

# wilder believes

## In the Potential of Our Youth

From our earliest programs to the full spectrum of youth-focused services we provide today, the Wilder Foundation believes in addressing the needs of at-risk youth to help all children achieve their full potential. Our services for children and families provide innovative and effective supports including mental health services, school success initiatives and early childhood development programming.



## In the Dignity of Older Adults

As the number of seniors in the East Metro continues to grow, the Wilder Foundation works to ensure all older adults and their caregivers have what they need to maximize their quality of life. From adult day health arts enrichment programs to support for caregivers, the Wilder Foundation's Community Services for Aging provide comfort and dignity to older adults and address their disabilities as they age.








## In the Strength of Our Community

The Wilder Foundation believes we must first listen and understand the needs of our community if we truly want to make a difference. Wilder Community, Research and Leadership informs and engages residents to create solutions to address vital social issues in the community. We develop the skills of emerging leaders, knowing that this investment builds capacity at the neighborhood level. We value collaborative work and partner with businesses, government and nonprofit organizations in ways that foster community growth.

## Operating Expenses by Program Area

dollars in millions

	Children and Family Services	\$15.3 (37%)
	Supportive Housing & Employment Services	\$11.0 (26%)
	Community Services for Aging	\$8.1 (19%)
	Wilder Research	\$6.9 (16%)
	Wilder Center for Communities	\$0.9 (2%)



# programs and services

## Children and Family Services (CFS)

In FY2010, CFS provided 31,339 days of care and 40,793 hours of service to 2,143 children and adults participating in program activities. Through organizations, 2,550 individuals were trained and 1,115 hours of consultation were performed. Programs included children's mental health outpatient services, early intervention and prevention programs, child care services, foster care, residential treatment services for children, services to Southeast Asians and school-based mental health services.

Wilder Foundation leadership identified earlier intervention in children's mental health services as a strategic focus for CFS, launching two innovative programs in 2010: the Direct Access Psychiatry program, which reduced wait times for children needing psychiatric evaluations and medication management services, and Hlub Zoo (loozhong), a culturally specific, school-based mental health and social adjustment service for elementary-aged Hmong girls. Additionally, Wilder's Incredible Years program has expanded to serve parents of babies and toddlers. This evidence-based prevention and early intervention program helps children build social/emotional skills and strengthens parent/child relationships.

## Community Services for Aging (CSA)

CSA served 1,701 older adults and adults with disabilities in FY2010 through a Medicare-certified home health agency, assisted living services, adult day health care including a memory loss day program, homemaker services, Meals on Wheels, caregiver support, health and wellness programming and a senior dental clinic offered in collaboration with the University of Minnesota.

To enhance CSA services, the Wilder Foundation began renovation of the general adult day health facility in Saint Paul for a new Community Center for Aging. Opening early January 2011, the new facility will consolidate CSA programming under one roof as a hub for resources related to memory loss, assisted living, healthy aging and caregiver support.

## Supportive Housing and Employment Services (SHES)

In FY2010, the Wilder Foundation provided more than 5,580 individuals with affordable supportive housing and employment services to help families, seniors and single adults maintain stable housing and lead self-sufficient lives.

Supportive services included financial counseling, referrals to appropriate community services, parenting classes, academic support for school-aged children, referrals to mental health services and pre- and post-release employment seminars to ex-offenders. In spring 2010, SHES became part of the Children and Family Services division to align with Foundation priorities. The Wilder Foundation transitioned out of employment services and supportive housing property management in FY2010 but remains one of the largest providers of family supportive housing services in the East Metro.

## Wilder Center for Communities (WCC)

Wilder Center for Communities served 901 individuals in FY2010, fostering leadership, learning and service that strengthens individuals, organizations and communities. WCC provides a continuum of leadership development programs for leaders at all ages and stages. Young people comprise the multicultural Youth Leadership Initiative. Neighborhood activists, new Americans and people who live in supportive housing are served by the Neighborhood Leadership Program. Nonprofit executives participate in the yearlong James P. Shannon Leadership Institute.

WCC launched several new collaborations in FY2010. Working with partners like the Minnesota Historical Society and Saint Paul Public Schools, WCC is engaging more community members in taking leadership and working collectively for the common good of our community. Through these and other efforts, WCC ensures that the Wilder Foundation's core competencies in research, leadership development and community engagement are leveraged to impact the critical issues facing Saint Paul's vulnerable citizens.

## Wilder Research

In FY2010, Wilder Research worked with over 180 organizations and produced more than 150 reports to provide insight into community trends and needs, including key studies on homelessness, immigration and early childhood health. Wilder Research focuses on building strong partnerships across sectors including business, education, government and nonprofit. In FY2010, Wilder Research worked closely with Wilder Center for Communities to advance the new strategic vision of Community, Research and Leadership, a collaboration that promotes nonpartisan action to enhance the lives of vulnerable people in the East Metro.