

Memory Loss Discussion Group



The Memory Loss Discussion Group is a safe place for caregivers to learn from and support one another through the challenges of caring for someone with memory loss.

Summer Series: Service Solutions to the Caregiver Puzzle

June 14

Housing options for people with memory loss

July 12

Navigating the information highway featuring Michael Aguirre and Marilyn Theesfeld, Metropolitan Area Agency on Aging

August 9

Staying home—community services that work

Date: Second Thursday of every month

Time: **10:00 – 11:30 a.m.**

Place: **Wilder Community Center for Aging**
650 Marshall Ave., Saint Paul, MN 55104

Other: No RSVP necessary.
On-site respite for loved ones is available.

FREE!

For more information, call Kathryn Ringham, 651-280-2295 or email kathryn.ringham@wilder.org



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