

The Memory Club

Empowering Families Facing Early Memory Loss



- What:** An educational support group for persons recently diagnosed with early stage memory changes and their care partners
- Weekly topics followed by peer discussions
 - Expert speakers
 - Safe environment to share, learn, ask questions, form new friendships
 - Developed with the Alzheimer's Association of Minnesota and North Dakota
- When:** Weekly on Wednesdays, Feb 17 - April 21, 2010 (10 weeks), 1:00-3:00 p.m.
- Where:** Wilder Center, 451 Lexington Parkway North, St. Paul, MN 55104
- Cost:** Sliding Fee Scale
- Register:** Contact Kathryn Ringham, LICSW, 651-280-2295; pre-registration required

