



A Community Center

Located in the heart of Saint Paul, Wilder's Community Center for Aging was built around the needs of older adults and caregivers. Adult Day participants enjoy open spaces for social gatherings, quiet rooms for relaxation, and a beautiful, secure garden area.

Volunteer

Our Adult Day program offers a variety of fun, engaging volunteer opportunities for adults, youth, individuals and groups. Whether you have a skill to share or just want to meet new people, volunteering at Adult Day Center is a great way to give back to the community. Contact us to learn more about our volunteer opportunities.



Therapeutic gardening in the Center's backyard.

“ This program has been such a blessing for our family. My dad enjoys all the activities, and I can feel comfortable knowing he is in good hands. ”

Please call 651-280-2500 to schedule a tour or visit www.wilder.org

Adult Day Center
650 Marshall Ave., Saint Paul, MN 55104
651-280-2500



The creative arts activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund; and by a grant from the National Endowment for the Arts.

The Amherst H. Wilder Foundation is a nonprofit organization that helps children, families and older adults in the greater Saint Paul area through direct service programs, research, leadership development and community building.



Amherst H. Wilder Foundation
451 Lexington Parkway N, Saint Paul, MN 55104

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Wilder Center for Older Adults



Wilder Foundation Adult Day Services A Memory and Aging Program

Enriching lives through creative arts, holistic care and social time for older adults



A Place to Belong and Succeed

Wilder Foundation's Adult Day Health center improves the quality of life for older adults with disabilities and/or memory loss and their families by providing a daily program of socialization, creative arts, and recreational engagement. Participants have access to health, nutritional and social services through our program.

Our comprehensive, affordable services are perfect for individuals who:

- Desire to remain independent
- Have physical, mental health or cognitive challenges
- Require assistance with daily living activities
- Seek companionship and enjoy an active schedule

Caring for Adults with Memory Loss

The center specializes in caring for adults experiencing mild to severe memory loss.

- Specialty trained staff
- Dedicated designed space
- Programs focus on purposeful and engaging activities
- Small group model
- Support services and resources for caregivers

A Focus on Creative Arts

Our award-winning programming includes a variety of creative arts activities for participants to enjoy.



- Pottery, dance, painting and music activities led by professional artists
- Wellness groups supporting body, mind and spirit
- Cooking groups and gardening in our backyard vegetable and herb garden

Quality Care

Participants maintain their independence and dignity within a safe, secure and stimulating environment. Caregivers enjoy peace of mind knowing their loved one is receiving the highest level of care:

- Comprehensive, individualized care
- Integrated team approach including onsite primary health care
- Knowledgeable, caring staff
- Convenient daytime hours: Monday–Friday, 6:30 a.m. to 5:00 p.m.



Dance and exercise activities encourage participants to be active and healthy.

“ I have so many friends here...I love coming every day! ”