



ATOD Project Northland training evaluation report

Summary of results: July – December 2011

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January 2012

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Acknowledgments

Wilder Research would like to extend special appreciation to the Regional Prevention Coordinators with their support in collecting the necessary surveys for this evaluation.

We also wish to thank Jennifer Bohlke, Kristin Dillon, and Kelsey Imbertson of Wilder Research for their assistance with this report.

Funding for this evaluation and report were provided by the MN Department of Human Services, Alcohol and Drug Abuse Division.

Background

Regional Prevention Coordinators (RPCs) train teachers, other school staff, and other interested stakeholders in the Project Northland and Class Action ATOD prevention curricula. As part of the ongoing evaluation of the work of the RPCs, a survey was developed to assess participants' satisfaction with the Project Northland training.

Between July 2011 and December 2011, five of the seven RPCs trained 45 individuals who responded to the survey. No completed surveys were received from two RPCs (Figure 1).

1. Respondents by region (N=45)

	Completed surveys by region	
	N	%
Region 1	0	0%
Region 2	5	11%
Region 3	7	16%
Region 4	15	33%
Region 5	2	4%
Region 6	16	37%
Region 7	0	0%

RPCs ask training participants to complete the survey at the end of each training session. Surveys are then shared with Wilder Research for data entry, analysis, and reporting. A full report of all Project Northland and Class Action training activities completed through fiscal year 2012 (July 2011 – June 2012) will be completed in July 2012.

Description of respondents

Two-thirds of those trained in the last year were female (64%). Sixty percent were between 25-44 years of age, and the remaining 38 percent were between 45 and 64. Most respondents were White (89%; Figure 2).

2. Characteristics of training participants (N=45)

	%
Gender	
Male	33%
Female	64%
Unknown/missing data	2%
Age	
25-44	60%
45-64	38%
Unknown/missing data	2%
Race/Ethnicity	
American Indian or Alaska Native	4%
Asian	-
Black or African American	-
White or Caucasian	89%
Hispanic or Latino	-
Other	4%
Unknown/missing data	2%

Reason for attending training

More than half (51%) of participants indicated that they were required to attend the Project Northland training. More than one-third (36%) were interested in learning best how to teach Project Northland, and one-quarter (27%) indicated that they were interested in learning more about the curriculum. Respondents could select more than one response option (Figure 3).

3. Participants' satisfaction with training components (N=45)

Why did you attend this training? (check all that apply)	N
My employer required that I attend.	51%
I wanted to learn more about Project Northland.	27%
I wanted to learn best how to teach Project Northland.	36%
Other.	16%

Note Some respondents indicated more than one reason for attending. Totals do not equal 100%.

Other responses included "because we will be implementing this at the 6th grade;" "it is much needed;" "my concern for underage drinking and how I can help to prevent it;" "our grade level agreed to teach this;" "our students can benefit from this curriculum;" "stand up for your community coalition;" "this community is important to me."

Results

Satisfaction with training

Participants were generally satisfied with the Project Northland TOT. Most (91-100%) “agreed” or “strongly agreed” that they learned something new, the trainer was knowledgeable, the information presented was useful, and that there were enough opportunities for questions. More than 8 in 10 (86-87%) felt prepared to teach the curriculum to students and to answer students’ questions. Most (84%) would recommend the training to others (Figure 4).

Slightly fewer (78%) participants agreed that the location was comfortable (Figure 4).

Additionally, many participants (71%) felt the handouts/manuals were “very helpful.” Slightly fewer felt the group activities (64%) or lesson planning/presentation (58%) were “very helpful,” although most rated them as at least “somewhat helpful” (Figure 5).

When asked to identify the most helpful thing learned from the training, several noted the handouts and materials. Others felt the training itself was most helpful, walking through the curriculum and becoming familiar with the materials. Others felt learning how to best implement the curriculum in their classrooms during the lesson planning time was most helpful (Appendix A1).

