

ATOD Youth Leadership Academy V: October 2012

Summary of evaluation results

DECEMBER 2012

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Contents

Bac	ckground	1
Des	scription of respondents	2
Res	sults	3
C	Overall participant satisfaction	3
P	P&I and RPC perceptions and experiences	4
P	Participant satisfaction with presenters	4
Rec	commendations	11
App	pendix	12
C	Open-end comments	13
S	Surveys	26
ГТ 1.	Gures Overall satisfaction	3
1. 2.	P&I/RPC experiences	
 3. 	•	
	P&I response to presenters. P&I/PPC paraentions of youth learning	
 4. 5. 	P&I/RPC perceptions of youth learning Environmental Strategies	
 6. 	-	
	Presentations with Craig Hillier	
7.	Strategic Prevention Framework	
8.	Breakout Sessions	
9.	Youth group outcomes	
IU.	Youth group connections	9

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Background

In October 2012, the Alcohol and Drug Abuse Division (ADAD) of the Minnesota Department of Human Services (DHS) hosted their fifth Youth Leadership Academy (YLA) for select youth participating in one of ten Planning and Implementation (P&I) community youth groups, as well as parents/guardians of those youth. The two-day Academy provided youth and adults from communities across the state an opportunity to interact with one another and learn about leadership skills they can use in their communities. This year, the keynote speaker was Craig Hillier, who led a workshop on leadership. Other sessions focused on environmental strategies, leadership styles, Photovoice, public presenting, and the Strategic Prevention Framework (SPF).

The Academy was held at The Lodge at Brainerd Lakes in Brainerd, Minnesota and was attended by approximately 140 youth, representing 16 youth groups from the ten P&I communities, as well as adults, including parents or guardians and chaperones, 10 P&I coordinators, 4 Regional Prevention Coordinators (RPC), and 4DHS staff.

Description of respondents

Feedback on the Academy was collected from participating students, parents and other adults who chaperoned the event, as well as P&I and RPC grantees.

Youth

A total of 126 youth provided feedback about the YLA weekend, for a response rate of approximately 90 percent. The majority (85%) were in high school (29% in 9th grade, 24% in 10th grade, 23% in 11th grade, and 9% in 12th grade), while 15 percent were in middle school (6% in 7th grade and 9% in 8th grade). All youth (100%) said they will continue to participate in their youth group next year, excluding those who said it was not applicable (12th grade students).

Parents and other adults

A total of 17 adults provided feedback about the weekend, for a response rate of approximately 63 percent. These adults included one parents/guardian and 16 unrelated adults a few of whom identified as teachers or youth leaders.

The forms indicate that nine P&I coordinators and four RPCs provided feedback about the YLA conference, for a response rate of 93 percent.

Results

Overall participant satisfaction

General satisfaction with the Academy

Overall, satisfaction with the Academy was very high. Most participants, including youth, adults, and grantees (P&Is and RPCs), "strongly agreed" or "agreed" that the conference was useful (98% to 100%) and that the activities were well organized (94% to 100%). All P&Is and RPCs said that the Academy met their expectations (Figure 1).

All or almost all of the participants (98% to 100%) provided positive feedback on the resort and accommodations. The majority of youth and all P&Is and RPCs enjoyed the games during meals (83% and 100%, respectively) and youth, specifically, felt that the small interactive group activities helped them learn the information (90%). All youth agreed that the information they learned at the academy will help them be a better youth leader. All adults (100%) and almost all of the youth (99%) said they would consider attending the conference next year. In addition., almost all youth (98%) said they would recommend the conference to their friends. The majority of adults said they felt included in the conference activities (88%) and agreed that the youth had an opportunity to personally contribute to the discussions (88%).

1. Overall satisfaction

Percent of participants who "strongly agreed" or "agreed"

		Parents/	
Item	Youth (N=124-126)	other adults (N=16-17)	P&Is/RPCs (N=12-13)
Overall, this conference was useful.	98%	100%	100%
The activities were well organized.	95%	94%	100%
The accommodations were comfortable/I liked the resort.	98%	100%	100%
The information I learned will help me be a more effective youth leader.	100%		
The small interactive group activities helped me learn the information.	90%		
I would recommend the Academy to my friends	98%		
The games during meals were successful/l enjoyed the games during meals.	83%		100%

1. Overall satisfaction (continued)

Percent of participants who "strongly agreed" or "agreed"

Item	Youth (N=124-126)	Parents/ other adults (N=16-17)	P&Is/RPCs (N=12-13)
I would consider attending the Youth Leadership Academy in the future/next year.	99%	100%	
I felt included in the conference activities.		88%	
Youth had an opportunity to personally contribute to the discussions.		88%	
The Academy met my expectations.			100%

Note. Some items were only asked of certain groups of participants.

