

Menu

March 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<p><u>BEEF LASAGNA</u> Steamed Broccoli Baby Carrots Dinner Roll & Butter Fruit</p>	<p><u>ROAST TURKEY DINNER</u> with Gravy Green Beans Stuffing Mixed Fruit</p>	<p><u>BEEF QUESADILLA</u> Spanish Rice Peppers & Onions Fruit Cocktail</p>	<p><u>CHEESY HAM & BROCCOLI CASSEROLE</u> Scandinavian Vegetable Blend Applesauce <i>alt: chicken broccoli casserole</i></p>	<p><u>TUNA MELT</u> on toast with cheddar Peas & Carrots Mixed Fruit <i>alt: chicken melt</i></p>
9	10	11	12	13
<p><u>SOUTHWEST TURKEY BOWL</u> Spanish Rice Corn and Bean Salsa Vegetable Blend Fruit Cocktail</p>	<p><u>GREEK LEMON CHICKEN</u> Roasted Potatoes Diced Carrots Dinner Roll & Butter Mandarin Oranges</p>	<p><u>SPAGHETTI WITH MEAT SAUCE</u> Steamed Broccoli Dinner Roll & Butter Peach Crumble</p>	<p><u>BAKED HAM</u> with Citrus Glaze Baked Potato & Butter Brussels Sprouts Dinner Roll & Butter Diced Pears <i>alt: baked chicken</i></p>	<p><u>PARMESAN CRUSTED FISH</u> Brown Rice Pilaf California Vegetables Baby Carrots fruit <i>alt: parmesan chicken</i></p>
16	17	18	19	20
<p><u>BEEF TIPS IN GRAVY</u> over Egg Noodles Peas and Carrots Fresh Fruit Mix</p>	<p><u>JAMAICAN CHICKEN</u> Mashed Sweet Potato Okra and Tomatoes Dinner Roll & Butter Fruit Cocktail</p>	<p><u>PORK STIR FRY</u> Brown Rice Asian Vegetable Blend Warm Sliced Apples <i>alt: chicken stir fry</i></p>	<p><u>TURKEY TETRAZZINI</u> Egg Noodles Steamed Broccoli Fruit</p>	<p><u>CUBAN BEEF</u> Black Beans and Rice Assorted Vegetables Plums Bread Pudding</p>
23	24	25	26	27
<p><u>CHILII MAC CASSEROLE</u> Baked Apples Green Beans Fruit</p>	<p><u>HERB ROASTED PORK</u> Mashed Sweet Potatoes Lima Beans Dinner Roll & Butter Fruit <i>alt: roasted chicken</i></p>	<p><u>BAKED CHICKEN CASSEROLE</u> Rotini Pasta, Shredded Chicken, Onion, and Spinach in Creamy Sauce Zucchini Peaches</p>	<p><u>BEEF POT ROAST</u> Mashed Potatoes & Gravy Peas and Carrots Dinner Roll & Butter Fruit</p>	<p><u>BREAKFAST HASH</u> Cheesy Egg Scramble over Roasted Potatoes Baked Apple Slices English Muffin & Butter</p>
30	31			
<p><u>BBQ CHICKEN DRUMSTICKS</u> Roasted Sweet Potatoes Collard Greens Dinner Roll & Butter Fruit Cocktail</p>	<p><u>SALISBURY STEAK</u> Egg Noodles with Mushroom Gravy Diced Carrots Applesauce</p>			<p><u>DAILY SNACKS</u> <u>Cheese Sticks</u> <u>Carrot Sticks</u> <u>Cheese & Crackers</u> <u>Cottage Cheese</u> <u>Graham Crackers</u> <u>Lorna Doones (Cookies)</u></p>