JULY MENU 2018

BREAKFAST SANDWICH TURKEY SAUSAGE EGG BAKE WITH CHEDDAR BREAKFAST POTATOES ENGLISH MUFFIN APPLE SAUCE	July 4 th Barbecue Burgers Beans fruit	Center Closed 4th of July Holiday	RED WINE MUSHROOM CHICKEN MASHED POTATOES GLAZED CARROTS WHOLE WHEAT ROLL Fruit	SOUTHWEST RICE BOWL SPANISH RICE FAJITA CHICKEN BLACK BEANS BABY CARROTS RANCH DRESSING FRUIT CUP
9	10	11	12	13
GREEK CHICKEN PASTA OLIVES, ARTICHOKES, SUNDRIED TOMATO SAUCE ZUCCHINI TROPICAL FRUIT	BBQ Chicken CHEESY CAULIFLOWER APPLE SLICES POTATO CHIPS DINNER ROLL PEACH CRUMBLE FRUIT	FRENCH TOAST TURKEY SAUSAGE HASHBROWNS KETCHUP MAPLE SYRUP APPLE SAUCE	BEEF GOULASH MACARONI NOODLES CHEESY TOMATO SAUCE CARROTS IN HERB BUTTER MIXED FRUIT	RICE PILAF TARTAR SAUCE PEAS & CARROTS DINNER ROLL FRUIT ALT: LEMON CHICKEN
16	17	18	19	20
SWEDISH MEATBALLS MUSHROOM GRAVY EGG NOODLES SWEET PEAS DINNER ROLL & MARGARINE Fruit	ROASTED TURKEY MASHED POTATOES & GRAVY SUCCOTASH ZUCCHINI MUFFIN FRUIT CUP	RASPBERRY BALSAMIC CHICKEN ROASTED POTATOES GARLIC GREEN BEANS OATMEAL CRANBERRY Fruit DINNER ROLL & MARG	TERIYAKI CHICKEN BROWN RICE GINGER GLAZED BROCCOLI MANDARIN ORANGES SESAME CARROT SLAW FORTUNE COOKIE	BEEF NACHOS CHEDDAR CHEESE ONIONS & PEPPERS BLACK BEANS SOUR CREAM PINEAPPLE
23	24	25	26	27
CHICKEN PARMESAN SPAGHETTI NOODLES MARINARA SAUCE GARLIC TOAST BALSAMIC GREEN BEANS MIXED FRUIT CUP	SLOPPY JOE WHOLE WHEAT BUN ROASTED POTATO CARROTS FRUIT	CHICKEN & DUMPLINGS CHICKEN GRAVY VEGETABLE BLEND SLICED APPLES	BEEF & PEPPERS CHEESY POLENTA ITALIAN SAUSAGE & TOMATO SAUCE ROSEMARY ZUCCHINI FRUIT	CHEESY EGG BAKE ASPARAGUS & FETA FRUIT CUP DINNER ROLL & MARGARINE POACHED PEAR CRUMBLE
30	31			
ENCHILADA BAKE FAJITA CHICKEN ENCHILADA SAUCE PEPPERS & ONIONS CREAMED CORN FRUIT	DILL ROASTED POLLOCK ROASTED POTATOES LIMA BEANS DINNER ROLL W/ MARG. TARTAR SAUCE DICED PEARS ALT: DILL CHICKEN			