P&I and RPC perceptions and experiences

P&Is and RPCs were asked more extensively about their participation in the Academy. The majority of respondents (92%) "strongly agreed" or "agreed" they had an opportunity to personally contribute to the discussions and sessions and all felt they had adequate time to prepare for the conference and/or recruit youth and parents/chaperones. The majority (92%) said they had an opportunity to provide input into the planning of the Academy (see Figure 2). This is up from 44 percent in the previous year (2011) when the academy was held shortly after many of the P&Is were hired.

2. P&I/RPC experiences (N=13)

Item	Percent who "strongly agreed" or "agreed"
I had adequate time to prepare for the conference and/or recruit youth and parents/chaperones.	100%
I had an opportunity to personally contribute to the discussions and sessions.	92%
I had an opportunity to provide input into the planning of the Academy.	92%

Participant satisfaction with presenters

All P&Is and RPCs "strongly agreed" or "agreed" that the presenters were organized and prepared to teach the information and that they listened well and had good answers to questions (see Figure 3). All other adults "strongly agreed" or "agreed" that the presenters were knowledgeable.

3. P&I response to presenters (N=12)

	Percent who "strongly agreed" or "agreed"
The presenters were organized and prepared to teach the information.	100%
The facilitators listened well and had good answers to questions.	100%
The information was presented in a way that was easy to understand.	92%

Participant learning

Adult chaperones

Adult chaperones were invited to attend all of the Academy sessions with the youth in their groups so the adults could learn the same information as the youth and support the youth in their efforts upon returning to their community.

Only one adult chaperone identified themself as a parent of attending youth compared to ten parents who provided feedback in 2011. To protect confidentiality, parent specific responses are not reported here.

When asked to identify the most helpful part of the Academy, adult participants noted several aspects, such as the presentations by Craig Hillier, connecting with other youth groups, helping youth build on their strengths, empowering youth, and learning about Photovoice. See the appendix for a full list of the open-ended comments from adults.

Youth

All coordinators felt youth were engaged during the Academy and learned something new as a result of the Academy (Figure 4).

4. P&I/RPC perceptions of youth learning (N=12-13)

	Percent who "strongly agreed" or "agreed"
Youth were engaged during the Academy.	100%
Youth learned something new as a result of the Academy.	100%

Youth were asked more extensively about their learning and about specific aspects of the academy. When asked about their knowledge of environmental strategies, the majority of youth "strongly agreed" or "agreed" they understand what environmental strategies are (93%), how they can benefit the youth in the community (93%) and why you would use an environmental strategy (92%; Figure 5). Slightly fewer, although still the majority, "strongly agreed" or "agreed" that they know how to use an environmental strategy to address an issue in their community (86%).

5. Environmental Strategies (N=124-125)

	Percent who "strongly agreed" or "agreed"
I understand what environmental strategies are.	93%
I understand how environmental strategies can benefit the youth in our community.	93%
I understand why you would use an environmental strategy.	92%
I know how to use an environmental strategy to address an issue in my community.	86%

When asked about the impact of the presentations by Craig Hillier, youth reported an increase in knowledge. All youth "strongly agreed" or "agreed" it was helpful to learn about their own leadership style and they recognized that they must take responsibility for their own actions as a youth leader. Nearly all youth (99%) said they understand how important it is to be a drug, alcohol, and tobacco-free role model and said they have a better understanding of how to handle challenges they may experience as a team (Figure 6). Nearly all youth also agreed learning about the leadership styles of others in their group will help them work better as a team and they understand that to be resilient they must learn to turn setbacks into comebacks (98% each). Youth also often mentioned Craig Hillier's presentations as the most helpful component of the Academy in their open-ended responses.

6. Presentations with Craig Hillier (N=124-126)

	Percent who "strongly agreed" or "agreed"
I recognize that I must take responsibility for my own actions as a youth leader.	100%
It was helpful to learn about my own leadership style.	100%
I understand how important it is for me to be a drug, alcohol and tobacco-free role model.	99%
I have a better understanding of how to handle challenges that we may experience as a team.	99%
Learning about the leadership styles of others in my group will help us work better as a team.	98%
I understand that to be resilient I must learn to turn setbacks into comebacks.	98%

Youth knowledge around the Strategic Prevention Framework also increased, especially about the assessment phase. Most youth "strongly agreed" or "agreed" that they understood the importance of doing assessment before choosing a strategy (91%; Figure 7). Most agreed that they understand what the Strategic Prevention Framework is (86%), they understand the steps involved in the Strategic Prevention Framework (83%), and they understand how to apply the Strategic Prevention Framework to solving community problems (83%).

