diploma/GED
☐ Trade/Vocational school
☐ Some college
☐ Associate degree
☐ Bachelor's degree
☐ Graduate/Professional degree

70. Household income per year:

- ☐ Less than \$20,000
☐ \$20,000 - \$34,999
☐ \$35,000 - \$49,999
☐ \$50,000 - \$74,999
☐ \$75,000 - \$99,999
☐ \$100,000 or more

71. Are you currently... (Mark ALL that apply)

- ☐ Employed
☐ Self-employed or farmer
☐ Unemployed or out of work
☐ A homemaker or stay-at-home parent
☐ A student
☐ Retired
☐ Unable to work because of a disability

Thank you for completing this survey!