Participants also offered suggestions for improving the training. A few mentioned improving training logistics, such as ensuring that there are enough materials for all participants or offering the training at a different time during the school year. Others offered suggestions about how to structure the training. Several indicated that they would prefer an alternate format where teachers were trained only on the curricula relevant for their own needs, rather than learning about each of the separate curricula. Others felt it was not necessary to read the comic books during the training, and instead would have preferred additional lesson planning time (Appendix A2).

4. Participants' satisfaction with training (N=43-45)

How much do you agree or disagree with the following statements?	Strongly agree	Agree	Disagree	Strongly disagree
There were enough opportunities to ask questions.	71%	29%	-	-
I learned something new from the training.	49%	44%	7%	-
The trainer was knowledgeable.	49%	49%	2%	-
The information presented was useful.	47%	44%	9%	-
I would recommend this training to others.	42%	42%	11%	4%
The location was comfortable.	40%	38%	20%	2%
The training was well organized.	36%	56%	7%	2%
I feel prepared to present the curriculum to the students.	30%	56%	12%	2%
I feel prepared to answer students' questions.	30%	57%	11%	2%
I understand how to combine the classroom, parent, peer leadership, and community activities to consistently engage kids in prevention beyond the classroom.	27%	57%	14%	2%

5. Participants' satisfaction with training components (N=45)

Please rate the helpfulness of the following training components.	Very helpful	Somewhat helpful	Not at all helpful
Handouts/manuals	71%	29%	-
Group activities	64%	32%	5%
Lesson planning/presentation	58%	33%	9%

Perception of Project Northland curriculum

Most participants (98-100%) “agreed” or “strongly agreed” that the content of Project Northland would be interesting to today’s youth, that the curriculum is a useful tool to help prevent teen alcohol use, and that the materials to assist them in teaching the curriculum are easy to understand (Figure 6).

6. Participants’ perception of Project Northland (N=42-45)

How much do you agree or disagree with the following statements?	Strongly agree	Agree	Disagree	Strongly disagree
The content of the curriculum will be interesting to today’s youth.	31%	69%	-	-
The materials to assist me in teaching the curriculum area easy to understand.	59%	39%	2%	-
I feel the curriculum is a useful tool to help prevent teen alcohol use.	44%	49%	2%	-

Recommendations

Although participants were generally satisfied with the trainings, several provided suggestions for improving future trainings. Based on the findings, the following is a list of key recommendations to consider in planning for future trainings. For a full listing of all participant recommendations, please refer to the appendix.

- Consider offering more targeted training for teachers teaching Slick Tracy, Amazing Alternatives, and Powerlines rather than offering all trainings to all teachers.
- Consider opportunities to allow additional time for hands-on lesson planning during the training time.
- Encourage participants to engage one another in lesson planning activities to further prepare teachers for the classroom.
- Continue to offer trainings at times and locations that are convenient for teachers.

Appendix

Open-end comments

Surveys

Project Northland training survey

Open-end comments

A1. Open ends: What is the most helpful thing you learned from this training?

Handouts/materials

All of the handouts/manual and student resources

Curriculum binder and CDs

An overview of all materials - in a nut shell

That there is a planned follow-up for 6th, 7th, and 8th grades

Involving students, families, and communities

Receiving the curriculum (2 respondents)

Training on curriculum

How to use the curriculum (3 respondents)

What we're teaching and how to implement

Step by step walk through of the curriculum, how the program has changed over the past years

How to present this valuable info to students

How often we teach a lesson and how long they are

The scope and sequence of what is taught, some logistics of implementation

How the curriculum plays out on a day to day basis. Home adult piece is great.

Organization of program

Becoming very familiar with the materials

What the program actually is and what's expected of me

Lesson planning

Ideas for lessons

New activities

To use the program from all angles (parents, teachers, peers, etc)

Reteaching

Questions and answers

Interactive activities

Making it fun for kids

Other comments

The support component for using the curriculum. Also the presenter understood her audience - people being trained and presented (paced) accordingly

The discussions about how to make this work in this community

That it will fit into the current curriculum easily

This is very much like DARE, including the activities

A2. Open ends: Do you have any suggestions for how to improve the Project Northland training?