7. Strategic Prevention Framework (N=121-126)

	Percent who "strongly agreed" or "agreed"
I understand the importance of doing assessment before choosing a strategy.	91%
I understand what the Strategic Prevention Framework is.	86%
I understand the steps involved in the Strategic Prevention Framework.	83%
I understand how to apply the Strategic Prevention Framework to solving community problems.	83%

Youth were also asked about breakout sessions. Nearly all youth "strongly agreed" or "agreed" they understood what Photovoice is (98%) and the majority also believed Photovoice will be useful in their community (89%; Figure 8). Photovoice was also often mentioned by youth as the most helpful component of the Academy in their open-ended responses.

When asked about public presentations, most youth (92%) agreed that they understood how to prepare a presentation. Most youth also (96%) agreed that they understood how to be a transformational leader.

8. Breakout Sessions (N=125-126)

	Percent who "strongly agreed" or "agreed"
I understand what Photovoice is.	98%
I believe Photovoice will be useful in my community.	89%
I understand how to prepare a presentation.	92%
I understand what makes a good leader.	100%
I understand how to be a transformational leader.	96%

When asked to describe the most helpful components of the Academy, most youth identified the information about how to be a good leader, different leadership styles, strategies for solving problems in their community, the presentations by Craig Hillier, and the information on Photovoice. See the appendix for a full list of open-ended comments by youth.

Youth group outcomes

Youth and the RPCs and P&I coordinators also reported on the ways in which their youth groups will benefit from participating in the Academy. In particular, questions focused on youth group member cohesion and connections between groups.

In general, respondents felt that youth were able to make connections with one another. All of the P&I coordinators and RPCs responding to the survey reported that most of the youth attending YLA also attended the youth group meetings. All of the P&Is and RPCs said youth had opportunities to spend time with the other youth from their group and youth from other youth groups. Youth tended to agree. Most youth said they felt more connected to the youth in their own youth group (96%) and in other youth groups (93%) after the Academy (Figure 8).

This year, youth were asked to collect contact information from youth from other youth groups throughout the Academy. When asked if they got the names and contact information of youth from outside your youth group, 77 percent said "yes" (Figure 10). Of those who said yes, 78 percent said they plan on contacting these youth after YLA.

The Photovoice presentation at the Academy focused on developing a community assessment project to be implemented after the Academy. All P&Is and RPCs were

confident that their group will follow through with the Photovoice community assessment project that was introduced at YLA (Figure 9).

9. Youth group outcomes

	Percent who "strongly agreed" or "agreed"	
Item	Youth (N=124)	P&Is/RPCs (N=9-12)
Most of our youth who attended YLA have also attended our youth group meetings.		100%
Youth had opportunities to spend time with youth from their own group .		100%
Youth had opportunities to spend time with youth from other groups .		100%
It was useful to mix students from our group with students from other groups.		92%
I feel more connected to the other youth in my own group after participating in this conference.	96%	
I feel more connected to the other youth in other youth groups after participating in this conference.	93%	
I am confident that our group will follow through with the Photovoice community assessment project introduced at YLA.		100%

10. Youth group connections

	Percent wno replied "Yes"	
Item	Youth	P&Is/RPCs
Did you get the names & contact information of youth from outside your youth group? (N=126)	77%	
If yes, do you plan on contacting any of these youth after YLA? (N=69)	78%	
Do you plan to connect with other youth groups after this weekend? (N=8)		75%

Suggestions for improving the Academy

Although many of the participants noted how much they enjoyed the Academy overall and did not feel anything needed to be changed, a number of the participants did offer recommendations for improving future academies. Several youth had suggestions to improve activities, including more games, interaction, small group time, and hands-on

opportunities. Some offered suggestions about scheduling the Academy, including adding more breaks, more recreation time, more time for sleep, and more time at the Academy in general. A few adult participants suggested ways to better engage youth, including more breaks, clearer instructions, greater interaction between students. P&I and RPCs offered a variety of specific suggestions for improving the organization and logistics of the weekend to increase student participation including seating adult chaperones and grantees at tables with youth to help with behavior management.

A full list of participant suggestions is included in the appendix.

Recommendations

Although participants were generally satisfied with the Academy, several suggestions for improving the event in the future were provided by youth, parents, and grantees. Based on the findings, the following is a list of key recommendations to consider in planning for the next conference. For a full listing of participant recommendations, please refer to the appendix.

