

# **BIRTHING FRUITION 5 PRONG TRAINING SCHEDULE**



## **Week 1: Orientation**

March 28, 2023 5:30-6:30pm (Virtual)

## **Week 2: COPE Training**

April 4, 2023 4:00-8:00pm

April 6, 2023 4:00-8:00pm

## **Week 3: COPE Training**

April 11, 2023 4:00-8:00pm

April 12, 2023 4:00-8:00pm

## **Week 4: ACES & Historical Trauma**

April 18, 2023 5:30-8:30pm

April 19, 2023 5:30-8:30pm

## **Week 5: Culturally Responsive Home Visiting**

May 2, 2023 5:30-8:30pm

May 3, 2023 5:30-8:30pm

## **Week 6: Breastfeeding and Lactation**

May 22, 2023 4:00-8:00pm

## **Week 7: It's All About Me: Training Resources (Virtual)**

May 24, 2023 5:30-8:30pm

## **Week 8: Adult, Child and Baby First Aid/CPR/ AED (Online)**

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