

Wilder Adult Day Health Services – Great Room

651-280-2500

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>DAILY</p> <p>09:00 Coffee & Snack 10:15 Exercise 11:45 Lunch 2:00 Snack 2:30 Small Group 3:00 Helpful Tasks</p>		<p>10:15 Exercise w/Weights 11:00 Horse Shoes 12:30 Short Stories 1:00 Music w/Janine 2:30 Alphabet Soup</p> 	<p>10:15 Exercise w/Weights 11:00 Bullseye 12:30 Wilder Choir 12:30 That's Entertainment 1:30 Wilder Band 1:30 August Tid Bits 2:30 Outburst</p>	<p>10:00 Men's Group 10:15 My favorite things 11:00 Sing Along 12:15 Exercise w/Weights 1:00 Group Karaoke 2:30 Rhyme Time</p>
<p>10:15 Dance/Drama 11:00 Exercise w/Weights 12:30 Garden Stroll 1:00 Where on Earth Is? 2:30 Treasured Memories</p> 	<p>10:00 Ageless Grace® 10:30 Art Class w/Sandra 10:30 Time Slips 12:30 Jumbo Dice 1:00 Poetry Presentation 2:30 Giant Crossword</p>	<p>10:15 Exercise w/Weights 11:00 Baking w/Baker 11:00 Balloon Volleyball 12:30 Garden Poetry 1:00 Music w/MacPhail 2:30 Spell Up & Down</p> 	<p>10:15 Exercise w/Weights 11:00 Lawn Darts Celebrating 40 years of Wilder ADH 11:30 Summer BBQ 1:00 Summer Choir Concert 2:30 Charades</p>	<p>10:00 Men's Group 10:30 Lavish Ladies Tea Party w/Janine 12:15 Exercise w/Weights 1:00 Great Room Poetry 2:30 Puzzles/Word games</p>
<p>10:15 Dance/Drama 11:00 Exercise w/Weights 12:30 Story Telling 1:00 Hymn Sing 2:30 Outburst</p>	<p>10:15 Exercise w/Weights 11:00 Baking w/Baker 11:00 Pick A Letter 12:30 Story Telling 1:00 Music w/Janine 2:30 Pictionary</p>	<p>10:00 Ageless Grace® 10:30 Art Class w/Sandra 10:30 Question Ball 11:15 Parachute 12:30 Garden Stretch 1:00 Music w/Charlie Maguire 2:30 Word Scrambles</p>	<p>10:15 Exercise w/weights 10:30 Sun Room Poetry 11:00 Bowling 12:30 Name that Summer Memory 1:00 Table Games PennyAnte,Uno 2:30 Jokes & Riddles</p>	<p>10:00 Men's Group 10:15 Fantasy Trips w/Amanda 12:15 Exercise w/Weights 1:00 Great Room Poetry 2:30 Alphabet Soup</p>
<p>10:15 Dance/Drama 11:00 Exercise w/Weights 12:30 Garden Stretch 1:00 He Invented What? 2:30 Giant Crossword</p> 	<p>10:15 Exercise w/Weights 11:00 Tunnel Run 12:30 Book Club 1:00 Travel to Florida 2:30 Stroll in the Garden</p>	<p>10:00 Ageless Grace® 10:30 Art Class w/Sandra 10:30 Baking & Baker 10:30 Balloon Volleyball 12:30 Story Telling 1:00 Music w/MacPhail 2:30 Puzzles/Word Searches</p>	<p>10:15 Exercise w/Weights 11:00 State Fair Nine Square 12:30 Garden Stretch 1:00 Virtual Trip to the Fair 2:30 Rhyme Time</p> 	<p>Fishing Eden Prairie Outing 10:00 Men's Group 10:15 State Fair Memories 11:00 Food on a Stick 12:15 Exercise w/Weights 1:00 Music w/Janine 2:30 Giant Crossword</p>
<p>10:15 Dance/Drama 11:00 Exercise w/Weights 12:30 State Fair Stories 1:00 State Fair Soup 2:30 Spell Up and Down</p>	<p>10:00 Ageless Grace® 10:30 Art Class w/Sandra 10:30 Time Slips 12:30 Book Club 1:00 Jim Kellerman 2:30 Treasured Memories</p>	<p>10:15 Exercise w/Weights 11:00 Pocket Toss 12:30 State Fair Relay 1:00 DNR Fishing Game 2:30 Rhyme Time</p> 	<p>10:15 Exercise w/Weights 11:00 Pig Races 12:30 State Fair Grid 1:00 Celebrating 40 Years of Wilder ADH w/Charlie Maguire 2:30 Charades</p>	<p>10:00 Men's Group 10:15 Lavish Ladies 11:30 Labor Day BBQ 12:15 Exercise w/Weights 1:00 State Fair Sing Along 2:30 Spell Up & Down</p>