- Consider whether parent participation is beneficial and if so, how to encourage more parents to attend.
- Increase the amount of interaction during the breakout sessions to maintain the energy and interest of the youth.
- Seat adult chaperones and grantees at tables with youth to help with behavior management as needed or throughout the entire Academy.
- Continue to facilitate the exchange of contact information between youth from different communities so connections across the state can become more sustainable.
- Consider whether extending the length of the conference and/or building additional "free time" into the agenda is feasible and fits with the goals of the Academy.

Appendix

Open-end comments

Surveys

Youth evaluation form

Adult evaluation form

P&I/RPC coordinator evaluation form

Open-end comments

A1. Open ends: What was the most helpful thing you learned at the Youth Leadership Academy? Adult responses

What was the most helpful thing you learned at the Youth Leadership Academy?

Craig Hillier
Information from Craig Hillier presentation.
Craig Hillier!
Everything Craig Hillier spoke about. Great speaker!
Craig Hillier shared very inspirational quotes and information for myself and the students.
Speaker for leadership was outstanding.
Guest speaker Craig H.
Craig Hillier was amazing! So full of knowledge for kids and adults.
Breakouts sessions
The breakouts.
Leadership strategies.
Photovoice information.
Photovoice.
Photovoice and how to speak publically.
Other Youth Networking/Engagement
Talking with other youth leaders.
All the support that is out there in the communities to support our youth in being future leaders! Great speakers!
Which youth will be good leaders in our community.
To bring kids together and get the juice flowing.
Dealing and talking about situations that will come up along the way and being able to help them out or support them.
Kids are our future.
No response (N=1)

A2. Open ends: What was the most helpful thing you learned at the Youth Leadership Academy? Youth responses

Communicating your message/individual responsibility
To not be quiet if you have something to say step up.
The most helpful thing I learned is to always be friendly even if your history with that person isn't that great.
How to try and make a difference in my community.
How to apply the skills we learned to everyday life.
That mistakes don't have to set you back so far.
Be yourself, help others.
The goals.
To speak up.
It's "we not me".
How to listen and help when I need to.
Mistakes are great memories.
How to improve more even when it seems impossible.
It's not what you do, it's how you do it.
Being who I am and speaking up when I have an idea.
How to take action to achieve your goals.
How important it is to just be you. You don't need to be a fake.
How to be a leader (general)
What's a leader.
What makes a leader.
That we are all leaders.
Leaders must be loud.
Leadership and friends.
The different types of leadership.
How to be a leader (3 respondents).
How to become your own leader.
How to be a better leader.
To be a better leader.
How to become a leader.
That you don't always have to be the leader.

A2. Open ends: What was the most helpful thing you learned at the Youth Leadership Academy? Youth responses (continued)

How to be a leader (general)
How to be a better leader.
How to be a better leader and the things we learned with Craig.
What it takes to be a leader and how to get others involved.
Leaders have to be the loudest person.
How to become a good leader and make a difference in other people's lives.
I learned that you don't need to be allowed to be a leader, and that I can lead by actions.
The most helpful thing to me was you don't have to be loud to be a leader.
How to be a leader in situations.
That leadership comes in many forms. Even a little bit of action could make a huge difference.
Learning how to become a leader in helping others.
That being a leader isn't always easy, in fact sometimes it's painful and hard. But if you stick with it you will reap the rewards. Thank you for spending so much time and money planning this.
How to connect and display leadership techniques in different forms.
I can be a leader in my community by speaking up.
That leaders are looked up to and leaders are there to help.
Ways to apply myself as a leader without having to be loud about it.
You don't have to be loud to be a leader.
I learned how to be a leader or at least a better one.
The aspects of being a leader.
What kind of leader I am.
Learning about being a leader.
What it takes to be a leader and how to spread it.
How to stay positive and be a better leader.
Resilient, leadership.
What my strengths are and how to be a better leader.
Not everyone is going to go along with your ideas, that you can influence a lot of people.