Do you have any suggestions for how to improve the Project Northland training?

No suggestions

None (4 respondents)

No, very good!

Not at this time.

Training structure – grade levels

The "back and forth" between book and folder was confusing. Rather than listening to other books, we could have gone off and started planning.

Do a brief overview of each and then break out into groups to do lesson plans vs. all of us doing all

Grade specific sessions - would be half the time.

Maybe offer separate training for the grade levels

Combine 6-7-8- and have all 3 covered at the same time.

Do not have teachers attend grade levels they aren't teaching

Training structure – comic books

Don't have read three comic books - have us learn the lessons we'll be teaching in our classrooms.

More teacher use/less comic reading. How to use CDs, and how to use lesson info

More specifics. Take us through a 7th and 8th grade less as though we were the students.

Training logistics

Might not need to be an all day event

Have enough materials for everyone

More time!

Since a lot of material is on CD, I would recommend having laptops available/suggested or having paper copies of materials such as peer leader exercises in classroom for each week.

Try spring or during school year

Other comments

I truly feel we need to get to our students at a much earlier age and that the parents need to be more involved.

Not have a week in between sessions. Too hard to fit that into a quarter class

Survey

Project Northland Training survey

We are requesting your feedback regarding the Project Northland training. Please complete the following survey. All individual responses will be confidential.

1. How much do you agree or disagree with the following statements?

	Strongly agree	Agree	Disagree	Strongly disagree
a. The information presented was useful.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
b. I learned something new from this training.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
c. The training was well organized.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
d. The trainer was knowledgeable.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
e. There were enough opportunities to ask questions.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
f. I feel prepared to present the curriculum to the students.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
g. I feel prepared to answer students' questions.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
h. I understand how to combine the classroom, parent, peer leadership, and community activities to consistently engage kids in prevention beyond the classroom.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
i. The location was comfortable (sound level, temperature, etc.).	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
j. I would recommend this training to other colleagues.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴

2. Please rate the helpfulness of the following training components.

	Very helpful	Somewhat helpful	Not at all helpful
a. Handouts/manuals	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³
b. Group activities	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³
c. Lesson planning/presentation	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³

3. What is the most helpful thing you learned from this training?

4. Do you have any suggestions for how to improve the Project Northland training?

5. Please tell us how much you agree or disagree with the following statements about the Project Northland curriculum.

	Strongly agree	Agree	Disagree	Strongly disagree
a. The content of the curriculum will be interesting to today's youth.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
b. The materials to assist me in teaching the curriculum are easy to understand.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴
c. I feel the curriculum is a useful tool to help prevent teen alcohol use.	<input type="checkbox"/> ¹	<input type="checkbox"/> ²	<input type="checkbox"/> ³	<input type="checkbox"/> ⁴

6. Why did you attend this training (CHECK ALL THAT APPLY)

- ¹ My employer required that I attend
² I wanted to learn more about Project Northland
³ I wanted to learn best how to teach Project Northland.
⁴ Other (Specify: _____)

7. What is your gender?

- ¹ Male ² Female

8. What is your age?

- ¹ 12-14 ³ 18-20 ⁵ 25-44 ⁷ 65+
² 15-17 ⁴ 21-24 ⁶ 45-64

9. What is your race?

- ¹ American Indian or Alaska Native ⁵ White
² Asian ⁶ Other (Specify: _____)
³ Black or African American
⁴ Native Hawaiian or Other Pacific Islander

10. What is your ethnicity?

- ¹ Hispanic or Latino ² **NOT** Hispanic or Latino

11. Which of the following best describes you/your position in terms of your interest in this training?

- ¹ Youth ⁵ Schools ⁹ Civic and volunteer group
² Parent ⁶ Youth-serving organizations ¹⁰ Healthcare professional
³ Business community ⁷ Law enforcement agency ¹¹ State, local, or tribal government
⁴ Media ⁸ Spiritual or fraternal organization ¹² Other organization involved in reducing abuse

Thanks for your participation!