

# MEALS

## April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>**COLD MEAL** 2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<p><b><u>HAMBURGER STROGANOFF</u></b> Brown Rice Pilaf Green Beans Mandarin Orange Cup</p>	<p><b><u>CHICKEN CAESAR SALAD</u></b> Chicken &amp; Salad Mix Caesar Dressing (<i>alt: ranch dressing</i>) Garlic Bread Fresh Apple</p>	<p><b><u>TURKEY TETRAZZINI</u></b> Egg Noodles Stewed Tomatoes Fresh Pear</p>	<p><b><u>PUB BURGER</u></b> Wheat Bun Ketchup and Mustard Chef's Choice Veggies Carrot &amp; Raisin Salad Diced Honeydew</p>	<p><b><u>TUNA CASSEROLE</u></b> Roasted Broccoli Fresh Banana <i>alt: chicken casserole</i></p>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<p><b><u>ROASTED TURKEY</u></b> Wild Rice Blend Brussels Sprouts Diced Pineapple Cup</p>	<p><b><u>SWEDISH MEATBALLS</u></b> Egg Noodles Roasted Carrots</p>	<p><b><u>NEW! CHICKEN FAJITAS BOWL</u></b> Spanish Rice Peppers &amp; Onions Fresh Orange</p>	<p><b><u>BAKED HONEY HAM</u></b> Roasted Sweet Potatoes Green Beans Dinner Roll &amp; Butter Fresh Apple Slices <i>alt: baked honey chicken</i></p>	<p><b><u>NEW! CHICKEN LASAGNA</u></b> Steamed Broccoli Fresh Green Salad &amp; Italian Dressing Diced Pears</p>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<p><b><u>ROASTED GARLIC TILAPIA</u></b> Egg Noodles Steamed Spinach Tartar Sauce Fresh Apple Slices  <i>alt: roasted garlic chicken</i></p>	<p><b><u>HOMESTYLE ROAST BEEF</u></b> Mashed Potatoes &amp; Gravy Steamed Asparagus Dinner Roll &amp; Butter Fresh Grapes</p>	<p><b><u>TURKEY BURGER</u></b> Wheat Bun Mayonnaise &amp; Ketchup Creamy Coleslaw Baked Apples</p>	<p><b><u>CHICKEN PARMA ROSA</u></b> Chef's Choice Veggies Green Salad &amp; Italian Dressing Fresh Cantaloupe</p>	<p><b><u>NEW! HAM STRATA</u></b> Breakfast Casserole Roasted Vegetables English Muffin Fresh Banana <i>alt: veggie strata</i></p>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<p><b><u>BEEF LASAGNA</u></b> Chef's Choice Veggies Fresh Green Salad &amp; Italian Dressing Herb Breadstick Diced Pineapple Cup</p>	<p><b><u>ROASTED PORK LOIN</u></b> Mashed Potatoes &amp; Gravy Roasted Zucchini &amp; Peppers Dinner Roll &amp; Butter  <i>alt: roasted chicken</i></p>	<p><b><u>OVEN ROASTED HERB CHICKEN</u></b> Brown Rice Pilaf Green Beans</p>	<p><b><u>CHILI MAC CASSEROLE</u></b> Steamed Spinach Fresh Apple Slices</p>	<p><b><u>OVEN BAKED FISH</u></b> Brussels Sprouts Chickpea Grain Salad Fresh Pear Tartar Sauce <i>alt: baked chicken breast</i></p>
<b>29</b>	<b>30</b>			
<p><b><u>TURKEY MEATLOAF</u></b> Bread Stuffing Turkey Gravy Steamed Carrots</p>	<p><b><u>MACARONI &amp; CHEESE</u></b> California Blend Vegetables Diced Pineapple Cube</p>			