A2. Open ends: What was the most helpful thing you learned at the Youth Leadership Academy? Youth responses (continued)

Craig Hillier's presentations
I really enjoyed the speaker and the points he made.
Craig's speeches.
The special speaker. He really got my attention
The stuff Craig Hillier talked about.
The heart filled stories Craig told connected.
To hear Craig speak.
The presentations with Craig Hillier.
When Craig Hillier came.
Everything Craig had to say.
I like the speaker a lot.
Craig's presentation, wonderful speaker.
Really like the guest speaker.
Craig Hillier (2 respondents).
Teamwork/Other youth attendees
You cannot solve the problem by yourself. Not me, we.
Breaking up into smaller groups.
That there is more than just our school wanting to stop it.
That other younger adults are being active in not drinking.
Making new friends.
That it takes a team.
Teamwork.
Different styles for involving everyone and getting everyone involved in a group.
All the cool people.
Photovoice
Photovoice.
Photovoice and catching images of what is happening. It shows it is happening; people aren't just talking about it.
The Photovoice. It was the only new thing introduced to me.
The Photovoice has been helpful, I knew how it would be applied to my community.
How to use Photovoice.

A2. Open ends: What was the most helpful thing you learned at the Youth Leadership Academy? Youth responses (continued)

Public presentations	
I learned how to speak publicly.	
Running a presentation. That mistakes are okay to make.	
Strategies for solving problems	
It's not what you do, it's how you do it.	
You don't have to be great to start something, but you have to start something to be great respondents).	(5
If Plan A doesn't work, there are 25 more letters in the alphabet.	
How to turn a problem into a lesson and turn it around into a solution.	
Everything	
I don't know, basically everything was pretty helpful.	
The whole thing was helpful.	
Everything.	
Other presentation topics	
The whole prevention framework.	
Mikki's presentation.	
Positive community thing.	
All the personal stories speakers had.	
Miscellaneous	
Different things about myself.	
To anticipate everything.	
Be yourself.	
Tonight is the drugs and alcohol because it doesn't make you cool.	
Alcohol use, drug use.	

A3. Open ends: What was the most helpful thing you learned at the Youth Leadership Academy? P&I/RPC responses

Photovoice session	
Photovoice (5 respondents).	
Craig Hillier's presentation	
Craig Hillier keynote.	
Motivational sayings of Craig H.	
Keynote was great- he had lots of great info.	
Planning process	
Communication during planning/organization.	
We need to finalize details sooner with little changes.	
Youth Empowerment	
How we can empower our youth to take a lead in their schools.	
No response (N=3)	

A4. Open ends: Was it helpful having parents of the youth attend the Youth Leadership Academy? Why or why not? P&I/RPC responses

Was	it helpful having parents of	the youth	attend the	Youth L	eadership A	Academy?
Why	or why not?	_			-	_

Yes.				
Sure.				
Didn't matter.				
N/A (4 respondents).				
N/A- no parents attended from our community.				
No response (N=5)				
A5. Open ends: If you plan to connect with youth/other youth groups after this weekend: In what ways could this help what you are doing in your own groups? P&I responses				
weekend: In what ways could this help what you are doing in your own				
weekend: In what ways could this help what you are doing in your own				
weekend: In what ways could this help what you are doing in your own groups? P&I responses If you plan to connect with youth/other youth groups after this weekend: In what ways could				
weekend: In what ways could this help what you are doing in your own groups? P&I responses If you plan to connect with youth/other youth groups after this weekend: In what ways could this help what you are doing in your own groups?				
weekend: In what ways could this help what you are doing in your own groups? P&I responses If you plan to connect with youth/other youth groups after this weekend: In what ways could this help what you are doing in your own groups? Possibly group together.				
weekend: In what ways could this help what you are doing in your own groups? P&I responses If you plan to connect with youth/other youth groups after this weekend: In what ways could this help what you are doing in your own groups? Possibly group together. Share ideas.				
weekend: In what ways could this help what you are doing in your own groups? P&I responses If you plan to connect with youth/other youth groups after this weekend: In what ways could this help what you are doing in your own groups? Possibly group together. Share ideas. Sharing of ideas.				

A6. Open ends: What could be done to improve the Youth Leadership Academy? Youth responses

Activity/Topic suggestions	
You could direct more with small groups, otherwise it was grea	t.
I like Craig as the speaker.	
Getting more people involved and do things to stop it.	
SPF more interactive.	
Assigned to group work, put people on the spot to help out.	
There were a lot of veterans from last year that came to this. It want to do more planning not the same lessons.	was too much of a repeat. We
Getting more personal in breakout's. Didn't really enjoy the bre	akout sessions.
More time/ Longer Academy	
More time to be with other students (not from my own group). N	More time.
More speakers.	
Make longer.	
Slow down some lessons.	
Longer trip, time to evaluate each aspect.	
More time to cover materials.	
Times: more time for group meetings.	
More time to talk about it and papers to write at night before be	ed.
Make it two nights, three days long.	
Games	
Better games during meals.	
Different games.	
Better games (3 respondents).	
More games which involve all the students.	
More organized meal games.	
More games to get people involved more.	
More activities for at night, play more games.	

