

## Example of Items for Sale

We accept: Cash - All Major Credit Cards - Debit Card -SNAP/EBT  
(We do not accept personal checks)

### Dairy

Skim Milk  
Low Fat 1% Milk  
2% Milk  
Whole Milk  
Non-Dairy Milk  
Cheese  
Cottage Cheese  
Eggs  
Butter  
Yogurt

### Meats (Frozen)

Chicken Breast  
Ground Beef 85% Lean  
Halal Beef  
Halal Goat  
Fish  
Pork Loin  
Ground Turkey 93% Lean  
Deli Turkey  
Deli Ham

### Fruit

Apples  
Banana  
Blueberries  
Grapes  
Grapefruit  
Kiwi  
Lemons  
Limes  
Oranges  
Mangoes  
Melons  
Raisins

Raspberries

Pears

Strawberries

### Vegetables

Carrots  
Jalapeno Peppers  
Bell Peppers  
Avocado  
Tomatoes  
Iceberg, Romaine Lettuce  
Cabbage  
Cilantro  
Collard Greens  
Cucumber  
Garlic  
Onion  
Celery  
Potato  
Mushroom  
Spinach  
Squash  
Yams

### Dry Goods

100% Fruit Juice  
Orange Juice  
Coffee  
Tea  
Bread  
Jelly  
Peanut Butter  
Ketchup  
Mustard  
Mayonnaise  
Tortillas

Tuna

Brown Rice

Long Grain Rice

Instant Oatmeal

Cereal

Salt

Pepper

Sugar

Flour

Spice Blends

Canned Vegetables

Black Beans

White Beans

Kidney Beans

Pinto Beans

Green Beans

Lentils

Tomato paste

Tomato Sauce

Canola oil

Olive oil

Salad Dressing

### Frozen

Mixed Vegetables  
Broccoli  
Cauliflower  
Peas  
Corn  
Spinach

**Locally grown produce available  
during growing season**



This program is made possible through the generous support of UCare.