



# Wilder Adult Day Health Services – Day Room

651-280-2500

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
10:30 Tai Chi/Pencil Sketching 11:00 Who - What – Where? 12:30 Discovery Class/Moon Ball 01:15 Laughter the Best Medicine 02:00 Advisory Council	10:00 <b>Art Class w/Sandra</b> 10:15 <b>Totino Grace Students</b> 10:30 Who Am I? 11:00 Sports Jingo 12:30 Golf Game 01:15 Decade Trivia/Flower Arranging 02:00 The Beatles Top the Charts	10:30 Tai Chi 11:00 Fun w/Words 12:30 Net Ball 01:15 Beading Class/Music Videos 02:00 "I've Been to the Mountain Top"	11:00 History of Aviation 12:30 Airplanes in Flight 01:15 <b>Choir/Ocean View</b> 01:30 Study the States 02:15 Spring Crosswords	10:00 Men's Group - 'Baseball' 10:15 Powder Puff Baseball Game 11:00 Outburst 12:30 Music & Movement 01:15 <b>Presentation - Deb Montgomery</b> 02:15 Word Pics
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
10:30 Tai Chi/ <b>Doodle Class w/Nancy Carlson</b> 11:00 Conversation Ball 12:30 Bin Bag Toss 01:15 April Birthday Quiz 02:00 Spring Jingo	10:00 <b>Art Class w/Sandra</b> 11:00 April in History 12:30 Tic Tac Toe Trivia 01:15 Balloon Volleyball/ Flower Arranging 02:00 Giant Crossword	10:30 Tai Chi 11:00 Fruit/Vegetables Fill-ins 12:30 Fishing Contest 01:30 <b>Cow Tipping Press Presentation</b> 02:15 Garden Work Sheets	10:15 Life Moves 10:45 Easter Craft 12:30 Easter Egg Roll 01:30 <b>Wilder Choir Concert</b> 02:30 Refreshments	10:00 Men's Group - 'Explorers' 10:15 Spring Cleaning - Helpful Hints 11:00 Barb's Bunnies 01:15 <b>Music w/Laurell</b> Art w/ Barb 02:15 Fun Sheets
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
10:30 Tai Chi 11:00 Spring Things 12:30 Ring - A - Thing 01:15 The Year 1942 02:00 Table Games	11:00 Charleston - South Carolina 12:30 Pass the Bunny 01:15 Color Easter Eggs/ Flower Arranging	10:00 <b>Art Class w/Sandra</b> 10:30 Tai Chi 11:00 Baby Animals 12:30 Twister 01:15 Healthy Snack Cooking Grp/ Celebrate Spring w/Janine 02:15 Jig Saw Puzzles	10:15 <b>Fun w/HFC Music w/Charlie Maguire</b> 01:15 <b>Choir/ Man's Best Friend</b> 01:30 Canine Fun Facts 02:15 Hidden Pictures	10:00 Men's Group - 'States Trivia' 10:15 Easter Traditions 11:00 Easter Songs/Hymns 12:30 Ageless Grace 01:15 Spring 9 Square 02:00 Bible Jingo
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
10:30 Tai Chi 11:00 You Be The Judge 12:30 Pin Toss 01:15 Earth Day Activities	10:15 Cooking Group 11:00 The Billie Holiday Story 12:30 Movie of the Month 01:15 Flower Arranging/ Cards & Table Games	10:00 <b>Art Class w/Sandra</b> 10:30 Tai Chi 11:00 Rhyme Time 12:30 Chicken in a Bucket/ <b>Como Conservatory Outing</b> 01:15 Gardening w /Christa	11:00 Essential Oils w/Katie 12:30 Netball 01:15 <b>Choir/Beautiful Earth</b> 01:30 Earth Day - Tic Tac Toe Trivia 02:15 Pokeno	10:00 Men's Group - "Great Discoveries" 10:15 Family Feud 11:00 Bird 9 Square 12:30 Exercise w/Weights 01:15 <b>Music w/Laurell</b> Art w/Barb 02:15 Spring Word Challenge
<b>29</b>	<b>30</b>			
10:30 Tai Chi 11:00 Mad Libs 12:30 Fill in the Blanks 01:15 Balloon Volleyball 02:00 Work Sheets	10:00 <b>Art Class w/Sandra</b> 11:00 Science Experiments 12:30 Horse Shoes 01:15 Flower Arranging/ Garden Planning 02:00 Garden Videos			<b>DAILY</b>  8:30 <b>Coffee and Snack</b> 9:00 <b>Table Activities/ Current Events</b> 10:15 <b>Exercises / weights</b> 11:40 <b>Lunch</b> <b>Ongoing - Modified Therapy</b>