The games.

A6. Open ends: What could be done to improve the Youth Leadership Academy? Youth responses (continued)

Little mare free time	
Little more free time.	iahta
More free time on day two. Stay for two n	ignis.
Longer breaks.	
Not make us get up as early.	
Not to wake up this early.	
If we would sleep longer that would be nice	ce.
A bit more fun.	
Give more time for kids to meet each other	er, free time.
Start the later, very tired right now.	
Not make us get up so early.	
More small group work/activities	
More small group breakouts. Chances to	meet new people, more games/activities.
More activities.	
More small groups. More time in small gr	oups.
Do more activities with community.	
More fun in breakout rooms.	
Not make the sessions boring, get people	more involved.
Not split into random groups, go with com	nmunity.
More intergroup interaction.	
More activities.	
Talking more with other youth leaders fro	m other schools.
More activities.	
Some of the small group at today's aren't activities.	very interactive. I liked all of the get-to-know-you
More time to do things and do more activ	ities.
More activities to meet new people.	
Don't do SPF and Environmental Strateg	ies in the ballroom, or find a way to keep it interactive
Have more activities spread out over the	retreat.
More fun activities.	
A dance during activity time.	
A dance would be fun.	
Interact with everyone in small groups.	
<u> </u>	ove anything. It was really fun but I think you should and make friends.

A6. Open ends: What could be done to improve the Youth Leadership Academy? Youth responses (continued)

Logistics/organization
Have it on like a Thursday so after this we could go into a weekend.
Bigger waterpark.
Do not start so early in the morning. More break outs. Contain it to one day or on a weekend because I have tons of homework to make up.
If we had bigger group for different schools.
Waterpark the second day.
Have some outdoor breakouts.
Organize a little better.
Turn down the microphone. My ears are bleeding.
More organized.
Keep school/groups together.
Better planning of breakout rooms.
More organized!
No suggestions
I don't know. I liked it.
Everything was fun.
None. Did very well.
Nothing, it was great.
Nothing really, it's fine.
Nothing (6 respondents).
Everything is great how it is.

A7. Open ends: What could be done to improve the Youth Leadership Academy? P&I/RPC responses

What could be done to improve the Youth Leadership Academy?

Have Craig be at the end of the day- kids were burnt out.

Breakouts were a little hard for students to keep focused.

Have youth chaperones and P&Is present at tables and breakouts to help with management.

Schedule of breakouts for P&Is.

Shorter breakouts.

More youth-oriented presentations in terms of music, language choice, interaction, excitement.

Earlier start on first day- shorter on second.

End with lunch.

Getting a little brain-dead by end.

Probably plan an ending or closing learning event that is positive and leaves youth feeling excited about what they learned.

No response (N=3)

A8. Open ends: What can be done to make preparing for Youth Leadership Academies easier in the future? P&I/RPC responses

What can be done to make preparing for the Youth Leadership Academy easier in the future?

I think all of us can help with sessions or PowerPoints, if needed.

Outside help. RPCs in charge of a lot of things.

Earlier deadlines.

No response (N=10)

A9. Open ends: What could be done to improve the Youth Leadership Academy? Adult responses

What could be done to improve the Youth Leadership Academy?

Activities

Let's have a breakout time for leaders to share ideas!

The kids themselves could have been given the opportunity to give a presentation.

Pep-up the breakout sessions. The kids seemed to "lose it" (energy) a bit during these sessions.

Logistics

Keep the kids moving- add some exercises to keep the blood flowing. 5 minutes of exercise will gain their attention for 60 minutes.

Sleep in a little later- working breakfast.

More flow when the presenters are talking. Clear direction.

Better lighting Monday night in the banquet room.

The conference was kind of long. I liked all the sessions but I was extremely tired by the end.

The welcome: no hype and organized minutes prior with low energy youth. Breakout sessions: witnessed more success last year when groups worked with their school.

More students.

Serious topics need to be placed better. Maybe the advisors could know the breakouts session topics.

Name breakout sessions for adults.

Have youth leaders/ chaperones watch youth groups better during lectures.

Day 2 was a long day. More breakouts maybe?

Individual breakout schedule did not indicate the topic of subject.

Start earlier Monday, end earlier Tuesday. Kids seemed edgy towards the end.

Have better sound first night (was corrected).

No suggestions

None, well thought out.

A10. Open ends: Other comments Adult responses

Other comments

The t-shirt issue was tough (too big) right away when we got here.

Well organized event! Thank you to the planning committee.

