




Wilder Adult Day Health Services – Day Room

651-280-2500

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
10:15 Cooking Group 10:30 Tai Chi 11:00 Spring Cleaning 12:30 Book Club/Bible Study/ Broom Ball 1:00 Health Talk 1:30 Advisory Council	10:15 Art Class w/Sandra 11:00 April Birthday Quiz 12:30 Book Club/Bocce Ball 1:00 Taiko Drumming w/Iris/ First Ladies of the United States	10:30 Tai Chi/ Jewelry Making Class 11:15 Life Moves 12:30 Balloon Basketball 1:30 Music w/Dan Newton	10:00 Media Art w/Michelle 10:30 Balloon Volleyball 11:15 Celebrate Nat. Dolphin Day 12:30 Choir/Laughter The Best Medicine 1:30 Band/Spring Jingo	10:00 Men's Group 10:15 Garden Planning 11:00 Dip Taste Test w/Chef Ray 12:30 Bible Study/Exercise w/weights 1:00 Creative Writing/ Who What Where? 1:45 Group Crossword
9	10	11	12	13
10:30 Tai Chi/Pencil Sketching 11:00 Tic Tac Toe Trivia 12:30 Bible Study/ Movie of the Month  1:00 Poetry Class	10:30 Cultural Awareness 11:00 You Be The Judge 12:30 Twister/Bible Study 1:00 Taiko Drumming w/Iris/ Cards & Table Games	10:15 Art Class w/Sandra 10:30 Tai Chi 11:00 Loretta Lynn Biography 12:30 Chicken in the Bucket 1:00 Music w/MacPhail	10:00 Media Art w/Michelle 11:00 Fill in the Blanks 12:00 Kairos HFC Outing 12:30 Choir/Tribond Game 1:30 Band/Garden Planning 	10:00 Men's Group 10:30 Social Service Talk 11:00 Life Moves 11:15 Famous Women w/Gloria 12:30 Ageless Grace® 1:00 OT Corner 1:30 Bingo
16	17	18	19	20
10:15 Advance Fitness 11:00 Cards & Table Games 12:30 Book Club/Bible Study/ Money Toss 1:00 Earth Day Tunes w/Janine	10:30 Spring Jingo/ Bowling Outing 12:30 Book Club/Spring 9 Square 1:00 Taiko Drumming w/Iris Music w/Janine	10:15 Art Class w/Sandra 10:30 Talent Show w/Breck Students 12:30 Support Group/Relay Races 1:00 Health Talk "Hapiness"	10:00 Media Art w/Michelle/ Jeopardy Game 12:30 Choir/ News w/Walter Cronkite 1:30 Band/Social Service Talk	10:00 Men's Group/ 10:15 Earth Day w/Amanda H. 11:00 Flower Pot Planting 12:30 Word Challenge 1:00 Celebrate Earth Day w/Charlie Maguire
23	24	25	26	27
10:15 Advance Fitness 11:00 Outburst 11:00 KFC Lunch Outing 12:30 Book Club/Bible Study/ Chicken in the Bucket 1:00 Poetry Class/ Newspaper Quiz 1:30 Singo	10:15 Art Class w/Sandra 11:00 Scattergories 12:30 Book Club/Word Grid 1:00 Taiko Drumming w/Iris Balloon Volleyball 1:45 Hidden Pictures	10:15 Advance Fitness 11:00 Backyard Birds w/Amie 12:30 Support Group/Golf Game 1:00 Music w/MacPhail 	10:00 Media Art w/Michelle 11:00 Author Mary Higgins Cark w/Jeanette 12:30 Choir/Mother Nature 1:30 Band/Bulletin Board Trivia	10:00 Men's Group 10:15 Cooking Group 'Oatmeal Cookies' 11:00 All Occasion Card Making 12:30 Bible Study/Netball 1:00 Creative Writing/ Watercolors
30				DAILY
10:15 Advance Fitness 11:00 Aborigine Facts 12:30 Book Club/Bible Study/ Boomerang Toss 1:00 Rock Dot Painting/ Visit Australia				8:30 Coffee and Snack 9:00 Wii Games/Table Activities 10:15 Exercises / weights 11:40 Lunch Ongoing - Modified Therapy