Breakout sessions- speakers struggled- repeat from CADCA last year. The large activities (Bingo/Q&A) were unorganized and had no impact.

The location was convenient, the accommodations were amazing.

Have the groups in year two do a group. Great program. Better than CADCA.

Craig was awesome. Some of the breakout sessions were dull.

It was great! Kids said they learned more here in two days than 4 days in Nashville.

Make curfew 10pm. The pool and arcade closed at 10 so there was no need for the students to hang out in the hallways for an hour. If we treat it like a school night they should be in their rooms earlier than 11pm. Also helps the adults get to bed at a more reasonable hour.

No response (N=9)

A11. Open ends: Other comments P&I/RPC responses

Other comments

Positive feedback

I thought it went very well.

Having tokens for youth was a big positive.

Well done.

Suggestions for improvements

I'd like to be able to send more students. We had twice the number of students interested than we were able to bring.

Food was not as good as last year.

No response (N=6)

Youth Leadership Academy: October 2012

Youth feedback form

We would like to know your feedback about the Youth Leadership Academy. Please tell us how much you agree or disagree with each of the following statements.

ACADEMY OVERALL	Strongly agree	Agree	Disagree	Strongly disagree		
Overall, this conference was useful.		2	3	1 4		
2. The information I learned will help me be a more effective youth leader.	1	\square^2	3	1 4		
3. I feel more connected to the other youth in my own youth group after participating in this conference.	1	1 2	3	1 4		
 I feel more connected to the other youth in other youth groups after participating in this conference 	1	 2	3	1 4		
5. The activities were well organized.	1	1 2	3	1 4		
6. I enjoyed the games during meals.		\square^2	□ ³	\square^4		
7. The small interactive group activities helped me learn the information.	1	 2	3	1 4		
8. I liked the resort.	1	\square^2	3	1 4		
I would consider attending this conference next year.	1	 2	3	1 4		
10. I would recommend the Academy to my friends.	□ ¹	\square^2	3	1 4		
ENVIRONMENTAL STRATEGIES	Strongly agree	Agree	Disagree	Strongly disagree		
11. I understand what environmental strategies are.		\square^2	□ ³	\square^4		
12. I understand why you would use an environmental strategy.	1	\square^2	3			
13. I know how to use an environmental strategy to address an issue in my community.	□ ¹	\square^2	3			
14. I understand how environmental strategies can benefit the youth in our community.	1	\square^2	3			
BREAKOUT SESSIONS	Strongly agree	Agree	Disagree	Strongly disagree		
15. I understand what Photovoice is.		\square^2	\square^3	1 4		
16. I believe Photovoice will be useful in my community.		 2	3	1 4		
17. I understand how to prepare a presentation.		1 2	3	1 4		
18. I understand what makes a good leader.		\square^2	3	1 4		
19. I understand how to be a transformational leader.		 2	3	1 4		
Turn over →						

PRESENTATIONS WITH CRAIG HILLIER	Strongly agree	Agree	Disagree	Strongly disagree			
20. I recognize that I must take responsibility for my own actions as a youth leader.							
21. I understand that to be resilient I must learn to turn setbacks into comebacks.		_ 2	3	1 4			
22. I understand how important it is for me to be a drug, alcohol, and tobacco-free role model.		\square^2	□ ³				
23. I have a better understanding of how to handle challenges that we may experience as a team.		 2	3	1 4			
24. Learning about the leadership styles of others in my group will help us to work better as a team.		1 2	3	1 4			
25. It was helpful to learn about my own leadership style.		\square^2	3	4			
STRATEGIC PREVENTION FRAMEWORK (SPF)	Strongly agree	Agree	Disagree	Strongly disagree			
26. I understand what the Strategic Prevention Framework is.		\square^2	□ ³	□ ⁴			
27. I understand the steps involved in the Strategic Prevention Framework.	□ ¹	 2	3	1 4			
28. I understand how to apply the Strategic Prevention Framework to solving community problems.		\square^2	3	1 4			
29. I understand the importance of doing assessment before choosing a strategy.		\square^2	3	1 4			
30. What was the most helpful thing you learned at the Youth L 31. What could be done to improve the Youth Leadership Acad	· · · · · · · · · · · · · · · · · · ·	emy?					
32. Did you get the names & contact information of youth from one of Yes → If yes, do you plan on contacting any of these □ 2 No	, ,	• .					
33. What grade are you in? □¹ 7 th □² 8 th □³ 9 th □⁴ 10 th □ 34. Do you think you will continue to participate in your youth gr □¹ Yes □² No		³ 12 th (STOP I school year?	HERE)				
Thank you for your feedback!							

Youth Leadership Academy: October 2012 Adult feedback form

This survey will help provide valuable feedback about the Academy, and will help to improve future trainings and workshops for youth and parents. Please tell us how much you agree or disagree with each of the following statements.

	Overall this conference was useful	Strongly agree	Agree	Disagree	Strongly disagree	Don't Know/Not applicable □8
1.	Overall, this conference was useful.		2	3 	1 4	
2.	The activities were well organized.		$\frac{\square^2}{\square}$	3		
3.	The presenters were knowledgeable.	1	\square^2	3	4	8
4.	Youth had an opportunity to personally contribute to the discussions.	1	 2	3	\square^4	□8
5.	I felt included in the conference activities.	1	\square^2	3	1 4	1 8
6.	The accommodations were comfortable.	1	 2	3	1 4	1 8
7.	I would consider attending the Youth Leadership Academy again in the future.	1	 2	3		□8
plea	ents: Please complete the section below ONI ase go to Question 11 and complete the remands a result of the Youth Leadership Academy	ainder of the s		a child at the	Academy. Of	therwise,
	· · · · ·		agree	Agree	Disagree	disagree
8.	I have a better understanding of my child's role youth group.	e in the		\square^2	3	1 4
9.	I have a new appreciation for my child's leadersh	ip abilities.	1	 2	3	1 4
10	. I know how I can better support my child as a le	eader.	1	_ 2	3	1 4
	What was the most helpful thing you learned at What could be done to improve the Youth Leader		·	lemy?		
13.	Please describe your role at this conference: (C 1 Adult chaperone and parent/guardian 2 Adult chaperone with no relation to the your 3 Other (Please describe: Please let us know if you have any additional contents.	th)
	Thank	you for your	feedback!			
	-					

Youth Leadership Academy: October 2012 P&I/RPC Coordinator feedback form

We would like to gather your feedback about the Youth Leadership Academy in order to improve future Academies. Your responses will be combined with those of other coordinators. □² RPC □¹P&I Please indicate your role: \square^2 No Were you on the YLA planning committee this year? \square^1 Yes Please tell us how much you agree or disagree with each of the following statements. Strongly Strongly **ACADEMY OVERALL** Agree Disagree disagree agree \square^2 **3** \square^4 1. Overall, this conference was useful. \square^3 \square^2 **1**4 2. The activities were well organized. \square^2 \square^3 \Box 4 3. The games during meals were successful. 4. The presenters were organized and prepared to teach \square^2 \square 3 \Box 4 the information. 5. The information was presented in a way that was easy to \square^2 3 \square^4 understand. 6. The facilitators listened well and had good answers to \square^2 \square 3 \square^4 questions. 7. I had an opportunity to personally contribute to the \square^2 \square^3 \Box 4 discussions and sessions. 8. I had an opportunity to provide input into the planning of \square^2 \square 3 \square^4 the Academy. 9. I had adequate time to prepare for the conference and/or \square^2 3 \square^4 recruit youth and parents/chaperones. \square^2 \square 3 \square^4 10. Youth were engaged during the Academy. \square^2 3 \square^4 11. Youth learned something new as a result of the Academy. **1**3 \square^2 **1**4 12. The Academy met my expectations. \square^2 \square 3 \square^4 13. The accommodations were comfortable. Stronaly Stronaly YOUTH GROUPS agree Agree Disagree disagree 14. Youth had opportunities to spend time with youth from \square^2 \square 3 \square^4 their own group. 14. Youth had opportunities to spend time with youth from \square^2 \square^3 \square^4 other groups. 15. It was useful to mix students from our group with **1**3 **1**4 \square^2 students from other groups. 16. Most of our youth who attended YLA have also attended \square^2 **1**4 \square 3 our youth group meetings. -FOR P&IS ONLY 17. I am confident that our group will follow through with the \square^2 **1**3 **1**4 photovoice community assessment project introduced at YLA. -FOR P&IS ONLY

Turn over →

18.	What was the most <u>helpful</u> thing you learned at the Youth Leadership Academy?				
19.	What could be done to improve the Youth Leadership Academy?				
20.	What can be done to make preparing for Youth Leadership Academies easier in the future?				
21.	Was it helpful having parents of the youth attend the Youth Leadership Academy? Why or why not?				
22.	Do you plan to connect with other youth groups after this weekend? <i>-FOR P&IS ONLY</i> 1 Yes				
	□² No				
23.	Do you have any other comments about this year's Youth Leadership Academy?				

Thank you for your feedback!